# VERMEULEN F., Synoptic Materia Medica 1



**VERMEULEN** Frans

With this book, Frans Vermeulen created a highly compact collection of data, which emerged over time from the remedy summaries he made for his students.

It covers 190 major remedies, listing modalities, leading symptoms, a short repertory, food aversions or desires, a "nucleus", or summary of the most important symptoms.



### **Aconitum napellus**

#### Region

MIND. Brain. NERVES [sensory]. HEART [arterial; circulation]. Viscera [chest; abdomen]. Joints. \* Right side. Left side.

#### **Modalities**

Worse: Violent emotions [FRIGHT; SHOCK; vexation]. Chilled [by COLD, dry winds; while sweating]. Noise; music. Light. Dentition. NIGHT. Lying on affected side. Tobacco smoke. Rising in bed.

Better: Open air. Repose. Warm perspiration.

#### **Leading symptoms**

- M Extreme RESTLESSNESS, and fear, FEAR of DEATH. TOSSING.
- M ATTACKS of panic/terror, unreasonable and unaccountable fear, and palpitation and tingling sensations throughout the body, but mainly the extremities. Often started after a frightful experience, e.g. car accident in a tunnel, or a strong fright, or being stuck in an elevator, although sometimes without a known causation [too far back in the past].
- M Sensation of PRESENTIMENT of DEATH; predicts the time [in most cases during the first or second experience of a frightening situation, for instance, hyperventilation; after the first occurrence, and seeing that he didn't die, the patient is more used to the situation and is not so panic-stricken].
- M Fear in a CROWD, in narrow places [especially after a frightful experience].
- M Anxious expression during complaints.
- M Sequela [constitutional effects] of fear or fright [e.g. after witnessing an accident]. [Symptoms SINCE a certain moment or situation especially fright.]
- M "With great nervous excitability, afraid to go out, to go into a crowd, to go where there is any excitement or many people and to cross the street."
- M Fear of death during pregnancy, especially during labor.
- G agg. NIGHT, especially around midnight.
- G AILMENTS AFTER exposure to dry, cold wind [North-East wind]; draft of air; suppressed perspiration; mental emotions; injury; surgical operations; intense heat; bad news; having seen death before his eyes.
- G SUDDENNESS and ACUTENESS of complaints, very violent and frightening.
- G Pains: BURNING, internally.

- G ACUTE PAINS and extreme restlessness and fear.
- G Parts feel NUMB, enlarged; burn, TINGLE, prickle or crawl.
- G Burning THIRST. High fever. Dry, burning heat [generally amel. when perspiration starts].
- G Plethoric and strong persons; desire for company.
- G PAINS are INTOLERABLE, drive him crazy, shrieks with the pain.
- G Inflammation (anywhere), and intense restlessness and fear.
- P Face red, hot, flushed, swollen; on rising the face becomes deathly pale. Or one cheek red, the other pale.
- P Pulse hard, quick, full.
- P Coryza, pseudo-croup, cough, pneumonia, otitis media, inflammation of throat, ophthalmia, etc. after exposure to cold, dry wind.
- P First stage of bronchitis, pleurisy and pneumonia with acute high fever and lack of perspiration.
- P Facial neuralgia and redness of painful half, tingling [formication] and despair from pain.
- P Retention of urine caused by shock [newborn children immediately after birth main remedy].

#### Repertory

Mind

Anxiety, company, when in [2], crowd, in a [2]; headache, with [2], pains, from the [2], walking, while [2]. Clairvoyance [2] [= predicts time of death]. Death, thoughts of [3]. Delusion, die, thought he was about to die [3]. Fear, busy streets [3], death, of, labor, during [3], narrow places [3], suffocation [3]. Light, desire for [2]. Unbearable pains [3]. Vertigo

Fright, after [2]. Sitting, while amel. [2]. Walking, while amel. [2].

Head

Congestion, anxiety, with [2], sun, from exposure to [2]. Formication, heat amel. [2/1]. Pain, confusion, mental, with, lose senses or go mad, as if would [2], coryza, from having a suppressed [2], fright, after [3], urination, profuse, amel. [2].

Eve

Inflammation, acute, after injuries [2; Arn.], wind, dry, cold [3/1]. Redness, injuries, after [3].

Nose

Coryza, croup, with [2].

Face

Discoloration, pale, on rising [2]; red, lying, while, becomes pale on rising [2]; red, one-sided, one pale, the other red [2]; yellow, during rage [2]. Expression, frightened [3]. Tingling, lips [2].

Mouth

Numbness [2].

Stomach

Inflammation, cold things, after [3/1]; cold things, after, when overheated [2]. Pain, burning, fright, after [2/1].

Rectum

Diarrhoea, currents of cold air on abdomen [2], emotions, after [2], wind, after exposure to cold [2; Dulc.].

Bladder

Retention of urine, children, every time child catches cold [3], cold, from catching [2], newborn infants [3]. Urination, involuntary, thirst and fear, with [3/1].

Female genitalia

Abortion, fright, from [2]. Menses, suppressed, fright, from [2].

Larynx

Voice, lost, fright, from [2].

Respiration

Asthmatic, emotions, after [2].

Chest

Palpitation, fright, after [3].

Extremities

Numbness, upper limbs, left, in heart disease [3].

Perspiration

Diarrhoea, with [2]. Profuse, urine, copious flow and diarrhoea [2/1].

Generalities

Catalepsy, fright, after [2]. Faintness, fright, after [3].

#### Food

Aversion: Tobacco [1].

Desire: Beer [3]; cold drinks [3]; wine [2]; alcohol [1]; bitter drinks [1]; brandy [1]; whisky [1].

Worse: Wine [2]; fat [2]; beer [1]; butter [1]; fruit [1]; hot food [1]; pork [1]; sweets [1]; warm food [1].

Better: Wine [3]; coffee [1]; cold drinks [1].

#### **Nucleus**

- 1. Ailments sudden, violent and painful.
- 2. Intense fear [of death] and restlessness with tossing, and tingling, numbness, formication, flushing and/or palpitation.
- 3. agg. Night, midnight.
- 4. Ailments from exposure to cold, dry wind [acute, inflammatory complaints] or after fright, shock or fear [recent or in the past constitutional effects].
- 5. Burning.

## Aesculus hippocastanum

Horse Chestnut

#### Region

Veins [Liver; nasopharynx; ABDOMEN - right side; RECTUM]. Mucous membranes. Occiput. Lumbar region. Sacro-iliac region. \* Right side.

#### Modalities

Worse: Morning, on waking. After stool. Urinating. WALKING. During and after sleep. Rest and lying. Closed and warm room. Stooping.

Better: COOL, open air; cold water. Bleeding [piles]. Kneeling. Continued exertion. Warmth [pains]. Summer.

#### Leading symptoms

- M Dullness or confusion on waking; morning or night.
- G HOT, DRY, STIFF, ROUGH or FULL feeling internally; throat, anus; FULLNESS of veins, hands and feet, etc. Fullness and pulsating [heart, stomach, brain, lungs] in veins, as if one has too much blood.
- G Ailments and lumbo-sacral backache agg. WALKING and STOOPING.
- G VENOUS CONGESTIONS, especially portal and haemorrhoidal.
- G HEAVINESS externally.
- G MOTION of affected parts agg...
- P HAEMORRHOIDS: blind, bluish, large, agg. walking, and pain in rectum after stool; and constipation; and fullness, burning and itching in rectum/anus.
- P Rheumatic pains, flying, shooting, wandering, shooting along nerves, amel. warmth.
- P Catarrhal troubles of nose and throat and RAW sensation and burning.
- P Fullness of rectum, and intense pain in anus for hours after stool.
- P Constipation and backache in lumbar region agg. walking and stooping.
- P Acrid, dark yellow leucorrhoea and backache.
- P Ailments of throat [swelling, dryness, burning, sore, agg. swallowing] alternating with ailments of rectum.
- P Coryza: scanty discharge, thin, watery, rawness and burning, similar to Ars., but with sore feeling on inhaling cold air.

Repertory

Mind

Confusion, waking, on [2], knows not where she is [2]. Dullness, morning, waking, on [2].

Nose

Pain, air, on inhaling [2]; burning, smarting, posterior nares [2]; rawness, inspiration, during [2].

Face

Discoloration, red, washing, after [2]. Expression, bewildered [2], confused [on waking at night] [2]. Swelling, washing, after [2/1].

Throat

Coldness, sensation of, cold air, as from [2]. Varicosis, pharynx [3].

Stomach

Constriction, convulsion, before [2/1]. Heaviness, weight, oppression, night [2]. Nausea, tea, after [2/1]. Pain, extending to hypochondria [2].

Abdomen

Fullness, sensation of, hypogastrium [2]. Pain, aching, dull pain, extending to small of back [2].

Rectum

Constipation, portal stasis, from [3]. Dryness [3]. Fullness, stool, after [3].

Haemorrhoids, standing agg. [2], stool, preventing [2], warmth amel. [2/1], wiping after stool agg. [3]. Pain, kneeling amel. [2/1], standing agg. [2], stool, straining at, after [2]. Prolapsus, night [2/1].

Female genitalia

Pain, ovaries, left, extending to small of back [2].

Back

Pain, menses, suppressed [3]; lumbo-sacral region, stooping [2/1]; sacral region, stooping, when [3], walking, while [3], extending to hips [3]. Pain, aching, rising from a seat [2], stooping, after [3], walking, while [3]. Paralysis, of muscles of back, sensation of [3/1]. Stiffness, moving, on beginning [2].

Generalities

Food, tea agg. [2]. Full feeling, externally [2].

Food

Worse: Eating [1]; tea [2].

#### Nucleus

- 1. Fullness, haemorrhoids and backache agg. walking and stooping.
- 2. Dullness and confusion on waking [circulatory problems].
- 3. Dryness, burning and rawness of mucous membranes.
- 4. Venous congestions and sluggish circulation.

## Aethusa cynapium

Fool's Parsley

#### Region

BRAIN. Nerves. Digestion. Neck/occiput. Glands. Liver.

#### Modalities

Worse: MILK. Hot weather. Dentition. Frequent eating. After vomiting. After stool.

Better: Walking in open air. Rest. Covering. Tightly bandaging the head.

#### Leading symptoms

M - Feels different from other people; lives in his own sentimental world. LOVES ANIMALS, talks to animals, looks after them with unnatural passion. Reserved; feels unconnected to other people. Emotions strong but kept in, without a clear cause or a traumatic experience. Tendency to withdrawal from society and to isolation.

Overcompensation of hidden emotions in strong feelings of love for animals. Love for animals stronger than for humans, because of the idea that interpersonal communication is apt to fail. In advanced stage, fear of falling asleep [afraid he will never wake up again] and fear of narcosis. Gradual "dying" of sexual feelings, emotions and mental functions [Vithoulkas].

- M EXAMINATION FUNK; cannot take any more in, although he didn't study hard.
- G Ailments and SLEEPINESS and PROSTRATION.
- G DROWSINESS after VOMITING, or after DIARRHOEA.
- G Epileptic convulsions followed by deep sleep.
- G Epileptic convulsions with eyes turned DOWNWARD, red face, fixed and dilated pupils, foam at mouth, trismus and clenched thumbs.
- G Deathly aspect; BLUE pallor about lips; white linea nasalis. Too weak to hold up head.
- G Nibbling appetite; digestion ceases from brain exhaustion.
- G Children with INTOLERANCE of MILK; children who are fed too often.
- G Convulsions during dentition [2].
- G agg. Summer [2].
- P Diarrhoea during dentition, and SLEEPINESS; diarrhoea after drinking milk.
- P Forcible vomiting after drinking MILK, with large curds.
- P Herpetic or eczematous eruption on TIP of NOSE.
- P Squeezing headache amel. passing flatus [Boger].
- P Suffering renders the patient speechless [Phatak].
- P Cholera infantum and vomiting, diarrhoea, dehydration, prostration and sleepiness, pale, sunken face, pinched nose and sunken eyes.
- P Vertigo and sleepiness, palpitation or weakness [Phatak].
- P Colic, followed by vomiting, vertigo and weakness [Phatak].

#### Repertory

Mind

Concentration, difficult, in children [2; Bar-c.]. Darkness agg. [2] [sensation of suffocation during night; goes to window to have fresh air]. Delusion, animals, sees cats [2], dogs [2], persons are animals [2], rats [2]. Fear, sleep, to go to, lest he should never wake again [1/1]. Love, animals, for [1].

Vertigo

Stupefaction, as if there were a barrier between his sense organs and external objects [1/1].

Nose

Coryza, night, open air [2].

Face

Eruption, nose, tip of [2]; herpes, nose [3].

Stomach

Indigestion, milk, after [3]. Vomiting, milk, curdled [3].

Respiration

Asthmatic, coition, during [1; Ambr.]. Difficult, dark, in the [1/1].

Sleep

Dozing, vomiting, after [2/1]. Falling asleep, stool, after [2], vomiting, after [2].

Food

Aversion: Milk [2]; fruit [1].

Desire: Salt + farinaceous food [2]; wine [2]; cheese [1]; delicacies [1].

Worse: Milk [3]; coffee [2].

#### Nucleus

- 1. Intolerance of milk.
- 2. Examination funk; inability to fix mind and to take things in.
- 3. Complaints with prostration and sleepiness.
- 4. White linea nasalis; blue pallor around mouth.
- 5. Withdrawal from society; strong love and compassion for animals.

## Agaricus muscarius

Fly-agaric

#### Region

SPINAL AXIS [OCCIPUT; NERVES; lumbar region]. Peristalsis. Heart. Circulation. Respiration. Chest. \* Right side. Left side.

#### **Modalities**

Worse: Air [COLD; FREEZING; OPEN; stormy weather]. Exhaustion [mental; coition; debauchery]. Alcohol. PRESSURE. TOUCH. Morning. Daytime. During menses. After motion. After eating. Before thunderstorm.

Better: Gentle motion. Evening.

#### Leading symptoms

- M Children who are LATE in LEARNING TO WALK and TALK due to slow development of brain and nervous system.
- M Fearless; thoughtless; reckless.
- M Hyperactive, clumsy children. NO fear [climb the highest tree, etc.].
- M INDOLENCE in MORNING [dullness, do not want to depart from their daily routine] brightening up in the evening. [Intoxication with fly-agaric is characterized by cheerfulness and loss of self-control, which is followed by lassitude and depression compare the effect of stimulants such as alcohol.] Cannot do anything NEW [Phatak], especially in the morning [Kent].
- M Great loquacity, jumps from one subject to another.
- M FEAR of CANCER; preoccupied with death, dying, graveyards, etc.
- G agg. Daytime [2]; amel. evening [2].
- G Irregular, uncertain, INVOLUNTARY and exaggerated movements; reaches too far, staggers, steps too high, drops things, etc. Chorea: "Grimacing around the mouth as they are getting ready to say something" [Morrison].
- G COLD. Very sensitive to cold air.
- G Chorea before thunderstorms [2]; amel. during sleep [3].
- G Trembling, TWITCHING, jerking, spasms; here and there; agg. EYELIDS or tongue.
- G BURNING/ITCHING, agg. skin; as if frozen.
- G PAINS: stitching; splinter-like.
- G Sensation of ice cold needles.
- G agg. [after] COITION.
- G Pains and coldness, insensibility or tingling.
- G Concomitant: yawning [Boger]; or pain or spasms and yawning.
- G Epilepsy from suppressed eruptions.
- G Chorea; involuntary movements cease during sleep and return while awake.

- G TUBERCULAR miasm [wide variety of symptoms].
- P Bearing-down [uterus] after climacteric, and after menses.
- P Hay fever: itching of nasopharynx, ears, agg. menses.
- P Sciatica [or lumbago] agg. sitting, amel. lying.
- P Growing pains in children [hyperactive, fearless and awkward].
- P Frostbite and chilblains with burning/itching, redness, swelling and agg. heat.
- P Burning, sore pain in heels when sitting, standing or walking in open air.
- P Cough ends in a sneeze.
- P Rolling of head in brain affections, headache and fever.

#### Repertory

Mind

Audacity [1/4]. Delusions, great person, is [2], small, sensation of being smaller [1/6], superhuman control, under, is [1/7]. Dullness, evening amel. [1/5], children [2]. Injure, frenzy, causing him to, himself [1/1]. Loquacity, answers no questions, during which [2/1], changing quickly from one subject to another [1]. Memory, active, evening [1; Lach.]. Mischievous [2]. Mistakes, speaking, exertion, worse after [1/1]. Plans, making many, vengeful [1/1]. Reveals secrets [1; Hyos.]. Talks, war, of [1; Bell.; Hyos.]. Throws things, at persons [1; Bell.].

Vertigo

Heat of sun [2]. House, in, amel. [2]. Sunlight and heat [2]. Turning or moving the head quickly amel. [3/1].

Head

Coldness, scratching, after [2]. Pain, moving head amel. [2], rolling head from side to side amel. [2]; forehead, motion amel. [2], sitting, while [1], extending to nose [2]; occiput, sitting agg. [2]; occiput, forehead, sides, motion amel. [2].

Eye

Pain, headache, during [2].

Vision

Diplopia, overwork at desk [2/1]. Loss of, fainting, as from [2].

Nose

Epistaxis, headache, during [3]. Obstruction, stooping, when [1/1]. Pain, headache, during [3]; root of nose [3]. Sneezing, coughing, after [3], irritation in larynx, from [2]. Female genitalia

Itching intolerable [2]. Pain, bearing down, uterus, lifting, after [2/1], lying amel. [2], menses, after [2].

Larynx

Constriction, singing agg. [2/1]; sleep, during [2]; on falling asleep [2]. Tingling [2].

Chest

Shocks, heart, lying, while [2/1], noise, from [2].

Back

Pain, sacral region, coition [2], lying, while [1], not able to rise [3], lie on back, compelled to [3]; motion, during [2], sitting, while [3], standing, while [2], stool, during [2], walking, while [1], extending down legs [2]. Pain, sore, leaning against a chair agg. [3].

#### Extremities

Own, felt as if not his own legs [2]. Pain, tibia, morning [2/1], motion amel. [2], sitting, while [2], walking amel. [3]. Pain, shooting, foot, sole, splinters, like [2/1]. Unconscious [2].

Perspiration

Profuse, coition, after [2/1].

Skin

Burning, spots [2]. Coldness, spots, in [2]. Itching, mental exertion, after [2/1].

#### Food

Aversion: Bread [1]; drinking [1]; food, with hunger [1]; meat [1]; wine [1]. Worse: Cold drinks [2]; beer [1]; bread and butter [1]; cold food [1]; dry food [1].

Better: Coffee [1]; wine [1].

#### Nucleus

- 1. Involuntary, exaggerated movements. Awkwardness.
- 2. Twitchings, jerkings, cramps.
- 3. Burning/itching. Needles. As if frostbitten.
- 4. Fear of cancer [but not afraid of being near or helping very sick people].
- 5. Very chilly.

## Allium cepa

#### Onion

#### Region

MUCOUS MEMBRANES [NOSE; EYES; larynx; bowels]. Nerves. \* Left side. Left to right.

#### Modalities

Worse: WARM ROOM. Wet feet. Singing. Dampness. N.E. winds. Spring. Evening. Better: Cool, open air. Bathing. Motion.

#### Leading symptoms

- M Great DULLNESS OF MIND, agg. evening; and [commencing] coryza.
- G agg. WARM ROOM, evening; amel. open air.
- G Ailments after eating cucumbers, salads.
- G Allergic to peaches [odour, contact with skin].
- G Ailments after forceps delivery.
- G Heat and rumbling in abdomen, coryza and thirst.
- G MUCOUS secretions increased.
- P ACRID, biting, WATERY DISCHARGE from NOSE. Sensation of RAWNESS in nose.
- P BLAND LACHRYMATION.
- P Coryza and catarrhal symptoms amel. OPEN AIR and agg. heat.
- P Watery coryza and DULLNESS of head.
- P Stump neuralgia [THREAD-LIKE pain].
- P Cough and tearing pain in larynx, must hold larynx.
- P Coryza extending from left to right.
- P Hay fever with acrid discharge from nose and bland lachrymation [reverse of Euphr.]; agg. evening, agg. warm room; amel. open air.
- P Colic [stomach/abdomen] after getting feet wet; after eating cucumbers; agg. sitting; amel. motion.
- P Whitlow with red streaks up the arm.
- P Injuries of HEELS [from friction of shoes]; blisters.
- P Common colds GOING DOWNWARD: violent laryngitis; scratching/rawness in throat when coughing; grasps the throat when coughing.

#### Repertory

Head

Pain, air, open, amel. [2], closing eyes, on [3], warm room agg. [3], winking [2/1]. Eye

Lachrymation, warm room [2]. Pain, burning, rub, must [3], smoke, as from [2]. Tears, bland [3].

Nose

Coryza, air, open, amel. [2], annual, August, in [3], annual, Spring, in [2]; discharge, with, warm room [3]; flowers [3]; peaches, from odour of [3/1]; wind, caused by North-East [3/1]. Discharge, excoriating, left nostril, from [3/1]; excoriating, bland discharge from eyes, with [3/1]. Sneezing, air, open, amel. [2], warm room, in [2].

Stomach

Desires, raw onions [2]. Pain, cramping, sitting, while [2], walking amel. [2].

Abdomen

Pain, cramping, wet, getting feet [2/1].

Bladder

Heat [2]. Pain, coition, after [2/1]. Retention of urine, wet, after getting feet [2; Rhus-t.].

Prostate gland

Pain, coition, after [2].

Urine

Copious, coryza, with [2].

Larynx

Pain, coughing, on, grasps the larynx [3], coughing, on, torn loose, as if something were being [3].

Sleep

Yawning, headache, before [2].

Generalities

Food, cucumber agg. [2]; fish, spoiled agg. [2].

Food

Desire: Onions, raw [2]; raw food [1]; vegetables [1]. Worse: Coffee [1]; cucumbers [1]; warm food [1]. Better: Cold drinks [while in warm room] [1].

#### Nucleus

- 1. Nasal discharge acrid, burning and excoriating. Lachrymation bland.
- 2. amel. Open air; cold. agg. Warm room; evening.
- 3. Coryza and dullness, sleepiness and difficult concentration.
- 4. Desire for raw onions.
- 5. Thread-like pains.

## Aloe socotrina

#### Socotrine Aloes

#### Region

ABDOMINAL VEINS [RECTUM; liver; colon; pelvis]. Lumbar region. Head. Female organs. \* Left side.

#### Modalities

Worse: HEAT. Damp heat. Summer heat. Early morning [in bed]. After dysentery. Stepping hard. Evening. Sedentary life. Hot dry weather. After EATING or drinking. Standing or walking.

Better: Cool open air. Application of cold water. Cold weather. Passing flatus or stool.

#### Leading symptoms

- M Activity alternating with lassitude [2; Aur.].
- G WARM. amel. Open air; cold applications.
- G Relaxation and VENOUS CONGESTION, agg. abdomen.
- G Parts seem FULL. HEAVY DRAGGING, as of a load. Heaviness internally.
- G HEAT and BURNING [internal, hot flatus; burning in anus, rectum, piles, etc.].
- G amel. COLD applications.
- G Sensation of a PLUG internally.
- G Weakness from mental exertion [2].
- P Gurgling and rumbling in bowels. SENSE OF INSECURITY IN ANUS. Involuntary stool, with or without flatus, sometimes solid stool or small gelatinous lumps.
- P Colitis mucosa. Solid stool and masses of mucus.
- P DIARRHOEA IN EARLY MORNING. Has to run for stool immediately after eating or drinking.
- P Pressing [congestive] pain above eyes, agg. HEAT, amel. COLD; and cold extremities and irritation of stomach and bowels, with frequent, painful stool.
- P Lumbago alternating with headache and piles.
- P Piles amel. COLD water; and prolapsus of rectum during stool.
- P Diarrhoea after drinking beer.
- P Diarrhoea with copious flatus.
- P Flatulence with sensation as if stool would pass.
- P HEADACHE amel. COLD APPLICATIONS [only remedy in bold type in repertory].

#### Repertory

#### Mind

Activity, alternating with exhaustion [2/1]. Indolence, waking, on [2]. Irritability, weather, in cloudy or rainy [1; Am-c.]. Memory, active, alternating with lassitude [2/1].

Head

Pain, diarrhoea, alternating with [2; Podo.]; pressing, forehead, downward [2].

Stomach

Emptiness, stool, after [2]. Pain, sore, stepping [2].

Abdomen

Gurgling, stool, before [3]. Pain, stool, straining while [2], extending across [2], extending to rectum [2]; hypochondria, bending body forward amel. [2; Chin.], standing, on [2]; cramping, umbilicus, region of, bending body forward amel. [2]. Swashing [2]. Weakness, sense of, diarrhoea, as if, would come on [3].

Rectum

Constipation, portal stasis, from [3]. Diarrhoea, acids, after [2], beer, after [2], oysters, after [2], standing agg. [2], urinating agg. [2]. Dragging, menses, during [2/1]. Flatus, eating, after [2], hot [3], loud, stool, during [2], loud, stool, sputtering [3], stool, urging for, but only flatus is passed [2]. Haemorrhoids, alternating with lumbago [2], beer agg. [2], cold, amel., water [2], menses, during agg. [2]. Involuntary stool, night, in bed [3], formed stool [2], lumps of [2], urination, during [2]. Pain, menses, during [2]; burning, after flatus [3]. Relaxed anus [3].

Urging, flatus, passing, when [3], rising, on [2/1], urination, during [3].

Stool

Falling out [2/1]. Hot [2]. Sputtering [2].

Female genitalia

Pain, ovaries, extending to rectum [2]; uterus, extending to rectum [2].

**Extremities** 

Coldness, hands, hot feet, with [2]. Heaviness, leg, calf [2].

Sleep

Waking, morning, toward 5 a.m., with urging to stool [2].

Generalities

Congestion of blood, internally [2]. Lassitude, alternating with activity [2; Aur.].

Weather, warm and wet, amel. [2].

#### Food

Aversion: Drinks [1]; fruit [1]; juicy things [1]; meat [1].

Desire: Salty things [2]; alcoholic drinks [1]; apples [1]; beer [1]; bitter drinks [1]; bread [1]; fruit [1]; honey [1]; juicy things [1]; meat [1]; refreshing things [1]; tonics [1].

Worse: Beer [2]; fruit [2]; oysters [2]; vinegar [1].

Better: Cold drinks, during heat [1].

#### Nucleus

- 1. Congestion and fullness, with heavy dragging.
- 2. Involuntary stool [formed or mucous lumps].
- 3. Heat and burning; agg. heat; amel. cold.
- 4. Sense of insecurity in anus.
- 5. Congestive, pressing headache [above eyes, amel. cold applications] alternating with lumbago.

# Alumina

#### Oxide of Aluminium

#### Region

SPINAL CORD; lumbar region. RECTUM. Lower limbs. Mucous membranes. Skin. \* Right side.

#### Modalities

Worse: WARMTH; WARM ROOM; bed. Food [artificial; potatoes; salt, wine, vinegar, pepper, spirituous drinks, soup]. Speaking. Dry [cold] weather. Early on awakening. Sitting. After menses. Winter. Alternate days. New and full moon. During micturition. New and full moon.

Better: Evening. Open air. Moderate exercise; moderate temperature; mild summer weather. Wet weather. Warm drinks, while eating.

#### Leading symptoms

- M "IDEAS are very VAGUE and HAZY, like undefined shadows, and difficulty in expressing what is happening."
- M INTERNAL HASTINESS, but slowness of execution, hence mistakes in speaking, writing, etc. TIME PASSES TOO SLOWLY.
- M Patient CANNOT BE HURRIED; amel. at own pace, agg. time limits. Panic sets in and they take longer to do what is needed.
- M CONFUSION OF MIND, AS TO HIS IDENTITY.
- M Fear of pointed things, of knives, at the sight of blood.
- G DRYNESS of BODY and MIND. Nothing flows.
- G Aged persons of spare habits, girls looking wrinkled and dried-up at puberty. Delicate or scrophulous children, weak or wrinkled, particularly if artificially fed.
- G agg. MORNING ON WAKING. Forenoon amel. [2]; evening amel. [2]; evening, twilight amel. [3].
- G CANNOT DIGEST FARINACEOUS FOOD, especially POTATOES [= eructations, heaviness, indigestion, nausea, pain in stomach].
- G Ailments from prolonged treatment with allopathic medicines; artificial food; prolonged use of aluminium kitchen utensils; disappointment; violent anger; apoplexy; and prolonged mental exertion.
- G Weariness during menses; prostration and weakness after menses. Weakness from talking, walking.
- G Lack of coordination, ataxia and paralysis.
- G agg. When HUNGRY [= trembling and weakness].
- G agg. Lying on right side [2].
- G agg. Heat and cold. agg. Summer; agg. cold air [tendency to take cold].

- G amel. WALKING in OPEN AIR.
- P Vertigo when closing eyes or in the dark.
- P Sensation of cobweb [face] or dried white of egg.
- P CONSTIPATION with great straining, even for soft stool.
- P Sensation of fish bone in throat.
- P Intolerable itching of skin in bed; WITHOUT eruption.
- P Skin symptoms amel. warm weather; agg. winter.
- P RETENTION: severe constipation, amenorrhoea, scanty perspiration, delayed urination.
- P Chronic dry, sore throat; hawks frequently; amel. warm things.

#### Repertory

Mind

Anguish, morning [2]. Aversion, colour, to, red [2/1]. Blood, cannot look at, or a knife [3/1]. Fear, impulses, his own [3/1]. Kill, desire to, sudden impulse to [3]. Prostration of mind, menses, after [3/1]. Unreal, everything seems [2].

Vertigo

Morning, breakfast amel. [2]. Breakfast amel. [2]. Wiping eyes amel. [2/1].

Head

Pain, bed, on going to, amel. [2].

Eye

Dryness, canthi [2]. Lachrymation, daytime only [3].

Nose

Cracks, in tip [3].

**Throat** 

Swallowing, difficult, night [2], waking, on [2].

Stomach

Heartburn, drinking, after [2/1]. Nausea, lying down on, amel. [2], warm room in, on entering, after being in open air [2].

Abdomen

Heaviness, as from a load, walking, while [2].

Rectum

Constipation, dryness of rectum, from [2/1]. Diarrhoea, potatoes, after [2], urinating agg. [3]. Itching, rubbing agg. [2].

Bladder

Urination, feeble stream, morning on waking [3]; involuntary, stool, while straining at [2].

Female genitalia

Leucorrhoea, daytime only [2].

**Extremities** 

Callosities, horny, soles, tenderness [2]. Electric current, sensation of, fingers, touching things, on [2/1]. Heat, foot, night, walking in open air, after [2/1]. Heaviness, lower limbs, sitting, while [3]. Numbness, nates, sitting, while [2]; foot, heel, stepping [2].

Sleep

Disturbed, menses, before [2/1].

#### Chill

Drinking warm drinks agg. [2]. Eating warm things agg. [2].

Skin

Itching, eruption, without [3].

Generalities

Lassitude, talking, after [2/1], walking in open air amel. [2]. Pain, splinters, sensation of [2].

#### Food

Aversion: Beer [2]; food, with hunger [2]; meat [2]; potatoes [1]; smoking [1]; wine [1]. Desire: Charcoal [2]; cloves [2]; coal [2]; coffee [2]; cold drinks [2]; dry food [2/1]; dry rice [2]; farinaceous [2]; fruit [2]; indigestible things [2]; lime [2]; starch [2]; tea grounds [2/1]; vegetables [2]; chalk [1]; coffee, burnt [1]; pickles [1]; potatoes [1]; sour, acids [1]; tea [1].

Worse: Cold drinks [2]; potatoes [2]; milk [2]; salt [2]; soup [1]; vegetables [2]; cold food [1]; pepper [1]; vinegar [1]; warm food [1]; wine [1]. Better: Warm drinks [2].

#### **Nucleus**

- 1. Internal hastiness, slowness of execution and comprehension.
- 2. Chilliness, confusion, retention and dryness.
- 3. agg. Potatoes.
- 4. agg. Morning; amel. evening.
- 5. agg. Seeing blood or a knife [sudden suicidal impulse].

# Ambra grisea

#### **Ambergis**

#### Region

NERVES [pneumogastric; solar plexus; spinal]. Mind. Female organs. One side. \* Left side. Right side.

#### Modalities

Worse: Slight causes [presence of others; music; embarrassment; agitation; worry; thinking of it]. Old age. Warmth. Milk. In the morning. After eating; warm drinks; warm room; warm milk. After walking. Exertion. Conversation. Lying down. Reading or talking aloud.

Better: Cold drinks. Cold food. Rising from bed. Lying on painful part. Slow motion in open air.

#### Leading symptoms

- M AVERSION TO and AGGRAVATED by PRESENCE OF STRANGERS; especially DURING STOOL or URINATION; wants to go exclusively to own toilet.
- M TIMIDITY; blushing easily and very shy; agg. presence of strangers.
- M Aversion to SMILING FACES [suspicion, delusion being laughed at].
- M Persons who are prematurely old; suffering from mental weakness, forgetfulness, trembling, tottering; depressed state alternating with vehemence of temper; dementia precox, neurasthenia, senile dementia, psychoneurosis, hysteria.
- M Anxiety and worries about almost everything; but do not want to talk about it and want to be left alone. Talking agg. all complaints [2]. Anxiety when speaking [2]. Hastiness and nervous excitement when talking. "Asks many questions, never waits for an answer" [Kent].
- G Evening agg. [2], lying in bed agg. [2], on waking agg. [2], weakness morning in bed [3].
- G Easily heated.
- G amel. Slow motion in open air.
- G Nervous exhaustion, yet overimpressionable; slight things agg. breathing, heart, start the menses, etc.
- G Symptoms suddenly CHANGE position; as if asleep, NUMB feeling [in spots], twitching, itching, trembling, ebullitions, etc.
- G Sleeplessness after business embarrassment.
- G One-sided complaints; complaints and numbness.
- G NUMBNESS: parts lain on.
- G agg. Room FULL of PEOPLE; TREMBLING agg. company [2], conversation, from [2].
- G OLD people; prematurely old; emaciated.
- P Vertigo of old people, agg. morning, after sleep and after eating.

- P Coughing and gagging, eructations and hoarseness; nervous origin; from anxiety, excitement, music.
- P Perspiration on abdomen and thighs.

#### Repertory

Mind

Anxiety, company, when in [2], conversation, from [2], crowd, in a [2], ineffectual desire for stool [3/1], speaking, when [2]. Company, aversion to, presence of strangers, to, people intolerable to her during stool [3/1], smiling faces

[2/1]. Delusions, faces, sees [2], diabolical, crowd upon him [2]. Dullness, old people [3]. Dwells, on past disagreeable occurrences [2]. Fancies, lascivious [2]. Fear, approaching him, of others [2]. Irritability, conversation, from [2/1]. Quarrelsome, responses, without waiting for [2]. Restlessness, conversation, from [2/1]. Sensitive, music, to [2]. Sits weeping [2/1]. Strangers, presence of, agg. [2]. Talking, complaints all, agg. [2].

Vertigo

Lying necessary [2].

Head

Congestion, music, from [2/1]. Heat, music, from [3/1]. Heaviness, talking, from [2].

Nose

Discharge, gray [3].

Face

Perspiration, side, one [2]. Trembling [2].

Stomach

Eructations, coughing, after [3]; empty, cough, after [3]. Gagging, eating, after [2]. Pain, burning, eructations, after, amel. [2].

Abdomen

Coldness, one side only [2/1]. Perspiration, exercise, during [2/1].

Rectum

Constipation, sedentary habits, from [2]. Urging, absent in company [3/1].

Female genitalia

Menses, copious, exertion agg. [3]. Metrorrhagia, exertion, after [3], hard stool, from passing [3], stool, after every [3]. Pain, uterus, lying down [2]; burning, urinating, while [2].

Cough

Night, only [2]. Company [2; Bar-c.]. Eructations, excite [2]. Music agg. [3]. Talking loud [2].

**Extremities** 

Numbness, morning [2]; upper limbs, carrying anything, when

[2/1]. Trembling, conversation, from [2/1].

Sleep

Sleeplessness, conversation, after [3/1], retiring, after, but sleepy before

[3/1].

Perspiration

Conversation, from [2/1].

Generalities

Numbness, part lain on [2]. Trembling, company agg. [2], conversation, from [2], music [3].

#### Food

Worse: Hot food [2]; milk [2]; warm drinks [2]; warm food [2]; warm milk [2/1].

Better: Cold drinks during heat [2]; cold drinks [1]; cold food [1].

#### Nucleus

1. Easily embarrassed; blushes easily; agg. company, presence of strangers. Embarrassment during stool or urination.

- 2. Timidity and bashfulness.
- 3. Numbness, trembling, twitching, coughing, excitement, confusion or ebullitions from slight causes.
- 4. Erratic symptoms.
- 5. Cough agg. music.

## Ammonium carbonicum

#### Carbonate of Ammonia

#### Region

HEART [circulation; blood]. RESPIRATION. Lungs. Bronchi. \* Right side. Left side.

#### Modalities

Worse: COLD [CLOUDY DAYS; DAMP; raw, open air]. Falling asleep; 3-4 a.m. DURING MENSES. Motion. Exertion. Ascending steps. WASHING. Warm room [asthma]. After eating. WHILE EATING.

Better: PRESSURE. Lying on abdomen. Lying on painful side. Dry weather. Open air [asthma]. Eating. Lying on right side.

#### Leading symptoms

- M AVERSION TO WASHING. "Uncleanliness of bodily habits."
- G LOW VITALITY; lack of reaction to indicated homeopathic remedies in infectious diseases. Lack of reaction in acute diseases.
- G LIVID, WEAK and DROWSY. WEAK HEART.
- G Ailments and great prostration, great dyspnoea, coldness and puffiness of face.
- G MALIGNANT scarlatina and somnolence, starting from sleep; faint development of rash due to defective vitality.
- G CHILLY persons, very susceptible and sensitive to cold; readily catch cold in the winter. AVERSION to OPEN air.
- G Ailments of right side; agg. during menses; amel. lying on abdomen or painful side.
- G OBESITY.
- G agg. 3 A.M.
- G Faintness in a crowded room [2].
- G Orgasm of blood at night [2].
- P Obstruction of nose at night; nose feels blocked in spite of watery discharge.
- P Purpura haemorrhagica.
- P Breathing stops as soon he falls asleep, must get up and walk; emphysema and asthma and cardiac weakness; cardiac cough without expectoration; agg. ascending, agg. warm room.
- P Diarrhoea and vomiting [before and] during menses.

#### Repertory

Mind

Aversion, water [3]. Dirtiness [3]. Talk, indisposed to, desire to be silent, taciturn, menses, during [2].

Vertigo

Reading, while [2].

Head

Pulsating, pressure amel. [2], walking, while, in open air [2]; forehead, air, open, amel. [2], dinner, after [2], eating, after [2], warm room amel. [2].

Eye

Lachrymation, reading, while [2].

Vision

Sparks, night [2]; on waking [2].

Nose

Discoloration, tip, stooping, when [2/1]. Obstruction, sleep, during [2]. Sneezing, morning, bed, in [3], waking, on [3].

Face

Cracked, lower lip, middle of [2]. Discoloration, red, spots, washing, after [2]; red, washing, after [2]. Heat, mental exertion [2].

Stomach

Pain, clothing, from [2]. Thirst, eating, while [2].

Rectum

Diarrhoea, menses, beginning of [3/1]. Haemorrhoids, standing agg. [2]. Pain, lying on back amel. [2]; tenesmus, menses, during [2].

Female genitalia

Menses, copious, night [2], standing, increased, while [2/1]. Pain, burning, menses, during [2].

Respiration

Asthmatic, air, open air amel. [2/1], warm room agg. [2]. Difficult, warm room, in a, becomes deathly pale and must remain quiet [2/1].

Cough

Night, midnight, after, 3 to 4 a.m. [2]. Dry, midnight, after, 3 a.m. [3].

Back

Pain, Dorsal region, between scapulae, menses, during [2].

Extremities

Callosities, horny, hands, on [2]. Fullness, hand, veins of, washing in cold water, after [2/1]. Heaviness, lower limbs, menses, during [2].

Sleep

Yawning, menses, during [2].

Skin

Discoloration, red, spots, bathing, after [2/1].

Generalities

Lassitude, walking in open air amel. [2; Alum.].

#### Food

Aversion: Meat [1]; milk [1].

Desire: Sweets [2]; alcohol [1]; beer [1]; bread [1]; cold drinks [1]; cold food [1]; cold food, during menses [1/1]; sour, acids [1]; sugar [1].

Worse: Hot food [2].

Better: Sweets [1]; warm food [1].

#### Nucleus

- 1. Low vitality; lack of reaction; weakness of heart, emphysema. Drowsiness.
- 2. Very chilly; aversion to open air and bathing.
- 3. agg. During menses.
- 4. Winter agg.; catches cold easily; obstruction of nose.
- 5. Livid and blotched [red spots] skin after washing.

## Ammonium muriaticum

#### Sal Ammoniac

#### Region

MUCOUS MEMBRANES [CHEST; gall ducts]. Liver. Blood. Female organs. Tips of fingers and toes. \* Right side. Left side.

#### Modalities

Worse: Morning [head, chest]. Afternoon [abdomen]. Evening [skin, fever, limbs]. Sprains [chronic]. Periodically. During menses. After stool. After urination. Walking erect. Night. In bed. Sitting. Open air.

Better: Open air. Rapid motion; continued motion. Rubbing the part. Warm bath. Walking stooped.

#### Leading symptoms

- M Sadness but CANNOT WEEP.
- G agg. MORNING.
- G amel. LYING. amel. LYING on the BACK.
- G Sluggish persons with fat body and thin legs.
- G Sensitive to COLD; tendency to acrid coryza [watery, corroding upper lip].
- G CHRONIC SPRAINS.
- G Catarrhal affections and feeling of coldness between the shoulder blades.
- G CONTRACTION OF HAMSTRINGS, which seem tight when walking [walks stooped], but amel. by continued motion. TENSION and SHORTENING of MUSCLES. TIGHTNESS, as if too short: tendons, hamstrings, lumbar region, etc.
- G PROFUSE VAGINAL SECRETIONS; like white of egg.
- G Irregular circulation; ebullitions, burning or localized pulsations. BOILING SENSATION in blood vessels ALL OVER THE BODY.
- G agg. 3-4 A.M.
- G amel. Bathing the affected part [2].
- P Sciatica agg. sitting, amel. lying; contracted sensation. Numbness of feet. Left sided.
- P Diarrhoea and vomiting during menses; no two stools alike [Puls., Merc.].
- P Burning and stinging in rectum for hours after stool.
- P Leucorrhoea like white of egg, preceded by griping pain about the umbilicus; after every urination.
- P Offensive foot sweat.

#### Repertory

Mind

Aversion, persons, to certain [2]. Sadness, weep, but cannot [2].

Nose

Sneezing, sleep, wakes him from [3/1].

Face

Heat, dinner, after [2].

Mouth

Salivation, cough [2].

Throat

Pulsating, tonsils [2].

External throat

Pulsating, glands [2].

Stomach

Nausea, warm room, in, on entering, after being in open air [2].

Abdomen

Enlarged, fat [2; Calc.]. Pain, aching, dull pain, umbilicus, region of, stool, before [3].

Rectum

Haemorrhage from anus, menses, during [2].

Female genitalia

Leucorrhoea, brown [2], constant [2/1]. Menses, copious, night [2]. Prolapsus, uterus, walks bent [2].

Respiration

Difficult, motion of arms [2], stooping, on [2], walking, air, in

open [2].

Chest

Oppression, eructations amel. [2].

Back

Coldness, Dorsal region, scapulae, between, cough, with [2/1].

Extremities

Contraction of muscles and tendons [3]. Formication, fingers, tips [3]; toes, tips [3].

Perspiration, foot, sole [3]. Pulsation, thumb, nail, under [3/1]. Tension, leg, lying, while [2/1], sitting, while [2], walking, while, amel. [2]. Tingling, prickling, asleep, fingers, tips [3]; toes, tips [3].

Sleep

Dreams, falling of, into water [2]. Sleepiness, evening, twilight [3/1].

#### Food

Aversion: Meat [1].

Desire: Lemonade [1]; pickles [1]; sour [1]; sugar [1].

Worse: Potatoes [1].

#### Nucleus

- 1. Sensation as if tendons/muscles were too short.
- 2. Body fat, legs thin.
- 3. Catarrhal affections [profuse glairy mucus or thin, watery and excoriating] and cold sensation between scapulae. Susceptibility to cold.
- 4. Localized pulsations; boiling sensation in blood vessels.
- 5. agg. 3-4 a.m.

## Anacardium orientale

Marking Nut

#### Region

MIND. Nervous system. Stomach. Skin. Palms. Muscles. Joints. \* Left side. Right side.

#### **Modalities**

Worse: MENTAL EXERTION. Emotions [anger; fright; worry; etc.]. Stepping hard.

Motion. Drafts. Open air. Cold. Long after eating. Fasting. RUBBING.

Better: EATING; during digestion. Hot water. Motion.

#### **Leading symptoms**

- M LACK OF SELF-CONFIDENCE. [Feeling of helplessness] [Peculiar: Sees everybody's face in a glass, except his own]. TRIES TO PROVE HIMSELF.
- M Fastidious. [Cannot rest when things are not in proper place; Ars.].
- M Anger from contradiction could have stabbed anyone. Very easily offended, takes everything in bad part.
- M Hatred [3]; UNFEELING, hard-hearted; blasphemy and cursing; cruelty, malicious; want of moral feeling; godless, want of religious feeling.
- M "Persons with strange temper; laugh at serious matters and serious over laughable things" [Mathur].
- M "Persons who are clairaudient, hear voices from far away or of dead persons, suffer from hallucinations" [Mathur].
- M TWO WILLS: one bad, one good.
- M Very forgetful; weakness of memory; SUDDEN LOSS OF MEMORY; examination funk.
- M Anxious when walking, as if someone were pursuing him.
- M NO REALITY in anything; all appears as in a dream.
- M Mental disorders: schizophrenia, paranoia, mania, melancholia with its guiding symptoms: having two wills, one urging him to do what the other forbids; irresistible desire to curse and swear with illusions, delusions, hallucinations; sudden loss of memory.
- M Hypochondriasis and haemorrhoids and constipation.
- M Fear of examination; nervous exhaustion from overstudy; sudden loss of memory.
- G Symptoms go from right to left.
- G Symptoms DISAPPEAR WHILE EATING, and come back some hours after eating.
- G Sensation of a HOOP or BAND around parts. Internal constriction.
- G Sensation of a PLUG in inner parts.
- G NUMBNESS externally [3]; single parts [2]; suffering parts [2].
- G agg. ASCENDING stairs [= faintness, weakness].
- G Injuries of tendons [2].
- P Headache amel. eating.
- P Vomiting of pregnancy relieved by constant eating [Lac-c.; Petr.; Sep.].
- P Eczema with excessive itching amel. external application of water as hot as can be

borne.

#### Repertory

Mind

Abusive, husband insults wife, in front of children [2]. Answers, reflects long [2]; slowly [2]. Antagonism with herself [2]. Anxiety, pursued when walking, as if [2/1]. Childish behavior [2]. Clairvoyance [2]. Delusions, double, of being [2]; enemy, surrounded by [2]; separated from the world, that he is [2/1]. Dullness, mental exertion, from [2]. Forgetful, morning, in [3]; afternoon amel. [2/1]. Shrieking, feels as though she must [2]. Unfeeling [3/1]. Weeping amel. symptoms [2]. Will, two, feels as if he had two wills [3]. Head

Pain, eating, during amel. [2].

Eve

Pain, pressing, plug, like a [2].

Vision

Distant, objects seem [2].

Ear

Pain, pressing, plug, like a [2].

Face

Eruptions, vesicles, burning [2]; vesicles, itching [2].

Throat

Choking, clearing the throat, when [2]. Pain, rawness, night [2]; rawness, eating, after [2/1].

Stomach

Pain, lunch, during amel. [3/1]. Retching, hawking mucus from fauces [2]. Vomiting, hawking up mucus, when [2].

Abdomen

Pain, pressing, umbilicus, region of, button, as from [2]; plug, like a [2]. Perspiration [3]. Rectum

Urging, eating, after [2]; effort, great desire passes away with [3/1].

Chest

Pain, pressing, sides, plug, as from [2/1].

**Extremities** 

Bandaged, sensation as if, knee [2]; sitting, while [2]. Coldness, foot, walking, while [2]; walking in open air [2]. Cramps, calf, rising from a seat [2]; walking, on [3]. Stiffness, knee, bandaged, as if [2/1]. Warts, hand, palm [2]. Pain, pressing, thigh, plug, as with a [3].

Chill

Water, poured over him [2].

Fever

Eating, while, amel. [3]; after, amel. [3].

Perspiration

Fright, from [2].

Skin

Numbness, scratching, after [2].

Generalities

Faintness, walking, continuing amel. [2/1]. Injuries, tendons [2/1].

#### Food

Desire: Milk [1].

Worse: Warm food [2]; cold drinks [1].

Better: Eating [3]; cold drinks during heat [1]; cold water [1].

#### **Nucleus**

1. Lack of self-confidence, wants to prove himself.

- 2. Unfeeling, hatred, cursing, malicious, etc.
- 3. Sensation of plug or band.
- 4. amel. Eating.
- 5. Itching eczema, amel. water as hot as could be borne.

### Anhalonium lewinii

#### Peyotl

#### Region

MIND. Nerves. Digestion. Heart and blood vessels. Respiration.

#### Modalities

Worse: Light. Motion. Closing eyes.

Better: Rest. Darkness.

#### Leading symptoms

M - Withdraws from contact with the external world and escapes into a world of dreams. Identification [merging] of self with environment. Increased involvement in the inner life to the exclusion of the outer.

- M Egocentric introversion [Julian]; non-egoic consciousness [Stephenson].
- M Noises or touch perceived by a coloured vision.
- M Loss of sense of time. Delusion has non-material body. Disorientation.
- M Audio-visual hallucinations; "coloured visions of most overpowering brilliance, associated with moving shapes of fantastic design, the motion being regulated somewhat in time by music" [Clarke].
- M Objects seem transparent; sees his internal organs.
- M Loss of sense of identity; depersonalization.
- M Sense of superiority and well-being.
- M Sensation of being carried by music.
- M Hypersensitivity to noises. Noises seen as colours.
- M Split personality.
- G Hysteria, insomnia, schizophrenia; hebephrenia.
- G Acute sensitiveness to meteorological changes.
- G Disturbances of vision, of accommodation and of perception.
- G "Disinclined to make the slightest movement."
- G Dislike of all foods, in spite of strong salivation and sensation of hunger.
- P Trigeminal neuralgia, left sided, and vasomotor troubles, troubles of sweat and hypersensitivity to touch.
- P Hyperthyroidism; Basedow's disease.
- P Nausea, agg. on movement, entirely amel. on lying down.

#### Repertory [only in synthetic repertory]

#### Mind

Adaptability, loss of [2/1]. Clairvoyance [2]. Confusion, as to his identity [2]; depersonalization, loss of self-knowledge and self-control, dissociation from or self-identification with environment, personal disruption [2/1]. Decomposition, of shape [1/1]; of space [1/1]. Delusions, body is immaterial [1/1]; enlarged, objects are [2]; enlarged and diminished [2/1]; floating in air [1]; immortality [1/1]; closing eyes, on [1]; hears

music [1]; snakes in and around her [1]; transparent, everything is [2]. Dream, escape in a world of dreams [1/1]. Execution, lost, as the result of overpowering visual sensations [1/1]. Music, amel. [1]; sensation of being carried by [1/1]; drums produce euphoria [1/1]. Reality, flight from [1/1]. Will, loss of, with increased insight, self-awareness [1/1]; two wills, feels as if he had [1].

#### Nucleus

- 1. Depersonalization and disorientation; loss of sense of time and space.
- 2. Lives in a colourful inner world, not connected with the outer world.
- 3. Music amel.; sensation of being carried by music.
- 4. Nausea, agg. motion, amel. lying. Notes

### **Antimonium crudum**

Black Sulphide of Antimony

#### Region

STOMACH. DIGESTIVE TRACT. MIND. SKIN. Soles. Changing sides. \* Left side.

#### Modalities

Worse: COLD [BATHING; dampness; WATER - on head]. OVEREATING. Acids. Sweets. HEAT [SUMMER; of sun; overheating; radiated]. After eating. Extremes of cold and heat. Ascending stairs. Sour wine.

Better: Open air. Rest. Warm bath. Prolonged vomiting.

#### Leading symptoms

M - agg. Being LOOKED AT, touched or washed. [Aversion to being looked at; = crying].

M - "Sulky children who do not wish to speak or be spoken to; angry at every little attention" [Mathur].

M - SENTIMENTAL mood in moonlight.

M - "Hysterical girls who suffer from unrequited affections; dreamers" [Mathur]. Sentimental and romantic. Suicidal disposition from disappointed love by drowning or shooting.

G - agg. Heat and cold. [agg. Heat of sun and summer; becoming heated; = exertion].

G - "GROSS FEEDERS [desire to eat LARGE quantities of food], showing gastric, mental and skin symptoms" [Boger].

G - agg. Room full of people [2].

G - Strong DESIRE FOR ACIDS, cucumbers and pickles.

G - Changeable symptoms: gouty symptoms on extremities suddenly stop, followed by gastric symptoms; symptoms go from one side to the other; they change locality.

G - Ailments and milky WHITE coating on the tongue.

G - Perspiration from slightest exertion.

G - Lumpy stools, leucorrhoea, skin, nails, etc.

G - Ailments from sunburn; overheating; warm weather.

G - Gouty affections alternating with DIGESTIVE DISTURBANCES.

P - THICKLY COATED, WHITE TONGUE; like whitewash or milk.

P - Extreme sensitiveness of soles of feet [due to callosities]; walking difficult and painful.

P - Cracked corners of mouth, nostrils and canthi.

P - Horny or SPLIT NAILS.

P - Chronic redness of eyelids.

P - Headache from taking cold, alcoholic drinks; and deranged digestion; from suppressed eruptions; amel. discharges [vomiting, diarrhoea, coryza].

P - Gastric and intestinal disturbances from bread, pastry, acids, vinegar, cold bathing; overheating; hot weather.

P - Horny corns on soles of feet; very sensitive when walking.

P - Aphonia from overheating.

P - Diarrhoea from sour wine.

P - "Sick headaches amel. prolonged vomiting, lying down, rest, cold applications and in open air; agg. moving about, radiated heat, heated room, light and at night" [Mathur].

#### Repertory

Mind

Anger, touched, when [2]. Ecstasy, night, walking in moonlight [3/1].

Grief, stomach trouble, causing [3]. Love, love-sick [2]. Sentimental, diarrhoea, during [2/1]; menses, before [2/1]; moonlight, in [3/1]. Suicidal disposition, thoughts, drive him out of bed [2/1]. Verses, makes [2].

Head

Pain, bathing, after [3]; bathing, after, cold [3]; wine, sour, from [2].

Nose

Cracks, nostrils, in [3]. Pain, rawness, inspiration, during [2].

Face

Discoloration, red, heat of fire, during [3]. Eruptions, acne, fire, near a [2/1]; boils, mouth, corners of [3]; crusty, cheek [2]; eczema, honey, like dried [2]; eczema, nose [2]; pimples, itching, when warm [2].

Mouth

Discoloration, tongue, white, milky [3].

Teeth

Sensitive, cannot bear dental operation [3].

Stomach

Disordered, acids, after [2], cold, after a [2]. Nausea, bread, after [3], overheated, after being [2/1]. Vomiting, measles, during [3/1], overheated, after being [2/1], wine agg. [2/1].

Rectum

Constipation, alternating with diarrhoea, aged people, in [3].

Genitalia female

Menses, absent, amenorrhoea, molimen only [2].

Larynx

Voice, hoarseness, cold bath, after [2/1], overheated, from being [2]; lost, heated, from being [2], warm room, in [2].

Extremities

Callosities, horny, soles, on [3]. Excrescences, on soles [3]. Grow, nails do not [2/1]. Split nails [3].

Perspiration

Morning, sleep, during [3].

Skin

Eruptions, urticaria, meat, after [3/1]. Warts, horny [3]; smooth [3].

Generalities

Faintness, summer heat, from [2]. Sun, exertion, in [3/1]. Weakness, warm weather agg. [3].

#### Food

Aversion: Drinks [2]; vinegar [2]; bread [1]; fat [1]; food, all [1]; mother's milk [1]; pork [1]; wine [1].

Desire: Cucumbers [2]; drinks [2]; pickles [2]; sour, acids [2]; vinegar [2]; beer [1]; bread [1]; fat [1]; pork [1].

Worse: Bitter [3]; sour [3]; vinegar [3]; bread [2]; cold drinks [2]; cold food [2]; fruit [2]; fruit, sour [2]; milk [2]; pork [2]; sweets [2]; water [2]; alcohol [1]; butter [1]; drinks [1]; fat [1]; food, sight of [1]; pastry [1]; rich food [1]; strawberries [1]; wine [1]. Better: Hot food [1].

#### **Nucleus**

- 1. Sulky, easily angered; aversion to and agg. being looked at or touched.
- 2. Romantic and sentimental; agg. moonlight. Makes verses.
- 3. Thickly coated, white tongue; many ailments accompanied by digestive disturbances.
- 4. Complaints from overeating, overheating and catching cold.
- 5. Painful callosities; problems with nails and skin.

## Antimonium tartaricum

#### Tartar Emetic

## Region

MUCOUS MEMBRANES. Pneumogastric nerve [= nervus vagus] [bronchi; lungs; heart; CIRCULATION; respiration]. Stomach. Bowels. Sleep. Lumbar region. Skin. \* Left side. Right side.

#### Modalities

Worse: WARM [room; wraps; weather]. Anger. Lying. Morning. Overeating. Cold. Dampness. Change of weather. Spring. Motion. Touch. Being looked at. Night. Lying on affected side. 4 p.m. [cough].

Better: Expectoration. Sitting up. Motion. Cold open air. Lying on right side.

## Leading symptoms

- M Apathetic, drowsy, dull or easily annoyed; wants to be left alone.
- G agg. AUTUMN and SPRING.
- G Defective reaction. INCREASINGLY WEAK, DROWSY, SWEATY and RELAXED.
- G Desire for ACIDS, sour drinks and apples, which agg..
- G Great sleepiness or irresistible inclination to sleep with nearly all complaints.
- G "Infants and children allergic to milk, vomit immediately" [Mathur].
- G Old people and children.
- G agg. WARM ROOM; HEAT.
- G YAWNING with many complaints [Agar.].
- G Ailments from bad effects of vaccination when Thuj. fails and Sil. is not indicated.
- G "Apparent death from drowning, from mucus in bronchi, from impending paralysis of lungs, from foreign bodies in larynx or trachea, with drowsiness or coma" [Mathur].
- P Asphyxia neonatorum.
- P MUCH SECRETION OF MUCUS; coarse rattling but scanty expectoration.
- P SUFFOCATIVE shortness of breath; alternating with cough; LOOSE, COARSE, RATTLING COUGH: chest seems FULL, yet LESS AND LESS is RAISED, followed by vomiting or sleep.
- P NAUSEA; in waves; and weakness and cold sweat, loathing or anxiety.
- P Forcible vomiting, followed by exhaustion and sleep [Aeth.].
- P Tongue coated thick white with reddened papillae and edges.
- P Vomiting amel. lying on right side.

## Repertory

Mind

Unconsciousness, cough, between attacks of [2].

Vertigo

Sleepiness, alternating with [2/1].

Nose

Dilated nostrils [2]. Tension, root [2].

Face

Twitching, coughing, when [3/1].

Mouth

Open, wide, after yawning, remains [2/1]. Taste, bitter, night [2].

Stomach

Eructations, eggs, like spoiled, night [2]. Nausea, fruit, after [2]. Thirst, perspiration, after [2]. Vomiting, difficult [3].

Abdomen

Pain, vomiting, after [2]. Stone in, sensation of, seems full of

stones [2].

Female genitalia

Leucorrhoea, sitting, while [2].

Larynx

Rattling, Larynx [2].

Respiration

Abdominal [3]. Asphyxia [3], newborn infants [3]. Difficult, midnight, 3 a.m. [3], expectoration amel. [3], mucus in the trachea, from [3], sitting amel. [2]..

Cough

Night, midnight, before, 10 p.m. to 1 p.m. [2], 11 p.m. [2]. Springs up, child, and clings to those around, calls for help in a hoarse voice, or bends backward and grasps at larynx [2/1]. Sun agg. [2].

Chest

Atelectasis [3].

Back

Heaviness, coccyx, sensation as if a heavy weight were tugging at [2/1].

Sleer

Sleepiness, cough, with [3]. Yawning, coughing, after [3].

Perspiration

Affected parts, on [3]. Dyspnoea, with [2].

Generalities

Convulsions, eruptions fail to break out, when [2], smallpox fails to break out, when [3/1].

#### Food

Aversion: Milk [2]; alcoholic stimulants [1]; apples [1]; cold drinks [1]; cold food [1]; fruit [1]; sour, acids [1]; tobacco [1].

Desire: Fruit [2]; juicy things [2]; sour [2]; alcohol [1]; apples [1]; buttermilk [1]; cold drinks [1]; cold food [2]; fruit, sour [1]; milk, sour [1].

Worse: Hot food [2]; butter [1]; eating [1]; fat [1]; food, sight of [1]; fruit [1]; milk [1]; pork [1]; sour [1]; warm food [1].

Better: Cold water [3]; cold drinks [2].

## Nucleus

- 1. Loud rattling and fullness of chest [mucus], but scanty expectoration. Asphyxia.
- 2. Desire for acids, apples. White-coated tongue.
- 3. Aversion to being looked at; wants to be left alone.
- 4. agg. Heat; warm room.
- 5. Drowsiness, increasing weakness and perspiration.

# Apis mellifica

Honey-bee

## Region

CELLULAR TISSUE [EYES; FACE; FAUCES; OVARIES]. SEROUS CAVITIES. SKIN. KIDNEYS. BLADDER. Nerves. Respiration. Heart. Blood. \* RIGHT SIDE. Left side. Right to left.

#### Modalities

Worse: HEAT [ROOM; weather; drinks; fire; bed]. TOUCH. After sleep. Late afternoon [3-4 p.m.]. PRESSURE. Suppressed eruptions. Closed room. Lying down.

Better: COLD [AIR; bathing; uncovering; applications]. Slight expectoration. Motion. Changing position. Sitting erect.

- M Ailments from anger [2]; anticipation [1]; bad news [2]; fright [2]; grief [2]; jealousy [2/7]; fury [2]; sexual excess [3]; mental shock [1].
- M Irritable, nervous, FIDGETY persons hard to please. Busy [2], fruitlessly busy [2], insane loquacity [2], undertakes many things, perseveres in nothing [1].
- M JEALOUS persons, women, especially widows.
- M Clumsiness, physical and mental: drops things; laughing at misfortune [1/1]; laughing over serious matters [1]; silly laughing [1].
- M "Children, girls and women who, though generally careful, become AWKWARD and let things fall while handling them." [Bov.].
- M Weeping without cause [3].
- G Warm-blooded persons; WORSE in WARM and CLOSED ROOM.
- G OEDEMATOUS SWELLING, SEROUS EFFUSIONS and URTICARIA, sudden appearance. DROPSY internally and externally.
- G Extreme sensitiveness to touch.
- G BURNING, DARTING, STINGING PAINS; amel. by COLD, WASHING or MOISTENING the part with cold water.
- G Burning and stinging pain in swollen parts; skin very sensitive to touch; swelling pink, waxy.
- G THIRSTLESSNESS in nearly all complaints.
- G RIGHT-sided affections [paralysis, erysipelas, ovaritis, ovarian cyst].
- G Bad effects of acute exanthema imperfectly developed or suppressed; measles, scarlatina, urticaria.
- G Suddenly migrating pains, from one part to another.
- G Varicose veins burning [2], stinging [2], swollen [2].
- P BAG-LIKE, PUFFY SWELLING under the eyes.
- P Urticaria in asthmatic troubles; from change of weather; during fever; during perspiration.
- P Oedema glottidis.
- P Oedema, hydrops, anasarca, ascites; amel. cold.

- P Erysipelas, from right to left, face.
- P Angioneurotic oedema.
- P Diarrhoea, involuntary stool agg. motion, sensation as if anus is wide open.
- P Meningitis and cri hydrencephalique; rolling head; striking head against bed or wall; bending head backward; grinding teeth.
- P Albuminuria after scarlatina.
- P Sore throat [or tonsillitis] and constrictive sensation; amel. cold; agg. warm; agg. touching throat.
- P Urticaria after violent exercise.

## Repertory

Mind

Break, things, desire to [2]. Busy [2]. Childish behavior [2]. Delirium, well, declares she is [2]. Fear, pins, of [2]. Insanity, busy [3]; erotic [3]. Jealousy [2]. Stupefaction, heat, during [2].

Head

Beats, against the bed [2]. Bores, head in pillow [3]. Congestion, air, in open, amel. [3], menses, before [3], menses, suppressed, from [2], warm room [3]. Fullness, menses, during [2], walking in open air amel. [2], warm room [2]. Heat, cold water amel. [2], diarrhoea, during [2], menses, during [2]. Open fontanelles [2]; sunken [2]. Pain, heated, from becoming, by a fire or stove [2]. Pain, burning, air, open, in, amel. [2], motion agg. [2], stooping agg. [2/1].

Eye

Inflammation, heat agg. [3]; conjunctiva, granular [2]. Lachrymation, night [2]. Pain, headache, during [2], light, dim light agg. [2], warm room agg. [2]. Paralysis, of lids, upper, right [2]. Swollen, lids, under the lids [3]; lids, upper lids [3].

Ear

Discharges, scarlet fever, after [2].

Nose

Coldness, tip of [3]. Coryza, air, warm [2]. Oedema [3].

Face

Bloated, about the eyes [2]. Discoloration, bluish, heart trouble [2].

Erysipelas, recurrent [3]; eye, around [3]. Heat, lips, upper [2]. Wash, in cold water, desire to [2]. Waxy [3].

Mouth

Dryness, tongue, centre, sides moist [2/1]. Numbness, Gums [2].

Protruded, tongue, cannot be [2], catches on the teeth [2].

Throat

Choking, clothing agg. [2]. Dryness, thirst, without [2]. Pain, cold drinks amel. [2], warm room [2]; splinter, swallowing, on [2].

Stomach

Vomiting, urticaria, during [2].

Abdomen

Eruptions, rash, menses, before [2].

Rectum

Constipation, pregnancy, during [2]. Open, anus, sensation of [2].

Bladder

Retention of urine, enlarged prostate, from [2], new born infants, in [2]. Urging, constant, night [2], fever, during [3]. Urination, frequent, menses, before [2].

**Prostate** 

Pain, urination, during [2].

Urine

Scanty, brain affection, with [2]; fever, during [2]; menses, before [2].

Female genitalia

Abortion, month, early months [2]. Desire, increased, widows, in [3]. Enlarged, ovaries, right [3]. Pain, ovaries, coition, after [2], continence, from [2], menses, before [2], raising arms [2], walking [2], warm bed agg. [2], extending to, limbs, down [2], extending to thighs [2]; burning, ovaries, abortion, during [3/1], coition, after [3]. Swollen, labia minoris [2].

Respiration

Asthmatic, rash, after suppression of acute [2]. Difficult, air, in open, amel. [3], eruptive diseases, with [2/1], heat, with [3], heated, when overheated [3/1], lying while, head low, with [3], lying while, on the side, left side [2], open, wants doors and windows [3], sitting amel. [2].

Extremities

Awkwardness, hands, drops things [3]. Felon, cold applications amel. [2]; itching [3/1]; stinging pain [3]. Numbness, upper limbs, holding anything in hands [2], motion amel. [2].

Sleep

Dreams, flying [2].

Chill

Uncovering amel. [2].

Generalities

Bathing, hot bathing agg. [3]. Sexual desire, suppression of, agg. [3].

## Food

Aversion: Drinks [2]; water [2].

Desire: Milk [2]; sour [2]; oysters [1]; vinegar [1].

Worse: Cold drinks [1]; hot food [1].

Better: Milk [2]; cold drinks, during heat [1].

## Nucleus

- 1. Burning/stinging pains; agg. heat; amel. cold.
- 2. Pink, waxy-transparent swellings, extremely sensitive to touch and pressure.
- 3. Jealous, fruitlessly busy, fidgety; clumsy.
- 4. Right-sided complaints; or right to left.
- 5. Warm-blooded persons.
- 6. No thirst.

## Aranea diadema

Cross-spider

## Region

Nerves. Blood. Bones. Right side.

#### **Modalities**

Worse: EXACT PERIODICITY. DAMPNESS [Cold; during rains; bathing].

Better: Smoking. Open air. Pressure.

## Leading symptoms

M - Confusion amel. SMOKING.

G - Cold to very bones [Calc.]; CAN'T GET WARM.

G - Sensation as if bones are made of ICE.

G - Every damp day chills.

G - Sensation of ENORMOUS ENLARGEMENT, or numbness of parts; on waking [at night].

G - Marked sensitivity to cold and dampness. [Sycotic remedy.]

G - Nerve pains with EXACT PERIODICITY.

G - Weakness after fever [2].

P - Headache amel. SMOKING; bitter taste in mouth amel. smoking; toothache amel. smoking. Flickering [vision] before headache.

## Repertory

Head

Pain, periodic, every day at same hour [1], extending to face [1].

EYES: Pain, burning, headache, during [1].

Vision

Flickering, headache, before [1], reading, while [1], writing, while [2].

Face

Heat, headache, with [1]. Swelling, sensation of [2].

Mouth

Taste, awful, milk, after [1/1]; offensive, milk, after [1/1].

Stomach

Thirst, pains, with the [1].

Rectum

Pain, perineum, urging to urinate [1].

Extremities

Coldness, foot, walking, while [2]. Enlargement, sensation of, hands [1]. Swelling, hand, feeling as if [2].

Chill

Cold damp weather [2]. Day, a cold, in summer [1]. Exposure, rains,

during [2]. Shaking, heat, without subsequent, or sweat [3], long-lasting, without heat or sweat [3].

Generalities Cold, feeling in bones [2].

Food

Better: Smoking.

## Nucleus

- 1. Chilly, can't get warm; sycotic remedy [agg. cold, damp weather].
- 2. Sensation of enlargement [hands, forearms, etc.]; waking at night with this sensation; often and rheumatism.
- 3. Exact periodicity of complaints [especially observed in malaria and headaches].
- 4. amel. Smoking.

# Argentum metallicum

#### Silver

## Region

NERVES. Cartilage [bones; condyles; joints]. Mucous membranes [LARYNX; genitalia; urinary organs]. \* RIGHT SIDE. Left side.

#### Modalities

Worse: USING VOICE [talking, singing, reading aloud]. Mental strain. Noon. Cold damp. 3 to 5 a.m. TOUCH. Pressure. Lying on back. Entering warm room. Sun. Better: Motion. Coffee. Wrapping up.

- M ANXIOUS about HEALTH and NERVOUS, but RESERVED in expression and attitude."Trying to compensate for their lack of self-confidence with refined manners." "Seem soft and yielding, but there is a dictatorial side underneath [wanting to show their abilities] which is only expressed at home" [Scholten].
- M Similar to Arg-n.: fear of high places, fear of narrow places, fear of crowds, anticipation, desire sweets. BUT: more reserved, far less impulsive, a kind of restrained haughtiness, and chilliness [Scholten].
- G Nervous and broken down; suffer from loss of muscular power and trembling.
- G Constitutional effects of onanism.
- G Pains and polyuria; pains increase slowly and cease suddenly.
- G "ELECTRIC" SHOCKS on FALLING ASLEEP; during sleep [2].
- G THICK secretions; THICKENING of CARTILAGE, tarsi [blepharitis], etc.
- G CHILLY persons, yet agg. exposure to SUN.
- G agg. NOON.
- G Tensive, tight, stiff sensation.
- G CARTILAGE [inflammation; swelling; sensitiveness; sore pain].
- G agg. Descending [2].
- G TREMBLING morning [2], morning on waking [2].
- G Weakness from pain [2].
- P HOARSENESS of professional SINGERS, public SPEAKERS; agg. talking, singing, reading aloud; total loss of voice; alternation in timbre of voice.
- P GRAY [gelatinous, starchy] or tenacious MUCUS; agg. laughing [= coughing = expectoration].
- P Right-sided headaches, amel. tight bandaging.
- P Pain in RIGHT testicle [crushed, sore]; affinity for the RIGHT testicle.
- P Prolapsus uteri and pain in LEFT ovary; ovarian cysts and tumours; affinity for LEFT ovary.
- P Polyuria and swelling of the ankles.

Repertory

Mind

Delirium, epilepsy, after [2]. Sadness, menopause, during [2]. Starting, electric, as if, during sleep [2]. Talk, desire to, to someone [2].

Vertigo

Water, crossing running [2].

Head

Pain, sudden pains [2]; forehead, business men [2/1]; forehead, above eyes, warm applications amel. [2].

Eye

Thickening, of lids [3].

Throat

Mucus, easily detached [2], gelatinous [2], grayish [3]. Pain, yawning, when [2]; rawness [and sore], expiration, on [2]. Tension, yawning, when [2/1].

Stomach

Nausea, reading, while [2]. Pain, appears gradually and disappears suddenly [2/1].

Male genitalia

Pain, testes, right [3]; pressure of clothing agg. [3/1]; walking, while [3].

Female genitalia

Leucorrhoea, gray [2/1]. Pain, sore, ovaries, left [2].

Larynx

Mucus, larynx, laughing [2], stooping, comes up when [2/1]. Voice, changeable [2].

Respiration

Difficult, crowded room [2/1].

Chest

Palpitation, lying, while, on back [2], motion amel. [2], pregnancy, during [2], singing amel. [3/1].

Extremities

Shocks, sleep, on going to [3].

Sleep

Dreams, true, seem, on waking [2]. Position, arms over head [2].

Sleeplessness, shocks, from [3].

Generalities

Inflammation, cartilage [3; Nat-m.]. Sensitiveness, cartilage [3/1]. Swelling, cartilage [3/1]. Weakness, pain, from [2].

Food [from an article on the remedy by j.c. scholten in similia similibus curentur, 21/3/1991]

Aversion: Fat [2]; meat [2]; little thirst; smoking [1].

Desire: Sweets [3]; refreshing things [2]; chocolate [1]; coffee [1]; fruit [1]; sour [1]; wine [1].

Worse: Cabbage [2]; cucumber [2]; milk [2]; paprika [2]; brussels sprouts [1].

Better: Coffee [1].

## Nucleus

- 1. Pains increase gradually and disappear suddenly.
- 2. Sore larynx, hoarseness of singers, speakers; or agg. talking, singing, reading aloud.
- 3. Gray, thick, gelatinous, viscid secretions [easily expectorated].
- 4. Right testicle and left ovary. Affinity with cartilage [arthrosis].
- 5. Chilly, anxious, nervous, though reserved and closed.

# Argentum nitricum

Nitrate of Silver

## Region

MIND. NERVES [cerebro-spinal; ABDOMINAL]. MUCOUS MEMBRANES [STOMACH; bowels; eyes; throat; urethra]. Periosteum. Skin. \* LEFT SIDE.

#### Modalities

Worse: EMOTIONS [ANXIETY; suspense]. Warm room. Sugar. Lying on right side. Drinking. Crowds. Cold food. Ice cream. After eating and drinking.

Better: COLD [AIR; open air; washing with cold water]. Hard pressure [tight bandage around head]. Motion. Wind blowing on face. Eructations. Sitting.

- M NERVOUS, IMPULSIVE and HURRIED.
- M ANXIETY from EXALTATION of FANCIES.
- M Lot of PHOBIAS [fear in a crowd; fear in the street; fear when alone; anticipation, stage fright; fear of being too late; claustrophobia; fear of high places; fear of fainting; fear undertaking anything, lest he fail].
- M Desire for company.
- M Ailments from anticipation [diarrhoea, strange notions, impulsive and hurried].
- G WARM-BLOODED; strong craving for fresh air. "Persons who are warm-blooded; want cold, open air, cold drinks, cold food; suffocate in warm clothing, ill-ventilated or closed rooms; feel suffocated if other people are in the room."
- G amel. OPEN AIR; amel. walking in open air [3].
- G amel. Walking fast [2].
- G agg. Room full of people [2].
- G Craving for SALT + SWEETS; SUGAR.
- G Sensation of SPLINTERS: violent pains, like deeply sticking splinters.
- G PRESSING pains.
- G Complaints appear gradually and cease gradually.
- G Convulsions preceded by great restlessness; aura: sensation of expansion of body [2/1]. Convulsions: nocturnal [2], from fright [2], during menses [2], from nervousness [2].
- G Apprehension = diarrhoea; fear, anxiety = epilepsy; eating sugar = diarrhoea; sexual excess = impotency; nervous excitement = loss of voice; dancing = headache; eye strain = defective accommodation; high notes = cough.
- G Ulceration of mucous membranes.
- P Diarrhoea after sweets.
- P Diarrhoea on anticipating an engagement; emotional diarrhoea.
- P FLATULENCE; bursting; loud, explosive belching, discharged upward and downward; noisy diarrhoea.
- P Gastric and nervous headaches of sedentary persons; enlarged sensation of head; pulsating pain; amel. TIGHT BANDAGING.

- P Most gastric complaints accompanied by loud eructations.
- P Palpitation agg. lying on right side, from nervous excitement; amel. motion, pressure with the hand; violent palpitation from incarcerated flatus.
- P Vertigo and weakness of limbs, trembling and nausea. Vertigo and tinnitus aurium.
- P Congestive headache with fullness and heaviness; ending in bilious vomiting; agg. mental labour; amel. pressure or tight bandaging.
- P Great weakness of lower extremities, and trembling, cannot walk with eyes closed; locomotor ataxia.
- P Chronic laryngitis of singers; high notes cause cough; has to hawk frequently.
- P Sore throat; sensation of splinters in throat when swallowing.

## Repertory

Mind

Anxiety, anticipating an engagement [3], time is set, if a [2], walking in open air [2]. Delusions, despised, that he is [3], disease, has incurable [2], fail, everything will [2], neglected his duty, that he has [2]. Fancies, sleep, preventing [2; Phos.]. Fear, church or opera, when ready to go to [3], crowd, in a, public places, of [2], death of, predicts the time [2], high places [2], late, of being [3], self-control, losing [2]. Forsaken feeling, sensation of isolation [2], waking, on [2]. Hurry, walking, while [3]. Impulsive [3]. Jumping, impulse to jump, height, from a [2]. Restlessness, anxious, compelling rapid walking [2], convulsions, before [3]. Talk, desires to, to some one [2].

Vertigo

Dark room, on entering [2]. Dinner amel. [2]. Looking upwards, at high buildings [2/1]. Head

Enlarged sensation, bandaging amel. [2/1], pregnancy, during [3/1].

Eye

Pain, air, cold, amel. [2], air, open, amel. [3], warm room agg. [3]. Photophobia, straining the eyes, after [3/1], warm room agg. [3/1]. Pupils, dilated, epilepsy, before [3]. Redness, air, open, amel. [3/1], reading, while [3], sewing, while [3].

Nose

Sneezing, irritation in larynx, from [2].

Face

Discoloration, bluish, lips, menses, during [2]. Heat, palpitation, during [2].

Mouth

Food escapes from mouth during chewing [2/1]. Pain, tongue, tip [3].

Throat

Choking, constricting, clearing the throat, when [3]. Pain, yawning, when [2]; splinter, swallowing, on [2].

Stomach

Distention, eructations amel. [2], excitement, after [2]. Eructations, difficult [3], sweets, after [2]; large quantities of wind [3]; violent [3/1]. Lump, sensation of, midnight, after [2/1]. Nausea, palpitation, causes [2/1], sweets [2]. Pain, ice cream, after [2], lying, side, right [2/1], mental exertion, on [2]. Retching, diarrhoea, during [3]. Vomiting, mucus, diarrhoea, during [3/1].

Abdomen

Flatulence, morning, waking, on [2].

Rectum

Diarrhoea, anticipation, after [2], drinking, immediately after [2], eructations amel. [2], excitement [3], imagination, from exalted [2/1], lying, side, on the, left agg. [2].

Urethra

Narrowness, sensation of [2].

Larynx

Catarrh, alternating with uterine complaints [2/1]. Inflammation, larynx, singers, in [3]. Polypi, larynx [2].

Respiration

Difficult, covering nose or mouth [2], drinking, when [2].

Chest

Palpitation, heart, walking rapidly amel. [2].

Back

Pain, standing amel. [2].

Sleep

Dreams, hunger [2].

Generalities

Convulsions, epileptic aura, expansion of body, sensation of, before [2/1], nervousness, from [2/1]. Pain, radiating [2]. Wind, cold, riding in, amel. [2/1].

#### Food

Aversion: Sweets [3] [Lodispoto]; cheese [2].

Desire: Salt + sweets [3]; salty food [3]; sugar [3]; cold drinks [2]; fat + sweets [2]; brandy [1]; cheese [1]; cheese, strong [1]; chocolate [1]; coffee [1]; cold drinks [2]; fat [1]; fat + salt [1]; ice [1]; ice cream [1]; plums [1], sauce [1]; sausages [1]; sour, acids [1]. Worse: Sweets [3]; cold food [2]; sour [2]; cold drinks [1]; eating [1]; fat [1]; frozen food [1]; pastry [1]; rich food [1]; water [1].

Better: Sweets [2]; warm drinks [1].

### Nucleus

- 1. Warm-blooded people with a strong craving for fresh air.
- 2. Anxiety, hurry and impulsiveness caused by strange ideas and exaltation of fancies.
- 3. Desire for and aggravation from sugar and sweets.
- 4. Numerous anxieties and phobias.
- 5. Loud belching, flatulence; gastrointestinal tract physical centre of ailments.

## **Aristolochia clematitis**

[Aristo = better; locheia = delivery]

## Region

FEMALE ORGANS. URINARY ORGANS; kidneys. Venous system. Skin.

#### Modalities

Worse: Before and especially after menses. Bending forward. Cold food. Light. Reading. Suppressed secretions.

Better: Cool air; open air. Motion. Menstrual flow. Humid compresses, cold.

- M Women's remedy. "The medicine strikes us as a hybrid of Sepia, Pulsatilla and Arnica, if it is permitted at all to express something new, different and unknown in terms of something already familiar. The physical symptoms bear a striking resemblance to Pulsatilla. The mentals and personality type seem nearer to Sepia. Among my own patients ... the striking observation was the prevalence of extremes of moods ... either a marked depression or a rather forced or unreasonable exhilaration and cheerfulness, even in alternation ... also, extreme states of extroversion or introversion in the same person ... They are not easily comforted like Pulsatilla but rather inconsolable and cross when in the depression, yet not actively aggravated by consolation like Sepia ... The modalities show a close similarity to the pattern of Pulsatilla. In routine office work first consideration is to be given to Aristolochia before any other remedy [unless definitely indicated] in any case of suppressed or deficient menses [such as is usually associated with Pulsatilla] as well as in the average case of cystitis. As a vulnerary, it appears to be superior to Calendula" [Whitmont].
- M Mentally depressed condition; sensation of loneliness, or fear of the future; refuses society; amel. open air, amel. by menstruation.
- G Morning 2-4 a.m. agg.; cold agg.; food, milk amel.; sauerkraut agg.; heat amel.; obesity. NEVER WELL SINCE THE PILL.
- G MENSES absent, short lasting, late. Black blood with clots. Psychosomatic condition agg. before and after menses, clearly amel. during menses. Uterine troubles after a laryngitis. Pain and feeling of hardness in breasts. Heaviness in legs before menses [amel. menses]. Fingers and legs swollen before menses. Varices swollen and distended before menses.
- G FEMALE ORGANS: Brown discharge, watery. Eczema of vulva. Voluptuous itching [amel. leucorrhoea]. Premenstrual aggravation. Better during menses. Aggravation after.
- P Headache, diffused, morning on rising; amel. open air; agg. bending forward; amel. cold compresses; amel. beginning coryza; menses, after.
- P Eyes: Lachrymation agg. bright light, agg. reading. Burning pain agg. bright light, agg. reading.
- P Corners of mouth cracked.
- P Morning coryza, amel. getting up and in open air.

- P Diarrhoea from drinking milk.
- P Renal and vesical pains with frequent micturition.
- P Hoarseness and tonsillitis.

#### **INDICATIONS:**

- ? Urinary tract [irritation, inflammation, cystitis, pyelitis, polyuria].
- ? Female genitalia [ovaries, amenorrhoea, oligomenorrhoea, hypomenorrhoea, menopausal arthritis, sterility, pregnancy].
- ? Male genitalia [prostatitis and epididymitis]. Similar to Puls.
- ? Gastrointestinal tract [colitis, diarrhoea with tenesmus and feeling of feeling unfinished]; similar to Merc.
- ? Vulnerary [infected wounds, blisters from mechanical causes rowing, riding, etc.].
- ? Skin [chronic and acute eczemas, dermatitis, infections and ulcerations].
- ? Veins [varicose veins, phlebitis].
- ? Nose and sinuses.
- ? Pain in joints amel. motion.
- ? Psychosomatic troubles with a tendency to depression, especially of women at menopause [Sep.].
- ? Premenstrual sleeplessness and restlessness and congestion of the lower abdomen.
- ? Enuresis, especially of old women.
- ? Acrocyanosis of young girls.

Sources: Julian: Dictionary of Homoeopathic Materia Medica; James Stephenson: A Materia Medica and Repertory.

## Arnica montana

## Region

BLOOD. BLOOD VESSELS. Nerves. Muscles. Digestive organs. \* Right side. Left side.

#### **Modalities**

Worse: INJURIES [BRUISES; shock; jarring; labor; over-exertion; sprains]. TOUCH. After sleep. Motion. Old age. Alcohol. Rest, lying long on one side. Damp, cold. Blowing nose.

Better: Lying [with head low; outstretched]. Open air, cold bathing. Uncovering. Changing position. Sitting erect.

- M STARTING FROM SLEEP, caused by frightful dreams, after an accident or injury; awakes in terror; horror of instant death. "Patients who are fearful but fear remains at night after an accident [Fear persists day and night: Op.]" [Mathur].
- M Patients who worry and exaggerate trivial symptoms.
- M Ailments from injuries, physical [especially soft parts] or mental [traumatism or grief; remorse; sudden financial loss; fright, anger]. Due to mental or physical SHOCK.
- M Whole body OVERSENSITIVE; wants to be left alone; says there is nothing the matter with him, sends the doctor away.
- M Nightmares after an accident.
- M Fear of TOUCH.
- G agg. NIGHT.
- G agg. Becoming heated [2]; amel. cold bathing [2].
- G Bad effects of mechanical injury, even of remote origin.
- G SORE, BRUISED SENSATION all over body, or of affected part. Sensation as if bed is too hard. Has to change position frequently.
- G Extreme sensitiveness of body; AVERSION TO and FEAR OF TOUCH.
- G OFFENSIVE discharges [breath, taste, eructations, vomit, flatus, stool, sweat], smell of spoiled eggs.
- G Pain as if beaten.
- G HAEMORRHAGIC TENDENCY; bruises easily. "Persons who remain long impressed by even slightest mechanical injuries" [Mathur].
- G Mental symptoms alternate with uterine symptoms [Mathur].
- P Constant dribbling of urine after labor; or retention of urine.
- P Congestion to head, and heat; nose and body cold.
- P Violent cough with bloody expectoration [after mechanical injury]; sore feeling in chest.
- P Hoarseness or cough from overexertion of larynx [singers, clergymen, military men].
- P Pain in muscles [sore, bruised and agg. touch] after overexertion [e.g. long walk].
- P Typhoid fevers and stupor, soreness, involuntary stool and urination, offensive stool.
- P Very painful acne and small boils.

- P High fever with red, hot head, cold body, small petechiae and aversion to touch. [Bell. has smooth, red skin].
- P Left-sided paralysis and full, strong pulse, sighing, muttering and stertorous breathing; and unconsciousness.
- P "Prevents post-partum haemorrhage and puerperal complications if given just after delivery" [Mathur].
- P Meningitis/epilepsy from traumatic injuries.
- P Gout or rheumatism and great fear of being touched.

## Repertory

Mind

Anger, answer, when obliged to [2]. Answers, stupor returns quickly after [2]. Delirium, well, declares she is [2]. Fear, approaching him, of others [3], lest he be touched [3/1], death of, night [2], death of, sudden, of [2], touch, of [2]. Obstinate, declares there is nothing the matter with him [3].

Vertigo

Concussion, of brain, from [2].

Head

Jerking of the head, sleep, during [2/1]. Sensitiveness of brain, brushing hair, from [3]. Pain, morning, waking, on, until 10 a.m. [2/1], alternating with prolapsus ani [2/1], sleep, roused, on being, from [2]. Pain, burning, body cold [3/1].

Eye

Ecchymosis, coughing, from [2]. Staring, waking, on [2].

Vision

Diplopia, looking downward, on [2]. Loss of vision, injury to eye, after [2/1].

Hearing

Impaired, concussions, from [3].

Nose

Epistaxis, cough, with, whooping cough [3], exertion, from [3], washing face, from [3].

Face

Heat, cold limbs [2].

Mouth

Bleeding, gums, extraction of teeth, profuse, after [3].

Stomach

Eructations, eggs, spoiled, like, morning, on rising [3]. Pain, extending over abdomen [3].

Rectum

Diarrhoea, injuries, after [2/1]. Flatus, offensive, spoiled eggs [3].

Bladder

Calculi, after operation for [2]. Retention of urine, exertion, after [3]. Urination, dribbling, involuntary, labor, after [2/1]; involuntary, running, while [2].

Kidneys

Suppression of urine, concussion of spinal column, from [2].

Female genitalia

Pain, uterus, nurses, while child [2]. Prolapsus, uterus, walks bent [2].

## Respiration

Asthmatic, heart, from fatty degeneration of [3/1].

Extremities

Coldness, hands, heat, internal [2/1]; hot face, with [3]; hot head, with [3].

Sleep

Dreams, buried alive, being [2], dogs [2]; dogs, black [2/1], graves [2], lightning [2]; repeating [2]; storms, thunder [2]. Falling asleep, answering, when [3].

Generalities

Eruptions, boils, small [3]. Injuries, extravasation, with [3], soft parts [3]. Numbness, bruised parts [2/1]. Pain, sore, parts lain on [3].

## Food

Aversion: Food [2]; meat [2]; milk [2]; smoking [2]; soup [2]; brandy [1]; cold drinks [1]; drinking [1]; tobacco [1].

Desire: Sour [2]; whisky [2]; alcohol [1]; beer [1]; cold drinks [1]; pickles [1]; vinegar [1].

Worse: Eating [1]; wine [1].

#### Nucleus

- 1. Sore, bruised feeling. Mechanical injuries.
- 2. Fear of touch and being approached.
- 3. Offensive, putrid discharges.
- 4. Head hot, body cold.
- 5. Starting from sleep [after accident, fright, etc.]. agg. Night.

## Arsenicum album

Arsenic Trioxide

## Region

MUCOUS MEMBRANES. MIND. RESPIRATION. Lungs; right, apex. Blood. Heart. Nerves. SPLEEN. Lymphatics. Muscles. SKIN. Serous cavities. Organs. \* RIGHT SIDE. Left side.

#### Modalities

Worse: COLD [ICE CREAM; COLD DRINKS; COLD FOOD; cold air]. PERIODICALLY [MIDNIGHT, after; AFTER 2 a.m.; 14 days; yearly].

VEGETABLES. DRINKING. TIPPLING. Infections. Bad meat. Eruptions [undeveloped; suppressed]. Quinine. Lying on part. Tobacco. EXERTION. Better: WARMTH [WARM, dry APPLICATIONS; WARM FOOD; warm drinks; warm wraps]. Motion. Walking about. ELEVATING HEAD. Sitting erect. Company. Cold applications and cold air [only amel. headache].

- M Insecurity. Afraid to be alone, constant desire for company.
- M Many FEARS: disease, cancer, robbers, poverty, death, being alone. PREOCCUPIED with DEATH.
- M FASTIDIOUS; censorious. IMMACULATE OUTER APPEARANCE. OBSESSED with ORDER AND TIDINESS.
- M MISERLY [avarice, can be generous, but expects something in return]. CAREFUL [afraid to take any risks]. Collects all kinds of material objects [valuable and old, antiques], likes comfort and money [security]. Possessive. Economical. SELFISH.
- M TREMENDOUS RESTLESSNESS.
- M ANGUISH [fear of death], agg. alone.
- M "Doesn't wish to be spoken to, but neither that one should leave the room" [Charette].
- M Anxiety when something is expected of him [2/1]. ANXIETY ABOUT HEALTH [clinging to a doctor, claiming reassurance [Nit-ac.], exaggerating symptoms to assure attention]. DEPENDENCY ON OTHER PEOPLE.
- G BURNING PAINS [like fire, sparks, hot needles or wires], amel. WARMTH or warm applications.
- G SUDDEN weakness. Weakness from slight exertion [3].
- G agg. PHYSICAL exertion. agg. Walking fast [3].
- G ACRID, thin discharges [small quantities].
- G PUTRID cadaveric odours [of discharges].
- G Destructive, malignant processes.
- G agg. NIGHT [after midnight; 1 3 a.m.].
- G amel. HEAT, except headache [amel. cold air].
- G Burning, UNQUENCHABLE THIRST; desire for cold water, but stomach agg. cold water.

- G Drinks often and little at a time [small sips to moisten lips and mouth].
- G External coldness and internal burning.
- G Gangrenous diseases [or tendency to ulceration], burning like fire, but amel. warmth.
- G Ailments and [sudden] prostration, fear and restlessness.
- P Acute gastroenteritis, and simultaneous vomiting and diarrhoea; burning thirst, burning pains and prostration.
- P Stomach-ache in patients with skin diseases.
- P Asthma; agg. after midnight; agg. odours; frothy expectoration, like whipped white of egg; fear and restlessness; burning pain in lungs; associated with suppressed eruptions.
- P Coryza, hay fever; watery, excoriating discharge; upper lip excoriated and burning.
- P Eruptions, dry skin with marked exfoliation [small, white scales], agg. cold.
- P Eczema, agg. winter, amel. summer [Petroleum, Psorinum].
- P Headache, megrim, specially above left eye, burning pain; KEYNOTE: must keep body warm but head cold.
- P Urticaria after eating fish.
- P Vomiting and diarrhoea, and fear and restlessness, after eating ice cream.
- P Headache [amel. cold] alternating with rheumatic complaints [amel. warmth].

## Repertory

Mind

Anguish, driving from place to place [3], palpitation, with [3]. Anxiety, midnight, after, 3 a.m. [3], bed, driving out of [3], expected of him, when anything is [2/1]. Carried, desires to be, fast [3]. Delusions, looking at her, that everyone is [3], watched, that she is being [3]. Desires, more than she needs [2]. Fear, alone, of being, die, lest he [3], death, of, alone, when [3], disabled, of being [3]. Laughing, never [3]. Restlessness, bed, wants to go from one bed to another [3].

Eye

Excoriation, canthi [3]. Photophobia, snow, from [3].

Nose

Catarrh, cold weather [2/1]. Coryza, chilled, from becoming, while overheated [3]. Dyspnoea, in nose [2]. Obstruction, sensation of, watery discharge, with [3], root, at [3]. Pain, burning, coryza, during [3], rawness, coryza, during [3].

Face

Pain, burning, needles, like [3].

Mouth

Aphthae, bluish [3/1].

Stomach

Anxiety, night, rising upwards [3/1]. Lump, sensation of, cold drinks, after [2]. Pain, ice cream after [3], heat amel. [3], yawning agg. [3]; burning, warm drinks amel. [2/1]. Vomiting, ice cream, after [3].

Rectum

Diarrhoea, anxiety, after [2], game, high after [3], ice cream, after [3], seashore, while at [2]. Pain, burning, heat amel. [2/1].

Bladder

Urination, involuntary, labor, after [3].

Female genitalia

Pain, ovaries, moving feet amel. [2/1].

Respiration

Asthmatic, midnight, after, 2 a.m. [3], change of weather [2]. Difficult, dust from [3].

Extremities

Restlessness, leg, sleep, before [3].

Sleep

Dreams, exertion, physical [3]. Sleepiness, mental exertion [3]. Sleeplessness, exertion, after physical [3].

Perspiration

Anxiety, night [3].

Generalities

Collapse, sudden [3]. Varicose veins, burning, night [3/1].

#### Food

Aversion: Food [3]; cold drinks [2]; farinaceous food [1]; fats and rich foods [2]; food, smell of [2]; meat [2]; sausages [2]; sweets [2]; alcoholic stimulants [1]; butter [1]; cereals [1]; flour [1]; fruit [1]; gruel [1]; meat, boiled [1]; pudding [1]; soup [1].

Desire: Cold drinks [3]; olives, olive oil [3]; warm drinks, during chill [3]; warm food [3]; bread [2]; bread, rye [2]; coffee [2]; fruit, acid [2]; meat [2]; milk [2]; refreshing things [2]; wine [2]; bacon [1]; brandy [1]; beer [1]; fat food [1]; fat + sweet ]1]; fruit [1]; hot food [1]; ice [1]; lard [1]; lemons [1]; mustard [1]; pickles [1]; pungent things [1]; sausages [1]; sour [1]; sweets [1]; vegetables [1].

Worse: Cold food [3]; fruit [3]; meat, bad [3]; sausages, spoiled [3]; wine [3]; brandy [2]; butter [2]; cheese, old [2]; cold drinks [2]; fat [2]; food, smell of [2]; frozen food [2]; ice cream [2]; milk [2]; sour [2]; vinegar [2]; beans and peas [1]; beer [1]; cabbage [1]; coffee [1]; fish, spoiled [1]; flatulent food [1]; hot food [1]; meat, fresh [1]; meat, odour of cooking [1]; pastry [1]; pepper [1]; pork [1]; raw food [1]; salads [1]; salt [1]; sauerkraut [1]; sweets [1]; vegetables [1]; water [1];

Better: Hot food [3]; warm drinks [3]; coffee [2]; cold drinks, during heat [2]; milk [2]; water [1]; wine [1].

#### Nucleus

- 1. Cold and chilly person, with a strong craving for heat.
- 2. Fear [of death] and inner and outer restlessness.
- 3. Acrid, excoriating discharges.
- 4. Burning pains amel. heat.
- 5. Strong desire for company [out of fear; Phos. out of sympathy for other people]. 6. agg. Night.

## Arsenicum iodatum

#### Iodide of Arsenic

## Region

MUCOUS MEMBRANES [NOSE; digestive tract; lungs]. Heart. Glands. Skin. Nerves. LEFT SIDE.

#### Modalities

Worse: Dry, cold weather. Windy weather. Exertion, physical. In room. Apples. Cold bath. Lying on painful side. Warmth, warm room, warm wraps. Walking fast, ascending; during menses. Wet weather. When hungry.

Better: Open air. Eating. Rest. Uncovering.

## Leading symptoms

- M "Mostly used in HYPERACTIVE CHILDREN never still; tear up things" [Morrison].
- G agg. HEAT AND COLD.
- G Typical Arsenic picture but HOT and VERY RESTLESS [may be cold].
- G Tubercular diathesis.
- G BURNING.
- G Profuse, acrid discharges [coryza, leucorrhoea, diarrhoea, otorrhoea], thin in acute and thick in chronic affections.
- P Hot, green, acrid discharge from nose alternating with or preceded by thin, watery, excoriating discharge; reddens upper lip. Hay fever.
- P Coryza and dyspnoea. Influenza and catarrhal symptoms of eyes, ears, nose and throat.
- P "Deafness due to hypertrophied condition of Eustachian tubes" [Mathur].
- P Heart diseases [due to chronic lung diseases] and chronic cough, dyspnoea, degenerative changes and loss of strength [Clarke].
- P Psoriasis large scales leaving exudative surface.

### Repertory

Mind

Anxiety, bed, heat of [2/1]. Kill, desire to, sudden impulse to [2]. Restlessness, warm bed agg. [2]. Sensitive, sensual impressions, to [1].

Head

Pain, fasting, from [1], wind, from exposure to, cold, riding in [2].

Ear

Discharges, excoriating [2]. Pain, wind, in cold [1].

Nose

Coryza, annual, asthmatic breathing [2], discharge, with, in open air amel. [1],

Discharge, yellow, honey, like [3/1]. Obstruction, warm room [2].

Mouth

Dryness, night, waking, on [1].

Stomach

Appetite, ravenous, marasmus, with [1].

Rectum

Diarrhoea, morning, rising, after, and moving about [1]. Urging, motion, on [1].

Respiration

Asthmatic, night, 11 p.m. to 2 a.m. [2/1]. Difficult, air, in open amel. [1], palpitation, during [1].

Chest

Pain, heart, extending to back [2].

Skin

Eruptions, itching, undressing, when [2]; psoriasis, syphilitic [3]; scaly, icthyosis [2]. Rough [2].

Generalities

Wind, warm, south [2; Ip.].

#### Food

Aversion: Food [1]. Desire: Alcohol [2].

## Nucleus

- 1. Burning.
- 2. Acrid discharges: watery and thin when acute, thick, green or yellow like honey when chronic. Hay fever.
- 3. Hyperactive children who never sit still; destructive.
- 4. A warm Arsenicum album. Aggravation from both heat and cold.
- 5. Tubercular diathesis.

# **Arum triphyllum**

Jack-in-the-pulpit

## Region

Mucous membranes [mouth; THROAT; larynx]. Kidneys. Brain. Blood. Skin.

#### Modalities

Worse: Overuse of voice [TALKING; singing]. Cold, wet winds. Heat. LEFT SIDE.

## Leading symptoms

- M Child excessively cross and stubborn.
- G BURNING internally and externally.
- G PAINFULLY SORE, RAW and BURNING PARTS, especially nose, upper lip, corners of mouth; and CONSTANT PICKING or boring until it BLEEDS.
- G ACRID discharges; agg. LEFT. Redness around mouth, lower face.
- G "Typhoid fever and other ailments and constant picking of lips and nose until it bleeds." Child refuses food and drinks on account of soreness of mouth and throat; is sleepless.
- P Complete loss of voice after exposure to cold wind, or VOICE CHANGEABLE [low, high, failing, hoarse, squeaky, breaking, all in alternation].
- P Impetigo contagiosa.
- P Clergyman's sore throat [= laryngitis]; agg. talking or continuous speaking; voice hoarse, uncontrollable, changing. Of speakers, actors, singers. "Chronic cases of hoarseness."
- P "Eczema of scalp in children suffering from catarrhal affections of eyes, nose and throat" [Mathur].
- P "Mostly for acute colds and hay fevers" [Morrison].
- P Itching fingers and toes; bites nails until fingers bleed.
- P "Nose feels blocked up in spite of the watery discharge." Sneezing agg. night. "Can hardly talk from mucus in nares."
- P HEAT of FACE and HEAD during CORYZA [agg. LEFT].

## Repertory

Mind

Bites, fingers [2], himself [1], nails [2]. Delirium, picking at nose or lips, with [2/1]. Gestures, picks at bedclothes [1]. Obstinate, children [1].

Head

Heat, coryza, during [3]. Pain, heated, from becoming, by a fire or stove [2], hot drinks agg. [2], warm food agg. [2].

Nose

Boring in, with fingers [3]. Coryza, left [3], violent attacks [3]. Discharge, copious, with stuffing of head [2], morning [2/1]; crusts, high up [1]; thick, daytime [2/1]; yellow, daytime [2/1]. Obstruction, left [2], sensation of, with watery discharge [1]. Pain, in,

rawness [3], rawness, nostrils [2]; sore, inside, left [3]. Sneezing, night [2].

Face

Bleeding, lips [3]. Chapped, lips [3]. Cracked, corners of mouth [3]. Discoloration, red, eating, after [1]; red, lips [1]. Heat, coryza, during [3].

Larynx

Inflammation, larynx, speakers, in [3]. Voice, changeable [3], deep [2], hoarseness, overuse of the voice, from [3], singing, from [3], talking, from [3]; lost, wind, after exposure to northwest [2/1].

#### Food

Desire: Cold drinks [1]; cold water [1].

Worse: Coffee [1]; hot food [1].

#### Nucleus

- 1. Affinity with left side [NOSE]. Coryza [left-sided] and heat of head and face.
- 2. Acrid, reddening discharge from nose; parts raw, sore and burning, and constant picking of lips and boring in nose [due to tingling]. Acute colds and hay fevers.
- 3. Aphonia from cold wind, singing, continuous speaking. Or changeable voice.
- 4. Bites nails until fingers bleed.

## Asa foetida

#### Gum of the Stinkasand

## Region

NERVES. Mind. Gullet. Digestive tract. Periosteum [ears; nose; tibia]. \* LEFT SIDE.

#### Modalities

Worse: Night. In room. Rest. After eating. Suppression. Mercury. Noise. Sitting. Warm wraps. TOUCH. Cough.

Better: Motion in open air. Pressure.

## Leading symptoms

M - EXTREME NERVOUSNESS and OVERSENSITIVITY.

M - "Magnifies her symptoms" [Boger]. CRAVES SYMPATHY.

M - HYSTERICAL PATIENTS; faint easily in a closed room from excitement; globus hystericus.

- G BONES + PERIOSTEUM [pains, caries, swelling].
- G PRESSING pains from within outward.
- G TOUCH agg. [3] or amel. [3].
- G Internal sensation of TENSION.
- G PUFFED, venous, fat, flabby patients with a PURPLE face; purple when out in the cold, purple when excited; "they get no sympathy when sick because they look so well".
- G REVERSED PERISTALSIS. "Flatus does not pass downward but always upward." "Everything presses toward throat" [Boger]. "Enormous accumulation of flatulence all pressing upwards" [Mathur].
- G "Hysterical women: disposed to miscarriages, haemorrhages; breasts filled up with milk when not pregnant; deficiency of milk a few days after delivery" [Mathur].
- G Faintness in a closed room [2] on excitement [2].
- G Pain and numbness.
- P Children with digestive troubles [loud rumbling and explosive belching, difficult stool] who are constantly CHEWING, as if ruminating.
- P Extremely offensive diarrhoea and meteorism and regurgitation of food.

## Repertory

Mind

Hysteria, suppression of discharges, after [3; Lach.].

Head

Pain, plug, peg or wedge, as from a, sides [2], temples [2] [clavus hystericus].

Eye

Numbness, around eyes [3/1]. Pain, air, open air amel. [3], pressure amel. [2]. Pulsation, in eyes, night [3].

Nose

Numbness, bones, of [2].

Face

Heat, eating, after [2]. Numbness [2], chin [2].

Throat

Reversed peristaltic action of oesophagus [2/1]. Swallow, constant disposition to, evening [2/1].

Stomach

Emptiness, forenoon, 11 a.m. [2], throbbing, with [2]. Eructations, garlic, like [3]. Pulsation, eating, after [2].

Abdomen

Heaviness, as from a load, drinking, after [2/1]. Peristalsis reversed [2].

Chest

Milk, non-pregnant women [2]. Palpitation, sitting, while [3].

Extremities

Caries, of bone [3]. Coldness, foot, hot face, with [2].

Generalities

Convulsions, suppressed discharges [2]. Pain, scraped, as if, Periosteum [2].

#### Food

Aversion: Food [2]; beer [1]. Desire: Cold drinks [1]; wine [1].

Worse: Fat [2]; beer [1]; butter [1]; pork [1].

#### Nucleus

- 1. Puffy and purple face [as if heated].
- 2. Exaggerating, magnifying symptoms; craves sympathy.
- 3. Globus hystericus. Clavus hystericus. Hypersensitivity [touch].
- 4. Reversed peristalsis; explosive belching.
- 5. Left-sided complaints.

## Asarum europaeum

European Snakeroot

## Region

NERVES. Mucous membranes. Female organs. \* LEFT SIDE.

#### Modalities

Worse: PENETRATING SOUNDS. Dry, cold weather; icy cold or clear fine weather.

Emotions.

Better: Cold bathing; of face; eyes. Damp, wet weather.

## Leading symptoms

- M EXCESSIVE NERVOUS SENSIBILITY; scratching on silk, rattle of paper, etc. is unbearable.
- M Tremendous erethism; NERVES ON EDGE. Overworked women. Mental breakdown from stress [dullness].
- M Aversion to COITION [as strong as in Sep.], kissing and embracing.
- M Wrings hands. Very sensitive to violence. Cold shivers from any emotion, noise [Morrison].
- M Mental DULLNESS and sluggishness and OVEREXCITABILITY of SENSES [hearing, smell, eyes].
- M Lightness, as if floating.
- G CHILLY persons who are worse in cold, dry weather and feel better in damp wet weather [Caust.]; ALWAYS FEEL COLD
- G Unconquerable LONGING for ALCOHOL.
- G Ailments and great faintness and constant yawning.
- G Belongs to the group of very SENSITIVE remedies, together with Caust., Nat-c., Nat-m., Nat-p., Lil-t., Sil., Staph. and Coff. [Vithoulkas].
- G Pain: PRESSING TOGETHER.
- P PAINFULLY SENSITIVE HEARING. Pain in teeth or vertigo from noise.
- P Asthmatic breathing agg. odours or cold.
- P Darting pain in eyes after operations. Eye troubles amel. bathing eyes in COLD water. "When reading, sensation in eyes as if they would be pressed asunder or outward, amel. bathing them in cold water" [Mathur]. Sunshine, light and wind are intolerable.

## Repertory

Mind

Delusions, floating in air, while walking [1/1]. Ideas, deficiency of, vomiting amel. [1/1]. Sensitive, noise, to, slightest [3]; Thoughts, vanishing of, mental exertion, on [2].

Head

Coldness, sides [2]. Headless, sensation of being [1]. Pain, weather, dry cold [2]; pressing, temples, shaking head [2/1].

Eve

Cold amel. [2]. Inflammation, cold amel. [2]. Pain, bathing in cold water amel. [2], light,

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strong [2].
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Vision

Dim, air, fresh open air amel. [2], cold bathing amel. [1], sunlight agg. [1].

Ear

Noises, rumbling, like a distant tornado [2/1].

Hearing

Acute, to noises, scratching on silk and linen [3/1].

Face

Wash in cold water, desire to [2].

Stomach

Anxiety, morning, waking, on [3]; morning, waking, on, drunkards,

in [3/1]. Nausea, pressure on abdomen [1]. Pulsation, gastric and abdominal sufferings, during [2/1].

Abdomen

Fullness, sensation of, hunger, during [1/1].

Rectum

Diarrhoea, damp weather amel. [1], dry weather [1].

Bladder

Urging to urinate, frequent, menses, before [1].

Cough

Grief [1].

Extremities

Coldness, hands, knee, foot, hottest weather, in [2/1]. Pain, upper arm, deltoid region, hand lies on table, while [1/1]; lower limbs, sciatica, cold agg. [1], wet weather amel.

[1/1]. Weakness, upper limbs, hanging down amel. [1/1].

Sleep

Sleeplessness, noise, from slight [2].

Generalities

Bathing the affected part amel. [3], cold amel. [2], face amel. [2].

#### Food

Aversion: Smoking [1].

Desire: Alcohol [3]; beer [1]; milk [1]; nuts [1]; tobacco [1].

Worse: Alcohol [3]; hot food [2].

Better: Cold drinks, during heat [2]; cold water [2]; vinegar [2]; warm food [1].

## Nucleus

- 1. Extreme nervous sensibility; overworked; mental dullness and overexcitability of special senses.
- 2. agg. Penetrating sounds.
- 3. Aversion to coition, kissing, embracing.
- 4. amel. Cold water, cold bathing [eyes, face].
- 5. Chilly persons; hands, knees and feet always cold.

## Aurum metallicum

#### Gold

## Region

MIND. VASCULAR SYSTEM. Nerves. Heart [r.] Bones [NASAL; skull; patellae; joints]. Glands. Liver. Kidneys. \* RIGHT SIDE. Left side.

#### Modalities

Worse: Emotions [depressing; disordered affections]. Mental exertion. Cold. Night [sunset to sunrise]. Ascending stairs. Menstrual period. Right side.

Better: Cool, open air. Cold bathing. Becoming warm. Walking. Warmth [during pains]. Rest.

- M DEPRESSIVE, MELANCHOLIC MOOD [everything is black inside]; suicidal or [whether conscious or subconscious] looking for risks and dangers. SUICIDAL DISPOSITION [better when thinking of suicide feeling of freedom cheerful when thinking of death; planning his suicide in silence]. SUICIDAL from PAINS [out of despair] throwing himself from a height, from a window.
- M OVERSENSITIVE TO CONTRADICTION; resulting in explosive fits of anger and violence.
- M General oversensitivity [odours, taste, noise, touch, music]. Fears the least noise.
- M Ailments from fright, anger, contradiction, vexation, WOUNDED HONOR, LOSS OF PROPERTY, UNUSUAL RESPONSIBILITIES.
- M DUTY-BOUND. ANXIETY OF CONSCIENCE, GUILTY FEELING AND REMORSE [delusion he has neglected his duty]. Praying during profound depression; religious affections.
- M WORKAHOLIC; INDUSTRIOUS; always busy and working, never finished. Strong sense of honor; wants to be the best; AMBITION.
- M DESPAIR [from pain]; VIOLENT [from pain, contradiction or frustration].
- M Lack of self-confidence [thinks he cannot succeed], pessimistic, delusion of failure; self-reproach, self-depreciation and low self-esteem. Oversensitive to the opinion of others. FORSAKEN FEELING.
- M Closed and serious; laughing and having fun is difficult. Reserved and alone; no friends, or just a few superficial acquaintances.
- G agg. NIGHT. amel. EVENING.
- G Desire for OPEN AIR and open air amel., yet COLD air and becoming cold agg. [WINTER agg. [3]].
- G Pains amel. warmth.
- G HYPERAEMIA and congestion of various organs: EBULLITIONS with intense palpitation; SURGING of blood to the head with clearly visible carotids and temporal arteries; flushes easily. Sensation of HEAT in BLOOD VESSELS.
- G Orgasm of blood after emotions [2].
- G TREMBLING from anger [2], fright [2], vexation [2].

- G amel. MOTION; amel. WALKING; amel. WALKING SLOWLY.
- G LIVER affections and HEART symptoms.
- P Hemianopsia; upper half of visual field lost.
- P Foetor ex ore ["like old cheese"].
- P Paroxysmal pain behind sternum at night [like angina pectoris] [characteristic for Aur., according to Charette]. Dyspnoea agg. laughing. Oppression at heart; as if to stop, then gives one hard thump.
- P PAIN IN BONES, especially AT NIGHT. Pain as if bones were broken.
- P Many eye diseases [diplopia, hemianopsia, cataract; mainly caused by congestion of the brain, or of syphilitic origin]; injected blood vessels of eyes [characteristic]; sensitivity and pain around orbits.
- P Cryptorchy, mostly RIGHT-SIDED. Chronic orchitis.
- P Endocarditis after rheumatism.
- P Jaundice during pregnancy.

## Repertory

Mind

Anger, absent persons, at [2], trembling, with [2]. Delusions, friends, has lost the affection of [2], lost, fancies herself [2], neglected his duty, that he has [3], reproach, has neglected duty and deserves [2/1], right, does nothing [2]. Despair, pains, with the [3]. Excitement, religious [2/1]. Hatred, persons of, who had offended [2]. Jumping, impulse to jump, from a height [3]. Loquacity, night [2]. Music, amel. [3]. Weary of life, evening [3].

Vertigo

Rising, on, amel. [2].

Head

Air or wind [2/1]. Congestion, anxiety, with [2]. Pain, confusion, mental, with [2].

EYES: Infected, cornea [3]. Moonlight, amel. eye symptoms [2/1]. Pain, close, must [2]. Vision

Dim, looking long; steadily amel. [2]. Exertion, physical amel. [2/1]. Hemiopia, lower lost [2]; upper lost [3]. Moonlight amel. [2/1].

Ear

Caries, threatened [3].

Hearing

Acute, music to, amel. [3].

Nose

Knobby tip [2/1]. Odors, offensive, blowing nose, on [2].

Face

Bloated, under the eyes [2].

Abdomen

Hernia, inguinal, children, in [3].

Bladder

Urging to urinate, ineffectual, menses during, agg. [2/1].

Respiration

Difficult, motion amel. [2]. Sobbing, in sleep [3].

#### Chest

Anxiety, heart region of, moving about amel. [2]. Fullness, heart, ascending stairs [3]. Oppression, walking in open air, while [2]. Pain, heart, lying agg. [2], wandering from joint to joint and then locates in [2/1].

#### **Extremities**

Bandaged, sensation as if, knee [3]. Blood, rush of to, lower limbs [3]. Coldness, hands, night [2]; foot, soles, evening in bed [2]. Fullness [2]. Paralysis, sensation of, lower limbs [3]. Pain, joints, morning [2]; motion amel. [3].

#### Generalities

Weakness, reading, from [2].

#### Food

Aversion: Meat [2].

Desire: Alcohol [2]; bread [2]; coffee [2]; delicacies [2]; milk [2]; rich food [2]; bread, dry [1]; cold drinks [1]; meat [1].

## Nucleus

- 1. Exaggerated sense of duty [Carc.]. Self-reproach, guilty feeling, anxiety of conscience; delusion of failure and neglecting duty. Suicidal disposition [in silence].
- 2. Strong, sudden fits of anger and violence.
- 3. Florid, robust complexion. Congestions, flushes of heat; red face.
- 4. Oversensitive to external influences.
- 5. Cardiac and vascular complaints. General aggravation at night [after sunset]. Notes

## Baryta carbonica

## Region

NUTRITION. MIND. GLANDS [TONSILS; prostate]. HEART. Nerves. Blood vessels. Lungs.

#### **Modalities**

Worse: Company. Thinking of symptoms. Cold [damp; to feet; to head; changes]. Lying on [painful part; left side]. Odors. After meals. Cold washing. Warm food. Sun [headache]. Near warm stove [headache]. Emotions. PRESSURE.

Better: Warm wraps. When unmindful of his disease. Walking in open air. Alone. Cold food.

- M Children and old age: beginning and end of life. Children: retarded or defective mental or physical development ["dwarfish in body and mind"; LATE IN LEARNING TO WALK, TALK AND READ], enlarged glands, scrophulous ophthalmia, chronic tonsillitis and adenoids. Children do not want to play; hide behind mother or furniture in presence of visitors. Old people often resulting from apoplexy lose their memory, start to act thoughtless and foolish and have the idea of being laughed at, talked about, watched or mocked. Physical and mental functions diminished. SLOW, INEPT and BACKWARD.
- M SLOW comprehension, slow in acting, slow movements. Simplemindedness.
- M BASHFUL TIMIDITY; aversion to and aggravation by presence of STRANGERS.
- M "Jealousy, related to feelings of inefficiency, which become somatized by frequent colds, enuresis, regression in toilet training, or especially nervous biting of the finger nails" [Morrison].
- M "Feeling of security in the house." [Older Bar-c. children always take their mother or someone else they trust with them. They feel UNPROTECTED and want to stay in the home.] HOMESICKNESS.
- M Enormous LACK OF SELF-CONFIDENCE and strong IRRESOLUTION [about trifles, in acts].
- M Mental retardation after acute illnesses, like measles, typhoid, mumps, scarlet fever, etc.
- G Tardiness of development of organs; a single organ fails to mature [e.g. genital organs too small].
- G Great SENSITIVITY TO COLD air and susceptibility to catching cold. Chilly persons. agg. FEET becoming COLD.
- G Sensation of HEAT on WAKING.
- G ORGASM of BLOOD when lying on LEFT side [2/1].
- G ENLARGED GLANDS, especially of external throat.
- G Aversion to fruit.
- G WEAKNESS after EATING.
- G Numbness upper half of body [2/1].
- P Chronic enlarged tonsils with frequent inflammation [from the least cold] and

tendency to suppuration, together with swollen maxillary glands which get inflamed easily. Chronic tonsillitis and hardness of hearing.

- P Sensation of cobweb on face.
- P Offensive FOOT SWEAT [skin of toes excoriated; destruction of shoes].
- P Throat affections after checked foot sweat.

## Repertory

Mind

Anxiety, evening in bed, uneasiness and anxiety, must uncover [2], lying, while, on left side [2]. Biting nails [3]. Carefulness [2]. Childish behavior [3]. Company, aversion to, amel. when alone [2]. Concentration, difficult, in children [2]. Delusions, criticized, that she is [2], laughed at, imagines she is [2/1], watched, that she is being [2]. Dullness, children [3]; old people [3]. Fear, people, of, children [3], railroad travel, of [3], strangers, of [2]. Hide, desire to, child thinks all visitors laugh at it and hides behind furniture [2/1]. Irresolution, acts, in [3], projects, in [3], trifles, about [3]. Play, indisposition to play, in children [2].

Vertigo

Old people, in [2].

Head

Coldness, begins in head [2]. Hair, baldness, young people [2; Sil.]. Pain, cold, becoming, from feet [2], heated, from becoming, by a fire or a stove [2]. Pain, occiput, damp weather [2]. Pain, pressing, vertex, sun, while standing in [2/1].

Vision

Dim, old people [2/1]. Foggy, morning [2], eating, after [2]. Sparks, dark, in [2].

Ear

Eruptions, behind ears, scabby [2]. Noises, lying while, amel. [2], reverberating, blowing nose [2]. Pulsation, night, lying on the ear, when [2]. Stopped, sensation, valve, by a, as if [2].

Nose

Epistaxis, menses, before [2].

Face

Cobwebs, sensation of [2]. Induration, submaxillary gland [3]. Paralysis, one-sided [2]. Perspiration, one side [2]. Swelling, parotid gland, right [3], exanthemata, after [2].

Mouth

Abscess, gums, frequently recurring [2]. Paralysis, tongue, old people [2/1]. Speech, wanting, apoplexy, after [2].

Throat

Food, oesophagus, sensation as if food lodged in [2]. Induration, tonsils [3]. Inflammation, cold, after [2]; tonsils, recurrent [2]. Pain, burning, night [3], swallowing, empty, on [3]; rawness, night [3].

Stomach

Aversion to food, sudden, while eating [2]. Nausea, sudden, while eating [2]. Pain, eructations amel. [2]. Stone, sensation of, eating, after [2], eructations amel. [2]. Abdomen

Distention, children [3]. Falling, from side to side, sensation as if intestines were, on turning in bed [2].

Rectum

Haemorrhoids, flatus, protrude when passing [2], urination, protrude during [3].

**Prostate** 

Enlargement, senile [3].

Male genitalia

Erections, troublesome, morning only [2].

Respiration

Asthmatic, old people [2]. Rattling, old people [2].

Cough

Warm food [2].

Chest

Aneurism, of the large arteries [2]. Catarrh, alternating with diarrhoea, old people [3]. Palpitation, heart, thinking of it [2]. Smoke, as if [2].

Back

Restlessness, lumbar region, passing flatus amel. [2/1]. Tumors, fatty, on neck [3].

Sleep

Interrupted, sensation of heat, by [2/1]. Sleeplessness, old people [2/1]. Waking, heat, from [3].

Perspiration

Strangers, in the presence of [3].

Generalities

Cold, becoming, a part of body, agg. [2]. Emaciation, old people [3]. Heat, sensation of, on waking [3]. Numbness, part lain on [2]. Old age, premature [2]. Pain, splinters, sensation of [2]. Paralysis, extends from above downwards [2], one-sided, apoplexy, after [2].

#### Food

Aversion: Bananas [1]; food, sudden, while eating [1]; fruit [1]; plums [1/1]; sweets [1]. Desire: Sweets [1].

Worse: Alcohol [3]; bread [2]; warm food [2]; cold food [1].

#### Nucleus

- 1. Bashful timidity; retarded development. Shy and irresolute. Hiding. agg. Strangers.
- 2. Enlarged and indurated tonsils; tendency to inflammation of tonsils after each cold.
- 3. Great sensitiveness to cold. agg. Coldness of feet.
- 4. Delusion being laughed at, talked about or watched.
- 5. Defective development of one organ [especially genital organs]; offensive, excoriating foot sweat.
- 6. Arteriosclerosis.

### **Belladonna**

### Deadly Nightshade

### Region

Nerve centers. Blood vessels. Capillaries. Mucous membranes [eyes; mouth; THROAT]. Skin. Organs. \* RIGHT SIDE.

### **Modalities**

Worse: Heat; of sun; when heated. Afternoon [3 p.m.]. DRAFTS: on head; hair cut. After taking cold. CHECKED SWEAT. LIGHT. NOISE. JARRING. Touch. Motion. Hanging down. Company. Cold wind. Uncovering the head. Summer. Lying on painful side. Looking at bright shining objects. After midnight. Bending head forward, stooping. Better: Light covering. Bending backward. Rest in bed. Dark room. Standing or sitting erect. Warm room.

### Leading symptoms

- M Persons who react intensely to occurrences and situations. Who are lively and entertaining when well, but violent and delirious when sick. SOMETIMES AN ANGEL, SOMETIMES A DEVIL.
- M VIOLENT mental symptoms; patient becomes extremely strong and frightening.
- M HALLUCINATIONS, go into delirium and hallucinations very easily, i.e. in fevers.
- M Desire to STRIKE, BITE, KICK, pull hair. From frightening hallucinations, tries to run away or hide. Or sudden, without clear cause.
- M Ailments from excitement, fright and fear, grief, disappointed love, anger and fright.
- G agg. DRAFTS of air. agg. HEAD becoming COLD.
- G agg. Becoming COLD [3], agg. becoming heated [2].
- G amel. LYING on ABDOMEN.
- G Ailments and RUSH OF BLOOD TO HEAD and FACE.
- G HEAT, REDNESS and BURNING. DILATED SHINING PUPILS.
- G ACUTENESS and VIOLENCE; symptoms appear and disappear SUDDENLY.
- G Oversensitivity and overexcitability of special senses. Hence agg. noise, light, jarring, talking, touch, etc. Desire for rest, silence and darkness.
- G DRYNESS of mucous membranes and violent burning, bright redness and swelling.
- G Desire for LEMONS, LEMONADE.
- G Affected parts BURNING HOT TO TOUCH.
- G Complaints go down from head, i.e. after chilling or wetting the head [haircut].
- G Contra-indicated in typhoid, suppuration, slow developing conditions.
- G amel. HAND on part [2].
- G Orgasm of blood after emotions and from nervousness [2].
- P THROBBING right-sided headaches and red face, agg. noise, light, jar, amel. lying in dark room, amel. pressure, bandaging, wrapping up.
- P PULSATING CAROTIDS.

### P - Scarlatina. Erythema solare. Sunstroke.

Repertory

Mind

Anger, face colored red [3]. Biting objects [3]; people [3]. Delirium, wildness [3]. Delusions, animals, of, dogs, sees [3], insects, sees [3]; faces, sees, closing eyes, on [3]. Fear, animals, of [3], dogs, of [3], imaginary things [3]. Impulse, to set on fire [3]. Kicks, sleep, in [3]. Light, desire for [3]. Rage, headache, with [3], strength increased [3].

Vertigo

Turning in bed, on [3].

Head

Bores head in pillow [3]. Heat, diarrhoea, during [3], talking, while, walking quickly or ascending stairs, on [3/1]. Knocks head against things [3]. Pain, descending, on [3], summer [3].

Ear

Pain, face-ache, with [3], extending to neck [3].

Face

Discoloration, red, vertigo, during [2].

Nose

Coryza, cutting the hair, from [2].

Throat

Choking, sleep, on going to [3]. Narrow sensation, swallowing, when [3]. Pain, sore, cold, from [3].

Stomach

Pain, jar or walking agg. [3], jolting in a carriage, from [3], extending to back, between shoulders [3/1].

Abdomen

Pain, aching, comes quickly and goes quickly [3], lying on abdomen amel. [3].

Bladder

Pain, jarring [3/1].

Female genitalia

Menses, bright-red, mingled with dark clots [3]. Pain,

bearing down, uterus, morning [3].

Larynx

Dryness, Larynx, aversion to drink [3/1]. Voice, hoarseness, crying, when [3/1], painful [3].

Chest

Pain, sore, mammae, stairs, going up and down [3].

Sleep

Semi-conscious [3].

Generalities

Afternoon, 3 p.m. [3]. Cold, becoming, head [3]. Wet, getting, head [3].

### Food

Aversion: Coffee [2]; drinks [2]; sour [2]; warm food [2]; water [2]; alcohol [1]; beer [1]; cold water [1]; fats and rich food [1]; food, cooked [1]; food, smell of [1]; liquids [1]; meat [1]; milk [1]; milk, smell of [1/1]; soup [1]; vegetables [1].

Desire: Lemonade [3]; lemons [3]; beer [2]; cold drinks [2]; snuff [2]; bread [1]; bread and butter [1]; champagne [1]; indigestible things [1]; liquid food [1]; sour [1]; tobacco [1]; warm drinks [1].

Worse: Sausages, spoiled [3]; cold drinks [2]; hot food [2]; sour [2]; vinegar [2]; warm food [2]; beer [1]; butter [1]; brandy [1]; coffee [1]; fat [1]; liquor [1]; pork [1]; salt [1]; wine [1].

Better: Hot food [1]; wine [1].

### Nucleus

- 1. Sudden and violent onset. Throbbing and pulsating pains. Visible pulsations. Dilated shining pupils.
- 2. Redness, burning and heat. Ailments and rush of blood to head and face. Hot to touch. Dilated shining pupils.
- 3. Violent mental symptoms: striking, biting, spitting, kicking, pulling hair. Frightening hallucinations. Dilated shining pupils.
- 4. Extreme sensitiveness to touch, jarring, light, noise.
- 5. Angel when well, devil when sick.
- 6. agg. Coldness of head.

## Bellis perennis

Daisy

### Region

Blood vessels. Nerves. Spleen. Joints. \* Left side.

### Modalities

Worse: INJURY. Sprains. TOUCH. Cold baths or drinks. Wet. Becoming chilled when

hot. Warm bed.

Better: Continued motion.

### Leading symptoms

- G Bruised soreness; sometimes amel. motion, amel. rubbing.
- G Deep trauma or septic wounds; especially abdominal, pelvic, etc.
- G Injury when swelling remains after treatment with Arn.
- G Railway spine. Recent and remote effects of blows, falls, accidents, straining of back.
- G Persons who have done hard physical work, travelled much.
- P Fall on coccyx.
- P Inability to walk during pregnancy [from straining abdominal muscles, or internal bruising of uterus by kicking or violent motions of foetus, or mechanical pressure on groins due to heaviness of foetus].
- P Bearing down with labor-like pain after parturition.
- P Indigestion, stomach complaints after sudden chilling of stomach when hot, i.e. eating ice cream on a hot day.
- P Induration of mammae after contusion.
- P Stomach: "Sensation of heaviness, vomiting, regurgitation of acids. Cannot bear the weight of dress on the stomach. Pains amel. eating and pressure. Desire for pickled dishes" [Julian].

### Repertory

Stomach

Pain, lying, while [1].

Male genitalia

Masturbation, disposition to [2].

Female genitalia

Pain, sore, tenderness, uterus, pregnancy [2].

Chest

Cancer, mammae, contusion, from [2; con.]. Induration, mammae, contusion, after [2; Con.]. Nodules, mammae, in [2].

### Food [according to stephenson]

Desire: Meat [1]; onions [1]; ; pickled dishes [1] vinegar [1].

Worse: Apples [vomiting]; cold food or drinks when overheated; fats [pressure in

### epigastrium].

### Nucleus

- Similar to Arn.; sore, bruised feeling amel. motion, amel. rubbing.
   Swelling remains after injury [and Arn.].
- 3. Mechanical uterine complaints during pregnancy.
- 4. Ailments of female organs, especially breasts.
- 5. Ailments from chilling when (over)heated.

# Berberis vulgaris

### Barberry

### Region

Urinary and digestive tract [KIDNEYS; liver; bladder; ureters]. Lumbar region [hips]. Joints. Uterus. Spermatic cords. \* Left side.

### Modalities

Worse: Motion [jarring; stepping hard; rising from sitting]. Fatigue. Urinating.

### Leading symptoms

- G Many rapidly changing or alternating symptoms; shooting outward, as in urethra, toes, etc., around or RADIATING from one point; lower spine, etc.
- G DRY mucous membranes; mouth, vagina, etc.
- G GURGLING.
- G DIRTY-GRAY face, gums, faeces, etc. ["Inner side of the upper lip shows a bluish gray discoloration, together with bluish or red spots in the corners of the mouth." Charette].
- G RADIATING PAINS.
- G Pains last a moment and pass away [twinges of pain].
- G NUMBNESS externally.
- P Various painful sensations in region of KIDNEYS and LOINS: "bubbling", boiling water, burning and painful sensitiveness. Pain agg. least motion, stepping hard, jumping, jarring, etc.; and numbness, stiffness, weakness and sensitiveness to pressure of kidneys and loins.
- P Lumbago with PAIN EXTENDING DOWN THE LEGS and red sediment in urine. Rising from a seat almost impossible, has to support back with hands.
- P Violent urging to urinate and burning pain [during last drops] and WIDELY EXTENDING PAIN to back, hips and legs.
- P Fistula ani alternating with chest symptoms; or chest symptoms after operation for fistula ani.
- P Renal colic [agg. LEFT], extending down ureter to bladder and thence through the urethra and to the thigh, with burning in bladder and urethra. agg. Slightest motion.
- P Colicky pain in liver, or biliary colic, agg. motion and pressure. Gallstones. Followed by jaundice, clay coloured stools.
- P Dysmenorrhoea: pain radiating in every direction and down the thighs; scanty menses.
- P Pain in the balls of the feet on stepping and standing; no pain when putting most of the weight on the heels.
- P Pain in small of back extending over hips to thighs [posterior parts], and stiffness and lameness; problems with rising from sitting.

### Repertory

Mind

Anxiety, rising from a seat, on [2]. Darkness, aversion to [2] [sees ghosts, imaginary forms].

Head

Coldness, temples [2]. Skull-cap, sensation of [2].

Nose

Coryza, chronic, long-continued, left side [2/1].

Mouth

Saliva, cotton, like [2]. Sticky, viscid, morning [2].

Abdomen

Pain, pressing, hypochondria, pressure agg. [2]; stitching, hypochondria, extending to back [2]; stitching, hypochondria, pressure agg. [2]; stitching, liver, breathing, on [2].

Bladder

Pain, moving, on [3/1]. Urging to urinate, frequent, motion,

slightest agg. [2/1].

Kidneys

Bubbling, sensation in region of [2]. Numbness, region of [3]. Pain, jar, from [2], menses, at beginning of [2], motion agg. [2], radiating [2], sitting, while [2], stooping, when [2], extending to calves [2/1], extending to thighs [3].

Urethra

Pain, urinating, when not [2]; burning, discharged, when semen is [2]; burning, menopause, during [2/1].

Male genitalia

Swelling, Spermatic cords, walking agg. [2/1].

Female genitalia

Coition, enjoyment absent [2]. Dryness, vagina [2]. Insensibility, vagina [2]. Pain, vagina, coition, during [2]. Vaginismus [2].

Respiration

Difficult, raising arms [3].

Back

Numbness, lumbar region [3]. Pain, rising, long sitting, almost impossible, after [2], rising, stooping [2]; lumbar region, extending to abdomen [2], extending to abdomen, around abdomen [3/1], extending down the legs [2], extending to pelvis, posterior portion and thighs [3/1]; crushed, as though, lumbar region [3]; sore, menses, before, worse at night [2/1]. Stiffness, stooping [2]. Tension, sacrum, lying [2/1], sitting [2/1].

Extremities

Lameness, knee, rising from a seat, after [2/1]. Stiffness, lower limbs, walking in open air [3].

### Food

Aversion: Drinking [1].

### Nucleus

- 1. Radiating pains.
- 2. Pain, stiffness and lameness of small of back, rising from sitting almost impossible; must assist with hands.
- 3. Gurgling, bubbling, boiling sensations.

- 4. Dryness of mucous membranes. Viscid saliva.5. Sensitiveness of region of kidneys.Notes

# Borax veneta

### Borate of sodium

### Region

Occiput. NUTRITION [NERVES; MUCOUS MEMBRANES]. MOUTH. Skin. Kidneys. Bladder. \* RIGHT SIDE.

### Modalities

Worse: DOWNWARD MOTION. Sudden noises. Cold; wet. Nurslings. Children. Fruit. Smoking. Before urinating. Salty or sour food. Touch.

Better: 11 p.m. Pressure. Holding painful side with hand.

### Leading symptoms

M - FEAR of and AGGRAVATION from DOWNWARD MOTION [aeroplane, escalator, stairs].

M - STARTING from SLIGHT NOISES ["unusual sharp sounds, a cough, sneeze, a cry, lighting a match, etc." - Mathur]; starting from sleep, crying, terrified, clinging, without cause, or SHRIEKING IN SLEEP. Clinging as if frightened.

- M Nervous, anxious, fidgety.
- G Desire for open air [2], but cold air agg. [2].
- G agg. AFTER menses.
- G agg. During sleep [3].
- G agg. RIDING on the cars [3].
- G APHTHOUS, catarrhal tendency. Mucous stools.
- G Clear, thick, hot, biting discharges.
- G Infants with pale face refuse to eat or have little appetite and little gain in weight; after birth-trauma.
- G Young women with shining red nose.
- G Slightest injury suppurates; DRY SKIN, festers easily, won't heal.
- G amel. Seashore [2].
- G agg. Lying on right side [2].
- P Vertigo on descending stairs.
- P Pain in the OPPOSITE BREAST during nursing.
- P Allergic to smoking which may bring on diarrhoea [Mathur].
- P Hair tangles easily; cannot be combed smooth.
- P Stoppage of nose, first right then left, with constant blowing of nose.
- P Aphthous stomatitis: white patches with red areola [prevents child from nursing]; during dentition [and excessive salivation]; hot mouth, hot urine making the child cry when urinating.
- P Blepharitis: with margin of lids very sore; agglutination of lids after sleep.
- P Leucorrhoea: profuse, albuminous, starchy, with sensation as if warm water is flowing down; for two weeks before menses, acrid, like the white of an egg.

- P Sore mouth from plate of teeth; agg. after eating salty or sour food.
- P Occasional flow of menses every few days between menses [Bov.].

### Repertory

Mind

Anxiety, children, in [2], motion, from downward [3], riding, while [2], stool, before [2]. Cheerful, stools, after [2], urination, after [2]. Fear, falling, of [2], noise, from sudden [2]. Frightened, easily, sneezing, at [2/1]. Starting, hawking, at [3/1], sneezing, at [3/1].

Vertigo

Descending, on [3].

Head

Fullness, descending, on [3/1], walking in open air amel. [2]. Hair, sticks together, ends at [2/1], tangles easily [2]. Pain, epistaxis, after [2/1].

Vision

Flickering, writing, while [2].

Ear

Noises in, menses, before [2], menses, during [2].

Nose

Dryness, inside, night, prevents sleep [2/1]. Obstruction, right, then left [2]. Pain, lying down agg. [2/1]. Ulcer, tip [2].

Face

Eruptions, vesicles, mouth, around [2].

Mouth

Aphthae, bleeding easily [3], white [2]; tongue, sensitive and bleeding [3/1].

Stomach

Eructations, pressing on, painful parts, when [2/1]. Nausea, mental exertion, from [2]. Pain, lifting, after [2]; stitching, extending to back [3].

Abdomen

Pain, aching, dull pain, Inguinal region, menses, during [2], menses, after [2], yawning, when [2/1].

Rectum

Diarrhoea, noise, from sudden [2].

Bladder

Urination, dysuria, painful, child cries before urine starts [3]; frequent, night, seldom during the day [2].

Female genitalia

Pain, labor pains, extending upward [2].

Respiration

Impeded, obstructed, descending, on [3/1].

Chest

Aphthae of nipples, bleeding [2/1]. Emptiness, sensation of, mammae, after child nurses [2/1]. Milk, bad [2], cheesy [2], child refuses mother's milk [2]. Pain, mammae, empty, soon as [2/1], opposite, in, when child nurses [2/1].

Sleep

Position, side, on, right, impossible [2]. Sleeplessness, midnight, after, from 3 to 5 a.m.

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from heat [3/1].
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Generalities

Air, seashore amel. [2]. Trembling, mental exertion, from [2].

### Food

Aversion: Smoking [2]; meat [1]

Desire: Sour [2]; cold water [1]; meat [1]; milk [1].

Worse: Fruit [2]; cold drinks [1]; hot food [1]; pears [1]; sour [1]; vinegar [1]; warm

food [1].

Better: Cold drinks, during heat [1].

### Nucleus

- 1. agg. Downward motion.
- 2. Starting from slight noises. Waking from sleep, horrified and crying.
- 3. Aphthae; mucous discharges transparent and thick.
- 4. agg. Before stool or micturition; amel. after.
- 5. Ailments of breast-feeding mothers and breast-fed babies.
- 6. agg. Lying on right side.

# Bovista lycoperdon

Puff-Ball

### Region

CIRCULATION [HEART; uterus; kidneys]. SKIN. Nervous system. \* Right side. Left side.

### **Modalities**

Worse: Menses. Full moon. Getting warm. Early morning. On waking. Cold food. Hot weather. Coffee. Wine.

Better: Doubling up. Eating. Hot food.

### Leading symptoms

- M AWKWARDNESS: speech and movements; drops things, stutters, etc.
- G GENERAL PUFFINESS; pitting oedema ["skin indents on pressure"]. Intolerance of clothing around waist.
- G Enlarged feeling; head, heart, etc.
- G Chilly persons, sensitive to cold; chilly during pains.
- G Tough, stringy and tenacious discharges from nose and all mucous membranes [Kalibi.].
- G agg. DURING and AFTER MENSES.
- G agg. After coition.
- G amel. Perspiration [2].
- G PRESSING pains, deep inward.
- P DIARRHOEA BEFORE and during MENSES.
- P Menstrual disorders. Menses early; more at night; less if in motion; flow between menses ["occasional show every few days between periods; with painful bearing down"].
- P Urticaria and diarrhoea, palpitation, rheumatic lameness or menorrhagia; agg. bathing, excitement. Chronic.
- P Intolerable itching at tip of coccyx; "must scratch until raw and sore."
- P Perspiration in axillae smells like GARLIC [or onions].
- P Profuse bleeding after extraction of teeth.
- P ACNE DUE TO COSMETICS.
- P Excessive haemorrhages during climaxis.
- P Colic, must bend double, amel. eating.

### Repertory

### Mind

[Synth. Rep.]: Aversion to everything [2]. Cheerful, company, in [1/1]. Confusion of mind, breakfast, after amel. [1; Mag-c.], standing, while [1], stooping, when [1]. Delusions, enlarged, head is [2], heart, as if too large [1; Lach.], swollen [2]. Dullness, standing agg. [1]. Fear, pins, of [1]. Fight, wants to [1/6]. Indifference, company, while in

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[1/8], company amel. [1/1]. Indiscretion [1]. Irritability, takes everything in bad part
[1/6]. Jesting, aversion to [1]. Loquacity, openhearted [1; Anh.]. Sadness, company amel.
[1/1]. Speech, jerks, by [1/3]. Truth, tells the plain [1].
Head
Itching, scalp, warm, when head becomes [2].
Blueness, of lids, margins [2].
Ear
Itching, in, boring with finger amel. [2].
Nose
Discharge, crusts, scabs, inside, detach, hard to, and leave raw and sore [2]. Epistaxis,
sneezing, when [2]. Pain, rawness, nostrils [3].
Face
Eruptions, crusty, nose, inside and on [3].
Mouth
Bleeding, gums, sucking them [2].
Stomach
Eructations, breakfast, before [2]; empty, breakfast, before [2].
Abdomen
Excoriations, inguinal region [2]. Pain, cramping, eating, after amel. [2].
Rectum
Diarrhoea, menses, before [3].
Female genitalia
Leucorrhoea, lumpy [2], walking agg. [3]. Menses, morning, only [2], night, only [3],
copious, morning [2], exertion brings on the flow [2], scanty, daytime [2].
Respiration
Difficult, manual labour [2].
Chest
Perspiration, axilla, garlic, like [2].
Sleep
Falling asleep, difficult, coition, after [1/1].
Perspiration
Odor, rank [2].
Skin
Discoloration, yellow, jaundice, etc., newborn children [2]. Indented, easily from
pressure [3].
Food
Aversion: Cooked food [1]; tobacco [1].
Desire: Cold drinks [2]; alcohol [1]; bread [1]; bread, only [1]; brandy [1]; milk [1]; wine
Worse: Cold food [2]; coffee [1]; dry food [1]; liquor [1]; wine [1].
Better: Hot food [1].
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### Nucleus

- 1. Awkwardness.
- 2. General puffiness; skin indents on pressure.3. agg. Before and during menses [diarrhoea]. Menstrual disorders; flow agg. night, less or disappearing during the day, by motion.
- 4. Acne after use of cosmetics.
- 5. Perspiration in axillae smelling like garlic.

### **Bromium**

### **Bromine**

### Region

LARYNX. RESPIRATORY TRACT. Heart. Circulation. Glands [parotid; thyroid; ovaries; mammae]. \* Left side.

### Modalities

Worse: WARM [DAMPNESS; overheating; room; heat of sun]. Chilled while hot. Sea bathing. Dust. Drafts. Evening till midnight. After eating, after acids. Tobacco smoke. Cold air. Entering a warm room [= cough].

Better: Nosebleed [amel. vertigo, head, chest]. Seashore. Motion. Shaving. Riding on horseback.

### Leading symptoms

- M Delusions: someone is behind him [1], another person in the room [1], strangers looking over his shoulder [1].
- G WARM-BLOODED persons; complaints after being overheated.
- G amel. SEASHORE.
- G agg. DUST [2].
- G Stony HARDNESS of GLANDS; induration.
- G Weak and easily OVERHEATED, then sweaty and sensitive to drafts. Summer colds.
- G Inhaled air seems smoky, dusty, cold or raw.
- G COLDS start in larynx [bronchi or trachea], GO UPWARD [Merc., Sep.] and downward.
- G Persons who are allergic to DUST; "hay fever from dust, handling old books from the shelf" Mathur]. Dust = irritation of nose and larynx, sneezing, nasal catarrh, hoarseness.
- G LEFT-SIDED affections of throat, larvnx, glands, testicles and ovaries.
- G Blondes with light blue eyes, fair fine hair, red cheeks and pink delicate skin; young persons.
- P Hoarseness and aphonia from being overheated.
- P Spasmodic, dry, croupy cough, agg. evening till midnight, suffocative, sudden, without expectoration [reverse of Ip.], agg. deep inspiration ["as breathing through a sponge"], entering warm room; after being overheated during the day.
- P Dyspnoea and perspiration.
- P Diarrhoea from oysters; headache agg. drinking milk.

### Repertory

Mind

Hysteria, suppression of sexual urges, from [2]. Work, desire for mental [2].

Walking, water, over running [2].

Head

Heaviness, forehead, heat of sun [2]; occiput, heat of sun [2/1]. Pain, sides, milk, after [2/1].

Nose

Coryza, obstinate, with soreness beneath nose and on margin of nose [3].

Face

Swelling, parotid gland, exanthemata, after [3].

Throat

Sulphur vapor in throat, sensation of, on coughing [2].

Rectum

Diarrhoea, acids, after [2], oysters, after [2].

Genitalia female

Flatus from vagina [3]. Hardness, ovaries, left [2].

Larynx

Cold sensation, on breathing [3], shaving amel. [2/1]. Croup, heated, from being [3/1].

Mucus, in the air passages, larynx, overheated, from being [2/1]. Smoke, sensation of,

larynx [2]. Voice, hoarseness, overheated, from being [2].

Respiration

Difficult, dust, as from [2], smoke, as from [2].

Cough

Exertion, violent [2]. Heated, on becoming [2].

#### Food

Aversion: Smoking [2]; cold water [1]; onions [1]; sweets [1]; tobacco [1]; water [1].

Desire: Sour [2]; onions [1]; oysters [1].

Worse: Oysters [2]; cold food [1]; milk [1]; sour [1].

Better: Coffee [1]; wine [1].

#### Nucleus

- 1. Warm-blooded, blonde persons with light skin and hair.
- 2. Complaints after getting overheated [= perspiration and catching cold]. Summer colds.
- 3. Left-sided complaints.
- 4. Induration of glands. Affinity with thyroid gland.
- 5. amel. At seaside. Sensitiveness to and aggravation by dust and smoke.
- 6. Delusion someone is behind her.

# Bryonia alba

Wild Hops

### Region

CIRCULATION. Liver. SEROUS MEMBRANES [HEAD - meninges; CHEST - pleura, pericardium; JOINTS; ABDOMEN]. Motor apparatus [nerves; muscles]. Blood. Lymphatics. Cellular tissue. Synovial membranes. \* RIGHT SIDE. Left side.

### Modalities

Worse: MOTION [RISING - from lying; STOOPING; EXERTION; COUGHING; DEEP BREATHING; jar; sneezing; swallowing; motion of eyes]. HOT [BECOMING; ROOM; weather; summer]. Drinking, while hot. EATING. Vegetables. Acids. Calomel. VEXATION. Touch. Suppressions [eruptions]. Taking cold. Lying on painless side. Ascending. Morning. During sleep. Closing eyes. COLD [becoming; cold dry weather]. Better; PRESSURE [LYING ON PAINFUL PART; bandage, etc.]. COLD AIR. When QUIET. Cloudy, damp days. Drawing knees up. Heat to inflamed part. Dark room. Cold water. Cold food. Eructations.

### Leading symptoms

M - People firmly rooted in the material world, objective and business-like, not hindered by much emotions, sentimental feelings or imaginative power, but nonetheless with a strong desire for security and support, which they try to find in money and property. Typical Bryonia-patients will not be found among artists, poets and philosophers, to which the material basis of life is of minor importance, but among stock-brokers, businessmen, insurance agents etc. They are sober, orderly, methodical, censorious, reliable, economical and dry. For them, the main demands of life are security, stability and safety. When lacking this sure ground, they become irritable, anxious and sad.

- M FEAR OF POVERTY. TALKS CONTINUOUSLY ABOUT HIS BUSINESS. Constant worrying about money.
- M Irritability when disturbed; wants to be let alone.
- G WARM-BLOODED; agg. warmth, summer; amel. cool open air, cold drinks.
- G Ailments from chilling when overheated; when warm weather sets in after cold days; after cold drinks or ice in hot weather.
- G Digestive troubles from beans, peas, cabbage, bread, flatulent food, fruit.
- G agg. MOTION; amel. rest and when quiet. agg. MOTION of AFFECTED part.
- G amel. PRESSURE; lying on PAINFUL side.
- G EXCESSIVE DRYNESS of MUCOUS MEMBRANES [dry, parched, cracked lips; stool hard, large and dry as if burnt; sensation of stone in stomach].
- G THIRST for LARGE QUANTITIES of COLD WATER.
- G STITCHING PAINS, agg. motion, amel. rest.
- G agg. HEAT, except headache and pain in stomach.
- G agg. MORNING ON RISING [vertigo, headache, etc.].
- G amel. PERSPIRATION.

- G amel. WET weather.
- G Slow onset of acute complaints.
- P Bursting, splitting or heavy crushing headache, frontal-occipital, agg. moving eyes, coughing, straining at stool, stepping, stooping, etc. Begins in the morning and gradually becomes worse. Headache due to constipation.
- P Dry, very painful cough, agg. eating or drinking.
- P Has to hold head or chest during coughing.
- P Mastitis, nursing women, breast stony hard, pale red [not fiery red], hot, agg. motion ["must hold breast firmly when going up or down stairs"].
- P Lumbago, cannot turn in bed, must sit up first and after turning lie down again.

### Repertory

Mind

Business, talks of [3]. Delusions, business, fancies is doing [2]. Disturbed, averse to being [2]. Fear, poverty [3], starving, of [2]. Quiet, wants to be [3].

Weeping, coughing, before [3].

Vertigo

Lying, as if, sinking down through or with the bed [3].

Head

Congestion, anger, after [2], stool, during [2]. Fullness, forehead, closing eyes amel.

[2/1]. Hands, holds head with, on coughing [3]. Pain, morning, bed, in, first motion, on [3/1], ceases toward evening [2], contradiction, after [2], menses, suppressed [2]; forehead, closing eyes amel. [2], motion on, eyelids, of [2].

Vision

Colors, before the eyes, blue, haze [2/1], rainbow [2].

Nose

Epistaxis, morning, waking, on [2], rising, after [3]; menses, instead of [2].

Face

Picking lips [3].

Stomach

Desires, indistinct, knows not what [3]; milk, warm [2/1]. Disordered, cold, after a [2], excitement, from [2], sauerkraut, after [2/1]. Nausea, drinking amel. [3]; rising, on, up in bed [3]. Pain, drawing up the limbs amel. [2], heat amel., during [3]. Thirst, large quantities, for, long intervals, at [3/1], often [3].

Rectum

Diarrhoea, morning, rising, after, and moving about [3]; lying amel. [2]; lying, back on the, amel. [2/1]; lying, side, on the, agg. [2]; sitting erect agg. [2/1].

Stool

Odor, cheese, rotten, like [3].

Bladder

Urination, involuntary, exertion, during [2], running, while [2].

Female genitalia

Menses, suppressed, heated, after being [2].

Respiration

Difficult, laughing [2], warm room, in a, on entering from open air [2/1].

### Cough

Bending head backward agg. [2]. Dry, menses, during [2], stomach, as if from [3]. Hands, must hold chest with both, while [3].

Back

Pain, dorsal region, turning head, on [2]; lumbar region, standing erect impossible [2], turning [2], turning in bed almost impossible [3].

Extremities

Pain, influenza, during [3]; perspiration amel. [2].

Sleep

Sleepiness, alone, when [2].

Perspiration

Closing eyes, on [2].

Skin

Eruptions, rash, receding in eruptive fevers [3/1], slow evolution of rash in eruptive fevers [3/1].

Generalities

Change of weather, cold to warm [3]. Faintness, morning, rising, on [3]. Perspiration, amel. [3].

### Food

Aversion: Coffee [2]; fats and rich food [2]; food [2]; meat [2]; milk [2]; beer [1]; cabbage [1]; cold water [1]; smoking [1]; tobacco [1]; warm drinks [1]; water [1]. Desire: Cold drinks [3]; warm drinks [3]; beer [2]; coffee [2]; meat [2]; milk, warm [2]; oysters [2]; sour [2]; strange things [2]; sweets [2]; wine [2]; alcohol [1]; brandy [1]; cabbage [1]; cold food [1]; indigestible things [1]; liquid food [1]; milk [1]; soups, warm [1].

Worse: Beans and peas [3]; bread [3]; cabbage [3]; flatulent food [3]; fried food [3]; fruit [3]; sauerkraut [3]; beer [2]; cheese, old [2]; cold drinks, in hot weather [2]; cold food [2]; hot food [2]; milk [2]; milk, hot [2]; pancakes [2]; rich food [2]; sausages, spoiled [2]; turnips [2]; vegetables [2]; wine [2]; bread, black [1]; coffee [1]; fat [1]; frozen food [1]; heavy food [1]; oil [1]; raw food [1]; salads [1]; water [1].

Better: Cold drinks [3]; warm drinks [2]; cold food [1]; hot food [1]; vinegar [1]; wine [1].

#### Nucleus

- 1. Dryness of mucous membranes. Thirst for large quantities of cold water.
- 2. agg. Motion, agg. morning on rising, amel. rest, amel. pressure.
- 3. Stitching pains.
- 4. Fear of poverty; talks constantly about his business.
- 5. Warm-blooded persons; agg. heat, amel. cold.

### **Bufo rana**

Poison of the Toad

### Region

Heart [blood; circulation]. Kidneys. Sexual organs. Ovaries. Groins. Skin.

### Modalities

Worse: In warm room. Sexual excitement [onanism]. During sleep. Least motion [lumbago]. Injuries.

Better: Bleeding. Cool air. Bathing; feet in hot water.

### Leading symptoms

- M BASIC types, not necessarily retarded, but close; sometimes actually mentally retarded.
- M CHILDISH BEHAVIOR; sometimes depravity, mainly on sexual level; somewhat stupid, besotted expression, thick lips, open mouth, CONSTANT LICKING OF LIPS, LAPPING of or PLAYING with TONGUE.
- M Music intolerable, also shining objects.
- M Stammering, nonsensical speech; ANGRY WHEN NOT UNDERSTOOD
- M "Childish behaviour, foolish behaviour, makes gestures, giggling, indolence, causeless laughing."
- M Presence of strangers agg.; aversion to strangers. "Fears animals and strangers" [Boger].
- M Biting nails; panaritium.
- M Hyperkinetic; autistic [difficult to make contact with].
- G CHILLY.
- G High sex drive, mostly not leading to sexual relationships, but driving to MASTURBATION ["desires solitude to practice masturbation"].
- G Epileptic CONVULSIONS; agg. night, agg. during sleep; followed by severe headache. agg. Menses.
- G Kent: Breakdown at forty, or CHILDREN prematurely old.
- G Boger: Obesity. Depravities and bad inheritance. Low-minded and low disease forms. Bloody oozing; nipples, saliva, etc.
- G Skin problems and neurological disturbances.
- P Lymphangitis after injury [foot]: blood-poisoning; pain extending upward as along a line; red streaks; amel. foot in hot water.
- P Heart seems to float or beat in water or air.
- P Violent pain in mammae agg. night.

### Repertory

Mind

Anger, convulsion, before [2/1]. Shrieking, convulsions, before [2]. Unconsciousness, epilepsy, after [3].

Head

Heat, of, with coldness of body [2].

Eve

Movement, eyeballs, rolling [2], rolling upward [2]. Pupils, dilated, epilepsy, before [2]. Turned, upward [2].

Face

Convulsions, beginning in face [2]. Expression, besotted [2], confused [2], foolish [3], intoxicated [2]. Perspiration, convulsions, during [2; Cocc.].

Mouth

Biting, tongue [3]; in spasms [2]. Froth, convulsions, during [2]. Motion, tongue, lapping [2/1]. Open, wide, before an attack of epilepsy [2/1].

Teeth

Grinding, epilepsy [2].

Male genitalia

Masturbation, disposition to, solitude, seeks [2].

Female genitalia

Pain, ovaries, extending to groin [2]. Pain, uterus, sitting long [2/1]. Tumors, ovaries, cysts [2].

Chest

Cancer, mammae, epithelioma [3]. Nodules, mammae, in [2]. Shocks, heart, region of [2]. Swimming, in water, as if the heart [2].

**Extremities** 

Clenching fingers, thumbs, in epilepsy [2]. Inflammation, lymphatics of arm [3/1]. Stiffness, upper limbs, epilepsy, before [2/1]; lower limbs, epilepsy, before [2/1]. Sleep

Comatose, convulsions, between [2]. Deep, convulsions, after [2],

convulsions, between [2].

Perspiration

Convulsions, during [3].

Generalities

Convulsions, night [1], begin in, the abdomen [2], in the face [2], coition, during [2/1], menses, before [2], menses, suppressed, from [2], onanism, after [2], sexual excitement, from [2], suppuration, during [2]. Sexual excitement agg. [2]. Strength, sensation of [2].

### Food

Aversion: Drinks [1]; food [1].

Desire: Alcohol [1]; brandy [1]; delicacies [1]; pastry [1]; rich food [1]; sweets [1].

### Nucleus

- 1. Basic types; foolish, besotted expression; open mouth. LAPPING of TONGUE.
- 2. Indistinct speech: angry when not understood.
- 3. Masturbation.
- 4. agg. Strangers and animals.
- 5. Epileptic convulsions, and skin problems.

# Cactus grandiflorus

Night-blooming Cereus

### Region

HEART [muscle]. CIRCULATION. Head; right side. Chest. Circular muscles.

#### Modalities

Worse: Lying [on left side; on occiput]. Periodically. Exertion; walking. 10-11 a.m. or 11 p.m. Disappointed love. Sun. Damp. Slight contact. Ascending stairs. After eating. Fasting.

Better: Open air. Pressure on vertex. Sitting. Rest.

### Leading symptoms

- M Dreams of FALLING; wakes up startled and frightened.
- G "Hot here, cold there" [Mathur].
- G CONSTRICTION [heart, chest, neck, body feels tight, bladder, rectum, vagina, uterus; often "brought on by slightest contact"], CONTRACTION and CONGESTION.
- G Constriction as of a BAND [3], belt [2], as if caged in wires [3].
- G agg. Beginning of menses [2].
- G agg. 11 P.M. [2].
- G amel. Continued ON [2].
- G Ailments from HUNGER [2].
- P Violent palpitation of heart, agg. lying on left side, agg. shortly before menses.
- P Swelling of the LEFT hand [Dig. swelling of the RIGHT hand].
- P HEART feels CLUTCHED and RELEASED ALTERNATELY by an IRON hand; or feels if expanding and contracting; seems to turn over.
- P Congestion to head and violent headache, as of a heavy weight on vertex, agg. every step [especially during menopause].
- P Choking sensation [lump], cannot bear a tight collar around neck [Lach.].
- P Bleeding haemorrhoids and constipation and cardiac symptoms.
- P Vertigo from rush of blood to the head.
- P Menses only during day, ceases when lying.
- P Right-sided prosopalgia; constricting pains; returns at the same hour daily.
- P Pulsating pain [congestive] in temples, agg. RIGHT and at night, or heat in head from mental exertion, especially after drinking COFFEE.

### Repertory

Mind

Slowness, always behindhand [2/1]. Weeping, menses, before [2].

Vertigo

Breath, deep agg. [2/1]. Exercising, on [2]. Turning, in bed [2].

Head

Congestion, coffee, from [2]; mental exertion, from [3]; sun, from exposure to [2]. Heat, coldness of, with, extremities [2]. Heaviness, pressure amel. [3]. Pulsating, temples, night

[2]. Pain, evening, 11 p.m. [3]; bending head backward, while [2]; inspiration, during an, deep [2/1]; vertex, noise, from [2], pressure amel. [2].

Nose

Epistaxis, amenorrhoea, with [2].

Face

Discoloration, bluish, heart trouble [2; Apis]; red, vertigo, during [2]. Pain, exertion agg. [2], fasting, from [2/1], light agg. [2], lying, while, amel. [2], music, from [2], wine agg. [2].

Throat

Choking, constricting, clothing agg. [2]. Swallowing, difficult, drink, must, in order to swallow [2].

Female genitalia

Constriction, vagina, coition, during [3/1], touch, from [3/1]. Contractions, uterus, menses, during [3]. Menses, lying, ceases while [2]; pitch-like [2]. Pain, uterus, night, 11 p.m. [2/1]; cramping, uterus, double up, compelling her to [2], extending to stomach [2/1]. Vaginismus, coition, preventing [3; Plat.].

Respiration

Difficult, lying, while, on the back amel. [3], lying, while, on the back, with shoulders elevated amel. [3/1]; mucus in the trachea, from [2]. Rattling, day and night [3/1], lying agg. [3].

Chest

Constriction, talking, preventing [2/1]; heart, grasping sensation [3]. Inflammation, lungs, lie on the back, must [2]. Pain, heart, lying on the back amel. [2; Psor.], menses, before [2], menses, during [2], moving agg. [2]. Palpitation, excitement, after, sudden [2], lying, while, on back [2], sitting, while, up, amel. [2], unrequited affections, from [2; Ign., Nat-m., Ph-ac.].

**Extremities** 

Swelling, hand, left, heart symptoms, with [2/1].

Food

Desire: Meat [2]; wine [2]. Worse; Coffee [2]; wine [1].

### Nucleus

- 1. Constriction, contraction and congestion.
- 2. Sensation as if heart is clutched and released alternately by an iron hand.
- 3. Haemorrhoids or indigestion and heart symptoms.
- 4. Dreams of falling.
- 5. Swelling of the left hand, or tingling and crawling.
- 6. agg. 11 p.m.

### Calcarea arsenicosa

### Arsenite of Lime

### Region

CIRCULATION [HEART; blood; blood vessels]. NERVES. Liver. Spleen. Mind. Kidneys. \* Left side.

### Modalities

Worse: Slightest exertion. During climaxis. While out of doors. Cold weather.

Better: Rest. Open air.

### Leading symptoms

M - Sensation of FLOATING, gliding through the air.

G - CHILLY. agg. COLD AIR.

G - Craving for ALCOHOL; complaints of drunkards after abstaining.

G - Desire for SOUP.

G - Fleshy women when approaching MENOPAUSE complaining of palpitation; desire company.

G - Epilepsy from valvular diseases of heart; fit PRECEDED by RUSH of BLOOD to HEAD; AURA felt in REGION of HEART; flying sensation; palpitation and sweating.

G - EPILEPSY and CIRCULATORY DISTURBANCES; epileptic attack PRECEDED by: rush of blood to head, anxiety in region of heart, heat in left chest and head, pain in the left hand.

G - Combination of Calcarea and Arsenicum elements.

P - PALPITATION of heart from the SLIGHTEST EXERTION.

P - Renal dropsy.

P - Vertigo and violent rush of blood to head.

P - Dyspnoea and weakness of heart.

P - Dyspepsia: distention of stomach, belching with salivation, and palpitation.

### Repertory

Mind

Delirium, dark, in [2]. Unconsciousness, exertion, after [1].

Vertigo

Epilepsy, before [2]. Floating, as if [2].

Head

Air or wind, sensitive to a draft [2]. Congestion, epilepsy, before [1/1]. Pain, periodic, every seven days [1]; Sides, alternating from one to the other [1]; lying, side not lain on [1].

Nose

Coryza, sleeplessness, with [2].

Face

Heat, palpitation, during [2].

Mouth

Taste, garlic, like [1].

Throat

Pain, burning, oesophagus, eructations, from [1].

Abdomen

Enlarged, liver, children, in [1; Nux-m.].

Rectum

Diarrhoea, cold drinks, after [1], potatoes, after, sweet [2/1].

Kidneys

Inflammation, cardiac and hepatic affections, with [2; Aur.].

Male genitalia

Pain, spermatic cords, exertion, after [1]; wine, after [1/1].

Female genitalia

Prolapsus, vagina, pregnancy, during [1].

Larynx

Voice, lost, epilepsy, before [1/1].

Chest

Constriction, heart, epilepsy, before [2], urging to stool, with [1/1].

Palpitation, epilepsy, before [2].

Extremities

Swelling, hand, back of left hand [2]. Pain, upper limbs, left, epilepsy, before [1/1].

Generalities

Convulsions, epileptic, aura from heart [3].

### Food

Aversion: Cold drinks [2]; alcohol [1].

Desire: Alcohol [2]; cold drinks [2]; liquid food [2]; soup [2]; soup, warm [2]; wine [1].

Worse; Cold drinks [1]; cornmeal [1]; turnips [1]; water [1].

#### Nucleus

- 1. Ailments after abstaining from alcohol.
- 2. Floating sensation; as if feet did not touch the ground.
- 3. agg. Menopause; palpitations from the least exertion or excitement.
- 4. Epilepsy and circulatory disturbances.
- 5. Desire for soup; liquid food.

### Calcarea carbonica

Calcarea ostrearum

Carbonate of calcium "seems to be the builder of solid ground in the organism out of the flowing waters."

The main theme is protecting the individual physical and mental structure against external and internal influences leading to disorder.

The remedy is prepared from the middle layers of the inner, snow-white part of the oyster shell. The oyster is symbolic of the remedy picture: inhabiting two realms: the hard shell of the external world and the softer shell of the inner world.

This essential nature of calcium can be expressed as:

- a. Protection [against external influences] PROTECTION
- b. Stability [against influences from the inside] ORGANIZATION.

On the one hand, therefore, there is the unorganized inner world - the weak oyster without structure - and on the other hand the threat of the disorganizing outer world. Calcium's task is to build up a stable balance out of a yet unorganized inner world and, at the same time, to protect against external influences which are too strong, without excluding them altogether.

This is the fundamental base of every human organism and leads, if undisturbed, to independence, self-realization and self-support.

If anything goes wrong the result will be: dependence, withdrawal and loss of social relationships.

Positioned as it is between the inner and outer world, Calcarea offers the individual support and courage.

The importance of this building up manifests itself in the fact that the Calcarea picture is mainly observed in young people, especially in infants, although puberty, adulthood and old age can also be important periods.

At the age of 6 or 7 the individual performs his first independent "task," in shedding his milk teeth and cutting his own teeth. [Hence the problems of Calcarea during DENTITION.]

A second "task" is performed in PUBERTY: the setting out on the road to adulthood. The final task is carried out during OLD AGE, where the individual gradually lets go and withdraws from material life into a more spiritual existence.

"It is one of the most frequently-used remedies. It is a long and deep acting remedy, mainly an anti-psoric, and acts from infancy to old age" [Mathur].

Calcarea carb. shows the difficulties that can occur in this stage fundamental to life:

"Most of the problems stem from their passivity. They may be too open to influences from their surroundings, too easily affected, hypersensitive or too armored and isolated in order to compensate for their lack of ability to meet a challenge by initiative - thus, becoming stubborn and obstinate. Physiologically that same defenselessness and failure of adaptability and of meeting challenges, we find as hypersensitivity to rough weather, coldness, dampness and the lack of stamina and endurance" [Whitmont].

Lack of initiative, easily frightened, lachrymose, looking for support, apprehensive. But when working out favourably:

"Slow, conscientious workers who steadily plod along. They are reliable partners, they are satisfied to build patiently and drag stone upon stone in their work." "HARD workers, want to finish their work, systematic workers."

Work is very important, but NOT competitive, not ambitious. Aversion to being dependent. Fear of losing control [Kali-c.]. Feel too responsible [Aur., Nat-s.]. Hard workers, slow but reliable. Practical and economical.

### Region

NUTRITION [GLANDS - cervical, mesenteric; BONES; SKIN]. BLOOD. CHEST; right lung. HEART. CHILDREN. \* RIGHT SIDE. Left side.

### Modalities

Worse: COLD [RAW AIR; wet; BATHING; cooling off; change of weather]. EXERTION [mental; physical; ascending; eye strain]. DENTITION. Puberty. PRESSURE OF CLOTHES. MILK. Awaking; morning. Anxiety. Before falling asleep. After eating. Lifting weights. Spraining parts. Letting limbs hang down. Dry fruits. Sexual excesses. Stretching the affected part. Suckling the child. Fasting. Full moon. Better: Dry weather. Lying on painful side. Morning; after rising, after breakfast. Emission of flatus. Rubbing. Drawing the limbs up. Lying on the back. Dark room [headache].

### Leading symptoms

- M Many FEARS [57 rubrics in the Synthetic Repertory] and ANXIETIES [46 rubrics in SR]. Children: ANXIETY on closing the eyes, sees objects, which vanish when opening the eyes; nightmares; easily frightened, leading to lack of initiative [loss of will]; fear of dark. Adults: Fear of INSANITY, of being OBSERVED, that other people will observe her confusion, anxiety about HEALTH; easily frightened; cannot bear to see CRUELTY; horrible things affect her profoundly; fear of POVERTY; anxiety about after-life.
- M Adults to whom work is very important; feel over-responsible, carry the burden of the whole world. Fear of losing control. Occupation amel. Slow but reliable.
- M Fear of ANIMALS, dogs; small animals, especially INSECTS and SPIDERS.
- M Desire to be MAGNETIZED.
- G FAT and FLABBY persons [or inclined to grow fat], especially CHILDREN; LATE learning to walk and talk, LATE closure of fontanelles, DIFFICULT and DELAYED DENTITION; problems with learning and calculating. ["40% of children need Calc. during their first years." Ghegas] Child with BIG HEAD, LARGE, HARD ABDOMEN and ENLARGED GLANDS.
- G VERY CHILLY persons; agg. cold, agg. cold damp weather. Great liability to take cold. Frequent colds during the winter. Coryza when the weather changes. Local sensation of coldness; cold feet; cold feeling in inner parts.
- G agg. PHYSICAL EXERTION; aversion to motion [3].
- G amel. LYING on the BACK; agg. lying on the SIDE.
- G agg. BEFORE MENSES.
- G agg. GETTING WET.

- G amel. After BREAKFAST [2].
- G agg. LONG SLEEP [2].
- G MILK [aversion and/or agg.].
- G STRONG DESIRE for SWEETS, salt and soft-boiled EGGS.
- G LOCAL PERSPIRATION, especially head and neck; SOUR and PROFUSE. Perspires easily on slight exertion.
- G General SOURNESS, especially of alimentary system; sour diarrhoea, vomiting of sour matter; sour perspiration, sour odor of body, sour saliva, etc.
- G Local sensation of COLDNESS; coldness in spots; COLD, DAMP FEET.
- G Flabby, sluggish women with menses too early and too profuse.
- G Growth too rapid, or dwarfishness.
- G Ailments from EXERTION; exertion = bellyache, headache, pain in hips, in limbs, palpitation.
- P Tendency to obstinate CONSTIPATION [inactivity of rectum].
- P White, chalk-like stools.

### Repertory

Mind

Ailments, pecuniary loss, from [2], rudeness of others, from [2]. Anxiety after hearing of cruelties [2]. Delusions, insane, that people think her [3/1]. Fancies, exaltation of, closing the eyes in bed [2], frightful [3], sleep, on falling asleep [2]. Fear, confusion, that people would observe her [2/1], everything, constant of [2], infection, of [3]. Kleptomania, steals money [2]. Magnetized, desires to be [3]. Narrating her symptoms agg. [3]. Obstinate, headstrong, children inclined to grow fat [3/1]. Religious affections, wants to read the Bible all day [2]; in children [2]; in puberty [2]. Slowness in motion [2]. Talking of unpleasant subjects agg. [2]. Weeping, remonstrated, when [2].

Head

Coldness, internally [3]. Congestion, mental exertion, from [3]. Eruption, crusta lactea [3]. Perspiration, scalp, during sleep [3].

Eye

Inflammation, recurrent [3], wet, becoming, agg. [2]. Turned, inwards [2].

Nose

Obstruction, chronic [3], pus, with [2].

Teeth

Dentition, slow [3].

Throat

Pain, change of weather [3], damp weather [3].

Stomach

Aversion, to milk, child refuses mother's milk [2]. Desires, sweets, headache, during [3/1]. Nausea, after milk [3].

Abdomen

Distention, children, in [3].

Rectum

Diarrhoea, cold weather, from [2], exertion, bodily, after [2], wet, getting, after [2]. Prolapsus, diarrhoea, during [2].

Stool

Clay-like [3]. Lumps, like chalk [3].

Female genitalia

Leucorrhoea, thick, urination, during [3/1]. Menses, excitement, returns with least [3], exertion brings on flow [2]. Pain, labor pains, running upward [3]. Prolapsus, uterus, lifting, from [3], reaching up, form [2]. Veins, varicose [2].

Respiration

Difficult, walking against the wind [2].

Cough

Loose, daytime, dry at night [2].

Chest

Palpitation, sleep, on going to [2]. Swelling, mammae, menses, before [2].

Back

Injuries, of the spine, lifting, from [3].

**Extremities** 

Cracked skin, hands, winter, in [3]. Cramps, calf, stretching in bed [3], stretching leg [3]. Weakness, lower limbs, child late learning to walk [3].

Sleep

Sleeplessness, cares, from daily [2], exertion, after mental, agg. [2], thoughts, from, same idea always repeated [2]. Waking, difficult, morning [2].

Generalities

Ascending, high agg. [3]. Convulsions, stretching out of limbs, before conv. [2/1]. Orgasm of blood, menses, during [2; Merl.].

### Food

Aversion: Coffee [3]; meat [3]; tobacco [3]; milk [2]; slimy food [2]; smoking [2]; warm food [2]; alcohol [1]; beer [1]; bread [1]; cooked food [1]; fat [1]; fats and rich food [1]; gruel [1].

Desire: Eggs, boiled [3]; chalk [2]; charcoal [2]; clay [2]; coal [2]; cold drinks [2]; eggs [2]; eggs, soft boiled [2]; farinaceous food [2]; flour [2]; ice cream [2]; indigestible things [2]; lemons [2]; milk [2]; oysters [2]; pastry [2]; refreshing things [2]; salt + sweets [2]; salty things [2]; slate pencils [2]; sour [2]; sour + sweets [2]; strange things [2]; sugar [2]; sweets [2]; wine [2]; alcohol [1]; beer [1]; brandy [1]; cheese [1]; chocolate [1]; delicacies [1]; fat [1]; fruit, acid [1]; lemonade [1]; milk, hot [1]; olives [1]; raw potatoes [1]; sour [1]; starch [1]; whisky [1].

Worse: Dry food [3]; milk [3]; beans and peas [2]; salads [2]; sauerkraut [2]; smoked food [2]; veal [2]; wine [2]; brandy [1]; carrots [1]; coffee [1]; cold drinks [1]; cold food [1]; cold water [1]; food which causes flatulence [1]; fruit [1]; heavy food [1]; potatoes [1]; rich food [1]; salt [1]; sweets [1]; warm food [1]; water [1].

Better: Cold drinks [1].

### Nucleus

- 1. Delayed en slow development. Fat and flabby, or tendency to grow fat.
- 2. Many fears and anxieties.
- 3. Extreme chilliness; liability to take cold; coldness in spots.
- 4. Profuse, sour perspiration; perspiration on exertion and during sleep.
- 5. Craving for sweets, soft boiled eggs, salt. Aversion to and aggravation from milk.
- 6. agg. Heights.

### Calcarea fluorica

Fluoride of Lime

### Region

Elastic fibre [veins; glands]. Periosteum. \* Left side.

### Modalities

Worse: Beginning motion. Cold; wet. Drafts. Changing weather. Sprains. Better: Continued motion. Heat; warm applications. Rubbing. Cold compress.

### Leading symptoms

M - FEAR of poverty.

- M "Quickness of comprehension and quick in getting to work, but not purposeful and effective; always getting into trouble; work in the end irregular and chaotic; cannot master his own reactions; tendency to rely on other people, due to instability; wants guidance and support; born acrobat; actor; decides suddenly, doesn't contemplate first; indiscreet, loquacious; intelligent, but making many mistakes due to thoughtlessness."
- G Excessive mobility, physical and mental; lack of coordination; great laxity of ligaments and muscles. "Walks fast and jerky, stops suddenly and jerks along; looks as if he will fall forward first the body moves, then the legs; exaggerated movements, not in proportion with mood; senseless and clumsy movements."
- G Ailments of gymnasts, dancers, ballet-dancers and sportsmen, due to STRAINING and OVERSTRETCHING of ligaments, muscles and joints.
- G CHILLY; may be warm.
- G agg. COLD in general.
- G INDURATIONS; of stony hardness; glands, tonsils, neck; piles, tumors, edge of ulcers, nodes in breasts.
- G Induration of muscles [2].
- G Swellings and hard nodes in ligaments [connective tissue], muscles and tendons.
- G Birthmarks, vascular tumors, varicose veins, varicose ulcers.
- G TARDY development of bones; slow learning to walk.
- P Chronic suppuration of middle ear; thick yellowish green discharge.
- P ADENOIDS and thick yellowish green discharge from nose.
- P LUMBAGO, or pain in small of back, amel. heat and CONTINUED MOTION, agg. BEGINNING MOTION and during rest; after failure of Rhus-t.
- P Swelling of the thyroid; should loosen the collar; sensation of constriction in the region of thyroid and pulsation; Basedow's disease; dysthyroidism, hyper or hypo; digestive troubles and hyperthyroidism [Julian].
- P Deficient ENAMEL of teeth; premature caries.
- P Cataract [according to Charette, one of the best remedies].
- P Diminished hearing due to calcareous deposits on tympanum.
- P Cramps of the calves at night, amel. uncovering and stretching.

Repertory

Mind

Avarice [1]; Delusions, poor, thinks he is [1]. Fear, poverty of [2].

Restlessness, back, during tired aching in [1/1].

EYES: Pain, writing, while [2].

Vision

Blurred, closing eyes amel. [1/1], pressure amel. [1/1], writing, while [1/1]. Dim, writing, while [1].

Ear

Calcareous deposit on tympanum [2; Syph.]. Caries, threatened [2].

Face

Eruptions, herpes, mouth, corners, below [2].

Teeth

Caries, premature in children [2]. Enamel, deficient [2; Sil.].

**Throat** 

Pain, warm drinks amel. [1], burning, night, cold drinks, from [1/1], burning, cold drinks, after [1], warm drinks amel. [1]. Suffocative sensation, cold drinks [1/1], warm drinks amel. [1/1].

Abdomen

Pain, aching, dull pain, liver, bending forward amel. [1], lying, painful side, on [1], lying, painless side, on, amel. [1/1], sitting, while [1/1].

Larynx

Voice, hoarseness, laughing, when [1/1], reading aloud, while [2].

Back

Pain, motion, amel. by gentle [2], warmth, external, amel. [1]; lumbar region, warmth amel. [2].

Sleep

Dreams, death of, relatives [2].

Food [according to julian - dictionary of homeopathic materia medica]

Aversion: Eggs.

Desire: Salt; salty food; sweets.

Worse: Cold drinks [1]; cold food [1]; alcohol [= nausea and headache]; fat food

[= diarrhoea]; sweets. Better: Warm drinks [1].

### **Nucleus**

- 1. Modalities of Rhus-t.: agg. beginning motion, cold and damp; amel. continued motion, heat, warm applications.
- 2. Fear of poverty; avarice.
- 3. Overstraining and overstretching of muscles and joints; born acrobat; "contortionist".
- 4. Deficient enamel of teeth; premature caries. Indurations. Adenoids.
- 5. Quick, but ineffective, irregular and chaotic [reverse of Calc.]

# Calcarea phosphorica

### Phosphate of Lime

### Region

NUTRITION [BONES: SUTURES, PERIOSTEUM, cartilage; GLANDS; nerves]. ABDOMEN. Vertex. Chest.

### Modalities

Worse: Exposure to [weather changes; drafts, cold, wet; melting snow; east wind]. DENTITION. Mental exertion. Loss of fluids. Puberty. Fruits. Cider. Thinking about complaints. Pressure of hat.

Better: Summer. Warm dry atmosphere. Lying. After supper. Passing flatus.

### Leading symptoms

- M DISSATISFACTION; desire for CHANGE, desire to TRAVEL.
- M SIGHING. Sighing and rheumatic affections = Calc-p. [Ghegas].
- M LOSS of MOTIVATION due to diminished energy [after acute diseases, injury, penicillin, growth too rapid, disappointed love, unhappy love, grief].
- M MENTALLY on a lower level [appears to be INDIFFERENCE]. Makes mistakes, due to mental prostration. FEAR of hearing bad news [2/7].
- M amel. Stimulation; brings motivation and interest back temporarily.
- M Irritability agg. coffee.
- M Dullness amel. cold washing [of face].
- G agg. COLD AIR; agg. COLD WET weather; tendency to take cold [3]; aversion to DRAFTS of air [3].
- G agg. SNOW air. agg. Spring [2].
- G agg. BEFORE and at BEGINNING of MENSES.
- G Children growing too rapidly; growing pains; want of energy.
- G Intolerance of MILK, even mother's milk [= vomiting, colic, diarrhoea].
- G Tardy development of bones; slow learning to walk. Slow repair of [broken] bones ["Calc-p. aids formation of callus in fractures"]. "Teeth late in coming or decay soon."
- G Thin and spare subjects instead of fat [Calc.].
- G Craving for SMOKED MEAT, salt, bacon, ham.
- G Ice cream and fruits disagree, may cause diarrhoea.
- G Rheumatic affections agg. draft of air, cold weather, wet weather, melting snow; amel. summer.
- G Convulsions left side of body [2].
- P HEADACHE of SCHOOLGIRLS, STUDENTS [= agg. mental exertion].
- P Pain in NAPE of NECK, or STIFFNESS, from DRAFT.
- P Acne in anaemic girls at puberty.
- P Stool foul, hot, lienteric, sputtering and watery, agg. fruits.
- P Curvature of the spine, especially to the left.

Repertory

Mind

Dullness, children [3]. Fear, bad news, of hearing [2], thunderstorm, of [3]. Prostration of mind, talking, from [2/1]. Wander, desires to [2].

Vertigo

Windy weather [2/1].

Head

Heat, descending to toes [2/1]. Large [2]. Open fontanelles [3]. Pain, occiput, damp weather [2]; pressing, pressure of hat [2].

Ear

Noises in, buzzing, stool, after [2/1].

Nose

Coryza, air, agg. in cold [2].

Face

Heat, cold limbs, with [2].

Mouth

Taste, bitter, menses, at beginning of [2; Caul.].

Teeth

Dentition, slow [3].

Stomach

Aversion, milk, mother's, child refuses [3/1]. Disordered, ice cream [2]. Nausea, coffee, after [2]. Vomiting, ice cream, after [2].

Abdomen

Discharge, from umbilicus, bloody fluid [2]. Numbness [2]. Pain, eating, while [2]; cramping, ice cream, after [2].

Rectum

Diarrhoea, cider, after [2], schoolgirls, in [2].

**Kidneys** 

Pain, blowing nose [2/1], lifting, when [2/1].

Female genitalia

Desire, increased, menses, before [2]. Menses, lactation, during [2]. Pain, uterus, cold damp weather [2/1]; vagina, centres in, from other parts [2/1]. Prolapsus, uterus, stool, during [2], urination, during [2/1].

Chest

Nodules, mammae, in, left [2]. Pain, burning, mammae, pregnancy, during [2/1]; sore, mammae, pregnancy, during [2/1].

Back

Pain, bending backwards agg. [2], cold weather, change to [3]; cervical region, air, a draft of [3], windy weather [2/1]; lumbar region, lifting [2], menses, as if would come on [2]. Stiffness, cervical region, air, draft of [3].

Extremities

Heaviness, pregnancy, during [2/1]. Numbness, lower limbs, sitting, while [2]; Nates, sitting, while [2]. Pain, changes of the weather [2]; joints, cold, after exposure to [3], cold, from taking [2], cold weather, in [3]; shoulders, left to right [2].

Sleep

Deep, morning [3]. Waking, difficult, morning [3].

### Generalities

Weariness, talking, after [2].

### Food

Aversion: Milk, mother's [3]; smoking [1]; sweets [1].

Desire: Bacon [2]; ham [2]; indigestible things [2]; refreshing things [2]; salami [2]; salty things [2]; smoked meat [2]; strange things [2]; coffee [1]; eggs [1]; farinaceous food [1]; fat [1]; fat ham [1]; liver sausage [1]; salt + sweets [1]; smoked things [1]; sweets [1]. Worse: Coffee [2]; cold food [2]; frozen food [2]; fruit [2]; milk [2]; cider [1]; cold drinks [1]; ice cream [1].

### Nucleus

- 1. Dissatisfaction. Desire for change, desire to wander, to travel. Sighing.
- 2. Growth too rapid, or dwarfishness. Weakness and loss of energy.
- 3. Headache from mental exertion.
- 4. Intolerance of milk. Craving for smoked meat, salty food, bacon.
- 5. Problems with bones and teeth. Nape of neck = bottle-neck.

# Calcarea sulphurica

Plaster of Paris

### Region

CONNECTIVE TISSUE, Glands, Mucous membranes, Bones, Skin.

#### Modalities

Worse: Drafts. Touch. Cold, wet. WARMTH [warm room; warm wraps; overheating]. After stimulants. Evening. Night. Walking. During sleep. After dinner. During menses. Rising from sitting.

Better: Open air. Bathing; after washing. Eating. Heat [local]. Uncovering. Morning. Doubling up. After scratching.

### Leading symptoms

- M Fear of birds.
- G TENDENCY TO SUPPURATION. Abscesses, etc.
- G Constant discharge of thick yellow pus. "When the abscess has broken or has been lanced and is discharging, then Calc-s. comes in; the presence of pus

with a vent is the characteristic indication" [Dewey]. "Pus with a vent: boils, abscesses, wounds, fistula, sinus, tonsillitis, otitis media, purulent diarrhoea, suppurations of renal tract, empyema, buboes, carbuncles, gonorrhoea,

pneumonia, glandular swelling, ulcers" [Mathur]. "In all cases of suppuration, when the discharge continues too long" [Mathur].

- G WARM-BLOODED persons; worse from being overheated, from warm wraps, warm room; want to uncover; better in open air.
- G amel. Cold bathing [2]; amel. washing face [2].
- G Susceptibility to BOTH HEAT and COLD. [Kent]
- G agg. Getting WET [2].
- G Flushes of HEAT while EATING [2/4].
- G agg. PHYSICAL EXERTION.
- G Skin won't heal.
- G "Acts deeper than Hep. and acts after this remedy ceases to act; Sil. comes in before this remedy to favour or to prevent the suppuration" [Lippe].
- P "Boils, to abort them or to control suppuration" [Mathur].
- P Vertigo and nausea.
- P Yellow coating at the base of the tongue [Nat-p.].
- P Eczema: the eruption has yellowish scales and there many pimples and points of suppuration [Kali-s.].
- P Cold, foul foot sweat [Boger], but burning of the soles of the feet [Kent].

### Repertory

Mind

Absorbed, buried in thoughts, imagines misfortune [1/1]. Brooding [2]. Confusion of mind, air, open, in amel. [1], mental exertion, from [2]. Delusions, images, phantoms,

sees, night, when trying to sleep [1/1]. Fear, birds, of [1; Ign.]. Jealousy [2]. Lamenting, appreciated, because he is not [1/1].

Head

Congestion, night [2]. Heat, warm room [2]. Washing head agg. [2]. Pain, blows, from [2].

Eye

Redness, canthi [2].

Ear

Caries, threatened [2].

Nose

Coryza, right [2], air, open, amel. [2]. Epistaxis, washing face, from [2]. Eruptions, crusty, nose, margins [2].

External throat

Constriction, Thyroid gland [2].

Stomach

Eructations, stool, after [2]. Pain, cold drinks, after, amel. [2].

Cough

Bathing agg. [2]. Croupy, waking, only after [3/1]. Wet getting [2].

Skin

Cracks, washing, after [2], winter, in [2].

Sleep

Unrefreshing, siesta, after [1/2].

Generalities

Bathing cold amel. [2]; face, amel. [2]. Heat, flushes of, eating, while [2]. Weakness, dream, after a [2/1].

#### Food

Aversion: Meat [3]; milk [2]; coffee [1].

Desire: Cold drinks [2]; sour + salt [2]; sweets [2]; alcohol [1]; fruit [1]; fruit, acid [1]; fruit, green [1]; refreshing things [1]; salt + sweets [1]; sour [1]; tea [1]; vegetables [1]; wine [1]; wine, claret [1];

Worse: Milk [3].

### Nucleus

- 1. Warm-blooded persons; agg. warm room, warm wraps, etc. Susceptible to both heat and cold.
- 2. Tendency to suppuration.
- 3. Constant flow of thick yellow pus. "Pus with a vent."
- 4. Yellow discoloration.
- 5. Craving for sour fruit, green fruit. agg. Milk.

# Calendula officinalis

# Marigold

# Region

SOFT PARTS. Spine. Liver.

#### Modalities

Worse: Damp weather; cloudy weather. During chill. Evening.

Better: Warmth. Walking about or lying perfectly still.

#### Leading symptoms

- G Excessively painful, open, torn, cut, lacerated, ragged or suppurating WOUNDS.
- G -Prevents pus. Defective closure of surgical wounds. Open wounds with threatening infection. Profuse discharge of pus after forceps delivery.
- G Sensitiveness to damp or open air.
- G EXHAUSTION from loss of blood and excessive pain.
- G Great disposition to TAKE COLD, especially in damp weather.
- G "Particularly useful in the dressing of torn or cut wounds, the parts being kept wet constantly with a weak solution. For concomitant symptoms administer Calen. internally" [Lippe].
- G Superficial burns and scalds.
- P ULCERS: irritable; inflamed; sloughing; varicose; painful, as if beaten; excessive secretion of PUS.
- P Haemorrhages, in scalp wounds or after extraction of teeth.
- P Jaundice: curdy stools, bruised pain at the angle of the right scapula; yellowish vision [Lippe].
- P Bed sores.
- P Prevents cicatrices and keloid tissue; stimulates healthy granulation.
- P Heartburn, and gooseflesh all over body.

### Repertory

Mind

Fear, happen, something terrible will [2; Lyss.]

Hearing

Impaired, damp weather agg. [1]

Stomach

Nausea, chest, in [2]

Bladder

Calculi, after operation for [2].

Male genitalia

Injuries [2]

Female genitalia

Condylomata, uterus [2]

**Extremities** 

Chapped, hands [3]. Gangrene, foot [1].

Fever

Drinking cold water, shivering from [1].

Notes

Cannabis indica

Hashish

Region

EMOTIONS. MIND. Nerves. GENITO-URINARY ORGANS.

Modalities

Worse: DARKNESS. Exertion. Coffee. Tobacco. Alcohol. Lying down quietly. During menses [backache]. Lying on right side. Morning. Music.

Better: OPEN AIR [mental symptoms]. Cold water. Rest. Deep breathing [amel. stitches in heart with oppression]. Walking about out of doors [mental symptoms].

Leading symptoms

M - FEAR of DARKNESS; out-of-the-body experiences; great fear of leaving the body, especially in the dark. Delusion surrounded by entities, agg. darkness.

M - FEAR of INSANITY.

M - EXALTED IDEAS and PERCEPTION and MENTAL EXCITEMENT. Quick, wandering thoughts; cannot follow their own thoughts. Illusions of time and space [TIME PASSES TOO SLOWLY].

M - Wonderful and strange hallucinations.

M - Overwhelm homeopath with information and very divergent stories and EXPLANATIONS [EXCESSIVE LOQUACITY, INCOHERENT TALK]. Try to RATIONALIZE and EXPLAIN everything. THEORIZING. FEAR of LOSING SELF-CONTROL.

- M IMMODERATE LAUGHING about TRIFLES.
- M MISTAKES in WRITING due to quickness of thoughts.
- M CONFUSION of MIND; FORGETS what he intends to say, forgets last words and ideas; doesn't recognize well-known streets. "Inability to recall any thought or event on account of other thoughts crowding his mind" [Allen]. Headless sensation, head seems separated from body.
- M CLAIRVOYANCE; prophetic dreams.
- M Sensation of floating, levitation.
- G amel. OPEN AIR.
- G WEAKNESS from WALKING.
- G amel. Loosening clothing [2].
- G Sensation of a BALL internally [2].
- G Increased sexual desire and hysteria during the menstrual period.
- P First stage of gonorrhoea and frequent micturation with burning pain [passed drop by drop, with pain going backward], violent and painful erections.
- P Sensation as if vertex is opening and shutting.
- P Noises sound like a crash or explosion in head.
- P Sensation of swelling in the perineum, or near the anus, as if sitting on a ball [Sep.].
- P Spasmodic CONTRACTION of the SPHINCTER VESICAE on URINATING.

Mind

Anguish, open air amel. [3/1]. Anxiety, open air amel. [3]. Cruelty, inaccurate judge of [2; Stram.], exaggerated, is [2; Glon.]. Delusions, flying, sensation, of [2], music, fancies he hears [3], strange, voice, her own seemed [2/1], time, exaggeration of [3]. [In the Synthetic Repertory, Cann-i. is mentioned in more than 200 delusion-rubrics.] Fear, dark [3]. Forgetful, words, of, while speaking [3]. Laughing, constant [3; Verat.], trifles, at [2]. Memory, weakness of, say, for what is about to [2], write, for what is about to [3]. Theorizing [3]. Thoughts, intrude and crowd upon each other [2]; vanishing of, reading, on [2], speaking, while [2], writing, while [2].

Vertigo

Coffee, after, amel. [1/1]. Elevated, as if [1]. Rest, amel. [1].

Head

Pain, bursting, calvarium were lifted, as if [3/1]; opening and shutting [3]. Pain, coffee, from, amel. [1].

Face

Discoloration, bluish, laughing, when [3/1]; pale, air, fresh amel. [1]. Expression, sleepy [3].

Stomach

Eructations, motion, on [1]. Vomiting, mucus, coffee, after [1].

Kidneys

Pain, laughing, when [2/1].

Respiration

Deep ameliorates [2].

Back

Pain, laughing agg. [3], straightening up the back [2], walking, bent, compelled to [2].

**Extremities** 

Pain, foot, sole, spikes, as if stepping on [2/1].

Generalities

Clothing, loosening amel. [2]. Faintness, music, on hearing [1; Sumb.].

### Food

Aversion: Water [1].

Desire: Sweets [3]; cold drinks [1].

Worse: Alcohol [2]; coffee [1] [vomiting of mucus]; while eating [1]; tobacco [1].

Better: Coffee [2] [headache and vertigo].

#### Nucleus

- 1. Quick, wandering thoughts; loses the thread of the narrative. Mistakes. Confusion of mind. Time passes too slowly.
- 2. Explanations and theorizing to control fears [insanity, health]. Fear of losing self-control. Fear of darkness, spirits. Excessive loquacity, immoderate laughing.
- 3. Urinary problems, similar to Canth.
- 4. Increased sexual desire; can lead to masturbation.
- 5. Backache agg. laughing.
- 6. amel. Open air.

# Cannabis sativa

# Hemp

# Region

Genito-urinary tract. Eyes. Respiration. \* Left side.

#### Modalities

Worse: Lying down. Ascending stairs. Forenoon. During micturition. After motion.

Talking. Standing. After dinner.

Better: Standing [dyspnoea]. Expectoration. Remaining quiet.

### Leading symptoms

- M Irresolution and uncertainty, in consequence of too fickle an imagination; as if in a dream.
- G Sensation of HEAT.
- G Twitching internally [2/5].
- G agg. AFTER MOTION.
- G Sensation as if DROPS of COLD WATER were FALLING on head, from anus, from heart [characteristic].
- G Impotence from sexual excesses. Threatening abortion from too frequent intercourse. "Sexual overexcitement in either sex" [Guernsey].
- G Mental and head symptoms less pronounced than in Cann-i., yet eye and genito-urinary symptoms more pronounced.
- P Urethritis and CYSTITIS with burning pain, spasmodic CLOSURE of sphincter vesicae and CONSTRICTION of rectum AT CLOSE OF URINATION.
- P Burning pain extending to bladder [pain extending backward], while urinating.
- P Discharge very painful, only by drops, bloody and burning; pain in kidneys on urging to urinate.
- P FIRST stage of gonorrhoea and purulent discharge, phimosis and burning micturition; perineal region so tender that the patient can only WALK with LEGS WIDE APART.
- P Retention of urine on account of obstinate constipation.
- P Asthma or dyspnoea when the patient can only breathe by standing up; wants windows and doors open.
- P "It is the remedy par excellence to begin the treatment of gonorrhoea" [Nash].
- P Dislocation of patella on going upstairs [Allen].
- P Gonorrhoeal ophthalmia.
- P Leucorrhoea in little girls.
- P Asthma and bladder trouble.

Mind

Fear, stomach, arising from [2]. Mistakes, writing, in, omitting words [2], repeating words [2]. Speech, confused [2]. Spit, desire to [2]. Strange, voices seem [3/1].

Head

Coldness, water, as from cold [2]. Pain, opening and shutting [2].

External throat

Torticollis, chin drawn to sternum [2/1].

Rectum

Constriction, closure, at close of urinating [2/1]. Urging, desire for stool, rising from, after [2/1], urination, after [2/1].

Bladder

Pain, neck, close of urination [2]. Urination, dysuria, painful, dances around the room in agony [2]. Urination, dysuria, painful, spasmodic closure of the sphincter while finishing [2/1]. Urination, forked stream [2].

Urethra

Pain, meatus, extending backward [3]; burning, urination, close, at [2]; tearing, zigzags [2]; twinging [2].

Male genitalia

Sexual desire, increased, priapism, like [3].

Female genitalia

Leucorrhoea, girls, in little [2].

Larynx

Mucus, trachea, morning [2], ejected with difficulty [2; Caust.].

Respiration

Difficult, open, wants doors and windows, wants [2], open, must sit by window [2;

Chel.1.

**Expectoration** 

Tough, morning [2].

Chest

Palpitation, stooping [2].

Food

Aversion: Meat [2].

#### Nucleus

- 1. Urethritis or cystitis with soreness of urethra or perineal region, causing the patient to walk with the legs wide apart.
- 2. Closure of sphincter vesicae or constriction of rectum at close of urination.
- 3. Strong sexual desire.
- 4. Sensation of drops of cold water falling on or from parts.
- 5. Dyspnoea amel. standing; wants doors and windows open.

# Cantharis vesicatoria

Cantharides, Spanish Fly

# Region

Mucous and serous MEMBRANES [URINARY ORGANS; bladder; pharynx; brain; pleura; lower bowel]. Pomum adami. Skin. \* RIGHT SIDE.

#### Modalities

Worse: URINATING; before, during and after. Drinking; cold. Bright objects. Sound of water. Larynx. Coffee. Seeing running water. Approach. Heat. Night.

Better: Warmth. Rest. RUBBING. Cold or cold applications. Lying quietly on back.

# Leading symptoms

- M The slightest touch or approach agg. mental symptoms [frenzy, uneasiness, restlessness, distress, dissatisfaction, abusive, desire to bite, cursing].
- M "The male child frequently pulls at the genital organs" [Farrington].
- G amel. RUBBING.
- G BURNING [mouth, throat, stomach, larynx, chest, abdomen, ovaries].
- G Excessive SEXUAL DESIRE; increased sexual desire [nymphomania or troublesome erections] DURING CYSTITIS. "The mind often runs towards subjects that the inflamed parts would suggest. The bladder and genitals are inflamed and the excitement and congestion of the parts often arouse the sexual instinct, so that there are sexual thoughts and sexual frenzy" [Kent]. Satyriasis, desire disturbs sleep.
- G agg. During coition [2].
- G General hyperaesthesia [i.e. burning of skin on touch].
- G Burns and scalds with violent burning and rapid vesication.
- G Rapid and DESTRUCTIVE inflammations. "It brings on a state of pain and excitement found in no other remedy" [Kent]. Gangrenous inflammations.
- G Watery discharges excoriating and corroding to such a degree that the skin scalds.
- G Gastric, hepatic, abdominal and bladder complaints agg. drinking COFFEE.
- G Burning thirst but AVERSION TO DRINKS.
- G "Promotes fecundity and expulsion of moles, placenta, dead foetus and foreign bodies from uterus" [Mathur].
- G Weakness amel. alcoholic drinks [2].
- P VIOLENT BURNING PAIN in bladder, neck of bladder and urethra and constant, intolerable URGING; before, during and after micturition. Pain in bladder agg. drinking even small quantity of water, or from drinking coffee. "The burning pain and intolerable urging to urinate are the red strands of Canth. in all inflammatory affections" [Allen].
- P Micturition in DROPS [strangury, urine squeezed out drop by drop], with violent BURNING and CUTTING pains.
- P Erythema from exposure to sun [burning pain and before blisters form].
- P Violent spasms from touching larynx, from looking at bright objects and water [hydrophobia].

Mind

Delirium, crying, for help [2/1]. Fear, mirrors in room, of [2]. Insolent [2]. Lewdness [2]. Talks, dead people, with [3].

Head

Hair, falling, parturition, after [2]. Pain, burning, brain were on fire, as if [2].

Ear

Heat, escaping, sensation of [2].

Face

Discoloration, red, stooping, on [2; Bell.]. Expression, frightened [2].

Mouth

Discoloration, tongue, red, fiery-red [2].

Rectum

Pain, burning, diarrhoea, after [2]. Urging, urination, during [2].

Bladder

Pain, drinking agg. [2/1], extending to kidney [2]; sore, motion agg. [2]. Paralysis, forcible retention seems to paralyze the bladder [2]. Urging to urinate, frequent, menses, suppressed, with [2]; ineffectual, perspiration, during [2], stool, with urging to [2]. Urination, dribbling, involuntary, menses, during [2; Cact.]; involuntary, vomiting, while [2].

Kidneys

Pain, urging to urinate, during [2].

Urethra

Pain, burning, coition, after [2], coition, during [2], erections, during [2].

Urine

Burning, menses, before [2].

Female genitalia

Leucorrhoea, masturbation, from [2], sexual excitement, from [2].

Chest

Fullness, coffee, after [2/1].

Perspiration

Odor, urine, like [3].

Skin

Burning, touch, on [2]. Ulcerative pain, touched, when [2/1].

Generalities

Weakness, alcoholic drinks amel. [2/1].

Food

Aversion: Drinks [2]; food [2]; tobacco [2]; water [2]; cold water [1].

Desire: Meat [1].

Worse: Coffee [3]; cold drinks [3]; cold food [1]; warm food [1]; water [1].

Better: Coffee [1]; alcohol [1].

# Nucleus

- 1. Burning and/or cutting pains before, during and after urination. Micturition in drops.
- Bladder symptoms and excessive sexual desire.
   agg. Coffee; water; bright objects.
- 4. Rapid and destructive inflammations.
- 5. Violent burning and violent behavior.

# Capsicum annuum

Cayenne pepper

# Region

MUCOUS MEMBRANES. THROAT. Kidneys. Bones. Mastoid. Blood. \* LEFT SIDE.

#### Modalities

Worse: SLIGHT DRAFTS. COLD [AIR; water]. Uncovering. Dampness. Bathing. Empty swallowing. Drinking. After eating. Drunkards. Evening. Beginning to move. Open air. Left side.

Better; Continued motion. Heat. While eating.

### Leading symptoms

M - Aversion to DEPARTURE FROM DAILY ROUTINE; HOMESICKNESS. Ailments from homesickness, removal, change of country, etc. Sleeplessness from homesickness.

"Nostalgia; living totally in the past, longing for the past" [Morrison].

M - Hypersensitive; easily offended; "Persons inclined to be jovial, yet get angry at trifles" [Allen].

- M FEAR of slightest DRAFT.
- G CHILLY, CLUMSY, INDOLENT, FAT [tendency to obesity] persons with red cheeks.
- G agg. COLD in general.
- G agg. Beginning motion [3]; amel. continued motion [3]; amel. motion of affected part [3]; beginning to walk [3]; amel. walking [3].
- G RELAXATION of muscles.
- G BURNING/SMARTING PAINS: tip of tongue, throat, stomach, stool, piles, prostate; not amel. heat; burning as from pepper.
- G Desire for PUNGENT things and coffee; but coffee agg..
- G Affections and burning of mucous membranes.
- G Organism difficult to arouse; lack of reaction.
- G Chilly with the pains.
- G PAIN in DISTANT PARTS during COUGH [bladder, thighs, hips, knees, legs, ear, back, nape of neck].
- P Red face and nose, but cold to touch [false plethora]. "Red-faced children of beer drinkers and pepper eaters" [Kent]. "Face is studded with a fine system of capillaries" [Mathur].
- P Shivering on drinking cold water.
- P Offensive breath during cough.
- P Chronic sore throat of smokers and drinkers.
- P Coldness between shoulder blades.
- P Chronic suppuration of middle ear; involvement of MASTOID. Mastoid very tender to touch.

Mind

Elegance, lack of [3]. Ennui, homesickness, with [2; Alum.]. Fear, censured, of being [1/1]. Homesickness, red cheeks, with [2/1]. Obstinate children, chilly, refractory and clumsy [2/1].

Head

Air or wind, sensitive to a draft [2]. Pain, bathing, after, cold [2]; bursting, coughing, on [3].

Eye

Lachrymation, cough, with, whooping cough [2].

Ear

Caries, threatened, mastoid process [3]. Pain, cough, during [2].

Hearing

Acute, chill, during [3], heat, during [3], noises, to, perspiration, during [3/1].

Nose

Discharge, viscid, tough, posterior nares, from [3].

Face

Discoloration, red, fever, without [3; Ferr.]. Pain, falling asleep, on [2].

Throat

Pain, swallowing, after, when not [3].

Stomach

Coldness, icy [3]. Heartburn, pregnancy, during [2]. Nausea, coffee, after [2].

Rectum

Diarrhoea, air, cold, on abdomen, currents of [3]. Haemorrhoids, pregnancy, during [2].

Pain, burning, pregnancy, during [2/1].

Bladder

Retention of urine, exertion, after [3].

Back

Pain, cervical region, coughing [2; Bell.].

Extremities

Coldness, fingers, tips [2].

#### Food

Desire; Alcohol [3]; pepper [3]; coffee [2]; cold drinks [2]; stimulants [2]; highly seasoned food [1]; liquid food [1]; pungent things [1].

Worse: Coffee [2] [nausea]; alcohol [1]; cold drinks [1]; hot food [1].

#### Nucleus

- 1. Chilly, clumsy, unclean and indolent.
- 2. agg. Cold air. agg. Draft of air.
- 3. Homesickness; = sleeplessness, melancholia, ennui. Aversion to changing their daily routine [compare Fear of being censured]. Ailments after moving house, change of country, etc.
- 4. Pain in distant parts during cough.
- 5. Burning/smarting pains, not amel. by heat.
- 6. agg. Beginning to move; amel. continued motion.

# Carbo animalis

#### **Animal Charcoal**

# Region

NUTRITION. Glands. VEINLETS.

#### Modalities

Worse: Slight causes [small depletions; sprains; lifting; taking cold]. WHILE EATING. Dry, cold air. Shaving. Old age. After menses; during menses. Slightest touch. Lying on right side. After midnight. Fat food. Milk.

Better: Laying hand on part. Rubbing the eyes. Warm room.

### Leading symptoms

- M Old people with a strong LONGING for the PAST; do not enjoy modern life. "In the past everything was better." "When I was young . . ." Homesickness. Forsaken feeling. Everything is strange. Lamenting. Sour mood [Whitmont].
- G Chilly and FEEBLE persons.
- G SLOW, painful processes and induration and burning like fire; or threatening malignancy. Cancerous affections [induration of glands: throat, axillae, groins, breasts; pains burning, cutting, lancinating]. "Primarily end-of-the-line situations and malignancies" [Morrison].
- G Uterine affections, very similar to Sep. [both remedies have a yellowish brown saddle across the nose, weakness, bearing down pain in uterus and an empty, gone feeling in the stomach not amel. by eating], but with MALIGNANCY. "In all the female diseases the patient is extremely prostrated; can hardly stand up" [Lippe].
- G FOUL, acrid discharges. Foul, exhausting perspiration at night, staining yellow.
- G "Lack of reaction do not respond to homeopathic remedies" [Mathur].
- G "Old persons who have distended veins and sluggish circulation, suffering from cyanosis and great debility" [Mathur].
- G Weakness due to loss of blood [Chin.] or from perspiration; bad effects of some exhausting illness. Weakness of NURSING WOMEN [2].
- G Straining by LIFTING [least weight]; weakness and easy dislocation of joints.
- G Extreme debility during and after menses, can hardly speak.
- G SORE pains [especially in glands].
- G STRETCHING during menses [2/1].
- P ANKLES turn in when walking.
- P Extreme DISTENTION of the abdomen, with great accumulation of gas [agg. lying down], after ABDOMINAL OPERATIONS. [According to Tyler the best remedy for this complaint.]
- P Empty, gone feeling in stomach [not amel. by eating] during and after breast-feeding.
- P Great weakness of digestion [a very valuable remedy for a host of digestive ailments]. [Lippe]
- P Acne rosacea with unsightly scars.

Mind

Anger, former vexations, about [2]. Fear, closing eyes, on [2].

Vertigo

Shaving, after [2/1].

Head

Eruption, copper-colored [2]. Pain, vertex, wet weather [2/1]; pressing, nosebleed, before [2/1].

Eye

Cataract, senile [2; Sec.]. Loose, sensation as if [2/1].

Vision

Net before eyes [2], swimming [2/1].

Ear

Noises, blowing nose, when [2]; ringing, blowing nose [2].

Hearing

Illusions, as if tone came from another world [3/1]. Impaired, confusion of sounds [3]; direction of sound, cannot tell [2/1].

Nose

Discoloration, redness, painful to touch [2]. Tension, tip [2/1].

Face

Eruptions, coppery [3]; forehead [2]; nose [2/1]. Saddle across the nose [2].

Stomach

Coldness, eating, after [2]. Emptiness, nursing, after [2]. Nausea, meat, after [2].

Female genitalia

Induration, ovaries, right [2]; uterus, os [2]. Leucorrhoea, yellow, stains linen [2].

Cough

Lying, side, right, night [2/1].

Chest

Induration, axillary glands [3]. Nodules, sensitive [3].

Back

Injuries of the spine, coccyx [2]. Pain, lumbar region, stepping, when [2]; Coccyx, lying, while [2/1]; burning, touched, when [2]; sore, coccyx, injury,

from [2].

Extremities

Lameness, thigh, menses, during [2/1]. Numbness, lower limbs, crossing the legs, when [2], lain on [2]. Stiffness, joints, rising, on [2].

Sleep

Disturbed, visions, by dreadful [2].

Perspiration

Midnight, after, 4 a.m. [2].

Skin

Cicatrices, burning [2]; stinging [2].

Generalities

Cancerous affections, glands [Aur-m.; Con.]. Weakness, lifting, from [3/1], menses, during, can scarcely talk [2], nursing women, in [2].

# Food

Aversion: Fats and rich food [2]; tobacco [2]; drinks [1]; smoking [1].

Desire: Whisky [2]; alcohol [1]; refreshing things [1]; sauerkraut [1]; smoking [1]; sour [1]; tonics [1]; vegetables [1].

Worse: Smoking [2]; bread [1]; bread and butter [1]; butter [1]; cold drinks [1]; fat [1]; fish [1]; meat [1]; milk [1]; rich food [1]; wine [1].

#### Nucleus

- 1. Longing for the past [in old people]. Can't cope with modern life ["everything is strange"]. Homesick. Forsaken feeling.
- 2. Cancerous affections, especially of glands and neck of uterus, slowly developing.
- 3. Foul, exhausting discharges; perspiration agg. at night.
- 4. Weakness and feebleness.
- 5. Great weakness of digestion.

# Carbo vegetabilis

Vegetable Charcoal

# Region

MUCOUS MEMBRANES [DIGESTIVE TRACT; STOMACH]. HEART [VENOUS CIRCULATION; blood]. occiput. \* Left side.

#### Modalities

Worse: WARMTH. DEPLETIONS [loss of fluids]. Cooling off. EXHAUSTING DISEASES. Old age. HIGH LIVING. Rich foods. DEBAUCHERY. Overlifting. Pressure of clothes. Weather [extreme temperatures; cold night air; frosty weather; warm damp weather]. Cold air. Wind on head. Suppression [of discharges]. Flatus. Butter, pork, fat food. Abuse of quinine, brandy, mercury. Singing or reading aloud. After menses. Lying down. Morning. Night. Before falling asleep. Rising from the bed. Walking in the open air.

Better: ERUCTATIONS. Cool air. Elevating feet. Passing wind. Being fanned. Loosening clothing around the waist. Lying down.

# Leading symptoms

M - "On the mental and emotional level, the asthenic disposition manifests itself in different ways. The patient is listless, indolent, sluggish, indifferent, too inert to have interest in anything, or otherwise can be irritable and easily excited, with alternating moods. The latter stage shows itself especially in the evening or after dinner. There is an aversion to darkness. The anxiety in the dark can be so acute that the patient doesn't dare to lie down and close his eyes. A striking characteristic is the fear of ghosts" [Gibson].

- M INDOLENCE, irresolution.
- M Fear in DARK.
- G agg. BEFORE SLEEP.
- G LOW vitality, exhaustion with cold and clammy skin; collapse. Persons never fully recovered from exhausting diseases, loss of blood, injuries.
- G Desire for OPEN AIR.
- G Wants to be FANNED; craving for fresh air. Chronic Carb-v. is chilly.
- G agg. WARM WET weather. agg. Summer [2]; agg. exposure to sun [2].
- G ICY COLDNESS of whole body, especially nose, hands, feet and knees. Cold skin, cold breath.
- G Cannot bear TIGHT clothing around the waist and abdomen.
- G Sensation as if blood STAGNATED [2].
- G VARICOSE VEINS blue [2; Lycps.] network in skin [2].
- G "Onanism during sleep" [Guernsey].
- G Ailments and DISORDERED DIGESTION [indigestion, nausea, eructations, flatulence, pain in stomach, fullness]. Easily disordered digestion. "Persons who are sensitive to any irregularity in their diet" [Mathur].
- P EXTREME FLATULENCE, especially in upper abdomen and stomach. One of the

most bloated remedies. ERUCTATIONS amel. temporary.

- G Internal burning and external coldness.
- G Intolerance of FAT and MILK.
- G General SLUGGISHNESS; sluggishness of digestion; sluggishness of circulation.
- G CYANOSIS; asthma and blue skin.
- G Easy satiety; fullness after eating a little.
- G Acute complaints after exhausting diseases.
- G "Bad effects from wine intoxication the previous day" [HANGOVER] [Lippe].
- G Food poisoning.
- G "SHOCK after operations; body cold, face pale, cold breath, profuse clammy perspiration and desire to be fanned" [Mathur].
- P Sensation of FULLNESS [in stomach and abdomen], interfering with RESPIRATION.
- P Hoarseness in the evening.
- P Bursting sensation in stomach after eating or drinking.
- P Falling of hair after delivery.
- P "Asthma from measles or pertussis in childhood" [Mathur].
- P Chronic hoarseness after acute affections of air passages [coryza, bronchitis].
- P Metastasis of mumps to mammae or testicles.
- P "Otorrhoea as a sequela of measles or scarlet fever" [Kent].
- P Asthma or dyspnoea and gall bladder problems; asthma or dyspnoea and hernia diaphragmatica; asthma or dyspnoea during last months of pregnancy [on account of increased pressure in abdomen from growing foetus]. [Ghegas]
- P Asthma and blue skin. Asthma agg. while lying, wants doors and windows open, amel. eructations.

### Repertory

Mind

Anxiety, closing eyes, on [2; Mag-m.], eating, after [2], strangers, in the presence of [2]. Dullness, damp air, from [2]. Fear, accidents, of [2]. Timidity, appearing in public, about [2].

Head

Coldness, heated, from being [3]. Cold air, head sensitive to, walking in

[3/1]. Constriction, hat, pressure of, agg. [3/1], uncovering head amel. [2/1], warm room

[2]. Pain, darkness agg. [2], fat food, from [2], measles, after [2], menses, after, on cessation [2]; occiput, ascending steps [2], bending head backwards [2], cold air amel.

[2], fanning amel. [2/1], heat of stove agg. [2], heated, from becoming [2].

Eye

Inflammation, measles, after [2].

Hearing

Impaired, scarlet fever, after [3].

Nose

Coryza, overheated, from becoming [2]. Epistaxis, morning, in bed [2], drunkards [2], jarring [2/1], old people [2], stool, after straining at [2/1]. Pain, posterior nares, blowing nose [2/1], coughing [2/1], swallowing [2/1]. Veins, varicose [2].

Face

Coldness, headache, during [2], pain in occiput, with [2/1]. Discoloration, red, wine, the pale face becomes red after [2; Ferr.]. Heat, anxiety, during [3].

Mouth

Bleeding, gums, sucking them [3].

Stomach

Distention, eructations amel. [3]. Eructations, butter, after eating [3], rich food, after [3]. Indigestion, ice cream [2]. Nausea, soup [2], sun, heat of [2/1]. Pain, flatulent food, after [2/1], lactation, from [2/1]; burning, extending to

back [2/1].

Abdomen

Distention, drinking, after [2], eructations amel. [2]; stool, after [2]. Emptiness, eructations amel. [2]. Flatulence, here and there [2; Lyc.].

Rectum

Diarrhoea, cold drinks, after, in summer [2], ice cream, after [2], measles, after [2]. Flatus, morning on waking [2/1].

Female genitalia

Menses, offensive, strong [3].

Larynx

Catarrh, measles, after [2/1]. Voice, hoarseness, croup, after [2], damp weather, in [2], measles, after [2], wet weather agg. [2/1].

Respiration

Asthmatic, cold air amel. [2], measles, after [2], warm wet weather [2], winter attacks [2]. Difficult, closing eyes, on [2], eructations amel. [3], flatulence, from [3].

Extremities

Fullness, leg, hanging down, when [2/1].

Sleep

Waking, cold limbs, from [3/1].

Perspiration

Anxiety, night [2]. Eating, after, breakfast [2].

#### Food

Aversion: Fats and rich food [2]; meat [2]; meat, fat [2]; milk [2]; salt food [2]; butter [1]; coffee [1].

Desire: Salty things [3]; coffee [2]; sour [2]; sweets [2]; salt + sweets [1]; tobacco [1]; warm drinks [1].

Worse: Butter [3]; fat [3]; pork [3]; rich food [3]; cold drinks [2]; cold food [2]; fish, spoiled [2]; frozen food [2]; fruit [2]; meat, spoiled [2]; milk [2]; salt [2]; warm food [2]; beer [1]; beans and peas [1]; coffee [1]; fish [1]; flatulent food [1]; hot food [1]; ice cream [1]; onions [1]; pastry [1]; salads [1]; sauerkraut [1]; soup [1].

#### Nucleus

- 1. Low vitality, sluggishness, indolence, coldness. Imperfect oxydation. Indolence and irresolution.
- 2. Craving for fresh air [wants to be fanned]. agg. Warm wet weather [sultry weather].
- 3. Icy coldness of extremities; blueness. Sensation as if blood is stagnated.
- 4. Extreme flatulence; fullness; temporary amel. by eructations.

- 5. Cannot bear tight clothing around waist.6. Never well since some exhausting disease, loss of blood, prolonged nursing, etc. Notes

# Carcinosinum

#### Cancer Nosode

# Region

In 95% of cases, Carc. is prescribed on the basis of mental and general symptoms.

#### Modalities

Worse: Seashore. Short sleep. During storm, thunderstorm. Vaccination. Vaults, cellars. Approach of a storm. Physical exertion. New moon. Sea-bathing. Undressing.

Better: EVENING. Seashore. Open air. Occupation. Physical exertion. Lying, knee-elbow position. Approach of a storm. In natural surroundings. Hot drinks. Full moon. New moon. Rest.

# Leading symptoms

- M "VERY SENSITIVE, sentimental persons, sensitive to music, to surroundings, to natural phenomena, like thunderstorms, ROMANTIC persons, who love soft lights, dim lights, dinner by candle-light" [Kokelenberg and Dockx].
- M FASTIDIOUSNESS, very PERFECTIONIST. "Things are never good enough. This has something to do with their education, which was usually very severe. In Carc. you will usually find a history of domination, demanding parents, demanding partners, or too much responsibility at a young age." In patients with very strong self-control.
- M SYMPATHETIC; anxiety about others. Affectionate.
- M Sensitive to reprimands, admonition agg. Weeping from admonition.
- M ANTICIPATION; ailments from anticipation.
- M LOVE of DANCING.
- M LOVE of ANIMALS.
- M Cheerful during thunderstorm.
- M Desire to TRAVEL.
- M Contradiction agg.; obstinacy; backward children, problem children, mentally defective.
- M Delusion of martyrdom: "Scapegoat."
- M STRONG SENSE of DUTY; too strong, leading to undeserved feelings of GUILT [anxiety of conscience].
- M RESTLESS CHILDREN with a tendency to destroy things, with DESTRUCTIVE OUTBURSTS. Disobedience; refusal of parental control. Tics; biting nails.

REFUSAL to accept AUTHORITY.

- G Generally WARM-BLOODED persons.
- G SEASIDE amel. or agg..
- G Strong craving for BUTTER and fat ["takes large quantities of butter, eats spoonfuls of butter" Candegabe].
- G Lying in knee-elbow position, which amel.
- G Blue sclerotics and brownish, cafe au lait complexion, numerous moles [Foubister].
- G Chronic or prolonged INSOMNIA, even in childhood.
- G Family history of cancer, diabetes, tuberculosis, or personal history of excessive

parental control during childhood, prolonged fear or unhappiness [childhood feelings of neglect, despair, being unloved/unwanted].

- G Never well since MONONUCLEOSIS.
- G Symptoms partially covered by two or more polycrests.

# Repertory

Mind

Anxiety, others, for [2]. Biting nails [3]. Industrious, mania for work [1]. Music, agg. [2], amel. [1]. Reading, passion to read [1]. Sensitive, oversensitive, music, to [2]. Sympathy, compassion [2]; animals, only for [1]. Travel, desire to [2].

Head

Injuries of the head, after [2].

Eye

Twitching, lids [1], left [1].

Nose

Coryza, frequent, tendency to [2]. Discharge, excoriating [1].

Face

Eruptions, acne [1]. Heat, climaxis, during [1].

Throat

Inflammation, tonsils, recurrent [1].

Stomach

Vomiting, alternating with diarrhoea [1], anticipation, from [1].

Male genitalia

Masturbation, children, in [2].

Female genitalia

Masturbation, disposition to [1].

Sleep

Position, abdomen, on [2], genupectoral [2], knees, on, with face forced in pillow [2]. Short sleep amel. [1]. Sleeplessness, children, in [3], children, in, rocked, child must be [2].

Fever

Mononucleosis, after [1].

Generalities

Pneumonia, past, in [2]. Tuberculosis, family history of [2].

#### Food

Aversion: Fats and rich food [2]; fruit [2]; milk [2]; salt [2]; eggs [1]; sweets [1]. Desire: Butter [3]; chocolate [3]; eggs [2]; fat [2]; fat ham [2]; fruit [2]; highly seasoned food [2]; milk [2]; salty things [2]; spices [2]; cheese [1]; cold drinks [1]; farinaceous food [1]; ice cream [1]; pepper [1]; raw potatoes [1]; smoked meat [1]; sugar [1]; sweets [2]; vinegar [1].

# Nucleus

- 1. Warm-blooded.
- 2. Fastidious, over-responsible, exaggerated sense of duty.
- 3. Sympathetic, oversensitive, sentimental, romantic. Love of animals, love of nature.
- 4. Desire to travel.
- 5. Seaside amel. or agg..
- 6. Desire for butter, chocolate.

# Caulophyllum thalictroides

Blue Cohosh

# Region

FEMALE ORGANS. NERVES. Muscles. Nape of neck. lower limbs. Small joints.

#### Modalities

Worse: Pregnancy. Suppressed menses. Open air. Evening. Coffee. Motion.

Better: Warmth.

# Leading symptoms

G - Chilly.

G - ERRATIC PAINS; drawing, cramping, shooting.

G - Ailments during pregnancy, parturition, lactation.

- G Nervous and excitable women; weakness, drooping of upper lids, cannot keep them open, has to raise them with fingers [Gels.].
- G "Spasmodic affections, hysteria and epilepsy developing during puberty at the establishment of menstrual functions" [Mathur]. Severe dysmenorrhoea [wandering, shooting, cramping, paroxysmal pains with nausea, vomiting and pain in lumbar region before menses].
- G Convulsions during menses [2].
- G Rheumatic affections and gynaecological ailments.
- P RHEUMATISM of SMALL JOINTS [hands and feet]. "Closing the hands produces severe pains."
- P LABOR THAT DOESN'T PROGRESS; labor pains fly about [to breasts], are weak or irregular; false labor pains ["May be called for in false labor pains during the last months of pregnancy." Dewey]. Delayed labor due to rigid os. UNBEARABLE AFTERPAINS [across lower abdomen, extending to groins]. "Should be used during labor, when the pains are intermittent, sharp and crampy, and appear in the groin, bladder and lower extremities; they are spasmodic and fly from one place to another" [Dewey].
- P Habitual miscarriage.
- P Subinvolution after abortion or confinement.
- P Leucorrhoea and brown spots on forehead.

#### Repertory

Vertigo

Menses, before [2], during [1].

Head

Prickling, like needles [1].

Face

Discoloration, brown, forehead, spots [2].

Mouth

Inflammation, nursing women [1]. Odor, offensive, before menses [1]. Taste, bitter, at beginning of menses [2].

Stomach

Nausea, labor, during [1]. Menses, before [1]. Vomiting, menses, before [1]; bitter, before menses [2/1].

Bladder

Pain, paroxysmal [2].

Urine

Copious, amenorrhea, with [1].

Female genitalia

Abortion, inertia of uterus [2], tendency to, from uterine debility [2/1]. Congestion, uterus, during menses [1]. Contractions, os, spasmodic, during labor [3]; uterus, before menses [1]. Displacement of uterus [2]. Heaviness, uterus [2]. Metrorrhagia, labor, during and after [1], passive [1], profuse [1], retained placenta, from [1]. Pain, uterus, before menses [3], paroxysmal [2], cramping [3]; labor pains, ceasing [2], distressing [2], false [3], interrupted [2], irregular [2], short [2], spasmodic [3], suppressed and wanting [1], weak [2]. Rigidity of os during labor [3]. Subinvolution [2].

Back

Pain, lumbar region, menses, before [2].

Extremities

Cracking, joints, in, turning, when [1/1], walking, while [1]. Pain, joints; small joints amel. after menses [2/1]; fingers, rheumatic [2]; lower limbs, menses, before [2], wandering [2]. Swelling, finger joints [2].

Food

Worse: Coffee [1].

#### Nucleus

- 1. Ailments during pregnancy, parturition and lactation.
- 2. Excessively painful, ineffective or false labor pains; wandering, flying about.
- 3. Tendency to abortion. Unbearable afterpains.
- 4. Spasmodic affections since menarche. Severe dysmenorrhoea. Leucorrhoea.
- 5. Rheumatism of small joints; can be related to menstruation.

# Causticum

#### Tinctura acris sine Kali

# Region

NERVES [motor; sensory]. MUSCLES [BLADDER; LARYNX; limbs]. Respiration. Skin. Right side; face. \* Left side.

#### Modalities

Worse: Air [DRY, COLD; raw; WINDS; drafts]. Extremes of temperature. Stooping. Suppressions. Coffee. 3-4 a.m. or EVENING. Exertion. Clear weather. Motion of carriage. While perspiring. New moon. Getting wet. Entering a warm room from the open air.

Better: COLD DRINKS. Washing. Warmth; of bed. Gentle motion. Warm air. Damp, wet weather.

# Leading symptoms

- \* GRADUAL PARALYSIS, on three levels: EMOTIONAL, MENTAL and PHYSICAL.
- \* EMOTIONAL: ailments from GRIEF [many or long]. Internal suffering, kept in. Suffer from injustice in society. Reaction: 1. Religious fanaticism. 2. Anarchistic opposition to "Big Brother". 3. Idealistic fight for a "better world", fighting for a cause. Helps actually the oppressed, the poor, and not only talks about it.
- \* MENTAL: Immovable points of view, indifference to dictates of conscience. Fear something will happen. Weakness of memory with the characteristic feeling as if he had forgotten something [has to go back and check].
- \* PHYSICAL: Paralysis, facial paralysis [mainly RIGHT-sided], paralysis of bladder, paralysis of vocal cords, drooping of upper eye lids.
- M WEEPING FROM SYMPATHY WITH OTHERS. Suffer with others.
- M CANNOT STAND INJUSTICE. Sensitive to AUTHORITY.
- M Anxious FOREBODINGS [felt in head], agg. twilight.
- M Fear of DARK.
- M STAMMERING [on account of excitement or anger].
- G CHILLY. agg. Cold air [3]; agg. cold dry weather [3].
- G amel. WET weather [3]. amel. Bathing [2]. amel. Bathing affected part [2].
- G agg. HEAT and COLD [2].
- G Menses flow only during the day and cease at night; leucorrhoea reversed: flows at night, not during the day.
- G Constitutional effects of burns [physical and emotional].
- G Local PARALYTIC affections, gradually developing after an initial stage of irritability and overexcitability; especially right-sided.
- G BURNING pains, like "raw flesh", "as from an open wound"; sensation of RAWNESS or SORENESS of the scalp, throat, respiratory tract, rectum, anus, urethra, vagina, etc. BURNING pain in parts grasped with the hand [3/1].

- G SIPS of COLD WATER also ameliorate facial twitching, and hysterical or epileptic convulsions.
- G Sensation as if MUSCLES and TENDONS were TOO SHORT.
- P INVOLUNTARY URINATION when SNEEZING, COUGHING, WALKING, BLOWING the NOSE, during FIRST SLEEP, from becoming COLD; amel. sitting. Or PARALYSIS of the BLADDER after forcible retention or over-distention of bladder.
- P Dry, deep cough, CAN'T COUGH DEEP ENOUGH to raise mucus; mucus slips back again; agg. warmth of bed, stooping, cold air, amel. sips of cold water.
- P HOARSENESS in the morning, or after OVERUSE of the VOICE.
- P Constipation; can only pass stool when standing.
- P Ptosis of upper eye lids.
- P WARTS around nails, on eye lids, face, tip of nose.
- P Aversion to sweets; desires smoked meat; coffee agg.
- P Restless legs in the evening and at night, in bed.

Mind

Ailments, mental symptoms, cares, worries, from [2]; death of parents or friends, from [3]. Anarchist [2; Merc.]. Cares, worries, relatives, about [2]. Exaltation, politics [2; Lach.]. Fancies, exaltation of, evening, twilight, in [2/1]. Fear, happen, something will, warmth of bed amel. [2]. Idealistic [2; Ign., Plat.]. Jealousy, weeping, with [2]. Weeping, drunkenness, sentimental during [2; Lach.], sympathy, from, with others [1/2].

Head

Motions, nodding, while writing [2].

EYES: Pain, burning, as of sand in [3]. Paralysis, of upper lids, from cold [4]. Vision, diplopia, looking upward [2/1].

EARS: Noises, reverberating, every sound, with difficult hearing [3]. HEARING, Acute, voices and talking, own voice seems very loud [2/1].

Nose

Ulcers, tip [3].

Face

Eruptions, acne, becoming heated agg. [2/1]; acne rosacea, in groups [3/1], nose, on [3]. Paralysis, from cold [3], one-sided [3], wet, after getting [3/1]. Tension, of lower jaws [3].

Mouth

Speech, stammering, vexation from [2/1].

Throat

Mucus, which must be swallowed [3].

Stomach

Desires smoked things [3]. Eructations, sour, after sugar [2; Sulph.]. Fullness, sensation of, after bread [3/1]. Slaking lime, sensation of [2/1].

Rectum

Constipation, standing, passing stool easier when [3]. Diarrhoea, air, cold, on abdomen [2/1], meat, from [2]. Excoriation, nates, between, walking, from [3].

Bladder

Paralysis, forcible retention seems to paralyze the bladder [3], over-distension, after [3].

Retention of urine, air, from exposure to cold [2/1]. Urging to urinate, ineffectual, cramps in rectum, with [2/1].

Female genitalia

Coition, aversion to, leucorrhoea, with [2/1]. Menses, copious, daytime [2]. Pain, uterus, eating, after [2/1].

Cough

Deep enough, sensation as though he could not cough, to start mucus [3].

Chest

Eruptions, mammae, nipples, herpes [3/1].

Extremities

Contraction of muscles and tendons, Wrist, shortening of tendons [2]. Cracking, joints, in, knee, descending stairs [3], walking, while [3]. Motion, constant, sleep, during [3/1]. Paralysis, appear gradually [3/1]. Restlessness, leg, night [3], sleep, during [3]. Warts, fingers, tips [4]; close to nails [4].

Fever

Drinking cold water amel. [3].

Generalities

Chorea, dry weather [2/1], pregnancy, during [2/4], thinking of it, when [2/1].

Convulsions, cold water amel. [2; Lyc.]. Paralysis, gradually appearing [3]. Sleep, loss of, from [2]. Varicose veins, network in skin [2]. Weakness, grief, from [2/4].

#### Food

Aversion: Sweets [2]; cold water [1]; meat [1]; vegetables [1]; water [1].

Desire: Smoked meat [3]; smoked things [3]; beer [2]; cold drinks [2]; refreshing things [2]; salty things [2]; cheese [1]; eggs [1]; fish [1; pungent things [1]; sour [1]; tonics [1]. Worse: Coffee [3]; bread [2]; bread and butter [2]; butter [2]; farinaceous food [2]; fat [2]; heavy food [2]; meat, fresh [2]; veal [2]; cold food [1]; meat [1]; pork [1]; sour [1]; sugar [1]; sweets [1]; vinegar [1]; warm food [1].

Better: Cold drinks [3].

#### Nucleus

- 1. Cannot tolerate any injustice. Difficulties with authority. Idealistic or revolutionary persons.
- 3. Gradual paralysis; three levels.
- 4. amel. Sips of cold water.
- 5. Craves smoked things, smoked meat.
- 6. Burning pains, as if raw, sore or open.

# **Chamomilla**

### German Chamomile

# Region

MIND. NERVES. EMOTIONS. Mucous membranes [DIGESTIVE TRACT]. Liver. Women and CHILDREN. Sexual organs. \* Left side.

#### Modalities

Worse: ANGER. NIGHT. DENTITION. Cold [air; damp]. Wind. Taking cold. COFFEE. Narcotics. Opium. Heat. Evening; evening before midnight. Draft. Eructations. After breakfast. Suppressed perspiration. Getting warm in bed. Dry weather. Cloudy weather. Better: BEING CARRIED. Mild weather. Heat. Sweating. Cold applications. Fasting. Warm wet weather.

# Leading symptoms

- M EXCESSIVE IRRITABILITY. "Too ugly to live with." Ugly, cross, uncivil and quarrelsome; vexed at every trifle. Children, or women before menses.
- M OVERSENSITIVITY to PAIN and EXTERNAL INFLUENCES.
- M CHILD wants to be CARRIED; is only quiet when carried or rocked.
- M AVERSION to be being SPOKEN TO or TOUCHED.
- M Crying in sleep, without waking up, even in adults.
- M EMOTIONS FELT IN STOMACH: Calc., Cham., Coloc., Kali-c., Mez., Nux-v., Phos. [Vithoulkas].
- G Pre-eminently a remedy for CHILDREN and nervous WOMEN.
- G agg. After becoming COLD [3]; aversion to OPEN AIR [3]; yet agg. WARM BED [3].
- G agg. Beginning of [2] and during [3] MENSES.
- G agg. Motion of AFFECTED part [3].
- G Pain with NUMBNESS of the affected part[s]. Benumbing pains.
- G Oversensitivity of the sense organs to fresh air and wind.
- G Convulsions of children, after a fit of anger of the mother.
- G AILMENTS from ANGER, COFFEE and narcotics ["in cases spoiled by the use of opium or morphine"].
- G Hot and thirsty or HOT SWEAT with the PAINS. Warm sweat on the head wetting the hair.
- P Swelling or REDNESS of ONE CHEEK, paleness of the other.
- P Stools hot, SOUR, GRASS-GREEN, SLIMY, HACKED, yellowish green or LIENTERIC; smelling like spoiled eggs.
- P Perspiration on face after eating and drinking.
- P Soles of feet burning at night; puts them out of the covers.
- P Twitchings, convulsions, diarrhoea DURING DENTITION.
- P Dysmenorrhoea with excessive pain [despair from pain], cold shivers, vomiting, diarrhoea and faintness.
- \* Ailments after anger vexation:

Mind

Anger from interruption [2]. Irritability during pain [3].

Head

Pain from anger [2], after vexation [2].

Face

Heat after vexation [2].

Teeth

Pain after vexation [2].

Throat

Spasms after anger [2/1].

Stomach

Disordered after vexation [3]. Indigestion after vexation [3]. Vomiting after anger [3], after vexation [2].

Abdomen

Inflammation liver after vexation [2/1]. Aching pain after anger [2].

Rectum

Diarrhoea after anger [2]. Burning pain, vexation agg. [2].

Female genitalia

Inflammation uterus after anger [2/1]. Metrorrhagia after anger [3]. Pain uterus after anger [3/1]. Cramping pain uterus after anger [3/1].

Respiration

Asthmatic after anger [3]. Difficult after anger [3].

Cough

Cough from anger [2].

Chest

Milk from anger [2/1].

Chill

Chill after anger [2].

Fever

Heat from vexation [2].

Perspiration

From anger [2], after vexation [2].

Generalities

Convulsions after anger [3], after punishment [2].

\* Ailments from coffee:

Mind

Sensitive after coffee [3/1] !!!

Vertigo

After coffee [2].

Head

Pain after coffee [2]. Weakness after coffee [2].

Teeth

Pain after coffee [3].

Stomach

Indigestion after coffee [2]. Nausea after coffee [2]. Pain after coffee [3]; cramping pain in coffee drinkers [2; Nux-v.]; pressing pain after coffee [2/1]. Retching after coffee [1].

Vomiting after coffee [2]; bitter, after coffee [2]; mucus, morning, after coffee [2/1].

Abdomen

Aching pain after coffee [2]; aching pain in sides after coffee [2/1]; cramping pain [2].

Respiration

Difficult from coffee [2]. Impeded, obstructed after coffee [2/1].

Back

Pain, coffee agg. [2/1].

Chill

Chilliness after abuse of coffee [2; Nux-v.].

Repertory

Mind

Delusions, voices, hears, night [2/1]. Dwells on past disagreeable occurrences [2].

Excitement, perspiration, during [3]. Fear, wind, of [2]. Irritability,

menses, before [2], pain, during [3], sends the doctor home [3], spoken to, when [3].

Kicks, carried, and becomes stiff when [2/1]. Obstinate, appearance of menses, upon

[2/1]. Quiet, carried, only by being [3/1]. Striking, children, in [3]. Unbearable pains [3].

Head

Motions of head, backward and forward [2]. Perspiration, scalp, hot [2], sleep, during [2], sour [2]. Pain, pregnancy, during [2], weather, cloudy [2].

Eye

Heat in, steaming out, sensation of [3].

Vision

Flickering, lying, while [2/1].

Ear

Discoloration, redness, lobes [2]. Pain, motion, on, amel. [2; Psor.], warmth and wrapping up amel. [2].

Hearing

Acute, perspiration, during [3].

Face

Heat, drinking, after [3], eating, after [3]. Pain, numbness, with [3].

Mouth

Discoloration, tongue, white, sides [2]. Fingers, in the mouth, children put [2].

Teeth

Dentition, difficult [3].

Throat

Inflammation, cold, after [2]. Pain, warm drinks amel. [2], warmth in general amel. [2]. Stomach

Eructations, agg. [3], painful [3]. Thirst, pains, with the [3. Vomiting, opium, after [3]. Urine

Colorless, menses, during [2].

Female genitalia

Menses, before the proper age [2], clotted, dark [2]. Metrorrhagia, lying on back agg. [2/1]. Pain, cramping, uterus, menses, before [3]; labor pains, excessive [3]; after-pains, child nurses, when [2]; labor-like, menses, before [2], extending to thighs [2].

Respiration

Asthmatic, cold air amel. [2], flatulence, from [2], warm

food agg. [2].

Cough

Dry, sleep, during [3].

Back

Pain, cramp-like, lumbar region, nursing, while [2]; labor-like, small of back, menses, during [2].

**Extremities** 

Numbness, hand, grasping anything [2]. Pain, night, bed, drives out of [3], motion, on, continued amel. [3]. Restlessness, leg, night [2]; feet, night [2].

Sleen

Position, limbs, drawn up [2], limbs, spread apart [2]. Sleeplessness, lying, while [2]. Generalities

Change of position amel. [2]. Cloudy weather agg. [2]. Convulsions, punishment, after [2]. Dry weather agg. [2]. Faintness, pain, from [2]. Lying, side, on, painful, amel. [2]. Wet weather amel. [2].

#### Food

Aversion: Beer [2]; coffee [2]; warm drinks [2]; hot drinks [1]; meat [1]; soup [1]. Desire: Cold drinks [3]; bread [2]; sour [2]; vegetables [1]; coffee [1]; sauerkraut [1].

Worse: Coffee [3]; milk [2]; sweets [2]; warm food [2]; cold food [1].

Better: Coffee [3]; cold drinks [1].

#### Nucleus

- 1. Excessive irritability; aversion to being spoken to and touched.
- 2. Oversensitivity to and despair from pain.
- 3. Pain and heat, hot sweat, numbness, thirst.
- 4. agg. Coffee; agg. anger.
- 5. Dentition agg.; diarrhoea, grass-green, hot, lienteric, sour stool, smell of spoiled eggs.
- 6. agg. Beginning of and during menses.

# Chelidonium majus

#### Celandine

# Region

LIVER. Right side [portal system; abdomen; lung - lower lobe; ovary; malar bone; hip and leg; foot]. Mucous membranes. Bowels [right]. Occiput. Kidneys. Knees. \* RIGHT SIDE. Left side.

#### Modalities

Worse: 4 A.M. or 4 P.M. Motion. Cough. Touch. Change of weather; North-East winds. Heat. Hot applications. Warm room. Lying on the right side. Early in the morning. Better: Hot food. EATING; dinner. Milk, hot milk. Pressure. Hot bath. Bending backward. Hot drinks.

### Leading symptoms

- M Less intellectual ["aversion to mental conversation, mental exertion"] than Lyc. More PRACTICAL.
- M No-nonsense, down-to-earth, rational, realistic, strong-minded, SCEPTICAL, can only be convinced with physical proof [only believes he is improving when X-rays unmistakably show it].
- M Dominant, more so than Lyc., NOT IMPRESSED by AUTHORITY [Lyc. has more cowardice; only dominant and dictatorial at home; Chel. is also dominant outside the house].
- M Definite sense of what is right and wrong; strong-minded. "Never wastes time with analyzing emotions." Not overtaken by their emotions. Wants to be sure about health [interesting delusion: Delusion he has ruined his health [1/1]].
- G RIGHT-SIDED complaints.
- G amel. EATING [amel. pain in forehead, pain in stomach, cramping pain in stomach, pain in right hypochondrium, pain liver].
- G amel. Hot drinks [especially hot milk] [amel. pain in stomach, bellyache, diarrhoea, nausea, vomiting]. "Desire for very hot drinks; unless almost boiling the stomach will not retain them" [Allen].
- G agg. 4 A.M. or 4 P.M. [Compare Lyc.; time of aggravation of Chel. mostly a bit earlier: 2 or 3 a.m. or 2 or 3 p.m.].
- G amel. NOON, after EATING.
- G agg. Motion [3]; agg. change of position [2].
- G amel. Lying on ABDOMEN [2].
- G Pains shoot backward or in all directions.
- G YELLOW discolorations [skin, eyes, stool, tongue, face, urine, nose].
- G CHEESE [aversion or desire].
- G NAUSEA and PERSPIRATION during [or from] pain.
- P LIVER PAINS GOING BACKWARD, or FIXED AT ANGLE of RIGHT SCAPULA.
- P Coldness of right foot.

- P Gall-stones and pain under the right shoulder blade.
- P Pneumonia of the right lung and liver complaints.
- P Periodic supra-orbital neuralgia or migraine [right side] and excessive lachrymation; agg. warmth and motion; amel. vomiting bile.
- P COLD FINGERTIPS.

Mind

Confusion, night, waking, on [2]. Delusions, die, thought he was about to [2], insane, that she will become [2].

Head

Heaviness, occiput, night, could not be raised from pillow, as if [2/1]. Pain, afternoon, 2 p.m. [2], blowing nose agg. [2], periodic, every fourteen days [2]; forehead, above eyes, evening, reading, while [2]; pressing, forehead, band, as from [3], closing eyes amel. [2/1]; pressing, forehead, closing eyes amel. [2], extending to eyes [2].

Eve

Close, desire to [2], must [2]. Inflammation, wet, getting feet [2/1]. Pain, closing amel. [2], looking, when, upward [2].

Vision

Sparks, headache, during [2].

Face

Heat, afternoon, 2 p.m. [2]. Numbness, right [2]. Perspiration, heat, during [2].

Stomach

Nausea, anxiety, after [2], pain, during [2]. Pain, bending backward amel. [2], heat amel. [2], lying, side, with legs drawn up amel. [2/1], stool, after, amel. [2/1], warm milk amel. [2; Graph.], extending transversely [3], extending to back [1]. Vomiting, bile, headache, with [3].

Abdomen

Coldness, cold drinks, after [2], eating, after [2]. Constriction, string, as by a [3]. Fat [3]. Pain, aching, dull pain, eating amel. [2], warm drinks amel. [2], warm milk amel. [2], extending transversely [3]; hypochondria, right, eating amel. [2/1], extending to back [3]. Rectum

Constriction, contraction, closure, etc., alternating with itching [2/1]. Diarrhoea, eating amel. [2].

Urine

Color, brown, beer, like [3], yellow, dark [3].

Chest

Pain, sneezing, on [2].

Back

Pain, cervical region, breathing deeply [2/1].

**Extremities** 

Coldness, foot, right [2], waking, on [2]. Pain, touch agg. [3].

Sleep

Dreams, funerals [2]. Sleepiness, talking, while [2].

Generalities

Noon, eating, after, amel. [3/1].

#### Food

Aversion: Cheese [2]; spinach [2/1]; coffee [1]; cold food [1]; cold water [1]; cooked food [1]; lentils [1/1]; meat, boiled [1.

Desire: Cheese [2]; milk [2]; strange things [2]; strange things, during pregnancy [2]; warm drinks [2]; warm food [2]; beer [1]; colfee [1]; cold drinks [1]; hot food [1]; lime [1]; milk, hot [1]; sour [1]; vinegar [1]; wine [1].

Worse: Milk [2]; beer [1]; cold drinks [1]; cold food [1]; cold water [1]; soup [1]; tobacco [1].

Better: Hot water [2]; warm drinks [2]; warm milk [2]; cold water [1]; hot food [1].

#### Nucleus

- 1. Practical, sceptical, strong-minded, dominant persons.
- 2. Right-sided complaints.
- 3. amel. Hot drinks, amel. eating. Must eat at noon.
- 4. agg. 4 a.m. or 4 p.m. [often some hours earlier-compare Lyc.].
- 5. Ailments and pain at or under angle of right scapula
- 6. Pains and nausea and perspiration.

# China officinalis

Peruvian Bark / Cinchona Officinalis

### Region

BLOOD. CIRCULATION. SECRETIONS [digestive; organs; liver]. Spleen. Nerves. Mucous membranes. \* Left side. Right side.

#### Modalities

Worse: LOSS OF FLUIDS. TOUCH. Jar. Noise. PERIODICALLY [alternate days]. Cold; drafts; wind. Open air. Eating. Fruit. Milk. Mental exertion. Night. Motion. Walking.

Better: Hard pressure. Loosening clothes. Bending double. Lying down. Fasting.

# Leading symptoms

M - Partially similar to Nux-v., Lyc. and Chel., and Nat-m. With only temporary or partial improvement after these remedies, think of Chin.

Artistic persons - like beautiful colors, "feel the colors"; make verses, painters; strong SENSE of BEAUTY. Reserved disposition; express themselves in writing poems, painting; find it difficult or impossible [Mind: mistakes, words] to express their feelings in ordinary words; only talk about themselves with confident persons, good friends. Aversion to superficial contacts [agg. "slight touch"], only want deep contacts and friendships [amel. "hard, deep pressure"]. Desire to have the BEST THINGS [Mind: unworthy, objects seem [2/1]; unattractive, things seem [1/1]]. Strong imaginative power, evening in bed [compare Nat-m.:], or daydreaming. Chin. thinks about all kinds of positive and wonderful things, like being able to fly, relaxing on a warm day at the seaside, being the richest person of the world, etc., after which they feel happy and satisfied and fall asleep. The same pattern can occur during the day, when they are disturbed or embarrassed. Nat-m., on the other hand, dwells on past disagreeable occurrences, i.e. thinks about all kinds of negative things.

Every external impression leaves deep traces. The intensity of China's inner life can lead to exhaustion ["loss of mental fluids" - Ghegas], with the result that they become irritable and even violent, insulting and abusive. In this stage the world becomes hostile; they feel unfortunate, do not want to live any more but lack the courage to commit suicide.

It's difficult to make contact with Chin. patients because they don't like superficial contacts and can be abusive, impolite and inconsequential in answering questions. They will only open up when they feel real interest and sympathy [Ghegas].

- M Full of PLANS and IDEAS, especially in the evening and at night. CLARITY of MIND evening and night. Sleeplessness from activity of mind.
- M Delusion he is UNFORTUNATE; the world is HOSTILE [delusion he is being constantly harassed by enemies].
- M Apathy, indifference and sadness following severe diseases.
- G CHILLY. agg. COLD in general.
- G amel. Hard PRESSURE. agg. TOUCH, slight touch.

- G Ailments after LOSS OF FLUIDS [profuse, exhausting discharges, haemorrhages, excessive lactation, diarrhoea, suppurations, perspiration, vomiting, excessive masturbation].
- G Periodical and intermittent complaints.
- G Nervousness and oversensitivity of the SPECIAL SENSES: a. Least touch agg. while hard pressure amel.. b. Extreme susceptibility to cold air and wind. c. Least noise is experienced as painful. Tinnitus aureum. d. Oversensitivity to odors: cooking odors and tobacco.
- G CANINE HUNGER, especially AT NIGHT.
- G Bad effects from ABUSE of TEA.
- P Excessive DISTENSION of abdomen due to ACCUMULATION of GAS; with frequent ERUCTATIONS which do not amel.. Meteorism can be accompanied by colicky pains, vomiting and diarrhoea.
- P Circulatory disturbances: haemorrhages, anaemia, oedematous swelling and hydrops.
- P Gallstone colics, every day at the SAME HOUR; agg. at night and after eating; amel. bending double.
- P HEADACHE, bursting pain, red face; throbbing of head and carotids; extending from occiput to whole head; agg. sitting or lying; must stand erect or walk. Long lasting congestive headaches and deafness and noises in the ears.
- P Perspiration day and night, during sleep [on being covered] or even when closing the eyes [Con.].
- P One foot cold, the other hot; one hand cold, the other hot.
- P Diarrhoea after eating pears; after milk; after oysters.
- P Toothache while nursing the child.

Mind

Cares, full of [2]. Contemptuous, of everything [2]. Delusions, people, closing eyes, on [3]. Excitement, horrible thing, after hearing [3]. Fear, dogs [3]. Ideas, abundant, evening [3]. Plans, making many, evening [2]. Sensitive, noise to, labor, during [2]. Theorizing, evening [2/1].

Vertigo

Night, waking, on [2]. Loss of fluids [2].

Head

Distention, blood vessels [3]. Falling of head, backward, walking, while [2]. Pain, moving head, on, amel. [2], periodic, morning, every [2], pressure, external, hard, amel. [3]; occiput, standing, while, amel. [2], extending to head [3]. Pain, bursting, closing eyes, on [2/1], opening eyes amel. [2/1];

EYES: Photophobia, coition, after [2].

Vision

Flickering, headache, during [3].

Nose

Epistaxis, morning, rising, after [3]. Perspiration, on, cold, around nose [3/1].

Face

Heat, room, entering room, from open air [3/1]. Perspiration, cold, around mouth [3]. Stomach

Appetite, diminished, eating, when time for [2]; increased, eating, returns only while [3]; ravenous, night [3]; wanting, foggy weather, in [3/1]; wanting, fullness, from sense of [2]; wanting, returns after eating a mouthful [3]. Aversion, butter [3]; food, hot [3]. Desires, highly seasoned food [3]. Distention, eructations do not amel. [3]. Fermentation, fruit, after [3]. Heartburn, milk, after [2].

Abdomen

Coldness, drinking, after [2]. Distention, drinking, after [3]. Fermentation, fruit, after [3/1]. Flatulence, fruit, from [3/1], tea, drinking [2/1]. Fullness, sensation of, eating, while [2/1].

Rectum

Diarrhoea, cathartics, after [2], nursing, after, women [2], painless, night, only after eating in daytime [3/1], weaning, after [3].

Stool

Lienteric, night [3], fruit, after [3/1].

Sleep

Dreams, continued, waking, after [2]. Sleeplessness, hunger, from [2].

Skin

Goose flesh, drinking, after [2]. Trembling, menses, after [2/1].

Generalities

Anaemia, hemorrhages, after [3].

### Food

Aversion: Beer [3]; bread [3]; butter [3]; fats and rich food [3]; hot food [3]; fruit [3]; meat [3]; coffee [2]; food, warm [2]; milk [2]; cold water [1]; drinks [1]; water [1]. Desire: Cold drinks [3]; delicacies [3]; highly seasoned food [3]; sweets [3]; coffee [2]; refreshing things [2]; salty things [2]; tea [2]; alcohol [1]; beer [1]; brandy [1]; cherries [1]; coffee, burnt [1]; fruit [1]; fruit, acid [1]; pastry [1]; pungent things [1]; sour [1]; whisky [1]; wine [1].

Worse: Fruit [3]; milk [3]; bread and butter [2]; cabbage [2]; flatulent food [2]; fruit, acid [2]; sauerkraut [2]; tea [2]; beans and peas [1]; beer [1]; bread [1]; butter [1]; dry food [1]; fat [1]; fish, spoiled [1]; hot food [1]; meat, spoiled [1]; milk, sour [1]; sour [1]; veal [1]; warm food [1].

### Nucleus

- 1. Ailments after loss of fluids; = exhaustion, weakness, headaches, gastro-intestinal disturbances, anaemia.
- 2. Excessive bloating of abdomen [gas]; eructations do not amel.
- 3. agg. Slight touch, amel. hard pressure.
- 4. Clarity of mind and abundant ideas and plans in the evening and at night.
- 5. Oversensitivity of the senses.

# Cicuta virosa

Water Hemlock

### Region

BRAIN. NERVES. Skin. Gastro-intestinal tract. \* Left side.

### **Modalities**

Worse: INJURIES; TO HEAD. Jar. Noise. TOUCH. Cold. Dentition. Suppressed

eruptions. Tobacco smoke. Drafts. Worms. Turning the head.

Better: Heat. Passing flatus.

### Leading symptoms

M - Little is known about the essence of Cic. In general the remedy is pre-eminently related to epilepsy and convulsions. In homeopathic literature no coherent mental picture is to be found. In spite of that, the mental symptoms seem to indicate an ESTRANGEMENT from SOCIETY and a desire to RETURN to a former, more happy state, i.e. childhood, as can be concluded from the following symptoms [to be found in the Synth. Rep.]: Aversion to company, especially during menses; avoids the sight of people [3]; aversion to the presence of strangers [3]. Contemptuous [3]. Shuns the foolishness of men [1/1]; disgusted with their follies; loss of confidence in men [1/1]. Sad stories affect her profoundly [3]; sadness from sad stories [3/1]; talking of unpleasant things agg. [2]. Thoughtful about the errors of others [1/1]. Delusion he is not living under ordinary relations [1/1]. Familiar places seem strange [1/2]. Fear to open door [1; Con.; Lyc.]. Fear from noise at door [1]. Suspicious [3]; desire for solitude [1/2] [on account of suspicion]. Hatred [4], hatred and revenge [1]. WANT OF TRUST IN PEOPLE. Possibly in the past Cic. was too strongly committed [sympathetic -2]. Thinks he is a child again and acts like one [2/1]. Impulsive [2]. Jesting, ridiculous or foolish [2]. Desire to play with childish toys [3/1]. Confounds present with past [2]; future with past [1/4]. Errors of personal identity [1]. All this seems to indicate that the confidence of Cic. in mankind has been rudely shaken [traumatic experiences, mental and emotional INJURIES], or his demeanour and view on life are totally altered after an injury of the head [mental changes after an injury of the head - compare Nat-s.]. "Convulsions from fright" seems to confirm this.

- M CHILDISH BEHAVIOR; Delusion thinks he is a child again [3]; acts like a child
- [3]. "Confusion of the present and the past; he has the sensation of being a child" [Julian].
- M Sadness from sad stories. Talking of unpleasant things agg..
- G CONVULSIONS, especially when caused by a recent or remote TRAUMA [HEAD or SPINE].
- G Electric-like SHOCKS from CONCUSSION of brain [3/1].
- G AURA from SOLAR PLEXUS, or fits STARTING with a SHOCK in the STOMACH.
- G Grand mal; violent convulsions, frightful distortion of limbs and whole body, frightful facial distortions, eyes jerk and stare, opisthotonos; loss of consciousness; bluish face; foaming at the mouth; grinding of teeth; biting the tongue; renewed or agg. by

SLIGHTEST TOUCH, noise or jar; followed by PROSTRATION or hiccough.

Afterwards, memory blank for hours or days.

- G Convulsions from FRIGHT [Op., Ign., Acon.].
- G Spasms of teething children or spasms due to worms.
- G amel. LYING in bed [3].
- G Chilliness; desire for heat.
- G "Trismus and tetanus from splinters in the flesh [Hyper.]" [Allen].
- P "Turns feet inward, or big toes up during spasms" [Boger].
- P Impetigo or other pustular eruptions; confluent; thick yellow [loose] crusts; agg. head and face.
- P CRUSTY ECZEMA ON THE HEAD + EPILEPSY is almost for 100% a Cicuta-case [Morrison].
- P Congestion to head and vomiting and diarrhoea.
- P "Most important in many cases of cerebro-spinal meningitis" [Lippe].
- P Convergent STRABISMUS, after a trauma.
- P Headache amel. passing flatus [Aeth.]. Headache amel. thinking of pain.
- P Pain coccyx [drawing [2], jerking [2], tearing [2] during menses]. [Result of a fall on coccyx?]

### Repertory

Mind

Ailments, quarrels [1/7]. Answers, abruptly [2], spoken to, when, yet knows no one [2/1]. Clinging, convulsions, before [3/1]. Company, aversion to, presence of strangers, to [3]. Excitement, horrible things, after hearing [3]. Sadness, injuries of the head, from [2]. Sympathetic [2].

Head

Concussion of brain [3]. Injuries of the head, after [2]. Jerking of the head, lying on the back, while [2; Hyper.], talking, when [2/1]. Perspiration, scalp, sleep, during [2]. Shocks, sudden [2]. Pain, sitting up or erect amel. [2], thinking of pain amel. [2].

Eye

Strabismus, mental emotions or fear agg. [2].

Vision

Approach, objects seem to approach and then recede [2/1]. Loss of vision, fainting, as from [2].

Ear

Noises, buzzing, vertigo, with [2]; reverberating, swallowing, when [2/1].

Face

Eruptions, eczema, honey, like dried [3]; pustules, confluent [2/1].

Mouth

Biting, tongue, night in sleep [2]. Speech, swallows his words [2; Staph.].

Stomach

Distention, convulsion, during [2/1].

Bladder

Urging to urinate, stool, after [2].

Extremities

Coldness, convulsion, with [2].

### Fever

Intense heat, convulsions, with [2].

Generalities

Convulsions, air, cold [2], downward, spread [2], errors in diet [2/1], pregnancy, during [2], sleep, during [2], touched, when [3]. Lying on back amel., unable to turn from the back [2]. Shocks, injury, from [2], electric-like, concussion of brain, from [3/1]. Wounds, splinters, from [3].

### Food

Desire: Cabbage [3]; charcoal [2]; wine [2]; alcohol [1]; beer [1]; brandy [1]; coal [1]; lime [1]; spices, especially mustard [1] [Julian]; starch [1].

Worse: Milk [2].

### Nucleus

- 1. Convulsions, cramps, epilepsy; aura from stomach.
- 2. agg. Touch.
- 3. Ailments after injury to head or spine.
- 4. Crusty eczema or eruptions; confluent, yellow crusts.
- 5. Childish behavior; estrangement; want of confidence in mankind.

# Cimicifuga racemosa

### Actæa racemosa

### Region

Mind. Occiput. Vertex. NERVES and MUSCLES [cerebro-spinal; eyeballs; ovaries and uterus; heart]. FEMALE ORGANS. Joints. Left side [ovary; breast, etc.]. Nape of neck. Front of thighs. \* Left side. Right side.

### Modalities

Worse: Menstruation; suppressed. During labor. Emotions. Alcohol. Damp, cold weather. Wind. Drafts. Change of weather. Sitting. Taking cold. Motion. Excitement. Morning. Afternoon. Evening. Climacteric period. Alcohol.

Better: Warm wraps. Open air. Pressure. Gentle, continued motion. Eating. Grasping thighs. Rest.

### Leading symptoms

M - SIGHING, especially DURING MENOPAUSE, during MENSES, or and GYNAECOLOGICAL problems.

M - LOQUACITY, jumps from one subject to another; about ordinary things; far less sharp-tongued and witty as Lach. [who takes delight in playing with words].

M - SAD and gloomy, as if enveloped in a BLACK CLOUD. "Begins to cry for a known person, runs into the woods to weep out her soul" [Julian].

M - FEAR of INSANITY, especially DURING MENOPAUSE.

M - POST-NATAL complaints: "Delusion she is encaged in wires"-feels imprisoned on account of having a baby to take care of.

M - Fear and delusions of mice, rats, insects.

M - Alternation of mental and physical complaints.

G - CHILLY. agg. COLD air.

G - JERKING in side lain on [2/1].

G - Weakness from NURSING the SICK [2].

G - Ailments associated with MENSTRUAL DISORDERS or MENOPAUSE.

G - The MORE PROFUSE the menstrual flow, the GREATER the sufferings [reverse of Lach.].

G - Is called the "cold Lachesis".

G - Ailments and problems of nape of neck [stiffness, pain]; nausea and vomiting caused by pressure on spine and cervical region.

G - Menses: Before menses: Confusion [1; Sep.], hysteria [1], pain in hips [2], heaviness in head [1], aching of thyroid [1].

During menses: Anxiety [1], confusion [1/6], excitement [1], hysteria [2], irritability [1], mental symptoms agg. [2], sadness [1], sighing [1/6], pressing headache [2], cramping pain in uterus [2] [compelling to bend double], paroxysmal pain in uterus [3] [bending double amel., motion agg.], prolaps of uterus [2], heaviness lumbar region [2], labor-like pain in small of back [2], sore, bruised pain lumbar region [2], pain in extremities [2], convulsions [2], pain above the eyes [2], among many other symptoms.

- G Habitual abortion [third month].
- G Sore, bruised pain in muscles after exertion. Sleeplessness from soreness of the muscles of the back; cannot lie on the back.
- G Rheumatic affections during MENOPAUSE.
- G Ailments during PREGNANCY [nausea, vomiting, sleeplessness, shooting pains, sadness, nervousness].
- P NAPE of NECK very SENSITIVE to DRAFTS.
- P Pain in lower abdomen, CHANGING SIDES [ovaries].
- P Pain around or behind eyes; wants to press with finger beneath upper edge of orbit.
- P "Unable to open eyes during menses." [2/1]
- P Severe dysmenorrhoea; pain extending to anterior part of thighs. Oversensitivity agg. during pain. Sharp, lancinating, electric-like pains.
- P Delivery slow due to rigidity of os; false labor pains; oversensitive to noise.

Mind

Delusion, arms are bound to her body [1/1], clouds, heavy black clouds enveloped her [2/1], encaged in wires [2/1], insane, that she will become [3], mice, sees [2]. Fear, pregnancy, during [2]. Hysteria, menses, during [2/1]. Loquacity, changing quickly from one subject to another [2]. Love, ailments, from disappointed [2]. Wander, desire to [1] [post-natal?].

Vertigo

Fullness and aching in vertex [3/1].

Head

Opening and shutting, sensation as if, and let in cold air [2/1]. Pain, occiput, air, open, amel. [2], mental labor [2], warm room [2], extending to vertex [3]; sore, bruised, occiput, motion, on [3].

Eye

Open, unable to, menses, during [2/1]. Pain, stitching, closing eyes [2], extending inward [2]. Redness, headache, during [2].

Face

Discoloration, pale, sudden [2].

Stomach

Sinking sensation, meeting a friend, when [2/1].

Abdomen

Pain, aching; inguinal region; after-pains [2/1].

Female genitalia

Contractions, os, spasmodic, during labor [3]. Displacement of uterus [2]. Menses, suppressed, emotions, from [2/1]. Pain, uterus; bending double amel. [2]; labor pains, fainting, causing [2].

Chest

Pain, mammae, under [2], climacteric, during [2/1], pregnancy, during [2/1].

Back

Pain, extending down thighs [2]; cervical region, extending to vertex [2]; dorsal region, bending forward, on [3/1]; lumbar region, extending around the body [2]; sacral region, extending to hips and thighs [2], during labor [2/1]; pain, drawing, dorsal region, between

scapulae, bending forward, on [3/1]; Stiffness, cervical region; draft of air [2]. Generalities

Weakness, nursing the sick, from [2].

### Food

Aversion: Food [1]; tobacco [1].

Desire: Cold drinks [1].

### Nucleus

- 1. Complaints related to menstrual disorders, climacteric, post-natal period.
- 2. Sighing and sadness.
- 3. Chilly [though amel. in open air], extroverted people; very loquacious [kind, not sharp-tongued].
- 4. Muscular soreness after exertion, causing sleeplessness.
- 5. Problems with nape of neck [tension, stiffness, pain].
- 6. The more profuse the flow, the greater the sufferings.

# Cina maritima

### Wormseed

### Region

NERVES [cerebro-spinal; ABDOMEN]. Digestive tract. Eyes. Mucous membranes. Children. \* LEFT SIDE.

### Modalities

Worse: TOUCH. Worms. Vexation. Being looked at. DURING SLEEP. Full moon. Staring. Yawning. Strangers. Open air; cold air. Caresses. Cold water. External pressure. Sun. Summer.

Better: Lying on abdomen. Wiping eyes. Motion. Being carried; over mother's shoulder.

### Leading symptoms

- M TOUCHY, ugly [even more than Cham.]. "Dislikes even favourite toys." "There is no child more contemptible than the Cina child; he is easily excited; weak; screams, strikes and bites; is cross and obstinate" [Lippe]. "About the worst child, except possibly Stram" [Morrison].
- M Child constantly ill-humored; doesn't want to be TOUCHED [especially on the HEAD, e.g. combing hair], CARESSED and LOOKED AT.
- M Screaming at night, grinding of teeth; child can only lie on the ABDOMEN, wakes in any other position. Wants to be carried over the shoulder [= pressure on abdomen], but carrying gives no relief. Chews and swallows in sleep.
- M Refuses things asked for; throws them away and tries to hit you [unlike Cham., who throws anywhere].
- G amel. LYING on ABDOMEN [2].
- G amel. Continued motion [2].
- G agg. PRESSURE.
- G WORMS.
- G CANINE HUNGER, shortly after eating, or after vomiting.
- G Ailments of nursing children [refuse mother's milk]. Allergic to milk.
- G Epileptiform spasms: child awakes suddenly [as if frightened], screams without apparent cause, sits up, stares and stiffens. Goes to sleep again, or wants to be rocked. "The child wakes in a fright, screams, trembles and cannot be quieted; they are proof against all caresses" [Dewey].
- G Child STIFFENS before coughing, from anger, when looked at, during convulsions.
- G Ailments and yawning.
- G Craving for sweets and different things.
- P Child rubs, bores and picks all the time in nose and complains of bellyache.
- P Pale face, dark rings about eyes; marked bluish paleness around nose and mouth.
- P STOOL mostly colorless [contrary to the green, hot, lienteric stools of Cham.].
- P One cheek red, the other pale.
- P Eye fatigued, amel. rubbing.

Mind

Caressed, aversion to being [3/1]. Carried, desires to be, over shoulder [2]. Fear, approaching him, of others, children cannot bear to have anyone come near them [2; Cupr.]. Frightened, easily, waking, on [2]. Indifference, caress, to [3/1]. Lamenting, asleep, while [2]. Play, indisposition to play, in children [2]. Quiet, cannot be quieted [3/1]. Striking, children, in [3; Cham.].

Head

Motions of head, backward and forward [2]. Pain, stooping, amel. [2], touch amel. [2]. Eve

Pain, looking when, steadily [2], masturbation, after [2/1], reading by candlelight [2], sewing, while [2].

Vision

Colors, before the eyes, yellow [3]. Dim, wiping eyes amel. [2].

Nose

Itching, rubs constantly [3]. Picking, nose, constant desire, in brain affections [3].

Face

Discoloration, bluish, mouth, about the [3]; pale, mouth, round [3]; red, waking, on [3].

**Throat** 

Gurgling, drinking, when, in oesophagus [2], convulsion, during [3], coughing, after [3/1]. Swallowing, involuntary [2] [in sleep].

Stomach

Pain, extending transversely [2].

Abdomen

Distention, children, in [2].

Rectum

Worms, children, in [3].

Stool

Mucous, white, like little pieces of popped corn [3]. White, grains or particles [2].

Urine

Milky, standing, on [2]. Thick, standing, on [2].

Female genitalia

Metrorrhagia, girls, little [2/1].

Cough

Dry, and sneezing [2/1]. Suffocative, morning, rising, after [3/1].

Respiration

Arrested, convulsions, during [2].

Sleep

Position, head inclined backwards [2].

Generalities

Convulsions, dentition, during [2], heat, during the [2], worms, from [3]. Shuddering, yawning, when [2].

### Food

Aversion: Milk [2]; mother's milk [2].

Desire: Cold drinks [3]; many things [3]; bread [2]; sweets [2].

Worse: Milk [2] [= vomiting]; pepper [2].

### Nucleus

- 1. Touchy and ugly [pre-eminently in children]. Strong dislike to being touched, caressed, looked at. Cham.-like behavior, but even worse.
- 2. Complaints related to worms.
- 3. Desire to lie on abdomen.
- 4. Whitish stools. Ravenous appetite.
- 5. Boring in or rubbing of nose.
- 6. Ailments and yawning; and stiffening of body.
- \* "Hahnemann's provings and remarks revealed the extraordinary fact that Cina produces in the healthy body almost, if not completely, all those symptoms whose presence usually indicate the existence of worms in the body" [Hughes].

# Cistus canadensis

### Rock Rose

### Region

GLANDS [naso-pharynx; cervical; mammae - left]. Throat. Lungs. Skin.

### Modalities

Worse: COLD [AIR; inspired air; taking cold; cold drafts; cold water]. Mental [exertion; excitement]. Touch. Winter.

### Leading symptoms

- G Remarkable resemblance to Calc., though mostly on the physical level only; no mental picture known.
- G Similar to Calc., Hep. [suppuration, susceptibility to cold] and Heloderma [the coldest remedy of the materia medica].
- G Extreme SENSITIVENESS and susceptibility to COLD.
- G Sensation of COLDNESS in various parts [mouth, throat, nose, breath, tongue, naso-pharynx, stomach, abdomen, saliva, eructations, forehead, chest, perspiration].
- G Sleeplessness from coldness.
- G Desire for CHEESE, acid fruit, herring, pungent things [TONICS].
- G ENLARGED and indurated GLANDS, like knotted cords.
- P Diarrhoea after coffee, fruit.
- P Burning in nose when the nasal discharge is removed.
- P THICK YELLOW OFFENSIVE MUCUS, leaving a painful rawness.
- P Cracking and bleeding of fingers in winter; from washing in cold water.
- P Fetid otorrhoea and enlargement of parotid and cervical glands, with cracks, fissures and bleeding [eczema around ears].
- P Colds affect the THROAT and POSTERIOR NARES.
- P Pyorrhoea alveolaris.

### Repertory

Mind

Cheerful, eating, while [1]. Excitement, emotional, ailments from [2].

Head

Coldness, forehead, externally [1], warm room, in [1]. Pain, fasting, from [2], fasting, from, if hunger is not appeared at once [1]; forehead, eating amel. [2].

Ear

Eruptions, about the ears [2]. Swelling, below, glands [2].

Nose

Coldness, inside, when inhaling [2], blowing, after [2/1]. Pain, burning, blowing, after blowing out thick mucus [1]; rawness, posterior nares [2].

Face

Eruptions, eczema, nose [2].

Throat

Dryness, eating, after, amel. [2/1], swallowing, on, saliva amel. [2/1]. Hawk, disposition to, morning [2]. Pain, air, cold [1], swallowing, after, amel. [1]; stitching, mental excitement, after [2/1]. Scratching, sand, as from [2/1]. Spongy sensation [2/1].

External throat

Induration of glands, like knotted cords [2]. Swelling, cervical glands, suppurative [2]. Stomach

Coldness, chilliness in pit of [1], eating, before [2/1], eating, after [2].

Rectum

Diarrhoea, night, midnight, after [1], midnight to noon [1; Ars.], acids, after [1], coffee, after [2], damp weather [1], fruit, sour, after [2], vegetables [1].

Larynx

Cold sensation on breathing [2]. Itching, larynx, night [2/1]. Itching, trachea [2].

Respiration

Difficult, open, wants doors and windows [1].

Cough

Exertion, mental [1].

Chest

Abscess, mammae [2].

Back

Pain, burning, coccyx, sitting, while [1], touched, when [1].

**Extremities** 

Cracked skin, hands, wetting, from [2], winter, in [2], palms of [2]. Sensitive to cold, fingers, tips [1/1].

Skin

Itching, eruption, without [1].

### Food

Desire: Cheese [2]; fruit, acid [2]; pungent things [2]; refreshing things [2]; fruit [1]; herring [1].

### **Nucleus**

- 1. Similar symptoms to Calc. on physical level.
- 2. Excessively chilly persons; readily catching cold. Colds settle in throat and posterior nares.
- 3. Local sensations of coldness.
- 4. Thick, yellow, offensive mucus.
- 5. Desire for cheese; strong tasting and stimulating things.
- 6. Enlarged, indurated and suppurating glands.

# Clematis erecta

### Virgin's Bower

### Region

MUCOUS MEMBRANES [EYES; URETHRA]. GLANDS [TESTES; epididymis; mammae; ovaries]. Skin. Scalp. Occiput. \* LEFT SIDE. Right side.

### Modalities

Worse: GONORRHOEA. Heat of bed. NIGHT. Cold washing. Moon [waxing], agg. and amel. with. Mercury. Moving the head. Smoking tobacco. Night.

Better: Perspiration. Scratching. Holding cold water in the mouth. Open air.

### Leading symptoms

- G agg. BATHING. Dread of bathing [3].
- G VERY HARD, PAINFULLY SWOLLEN GLANDS; TESTES [right].
- G Burning, itching, stinging, crawling pains,
- G Aversion to coition.
- G Ailments after SUPPRESSED GONORRHOEA [painful, hard swelling of spermatic cord and/or testis, usually right-sided, or arthritic pains].
- G Neuralgic pains in various parts amel. perspiration.
- G Electric-like SHOCKS while LYING [2/1].
- P Dribbling after micturation. Has to wait a long time before his efforts to urinate are successful; inability to pass all the urine. CONSTRICTION of the URETHRA.
- P SWELLING of inguinal glands and spermatic cords; and cutting, sore pain.
- P Chronic conjunctivitis.
- P Toothache agg. at night, agg. tobacco, amel. holding cold water in the mouth, amel. sucking in cold air [= mostly Clem.] [Morrison].
- P Skin symptoms agg. heat of bed and washing in cold water. Vesicular, pustulating and discharging a yellowish, corrosive ichor.
- P Organotropic affinity with testes and spermatic cords, mostly right side.

### Repertory

Mind

Ailments, homesickness, from [2]. Company, aversion to, yet dreads being alone [2]. Head

Eruption, crusts, occiput [2]; itching, warm room agg. [2]; moist, yellow [2]; moist, occiput [2]; serpiginous [2].

EYES: Discharge of mucus or pus, acrid water [3/1]. Heat, sensation of, steaming out [2]. Pain; cold air agg. [2], sunlight agg. [2]; burning, closing lids [2]. Photophobia, walking in open air [2]. Ulceration, lids, margins [3].

Face

Induration, parotid gland [2]. Inflammation, parotid gland, metastasis to testes [2]. Teeth

Pain, air, drawn in, from, amel. [2], sucking teeth amel. [2].

Stomach

Nausea, after smoking [2].

Abdomen

Swelling, inguinal region [2], right [3]. Tension, inguinal region, walking, while [2].

Bladder

Pain, urinating, beginning [3]. Urination, involuntary, urination, after [3].

Male genitalia

Induration, testes, right [2], gonorrhoea, after [2]. Inflammation, testes, right [3], warmth of bed agg. [3/1]. Pain, spermatic cords, right [2]; testes, morning [2]; pinching, scrotum [3]; pinching, testes [2]; sore, bruised, spermatic cords [3]; sore, bruised, testes, walking, while [2]. Swelling, spermatic cords, right [3]; testes, right [3].

Back

Eruptions, cervical region, moist [2].

Skin

Eruptions, crusty, serpiginous [2], discharging, corrosive [2], herpetic [2], itching, night [2], itching, warmth agg. [2], itching, washing in cold water agg. [2/1], vesicular, ulcerated [2], washing agg. [3].

Food

Aversion: Beer [2]; smoking [1].

Desire: Cold drinks [1].

Worse: Smoking [2] [= nausea, vomiting]; bread [1]; cold drinks [1]; hot food [1]; warm

food [1].

Better: Cold drinks [2].

### Nucleus

- 1. Right-sided complaints, especially of male genitalia.
- 2. Glands very hard and painfully swollen.
- 3. Bad effects of suppressed gonorrhoea.
- 4. Neuralgic pains amel. perspiration.
- 5. Intermittent urine; flows and stops repeatedly.

# Coca

Virtually the same as cocaine

### Region

NERVES [BRAIN; respiration; heart]. Muscles.

### Modalities

Worse: Ascending. High altitude. Cold. Mental exertion.

Better: Rapid motion in open air. After sunset. Wine. Riding. After dinner.

### Leading symptoms

M - Extreme BASHFUL TIMIDITY; withdrawal from society; "delights in solitude and obscurity" [Lippe]. "Ill at ease in society."

M - Fear of flying in aeroplanes.

M - Fear of letting things fall; fear of falling when walking.

M - Sensation of isolation.

M - Mental prostration alternating with brightness.

G - agg. ASCENDING HIGH [3].

- G "The MOUNTAINEER's remedy. Useful in a variety of complaints incidental to mountain climbing, such as palpitation, dyspnoea, anxiety and insomnia" [Lippe]. Bad effects from mountain climbing or ballooning.
- G "ALTITUDE SICKNESS, almost a specific for this problem, especially where the respiratory power is depressed" [Morrison].
- G "Generally called for persons who are wearing out under the physical and mental strain of a busy life, and who suffer from exhausted nerves and brain [Fl-ac., Kali-p., Nux-v.]" [Allen].
- G Awakes with a shock in the brain.
- G Ailments of OLD PEOPLE.
- G Inflammation of nerves [2].
- P Crawling numbness in arm; like a worm under skin [Calc.], ceases when touched.
- P "Want of breath in those engaged in athletic sports" [Allen].

### Repertory

Mind

Confusion, coffee, after, amel. [1], washing the face amel. [1]. Delusions, beautiful [1], space, fancied he was carried away into, while lying [1; Lach.]. Fancies, pleasant [1]. Gestures, motion, involuntary, of the hands [1]. Hurry, movements, in [1]. Quiet, wants to be [1]. Reading, averse to [1]. Timidity, bashful [3]. Washing, always, her hands [1]. Work, desire for mental [1].

Vertigo

Ascending stairs [1]. Lying, face, on, while, amel. [2/1].

Head

Pain, high altitudes, in [2/1], looking upward, from [1], raising head [1], wine amel. [1].

Vision

Diplopia, writing [1; Graph.]. Loss of vision, ascending stairs [1/1]. Sparks, headache, before [1].

Hearing

Distant, sounds seem [1], voices seem [1].

Female genitalia

Menses, night, more at [2], copious, night [2], sleep, gushes during [2/1].

Cough

Sun agg. [1; Ant-t.].

Extremities

Cramps, calf, descending, on [1/1].

Sleep

Dreams, busy [1], disconnected [1], hurried [1; Merc-c.].

Food

Desire: Alcohol [2]; brandy [1]; sweets [1]; tobacco [1].

Worse: Stimulants, alcohol and tobacco.

Better: Coffee [amel. confusion]; wine [amel. vertigo, amel. headache].

### Nucleus

- 1. High altitude agg. [mountaineering, ballooning, flying in aeroplane].
- 2. Extreme bashful timidity.
- 3. Dyspnoea in athletes, old people.
- 4. Sensation of isolation; withdrawal from society; exalts in pleasant fancies and reveries.
- 5. Sensation of a worm under the skin.

# Cocculus indicus

### Indian Cockle

### Region

SENSORIUM. Cerebro-spinal axis [OCCIPUT; lumbar region; muscles]. Female sexual organs. One side. \* Right side. Left side.

### Modalities

Worse: Motion [BOAT; CAR; carriage]. Slight causes [exertion; pain; noise; touch; emotions]. LOSS OF SLEEP; night-watching. Anxiety. Cold. Open air. Eating. During menses. Thought and smell of food. Lying on occiput. Drinking; drinking coffee. Talking. Pregnancy. Smoking. Laughing. Crying.

Better: Lying quiet. Warm room.

### Leading symptoms

- M Reflecting and answering takes a LONG TIME; hence: Aversion to being DISTURBED [2] and ANGER from INTERRUPTION [2] [lose the thread of their thoughts]. "Patient wants plenty of time to move head, to move to think or to do anything" [Mathur].
- G Ailments from a combination of PHYSICAL and EMOTIONAL STRESS: NURSING THE SICK, i.e. LOSS OF SLEEP + anxiety about the health of the sick person.
- G Ailments from CARES, WORRIES + physical EXERTION.
- G All SLOWS DOWN due to the prostration. TIME passes too QUICKLY.
- G agg. MOVING SURROUNDINGS [i.e. looking outside when travelling in a car]. Slowness of accommodation.
- G CHILLY. Aversion to open air [3]; open air agg. [3].
- G agg. Heat and cold [2].
- G amel. LYING in bed. amel. LYING on [either] SIDE [3].
- G agg. TOUCH.
- G "Of approved valuation in sea-sickness." CAR SICKNESS.
- G Oversensitivity of the special senses: agg. noise, odors, excitement, cold.
- G Aversion to FOOD; nausea at sight or smell of food.
- G Empty, HOLLOW sensation in organs [head, chest, abdomen].
- G Paralytic weakness and numbness and trembling.
- G Desire for BEER [or cold drinks], especially during HEADACHE.
- G Extreme weakness [especially of the legs] during and after menses; can scarcely speak or stand. Exhausting menses, agg. standing on tip toe.
- G "Unmarried women; childless women; romantic girls; sensitive girls; bookworms; rakes" [Mathur].
- P Vertigo and weakness of nape of neck; nape of neck seems too weak to hold up the heavy head.
- P Profuse SALIVATION and THIRST.
- P Numbness of hands when grasping objects; numbness changes sides.

- P Vertigo and nausea. "Vomiting of pregnancy and vertigo."
- P Noise = nausea and vomiting; e.g. during headache.

Mind

Anger, interruption, from [2]. Answers slowly [2]. Anxiety, menses, before [2], sleep, loss of [2]. Fear, noise, sudden, from [2; Bor.]. Sensitive, external impressions, to all [2]. Sits, wrapped in deep, sad thoughts and notices nothing, as if [2]. Starting, touched, when [2].

Vertigo

Watching and loss of sleep [3; Nux-v.].

Head

Heaviness, bending head backward, amel. [2]. Pain, closed eyes, as if something, as if [2], extending down spine [2/1]; opening and shutting [2]; occiput, opening and shutting [2; Sep.]. Separated from body, as if [3].

Eye

Opening the lids, difficult, morning on waking [2], night [2]. Open, sleep, during [2].

Vision

Accommodation, slow [2].

Hearing

Acute, noises, to, cause nausea [2; Ther.].

Face

Pain, extending to other parts [2].

Stomach

Nausea, cold, from [3], constipation, with [3], drinking, after [3], dryness in pharynx, from [3/1], food, smell of [2], food, thought of [3], labor, during [2], mouth, in [2], noise, from [2], riding in a carriage [2], rising, on [2], rising up in bed, on [3], seasickness [3], sitting up in bed, while [3], swinging, from [2].

Abdomen

Stone, umbilicus, sensation of, about [2/1].

Rectum

Constriction, menses, during [2].

Female genitalia

Menses, copious, standing agg. [3], walking agg. [3], pain, flow only in the absence of [2]; cramping, uterus, motion, from [3/1]; cramping, uterus, menses, should appear but do not, when [2; Kali-c.].

Extremities

Numbness, hand, alternating hands [3/1]; foot, alternating with hands [3/1]. Numbness, migratory [2/1]. Trembling, hands, eating, while [3], holding objects [2], raising them high [3].

Generalities

Faintness, pain in abdomen, from [2]. Sleep, loss of [3]. Trembling, emotions, after [3; Staph.], exertion, slight, from [2], noise, from [2], pains, with the [2], touch, unexpected [2/1]. Weakness, nursing the sick, from [3], sleep, loss of [3/1].

### Food

Aversion: Food [3]; food, with hunger [3]; food, smell of [3]; acids [2]; beer [2]; cheese [2]; drinks [1]; tobacco [1].

Desire: Beer [2]; cold drinks [2]; mustard [2]; refreshing things [2]; tonics [2]; salty things [1]; warm food [1].

Worse: Coffee [2]; cold drinks [2]; cold food [2]; eggs [2]; food, smell of [2].

### Nucleus

- 1. Ailments from physical + emotional stress.
- 2. agg. Loss of sleep.
- 3. Slowing down of reactions and mind; time passes too quickly.
- 4. Nausea from sight or smell of food.
- 5. agg. Passive motion. Weakness, numbness, trembling; empty, hollow sensation.
- 6. Aversion to open air.

### Coffea cruda

**Unroasted Coffee** 

### Region

NERVES. CIRCULATION. Sexual organs. Mind. Women. \* Right side.

#### Modalities

Worse: NOISE. TOUCH. Odors. Air [open; cold; windy weather]. Mental [emotions; exertion]. Overeating. Alcohol; wine. Night. Sudden emotions; excessive exaltation. Excessive joy. Narcotics. Warm water in mouth. Taking cold.

Better: Lying. Rest. Ice water in mouth.

### Leading symptoms

- M Ailments from anger [2], excitement [3], fright [2], excessive joy [2], immoderate laughing [2/1], disappointed love [2], pleasant surprises [3].
- M Quick, WANDERING THOUGHTS; rushing ideas; abrupt, incoherent answers.
- M MENTAL OVERACTIVITY; plans, fancies, theorizing, abundant ideas in the evening, causing sleeplessness.
- M QUICK to ACT; WITTY [Lach.].
- M Starting when touched.
- M OVERSENSITIVITY to PAIN; DESPAIR from pain ["weeps, laments and tosses about."].
- M Similar to Nux-v., but less irritated, ambitious and malicious. Benevolence [2/1] and remorse [3]. ["Can become generous to get rid of of their feeling of guilt. Sometimes this is so strong that they stay with their partner out of remorse, to make it up." Ghegas]
- G Aversion to OPEN AIR [3], yet sensation of HEAT [3].
- G ALL the SENSES are more ACUTE: sight, hearing, smell, taste, touch; especially to NOISES: "Awakes at or hears every sound."
- G agg. TOUCH.
- G Very similar to Bell.: head red and hot, pupils dilated and shining, marked redness of cheeks; but Coff. has heat and loquacity, activity of memory and exalted excitement, whereas Bell. has delirium and frightening delusions.
- G Aversion to open air; fear of fresh air [2; Caps.]; sensitive to COLD air.
- G Ailments during MENOPAUSE [flushing, faintness, overexcitement, sleeplessness, palpitations].
- G JOY = weeping, sleeplessness, congestion of head, inflammation of uterus, asthmatic respiration, palpitations.
- G Sleeplessness after delivery. Sleeplessness from nursing the sick [Coff. from overexcitement, Cocc. from anxiety; in Coff. everything is EXALTED, in Cocc. everything SLOWS down].
- P Headache, as from a NAIL in side of head, mostly caused by excessive mental exertion [much talking, excited and deep conversations in the late evening = sleeplessness = headache]; agg. open air.
- P Pain in face and dental problems.
- P Toothache amel. holding cold water in mouth; pain extending to fingertips; during

menses.

- P Dysmenorrhoea; excessive colicky pains; and despair, weeping, lamenting.
- P Incessant cough with or after measles.
- P Nervous palpitation agg. sun heat.

### Repertory

Mind

Animation agg. [2]. Anxiety, flatus, from [2; Nux-v.]. Confusion, paroxysms of pain, during [2]. Fear, death of, pain, from [3/1]. Hurry, drinking [2], eating, while [2].

Lamenting, trifles, over [2/1]. Memory, active, evening, midnight, until

[3/1]. Plans, making many [2]. Theorizing [2]. Weeping, headache, with [2].

Head

Cracking sensation, vertex [2]. Pain, contradiction, after [2], footsteps [3], fright, after [2], joy, from excessive [2], moving eyelids [2], music, from [3], odors, from strong [2]. Eve

Pain, burning, headache, during [2].

Face

Discoloration, red, excitement [2], toothache, with [2]. Heat, labor, during [2]. Pain, excitement [2], noise agg. [2], extending to fingers [2/1].

Mouth

Salivation, pregnancy, during [2].

Teeth

Pain, hot food, from [3], noise agg. [2].

Stomach

Thirst, night, waking, on [2].

Rectum

Diarrhoea, chamomile, after abuse of [2], domestic cares, from [2/1], joy, sudden, from [2; Op.].

Respiration

Asthmatic, emotions, after [2].

Chest

Emaciation, mammae [3].

Back

Coldness, evening, after lying down [2].

Extremities

Lightness, sensation of [2]. Twitching, menses, during [2].

Sleep

Dozing, morning, after 3 p.m. [2/1]. Dreams, long [2]. Light, hears every sound [2]. Sleeplessness, childbed, in [2], climacteric period, during [2], coffee, after abuse of [3], newborn, in [1], pregnancy, during [2], pregnancy, during, cramps in calves, from [1/6], thoughts, from, same idea always repeated [2].

Generalities

Convulsions, laughing, from [2; Cupr.], with [1; Graph.]. Darkness amel. [2]. Faintness, climacteric period, during [2], labor, during [2]. Heat, sensation of [3]. Injuries, traumatic fever [2]. Medicaments, abuse of [1], oversensitive to [1]. Narcotics agg. [3]. Perspiration, cold, menses, during [1/6].

### Food

Aversion: Coffee [2]; drinks [1]; smoking [1]; wine [1].

Desire: Alcohol [2]; tobacco [1].

Worse: Wine [3]; alcohol [2]; tobacco [2]; bread [1]; coffee [1]; hot food [1]; tea [1].

Better: Cold drinks [1].

### Nucleus

- 1. Exaltation and mental overactivity. Ailments from overexcitement.
- 2. Oversensitivity of special senses; to pain.
- 3. Aversion to and agg. in open air.
- 4. Menopause.
- 5. Toothache amel. ice cold water in mouth.

# Colchicum autumnale

### Meadow Saffron

### Region

DIGESTIVE TRACT. HEART; pericardium. Circulation. Kidneys. Tissues [MUSCLES; ligaments; fibrous; serous; JOINTS; small joints]. \* Left side. Right side. Left to right.

### Modalities

Worse: MOTION. Touch. Night. Stubbing toes. Vibration. WEATHER [cold; damp; cold rooms; changing; Autumn]. Slight exertion. Checked sweat. Stretching. Sundown to sunrise. Extreme heat of summer. STRONG ODORS. Eating. Loss of sleep.

Better: Warmth; wrapping up. Rest; lying quietly. Doubling up. Sitting. After stool. Open air.

### Leading symptoms

- M Sensitive persons, more or less unprotected from external impressions [popular name of Colchicum is "Naked Ladies"], both mental and physical: physical, especially odors, mental: ailments from RUDENESS of OTHERS, wildness from misdeed of others [2/1]. Oversensitive to all external impressions [2] [mostly on account of PAIN; "gouty persons with extreme irritability of temper"].
- M Wildness from bright light, odors, touch [2/1].
- M Fear of mice; delusions; = sleeplessness.
- G Extreme DISINCLINATION to MOVE [similar to Bry.], but weak, restless and very chilly. [Combination of Ars. and Bry.]
- G agg. MOTION of AFFECTED part [3]. agg. WALKING. amel. While sitting [3].
- G TOUCH = electric-like shocks through body. agg. SLIGHT touch.
- G amel. On WAKING [2].
- G Sensitiveness, susceptibility and agg.: COLD, COLD and DAMP [Autumn; Colchicum autumnale].
- G Oversensitive to ODORS, especially odors of eggs, fried fish, meat, fat, broth. Nausea, vomiting and faintness from odors.
- G Weakness, internal coldness and tendency to collapse.
- G LIVER or digestive AFFECTIONS and forgetfulness [3], dullness [2], weakness of memory [3].
- G LIVER AFFECTIONS and GOUT; or LIVER AFFECTIONS and RHEUMATIC affections ["swelling of joints moves from one place to another."].
- G Pains go from left to right, except headache, which goes from right to left.
- G "Tingling in many parts of the body, as if frostbitten, whenever the weather changes" [Lippe].
- P Tympanic distention of abdomen from flatulence; cannot stretch the legs.
- P Dropsical conditions; affections of kidneys with urine with black sediment [like INK].
- P Gout of BIG TOE, agg. motion, touch or stubbing the toe ["patient screams with pain"].

- P Mucous colitis; after dysentery.
- P Nausea and vomiting amel. lying quietly, agg. every motion.
- P Diarrhoea in AUTUMN.

Mind

Absent-minded [2]. Ailments, rudeness of others, from [2]. Delirium, headache, during [2]. Delusions, bed, under it, someone is [1], mice, sees [1], rats, sees [1]. Discontented, everything, with [1]. Discouraged, pain, from [1]. Dullness, interrupted, when [1/1]. Fear, mice, of, on waking [1/1]. Insanity, pain, from intolerable [2/4] [compare Wildness from misdeeds of others, from bright light, odors, touch]. Restlessness, pregnancy, during [2/5]. Touched, aversion to being [1].

Head

Pain, wet, from getting, while sweating [2]; pressing, occiput, stooping, on [2].

Cataract, soft [2]. Pain, pressing, canthi, in [2]; stitching, candlelight, in [2].

Face

Pain, wandering [2].

Stomach

Appetite, increased, vomiting, after [2]. Coldness, ice, like, with pain [2]. Vomiting, rising up in bed [2], food, then bile [2].

Rectum

Diarrhoea, Autumn, in [3].

**Kidneys** 

Inflammation, bloody, ink-like, albuminous urine, with [3/1].

Urine

Color, black, ink, like [3/1].

Chest

Anxiety, bending forward amel. [2/1]. Oppression, bending forward amel. [2/1].

Palpitation, lying, while, amel. [2], sitting up agg. [2].

Extremities

Awkwardness, lower limbs, knocks against things [2]. Coldness, heat of, with, body [2]. Knocked together, knees [2]. Lameness, lower limbs, suppressed perspiration [2; Rhust.]. Pain, rheumatic, spring [2/1], warm weather, in [3]; joints, damp cold weather [3]; gouty, extending left to right [2/1].

Disturbed, delusions, by fear of mice [1/1]. Sleeplessness, lying, because unable to lie on left side [2/1].

Generalities

Morning, daybreak amel. [1/2]. Collapse, sudden [2; Ars.]. Dropsy, heart disease, from [2], kidney disease, from [3], pregnancy, in [1].

Faintness, diarrhoea, after [1/4], odors, from [3]. Lying, stretched out agg. [1/8].

Perspiration, suppression of, complaints from [3]. Rest amel. [3]. Seasons, Autumn, agg. in [2], spring, agg. in [2]. Shocks, electric-like, motion, during [1/2], touched, when [1/1]. Sleep, loss of, from [2]. Stretching out affected parts agg. [2]. Touch agg. [3], slight agg. [2]. Weakness, loss of sleep, from [1], restlessness, with [2].

### Food

Aversion: Food, smell of [3]; eggs, smell of [2]; fats and rich food [2]; fish [2]; food, sight of [2]; pork [2].

Desire: Carbonated water [1]; coffee [1]; cold drinks [1]; eggs [1]; mustard [1]; wine [1]. Worse: Broth, smell of [3]; food, smell of [3]; food, sight of [3]; eggs, odor of [2/1]; fat [2]; fish, smell of [2]; meat [2]; pork [2]; pork, smell of [2]; soup, smell and thought of [2]; alcohol [1]; butter [1]; coffee [1]; eggs [1]; fruit [1]; meat, odor of cooking [1].

### Nucleus

- 1. Oversensitive to all external impressions, especially to odors.
- 2. agg. Motion and touch.
- 3. agg. Cold, cold and damp, Autumn. Very chilly and restless [but weak] persons.
- 4. Rheumatic or gouty affections, especially of small joints; with wandering pains, swellings and inflammations.
- 5. Disturbances of liver and digestive tract; and forgetfulness or rheumatic affections. Notes

# **Colocynthis**

### Bitter Cucumber

### Region

NERVES [TRIFACIAL; ABDOMINAL; spinal; SCIATIC]. DIGESTIVE TRACT. INTESTINES. Ovaries. Kidneys. \* RIGHT SIDE. Left side.

### Modalities

Worse: EMOTIONS. VEXATION. Chagrin. Anger. Lying on painless side. Night, in bed. Drafts. Taking cold. Mortification caused by offense. Cheese [colic]. Evening. After eating. In repose. Motion.

Better: BENDING DOUBLE; HARD PRESSURE. Coffee. Heat. Rest. Gentle motion. After stool or flatus. Lying upon abdomen. Touch.

### Leading symptoms

- M Pent-up emotions, especially anger [anger with silent grief -2], leading to PHYSICAL complaints, especially CRAMPS.
- M Restlessness with the pain. "Attempt to disguise the restlessness, which is a stiff kind of restlessness, not the thrashing about type. Don't want others to know that they are suffering too much" [Morrison]. "Does not like to talk, to answer, or to see friends, or anybody" [Lippe].
- M Emotions come out with the pain: ANGER with the PAIN; screams with the pain. Distorted face. "Irritable; throws things from his hands" [Allen].
- G Pre-eminently an acute remedy.
- G agg. 4 5 P.M. [2].
- G amel. BENDING DOUBLE, HARD PRESSURE; heat. "Limbs drawn up like a hedgehog."
- G amel. LYING on ABDOMEN [2]; lying on painful side [2].
- G Sudden, violent CRAMPING pains; making him TWIST, turn or cry out in pain.
- G Pains and nausea or diuresis.
- G Cutting, pinching, clamping, gnawing, grasping, clutching or boring pains [NEURALGIC, in WAVES, paroxysmal], followed by NUMBNESS.
- G Abdominal colics from anger, cheese, indigestion; alternating with vertigo; and cramps in calves, diarrhoea. "Colic so distressing that they seek relief by pressing corners of tables or heads of bed-posts against the abdomen" [Hering].
- P Persistent bitter taste in the mouth.
- P Prosopalgia [right-sided] and painful twitchings, amel. pressure and heat. [In more chronic stage agg. pressure.]
- P Sciatica [right-sided], shooting or band-like [followed by numbness], agg. least motion, rotation and at night, amel. lying on painful side.
- P Diarrhoea and pain in lower abdomen or around the navel, as if intestines were squeezed between stones.
- P Acute digestive affections after eating unripe or decayed fruit; or drinking bad water; e.g. drinking unboiled water in a (sub)tropical country.

- P Vertigo from turning head quickly to the left.
- P Dysmenorrhoea, violent menstrual cramps, has to bend double; with the abovementioned modalities and concomitants.

Mind

Ailments, anger, after, with indignation [3], anger, with silent grief [2]. Confusion, beer, from [2]. Scorn [2]. Shrieking, pain, with the [2].

Vertigo

Turning, or moving the head quickly [2].

Head

Pain, cry out, pains compel one to [2].

Eye

Lachrymation, pain, with other parts of body, in the eye [2]. Pain, bending forward agg. [2/1], menses, during [2], rest agg. [2], walking in warm room amel. [2/1].

Face

Pain, motion agg. [2], paroxysmal [2], pressure agg. [2], walking in open air amel. [2], extending to neck [2].

External throat

Pain, pressing, sides, turning head [2/1].

Stomach

Inflammation, cold, after taking [2]. Nausea, abdomen, during pain in [3]. Pain, excitement, after [3], potatoes, after [2]; cramping, bending forward amel. [3].

Abdomen

Pain, aching, as if squeezed between two stones [2/1], coffee amel. [3/1], drinking, when overheated [3], flexing limbs amel. [3], fruit, after [3], pregnancy, during [2], extending to anus [2], extending to back, small of [2], extending to pubic region [3]; cramping, drinking water, after [3], flatus, from passing, amel. [2], fruit, after [2], pressure amel. [3].

Rectum

Constipation, drugs, after abuse of [3]. Diarrhoea, coffee amel. [2], rhubarb, after [2]. Involuntary, standing, on [2]. Unnoticed, stool, hard stool [2].

Urethra

Pain, burning, stool, during [2/1].

Urine

Copious, drunk, more than is [2].

Female genitalia

Pain, ovaries, bending double amel. [2], flexing thigh amel. [2]; uterus, menses, during, cry out, compels her to [2].

Respiration

Difficult, menses, during [2] [from pain!].

Back

Pain, ascends, constriction of anus, with [2/1]. Stiffness, cervical region, turning head, on [2].

Extremities

Pain, lower limbs, sciatica, right [2], flexing leg amel. [2/1], lying on painful side amel.

[2], numbness, with [2], pressure agg. [2], touch agg. [2], warmth of bed agg. [2]. Stiffness, knee, squatting, preventing [2]. Sleep

Sleeplessness, mortification, after [2/1].

### Food

Aversion: Food [2]; water [1].

Desire: Beer [2]; bread [2]; cold food, without thirst [2].

Worse: Fruit [3]; beans and peas [2]; potatoes [2]; beer [1]; cheese, old [1]; cold drinks

[1]; cold food [1]; farinaceous food [1]; rhubarb [1].

Better: Coffee [2].

### Nucleus

- 1. Pent-up emotions, especially anger and vexation, leading to physical ailments, especially colicky and neuralgic pains.
- 2. Anger comes out with the pain, and screaming, crying, distortion of face, lachrymation.
- 3. Pain followed by numbness.
- 4. Pain and diarrhoea, nausea, vomiting or diuresis.
- 4. Neuralgic, paroxysmal pains, amel. bending double, hard pressure, heat.
- 5. Right side.

# Conium maculatum

### Poison Hemlock

### Region

NERVES. MUSCLES. GLANDS [MAMMAE; ovaries]. Sexual organs. Respiration. \* RIGHT SIDE. Left side.

### **Modalities**

Worse: SEEING MOVING OBJECTS. ALCOHOL. Raising arms. After exertion. Injury. Night. Sexual excesses; masturbation. Cold; taking. Continence; celibacy. Old age. Lying; head low. Turning in bed. Turning eyes. Light. While eating. Milk. Snow-air; frosty air. Standing. MOTION.

Better: Letting part hang down. Motion of affected part. PRESSURE. Fasting. Darkness. Walking. Sitting down. CONTINUED MOTION.

### Leading symptoms

- \* GRADUAL paralysis and weakness with indurations:
- Mental: gradual weakening of memory; lack of sharpness in all senses.
- Emotional: indifference and hardness; materialist with great attachment to the material world. Because of this materialism, Con. subsequently suffers from the loss of a sexual partner.
- Physical: indurations and tumours; cancerous affections.
- M Gradual paralysis with a SLOW onset and for the most part UNNOTICED. "Will only talk about this gradual decline after one or two follow-ups, after they actually experience an uplift in their energy and general state. It is usually only in hindsight, after receiving Conium, that they then see how limited they were and how much more freedom and spontaneity they now have."
- M "Paucity of symptoms on the emotional level and a kind of INTROVERSION. Patient is not forthcoming... Lack of emotional and mental range leading to a lack of emotional and mental expression. The amount of emotional or mental response from the patient is not in proportion to what you expect from their history. You may see that in the past this person suffered a tremendous amount emotionally. You see in the past significantly more expressivity of emotion than is now being expressed by the patient in front of you."
- M "Gradual SHUTTING DOWN ultimately results in isolation and even an AVERSION to COMPANY. Patient gradually becomes more isolated and therefore does not complain about the lack of company."
- M "Gradual shutting down leads to rigidity and even ritualistic and compulsive behaviour, especially rigidity about diet and health They develop rigid concepts about health and diet. They then narrow down their diet and stick to it without much difficulty."
- M "Kind of self-satisfaction with their state. They have and express less anxiety relative to the situation than their background suggests they would. They may even exhibit a complete lack of anxiety when faced with an uncertain future and poor

- prognosis regarding their pathology. In the first interview they definitely would not consider themselves sick mentally or emotionally, or even limited on these levels. Most Conium patients are proud of their ability to be calm, even and organized, both internally and externally, when confronted with an emotionally charged situation."
- M "Underneath the present remedy picture are other remedies that are more expressive, such a Phosphorus, but in fact mainly Tuberculinum... Conium is to Tuberculinum as Thuja is to Medorrhinum... Link between cancer and the tubercular disease or miasm. With Conium you may see in the past a tumultuous life and lifestyle, but a toning down of this aspect as the Conium pathology develops."
- M "Lack of sexual desire... It is common to hear, "sex is not a priority"... Large percentage of the women who responded curatively to Conium have been lesbian. All of these have had a history of unsuccessful relationships with men at one time, and usually became lesbian after this. All describe that their sexual interaction with men was not enjoyable and use words such as "painful" and "distasteful" when describing it. Heterosexual women can have these feelings, too."\*
- M Great attachment to the material world slowly changing into an indifference [especially on account of sadness]: "Cares very little for things; makes useless purchases, wastes or ruins them" [Phatak].
- M AVERSION to COMPANY or STRANGERS during MENSES.
- M "GRIEF ends in paralysis or imbecility."
- M Aversion to LIGHT; darkness amel. Likes to wear dark clothes; dressed as if mourning. Prefers dark colors, even only black.
- G agg. At BEGINNING of MOTION [3]. amel. CONTINUED motion [3].
- G amel. PRESSURE [3]. agg. RUBBING [3].
- G agg. While sitting [3]. agg. Lying [3].
- G SUPPRESSION of SEXUAL DESIRE [continence]: anxiety, sadness, erections wanting, mental problems [forgetfulness, superstition], emotional problems [difficult expression of emotions, apathy], physical ailments [cancerous affections].
- G "Suppression of sexual desire leading to Conium: 1. Loss of partner ["widows and widowers with suppression of sexual desires" Mathur]; 2. Sickness of partner; 3. Fear of AIDS; 4. Religious reasons [priests, nuns, etc. who suppress their sexual instincts out of religious conviction]; 5. Fixed ideas ["sex is sinful"]; 6. Spiritual reasons [persons applying themselves totally to spiritual development and meditation and hence renouncing sex]" [Ghegas].
- G Premature aging.
- G Affections of GLANDS; tendency to malignancy, cancer.
- G agg. WINE, MILK. Desire for COFFEE, SALTY THINGS and SOUR.
- G CLIMACTERIC problems: VERTIGO and flushes of heat and perspiration on falling asleep [when closing the eyes].
- G Weakness morning in bed [2]. Trembling amel. after breakfast [2].
- P Vertigo and numbness or stiffness of neck [external throat].
- P Prostatitis or enlarged prostate and difficult micturition [straining, intermittent flow, headache and perspiration from straining].
- P Heavy, drooping eyelids, agg. outer side.
- P Pain and SWELLING of MAMMAE before menses; agg. walking, agg. jars.
- P Accommodation slow; connected with VERTIGO, agg. turning head.

- P Constant dry cough, in bed; has to sit up.
- P Distention of stomach and abdomen after MILK.

Mind

Aversion, friends, to, during pregnancy [2/1]. Company, aversion to, during menses [2]. Confusion, siesta, after a [3]. Light, shuns light [3]. Quarrelsome, alternating with silent depression [2/1]. Sadness, continence, from [3]. Superstitious [2]. Weeping, when alone [2].

Vertigo

Closing eyes, on, amel. [2]. Descending, on, stairs [2]. Motion, from, eyes [2]. Turned, as if bed turned about [3]. Turning, in bed, [3], or moving the head quickly [3].

Head

Heaviness, sitting, while, bent over [2/1]. Numbness, sensation of, morning, brain [2]. Pain, sexual desire, repression of, after [2; Puls.].

Eye

Cataract, contusion, from [2]. Photophobia, inflammation, without [3].

Vision

Accommodation, slow [3]. Colors, black spots, eyes are closed, when [2], vertigo, with [2]; red, objects seem [3].

Nose

Pain, root, menses, before [2/1].

Face

Discoloration, pale, anger, after [2/1].

Throat

Swallow, constant disposition to, walking in wind, while [2/1].

Stomach

Distention, milk, after [2/1]. Eructations, sour, night [2]. Heartburn, evening, bed, after going to [2].

Abdomen

Distention, milk, after [2/1].

Rectum

Coldness, in anus, flatus and stool, during [2/1].

Bladder

Urging to urinate, ineffectual, headache, with [3/1].

Prostate

Emission prostatic fluid, emotion, with every [3], fondling women, while [3], lascivious thoughts, during [3].

Female genitalia

Induration, injuries, from [2/1]. Itching, Vagina, during menses [2]. Menses, absent, molimen only [2]. Pain, bearing down, uterus, menses, after [2], stool, urging, with [2]. Cough

Constant, night [2]. Dryness, air passages, from, larynx, dry spot [3].

Pregnancy, during [2], night [2/1]. Sit up, must, as soon as cough commences [3].

Chest

Cancer, mammae, contusion, from [2]. Fullness, mammae, menses, during [2/1]. Milk,

thin, long after weaning [2/1]. Pain, mammae, menses, before [3], step, every [2/1]. Swelling, mammae, menses, during [2].

Sleep

Sleeplessness, perspiration, from [3]. Waking, perspiration, from [3/1].

Perspiration

Daytime, closing the eyes, when [3/1]. Sleep, even when closing the eyes [3; Carb-an.]. Skin

Eruptions, rash, menses, during [2/1].

Generalities

Cold, becoming, feet [2]. Injuries, soft parts [3]. Sleep, long agg. [2]. Trembling, morning, breakfast, before [2], breakfast, after, amel. [2], stool, after [3], wine [2/1]. Weakness, air, in open, amel. [3].

### Food

Aversion: Bread [2]; breakfast [1]; drinks, during heat [1/1]; milk [1]; tobacco [1]. Desire: Coffee [2]; salty things [2]; sour [2]; vinegar [2]; bread [1]; charcoal [1].

Worse: Milk [3]; wine [3]; cold food [2].

Better: Hot food [2]; wine [2].

### Nucleus

- 1. Gradual paralysis on all levels. Slowness and rigidity. Materialistic persons.
- 2. Shuns light; aversion to company.
- 3. Cancerous affections of glands.
- 4. Pain and swelling of breasts before menses.
- 5. Ailments from suppression of sexual desire or from continence.
- 6. agg. Wine and milk; desires salt, sour and coffee.
- \* Mental picture derived from Louis Klein Two cases of cervical dysplasia and one case of craniopharyngioma, in Proceedings of the 1989 Professional Conference, International Foundation for Homeopathy.

# Corallium rubrum

### Red Coral

### Region

RESPIRATORY ORGANS. NERVES. MUCOUS MEMBRANES.

### **Modalities**

Worse: AIR [change of; inhaling]. Eating. Night; toward morning. Stooping. Dinner.

Touch. Uncovering. Open air.

Better: Covering.

### Leading symptoms

G - agg. COLD and HEAT [2].

- G SORE pain, as if in bones [2].
- G Craving for ACIDS and SALT FOOD; or strong aversion to salty food.
- G Resemblance to Hep. [desires sour, cough, agg. cold, abusive].
- P INSPIRED AIR FEELS COLD.
- P Sleeps with head under covers [on account of the above mentioned symptom].
- P "Almost CONTINUOUS paroxysms of extremely violent, spasmodic COUGH, which begin with gasping for breath, are accompanied by a purple face, and followed by exhaustion, and vomiting of stringy mucus" [Boger]. "Minute gun cough."
- P Cough as soon as he eats.
- P DRY coryza; nose feels stopped up; MUCUS mainly in POSTERIOR NARES: "profuse secretion of mucus through the posterior nares, obliging one to hawk frequently."
- P Epistaxis, especially at night.
- P Psoriasis of palms and soles.
- P Copper-colored spots on the skin.
- P Reddish ulcers on penis, very sensitive to contact.

### Repertory

### Mind

Abusive, pains, with the [1/1]. Confusion, beer, from [2]. Delusions, born, feels as if newly, into the world and was overwhelmed with wonder at the novelty of his surroundings [1/1]. Fear, suffering, of [1].

### Head

Air or wind, passing through head, sensation as of [2], rocking, on [3/1]. Congestion, stooping, when [2]. Pain, uncovering body, from, any [1/1]; pressing, forehead, uncovering body amel. [1/1].

Eye

Heat in, closing eyes, on [2].

Nose

Coldness, inside, when inhaling [3]. Discharge, copious, from posterior nares [3]; tallow, like, leaving grease spots on linen [2]. Epistaxis, cough, with, whooping cough [2].

Odors, onions [1], smoke, of [1]. Pain, night [1], sleeplessness, with [1/1].

Face

Discoloration, bluish, cough, with [2].

Teeth

Pain, pressing, as if a shred of meat were between the teeth [2].

Throat

Coldness, sensation of, cold air, as from [1].

Stomach

Vomiting, stringy [3].

Male genitalia

Redness, glans [2], prepuce [2].

Respiration

Gasping, cough, during [2].

Cough

Minute guns, short, hacking cough, like [1/1]. Paroxysmal, attacks,

follow one another quickly [2], consisting of short coughs [2].

Chest

Coldness, air, cold, breathing [2].

Sleep

Sleepiness, overpowering [2].

### Food

Aversion: Salt food [3].

Desire: Sour [3]; salty things [2].

### Nucleus

- 1. Ailments of air passages; coryza with copious mucus from posterior nares.
- 2. Paroxysmal, short cough; almost continuous. Face turns bluish during coughing.
- 3. Inspired air feels cold.
- 4. Desire for sour and salt; or aversion to salt.
- 5. agg. Cold and heat.

# **Crocus sativus**

### Saffron

### Region

MIND. NERVES. Eyes. Circulation. Female organs. \* LEFT SIDE.

### Modalities

Worse: Motion. Puberty. Pregnancy. Reading. Heat. Morning. Fasting. WARM ROOM.

Looking fixedly at an object. Lying down.

Better: OPEN AIR. After breakfast.

### Leading symptoms

M - RAPIDLY, almost abruptly CHANGING MOODS and facial expressions.

M - ALTERNATING symptoms: of opposite moods. "The patient is alternately cheerful or depressed. In the former state she will sing, dance, jump, laugh and whistle, love and want to kiss everybody. In the latter, she will cry, get into a rage, abuse her friends, and then repent it" [Nash].

M - Sensation as if something were ALIVE internally [stomach, abdomen, chest, head, body [as if everything were moving in body - 1/1].

M - IMPRESSIONABLE, affectionate and moody.

M - CHILDISH BEHAVIOR [delusion he is unfit for business - 2/1]. Jumping [2], kisses everyone [2], involuntary singing [2], whistling [2], laughing and weeping, dancing. Hysteria.

M - Involuntary laughter and weeping; agg. music. Involuntary joining in when hearing a person sing.

M - Uncommon mirth; singing in sleep.

G - Desire for OPEN AIR [3]. amel. Open air [3].

G - agg. WARM ROOM.

G - amel. After BREAKFAST [2].

G - amel. HAND on PART [2].

G - Alternating symptoms: of sides; of mind of body.

G - DARK, STRINGY, viscid HEMORRHAGES [uterus, nose]. Clots with long strings.

P - Climacteric hemicrania; instead of menses; amel. pressure.

P - Eye affections: lachrymation amel. open air, agg. while reading [or dryness of eyes while reading]. Burning [as from smoke] or pressing pain in eyes during menses, with inclination to rub or wipe eyes; sensation of swelling; winking, while reading.

P - Epistaxis instead of menses; vicarious.

### Repertory

Mind

Affectionate [2]. Cheerful, alternating with passion, burst of [1], with violence [1]. Godless, want of religious feeling [1]. Joy, ailments from excessive [1]. Irritability, takes everything in bad part [2]. Laughing, alternating with violence [1; Stram.]. Remorse,

quickly repents [1/3]. Weeping agg. [2].

Vertigo

House, in [2]. Warm room [2].

Head

Distention, blood vessels, menses, during [2/1]. Heat, vertex, menopause, during [1].

Pain, climaxis, during the [1]. Swollen, lids, sensation of swelling [2].

Vision

Spots, jumping up and down [2/1].

Hearing

Impaired, stooping, on [2].

Nose

Epistaxis, blood, stringy [3], children [2], exertion, from [2], hot weather

[3/1], menses, suppressed [2], persistent [2].

Stomach

Alive, sensation as if something, in [3]. Movement, in, sensation of [3].

Abdomen

Alive, sensation as if something, in [3]. Movements, in, jumping [2]; menses, during [2].

Female genitalia

Abortion, month, third [2]. Leucorrhoea, ropy, stringy,

tenacious [2]. Menses, clotted, dark [3]; copious, dancing, form [2], motion, from [2],

walking agg. [2]; pregnancy, during [2]. Metrorrhagia, climacteric period [2]; dark blood, clots, mixed with [2]; gushing [2].

Cough

Hands, holding, pit of stomach amel. [2; Dros.]. Paroxysmal, stomach, laying hand on pit of amel. [2/1].

Generalities

Weakness, mental occupation amel. [2/1].

#### Food

Aversion: Fats and rich food [1].

Desire: Cold drinks [2]. Worse: Cold drinks [2].

### Nucleus

- 1. Rapidly alternating and changing moods.
- 2. Uncommon mirth; childish behavior; singing, dancing, whistling, etc.
- 3. Impressionable and affectionate, but moody.
- 4. Dark, stringy hemorrhages.
- 5. Sensation as if something were alive internally.
- 6. amel. Open air. agg. Warm room.

# Cuprum metallicum

# Copper

# Region

NERVES [cerebro-spinal axis]. Digestive tract. Epigastrium. Abdomen. Muscles. Blood. \* Left side.

### Modalities

Worse: Emotions; anger. Suppressions [inflammations, discharges, perspiration, eruptions, exanthema]. Overtaxing. Motion. Hot weather. Vomiting. Loss of sleep. Touch. Raising arms. Night, in bed. Cold air, cold wind. During pregnancy. New moon. Before menses.

Better: Cold drinks [amel. spasms, cough, nausea, vomiting]. Pressure over heart. During perspiration.

# Leading symptoms

M - Serious people, CRAMPED inside; self-critical. "Onset often in adolescence from great fear of their sexual thoughts. Period of adolescence: upheaval in emotions and wild imaginations related to sexual fantasies." These strong feelings get suppressed by fright and feelings of guilt: "How am I going to present myself with these feelings in the world. They feel that what they are thinking and feeling is bad" [Vithoulkas].

[Delusions: is about to be arrested [1]; is pursued by police [2].]

- M "They are people that will go into spiritual groups and choose the most disciplinarian" [Vithoulkas]. "You will see a woman under this seriousness and convulsions will become man-like, with a loss of femininity" [Vithoulkas]. [Cupr. is associated with hyperthyroidism.]
- M "When the expression of love is cramped and comes out in a convulsive way." [Compare an important modality of Cupr.: agg. TOUCH; "contact renews and aggravates the ailment."]
- M Children with behavioral problems: destructive, striking, biting and especially SPITTING. "Children cannot bear to have anyone come near them [2; Cina]." Hold their breath [e.g. from anger] until blue in the face.
- M Changeable behavior: alternately YIELDING and HEADSTRONG [Boger]; or weeping alternating with queer antics. Sullen, playing tricks, imitate everybody.
- M GRIMACES.
- G amel. MAGNETISM; amel. mesmerism.
- G amel. PERSPIRATION.
- G agg. TOUCH.
- G agg. BEFORE menses.
- G amel. Drink of COLD water [Caust.].
- G Convulsions: SPASMS, CRAMPS, TWITCHING, JERKING.
- G Convulsions starting in FINGERS [especially in thumbs] and TOES; from periphery inward [Cic. from centre-solar plexus-outward]. [Hands are main organ of contact.]
- G Ailments and BLUENESS of skin [e.g. face, lips].

- G Ailments and vertigo.
- G Bad effects of SUPPRESSED foot sweat.
- P GURGLING noise while drinking.
- P Spasmodic asthma and nausea and sudden vomiting; asthma interrupted by sudden vomiting; asthma amel. vomiting.
- P Vertigo amel. stool.
- P Cough or respiratory affections with short periods in which breathing stops: appears as if the patient is dead.
- P Death-like sensation in stomach [3; Ars.].

Mind

Answers, reflects long [2]. Company, aversion to, avoids the sight of people [2]. Death, presentiment of [2]. Delirium, dark, in [2]. Delusions, faces, sees [2]. Destructiveness [2]. Dictatorial [2]. Fear, dark [2]. Insanity, malicious, malignant [2]. Occupation amel. [2]. Spits in faces of people [2].

Vertigo

Stool, after, amel. [2/1].

Head

Motions of head, convulsive [2]. Pain, forehead, eyes, between [3]. Water, sensation as if, cold, poured on head [2].

Eye

Movement, eyeballs, pendulum like, from side to side [2].

Vision

Loss of vision, convulsions, before [2/1].

Nose

Catarrh, extends to frontal sinuses [2]. Pain, root, headache, with [2].

Face

Discoloration, bluish, convulsions, with [3], mouth, about the [2].

Mouth

Motion, tongue, lapping to and fro [2]. Protruded, tongue, rapidly, darting in and out like a snake's [2; Lach.].

Throat

Gurgling, drinking, when, in oesophagus [2].

Stomach

Death-like sensation [3]. Eructations, milk, after [2]. Gurgling, drinking, when [3]. Pain, menses, during [2], sudden [2]; cramping, deathly feeling below sternum [3/1]; cramping, menses, during [2]. Retching, diarrhoea, during [2]. Vomiting, convulsions, before [2], convulsions, after [2], menses, before [2].

Urine

Copious, epilepsy, after [2/1]. Scanty, brain affection, with [2].

Cough

Consciousness, loss of, with [2]. Wind, sea, in the [2/1].

Respiration

Impeded, cough, during [2].

Chest

Palpitation, convulsions, before [2], menses, before [2].

Back

Pain, extending to stomach [3].

**Extremities** 

Coldness, fingers, alternating with headache [2/1]; foot, icy cold, burning soles, with [2/1]. Cramps, pregnancy [2].

Chill

Epilepsy, after [3].

Generalities

Chorea, left side [2], imitation, from [2], lying on back amel. [2], pregnancy, during [2]. Cold, becoming, feet [2]. Convulsions, wet, becoming [2]. Orgasm of blood, menses, before [2/3]. Sleep, loss of, from [2]. Twitching, sleep, during [2].

#### Food

Aversion: Cooked food [1]; drinks [1]; warm food [1].

Desire: Cold drinks [2]; alcohol [1]; beer [1]; cold food [1]; delicacies [1]; hot food [1]; sour [1]; warm drinks [1]; warm food [1].

Worse: Hot food [2]; milk [2]; warm food [2]; beans and peas [1]; cabbage [1]; fat [1]; flatulent food [1]; heavy food [1]; meat [1]; sauerkraut [1]; vegetables [1].

Better: Cold drinks [2].

### Nucleus

- 1. Emotionally and physically cramped persons.
- 2. behavioral problems in children: striking, spitting, tricky, play antics, imitate everybody. Alternately yielding and headstrong.
- 3. Cramps, spasms, twitching, jerking. Convulsions start in fingers and toes.
- 4. amel. Drink of cold water; agg. touch.
- 5. Ailments and blueness and coldness of surface. Apparent death.
- 6. amel. Perspiration.

# Cyclamen europaeum

Sow Bread

# Region

FEMALE GENITALIA. Cerebro-spinal axis. Vision. Blood. Digestive tract. \* Left side. Right side.

### Modalities

Worse: Cold. Evening. Fresh air. Sitting. Fat food; pork, butter. At night in bed. Being overheated. Exertion. Standing. Before menses.

Better: MOTION. During menses. Weeping. Open air [coryza]. Walking about [pain in heels]. Indoors; warm room. Rubbing parts. Cold water [headache].

# Leading symptoms

- M Chilly Puls. [similarity mainly on physical level and generalities] with mental picture resembling Nat-m. and Aur.
- M Ailments from suppressed grief; terrors of conscience.
- M SELF-REPROACH (delusion she has neglected duty) and desire for solitude. ["Was only content when she could seclude herself and sit down and weep. Thinks she is alone in the world and persecuted by everyone."] Silent weeping. [e.g. children who blame themselves for the divorce of their parents.]
- M Sadness amel. menses.
- G Aversion and aggravation FAT.
- G "Pale, chlorotic, with deranged menses, and accompanied by vertigo, headache and dim vision" [Allen].
- G NO THIRST.
- G Aversion to OPEN AIR [reverse of Puls.], yet agg. becoming HEATED.
- G amel. MOTION [3], amel. walking [3].
- G amel. TOUCH.
- G agg. While sitting [3]. agg. Standing [3].
- G Feels better during menses [Lach., Zinc.].
- P Vertigo and DIM VISION.
- P VISUAL DISTURBANCES diplopia, convergent strabismus, dim vision, flickering, glittering, black spots, sparks, stars, glittering needles before and DURING semilateral headache [agg. L.]; may be connected with menstrual or gastric disorders.
- P MENSES excessive, early, dark or changeable; clotted; less if in motion.
- P Hiccough during pregnancy; and yawning.
- P Milk in breasts AFTER menses, in non-pregnant women. Or swelling of breasts AFTER menses.
- P Food tastes too salty; saliva has salty taste.
- P Diarrhoea agg. coffee.
- P Sneezing and itching in ears.
- P Menstrual disorders in puberty; and acne.

Mind

Brooding [2]. Confusion, washing the face amel. [1]. Delusions, criminal, that he is a [1], deserted, forsaken [2]. Going out, aversion to [2]. Grief, undemonstrative [1; Ign.].

Sadness, menses, during, amel. [2]. Thoughts, profound, about his future [1].

Weeping, menses, during, which does her no good [1/1].

Vertigo

House, in, amel. [2]. Sitting, while, amel. [2].

Head

Pain, blinding [3]; forehead, cold applications amel. [2]. Skull-cap, sensation of [3]. Eve

Strabismus, left turned in [2; Calc.]. Swollen lids, upper lids [2], sensation of swelling [2].

Vision

Dim, waking, on [3]. Fiery balls [2]. Flickering, morning, headache, with [3/1], colors, various [3/1], headache, during [3], reading, while [2]. Foggy, headache, during [2]. Glittering needles [3/1]. Spots, waking, on [3/1].

Nose

Coryza, air, open, amel. [2], discharge, with, morning [2].

Face

Wrinkled, forehead [2].

Mouth

Taste, salty, food tastes [3].

Stomach

Aversion, food, eating a little, after [2]. Eructations, sour, coffee, after [2; Puls.].

Hiccough, eating, while [2], pregnancy, during [2; Op.]. Indigestion, pork, after [3].

Nausea, riding in a carriage, while [2].

Abdomen

Alive, sensation of something [2]. Pain, sore, menses, after [2].

**Prostate** 

Pain, sitting, while [2], stool, urging to [2], urinate, urging to [2], walking agg. [2].

Female genitalia

Menses, suppressed, exertion, from [2], heated, after being [2].

Chest

Swelling, mammae, secretion of milk, with [2].

Extremities

Pain, aching, ankles, sitting, while, amel. [3/1], standing [3], walking, while [3].

### Food

Aversion: Beer [2]; bread [2]; bread and butter [2]; butter [2]; fats and rich food [2]; meat [2]; cold food [1]; pork [1].

Desire: Sardines [2]; strange things [2]; indigestible things [1]; lemonade [1]; meat [1]; warm food [1].

Worse: Fat [3]; pork [3]; butter [2]; bread and butter [1]; coffee [1]; rich food [1].

# Nucleus

- 1. Chilly persons, aversion to open air.
- 2. Silent grief; desire for solitude. Anxiety of conscience, self-reproaches, guilt.
- 3. No thirst; aversion and aggravation fat.
- 4. Visual disturbances and migraine; and menstrual or gastric disorders.
- 5. amel. During menses.
- 6. amel. Motion.

# Digitalis purpurea

## Foxglove

# Region

HEART; muscle. CIRCULATION [liver; lungs; stomach]. Occiput. Genito-urinary organs, \* Right side. Left side.

### Modalities

Worse: Raising up. Exertion. Heat. Lying on left side. Motion. Smell of food. Cold drinks. Excesses; sexual. During sleep. Talking. Emissions. Excitement. After eating. Music.

Better: Rest. Cool air. Lying flat on back. When stomach is empty; fasting. Pressure. Frequent micturition.

# Leading symptoms

- M Fear of DEATH during HEART symptoms [3]; fear of death while WALKING.
- M "Sensation as if the heart would STOP beating if she MOVED." [Hence the fear of death while walking [2/1] and the anxiety from motion [3].]
- M SADNESS from MUSIC; sighing amel. [2; Lach.].
- M "Anxious and concentrated sadness, with sleeplessness at night, owing to pains in the region of the heart: for instance, from disappointed love, especially in women of brown complexions, firm and obstinate dispositions. In such cases far preferable to Ign" [Teste]. Wants to be alone; tries to escape if others force themselves on her. Palpitation after grief.
- M DREAMS of FALLING [Cact.].
- G agg. Becoming heated [2].
- G amel. Vomiting [2].
- G SLOW PULSE ["an excellent indication" Lippe].
- G High living [alcohol, sexual excesses] with stomach and liver diseases and circulatory disturbances [e.g. slow pulse, palpitation, angina pectoris].
- G Liver disorders and heart problems.
- G Jaundice and weakness of heart, slow pulse and white or ashy stool.
- G Old men with enlarged prostate, constant urging to urinate at night, scanty flow alternating with copious flow, impotence and lascivious thoughts.
- G BLUENESS [skin, eyelids, lips, tongue, finger nails].
- G DESIRE for BITTER food, drinks.
- G Ailments after coition: unconsciousness [2]; noises in ear, ringing [2/1]; putrid taste in mouth [2/1]; disordered stomach [2/1]; seminal emissions [2]; difficult respiration [2]; pain in heart [2/1]; palpitation [2]; faintness [2]; flushes of heat [2/1].
- G agg. MOTION, but must walk about, with precordial anxiety; with teasing to urinate.
- P Nausea [faint sinking sensation at pit of stomach] with sensitiveness to smell of food.
- P Heart problems and epistaxis.
- P Vertigo and slow pulse.

- P One hand [or foot] cold, the other hot.
- P "The fingers go to sleep frequently and easily."
- P Nausea not amel. by vomiting. Pain at root of nose after vomiting.

Mind

Anxiety, faintness, with [2]. Fear, death of, walking, while [2/1], stomach, arising, from [2], suffocation, of [2]. Sadness, mental depression, music, from [2], sighing amel. [2], trifles, about [2]. Unsympathetic, unscrupulous [3]. Weeping amel. symptoms [2].

Vertigo

Anxiety, during [2]. Looking steadily amel. [2].

Eye

Swollen, lids, lower lids [2].

Vision

Hemiopia, upper lost [2].

Ear

Noises, crashing, night, falling asleep [2]; ringing, vertigo, with [2].

Nose

Discoloration, bluish, tip [2].

Stomach

Apprehension in [2]. Nausea, odors, from [2]. Sensitiveness, bad news [2/1]. Sinking, bad news [2/1].

Rectum

Diarrhoea, jaundice, during [2].

Bladder

Fullness, sensation of, urination, after [2]. Retention of urine, enlarged prostate, from [3]. Urging to urinate, constant, night [3], ineffectual, stool, with urging to [2]. Urination, dribbling, enlarged prostate, with [2].

**Prostate** 

Enlargement, senile [3].

Chest

Cease, sensation as if heart, had ceased [3]. Fluttering, lying, while, left side, on [2]. Palpitation, audible [2], exertion, slightest, even [2], grief, from [2], motion, arms, of, agg. [2], onanism, after [2].

Extremities

Swelling, hand, right [2].

Sleep

Position, back, on, head low [2].

Generalities

Cyanosis, infants, in [3]. Faintness, standing, while [2]. Pulse, slow, slower than the beat of heart [2]. Shocks, electric-like, slow pulse, with [2/1]. Trembling, vertigo, with [2].

Food

Aversion: Food [2].

Desire: Bitter food [3]; bitter drinks [2]; beer [1]; cold drinks [1]; sour [1].

Worse: Cold drinks [2]; cold food [2]; food, smell of [2]; sausages, smell of [2].

Better: Tea [1].

# Nucleus

- 1. Sadness, agg. music, amel. sighing. Wants to be alone. Palpitation after grief.
- 2. agg. Motion; fear of motion, lest heart should stop beating.
- 3. Slow pulse.
- 4. Desire for bitter things.
- 5. Dreams of falling.
- 6. Stomach, liver and heart disorders in high livers.

# Dioscorea villosa

Wild Yam

# Region

NERVES [cord; abdominal; sciatic]. Navel. Gall bladder. Right side.

### Modalities

Worse: Doubling up. Lying. Tea. Eating. Early morning from 2 a.m. onwards. On waking. Sitting. Evening. Seminal emissions.

Better: Stretching out or bending backwards. Motion; in open air. Hard pressure. Standing erect. Riding. Belching.

### Leading symptoms

- G "Persons of feeble digestive powers, old or young" [Allen].
- G Pains darting about or radiating; to distant parts, arms, etc. Pains UNBEARABLY SHARP, CUTTING, TWISTING, GRIPING or GRINDING.
- G Paroxysmal PAINS extend to DISTANT parts; stop suddenly, then start in a different place.
- G Colicky pains amel. STRETCHING OUT, standing erect, bending backwards; agg. bending forward, lying [reverse of Coloc.].
- G agg. Tea. ["Flatulence after meals, or after eating, especially of tea-drinkers." Allen]
- G CUTTING pains internally.
- P Sciatica [right-sided] shooting down thigh amel. standing still on toes, agg. motion.
- P Whitlow: early stage, with sharp pricking and agonizing pains. ["When pricking is first felt." Mathur]
- P Gallstone colic, radiating pains, amel. belching.
- P "Angina pectoris and flatulence" [Mathur].
- P Severe gastralgia, cramping pain extending along sternum into both arms, and cold clammy sweat, amel. eructations and standing erect.
- P Renal colic, pains shooting down into testicles or legs, and cold clammy sweat; amel. standing erect.
- P Dysmenorrhoea with shooting in DIFFERENT DIRECTIONS.

### Repertory

Mind

Aversion, women, to [2]. Mistakes, names, calls things by wrong [2]; wrong words, using, putting right for left or vice versa [2]. Restlessness, midnight, after [2]. Stomach

Pain, eructations amel. [2], radiating [1/3], sitting, while, erect, amel. [1; Kalm.], stretching amel. [1; Nat-c.]. Pulsation, lying on back, while [2]. Sinking, stool, after [1]. Abdomen

Pain, aching, wandering, shift suddenly to distant parts [3/1]; inguinal region, extending to testicles [2]; liver, extending to right nipple [2/1]; umbilicus, radiating from [2];

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stitching, liver, extending to chest and arms [2/1].
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Rectum

Diarrhoea, lying agg. [2], rising up, from bed amel. [1], rubbing amel. [1].

Male genitalia

Perspiration, pungent [2; Fl-ac.]; scrotum, strong smelling [2/1].

Extremities

Cramps, fingers, parturition, during [3; Cupr.].

Generalities

Faintness, stool, from odor of [1/1]. Pain, radiating [1].

### Food

Aversion: Tea [1]. Worse: Tea [1].

# Nucleus

- 1. Pains as severe as in Coloc.: cutting, cramping, griping, grinding, twisting; but radiating in all directions, to distant parts.
- 2. Pains amel. stretching out, bending backwards.
- 3. Paroxysmal pains suddenly shifting location.
- 4. agg. Tea.

# Drosera rotundifolia

### Sundew

### Region

RESPIRATORY ORGANS. Bones [long bones; joints]. Larynx. Chest; lungs. Glands. \* Right side. Left side.

### Modalities

Worse: After midnight. On lying down. Warmth. Talking. Cold food. Laughing. After measles. Singing. Drinking. Weeping. Lying on left side. Getting warm in bed. Acids. Rest. Pressure [agg. pressing pains].

Better: Pressure. Scratching. Open air. Walking; motion. Sitting up in bed. Remaining quiet.

# Leading symptoms

- \* Pre-eminently considered a cough remedy, especially whooping cough. Dros. has, however, probably more to offer. The marked tubercular symptomatology suggests that the remedy should be useful in the treatment of children with behavioral problems and of anxious, peevish and mistrustful persons, young or old.
- M RESTLESSNESS and difficult concentration: "when reading he could not stick long to one subject he must always go to something else." [Mind: Inconstancy [1].]
- M "Full of MISTRUST, as if he had to do with only false people. He always feared he was about to learn something disagreeable. Anxiety, as if his enemies would not leave him quiet, envied and persecuted him. Imagined he was being deceived by spiteful, envious people." [Mind: Delusions, persecuted, that he is [3]]; also: Deceitful [1].
- M ANXIETY when ALONE, with fear of ghosts "he wished to have someone always near him."\*
- M OBSTINACY in executing resolutions; cannot be distracted. [Mind: Pertinacity 1/3]
- G TUBERCULAR miasm.
- G agg. Warmth, amel. open air.
- G agg. Rest, LYING [3]. amel. Walking, MOTION [amel. continued motion 2].
- G agg. Night. agg. AFTER MIDNIGHT; agg. warm bed.
- G "Sinus, gland or bone diseases of tuberculous nature, or in persons of tubercular family history." "Sinusitis with history of tuberculosis" [Mathur].
- G GROWING PAINS in tubercular children.
- G "The three drugs one has seen dealing successfully with SCAR TISSUE are Graph., Sil. and Drosera; and where tuberculous scars are concerned, the greatest of these is Drosera" [Tyler].
- G "How many homeopaths of our day read Hahnemann's 'Materia Medica Pura'? But I may tell you that Hahnemann gives black type [capital, highest grade] not only to the laryngeal problems..., but he gives the same black type to joints, to shoulder, to hip, and again and again to ankle" [Tyler].
- P "One should certainly think of Drosera for asthma with T.B. history" [Tyler].

- P Stiffness and inflexibility of ankles.
- P Violent SPASMODIC COUGH [deep, barking, hollow], agg. after midnight, and [or ending in] gagging, vomiting, epistaxis, cold sweat; followed by loquacity.
- P Sensation of feather or crumb in larynx, exciting cough.
- P Hoarse, deep, toneless voice.

Head

Itching of scalp, rubbing amel. [2]. Pain, lancinating, forehead, moving eyes [2/1]; stitching, forehead, moving eyes [2/1], stooping, on [2].

Nose

Epistaxis, cough, with, whooping cough [3], washing face, from [2].

Face

Discoloration, bluish, cough, during [3]. Heat, cold hands [2].

Stomach

Vomiting, mucus, cough, from [2].

Abdomen

Constriction, hypochondria, cough, during [2/1]. Perspiration,

cold [2/1].

Larynx

Constriction, larynx, cough, during [3], talking, while [2], walking amel. [3/1]. Pain, larynx, coughing on, grasps the larynx [2]. Voice, bass [3], toneless [3].

Respiration

Asthmatic, talking agg. [2/1]. Difficult, midnight, after [2],

walking amel. [2].

Cough

Dry, measles, after [2]. Hands, must hold chest with both, while coughing [3], holding pit of stomach amel. [2; Croc.]. Hoarse, midnight, after [3]. Inability to, pain from, amel. by pressure of hand on pit of stomach [2/1]. Lying agg., daytime amel. [2], night, as soon as head touches pillow [3], midnight, after, 2 a.m.

[3/1]. Singing agg. [2]. Suffocative, night, midnight [2]. Walking amel. [2].

Extremities

Cramps, hand, grasping [3]. Pain, sprained, as if, Ankle, walking, while [2]. Paralysis, Ankle, sensation of [2], walking [2/1]. Stiffness, fingers, grasping anything, when [2]. Skin

Ulcers, cold air amel. [2].

#### Food

Aversion: Pork [2]; fats and rich food [1]; sour [1].

Desire: Sour [1].

Worse: Fat [2]; salt [2]; butter [1]; rich food [1]; sour [1]; sour, sensitive to smell

of [1/1]; vinegar [1]; warm food [1].

## Nucleus

- 1. Restless, obstinate, mistrustful persons.
- 2. Tubercular miasm. Ailments with tubercular family history, or of tuberculous nature.
- 3. agg. After midnight [e.g. cough, restlessness, pain in bones, growing pains, difficult respiration].
- 4. Paroxysmal spasmodic cough and retching, vomiting, epistaxis, cold sweat.
- 5. agg. Warmth; amel. open air.
- \* Quotations from Margaret Tyler: Homeopathic Drug Pictures, p. 362. Notes

# **Dulcamara**

### Bitter-Sweet

# Region

MUCOUS MEMBRANES [bronchi; bladder; eyes]. BACK [muscles; LOINS]. SKIN. Lymphatics. \* Left side. Right side.

### Modalities

Worse: BEING CHILLED [WHILE HOT; change of temperature; uncovering; COLD WET: feet, ground, cellars, beds, etc.]. Suppressed discharges, perspiration, eruptions, menses, etc. Autumn. Night. Rest. Injuries. Mercury. Before storms. COLD AIR. Better: Moving about; motion; moving the affected part; walking. Warmth. Dry weather.

# Leading symptoms

- M Domineering, strong-minded and possessive, especially in family. Quarrelsome or scolding without being angry.
- M Anxiety for others [not out of dependency or fear, but to keep others under control].
- G CHILLY persons, very susceptible to COLD.
- G Ailments from exposure to COLD WET WEATHER or sudden change from warm to cold or from dry to moist [especially in Autumn, with warm days and cold nights]: rheumatic affections, coryza, diarrhoea, cystitis, asthma, spasmodic cough, urticaria, sciatica, stiffness neck, backache, swelling of glands, inflammation of tonsils, catarrhal ailments.
- G agg. ENTERING a COLD place [2].
- G amel. Warm STOVE [3]. amel. MOTION [3]; amel. motion of affected part [3].
- G Sensation of coldness in PAINFUL PARTS.
- G Excessive SECRETION of MUCUS. Thick and yellow.
- G "Ailments of persons who live or work in damp cold basements, ice cream factories, air conditioned rooms or milk dairy" [Mathur].
- G Every cold settles in eyes or affects bladder, bowels or respiration.
- P Summer colds and diarrhoea.
- P Rash, eruptions before and during menses.
- P MOIST asthma, loose cough and rattling from mucus; thick, yellow discharge from nose and lungs. Moist asthma and dry, blocked nose.
- P Large, fleshy, smooth warts on face or back of hands and fingers.
- P Obstruction of nose or coryza in [cold] wet weather, amel. motion [= getting warm] and warm room.
- P Inflammation of bladder from lying, standing or sitting on cold, damp ground [e.g. camping].
- P Earache with every change of weather.

Mind

Anxiety, others, for [2]. Quarrelsome, anger, without [2].

Vertigo

Trembling [2].

Head

Coldness, occiput, cold damp weather, in [2/1]. Eruption, crusts, brown [3/1], crusts, temples [2]. Pain, damp houses, from living in [2], weather, cloudy [2], wet, getting [2]; bursting, forehead, extending to nose [2/1].

Eye

Inflammation, cold, wet weather [3]. Pain, warmth amel. [2], wet weather agg. [2].

Ear

Pain, air, draft [2], cold, from taking [2], damp weather [2], nausea, with [2/1], warmth, wrapping up amel. [2].

Nose

Catarrh, dry, chronic [2]. Coryza, air, draft of [2], air, agg. in cold [2],

motion amel. [2], walking amel. [2], warm room amel. [2]. Obstruction, wet weather agg. [2].

Face

Eruptions, crusty, yellow [3], chin [3], forehead [2].

Throat

Inflammation, tonsils, cold weather, every spell of [2]. Pain, cold, from a [2].

Stomach

Indigestion, cold weather, from [2/1]. Nausea, stool, desire for, during [2/1].

Rectum

Diarrhoea, cold, taking cold, summer, in [2], food, cold, agg. [3], ground, standing on damp, after [3].

Bladder

Urging to urinate, constant, cold, from becoming [2]. Urination, involuntary, cold, becoming [2].

Respiration

Asthmatic, wet weather, in [2]. Difficult, cold, wet weather [2].

Cough

Weather, change of [2].

Back

Pain, cold weather, change to [3]; lumbar region, stooping, as after long

[3/1]. Stiffness, cervical region, cold, after taking [2], turning head, on [2], washing, from [2].

Extremeties

Pain, joints, cold weather, in [3]; upper limbs, motion amel. [2]; lower limbs, walking amel. [2], warmth of bed amel. [2].

Skin

Eruptions, urticaria, menses, before [2], menses, during [2]. Eruptions, washing agg. [2], winter agg. [2].

Generalities

Indurations, Glands, knotty like ropes [2]. Injuries, blows, falls and bruises, Glands, of

# [2]. Paralysis, single parts [2].

Food

Aversion: Coffee [2]. Desire: Cold drinks [2].

Worse: Cold food [3]; cold drinks [1]; frozen food [1].

## Nucleus

- 1. Domineering, strong-minded and possessive.
- 2. Chilliness; susceptibility to cold, cold wet weather.
- 3. Ailments from sudden change of temperature or weather; from warm to cold, from dry to damp.
- 4. Excessive mucous secretions, thick and yellow.
- 5. Colds settle in eyes, bladder, bowels or bronchi.
- 6. amel. Motion, motion of affected part [= getting warm].

# Elaps corallinus

Coral Snake

# Region

Blood. Nose. Ears. Throat. \* Right side.

### Modalities

Worse: Cold; cold drinks, cold food. Dampness. Night. In room.

Better: Walking [amel. epistaxis, pain in stomach and lungs]. Lying on abdomen [amel. pain in stomach].

# Leading symptoms

- M Desire for solitude. Aversion to company, avoids the sight of people, wants to get into the country away from people [1; Calc.]. [Mind: Play, playful, desires to play in the grass [1/1].] Yet dread of being alone.
- M Dread of being alone, out of fear: fear of rain, anxiety during rain, fear of apoplexy, fear of robbers, fear of snakes.
- M "Like the other snake remedies. Sort of suspicious type, like a Lachesis personality, a suspiciousness, a haughtiness, definitely a quality of 'evil'; might be capable of doing something bad; especially women, in particular when in combination with menstrual problems and a great craving for salads. Has to be a strong craving."
- G Similar to Lachesis. "Elaps corallinus is distinguished from the other serpent venoms by the pre-eminent blackness of its discharges and haemorrhages." Mostly used in uterine complaints, menstrual problems, haemorrhages, especially when very much agg. from exertion; copious flow from just walking around.
- G BLACK discharges.
- G Marked craving for SALADS, ORANGES, ice, milk, buttermilk, whipped cream.
- G Right side stronger affected. "Right side feels paralyzed, weak or insensible" [Boger]. [Reverse of Lach.]
- G amel. LYING on ABDOMEN [2].
- G RIGHT-sided paralysis [2].
- P "E.V. Moffat has found Elaps corallinus 6 almost a specific in chronic nasopharyngeal catarrh, with greenish crusts and subjective disagreeable odor" [Clarke].
- P Cold drinks feel like ice in stomach.
- P Pain in stomach amel. lying on abdomen [2/1].
- P Desquamating eruptions on tips of fingers.

# Repertory

Mind

Company, desire for, alone, while agg. [1]. Delusions, beaten, that he is being [1; Bry.]. Dream, as if in a, daytime [1]. Hysteria, menses, before [1]. Shrieking, feels as though she must [2]. Striking, desire to strike [1]. Talk, indisposed to, desire to be silent, taciturn, menses, during [1]. Time, passes too quickly [1]. Travel, desire to [1]. Head

Congestion, stooping, when [1]. Pain, fasting, from, if hunger is not appeased at once [1], stooping amel. [1], touch amel. [1].

Vision

Colors, before the eyes, black spots, eyes are closed, when [1; Con.]; red, closing eyes [1/1], red points [1/1].

Ear

Noises, cracking, swallowing, when [2].

Hearing

Impaired, cold, after a [2].

Nose

Coryza, air, from a draft of [2]. Discharge, crusts, green, masses [2], crusts, posterior nares [1], offensive, fetid, herring pickle [2/1]. Obstruction, wet weather agg. [1]. Pain in, extending to ears on swallowing [1/1]; posterior nares [2].

Face

Bloated, about the eyes [1].

Mouth

Prickling, tongue, tip [1]. Taste, bloody, coughing, before [1/1].

Throat

Choking, clothing agg. [1]. Gurgling, drinking, when, in oesophagus [2]. Lump, plug, etc., sensation of, oesophagus, eating, after [1].

External throat

Clothing agg. [2].

Stomach

Coldness, cold drinks, after [3], fruit, after [1; Ars.]. Eructations, eggs, spoiled, like, smelling like [1]. Pain, lying on abdomen amel. [2/1], sitting, while [1], sudden [1; Cupr.], walking, while, amel. [1].

Abdomen

Constriction, string, as by a, as if intestines [1; Verat.]. Peristalsis, reversed [1; Asaf.]. Bladder

Tenesmus, icy cold feet, with [2/1].

Female genitalia

Itching, vagina, menses, before [1; Graph.], menses, during [1], menses, after [1].

Metrorrhagia, black [2]. Pain, uterus, extending to

stomach [1].

Chest

Coldness, drinking, after [2/1].

Back

Pain, cervical region, extending to ear, behind right [1/1]; lumbar region, extending to the uterus [1].

Generalities

Cold feeling in bones [1]. Lying, abdomen, on, amel. [2].

## Food

Aversion: Meat [2]; bananas [1]; bread [1]; water [1].

Desire: Ice [2]; milk [2]; sweets [2]; [whipped] cream [2]; buttermilk [1]; oranges [1];

salads [1]; sour [1]. Worse: Cold drinks [2].

# Nucleus

- 1. Desire to travel, on account of desire for solitude. Yet fearful when alone.
- 2. agg. Right side. Chilly persons.
- 3. Black discharges.
- 4. Desire for salads, oranges, whipped cream, buttermilk.
- 5. amel. Lying on abdomen.

# Eupatorium perfoliatum

Thoroughwort

# Region

BONES. Stomach. Liver. Occiput. Bronchi. Muscles [chest; back; limbs]. Left side.

### Modalities

Worse: COLD AIR. Motion. PERIODICALLY [7-9 a.m. [chill]; 3rd or 7th day]. Lying on part. Coughing. Smell or sight of food. Night.

Better: Vomiting bile. Perspiration. Genu-pectoral position [cough]. Conversation.

### Leading symptoms

- G "Bry. is the nearest analogue, having free sweat, but pains keep the patient quiet, while Eup-per. has scanty sweat and pains make the patient restless." [Lippe]
- G Mostly for FEVERS and febrile illnesses, especially INFLUENZA. Also for cases with a history of MALARIA.
- G Pains as if the BONES were BROKEN. ACHING in the BONES or bruised feeling deep in the bones DURING INFLUENZA or fever. Catarrhal colds and pain in bones. Rheumatic fever and pain in bones.
- G RESTLESS [must move constantly to relieve the soreness], chilly and nauseated.
- G CHILL BEGINNING in SMALL of the BACK.
- G Very THIRSTY [but drinking excites vomiting of bile or chill; "knows the chill is coming, because he cannot drink enough"].
- G Desire for COLD drinks and ICE CREAM.
- G "Perspiration is usually absent or very scanty" [Mathur].
- G Pain as if broken BONES.
- P Nausea from smell of food.
- P Vertigo, and tendency to fall to left; agg. lying on right side, amel. vomiting.
- P Must HOLD chest during COUGH. Cough amel. genu-pectoral position.
- P Intense backache, as if BROKEN.
- P Jaundice, liver region painful, amel. rubbing; clay coloured stools; and pain in right shoulder and soreness all over the body.
- P Coryza and painful soreness of eyeballs.

### Repertory

Mind

Moaning, chill, during [2], pain, from [2].

Vertigo

Left, swaying toward [2].

Head

Heaviness, occiput, raise, pain in occiput like a weight, must raise head with hands [2]. Pain, morning, in bed, nausea, with [2], chill, before [2], heat, after [3]. Pulsating, fever, during the [2; Bell.], occiput, moving, on [2].

Nose

Smell, acute, sensitive to odor of cooking food [2].

Stomach

Nausea, chill, before [2], chill, after [2], chill, close of [2/1]. Pain,

chill, during [2], heat, during [2]. Thirst, chill, before [3], vomiting, before [3/1].

Vomiting, perspiration, during [2]; bile, chill, before [2], chill, during [3], cold water, after [2].

Cough

Hands, must hold, chest with both, while [2]. Pain, sore, sternum, in, under, turning body [2/1].

Back

Pain, chill, before [3]; broken, as if [3].

Extremities

Pain, influenza, during [3]; wrist, dislocation, as of [2]; leg, growing pains [2]; aching, bones [3]; broken, sensation as if [3].

Chill

Beginning, back, dorsal region [2], lumbar region [2]. Drinking, hastens and increases the chill, and causes nausea [2/1], warm drinks, are tolerated [2]. Predominating, morning [3].

Fever

Changing, paroxysms, abuse of quinine, after [2]. Shivering, drinking, from [2].

Generalities

Stretching, chill, before [2], during [2]. Vomiting, amel. [2].

### Food

Aversion: Food [1].

Desire: Cold drinks [3]; ice cream [2]; warm drinks, during chill [2]; warm drinks,

during fever [2].

Worse: Food, smell of [1].

### Nucleus

- 1. Aching in bones and back, as if broken, during influenza or fevers.
- 2. Great restlessness, has to move to relieve soreness, although motion does not amel..
- 3. Very thirsty; desire for cold drinks and ice cream.
- 4. Chill beginning in small of back.
- 5. Scanty perspiration.

# **Euphrasia officinalis**

Eyebright

# Region

MUCOUS MEMBRANES [EYES; nose; chest]. \* Left side. Right side.

### Modalities

Worse: SUNLIGHT. WIND. Warmth. Room. EVENING. Morning. In bed. Moisture.

Touch. Exposure to south [warm] wind.

Better: Open air. Winking. Wiping eyes. Darkness. Lying down.

# Leading symptoms

G - agg. EVENING.

G - SWELLING of AFFECTED parts.

G - amel. BATHING affected parts [2].

G - agg. Long sleep [2].

G - agg. Smoke [2].

G - Ailments and ACRID LACHRYMATION and BLAND CORYZA [hay fever, catarrhal colds, headache, measles, influenza, acute conjunctivitis, cough].

G - Eye affections [staphyloma, granular lids, catarrhal conjunctivitis, corneal ulcer].

P - Lachrymation abundant, acrid, SMARTING.

P - MARGINS of eyelids red, burning, swollen and itching.

P - BURNING, smarting EYES [as from sand], lachrymation, photophobia and WINKING.

P - Cough only at DAYTIME, amel. lying down at night.

P - Lachrymation during cough, in the wind, during coryza, during headache.

P - Conjunctivitis from injuries of eyes; conjunctivitis and measles.

P - Coryza with copious discharge and loose cough with large quantities of mucus [especially in the morning, amel. lying down at night].

P - Amenorrhoea and catarrhal affections of nose and eyes.

P - Sensation of a HAIR hanging over eyes; wants to RUB constantly.

P - Menses very short, lasting only one hour or one day.

## Repertory

Eye

Discharge, of mucus or pus, acrid [2], thick [2], yellow [2]. Itching, rubbing amel. [2]. Lachrymation, wind, in [3]. Opacity, of cornea, wounds, from [2/1]. Pain, alternates with pain in abdomen [2/1], dark amel. [2]. Photophobia, evening [2]. Redness, injuries, after [2]. Swollen, lids, margins [3]. Thickening of, lids [2]. Ulceration, cornea, scars, from [2]. Vesicles, on the cornea [2]. Winking ameliorates [2].

Vision

Dim, evening [2], candlelight [2], measles, after [2], water, full of, as if [3], winking amel. [2], wiping eyes amel. [2]. Hair, as if a, hung before the sight and must be wiped away [2].

Nose

Coryza, discharge, with, morning, cough and expectoration, with [3/1]. Discharge, bland [3]. Sneezing, hay asthma, with [2].

Face

Stiffness, muscles, lips, [2], upper [2/1].

Mouth

Taste, bitter, tobacco, tastes [2].

Larynx

Tickling, in the air passages, lying, while, amel. [2; Mang.], larynx, in the, lying amel. [2; Mang.].

Cough

Eating, from, amel. [2]. Lying amel. [3]. Paroxysmal, daytime [2]. Violent, daytime [2]. Whooping, daytime [2].

Expectoration

Copious, mouthful at a time [3].

Fever

Exanthematic fevers, rubella, rubeola, measles, concomitants, catarrhal symptoms, with [2], eye symptoms, with [2].

Perspiration

Sleep, waking, after, amel. [2].

Generalities

Smoke agg., smoke inhalation [2].

### Food

Aversion: Smoking [1]. Desire: Sweets [2]. Better: Coffee [2].

### Nucleus

- 1. Acrid lachrymation and bland coryza.
- 2. Burning, smarting eyes and aversion to light and constant winking.
- 3. Cough with large quantities of mucus only at daytime, amel. at night.
- 4. agg. Evening. agg. Smoke.
- 5. Amenorrhoea and catarrhal affections of nose and eyes.
- 6. Swelling of affected parts. Bathing of affected parts amel..

# Ferrum metallicum

### Iron

# Region

VASOMOTOR NERVES [CIRCULATION; blood vessels]. Blood. Spleen. Digestion. Left deltoid. Mucous membranes. Nerves. \* Left side.

### Modalities

Worse: NIGHT; midnight. Emotions. Violent exertion. Eating. Drinking. Vital losses. Perspiration. Quinine. Eggs. Heat and cold. Raising arms. Rest, especially sitting still. Overheating. During menses.

Better: Gentle motion. Slight bleeding. Leaning head on something. Summer. Pressure. After rising. After stool. Solitude.

# Leading symptoms

- M Very SENSITIVE to NOISE.
- M Intolerance of CONTRADICTION.
- M Desire for solitude; avoids the sight of people, of intimate friends; conversation agg.
- G IRREGULARITY and CHANGEABILITY equally on mental and physical levels: Moods as changeable, irregular and wandering as distribution of blood.
- G Central theme is MOTION: on the one hand aversion to activity: inclination to sit [2], desires to remain in bed [1], irresolution [1], indolence [1] On the other hand, the patient is FORCED to MOVE by pain, ailments or restlessness: occupation, diversion amel. [2], mental exertion amel. [2], confusion amel. motion [1], sadness amel. exertion [1/1], restlessness, driving out of bed [3], restlessness while sitting [2], nightly pains that compel motion of part, difficult respiration amel. motion [3], palpitation of heart amel. walking slowly [2].

And: Continued motion amel. [3], desire for motion [3], slow motion amel. [3], motion of affected part amel. [3], at beginning of motion agg. [3]. Complaints come on during REST.

- G Affinity with periods of CHANGE [short or long periods]: puberty (too rapid growth), menses, menopause.
- G To some extent, similar to Puls., but CHILLY and aversion to company.
- G EGGS [aversion + agg.], TOMATOES [desire], FAT [agg.] and SOUR [desire or aversion].
- G Red parts become WHITE: lips, face, tongue. Alternately PALE and RED.
- G Tendency to OBESITY [Calc., Caps. Graph.].
- P FLUSHING OF FACE on least pain, motion, exertion, vomiting or excitement.
- P Hammering headache [periodical], agg. stooping and descending, must lie down, and AVERSION to eating and DRINKING.
- P Diarrhoea during [or immediately after] meals ["desire to go to stool as soon as anything touches the stomach"].
- P Nightly diarrhoea [undigested food], round midnight, painless and sudden, agg. if nervous or tired; alternating with constipation.

- P Vomiting after midnight, without preceding nausea. Or sudden vomiting without nausea, during eating; "leaves table suddenly and with one effort vomits everything eaten, can sit down and eat again". [Mathur]
- P Incontinence of urine only during daytime [from motion]. Children or adults.
- P Exophthalmos; Basedow's disease after suppressed menses.

Mind

Abusive, insulting [2]. Anger, contradiction, from [2], sympathy agg. [1]. Fear, palpitation, with [2], railroad travel, of [1]. Irritability, noise, from [2]. Restlessness, bed, driving out of bed [3], wants to go from one bed to another [2], sitting, while [2]. Trifles seem important [1]. Weeping, laughing at same time, weeping and, climacteric period, at [1/1].

Vertigo

Descending, on [3]. Rising, on, from stooping, quickly [2]. Walking, rapidly [2]. Water, crossing running [2].

Head

Heat, coldness of extremities, with [2]. Pain, constant [3], constant, two or three days [3], descending, on [2], menses, after [2]; forehead, hammering [3];

temples, hammering [2]; bursting, lying down amel. [2]. Pulsating, night, agg., after 12 p.m. [3/1]; occiput, moving, on [2], stooping, on [2/1].

Eye

Protrusion, exophthalmus [3].

Ear

Noises, menses, during [2]; ringing, menses, before [2], menses, during [3], menses, after [2].

Nose

Dilated nostrils, expiration, during [2/1]. Epistaxis, children [3], stooping [2].

Face

Discoloration, pale, flushes easily [3/1], menses, during [2], pain, after [2/1]; pale, lips, menses, during [2]; red, excitement [3], exertion, after [3], pain, when in [3].

Mouth

Taste, eggs, like rotten [2].

External throat

Goitre, exophthalmic [2].

Stomach

Anxiety, asthma, in [2/1]. Eructations, fats, after [2], food, mouthful, by the [2]. Heat, flushes, extending upwards [2]. Nausea, menopause, during [2], sudden, while eating [2]. Pain, milk, after [2]. Vomiting, night, midnight, after [3], easy [2], eating, while, sudden [3], eating, after, only after [2/1], eggs, after [3], motion, on [2].

Rectum

Diarrhoea, eating, while [3], motion agg. [3].

Bladder

Urination, involuntary, daytime [2], walking, while [3].

Female genitalia

Menses, copious, motion, from [2], thin, clots, with [2]. Metrorrhagia, climacteric period [2], passive [2]. Pain, uterus, lying down [2; Ambr.]; sore, vagina, coition, during [2]. Prolapsus, vagina, pregnancy, during [2].

Cough

Motion, arms, of, agg. [2]. Raising the arms agg. [2].

Respiration

Asthmatic, midnight, after [2]. Difficult, fanned, wants to be [2], motion amel. [3], sitting [2], talking amel. [2/1], walking slowly about amel. [3/1].

Chest

Palpitation, sitting, while [2], standing, while [2], walking slowly amel.

[2; Puls.].

Back

Pain, move, beginning to [3], walking slowly amel. [3; Puls.].

Extremities

Coldness, foot, headache, during, after menses [2/1]. Pain, night, bed, drives out of [2], motion, on, amel. [2], move, on beginning to [3]; joints, motion amel. [2].

Perspiration

Profuse, morning, bed, in [3], waking, after [2].

Generalities

Chlorosis, winter, in [2/1]. Descending agg. [2]. Distention, blood vessels, of [3]. Heat, sensation of, eating warm food [2]. Varicose veins, pregnancy, during [3]. Weakness, walking, from, slowly amel. [2/1].

### Food

Aversion: Drinks [3]; drinking during headache [3/1]; beer [2]; bitter [2]; eggs [2]; meat [2]; solid food [2]; sour [2]; ale [1]; hot drinks [1]; hot food [1].

Desire: Bread [2]; bread and butter [2]; lemons [2]; liquid food [2]; sour [2]; tomatoes [2]; warm food [2]; butter [1]; hot food [1]; lime [1]; meat [1]; warm soups [1].

Worse: Cold drinks [3]; fat [3]; beer [2]; butter [2]; eggs [2]; fruit [2]; meat [2]; sour [2]; tea [2]; vinegar [2]; hot food [1]; milk [1]; rich food [1]; warm food [1].

Better: Tea [1].

#### Nucleus

- 1. Desire for solitude. Irritability. Intolerance of noise and contradiction.
- 2. Irregular and changeable: moods and circulation.
- 3. Redness of face from least pain, motion, emotion, exertion etc.
- 4. Chilly persons.
- 5. Desire for motion, slow motion amel.; restlessness.
- 6. Eggs, sour, tomatoes and fat.

# Ferrum phosphoricum

## Phosphate of Iron

# Region

Vasomotor nerves. Venous circulation [LUNGS; ears; nose [root]; Eustachian tubes]. Circulation. Heart. Brain. Mucous membranes. Bones. \* Left side.

### Modalities

Worse: Night [4-6 a.m.]. Motion. Noise. Jar. Cold air. Checked perspiration. Physical exertion. After eating. Standing.

Better: Cold. Bleeding. Pressure. Slowly walking about. After rising. After stool. Solitude.

# Leading symptoms

- G Main characteristic is LACK of CHARACTERISTICS.
- G EARLY stages of inflammations [without clear indications], e.g. acute otitis media before suppuration.
- G Mostly used in acutes without clear indications.
- G "Fevers due to congestions, heat of sun or mechanical injuries" [Mathur].
- P Face alternately RED and PALE; irregular, sudden.
- P Deafness due to colds, especially in children.
- P "Controls soreness and bleeding after operations" [Phatak].. Post-operative: e.g. soreness and pain after tonsillectomy, amel. cold drinks, ice.
- P Cough and blood-streaked expectoration, or pure blood [first stage of pneumonia].
- P "Bronchitis of young children" [Mathur] (without clear indications!).

### Repertory

Head

Heat, menses, during [2].

Eye

Photophobia, headache, during [2].

Nose

Epistaxis, children [2]. Pain, rawness, posterior nares, inspiration agg. [2].

Face

Discoloration, red, flushes, before menses [2], red, menses, during [2], toothache, with [2]. Pain, cold applications amel. [2].

Teeth

Pain, cold, anything, amel. [2].

Throat

Discoloration, redness, tonsils [2].

Stomach

Heartburn, meat, after [2]. Indigestion, meat [2]. Relaxation, pylorus [2; Phos.].

Vomiting, food, eating, after, immediately [2].

Bladder

Urination, involuntary, daytime [2].

Female genitalia

Pain, uterus, coition, during [2].

Expectoration

Bloody, spitting of blood, fall, after a [2; Mill.].

Chest

Inflammation, lungs, infants [2], stages, congestive [2].

Extremities

Pain, tearing, shoulder, right [2], motion, slow amel. [2]. Varices, upper limbs [3].

Sleep

Restless, summer complaints, in [2/1]. Sleeplessness, measles, in [2/1].

Fever

Catarrhal fever [2].

Food

Aversion: Meat [1]; milk [1].

Desire: Alcohol [1].

Worse: Sour [2]; meat [1].

# Nucleus

- 1. Lack of clear indications.
- 2. First stage of all inflammations.
- 3. Face alternately pale and red.
- 4. Post-operative complaints.
- 5. Colds causing deafness.

# Fluoricum acidum

Hydrofluoric Acid

# Region

FIBROUS TISSUES [VEINS; skin]. Bones. Mastoid. \* Right side.

### Modalities

Worse: HEAT [warm room, warm air, covering, warm food, warm drinks]. Night. Alcohol; wine; red wine. Sour food. Delayed micturition.

Better: COLD WASHING. Open air. Cool room. Rapid motion. Short sleep. Bending head backward. Eating. Micturition [amel. headache].

# Leading symptoms

- M Focused on MATERIAL world, not deeply interested in spiritual development.
- M Uncommon BUOYANCY of MIND; fears nothing and is SELF-SATISFIED.
- M Can be DOMINANT; "tend to take over the interview". Opinionated, strong-minded.

M - LIBERTARIANISM [love of liberty, freedom], even LIBERTINISM [takes much liberties, especially sexual]. Does not want to COMMIT himself, does not want to be restricted; shuns RESPONSIBILITIES: Delusion betrothal must be broken [1/1], must drive children out of house [1/1], must dissolve marriage [1/1]; indifference to loved ones [1/14] and animated to strangers [1/1]; dreams of death of relatives [1/14], death of friends [1/9].

No real or deep contact with other people. Superficial relationships.

- M Opportunistic. ["Very irritable towards people, even to the greatest hatred, which he does not hesitate to give vent in words, but as soon as he sees them everything is forgotten and he has an entirely different opinion of them. This does not arise either from hypocrisy or cowardice, but it is a suddenly altered view." Allen]
- G Lot of ENERGY. Increased ability to exercise his muscles without fatigue; continued motion amel. [3]; rapid motion amel. [3].
- G amel. WALKING in OPEN AIR [3].
- G amel. SHORT sleep. ["A short sleep suffices and refreshes him" [Hering]; sleep, afternoon, amel. [1/8]; sleep, short amel. [1/9].
- G Desire for HIGHLY SEASONED and PUNGENT food.
- G WARM-BLOODED. [One of the hottest remedies.]
- G Cannot bear the extremes of heat and cold in summer and winter. agg. COLD and HEAT [only remedy in bold type].
- G Sensation of HEAT. amel. COLD bathing [2].
- G Strong SEXUAL DESIRE, even libertinism. Frivolous, flamboyant.
- G ACRID discharges, cause itching; acrid, eroding sweat, excites itching.
- G Violent pains like streaks of lightning to a small spot.
- P Headache from retention of urine.
- P Deformed nails.
- P Falling out of hair.

- P Diarrhoea agg. warm drinks [e.g. coffee, tea].
- P Rapid CARIES of teeth; agg. at roots. Thin enamel.
- P Fissured tongue.
- P Burning heat in palms and soles; perspiration on hands and feet.
- P "Varicose veins in women who have borne many children" [Mathur].
- P Roughness and harshness of skin, with great itching in spots; agg. warmth, amel. cold.

Mind

Buoyancy [2/3]. Cheerful [2], morning [2]. Deceitful [1]. Delusions, repulsive fantastic imaginations [2/1]. Fancies, repulsive, alone, when alone [1]. Gestures, decided [1/1]. Hatred, absent persons, of, better seeing them [1/1]. Home, leave home, desire to [1/7]. Mannish habits, women [1/1]. Mistakes, wrong words, using, putting right for left or vice versa [2]. Optimistic [1].

Head

Hair, baldness [2], dryness [2], falling in spots [3], tangles easily [2].

Numbness, sensation, forehead [2].

Eye

Coldness, cold air blew in, as if [2]. Fistula, lachrymalis [3].

Ear

Caries, threatened, mastoid process [2]. Discharge, excoriating [2].

Hearing

Acute, morning [2/1]. Impaired, bending head backward amel. [2/1].

Nose

Coryza, sleep, fluent, in [2/1]. Discharge, watery, sudden copious from eyes, nose and mouth [3/1].

Face

Heat, wash in cold water, desire to [2/1]. Swelling, under eyes [2].

Mouth

Cracked, tongue fissured, all directions in [3]. Dryness, palate, one-sided [2/1]. Fistula, gums [3]. Pain, tongue, talking when [2]. Salivation, headache,

before [2/1], stool, before [2/1].

Teeth

Caries, premature in children [2], rapid [3]. Dentition, slow [2]. Discolored, black [3]. Sensitive, cannot bear dental operation [2]. Wisdom teeth, ailments from eruption of [2].

Throat

Pain, air, cold [2], talking cold [2]. Sensitive, air, cold, to [2/1].

External throat

Air, sensitive to [2].

Stomach

Appetite, ravenous, diarrhoea, with [2]. Desires, pungent things [2], refreshing things [2]. Emptiness, with diarrhoea [2]. Heaviness, empty, while [2/1]. Nausea, fever, after [2]. Pain, warm food agg. [2].

Abdomen

Emptiness, tightening clothing amel. [2/1]. Flatulence, stool, before [2].

### Rectum

Diarrhoea, salmon, after eating [2/1], warm drinks agg. [2/1].

Male genitalia

Coition, enjoyment, extreme [2]. Sexual passion, increased, old man, in an [2].

Female genitalia

Itching, pregnancy, during [2].

Chest

Nodules, mammae, in, pregnancy, during [2/1].

Extremities

Perspiration, foot, excoriating [3]. Varices, lower limbs, painful, warmth agg. [3, Sulph.], pregnancy, during [3].

Fever

Washing amel. [3].

Skin

Cicatrices, itching [2], red, become [2], red, become, around edges [2/1], vesicles, around [2/1]. Ulcers, cold application amel. pain in [2], vesicles, surrounded by [2], warmth agg. [2].

Generalities

Basedow's disease [2]. Cold, heat and cold [3]. Dry weather agg. [2]. Food, fish agg. [2]. Heat, flushes of, perspiration with [2]. Pain, splinters, sensation of [2]. Strength, sensation of [2]. Weakness, walking from, air, open in, amel. [2]. Wet weather amel. [3].

## Food

Aversion: Refreshing things [2]; sour [2]; coffee [1]; pungent things [1]; wine [1]. Desire: Coffee [2]; highly seasoned food [2]; marinade [2]; pungent things [2]; refreshing things [2]; sour [2]; alcohol [1]; brandy [1]; cold drinks [1]; cold food [1]; lemonade [1]; whisky [1]; wine [1].

Worse: Fish [2]; peaches [2]; wine [2]; coffee [1]; coffee, smell of [1]; cold food [1]; herring [1]; melons [1]; sardines [1]; sour [1]; stimulants [1]; sweets [1]; red wine [1/1]; salmon [1]; tea [1]; warm drinks [1].

Better: Cold drinks [2]; coffee [1].

### Nucleus

- 1. Love of liberty. Self-satisfied, dominant, frivolous, materialistic.
- 2. Warm-blooded.
- 3. Very energetic. Short sleep amel..
- 4. Strong sexual desire; libertinism.
- 5. Desire for pungent and spicy food.
- 6. Destruction and caries; acrid discharges.

# Gelsemium sempervirens

### Yellow Jasmine

### Region

BRAIN - SPINAL CORD [OCCIPUT; base of brain; neck]. MOTOR NERVES [MUSCLES; knees; EYES [LIDS; VISION]. MUCOUS MEMBRANES [nose; gall ducts]. \* Right side. Left side.

### Modalities

Worse: EMOTIONS; FEAR, FRIGHT. Surprise. Excitement; bad news. Shock. Ordeals. Weather [SPRING; foggy; HUMID; sultry; cold damp; before thunderstorm]. Heat. Periodically. Dentition. Tobacco. Gaslight. Sun. Heat. Summer. Thinking of ailments. When about to perform an unusual act in life. When spoken to of his loss. Better: Profuse urination. Perspiration. Shaking. Alcoholic drinks. Mental effort. Bending forward. Closing eyes. Open air.

# Leading symptoms

- M APPREHENSION, anticipation and timidity; dread of ordeals, examinations, new situations, unusual acts. [Such situations lie heavy on the patient and 'paralyse' him.]
- M Lack of WILL POWER, mental and physical ["lack of muscular coordination, muscles refuse to obey the will"]. "WEAKNESS is mental, emotional and physical." Cannot cope, gives up and hangs around.
- M Fear of LOSING CONTROL. Fear of falling.
- M Desire to be OUIET; aversion to being DISTURBED.
- G DULL, drowsy and dizzy.
- G HEAVINESS, especially of lower limbs.
- G NO THIRST [during heat].
- G agg. Sultry, OPPRESSIVE weather [warm wet weather, summer heat, before thunderstorm].
- G TREMBLING; wants to be held. Trembling from weakness; trembling from fright.
- G Speechless from fright; paralysis from fright.
- G Acute ailments with slow onset, and great weakness and trembling.
- G Ailments and vertigo, weakness, trembling, visual disturbances, drowsiness and/or polyuria.
- G Never well since the flu [= weakness, drowsiness, trembling].
- G Profuse URINATION [clear, watery urine] amel.; amel. dullness, heaviness of head, headache, pain in occiput, pain in eyes, dim vision, pain in face,
- P Headaches and diplopia or visual disturbances.
- P Face FLUSHED, DARK RED; dull, besotted expression.
- P Heavy, droopy eyelids.
- P Headache, beginning in occiput or neck, extending over head, with bursting, pulsating pain in forehead and eyeballs.
- P Weak, tremulous KNEES, agg. descending.

Mind

Anxiety, anticipating, an engagement [3], downward motion, from [2]. Company, aversion to, avoids the sight of people [2]. Concentration, difficult, has a vacant feeling [2]. Dullness, copious flow of urine amel. [2/1]. Fear, appearing in public, of [3], failure of, examinations, in [3], heart, will cease, unless constantly on the move [2/1], self-control, losing [3], shivering from fear [3/1]. Grief, ailments from, cannot cry [2]. Quiet, wants to be [3]. Thoughts, vanishing of, mental exertion, on [2].

Falling, sensation of, from a height [2]. Pregnancy, during [3]. Smoking, from [2]. Staggering, with, eyes closed, with, or in the dark when walking [2].

Head

Vertigo

Congestion, sun, from exposure to [2]. Heaviness, urine, profuse discharge, amel. [3]. Pain, alternating with pain in abdomen [2], in pelvis [2/1], urination, profuse, amel. [3]; occiput, exertion, after [2], heat agg. [2], noise agg. [2], warm wrapping up amel. [2]. Eye

Pain, urination, profuse, amel. [2]; around the eyes [2].

Vision

Accommodation, slow [3]. Blurred, headache, before [2]. Dim, headache, before [2], urination amel. [2/1]. Diplopia, pregnancy, during [2]. Loss of vision, vertigo, during [2].

Coryza, annual, spring, in [2], summer [2/1].

Mouth

Speech, difficult, heaviness of tongue [3].

Stomach

Fullness, sensation of, clothing agg. [2/1].

Rectum

Diarrhoea, anticipation, after [3], fright, after [3], grief, after [2], walking agg. [2].

Bladder

Urination, frequent, headache, with [3]; involuntary, excitement, from [2/1].

Female genitalia

Abortion, emotions, from [3], fright, from [2], influenza, during [2]. Desire, violent, masturbation, driving her to [2].

Larynx

Voice, lost, fright, from [2], menses, during [2/1].

Rack

Pain, extending to occiput [2]; cervical region, extending to head, all over [3].

Extremities

Heaviness, lower limbs, exertion, after [3]. Motion, lower limbs, control, loss of [2]. Pain, influenza, during [2].

Sleep

Sleepiness, coryza, during [3], exertion, from mental [2], hot weather, during [2], influenza, in [2; Sabad.], students, in [2/1]. Sleeplessness, grief, from [2].

Generalities

Convulsions, thunderstorm, before [2; Agar.]. Faintness, fright, after [2]. Lassitude,

spring, in [2]. Weakness, heat, summer, of [3], heat, sun, of [3].

# Nucleus

- 1. Anticipation; paralysed and heavy from fear/fright. Lack of will power; muscles refuse to obey the will.
- 2. Dull, heavy and drowsy; face dark red. Heavy, droopy eyelids.
- 3. No thirst.
- 4. agg. Oppressive weather.
- 5. Profuse urination amel..

# Glonoinum

# Nitroglycerine

# Region

BRAIN. VASOMOTOR NERVES [CIRCULATION; HEAD [forehead]; HEART]. Mastoids. Respiration. \* Right side.

#### Modalities

Worse: HEAT [on HEAD; overheating; of SUN, lamp, etc.; HOT WEATHER]. MOTION [SHAKING; JAR; stooping; injury]. Wine. Suppressed menses. Weight of hat. Haircut. Ascending.

Better: Open air. Elevating head. Cool things. Pressure. Cold applications.

# Leading symptoms

- M Confusion due to congestion: "Loses his way in well-known streets" [but remembers other things well].
- G agg. WARM AIR. agg. WARM STOVE.
- G agg. Exposure to SUN. Ailments since a sunstroke.
- G FULL feeling internally.
- G Tendency to SUDDEN and VIOLENT irregularities of the circulation. [Nitroglycerine is as explosive as dynamite.] Bell. is more sudden, Glon. has more aggravation from heat.
- G CONGESTION; UPWARD RUSHES of BLOOD. Flushes of heat UPWARDS.
- G Blood surging back and forth from HEAD to HEART.
- G Hypertension of the aged.
- G Flushes of heat during menopause [and nausea and vertigo]; also during menses.
- G Epilepsy preceded by violent, pulsating headache agg. warm room, followed by unconsciousness, and froth at the mouth; face alternately pale and bright red.
- P WAVES of terrible, bursting, pulsating HEADACHE; sensation as if head is enlarged, distended, or smaller. As if standing on head. GRASPS the head to stop the pounding sensation. "Upsurging 'waves' of pain are absolutely characteristic of Glon."
- P "Can't bear any heat about the head; can't walk in the sun; must walk in the shade or carry an umbrella" [Guernsey].
- P Headache pulsating pain alternating between TEMPLES; veins of temples distended.
- P Headache from overheating in the sun or from SUNSTROKE. Distressing aftereffects of sunstroke.
- P "Sunstroke: face pale, full round pulse, laboured respiration, eyes fixed, cerebral vomiting, white tongue, sinking at the pit of the stomach" [Dewey].
- P Cardiac pains, radiate to all parts, toward arms.
- P Vertigo and pulsating pain in head and flushing of face.
- P Basedow's disease and pulsating carotids, violent palpitation, bursting headache and rush of blood to face.
- P Red, infected, hot eyes during headache, with wild expression and STARING.

Repertory

Mind

Aversion, husband, to [2]. Children, dislikes her own [2]. Confusion, night, waking, on [2], loses his way in well-known streets [3]. Injuries, mental symptoms from [2]. Recognize, does not, his relatives [2].

Vertigo

Menopause, during [2]. Sunlight and heat [2].

Head

Congestion, alternating with congestion to heart [2/1], convulsions, before [3/1], menses, before [2], pale face, with [2]. Enlarged, sensation, menses, during [2; Arg-n.]. Fullness, burst, as if would [3], menses, on appearance of [2/1], menses, during [2]. Pain, bending head backward amel. [2], clothing around the neck agg. [2], injuries, mechanical, after [2], sleep, after, amel. [2], summer [3], extending to nose [2]; bursting, menses, during [2], press with hands, must [2]. Pulsating,

shaking head agg. [2/1]; forehead, menses, during [2]. Waving sensation, turning head agg. [2/1], wave-like motion upward [2; Lach.].

Eye

Pain, pulled out, as if being [2]. Staring, headache, during [3], sunstroke [2/1].

Vision

Flickering, vertigo, with [2].

Face

Discoloration, red, convulsions, during [3]. Heat, headache, with [2], palpitation, during [2]. Numbness, lips, lower [2].

Throat

Choking, headache, with [2/1].

Stomach

Nausea, climacteric, during [2].

Urine

Copious, headache, with [2].

Chest

Congestion, pregnancy, during [2]; heart, convulsions, in [2/1]. Palpitation, convulsions, before [2; Cupr.].

Extremities

Knocked together, knees [2] [during headache].

Food

Aversion: Wine.

Desire: Cold drinks [2]; smoking [2].

Worse: Coffee [1]; wine [2].

Better: Wine [1].

# Nucleus

- Upsurging waves of pain.
   Warm-blooded persons.

- 3. agg. Heat.4. Surging of blood alternating between head and heart.5. After-effects of sunstroke.

# **Graphites**

# Plumbago

# Region

NUTRITION. Circulation. SKIN [folds; behind ears; angles; flexures; orifices; nails]. Mucous membranes. Glands. Eyes. \* LEFT SIDE.

#### Modalities

Worse: COLD. Drafts. Light. During menses. Suppressions. Empty swallowing. Fats. Hot drinks. Warmth of bed. Scratching. Before midnight. Physical exertion. Wet feet. Music.

Better: Open air; after walking in. Eating. Touch. Dark. Wrapping up. Hot milk. Riding in a carriage. Noise. Eructations.

# Leading symptoms

- M IRRESOLUTION, timidity, lack of self-confidence; full of DOUBTS.
- M Incapacity to think abstract thoughts, analyze and plan.
- M Always ANTICIPATING DIFFICULTIES, resulting in ANXIETY [anxiety, morning, on waking 3], EXCITABILITY, sadness and even despair. UPSET over TRIFLES.
- M Fastidious; fidgety; conscientious about trifles.
- M WEEPING and expressing emotions amel.. Has to ventilate them.
- G CHILLY, can be warm.
- G agg. COLD in general. agg. Becoming cold [3]. agg. Entering a cold place [2].
- G agg. WARM room [3]. Sensation of HEAT on waking [2].
- G Pains SHIFT to part LAIN on [2].
- G OBESITY. ["May also emaciate as with cancer, peptic ulcer" Morrison;
- "Emaciation of affected part" Boger]
- G "LUMPY, THICK or HARD: skin, glands, eyelids, nails, scars, callosities, stool crusts, etc.." [Boger].
- G "EXCORIATIONS, CRACKS or FISSURES: in angles, of eyes, nostrils, mouth, fingertips, nipples, anus, etc.." [Boger].
- G "Sense of burning, numbness or deadness" [Boger]. Brain feels numb [weakness of short-term memory].
- G Strong aversion to coition [in both sexes].
- G Nibbling appetite; has to take frequently small bites of food to ease stomach.
- G agg. HUNGER.
- P Offensive foot sweat; soles of feet raw.
- P Droopy eyelids.
- P Chronic constipation; stool hard with mucous threads.
- P Unhealthy skin; every injury suppurates.
- P PHOTOPHOBIA, and copious lachrymation.
- P Impaired hearing amel. in noisy surrounding.
- P Pains stomach amel. eating and HOT MILK.

Repertory

Mind

Anguish, menses, before [2/1]. Anxiety, sitting ,while [2], warmth amel. [2], work, during manual [2]. Despair, trifles, over [2/1]. Discouraged, waking, on [2]. Dullness, sleep, after sound, siesta, after [2/1]. Fear, morning [2], weeping amel. [3]. Restlessness, sitting, while, at work [3/1]. Weeping, music, from [3].

Vertigo

Fall, tendency to, morning, on waking [2]. Reading, while [2]. Writing, while [2].

Head

Congestion, redness of face, with [2]. Perspiration, scalp, walking, after, in open air [2]; scalp, washing, after [3/1].

Eye

Cracks, canthi, in [3]. Eye gum, on lids [3]. Inflammation, outer canthi [3]. Opening, the lids, causes sneezing [3/1]. Photophobia, daylight, more than gaslight [2].

Vision

Diplopia, reading [2], writing [2]. Flickering, around outside the range of vision [2/1]. Loss of vision, light, by [2]; menses, during [2].

Hearing

Impaired, noise amel. [3/1], riding in a carriage amel. [2]

Nose

Coryza, menses, before, with cough and hoarseness [2/1], menses, during [2]. Cracks, corners, in [2]. Discharge, offensive, menses, during [2/1]. Pain, in, blowing the nose [3], dryness, from [3]. Smell, acute, sensitive to the odor of flowers [3].

Face

Hairs, sensation of [2].

Mouth

Salivation, stooping [3]. Taste, eggs, like rotten, morning [3].

Throat

Mucus, qualmishness, during [2/1]. Swallow, constant disposition to, choking from [3]. Stomach

Aversion, soup [2]. Desires, chicken [Ferr-i.; Phos.]. Eructation, menses, during [2], walking, while [2]. Nausea, sweets [3]. Pain, hot drinks agg. [2], lying amel. [2], warm, milk amel. [2], burning, eating, amel. [2].

Abdomen

Heat, menses, during [2/1]. Tension, menses, during [2].

Female genitalia

Dryness, vagina, menses, during [2/1]. Enlarged, ovaries, every cold agg. [2/1]. Itching, menses, before [3]; vagina, menses, before [2]. Leucorrhoea, menopause [3; Sep.]. Pain, uterus, reaching up with arms [2].

Larynx

Hoarseness, menses, during [2].

Respiration

Asthmatic, eating amel. [2]. Difficult, eating amel. [2].

**Extremities** 

Coldness, hands, menses, during [2], pain, with [2]. Numbness, menses, during [2].

Sleep

Sleepiness, noon, eating, after [2].

Skin

Itching, menses, during [2].

Generalities

Lassitude, evening [2]. Trembling, menses, during [2].

#### Food

Aversion: Fish [3]; meat [3]; meat, thought of [3/1]; salt [3]; sweets [3]; warm food [3]; cooked food [2]; soup [2]; liquids [1].

Desire: Beer [2]; chicken [2]; cold drinks [2]; meat [1]; milk, hot [1]; warm drinks [1].

Worse: Cold drinks [2]; cold food [2]; sweets [2]; hot food [1].

Better: Hot food [2]; warm drinks [2]; wine [1].

#### Nucleus

- 1. Irresolution; dullness; difficult concentration.
- 2. Upset and excitement from trifles; always anticipating difficulties. Expressing emotions and weeping amel..
- 3. Chilly.
- 4. Left side.
- 5. Excoriations, cracks, indurations.

**NOTES** 

# Gratiola officinalis

Hedge Hyssop

# Region

Gastro-intestinal tract. Mind. Sexual organs. \* Left side.

#### Modalities

Worse: Eating. Drinking too much water [= diarrhoea]. Summer. Motion. Coffee.

Dinner.

Better: Open air.

# Leading symptoms

- \* The name Gratiola is a diminutive of the Latin word gratia, meaning grace. Taken in mother tincture objects appear green.
- \* Dependent on the point of view, the remedy is considered by homeopaths as:
- 1. A remedy with "Nux vomica-symptoms in females" [Boericke] [on account of the agg. coffee and the digestive disturbances].
- 2. "The Chamomilla of chronic diseases" [Teste] [on account of the ill-humour and the green-yellow, watery, gushing diarrhoea].
- 3. "Combination of Platina and Lycopodium" [Morrison] [the high sex drive and haughtiness of Plat. together with gastro-intestinal problems similar to Lyc.].
- M Haughtiness. "Useful in mental troubles from OVERWEENING PRIDE" [Clarke].
- M NYMPHOMANIA, "not really satisfied by any kind of sexual encounter," driving to MASTURBATION. ["Burnett considers it specific in female masturbation and nymphomania." Clarke]
- M Distortion of senses about size of body. Delusion diminished, smaller [especially head] [reverse of Plat.].
- G "In nervous diseases [mania, gastralgia, nymphomania] and in neuralgic affections [megrim, sciatica] caused by the prolonged use of coffee" [Teste].
- G Sensation of coldness [local]: head, vertex, stomach, abdomen.
- G Nervous complaints associated with stomach and bowel troubles [Kent].
- P "Rush of blood to head and vanishing of sight I consider a keynote" [Clarke].
- P VERTIGO DURING EATING [only remedy in bold type in this rubric].
- P Affinity with the solar plexus. CRAMPS start at pit of stomach and RADIATE therefrom.
- P Pressing pain in stomach after eating; as of a heavy load; like a STONE rolling from side to side on turning; and nausea and eructations.
- P Emptiness stomach AFTER eating.
- P Green, frothy, watery diarrhoea, coming out with great force; followed by burning in anus; agg. drinking too much water [during hot summer weather].

# Repertory

Mind

Delusions, diminished [1], diminished, small [1/1]. Fear, eating, of [1], hungry, when

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[1/1].
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Head

Pain, occiput, lying, while, abdomen, on, amel. [1/1], screwed together, as if [1], sneezing [1; Lach.].

Vertigo

Eating, while [3], after [3]. Warm room [2].

Head

Smaller, feels [2].

Eye

Close, involuntary [2].

Vision

Colors, before the eyes, white, green objects look [1/1]. Loss of vision, head, rush of blood to, during [1/1].

Stomach

Emptiness, eating, after [2]. Pain, gnawing, eating, after [2].

Rectum

Diarrhoea, lunch, after [3]. Pain, soreness, stool, during [2].

Stool

Stringy [3]. Thin, green [3], pouring out [2]. Yellow, greenish [3].

Male genitalia

Pain, stitching, spermatic cords, extending to abdomen [2; Staph.].

Female genitalia

Desire, increased, lying-in women [2]; violent masturbation, driving her to [2].

Masturbation, disposition [2].

Back

Pain, cervical region, extending to head, all over [1]; lumbar region, extending down the legs, during stool [1; Agar.].

Sleep

Semi-conscious, hears everything [1].

#### Food

Aversion: Fats and rich food [1]; smoking [1].

Desire: Bread [1]; bread, only [1]; bread and butter [1]; coffee [1].

Worse: Coffee [1]; cold drinks [1].

#### Nucleus

- 1. Mental ailments from overweening pride; haughtiness.
- 2. Nymphomania; violent sexual desire driving to masturbation.
- 3. Rush of blood to head and vertigo [from rising after stooping].
- 4. Vertigo during [and after] eating.
- 5. Cramps radiate from pit of stomach.

# Guajacum officinale

Resin of Lignum Vitae

# Region

Secretions [glands; TONSILS; ovaries; skin]. Fibrous tissues [ligaments; joints]. Chest. Lungs. Skin. \* Left side. Right side.

#### Modalities

Worse: HEAT. Touch. Motion. Exertion. Rapid growth. Mercury. Cold wet weather.

Evening. Morning. Pressure. Open air.

Better: Cold [locally]. Apples. Indoors.

# Leading symptoms

- \* Guaiacum is an evergreen tree; the stem is almost always crooked; the wood is extraordinarily heavy, solid and dense, hard and durable, and is mainly used for hinges, spindles, gear-wheels and sheaves. Affinity with rotary motions [compare joints and flexibility, both mental and physical].
- M Delusion: everything seems too narrow.
- M "Strong desire to criticize and to despise everything" [Clarke]; rigidity; indolent, obstinate and fretful. Loss of flexibility.
- M "Excessive forgetfulness, especially of names" [Clarke].
- G agg. MOTION. Aversion to motion [3].
- G agg. OPEN AIR. Chilly, yet agg. heat.
- G Rheumatic, arthritic remedy, especially arthritis of the WRISTS, ankles and knees.
- G Rheumatic affections with history of recurrent tonsillitis.
- G Sensation of SWELLING.
- G TENSION muscles.
- G amel. COLD applications, especially in arthritis. "Joint pains agg. from warmth and more comfortable when cool; limbs contracted and stiff; rheumatism of joints agg. from heat and motion" [Kent]. "Burning heat in affected parts" [Boger].
- G Growing pains [amel. cold applications]; too rapid growth.
- G Secretions copious and OFFENSIVE [expectoration, perspiration, etc..]. Night sweat.
- G Muscles seem to SHORT [eyelids, back, thighs, etc..].
- G Desire to yawn and STRETCH.
- P SHORTENING of the hamstrings.
- P TONSILLITIS [agg. right] with rapid suppuration, BURNING pain and white tongue, agg. WARM drinks; recurrent. FOLLOWED by rheumatism.
- P One of the main remedies for Carpal Tunnel Syndrome [due to the affinity with the wrists].
- P Stiff neck and sore shoulders, agg. cold wet weather.
- P Gastric symptoms amel. APPLES.
- P Pricking in the nates, as if sitting on needles.

Repertory

Mind

Staring, thoughtless, morning [2/1]. Sit, inclination to [3].

Eye

Fullness, sensation of [2]. Open, lids [3]. Swollen, sensation of swelling [3]. [Eyeballs seem too big for lids - Boger].

Face

Expression, old looking [3]. Pain, extending to neck [2].

Stomach

Desire, apples [2]. Summer [2/1].

Back

Pain, dorsal region, scapulae, between, breathing [2]; contracting, dorsal region, scapulae, between [3/1]. Stiffness, moving [2]; cervical region, cold, after taking [2]. Extremities

Contraction, of muscles and tendons [2]. Pain, cold, applied amel. [2], warmth agg. [2]; joints, warmth agg. [2]; wrist, motion, on [2], warmth agg.

[2; Puls.]; lower limbs, sciatica, warmth agg. [2], warmth of bed [2]; leg, growing pains [3], warmth of bed [2]. Tension, thigh, walking, while [2]; hamstrings [3]. Sleep

Waking, clothes feel damp or tight [2/1], falling sensation, with [2], tight, everything seems too [2/1]. Yawning, stretching, with [2].

Generalities

Summer [2]. Swollen, sensation [1].

Food

Aversion: Milk [2]; apples [1]. Desire: Apples [2]; fruit [1]. Better: Apples [1] [amel. stomach].

#### Nucleus

- 1. Rigidity and loss of flexibility; forgetfulness.
- 2. Chilly, yet agg. heat. Rheumatic affections agg. heat, amel. cold applications.
- 3. Copious, offensive secretions, especially perspiration.
- 4. Muscles seem too short; desire to stretch.
- 5. Apples [desire and amel.].
- 6. agg. Motion. Aversion to motion.

# Hamamelis virginiana

#### Witch Hazel

# Region

VEINS [rectum; genitals; limbs; throat]. Liver. Abdominal and chest walls.

#### Modalities

Worse: Injury. Bruises. Pressure. Air [open; cold; warm humid]. Jar. Motion. Riding in a carriage. Night.

Better: Rest. Lying quiet.

### Leading symptoms

- G Pre-eminently, almost exclusively, a remedy for HAEMORRHAGES.
- G BRUISED SORENESS of the affected parts.
- G SORE pain externally.
- G agg. TOUCH.
- G Distention of VEINS: varices, haemorrhoids, varicocele.
- G PRESSING pain internally.
- G "Venous constitution: feels braced up in winter, and goes down in the Spring [Lach., Sec.]" [Mathur].
- G All HAEMORRHAGES from INJURY: epistaxis from a blow, [long-lasting] bleeding after extraction of teeth, etc.. Or internal haemorrhages.
- G VICARIOUS menstruation, especially epistaxis.
- P Varices of the lower extremities; one of the main remedies for PHLEBITIS.
- P CONGESTION so severe that varices break open and start bleeding.
- P Black eye, after injury to eye. First Arn.; if vision remains lessened: Ham.
- P Varices during pregnancy: hard, knotty, swollen, painful, inflamed, sensitive.
- P Orchitis or haematocele from injury; sore, bruised pain agg. touch.
- P Haemorrhage from piles followed by prostration out of all proportion to the amount of blood lost.
- P "Epistaxis, either active or passive, LONG-LASTING" [Lippe].
- P Colds from exposure to warm moist weather.

#### Repertory

Head

Pain, epistaxis amel. [1]; bursting, stooping, while [2].

Eve

Ecchymosis [2]. Inflammation, injuries, after [2]. Pain, pressing, pressure amel. [2].

Epistaxis, blood, dark and thin [3]; blow, from a [2], children [2], climaxis [2], menses, instead of [2], vicarious [3].

Mouth

Aphthae, tongue, tip [2]. Bleeding, gums, extraction of teeth, profuse after [2]. Taste, sulphur, like [2]. Varicose veins, tongue [2].

Throat

Varicosis [3]; tonsils [2].

Stomach

Vomiting, blood, menses, instead of, in girls [2/1].

Abdomen

Veins, distended, varicose [2; Sulph.].

Rectum

Haemorrhage, from anus, stool, during [3]. Haemorrhoids, bluish [2].

Male genitalia

Haematocele [2]. Inflammation, testes, contusion form [2]. Pain, stitching, testes, extending to stomach [2/1]. Varicocele [2].

Female genitalia

Inflammation, ovaries, sexual excesses, from [2]. Metrorrhagia, active [2], bright red [2], gushing [2], labor, during and after [3],

painless [2], passive [2]. Pain, ovaries, paroxysmal [2/1]. Veins, varicose [2].

Chest

Bleeding, nipples [2].

Extremities

Fullness, leg, joints [2/1]. Ulcers, lower limbs, varicose [2]. Varices, leg, bleeding [2; Puls.], inflamed [2], painful [2], pregnancy, during [2], sensitive [2].

#### Food

Aversion: Water [1]. Desire: Pickles [1].

Worse: Milk [1]; pork [1].

#### Nucleus

- 1. Venous congestion. Pressing pain internally.
- 2. Haemorrhages, mainly passive; haemorrhages after injuries.
- 3. Bruised sore feeling. agg. Touch.
- 4. Epistaxis; vicarious menstruation.
- 5. Weakness out of proportion to the amount of blood lost [especially with haemorrhoids].

# Helleborus niger

Snow-Rose

### Region

MIND. BRAIN. Sensorium. Nerves; motor; sensory. Membranes [serous; mucous]. Kidneys. Muscles. Exudations. \* Left side. Right side.

#### Modalities

Worse: Cold air. Puberty. Dentition. Suppressions. Exertion. Evening [4-8 p.m. ].

Evening until morning. Uncovering.

Better: Strong attention; distraction. Open air.

# Leading symptoms

M - STUPOR; INDIFFERENCE; involuntary sighing.

M - amel. Strong concentration: "Thinking of complaints AMEL."; "Muscles refuse to obey the will when attention is turned away"; "Staggering when walking inattentively"; awkward, drops things; has to CONCENTRATE on EVERYTHING HE DOES.

M - SLOW and FORGETFUL. DULL; sensation as if head is empty.

M - Feeling of HELPLESSNESS; "Please help me".

G - agg. 4 - 8 p. m [2; Lyc.], especially dullness, fever.

G - CHILLINESS and coldness. agg. COLD AIR. agg. Part of body becoming cold [2].

G - agg. Room full of people [2].

- G NO THIRST [3]; THIRST [3] ["greedily swallows cold water, but remains unconscious"].
- G "DULLNESS of the sensorium commune: hearing perfectly sound but nothing is heard distinctly, sight unimpaired but nothing is seen very clearly, gustatory organs perfectly constituted but everything seems to have lost its taste" [Hahnemann].
- G "A dark, dusky remedy: dark face, sooty nostrils, dark lips, hands, etc." [Boger].
- G Meningitis or encephalitis and alternation of convulsions with stupefaction.
- G "Convulsions and extreme coldness of body, except head or occiput which may be hot" [Mathur].
- G Brain troubles and dilated nostrils, wrinkled forehead and suppressed urine.
- G Sleepiness, dullness or stupor after brain surgery.
- P Concussion of brain where after Arn. the stupefaction, dullness or sleepiness remains [from dropsy of brain].
- P Meningitis, acute, cerebro-spinal and exudation, cri encéphalique, scanty dark urine, rolling of head or boring head into pillow. Vacant look; unconsciousness.
- P Diarrhoea during acute hydrocephalus, dentition or pregnancy.

## Repertory

Mind

Answers, confusedly as though thinking of something else [2], reflects long [3], repeats the question first [1]. Concentration, difficult, studying, reading, while [3]. Delusions,

doomed, being [1], new, everything is [2], wrong, fancies he has done [2]. Dullness, afternoon [2]. Fear, imaginary things [2]. Indifference, external impressions, to [2], external things, to [2], loved ones, to [3], relations, to [3], suffering, to [3]. Memory, weakness of, heard, for what has [3], said, for what has [3], say, for what is about to [3]. Sadness, girls, before puberty [2]. Slowness [3].

Sympathy agg. [1/7].

Vertigo

Rising, on, from stooping, amel. [2].

Head

Concussion of brain [2]. Motions of head, rolling head, day and night, with moaning [2; Lyc.]. Pain, occiput, closing eyes amel. [2; Sep.], standing, while [2]; pressing, motion, on [2], pressure amel. [2]; stunning, occiput [2].

Eye

Staring, stupor, during [2].

Nose

Picking, nose, constant desire, in brain affections [2].

Face

Wrinkled, forehead, brain symptoms, in [2; Stram.].

Mouth

Motion, tongue, side to side [2].

Stomach

Nausea, blowing nose [2], sudden, while eating [2].

Stool

Mucous, colorless [3/1], tenacious [3], transparent [3]. White, jelly-like [2/1].

Female genitalia

Menses, suppressed, wet, from becoming [2], wet, getting feet [2].

Extremities

Awkwardness, hands, diverted or talking, when [3/1].

Sleep

Sleepiness, alone, when [2; Bry.].

Skin

Coldness, convulsions, during [2].

Generalities

Convulsions, noise, arrests the paroxysm [2/1]. Painlessness of complaints usually painful [2]. Sexual desire, suppression of, agg. [2].

#### Food

Aversion: Alcohol [2]; apples [3]; fruit [2]; vegetables [2]; fats and rich food [1]; meat [1]; meat, fat [1]; sauerkraut [1]; water [1].

Desire: Cold drinks [2]; alcohol [1]; bread [1]; bread and butter [1]; meat [1]; meat, in lean children [1/1].

Worse: Fat [2]; hot food [2]; vegetables [2]; beans and peas [1]; bread and butter [1]; butter [1]; cabbage [1]; cold food [1]; food that causes flatulence [1]; hot drinks [1]; milk [1]; sauerkraut [1]; warm food [1].

Better: Cold food [1]; hot food [1].

## Nucleus

- 1. Stupor; indifference; sluggishness; amel. strong concentration.
- 2. Blunted sensory perception; what he sees, hears or tastes makes no impression on the mind.
- 3. Chilliness and coldness.
- 4. agg. 4 8 p.m.
- 5. Brain troubles; after concussion; after brain surgery; during fever; and suppressed urine.

# Hepar sulphur

Calcium Sulphide

# Region

NERVES. CONNECTIVE TISSUE. RESPIRATORY MEMBRANES. Flexures. GLANDS. Kidneys. Skin. Bridge of nose. \* Right side. Left side.

#### Modalities

Worse: COLD dry [AIR; WINTER; DRAFTS; WIND; PART BECOMING; eating or drinking COLD things]. LEAST [UNCOVERING; TOUCH; noise; exertion]. Lying on painful part. Mercury. Night.

Better: HEAT [WARM WRAPS; TO HEAD; moist]. DAMP WEATHER.

# Leading symptoms

- \* Hepar sulphuris is made of Calcium and Sulphur. Calcium = vulnerability to external influences; Sulphur = inner fire.
- M VULNERABILITY on ALL LEVELS [hypersensitive]; as if there are no barriers; leads to a great sense of INSECURITY, with constant need for protection, which they try to find in "security, money, position, comfort". "May even marry for money" [Morrison]. M OVERSENSITIVE to PAIN, TOUCH, COLD.
- M Sharply sensitive to emotional stresses. Horrible stories affect profoundly [as if it happened to themselves; "the very idea of the cruelty goes into them and they suffer from it" Morrison].
- M INTENSITY; as easy as external influences go in, the inner fire FLARES up: VIOLENT at TRIFLES, from PAIN, sudden impulse to KILL for a slight offence, THREATENING, ANGER so that he could have stabbed anyone, IMPOLITE, makes furious gestures. Rudeness mostly only VERBAL.
- M HURRY eating [3], drinking [2], hasty speech [3].
- M FIRE. Delusion WORLD IS ON FIRE. Wants to SET things on fire. Pyromaniac.
- G Great CHILLINESS.
- G agg. COLDNESS in any form. agg. Part of body becoming cold [3]. agg. Touching cold things [3].
- G amel. WARM bed. amel. Lying in bed [3].
- G agg. PRESSURE. agg. TOUCH.
- G agg. CLEAR weather [2]. agg. Dry weather [3]. amel. WET weather [3].
- G STITCHING, stabbing PAINS; splinter-like.
- G SOUR excretions, perspiration; or smelling like old cheese.
- G Strong craving for ACIDS [vinegar, pickles] and PUNGENT things.
- G Tendency to SUPPURATION; yellow thick discharges; inflammations ending in suppuration. "Ripened colds and old catarrhs."
- P Dry, croupy cough from exposure to cold wind; and hoarseness and rattling; agg. towards morning, cold air and cold drinks.
- P Asthma from suppressed eruptions.
- P Recurrent attacks of suppurating tonsillitis; of purulent otitis media. CHRONIC

otorrhoea.

- P Sinusitis with yellow, offensive discharge; agg. cold.
- P Sore throat, splinter-like pain, pain extending to ear on swallowing or yawning.
- P "Has to wait for a long time to urinate if others are present" [Mathur].
- P Every slight injury suppurates.

#### Repertory

Mind

Abrupt [3]. Anger, stabbed, so that he could have, anyone [3]. Cheerful, never [3; Nit-ac.]. Delusion, fire, world, is on [2/1]. Fear, air, in open [2]. Fire, wants to set things on [2/1]. Gestures, makes furious [2]. Irritability, trifles, on [2]. Kill, desire to, threatens to [2]. Violent, pain, from [Aur.; Cham.].

Head

Pain, weather, dry cold [3], wind, from exposure to cold [3]; forehead, eyes, between [2]. Eve

Inflammation, warm covering amel. [2/1]. Pain, daytime only [2].

Vision

Loss of vision, rising [2], sitting, bent over, after [2].

Ear

Discharges, cheesy [2], offensive, rotten cheese, like [2]. Pain, warmth and wrapping up amel. [3], extending to other ear [2/1].

Nose

Coryza, uncovering the head, from [2]. Pain, extending to eyes [3].

Sneezing, uncovering, from [3].

Mouth

Aphthae, gums [2]. Odor, cheesy [2].

Throat

Pain, air, cold [2], cold, on becoming [3], cold things [3], draft of air [2], warm drinks amel. [3]; splinter, swallowing, on [3], extending to ear, on yawning [3/1], extending to ear, on turning head [3/1].

Stomach

Desires, vinegar [3]. Nausea, cold, when [2]. Pain, blowing nose, on [3], flatus, passing, amel. [2]. Tension, clothing agg. [2].

Bladder

Urination, dribbling, perpendicularly, urine drops out [3/1]; retarded, press, must, a long time before he can begin, morning [3].

Male genitalia

Moisture scrotum, between, and thighs [3].

Female genitalia

Leucorrhoea, offensive, cheese, like old [3; Sanic.]. Pain, uterus, coition, during [2].

Larvnx

Croup, exposure to cold dry air, after [3], lying agg. [2/1], recurrent [3]. Pain, larynx, coughing on, grasps the larynx [3]. Sensitive, trachea, touch, to [2/1].

Respiration

Asthmatic, alternating with eruptions [2].

Cough

Evening, sleep, on going to [2]. Closing eyes at night excites cough [3/1]. Cold, becoming, on, single part [3]. Uncovering agg. [3]. Wind, cold, in the [3], dry, in the [3], east, in the [3], north, in the [3], west, in the [3/1].

Chest

Eruptions, axilla, boils [3], cracks [2/1], eczema [2], itching [2], rash [2]. Itching, axilla, when body becomes heated [2].

Back

Air, cannot bear a draft of, on nape [2]. Perspiration, night, after midnight [3/1].

**Extremities** 

Felon, lymphatic inflamed [2], suppurative stage [3], winter, every [3/1]. Pain, nates, sitting, while [3].

Perspiration

Odor, cheesy [2], fetid [3], sour, night [3].

Skin

Itching, wool agg. [2]. Splinter, pain as from [3].

Generalities

Touching, cold things agg. [3]. Trembling, smoking, from [2].

#### Food

Aversion: Cheese, strong [2]; butter [1]; fats and rich food [1].

Desire: Sour [3]; vinegar [3]; alcohol [2]; brandy [2]; highly seasoned food [2]; pungent things [2]; strange things [2]; wine [2]; fat [1]; fruit [1]; mustard [1]; pickles [1]; potatoes [1]; stimulants [1]; tea [1]; warm drinks [1]; whisky [1].

Worse: Coffee [2]; cold food [2]; butter [1]; fat [1]; old cheese [1]; tea [1].

Better: Tobacco [2]; spices [1].

#### Nucleus

- 1. Oversensitive to pain, touch, cold, slight causes.
- 2. Violent and intense; threatening, impolite. Sudden impulse to kill.
- 3. Very chilly [one of the coldest remedies].
- 4. Sour secretions. Tendency to suppuration.
- 5. Craving for acids and pungent things.
- 6. Stitching pains, splinter-like.

# Hydrastis canadensis

Golden Seal

# Region

MUCOUS MEMBRANES [post nasal; STOMACH; gall ducts; intestines]. Muscles. Uterus. Liver. Vagina. Skin.

#### Modalities

Worse: AIR [inhaling, cold; dry winds; open]. Slight bleeding. Washing. Old age. Night. Warmth. Touch of clothing. Motion. During pregnancy. Abuse of wine. Abuse of drugs. After stool. Every other day.

Better: Rest. Pressure. Dry weather. Warm covering.

# Leading symptoms

- G Atonic, cachectic or degenerative conditions. Weak and emaciated. CANCEROUS affections [lips, skin, mammae, cervix, uterus, liver]. "Cachectic or malignant dyscrasia from excessive use of alcohol; with marked derangement of gastric and hepatic functions" [Allen].
- G CATARRHAL affections [acute or CHRONIC]:THICK YELLOW STRINGY discharges [Kali-bi.] [nose, throat, bronchi, lungs, gastro-intestinal tract, vagina].
- G LARGE quantities of MUCUS. Mucous secretions INCREASED.
- G Digestion sluggish; empty, gone sensation at pit of stomach, whole day, not amel. by eating, and aversion to food. Combined with constipation WITHOUT any urging to stool is, according to Kent, a sure indication for Hydr.
- G Intolerance of BREAD and VEGETABLES [= sour, often foul eructations].
- P TONGUE yellow, large, flabby and indented.
- P CONSTIPATION [like sheep dung; may be and yellow mucus]; of pregnancy; after abuse of drugs [laxatives]. Constipation without any clear indications; Lathoud mentions the change from an active life [with a lot of motion] to a sedentary life. Constipation, especially of children and the aged [Blackwood].
- P Mucopurulent SINUSITIS following nasal catarrh, especially post nasal. Usually with headache [fullness, pressing pain] above LEFT eye, amel. open air, agg. warm room. Yellow discharge in the open air, nose blocked in warm room.
- P Yellow thick STRINGY leucorrhoea. Pruritus, due to excoriation.
- P GOITRE during puberty and in pregnancy.
- P Epistaxis followed by itching of nose.
- P "To fatten patients cured with Tuberculinum" [Mathur].

# Repertory

Vertigo

Sitting, while, erect [2].

Head

Noises, humming or roaring, Eustachian inflammation, with [3; Merc.].

Oily forehead [2]. Pain, cutting, forehead, eyes above [2/1].

Eye

Pain, opening lids, on [2].

Vision

Accommodation, defective [2]. Sparks, closing eyes, on [2].

Ear

Catarrh, Eustachian tube [2]. Discharges, thick [3], yellow [2].

Nose

Blow, the, constant inclination to [2]. Coldness, inside, when inhaling [2]. Discharge, thick, from posterior nares [2]; viscid, tough, posterior nares, from [2]; yellow, posterior nares, from [3]. Obstruction, warm room [2]. Oily [2].

Face

Cancer, epithelioma, lips [2]. Cracked, corners of mouth [2]. Eruptions, acne, chin [2]. Greasy, forehead [2; Psor.].

Mouth

Inflammation, nursing women [2].

Stomach

Emptiness, aversion to food [2], eating, after [2]. Eructations, sour, bread, after [2]. Inactivity [2].

Abdomen

Anxiety in, stool, after [3]. Atrophy of liver [2]. Cirrhosis, liver [2]. Rumbling, diarrhoea, as if, would come on [3].

Rectum

Constipation, children, in [2], drugs, after abuse of [2], pregnancy, during [2]. Prolapsus, children [2].

Female genitalia

Metrorrhagia, coition, after [2], fibroids, from [2].

Respiration

Difficult, lying, while, on the side, left side [2].

Chest

Cracks, nipples [2].

Extremities

Cracked skin, toes, between, deep [2/1].

#### Food

Aversion: Bread [1]; meat [1]; vegetables [1].

Desire: Bread [1]; bread and butter [1]; eggs [1]; meat [1]; tea [1].

Worse: Bread [2]; vegetables [1].

#### Nucleus

- 1. Degenerative, atonic or cachectic conditions. Obstinate, chronic.
- 2. Thick yellow stringy discharges; large quantities.
- 3. Weak digestion; emptiness stomach not amel. eating; and constipation without urging.
- 4. Constipation.
- 5. agg. Bread and vegetables.

# Hyoscyamus niger

Henbane

### Region

MIND. Brain. Nerves. Muscles [face; eyes]. Blood. \* Left side. Right side.

#### **Modalities**

Worse: EMOTIONS [fright; jealousy; UNHAPPY LOVE]. TOUCH. Lying. Cold. Sleep.

Beginning of menses; during menses. Eating and drinking. Rest.

Better: Sitting up. Stooping.

# **Leading symptoms**

M - JEALOUSY and [paranoiac] SUSPICION. [DELUSION he would be poisoned, would be murdered, is being watched, is injured by his surroundings]. Thinks everybody DECEIVES, cheats, tricks him. Delusion partner is unfaithful; obsessively controls everything. Claiming; constant accusations that other people are favoured [e.g. in children]. Strong desire to be close to somebody; sensation of being an OUTSIDER.

- M Can be SILENT for hours; just sits and STARES. "Pre-occupied with an internal state, sitting and muttering to himself, talking to absent people, to dead people; oblivious of their surroundings." Or LOQUACITY and mocking, slandering and gossiping.
- M VIOLENT OUTBURSTS, especially from jealousy, suspicion or after DISAPPOINTED LOVE ["without sexual gratification"]. Wants to KILL everyone he sees; "wants to kill the guy who did it after a love disappointment." [Hyos. can kill in cold blood, Stram. in blind anger, Hep. only threatens to kill.]
- M Strong SEXUAL element: nymphomania, exhibitionism [plays openly with genitals], lewd talk and songs, DEFIANT. Children who deliberately use foul language and laugh foolishly. Or the reverse: very shameful and strong aversion to undressing [e.g. taking a shower after sports]. Aversion to men because "all they want is sex".
- M Plays ANTICS; grimaces; foolish behavior.
- M Constantly FUMBLES with the hands [Kali-br. more wringing]. PICKS at fingers, face, lips, clothes.
- G agg. At BEGINNING of [3] and DURING [3] MENSES.
- G agg. TOUCH.
- G Sensation of HEAT in blood vessels [2].
- G Chilly. Sensitive to cold.
- G Masturbation in children.
- G Epilepsy, preceded by ringing in ears, empty, gone sensation in stomach, restlessness or vertigo; during fit grinding of teeth or tendency to laugh. Epilepsy from fright.
- G "Sleeplessness of irritable, excitable persons from business embarrassments, often imaginary" [Mathur][result of the suspicion].
- G Spasms, twitchings, jerks, cramps.
- P Dry, spasmodic cough when lying down in bed, has to sit up; agg. eating, drinking, talking, laughing, singing.

- P Paralysis of bladder after confinement.
- P Involuntary stool or urination from excitement.
- P Strabismus or visual disturbances after [or since] prolonged fever, convulsions or brain affections [Kent].
- P "Hardness of hearing, as if stupefied, especially after apoplexy" [Nash].

# Repertory

Mind

Answers, imaginary questions [2]. Antics, plays [3]. Bed, desires to remain in [2]. Business, talks of [2]. Complaining of supposed injury [2/1]. Delusions, thinks he is demoniacal [3], possessed, as if, by devil [2]. Gestures, makes, plays with his fingers [2]. Hyperactive child [3]. Kill, desire to [3], knife, with a [2]. Laughing, menses, before [2], silly [3]. Muttering, sleep, in [2]. Naked, wants to be [3], in delirium [3]. Rage, kill people, tries to [3]. Shameless, exposes the person [3]. Speech, babbling [2], foolish [3], intoxicated, as if [3], loud [2], prattling [3]. Striking, desire to strike [3].

Vertigo

Epilepsy, before [3]. Odor of flowers [2].

Head

Fullness, eating, after [2].

Vision

Sparks, epileptic fit, before [3/1].

Nose

Twitching, root, visible [2].

Face

Twitching, pregnancy, during [2/1].

Teeth

Clinched, firmly [2]. Grinding, epilepsy [3].

Stomach

Appetite, ravenous, epilepsy, before [3]. Emptiness, weak feeling, faintness, epilepsy, before [3/1]. Hiccough, night [3], convulsions, with [3], operation, after [2/1]. Vomiting, convulsions, during [2].

Rectum

Involuntary stool, excitement, from [2/1].

Bladder

Urination, involuntary, convulsions, during [3], menses, during [2].

Cough

Dry, night, sitting up amel. [3], lying, while [3]. Hacking, lying down, while [3]. Nervous, lying, while [3/1].

- · · ·

Extremities

Motion, irregular [3]; hands, clutching [2/1]. Trembling, menses, during [2]; hands, menses, during [2]; foot, menses, during [2].

Sleep

Falling asleep, mental exertion, from the least [3]. Sleepiness, alternating with sleeplessness [2]. Sleeplessness, mental exertion, after [3].

Perspiration

Single parts, lower part of body [2].

Skin

Gangrene, from burns or gangrenous sores, spots [2].

Generalities

Catalepsy, jealousy, from [2]. Convulsions, begin in the face [2], grief, after [2].

#### Food

Aversion: Drinks [3]; water [3]; alcohol [2].

Worse: Cold drinks [1]; wine [1].

Better: Coffee [2].

## **Nucleus**

- 1. Jealousy and [paranoiac] suspicion. Violent outbursts.
- 2. Loquacity or silent disposition.
- 3. Extreme shamelessness or shame.
- 4. Fumbling with hands, playing with fingers, picking at clothes.
- 5. Epilepsy; twitchings, jerks, cramps.
- 6. Dry spasmodic cough agg. lying down, amel. sitting erect.

# Hypericum perforatum

St. John's Wort

# Region

SPINAL NERVES [COCCYX; interscapular; meninges]. Vertex.

#### Modalities

Worse: INJURY [JAR; concussion; penetrating; shock; bruises]. Exertion. Change of weather. Fogs. Cold damp weather. Closed room. Motion. COLD AIR.

Better: Lying on abdomen. Bending backward. Lying quietly.

# Leading symptoms

- \* The Arnica of the nerves.
- G INJURIES to parts RICH in SENTIENT NERVES, especially fingers, toes, matrices of nails and coccyx. Injuries to head or spine.
- G PENETRATING wounds, especially of palms and soles, and if pain shoots up the nerve.
- G Prevents lock-jaw, tetanus [Led.].
- G SHOOTING, lancinating pains ALONG NERVES [extending from the seat of the injury]; and crawling and numbness.
- G "Removes bad effects of shock, fright or mesmerism" [Allen].
- G Neuralgic pains; parts excessively painful and sore; agg. change of weather.
- G CONVULSIONS after injury of head.
- G "Nervous depression following wounds, surgical operations" [Mathur].
- G Very painful boils and abscesses, no discharge of pus [internally as well as local as a compress]. Only for first aid; recurrent boils and abscesses NEED CONSTITUTIONAL TREATMENT!
- G agg. COLD in general. agg. COLD AIR.
- G agg. FOGGY weather [3]. agg. Dry weather [2].
- G Pains APPEAR suddenly and disappear gradually [2].
- P "Asthmatic respiration after injury of the spine" [Kent].
- P Asthma in foggy weather; amel. copious expectoration.
- P "Vertigo with sensation as if head has suddenly become elongated; at night, with urging to urinate" [Mathur].
- P Headache after a fall on occiput, and sensation being lifted up high in the air.
- P Abdominal pain after laparotomy.
- P Pain in coccyx during, after or since [instrumental] DELIVERY.
- P Haemorrhoids bleeding and excessively painful [externally and internally].

# Repertory

Mind

Mistakes, writing, in, omitting, letters [2]. Prostration of mind, injuries, from [2; Sul-ac.]. Unbearable pains [3].

Vertigo

Urination, during, urging, when [2/1].

Head

Elongated sensation [2/1]. Jerking of the head, lying on the back, while

[2; Cic.], head jerks backwards [2/1]. Pain, bursting, vertex [2].

Hearing

Acute, menses, during [2].

Mouth

Pain, gums, extraction of teeth, after [2].

Respiration

Asthmatic, injury of spine, after [2/1].

Back

Injuries of the spine, coccyx [3]. Pain, sacral region, instrumental delivery, after [3/1]; coccyx, fall, after a [3]; aching, confinement, after [2/1].

Extremities

Pain, lower limbs, sciatica, injury, after [2; Arn.]; hip, confinement, after [3/1].

Generalities

Convulsions, injuries, from [3; only remedy in bold type].

#### Food

Desire: Warm drinks [2]; hot milk [1]; pickles [1]; wine [1].

#### Nucleus

- 1. Injuries to nerves, attended with shooting pain.
- 2. Effects from injuries to head or spine [e.g. headache, vertigo, convulsions, chronic pain in coccyx, asthma].
- 3. Asthma in foggy weather; amel. expectoration.
- 4. Neuralgic pains agg. change of weather.
- 5. agg. Cold air.

# Ignatia amara

St. Ignatius Bean

# Region

MIND. NERVOUS SYSTEM. Cerebro-spinal axis. Sensorium. \* Right side. Left side.

#### Modalities

Worse: EMOTIONS [GRIEF; anger; WORRY; fright]. Air [open; cold]. Odors. Touch. Coffee. Tobacco. CONSOLATION. Slight touch. Winter. Walking fast. Morning; on waking.

Better: Position [change of; lying on painful side]. Profuse urination. If alone. Pressure; hard pressure. Warmth. Swallowing.

# Leading symptoms

M - Ailments from anger [3], ANGER with SILENT GRIEF [3], bad news [2], DISAPPOINTMENT [4], DISAPPOINTED LOVE [4], FRIGHT [3], reproaches [2] and SHAME [2].

M - High IDEALS and EXPECTATIONS - strong DRIVE to make them true [critical; intolerant of contradiction; expects others, especially partner, to be perfect]. Strong sense of [inner] DUTY. Competence, quickness and refinement used to achieve goals in outer world. "Woman wants to be equal to man." Conflicts with inner state. INNER CONFLICTS [delusion he had committed a crime, is criticized, being doomed, has neglected duty, has done wrong]. SELF-REPROACH.

M - DISAPPOINTMENTS excite inner sensitiveness, but tries to keep it in: SILENT GRIEF and BROODING, agg. by CONSOLATION, leading to CONTRADICTORY and ALTERNATING STATES.

- M Involuntary SIGHING.
- M EMOTIONAL outbursts very quickly controlled: only tears in eyes, short sobs, sighing, constant swallowing, twitching around mouth, bites inside of cheek, etc.
- M Tendency to EAT AWAY stresses [especially anger and grief] may become fat; or ravenous appetite [boulimia] alternating with anorexia. "Empty sinking in stomach not relieved by eating" [Boger].
- G SPASMODIC and ERRATIC symptoms.
- G Aversion to FRUIT.
- G Loathing of TOBACCO SMOKE.
- G COFFEE [agg. or amel.]; agg. SWEETS.
- G Perspiration only or mainly on FACE, especially during EATING.
- G "Symptoms pass off with a profuse flow of urine" [Boger].
- G Pains in small SPOTS.
- G amel. PHYSICAL EXERTION [2]. amel. RUNNING [2]. amel. Walking FAST.
- G amel. WHILE eating [3].
- G Aversion to OPEN AIR [3]. amel. WARM stove [3].
- P Sensation of LUMP in throat.
- P TWITCHING around MOUTH.

- P [Nervous] cough agg. coughing.
- P Headache ends in yawning and vomiting.
- P Pruritus vulvae with itching extending up into the vagina.

### Repertory

Mind

Affectionate [2]. Alternating mental and physical symptoms [3]. Anger, suppressed, from [2]. Cares, full of [3]. Eat, refuses to [2]. Fear, narrow place, in [2], sleep, she will never sleep again [2/1]. Grief, silent [3], undemonstrative [2]. Irritability, contradiction, from the slightest [3/1]. Inconstancy [3]. Love, love-sick, silent grief [3]. Monomania [2]. Secretive [2]. Sighing, menses, before [2]. Sympathetic [2].

Head

Heaviness, menses, during [2]. Pain, attention, from too eager [2], increasing gradually, but ceasing suddenly [2], odors, from strong [2], spirituous liquors amel. [2], sudden pains, and go suddenly [2], urination, profuse, amel. [2]; occiput, stool, while pressing at [2/1]; nail, as if from a, menses, during [2]. Pulsating, occiput, stool, during [2/1]. Eve

Pain, urination, profuse, amel. [2]; around the eyes [2]. Swollen lids, upper lids [2].

Colors, before the eyes, white, flickering [2].

Ear

Noises, ringing, menses, before [2; Ferr.].

Nose

Smell, acute, sensitive to the odor of tobacco [2].

Face

Discoloration, pale, menses, during [3]. Distortion, speaking, on [2/1]. Perspiration, eating, while [2]. Twitching, mouth, around [2], mouth, corners of [2]. Biting, cheek, when talking or chewing [3].

Throat

Lump, sensation of, swallowing, when not [2]. Pain, stitching, swallowing, when not [3]. Stomach

Appetite, ravenous, sleep, prevents [2]; wanting, menses, during [2]. Emptiness, menses, before [2], sighing [3/1]. Pain, fasting, while [2]; cramping, eating, after, amel. [2]. Rectum

Constriction, sitting amel. [2/1], standing agg. [2/1]. Diarrhoea, grief, after [2]. Haemorrhoids, walking amel. [3/1]. Itching, warm bed, in [2]. Pain, evening, lying, while [2/1], standing agg. [2/1]. Prolapsus, evening [3/1].

Female genitalia Heat, vagina, menses, before [2/1]. Inflammation, vagina, coition, during [2]. Menses, grief brings on [2/1]. Pain, cramping, uterus, touching parts agg. [2/1].

Cough

Coughing agg. [3]. Dry, constant, almost [2]. Dust, as from, in throat-pit [2/1].

Respiration

Irregular, sleep, during [2]. Loud, inspiration [2].

Chest

Palpitation, unrequited affections, from [2].

#### **Extremities**

Alive, sensation of, upper limbs [2/1]. Cramps, calf, sitting, while [3]. Pain, leg, Achilles tendon, exertion, on [2/1], walking, while [2]; burning, foot, heel [2].

Sleep

Dreams, awake, while [2], excelling in mental work [2], mind, affecting the [2]. Generalities

Evening, lying down, after, agg. [2]. Catalepsy, grief, after [2], love, from unrequited [2]. Change, impressions agg. [2/1], of position amel. [3]. Chorea, lying on back amel. [2; Cupr.]. Convulsions, begin in the face [2], punishment, after [3; Cham.].

#### Food

Aversion: Fruit [3]; smoking [3]; meat [2]; milk [2]; tobacco [2]; tobacco, odor of [2]; warm food [2]; wine [2]; alcohol [1]; brandy [1]; bread [1]; drinks [1]; cooked food [1]; sour [1].

Desire: Fruit [2]; sour [2]; bread [1]; bread, rye [1]; bread and butter [1]; butter [1]; charcoal [1]; cheese [1]; cheese, strong [1]; coal [1]; fruit, acid [1]; indigestible things [1]; tomatoes [1].

Worse: Coffee [3]; sweets [3]; cold drinks [2]; cucumbers [2]; onions [2]; rice [2]; beer [1]; bread, black [1]; cold food [1]; fruit [1]; milk [1].

Better: Coffee [3]; hot food [2]; vinegar [1].

#### Nucleus

- 1. Inner conflict; romantic idealism conflicts with reality. Ailments from disappointment.
- 2. Contradictory and alternating states.
- 3. Silent grief and brooding; emotions come out in a spasmodic way: short sobs, sighing, twitching around mouth, biting inside of cheek, swallowing, lump in throat etc..
- 4. Marked aversion to fruit and tobacco smoke.
- 5. agg. Sweets; coffee [agg. or amel.].
- 6. Perspiration on face.

# **Iodium**

#### **Iodine**

### Region

GLANDS [THYROID; testes; mesenteric; mammae]. MUCOUS MEMBRANES [LARYNX; lungs [r. apex or base]. HEART. Blood vessels. Skin. Nerves. Connective tissue. \* Left side. Right side.

#### Modalities

Worse: HEAT [ROOM; air; wraps]. Exertion [ascending; talking]. Fasting. Night. Rest. Lying on painful side. Touch. Pressure.

Better: COLD [AIR; bathing]. Motion. Eating. Milk [constipation].

# Leading symptoms

- M EXCITEMENT and intolerable RESTLESSNESS. Restlessness agg. in room and while sitting.
- M Want to execute or express all their ideas and thoughts AT ONCE. LOQUACITY. HURRY. Constantly BUSY, but not in an organized way [Forgetful, of purchases, goes off and leaves them; Feels constantly as if he had forgotten something].
- M FRIGHTFUL, persistent thoughts DURING REST [or when forced to sit]. Anxiety during rest. Sudden dreadful impulses [e.g. sudden impulse to KILL], amel. if BUSY, eating and walking in open air. "Must do something, keep in constant motion or go insane" [Mathur].
- M OCCUPATION and ACTIVITY amel. [restlessness, dreadful impulses, anxiety]. Impulse to run.
- M Ritualistic behavior [probably to restrict the restlessness, forgetfulness and impulses].
- G VERY WARM; always TOO HOT. "Wants a cool place to move, think, or work in" [Nash].
- G Walking in OPEN AIR amel..
- G agg. Becoming HEATED [3]. amel. Becoming COLD [3].
- G amel. EATING. amel. Eating to satiety [2]. Always hungry. Even dreams of eating [2/1].
- G Weakness from hunger [3].
- G Swollen and indurated GLANDS; followed by atrophy [thyroid, ovaries, mammae, uterus, prostate, lymph glands, tonsils, adenoids]. Or: "Hypertrophy of all glands except mammary, which dwindle; while body withers, glands enlarge" [Nash].
- G Pains and constricting sensation.
- P Constipation amel. cold milk.
- P Basedow's disease and cardiac disturbances.
- P Nightly pains in the bones.
- P Croup [or croupy cough] caused by long-continued damp weather; hoarseness, difficult inspiration; grasps the throat during coughing.

- P Orchitis with pain extending to the abdomen.
- P Thick yellow leucorrhoea, corroding linen.

# Repertory

Mind

Activity amel. [1/7]. Ailments, anger, from [1], fright [1], disappointed love [1], sexual excesses [2], mental shock [1], mental work [1]. Anger, touched, when [1/3]. Anxiety, driving from place to place [2/6], eating, after amel. [2/4], fasting, when [1], hungry, when [2; Kali-c.], rest, during [1/4], walking in open air amel. [2/5]. Company, aversion to, avoids the sight of people [2], intimate friends [2], presence of strangers, aversion to [2]. Destructiveness [1]. Discontented, everything, with [1]. Dullness, eating, after amel. [2/7]. Eating, amel. of mental symptoms, after [1]. Exertion, mental agg. [1], physical amel. [1/2]. Fear, restlessness from [2/8]. Forgotten, something, feels constantly as if he had [2/4]. Horrible things, sad stories affect her profoundly [3]. Hurry, walking, while [1]. Kill, rest, desire to kill, during [1], sudden impulse to kill [1]. Magnetized, mesmerism amel. [1]. Occupation, diversion amel. [2]. Restlessness, room, in [2], sitting, while [2]. Travel, desire to [2]. Weeping, spoken to kindly, when [children] [2; Sil.]. Vertigo

Lying, side, on, left agg. [2].

Head

Pain, forehead, noise [2].

Eye

Protrusion, exophthalmus [3].

Ear

Noises, chewing, when [2], inspiration, during [2]. Opening and closing, sensation like a valve [2].

Nose

Coryza, sudden attacks [2]. Obstruction, warm room [3].

Throat

Tension, menses, before [2/1], swallowing, when [2/1].

External throat

Goitre, painful [3]. Swelling, cervical glands, hard [2].

Stomach

Eructations, daytime [3]. Sinking, eating, after [2].

Abdomen

Diarrhoea, sensation as if, would come on, stool, after a normal [2]. Enlarged, mothers [2].

Rectum

Diarrhoea, warm room agg. [2].

Stool

Fatty [2] [pancreas! - see under Abdomen, Pancreas - Iod. 1]

Urine

Odor, offensive, ammoniacal, infants [2; Calc.].

Male genitalia

Pain, testes, sexual excitement, after [2]. Swelling, testes, unrequited sexual passion [2/1].

# Female genitalia

Leucorrhoea, alternating with cough [2/1]. Pain, sore,

ovaries, right [2], ovaries, menses, during [2], menses, after [2]. Tumors, ovaries, right [2].

Larynx

Irritation, larynx, warm damp weather [2/1]. Tickling, warm room [2].

Respiration

Difficult, menses, during [2], warm bath [2].

Chest

Atrophy, mammae [3], nipples [2]. Flabby, mammae [3]. Induration, axillary glands [3]. Palpitation, cold bathing amel. [2/1], menses, before [2].

Sleep

Dreams, eating [2/1].

Generalities

Breakfast, after, amel. [2]. Eating, satiety, to, amel. [2]. Weakness, heat of, summer [3], hunger, from [3], menses, during, going up stairs, when [2/1], warm room [2], warm weather agg. [2].

#### Food

Desire: Alcohol [2]; meat [1].

Worse: Heavy food [3]. Better: Cold milk [1].

#### Nucleus

- 1. Excessive restlessness; loquacity and hurry.
- 2. amel. Occupation; dreadful impulses and thoughts during rest.
- 3. amel. Open air, walking in open air.
- 4. amel. Eating. Ravenous appetite.
- 5. Enlargement of glands; followed by atrophy.

# Ipecacuanha

**Ipecac Root** 

### Region

MUCOUS MEMBRANES [DIGESTIVE TRACT; stomach; RESPIRATORY; lungs]. Nerves [pneumogastric; spinal; cutaneous]. Umbilicus. \* Right side. Left side.

#### **Modalities**

Worse: WARMTH; damp warmth; warm room; warm moist, south winds. Overeating [ice cream; pork; veal; mixed or rich foods; fruits; salad; fats]. Periodically. Quinine. Heat and cold. Recession of eruptions. Slightest motion. Winter and dry weather. Autumn. Cold nights after hot days. Stooping [vomiting].

Better: Open air.

# Leading symptoms

M - Hard to please.

G - Ailments, PAINS and CONSTANT NAUSEA and vomiting. Nausea not amel. by vomiting.

"Adapted to cases where the gastric symptoms predominate" [Allen].

- G NO THIRST.
- G agg. Cold and heat [2]. agg. Cold dry weather [2].
- G agg. HEAT. agg. Warm south wind [2]. Faintness from summer heat [2; Ant-c.]; faintness in warm room [2].
- G agg. Eating FAST [2].
- G Respiratory ailments and NAUSEA and CLEAN TONGUE. "Constant nausea with a clean tongue is the watchword" [Dewey].
- G Gastric ailments [NAUSEA] and constant SALIVATION.
- G Haemorrhages [epistaxis, haemorrhoids, menstruation, haematemesis] of bright red colour and sudden. "Uterine haemorrhages, with bright red flow, usually with vomiting and dyspnoea is definitely Ipec" [Morrison].
- G Troubles arising from fat food, pork, pastry, candy, etc..
- G Convulsions from indigestion [3].
- G Weakness AFTER MENSES [3].
- P Stomach feels relaxed, as if hanging down.
- P Bronchiolitis, bronchitis or asthma with spasmodic, suffocative cough and retching and VOMITING. RATTLING, great accumulation of mucus in chest, but NO EXPECTORATION. Child stiffens and becomes pale or blue; gasps for breath.
- P DRY, SPASMODIC COUGH, ENDING IN CHOKING AND GAGGING.
- P COLDS in children; starting with stoppage of the nose at night, followed by hoarseness and suffocative, spasmodic cough; and retching and vomiting.
- P Diarrhoea of a dysenteric nature. Autumnal dysentery; cold nights, after hot days.
- P Nausea and vomiting of pregnancy.
- P One hand cold, the other hot.

# P - VOMITING agg. STOOPING.

Repertory

Head

Pain, extending to tongue [2/1]; occiput, indigestion, after [2].

Ear

Coldness, heat, during [2; Lach.].

Nose

Epistaxis, cough, with, whooping cough [3], menses, before [2]. Sneezing, coughing, before [2/1].

Face

Discoloration, bluish, cough, with [3]; red, one-sided, one pale, the other red [3]. Stiffness, muscles, cough, during [3/1].

Stomach

Hanging down, sensation of [3]. Indigestion, fruit, after [2], pork, after [2]. Nausea, constant [2], food, smell of [2], fruit, after [2], ice cream, after [2], rich food [2], pork, after [2], smoking [3], sweets [2], labor, during [3], pain, during [2], stool, during [2], stooping, on [2]. Pain, ice cream, after [2], rich food, after [2], urination, during [2; Laur.]. Retching, stool, during [2]. Vomiting, itching with nausea, must scratch until he vomits [2/1], stooping, after [3]; bile, headache, with [3]; food, of, cough, from [3]. Abdomen

Pain, umbilicus, extending to uterus [2]; umbilicus, menses, before [2].

Rectum

Diarrhoea, fruit, after, sour [2], fruit, after, unripe [2].

Female genitalia

Menses, copious, faintness, with [3]. Metrorrhagia, active [3], bright red with clots [2], continuous [2], gushing [3], motion agg. [3], sudden [2], vexation, after [2].

Cough

Suffocative, child becomes stiff and blue in face [3; Cupr.].

Respiration

Difficult, mucus in the trachea, from [2], open, wants doors and windows [2].

Sleep

Sleepiness, vomiting, after [3].

Generalities

Convulsions, indigestion, from [3/1]. Faintness, summer heat, from [2], warm room [2]. Weakness, menses, after, disproportionate to loss of blood [2/1].

Food

Aversion: Food, smell of [3].

Desire: Delicacies [3]; sweets [2]; cold drinks [1].

Worse: Veal [3]; coffee [2]; fat [2]; food, smell of [2]; fruit [2]; fruit, sour [2]; pork [2]; rich food [2]; tobacco [2], buckwheat [1]; butter [1]; dry food [1]; fried food [1]; frozen food [1]; ice [1]; pancakes [1]; pastry [1]; sour [1].

# Nucleus

- 1. Ailments or pains attended with constant nausea and clean tongue.
- 2. No thirst.
- agg. Heat.
   Profuse salivation during nausea.
   Spasmodic respiratory ailments.

# Iris versicolor

# Blue Flag

### Region

GLANDS [DIGESTIVE TRACT; LIVER; pancreas]. Nerves. \*Right side. Left side.

#### Modalities

Worse: Periodically [weekly; 2-3 a.m.; spring and fall; after midnight]. Mental exhaustion. Hot weather.

Better: Gentle motion. Cold applications.

#### Leading symptoms

M - Artistic, thin, delicate and nervous; usually very charming people to meet [Borland].

G - BURNING, along whole digestive tract, not amel. by cold drinks.

G - SOUR, acrid and BURNING excretions [vomit, stool].

G - amel. Seashore [2].

G - agg. Spring [2].

P - BILIOUS, SOUR or ACRID vomiting, with burning, especially and HEADACHE.

P - Headache preceded by VISUAL DISTURBANCES.

P - WEEKLY headaches, mainly on SUNDAYS.

P - Headache, either side of forehead or alternating from side to side, agg. lying, rest, amel. walking in open air and gentle motion.

P - Migraine with vomiting of bile after eating SWEETS.

P - Headache and diarrhoea [burning like fire].

P - Copious urination AFTER headache.

P - "Oily nose, greasy taste in mouth and fatty stool" [Boger].

P - Right-sided herpes zoster and gastric derangement.

P - ROPY SALIVA, profuse; drips from mouth during conversation.

P - "Chronic indigestion from milk; it sours and is vomited" [Tyler].

P - "History of getting over-tired ... tend to get a day or two when they are particularly tired, heavy and sleepy before headache ... Then they wake up at 2 or 3 a.m. and know the headache is coming on ... The attack usually develops - and this is a differentiating point from a number of other remedies - with eye disturbances, vomiting and nausea, before the headache actually begins ... After some hours the patient develops a violent headache, with a feeling of heat and fullness in the head ... usually on the right side, but so severe that it involves practically the whole head ... It is worse on keeping still, and better by moving about gently ... The patient is liable to get a peculiar boring pain just in the middle of the epigastrium if the vomiting has gone on for more than two or three hours ... It is the pancreatic region, and it is interesting that Iris patients are sensitive to sugar. If they are over-tired they tend to get a sugar hunger. Then they are apt to indulge in too many sweets, and the result is that they develop a typical Iris headache." -[Borland: Homeopathy in Practice, p. 21.]

Repertory

Head

Pain, alternating with pain in abdomen [2], blinding [3], breakfast, after [2], motion, from violent [2], periodic, every seven days [2], vomiting [3]; forehead, left side, extending to right side [2], alternating from side to side [2], motion, on, amel. [2], sitting, while [2], walking, while, amel. [2]; sides, alternating from side to the other [2]; right, blurred vision before the attack [3/1], motion, on, amel. [2; Agar.]. Pulsating, motion, moderate, amel. [1; Vib.].

Vision

Blurred, headache, before [3]. Dim, headache, before [3], headache, during [3]. Flickering, headache, before [2].

Mouth

Cold, tongue [2]. Greasy sensation, tongue [2/1]. Pain, burning, extending to anus [2/1], extending to stomach [1]. Saliva, ropy [1]. Salivation, headache, during [1].

#### Stomach

Eructations, milk, after [1]. Heat, sensation of, extending upwards [1]. Nausea, exertion, after [2]. Pain, breakfast, before [2]. Vomiting, milk, after [2]; bile, headache, with [3], headache, with, after eating sweets [2/1]; sour, eating, after [2]; stringy [2]; sweetish mucus [2].

Abdomen

Eruptions, herpes zona, right side [3/1]. Inflammation, pancreas [2].

Rectum

Diarrhoea, night, 2-3 a.m. [2; Phos.]; periodical, on alternate days [2], Spring, in [1].

Stool

Odor, coppery [2/1].

Urine

Copious, headache, with [1], after [2].

Extremities

Eruptions, upper limbs, psoriasis [2]; elbow, psoriasis, patches [2]; knee, psoriasis [2; Phos.].

Skin

Eruptions, patches [2].

Generalities

Air, seashore amel. [2].

Food

Worse: Farinaceous food [2]; fruit [2]; milk [2]; sweets [1].

### Nucleus

- 1. Burning along whole digestive tract.
- 2. Sour, acrid, burning excretions.
- 3. Weekend headaches, preceded by visual disturbances and attended with sour or bilious vomiting.
- 4. Profuse ropy saliva.
- 5. agg. Sweets [= headache with vomiting of bile]; agg. milk [= indigestion with sour vomiting].

# Kalium arsenicosum

### Fowler's Solution

### Region

Cardio-vascular system. Skin. Veins. Blood.

### Modalities

Worse: Touch. Noise. Cold feet. 1-3 a.m. Warmth; warmth of bed.

Better: Rainy days.

### Leading symptoms

\* Common traits of all Kali's: conservative, regular, proper, down to earth. "Lot of emphasis on morality and what is right, what is wrong. Black and white issues. Each of them with a slightly different flavour" [Morrison].

In Kali-ar. the fears and the aggravation after midnight of Kali are intensified by the Arsenicum-element.

M - Great anxiety about HEALTH, especially of HEART DISEASE [also fear of stroke, cancer or other serious diseases]. "One of the main remedies that show up in the emergency heart-attack room" [Morrison].

M - Constant fear, but in periods culminating in real PANIC. Try to cover it up. Overwhelming fear.

G - "Nights are filled with suffering" [Boger].

G - agg. 1-3 a.m. [3]

G - Very CHILLY. "Aversion to open air. Can't get warm, even in summer" [Boger]. Entering a cold place agg..

G - agg. TOUCH [3].

G - Sleeps with one HAND OVER the HEART.

G - Trembling from noise [2].

- P Nightly attacks of asthma or bronchitis and fear of HEART disease.
- P Itching eczema agg. undressing, night and from warmth.
- P "Sensation of a ball rising from the pit of stomach to throat causing suffocation" [Mathur].
- P Diarrhoea from milk.
- P SWOLLEN LOWER LIDS of eyes [Kali-c. upper lids].

### Repertory

Mind

Bed, aversion to [1] [due to the nightly aggravation]. Delusions, enlarged, head is [1]. Fear, cancer, of [2], heart disease, of [2]. Kill, desire to, sudden impulse to [1]. Sadness, alone, when [1]. Thoughts, persistent, night [1].

Head

Pain, night, midnight, after [1].

Eye

Swollen, lids, lower lids [3].

Ear

Discharges, fetid [2], yellow [2]. Pain, night [1], warmth and wrapping up amel. [1]; stitching, cold air, in [1/1].

Nose

Coryza, air, agg. in cold [2], cold, on becoming [2]. Pain, rawness [1].

Throat

Lump, sensation of, eructations amel. [1; Mag-m.].

External throat

Uncovering, throat agg. [2].

Stomach

Nausea, cold drinks [2].

Abdomen

Flatulence, night [2].

Rectum

Diarrhoea, night, midnight, after [3], milk, after [2].

Respiration

Asthmatic, midnight, after, 2 to 3 a.m. [3]. Difficult, midnight,

2 to 3 a.m. [3].

Cough

Night, midnight, after, 2 a.m. [3], 3 a.m. [3].

Chest

Pain, heart, lying on left side agg. [2].

Skin

Eruptions, itching, cold air, in [2], undressing, when [2]. Itching, cold air, in [1], undressing agg. [1], warm, on becoming [2]. Prickling, warm, when [1].

Generalities

Night, midnight, after, 1 to 3 a.m. [2/1], 2 a.m. [2]. Cold place, entering a, agg. [3]. Trembling, noise, from [2].

#### Food

Aversion: Meat [2]; farinaceous food [1].

Desire: Sour [2]; sweets [1]; warm drinks [1].

Worse: Cold drinks when heated [2]; cold drinks [1]; cold food [1]; fat [1]; milk [1].

### **Nucleus**

- 1. Anxiety about health, especially heart, periodical, panic.
- 2. agg. Night, 1-3 a.m. Sleeps with one hand over the heart.
- 3. Very chilly.
- 4. Swelling of lower eyelids.
- 5. agg. Touch.

## Kalium bichromicum

### Bichromate of Potash

### Region

MUCOUS MEMBRANES [air passages; NOSE; pharynx; stomach; duodenum]. Fibrous tissue. Ligaments. JOINTS. Skin. Circulation. Kidneys. Root of nose, tongue, penis, etc. \* Right side. Left side.

### Modalities

Worse: COLD [damp; open air; spring; undressing; winter]. MORNING; after sleep; 2-3 a.m. Protruding tongue. Hot weather. Beer. Alcohol. Suppressed catarrh.

Better: Heat. Motion. Cold weather [amel. skin symptoms]. Eating. Vomiting. Short sleep. Motion.

### Leading symptoms

\* Common traits of all Kali's: conservative, regular, proper, down to earth. "Lot of emphasis on morality and what is right, what is wrong. Black and white issues. Each of them with a slightly different flavour."

"Something gluey about them; carries the properness of the Kali's a little bit further; goes into DETAILS; the perfect bureaucrats" [Morrison].

M - Everything on a REGULAR basis [dinner, sex, going out, fishing, procedures, tempo, life]. KEEP REGULAR HOURS. Conformist. Living according to a routine.

M - Goes by the book. RULES. Narrow-minded.

M - Aversion to troubles. Sucking up. Self-occupied; "mostly interested in their own little existence" [Morrison]. Like to be with family.

G - CHILLINESS. agg. Becoming COLD [3].

G - agg. WARM WET weather [2]. agg. SUMMER [3]. agg. Spring [2]. agg. Autumn [2].

G - agg. 2-5 A.M.

G - agg. On WAKING [3].

G - Pains appear and disappear SUDDENLY.

G - Pain in SMALL SPOTS. Ulcers look punched out. Sore spot in stomach.

G - THICK, STRINGY, yellow [or white] DISCHARGES.

G - Desire for BEER. "The chronic beer drinker is fairly typical of Kali-bi" [Borland].

G - Sensation of a HAIR [tongue, nostril, palate, etc.].

G - Pains shift rapidly form one part to another [e.g. wandering rheumatic pains]; appear every day at the same hour [regular basis].

G - Rheumatic affections [especially fibrositis] alternating with digestive disorders.

G - Summer agg.: fibrositis, skin irritation, acne, sciatica. Spring and Autumn agg.: respiratory affections, bronchitis, asthma, dysenteric diarrhoea.

P - Main remedy for sinusitis [pressure and fullness at root of nose, stringy and yellow discharge when acute, stringy and white when chronic]; colds extending to sinuses. ["70% of the maxillary sinusitises = Kali-bi. and 30% of the frontal sinusitises." [Morrison]

P - Migraine, pain in a SMALL SPOT, preceded by visual disturbances [blindness, blurred vision, dim vision]; starts at night; pain amel. firm pressure [on root of nose], warmth, agg. cold, stooping; and nausea and vomiting of white, ropy mucus. Aversion to light and noise.

Repertory

Vertigo

Ascending, stairs [2].

Head

Pain, blindness, followed by violent headache, sight returns as headache becomes worse [2/1], periodic, every day, at same hour [3]; sides, spot, small [2/1].

Eye

Heaviness, lids, morning, on waking [2; Sep.]. Lachrymation, opening eyes, on [2/1]. Pain, burning, opening the eyes, on [2]. Photophobia, crusts are torn from nose, if [2/1], daylight only [2].

Ear

Pain, stitching, headache, with [2].

Nose

Discharge, crusts, scabs, inside, detach, hard to, and leave raw and sore [3], detached, reform if [3], detaching, causes pain and soreness [2]; thick, clear, headache if it ceases [2/1]; viscid, tough, posterior nares, from [3]; yellow, morning [3]. Fullness, sense of, frontal sinuses, from inflammation [2/1]. Heat, air expired feels hot [3/1], root [3/1]. Obstruction, one-sided, alternately [3], warm damp weather

[2/1]. Pulsation, root [3]. Sneezing, air, open [2].

Mouth

Hair, palate, sensation of [2/1]. Saliva, ropy [3]. Ulcers, palate, punched out, looking [2/1].

Throat

Pain, sticking out the tongue [2], waking, on [2].

Stomach

Heaviness, beer, after [3/1], meat, after [2/1]. Nausea, drunkards, in [3], sudden [2]. Pain, alternating with pain in limbs [2/1], meat, after [2].

Rectum

Diarrhoea, periodical, summer [2/1].

Male genitalia

Sexual passion, wanting, fleshy people, in [2/1].

Female genitalia

Prolapsus, uterus, hot weather, in [2/1].

Larvnx

Catarrh, change of weather, before [2/1].

Respiration

Difficult, midnight, 2 a.m. [2].

Back

Pain, dorsal region, extending to sternum [2/1].

**Extremities** 

Pain, rheumatic, alternating with gastric symptoms [3/1], diarrhoea [2], pulmonary

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troubles [3/1], warm weather, in [2; Colch.]; lower limbs, sciatica, change of weather [2]. Skin
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Eruptions, summer, in [2]. Itching, cold air, in, amel. [2/1].

Generalities

Pain, small spots [3].

### Food

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Aversion: Meat [2]; water [2]; drinks [1]; smoking [1].

Desire: Beer [2]; cold drinks [1]; sour [1]; wine [1].

Worse: Beer [2]; food, sight of [2]; meat [2]; meat, sight of [2]; coffee [1].
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### Nucleus

- 1. Regularity; rules; conformist.
- 2. agg. 2-5 a.m.; regular and periodic. Skin and rheumatic problems agg. in summer, respiratory ailments and digestive disorders agg. in Spring and Autumn.
- 3. Pain in small spots.
- 4. Chilly persons.
- 5. Thick, tough, stringy discharges; the more acute, the more yellow; the more chronic, the more white.

### Kalium bromatum

Bromide of Potash

Region

MIND. NERVES [brain; spine; genitals]. Larynx. Skin.

Modalities

Worse: Mental exertion. Emotions. Periodically [night; summer; new moon]. Sexual excesses. Puberty. Hot weather. Stooping [vertigo]. Lying down [cough]. Pregnancy. Before, during and after menses.

Better: When busy.

### Leading symptoms

- \* Common traits of all Kali's: conservative, regular, proper, down to earth. "Lot of emphasis on morality and what is right, what is wrong. Black and white issues." In Kalibr. the main theme is a conflict between morality and immorality.
- M NERVOUSNESS, depressive delusions and SUSPICION: fears people, yet can't be alone; looks around suspiciously. Lot of paranoiac delusions: impression of danger [1], deserted, forsaken [2], impending destruction of all near her [2/1], being doomed [2], he is the OBJECT of GOD'S VENGEANCE [3/1], life is threatened [1/1], is about to murder husband and child [1/1], cannot pass a certain place [1], was pursued [2], was pursued by police [2], RELIGIOUS [2], SINGLED OUT for DIVINE VENGEANCE [3/1]. "Feel as if they would lose their minds" [Clarke].
- M Fidgety. WRINGS HANDS. "HANDS and FINGERS in CONSTANT MOTION" [Allen].
- M Feeling of HELPLESSNESS.
- M Ailments from grief and worry; loss of property or reputation; business embarrassment; fright; SEXUAL EXCESSES, masturbation [= especially restlessness, sleeplessness, brain fag, anxiety of conscience].
- G agg. 2 A.M. [2].
- G Warm-blooded.
- G Children who are not getting on well at school; slow, stammering speech; night terrors [screams, awakes terrified, recognizes no-one]; somnambulism.
- G Puberty: strong feeling of INSECURITY [compare delusions], suspicion, feeling of helplessness, fears [e.g. when spoken to], and acne. Arousal of sexual feelings; sexual fancies and masturbation, leading to a BAD CONSCIENCE [conflict with strict morality] and fear other people will perceive: "looks around because he thinks people will realize these dirty thoughts are going on in his mind" [Sankaran].
- G Nervous, restless women who must keep OCCUPIED. Vomiting after excitement.
- G Sleeplessness from GRIEF.
- G TREMBLING when something is TO BE DONE.
- G Epileptic convulsions. "In women there is a definite relationship between the periods and the onset of the fits" [Borland]. FIT followed by severe HEADACHE. Attack preceded by a sensation as if the whole body is swelling [aura].

- G NUMBNESS of whole body, agg. occiput; or local numbness. Sensation as if needles were pricking him.
- P Benumbed feeling in brain.
- P Vertigo as if ground gave way; a sense of emptiness around and under his feet [Kent].
- P "Acne simplex, indurata, rosacea, bluish red pustules on face, chest, shoulders, leaves unsightly scars; in young fleshy persons of gross habits" [Mathur]. "Acne has a very definite relation to the sexual organs, being especially noticeable at puberty and in women at the menstrual period."
- P Dry, hard, almost incessant cough during pregnancy, threatening abortion.

### Repertory

Mind

Answers, slowly [2]. Aphasia [2]. Confusion, identity, as to his [1]. Fancies, vivid [1]. Fear, corners, to walk past certain [2; Arg-n.]. Forgetful, morning, on waking [2]. Occupation amel. [2]. Restlessness, daytime [1]. Speech, slow [2].

Head

Heat, diarrhoea, during [1]. Inflammation, brain, meninges [2] ["Kali-br. is useful in bad cases of infantile diarrhoea with the very peculiar liquid diarrhoea associated with the meningeal symptoms" - Borland]. Numbness, sensation of, morning, brain [1]. Pain, alternating with asthma [1]; occiput, shaking head [2].

Vision

Dim, stimulants, from [1].

Ear

Noises, roaring, rhythmical [2].

Throat

Numbness [2].

Stomach

Nausea, lying down on, left side [1]. Vomiting, excitement, after [1/3].

Abdomen

Falling, out, sensation of [2], stool, during [1/1].

Male genitalia

Sexual passion, increased, excessive [2].

Female genitalia

Desire, increased, menses, during [1], violent [2].

Insensibility, vagina [1]. Itching, menses, during [2], voluptuous [2]. Pain, ovaries, continence, from [1; Apis], sexual desire, during [2/1]. Sterility, excessive sexual desire, from [2]. Swollen, ovaries [2], left [1]. Tumors, ovaries, cysts [2].

Larvnx

Insensibility, larynx [2/1].

Cough

Frightens them, weak, nervous children arouse with a dry, spasmodic cough, which causes them to cry out in terror [1/1]. Pregnancy, during [1].

**Extremities** 

Chorea, fear, from [2]. Eruptions, induration after eruptions [1/1]. Motion, fingers, constant [1/3]. Pain, lower limbs, sciatica, suddenly, come and go [3]. Restlessness,

hands [3].

Sleep

Sleeplessness, grief, from [2].

Generalities

Night, midnight, 2 a.m. [2]. Convulsions, anger, after [2], menses, before [2], menses, during [2], onanism, after [1]. Numbness, externally, whole body [3]. Paralysis agitans [2]. Trembling, something is to be done, when [3/1].

### Food

Aversion: Coffee [1]. Desire: Wine [1].

### Nucleus

- 1. Restlessness hands, constant motion of fingers; wringing.
- 2. Must do something. Helpless, insecure feeling. Suspicion.
- 3. Warm-blooded.
- 4. Numbness [local or general].
- 5. Tendency to acne and epileptic fits [agg. menstrual period].

## Kalium carbonicum

### Carbonate of Potassium

### Region

Muscles, ligaments [HEART; uterus; LUMBAR].. Serous and mucous membranes [CHEST [right lower]; joints]. Eyes. Blood. \* Right side. Left side.

### Modalities

Worse: COLD [AIR; water; drafts; changes; after overheating; after exertion; damp weather]. Time [2-3 A.M.; winter; before menses]. Lying [on painful or left side]. Loss of fluids. After labor. Coition. Suppressed menses.

Better: Warmth. Sitting with elbows on knees [amel. difficult respiration]. Open air. Eructations. Getting warm. Dry warm weather. While moving.

### Leading symptoms

- \* Common traits of all Kali's: conservative, regular, proper, down to earth. "Lot of emphasis on morality and what is right, what is wrong. Black and white issues." Kali-c. is the prototype, where the mind rules the emotions. "Their usual complaint is that they are heading for a breakdown" [Borland].
- M Strong mental CONTROL. Fear of LOSING CONTROL [weeping when telling of her sickness]. Dogmatic.
- M Strong sense of DUTY. "Doing what has to be done."
- M Emotions felt in STOMACH [like a blow] [solar plexus], especially fear and fright.
- M Sensitive to and STARTING from TOUCH. Cannot be touched at small of back and soles of feet.
- M TALKING to THEMSELVES. ["The subconscious picks up everything; it is very suppressed, and they start talking probably the main remedy for talking to oneself." Morrison]
- M "Very marked hoarding instinct. Essentially POSSESSIVE. Hold on to everything, to life (afraid of dying), to their partner (even when they appear to dislike him/her), to their children (even when they appear to be nothing but a worry to them and when they treat them none too well), and to their money" [Borland]. Possessive of members of the family, yet are unpleasant to them and MAKE LIFE DIFFICULT for them [Desire for company, yet treats them outrageously -2/1].
- M "Surprising inability to stand up for themselves. They get very irritable, but if they themselves are attacked, particularly if they are unjustly accused, they tend to become silent and cannot make any reply. They feel miserable and hurt, but cannot fight back" [Borland].
- M Emotional INSTABILITY, terrible mood swings BEFORE menses.
- G VERY CHILLY. Extremely sensitive to DRAFTS. Very susceptible to catching cold after overheating [due to profuse perspiration].
- G Flushes of HEAT when eating WARM FOOD. Flushes of heat and palpitation  $\cite{black}\cite{black}$
- G agg. 2-4 A.M.
- G agg. At BEGINNING of [3] and DURING [3] menses. amel. During menses [2].

- G agg. At BEGINNING of SLEEP [3].
- G agg. Lying on RIGHT side [2].
- G Craving for SWEETS.
- G STITCHING, sharp pains.
- G PERSPIRES easily; on slight exertion.
- G Weakness before menses.
- G "Major remedy for FLUID RETENTION."
- P Excessive FLATULENCE [stomach (everything seems to be converted into gas), abdomen].
- P Swollen UPPER eyelids.
- P "Everything affects the small of the back, or pains start there." Backache drives the patient out of bed in the morning. Backache extending to nates and lower limbs, agg. LEFT.
- P Backache [lumbar region] since parturition or abortion.
- P Cough, respiratory troubles agg. 2-4 a.m.
- P Recurrent colics [Coloc. only relieves during the acute attack, but doesn't take away the tendency].
- P Labour delayed due to violent backache.

### Repertory

Mind

Antagonism, with herself [2]. Anxiety, hungry, when [2]. Closing eyes amel. [2]. Company, desire for, yet treats them outrageously [2/1]. Delusions, abyss behind him [2/1]. Fear, stomach, arising from [2]. Frightened, easily, touch, from [2; Ruta], trifles, at [3]. Indifference, society, when in [2]. Sensitive, to noises, voices [2]. Shrieking, trifles [3/1]. Starting, touched, when [3]. Weeping, telling of her sickness, when [2].

Vertigo

Hungry, when [2]. Stomach, proceeding from [2/1].

Head

Perspiration, forehead, morning [2].

EYES: Coldness, in lids [2]. Swollen, lids, under the lids [3], upper lids [3], suppressed menses [2]. Weak, coition, after [3/1].

Vision

colours before the eyes, black points, reading, while [2]. Loss of vision, vanishing of sight, writing, while [2/1].

EARS: Heat, right ear red and hot, left pale and cold [2/1].

Nose

Pain, stitching, in root of nose, before he falls with vertigo [2/1].

Face

Bloated, lids and eyebrows, between [3], menses, before [2]. Discoloration, pale, eating, after [2]; yellow, vexation, after [2/1].

Mouth

Taste, putrid, menses, during [2/1].

Throat

Pain, splinter, cold, from becoming [2/1]; stitching, cold, on becoming [2/1].

Stomach

Aversion, bread, brown [2]. Eructations, sour, menses, before [2/1]. Loathing of food, emotions, after [2/1]. Nausea, cold drinks, after, when heated [2/1], excitement, after [3]. Pain, extending to arm [2]. Pulsation, headache, with [2/1].

Abdomen

Pain, stitching, menses, before [2]. Water, as if full of [2].

Rectum

Haemorrhoids, parturition agg. [3]. Pain, stitching, pregnancy, during [2/1].

Bladder

Urination, retarded, must press, the more pressure, the less it flows [2/1].

Female genitalia

Pain, bearing down, uterus, as if everything would come out, pregnancy, during [2/1]; labor pains, extending into thighs [2/1].

Respiration

Difficult, sitting upright amel. [3], sitting with head bent forward on knees amel. [3].

Chest

Palpitation, hunger, during [2/1].

Back

Pain, midnight, 3 a.m. driving out of bed [3]; lumbar region, extending to glutei muscles and thighs [3/1]; extending to nates [3]. Pain, injury, after [2], lying on something hard amel. [2], walking bent, compelled to [2].

Extremities

Swelling, foot, one foot only [2/1]. Pain, Nates, hindering labor [2/1].

Sleep

Sleepiness, eating, during [3].

Perspiration

Profuse, midnight, after [3].

Skin

Eruptions, itching, menses, during [2]; urticaria, menses, during [2].

Generalities

Convulsions, eructations amel. [2]. Heat, flushes of, palpitation, with [3/1]. Heat, sensation of, eating warm food [2].

#### Food

Aversion: Bread [2]; bread, brown [2]; meat [2]; soup [1].

Desire: Sour [2]; sugar [2]; sweets [2]; delicacies [1].

Worse: Bread, black [2]; cold drinks when heated [2]; cold drinks during hot weather [2]; cold food [2]; milk [2]; pancakes [2]; warm food [2]; beans and peas [1]; bread [1]; cabbage [1]; coffee [1]; cold drinks [1]; fat [1]; fish [1]; flatulent food [1]; food, sight of [1]; hot food [1]; meat, fresh [1].

Better: Cold drinks [1]; hot food [1].

### Nucleus

- 1. Strong mental control and sense of duty.
- 2. Emotions felt in stomach [like a blow].
- 3. agg. 2-4 a.m.
- 4. Stitching pains.
- 5. Very chilly; susceptible to colds due to profuse perspiration.
- 6. Swelling of upper eyelids.

# Kalium iodatum

### Iodide of Potassium

### Region

Glands. Frontal sinus. Nose. Eyes. Lungs [upper lobe]. Periosteum. Thyroid. Modalities

Worse: Heat [warm room; warm clothing; at night]. Night. Pressure. Touch. Damp. Changing weather. Jolting. Cold food; cold milk. After coition. Seaside. Lying on painful side.

Better: Motion. Cool, open air.

### Leading symptoms

\* Common traits of all Kali's: conservative, regular, proper, down to earth.

"Lot of emphasis on morality and what is right, what is wrong. Black and white issues." Kali-i. shows the main elements of Iodum: desire for open air and to be on the move.

M - Anxiety amel. WALKING in OPEN AIR. "Irresistible desire for the the open air; walking in open air does not fatigue" [Clarke].

M - Problems come during REST or INDOORS [e.g. dullness, restlessness, excitability, quarrelsome]; can become violent. ["If annoyed tend to be abusive" - Borland].

M - Restlessness, agg. agitation. Efforts to control them lead to HARSH reactions or they burst into tears.

G - WARM-BLOODED; but coryza agg. open air.

G - amel. OPEN AIR; amel. MOTION. amel. Walking in open air [3].

G - agg. Warm room [3]. agg. Hot bathing [3].

G - DIFFUSE pains; diffused sensitiveness [to touch and pressure]. Pain or sensitiveness over a LARGER area than only the the affected part [Lach.].

G - agg. 2-5 a.m., especially agg. at 5 a.m. Awakens with HEADACHE, dry throat, difficult respiration, sadness, stoppage of nose, bitter taste in mouth [= agg. rest]; amel. rising [3], amel. breakfast [2].

G - Discharges WATERY and ACRID, or THICK GREEN and foul.

G - agg. Seaside [asthma and urticaria].

G - Digestive disturbances agg. cold food and cold drinks, especially cold milk.

P - Terrible pain at ROOT of TONGUE [characteristic]; can be associated with digestive disturbances.

P - Frontal sinusitis and intense fullness above root of nose, very acrid watery discharge, burning in eyes, swollen eyes, acrid lachrymation, nose sore and raw, swollen upper lip and heat in nasal sinuses. Discharge thick, green and offensive if more chronic.

P - Hay fever [with the above symptoms].

P - Moves head to relieve pains.

P - Painful URGING to URINATE before menses; amel. menses.

P - Tinnitus aurium in warm-blooded patients, without any other indications. "There is no known prescription that gives a better chance of removal of that very obstinate symptom tinnitus aurium than a single dose of Kali-i. 30 allowed to act. This must not be

taken as justification for careless selection of the remedy in cases marked by contraindicating features" [Cooper].

Repertory

Mind

Anxiety, walking in open air amel. [2]. Irritability, sadness, with [3]. Malicious, vindictive, sadness, in [3/1]. Weeping, alternating with ill-humor [1; bell.].

Head

Eruptions, boils [3]. Hair, gray, becomes [2]. Heat, vertex, warm applications amel. [2/1]. Motions, of, pains, moves head to relieve [2]. Pain, morning, rising, on, amel. [3], waking, on, 5 a.m. [3]; pressing, sides, screwed in, as if, open air amel. [2].

Nose

Catarrh, extends to frontal sinuses [2]. Discharge, copious, with stuffing of head [3]. Fullness, sense of [3]. Obstruction, morning, on waking [2], warm room [3], root, at [2]. Pain, bones, pulsating [3]; boring, bones, extending to forehead [3]. Tension, root [2]. Face

Eruptions, boils [3]; urticaria, winter, in [2/1].

Mouth

Pain, tongue, root [3], night before going to sleep [3/1]. Taste, bitter, breakfast, after, amel. [2/1].

Throat

Pain, talking [3]; pressing, speaking, while [3/1] [thyroid!].

External throat

Pain, soreness, thyroid gland [2].

Bladder

Urging to urinate, frequent, menses, before [3]; painful, disappears when menstrual flow starts [2/1].

Female genitalia

Pain, cramping, uterus, extending down thighs [2; Mag-m].

Respiration

Asthmatic, hay asthma [2]. Difficult, night, 5 a.m. [1/1], air, in open, amel. [2], cold, after taking [2].

Chest

Atrophy, mammae [2]. Eruptions, boils [3]. Fluttering, waking, on [2]. Pain, stitching, mammae, nipple, region of, extending to back [2/1], sternum, extending to back [2].

Back

Eruptions, boils [3], cervical region [3].

Extremities

Pain, lower limbs, sciatica, air, open, amel. [3], bed, in [2], flexing limb amel. [2], lying on painful side [3], pressure agg. [2], walking amel. [2]; leg, tibia, night [2]. Swelling, fingers, joints, gouty [2]; knee, sensation of, night [2/1].

Skin

Eruptions, boils, small [3]; itching, heat agg. [3]; vesicular, sun, from exposure to [2]. Generalities

Swelling, Glands, painful [2]. Weakness, walking, from, air, in open, amel. [2].

### Food

Aversion: Milk [1]; soup [1].

Desire: Fish [2]; liquid food [2]; vegetables [2]; coffee [1]; milk [1]; sour [1]; wine [1].

Worse: Milk [2]; milk, cold [2]; cold drinks [1]; cold food [1].

### Nucleus

- 1. amel. Open air; amel. motion [including mental symptoms].
- 2. Warm-blooded persons, yet susceptible to colds.
- 3. agg. 2-5 a.m., with emphasis on 5 a.m.
- 4. Diffuse pains or sensitiveness; agg. touch, pressure.
- 5. Acrid, watery discharges, or thick, green and foul.

# Kalium muriaticum

### Chloride of Potassium

### Region

EPITHELIUM [throat; Eustachian tubes; middle ear]. Mucous glands. Occiput [l.]. Muscles. Joints. Shoulder [right]. \* Left side. Right side.

### Modalities

Worse: Open air. Cold drinks, drafts. Heat of bed. Lying. Night. Dampness. Motion.

Sprains. Fats. Rich food. During menses.

Better: Cold drinks. Rubbing. Letting hair down.

### Leading symptoms

- \* One of the Schüssler salts. "When the cells of the epidermis lose molecules of Kali m. in consequence of a morbid irritation, the fibrin comes to the surface as a white or whitish-grey mass; when dried, this forms a mealy covering. If the irritation has seized upon the tissues under the epidermis, then fibrin and serum are exuded, causing the affected spot on the epidermis to rise in blisters. Similar processes may take place in and below epithelial cells" [Schüssler].
- G WHITE, sticky, thick, slimy SECRETIONS [ear, eye, nose, base of tongue, dandruff, leucorrhoea, expectoration, white cheesy lumps from tonsils].
- G TOUGHNESS fibrinous exudations and discharges, too readily clotting blood hence embolism, indurations, hard swellings [Clarke].
- G "Schüssler's specific or chief remedy in epilepsy, especially if occurring with or after suppression of eczema or other eruptions" [Clarke].
- P "Cough affecting the eyes." [Cough and protruded appearance of eyes. Cough and sensation as if eyes would be forced out of head.]
- P Skin eruptions after vaccination. ["Albuminoid eczema, or other skin diseases."]
- P Diarrhoea after fat food.
- P Deafness from swelling of Eustachian tubes, and swelling of the glands, or cracking noises on blowing nose or swallowing.
- P GLUE EAR.
- P Light before eyes on coughing and sneezing; scintillations.
- P Tonsillitis when the patient can ONLY SWALLOW by TWISTING his NECK.
- P "Asthma and gastric symptoms" [Mathur].

### Repertory

Head

Heaviness, occiput, lead as if full of [1]. Perspiration, only on the head [1].

Eat

Itching, Eustachian tubes [2].

Mouth

Mapped tongue [1].

Throat

Caseous deposits in tonsils [2]. Hawks up cheesy lumps [3].

Stomach

Disordered, fat food, after [2]. Indigestion, fat food, from [1].

Abdomen

Weakness, sense of, eructations amel. [2/1].

Bladder

Inflammation, cystitis, chronic [2/1].

### Food

Desire: Cold drinks [2]; vinegar [2].

Worse: Fats [2]; cold drinks [1]; pastry [1]; rich food [1].

### Nucleus

- 1. White, sticky, thick discharges.
- 2. Toughness.
- 3. Glue ear. Deafness from Eustachian catarrh.
- 4. Tonsillitis [white coating on tonsils]; can only swallow when twisting neck.

## Kalium phosphoricum

Phosphate of Potassium

### Region

Nerves [brain; spinal cord]. Excretions. Mucous membranes. Skin. One side.

### Modalities

Worse: The slightest excitement; worry; fatigue, mental; touch; pain; cold, dry air. Cold air, becoming cold, cold drinks. Physical exertion, ascending stairs, after coition. Milk. During and after sleep. Walking fast. Winter. Uncovering head. Noise. When alone. Bad news. Puberty.

Better: Eating. Cloudy weather. Heat. Gentle motion. Company. Sleep.

### Leading symptoms

- \* Common traits of all Kali's: conservative, regular, proper, down to earth.
- "Lot of emphasis on morality and what is right, what is wrong. Black and white issues." The most marked in Kali-p. is the nervous exhaustion [neurasthenia], which makes Kali-p. patients LOSE their self-control. There seems to be a combination of Nux vomica, Sepia and Zincum features.
- M Mental and physical PROSTRATION caused by a combination of OVERWORKING and psychological factors like excitement, worry and vexation. "Slightest labor seems a heavy task."
- M Very NERVOUS, starts at the slightest sound. Indisposition to meet people.
- M Shyness and excessive BLUSHING. Disinclined to conserve. Stress of talking to people, especially to several at once." Desire for solitude.
- M Fear of open spaces.
- M Depraved feelings: aversion to own family; HARSH and cruel [to husband and children]; due to loss of self-control. IRRITABLE from WEAKNESS. "Flies into a passion and can hardly articulate."
- G Chilly. agg. COLD.
- G agg. 2 -5 a.m. [1]
- G amel. Walking SLOWLY [2].
- G PUTRID, or golden YELLOW [or orange yellow] excretions [coat on tongue, leucorrhoea, urine, expectoration, stool, etc.].
- G amel. Start of menstrual flow.
- G Convalescence after exhausting diseases. Muscular weakness after acute diseases. Weakness and persistent slight fever.
- G Waking in the morning with a gnawing hungry pain [usually around 5 a.m., must eat something to relieve it. Nibbling appetite at daytime; hunger soon after eating. "They practically all dislike bread, so most resort to sweet biscuits or to chocolates" [Borland].
- G Tendency to PERSPIRATION, especially on face and head, after meals or from EXCITEMENT. Apart from that the sweat glands are rather inactive and these patients do not perspire easily [Borland].
- P Headache and empty, gone, nervous feeling at stomach [amel. eating]. Headache

amel. gentle motion.

- P Drooping of LEFT eyelid.
- P Perspiration in axillae, smelling like ONIONS.
- P Cannot keep feet still.
- P Weakness and "peculiar pain centering at the seventh cervical vertebra, and involving the whole dorsal area of the spine" [Borland].
- P "Remember it in the treatment of suspected malignant tumors. After removal of cancer when in healing process skin is drawn tight over the wound" [Boericke].

### Repertory

Mind

Aversion: husband, to [1], members of family, to [2]. Cursing, night [2]. Dwells on past disagreeable occurrences [2]. Excitement, mental work, from [1/3]. Gestures, wringing the hands [2]. Impatience, trifles, about [1]. Irritability, spoken to, when [2]. Restlessness, mental labor, during [2]. Sadness, waking, on [2]. Sensitive children [2]; noise, to, menses, during [1/1]. Starting, touched, when [2]. Tears things [2]. Work, seems to drive him crazy, owing to impotency of the mind [2].

Head

Injuries of the head, after [2]. Pain, menses, before, amel. when flow begins [1]; occiput, lying, while, back of head, on, amel. [2; Ph-ac.]; pressing, forehead, eating amel. [1; Psor.]. Perspiration, scalp, mental exertion [1/4].

Eye

Photophobia, headache, during [1/4].

Vision

Dim, coition, after [2].

Stomach

Appetite, constant [1]; increased, headache, with [1], menses, during

[1/1]. Emptiness, menses, during [1/3]. Pain, gnawing, morning, 5 a.m. [1; Nat-c.].

Rectum

Diarrhoea, morning, waking with urging [1], emotional [2].

Urine

Colour, yellow, saffron [1/4].

Female genitalia

Desire, increased, menses, after [2/1]. Leucorrhoea, offensive, putrid [3].

Respiration

Asthmatic, eating, after [2].

Chest

Perspiration, axilla, garlic, like [2].

Back

Pain, motion, amel. by gentle [2], move, beginning to [2].

Sleep

Sleeplessness, excitement, from [1], mental strain, after [2], vexation, after [1].

Generalities

Motion, slow amel. [2]. Weakness, pain, from [1].

### Food

Aversion: Bread [1]; meat [1].

Desire: Cold drinks [2]; sour [1]; sweets [1]; vinegar [1].

Worse: Cold drinks [1]; milk [1].

### Nucleus

- 1. Mental and physical exhaustion, leading to loss of self-control [= passionate, harshness, depraved feelings] or desire for solitude.
- 2. Golden [or orange] yellow discharges.
- 3. Putrid discharges.
- 4. Chilly.
- 5. amel. Gentle motion.

## Kalium sulphuricum

### Potassium Sulphate

### Region

EPITHELIUM [respiratory organs; skin]. Glands.

Modalities

Worse: Warmth; room; air. Noise. Consolation. Evening. After eating. Better: Cool air. Walking, Fatigue. Eructations. Discharge of flatus.

### Leading symptoms

\* Common traits of all Kali's: conservative, regular, proper, down to earth. "Lot of emphasis on morality and what is right, what is wrong. Black and white issues."

Kali-s. is the least adapted of the Kali's: obstinate and headstrong.

M - LAZY and INDOLENT, especially in warm room. ["Always complain of feeling tired."] Desire for open air.

M - Impatient and agg. by CONSOLATION.

M - "Tend to become anxious about themselves, especially in the evening and during the night; take a gloomy view of life when waking up in the morning. Encouraging them to take a less serious view of their illness makes them ANGRY" [Borland]. Feel sorry for themselves.

G - WARM-BLOODED. Cannot stand warm rooms or other forms of heat. agg. Warm air, warm room, warm wraps [3].

G - amel. MOTION [3]. amel. Walking in open air [3].

G - PROFUSE, deep YELLOW DISCHARGES.

G - Profuse, EASY perspiration.

G - Thirsty.

G - SWEETS [desire]. EGGS [aversion + agg.].

G - Terrifying DREAMS of ghosts, death, robbers or murder, with violent struggling in their sleep [Borland].

G - Coarse, dry, itchy skin.

G - AFTER Pulsatilla. When Puls. fails to relieve permanently; general disturbance on a deeper [physical] level.

P - COLD hands and feet and pains [excludes Sulph.].

P - Audible RATTLING in chest [especially in children during the night, without waking up].

P - Yellow coated tongue.

P - Wandering arthritic pains agg. warmth, amel. cold and motion.

### Repertory

Mind

Anxiety, air, in open, amel. [3], walking in open air amel. [2], warmth, from [3]. Fear, work, dread of [1]. Restlessness, room, in [2], warm bed agg. [2]. Head

Congestion, warm room [2]. Dandruff, yellow [3/1]. Eruption, crusts, yellow [3], moist, yellow [3]. Heat, warm room [2]. Pain, air, cold, from, amel. [2], extending to eyes [1]; occiput, lying, while, amel. [2], sitting, while [2].

Ear

Discharges, thin [3], watery [3], yellow [3], yellowish green [2].

Hearing

Impaired, catarrh of Eustachian tube [3], warm room agg. [1/1; Puls. amel.].

Nose

Dryness, inside, warm room [2].

Mouth

Discoloration, tongue, yellow, base [1].

Abdomen

Diarrhoea, sensation as if, would come on, stool, after a normal [2]. Emptiness, flatus, passing, amel. [2/1].

Female genitalia

Leucorrhoea, purulent [2]. Polypus, uterus, soft [2/1].

Larynx

Voice, hoarseness, warm room [2].

Respiration

Difficult, air, in open, amel. [2], warm room, in a [3]. Wheezing, warm room [2/1].

Cough

Night, waking from the cough, 2 a.m. [2]. Loose, expectoration, without [2]. Rattling, hoarseness, without [3/1], open air amel. [2; Arg-m.].

Back

Pain, cervical region, warm room [2]; lumbar region, menses, beginning of [2].

Skin

Eruptions, scaly, yellow [3/1].

Generalities

Change, weather agg., cold to warm [3].

### Food

Aversion: Hot drinks [2]; bread [1]; eggs [1]; hot food [1]; meat [1].

Desire: Cold drinks [2]; cold food [2]; sweets [2]; sour [1].

Worse: Eggs [1].

### **Nucleus**

- 1. Obstinate and headstrong; indolent and lazy.
- 2. Warm-blooded. Open air amel., warm room agg..
- 3. Profuse yellow discharges.
- 4. Eggs [aversion + agg.]; sweets [desire].
- 5. Complaints and cold hands and feet.

## Kreosotum

### Beechwood Kreosote

### Region

MUCOUS MEMBRANES [DIGESTIVE TRACT; gums; stomach; abdomen; female genitals; uterus]. BLOOD. Teeth. \* LEFT SIDE.

### Modalities

Worse: DENTITION. Pregnancy. Rest. Cold. Eating. Lying. Summer. During menses. 6 p.m. to 6 a.m. Standing [leucorrhoea]. Touch. Washing or bathing with cold water. Better: Warmth. Hot food. Motion. Sitting [leucorrhoea]. Sneezing.

### Leading symptoms

- M FEAR of coition, fear [and dreams] of rape. [Kreos. has a lot of problems around the menstrual period.]
- M Every emotion is attended with THROBBING [pulsations] all over the body, and with tearfulness [Kent].
- G Lot of problems AROUND the MENSTRUAL PERIOD [excitement, restlessness, headache only remedy in bold type for before menses noises in ears, impaired hearing, vomiting, abdominal pain, diarrhoea, itching of vagina and labia, leucorrhoea, perspiration on back, constant chilliness see Repertory below].
- G agg. AFTER MENSES.
- G CHILLY.
- G CORROSIVE, HOT, FOUL discharges.
- G Cancerous affections.
- G Rawness. BURNING, like fire [eyes, ears, bowels, genitalia, back, lower abdomen, chest, small of back].
- G Ailments from too RAPID GROWTH. "Especially for the dark complexioned, slight, lean, ill-developed, poorly nourished, overgrown very tall for her age" [Allen].
- G Profuse haemorrhages from small wounds. Bleeding after coition.
- G Malignant affections [e.g. cancer].
- G Difficult DENTITION. GUMS very painful, swollen. and Acrid diarrhoea: soreness and excoriation between nates and thighs. "Child exceedingly irritable, peevish, wants this or that and becomes angry when refused or when offered, petulantly rejects it" [Mathur]. Child screams the whole night. "Child won't sleep at night unless CARESSED and fondled all the time" [Guernsey].
- P Early DECAY of teeth. Black teeth.
- P Intense itching of the margins of the eyelids [due to excoriating lachrymation], greatly agg. by rubbing or touching them.
- P Acrid, burning, terribly itching LEUCORRHOEA, staining the linen yellow; burning and swelling of the external and internal labia; scratching doesn't relieve, but inflames the parts; and great WEAKNESS, particularly of the lower limbs. Peculiar odour of leucorrhoea: green corn.

- P Cold drinks relieve menstrual pains.
- P Nocturnal ENURESIS, especially in the first part of the night. Difficult to waken the child. Very offensive urine. Dreams of urinating. "Cannot get out of bed quick enough." "Must hurry when desire comes to urinate."
- P "Never forget Kreos. in cholera infantum which seems to arise from painful dentition, or in connection with it" [Tyler].
- P Salivation during pregnancy [3]; offensive odour from mouth.

### Repertory

Mind

Anxiety, coition, thought of [2/1]. Carried, desires to be [2]. Excitement, menses, before [2], music, from [2]. Fear, coition, at thought of, in a woman [2/1]. Restlessness, menses, before [2], move, must constantly [2]. Sadness, music, from [2]. Throws, things away [2]. Weeping, music, from [2].

Eye

Lachrymation, light, from, bright [2]. Pain, burning, light, bright [2].

Ear

Noises, menses, before [2/1].

Hearing

Impaired, menses, before [2; Ferr.], menses, during [2].

Mouth

Bleeding, gums, extraction of teeth, profuse, after [2]. Salivation, pregnancy, during [3]. Stomach

Nausea, abdomen, during pain in [2]. Tension, clothing agg. [2; Hep.]. Vomiting, menses, before [2].

Rectum

Diarrhoea, menses, during [2]. Excoriation, nates, between [2].

Bladder

Urination, involuntary, night, difficult to waken the child [3; Bell.], dreaming of urinating, while [2], first sleep [2].

Urethra

Pain, burning, discharged, when semen is [2].

Female genitalia

Cancer, vagina [3/1]. Contractions, vagina [2; Sep.]. Itching, between labia [3; Sulph.]; vagina, menses, after [2], voluptuous [3]. Leucorrhoea, offensive, green corn, like [2/1], pregnancy [3]. Menses, copious, lying agg. [2/1]. Metrorrhagia, coition, after [3]. Pain, biting, between labia [3/1]; burning, urinating, while [3], urinating, after [3]; burning, vagina, coition, after [2; Lyc.]; sore,

vagina, coition, during [2]; stitching, vagina, abdomen, from [2/1]. Sensitive, vagina [2]. Back

Pain, lumbar region, motion, arms [2/1]; coccyx, extending to rectum and vagina [2/1]; broken, as if, lumbar region, moving, on, amel. [2; Nux-m.]; labor-like, small of back [2]. Perspiration, menses, during [2/1].

Extremities

Excoriation, thighs, between [3]. Pain, thumb, left [3]; sprained, as if, thumb, left [2/1]. Stiffness, thumb [3].

### Sleep

Dreams, urinating, of [2]. Yawning, coughing, after [3].

Chill

Chilliness, menses, before [2]. Menses, during, constant [2]. Motion amel. [2].

Skin

Gangrene, from burns or gangrenous sores [2]. Ulcers, reopening of old [2], reopening of old, when partly healed [3/1].

Generalities

Pulsation, externally, motion amel. [2]. Wounds, bleeding freely [2].

### Food

Aversion: Meat [1].

Desire: Alcohol [2]; meat [2]; smoked things [2]; meat, smoked [1]; sour [1];

tobacco [1]; warm drinks [1].

Worse: Cold food [2]; fruit [1]; sour [1]; vinegar [1].

Better: Hot food [2]; warm food [1].

### Nucleus

- 1. Fear of sex; dreams of rape. Sensitive and restless, especially before menses.
- 2. Chilliness.
- 3. Many problems around the menstrual period.
- 4. Burning, acrid, foul discharges = excoriation and itching.
- 5. Difficult dentition.

## Lac caninum

Dog's Milk

### Region

NERVES. THROAT. Female organs. Breasts. \* ALTERNATING SIDES.

### Modalities

Worse: TOUCH. Jar. During menses. Morning of one day and evening of the next.

Pressure. Empty swallowing. At night. During rest.

Better: Open air. Cold. Cold drinks. Turning on right side.

### Leading symptoms

- \* Milk is food of early animal life and therefore corresponds to the beginning of our innermost physical nature [Kent]. Lac-c. may have had a difficult childhood, with [longer or shorter] separation from the mother. Conflicts of the mother during the period of breast-feeding. Sudden cessation of breast-feeding ["loss of milk while nursing without any known cause" Allen]. Mother-child relation disturbed. Difficulties can give rise to a great lack of self-confidence. Forsaken feeling.
- M Very LOW SELF-ESTEEM, even self-contempt [delusion he is dirty, falling to pieces, being looked at, loathing of oneself, fear of failure].
- M HYPERSENSITIVE, amounting to HYSTERIA [sees faces, hears noises, sensation as if floating, can't have parts touch each other, etc.] IMAGINATION and SENSES intensified. "Every symptom seems to be a settled disease."
- M Very FORGETFUL or absent-minded. Forgets purchases, what has been read, mistakes in writing, etc.
- M Much AGGRESSION [malicious, cursing, rudeness, rage, hateful, scolding at slightest provocation].
- M Lots of FEARS and excitement [on account of delusions and fancies], especially fear of fainting, falling, snakes, spiders, insects, ghosts.
- M Constant desire to WASH HANDS.
- G WARM-BLOODED.
- G ALTERNATING SIDES [coryza, pain in throat, headache, pain in ovaries, pain in breasts, arthritic pains].
- G Desire for PUNGENT things [pepper, mustard] and SALT.
- G amel. Cold applications.
- G agg. Before and during menses [e.g. sore throat, hoarseness, coryza and cough].
- G Genital organs easily EXCITED from touch, pressure or friction by walking. Hysteria at height of sexual organs.
- G Ravenous appetite; as hungry after eating as before.
- G Glistening, shining parts [throat, chancres and ulcers].
- P Painful SWOLLEN breasts BEFORE MENSES, agg. touch, jarring, descending stairs; must hold breasts firmly.
- P Vertigo with sensation as if FLOATING in the air, as if feet did not TOUCH the GROUND.

- P Headache starting at 2 a.m.
- P Palpitation agg. lying on left side, amel. turning on right side.
- P Deficient secretion or suppression of milk in nursing women, or galactorrhoea [dries up the milk].

### Repertory

Mind

Contemptuous, self, of [1/5]. Death, presentiment of [2]. Delusions, dirty, that he is [2], faces, sees [2], faces, sees, closing eyes, on, dark, in the [3], insects, sees [2], looked down upon, that she is [2/1], snakes, in and around her [2], spiders [2/1]. Fancies, frightful [2]. Fear, fainting, of [3], falling, of [2]. Hatred [2]. Insolent [2]. Irritability, headache, during [2]. Rudeness [2]. Shrieking, children, in, night [2]. Undertakes many things, perseveres in nothing [2]. Weeping, nursing, while [2].

Floating, as if [2]. Lying, as if, he did not touch the bed [3/1]. Nausea, with [2]. Walking, sensation of gliding in the air, as if feet did not touch the ground, while [3].

Head

Vertigo

Expanded, sensation, forehead, relaxed and, alternately [2/1]. Pain, night, lighting the gas amel. [2], schoolgirls [2], wind, from exposure to [2]; forehead, night, midnight, after [3/1], alternating from side to side [3], turning eyes upward [2/1].

Eve

Photomania [2]. Sensitive to, cold air [2].

Vision

Images too long retained [2].

Ear

Pain, wind, in cold [2].

Hearing

Distant, sounds seem [3].

Nose

Coryza, discharge, with, alternating sides [3/1]. Obstruction, alternating sides [3]. Smell, acute, sensitive to the odour of flowers [2].

Mouth

Coated, white [2]. Membrane, silvery white all over mouth [2]. Taste, salt food only tastes natural [3/1].

Throat

Choking, sleep, on going to [2]. Glazed appearance [3]. Inflammation, menses, during [2/1]. Lump, sensation of, swallowing, returns after [2]. Pain,

menses, during [2]; sore, alternating sides [3/1], menses, before [2; Mag-c.], menses, during [3].

External throat

Sensitive, slightest touch, to [2].

Abdomen

Pain, clothing agg. [2]; inguinal region, stool, after, amel. [2/1]; burning, hypochondria, lying amel. [2/1], standing, when [2/1].

Bladder

Urination, involuntary, sneezing, when [2].

Female genitalia

Itching, night [2]. Leucorrhoea, daytime only [2], walking agg. [2]. Menses, green [2], stringy [2]. Pain, ovaries, bending backward amel. [2/1], menses, during, amel. [2], motion agg. [2], extending to, one to the other [3]; sore, ovaries, menses, before [2; Kalic.]; stitching, uterus, extending upward [3].

Respiration

Arrested, sleep, during [2].

Chest

Nodules, mammae, in, menses, during [2/1]. Pain, mammae, descending, on [2], menses, before [2]; sore, menses, before [2], menses, during [2].

Back

Pain, sacral region, extending to hips and thighs [2], extending to, down legs [2].

**Extremities** 

Pain, alternating sides [3/1], cold, applied amel. [2]; upper limbs, wandering [2]; lower limbs, wandering [2]. Sensitive, fingers [2]. Stiffness, joints, heat agg. [2/1]. Swelling, knee, rheumatic, cold application amel. [2].

Sleep

Position, arms over head [2], back, on, with hand over the head [2/1].

Generalities

Swelling, glands, menses, during [1; Kali-c.].

Food

Aversion: Sweets [1].

Desire: Hot drinks [3]; salt [3]; warm drinks [3]; whisky [3]; highly seasoned food [2];

milk [2]; mustard [2]; pepper [2]; pungent things [2]; alcohol [1].

Worse: Milk [1]. Better: Fish [1/1].

### Nucleus

- 1. Highly sensitive persons with very low self-esteem.
- 2. Fears, anxieties arising from strong imagining and delusions.
- 3. Warm-blooded.
- 4. Alternating sides.
- 5. Desire for salt, pungent things, warm drinks.
- 6. Sensation as if floating in the air.

## Lac vaccinum defloratum

### Skimmed Milk

### Region

NUTRITION. BLOOD. Heart. Head [left]. Thigh [outer].

### **Modalities**

Worse: COLD [least draft; wet; hands in cold water]. Milk. Loss of sleep. Weekly. During pregnancy. Morning. Rising. Noise. Light. Motion. During menses.

Better: Rest. Pressure of bandage. Warmth. Lying down in a dark room. Profuse flow of urine.

### Leading symptoms

- M Fear of narrow places [2]; door of toilet [etc.] cannot be closed [Fear, door, closed, lest the door should be closed [1/1]].
- M Sadness [related to headaches] amel. conversation. Meditates upon the easiest method of self-destruction [Kent].
- G Very CHILLY, even "skin supersensitive to cold."
- G agg. Touching COLD things [2]. SENSATION of COLD wind [2]; sensation of air, as if fanned [2].
- G Aversion to MILK.
- G Allergy to MILK [colds, nausea, vomiting, diarrhoea, itching eruptions].
- G Complications of PREGNANCY [obstinate vomiting; constipation with ineffectual urging; severe headaches with frequent and profuse urination; renal colic; rheumatic pains; gall bladder colic].
- P Extreme CONSTIPATION: ineffectual urging; stool dry and hard; with lacerated anus; stool painful, extorting cries.
- P HEADACHE, weekly [2], during menses [2]; forehead [2], pulsating [3], extending to occiput [3]; and nausea [2], vomiting [2], frequent urination [2], icy coldness all through body, and increased appetite [1] and thirst [2]; preceded by DIM VISION [2]; headache during constipation [2]; modalities: agg. noise [2], light [2], motion [1], drinking milk [1], amel. pressure [2], binding up head [1], lying down [2], in a dark room [2], cold applications [2], talking [1/5].
- P Sensation of BALL arising from stomach to throat = sensation of suffocation.
- P Headache alternating with tonsillitis [Clarke].
- P Problems with breast-feeding: milk absent [2], milk disappearing [2].

### Repertory

Mind

Delusions, convent, thinks she will have to go to a [2/1], die, thought he was about to [1]. Fear, closet, when in [3/1]. Hysteria, fainting [1]. Vertigo

Closing eyes, on, amel., lying, while [2/1]. Objects, move to the right [2]. Reaching up, on [1/4]. Turning, in bed, on [2].

Head

Ball, sensation as of a, forehead, in [1; Staph.]. Pain, constipated, while [2], darkness amel. [1], lying, while, in a dark room, amel. [2], periodic, every seven days [2], talking amel. [1], vomiting amel. [1].

Eye

Band, around the eyeballs, sensation of [2; Laur.]. Heaviness, menses, before [1; Nat-m.], menses, during [1/3]. Pain, closing amel. [2].

Vision

Dim, headache, before [2].

Face

Heat, flashes, left [2/1].

Mouth

Froth, talking, while [2; Plb.].

Stomach

Appetite, increased, headache, with [1]. Thirst, headache, with [2]. Vomiting, motion, on [2]; bile, headache, with [2].

Abdomen

Pain, cramping, milk, after [2].

Rectum

Constipation, stool recedes [2]. Diarrhoea, milk, after [1].

Bladder

Urination, frequent, headache, with [2]; involuntary, running, while [2], walking, while [2].

Urine

Copious, headache, with [3].

Female genitalia

Pain, bearing-down, ovaries, left [1; Lach.].

Extremities

Coldness, fingers, tips [1]. Numbness, thigh, outer side [1/3].

Generalities

Sleep, loss of, from [1]. Touching cold things agg. [2].

Wind sensation of, cold [2].

Food

Aversion: Milk [3]. Worse: Milk [3].

### Nucleus

- 1. Fear of narrow places.
- 2. Very chilly.
- 3. Milk [aversion + agg.].
- 4. Violent headaches.
- 5. Complications of pregnancy.

# Lachesis mutus

### **Bushmaster Snake**

### Region

NERVES [CUTANEOUS; VASOMOTOR; sympathetic; PNEUMO-GASTRIC]. BLOOD. HEART. CIRCULATION. FEMALE ORGANS. Vertex. LEFT SIDE [THROAT; OVARY]. \* LEFT SIDE. LEFT then RIGHT.

### Modalities

Worse: SLEEP; AFTER. MORNING. HEAT [SPRING; SUMMER; SUN; ROOM; DRINKS]. SWALLOWING; EMPTY; liquids. SENSITIVE TO [SLIGHT TOUCH or PRESSURE of CLOTHES, agg. NECK, waist; noise]. RETARDED DISCHARGES. Start and close of menses. CLIMAXIS. ALCOHOL. EXTREMES of temperature. Better: OPEN AIR. FREE SECRETIONS. Hard pressure. Bathing part. COLD DRINKS.

### Leading symptoms

- M SHARP-TONGUED, WITTY, bright, censorious, jesting, satirical [very entertaining but tiring]. Fascinating and charismatic, or ruthless, remorseless, tactless directness. OVERACTIVE MIND. Great command of language. Learns foreign languages easily. OR: LOQUACITY [wants to talk all the time; jumps from one idea to another; one word often leads into another story], bombastic, exaggerating, loud, rambling.
- M Strong-minded, opinionated. HAUGHTY. FANATISM [especially about religious issues].
- M SUSPICION. JEALOUSY.
- M INTENSE, passionate. Goes to EXTREMES.
- M VIVID imagination. Prophetic. Quick comprehension.
- M Moralistic, puritan or militant on sexual or religious issues.
- M Strong SEX DRIVE, or high sexual standards [puritan, fanatic disapproval].
- G WARM-BLOODED.
- G LEFT-SIDED ailments; or left extending to right.
- G agg. During and after SLEEP. agg. Morning on waking, agg. LONG sleep.
- G agg. WARM WET WEATHER, sultry weather [Spring and Autumn].
- G amel. DISCHARGES, especially menses [as soon as flow starts]. agg. BEFORE menses.
- G agg. Menopause [cessation of menses]. "Never well since menopause."
- G Circulatory disturbances. PURPLE, bluish DISCOLORATIONS.
- P Left-sided quinsy, extending to right side; agg. warm drinks, amel. cold drinks.
- P Choking from clothing around neck, from slight pressure or touch.
- P Paroxysms of sneezing in hay fever, especially worse after sleeping.

Repertory

Mind

Absent-minded, epileptic attack, before [2/1]. Activity, mental, night [2]. Amusement, desire for [2]. Communicative, expansive [2]. Company, aversion to, desires solitude to indulge her fancy [2/1]. Delirium, changing subjects rapidly [3/1], study, from excessive [2/1]. Delusions, charmed and cannot break the spell [2/1], floating in air [2], floating, bed, resting in, is not [2], person, thinks she is some other, in the hands of a strong power [2/1], superhuman, control, is under [2]. Fancies, lively [3]. Forsaken feeling, morning [2]. Godless, want of religious feeling [3]. Industrious, mania for work, evening [2/1]. Jealousy, as foolish as it is irresistible [2/1]. Jesting, making fun of somebody [2/1]. Loquacity, changing quickly from one subject to another [3]. Prophesying [3]. Self-control, want of [2; Sil.].

Head

Heat, vertex, menopause, during [3]. Heaviness, occiput, morning [3], waking, on [3]. Pulsating, temples, menses, before [2]. Pain, forehead, eyes, above, extending to nose [3].

EYES: Photophobia, morning, waking, on [2].

Vision

colours, black, flickering [3/1].

Nose

Discoloration, bluish [2]. Epistaxis, climaxis [3], menses, before [3].

Face

Veins distended, nets, as if marbled [3].

Mouth

Heaviness, tongue, difficulty in moving [3]. Trembling, tongue, protruding it, when [3].

Throat

Bread crumbs, sensation of, hawking amel. [3/1]. Choking, clothing agg. [3], sleep agg. [2]. Foreign body, sensation of, swallowing does not amel. [3]. Lump, plug, sensation of, menopause, during [2], painful [3/1], returns after swallowing [3]. Pain, warmth in general [3]. Swallowing difficult, sweets [3].

External throat

Collar, as if too tight, pulls at [3]. Sensitive, slightest touch [3].

Stomach

Nausea, pressure on throat, from [2/1].

Rectum

Diarrhoea, climaxis, during [2], sleep, after [3]. Itching, sleep, after [2].

Female genitalia

Menses, amelioration of all complaints during [3]. Pain, uterus, flow of blood amel. [3], extending upward [3]. Tumors, ovaries, left [3].

Larynx

Pain, bending head backward [3].

Respiration

Difficult, exertion, after, hands and arms, with [3], sitting bent forward amel. [3], touching larynx [3].

Cough

Pressure, larynx, on, from [2]. Suffocative, sleep, during [3]. Touching larynx lightly agg. [2].

Chest

Congestion, climaxis, at [3], waking, on [3/1]. Palpitation, morning, waking, on [3], warm room [2].

Back

Pain, urinate, desire to, with the [2]; coccyx, sharp, as if sitting on something [2].

**Extremities** 

Discoloration, mottled [3]. Restlessness, lower limbs, warmth of bed [3]. Touch, cannot bear fingers touch each other [2].

Sleep

Sleeplessness, midnight, before, talkativeness, with [2/1], burning soles, from [2/1].

Perspiration

Palpitation [2].

Generalities

Blackness of external parts, traumatic [3]. Convulsions, epileptic, aura, uterus to throat [2/1]. Faintness, pain in heart, from [3].

### Food

Aversion: Bread [2]; tobacco [2]; warm food [2]; cooked food [1]; mother's milk [1]; smoking [1]; wine [1].

Desire: Alcohol [3]; farinaceous food [3]; oysters [3]; beer [2]; pickles [2]; sour [2]; whisky [2]; wine [2]; brandy [1]; coffee [1]; flour [1]; fruit [1].

Worse: Cold food [3]; warm food [3]; meat, spoiled [2]; fruit [1]; milk [1]; salad [1]; sour [1]; sweets [1]; tea [1]; vinegar [1].

Better: Coffee [1]; fruit [1/1]; sour [1]; sour fruit [1/1].

### Nucleus

- 1. Overactivity of mind. Loquacity. Vivid imagination; passionate and intense.
- 2. amel. Discharges, especially menses.
- 3. Left-sided complaints.
- 4. Warm-blooded. Purple.
- 5. agg. During and after sleep.
- 6. agg. Oppressive weather.

### Latrodectus mactans

### Black widow

### Region

HEART. Vasomotor nerves. Blood. \* Left side.

#### Modalities

Worse: Least motion; even of hands. Exertion. Night. Damp weather. Change of weather. Before thunderstorm.

### Leading symptoms

- \* "The restlessness is shared with Tarentula, the coldness, worse from coldness, worse night and the neuralgic tendency with Aranea. However, Aranea has diarrhoea and profuse menses; Lat-m. has suppressed menses and constipation."
- M Extreme RESTLESSNESS, constant tossing about; unrestrained and causeless crying in usually emotionally stable strong men.
- M Gasps, fear to lose breath and die.
- M Dreams of flying.
- G "EXTREMES of tension, spasticity, constrictiveness and prostration" [manifest themselves in the mind, the chest, the abdomen, the lumbar region and the lower extremities].
- G Chilly, but flashes of heat.
- G Extreme prostration; every effort is too much.
- G Cramplike, unbearable pains, coming and going in waves like labor pains. agg. Motion, yet patient so restless that he cannot lie still.
- G Syphilitic miasm and alcoholism.
- P Almost a SPECIFIC in ANGINA PECTORIS. "It will work almost as well as nitroglycerine, almost that reliably in angina attacks, if it goes into the left arm" [Morrison].
- P CARDIAC PAIN; violent; sharp to shoulder or both arms [agg. LEFT] and numbness.
- P Shooting, cramping pains in lumbar region; feeling as if the back were broken.
- P Extremities: increased reflexes. Tenderness of the calf muscles on palpitation; tingling sensation and numbness in hands and feet. Burning and stinging of the soles of the feet as if they were on fire.
- P Absolute INACTIVITY of the RECTUM.
- P Paralysis of the bladder, amel. warm application and pouring warm water over perineum.

### Repertory

Chest

Pain, heart, extending to axilla [2], extending to left hand [2], extending to left arm [3/1]. Extremities

Numbness, upper limbs, left [1]; upper limbs, left, in heart disease [1]; hand, left [2].

Pain, upper limbs, extending to fingers from heart [1]. Paralysis, upper limbs, pain in heart, with [2].

Sleep

Dreams, flying [2].

Nucleus

- 1. Extreme restlessness [cf. Tarentula].
- 2. Extremes of tension, spasticity and prostration.
- 3. Angina pectoris.
- 4. agg. Night; agg. damp weather; agg. before thunderstorm [cf. Aranea].
- 5. Dreams of flying.

Symptoms derived from Edward Whitmont: "Polychrest versus less frequently used remedy - additional symptoms of Latrodectus mactans," in Psyche and Substance, pg. 140-144.

Notes

Ledum palustre

Marsh Tea

Region

Fibrous tissue [JOINTS [small]; tendons; eyes; heels]. Capillary circulation [SKIN; lungs]. Periosteum. Blood. Nerves. \* Left side. Right side. LEFT UPPER and RIGHT LOWER.

Modalities

Worse: Warm [covers; stove; air]. Injury. Motion. Night. Alcohol. Eggs. Walking. Lying down [cough]. Scratching at night.

Better: Cold [bathing; air]. Holding feet in ice-water. Getting out of bed. Reposing. Eating [headache].

Leading symptoms

- M LONER. Seclusion. Aversion to company; dread of men.
- M MISANTHROPY and hatred. ["Dissatisfied; hates his fellow-beings." Clarke]
- G "Constitutions broken down by alcohol; with craving for whisky" [Mathur].
- G Syphilitic miasm.
- G agg. NIGHT.
- G COLD and CHILLY, yet heat of bed and external heat intolerable [on account of HEAT in the LIMBS]. "Better in warm air but worse in warmth of bed" [Mathur].
- G Rheumatism/gout begins BELOW [feet] and TRAVELS UPWARDS. Balls of big toes painful, swollen, tendons stiff, agg. stepping and walking. Pain in heels as if bruised.
- G agg. MOTION. agg. MOTION of AFFECTED part [3].
- G PUNCTURED WOUNDS; wounded parts cold to the touch, but not cold subjectively to the patient; amel. cold applications. STINGS of INSECTS [amel. external cold].
- G LONG-lasting discoloration after injuries; black or blue spots turn green [Nash].
- G Nocturnal PERSPIRATION, with inclination to UNCOVER.
- P Mottled or red [pimply] face.
- P Black eye; amel. external cold. "Unequalled for black eye from a blow." [Pain in eyeball itself: Symph.]
- P Haemorrhage into anterior chamber after iridectomy [Allen].
- P Intense ITCHING of feet and ankles, agg. scratching and warmth of bed [Allen].

- P Tetanus with twitching of muscles near wound.
- P Tendency to SPRAIN ANKLES [Carb-an.].

Mind

Aversion, friends, to [2]. Company, aversion to, avoids the sight of people [2]. Hatred [2]. Men, dread of [2]. Misanthropy [2].

Head

Hat, aversion to [2]. Pain, cold, becoming, from, head getting cold [2], wet, from getting [2], wine, from [2]. Warm coverings on head agg. [2].

Eve

Injuries, from [2]. Pain, heat, during [2], rheumatic [2].

Hearing

Impaired, cold, after a [2].

Nose

Discoloration, tip, drunkards [2]. Pain, blowing the nose [2].

Face

Eruptions, burning, open air, when in [2/1]; pimples, nose, root [2; Caust.]; tubercles, forehead [2]. Erysipelas, bites of insects, from [2/1]. Swelling, bee-stings, from [2].

Chest

Pain, sternum, behind, food had lodged, as if [2; All-c.].

Back

Injuries of the spine [2]. Stiffness, morning, waking, on [2], rising from a seat [2]. Extremities

Arthritic nodosities, painful [3/1], pinching and cracking on motion [3/1], in skin over joints [3/1]; wrists [2]; hands [2]; finger joints [3]; knee [2]; foot [3]. Coldness, warm bed unendurable, yet [3]; lower limbs, painful limb [2; Merc.]. Felon, prick with a needle under the nail, from [2], splinters, from [2]. Heat, night, in bed [2], warmth of bed intolerable [2/1]; joints [3]. Itching, scratching agg. [2]; Ankle, scratching agg. [2/1], warmth agg. [3]. Numbness, joints [2]. Pain, cold, applied amel. [3], move, on beginning to [2], extending upward [3; Kalm.], warmth of bed agg. [2]; joints, motion [3], wine, after [2/1]; lower limbs, rheumatic, leaves lower and goes to upper limbs [2/1]; sciatica, coldness of painful limb [2], touch agg. [2], warmth agg. [3]; toes, first, ball of [3]. Paralysis, sensation of, night [2/1]. Stiffness, joints, cold water applied amel. [2/1]. Swelling, joints, oedematous [2; Thuj.].

Sleep

Sleepiness, intoxication, as from [2; Nux-m.]. Sleeplessness, warm coverings, though limbs are cold [3].

Perspiration

Uncovering amel. [2].

Skin

Coldness, injured parts [3/1], menses, during [2], painful, nerves, along [2], suffering parts [2].

Generalities

Cold, becoming, a part of body, agg. [2].

# Food

Desire: Alcohol [2]; brandy, whisky [2]; cold drinks [2]; smoking [1].

Worse: Beer [2]; brandy, whisky [2]; wine [2]; eggs [1].

# Nucleus

- 1. Misanthropy. Syphilitic miasm [= agg. night]. Alcoholism.
- 2. Chilly, but agg. external heat and warmth of bed.
- 3. Ascending rheumatic or gouty affections; from feet.
- 4. Punctured wounds cold to the touch, but amel. external cold.
- 5. Tendency to sprain ankles.

# Lilium tigrinum

Tiger Lily

# Region

VENOUS CIRCULATION [FEMALE ORGANS; uterus; ovaries; HEART [right]; rectum; bladder]. Nerves. \* Left side. Right side.

#### Modalities

Worse: WARMTH; of room. Motion. Miscarriages. Walking. Standing. Consolation. Evening. Night. After menses. Lying on right side.

Better: Cool, fresh air. When busy. Lying on left side. Sunset. Pressure, with the hand. Crossing legs. Sitting down.

- M HURRIED [delusion he has a lot of work to do IMPERATIVE duties; likes to do several things at once, yet feeling of inability to perform work occupied with trifles], IMPATIENT, nervous and SNAPPISH.
- M FEAR of insanity. Must be constantly on the MOVE. "Must keep busy to repress sexual desire" [Allen].
- M Easily offended; take even careful chosen words and advice as CRITICISM. agg. CONSOLATION [idea that people are annoying them deliberately], leading to BAD TEMPER and irritability ["it is almost impossible to please them"].
- M "They are most EXACTING; they want everything to centre round themselves, and if it does not they fly into a rage" [Borland].
- M CURSING, striking, throwing things; thinks of obscene things [= remorse].
- M RELIGIOUS phases of REMORSE [after periods of extreme irritability or sexual excitement]. "Thinks she is doomed to expiate her sins and those of her family." Fear of having an incurable disease.
- M Self-torture (torments herself), hunting something to GRIEVE about. "Tortures herself at night with religious ideas."
- M Sense of duality.
- G agg. NIGHT.
- G agg. SEXUAL EXCITEMENT.
- G Desire for PHYSICAL EXERTION; EXERTION amel..
- G WARM-BLOODED. Faintness in warm room [2].
- G agg. 5 8 P.M. [2]
- G Left-sided complaints.
- G amel. Walking in open air.
- G Backward pains; from eyes to occiput; from nipples through chest; from heart to left scapula.
- G PULSATIONS over whole body, and full distended feeling as if blood would burst through the vessels.
- P Early morning diarrhoea.
- P Bearing-down in pelvis [as if everything would come out] agg. standing, during

menses, walking; must support parts with hand or cross limbs; and dysuria. Uterine complaints and palpitations. Prolapsus uteri and CONSTANT DESIRE to defaecate and urinate.

- P Menses CEASE while lying [3], menses only on motion [2].
- P Sensation of congestion in chest if desire to urinate is not attended; frequent urging. [Comp. Fl-ac.: headache if desire is not attended]
- P Burning PALMS and SOLES [as concomitant].
- P Palpitations agg. lying on RIGHT side. Heart feels clutched [alternately squeezed and relaxed]. Pain in heart and pain and numbness of RIGHT arm.

#### Repertory

Mind

Busy, fruitlessly [2]. Despair, religious, alternating with sexual excitement [3/1]. Grief, hunting for something to grieve one [1/1]. Hurry, duties, as by

imperative [3/1], occupation, in, desires to do several things at once [3]. Occupation amel. [2]. Pull, desire to, pull one's hair [2]. Shrieking, feels as though she must [2]. Torments, himself [2].

Head

Heat, rising up, chest, from [2]. Pain, blinding [2]; forehead, eyes, above, alternating sides [2]; occiput, extending to neck [2]; pressing, cap, like a [2].

Face

Swelling, sensation of [2].

Abdomen

Pain, burning, extending down leg [3/1]; dragging, crossing limbs amel. [3], menses, during [3], stool, during [2]; sore, menses, after [2].

Rectum

Diarrhoea, morning, bed, driving out of [2]. Haemorrhoids, parturition agg. [2]. Lump, sensation of, standing agg. [2/1].

Bladder

Urging to urinate, constant, prolapsus of uterus, during [3]. Urination, involuntary, stool, straining at, while [2; Alum.].

Urine

Copious, headache, with [2].

Male genitalia

Sexual passion, suppressing the, complaints from [2].

Female genitalia

Desire, violent, involuntary orgasms, with [2]. Enlarged, ovaries, left [2]. Leucorrhoea, brown [3]. Menses, copious, walking agg. [2]; lying, cease while [3], walking, only while [2]. Pain, ovaries, extending down limbs [2], extending to thighs [2].

Chest

Cease, sensation as if heart had ceased [2]. Congestion, desire to urinate, if not obeyed [3/1]. Constriction, heart, grasping sensation [3], extending to back

[2/1]. Pain, heart, bending forward agg. [2; Lith.], extending to left scapula [2].

Palpitation, lying, while, on back, amel. [2; Kalm.], lying, while, side, right, agg. [2], pregnancy, during [3].

**Extremities** 

Pain, upper limbs, right, heart symptoms, with [2/1]. Generalities Sexual excitement agg. [3].

### Food

Aversion: Bread [1]; coffee [1].

Desire: Meat [2].

# Nucleus

- 1. Hurry, impatience. Easily offended.
- 2. Periods of religious remorse. Self-torture out of feeling of guilt.
- 3. Desire for physical exertion; exertion amel.; must keep busy.
- 4. Warm-blooded. Motion in open air amel..
- 5. Bearing-down pain in pelvis and constant desire to defaecate and urinate.
- 6. Burning palms and soles.

# Lithium carbonicum

# Region

Heart. Small joints. Lungs. Urinary organs. Eyes. \* Left side. Right side.

#### Modalities

Worse: Night. Menses; after; suppressed. Stooping. Cold air.

Better: Eating. Urinating. Motion.

# Leading symptoms

G - Chilly.

G - agg. NIGHT.

G - Arthritic complaints and HEART or EYE symptoms. ["Very likely to be needed." - Clarke]

- G SORENESS, as if bruised or beaten [bones, joints, muscles, whole body].
- G Pressing from within outward [head, abdominal ring, perineum, chest].
- G amel. Discharges. "This amelioration after urinating may be compared with agg. on cessation of menses: Menses cease suddenly and headache comes on" [Clarke].
- G amel. Eating [headache, gnawing pain in stomach, diarrhoea].
- P Prominent for HEART problems, especially when heart symptoms agg. bending FORWARD and amel. after URINATING.
- P Recurrent attacks of acute inflammation of the SMALL joints.
- P Swelling and tenderness of finger and toe joints amel. very hot water.
- P Inspired air feels cold even into lungs.
- P Hemiopia; RIGHT HALF LOST.
- P Dry and harsh skin.

# Repertory

Head

Pain, eating, during, amel. [2], menses, after [2].

Eye

Pain, light, artificial [2]. Hemiopia, right half lost [3].

Vision

Loss of vision, light, by, of sun [2/1].

Stomach

Pain, gnawing, eating amel. [2].

Abdomen

Hard, inguinal region [2].

Rectum

Diarrhoea, chocolate, after [2; Bor.], eating amel. [2].

Bladder

Pain, urinating, before [2].

Urine

Sediment, renal calculi [3].

Chest

Fluttering, excitement, after slight [2]. Pain, heart, bending forward agg. [3; Lil-t.], menses, after [2; Lach.], urination, before [2/1], urination, during [2/1], urination, after, amel. [2; Nat-m.]; sore, heart, region of [2].

Extremities

Arthritic nodosities, fingers [3]. Pain, Ankle, extending outward [2/1]. Skin

Dry, rough [2]. Hard, parchment, like [2].

#### Food

Worse: Chocolate [2] [= diarrhoea]; fruit [1] [= diarrhoea].

#### Nucleus

- 1. agg. Night.
- 2. Rheumatic affections and heart or eye symptoms.
- 3. Soreness, as if bruised.
- 4. amel. Urinating, especially heart symptoms.
- 5. amel. Eating [headache, gnawing pain in stomach, diarrhoea].

# Lobelia inflata

Indian Tobacco

# Region

RESPIRATION. Vasomotor nerves. Secretions. Heart. Epigastrium.

#### Modalities

Worse: Cold bathing. Suppressions. Sleep, after. Tobacco. Touch. Slightest motion.

Exertion. Going up or downstairs.

Better: Rapid motion [pain in chest]. Eating a little. Warmth.

### Leading symptoms

\* Similar to Ipec., but Ipec. agg. heat.

M - Hypochondrical anxiety. SMALL SYMPTOMS LEAD TO FEAR.

M - Psychogenetic dyspnoea; fear leads to dyspnoea. Dyspnoea agg. thinking of it. [Hyperventilation!]

G - Chilly.

G - PRICKLING EXTERNALLY [2].

- G Hysteria, especially globus hystericus. Spasms of oesophagus; swallowing difficult.
- G RELAXATION and increased secretions, especially COLD SWEAT, and weakness.
- G NAUSEA + constant SALIVATION + cold SWEAT + prostration + constrictive pains.
- G Tobacco [aversion + agg.]. Allergic to tobacco.
- G Ailments and FAINT, gone feeling in STOMACH.
- G SALIVATION as a concomitant of retching, hiccough, nausea, dyspnoea, etc.
- G amel. BEER.
- P Nausea and prickling itching of the skin [or sensation of thousands of needles].
- P Asthmatic attacks [spasmodic] and faint feeling in pit of stomach and prickling all over [or preceded by prickling]. [Compare hyperventilation!]
- P Cold sweat on [pale] face during nausea and vomiting.
- P Sensation as if heart would stand still. [Comp. hyperventilation]

#### Repertory

Mind

Fear, heart disease, of [1]. Restlessness, internal [1].

Head

Injuries of the head, after [2]. Motions of head, throwing head about, backward [1]. Pain, dull, temples, from temple to temple [1/1].

Throat

Choking, oesophagus, below upwards [2; Plb.]. Lump, sensation of [2].

External throat

Lump, in throat pit [2/1].

Stomach

Emptiness, extending to heart [3/1]. Eructations, sneezing, with [1]; water-brash,

pregnancy, during [1]. Nausea, night, waking, on [2], deathly [3], drinking amel. [2], eating, after, amel. [2], perspiration, during [2], salivation, with [3], sleep, after [2], smoking, after [2]. Sinking, extending to heart [3/1]. Vomiting, motion, on [2].

Larynx

Lump, larynx, sensation [2]; throat-pit [2; Lach.].

Respiration

Asthmatic, cold, from taking [2], warm food agg. [2; Cham.]. Difficult, hysterical [2], pain, with every labor [3/1], throat-pit, lump in [1/1], warm food [2].

Chest

Cease, sensation as if heart would [3]. Inflammation, lungs, neglected [2]. Spasms, diaphragm [2].

Back

Pain, sacral region, touch of clothing, sensitive to [2/1].

Generalities

Convulsions, diarrhoea amel. [1/1]. Pain, stitching, outward, to tips of fingers [2/1].

#### Food

Aversion: Tobacco [2]; tobacco, smell of [2]; smoking [1].

Desire: Coffee [1].

Worse: Alcohol [2]; tea [1]; tobacco [1].

Better: Beer [3].

#### Nucleus

- 1. Hypochondrical anxiety. Dyspnoea agg. thinking of it. Hysterical causes.
- 2. Very sensitive to tobacco.
- 3. Nausea, salivation, cold sweat, prostration + constrictive pains.
- 4. Faint, weak feeling in pit of stomach.
- 5. Sensation of prickling needles.

# Lycopodium clavatum

Club Moss

# Region

NUTRITION [DIGESTIVE TRACT; portal system; skin]. URINARY ORGANS. RIGHT SIDE [THROAT; chest; ovary; abdomen]. Brain. Lungs. \* RIGHT SIDE. Left side. RIGHT then LEFT side.

#### Modalities

Worse: PRESSURE OF CLOTHES. WARMTH; warm room; wrapping up head. Waking. Wind. Eating; to satiety. Oysters. Indigestion. 4-8 P.M. Lying on right side [liver troubles]. Bread.

Better: WARM DRINKS; warm food. Cold applications. Motion. Eructations. After urinating [pain in back]. Loosening the clothes. Open air. Uncovering the head. Warmth of bed.

- M EXTREME LACK OF SELF-CONFIDENCE. Aversion to undertaking NEW THINGS.
- M Compensatory HAUGHTINESS and DICTATORIAL, presumptuous behavior.
- "Nice outside, tyrant at home" [abusive, intolerant of contradiction, etc.].
- M Feeling of HELPLESSNESS. Cautious, irresolute [about trifles].
- M Pompous, stiff and pretentious. INFLATED EGO.
- M Irritability MORNING on WAKING: anger [3], cross [3], discontented [2], impatience [2/1], loathing at life [2].
- M Fears, shuns RESPONSIBILITIES.
- G Chilly, yet strong craving for OPEN AIR. Sensitive to DRAFTS.
- G agg. WARM room, yet amel. warm BED.
- G Becoming COLD [agg. or amel.]. agg. Becoming warm in open air [3].
- G FULL of GAS. INFLATED. "95% will have gastro-intestinal disturbances."
- G RIGHT-SIDED complaints; or from RIGHT to LEFT.
- G Desire SWEETS.
- G agg. FLATULENT FOOD.
- G HOT food [desire + amel.].
- G agg. 3-4 A.M. and 4-8 P.M.
- G amel. FORENOON. amel. AFTER midnight [3].
- G agg. At beginning of motion [3]. amel. Motion [3].
- G Keen intellect, weak muscular power.
- G EASY SATIETY, or increased appetite after eating a little.
- G HUNGRY at night; wakes from hunger. Has to eat before going to sleep.
- MUST eat at regular times [to avoid headache].
- G DRYNESS [palms, vagina, skin, nose, etc.].
- P Headache from overheating, amel. cold [uncovering head amel.]; stomach, abdomen and throat amel. warmth and warm drinks.

- P HEAT, burning sensation between scapulae.
- P Obstruction of nose at night.
- P Backache [region of kidneys] amel. urinating.
- P One foot cold, the other hot. Puts ONE foot out of bed.

Mind

Amativeness, want of, in men [3]. Answers, dictatorial [2/1]. Aversion, children, to, her own [2], women, to [3]. Dictatorial [3]. Dullness, air, in open, amel. [2], walking, air, amel. in open air [3]. Flatterer [3]. Irritability, children, in, day cross, good all night [3/1]. Mistakes, writing, in, omitting letters [3]. Restlessness, room, in [3], sitting, while [3]. Weeping, thanked, when [3/1].

Vertigo

Looking, revolving objects, at [2/1].

Head

Congestion, morning [2]. Hair, gray, becomes [3]. Hat, aversion to [3]. Itching of scalp, warm from exercise, when [3; Sabad.]. Motions of head, shaking the head involuntary, which makes him dizzy [3/1].

Eye

Open, unable to, morning [2].

Vision

Loss of, evening, light, caused by [3], evening, twilight [4], night [3].

Nose

Motion of wings, fan-like [3], pneumonia, in [3]. Obstruction, pus, with, night [3/1], sleep, during [3]

Face

Coldness, night [2/1]. Discoloration, red, eating, after [2]. Wrinkled, forehead [4], chest symptoms, with [4/1].

Mouth

Speech, indistinct, morning [2/1]. Taste, bitter, night [3].

Throat

Pain, sore; right, extending to left [3].

Stomach

Anxiety, vexation, after [3/1]. Appetite, increased, eating increases appetite [3/1].

Aversion, food, until he tastes it, then he is ravenous [3/1]. Eructations, bitter, food comes up [3]. Indigestion, onions, after [3]. Nausea, fasting, while [3]. Pain, fruit, after [2]. Pain, lying on side amel. [2/1], rubbing amel. [2/1], sitting, while, bent over [4].

Abdomen

Distension, flatus, passing, amel. [3], stool, after [3]. Fermentation, menses, during [3]. Flatulence, here and there [3]. Gurgling, hypochondria, left [2/1]. Pain, afternoon 4 p.m. [3], alternating with pain in back [2]; hypochondria, right, eating to satiety, after [3/1]. Rumbling, walking, on [2/1].

Bladder

Crawling, urination, after [2/1]. Pain, pressing, cystitis [3]. Urging to urinate, ineffectual, pregnancy, during [2/1]. Urination, seldom, daytime [2/1] [and COPIOUS at night]. Kidneys

Pain, urination, after, amel. [3], urination, during, amel. [3].

Female genitalia

Pain, ovaries, right to left [3]; bearing down, uterus, stooping, when [2/1].

Cough

Evening, sleep, on going to [3].

Chest

Fullness, eating, after [2]. Palpitation, evening, bed, in [3]; night, waking every half hour [2/1], digestion, during [3].

Back

Heat, dorsal region, scapulae, between [3]. Pain, urinating, before [2], urinating, after, amel. [3]; lumbar region, flatus. passing, amel. [3].

Extremities

Coldness, foot, one cold, the other hot [3]. Perspiration, foot, sole, making soles painful [3]. Withered, skin of hands [3].

Sleep

Dreams, frightful, waking him [3]. Waking, fright, as from, dreams, frightened from [3], hunger, from [3].

Generalities

Midnight, after amel. [3].

#### Food

Aversion: Beans and peas [2]; bread [2]; bread, brown [2]; coffee [2]; cooked food [2]; meat [2]; smoking [2]; tobacco [2]; warm food [2]; solid food [1].

Desire: Sweets [4]; hot food [3]; olives [3]; alcohol [2]; cold drinks [2]; cold food [2]; oysters [2]; warm drinks [2]; warm food [2]; sour [1]; smoking [1].

Worse: Beans and peas [3]; cabbage [3]; cold food [3]; flatulent food [3]; onions [3]; bread, black [2]; carrots [2]; cold drinks [2]; dry food [2]; fruit [2]; milk [2]; oysters [2]; pastry [2]; sauerkraut [2]; shellfish [2]; sight of food [2]; turnips [2]; beer [1]; coffee [1]; farinaceous food [1]; heavy food [1]; raw food [1]; salad [1]; salt [1]; vegetables [1]. Better: Hot food [3]; sweets [2]; warm drinks [2]; warm food [1].

#### Nucleus

- 1. Lack of self-confidence, agg. new things, responsibilities. Dictatorial at home.
- 2. Inflation [ego, stomach, abdomen]. Gastro-intestinal disturbances.
- 3. Right-sided complaints; or right to left.
- 4. Desire for sweets.
- 5. Chilly, yet craving for open air.
- 6. agg. 3-4 a.m. and 4-8 p.m.



# Hydrophobinum

### Region

Nerves. Spinal cord. Throat. Sexual organs.

#### Modalities

Worse: Running water; sight or sound of water. Heat of sun. Glistening objects. Drafts. Riding in a carriage. Emotions. Mortifying news. Bright, dazzling light. Stooping.

Better: Bending backward. Gentle rubbing.

# Leading symptoms

M - Sudden, explosive FITS of anger. Frantic rage, especially if annoyed, obstructed or TORMENTED.

M - OUTBURST of DESTRUCTIVENESS: impulse to cut, bite, stab, destroy and kill.

M - Outbursts followed by quick repentance.

M - Delusion he has SUFFERED WRONG, delusion he is tormented. Delusion other people, especially people on whom he is dependent, deliberately try to annoy him. "Whenever dependence - which not only exists in the relationship between people but

also in the relationship between man and his house, his machines, etc. - and torment are seen together and the torment is episodic or periodic in its course, one is reminded of Lyss" [Sankaran].

M - "The Staph.-situation is similar but on a much milder level. It is a situation of being unjustly treated by a person on whom he is dependent and so there is the need for justice. There is an insulted feeling, suppressed anger, occasional violent outbursts of anger, but it is not like the rage of Lyss., with its biting and kicking. It is not a situation of being tormented like Lyss. but just being treated unfairly. Staph tells you to get out., whereas Lyss takes a stick and pokes your ribs three times a day" [Sankaran].

M - OVERACUTE SENSES [consequently more sensitive to being annoyed, obstructed or tormented].

- M Fear of dogs.
- G Cannot bear HEAT of SUN.
- G CONVULSIONS and SPASMS, especially from glistening objects and reflected light.
- G Bluish discolorations, especially of wounds.
- G agg. DUST [2].
- P Ropy, viscid, frothy saliva; constant spitting.
- P Consciousness of uterus; sore and tender; feels it move when she moves [Mathur].
- P Diarrhoea, involuntary urination from hearing running water.
- P Dryness of vagina, painful during coition.
- P Pain in nape of neck amel. bending head backward.
- P Unable to drink water, sight of causes vomiting, must close her eyes while bathing; during pregnancy [Mathur].

Mind

Anxiety, anticipating an engagement [2], noise, from, of rushing water [3; Stram.].

Clairvoyance [2]. Delusions, happen, that something terrible is going to [2/1], suffered, fancies he has [2], wrong, has suffered [2]. Excitement, conservation, from hearing [2/1], convulsive [2; Canth.]. Impulse, to stab his flesh with the knife he holds [2/1].

Mortification, ailments, after [2]. Restlessness, drives him from place to place [2].

Senses, acute [2]. Shining objects agg. [3].

Head

Pain, noise, from, falling water, of [3], water, on hearing running [2/1], extending to eyes [2]; Blows, as from, occiput [2]. Skull-cap, sensation of [2].

Mouth

Coldness, sensation of, peppermint, as from [2]. Spasmodic spitting [3/1].

Throat

Choking, water, sight or thought of [2]. Spasms, oesophagus, periodical [2/1]. Swallow, constant disposition to, lump in throat, from [2].

Stomach

Desires, strange things, during pregnancy [3]. Movement, sensation of [2].

Rectum

Diarrhoea, water, hearing running agg. [3/1]. Pulsation, menses, during [2; Lach.].

Urging, desire for stool, water, on hearing running [3/1].

Bladder

Urging to urinate, sudden, running water, on seeing [3], water, hearing running or putting hands in [3].

Male genitalia

Sexual passion, increased, excessive, complaints, from [3/1], suppressing the, complaints from [3].

Female genitalia

Conscious of the uterus [2]. Pain, stitching, vagina, extending upward [2].

Respiration

Difficult, convulsions, during [2].

Back

Pain, cervical region, bending head backward amel. [2].

Generalities

Convulsions, draft agg. [2], exertion, after [2], fluids, from [3], light agg. [3], noise, from [2], odours, from strong [2/1], shining objects, from [3], touched, when [2]. Dust agg. [2; Brom.].

Food

Aversion: Drinks [2]; water [2]; apples [1]; fats and rich food [1].

Desire: Strange things, during pregnancy [3]; salty things [2]; chocolate [1].

Worse: Meat [2]; mutton [1].

# Nucleus

- 1. Violent outburst of destructive anger, followed by quick repentance.
- 2. Feeling as if and sensitive to being annoyed, obstructed, tormented.
- 3. agg. Running water; shining objects, dazzling lights.
- 4. Cannot bear heat of sun.
- 5. Ropy saliva; constant spitting.

# Magnesium carbonicum

Carbonate of Magnesia

# Region

DIGESTIVE TRACT [stomach; bowels; liver]. NERVES [facial; dental]. Malar bones. \* Left side. Right side.

#### Modalities

Worse: NIGHT. Rest. Noise. Cold [changes of weather; wind; drafts]. Food; starchy; milk. Slight causes, touch, etc. Children. Nurslings. Before and during menses. Standing. Every third week. During pregnancy. Warmth of bed.

Better: Motion. Walking about. Open air. Eating warm soup. Flow of menses. After stool.

- M Bad-tempered, SOUR and OVERSENSITIVE.
- M Forsaken feeling [feels unloved by his parents, friends [2/7]]. [Often indicated in orphans or neglected children, or in adults with such a childhood, or in adults who as a child witnessed a lot of quarrels between their parents.] Dreams of getting lost in a forest or at home!!
- M Children who get behind at school on account of problems with WRITING and reading. [Absent-minded while writing. Concentration difficult during writing. Dullness while writing. Reading, unable to read, in children]. Calc. has problems with calculating.
- M SENSITIVE to QUARRELS. Peacemakers [Vithoulkas].
- M Feelings of insecurity, leading to hyperactivity. Problem child. [Children of tuberculous parentage!! Allen.]
- G agg. NIGHT [restless, nervous; pains agg.]. Consequently more tired on waking than when retiring. Pains agg. at night [toothache, prosopalgia, rheumatic pains; patient has to leave bed and walk about].
- G agg. Evening [3].
- G agg. MILK.
- G Chilly, yet craving for open air [walking in open air amel. mental symptoms !!].
- G amel. Open air [3], but agg. COLD air [3].
- G Chilliness + tendency to take cold [= coryza, toothache, sore throat, cough] agg. before menses
- G SOUR [temper, taste in mouth, perspiration, secretions].
- G Desire for MEAT + aversion to vegetables; or vice versa.
- G Sharp, shooting pains. Painful weariness, especially of legs and feet. "Heavy, weary feet."
- G Nervous exhaustion. "Nervous, flatulent and flabby" [Boger].
- G Pains and PERSPIRATION [Cham.].
- P GREENISH diarrhoea, frothy, lienteric, like scum on a frog pond, preceded by cramping pain in abdomen, forcing to bend double.
- P Menses only at night, or MORE at NIGHT. "Menses flow only in absence of pain."

Mind

Ailments, deceived friendship, from [1/7]. Anxiety, evening, bed in, amel. [2/1], sleep, before [2]. Despair, pains, with the [1]. Disgust, everything, with [1]. Irritability, air, in open, amel. [1/7], children [3], grief, from [1; Kali-br.], walking in open air amel. [1/2]. Jealousy, loquacity, with [1/3]. Kleptomania, steals dainties [1; Nat-c.; Tub.]. Menses, mental symptoms agg. during [1]. Restlessness, bed, in, driving out of [2], sitting, while [1]. Shrieking, sleep, during [2]. Starting, lying, while, on back [1/3], right side [1/1], noise, from [3], touched, when [1]. Striking himself, knocking his head against wall and things [1]. Walk, walking in open air amel. mental symptoms [2]. Weeping, pregnancy, during [2].

Head

Congestion, smoking, from [2; Bell.]. Eruption, itching, rainy weather, in [2/1]; Itching, of scalp, damp weather [2/1]. Pain, pressing, forehead, crowded room [2; Plat.], smoking [2].

Nose

Coryza, menses, before [2]. Obstruction, night, wakes him [2], menses, before [2].

Face

Pain, night, rest, during [2], sitting agg. [2], walking amel. [2], walking in open air amel. [2].

Mouth

Taste, sour, pregnancy, during [2].

Throat

Inflammation, menses, before [2/1]. Pain, sore, menses, before [2]. Ulcers, menses, before [2].

Stomach

Eructations, cabbage, after [3/1]; sour, menses, during [2/1]. Distension, night [2]. Vomiting, soup, after [2; Ars.].

Abdomen

Distension, night [2]. Pain, aching, dull, hypochondria, night [2]; cutting, umbilicus, region of, flatus, passing, amel. [2/1].

Rectum

Pain, night, 4 a.m. [2/1]; stitching, flatus, on passing, amel. [2; Coloc.].

Stool

Lienteric, milk, after [2]. Watery, green, scum, with [3]. White, masses like tallow [2]. Bladder

Urination, involuntary, rising from a seat, when [2].

Female genitalia

Menses, night, more at [3], copious, night [3], pain, flow only after the [2/1], scanty, daytime [3; Bov.].

Back

Pain, aching, lumbar region, menses, before [2]; broken, as if, lumbar region, night [2; Ferr-i.].

Extremities

Heaviness, foot, sitting, while [3], walking amel. [3].

Sleep

Dreams, lost in a forest [1/6], at home [1/1]. Sleepiness, talking, while [2]. Sleeplessness, uneasiness and anxiety with heat, must uncover, which causes chilliness [3/1].

Perspiration

Wash off, difficult to [2; Merc.].

Generalities

Heat, sensation of, eating warm food [2]. Weakness, menses, before [2], menses, during [2].

#### Food

Aversion: Artichokes [2]; vegetables [2]; bread [1]; bread and butter [1]; butter [1]; cooked food [1]; green fruit [1/1]; green things [1/1]; meat [1]; mutton [1]; milk [1]; warm food [1].

Desire: Bread [2]; bread and butter [2]; fruit [2]; meat [2]; sour [2]; strange things during pregnancy [2]; butter [1]; cold drinks [1]; delicacies [1]; juicy things [1]; milk [1]; vegetables [1].

Worse: Cabbage [2]; milk [2]; warm food [2]; coffee [1]; cold drinks [1]; fat [1]; fruit [1]; hot food [1]; meat [1].

Better: Hot food [1].

#### **Nucleus**

- 1. Forsaken feeling or fear of being deserted. Peacemaker.
- 2. agg. Night. agg. Milk.
- 3. Sour.
- 4. amel. Walking in open air [amel. mental symptoms].
- 5. Tubercular.
- 6. Whole body tired and painful, especially legs and feet.

# Magnesium muriaticum

Muriate of Magnesia

# Region

NERVES. LIVER. Digestion. Pelvic organs [uterus; rectum]. Women. \* Right side. Left side.

#### Modalities

Worse: LYING ON RIGHT SIDE. Night. Noise. Sea bathing. Eating. Salt foods. MILK. Warm room. Closing the eyes.

Better: HARD PRESSURE [tight bandage amel. headache]. Lying bent. Hanging down. Gentle motion. Cool, open air [except in headache].

- M "Dislike CONFRONTATION of any sort. Don't like confrontations and aggression, either IN THEMSELVES or in other people. Want peace. Very diplomatic" [Morrison].
- M Strong sense of RESPONSIBILITY. "These people are not well-suited for all the irritation and problems that arise from taking on responsibilities. And this will give them a lot of anxiety and a lot of worrying. At NIGHT, when they lie down to go to sleep, then the ANXIETY comes on. OVERWHELMING anxiety" [Morrison].
- M "Basic central emotional imbalance and unsteadiness. They are helplessly under the sway of their drives and impulses" [Whitmont]. Aggression hidden inside. ["Fear is often the reaction to one's own repressed, unconscious violence." Whitmont]. "Not infrequently the mental state is marked by a seemingly quiet and composed disposition. The stormy, touchy VIOLENCE is either hidden under a mask or a discipline imposed by strongest will-power has succeeded in driving the STORMY EMOTIONS UNDERGROUND ... May find themselves suddenly on the verge of a nervous breakdown" [Whitmont].
- M Particularly marked DEPRESSIVE tendency, which may be temporarily interrupted by explosions of violence. ["It definitely would deserve a trial as a most promising drug in manic depressive patients." Whitmont]
- G agg. NIGHT [especially anxiety, but also pains and colics].
- G CHILLY, but craving for open air [3].
- G agg. MILK, fat food, salt.
- G amel. Hard PRESSURE [bandaging] [3]. agg. Touch.
- G TIRED on waking [wakes in an almost toxic state; head feels stuffed; indisposed to talk; needs an hour to come to herself]. "The worst unrefreshing sleep of all the remedies in our materia medica" [Morrison].
- G agg. SEASIDE; sea-bathing [= congestion chest, constipation, cough, urticaria].
- P Disposition to liver disturbances.
- P Headache amel. binding head [if around the eyes amel. pressure on eyeballs]; and thirst [3] and eructations [3].
- P Eruptions face, especially pimples and acne, agg. before menses; itching at night.
- P Menstrual pains amel. pressure on back or rubbing back.

Mind

Anxiety, evening, bed, in, closing the eyes, on [2/1], air, in open, amel. [2], closing eyes, on [2], house, in [2], reading, while [2; Sep.]. Delusions, friendless, that he is [1; Sars.]. Excitement, menses, during [2]. Fancies, reading, on [2/1]. Restlessness, evening, bed, in [3], eyes, on closing at night agg. [3]. Sensitive, noise, to, voices [2].

Head

Eruption, itching, night agg. [2], menses, before [2/1]. Pain, binding head, from, amel. [2], listening to reading and talking [2/1], pressure, external, hard, amel. [2]; bursting, press with hands, must [2], wrapping up amel. [2/1].

Eve

Pain, around the eyes [3].

Nose

Catarrh, air, open, amel. [2]. Obstruction, night [2].

Face

Discoloration, pale, menses, during [2]. Eruptions, night agg. [2; Ars.], menses, before [2]; pimples, menses, before agg. [2/1].

Throat

Lump, sensation of, eructations amel. [2].

Stomach

Eructations, headache, with [3], garlic, like [2]. Pain, milk, after [3]. Thirst, headache, with [3].

Abdomen

Distension, spots, in [2]. Pain, menses, during, rubbing back amel.

[2/1]; hypochondria, right, lying on painful side agg. [2], extending to back [3]; hypochondria, lying on right side agg. [2], lying on left side agg. [3], extending to scapula [2]; liver, lying on right side amel. [3], lying, left side, on [2]; dragging, Hypochondrium, right, lying on right side, when [2].

Rectum

Constipation, stool recedes [2]. Knotty, mucus, covered with [2]. Lienteric, milk, after [3; Mag-c.].

Bladder

Urination, frequent, daytime [2].

Female genitalia

Menses, black, pitch-like [2], clotted, dark [2]. Pain, uterus, pressure on back amel. [2/1]; cramping, uterus, leucorrhoea, followed by [2; Con.].

Chest

Congestion, sea-bathing [2/1]. Pain, heart, moving amel. [2/1], sitting, while [2/1]. Palpitation, sitting, while [2], walking amel. [2].

Extremities

Numbness, upper limbs, right, lying on left side [2/1]. Tingling, upper limbs, morning, waking, on [2].

Sleep

Waking, shocks through the body, while [2; Manc.].

Generalities

Bathing, sea, agg. [2]. Orgasm of blood, sitting, while [2/1].

# Food

Desire: Sweets [2]; vegetables [2]; delicacies [1].

Worse: Milk [3]; fat [2]; fruit [2]; butter [1]; cold food [1]; fish [1]; hot food [1]; meat

[1]; salt [1]; warm food [1].

Better: Hot food [1].

# Nucleus

- 1. Aversion to confrontations and aggression; strong dislike of quarreling. Violence hidden inside or masked; occasionally coming out in fits of anger.
- 2. Anxiety agg. night.
- 3. Chilly, yet desire for open air and amel. in open air.
- 4. Tired on waking.
- 5. amel. Hard pressure.
- 6. agg. Milk, fats and salt [seaside].

# Magnesium phosphoricum

Phosphate of Magnesia

# Region

NERVES [face; head]. Muscles. \* Right side.

#### Modalities

Worse: COLD [AIR; uncovering; drafts; water]. Touch. Periodicity. NIGHT.

Exhaustion. Motion.

Better: WARMTH. HOT BATHING. Pressure. Doubling up. Friction.

### Leading symptoms

- M Personality more like Phosphorus, more outgoing. They can be more irritable and may have Phosphorus type of fears [thunderstorms, darkness].
- M Resembling Calc-phos. [thin, weak, nervous and sensitive], "yet characterized by the fiery magnesium IMPULSIVITY rather than the calcium passivity" [Whitmont].
- M "Very SENSITIVE artistic or intellectual people, extremely nervous, intense, restless, spastic, and neurotic with cramps and colics all over" [Whitmont].
- M "ALWAYS TALKING of her PAINS" [Boger].
- G agg. NIGHT.
- G CHILLY [but unlike Mag-c. and Mag-m. no amelioration in open air]. agg. COLD in general.
- G agg. Walking in open air [3].
- G CRAMPING pains, or shooting, wandering and stitching [neuralgic]. RADIATING.
- G agg. Touch and coldness; amel. HARD pressure and heat [especially PAINS].
- G SUDDEN paroxysms of pain; in waves; extorting cries; causing restlessness. Pains appear suddenly and disappear suddenly.
- G RADIATING pains.
- G Restlessness from pain [Mag-c.], whereas the restlessness in Mag-m. arises more from anxiety.
- P ERRATIC, wandering GROWING pains.
- P Headache STARTING in the nape of the neck [or in the occiput], spreading over the head and settling over the RIGHT eye; agg. 4-8 p.m., amel. warmth and pressure; and flushed face. Difficult to distinguish from Sil., but in Sil. there is no relief from pressure. Headache of schoolgirls.
- P Premenstrual pains [agg. right side] amel. start of flow.
- P Vertigo on exertion of vision. Defective accommodation during headache.

# Repertory

Mind

Shrieking, pain, with the [1]. Talks, to himself [1]. Weeping, convulsive [2/1].

Vertigo

Exertion, on, vision [2].

Head

Pain, heat amel., hot applications [3], pressure, external, hard, amel. [3], sudden pains and go suddenly [1]; forehead, warm applications amel. [1]; occiput, extending to head [1]; stitching, forehead, eyes, over, right [2].

Eye

Paralysis, lids, upper, right [1].

Vision

Accommodation, headaches [2/1]. Sparks, headache, during [3].

Ear

Pain, warmth and wrapping up amel. [2].

Face

Pain, night, bed, driving out of bed [2]; bed, in, agg. [2]; cold air agg. [3], cold, exposure to, from [2], draft [2], wind agg., dry cold [3].

Stomach

Eructations, Food, eating, after, immediately after [2]. Hiccough, fever, during [2].

Abdomen

Pain, bending double, must [2], radiating [3], warm drinks amel. [2].

Female genitalia

Pain, uterus, menses, before [2], pressure amel. [2].

Respiration

Asthmatic, flatulence, from [1].

Extremities

Cramps, hand, writing [3]; fingers, playing piano or violin [2/1], writing, while [2]. Pain, lower limbs, sciatica, pressure amel. [3], suddenly, come and go [2], touch agg. [2].

Walking, gressus gallinaceus [1], infirm [2].

Generalities

Pain, radiating [2].

Food

Aversion: Coffee [1]. Worse: Cold drinks [2].

#### Nucleus

- 1. Sensitive and nervous; impulsive and fiery [less closed than Mag-c. and Mag-m.].
- 2. Right-sided complaints [head, ear, face, chest, ovary, sciatic nerve].
- 3. Chilly, no amel. in open air. agg. Cold.
- 4. Cramping or shooting pains; and constricting sensation.
- 5. amel. Hard pressure, doubling up, warmth. agg. Touch, cold.

# Mancinella

# Hippomane

### Region

Mind. Surfaces [mucous membranes; throat; skin].

#### Modalities

Worse: Cold [feet; drinks]. Dampness. Touch. Puberty. Climacteric.

Better: Rubbing. Walking.

# Leading symptoms

M - FEAR of INSANITY; can't keep dark or evil thoughts out of their mind. Fear agg. in the dark [delusion of a dark evil inside].

M - Fear of the DEVIL [of being taken by the devil; fear of evil spirits; as if possessed by the devil]. Can be caused or intensified by watching horror movies.

M - Fixed ideas of cutting or hurting herself. Self-torture.

M - Fear of LOSING CONTROL. ["It's a weak intellect where thoughts will intrude and the patient cannot control the thoughts, like Lac-c. and Arg-n.. So it's a weakness of the mental editor, the editing processes in the brain, to filter out unwanted thoughts." - Morrison]. OBSESSIVE thoughts.

M - Sudden VANISHING of THOUGHTS; "forgets from one moment to next what she wanted to do."

M - Bashful timidity. [Compare: "choking sensation in throat when speaking."]

M - "Depressed, with sexual erethism" [Boger]. "Mancinella has many delusions and ideas about sexuality, and often mixed up with feelings of evil" [Morrison].

G - Warm-blooded. agg. Heat.

G - agg. Puberty or climacteric [periods of big changes and low self-esteem; "the phase where the intellect is not well-formed"]. "To be remembered in mental depressed states during puberty and climacteric, with exalted sexuality" [Boericke].

G - BURNING pains.

G - agg. Drinking COLD WATER [agg. burning pains].

P - Aversion to tight collars [due to choking sensation in throat].

P - Biting vesicles on soles of feet. Acrid, sticky foot sweat.

P - Smarting pain in eyes agg. closing lids.

P - Empty sensation in head [compare inability to keep out evil thoughts].

# Repertory

Mind

Answer, aversion to [3]. Cheerful, desires to be cheerful, ineffectually [2/1]. Delusions, devils, taken by the devil, he will be [1/3]. Fear, night, midnight [1; Con.], ghosts, of [2], insanity, of [4]. Nymphomania, climacteric period, at [1/3]. Puberty, mental affections in [1/4]. Sadness, midnight, after [1; Rhus-t.].

Sympathetic [1].

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Vertigo
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Floating, as if [2].

Head

Lying, on something hard, as if [2; Ph-ac.].

Eye

Pain, burning, closing lids [2].

Nose

Odours, onions [2].

Mouth

Pain, burning, tongue, root [1]. Saliva, burning [1/1].

Throat

Choking, speaking, when [2; Meph.]. Heat, extending to stomach [1]. Swallowing, impossible, choking, from [1].

Stomach

Eructations, loud, stooping, when [1/1]. Fullness, sensation of, eating, after, ever so little, after [2]. Heat, flushes of, extending upwards [2].

Abdomen

Distension, spots, in [1; Mag-m.]. Pain, cramping, drinking water, after [2]. Rumbling, motion, on [2; Lyc.].

Chest

Palpitation, tumultuous, turning in bed [2].

Back

Shocks, cervical region, on waking [2/1]. Stiffness, cervical region, waking, on [1].

Extremities

Awkwardness, hands [2]. Eruption, foot, sole of, desquamating [2], vesicles [2].

Numbness, hands, waking, on [1].

Sleep

Waking, shocks through the body, while [1; Mag-m.].

Skin

Burning, parts lain on [1/3].

#### Food

Aversion: Alcohol [1]; bread [1]; meat [1]; water [1]; wine [1].

Desire: Salty things [2]; strange things [2]; cold drinks [1]; tobacco [1].

# Nucleus

- 1. Inability to keep out or control evil, dark thoughts on account of weakness of intellect, leading to fear of insanity [of being evil].
- 2. Depression [tormenting thoughts] and sexual erethism.
- 3. agg. Darkness, at night.
- 4. Choking sensation in throat.
- 5. Burning, biting, smarting.
- 6. agg. Cold drinks.

# **MANDRAGORA**

#### Mandrake

# Region

Stomach, duodenum and liver-gallbladder area. Circulatory system. Locomotor system. \* Right side.

#### Modalities

Worse: Dampness. Cold. Heat [agg. head]. Light touch. Beginning to move. Stormy weather; before storm [cardiac pains]. After midnight; 3-5 a.m.

Better: Micturition. Lying. Rest. Warm applications. Bending backwards [amel. abdominal colic, sciatica]. Continued motion [amel. rheumatic pains]. Strong pressure. Eating [amel. stomach symptoms].

- \* Cold or attenuated Belladonna [Julian].
- M CHANGING moods; depression, crying spells alternating with euphoria and increased vital and mental activity or driving restlessness.
- M Mental symptoms and nausea and numbness.
- M Mental symptoms [especially SADNESS, irritability, nervousness] amel. micturition.
- M Hypersensitive to NOISE and to smells.
- M Peculiar paradox of sleepiness and drowsiness with simultaneous intense excitement or excitability.
- G CHILLY.
- G 3-5 A.M. [general time of aggravation].
- G Right side.
- G Spasticity, numbness and nausea.
- P "Mandragora belongs to the dizziest drugs of our Materia Medica [alongside Phos., Con., Magnesium]. It has faintness and fainting spells; the vertigo is often typical of Meniere's syndrome and comes in sudden attacks which force the patient to lie down; frequently, however, the dizziness is worse lying down, worse turning over, worse from motion and walking downstairs and worse upon awakening. Better from open air. Most frequently the vertigo is of emotional origin with an expressed feeling of insecurity, supposedly because of the dizziness; ill effects of anxiety and tension, dizziness with depression, or crying spells, ringing in the ears, or diarrhoea" [Whitmont].
- P Congestive headaches [and vertigo] amel. cold air and cold applications; agg. exposure to the sun, from alcohol, tobacco. Headache and diarrhoea. Headache when stomach is empty.
- P Heart symptoms and intestinal symptoms, meteorism, distension, amel. from diarrhoea.
- P Abdominal pains [agg. right] amel. BENDING BACKWARDS.
- P Limbs feel heavy, bruised, sore, as after muscular exertion. Bruised and exhausted feeling as after influenza. Better from motion.

- P Lumbago, sciatica, burning pains, agg. right side, agg. sitting, amel. pressure, agg. beginning and amel. from continued motion; cannot stay in bed, must get up and walk around at night. amel. Warmth, amel. bending backwards; agg. upright position, agg. dangling legs.
- P Diarrhoea after cooked fat food.

Not mentioned in Kent's Repertory.

#### Food

Aversion: Alcohol [2]; fat [2]; coffee [1]; smell of roasts [1].

Desire: Highly seasoned food [2]; meat [2; "even in a vegetarian"]; sweets [2]; cheese

Worse: Coffee [1]; fats [1]; sweets [1].

Sources: Whitmont: Psyche and substance; Julian: Dictionary of Homeopathic Materia

Medica. Notes

# Manganum-act. + -c. (old abbr.)

# Manganese

# Region

INNER EAR; Eustachian tubes. Larynx and trachea. Lower limbs. Periosteum [joints; ankles; shins]. Heels. Skin. Eyes. Blood. Gall bladder. \* Right side. Left side.

#### Modalities

Worse: Varies with the weather. Touch. Cold. Damp. Night. Talking. Feather bed. Stooping. Motion. Straining at stool. Reading. Laughing.

Better: Lying down. Open air. Expectoration.

### Leading symptoms

M - Anxiety amel. LYING DOWN. "Anxious, apprehensive, fearful and restless but perfectly COMFORTABLE WHILE LYING ... He gets up, and the anxiety and restlessness come over him again" [Kent].

- M Sadness amel. sad music. Likes to listen to classical music, especially organ music.
- G Extreme SORENESS of BONES [or every part of the body] when TOUCHED.
- G Chilly.
- G agg. Cloudy weather [2]. agg. Dry weather [2].
- G agg. NIGHT [especially sore pain in bones and joints].
- G amel. LYING. ["All symptoms subside on lying down"; especially cough, tickling in the air passages]
- G agg. COLD DAMP weather [headache, deafness, chronic catarrhal dryness of nose, cough, hoarseness, loss of voice]. ["Every cold rouses up a bronchitis." Boericke]
- P "Paralysis with inclination to run forward if he tries to walk" [Clarke].
- P "Everything affects the EARS" [Boger]. "Pains extend to and concentrate in ears from other organs" [Clarke]. [For example, paroxysmal cough from scratching the auditory canal] "Itching in the ears from talking, from swallowing, from laughing, or doing anything that brings the throat into operation."
- P Hardness of hearing, as from stoppage of ears, amel. blowing nose; agg. or amel. according to change of weather. Deafness agg. damp weather.
- P Lying in feather bed agg. asthma.
- P ANAEMIA. Pernicious anaemia.
- P "Bruises REMAIN SORE for a long time and Arn. Fails to relieve" [Mathur].
- P Growing pains and weak ankles [Boericke].
- P Itching amel. scratching. Chronic eczema and amenorrhoea; agg. menstrual period or menopause.
- P Rheumatism with glistening red swelling of the joints.

# Repertory

Head

Pain, confusion, mental, with, unable to collect one's senses [2], touch amel. [2], warm room amel. [3], weather, cloudy [2], weather, damp, cold [2]. Eye

Dryness, looking at bright light [3/1]. Pain, looking when, steadily, at near objects [2/2], sunlight agg. [2]; burning, daytime only [2].

Ear

Noises, stooping, when [2]. Pain, changing weather [2].

Hearing

Impaired, blowing nose amel. [2], damp weather agg. [2].

Nose

Obstruction, wet weather agg. [2].

Teeth

Pain, extending to other parts [3/1].

External throat

Perspiration [3].

Bladder

Urging to urinate, daytime [2].

Larynx

Sensitive, larynx, cold air, to [2]. Tickling, lying, while, amel. [3; Euphr.]. Voice, hoarseness, overuse of the voice [2], singing, from [2], talking, from [2]; rough, smoking amel. [2/1].

Cough

Noon, lying down amel. [3/1]. Deep, lying amel. [3]. Dry, lying, while, back, on, amel. [2/1], reading aloud [2]. Lying, back, on, amel. [2].

Extremities

Pain, joints, night [2], cold, from taking [2], touch agg. [2].

Skin

Itching, perspiration agg. [3], perspiring parts [3].

Food

Desire: Beer [1]; milk [1]; sour milk [1]; sour [1]. Worse: Cold food [2]; coffee [1]; cold drinks [1].

Better: Hot food [2]; warm drinks [2].

#### Nucleus

- 1. amel. Lying down [mental and physical symptoms, except sore pains in bones and joints].
- 2. Sadness amel. sad music.
- 3. Soreness.
- 4. agg. Cold damp weather.
- 5. Everything affects ears.

# Medorrhinum

#### The Gonorrhoeal Virus

### Region

Mind. Nerves. Mucous membranes. Lymphatics. Cellular tissue [lungs; pelvis; joints]. Spine. Kidneys. Left ovary.

#### **Modalities**

Worse: Damp; cold. Daytime. 3-4 A.M. After urinating. Touch. Closed room. Thinking of disease. Heat. Sun. Thunderstorm. Least movement. Perspiration. Stretching. Leaning head forward. Salt bath.

Better: LYING ON ABDOMEN. Bending backward [amel. constipation]. Fresh air. Uncovering. Hard rubbing. Seaside. Dampness. Sunset.

- M HURRY [time passes too SLOWLY] ["always rushing on and ANTICIPATING, yet without any concrete cause and lacking the desire for realization" Barbancy].
- M Everything seems UNREAL, as if in a dream. Feels FAR OFF. Confusion as to his identity. Sensation of unbearable inner EMPTINESS. Sensation of being superfluous or rejected. Delusion he is doomed. All resulting in efforts to escape.
- M EXTREMES; exceeding all limits. No bounds [due to lack of orientation points parental or intrinsic].
- M Contrasting extremes in ONE person: passionate, maniacal, wild, strong sex drive, lack of self-control, cruel, impatient, SELF-CENTRED. Overwhelmed by inner unformed impulses contrasting with: withdrawal from outer world into inner dream world [self-centred, feels far off, as if in a dream, forgetful, absent-minded, sensitive to beauty, nice things, nature, flowers, etc.]. Or EITHER state in a person.
- M Shuns RESPONSIBILITIES.
- M Weeping when telling of her symptoms [due to CONFUSION].
- M Fear of DARK. [Delusion someone is behind her fear that someone is behind her.]
- M BITING NAILS.
- G "Can be chilly or warm; tend to the warm side" [Morrison]. Craving for fresh air.
- G amel. EVENING; night people.
- G amel. Discharges.
- G FISHY odours [of discharges]
- G Strong desire for all sorts of DIFFERENT things [e.g. sweets + sour + spicy + salt].
- G amel. SEASIDE.
- G amel. Lying on ABDOMEN or in knee-elbow position.
- G Early MASTURBATION.
- G Personal or family history of GONORRHOEA.
- G Dwarfish children; slow learning to talk, children that continue to crawl. Fear of dark [very insecure; always keep a toy close to them]. Very thirsty. Asthma + biting nails.
- P CHRONIC or recurrent infections of vagina or bladder [pelvic organs].

- P Oversensitivity of SOLES of FEET.
- P Constant clearing of throat [every time he begins to speak].
- P Almost specific in Reiter's syndrome [urethritis, conjunctivitis + arthritis].
- P Coldness of breasts, especially of nipples [rest of body warm, especially during menses].
- P Crippled nails.
- P Burning hands and FEET; wants them uncovered.
- P Asthma only relieved by lying on the abdomen and sticking out the tongue [Allen].

Mind

Answers, repeats the question first [2]. Anxiety, salvation, about [2]. Biting nails [3]. Clairvoyance [2]. Delusions, unreal, everything seems [2]. Dullness, children [2]. Exhilaration, night [2/1]. Fear, alone, of being, night [2], dark [2].

Forgetful, name, his own [2]. Impatience, trifles, about [2]. Inhibited [2]. Superstitious [2]. Washing, always, her hands [2]. Weeping ameliorates symptoms [2]. Wild feeling in head [2].

Head

Boiling sensation [1]. Bores head in pillow [2]. Motions of head, sideways, rocks head from side to side to relieve pains [2]. Pain, rolling head from side to side amel. [1].

Eye

Close, desire to [2]. Heat, lids, in [2]. Pain, pulled out, as if being [1; Glon.], shut, when [1/1]. Protrusion, sensation of [2]. Staring, sensation as though [1/1]. Swollen, lids, upper lids [2].

Nose

Obstruction, root [1]. Snuffles [2].

Face

Eruptions, herpes, mouth, corners [1]. Perspiration, sleep, during [1/4].

Teeth

Caries, rapid [3].

External throat

Spasms, sides of neck [2; Carb-ac.].

Stomach

Appetite, ravenous, eating, after [2]. Nausea, drinking amel. [2].

Abdomen

Pain, liver, extending to right shoulder [2].

Rectum

Constipation, lean far back to pass a stool, must [2/1]. Moisture, herring brine, smelling like [2; Calc.].

Kidneys

Bubbling sensation in region of [2]. Pain, urination, after amel. [2].

Urine

Copious, pain in back, which amel. [2; Lyc.].

Male genitalia

Induration, testes, epididymis [2].

Female genitalia

Coition, enjoyment absent [2]. Enlarged, ovaries [2], left [2]. Inflammation, ovaries, suppressed gonorrhoea, after [3; Canth.]. Menses, wash off, difficult to [2; Mag-c.]. Respiration

Difficult, expiration [2], fanned, wants to be [2], lying, while, on knees and elbows amel. [2/1].

Cough

Lying, abdomen, on, amel. [2].

Chest

Coldness, mammae [2], nipples [1/1].

Back

Heat, Spine, flushes, cervical region [2]. Pain, burning, cervical region, extending down back [2/1]; dorsal region, between scapulae [2]; lumbar region, menses, during [1; Phos.]. Extremities

Coldness, warm bed unendurable, yet [2]. Fanned, wants hands and feet [3/1]. Heat, foot, burning, uncovers them [3]. Heaviness, lower limbs, ascending steps [2]. Pain, thunderstorm agg. [3]; joints, rheumatic, gonorrhoea, after, suppressed [3]. Sensitive, foot, sole [3]. Uncover, inclination to [3].

Sleep

Position, knees, on, with face forced into pillow [1].

Chill

Chilliness, urging to urinate, on [2; Hyper.], urination, before [2; Nit-ac.], urination, after amel. [1/1].

Skin

Itching, scratch, until it bleeds, must [2]. Warts, pedunculated [2].

Generalities

Storm, approach of a [2], during storm [2].

#### Food

Aversion: Cold drinks [2]; cold food [2]; eggplant [2]; sweets [1].

Desire: Alcohol [2]; ale [2]; beer [2]; fat [2]; fat + sweets [2]; fish [2]; green fruit [2]; ice [2]; lemons [2]; salty things [2]; salt + sweets [2]; sour [2]; sweets [2]; chocolate [1]; fat + salt [1]; juicy things [1]; oranges [1]; potatoes [1]; raw onions [1]; smoking [1]; warm drinks [1].

#### Nucleus

- 1. Hurry and anticipation. As if in a dream, everything unreal. Extremes.
- 2. amel. Evening. amel. Lying on abdomen.
- 3. amel. Seaside.
- 4. Craving for fresh air.
- 5. Chronic or recurrent pelvic diseases [especially after personal or family history of suppressed gonorrhoea].
- 6. Craving for all sorts of different food.

# Mercurius solubilis

### Quicksilver

### Region

BLOOD. Mucous membranes. GLANDS [buccal; SALIVARY; TONSILS; THROAT; LYMPHATICS; MUCOUS; liver; kidneys]. GENITALS. Cellular tissues. Joints. Bones. Skin. \* Left side. Right side.

#### Modalities

Worse: NIGHT. Night air. SWEATING. LYING ON RIGHT SIDE. IF HEATED; agg. bed or fire; warm room. SENSITIVE TO [DRAFTS, to head; changing, cloudy or cold damp weather; taking cold; heat and cold]. Wet feet. Firelight. Artificial light. During stool. While urinating. Blowing the nose.

Better: Moderate temperature. Rest. Morning. Scratching.

- M INSTABILITY on all levels.
- M Internal HURRIEDNESS with SLOWNESS in acting [as if everything is seriously considered].
- M "EXTREMELY CLOSED. Feels like you're not really making contact with patient; suspicious; cautious; vulnerable" [Morrison].
- M Stammering; "want to communicate but can't, so they hold back. Speech comes out as a stammer" [Morrison].
- M Fear being ATTACKED FROM BEHIND. Delusion EVERYONE IS AN ENEMY.
- M Need to create ORDER in a chaotic world. Want everybody to know and KEEP their place; very CONSERVATIVE. Cannot bear that the public peace is broken; very sensitive to injustice. Need a steady life and a stable society to counterbalance their inner instability. ALWAYS discontented [3], discontented with everything [3]. All or nothing; become revolutionary anarchists [from sheer necessity or impulsively].
- M Lack of SELF-CONFIDENCE [trembling inside]; easily embarrassed.
- M Very sensitive to criticism and contradiction; may be become violent [desire to kill the person that contradicts her [2], hatred of persons who had offended him [1]].
- M Inner conflict between desire for law and order and violent impulses. Restraining themselves requires a lot of energy, = forgetfulness.
- G INSTABILITY. Mentioned in 55 general rubrics of aggravation and only in 7 of amelioration!
- G Sensitive to HEAT AND COLD; extremes of temperature. As easily CHILLED as OVERHEATED.
- G agg. NIGHT. amel. After sleep [2].
- G agg. LYING on RIGHT side [3].
- G PERSPIRATION all over the body; WITHOUT relief. Sweat oily, foul, stains the linen yellow. EASY perspiration.
- G Swollen GLANDS.

- G FREE SECRETIONS; thin, slimy, acrid, burning, foul or thick, green-yellow.
- G "Colds travel upward or attack eyes" [Boger].
- P Much SALIVA; flows during sleep; bad smell.
- P Broad, flabby, INDENTED tongue.
- P Ulcerative colitis [main remedy].
- P Stool : never done sensation, especially with diarrhoea. Tenesmus before, during and after stool. Changeable stool.
- P Nasal catarrh extending to frontal sinuses.

Mind

Anarchist, revolutionary [3/1]. Anxiety, suicidal [2]. Complaining, relations and surroundings, of [2/1]. Confusion, loses his way in well-known streets [2]. Delusions, enemy, everyone is an [2; Plat.], enemy, surrounded by [2]. Fear, health, loved persons, of [3], health, ruined, that she has, of those she loves [3]. Inhibited [2]. Kill, desire to, the person that contradicts her [2/1], husband, impulse to kill her beloved [2], menses, during [2; X-Ray], offense, sudden impulse to kill for a slight [2]. Positiveness [2]. Suicidal disposition, menses, during [2; Sil.], seeing, cutting instruments, on [2/1].

Vertigo

Lying, back, on [2].

Head

Pain, bed, on going to [2]; burning, lying on back, while, in bed agg. [2/1]. Perspiration, scalp, fetid [2], oily [2; Bry.], sour [2].

Eve

Close, spasmodic closure, looking, on [2/1]. Cold agg. [3]. Fire, looking into, agg. [2]. Heat agg. [3]. Inflammation, warmth of bed agg. [3]. Lachrymation, fire, looking at [2]. Pain, light, daylight [2], wet weather agg. [2]. Photophobia, fire, light of [3/1]. Redness, lids, night [3/1].

Vision

Dim, firelight agg. [2; Nat-s.], sunlight agg. [2].

Ear

Pain, cold, taking, from [2], sore throat, with [2].

Nose

Coryza, air, draft of, from [2], air, agg. in cold [3], air, warm [3], cold, on becoming [2], discharge, with, stooping, on [2], warm room [2], perspiration, with [2], sore throat, with [3], weather, wet, during [2]. Pain, root, headache, with [2]. Pressure of glasses agg. [2]. Face

Eruptions, crusty, mouth, around [2]. Pain, blowing nose agg. [3/1].

Swelling, menses, before [2].

Mouth

Odour, offensive, menses, during [2]. Salivation, menses, during [2]. Speech, stammering, quick, and [2/1].

External throat

Air, sensitive to [2]. Pain, burning, cervical glands [3].

Stomach

Emptiness, weak feeling, pressure, from [3/1]. Heartburn, night [2], night, pregnancy,

during [2/1].

Abdomen

Falling, from side to side, sensation as if intestines were, on turning in bed [2]. Pain, lying, side, on, right [2].

Rectum

Diarrhoea, jaundice, during [2], sugar, after [2].

Bladder

Urination, dysuria, night [2], perspiration, during [2].

Female genitalia

Swollen, pregnancy, during [2; Podo.].

Back

Air, draft of, cannot bear a, nape, on [2]. Pain, tearing, coccyx, pressing on abdomen amel. [2/1].

Extremities

Eruption, hand, back of hand, cracks [2/1], crusts, yellow [2; Mez.], eczema [2], itching [2], itching, night [2/1]. Pain, night, bed, drives out of [3],

rheumatic, perspiration, with [3], warmth of bed agg. [3]. Swelling, hand, menses, during [2; Graph.]; foot, menses, during [2]. Trembling, hand, holding objects, taking hold of, on [3], raising them high [3].

Perspiration

Drinking, warm drinks [2]. Oily, night [3]. Profuse, walking, while [2]. Staining the linen, difficult to wash out [2]. Stiffening the linen [3].

Skin

Eruptions, burning, touch agg. [2].

Generalities

Flabby feeling, hard parts, in [2]. Heat, flushes of, nausea, with [2].

#### Food

Aversion: Brandy [2]; butter [2]; cheese, strong [2]; coffee [2]; fats and rich food [2]; salt food [2]; sweets [2]; wine [2]; alcoholic stimulants [1]; beef [1]; cooked food [1]; drinks [1]; mother's milk [1]; solid food [1]; warm food [1].

Desire: Bread and butter [3]; cold drinks [3]; beer [2]; lemons [2]; liquid food [2]; milk [2]; alcohol [1]; bread [1]; butter [1]; meat [1]; sweets [1]; whisky [1].

Worse: Coffee [2]; cold food [2]; hot food [2]; plums [2]; sweets [2]; wine, sulphurated [2]; bread [1]; cold drinks [1]; fat [1]; meat [1].

Better: Sour [2].

#### Nucleus

- 1. Instability. Conservative. Self-control difficult to maintain.
- 2. Easy perspiration; without relief. Free secretions.
- 3. Sensitive to heat and cold; as easily chilled as overheated.
- 4. agg. Night.
- 5. Glandular affections.
- 6. agg. Lying on right side.

# Mezereum

# Spurge Olive

### Region

SKIN. Nerves - bones [head; face; jaws]. Mucous membranes [mouth; stomach]. One side. \* LEFT SIDE. Right side.

#### **Modalities**

Worse: NIGHT. Suppressions. WARMTH of BED; fire, etc. Cold air; drafts; damp.

Motion. Touch. Mercury. Vaccination. Cold washing. Warm food.

Better: Wrapping up [head] [nerves, bones]. Eating. Open air. Stooping. Radiated heat.

Milk.

- M Overwhelming anxiety ARISING from STOMACH. Emotions are felt in stomach: anxious, oppressive feeling of weakness, emptiness and sinking [solar plexus].
- M Everything seems dead, nothing vivid.
- G "Complaints of light-haired, irresolute persons of a phlegmatic temperament" [Mathur].
- G Very CHILLY [cold to the bone], yet eruptions and headache agg. warmth of bed, warm room, etc.
- G Desire for FAT [bacon and ham fat].
- G Bad effects from SUPPRESSED eruptions [= deafness, asthma, cough, neurological disorders, neuralgic pains, etc.]. No internal or other complaints as long as eruption is present.
- G SUDDEN pains, then chilly, sore or numb. [Boger] Or scratching [due to violent itching] FOLLOWED by numbness or coldness.
- G agg. Slight touch [2].
- P Eruptions, eczema: eyelids, margin of hair, forearms and hands, lower legs; agg. warmth of bed, warm room, at night, warm bath; amel. open air. Itching changes place on scratching. Eruptions agg. summer. Burning itching, and coldness of part. Itching eruptions after VACCINATION.
- P Thick crusts, with cracks, oozing thick white pus.
- P Pain in tibia [or bones in general] agg. at night.
- P Herpes zoster with burning, neuralgic pain [intercostal], remaining after disappearance of eruption. "Neuralgia after shingles" [Boger].
- P Prosopalgia, burning, shooting pains, and salivation and stiffness of masticatory muscles; agg. talking and eating, agg. warm food and warm room, amel. radiating heat. Usually one-sided; pain extending to eye, ear, teeth, neck and shoulder.
- P Headache extending from root of nose to forehead.
- P Pain in stomach amel. milk [Boger].

Repertory

Mind

Anxiety, alone, when [2], lying, while, must lie down with anguish [2]. Company, desire for, alone, while agg. [2]. Confusion, interruption, from [2; Berb.]. Dullness, eating, after, amel. [2]. Fear, stomach, arising from [3]. Thoughts, vanishing of, speaking, while [2].

Vertigo

Floating, as if [2].

Head

Eruption, crusts, white, with thick white pus beneath [3/1]; scales, white [2]. Heat, vertex, spots, in [2]. Itching of scalp, night [2], scratching, changes place, after [2]. Numbness, sensation of, vertex [2]. Pain, warm bed [2]; forehead, eyes, above, numbness, followed by [2/1].

Face

Eruptions, lids, on, eczema [2]. Itching, lids, evening [2; Puls.]. Pain, strained, as if [2; Ruta]. Redness, morning [2]. Rub, desire to [2].

Ear

Coldness, meatus, in, as from wind [2]. Wind, sensitive to [2].

Nose

Pain, root, headache, with [2], extending to forehead [2/1].

Face

Eruptions, eczema, mouth, around [2]; itching, night agg. [2]. Heat, night [2]. Itching, warm, on becoming [2; Puls.]. Numbness, cheek, following pain [2; Caust.]. Pain, numbness, with [2], pressure amel. [2], quiet in a dark room amel. [2/1], warmth amel. [2], warm bed agg. [2], warm room agg. [2]. Zona, burning and itching, with [2/1]. Stomach

Nausea, warm room [2]. Pain, burning, eating, after, amel. [2]. Ulcers [2]. Vomiting, food, cough, from [2].

Rectum

Pain, extending to abdomen [2]; stitching, extending upward, stool, after [2].

Bladder

Urination, frequent, morning [2].

Cough

Constant, vomiting amel. [2/1]. Eating, from, until he vomits [2/1].

Chest

Eruptions, herpes, zona [2]. Formication, warm food [2/1], warm room

[2/1]. Pain, herpes zoster, after [2; Ran-b.].

Back

Injuries of the spine, coccyx [2]. Pain, sore, coccyx, injury, from [2].

**Extremities** 

Discoloration, upper limbs, liver spots, becoming dark [2/1].

Sleep

Sleeplessness, itching, from [2].

Skin

Burning, perspiration, from [3]. Itching, eruption, without [3], scratching, changing place, on [2].

Generalities

Emaciation, affected parts, of [2]. Touch, slight, agg. [2].

#### Food

Aversion: Meat [2]; milk [2].

Desire: Bacon [2]; coffee [2]; fat ham [2]; ham fat [2]; wine [2]; cold drinks [1]; mustard

[1].

Worse: Hot food [2]; warm food [2]; beer [1].

Better: Hot food [2]; milk [1]; wine [1].

#### Nucleus

- 1. Fear, anxiety, apprehension arising from stomach.
- 2. Very chilly [cold to the bone], but agg. warm bed, warm room, warm food [especially itching and headache].
- 3. Desire for fat ham and bacon.
- 4. Pains or itching followed by chilliness, soreness or numbness.
- 5. Neuralgic pain remaining after herpes zoster.

# **Moschus**

#### Musk

### Region

NERVES [SENSORY; genital]. Respiration. Circulation. \* Right side. Left side.

#### Modalities

Worse: Excitement. Cold; cold open air. Suppressions; menses, etc. While eating.

Better: Fresh open air. Rubbing. Getting warm. Warmth in general.

### Leading symptoms

\* "Moschus cures many hysterical girls who have come to adult age without ever learning what obedience means. They are self-willed, obstinate and selfish. When they have been encouraged to resort to crafty cunning, to have every whim gratified from infancy to eighteen years of age, they become fit subjects for Mosch., Asaf., Ign. and Valer. They not only have volumes of real and imaginary symptoms, but they become adept at producing at will a kaleidoscopic complex of symptoms, increasing in quantity and intensity until all their own desires are attained, and the onlooker, be he or she nurse, physician or bewildered mother, is dismayed or in retreat. However much they pretend to be honest and trustful, their reported sensations are untrustworthy. They have traded upon their sensations and imagination so long that a direct effort to give a truthful statement is unsuccessful. The most erratic and unexpected neuropathic phenomena are always in appearance. The physician cannot measure these cases by his experience and say what is common and uncommon" [Kent].

- \* "Suited to spoiled, sensitive natures" [Clarke].
- M Deep psychological states with FEIGNING SICKNESS or lying about so as to get what she wants. HYSTERIA [= conscious or unconscious need to dominate the surroundings]. Delusion OPPOSED BY EVERYONE [1/1]. Constantly make a scene. "Imaginary sufferings" [Boger].
- M Spasmodic, nervous effects; laughter, crying, hiccough, twitchings, choking, FAINTING, etc.
- M Hurried, tremulous and AWKWARD.
- M Anger; talks EXCITEDLY or scolds until she faints or until blue in the face.
- G CHILLY; cold air = shivering. "External chilliness with internal heat" [Guernsey].
- G agg. COLD in general. agg. Becoming cold [3]. Sensation of cold wind [2]; sensation of air, as if fanned [2].
- G amel. During menses [2].
- G TWINGING pain [3].
- G Sleepy by day, sleepless at night; wakes every minute.
- G Debility, which is more felt during rest than during motion.
- G Tingling with heaviness in the limbs.
- P Sudden nervous suffocation or anxious palpitation; wants to take a DEEP BREATH; amel. BELCHING.

- P Headache and coldness, faintness and polyuria.
- P One cheek red but COLD, other cheek pale and HOT.
- P Vomiting agg. vomiting; "vomiting of the food, then subsequent vomiting and more vomiting" [Guernsey].

# Repertory

Mind

Abusive, scolds until the lips are blue and eyes stare and she falls down fainting [2/1]. Answers, confusedly as though thinking of something else [1/3]. Complaining [2]. Delusions, blind, that he is [1; Verat.], hear, he thinks he cannot [1; Verat.], injury, his fingers and toes are being cut off [1/1]. Destructiveness [1]. Excitement, wine, as from [1/4]. Feigning sick [1]. Hysteria, fainting [2], menses, before [2]. Selfishness [1]. Speech, hasty [2]. Unconsciousness, transient [2]. Violent, deeds of violence, rage leading to [1].

Vertigo

Coffee, after [1]. Coughing, on [2]. Elevated, as if [1]. Falling, sensation of, from a height [1/3].

Head

Coldness, begins in head, spreads from the [1; Valer.]. Knocks head against things, pain as if knocked in the head [1/1]. Motions of head, nodding [2]. Pain, fainting, after [1/1]; forehead, alternating with pain in occiput [1/4]; occiput, lying, while, with head low amel. [2/1], sitting, while [2]; nail, as from a, occiput [2]; pressing, band, as if by a [2]. Face

Coldness, one side cold and red, the other hot and pale [2/1]. Discoloration, bluish, lips, scolding, from [2/1]. Heat, cold, one side, the other hot [2]. Twitching, mouth, around [1].

Stomach

Eructations, garlic, like [1]. Nausea, coition, after [1; Kali-c.], thinking of it agg. [1]. Vomiting, coition, after [1/1].

Rectum

Constipation, coffee, after [2/1].

Female genitalia

Desire, increased, lying-in women [2], menses, during [2], violent [2]. Numbness [1/3]. Pain, uterus, flow of blood amel. [1].

Chest

Spasms, Diaphragm [2].

**Extremities** 

Coldness, hands, one hand, sweat of the other [1/3], one hot, other cold [2]. Weakness, knee, standing, while [2].

Perspiration

Odour, musk, like [1].

Skin

Coldness, night [2], sensation of [2].

Generalities

Air, sensation of, as if fanned [2]. Convulsions, cold, becoming [1], coldness of the body [1]. Faintness, menses, during [2]. Menses, during, amel. [2]. Pain, shifts to part lain on

[1], sore, parts lain on [2]. Trembling, noise, from [1].

# Food

Desire: Beer [1]; brandy [1]; cheese [1]; coffee [1], coffee, black [1/1].

Worse: Food, sight of [1].

## Nucleus

- 1. Hysterical excitement; feigning sickness.
- 2. Fainting and vertigo.
- 3. Debility felt more during rest than during motion.
- 4. Irregular distribution of blood; one side cold, other hot.
- 5. External chilliness with internal heat.

# Murex purpurea

Purple Fish

# Region

FEMALE SEXUAL ORGANS. Kidneys. \* Right side.

#### Modalities

Worse: Touch. In sun. Sitting. Abortion. Exertion. After sleep. Must lie down but lying down aggravates all symptoms. During menses. Menopause. After eating. At night. Better: Before menses. Eating. Sitting and crossing the limbs. Walking. During leucorrhoea. Support. Pressure.

#### Leading symptoms

M - HIGHLY-SEXED Sepia, even nymphomania. "Violently excited sexually from least contact of parts; excessive desire for coition" [Allen].

- M Great depression during climacteric.
- M Sadness amel. LEUCORRHOEA.
- G Neither chilly nor warm-blooded.
- G CROSSWISE pains [right ovary to left breast, right shoulder and left ovary].
- G Diseases of women attended with sudden prostration, sinking and faintness.
- G PROFUSE secretions [especially menses and urine].
- G Profuse PERSPIRATION during MENSES.
- P Sinking at stomach, not amel. by eating. ["Violent hunger, even after eating" Boger] Ailments and sinking, all gone sensation in stomach.
- P Urine smells like valerian.
- P Soreness of uterus; consciousness of uterus [Helon., Lyss.].
- P UTERINE affections very SIMILAR to SEPIA: bearing down pain in uterus, crossing limbs amel., standing agg., pressing on vulva amel.

Compare Sep. and Murx: Sep. aversion to coition, Murx. violently excited sexually; Sep. menses weak and scanty, Murx. frequent and profuse with large clots.

P - Excessive secretion of urine, frequent necessity to rise at night to urinate and hungry craving for food.

#### Repertory

Mind

Nymphomania, menses, suppressed [2]. Sadness, menses, before [2].

Head

Heaviness, alternating with clearness of mind [1/1]. Pain, morning, waking, on, preceded by disagreeable dreams [1/1].

Face

Heat, burning, and redness of left side [1].

Stomach

Appetite, increased, daytime [1/3].

Abdomen

Pain, dragging, crossing limbs amel. [2], menses, during [2], standing [2]; pressing, hypogastrium, menses, during [2].

Bladder

Urging to urinate, night, waking, on [1].

Female genitalia

Conscious of the uterus [2/3]. Desire, violent [3]. Displacement of uterus [2].

Leucorrhoea, alternating with mental states [1/1], pregnancy [2]. Pain, ovaries, extending to, diagonally upward [2]; uterus, extending to breasts [/2], to breast, left [1/1], to chest [2; Lach.], upward [2]; bearing-down, uterus, crossing limbs amel. [1], pressing on vulva amel. [3], standing agg. [2].

Chest

Swelling, mammae, menses, before [1].

**Extremities** 

Heaviness, lower limbs, fatigue, as from [1], walking, after [1]. Pain, thigh, extending downward [2].

Perspiration

Menses, during [1]. Profuse, menses, during [2].

#### **Nucleus**

- 1. Similar to Sep., but with violent sexual excitement and copious menses.
- 2. Sadness amel. leucorrhoea.
- 3. Crosswise pains.
- 4. Consciousness of uterus.
- 5. Violent hunger; all gone sensation in stomach.

# Muriaticum acidum

Muriatic Acid

# Region

BLOOD. MUSCLES [HEART; ANUS]. MUCOUS MEMBRANES [digestive tract; MOUTH]. TONGUE. Brain. \* Left side. Right side.

#### Modalities

Worse: Touch. Wet weather. Walking. Cold drinks; bathing. Sitting. Human voice. Before midnight. Lying on right side [vertigo]. While perspiring. After sleep. During menses. While urinating.

Better: Motion. Warmth. Lying on left side.

# Leading symptoms

- G DEBILITY, DIARRHOEA and [continued] FEVER, acute or chronic [e.g. adynamic fevers, AIDS, terminal cases]. Remains clear-headed; almost NO anxiety.
- G Great DEBILITY as soon as he sits down his eyes close; slides down in bed, lower jaw drops, etc. Weakness during fever [2].
- G Muscle exhaustion. "Cures muscular weakness following excessive use of opium and tobacco" [Allen].
- G BLUISH parts; tongue, piles, ulcers, etc.
- G BURNING.
- G Thin, acrid, foul discharges.
- G Thought and sight of MEAT unendurable.
- G Copious PERSPIRATION on TURNING from left to right side in bed.
- P Lips sore, cracked and scabby.
- P INVOLUNTARY stool on urinating or passing flatus. Cannot urinate without having the bowels move at the same time.
- P Very sore piles amel. heat. Anus very sore during menses, agg. least touch.
- P Aphthous stomatitis with salivation, and WEAKNESS and FEVER.
- P VERTIGO agg. lying on right side, amel. turning on left side; and liver disorders.
- P Palpitation of the heart felt in the FACE.

#### Repertory

Mind

Absorbed, menses, during [1/1] [from weakness]. Fear, daytime, only [1/3]. Gestures, makes, picks at bedclothes [2]. Moaning, sleep, during [2]. Reserved, menses, during [1; Am-c.] [from weakness]. Sadness, menses, during [1]. Talk,

indisposed to, desire to be silent, menses, during [1]. Thoughts, intrude and crowd around each other, while at work [1; Sulph.].

#### Vertigo

Lying, side, right agg. [2; Phos.]. Nausea, with, lying, while, on right side or back [2/1]. Head

Pain, yawning amel. [3]; occiput, rising from bed agg. [2/1].

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Eye
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Pain, burning, morning, washing [2; Sulph.].

Ear

Noises, cracking, night [2/1].

Hearing

Acute, voices and talking [2].

Face

Discoloration, red, coma, with [2/1], sudden [2]. Excoriated, lips [2]. Heavy feeling, lower lip [2; Graph.]. Pain, burning, lips, lower [2]. Swelling, lips, lower [2].

Mouth

Aphthae, children, in [2]. Heaviness, tongue [2]. Long, tongue feels too [2].

Swelling, tongue, sensation of [2]. Taste, eggs, like rotten [3].

Throat

Pain, burning, cough, after [2].

Stomach

Emptiness, hunger, without [2].

Abdomen

Cirrhosis, liver [2]. Heaviness, as from a load, stool, after [2].

Rectum

Aphthous condition of anus [2]. Diarrhoea, beer, after [2], opium, after [2].

Haemorrhoids, bluish [3], children, in [2/1], motion agg. [2], parturition agg. [2], stool, protrude during [2], touch agg. [3], urination, protrude during [2], walking agg. [3], warmth, external, amel. [2; Ars.; Sep.], wiping after stool agg. [3]. Pain, warm bathing amel. [2]. Prolapsus, diarrhoea, during [2], urination, during [3], vomiting, when [2].

Bladder

Urination, retarded, press, must, a long time before he can begin; so hard, must, to start the urine that anus protrudes [3/1].

Female genitalia

Sensitive [2].

Extremities

Coldness, fingers, night [2/1]. Motion, hands, playing, with [2/1]. Numbness, fingers, night [2]. Pain, burning, toes, tips [2]. Perspiration, foot, evening, bed, in [2].

Fever

Continued fever, abdominal [2].

Perspiration

Midnight, before [2]. Sleep, on beginning to [3].

Generalities

Weakness, fever, during [2], paralytic, sliding down in bed [3].

#### Food

Aversion: Meat [3], meat, thought or sight of [2].

Desire: Alcohol [2]; brandy [1].

Worse: Fruit [2]; beer [1]; cold drinks [1]; cold food [1].

# Nucleus

- 1. Debility. Weakness, diarrhoea and continued fever.
- Involuntary stool on urinating.
   Burning and soreness.
- 4. Bluish parts.
- 5. Thin, acrid, foul discharges.

# Naja tripudians

#### Cobra

# Region

Cerebellum. Medulla. NERVES [HEART [mitral valve]; respiration; throat]. \* Left side [ovary; temple; arm]. Right side.

#### Modalities

Worse: Lying on left side. After sleep; after menses. Air [cold; drafts]. Pressure of clothes. Alcohol. Riding in a carriage. Exertion. Talking. Walking. Night. Touch. At 3 p.m.

Better: Riding [or walking] in open air. Sneezing. Lying on right side.

# Leading symptoms

- M "Temperament completely different from Lachesis. Not the intensity, hatefulness and aggressiveness of Lach., instead there is more a personality like Pulsatilla, soft" [Morrison]. "Naja is not as subject to haemorrhage as either Lach. or Crot-h. Naja has more nervous symptoms, Lach. has more septic symptoms" [Kent].
- M Broods constantly over imaginary troubles.
- M Fear of rain.
- G Very SENSITIVE to COLD.
- G Impossible to LIE on the LEFT SIDE.
- G Constriction [throat, chest, larynx, etc.].
- G Pains, ailments extending from LEFT to RIGHT [ovarian pains, throat, joint affections].
- P Almost a specific for cardiac valvular disorders. "This is the most useful of all the remedies we have in a cardiac state with very few symptoms" [Kent].
- P Palpitations PREVENT SPEECH [on account of choking].
- P Pain as of a BLOW on OCCIPUT and NECK.
- P Pain from left OVARY to HEART.
- P Cardiac asthma or cough.
- P Pain in heart extending to nape of neck, left scapula or left shoulder.
- P "Asthma: cardiac with dyspnoea and inability to lie down, amel. sitting up; beginning with coryza; and constriction of throat" [Mathur].
- P "Nervous chronic palpitation, especially after public speaking" [Allen].
- P Puffy or sweating hands and feet and cardiac [dry, hacking] cough [agg. slight exertion].

#### Repertory

#### Mind

Anxiety, motion, amel. [1]. Delusions, injury, by his surroundings [2], suffered, fancies he has [1], superhuman, control, under, is [2], troubles, broods over imaginary [2; Ign.], wrong, has suffered [1/4]. Duality, sense of [2]. Excitement, wine, as from [1]. Play, playful [1]. Sadness, headache, during [1]. Weeping, emotion, after slight [1]. Will, two,

feels as if he had two wills [1]. Wrong, everything seems [2].

Head

Pain, menses, after [1], menses, after, cessation, on [1]; blows, as from, occiput, on [3]. Eve

Blueness, lids [1]. Pain, drawing, extending to occiput [2; Lach.].

Ear

Noises, headache, during [2], waking, on [1]; ringing, headache, during [2].

Nose

Coryza, annual, asthmatic breathing [2], annual, August, in [1], Spring, in [1]. Dryness, inside, blowing nose, compelled to, but no discharge [1]. Obstruction, day [2; Mag-c.]. Sneezing, hay asthma, with [2].

Throat

Choking, sleep, on going to [2]. Dryness, waking, on [1]. Heat, extending to stomach [1]. Inflammation, left [2], extending to right [1]. Swallow, constant disposition to, night [1/3]. Swallowing, difficult, night [1; Alum.].

Stomach

Heat, flushes of, empty, when [1/1]. Nausea, night, lying down, after [1]. Pain, air, open, amel. [1/1].

Abdomen

Emptiness, pressure amel. [1/3]. Pain, extending, back, small of [1].

Bladder

Ball, sensation of [1/3].

Female genitalia

Pain, ovaries, left, extending, right [1], uterus [1/2]; cramping, ovaries, left [2; Coloc.]; sore, vagina, coition, during [2].

Larynx

Hair in trachea, sensation of [1; Sil.]. Sensitive, larynx, cold air, to [2], touch, to [2]. Tension, larynx, bed, in [1/1]. Voice, hoarseness, night [1].

Respiration

Difficult, lying, while, on the side, left side [1]. Gasping, dozing, when [1/1]. Impeded, obstructed, stitches, in heart [2].

Cough

heart affections, with [3]. Sympathetic [3].

Chest

Fluttering, morning [1; Stry.], night [1/1], waking, on [1; Kali-i.], writing, while [1/1]. Oppression, heart, lying on left side [2]. Pain, heart, extending to left scapula [2], left hand [2], back [2], nape of neck and shoulder [2/1]. Palpitation, motion, arms, of, agg. [2], speak, unable to [3/1], talking [3], tumultuous, turning in bed [2], wine [2; Nux-v.]. Extremities

Discoloration upper limbs, mottled [1], hand, mottled [1; Lach.].

Generalities

Convulsions, epileptic, aura, heart, from [1/3]. Cyanosis, infants, in [2]. Faintness, fruit, acid, amel. [1/1]. Side, left then right [1]. Weakness, headache, from [1].

# Food

Desire: Sugar [2]; alcohol [1].

Worse: Tobacco [1].

Better: Acid fruit [1]; tobacco [1].

# Nucleus

- 1. Nervous, excited, soft. Lacks the intensity of Lach.
- 2. agg. Lying on left side.
- 3. Cardiac cases with few symptoms.
- 4. Left to right.
- 5. Sensitive to cold.

# Natrium arsenicosum

#### Arseniate of Sodium

# Region

Nerves. Blood. Gastro-intestinal tract. Liver. Urinary organs. Skin. Mucous membranes. \* Left side. Right side.

#### Modalities

Worse: COLD [air; drinks; food; winter; DAMP WEATHER]. Mental exertion. Ascending. Lying down. Pressure. Motion. Daytime. Night [nasal obstruction and chilliness].

Better: Warm air. Passing flatus. Stool.

# Leading symptoms

- \* All Natrums are hypersensitive and closed. In Nat-a. the nervousness and anxiety predominate.
- M NERVOUS. All sorts of FEARS: fear of disease, fear of impending evil, fear of something about to happen.
- M "The nervousness is revealed by their general physical restlessness. Their hands are restless, their fingers are restless, and often there is a slight twitch of their shoulder, arm or the muscles of their face during conversation" [Borland].
- G Very CHILLY; take cold easily. "Like as much warmth as they can possibly get, yet after an emotional upset, they are better in the open air" [Borland].
- G "Always worse in winter and very sensitive to DAMP cold" [Borland].
- G agg. PHYSICAL exertion.
- G agg. Daytime [2].
- G Discharges thin, STICKY and YELLOW, practically always offensive.
- G THIRST during gastric pains.
- G Hypersensitive to WARM DRINKS [even when the pain in the stomach is not present]; = burning in stomach.
- G agg. MORNING, on waking [hot head; headache; eyes seem large; lachrymation; pain in eyes; redness eyes; swollen eyes; noises in ears; earache; obstruction nose; swelling face; dryness throat; diarrhoea; paroxysmal cough; lumpy expectoration].
- G Sensation as from SMOKE [eyes, trachea, lungs].
- P Headache, especially above right eye, from TOBACCO SMOKE.
- P Wavering, floating sensation on turning the head.
- P Asthmatic attacks, especially in children, preceded by nasal catarrh, with STOPPAGE of nose [agg. at night], and attended with dryness of eyes.
- P Dull aching in forehead, above eyes, and at root of nose; on awaking in morning; and obstruction of nose.
- P "Liable to acute digestive upsets with BURNING pain in stomach and vomiting, either an acute gastritis or a gastric ulcer" [Borland]. Peculiarity: Feeling of emptiness WITHOUT a feeling of hunger, particular with the stomach conditions.

Repertory

Mind

Conscientious about trifles [1]. Delusions, neglected his duty, that he has [1], wrong, fancies he has done [1]. Dullness, walking, while, in open air amel. [1]. Reproaches, himself [1], others [1]. Restlessness, midnight, 1 a.m. [1], 3 a.m. [1]. Talk, indisposed to, headache, during [1].

Head

Motions, in head, turning head, when, quickly [1/1]. Pain, tobacco, smoking, from [3] [only remedy in bold type]; forehead, eyes, above, waking, on [1/4]; temples, sun, exposure to [1/1].

Eve

Enlargement, sensation of, morning [1/1]. Lachrymation, morning, waking, on [1; Sep.]. Pain, sunlight agg. [2], warmth amel. [2], writing, while [2]; burning, smoke, as from [1]. Vision

Dim, wiping eyes amel. [2].

Nose

Coryza, discharge, without, alternating with fluent [2]. Obstruction, morning [2], night [2]. Pain, burning, blowing, on, after blowing out thick mucus [1/5].

Face

Swelling, morning, on waking [1/5].

External throat

Coldness, in region of thyroid gland [1/1].

Stomach

Pain, burning, warm things, after [1/1]. Thirst, small quantities, for, often [2].

Rectum

Diarrhoea, cold, becoming, after [1], milk, after [3].

Respiration

Difficult, smoke, as from [1].

Cough

Smoke, sensation of, in trachea, from [1/3].

Chest

Oppression, heart, exertion, on least [2]. Pain, axilla, region of, extending down arms [2; Jug-c.]. Smoke, as if [2].

Back

Pain, dorsal region, scapulae, between, bending forward amel. [1/1].

Extremities

Crippled, toenails [2].

#### Food

Aversion: Fats and rich food [1]; meat [1]; smoking [1].

Desire: Beer [1]; bread [1]; cold drinks [1]; juicy things [1]; pickles [1]; refreshing things [1]; sweets [1].

Worse: Fat [2]; fruit [2]; milk [2]; pork [2]; warm drinks [2]; butter [1]; cold drinks [1]; cold food [1]; vinegar [1].

# Nucleus

- 1. Nervous, restless, conscientious about trifles.
- Very chilly.
   agg. Morning on waking.
   Sensation as from smoke.
- 5. Thirst during gastric pains; warm drinks = burning.

# Natrium carbonicum

#### Carbonate of Sodium

# Region

DIGESTION. Nerves. Skin. Hands [dorsae]. Heels. Ankles. Mucous membranes. \* Right side. Left side.

#### Modalities

Worse: HEAT [sun; weather [head]; sultry weather; gaslight]. Periodically; winter [body]. 5 a.m. Music. Mental exertion. Onanism. Dietetic errors. Milk. Drafts. Thunderstorm. Change of weather. Damp weather. Full moon. Alternate days. Better: Motion. Rubbing. Pressure. Eating [sinking sensation]. Scratching. Wiping with hand.

# Leading symptoms

- \* All Natrums are hypersensitive and closed. In Nat-c. the selflessness and sweetness predominate.
- M DELICACY and DIGNITY.
- M SELF-CONTAINED; independent, yet very MILD and KIND.
- M UNSELFISH. Tendency to SACRIFICE ["people who can give themselves for others"]. "Perhaps of all the remedies the most unselfish of the materia medica [like Staphisagria]. They need to give to somebody in a deep way ... will try to give without getting any recognition" [Morrison]. DEVOTION.
- M SYMPATHETIC; take care of other people without asking anything back, stay in the BACKGROUND.
- M CHEERFUL, even when sad. "Try to put on that they are cheerful, because they don't want to burden you with their sadness." "But inside there can be a great feeling of grief and suffering." May enjoy suffering in silence; "a type of sweet suffering state" [but with dignity!!].
- M Very SENSITIVE to AMBIANCE and ATMOSPHERES.
- M Withdrawal and seclusion [avoids the sight of people; "selected focus"] [result of oversensitivity]. Self-denial may lead to ESTRANGEMENT. [Delusion: DIVISION BETWEEN HIMSELF AND OTHERS 1/1]
- M Mental prostration, difficult comprehension from over-study [mental exertion].
- M Dullness amel. eating. Yet irritability and sadness after eating [due to digestive troubles].
- G OVERSENSITIVE to NOISE, MUSIC, THUNDERSTORM ["gets very nervous and hides in the cellar"], HEAT of SUN, COLDNESS, MILK, errors of diet, certain persons.
- G CHILLY, yet exposure to sun agg..
- G agg. HEAT and COLD. Heat agg. headache, blood pressure, skin, weakness. Cold agg. catarrhs, joints, digestion.
- G Heat [summer; sun] = WEAKNESS.
- G amel. RUBBING.
- G agg. APPROACH of a storm [2].

- G amel. AFTER eating [3].
- G TREMBLING with the pains [3].
- G Thirsty, especially acute thirst during gastric upsets.
- G Easy perspiration or dryness of skin.
- G Weakness of DIGESTION.
- P Weak ankles [easy dislocation and spraining].
- P Headache alternating with pain in stomach.
- P Flatulence and diarrhoea from MILK.
- P Stomach painful when TOUCHED.
- P Empty, gnawing, hungry sensation in stomach at 5 a.m.; must leave bed and have some biscuits. Emptiness and hungry feeling also at 10-11 a.m. and 10-11 p.m. [before going to sleep]. "Greedy, always nibbling" [Phatak].

### Repertory

Mind

Absorbed, morning [2]. Anxiety, music, from [2; Dig.], pains, from the [2], playing piano, while [2/1], storm, during a thunder [2]. Aversion, husband, to [2], members of family, to [2], persons, to certain [3]. Company, aversion to, amel. when alone [2]. Confusion, sun, in the [2]. Dullness, eating, after, amel. [2]. Estranged, family, from her [2]. Fear, men, of [3], music, from [2]. Grief, stomach trouble, causing [2]. Restlessness, reading, while [2]. Sadness, errors of diet [3/1]. Sensitive, sensual impressions, to [2]. Weeping, music, from [2].

Vertigo

Warm room [3].

Head

Pain, weather, warm, begins with the [3]; forehead, turning head quickly [3].

Eye

Pain, burning, stool, after [2/1].

Vision

Colors, black, spots, writing, while [2/1]. Flashes, morning in the dark, waking, on [2/1], closing the eyes, on [2]. Lightnings, waking, on [2/1].

Ear

Fullness, sensation of, eating, while [2/1].

Hearing

Acute, music, to, menses, during [2/1], noises, to, rumpling of paper [2].

Teeth

Pain, sweets, after [2].

Stomach

Emptiness, forenoon, 10 a.m. until evening [2; Mur-ac.]. Pain, touch [3]. Thirst, dinner, after [2], pains, with the [2].

Stool

Shooting out in a torrent [2/1]. Yellow, orange, like pulp of [2/1].

Urethra

Pain, urination, close of [3]; burning, stool, after [2/1], urination, close of [3].

Female genitalia

Leucorrhoea, coition, after [1/4]. Pain, bearing down, uterus, come out, as if everything

would, stool, before [2/1]. Pulsating, coition, after [2/1].

Cough

Dry, warm room, on entering a [2].

Chest

Anxiety, playing piano, while [2/1]. Palpitation, noise, from every strange [2].

Back

Pain, drawing, cervical region, menses, before [2; Nux-v.]. Tension, cervical region, menses, before [2].

**Extremities** 

Heat, hand, back of [3]. Restlessness, mental exertion amel. [2/1]. Weakness, Ankle, walking, while [2].

Perspiration

Night, alternating with dryness of skin [3; Apis]. Burning [3].

Generalities

Storm, during storm [3]. Trembling, pains, with the [3]. Weakness, heat, from, of the sun [3; Sel.], heat, from, summer, of [3], mental exertion [3], walking, from, heat of the sun, in [2; Lach.].

#### Food

Aversion: Milk [3]; coffee [1]; fats and rich food [1]; meat [1].

Desire: Beer [2]; cold drinks [2]; sweets [2]; bread [1]; delicacies [1]; fat [1]; fat + sweets [1]; potatoes [1]; tobacco [1].

Worse: Cold drinks [2]; cold drinks, when heated [2]; cold drinks, in hot weather [2]; dry food [2]; fat [2]; milk [2]; pork [2]; potatoes [2]; vegetables [2]; butter [1]; cold food [1]; farinaceous food [1]; heavy food [1]; honey [1]; pepper [1]; sour [1]; sweets [1]; vinegar [1]; tobacco [1].

Better: Tobacco [1].

#### Nucleus

- 1. Delicacy, dignity and devotion.
- 2. Unselfish and sympathetic; suffers in silence.
- 3. Oversensitive to external influences.
- 4. agg. Heat and cold.
- 5. Weakness of digestion and ankles.
- 6. Nibbling appetite. amel. After eating.

# Natrium muriaticum

Chloride of Sodium

# Region

NUTRITION [digestive tract; BRAIN; BLOOD; MUSCLES]. MIND. HEART. GLANDS [MUCOUS; spleen; liver]. Skin. \* Left side. Right side.

#### Modalities

Worse: PERIODICALLY [9-11 a.m.; with the sun; after menses; alternate days]. HEAT [sun; summer; dampness]. Exertion; eyes; mental. Violent emotions. Sympathy. Puberty. Quinine. Old malaria. Silver salts. Seashore or sea air. Crying. Lying down, especially on the left side.

Better: Open air. Cool bathing. Sweating. Rest. Before breakfast. Deep breathing. Seashore. Pressure; lying on something hard. Going without regular meals [fasting]. Lying on right side. Tight clothing.

# Leading symptoms

- \* All Natrums are hypersensitive and closed. In Nat-m. the defensiveness and resentment predominate. "Not to hurt not to be hurt" OR "To hurt not to be hurt."
- M Great VULNERABILITY easily HURT. Fear of being REJECTED.
- M Desire for SOLITUDE. DWELLS on past disagreeable occurrences; can't or won't put old grievances out of their head. Recall them again and again, especially by playing sad MUSIC. Cling to traumatic experiences ["an idea clings, prevents sleep, inspires revenge, etc." Boger]. SILENT GRIEF.
- M Very RESPONSIBLE; feeling of guilt. Sympathetic [absorb grief and problems of other people, and brood over it when alone].
- M OBJECTIVE and controlled on MENTAL level, IMMATURE on emotional level ["lack of balance may either be over-conscientious or lose all interest; over-affectionate or no interest in people around them; full of tears or afraid of nothing; will tackle everything or want someone to back them up in everything they do; weep from the slightest cause or nothing would make them weep." Borland].
- M Wall around Nat-m. may come down after alcohol or during sex. ["They may go more to the opposite of extreme; extremely talkative after alcohol; somebody who after a drink states that he loves everybody, is mostly Nat-m.; it is one of the main remedies that has the tendency to use obscenities during sex." Morrison].
- M DEFENSIVE and cautious. ["They have an appearance of self-assurance, almost of opposition. They are not the most friendly of patients and seem to be definitely on their guard. They will answer questions, usually fairly shortly, often abruptly, and do not give anything away at the beginning of the interview." Borland].
- M agg. CONSOLATION. ["Are said to have absolute intolerance of consolation; as a matter of fact they crave for consolation from the right people." Borland]."The characteristic feature which distinguishes the frame of mind of Nat-m. can be recognized as the emotional conflict of the integration of his personality. He is always placed upon his own resources, either deliberately, as he repels every attempt of sympathy and

companionship or involuntarily, through the loss of the beloved person on whom he used to rely emotionally. This state of isolation and loneliness is accentuated by the fact that love, sympathy and communion with others are longed for; yet an inner command, as it were, forbids their acceptance [emotional, hysterical, full of tears, craves sympathy, hidden grief, crying in secrecy, etc.] and urges him on to find the source of strength within himself. This separative urge is greater than his emotional longing for connectedness, he is torn by inner strife ... The experience of separation and of loneliness has to be passed through as a stage in finding one's self" [Whitmont].

- G Mainly WARM; can be chilly.
- G agg. HEAT, especially heat of SUN.
- G Strong craving for SALT.
- G SEASIDE agg. or amel..
- G Great THIRST; for cold drinks.
- G agg. 10 A.M.
- G Pains appear and disappear GRADUALLY [2].
- G amel. After perspiration [3].
- G Discharges "like white of egg".
- P HEADACHES [pathological centre]; hammering, bursting, maddening; over eyes; on awaking; and partial numbness or disturbed vision; agg. reading, agg. motion, even of eyes, agg. light, agg. noise, agg. reading, agg. sun, agg. menses, agg. 10 a.m. to 3 p.m.; amel. lying in dark room, amel. pressure on eyes.
- P Herpes labialis.
- P Dryness of vagina.
- P Mapped tongue.
- P Lachrymation in wind; during cough; when laughing.
- P Deep crack in middle of lower lip.
- P Skin of face oily.
- P Backache amel. lying on something hard; amel. hard pressure.
- P Bellyache amel. tight clothing.

### Repertory

Mind

Ailments, mental symptoms from, disappointment, old [4], from grief, cannot cry [3]. Anxiety, hurry, with [3/1]. Company, aversion to, presence of people intolerable to her, urination, during [4]. Delusions, pitied on account of his misfortune and he wept, he is [2/1]. Mannish habits of girls [2]. Sadness, canine hunger, with [2/1]. Solitude, fond of [3/1]. Somnambulism, strike sleepers, from vengeance, to [3; Nit-ac.]. Thoughts, persistent, unpleasant subjects, haunted by [3]. Weeping, past events, thinking of [2], pitied, if he believes he is [2/1].

Vertigo

Chronic, one-sided headache [2/1]. Coffee, after [3]. Pregnancy, during [3].

Heaviness, occiput, draws lids together [3/1]. Pain, hammering, morning [3/1], laughing, from [2]. Pulsating, hammers, as if from little, awakens every morning [2; Psor.], perspiration amel. [2; Ars.].

Eye

Close, spasmodic closure, headache, with [2]. Drawn together, sensation of [3].

Heaviness, menses, before [2; Lac-d.]. Twitching, lids, menses, before [2/1].

Vision

Zigzags [3].

Nose

Discharge, albuminous [3], white, white of eggs, like [3; Aur.].

Face

Eruptions, vesicles, mouth, around [3], nose, wings [3].

Stomach

Eructations, sweetish, menses, before [2/1]. Nausea, salt, on thinking of [2/1]. Pain, cramping, clothing, tight, amel. [2; Cupr.].

Bladder

Constriction, urination, after [2; Cub.]. Cramp in, urination, after [2; Caust.].

Urethra

Pain, burning, menses, during [2/1].

Urine

Milky, menses, after [2/1].

Female genitalia

Pain, burning, uterus, menses, before [2]. Prolapsus, uterus, morning [3].

Chest

Palpitation, menses, after [2], noise, from every strange [3], unrequited affections, from [3].

Back

Pain, stitching, lumbar region, menses, before [2/1], extending to uterus [2/1].

**Extremities** 

Chapped, fingers [3/1], about the nails [3/1]. Restlessness, foot, walking amel. [2/1]. Trembling, menses, before [2].

Sleep

Disturbed, dreams, by, noon, siesta, during [3/1]. Dreams, anxious, weeping during sleep, with [2/1], menses, during [2], robbers, and cannot sleep until the house is searched [3; Sanic.], robbers, being pursued by, menses, during [2/1], thirsty [3].

Skin

Eruptions, overheated, from being [3].

Generalities

Faintness, crowded room, in a [2], warm room [2].

#### Food

Aversion: Bread [3]; chicken [3]; coffee [2]; fats and rich food [2]; honey [2]; meat [2]; milk [2]; oil [2]; salt food [2]; slimy food [2]; tobacco [2]; vegetables [2]; water [2]; beans [1]; beer [1]; fish [1]; smoking [1]; water, cold [1]; wine [1].

Desire: Salty things [3]; beer [2]; bitter drinks [2]; bitter food [2]; bread [2]; farinaceous food [2]; fish [2]; fish, salty [2]; milk [2]; oysters [2]; pepper [2]; sauerkraut [2]; sour [2]; vinegar [2]; chocolate [1]; coffee [1]; cold drinks [1]; cold food [1]; fruit [1]; lemons [1]; liquid food [1]; meat [1]; salt + sweets [1]; soups, warm [1]; sweets [1]; wine [1].

Worse: Farinaceous food [3]; bread [2]; coffee, smell of [2]; cucumber [2]; milk [2]; olive oil [2]; pork [2]; tobacco [2]; beans and peas [1]; black bread [1]; bread and butter [1]; butter [1]; cabbage [1]; coffee [1]; cold food [1]; fat [1]; food that causes flatulence [1]; hot food [1]; onions [1]; rich food [1]; sauerkraut [1]; sour [1]; vinegar [1]; warm food [1].

Better: Hot food [2].

#### Nucleus

- 1. Defensive, closed, cautious. Wall around them.
- 2. Dwells on past disagreeable occurrences. Silent grief.
- 3. Desire for salt.
- 4. agg. Heat, especially heat of sun.
- 5. Seaside agg. or amel..
- 6. Discharges like white of egg. Herpetic eruptions.

# Natrium phosphoricum

# Phosphate of Sodium

# Region

Occiput. Mucous membranes. Duodenum. Bile ducts. Mesentery. Genitals. Nerves. Stomach. Intestines.

#### Modalities

Worse: Sugar. Children. Milk. Mental exertion. Thunderstorm. Gaslight. Drafts.

Morning and night. Emissions. During menses.

Better: Cold. Open air. Pressure.

# Leading symptoms

- \* All Natrums are hypersensitive and closed. In Nat-p. the fears and refinement predominate.
- M Too CLOSED for Phosphorus, yet too FEARFUL for Natrum muriaticum [Ghegas].
- M "The most refined of the Natrums, which are very refined people in general" [Morrison].
- M "A little discontented; irritable on interference; often very impatient of advice, not of criticism like the other Natrums, but of friendly advice; rather restless and fidgety in spite of their weariness."
- M State of tension agg. any mental effort, or effort of concentration.
- G Great craving for FRIED food [eggs, fish].
- G SOURNESS; eructations, vomitus, stomach, stools, leucorrhoea, expectoration, sweats, etc. Acidity; "overfed [with milk and sugar] children."
- G agg. SOUR food. agg. Vinegar [2].
- G Deep YELLOW discharges. Yellow creamy coat on base of TONGUE.
- G Undue STIFFNESS after moderate exertion [caused by an excess of lactic acid in muscles].
- G Thunderstorm agg. pains; = trembling and palpitation. HEADACHE DURING THUNDERSTORM.
- G agg. EMISSIONS.
- G NERVOUS WEAKNESS [3].
- P Itching; nose, about mouth and anus. Worms. Child picks nose.
- P Pale face, FLUSHING easily. Or red on alternate sides [Ferr-p.].
- P Itching eruptions about joints, agg. ankles.
- P Alternate joint and heart pains [Boger]. "When big toe pain, heart pains are amel." [Clarke].
- P Nocturnal emissions, agg. lying on the back.
- P Urging to stool or to urinate after COITION.

# Repertory

Mind

Delusions, footsteps, hears [1], footsteps, hears, in next room [1/1], furniture, imagines it

to be persons, night on waking [1/1]. Forgetful, sexual excesses, after [2]. Indifference, loved ones, to [1]. Sadness, masturbation, from [1], music, from [1]. Starting, electric, as if, shocks through the body while wide awake [1; Mag-m.].

Head

Fullness, mental exertion, from [2]. Pain, menses, after [2], thunderstorms, during [2/1].

Pain, pressing, menses, during [1]. Dim, coition, after [1].

Ear

Itching, scratching, must scratch until it bleeds [1].

Nose

Discharge, yellow, posterior nares, from [2]. Odours, offensive, morning [1].

Mouth

Discoloration, tongue, yellow, base [3], tongue, yellow, golden yellow [2/1]. Hair, tongue [1], tip [1; Sil.].

Stomach

Disordered, fat food, after [2], milk, after [1]. Heaviness, menses, during [1; Zinc.].

Nausea, urinating amel. [1/1]. Vomiting, sour, headache, during [2].

Abdomen

Weakness, sense of, stool, after [2].

Rectum

Involuntary stool, flatus, on passing [3]. Itching, warm bed, in [2]. Urging, coition, after [1/1].

Bladder

Urging, night, coition, after [2/1].

Urethra

Pain, burning, coition, after [1].

Male genitalia

Pain, spermatic cords, emission, after [2/1]. Seminal discharge, emissions, nightly, night, every [3], nightly, coition, after [2].

Female genitalia

Leucorrhoea, cream-like [2], offensive, sour [2; Hep.].

Respiration

Sighing, menses, during [1/1].

Chest

Bubble starts from heart and passes through the arteries [1/1]. Palpitation, thunderstorm [2; Phos.]. Trembling, heart, ascending steps [2/1].

Back

Pain, sexual excesses [2]. Weakness, lumbar region, emissions, after [2].

**Extremities** 

Coldness, foot, daytime, during menses [1/1], menses, during [1].

Sleep

Restless, menses, during [1], menses, after [1/1].

Generalities

Convulsions, emission of semen, during [2]. Heat, flushes of, menses, during [1/1].

Lassitude, warm weather [1/1]. Storm, during storm [1].

Trembling, thunderstorm [1]. Weakness, storm, thunderstorm, during [1], warm weather

## Food

Aversion: Bread [2]; cold drinks [2]; bread and butter [1]; meat [1]; milk [1]; sour [1]. Desire: Cold drinks [2]; alcoholic drinks [1]; beer [1]; eggs [1]; eggs, boiled, soft [1]; fish [1]; fried eggs [1]; fried fish [1/1]; pungent things [1]. Worse: Fat [2]; milk [2]; sour [2]; sugar [2]; vinegar [2]; bitter food [1]; butter [1]; cold drinks [1]; cold food [1]; fruit [1].

## Nucleus

- 1. Too closed for Phos., too fearful for Nat-m.
- 2. Craving for fried food [fish, eggs], strong-tasting things.
- 3. Sourness. agg. Sour food.
- 4. Yellow discharges.
- 5. Stiffness after moderate exertion.
- 6. Nightly emissions. agg. Emissions.

# Natrium sulphuricum

Sulphate of Sodium

# Region

OCCIPUT. Glands [LIVER; bile; pancreas; intestinal; descending colon]. Chest [left; lower]. \* Left side. Right side.

#### Modalities

Worse: DAMP [weather; night air; cellars]. Lying on left side. Injuries; head; spine.

Lifting. Touch. Pressure. Late evening. Wind. Light. WARM WET weather. Spring. Cold food and drinks [diarrhoea]. Morning. Lying on the back.

Better: Open air. Change of position. Passing flatus. Dry weather; dry hot weather. After breakfast. Sitting up. Pressure.

#### Leading symptoms

- \* All Natrums are hypersensitive and closed. Nat-s. is the least sensitive and most closed.
- M Systematic worker. Down to earth. Strong sense of DUTY and RESPONSIBILITY.
- M Emotions not involved in life; not impulsive, not spontaneous; sees both sides and brings them together.
- M OBJECTIVE; realistic; always adhere to matters of fact. [Nat-s is in NONE of the delusion rubrics!!]
- M Only moved to tears by MUSIC; soft light.
- M MENTAL CHANGES arising from INJURIES to the head [sadness, irritability, confusion, weakness of memory].
- M Sadness and SUICIDAL DISPOSITION ["must use self-control to prevent shooting himself"].
- G WARM-BLOODED.
- G amel. OPEN AIR [3].
- G agg. MOISTURE [cold wet weather; spring, Autumn; foggy weather; warm wet weather; bathing; getting wet; wet rooms; cellars; residence near standing water; watery foods].
- G agg. 4-5 A.M.; morning on waking.
- G PROFUSE, YELLOW, watery discharges, or THICK, yellow-green and purulent.
- G Chronic physical problems arising from INJURIES to the head [epilepsy, tinnitus aurium, vertigo].
- G Desire for or aversion to YOGHURT.
- P HEADACHE and photophobia and salivation.
- P Rumbling, gurgling in bowels, then sudden gushing, noisy, spluttering stool; morning after rising.
- P One of the main remedies for ASTHMATIC complaints [with rattling] from DAMPNESS.
- P Asthma and looseness of bowels at each attack.
- P Second target organ is the LIVER [acute or chronic hepatitis; gallstones; bitter

eructations; colics; jaundice].

P - Skin affections every spring.

Repertory

Mind

Ailments, from injuries, accidents, mental symptoms from [3]. Cheerful, stools, after [3]. Confusion, injury to head, after [3/1], stool amel. [2]. Fastidious [2]. Fear, noise, from [2]. Injure, fears to be left alone, lest he should, himself [2]. Kill, desire to, sudden impulse to, herself [2]. Loathing life, at, must restrain herself to prevent doing herself injury [3/1]. Sadness, music, from [2]. Weeping, air, in open, amel. [2].

Vertigo

Injuries on head, after [2].

Head

Heat, vertex, menses, during [2; Sulph.], thinking, while [2/1]. Pain, injuries, after mechanical [3], summer [2]; pressing, vertex, menses, during [2]; sore, bruised, wet weather, during [2].

Eye

Photophobia, morning [2], chronic [2], headache, during [3].

Ear

Pain, damp weather [2], warm room, in [2], warm room, in, entering from cold air, agg. [2/1]. Stopped sensation, valve, as if by a [2].

Hearing

Acute, noises, to, rumpling of paper [2].

Nose

Discharge, greenish, on exposure to light [2/1]; thick, posterior nares, from [2]; yellow, posterior nares, from [2]. Epistaxis, menses, before [2], menses, during [2]. Itching, wings [2]. Sneezing, hay asthma, with [2].

Mouth

Salivation, headache, during [2]. Sensitive, touch, to [2; Hep.]. Taste, wanting, loss of taste, morning [2].

Stomach

Distention, eructations amel. [2]. Eructations, bitter, eating, after [2], bitter, food comes up [2; Lyc.]. Fullness, sensation of, oppression of breathing, with [2]. Vomiting, bile, vexation, after [2/1].

Abdomen

Inflammation, liver, chronic [3]. Pain, liver, breathing, on [2], jarring agg. [2], lying, left side agg. [2], lying, right side amel. [2], vexation, after [2], walking, while [2]; sides, right, flatulence, from [3; Colch.], pressure amel. [3]; cramping, kneading abdomen amel. [2/1]; pressing, sides, kneading amel. [3/1].

Rectum

Diarrhoea, morning, rising, after, and moving about [3], cold drinks, after, summer, in [2], jaundice, during [2], menses, before [2]. Flatus, loud, stool, sputtering [3], stool, urging for stool, but only flatus is passed [3].

Respiration

Difficult, flatulence, from [2], menses, before [2], open, wants doors and windows [2], stormy weather [2].

Chest

Fluttering, air, open, amel. [3].

Back

Pain, sacral region, urine, on retaining [2/1].

**Extremities** 

Pain, lower limbs, sciatica, turning in bed agg. [2/1]; hip, stooping, on [2], turning in bed [2].

Chill

Exposure, after, rains, during [3], seashore, residing at [2; Nat-m.], swamps [3], tropical countries [3].

Generalities

Convulsions, injuries, from [2]. Heat, flushes of, evening [2]. Weather, change of weather agg., cold to warm [2].

#### Food

Aversion: Beer [2]; bread [2]; milk [2]; yoghurt [2]; meat [1]; smoking [1]; starchy food [1].

Desire: Cold drinks [3]; beer [2]; fish, salty [2]; yoghurt [2]; ice [1]; milk, boiled [1]; sour, after headache [1/1].

Worse: Farinaceous food [3]; fruit [3]; vegetables [3]; cabbage [2]; coffee [2]; cold food [2]; hot food [2]; milk [2]; potatoes [2]; rich food [2]; starchy food [1].

#### Nucleus

- 1. Objective, realistic; no delusions. Sadness and suicidal tendency.
- 2. Warm-blooded.
- 3. agg. Dampness.
- 4. agg. Morning after rising; 4-5 a.m.
- 5. Main target organs: lungs and liver.
- 6. Profuse discharges, thin or thick, yellow or yellowish green.

# Nitricum acidum

#### Nitric Acid

# Region

MARGINS OF OUTLETS [throat; anus; mouth]. GLANDS [liver; prostate; salivary]. Tubular organs. Blood. Skin. Bones. \* Left side. Right side.

#### Modalities

Worse: Slight [TOUCH; JARRING; rattle of wagons; noise]. Motion. Mercury. COLD [air; dampness]. Night; watching. Change of weather, or temperature. Mental exertion, or shock. Hot weather. During sweat. Walking. Cold and heat. Milk. On waking. Better: Gliding motions. Mild weather. Steady pressure. Riding in carriage. Warm covering. Hot applications.

# Leading symptoms

- M Inner uneasiness. BASIC DISSATISFACTION. DISCONTENTED with HIMSELF ANGER about his MISTAKES [discouraged, with cursing [1/1]]. Never cheerful. Restlessness arising from dissatisfaction. Restlessness unbearable for SURROUNDINGS.
- M Oversensitive to all EXTERNAL IMPRESSIONS.
- M Very SELFISH self-absorbed [on account of inner uneasiness and despair fear of a process [2], delusion has offended people [1], delusion being engaged in a lawsuit 2/1]. Difficult CONTACT with other people; poor emotional relationships.
- M FEAR of death. ANXIETY about HEALTH. Lamenting and complaining [own complaints always WORSE than those of other people; want help immediately].
- M DWELLS on past disagreeable occurrences [recalls disagreeable memories]. Hatred of persons who had offended him. RESENTMENT, BITTER feelings, hatred UNMOVED by APOLOGIES. REVENGEFUL. ACCUSES other people, but "pities herself".
- M BAD-TEMPERED, gloomy and taciturn first hours after WAKING.
- M Violent ANGER. CURSING, quarrelsome, abusive.
- M Broken by long suffering [e.g. from long-lasting anxiety, from nursing the sick, from the loss of a dear friend, from loss of sleep].
- G VERY CHILLY.
- G agg. OPEN AIR [3]. agg. Cold in general [3].
- G agg. NIGHT; after 2 a.m.
- G SPLINTER-like pains; agg. TOUCH.
- G Discharges EXCORIATING, foul, thin; staining linen brown.
- G OFFENSIVENESS [stool, urine, perspiration, saliva].
- G Pains appear and disappear SUDDENLY [3].
- G Fissures, cracks, ulcers. WARTS.
- G Desire for FAT and SALT.
- G agg. MILK [3].
- G amel. RIDING in a wagon or on the cars [e.g. headache, impaired hearing, nausea,

diarrhoea, palpitation of heart; convulsions].

- P Prolonged pain after stool [anal fissures!].
- P Offensive, excoriating foot sweat.
- P Severe acne. Tendency to comedones and boils.
- P Itching of vagina after coition.

#### Repertory

Mind

Abrupt [2]. Anger, trembling, with [2]. Anxiety, menses, before [2], night watching, from [3], sleep, loss of [2; Cocc.], storm, during a thunder [2]. Discontented, weeping amel. [2]. Excitement, debate, during [2; Caust.]. Frightened easily, falling asleep, on [2]. Irritability, consolation agg. [2]. Restlessness, midnight, after [2]. Sensitive, noise, to, steps, of [2], voices [2], water splashing [3]. Thoughts, tormenting [2].

Vertigo

Morning, lie down, compelled to [2; Puls.]. Sleepiness, with [2].

Head

Pain, noise, from, rattling of vehicles [3; Ther.], riding in a carriage amel. [2], riding in a carriage, noise and jarring of, agg. [3/1]; occiput, pressure of hat agg. [2], shaking head [2], touch, the hair agg. [2].

Eye

Opening the lids, difficult, morning [2]. Pain, burning, menses, during [2], margins of lids, morning [2]. Paralysis, lids, upper, morning [2/1].

Ear

Noises, reverberating, own voice [2]. Pain, sore throat, with [3].

Hearing

Impaired, enlarged tonsils [2].

Nose

Coryza, croup, with [2]. Discharge, excoriating, night [3/1]. Epistaxis, weeping, while [2/1]. Pain, sneezing, on [2/1]; splinter-like, on touch [2; Sil.]. Sneezing, sleep, during [2].

Face

Distortion, swallowing, when [3/1]. Eruptions, comedones, nose [2]. Heat, lips [2]. Itching, lips [2].

Mouth

Odour, sickening [2]. Speech, wanting, uterine displacement [2/1].

Swelling, gums, menses, during [2/1].

Stomach

Disordered, milk, after [3]. Eructations, menses, during [2]. Nausea, milk, after [3].

Abdomen

Eruptions, boils, inguinal region [2].

Rectum

Constipation, painful [3]. Excoriation, stools, from the [3]. Pain, burning, urination, after [2/1].

Urine

Odour, offensive, acrid, pungent, menses, during [2/1], horse's urine, like [3].

Female genitalia

Itching, walking agg. [3]; vagina, coition, after [3; Agar.].

Back

Eruptions, boils, Scapular region [2]. Pain, lying, while, abdomen, on, amel. [2]; lumbar region, menses, beginning, at the [2]. Perspiration, menses, before [2/1].

**Extremities** 

Cracked skin, hands, deep and bleeding [3]. Perspiration, hand, copious [2], injuries of the spine [3/1]; foot, night [2], excoriating [2], injuries of spine, in [3/1]. Pain, fingers, nails, under the nails, splinters, as from [3]; sore, thigh, menses, during [2].

Sleep

Sleeplessness, midnight, after, after 2 a.m. [3], coldness, from, of feet [2], shocks, from [2].

Perspiration

Odour, urine, like [3], urine, like, horses [3/1]. Uncovering amel. [2].

Skin

Cicatrices, painful, become, on change of weather [2; Carb-an.]. Warts, bleeding [2], itching [2], jagged [3], large [3], moist [3], pedunculated [3], soft [3].

Generalities

Orgasm of blood, nervousness, from [2]. Trembling, menses, during [2]. Weakness, nursing the sick, from [2]. Weariness, menses, during [2].

#### Food

Aversion: Cheese [3]; bread [2]; cheese, strong [2]; drinks [2]; meat [2]; eggs [1]; fats and rich food [1]; meat, boiled [1]; meat, sight and smell of [1]; sweets [1].

Desire: Fat [3]; herring [3]; lime [3]; salt [3]; cheese [2]; fish [2]; indigestible things [2]; lemonade [2] [especially drinks with carbonic acid]; sweets [2]; bread [1]; butter [1]; charcoal [1]; fat + salt [1]; starch [1].

Worse: Milk [3]; bread [2]; bread and butter [2]; cold food [2]; fat [2]; rich food [2]; warm food [2]; black bread [1]; butter [1]; coffee [1]; dry food [1].

Better; Hot food [1].

#### Nucleus

- 1. Restless and dissatisfied. Selfish, bitter, accusing, unmoved by apologies.
- 2. Anxiety about health; fear of death.
- 3. Very chilly.
- 4. Splinter-like pains.
- 5. Offensive, excoriating discharges.
- 6. Desires fat and salt.

# Nux moschata

## Nutmeg

#### Region

SENSORIUM. Mind. NERVES. FEMALE ORGANS. Digestion. Mouth. Children and old women. \* Right side. Left side.

#### Modalities

Worse: Cold [bath; damp; drafts; wind; fogs; feet; food; water]. Pregnancy. Change of seasons. EMOTIONS. MENSTRUATION. Jar. Bruises. Slight causes. Mental exertion or shock. Lying on painful side. Spirituous liquors. After eating or drinking.

Better: Moist heat. Warm room. Dry weather. Wrapping up warmly. External heat.

# Leading symptoms

- M ALTERNATING moods; "laugh or cry by turns".
- M DREAMY, clairvoyant state. SPACED OUT; fights to stay awake. "Sense of impending dissolution" [Phatak]. Talks loudly to herself. DAYDREAMING.
- M CONFUSION; absent-minded. VANISHING of thoughts on reading [2], while speaking [2], while writing [3].
- M Delusions: thinks everything changed [2], floating in the air [2], everything is strange [2], as if in dream [2]. "She performs all her duties and yet seems to be in a dream."
- M Clairvoyant state [2]; prophesying [1/7]. "Accurately answers questions quite OUT OF HER SPHERE, and on returning to consciousness knows nothing about it." [A medium?]
- G Very CHILLY.
- G agg. OPEN AIR [3]. agg. COLD air [3]. amel. WARM bed [3].
- G agg. Getting WET [2]. agg. FEET getting wet [2].
- G DRYNESS, DROWSINESS and DIZZINESS.
- G NO THIRST.
- G Ailments after mental shocks, grief [e.g. death of a beloved person], disappointed love, apoplexy.
- G Almost every condition [physical or mental] and OVERPOWERING DROWSINESS.
- G FAINTING [pains, sight of blood, in a crowded room, after emotions, after excitement, before or during menses, from odours, during palpitation].
- G MENTAL and physical affections DURING PREGNANCY: complete CHANGE of the personality: anger during pregnancy [2/1], excitement [2/7], fear [2/8], sadness [1/6], unconsciousness [2/4], difficult concentration, confusion [2/1]; cough during pregnancy [2/11], toothache [2], fainting fits [2], fullness stomach [2], nausea [2], vomiting [3], waterbrash [2], diarrhoea [2], coldness skin [2/1], sleepiness [2/3], even menses [2].
- P Enormous BLOATING all food turns to gas.
- P Tremendous CONSTIPATION, even for soft stool; stool must be mechanically removed.

- P [Sensation of] DRYNESS of MOUTH and THROAT; tongue sticks to roof of mouth; yet NO THIRST; agg. sleep; agg. during menses.
- P Dryness of eyes; too dry to close eyes.
- P Easy satiety; eating a little too much = headache [3].
- P Hoarseness when walking against the wind [3].
- P Head seems to expand, too large, bursting, amel. hard pressure.

## Repertory

Mind

Answers, reflects long [2], Childish behavior [2]. Confusion, walking, open air, in [3]. Delusions, double, of being [2]. Gestures, ridiculous or foolish, standing on the street, while [2/1]. Held on to, to be, desires [2]. Laughing, air, in open [2], everything seems ludicrous [2], menses, before [2; Hyos.]. Starting, electric, as if, during sleep [2], recovering consciousness [2]. Time, passes too slowly [2].

Vertigo

Floating, as if [2]. Suspension of the senses [2].

Head

Expanded sensation, forehead [2/1]. Falling of head, forward, sitting, while [2].

Looseness of brain, sensation of, hot weather, during [2/1], shaking the head [2]. Pain, eating, after, overeating, after [3], weather, cloudy [2].

Eye

Pain, dark amel. [2]. Strabismus, emotions, fear agg. [2]. Tension, around eyes [2].

Vision

Distant, objects seem [2]. Nearer, objects seem, to each other [2/1].

Hearing

Distant, sounds seem [1].

Mouth

Adheres, tongue, to roof of mouth [3]. Dryness, menses, during [3; Cedr.], sensation of [3]; tongue, night [3]. Saliva, cotton, like [2]. Salivation, menses,

during [2]. Sticky, viscid, tongue [3].

Teeth

Pain, toothache, concussion, from [2; Arn.].

Throat

Dryness, waking, on [3].

Stomach

Disordered, mental exertion [2]. Distention, contradiction, after [2/1]. Pain, menses, before [2]; pressing, menses, before [2/1].

Abdomen

Distention, mental exertion, from [2; Hep.]. Tension, menses, during [3].

Rectum

Diarrhoea, cold drinks, after, in summer [3], heat, moist external amel. [2/1], milk, boiled, after [2].

Female genitalia

Menses, suppressed, exertion, from [2; Cycl.].

Respiration

Accelerated, headache, during [3/1]. Anxious, headache, during [3/1]. Difficult, water,

when standing in [2/1].

Chest

Atrophy, mammae [2]. Emaciation, mammae [2; Coff.]. Heat, heart, in region of, flushes of [2], extending over body [2; Ars.]. Oppression, sleep, falling asleep, on [2/1]. Pain, night, falling asleep, on [2/1]. Palpitation, walking, amel. [2]. Perspiration, axilla, red [3]; mammae, between, fetid [2/1]. Retraction of nipples [2].

Back

Tension, cervical region, cold damp air [2/1].

Extremities

Blood, rush of to, hands [2]. Coldness, foot, menses, before [2], menses, during [2]; soles, menses, during [2].

Sleep

Deep, menses, during [3]. Sleepiness, stool, after [2].

Generalities

Convulsions, forcibly aroused from a trance, when [2/1].

Faintness, palpitation, during [3], standing, while, in church during menses [2].

#### Food

Desire: Brandy [2]; coffee [2]; alcohol [1]; highly seasoned food [1].

Worse: Alcohol [2]; cold drinks [2]; cold food [2]; wine [2]; beer [1]; hot food [1]; milk

[1] [= diarrhoea, especially boiled milk]; warm food [1]; water [1].

Better: Hot food [2]; warm drinks [2]; spices [1].

#### Nucleus

- 1. Dreamy, confused, drowsy.
- 2. Overpowering sleepiness.
- 3. agg. During pregnancy [mental and physical affections; complete change of personality].
- 4. Chilliness.
- 5. Sensation of extreme dryness of mouth and throat, yet no thirst.
- 6. Tremendous bloating and constipation.

# Nux vomica

#### Poison-nut

### Region

MIND. Cerebro-spinal axis. NERVES. DIGESTIVE ORGANS [STOMACH; LIVER; bowels]. RESPIRATORY ORGANS. Male brunettes. \* RIGHT SIDE. Left side.

#### Modalities

Worse: EARLY MORNING [4 a.m. ]. COLD [OPEN AIR [dry]; drafts; seats; wind; UNCOVERING]. HIGH LIVING [COFFEE; condiments; liquor; drugs; debauchery; purgatives]. Sedentary habits. Overeating. Mental [exertion; fatigue; vexation]. Disturbed sleep. SLIGHT CAUSES [anger; noise; odours; light; touch; PRESSURE [of clothes, agg. waist].

Better: FREE DISCHARGES. Naps. Wrapping head. Rest. Hot drinks. Milk. Moist air. In evening. Warm room. Covering. After stool. Flatus. Warmth. Loosening the garments.

# Leading symptoms

- M STRONG inner URGE [to achieve; to have it his own way]. Aversion to RESTRICTIONS.
- M AMBITIOUS [wants to be the best; often two jobs; ailments from disappointed ambition]. RULED by their GOAL. FANATIC [zealous]. CRAMPED STATE; can't relax.
- M INDEPENDENT [fear of marriage; fear of intimacy].
- M FASTIDIOUS. FAULT-FINDING. REPROACHING OTHERS.
- M IRRITABLE [may be hidden inside] and IMPATIENT [hate to wait in queues; driving in traffic with cursing, hooting etc.]. Time URGES [don't want to waste time].
- M OVERSENSITIVE to all EXTERNAL IMPRESSIONS.
- M OUARRELSOME, even to VIOLENCE.
- M JEALOUS [Abusive, husband insulting wife before children].
- G Confused cases, either by allopathic or homeopathic treatment, with only marked IRRITABILITY.
- G Very CHILLY. agg. Open air [3]. agg. Cold in general [3].
- G WAKING at 3-4 A.M. with activity of mind, rush of ideas.
- G agg. Lying on the BACK [3]. amel. Lying on either SIDE [3].
- G agg. MOTION [3]. amel. While SITTING [3].
- G Characteristic Sleep: "Wakes too early; is clear-headed and can't sleep again; finally sleeps, but on waking feels MISERABLE." Very IRRITABLE on WAKING.
- G Ailments from LOSS of SLEEP.
- ${\rm G}$  Craving for STIMULANTS [especially coffee and wine]. Needs COFFEE to work, and ALCOHOL to sleep.
- G High SEX DRIVE.
- G INEFFECTUAL URGING [to stool (constipation), to urinate (cystitis), to belch, to sneeze, to vomit]. Sensation as if NOT FINISHED [as in their work]. Pains [head,

stomach, abdomen, back, parturition] and urging for stool.

- G amel. FREE DISCHARGES.
- G CRAMPS. CRAMPED STATE. SPASMS. Jerks. Twisting. Tense feeling.
- G Pains amel. HEAT [stomach, bladder, abdomen].
- G agg. TIGHT clothing [aversion to restrictions].
- G Indolence [mental and physical] after MEALS.
- G Pathological centres: gastro-intestinal disturbances, headaches, vertigo.
- P Coryza while eating.
- P Hay fever; wakes sneezing, agg. inside, amel. outside. agg. Odour of flowers.
- P COLDS extend to chest. STOPPAGE of nose at night.
- P Convulsions of children from nursing, after a fit of anger in the mother.
- P Palpitation from incarcerated flatus.

#### Repertory

Mind

Anger, morning [2], answer, when obliged to [3], interruption, from [2]. Anxiety, night, midnight, after [3], clothing, must loosen, and open window [2], flatus, from [2; Coff.]. Confusion, spirituous liquors, from [3]. Deceitful [3]. Delusions, mutilated bodies, sees [2]. Fear, opinion of others, of [3; Puls.]. Ideas, abundant, evening, bed, in [3]. Jealousy, strikes his wife [2]. Kill, desire to, sudden impulse to, for a slight offence [2]. Libertinism [2]. Scorn [3]. Senses, acute [3]. Sensitive, light [3], noise, to, slightest [3], voices [3]. Suicidal disposition, lacks courage, but [3], pains, from [2].

Vertigo

Night, waking him from sleep [3/1]. Alcoholic liquors [3]. Chronic [2]. Coffee, after [2]. Objects, seem to turn in a circle, room whirls [3]. Odour of flowers [3]. Smoking, from [3]. Walking, eating, after [2]. Watching and loss of sleep [3; Cocc.].

Head

Pain, morning, rising, on, amel. [3], waking, on, first opening the eyes, on [2], intoxication, after [3]; occiput, morning, bed, in [2], warm wrapping up amel. [2]. Eve

Close, difficult [3]. Pain, headache, during, in occiput [3/1]; burning, canthi, inner, morning [3; Calc-s.]. Photophobia, morning [3]. Tension, around the eyes [2].

Vision

Accommodation, over-exertion [2/1]. Loss of vision, vertigo, during [3].

Nose

Coryza, air, open, amel. [3], chilliness, with [3], discharge, with, daytime [3], discharge, with, morning [3], discharge, with, morning, rising, after [3], discharge, without, night [3], discharge, without, night, fluent during the day [3], eating, after [3]. Odours, putrid, food and milk smell [2; Par.]. Sneezing, morning, bed, in [3].

Face

Discoloration, bluish, angry, when [3]. Heat, coryza, during [3].

Throat

Pain, rawness, cold air, drawing [3; Bufo].

Stomach

Distention, morning [3/1]. Eructations, difficult [2]. Heartburn, morning, before breakfast [2/1]. Nausea, morning, bed, in [3], abdomen, during pain in [3], inability to

vomit [2/1], salivation, with [2]. Pain, warm applications amel. [2], warm drinks amel. [3]; cramping, coffee drinkers, in [2], stool, causing urging to [3/1]. Vomiting, palpitation, with [3].

Abdomen

Pain, cold, becoming, from [3], stool, urging, during [2].

Rectum

Constipation, constant desire [3], drugs, after abuse of [3], sedentary habits, from [3], travelling, while [2]. Diarrhoea, air, cold, on abdomen, currents of [3], alcoholic drinks, after [3], warmth of bed amel. [2]. Urging, urination, during [3].

Bladder

Urging, ineffectual, stool, with urging to [2], painful, urging to stool, with [3]. Urination, involuntary, laughing [2].

Female genitalia

Pain, labor pains, stool, causing urging to [3].

Cough

Rising, before [3]. Violent, morning, early, bed, in [3]. Warm fluids amel. [3].

Chest

Palpitation, coffee, after [3], excitement, after, sudden [2].

Back

Pain, midnight, 4 a.m., driving him out of bed [2/1], turning, in bed, must sit up to turn over [3; Kali-p.], warmth, external, amel. [2]; sacral region, stool, with urging to [3]; broken, as if, stool, before [2/1].

Extremities

Pain, joints, morning, bed, in [3]; lower limbs, cold, becoming [3], warmth of bed amel. [3]. Paralysis, lower limbs, apoplexy, after [3].

Sleep

Falling asleep, evening, sitting, while [3]. Unrefreshing, morning [2].

Waking, 3 a.m. [3], 3 to 4 a.m. [2].

Perspiration

Shivering, with [3]. Sleep, waking, after, amel. [3].

Generalities

Faintness, odours, from [3].

#### Food

Aversion: Ale [3]; beer [3]; coffee [3]; food [3]; meat [3]; tobacco [3]; water [3]; bread [2]; food, after eating a little [2]; smoking [2]; tobacco, smell of [2]; acids [1]; alcoholic stimulants [1]; brown bread [1]; everything [1]; milk [1]; sweets [1]; water, cold [1]. Desire: Alcoholic drinks [3]; beer [3]; brandy [3]; coffee [2]; fat [2]; highly seasoned food [2]; lime [2]; milk [2]; charcoal [1]; cold drinks [1]; fat + sweets [1]; indigestible things [1]; pepper [1]; smoking [1]; starch [1]; sweets [1]; tobacco [1]; tonics [1]; whisky [1]; wine [1].

Worse: Coffee [3]; cold food [3]; tobacco [3]; wine [3]; beer [2]; bread [2]; cold drinks [2]; milk [2]; smoking [2]; tobacco, smell of [2]; black bread [1]; bread and butter [1]; dry food [1]; farinaceous food [1]; fat [1]; hot food [1]; onions [1]; salt [1]; sour [1]; veal [1]; vinegar [1]; warm food [1].

Better: Hot food [3]; warm drinks [3]; coffee [2].

#### Nucleus

- 1. Strong urge; ineffectual urging; feeling as if not finished [work, stool, micturition]. Pains and urging for stool.
- 2. Fastidious, ambitious, irritable, malicious [if opposed], violent.
- 3. agg. Early morning [unrefreshed, irritable, depressed, pains].
- 4. Very chilly. Pains amel. heat.
- 5. Craving for stimulants.
- 6. Cramped states.

## **Oleander**

#### Rose Laurel

#### Region

Digestive tract. Skin. Scalp. Nerves [cerebro-spinal; motor]. \* LEFT SIDE.

#### Modalities

Worse: After suckling. Rubbing. Undressing. Morning. After eating. Looking fixedly. Looking downwards. Passing flatus. Friction of clothing. Oranges.

Better: Looking sideways; squinting. Scratching. While lying.

#### Leading symptoms

- M DISTRACTION. Slow comprehension. Confusion while reading, if the attempts to understand it [2/1], thinking of it agg. [2]. Confusion on attempting to concentrate mind. Deficiency of ideas from overexertion. Mental exertion = flushes of heat.
- M Intolerance of CONTRADICTION. Disposition to contradict. Fits of passion followed by quick repentance.
- G-CHILLY.
- G Much THIRST, especially for COLD water.
- G PRESSING pains. Tension through the whole body.
- G TREMULOUS WEAKNESS [after nursing; trembling of the limbs when standing; trembling of the hand when writing; trembling of the knees while lying].
- G agg. ORANGES, citrus fruits [skin, diarrhoea, general].\* Eruptions of skin agg. tomatoes [Ghegas].
- G Ailments [e.g. gastroenteritis] and sensitive, easily chafed and chapped SKIN ["a strong indication" Clarke]. "Very sensitive skin; slightest friction causes soreness and chapping" [Boericke].
- G Benumbing pains [3].
- G agg. Ascending to HIGH altitudes [2].
- P Vertigo when looking fixedly at an object. Vertigo when walking: feet as if asleep [2].
- P HEADACHE amel. looking sideways or squinting. "Can see objects only when looking at them sideways."
- P Sensation as if eyes were drawn BACK into the head.
- P EMPTINESS in stomach, abdomen and chest; after eating; amel. brandy. Empty sensation in stomach from NURSING.
- P Chapped skin from friction of clothing.
- P Involuntary stool from the LEAST EMISSION of FLATUS. "Infants soil their diapers every time they pass flatus."
- P One of the main remedies in "affections of the SCALP, particularly the back part of the scalp or commencing there" [Clarke].
- P Scratching first amel. then agg..
- \* "In the Cape de Verde Islands, the petals of Oleander blossoms are used with dried

orange-peel in all kinds of fevers to promote perspiration and drive out the rash" [Clarke].

#### Repertory

Mind

Concentration, difficult, vacant feeling, has a [2]. Dullness, mental exertion, from [2].

Vertigo

Diplopia, with [2/1]. Looking, either way, right or left [1], moving object, at [1], steadily [1], straight ahead amel. [1/1].

Head

Eruptions, desquamating [3], itching [2], scales [3], scurfy [3]. Heaviness, lying, while, amel. [1]. Itching of scalp, daytime [3], night [3], scratching amel. [2]. Pain, looking fixedly at anything, from [1], downward, from [1], sideways, from, amel. [1/1].

Eye

Winking ameliorates [1/5].

Vision

Diplopia, looking downward [1; Arn.]. Moving [2].

Ear

Agglutination of auricle to head [1/1]. Eruptions, behind ears, eczema [2]

Face

Heat, left [2].

Stomach

Appetite, increased, vomiting, after [1/5]. Emptiness, nursing, from [1; Carb-an.]. Thirst, vomiting, after [1; Sul-ac.].

Abdomen

Emptiness, stool, after [2]. Gurgling, stool, before [3].

Rectum

Pain, burning, stool, before [2].

Stool

Lienteric, food of the previous day [2/1]. Thin, pouring out [3].

Back

Pain, cervical region, night [2].

Extremities

Numbness, foot, sole of, walking, while [1/3]. Tingling, foot, sole [2]. Trembling, hand, hunger, with [1/1]

Skin

Burning, night [2]. Discoloration, red, scratching, after [2]. Eruptions, crusty, moist [2]. Numbness, scratching, after [3].

Generalities

Ascending high agg. [2]. Trembling, hungry, when [1], nursing infant, after [2/1]. Weakness, nursing the sick, from [1], nursing women, in [1].

#### Food

Aversion: Cheese [1]; smoking [1].

Desire: Cold drinks [2]; alcoholic drinks [1]; brandy [1]; oranges [1].

Worse: Oranges [3]; fruit [2]; bread [1].

#### Nucleus

- 1. Confusion, distraction. Disposition to contradict.
- 2. Chilly, yet desire for cold drinks.
- 3. Left side.
- 4. agg. Citrus fruits.
- 5. Tremulous weakness. Empty sensation.
- 6. Sensitive skin [as a concomitant].

# **Opium**

#### Region

MIND. SENSES. NERVES [brain; cerebro-spinal; sympathetic]. Lungs. Respiration. Digestive tract. \* Left side. Right side.

#### Modalities

Worse: EMOTIONS. FEAR. Fright. Joy. ALCOHOL. Sleep. Suppressed discharges. Receding eruptions. If heated. HEAT. Hot bath. During and after sleep. Stimulants. Cold. Uncovering. While perspiring.

Better: Cold. Constant walking. Open air.

#### Leading symptoms

M - Ailments from disappointment [2], embarrassment [2], fear [2], fright [2], FRIGHT from SIGHT of an ACCIDENT [4], grief [2], mortification [2], REPROACHES [4], SHAME [3], mental shock [2] - leading to WITHDRAWAL into an inner world [e.g. drowns his problems in drink - ailments from dipsomania].

M - Fear of the fright REMAINS [cannot cut loose].

M - WITHDRAWAL into an inner world [delusion he himself was dead [2], he is a criminal to be executed [3/1], is about to receive injury [2]; attempts to escape [2]; delusion he is away from home [2], must get there - [2]. Asks for nothing. "Strong tendency to be alarmed, TIMOROUS character." Compare on physical level: RECEDING eruptions, and spasms from approach of strangers.

M - UNAFFECTED by external impressions; painlessness; lack of vital reaction.

M - JUDGMENT of situations diminished: RASH, inconsiderate BOLDNESS. FEARLESS. Indifferent to pain and pleasure.

- G Ailments and SOMNOLENCE.
- G agg. HEAT; amel. COLD. [Hot head, hot sweat, bed seems too hot, etc.]
- G agg. Exposure to SUN [2]. agg. Warm bed [3].
- G All SECRETIONS [stool, urine, menses] DIMINISHED, except that of the skin.
- G [Hot] PERSPIRATION.
- G agg. DURING SLEEP [ailments starting in sleep].
- G Great sleepiness after a head injury; after surgery [remains stupefied].
- P Face DARK red, swollen, hot, sweaty; or red and pale alternately. Pupils contracted.
- P Paralytic ATONY of bowels and bladder; after laparotomy.
- P Stool consisting of hard, black balls.
- P Snoring, stertorous respiration.
- P Dry hacking cough preceded and followed by YAWNING.
- P Reversed peristalsis.

#### Repertory

Mind

Asks for nothing [2]. Audacity [2]. Courageous [2]. Delirium, sleep, during [2].

Delusions, body, lighter than air [2], faces, sees [3], faces, sees, closing eyes, on [2], murdered, that he would be [2], visions, beautiful [3]. Embarrassment, ailments after [2]. Home, desires to go [2]. Indifference, complain, does not [3], suffering, to [3]. Rage, touch, renewed by [2]. Reproaches himself [2]. Starting, waking, on, as if suffocated [2]. Untruthful [3].

Vertigo

Anxiety, during [2]. Fright, after [2].

Head

Asleep, sensation as if, debauch, after a [2/1]. Perspiration, scalp, hot [2].

Eve

Open, unconsciousness, during [2/1]. Rub, desire to [2].

Face

Discoloration, bluish, dyspnoea, with [2], headache, during [2], maniacal rage [2]; dark [2]; red, convulsion, during [3]. Expression, changed [2], happy [2], sleepy [3].

Trembling [2]. Twitching, mouth, corners of [2]. Veins distended [2].

Mouth

Dryness, tongue, morning [3]. Open, sleep, during [3].

Stomach

Hiccough, pregnancy, during [2; Cycl.]. Retraction, sense of [2]. Vomiting, sudden [2]. Abdomen

Stopped sensation [3].

Rectum

Constipation, stool recedes [3], drugs, after abuse of [2], pregnancy, during [2],

sedentary habits, from [2], stool remains long in the rectum with no urging [3].

Diarrhoea, fright, after [2], joy, sudden, from [3; Coff.]. Involuntary stool, fright, after [3].

Bladder

Fullness, sensation of, without desire to urinate [2]. Retention of urine, confinement, after [2], fright, after [3; Acon.].

**Kidneys** 

Suppression of urine, fever, with [2], perspiration, with [3].

Female genitalia

Abortion, fright, from [2]. Desire, violent, involuntary

orgasms, with [2]. Menses, suppressed, fright, from [2]. Prolapsus, uterus, fright, after [3; Gels.].

Larynx

Voice, lost, fright, from [2].

Cough

Cold drinks amel. [2]. Racking, drinking water amel. [2/1].

Respiration

Arrested, sleep, on going to [2], sleep, during [3]. Difficult, air, in cold, amel. [2], convulsions, during [2]. Slow, convulsions, during [3/1], sleep, during [3].

Chest

Palpitation, fright, after [2], grief, from [2].

**Extremities** 

Blood, rush of to, fingers, nails [2/1]. Coldness, leg, flushed face

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[2/1]. Trembling, fright, after [3/1], frightened, as though [3].
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Sleep

Dreams, awake, while [2].

Fever

Intense heat, of the head and face, body cold [2].

Perspiration

Drinking, wine amel. [2]. Fright, from [3]. Profuse, sleep, during [2], rage, during [2]. Generalities

Convulsions, falling, with, backwards [3], fright, from, of the mother [3; Bufo], injuries, from [2], light agg. [2], sleep, during [2]. Twitching, fright, after [2; Stram.].

#### Food

Aversion: Food [2]; tobacco [2]; meat [1]; onions [1]; smoking [1].

Desire: Brandy [3]; alcoholic drinks [2]; beer [1]; bread [1]; cold drinks [1]; sweets [1]; wine [1].

Worse: Alcohol [3]; brandy [3]; wine [3]; cold drinks [1]. Better: Wine [2]; coffee [1]; cold drinks [1]; vinegar [1].

#### **Nucleus**

- 1. Withdrawal, especially after emotional or physical shocks [fright, shame, sight of an accident, reproaches, head injury, surgery].
- 2. Unaffected by external impressions; or boldness and fearlessness.
- 3. Somnolence. Snoring respiration.
- 4. agg. Heat; amel. cold.
- 5. All secretions suppressed, except perspiration.

# Origanum majorana

Sweet Marjoram

#### Region

FEMALE ORGANS. MIND.

#### Modalities

Worse: Evening on lying down [vertigo]. Night [thirst].

Better: Occupation.

#### Leading symptoms

M - EROTOMANIA; believing herself lost or despised. Nearly idiotic from masturbation.

M - Impossible to remain tranquil; desire for ACTIVE EXERCISE, impelling her to RUN.

M - Suicidal disposition [1]; throwing herself from a height [1].

M - Sexual thoughts intrude and crowd upon each other; INDISPOSED to talk [compare: Delusion she is despised [2] and Delusion is in chains of hell. [2/1; Orig-v.].

M - Occupation amel..

G - VIOLENT sexual desire; great sexual excitement driving her to onanism. "Whenever she meets a man whose appearance is pleasing she is driven to commit self-abuse."

"Abused herself daily; tried her utmost to overcome sexual inclinations and vainly gave herself up to RELIGIOUS exercises in order to strengthen the will."

- G Masturbation in young girls. ["By rubbing their legs together."]
- G Lascivious dreams.
- G Suppression of sexual desire agg..
- G Excessive THIRST at night.
- P Swelling and itching of nipples and pains in breasts.
- P "Heat of head; as the heat increased the head involuntary turned from side to side."
- P Leucorrhoea from sexual excitement and masturbation.

#### Repertory

Mind

Delusions, despised [2], hell, is in [2], hell, chains of, in [2]. Desires, exercises, for [1]. Fancies, lascivious [2]. Homosexual, men [1]. Impulse to run, dromomania [2].

Nymphomania [3], girl, young, in a [2/1]. Occupation amel. [1].

Bladder

Urination, involuntary, sneezing, when [1].

Male genitalia

Masturbation, disposition to [3].

Female genitalia

Desire, increased, menses, during [2], violent, masturbation, driving her to [3], widows, in [3; Apis]. Flatus, from vagina [1]. Itching, voluptuous [3]. Leucorrhoea, masturbation,

from [1], sexual excitement, from [1]. Sterility, excessive sexual desire, from [2]. Extremities
Cramps, leg, evening [1; Sep.].
Generalities
Faintness, coition, during [1/3].

#### Nucleus

- 1. Nymphomania. Intruding sexual thoughts, lascivious dreams. Leading to delusion of being despised.
- 2. Masturbation [in young girls].
- 3. Impulse to run.
- 4. Thirst at night.
- 5. Heat of head = motions of head.

## Oxalicum acidum

#### Sorrel Acid

#### Region

Digestive tract. Navel. Nerves [spinal cord; heart]. Left side; lung.

#### **Modalities**

Worse: Thinking of it. Cold. Touch. Shaving. Mental exertion. Sour fruits.

Better: After stool.

#### Leading symptoms

M - THINKING about the COMPLAINTS agg.. ["As soon as he thinks about the pains they return ... And not only that, thinking of pains and conditions will bring them on when they are not actually present. If the patient thinks about urinating he must go instantly and relieve the bladder." - Clarke]

- M NERVOUS and sleepless. Neurasthenia.
- G Very CHILLY.
- G Ailments from eating [sour] fruits, especially STRAWBERRIES, cranberries, apples, tomatoes, grapes, rhubarb. [Sour fruits, but especially vegetables like rhubarb, purslane and spinach contain more than average amounts of oxalic acid!]
- G agg. SUGAR, sweets.
- G Violent, excruciating pains; in streaks, like lightning [neuralgic], in SPOTS, burning,
- etc. [Boger] "No remedy produces more violent pains" [Kent].
- G Pain in SMALL SPOTS. Sore pain in spots.
- G NUMBNESS, MOTTLED skin, coldness of surface, blue nails.
- G Numbness externally, of whole body [2].
- G Sensation of STREAMING of BLOOD [2/1].
- P Palpitation or other cardiac complaints ALTERNATING with HOARSENESS or loss of voice.
- P Epistaxis and vanishing of sight.
- P Diarrhoea from coffee.
- P Headache from wine.
- P Sharp pains through the lower lobe of the left lung. ["It matters not what the name of the disease may be pleurisy, pneumonia, phtisis when that pain is present Ox-ac. will do its work." Clarke]
- P ANGINA PECTORIS. Sharp shooting pain in left lung and heart, extending down to epigastrium, and lasting some seconds. Heart complaints and icy coldness of hands, blueness of fingers and nails.
- P Angina pectoris pain shooting down left shoulder, arm to fingers.

Repertory

Mind

Children, desires to beget and to have [1/1]. Concentration, active [2]. Confusion, wine, after [1]. Exhilaration, diarrhoea, during [1/1]. Thinking, complaints agg., of [3]. Thoughts, rapid, quick, etc. [2].

Head

Heat, diarrhoea, during [10], stool, during urging to [1]. Pain, occiput, exertion, after [2]; vertex, motion, on [2]; sore, bruised, spots [2/3].

Nose

Discoloration, redness, shining [2], tip, begins at tip and spreads [2/1].

Mouth

Cold, tongue [2]. Sensitive, tongue [2]. Taste, sour, pregnancy, during [1/3].

Stomach

Heartburn, pregnancy, during [1]. Nausea, abdomen, during pain in [2]. Pain, sugar, after [1/1]; burning, extending up the oesophagus [1].

Abdomen

Pain, Umbilicus, region of, night [2]. Rumbling, coffee, after [1/2].

Rectum

Diarrhoea, sugar, after [1], thinking of it [1/1]. Urging, thinking about it [2; Iris].

Bladder

Urging to urinate, thinking of it, when [2; Hell.].

Respiration

Impeded, obstructed, shooting in chest [2/3].

Cough

Thinking of it agg. [2/3].

Chest

Pain, Lower, left [3]; Lungs, left, lower part [2; Phos.]; stitching, Lower part, left [3].

Palpitation, night, bed, in [2], lying, while [2], thinking of it [2].

Extremities

Coldness, hands, numb and cold [2]. Discoloration, fingers, nails, livid [2]; lower limbs, bluish [2]. Pain, upper limbs, thinking about it [2/1].

Generalities

Numbness, externally, whole body [2]. Pain, sore, spots, in [2].

#### Food

Aversion: Coffee [1]; smoking [1]; strawberries [1]; water [1].

Desire: Tobacco [1].

Worse: Coffee [1]; fruit [1]; fruit, sour [1]; purslane [1]; rhubarb [1]; strawberries [1]; sweets [1]; wine [1].

#### Nucleus

- Thinking about complaints agg..
   Shooting pains; pains in spots.
   Chilliness; very sensitive to cold. Mottled skin; blueness.
   Sour fruits and vegetables agg..
- 5. Cardiac ailments alternating with hoarseness.

### Palladium metallicum

#### Region

Uterus. Right ovary. Mind. \* Right side.

#### Modalities

Worse: Emotions [lively; chagrin]. Social functions. Standing. Exertion.

Better: Touch. Pressure. Diversion. Rubbing. After sleep. After stools [backache].

#### Leading symptoms

M - LOVES PRAISE; longing for the GOOD OPINION of OTHERS; attaches great importance to it.

M - Keeps up brightly in COMPANY; exhausted afterwards.

M - Easily offended; easy prey to slights, real or imaginary. FANCIES being NEGLECTED.

M - EGOTISM. Wants to be the CENTRE of INTEREST. Compulsive desire to catch the fancy of other people. Convinced of own attractiveness [haughty]. Attitude slightly overdone.

M - VANITY. Pays much attention to outward appearance. Great problems with getting older. May be narcissistic.

G - RIGHT SIDE [face, temple, eye, abdomen, ovary, hip].

G - Fleeting pains.

G - Tendency to uterine and ovarian disorders.

G - Itching changing place on scratching [back, arms, abdomen, thighs, ankles, lips, wings of nose].

P - Headache from ear to ear, across vertex.

P - RIGHT ovary - pain amel. company [2], amel. flexing thigh [2], amel. lying on left side [2/1], agg. after menses [2], agg. motion [2], amel. pressure [1], amel. rubbing [1], agg. standing [1], extending down limb [2].

P - Asthmatic respiration after emotions.

P - Cough from sensation of bread crumbs in throat and larynx.

P - Warts on knuckles of hands.

#### Repertory

Mind

Anger, trembling, with [1]. Delusions, appreciated, that she is not [2], deserted, forsaken [1], insulted, thinks he is [2], neglected, that he is [3]. Egotism [2], ailments from [2]. Excitement, company, in [2]. Flattery, desires [2/1]. Grimaces [1]. Impatience, headache, during [1]. Irritability, takes everything in bad part [2]. Irresolution, morning [1/3]. Thinking of complaints amel. [1].

Vertigo

House, on entering [1]. Sleep amel. [1].

Head

Numbness, sensation of, vertex [1]. Pain, sleep, after, amel. [2], sleep, siesta, after a,

amel. [1; Kali-n.], thinking of pain amel. [1]; vertex, extending, to ear, from one to other [1/1].

Eye

Dryness, evening [1]. Itching, evening [1], not amel. by rubbing [1/1], eyes, about [1]. Pain, around the eyes [1].

Nose

Smell, acute, sensitive to the odour of, unpleasant odours [1].

Throat

Bread crumbs, sensation of [1].

Abdomen

Heaviness, as from a load, lying on left side amel. [2/1]; hypogastrium, standing [1/1]. Pain, inguinal region, drawing, up knee amel. [1]; Spleen, menses, during [1; Apis]; pressing, lying on left side amel. [2/1]; sore, menses, after [2].

Bladder

Fullness, sensation of, without desire to urinate [1].

Kidneys

Pain, desire be delayed, if [1/3]; pressing, sitting, while [1; Ter.].

Female genitalia

Enlarged, ovaries, right [2]. Inflammation, ovaries, right [2]. Menses, copious, walking agg. [2], lactation, during [2], lactation, during, nursing the child, while [1; Sil.]. Pain, ovaries, right [2], animated conversation [3/1], company amel. [2/1], flexing thigh amel. [2; Coloc.], lying on left side amel. [2/1], menses, during [2], menses, after [2; Lach.], motion agg. [2], music and excitement [1/1], pressure amel. [1/3], rubbing amel. [1/1], society, from [3/1]; bearing-down, uterus, lying amel. [1], lying on left side amel. [1/1], menses, after [1], standing agg. [2], urging to urinate, on [2].

Back

Itching, scratching, changes place, after [1; Mez.].

Extremities

Numbness, hand, night [1]. Warts, hand, knuckles [1/1].

Skin

Discoloration, spots, flea-bites, like [1; Acon.].

#### Food

Aversion: Beer [1].

#### Nucleus

- 1. Loves praise. Wants to be the centre of interest.
- 2. Vanity; egotism; overdone.
- 3. Fleeting pains. Itching changing place on scratching.
- 4. Right side.
- 5. Uterine and ovarian disorders.

## **Petroleum**

#### Crude Rock Oil

#### Region

OCCIPUT. SKIN [folds; scalp; face; genitals]. Mucous membranes. Stomach. Bowels. MInd. Nerves. \* Left side. Right side.

#### **Modalities**

Worse: MOTION [CARS; CARRIAGE; BOAT]. Weather [cold; winter; changing; damp; thunderstorms]. Eating. Vexation. Cabbage. Mental exertion. Daytime. Fasting. During pregnancy. Touch.

Better: Warm air. Dry weather. Lying with head high. Summer. After eating.

#### Leading symptoms

- M EXCITABLE and quick temper; QUARRELSOME, especially after drinking alcohol.
- M IRRESOLUTION; loses his way in well-known streets. [Compare Confusion, walking in open air 3]
- G CHILLY; "dreads open air".
- G Aversion to FAT FOOD.
- G agg. FLATULENT FOOD, especially cabbage, sauerkraut and beans and peas.
- G MOTION SICKNESS.
- G Tremendous DRYNESS of SKIN; agg. winter. Deep bloody cracks [hands, fingertips, nostrils, folds of the skin, wrists, elbows, joints, genitals, nipples]. Skin rough and thickened.
- G DRYNESS [ears, nose, throat, etc.].
- G OFFENSIVE PERSPIRATION [feet, axillae "where it so pungent that it can be observed on the patient entering the room" Kent].
- G MUCOUS secretions increased [3].
- G Slightest injury suppurates. Wounds slow to heal [2].
- G agg. Before and during THUNDERSTORM.
- G Weariness during menses [2].
- P Vertigo in occiput.
- P Nausea from hunger.
- P Sensation of emptiness [stomach, abdomen] after stool [diarrhoea]. Diarrhoea and constant hunger.
- P Gastric symptoms amel. eating ["gnawing pain in stomach when empty"].
- P Diarrhoea by day only.
- P Occipital headache extending to forehead and eyes, and vertigo or visual disturbances, and all-gone hungry feeling or pain in stomach.
- P "Particularly applicable in all gastric troubles of pregnant women" [Guernsey].

Repertory

Mind

Anger, morning [2], face, colour, white [2]. Anxiety, company, when in [2], crowd, in a [2]. Confusion, loses his way in well-known streets [2]. Doubtful [2]. Forgetful, house was, on which side of the street his [2]. Jealousy, weeps [2].

Quarrelsome, intoxicated, when [2/1]. Skeptical [2]. Starting, trifles, from [2].

Vertigo

Lying with head high amel. [2; Nat-m.]. Nausea, lying, while, with the head low [2/1], stooping amel. [2/1].

Head

Congestion, motion, from, rapid [2/1]. Eruptions, eczema, occiput [2]. Hair, falling, occiput, on [2]. Heaviness, occiput, lead, as if full of [2]. Pain, occiput, morning, waking, on [2], blindness, with [2/1], shaking head [2], extending to eyes [2].

Eye

Opening lids, difficult, morning [2]. Pain, burning, exertion of vision [2].

Vision

Dim, exertion of eyes, after [2], headache, during [2].

Ear

Noises, menses, during [2].

Nose

Cracks, nostrils [2]. Dryness, sensation of [2].

Stomach

Appetite, increased, stool, after [3]; ravenous, diarrhoea, with [3]. Emptiness, weak feeling, diarrhoea, with [2], stool, after [3]. Pain, fasting, while [2], hunger, during [2]. Sinking, eating, after [2].

Abdomen

Weakness, sense of, stool, after [3].

Rectum

Diarrhoea, night, 4 a.m. [2], eating amel. [2], riding, from [2], sauerkraut, after [2; Bry.], vexation, from [2]. Eruption, anus, about, itching [3], warmth of bed agg. [2/1]. Itching, warm bed, in [2], around anus [3], warmth of bed [2/1].

Male genitalia

Eruptions, scrotum, itching [3], rhagades [2/1], vesicles [2], thighs, between [2]. Itching, thighs, between [2]. Redness, scrotum [3], thighs, and [3].

Female genitalia

Excoriation, Perineum [2]. Leucorrhoea, dreams, with

amorous [2/1]. Perspiration [2].

Chest

Eruptions, mammae, nipples, scurfy [2; Lyc.].

Back

Heaviness, cervical region [2]. Itching, coccyx, warmth of bed agg. [2/1]. Pain, morning, bed, in [2]; lumbar region, standing erect impossible [2]; coccyx, sitting, while [2]; burning, cervical region, swallowing [2/1]; drawing, cervical region, extending upward [2]; stitching, dorsal region, scapulae, extending to occiput [3].

Extremities

Cracked skin, hands, burning [2], deep and bleeding [3], itching [2], winter, in [3], palms

of [2]; fingers, tips [3]. Cramps, calf, daytime [2; Graph.]; foot, sole, night [2]. Heat, hand, palm, menses, during [2; Carb-v.]; foot, sole, menses, during [2], uncovers them [2]. Pain, lower limbs, move, beginning to [2].

Perspiration, foot, sole, offensive [2]. Roughness, fingers, tips [3/1]. Stiffness, morning, rising, on and after [2; Mag-c.], headache in occiput [2/1].

Sleep

Waking, hunger, from [2].

Skin

Eruptions, winter agg. [2].

Generalities

Heat, flushes of, daytime [2], anger, after [2; Phos.]. Orgasm of blood, vexation, after [2]. Weariness, menses, during [2].

#### Food

Aversion: Fats and rich food [3]; meat [3]; butter [1]; cooked food [1]; hot food [1]; warm food [1].

Desire: Beer [2]; brandy [2]; delicacies [1]; sweets [1].

Worse: Cabbage [3]; flatulent food [3]; sauerkraut [3]; beans and peas [2]; dry food [1]; tobacco [1]; wine [1].

#### Nucleus

- 1. Excitable and quick temper. Easily vexed.
- 2. Chilly. General aggravation in winter.
- 3. Tremendous dry skin; with deep bleeding cracks.
- 4. Offensive perspiration.
- 5. Aversion to fat food. agg. Flatulent food.
- 6. Constant hunger [during diarrhoea, nausea].

## Phosphoricum acidum

Phosphoric Acid

#### Region

MIND. Nerves. Sexual system. Spine [sensory nerves; muscles]. Bones. \* Right side. Left side.

#### Modalities

Worse: DEBILITY from [LOSS OF FLUIDS; sexual excesses; fatigue; fevers]. EMOTIONS [grief; chagrin; mental shock; unhappy love; homesickness; bad news]. Drafts. Cold. Music. Talking. Masturbation. Snowy air. Too much study. Noise. Acids. Better: Warmth. Short sleep. Stool. Motion or pressure [amel. pains].

#### Leading symptoms

- M Persons with a MILD, YIELDING disposition who are easily overwhelmed by emotional events or are suffering from the sequelae of an acute disease, leading to:
- M APATHETIC, burned-out STATE. INDOLENCE.
- M WEAKNESS, starting on the emotional level. INDIFFERENCE to everything ["indifference to affairs of life when sick, debilitated or from grief"].
- M Slow grasp. Can't collect his ideas; hunts for words. Poor memory.
- M Ailments from GRIEF [prolonged or from a sudden loss].
- M Ailments from DISAPPOINTED LOVE [listless, dislike to talk, short answers, repeat the same sentences over and over again: "Life is useless," "I don't want to live anymore," "Everything is dark," etc.]. "Indifferent to those things that used to interest her the most."
- G CHILLY. agg. Becoming cold.
- G amel. After SLEEP [3].
- G Loss of APPETITE from GRIEF.
- G Lassitude after eating [3].
- G Craving for FRUIT, JUICY and REFRESHING things.
- G Profuse PERSPIRATION at night and towards morning; as a sequel.
- G ONANISM, when the patient is DISTRESSED by the culpability of his indulgence. [Nash] Onanism and strong feeling of guilt.
- G Too RAPID GROWTH in children [and weakness due to masturbation or mental strain from over-study].
- G DEHYDRATION. "Weak or debilitated, with free secretions" [Boger].
- G Pains go to part lain on [compare Generalities, change of position amel. [2]].
- P POLYURIA at night [clear watery urine, turning milky on standing].
- P Sensation of a CRUSHING WEIGHT on VERTEX.
- P Headache in schoolgirls [from mental exertion and overuse of eyes].
- P Painless, non-debilitating diarrhoea.
- P Debilitating emissions at night. ABASHED about it.
- P Meteoristic distension of the abdomen, with rumbling and gurgling.

Repertory

Mind

Ailments, anger, silent grief, with [2], cares, from [2]. Answers, abruptly [2], monosyllables [3], reflects long [2], slowly [3]. Anxiety, lying, while, must lie down with anguish [2]. Doubtful, recovery, of [2]. Dullness, think long, unable to [2]. Eat, refuses to [3]. Forgetful, sexual excesses, after [2]. Indifference, morning, waking, on [2]. Sadness, masturbation, from [3]. Thinking, aversion to [3]. Thoughts, vanishing of, morning [2/1]. Vertigo

Lying, as if feet were going up [2; Stict.]. Meditating, on [2].

Head

Congestion, morning, waking, on [2], fright or grief, from [2/1]. Hair, falling, grief, from [2/1]. Heat, vertex, grief, after [2]. Perspiration, occiput [3]. Pain, music, from [2], school girls, in [3], weather, from changes of [2]; occiput, morning, bed, in [2].

Eye

Opening lids, difficult, morning [2]. Styes, upper lid [2].

Ear

Noises, lying, while, amel. [3].

Face

Expression, vacant [2].

Mouth

Biting, tongue, night in sleep [2].

Stomach

Appetite, ravenous, night [2]. Emptiness, stool, after [2]. Lump, sensation of, eating, after [2]. Nausea, food, on looking at [2], odours, from [2]. Pain, warm drinks amel. [2]. Sinking, stool, after [2].

Abdomen

Flatulence, sour food, from [2/1]. Pulsation, stool, after [2]. Swashing [3].

Rectum

Diarrhoea, acids, after [2], anticipation, after [2], change of weather, from [2], cold, becoming, after [2], cold, taking cold, after, in summer [3], food, cold, agg. [2], food, solid, after [3], oranges, after [2/1], school girls, in [2; Calc-p.], weakness, without [3]. Bladder

Urination, interrupted, coition, after [2/1]; involuntary, night, first sleep [2], motion, during [2].

Urine

Cloudy, chalk had been stirred into it, as if [2]. Copious, menses, during [3]. Milky, menses, before [2/1], standing, on [2]. Odour, offensive, acrid, pungent, fever, during [2]. Male genitalia

Erections, troublesome, morning, standing, while [2/1], incomplete, coition, during [2]. Seminal discharge, emission, nightly, coition, after [2].

Female genitalia

Itching, menses, after [2].

Larynx

Voice, weak, talking, after [2].

Cough

Air, draft of [2]. Tickling, talking, on [3].

#### Chest

Air, sensitive to [2/1]. Coldness, wrap up the chest, must [2]. Palpitation, night, bed, in [2], grief, from [2], sexual excitement [2/1], unrequited affections, from [2]. Extremities

Coldness, hands, mental exertion [2; Lach.]. Pain, joints, cold, after exposure to [2]; leg, growing pains [3], warmth of bed amel. [2], tibia, night [2]; scraping, leg, bones [3]. Generalities

Irritability, when too much medicine has produced an over-sensitive state and remedies fail to act [2; Teucr.]. Orgasm of blood, nervousness, from [2]. Slow repair of broken bones [2]. Weakness, love, from unfortunate [2/1], sleep amel. [2], talking, from [2].

#### Food

Aversion: Bread [2]; acids [1]; alcoholic stimulants [1]; beer [1]; coffee [1]; flour [1]; wine [1].

Desire: Fruit [3]; juicy things [3]; refreshing things [3]; cold drinks [2]; milk [2]; sour [2]; tonics [2]; warm food [2]; beer [1]; coffee [1]; hot food [2]; liquid food [1]; milk, cold [1]; pungent things [1].

Worse: Black bread [2]; coffee [2]; cold drinks [2]; cold food [2]; fruit [2]; fruit, sour [2]; hot food [2]; warm food [2]; bread [1]; cheese, old [1]; dry food [1]; sausages, spoiled [1]; sight of food [1]; sour [1]; vinegar [1].

Better: Hot food [1].

#### Nucleus

- 1. Apathy; burned out; listless. From grief, disappointed love, after exhausting or acute diseases. Indifference.
- 2. Chilly.
- 3. Craving for fruits, refreshing and juicy things.
- 4. Free secretions [perspiration, emissions, diarrhoea, urine].
- 5. Crushing weight on vertex; vertigo.

# **Phosphorus**

#### Region

CAVITIES [head; LUNGS; heart]. CIRCULATION [blood; BLOOD VESSELS; arteries]. MUCOUS MEMBRANES [STOMACH; BOWELS; lungs - lower lobe]. NERVES [brain; cord]. Bones [jaw - upper; shin; spine]. Liver. \* LEFT SIDE. LEFT LOWER and RIGHT UPPER.

#### Modalities

Worse: LYING ON [LEFT or painful side; BACK]. SLIGHT CAUSES [EMOTIONS; talking; touch; odours; light]. COLD [HANDS [in water]; open air]. WARM FOOD. Salt. Puberty. Weather [sudden changes; windy; cold; thunderstorms]. Morning and evening. Mental fatigue.

Better: Eating. Sleep. Cold [food; water; water to face]. Rubbing [mesmerism]. Sitting up. Lying on the right side. In the dark.

#### Leading symptoms

- M Extroverted, expressive, AFFECTIONATE and SYMPATHETIC.
- M Too OPEN and easily IMPRESSIONABLE. Sensitive to ALL EXTERNAL IMPRESSIONS. Sensitive to surroundings/atmosphere. May be clairvoyant.
- M Easily distracted. Suggestible. Quick perception.
- M Full of FEARS and ANXIETIES: darkness, twilight, death, alone, ghosts, future, health, diseases, about others, thunderstorms.
- M "Quickly prostrated by unpleasant impressions" [Boger].
- G Usually CHILLY, may be warm. agg. COLD in general.
- G Cold air amel. the head and face symptoms, but agg. those of the chest, throat and neck.
- G Strong craving for COLD drinks, ICE CREAM and SPICY food.
- G Great THIRST, especially for cold water.
- G amel. Rubbing [3]. amel. Magnetism [3].
- G amel. SLEEP, even SHORT sleep.
- G Weak, empty, all gone sensation [head, stomach, chest, ABDOMEN].
- G COLD WATER [desire + amel.].
- G BURNING pains; local; in small spots. Burning heat up the back.
- G Sensation of HEAT when eating WARM food [3].
- G ACUTENESS of senses during headache [especially of SMELL]; can even think better during headache [due to rush of blood to head].
- G agg. LYING on LEFT SIDE [especially palpitation and cough]. agg. Lying on BACK [3].
- G HAEMORRHAGES [ecchymosis, epistaxis, bleeding gums, apoplexy, prolonged bleeding of small wounds]
- G Ravenous hunger; nightly [waking from hunger]; preceding attacks [e.g. headache].
- G Tendency to HYPOGLYCEMIA [skipping a meal = headache, weakness and

trembling].

G - Too RAPID GROWTH in children.

- P HEAT of HANDS [seeks a cold place in bed for relief; puts them out of the covers].
- P Vertigo and hot head or rush of blood to head.
- P Descending nasal catarrhs [= hoarseness, cough, bronchitis etc.].
- P Cough agg. change of temperature.
- P Goitre and palpitation.
- P Burning between scapulae.

#### Repertory

Mind

Absent-minded, absences [2]. Affectionate, returns affection [2/1]. Anguish, alone, when [2/1]. Anxiety, evening, twilight, in the [2], alone, when [3], excitement, from [2; Asaf.], lying, side, on, left [3], thunderstorm, before [2; Nat-c.], thunderstorm, during [3], warmth amel. [2; Graph.]. Confusion, cold bath amel. [2], washing the face amel. [2]. Day-dreaming [2]. Delusions, fire, flash, passing through him [3/1]. Dullness, think long, unable to [3]. Fear, death of, alone, when, evening in bed [2], imaginary things [2], stomach, arising from [2]. Indifference, children, to her [4], loved ones, to [3]. Magnetized, desires to be [3]. Music, headache from [2]. Naked, wants to be [2]. Sadness, darkness [2]. Sensitive, external impressions, to all [2], light [3], puberty, in [2]. Unconsciousness, odours, from [2; Nux-v.].

Vertigo

Chronic [3]. Exertion, on, vision, of [4]. Looking steadily [3]. Lying, side, on, agg., left [3]. Odour of flowers [2]. Turning, moving the head, on, quickly [3]. Warm room, entering, on [2].

Eye

Lachrymation, stool, during [3/1], urination, during [3/1].

Vision

Fire, a sea of, on closing the eyes [3; Spig.]. Flashes, dark, in the [3]. Lightning, falling asleep [3].

Nose

Obstruction, air, open, in, amel. [3]. Smell, acute, headache, during [3/1]

Stomach

Nausea, warm drinks [3]. Pain, cold drinks, after, amel. [3], warm food agg. [3].

Rectum

Diarrhoea, food, cold, amel. [3/1]. Open anus, sensation of [2].

Female genitalia

Menses, painful, dysmenorrhoea, feet wet, from getting [2].

Larynx

Pain, larynx, speaking, on [3]. Voice, hoarseness, speech, preventing [3]; lost, painless [2/1], prolonged talking, from [2/1].

Chest

Palpitation, coition, during [3], lying, while, side, right amel. [3].

Back

Pain, rubbing amel. [3]; lumbar region, rubbing amel. [3]; cramp-like, dorsal region, scapulae, between [3].

#### **Extremities**

Coldness, hands, menses, during [2]; knee, night [3]. Heat, flushes, in, beginning in hands [2/1]. Numbness, hand, morning, waking, on [2]; foot, crossing limbs [2]. Paralysis, lower limbs, apoplexy [2; Nux-v.].

Sleep

Deep, menses, during [2]. Sleepiness, menses, during [2].

Skin

Loose, sensation as if the skin were hanging [3].

Generalities

Heat, flushes of, emotions, from [2; Lach.], flushes of, warm water were, as if, dashed over one, when an idea occurs vividly [2/1]; sensation of, eating warm food [3]. Injuries, nerves, with great pain [2; Hyper.]. Orgasm of blood, sensual impressions, from [2/1]. Weakness, hunger, from [2], sleep amel. [2].

#### Food

Aversion: Fruit [3]; warm drinks [3]; warm food [3]; beer [2]; bread [2]; butter [2]; coffee [2]; fish [2]; flour [2]; garlic [2]; meat [2]; milk [2]; milk, boiled [2/1]; onions [2]; oysters [2]; puddings [2]; salt fish [2/1]; sweets [2]; tea [2]; tobacco [2]; tomatoes [2]; vegetables [2]; cereals [1]; cooked food [1]; eggs [1]; fat meat [1]; fats and rich food [1]; herring [1/1]; potatoes [1]; salt food [1]; smoking [1].

Desire: Cold drinks [3]; cold food [3]; highly seasoned food [3]; ice cream [3]; salty things [3]; wine [3]; alcoholic drinks [2]; brandy [2]; carbonated [2]; cheese [2]; chicken [2]; chocolate [2]; cold milk [2]; cucumbers [2]; milk [2]; raw meat [2/1]; refreshing things [2]; rice, dry [2]; salt + sweets [2]; sour [2]; sweets [2]; sweets, sugar [2]; whisky [2]; beer [1]; fat [1]; fat + salt [1]; fat + sweets [1]; fish [1]; juicy things [1]; many things [1]; oysters [1]; pungent things [1].

Worse: Garlic [3]; hot food [3]; salt [3]; warm food [3]; butter [2]; milk [2]; pastry [2]; sauerkraut [2]; tobacco [2]; black bread [1]; bread [1]; bread and butter [1]; fat [1]; fruit [1]; onions [1]; rich food [1]; sour [1]; spices [1/1]; sweets [1]; vinegar [1]. Better: Cold drinks [3]; coffee [1]; wine [1].

#### Nucleus

- 1. Too open and impressionable [sensitive to all external impressions; acute senses]: sympathetic, affectionate lots of fears and anxieties.
- 2. Cold drinks [desire + amel.].
- 3. Burning heat [hands; up the back] and pains [local; in small spots].
- 4. agg. Lying on left side.
- 5. amel. Sleep, even short sleep [cat naps].
- 6. Craving for highly seasoned food and ice cream.

### Phytolacca decandra

Poke Root

#### Region

Glands [MAMMAE; naso-pharynx; throat; tonsils]. Muscles - Fibrous tissues [NECK; back; joints]. Periosteum. Kidneys. Tongue [root]. Digestive tract. \* Right side.

#### Modalities

Worse: Rising from bed. Motion. Swallowing, Hot drinks. Cold [damp; night]. Change of weather. Pains from darkness to daylight. Rainy weather. Nursing the child.

Better: Lying on abdomen. Cold drinks. Supporting breasts. Bathing. Rest. Warmth. Dry weather.

#### Leading symptoms

- G agg. COLD DAMP weather.
- G agg. NIGHT.
- G SORENESS all over; agg. eyeballs, mammae, kidneys, neck, shoulders, back, forearms, below knees.
- G WANDERING pains; shooting, lancinating, flying, like electric shocks [FIBROSITIS].
- G STITCHING pains upward [2] and downward [2].
- G Pains appear and disappear SUDDENLY.
- G Rheumatic affections after tonsillitis. Rheumatic swellings hard, tender and intensely hot.
- G Swollen, hard GLANDS.
- G Cancerous affections [3].
- G Restlessness with desire for motion, but motion agg.. [Compare Rhus-t.]
- G Occupies a position BETWEEN RHUS-T. [agg. cold damp weather, amel. warmth] and BRYONIA [agg. motion].
- P MASTITIS; breast stony hard, heavy, swollen or tender; pain agg. during nursing; pain spreads over whole body. Cracked nipples.
- P Hard nodules in breasts; and enlarged axillary glands.
- P Chronic discharge from nipples [remaining long after lactation].
- P TONSILLITIS, recurrent or acute; dark red [with white spots on tonsils], agg. right; agg. warm drinks, amel. cold drinks; pain extending to ear on swallowing.
- P Tendency to SINUSITIS [tough, stringy discharge, difficult to detach].
- P Angina pectoris; when pain leaves heart and appears in right arm [Clarke].
- P Increased SENSE of HEARING [especially right-sided] during headache [forehead].

#### Repertory

Mind

Eat, refuses to [2] [due to quinsy]. Indifference, exposure of her person [2]. Shameless [2]. Unbearable pains [2]. Weeping, menses, during [2]. Vertigo

Sitting, while, up in bed [2].

Head

Exostoses [2]. Pain, forehead, extending backward [2]

Eye

Blueness, lids, margins [2]. Itching, gaslight agg. [2/1]. Pain, exertion of vision [2]; burning, air, in open, amel. [2]. Photophobia, morning [3].

Vision

Dim, diphtheria, after [3].

Nose

Coryza, sore throat, with [2]. Discharge, thick, from posterior nares [2]. Obstruction, night, wakes him [2], 3 a.m. [2/1], riding in a carriage [2; Asaf.].

Face

Swelling, left [2].

Mouth

Dryness, tongue, tip [2]. Pain, tongue, root [2], putting out the tongue [2], swallowing, on [2].

Teeth

Bite, together, wants to, on something hard which relieves pains, dentition [3/1]. Clinch together, constant inclination to [3]. Dentition difficult [2].

Throat

Discoloration, dark [3], purple, tonsils [2; Lach.], redness, dark red [2], redness, tonsils [2]. Pain, cold drinks amel. [2], warm drinks [3], extending to ear, when swallowing [2]; stitching, extending to root of tongue [2/1].

External throat

Pain, soreness, cervical glands [2].

Abdomen

Pain, hypochondria, right, lying, can only lie on abdomen [2; Lept.].

Rectum

Diarrhoea, lemonade, after [2; Cit-ac.].

Urine

Copious, menses, during [2].

Chest

Abscess, mammae, threatening, in old cicatrices [3]. Cracks, of nipples [3]. Discharge from nipple, bloody water [2; Lyc.]. Fullness, mammae [2]. Induration, mammae, right [2]. Pain, mammae, menses, during [2]; nipples, nursing, while [2], radiating over whole body [2/1].

Back

Pain, damp weather [2]; cervical region, extending to occiput [2]. Stiffness, morning [2], wet weather [2; Rhus-t.]; cervical region, night [3].

**Extremities** 

Hip-joint disease, right [2]. Pain, motion, on [2], wet weather [2]; joints, air, open [2; Rhus-t.]; tendons, attachment of [2]; lower limbs, sciatica, right [2], numbness, with [2], wet weather [2]. Restlessness, lower limbs, night [2]. Tension, thigh, hamstrings [2]. Generalities

Pain, appear suddenly and disappear suddenly [2].

#### Food

Worse: Hot food [1]; lemonade [1]. Better: Cold drinks [1]; cold food [1].

#### Nucleus

- 1. agg. Cold damp weather.
- 2. Soreness all over.
- 3. Wandering pains; flying about. agg. Motion.
- 4. Glandular affections.
- 5. Tough, stringy discharges.
- 6. Occupies a position between Rhus-t. and Bry.

### Picricum acidum

#### Picric Acid

#### Region

Nerves [brain; occiput; spinal cord; lumbar region]. Kidneys. Sexual organs. \* Left side. Right side.

#### Modalities

Worse: Exertion; mental or physical. Seminal losses. Heat. Study. Wet weather. Sexual excitement. Motion.

Better: Rest. Cold; air; water. Bandaging. In sun.

#### Leading symptoms

M - BRAIN FAG; and indifference and lack of will power, aversion to talk, think, or perform any mental exertion.

M - Lacks will power to undertake anything.

M - EXAMINATION FUNK; after prolonged mental strain and anxiety.

G - Sensitive to HEAT. Sensation as if blood stagnated.

G - amel. COLD AIR [amel. head and bodily condition].

G - BURNING pains [along spine, in legs, in many parts].

G - HEAVINESS [occiput, down spine, in lower limbs].

G - agg. PHYSICAL EXERTION [3].

G - Ailments from MENTAL work: sleeplessness [2], burning between scapulae [2], burning in spine [2], vertigo [1], fullness of head [1], pain in vertex [3], pressing headache [3], diarrhoea [2].

- G Weariness from mental exertion [only remedy in bold type].
- G Complaints [e.g. headaches] and sexual excitement.
- G Progressive pernicious anaemia; pale, lemon coloured face.
- G Debility from jaundice.
- P Headache from mental exertion in schoolchildren; and DILATED PUPILS.
- P Headaches of students, teachers, professionals and overworked business persons.
- P Headaches and great nervous weakness from GRIEF and depressing emotions.

["Often overlooked in these conditions." - Kent]

- P Headache and sour eructations.
- P Small boils and pustules in external auditory canal.

#### Repertory

Mind

Delusions, enlarged, body, parts of [1]. Dullness, think long, unable to [2]. Lewdness [2]. Memory, weakness of, labor, for mental [2]. Thoughts, sexual [1]. Undertakes, lacks will power to undertake anything [2].

Vertigo

Bending head forwards [1].

Head

Fullness, morning [1]; vertex, stooping [1/1]. Pain, binding head, from, amel. [1], sleep, after, amel. [1]; forehead, motion on, eyes of the [2]; forehead, eyes, above, mental exertion, during [3]; occiput, mental labor [2]; vertex, mental exertion [2]; pressing, mental exertion, from [3]. Pulsating, air, open, amel. [2], binding up head amel. [1; Sil.], mental exertion, from [2]. Smaller, feels [1].

Eye

Open, hard to keep open [1]. Pain, pressure amel. [1]; burning, reading, while [1].

Ear

Eruptions, meatus, in, boils [3].

Face

Tingling, lips [2].

Mouth

Dryness, tongue, night [2].

Stomach

Pain, pressing, stool, after [2].

Abdomen

Emptiness, stool, after [2]. Flatulence, stool, after [3].

Rectum

Diarrhoea, mental exertion, after [2].

Stool

Fatty [1]. Lumpy and liquid [2]. Mushy, yellow [2]. Thin, yellow [3].

Male genitalia

Erections, troublesome, morning, waking, on [1], excessive, lascivious thoughts, during [3]. Masturbation, disposition [2].

Back

Heat, mental exertion [2; Sil.]; dorsal region [3], scapulae, between [2]. Pain, bending forward agg. [2/1]; lumbar region, flatus, passing, amel. [2]; burning, motion amel. [2]; stitching, bending forward while sitting [1/1].

Extremities

Heaviness, upper limbs, exertion, on [2]; lower limbs, exertion, after [3]. Pain, burning, lower limbs, posterior part [3; Helon.].

Generalities

Stagnated, sensation as if blood [2]. Weariness, mental exertion [3].

Food

Desire: Cold drinks [1].

#### Nucleus

- 1. Brain fag; examination funk. Ailments from mental exertion [and anxiety].
- 2. agg. Heat. amel. Cold.
- 3. Burning sensation and heat.
- 4. Heaviness.
- 5. Increased sexual desire.

### Platinum metallicum

#### Platinum

#### Region

FEMALE ORGANS. Nerves [vagus; sensory; trigeminal]. \* ONE SIDE.

#### Modalities

Worse: EMOTIONS [sexual; coition; grief; anger]. TOUCH. Nerve exhaustion. Evening. While at rest. During menses. Standing. After rising. Pregnancy. Fasting. Bending backward. Warm room.

Better: Walking in open air. Sunshine. Motion. Stretching.

#### Leading symptoms

M Very IDEALISTIC [romantic fancies about marriage and life]. Ailments from DISAPPOINTMENT [especially sexual], grief, scorn, deceived ambition.

#### LEADING TO:

M -DWELLS on past disagreeable occurrences; "past events trouble her".

M Forsaken, DESERTED feeling. [Delusion as if in a strange land].

#### **COMPENSATES BY:**

M Auto-eroticism and narcissism. Self-love. Only satisfied with the very best of everything. Anything less...

#### **RESULTS IN:**

M CONTEMPT. Arrogance and pride. Superiority complex. [Dullness and indifference in company],

#### OR IN: DEPRESSION:

- M Sadness amel. open air.
- M -General amel. from WEEPING.
- G amel. WALKING in OPEN AIR. agg. HEAT.
- G agg. EVENING [3]; before going to sleep [2].
- G High sex drive. Excessive sexual desire, driving to masturbation. Easily excited.
- G Violent cramping, squeezing, thrusting or benumbing pains.
- G agg. While fasting [3].
- G NUMBNESS; local [scalp, face, coccyx, calves, etc.]; in spots. Pains and numbness.
- G Numbness + stiffness + coldness [of many parts].
- G CONSTRICTION; sensation as if BANDAGED.
- G COLDNESS of single parts [face, eyes, ears, etc.].
- G STICKY secretions [tears, stool, menses, etc.].
- G Pains appear and disappear GRADUALLY.
- G SORE pain on PRESSURE [3].
- G agg. Dry weather [2]. amel. Wet weather [2].
- G agg. At BEGINNING of menses [2].
- G Menses COPIOUS and of SHORT duration.
- P Painful sensitiveness of sexual organs; "cannot wear a napkin"; vaginismus; cannot bear an examination; faints almost during intercourse.

P - Debility and tired feeling of the limbs, especially while at rest.

Repertory

Mind

Contemptuous, of everything [3]. Delusions, alone, that she is, in the world [2], belong to her own family, does not [2/1], horrible, everything, seems [2/1], small, things appear [3], superhuman control, is under [1], talking, fancies herself, with spirits [3]. Dullness, company, in [2/1]. Dwells, on past disagreeable occurrences, night [2]. Exclusive, too [2]. Fear, strangled, to be [3/1]. Hatred, children, of [3]. Idealistic [2]. Indifference, company, while in [2]. Kill, desire to, sudden impulse to [2]. Laughing, serious matters, over [2]. Sadness, air, in open, amel. [3], warm room [2]. Thoughts, intrude and crowd around each other, sexual [2]. Weeping, air, in open, amel. [2]. Weeping, ameliorates symptoms [2], pains, with the [2].

Vertigo

Descending, on, stairs [2].

Head

Numbness, sensation of, morning, brain [2], sensation of, walking in open air amel. [2; Mang.]; forehead [3]; occiput, too tightly bound, as if [2]; temples [3]; vertex [2]. Pain, room, in crowded [3]; forehead, using eyes [2/1]; pressing, forehead, warm room [2]. Vision

Accommodation, slow [2]. Flickering, headache, before [2].

Face

Coldness, right [3], sense of [2], chin, cold, sense of [3/1]. Numbness, right [3], cheek [2], zygoma [3/1]. Pain, gradually increasing and gradually decreasing [2; Stann.], numbness, with [2]. Veins, distended, chin [2/1].

Stomach

Eructations, loud, fasting, while [3/1].

Abdomen

Contraction, Umbilicus, sleep, during [2/1].

Rectum

Constipation, sedentary habits, from [3], traveling, while [2].

Stool

Balls, like, black [2]. Hard, burnt, as if [2].

Male genitalia

Masturbation, disposition, sleep, during [2]. Sexual passion, violent, trembling, with [3]. Sodomy [2/1].

Female genitalia

Desire, violent, involuntary orgasms, with [3]; virgins, in [3]. Heaviness, menses, during [2]. Leucorrhoea, masturbation, from [2]. Menses, black, pitch-like [2], copious, short duration, and [2], suppressed, emigrants, in [2/1]. Pain, ovaries, coition, after [2], uterus, coition, after [2/1], uterus, gradually comes and goes [2; Stann.]; bearing-down, uterus, ascending steps [2/1], walking agg. [2]; pressing, ovaries, menses would reappear, as though [2/1]. Vaginismus, coition, during [2].

Back

Numbness, coccyx, sitting, while [3/1].

**Extremities** 

Bandaged, sensation as if [3]. Constriction, thigh, as from a tightly drawn bandage [3]; ankles [2]. Cramps, Ankle, evening, lying, while, with feeling as if extremities were going to sleep [2/1]. Heaviness, foot, sitting, while [2]. Restlessness, leg, evening [2], sitting, while [2]. Uncover, inclination to, lower limbs, night [2; Zinc.]. Skin

Coldness, sensation of [2].

Generalities

Analgesia, inner parts [3], parts affected [3]. Numbness, spots, in [2; Lyc.]. Pain, sore, pressure, on [3]. Threads, sensation of [2]. Trembling, pains, with the [2]. Weakness, motion amel. [2].

#### Food

Aversion: Meat [2]; everything [1]; meat, during menses [1/1].

Desire: Cold drinks [1]; tobacco [1].

Worse: Coffee [1].

#### Nucleus

- 1. Disappointed expectations [especially sexual], resulting in aloofness, arrogance or depression.
- 2. amel. Open air; walking in open air.
- 3. Constrictive sensations; as if bandaged.
- 4. Numbness [tingling, formication] and coldness.
- 5. Sticky secretions.

### Plumbum metallicum

#### Lead

#### Region

CORD and NERVES [MUSCLES; ABDOMEN; kidneys; navel]. Blood vessels. Blood. \* Right side. Left side.

#### Modalities

Worse: Clear weather. Exertion. Motion. Company. Grasping smooth objects.

Excitement. Night. Drinking. Walking in open air.

Better: Hard pressure. Rubbing. Bending double.

#### Leading symptoms

M - Slow, difficult ideation.

M - QUIET MELANCHOLY. Taciturn.

M - Timid, restless and anxious.

M - Mental exhaustion from physical labour.

M - High living; people who have been egoistic, selfish throughout their lives; enjoyed the best of everything. Apathetic; irritated about it, with self-destructive impulses. Fixed, sclerotic attitudes and attachments. Find excitement in risky, scandalous behaviour. Seek forbidden thrills [Vithoulkas].

M - Children with weakness of memory [problems at school], emotional instability and psychomotoric restlessness.

- G Slow, insidious processes, often of a very changeable or incoherent character.
- G Very CHILLY.
- G agg. Evening [3]. agg. Night [3].
- G agg. While fasting [3].
- G Ailments and COLICKY pains.
- G agg. Slight touch. amel. HARD pressure, bending double and warmth [especially colicky pains] [Coloc., Mag-p.]. Rubbing amel. cramps.
- G RETRACTION [actual or sensation as if]: eyes, stomach, abdomen, navel, anus, testes.
- G INSENSIBILITY [to heat of stove, to pain, to pricking].
- G Shooting, flying, lightning pains, extorting cries; RADIATING in all directions.
- G Takes STRANGE attitudes and positions in bed during sleep.
- G ATHEROSCLEROSIS; organic heart disease, atherosclerotic mental deterioration, poor memory, especially for names.
- G NEUROLOGICAL affections [Parkinson's disease, MS, CVA].
- P Tonsillitis [or induration of tonsils] and hardness of hearing.
- P Constipation with constant desire; black balls.
- P Coldness of extremities from physical exertion.
- P Thickening of tendons in palms.

Repertory

Mind

Company, aversion to, amel, when alone [2]. Delusions, calls, some one [2], murdered, that every one around him is a murderer [2/1]. Ennui, silent [3/1].

Gestures, makes, hands, strange attitude and position [2/1]. Memory, weakness of, expressing one's self, for [3]. Quiet disposition [2]. Speech, slow [2].

Vertigo

Epilepsy, before [2].

Head

Pain, company or crowd, while in [2], constipated, while [2]; forehead, company agg. [2/1]; occiput, pressure amel. [2].

Face

Distortion, mouth [3]. Shiny, as if oily [2]. Trembling, right, then left [2/1].

Mouth

Discoloration, gums, blue line on margin [3/1], purple [3].

Throat

Induration, tonsils [2]. Pain, burning, oesophagus, eating, after, some hours later [2/1]. Stomach

Eructations, sweetish, water [2/1]. Pain, pressure amel. [2], radiating [2], extending to groins [3/1], extending to limbs [3/1]; burning, eating, after, some hours after [2]. Vomiting, bile, headache, with [2].

Abdomen

Pain, cold, becoming, from [2], radiating to all parts of body [3/1]; umbilicus, radiating from [2]; cramping, bending forward amel. [2], constipation, during [2]. Retraction, Umbilicus [3]. Rumbling, Ileo-caecal region [3/1].

Rectum

Constipation, constant desire [2]. Constriction, stool, during [3]. Involuntary stool, night, bed, in [2]. Unnoticed stool [2].

Stool

Balls, like, black [3]. Knotty, mucus, covered with [2].

Bladder

Retention of urine, colic [3]. Urination, involuntary, convulsions, during [2].

Kidneys

Suppression of urine, fever, with [2].

Male genitalia

Retraction, testes [2]. Sexual passion, increased, excitement of, easy [2].

Female genitalia

Pain, ovaries, extending limbs amel. [2/1].

**Extremities** 

Dragging, legs, walking, while [2]. Emaciation, diseased limb [3]. Insensibility, hand, burning, to [2/1]; fingers, to heat of stove [2; Thuj.]. Motion, lower limbs, control, loss of [2]. Numbness, lower limbs, walking, while [2]. Pain, pressure agg. [2], pressure amel.

[2]; joints, night amel. [2], warmth of bed agg. [2]; lower limbs, extending upwards [2]; stitching, rubbing amel. [2/1]. Paralysis,

Forearm, extensor muscles [3]; lower limbs, colic, with [2/1], parturition, after [2].

Trembling, hand, holding objects, on [3], mouth, carrying something to, when [3].

#### Skin

Dry, inability to perspire, when exercising [3].

Generalities

Change of position amel. [2]. Trembling, emotions, after [2], exertion, on slight [2].

#### Food

Aversion: Drinks [1]; everything, morning [1].

Desire: Bread [2]; cold drinks [2]; salty things [2]; sweets [2]; alcoholic drinks [1]; fried

food [1]; pastry [1]; rye bread [1]; salt + sweets [1]; sour [1]; tobacco [1].

Worse: Fish [2]; cold food [1].

Better: Hot food [2].

#### Nucleus

- 1. Sclerotic, slow, apathetic; seek forbidden thrills.
- 2. Very chilly. Sensitive to cold.
- 3. amel. Rubbing. amel. Warmth, bending double, hard pressure.
- 4. Retraction.
- 5. Lightning, radiating pains.

# Podophyllum peltatum

May Apple

# Region

Liver; duodenum; intestines. RECTUM. \* Right side [ovary; scapula; throat]. Left side.

#### Modalities

Worse: EARLY MORNING. Eating. Hot weather. Dentition. Drinking. Motion.

Mercury. Bathing or washing. Overlifting or straining. During stool. 2-4 a.m.

Better: Rubbing liver. Lying on abdomen. Evening. Bending forward. External warmth.

#### Leading symptoms

M - Great, even delirious loquacity during heat and during chill.

M - Imagines himself sick; thinks he was about to die. Is going to be sick.

DEPRESSION in GASTRIC affections.

M - Moaning in sleep. Rolling with head.

G - agg. SUMMER [especially headache, diarrhoea].

G - agg. Early morning [diarrhoea]; 4-5 A.M.

G - amel. Lying on ABDOMEN [diarrhoea, bellyache]. "In the early months of pregnancy, can lie comfortably only on the abdomen" [Allen].

G - RELAXATION of tissues [abdominal, pelvic, rectal] ["as if all the parts were let down" - Kent].

G - PERSPIRATION during PAINS.

G - Weakness from PAIN in STOMACH.

P - PROFUSE, FORCIBLE [runs right through diaper] and FETID diarrhoea ["odour penetrates the whole house" - Kent].

P - Diarrhoea PRECEDED by soreness [agg. pressure], cramping [must bend double], rumbling and GURGLING ["as if fish were turning and tossing in a pond"], and by nausea and palpitation [adults] or paleness of face [children].

P - PROLAPSE rectum - before or with stool with diarrhoea; after parturition; during vomiting; when stooping or lifting.

P - PROLAPSE uterus from overlifting or straining; from constipation; after child-birth.

P - Difficult dentition [BITES GUMS together; grinds teeth; diarrhoea]. Diarrhoea agg. after eating or drinking, or agg. being bathed or washed.

P - Copious diarrhoea during menses and great soreness of uterus and abdomen; agg. pressure, even of clothing; amel. rubbing or massaging abdomen.

P - Headache ALTERNATING with diarrhoea, with liver disturbances. Constipation alternating with diarrhoea.

P - Pain in ovaries, especially RIGHT, extending to thighs, agg. stretching legs.

### Repertory

Head

Pain, constipated, while [2]. Perspiration, scalp, sleep, during [2].

Mouth

Broad, tongue seems too [2]. Dryness, tongue, morning, on waking [2]. Odour, offensive, night [2/1].

Teeth

Clinch together, constant inclination to [2]. Dentition, difficult [2].

Throat

Pain, sore, right, extending to left [2].

Stomach

Eructations, eggs, spoiled, like, smelling like [2]. Nausea, stool, before [2]. Sinking, stool, after [3]. Vomiting, bile, night [2].

Abdomen

Emptiness, stool, after [3]. Fullness, sensation of, hypochondria, right [2]. Gurgling, stool, before [3]. Numbness [2]. Pain, flexing limbs amel. [2]; liver, rubbing amel. [3/1]; cramping, constipation, during [2]; sore, stool amel. [2/1].

Rectum

Constipation, pregnancy, during [2], sedentary habits, from [2], morning, bed, driving out of [2], night, 4 a.m. [3], bathing, after [2], cider, after [2], food, solid, after [2], milk, sour, after [2/1], oysters, after [2]. Heat, stool, during [3]. Prolapsus, parturition, after [2; Ruta], vomiting, when [2; Mur-ac.].

Stool

Clay-like [2]. Lumps, like chalk [3]. White, chalk like [3].

Female genitalia

Inflammation, ovaries, right [3]. Numbness, ovaries [2; Apis]. Pain, bearing-down, uterus, come out, as if everything would, stool, during [2/1]. Prolapsus, uterus, confinement, after [2], lifting, from [2], stool, during [3]. Swollen, pregnancy, during [2; Merc.].

Back

Heat, spine, flushes, stool, during [2/1], stool, after [2/1]. Pain, lumbar region, stool, during, soft [2], stool, after [2]; sacral region, stool, during [2], stool, after [2]. Generalities

Convulsions, dentition, during [2]. Weakness, stomach, pain in, from [2/1].

#### Food

Aversion: Food, smell of [2]; milk [1].

Desire: Cold drinks [2], sour [2].

Worse: Fruit [2]; oysters [2]; fruit, sour [1]; milk [1].

#### **Nucleus**

- 1. agg. Summer, agg. early morning. amel. Lying on abdomen.
- 2. Profuse, offensive, gushing stool.
- 3. Relaxation.
- 4. Alternating complaints [headache diarrhoea; headache liver disturbances; constipation diarrhoea].
- 5. Difficult dentition.
- 6. Pre-eminently an acute remedy.

# **Psorinum**

#### Scabies vesicle

### Region

SKIN [FOLDS of; sebaceous glands]. EARS. BOWELS. Respiration.

#### Modalities

Worse: COLD [open air; washing]. Weather [stormy; changing; winter]. Heat [of bed; exertion; wool; hot sunshine]. SUPPRESSIONS. Yearly. Contact of his own limbs. Periodical. Coffee.

Better: Lying with head low, with arms spread wide or quietly. Eating. Nosebleed. Hard pressure. Warm room. Profuse sweating.

# Leading symptoms

- M DESPAIR; HOPELESSNESS. PESSIMISTIC [born loser, helplessly under the sway of the ups and downs of life].
- M TREMENDOUS ANXIETY. Forebodings.
- M LACK OF [energy, love, money, willpower, hope, knowledge, ambition, reaction, healing power, life impulse, etc.].
- M FORSAKEN FEELING.
- M Confusion as to his identity, as if head were separated from body [3].
- G "The great unwashable" [Sulph. the "great unwashed"].
- G VERY CHILLY. Frequent colds. agg. Change of weather [3].
- G agg. Cold and heat [2]. agg. Summer. agg. Exposure to sun [2].
- G agg. APPROACH of a STORM thunderstorm. agg. During.
- G FOUL discharges [stools, sweat, foot sweat, odour of body, otorrhoea].
- G CONSTANT hunger; waking from sleep from hunger. agg. When hungry [2].
- G Attacks [especially headaches] PRECEDED [or attended] by canine hunger.
- G amel. EATING.
- G Ailments from SUPPRESSED ERUPTIONS [e.g. bronchitis, asthma, epilepsy, diarrhoea, paralysis].
- G Debility [and profuse perspiration] remaining after acute diseases.
- P Lot of skin problems; skin usually dry, scaly, greasy and dirty looking; aversion to washing and washing agg..
- P Sensitive to DRAFTS about head; wants head covered, even in summer.
- P Recurrent tonsillitis from exposure to cold; and hardness of hearing.

#### Repertory

#### Mind

Anxiety, closing eyes, on [2]. Cares, worries, full of, night [2/1]. Confusion, identity, as to his, head separated from body, as if [3]. Fear, busy streets [3], cancer, of [3], death, of, heart symptoms, with [2], failure, of, business [2], poverty [2]. Gestures, wringing the hands [2]. Irritability, climacteric period, at [2/1]. Obstinate, children, annoy those around

them [2/1]. Pessimist [2]. Restlessness, children, night, but morning fresh and lively [2/1], storm, before [2]. Thoughts, persistent, ideas of, which first appeared in his dreams [2/1]. Torments, everyone with his complaints [2]. Well, feels very, before becoming sick [3].

Head

Congestion, epistaxis, with [2]. Pain, night, waking, on [2], chronic [2], hunger, with [2], suppressed eruptions [2], weather, changes of [2]; forehead, eyes, above, left, then right [2]; pressing, waking, on [2], breakfast amel. [2], washing, amel., after [2]. Tired feeling [2].

Eye

Pain, looking sharply, when [2]. Photophobia, walking in open air [2; Clem.].

Vision

Accommodation, slow [2]. Blurred, headache, before [2]. Colours, black, rings, headache, before [2/1], black, spots, headache, before [2/1]. Dancing, headache, before [2/1]. Dim, headache, before [2], headache, during [2]. Flickering, headache, before [2]. Spots, headache, before [3/1].

Ear

Discharges, sequelae [3]. Noises, roaring, vertigo, with [2].

Nose

Dryness, inside, blow nose, compelled to, but no discharge [2].

Stomach

Appetite, increased, headache, before [3], headache, with [3], sickness, before attacks [2]; ravenous, night [2], pregnancy, in [2/1]. Pain, hunger, during [2].

Abdomen

Hanging down, as if intestines were [2]. Pain, eating amel. [2].

Rectum

Diarrhoea, acute diseases, after [2], change of weather, from [2], eruptions, suppressed, after [2]. Flatus, offensive, spoiled eggs [2].

Male genitalia

Nodules, hard, brown on, testes [2/1].

Female genitalia

Menses, painful, menopause, near the [3/1].

Respiration

Difficult, lying, while, amel. [3], back, on, arms outstretched amel. [2/1], riding, while, amel. [2/1].

Cough

Touching the canal of ear, on [2].

Chest

Pain, heart, lying, back, on, amel. [2; Cact.]. Palpitation, lying, while, amel. [2], side, right, amel. [3].

**Extremities** 

Perspiration, hand, palm, night [2/1], exertion, on [2; Calc.].

Perspiration

Exertion, mental [2]. Profuse, walking, while [3].

### Food

Aversion: Pork [2]; tomatoes [2]; cooked food [1]; smoking [1]; tobacco [1]; warm food [1].

Desire: Alcoholic drinks [2]; charcoal [2]; beer [1]; cold drinks [1]; delicacies [1]; sour [1].

Worse: Fruit [2]; milk [2]; sour fruit [2]; coffee [1]; farinaceous food [1]; peaches [1/1].

### Nucleus

- 1. Despair, hopeless, pessimistic.
- 2. Forsaken feeling. Lack of ... (many things).
- 3. Very chilly. Great susceptibility to taking cold.
- 4. Foul discharges.
- 5. amel. Eating. Constant hunger.
- 6. agg. Suppressed eruptions.

# Pulsatilla pratensis

#### Wind Flower

# Region

MIND. VEINS. MUCOUS MEMBRANES [TONGUE; STOMACH; BOWELS; FEMALE and GENITO-URINARY ORGANS]. Respiration. Right heart. \* RIGHT SIDE.

#### Modalities

Worse: WARMTH [AIR; ROOM; clothes; BED; WARM FOOD; WARM DRINKS]. Getting feet wet. SUPPRESSIONS. EVENING. REST. BEGINNING MOTION. LYING; one side [left]; painless side; with head low. EATING [RICH FOOD; long after; FATS; ice cream; eggs; overloading stomach; PORK; fruits; pastry]. PUBERTY. PREGNANCY. Before menses. During menses. Iron. Quinine. Dangling feet. Violent emotions. Wet weather.

Better: COLD; FRESH, OPEN AIR. Uncovering. ERECT POSTURE. Gentle motion. After a good cry. Cold applications. Rubbing. Hard pressure. Lying with head high. COLD DRINKS; COLD FOOD.

# Leading symptoms

- M AFFECTIONATE; MILD; TIMID; EMOTIONAL; TEARFUL [alternating with laughter].
- M FORSAKEN FEELING.
- M YIELDING, submissive, can't refuse anything. Wants to PLEASE. Sympathetic, but gives to receive. May have rigid, moralistic, dogmatic ideas [in a deeper stage].
- M FASTIDIOUS. Irresolute.
- M Fear NARROW PLACES; in a CROWD; when ALONE; of DARKNESS; INSANITY.
- M Can be manipulative to get attention. Places responsibility on others. Self-pity.
- M amel. CONSOLATION.
- G Chilly, yet absolutely INTOLERANT of any form of HEAT.
- G CHILLINESS during PAINS [yet aversion to heat].
- G amel. OPEN AIR. Craving for open air [wants windows and doors open].
- G Changeable, shifting symptoms.
- G Pains DISAPPEAR GRADUALLY after sudden or gradual appearance.
- G PROFUSE, THICK, BLAND, YELLOW-GREEN DISCHARGES.
- G NO THIRST.
- G amel. GENTLE MOTION. amel. Walking slowly [3].
- G agg. At beginning of motion [3]. amel. Continued motion [3].
- G agg. Lying on LEFT side [3]. amel. Lying on BACK [3].
- G FATS and rich food [aversion + agg.].
- G DIGESTIVE problems.
- G agg. Eating to SATIETY.
- G Never well since puberty.

- P FLUSHES easily.
- P VARICES. Fullness of veins.
- P Changeable stools.
- P Menses dark, late [at puberty], scanty, irregular.
- P Loose morning, then dry evening cough.
- P Chronic nasal catarrh; discharge thick yellow, greenish, offensive; agg. warm room, amel. open air. Stoppage of nose at night.
- P All gone sensation in stomach in TEA drinkers.
- P Otitis media in children; agg. night, agg. heat; whining; want consolation.

# Repertory

Mind

Anxiety clothing, must loosen, and open window [3], exaggerated [3], house, in [3]. Confusion, walking, open air, in, amel. [3], warm room, in [3].

Dishonest [3]. Effeminate [3]. Envy [3], hate, with [3]. Fear, evening, twilight [3], opinion of others, of [3]. Jealousy, ailments from [3]. Praying [3]. Restlessness, walking in open air amel. [3]. Sadness, warm room [3]. Sensitive, heat, during [3].

Unconsciousness, crowded room, in a [3], warm room [3].

Vertigo

Lifting a weight [3]. Objects, seem to be too far off [3].

Head

Pain, eating, after, overeating [3], hot drinks agg. [3], ice cream, after [3], lies with head high [3], menses, after, cessation, on [3], summer [3], walking, rapidly, while [3], walking, slowly, while, amel. [3].

Eye

Discharge, of mucus or pus, canthi, inner, morning [3]. Dryness, warm room [3]. Itching, air, open, amel. [3/1].

Vision

Dim, evening, warm from exertion, when [3/1]. Foggy, rubbing amel. [3].

Ear

Noises, rushing, synchronous with pulse [3]. Pulsation, night [3].

Hearing

Impaired, cold, after a [3].

Nose

Coryza, discharge, with, warm room [3]. Discharge, yellow, morning [3].

Face

Perspiration, side, one [3].

Mouth

Dryness, tongue, thirst, without [3]. Saliva, cotton, like [3].

Stomach

Eructations, butter, after eating [3], fats, after [3], rich food, after [3]. Nausea, warm drinks [3]. Pain, warm food agg. [3].

Abdomen

Coldness, eating, after [3]. Emptiness, pressure amel. [3]. Heaviness, as from a load, menses, before [3/1]. Movements, in, stool, before [3].

Rectum

Diarrhoea, opium, after [3], overheated, after being [3], warm room agg. [3].

Bladder

Urination, frequent, exposure to cold and wet [3]; involuntary, pregnancy, during [3], sitting, while [3].

Male genitalia

Pain, testes, sitting, while [3]. Swelling, testes, mumps, from [3].

Female genitalia

Leucorrhoea, cream-like [3], lying, while [3/1]. Menses, daytime only [3], painful, dysmenorrhoea, feet wet, from getting [3].

Larynx

Inflammation, larynx, heated, from getting [3; Brom.].

Cough

Bed, warm, on becoming, in [3]. Constant, lying agg., sitting up amel. [3].

Chest

Anxiety, lying, while, on left side [3/1]. Pain, bending forward amel. [3].

Back

Coldness, cold water spurted on, as if [3], extending down back, as if cold water poured down the [3]. Pain, motion, amel. by gentle [3], rising, stooping, prolonged [3].

Extremities

Heat, foot, burning, uncovers them [3]. Numbness, lower limbs, menses, during [3]. Pain, cold, applied amel. [3]; joints, warmth agg. [3]. Varices, lower limbs, pregnancy, during [3].

Sleep

Position, arms on abdomen [3]. Sleeplessness, thoughts, from, same idea always repeated [3], twitching of the limbs [3]. Yawning, menses, before [3].

Chill

Bed, turning over in [3]. Chilliness, menses, before [3]. Eating warm things agg. [3]. Warmth unbearable [3].

Perspiration

Night, lasting all night, with loquacity [3/1]. Side, one sided, left [3].

Generalities

Contradictory and alternating states [3]. Eating, satiety, to [3]. Faintness, close room, in [3]. Pain, parts, recently lain on [3/1]. Stretching, urination, before [3/1]. Weakness, morning, lying [3/1].

#### Food

Aversion: Butter [3]; eggs [3]; fruit [3]; meat [3]; warm drinks [3]; warm food [3]; bread [2]; drinks [2]; everything [2]; milk [2]; oil [2]; pork [2]; smoking [2]; tobacco [2]; water [2]; beer [1]; brown bread [1]; hot drinks [1]; milk, morning [1/1]; salt food [1]; sweets [1].

Desire: Cold food [3]; alcoholic drinks [2]; beer [2]; eggs [2]; eggs, soft-boiled [2]; herring [2]; ice cream [2]; peanut butter [2/1]; refreshing things [2]; sour [2]; sweets [2]; tea [2]; tonics [2]; brandy [1]; bread [1]; butter [1]; cheese [1]; cold drinks [1]; fruit [1]; highly seasoned food [1]; juicy things [1]; lemonade [1]; whisky [1]; wine [1].

Worse: Bread [3]; bread and butter [3]; buckwheat [3]; butter [3]; fat [3]; frozen food

[3]; pancakes [3]; pastry [3]; pork [3]; rich food [3]; warm food [3]; tobacco [3]; black bread [2]; cabbage [2]; coffee [2]; cold food [2]; dry food [2]; fish, spoiled [2]; heavy food [2]; hot food [2]; meat [2]; meat, spoiled [2]; milk [2]; onions [2]; raw food [2]; sauerkraut [2]; turnips [2]; beans and peas [1]; beer [1]; cold drinks [1]; flatulent food [1]; wine [1].

Better: Cold drinks [2]; vinegar [2]; hot food [1].

### Nucleus

- 1. Mild, affectionate. Want attention and consolation.
- 2. Lot of FEARS: darkness, narrow places, when alone.
- 3. Chilly, yet heat intolerable. amel. Open air.
- 4. No thirst.
- 5. Bland yellow-green discharges.
- 6. Fats and rich food [aversion + agg.].

# Pyrogenium

Artificial Sepsin

# Region

BLOOD. Heart. Circulation. Muscles.

#### **Modalities**

Worse: Cold damp. Becoming cold. Passing flatus. Night.

Better: Motion [change of position; rocking, hard]. Heat. Hot bath. Pressure.

## Leading symptoms

M - Loquacity; can think and talk faster than ever before [during fever].

M - Distinct consciousness of heart. [Of uterus: Helon., Lyss.]

G - agg. COLD in general [3].

G - RESTLESSNESS; must move constantly to amel. soreness of parts. amel. Warmth and motion [Rhus-t.]. amel. Motion [3]. Sore pain amel. motion [3].

G - BRUISED SORENESS. Bed seems too hard. Sore pain in parts lain on.

G - PROSTRATED, yet restless.

G - FOUL secretions [stools, urine, sweat, odour of body, breath, menses, vomit].

G - Bone pains.

G - SEPSIS [almost specific for puerperal fevers].

G - PULSE QUICK OUT OF ALL PROPORTION TO TEMPERATURE, or the reverse.

G - Quickly oscillating temperature. HIGH FEVER.

G - Sweat without relief.

G - "In ALL cases of fever commencing with pain in the limbs" [Swan].

G - NEVER WELL SINCE an infection attended with suppuration. "LATENT PYROGENIC processes, patient continually rElaps corallinusing after apparent simillimum." "When in septic states the best selected remedies fail to relieve or permanently improve" [Allen]. REMOTE effects that date back to septic conditions: typhoid fever, empyema, severe sinusitis, blood poisoning, dissecting wounds, puerperal fever, miscarriage.

G - Fond of a HOT BATH.

G - Succession of BOILS.

P - Fiery red, smooth tongue.

P - Throbbing headache amel. tight bandaging.

# Repertory

Mind

Delusions, wealth, imaginations of [2]. Talks, to himself [1].

Head

Skull-cap, sensation of [1]. Pain, pressing, pressure amel. [1].

Nose

Obstruction, one-sided [2]. Sneezing, uncovering, from, hands [1].

Stomach

Vomiting, drinking, soon as water becomes warm in stomach [2].

Rectum

Diarrhoea, septic conditions, from [2].

Stool

Balls, like, black [2].

Urine

Albuminous, pregnancy, during, and after delivery [2].

Extremities

Pain, fever, during [2], motion, on, amel. [3], warmth of bed amel. [1]; lower limbs, walking amel. [3], warmth of bed amel. [3]; aching, fever, during [2], walking, while, amel. [3].

Chill

Beginning, back [2], back, between the scapulae [2]. Warmth, desire for, which does not relieve [2].

Fever

Exertion, after [1/5]. Uncovering, chilliness from, in any stage of paroxysm [2].

Perspiration

Single parts [2].

Generalities

Abscesses, burning [2], recurrent [2; Syph.]. Hard bed, sensation of [2]. Pain, broken, as if bones [2]; sore, parts lain on [3]. Touching cold things agg. [2]. Wounds, dissecting [2].

Food

Aversion: Hot food [1]; warm drinks [1].

Worse: Spoiled meat [2].

#### Nucleus

- 1. Bruised soreness; compelled to move for relief.
- 2. Foul secretions.
- 3. Prostrated, yet restless.
- 4. Chronic complaints originating in a septic condition.
- 5. Fever and pain in limbs.
- 6. Consciousness of heart.

# Radium bromatum

#### Radium Bromide

# Region

Skin. Nerves. Lymphoid tissue. Bones. Muscles and joints [lumbo-sacral; big toe]. Shifting sides.

#### Modalities

Worse: Motion. Shaving. Washing. On rising after lying down. After eating. Night. Better: Open air. Hot bath; hot water. Eating. Cold drinks. Continued motion. Lying down.

#### Leading symptoms

- M Fear of being alone in the dark.
- G OPEN AIR [desire + amel.].
- G Dry, burning heat, as if on fire; craves COOL AIR.
- G Vivid dreams of FIRE.
- G Sudden shifting or electric pains; must lie down.
- G DULL ACHING pain deep in joints; agg. night; has to be in constant motion for relief.
- G Bad effects of X-rays [or X-ray burns].
- G Desires PORK. Aversion to sweets; ice cream.
- G Pains appear suddenly and disappear gradually.
- G Wandering pains; alternating sides.
- P Rushing in ears amel. lying on face.
- P Itching skin, moist on scratching, amel. application of hot water. Dry, bran-like, scaly eruptions. Burning of the skin, as if on fire.
- P Vertigo and pain in the back of the head.
- P Severe pain over right eye, extending to occiput and to vertex; amel. open air.
- P Diarrhoea during eating.

#### Repertory

#### Not mentioned in Kent's Repetory.

#### Food

Aversion: Ice cream [1]; sweets [1].

Desire: Pork [1].

#### Nucleus

- 1. Similar to Rhus-t. [aching pains and restlessness, agg. night, amel. continued motion] but craving for open air.
- 2. Dry burning heat; as if afire. Dreams of fire.
- 3. Desire for pork.
- 4. Itching amel. application of hot water.

5. Wandering pains; alternating sides. Notes

# Ranunculus bulbosus

## Buttercup

# Region

NERVES. Muscles. Eyes. Serous surfaces. THORAX. SKIN. Fingers and toes. \* Right side. Left side.

#### Modalities

Worse: AIR [damp; cold; open; drafts]. Changing [weather; temperature; position]. Alcohol. Evening. Motion; of arms. Breathing. Touch. Wet and stormy weather. After eating. Morning. Stretching.

Better: Eructations. Rest. Warm applications. Warm weather.

# Leading symptoms

- M Hasty, irritable and quarrelsome, especially in morning.
- M Fear of ghosts.
- G ALCOHOLISM. "One of our most effective remedies for the bad effects of alcoholic beverages" [Allen]. [Headache, spasmodic hiccough, delirium tremens]
- G Very CHILLY.
- G agg. COLD, DAMP, stormy weather; CHANGE of weather [headaches, rheumatic pains, neuralgia of chest, spine and ovaries, vertigo].
- G agg. Cold and heat [2].
- G agg. MOTION [reverse of Rhus-t.].
- G agg. Touch [3].
- G agg. Approach of a storm [2].
- G FAINTNESS before eating [only remedy in italics].
- G STITCHING, SHOOTING pains.
- G Bruised SORENESS or as of deep ulceration.
- G BLUISH vesicles.
- G Burning [or sore pain] in small spots [margin of left scapula, ribs, spine].
- P Pain along inner [or lower] margin of LEFT SCAPULA [from needlework, type-writing, and piano-playing; in women of sedentary employment Allen; in shoemakers, needle workers and writers from sitting bent Kent]. [MAIN remedy]
- P HERPES ZOSTER preceded or followed by intercostal neuralgia; vesicles have a dark or bluish appearance, with great itching and burning.
- P Intercostal rheumatism [or neuralgia] [mainly LEFT-sided]; chest sore, bruised, agg. touch, motion or TURNING the BODY; in wet, stormy weather.
- P Intercostal pain AFTER pneumonia or pleurisy; pain agg. change of weather.
- P Pleurisy or pneumonia after sudden exposure to cold while overheated [Kent].
- P Violent pain over right eye, agg. lying, amel. walking and standing. All other pains agg. motion.
- P Hay fever and burning in eyes, itching of the soft palate, pressing in the root of the nose, agg. evening [Kent].

Repertory

Mind

Concentration, difficult, vacant feeling, has a [2]. Confusion, loses his way in well-known streets [1]. Quarrelsome, morning [1/5]. Weeping, headache, with [1].

Vertigo

Ascending, sensation of [1].

Head

Pain, standing, while, amel. [1/4], weather, from changes of [2]; forehead, eyes, above, standing amel. [2/1], walking amel. [2/1].

Eve

Pain, rubbing amel. [2].

Vision

Dim, night [2].

Nose

Itching, posterior nares [2].

Mouth

Itching, palate [2].

Stomach

Eructations, drunkards, in [2; Sul-ac.]. Hiccough, alcoholic drinks, after [3/1], convulsions, with [2], drunkards, in [2/1].

Abdomen

Pain, alternating with pain in chest [2]; sore, hypochondria, motion agg. [2]; stitching, liver, breathing, on [3].

Chest

Adhesion, sensation of [2]. Coldness, external [3/1], walking in open air [3/1]; sternum [3]. Pain, herpes zoster, after [2; Mez.], lying, while, side, painful [2], turning [3], weather changing [3/1]; sore, touch [3], turning in bed, on [3]; sore, costal cartilage [3].

Back

Pain, dorsal region, scapulae, left, inner angle of left [2]; scapulae, between, morning [3; Podo.].

Extremities

Coldness, hands, heat, of one side of body, with [2/1]. Pain, joints, bending, on [2].

Skin

Eruptions, vesicular, bluish [3].

Generalities

Change, temperature agg. [3]. Cold place, entering a, agg. [3].

Food

Desire: Brandy [3].

Worse: Alcoholic drinks [3]; wine [3]; brandy [2]; sour [1]; tobacco [1]; vinegar [1].

Better: Bacon [1]; pork [1]; wine [1].

# Nucleus

- 1. Alcoholics [fears, quarrelsome, confusion, ascending sensation, hiccough, eructations, etc.].
- 2. Very chilly.
- 3. agg. Change of weather. agg. Cold damp weather.
- 4. Stitching pains; agg. touch, coldness and motion.
- 5. Pain along inner or lower margin of left scapula.
- 6. Intercostal pain [neuralgic] after herpes zoster, pleuritis or pneumonia.

# Rheum palmatum

#### Rhubarb

# Region

Muscles [of bile ducts; duodenum; intestines]. Liver. \* Left side. Right side.

#### Modalities

Worse: Dentition. Eating. Summer. Nursing women. At night. Uncovering. Moving about. Standing. Before, during and after stool.

Better: Warmth. Wrapping up. Lying doubled up. Covering.

#### Leading symptoms

- M INDISPOSITION to PLAY [in children], on account of colicky pains. Asks for nothing. Anxiety from motion. CAPRICIOUSNESS.
- M Irritability during perspiration [3].
- M Children TOSS all night. [Compare "Quarrelsome in sleep" 1/4]
- G agg. Becoming cold, uncovering; amel. WARMTH, doubling up.
- G SOURNESS [stools, breath, perspiration, vomit].
- G Perspiration on SCALP [sopping wet hair], about nose, mouth or on upper lip.
- "Sweat on the scalp, constant, profuse; whether asleep or awake, quiet or in motion, the hair is always wet; may or may not be sour" [Allen].
- G RESTLESS sleep, and whining, crying, twitching of face, fingers, etc.
- G Aversion to food after eating a little ["loathing after first bite"].
- G BUBBLING sensation [2].
- P Colic, with cries; amel. doubling up, agg. uncovering any part.
- P Difficult dentition.
- P Stool pappy, sour, brown, green, fermented, slimy or acrid. [Boger] Yellow stool turns green on standing.
- P Diarrhoea during inflammatory rheumatism [Mathur].
- P Shivering during stool.

#### Repertory

Mind

Irritability, perspiration, during [3]. Quarrelsome, sleep, in [1]. Restlessness, children, in [1]. Shrieking, children, in [2]. Speech, wandering, night, at [1].

Head

Perspiration, scalp, soup, after [1; Phos.], sour [1]; forehead, easy [1/1].

Eye

Pain, pressing, looking, when [1]. Twitching, lids, sleep, during [1/1].

Ear

Noises, swallowing, when, amel. [1/1]; bubbling [1].

Nose

Itching, tip [1]. Perspiration [1]. Tingling, tip [1].

Face

Discoloration, pale, sleep, during [1/1], stool, during [2]; red, one-sided, one pale, the other red [1]. Perspiration, cold, mouth, around [1; Chin.], lower lip [1/1], upper lip [1]. Twitching, mouth, around [1], corners of [1]. Wrinkled, forehead [1].

Mouth

Salivation, stool, during [2; Colch.].

Teeth

Dentition, difficult [2].

Abdomen

Pain, bending double, must [2], flexing limbs amel. [1], plums, after [1/1].

Rectum

Diarrhoea, emaciated people, in [2], exertion, during bodily [2/1],

nursing, after, women [2; Chin.], standing agg. [1]. Urging, motion, on [2].

Stool

Yellow, green on standing, turning [1; Arg-n.].

**Extremities** 

Bubbling sensation [1/1]. Perspiration, hand, palm, pressed

together, when [1/1].

Sleep

Convulsion, sleep, during [1/1]. Position, arms over head [1].

Generalities

Bubbling [2].

#### Food

Aversion: Food, after eating a little [2]; coffee [1]; everything [1]; fats and rich food [1]; milk [1].

Desire: Sweets [2]; refreshing things [1]; tonics [1]. Worse: Fruit [1]; fruit, unripe [1], milk [1]; plums [1].

#### Nucleus

- 1. Indisposition to play.
- 2. Sourness.
- 3. Constant perspiration on scalp.
- 4. Restless sleep; tossing, whining, twitching.
- 5. Colicky pains amel. doubling up ["odd positions"].

# Rhododendron chrysanthum

**Snow Rose** 

### Region

FIBROUS TISSUES [forearm; lower legs; small joints]. Bones. Genitals. Nerves. Vascular system. Single parts. \* Right side. Left side.

#### Modalities

Worse: Weather [BEFORE STORMS; rough; windy; cold damp; changing; cloudy]. Night. Midsummer. Wine. Rest. Standing. Beginning to move.

Better: Heat; dry heat. In sun. Motion; continued motion. Wrapping head.

# Leading symptoms

- M Nervous persons who DREAD STORMS and especially THUNDERSTORMS.
- M Can always FORETELL A THUNDERSTORM.
- G agg. BEFORE [3] or during [2] STORM; = headache [2], pain in eyes [3], earache [2], pain in face [2], toothache [2], pain in ovaries [2], cough [2], diarrhoea [2], weakness upper limbs [2], pain in extremities [3], chorea [2].
- G agg. Wet weather [3]. agg. Foggy weather [2]. agg. Dry weather [2].
- G agg. COLD weather [3].
- G agg. Beginning motion; amel. CONTINUED MOTION ["general amelioration from motion, even when the painful part is aggravated from moving the affected part" Kent].
- G agg. MORNING [3]. [Rhus-t. agg. morning + night.]
- G amel. HEAT. agg. Cold [damp].
- G Easily affected by WINE.
- G Sleeps with legs CROSSED. ["Cannot fall asleep or remain asleep unless legs are crossed" Allen]
- G Sensation of WATER dashing against inner parts [2].
- P Obstruction of nose, alternating sides.
- P TESTES painful, inflamed, indurated, swollen [especially right testis]. Or pain ALTERNATELY.
- P Menses with fever. [Feverish excitement during menses.]
- P Diarrhoea after fruit.
- P Headache from wine.

## Repertory

Mind

Anxiety, house, entering, on [1; Alum.]. Chaotic, confused behaviour [2]. Confusion, morning [2], walking, while, in open air amel. [1/11]. Delusions, calls, him, someone [1/4], fire, visions of [1]. Excitement, feverish, menses, during [1/1], menses, during [1]. Fear, approaching him, of others, touched, lest he be [1; Arn.], thunderstorm, of [2]. Mistakes, omitting words [2]. Thunderstorm, mind symptoms before [3], during [2]. Head

Pain, morning, rising, on, amel. [3], exertion of body amel. [2], straining eyes, from [3], thunderstorms, before [2], wine, from [2].

Ear

Pain, toothache, with [3].

Face

Pain, motion of lower jaw amel. [2/1], wind agg. [2].

Teeth

Pain, warm things amel. [2], warmth, external, amel. [3].

Throat

Mucus, sensation of [3].

Rectum

Diarrhoea, breakfast, after [2], damp weather [2], fruit, after [2].

Male genitalia

Coition, aversion to [2]. Inflammation, testes, chronic [3], epididymis [3]. Pain, testes, right [3], motion amel. [2]; crushed, testes [3]; sore, bruised, testes, right [2]. Retraction, testes, walking, while [2/1]. Swelling, testes, right [3], left [2].

Female genitalia

Pain, ovaries, changes in the weather, from [2], storm,

before [2].

Chest

Perspiration, axilla, offensive [2].

Back

Stiffness, cervical region, morning [2], waking, on [2], rest, during [2].

Extremities

Arthritic nodosities, finger joints [2]. Formication, fingers [2]. Inflammation, tendons [2; Rhus-t.]. Pain, changes of the weather [3], motion, on, amel. [3], thunderstorm agg. [3], walking amel. [2]; joints, night [2], wandering [2]; tendons [2], attachment of [2]; lower limbs, motion amel. [3], move, beginning to [2], weather, changing [2]; thigh, sitting, while [2], stretching limbs, and turning from side to side amel. [3]; leg, tendo Achilles, walking, continued amel. [2]; foot, heel, rheumatic [3]. Weakness, upper limbs, stormy weather [3].

Generalities

Chorea, thunderstorm, before [2]. Descending agg. [2]. Motion, continued amel. [2]. Pain, sore, cartilage [2]. Water, dashing against inner parts, sensation of [2]. Windy and stormy weather [3].

#### Food

Aversion: Everything [1].

Worse: Cold drinks [2]; cold food [2]; fruit [2]; wine [2]; warm food [1].

#### Nucleus

- 1. Fear of thunderstorm. Can always foretell storm and thunderstorm.
- 2. agg. Before and during storm.
- 3. agg. Beginning motion, amel. continued motion.
- 4. amel. Heat. agg. Wine.
- 5. Alternating sides [obstruction of nose; pain in testes].
- 6. Can only sleep with legs crossed.

# Rhus toxicodendron

# Poison Ivy

# Region

SKIN [face; scalp; genitals]. Blood. Tissues [cellular; ligaments; fibrous; joints]. Mucous membranes. GLANDS [pyers; parotid]. NERVES [CORD; sciatic]. \* Right side. Left side; left then right. LEFT UPPER and RIGHT LOWER.

#### Modalities

Worse: EXPOSURE TO [WET; COLD; air; WASHING; chill or draft when hot or sweaty]. Uncovering; hands, etc. BEGINNING MOTION. REST. SPRAINS. Overexertion. AFTER MIDNIGHT. Before storms. GETTING WET, especially while perspiring. Winter.

Better: CONTINUED MOTION. HEAT [wraps; bath; becoming warm; warm dry weather; WARM DRINKS]. Rubbing. Nosebleed. Holding abdomen. MOVING AFFECTED PARTS. CHANGE of POSITION. Stretching limbs. Lying on something hard.

# Leading symptoms

- M INTERNAL RESTLESSNESS [and timidity Lach. with intensity].
- M Tendency to withhold feelings. STIFF. Can't respond; hold affection back. [Also because they are caught up with their physical state; depressed and discouraged about that.]
- M Finally, when the stiffness goes to the mental plane, there are fixed ideas and superstition [Morrison].
- M APPREHENSION at night. Feels threatened, without knowing why. Has to be on guard [e.g. on account of unpredictable behaviour of husband "I have found that the wife of an alcoholic usually requires Rhus-t." Sankaran].
- M Cares and worries agg. at NIGHT [= during rest]. [Dwells on past disagreeable occurrences after midnight [3/1]; sadness after midnight [1]; anxiety driving out of bed [2]; fear when thinking of sad things [1/1]; fear to go to sleep [2]; delusion that she is being watched [1], that everyone is looking at her [1]].
- G agg. NIGHT [3]. agg. AFTER midnight [3].
- G amel. CONTINUED MOTION.
- G Tremendous RESTLESSNESS; day and night. Can't rest in any position. Dreams of ROAMING over fields [3/1]!! "Dreams of great exertion such as rowing, swimming, working hard at his daily occupation, and roaming over fields" [Allen].
- G Has to MOVE painful parts or must frequently CHANGE POSITION.
- G Physical exertion amel. [3] and agg. [3].
- G agg. COLD, DAMP weather. agg. GETTING WET.
- G COLD feeling or sensation of HEAT in blood vessels.
- G amel. HEAT [local or general]. amel. WARM DRINKS.
- G agg. Lying on either SIDE [3]. amel. Lying on BACK [3].
- G Desire for MILK.

- G HERPETIC eruptions; burning and violently itching, amel. heat, hot water.
- G Desire to STRETCH, especially during sciatica, backache or rheumatic pains.

Stretching out affected parts amel. [3; only remedy in bold type].

- P Headaches starting with cervical stiffness; headache amel. motion.
- P Sensitive to drafts on neck.
- P Urticaria and rheumatic affections.
- P Sore throat or hoarseness amel. talking.
- P Red triangle at tip of tongue.
- P Inflammation of eyes and oedema of lids and surrounding parts; photophobia.

#### Repertory

Mind

Anxiety, evening, twilight, in [2], night, midnight, after [2], air, in open, amel. [2], business, about [3]. Delusions, home, thinks is away from [2], murdered, that he would be [2]. Dullness, eating, after [2]. Dwells on past disagreeable occurrences, night [2], midnight, after [3/1]. Fear, sleep, to go to [2]. Irritability, night [3], walking, when, in open air, amel. [3]. Restlessness, daytime [2]. Sadness, night [2]. Weeping, causeless, without knowing why [3].

Head

Looseness of brain, sensation of, stepping, on [3]. Pain, bathing, after, sea [2], descending, on [2], lifting, from [3], weather, from changes of [3], wet, from getting [3], wet, feet, from wetting [2].

Eve

Inflammation, wet, becoming agg. [2]. Paralysis, lids, upper, cold, from [2; Caust.].

Nose

Coryza, air, snow [2], motion amel. [2], walking amel. [2]. Epistaxis, exertion, from [2], stool, while straining at [2], stooping, when [2], wet, after being [2].

Face

Eruptions, nose, around [3]. Erysipelas, left to right [3]. Swelling, eyes, around [3].

Throat

Pain, warm drinks amel. [2]; sore, straining throat, after [3/1].

Stomach

Pain, lifting, after [2]; burning, cold drinks, after [2].

Rectum

Diarrhoea, exertion, bodily, after [2], ground, standing on damp, after [2], wet, after getting [3], wet, after getting feet [3].

Bladder

Retention, exertion, after [3], wet, after getting feet [2; All-c.]. Urination, involuntary, cold, becoming [2], motion, during, amel. [2/1], sitting, while [2].

Female genitalia

Menses, suppressed, wet, from becoming [2].

Larynx

Voice, hoarseness, talking a while, improves after [2], wet, after getting [2].

Chest

Palpitation, sitting, while, bent [2], walking amel. [2].

Back

Injuries of the spine, lifting, from [3; Calc.]. Pain, lying, while, back, on, amel. [2], lying, while, hard, on something, amel. [2], move, compelling to, constantly in bed [3], reaching up [3/1]. Stiffness, cervical region, lifting, from [3].

Extremities

Itching, hand, hot water amel. [2]. Numbness, lying, while, on them [3]. Stiffness, menses, during [2; Calc-p.]. Twitching, numbness, followed by [3/1].

Sleep

Dreams, fire, world on fire [2/1], roaming over fields [3/1]. Restless, midnight, after [3].

Fever

Winter [2].

Skin

Eruptions, urticaria, rheumatism, during [3], wet, becoming, from [3/1].

Generalities

Wet, getting feet [2], getting, perspiration, during [3].

#### Food

Aversion: Alcoholic stimulants [2]; beer [2]; food, after eating a little [2]; meat [2]; soup [2]; wine [2]; brandy [1]; bread [1]; coffee [1]; fats and rich food [1].

Desire: Milk [3]; beer [2]; cold drinks [2]; cold milk [2]; delicacies [2]; oysters [2]; sweets [2]; tonics [2]; sour [1]; tobacco [1].

Worse: Cold drinks [3]; cold food [3]; beer [2]; bread [2]; cheese, old [2]; cucumber [2]; warm food [2]; coffee [1]; hot food [1]; milk [1]; spoiled sausages [1]; tobacco [1]; wine [1].

Better: Hot food [3]; warm drinks [3].

# Nucleus

- 1. Restlessness, physical and internal. Can't find rest in any position.
- 2. agg. Night [mental and physical symptoms].
- 3. amel. Continued motion.
- 4. agg. Cold and damp. agg. Getting wet.
- 5. Stretching [desire + amel.].
- 6. Herpetic eruptions; burning and itching amel. scalding water.

# Rumex crispus

Yellow Dock

# Region

Mucous membranes [larynx; trachea; THROAT-PIT; bowels]. Nerves. Skin. Left side; chest. Joints. Ankles. \* Left side. Right side.

#### Modalities

Worse: COOL AIR [INHALING; open air; raw changes; change of room]. Uncovering. Night; early morning. Pressure; on trachea. Lying down. Lying down on left side. Undressing.

Better: Covering mouth. Wrapping up [head]. Warmth.

# Leading symptoms

- G Extreme susceptibility to COLD AIR.
- G agg. CHANGE of TEMPERATURE [from warm to cold or vice versa]. [Main remedy, especially in cough with this modality]
- G agg. LYING [3].
- G DRY, SENSITIVE mucous membranes [burning, rawness].
- G PROFUSE discharges [expectoration; early morning diarrhoea].
- G agg. Meat [= pruritus, eructations]. [Mathur]
- P INHALING COLD AIR CAUSES TICKLING, as from a feather or dust, in THROAT-PIT, and CONTINUOUS COUGH; amel. closing or covering mouth or head.
- P Itching of skin from exposure to cool air [undressing, uncovering].
- P Acne vulgaris on back.
- P Nasal catarrh: thin, watery, copious mucous discharge, followed by tough, tenacious, gluey mucus. "Many times the coryza starts out by a marked

DRYNESS in the posterior nares, so that he is constantly hawking" [Kent].

- P Every cold affects the joints.
- P Eyes burn indoors; puffed in morning.
- P Sudden, profuse, foul early morning diarrhoea [5-9 a.m. ] AFTER CATARRH.
- P Pain, rawness or burning, under LEFT CLAVICLE; as if air penetrated there.
- P COUGH agg. touching throat-pit, lying on left side, change of air or room; amel. covering mouth. Raw sensation in larynx or trachea from coughing.

# Repertory

Head

Congestion, coffee, from [2].

Nose

Coryza, discharge, with, evening [2], night [2]. Discharge, yellow, posterior nares [2]. Sneezing, night [2]. Tingling, inside [2], sudden, sharp, followed by sneezing [2/1]. Mouth

Covers mouth with hand [3].

Throat

Lump, sensation of, swallowing, returns after [2].

External throat

Uncovering agg. [2].

Stomach

Emptiness, talking agg. [2/1]. Pain, speaking, from [2].

Rectum

Diarrhoea, morning, bed, driving out of [2].

Stool

Watery, morning [2], brown [2].

Larynx

Irritation, cold air [3], eating, after [2]; Throat-pit [3]. Mucus, larynx, evening [2], night [2], cold air, in [2], copious [3]. Pain, larynx, bending head backward [2]; burning, larynx, deep inspiration [2/1]; rawness, larynx, cold air [3], coughing, from [2], inspiration, during [2], talking, from [2]. Tickling, Throat-pit, in, from [3]. Voice, higher [2]; hoarseness, mucus in larynx [2]; lost, cold, exposure to [2; Caust.].

Cough

Night, midnight, before, 11 p.m. [2]. Bending head backward agg. [2]. Breathing irregular, from [3/1]. Cold, going from warm to [3]. Dry, talking, on [2]. Lying, side, left [2], turning to right side amel. [2]. Talking, inability to speak, with [2]. Touching larynx lightly [2]. Warm room, going from, to cold air, or vice versa [2].

Expectoration

Side, is easier after turning from left to right [2].

Chest

Pain, burning, sides, left [3], lying, while, back, on [2/1], lying, while, on right side agg. [2], lying, while, left side, amel. [2/1].

Extremities

Itching, morning, on rising [2/1]; lower limbs, undressing, while [2].

Skin

Eruptions, itching, cold air, in [2], heat of stove amel. [2; Tub.], undressing, when [3]. Itching, morning, rising, on [2; Sars.], cold air, in [2], heat of stove amel. [2; Tub.].

Food

Worse: Cold food [1]; frozen food [1]; tea [1].

#### Nucleus

- 1. Extreme susceptibility to cold air, especially inhaling cold air.
- 2. Profuse discharges.
- 3. Burning and rawness.
- 4. Profuse thin, mucous discharge followed by tenacious, stringy discharge which is difficult to expectorate.
- 5. Early morning diarrhoea, with or after catarrh.

# Ruta graveolens

#### Rue Bitterwort

# Region

Fibrous tissues [EYES; flexor tendons; joints; wrists and ankles; back, lumbar region]. Cartilage. Periosteum. Uterus. Skin. \* Right side.

#### Modalities

Worse: Overexertion [EYESTRAIN; injury; sprains]. COLD [air; wind; damp; wet].

LYING. SITTING. Pressure on an edge. Stooping. Straining at stool.

Better: Lying on back [backache]. Warmth. Motion. Daytime.

# Leading symptoms

- \* Mostly used in first aid situations, especially for injuries of the TENDONS.
- M Dissatisfaction with himself and others; imagined he was always being deceived.
- M STARTING from sleep from slightest TOUCH [2/1].
- G agg. COLD, damp weather. agg. Becoming COLD.
- G agg. LYING. amel. During the day. agg. Lying on painful side [3].
- G AVERSION to motion [3].
- G Weakness when sitting AFTER a walk [3/1].
- G Bruised, sore, aching and restless.
- G Violent, unquenchable thirst for ice-cold water. [Kent]
- P Urging to stool, but results only in rectum prolapsing; agg. after labor, stooping, etc.
- P Nodes in palms. "Fibrous growths on the tendons from overuse of the hands, or other parts." [Main remedy]
- P thighs feel BROKEN, hamstrings shortened.
- P Lameness after sprains, especially of wrists and ankles.
- P Weak bruised feeling in small of back. Legs give out on rising from a chair, makes several efforts on rising from a seat, totters. Backache amel. LYING ON THE BACK.
- P EYESTRAIN, followed by headache; eyes burn like balls of fire; caused by fine work.
- P Disturbances of accommodation.
- P Could hardly retain urine on account of urging; yet if not attended to, it was difficult afterwards to void it [Allen].
- P Constipation [impaction] following mechanical injuries.
- P Sensitive NODULES on periosteum and tendons after INJURY. ["Bruised, go away slowly and leave a hardened spot; thickening of periosteum; a knotty, nodular condition, it remains sore." Kent]
- P Urticaria from eating meat.

### Repertory

Head

Pain, looking fixedly at anything [2], straining eyes, from [3]; stitching, forehead, reading [2; Lyc.].

### Eye

Esophoria [2; Rhod.] [esophoria = latent squinting; one eye turns inward]. Heat, exertion, during [3], using eyes [3]. Pain, reading, while [3], sewing, while [3], exertion of vision, from [3], strained, as if [3]; burning, evening, reading, while [3], night, like balls of fire [3/1], exertion of vision [3]. Redness, sewing, while [2]. Tired sensation [2]. Vision

Dim, evening, reading [2], exertion of eyes, after, on fine work [3], straining eyes [3]. Shadows [2; Seneg.].

Stomach

Tension, milk amel. [3/1].

Rectum

Involuntary stool, bending over, on [2/1], stooping, on [2/1]. Pain, sitting, while [2]. Prolapsus, parturition, after [2; Podo.], stool, before [2; Podo.], straining, without [2; Graph.]. Worms, children, in [2].

Bladder

Paralysis, forcible retention seems to paralyze the bladder [2], over-distension, after [2]. Urination, feeble stream, retention, from long [3].

Back

Pain, lying, while, back, on, amel. [3], walking, while, amel. [3]; lumbar region, flatus, passing, amel. [2]; sore, lumbar region, morning, bed, in [2].

**Extremities** 

Injuries, wrist [2]; Ankle [2]. Lameness, joints, sprain, after [3]. Pain, motion, on, amel. [2]; joints, bending, on [2]; broken, sensation as if, wrist [2], lower limbs, rising after sitting [3/1]; sore, thigh, stretching out, on [3]. Restlessness, leg, night, bed, in [2]. Weakness, lower limbs, ascending steps [2], descending steps [2].

Generalities

Injuries, bone [3]; periosteum [2/1]. Motion, after, agg. [2]. Pain, sore, parts lain on [3]. Weakness, sitting, walk, after a [3/1], walking, from, amel. [2].

#### Food

Aversion: Food, sudden while eating [2]; food, after eating a little [1]; meat [1]; vegetables [1].

Desire: Cold drinks [1]; juicy things [1].

Worse: Raw food [3]; tobacco [2]; bread [1]; fat [1]; fruit [1]; meat [1]; wine [1].

Better: Milk [1].

#### Nucleus

- 1. Starting from sleep from slightest touch.
- 2. agg. Cold dampness. amel. Warmth.
- 3. agg. Lying. agg. Lying on painful side.
- 4. Aversion to motion.
- 5. Sore nodules on periosteum or tendons after mechanical injuries.
- 6. Eyestrain from fine work; followed by headache.

# Sabadilla

#### Cevadilla Seed

### Region

MUCOUS MEMBRANES [NOSE; ANUS; digestive tract]. NERVES. Lachrymal glands. Throat. \* Right side. Left side. Left then right [1]; RIGHT then LEFT.

#### **Modalities**

Worse: COLD; air; drinks. PERIODICALLY [same hour; forenoon; new and full moon].

Odours. Undeveloped exanthema. Before midnight. When resting.

Better: Open air. Heat. Eating. Swallowing. Warm food and drinks. Wrapping up.

# Leading symptoms

M - Strangely unbalanced mind; strange IMAGINATIONS; very imaginative.

["Imagines herself sick; imagines parts shrunken, that she is pregnant when she is merely swollen from flatus; that she has some horrible throat disease that will end fatally." - Kent]

- M ERRONEOUS impressions as to the state of the body.
- M Rage amel. cold applications to head [1/1].
- M Thinking of complaints agg. [e.g. thinking of flowers = sneezing].
- M "Feeble children, who have to be taken from school because of headaches, come home with strange IMAGINATIONS concerning school and themselves."
- G Very CHILLY. Susceptibility to OPEN AIR.
- G amel. Motion [3]. amel. Walking [3].
- G Pains and LACHRYMATION.
- G Craving for HOT things.
- G CHANGING SIDES [left to right: sore throat, tonsillitis; right to left: frontal headache].
- P Inflammation of throat, commencing on the LEFT side and spreading to the RIGHT; amel. warm drinks, agg. cold things [opposite of Lach.].
- P HAY FEVER [spasmodic sneezing, with running nose; copious watery nasal discharge; itching and tingling in nose and soft palate; redness, burning in eyes with lachrymation; severe frontal pains, amel. WARM ROOM].
- P Coryza amel. inhaling hot air, WARM DRINKS, warm food.
- P Coryza, HAY FEVER, from odour of flowers, newly mown grass, fruit.
- P Headache [fullness, bursting pain above the eyes, agg. jarring, sneezing, walking, mental exertion] and sinusitis. Often gets up with it in the morning. Cold sweat on the forehead [Kent].
- P Itching skin [in nose and anus] and asthmatic breathing.

# Repertory

Mind

Animation agg. [2]. Delusions, body, deformed, some parts are [3], erroneous ideas as to

the state of his [3/1], shrunken, like the dead [2/1]; disease, has incurable [2]; pregnant, thought herself [2]; sick, imagines himself [2].

Vertigo

Eating amel. [1]. Looking steadily amel. [1; Dig.].

Head

Coldness, water, as from [2]. Pain, looking fixedly at anything, amel. [1/3]; forehead, right side, extending to left side [3]; pressing, temples, screws, as with [1/4]; stitching, vertex, coughing, on [2].

Eye

Lachrymation, pain, with other parts of body [2], yawning, when [2].

Nose

Coryza, warm room amel. [2]. Epistaxis, sneezing, when [2]. Obstruction, alternating sides [1]. Sneezing, air, open [1].

Face

Wash in cold water, desire to [1].

Mouth

Sticky, viscid, morning [2].

Throat

Bread crumbs, sensation of [2]. Pain, cold drinks [2]; sore, left, extending to right [2]. Swallow, constant disposition to, lump in throat, from [2].

Stomach

Appetite, wanting, returns after eating a mouthful [2]. Nausea, closing the eyes [1/3].

Abdomen

Turning sensation [2].

Rectum

Diarrhoea, mental exertion, after [1]. Pain, burning, rubbing, after [2].

Extremities

Crippled, fingernails [2].

Skin

Discoloration, red, scratching, after, streaks [2]. Loose, sensation as if the skin were hanging [1].

Generalities

Cold place, entering a, agg. [2]. Knotted sensation internally [2]. Pain, sore, spots, in [3]. Prickling, internally [2]. Stagnated, sensation as if blood [2].

#### Food

Aversion: Cold water [3]; wine [3]; garlic [2]; meat [2]; onions [2]; sour [2]; coffee [1]. Desire: Beer [2]; buttermilk [2]; cold drinks [2]; delicacies [2]; hot food [2]; lemons [2]; raw onions [2]; sour [2]; sweets [2]; warm drinks [2]; warm food [2]; cold milk [1]; farinaceous food [1]; flour [1]; honey [1]; meat [1]; pastry [1]; puddings [1/1]; radishes [1].

Worse: Wine [2]; cold food [1]; food, sight of [1]; tobacco [1].

# Nucleus

- 1. Very imaginative. Imaginary diseases.
- 2. Great chilliness.
- 3. Craving for hot things.
- 4. Hay fever; amel. warm room; agg. open air.
- 5. Pains and lachrymation.
- 6. Left to right [throat]; right to left [frontal headache].

# Sabina

#### Savine

### Region

FEMALE PELVIC ORGANS [UTERUS; rectum; nerves]. Fibrous and serous tissues [small joints; heels]. \* Left side. Right side.

#### Modalities

Worse: Nightly. HEAT [bed; room; exercise]. Pregnancy. Climacteric. Foggy weather. Least motion. After parturition. Music. Taking a deep breath.

Better: Cold. Cool open air. Exhaling.

# Leading symptoms

- M Sensitive to music [= sadness; "music goes through bone and marrow, causes weeping and nervousness"]. Sensitive to slightest noise.
- G WARM. amel. Open air [3]. "Wants windows and doors open." agg. WARM ROOM. agg. WARM BED.
- G agg. Motion [3].
- G agg. Touch [3].
- G Pains appear SUDDENLY [2].
- G "Sense of FULLNESS in all the veins of the body, a sense of distension, fullness, with pulsation all over, associated with repeated haemorrhages from the mucous membranes" [Kent]. FLUSHES of HEAT in the face, with icy cold hands and feet.
- G Craving for SOUR, JUICY and refreshing things.
- G Disposition to rheumatic affections and haemorrhages.
- G Habitual tendency to ABORTION at the THIRD MONTH [due to atony of uterus]. "To prevent abortion one of the first medicines to consider" [Kent].
- G Ailments after abortion [menorrhagia, inflammation of ovaries, uterus, leucorrhoea].
- G CONDYLOMATA; about the anus, about the vulva and about the male genitals. SOFT and insensitive cauliflower growths [= acute gonorrhoea]; to be distinguished from the much smaller and more sensitive warts of Thuja [= chronic gonorrhoeal complaints]. Sabin. suits more the ACUTE gonorrhoea, and Thuj. more the CHRONIC.
- P Uterine haemorrhages: BRIGHT RED blood mixed with big DARK CLOTS.
- P Haemorrhages from FIBROIDS; after abortion, delivery; profuse menses; or climacteric metrorrhagia.
- P Dysmenorrhoea, threatening abortion or metrorrhagia and severe labor-like pains from lumbo-sacral region extending to pubis or reverse; or from small of back down the thighs. "Aching in the sacrum as if broken, as if the bones would separate." Relieved by lying on back with limbs extended. Or pain shooting up vagina.
- P METRORRHAGIA, agg. motion, yet LESS when walking.
- P Bleeding between periods.
- P Sensation of something ALIVE in abdomen.
- P Piles alternating with pain in limbs.

P - Retained placenta. "Promotes expulsion of moles or foreign bodies from uterus."

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Repertory
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Mind

Sadness, music, from [2]. Sensitive, noise, to, slightest [2].

Head

Pain, sudden pains [2]; pressing, forehead, air, open, amel. [2].

Nose

Epistaxis, menses, suppressed [2].

Bladder

Urging to urinate, violent [2] [during haemorrhages].

Male genitalia

Condylomata, itching [2].

Female genitalia

Abortion, month, third [2]. Condylomata, itching [2]. Cysts [2/1]. Desire, increased, metrorrhagia, during [2; Plat.]. Inflammation, uterus, labor, after [2]. Leucorrhoea, menopause [2], ropy, stringy, tenacious [3]. Menses, bright red, mingled with dark clots [2]; copious, motion, from [2], walking agg. [2]; motion agg. [2], amel. [2]; walking agg. [1/4], cease while walking [1/3], less while walking [1/2]. Metrorrhagia, abortion, during [3], after [2], threatening abortion, in [2], bright red, clots, with [3], dark blood, clots, mixed with [2], fibroids, from [2], gushing [3], motion agg. [2], paroxysms, in [3], retained placenta, from [2], walking amel. [2/1]. Pain, uterus, extending back to groin [3/1].

Back

Pain, lumbar region, extending to the pubis [3]; sacral region, extending to groin [2], during menses [2]; drawing, lumbar region, extending to pubic bone

[3/1]; labor-like, extending to groin and thighs [2/1]; labor-like, small of back, extending to pubes [2/1].

Extremities

Coldness, Hands, with pain [2]. Pain, joints, warmth of bed agg. [2].

Sleep

Dreams, excelling in mental work [2].

Skin

Excrescences, condylomata, itching [2].

Food

Desire: Juicy things [2]; lemonade [2]; refreshing things [2]; sour [2]; coffee [1]; milk [1].

Worse: Milk [1]; tobacco [1].

### Nucleus

- 1. Warm-blooded. Warm and closed rooms intolerable. Craving for fresh open air.
- 2. Desire for sour, juicy and refreshing things.
- 3. Gushing haemorrhages; bright red blood mixed with dark clots.
- 4. Habitual tendency to abortion in third month. Tendency to haemorrhage [due to fibroids; after abortion or delivery; at climacteric; between periods].
- 5. Bleeding and pain in sacrum, extending to pubis or down thighs.
- 6. Acute gonorrhoea; condylomata soft, burning and itching. Notes have a look at the family trees, therebinthina, petroleum.

# Sambucus nigra

Elder

#### Region

Respiratory organs. Perspiration. Kidneys. Skin. \* Left side.

#### Modalities

Worse: Dry, cold air. Cold drinks; while heated. Lying with head low. Uncovering. Fruit. Midnight; about or after. Expiration. Lying down. Sleeping.

Better: Pressure over a sharp edge. Motion. Wrapping up. Sitting up in bed. Walking.

# Leading symptoms

- M Frightful images on closing the eyes, in bed [compare Calc.].
- M Bad effects of fright, especially suffocative attacks. [Follows well after Opium in bad effects of fright.] Very easily frightened.
- G Chilly.
- G Most of the pains [complaints] occur during REST and disappear during motion.
- G amel. Motion [3]. amel. CONTINUED motion [3].
- G agg. Lying [3]. amel. Rising [3].
- G agg. AFTER MIDNIGHT, especially dyspnoea.
- G agg. Fruit.
- G THIRSTLESS.
- G Excessive PERSPIRATION. Perspiration only while AWAKE. "We are often lead to this remedy, when we find a great deal of perspiration, occurring with any other trouble, which may last all the time, or it may come and go in paroxysms" [Guernsey].
- G DRY heat during sleep, perspiration on WAKING.
- G Oedematous swelling of various parts of the body, especially legs, insteps and feet.
- P Respiratory troubles depending on sudden disappearance of perspiration.
- P Asthmatic attacks; SLEEPS INTO the ATTACK [due to disappearance of perspiration!!]. Wakes suddenly with asthmatic respiration, attended with PROFUSE PERSPIRATION.
- P Sudden suffocation or strangling cough, on falling to sleep or waking him after midnight; with violent sweat; agg. fright..
- P SNUFFLES of infants; cannot nurse properly because of the obstruction of the nose. Nose dry and completely obstructed [disappearance of discharge].
- P Descending colds.

# Repertory

Mind

Head

Anxiety, sleep, on starting from [1; Clem.]. Confusion, perspiration, during [1/3]. Delusions, faces, sees [1], faces, sees, closing eyes, on [1], spectres, ghosts, sees, closing eyes, on [1], visions, monsters [1]. Restlessness, perspiration, during [1]. Starting, perspiration, during [1]. Unconsciousness, perspiration, during [1].

Swashing sensation [1]. Swollen, distended feeling, waking, on [1; Ars.].

```
Eye
Open,
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Open, sleep, during [1].

Nose

Blood, congestion of, to the [1]. Obstruction, night [2], children, nursing infants [3]. Snuffles, newborn infants [3].

Face

Heat, cold feet, with [1]. Swelling, sensation of, cheeks [1; Acon.].

Mouth

Open, sleep, during [1]. Swelling, sensation of [1].

Stomach

Nausea, drinking amel. [1]. Pain, milk, after [1]. Thirst, dread of

liquids, with [1]. Vomiting, milk, after [1].

Urine

Copious, apyrexia, during [1], perspiration, with [1].

Respiration

Arrested, sleep, during [1]. Asthmatic, midnight, after [3], must spring out of bed [3]. Difficult, midnight, 3 a.m. [3], midnight, frequent attacks until 4 a.m. [3/1], fright, after [2; Cupr.]. Impeded, lying, while [2/1].

Cough

Croupy [3]. Crying agg. [1]. Dry, night, loose by day [1]. Suffocative, night, midnight, after [2].

Expectoration

Gelatinous [3].

Chest

Oppression, stooping, when [2].

Back

Perspiration, cervical region, sleep, in, amel. [1/1].

Extremities

Coldness, Hands, sleep, during [1/3]; foot, heat of body during sleep, with [3/1], waking, on [2].

Sleep

Dreams, drowning [1].

Fever

Burning heat, sleep, during [3]. Dry heat, night, sleep, during [3], sleep, on going to [3/1]. Sleep, heat comes on during, cold feet and sweat on waking [3/1].

Perspiration

Daytime, awake, while [3/1]. Morning, waking, after [3]. Awake, only, while [3]. Head, general sweat except the [3]. Motion, on, amel. [3]. Profuse, waking, on [3]. Sleep, during, amel. [3], during, dry heat, perspiration on waking

[3/1], on going to amel. [3].

Skin

Swelling, scratching, after [1].

Generalities

Change of position agg. [2]. Motion, continued amel. [3].

Food

Aversion: Drinks [1].

Worse: Cold drinks when heated [1]; fruit [1]; milk [1].

# Nucleus

- 1. Ailments from fright. Frightful images on closing the eyes.
- 2. agg. After midnight. Sleeps into the attack.
- 3. Excessive perspiration.
- 4. Disappearance of perspiration = respiratory ailments.
- 5. agg. Fruit.

### Sanguinaria canadensis

#### **Blood Root**

#### Region

RIGHT SIDE [head; LIVER; chest; deltoid]. VASOMOTOR NERVES. Capillaries. Mucous membranes. Stomach. \* Right side; right then left.

#### Modalities

Worse: Periodically [WITH SUN; weekly; night]. Climacteric. Odours. Jar. Light. Raising arms. Looking up. Motion. Lying down. Perspiration.

Better: SLEEP. Lying on back. Vomiting. Cool air. Passing flatus. Acids. Quiet and dark room. Profuse urination. Vomiting. Eructations. Sitting up.

#### Leading symptoms

- G Pre-eminently a RIGHT-SIDED remedy.
- G WARM-BLOODED.
- G Sensitive to ODOURS.
- G Craving for SPICY and PUNGENT food.
- G agg. Daytime [2].
- G Burning heat and EBULLITIONS [to head, chest, abdomen, etc.]; puts feet out of covers. Burning [eyeballs, cheeks, tongue, throat, under sternum, stomach, spots, palms and soles].
- G Dry mucous membranes [e.g. tickling cough and very dry throat].
- G ACRID discharges [nasal catarrh, vomit, leucorrhoea, diarrhoea].
- G Headache and many complaints and SINKING, faint, all-gone sensation [yet no hunger for food; "it is a false hunger"].
- G Lassitude during stormy weather [2].
- G Prickling internally [2].
- P RIGHT-SIDED headaches, over right eye; commencing in nape of neck or occiput; and vomiting of bile; amel. free urination; amel. VOMITING; amel. darkness; amel. hard pressure. Headache and BURNING in stomach, burning of soles of feet and sensation as if EYES would be PRESSED OUT.
- P Headaches during the climacteric period.
- P WEEKLY headaches [Iris, Sulph.].
- P Coryza; stopped, then diarrhoea.
- P Itching axillae before menses.
- P Pain in RIGHT DELTOID, agg. raising or turning arm; agg. AT NIGHT.
- P Hay fever with burning in nose and throat, as if dry. Sensitive to flowers and odours.
- P Asthma and burning palms and soles.

#### Repertory

#### Mind

Confusion, eructations amel. [1]. Held, to be, desires [2]. Recognizes everything, but cannot move [1; Cocc.]. Sensitive, noise, to, stepping, of [1].

Vertigo

Cold weather, during [2/1]. Looking upwards [2]. Menopause, during [2].

Head

Pain, climaxis, during the [2], fasting, from [2], if hunger is not appeased at once [2], sleep, after, amel. [2], vomiting amel. [2]; forehead, middle, frontal sinuses from chronic coryza [2].

Ear

Noises, singing, vertigo, with [2].

Nose

Catarrh, extends to frontal sinuses [2]. Coryza, right [2], diarrhoea, followed by [2; Sel.]. Heaviness, root [2]. Sneezing, eyes, opening [2].

Throat

Fullness, swallowing, on [2/1]. Heat, cold air amel. [2/1]. Inflammation, tonsils, recurrent [2]. Pain, air, cold, amel. [1], sweets agg. [1]; burning, inspiration, on, amel. [2]. Stomach

Emptiness, headache, during [2]. Heartburn, nausea, with [2]. Nausea, salivation, with [2], stool amel. [1]. Pain, burning, headache, during [2/1].

Rectum

Diarrhoea, catarrh or coryza, after [2/1].

Respiration

Asthmatic, rose cold, following [2/1].

Cough

Dry, flatus, discharge up and down amel., must sit up also [3/1], sleep, disturbing [2]. Eructations amel. [3/1]. Flatus, passing, amel. [3/1]. Hacking, dryness in larynx, from [3]. Lying agg., evening, must sit up [3].

Chest

Inflammation, lungs, neglected [2].

**Extremities** 

Heat, foot, sole, uncovers them [2]. Pain, shoulders, night, bed, in [2], night, turning in bed [3/1], lifting [2], raising arm [2]; burning, foot, climacteric [1/1], sole, sick headache, with [2/1].

Generalities

Heat, flushes of, downward, head to stomach [2/1], followed by chill [1]. Stretching, cough, after [1/1].

#### Food

Aversion: Butter [1]; fats and rich food [1].

Desire: Highly seasoned food [2]; pungent things [2]; delicacies [1]; refreshing things [1].

Worse: Sweets [1]. Better: Sour [1].

#### Nucleus

- 1. Warm-blooded.
- 2. Right side.
- 3. Burning heat and congestion of blood. Dryness of mucous membranes.
- 4. Acrid discharges.
- 5. Desire for spicy and pungent food.6. agg. Daytime; with the sun.

### Sanicula aqua

Sanicula Spring Water

#### Region

Nutrition. Female organs. Neck. Rectum. Skin.

#### Modalities

Worse: Motion [downward; of hands behind him]. Cold wind on [occiput or neck]. Raising arms. Misstep. Jar. Walking. Riding car, boat. Fasting. Cold drafts. Damp weather. Touch. Drinking. After eating. Walking.

Better: Leaning head backwards. After breakfast. Full stomach. Vomiting. Open air. Warm wraps on head. Uncovering. Cold. Rest. Lying down.

#### Leading symptoms

- M NO STABILITY OF PURPOSE; constantly changing occupation; wandering thoughts, even when conversing
- M Changeable moods; cross and irritable, then quickly laughs.
- M Extreme TOUCHINESS. Children obstinate; crying and kicking; want to be carried constantly; throw themselves backward when angry.
- M Easily upset; "misconstrues actions of others".
- M Great FEAR of DARKNESS.
- M Constant irresistible desire to look behind her, especially in the dark.
- G Physical symptoms CHANGE CONSTANTLY.
- G Chilly, yet "kicks off clothing in coldest weather" and desires open air.
- G Offensive discharges [smelling like old cheese or FISH].
- G Profuse PERSPIRATION, especially on occiput and nape of neck, or on parts LAIN on.
- G Craving for BACON, salt, eggs and ICE-COLD MILK.
- G BURSTING sensation [perineum, throat, bowels, bladder, vertex, chest].
- G agg. TOUCH [child cannot bear to be approached or touched; in bed one cannot bear to lie near or touch another; perspiration where parts touch].
- G amel. Loosening clothing [2].
- P Fluent coryza agg. eating.
- P Constipation, stool receding; must be mechanically removed.
- P Or diarrhoea changeable in character and ODOUR [like scrambled eggs; frothy and green; scum on a frog pond].
- P Foul, excoriating foot sweat [destroys shoes].
- P Forcible vomiting of curdled milk [Aeth.]. After milk or mother's milk.
- P Leucorrhoea with ODOUR of FISH brine.
- P Burning of the soles of feet; must uncover them or put them in a cool place.
- P Backache agg. putting hands behind him or raising arms.
- P Asthmatic attacks preceded by fishy odour from mouth [Vithoulkas].

Repertory

Mind

Biting nails [1]. Carried, desires to be [1]. Darkness agg. [1]. Delusions, people, behind him, some one is, when walking in the dark [1; Ferr.]. Fear, robbers [1], work, dread of [1]. Laughing, alternating with vexation [1]. Talk, slow learning to [1]. Touched, aversion to being [1]. Travel, desire to [1].

Vertigo

Descending, on [1].

Head

Air or wind, sensitive to a draft [2]. Coldness, air, as if cold air passed over brain [2], cold cloth around the brain, as if [2; Glon.]. Itching of scalp, warm, when head becomes [2]. Pain, riding in a carriage amel. [2], wind, from exposure to [2]; forehead, bending the head backward amel. [1], room, in a, warm [2]. Perspiration, scalp, sleep, during [1]; occiput [2], during sleep [2/1].

Nose

Discoloration, wings, yellow saddle [1/3].

Mouth

Odour, fish brine, before asthma attack [3/1]. Pain, burning, tongue, protrudes it to cool it [1/1].

Stomach

Appetite, ravenous, emaciation, with [1], sleep, prevents [1]. Nausea, smoking amel. [1; Eug.]. Vomiting, forcible [2], milk, after [2]; food, eating, immediately after [1].

Rectum

Flatus, offensive, cheese-like [2/1].

Stool

Odour, cheese, rotten, like [2].

Male genitalia

Condylomata, smelling like stale cheese [2].

Female genitalia

Leucorrhoea, offensive, cheese, like old [1; Hep.], fish brine, like [2; Thui., Med.].

Chest

Perspiration, axilla, copious [2; Sel.].

**Extremities** 

Cracked skin, Hands, deep and bleeding [1], winter, in [2], back of [2]; fingers, joints of [2] Perspiration, toes, between, rawness, causing [2]. Walk, late learning to [2].

Perspiration

Single parts, lain on [2]. Sleep, on beginning to [2].

Generalities

Clothing, loosening amel. [2].

Food

Desire: Bacon [2]; cold milk [2]; fat ham [2]; salty things [2]; cold food [1]; eggs [1]; meat [1]; milk [1].

#### Nucleus

- 1. Instability of purpose.
- Fear of darkness. Constantly looking behind her.
   Constant change of symptoms.
- 4. Perspiration on occiput or on parts lain on.
- 5. Fishy odours or like old cheese.
- 6. Craving for bacon, cold milk, ham, salt.

### Sarsaparilla officinalis

#### **Smilax**

#### Region

Genito-urinary system. Skin. \* RIGHT SIDE.

#### Modalities

Worse: At close of micturition. Spring. Cold wet; damp weather. Mercury. Night.

Suppressed gonorrhoea. Yawning. During menses.

Better: Uncovering neck or chest. Standing.

#### Leading symptoms

M - Sadness from pain [2/1].

G - CHILLY. Very sensitive to cold.

G - agg. NIGHT.

G - agg. Getting WET.

G - Tendency to gravel and itching eruptions.

G - Itching scaly spots, become crusty; agg. in Spring.

G - Skin irritation [raw on scratching and agg. washing] agg. any hot stimulating food, such as hot soup [Borland].

G - Faintness during menses [2].

P - PAINFUL URINATION, especially LAST drops; amel. standing; agg. before menses. [One of the main remedies for cystitis.]

P - Deep, bleeding CRACKS in hands, especially in fingers [agg. sides].

P - Retracted or cracked nipples.

P - Itching eruption on forehead during menses.

P - Obstinate constipation and violent urging to urinate.

P - Dysmenorrhoea: extreme pain in back and lower abdomen, extending down thighs, and faintness, perspiring, vomiting and diarrhoea and "very acute mammary sensitiveness, often one-sided [left more than right]" [Borland].

P - Very sore, gouty nodes. Rheumatic pains agg. at night, agg. damp weather.

#### Repertory

Mind

Delusions, friendless, that he is [1; Mag-m.]. Shrieking, urinating, before [2]. Unconsciousness, menses, during [2].

Head

Heaviness, motion, from [2]. Pain, occiput, extending to forehead and eyes [2].

Perspiration, forehead, evening [2]. Pulsating, vertex, walking, while [2; Carb-an.].

Eye

Eruptions, lids, on, itching [2; Nit-ac.].

Vision

Flickering, headache, beginning of [2/1], headache, before [2].

Face

Eruptions, itching, forehead [2; Caps.]; moist, scratching, after [2].

External throat

Swelling, cervical glands, hard [2].

Stomach

Nausea, exertion, after [2], food, thought of [2], food, thought of, food eaten [2], looking steadily [2], menses, during [2]; burning, bread, after [1/1]; cramping, menses, during [2]. Vomiting, bitter, menses, during [2/1].

Abdomen

Enlarged, children [2]. Pain, inguinal region, menses, before [2].

Bladder

Chills spread from the neck of the bladder after urinating [2/1]. Pain, neck, close of urination [2]; spasmodic, neck, closure, at [2]. Urging to urinate, menses, before [2], menses, during [2]. Urination, dribbling, sitting, while [2; Puls.]; frequent, menses, before [2], menses, during [2]; retarded, standing, can only pass urine while [3].

Kidneys

Pain, extending to bladder [2].

Urine

Bloody, last part, mixed with blood and pus [2/1]. Cloudy, passed,

when [2].

Male genitalia

Eruptions, moist [2]. Itching, scrotum, extending to perineum [2; Rhus-t.].

Female genitalia

Excoriation, menses, during [2].

Chest

Retraction of nipples [3].

Back

Coldness, urinating, after [2/1].

**Extremities** 

Cracked skin, hands, deep and bleeding [2]; fingers [3]; feet [3]; toes, between [2].

Eruptions, patches [2]. Heaviness, thigh, menses, during [2]; leg, menses, during [2].

Pain, burning, fingers, tips [2].

Perspiration

Cold, menses, during [2].

Skin

Eruptions, patches [2], Spring [2]. Itching, morning, rising, on [2].

Generalities

Clothing, loosening amel. [2]. Faintness, menses, during [2].

Gonorrhoea, suppressed [2]. Pain, bones, night [2].

Food

Aversion: Everything [1]. Desire: Cold drinks [1].

Worse: Bread [2]; cold drinks [1]; dry food [1]; hot food [1]; warm food [1].

#### Nucleus

- 1. Chilly. Very sensitive to cold.

- Cliniy. Very sensitive to cold.
   agg. Night.
   agg. Spring [especially eruptions].
   Painful urination, especially last drops.
   Cracks. Shrivelled skin.

### Secale cornutum

#### **Ergot**

#### Region

Muscles [blood vessels; UTERUS]. BLOOD. Nerves. Spinal cord. Limbs. \* RIGHT SIDE.

#### Modalities

Worse: WARMTH; covering; of all affected parts. During menses. Pregnancy. Loss of fluids. Warm drinks; before menses. After eating. Drawing up the limbs.

Better: Cold; bathing; uncovering; cold air. Rocking. Forcible extension; stretching out the limbs. Rubbing. After vomiting.

#### Leading symptoms

- M Desire to UNCOVER [repertory : shameless, exposes the person; wants to be naked; exhibitionism]. [Arising from a sensation of burning heat this symptom in fact is NOT a real mental symptom!]
- M Great RESTLESSNESS [compare Ars.].
- G Very HOT, though the skin feels COLD when touched. Internal heat, external coldness.
- G agg. WARM AIR [3]; warm bed [3]; room [3]; stove [3]; wraps [3].
- G BURNING HEAT [subjective], like fire, sparks of fire. Desire to UNCOVER.
- G Circulatory disturbances; haemorrhagic diathesis [haemorrhages, ecchymoses, petechiae, varicoses, tingling, numbness, gangrene, etc.]. ATHEROSCLEROSIS.
- G Passive bleeding; blood dark, non-coagulable, thin, or mixed with dark clots.
- G Desire for sweets and SUGAR.
- G THIRST; craves acids.
- G Ailments of old people; drunkards; smokers.
- G Dark, thin, foul discharges.
- G GREEN pus [boils, carbuncles, leucorrhoea].
- P Claudicatio intermittens. Raynaud's disease.
- P Persistent epistaxis in drunkards [main remedy].
- P Formication in the extremities [main remedy].
- P Enuresis in old men with enlarged prostate.

#### Repertory

Mind

Forgetful, coition, after [2/1]. Naked, wants to be [2]. Nymphomania, menses, during [2]. Shameless, [3], exposes the person [2].

Vertigo

Chronic [2].

Eve

Protrusion, exophthalmus [3].

Hearing

Impaired, sudden [2].

Nose

Epistaxis, blood, dark and thin [3], offensive [2/1], stringy [2], drunkards, in [3], old people [3], touch, from slight [2], young women [3; Phos.].

Face

Convulsions, beginning in face [2]. Discoloration, pale, morning [3].

Stomach

Pain, burning, extending upward [2].

Abdomen

Constriction, hypochondria, bandaged, as if [2]. Covering agg. [2; Tab.]. Heat, uncovering amel. [2]. Paralysis, intestines, of [2].

Bladder

Urination, involuntary, old people, in [2], involuntary, old people, in, men with enlarged prostate [2].

Female genitalia

Inflammation, uterus, labor, after [2]. Menses, bright red, mingled with dark clots [2], brown [2], copious, motion, from [2]. Metrorrhagia, continuous [2], dark blood, clots, mixed with [2], gushing [2], motion agg. [2]. Pain, labor pains, ceasing, convulsions come on [2], prolonged [3].

Extremities

Coldness, diarrhoea, with [2], menses, during [2], warm bed unendurable, yet [3]; lower limbs, menses, during [2]; leg, uncovering amel. [3]. Discoloration, ecchymoses [2]; upper limbs, purpura haemorrhagica [2]; lower limbs, purpura haemorrhagica [2]. Formication, fingers, tips [3]; lower limbs [3]. Gangrene, foot, cold, with burning, tearing pains [3/1]; toes, senile [3]. Pain, cold, applied amel. [3], warmth agg. [3]. Perspiration, foot, excoriating [2]. Tingling, fingers, tips [2]; foot, standing, while [2], walking, while [2].

Sleep

Sleeplessness, warm coverings though limbs are cold [3].

Chill

Icy coldness, with clammy sweat and blueness, cannot bear to be covered [3/1].

Uncovering amel. [3]. Warm room agg. [3].

Perspiration

Cold, menses, during [2]. Face, of the whole body except the [2]. Head, general sweat except the [2]. Uncovered, desire to be [3].

Skin

Burning, sparks, as from [3]. Eruptions, boils, greenish pus [2/1]. Gangrene, from burns or gangrenous sores, cold [3], hot [2].

Generalities

Convulsions, begin in the face [2], fright, from [2], haemorrhage, with [2], puerperal, haemorrhage, with [2], rubbing amel. [2; Phos.]. Haemorrhage, blood does not coagulate [2].

#### Food

Aversion: Drinks [1]; fats and rich food [1]; meat [1].

Desire: Sour [2]; sour + sweets [2]; sugar [2]; sweets [2]; bread [1]; cold drinks [1];

lemonade [1]; pickles [1]; wine [1].

Worse: Bread [1].

#### Nucleus

- 1. Restlessness.
- 2. Desire to uncover. Heat unendurable. Internal heat and external coldness.
- 3. Circulatory disturbances. Passive bleeding.
- 4. Desire for sweets and acids.
- 5. Green pus.
- 6. agg. Warm air, bed, room, stove, wraps.

### Selenium metallicum

#### Region

Nerves [GENITO-URINARY ORGANS; supra-orbital - left]. LARYNX. Liver. \* LEFT SIDE.

#### **Modalities**

Worse: Debilitating causes [hot days; sexual excesses; loss of sleep]. Singing. Drafts. After sleep. Tea. Lemonade. Sun; summer. Wine. Exertion; mental; physical.

ALCOHOL. Coffee. Touch. Pressure. After stool. Talking; while and after. Walking in the open air. Every afternoon.

Better: After sunset. Inhaling cool air. Taking cold water in the mouth. Rest.

#### Leading symptoms

- M Prostration of mind, difficult concentration, great forgetfulness; forgotten things come to mind in sleep [when lying half asleep].
- M Theorizing; religious reveries.
- G LASSITUDE and weakness, especially if caused by prolonged FEVER, seminal discharges, loss of sleep or abuse of ALCOHOL.
- G CHILLY.
- G Oversensitive to DRAFTS [= headache, pain in limbs] and HOT weather [= weakness]. "The hotter the body is, the weaker he is. Strength rises as sun sinks; loquacity, fond of conserving in evening." "Imagines drafts of air."
- G Craving for alcohol [= stimulating], especially before menses [on account of weakness].
- G SALT [aversion + agg.].
- G Ailments after SUPPRESSED ERUPTIONS [especially with sulphur-ointments!].
- G LOSS of HAIR of the whole body [head, eyebrows, whiskers, pubic hair].
- G PULSATION in all parts of body, especially abdomen, after eating; prevents sleep.
- G EMACIATION of SINGLE parts [especially face, hands].
- G agg. After sleep, mainly on warm days.
- G agg. AFTER eating [inclination to lie down [2]; pulsation externally [3]].
- G Strong sexual desire and impotency.
- G agg. During and after COITION [2]. agg. Emissions.
- P Pain in the HAIR when TOUCHED. Don't want the hair touched [Boger].
- P Constipation after exhausting diseases.
- P Hoarseness from overuse of the voice; in singers. Nodes in vocal cords.
- P Headache above the LEFT eye, agg. heat of sun, agg. tea, agg. strong odours.
- P Skin of face greasy; acne and comedones.

#### Repertory

#### Mind

Aversion to certain persons [1]. Company, aversion to, friends, of intimate [2]. Confusion, pollutions, from [2; Sumb.]. Dipsomania, menses, before [3/1]. Prostration of

mind, pollutions, after [2]. Religious affections, fanaticism [1]. Starting, evening, on falling asleep [2]. Theorizing [2].

Head

Air or wind, sensitive to a draft [2]. Pain, acids, from [2], air, cold, from, draft of, from [2], lemonade, from [2/1], tea, from [1]; forehead, odours, strong, from [1/1]; forehead, eyes, behind [2]; stitching, forehead, eyes, above, left [3].

Eye

Eruptions around the eyes [2], eyebrows, about [2]; lids, on, vesicles, margins, on [2]. Hair, falling from, eyelashes [2]. Pain, pressing, headache, during [2].

Eat

Blowing sensation in, headache, during [2/1].

Face

Cracked, upper lip, middle [2]. Eruptions, comedones [2], ulcerating [2].

Stomach

Pulsation, eating, after [3].

Abdomen

Eruptions, rash, red itching rash over the region of liver [2/1]. Pulsation, eating, after [3].

Rectum

Diarrhoea, coryza, following [2; Sang.].

Bladder

Urination, dribbling, stool, after [2]; involuntary, urination, after [2].

**Prostate** 

Emission prostatic fluid, dribbling [3], stool, after [2], walking, while [3]. Enlargement, dribbling urine after stool and urination [3/1].

Urethra

Dropping, from, sensation of [3]. Sensation, urine, remained in, after urinating, as if some [2].

Larynx

Voice, hoarseness, mucus in the larynx, from [3], overuse of the voice [2], singing, from [3].

**Expectoration** 

Hawked up, mucus, morning [2]. Starch, like [2].

Back

Weakness, emissions, from [3/1], sexual excesses [3], typhoid fever, after [3/1].

**Extremities** 

Eruptions, Hand, palm, dry tetter [2], scales [2]; between the fingers, vesicles [2].

Jerking, falling asleep [2]. Pain, air, cold, from [2], draft of air even warm [2/1].

Sleep

Sleeplessness, noise, from slight [2]. Waking, same hour, at the [2/2].

Perspiration

Oily [2]. Staining the linen, yellow [3].

Skin

Electric sparks, as from, sensation [2].

Generalities

Emaciation, loss of animal fluids [3], old people [2]. Lassitude, eating, after [2]. Lie down, inclination to, eating, after [2]. Sleep, loss of, from [2]. Weakness, fever, following

prolonged fever [3/3], heat, from [3], heat, from, summer, of [3], sun, of the [3], mental exertion, from [3], warm weather [2].

#### Food

Aversion: Salt [2]; tea [2]; meat [1].

Desire: Alcoholic drinks [2]; brandy [2]; coffee [2]; whisky [2]; meat [1]; salty things

[1]; tea [1]; wine [1].

Worse: Tea [3]; fruit [2]; lemonade [2]; salt [2]; wine [2]; sour [1]; sweets [1].

Better: Wine [1].

#### Nucleus

- 1. Difficult concentration and forgetfulness from weakness.
- 2. Chilly.
- 3. Very sensitive to both drafts and heat of sun.
- 4. Touching the hair unendurable.
- 5. Pulsation.

## Sepia officinalis

Ink of the Cuttlefish

#### Region

Venous circulation [digestive tract; portal system; FEMALE PELVIC ORGANS]. Nerves. Skin. \* LEFT SIDE.

#### Modalities

Worse: COLD [AIR; north wind; wet; snow]. Sexual excesses. Before menses. Pregnancy. Abortion. Morning and evening. After first sleep. During and right after eating. Afternoon; 5 p.m. Sitting quietly. Standing. Mental exertion. Milk. Menopause. Kneeling at church. Before thunderstorm.

Better: VIOLENT MOTION. Dancing. Warmth. Cold drinks. When busy. Sitting with legs crossed. Loosening clothes. Open air.

#### Leading symptoms

- \* Stasis on all levels.
- M MENTAL STASIS [confusion, absent-minded, dullness, thinking difficult].
- M Desire to be ALONE. INDIFFERENCE to loved ones. Negative attitude. Inability to give love and affection. No attachment, no commitment.
- M INCOMMUNICATIVE; defensive. Weeping when telling symptoms; or just uncontrollable weeping without giving any information [overwhelmed by sadness, no ability to think clearly].
- M agg. CONSOLATION.
- M amel. OCCUPATION; when busy.
- M EMOTIONAL STASIS [indifference].
- M Fault-finding, fretful, sarcastic, spiteful, striking, agg. before menses.
- G Very CHILLY. agg. Cold in general [3]. agg. HEAD becoming COLD.
- G amel. EVENING.
- G amel. EATING and COLD DRINKS.
- G Aversion to FAT.
- G amel. PHYSICAL exertion [3]. amel. Violent exertion [3]. amel. Running [3]. amel. Walking fast [3].
- G Ailments related to HORMONAL changes [menses, pregnancy, menopause, puberty, postnatal, the pill].
- G agg. BEFORE [3], DURING [3] and AFTER [3] menses.
- G Aversion to COITION. No desire, no orgasm. [Fear of rape; denial of sexuality; often history of sexual abuse] "As the negation of the role of the woman extends itself to include the refusal of the role of mother we find homosexuality, sexual frigidity, aversion to the opposite sex and to husband and children" [Whitmont]. Will usually be very incommunicative about sexual symptoms.
- G Periodicity: 28 days [menstrual cycle].
- G PHYSICAL STASIS [circulatory disturbances; constipation; bearing-down sensations; emptiness in stomach; great lack of energy].

- G MILKY discharges [nasal catarrh, vomit, urine, leucorrhoea].
- G Never well since the PILL.
- G Easy fainting [especially in warm rooms and when kneeling].
- P HEAVINESS of eyelids; from exhaustion; during HEADACHE.
- P Shrivelled breasts.
- P Left-sided headaches [above left eye]; blurred vision before headache; drooping of eyelids during headache.
- P Raynaud's disease.

#### Repertory

Mind

Anger, menses, before [2]. Anxiety, flushes of heat, during [2], imaginary evils, about [3]. Aversion, husband, to [3]. Bed, desires to remain in, morning [2]. Company, aversion to, amel. when alone [3]. Confusion, menses, before [2], spoken to, when [2/1], weeping amel. [2/1]. Dancing amel. [3]. Emptiness, sensation of, sensation of faintness, with [3/1]. Impatience, sitting, while [2/1]. Indifference, everything, to [2], family, to his [2], lies with eyes closed [2], life, to [2], loved ones, to [3], relations, to [4]. Occupation amel. [3]. Sadness, menopause, during [3]. Shrieking, holds on to something, unless she [3/1]. Weeping, nervous, feels so, she would scream unless she held on to something [2/1].

Vertigo

Kneeling, when [3].

Head

Coldness, occiput, as if frozen [2]. Hair, falling, menopause [2/1], pregnancy, after [2]. Pain, coryza, dry [2], eating, after, amel. [3], motion, amel., violent [2], shopping, from [2; Epip.], waves of pain [3]; forehead, eating amel. [3], waves of pain [3/1].

Eye

Eruptions, lids, on, scales [3]. Heaviness, lids, morning, as if could not be held open [2]. Vision

Flickering, light, when looking at [2; Anac.]. Loss of vision, nausea, during [2/1].

Nose

Discharge, white, milky [3]. Discoloration, yellow, saddle, across [3]. Dryness, inside, left [2]. Epistaxis, headache, after [3]. Pain, rawness, left [2/1].

Face

Cracked, lips, lower [3]. Discoloration, yellow, mouth, around [2].

Throat

Swallowing, involuntary [3].

Stomach

Emptiness, evening, eating, after amel. [3], eating, not relieved by [3], headache, during [3], thinking of food, when [3/1]. Eructations, bitter, menses, during [2; Sulph.]. Nausea, eating, after, amel. [3], pain, during, back, in [2].

Vomiting, milky [3].

Abdomen

Distension, mothers, in [2]. Hard, menses, during [2]. Heaviness, morning [3]. Pain, hypogastrium, urination amel. [2; Dios.]; dragging, morning, 9 a.m. - 6 p.m. [3/1], standing [3], walking amel. [2/1].

Rectum

Constipation, stool has to be removed mechanically [2]. Haemorrhoids, milk agg. [2/1]. Lump, sensation of, stool, not amel. by [3/1].

Bladder

Falls, sensation as if, side lain on, to [2; Puls.]. Pain, menses, during [3/1]. Urging to urinate, violent, menses, during [2].

Female genitalia

Dryness [3]. Itching, pregnancy, during [4]. Leucorrhoea, coition, after [2]. Pain, bearing down, uterus, standing agg. [3], urging to urinate, on [3]. Prolapsus, uterus, crossing limbs amel. [3]. Swollen, menses, before [2; Lyc.].

Respiration

Difficult, running does not agg., slow motion agg. [2/1]

Chest

Emptiness, sensation of, night [2/1]. Pain, mammae, pregnancy, during [2/1].

Back

Heaviness, morning, bed, in [2]. Pain, struck with a hammer, as if [3].

Extremities

Eruptions, Hand, back of hand, cold weather [2/1]; knee, hollow of [4].

Perspiration

Odour, elder blossoms [2/1].

Generalities

Air, seashore agg. [3]. Faintness, kneeling in church, while [3/1]. Riding horseback agg. [3]. Shuddering, nervous, menses, before [2/1].

#### Food

Aversion: Meat [3]; bread [2]; fats and rich food [2]; food, smell of [2]; milk [2]; salt food [2]; beer [1]; everything [1]; everything, daytime [1/1]; smoking [1].

Desire: Alcoholic drinks [2]; brandy [2]; chocolate [2]; cold drinks [2]; pickles [2]; sour [2]; sweets [2]; vinegar [2]; wine [2]; beer [1]; highly seasoned food [1]; nuts [1]; pungent things [1].

Worse: Milk [3]; pork [3]; bread [2]; bread and butter [2]; butter [2]; cold food [2]; fat [2]; fish [2]; fruit [2]; hot food [2]; potatoes [2]; rich food [2]; smell of food [2]; sour [2]; veal [2]; vinegar [2]; beans and peas [1]; cabbage [1]; coffee [1]; flatulent food [1]; pepper [1]; sauerkraut [1]; sour wine [1]; strawberries [1]; tobacco [1]; warm food [1]. Better: Cold drinks [3]; tobacco [2]; hot food [1].

#### Nucleus

- 1. Stasis on all levels.
- 2. Chilly.
- 3. amel. Occupation; violent exertion.
- 4. Craving for acids and chocolate.
- 5. Bearing down sensations.
- 6. agg. Before, during and after menses.

## Silicea terra

#### Silica

#### Region

NUTRITION. Children. Tissues [elastic; cellular]. NERVES. GLANDS. Tubes [Eustachian; tear ducts, etc.; fistulae]. Bones. Cartilage. Mucous membranes. Skin. \* Left side. Right side.

#### Modalities

Worse: COLD [AIR; DRAFTS; damp; uncovering [especially the head]; bathing; checked sweat, agg. feet]. Sensitive to [nervous excitement; light; noise; jarring spine]. Change of moon. Night. Mental exertion. Alcohol. During menses. After vaccination. Milk.

Better: WARM [WRAPS, to head; becoming]. Profuse urination. Warm room. Magnetism.

#### Leading symptoms

- M Lack of SELF-CONFIDENCE. Apprehension and ANTICIPATION. Bashful TIMIDITY.
- M Delicate, refined, YIELDING. MILDNESS [yet inner resistance].
- M "How he appears is very important. Wants a fixed, definite opinion. Feeling O.K. is conditional to having a very SPECIFIC IMAGE. IMAGE-BOUND" [Sankaran]. Devotion in profession [are highly appreciated by others]; narrow-mindedness at home. Lack of EMOTIONAL INDEPENDENCE.
- M Obstinate; fixed ideas. "Does not openly revolt but sticks to her opinion. Convinced against her will, but of the same opinion still." "This fixity of thinking, the difficulty in accepting things from outside and the violence against everything that goes against her fixed ideas, all find their expression at the physical level in the form of asthma, intolerance of vaccination and foreign bodies and also a strong chronic defense against them" [Sankaran].
- M Conscientious about TRIFLES. "Great precision, great calculation and great exactitude, but with little feeling. Everything neatly marked, but without conveying anything new; no imagination" [Sankaran].
- M Overworked MENTAL state [PUSH themselves to the utmost stubborn perseverance to fulfill a specific image].
- G Keenly SENSITIVE; to NOISE, pain, draft and cold.
- G Tremendous CHILLINESS.
- G agg. Becoming COLD: extremities [3], feet [3], head [3].
- G amel. Warm bed [3]; warm stove [3]; warm wraps [3].
- G Easy PERSPIRATION [especially head, hands, feet].
- G agg. SUPPRESSED perspiration, especially of feet. May or may not have offensive foot sweat, "but you will find there is a history of perspiring feet."
- G Very THIRSTY.

- G Easy SUPPURATION. "Every hurt festers; stubborn suppuration; abscesses; proud flesh; cicatrices, etc." [Boger].
- G Frequent and RECURRENT INFECTIONS [colds, otitis, tonsillitis, bronchitis, sinusitis, boils, styes, acne, fungal infections]. "Seem incapable of throwing off infections well."
- G SLOWNESS [development and growth; recovery; delayed aggravations; late in developing relationships].
- G GLANDULAR affections.
- G Sensations: SPLINTER, HAIR.
- P Headache, starting in the occiput, extending to the forehead and settling over one eye [agg. RIGHT]; agg. draft of air, cold air; amel. wrapping head up warmly, pressure and profuse urination.
- P Affections of nails.
- P Loss of hair in intellectuals, especially under stress in school [Vithoulkas].
- P Constipation with receding stools; agg. menses; retained, for fear of pain.

#### Repertory

Mind

Anxiety, fright, after [2], menses, during [3], noise, from [3], trifles, about [2]. Carefulness [3]. Confusion, conversation agg. [2/1]. Delusions, needles, sees [2; Merc.], places, of being in two, at the same time [2]. Dishonest [2]. Dullness, mental exertion, from [2]. Egotism [2]. Irritability, consolation agg. [3]. Laughing, sleep, during [2]. Magnetized, desires to be [3]. Monomania [2]. Prostration of mind, reading, from [2; Aur.], writing, after [2/1]. Remorse, trifles, about [2/1]. Sensitive, noise, to, slightest [3], voices [2]. Starting, touched, when [2], trifles, at [2]. Timidity, appearing in public, about [3]. Weeping, consolation agg. [3].

Head

Heat, flashes of, chilliness, after [3; Sang.]. Pain, cold, becoming, from, feet [3], cold, head getting cold, on [3], lying, while, dark room, in, amel. [3]. Perspiration, scalp, sour [4]. Pulsating, night, comes on during the, with nausea and vomiting [3/1].

Eve

Cataract, foot sweat suppressed, after [3/1].

Vision

Dim, suppressed foot sweat, after [3/1].

Ear

Caries, threatened, mastoid process [3].

Nose

Catarrh, dry, chronic [2]. Dryness, inside, suppressed foot sweat, after [3/1]. Obstruction, pus, with [3].

Face

Abscess, antrum [3]. Pain, stormy weather [3].

Mouth

Hair, on, tongue [3]. Salivation, dentition, in [3].

Teeth

Dentition, slow [3].

Stomach

Nausea, vaccination, after [3/1]. Pain, nuts, after [3/1].

Rectum

Constipation, menses, before [3]. Diarrhoea, warmth, bed, of, amel. [3].

Female genitalia

Leucorrhoea, acid food, after [3/1], urination, during [3], urination, after [3]. Pain, uterus, nurses, while child [3]. Tumors, vagina, cysts [3].

Cough

Uncovering agg., feet or head [3/1]. Warm fluids amel. [3].

Chest

Alternating with, rectal symptoms [3]. Induration, axillary glands [3]; mammae, left [3/1]. Pain, mammae, nurses, while child [3].

Back

Injuries of the spine, coccyx [3]. Pain, cervical region, extending to eye [3], to head [3]. Perspiration, lumbar region [3].

Extremities

Coldness, leg, warm room [3]; foot, menses, during [3]. Swelling, upper arm, vaccination [3]. Wetting feet agg. [3].

Generalities

Convulsions, suppressed foot sweat, after [3/1], vaccination, after [3; Thuj.]. Uncovering agg., single parts agg. [3].

#### Food

Aversion: Meat [3]; mother's milk [3]; cheese [2]; cooked food [2]; food, if seen [2]; milk [2]; warm food [2]; food, after eating a little [1]; hot food [1]; salt food [1]. Desire: Cold food [2]; ice cream [2]; milk [2]; bread [1]; cold drinks [1]; eggs [1]; fat [1]; fried eggs [1]; ice [1]; lime [1]; raw food [1]; salty things [1]; sand [1]; warm food [1].

Worse: Cold food [3]; wine [3]; cold drinks [2]; honey [2]; smoked food [2]; tobacco [2]; beans and peas [1]; beer [1]; cabbage [1]; dry food [1]; fat [1]; flatulent food [1]; hot food [1]; meat [1]; milk [1]; pepper [1]; sight of food [1]; warm food [1].

Better: Hot food [2]; cold food [1].

#### Nucleus

- 1. Yielding and inner resistance.
- 2. Need of approval; devotion in profession [specific image], narrow-minded at home.
- 3. Very chilly and very thirsty.
- 4. Easy perspiration; history of [suppressed] foot sweat.
- 5. Recurrent infections; suppurative.
- 6. Slowness.

### Spigelia anthelmia

#### **Pinkroot**

#### Region

NERVES [TRIFACIAL; HEART; neck]. Fibrous tissue. EYES. Teeth. \* Left side. Right side.

#### Modalities

Worse: TOUCH. MOTION. Jar. Periodically; with the sun. Tobacco. Coition. Raising arms. Noise. Turning the eyes. Stooping. Inspiration. Cold, damp and rainy weather; change of weather; stormy weather. Tea. Cold water.

Better: Lying on right side with head high. Cold applications [headache]. Dry weather. After sunset. Rest.

#### Leading symptoms

- \* Belongs to the same botanical family as Nux vomica and Ignatia.
- M Fear of POINTED objects.
- M Stammering; repeats the first syllable three or four times; and abdominal ailments; and helminthiasis. ["When in worm troubles Cina and Teucr. fail, try Spig."]
- M Responsible type of people; look like Nat-m. Pains that come after a long grief. Serious people with serious pain [Vithoulkas].
- G "The main remedy for aggravation from SMOKE and SMOKY ROOMS. Causes headache and a general aggravation" [Morrison].
- G agg. TOBACCO [3].
- G Combined HEART and EYE symptoms; or the latter as an accompaniment.
- G VIOLENT pains. "It is a neuralgia remedy par excellence" [Clarke]. Radiating pains; to all parts. "Spigelia is especially known by its pains" [Kent]. "Persons who have become victims of pains."
- G Pains proceed from within outward and from below upward.
- G Ailments and violent, audible PALPITATION [agg. stooping].
- G CHILLY. agg. COLD in general [3].
- G agg. DAYTIME [especially migraine]. "Comes and goes with the sun." Pains appear and disappear gradually [2].
- G Very sensitive to TOUCH; touch sends shudder through the whole frame.
- G Painful parts feel COLD.
- G agg. Ascending high [2].
- P MIGRAINE; starting in occiput or neck and settling in or over LEFT EYE; and redness and lachrymation of LEFT eye. Pain agg. motion, noise, jar and especially stooping; amel. cold applications.
- P Pain in EYES extending BACKWARDS into the brain.
- P TRIGEMINAL NEURALGIA; LEFT side, cheek dark red; and redness and lachrymation of left eye, and painful stiffness of neck and shoulders.
- P Glaucoma; left eye; intolerable pressive pain in eyeball; could not turn the eye without turning the whole body; eyes sensitive to touch; as if a band round the head.

- P Eyes hurt on motion, as if too LARGE for the orbit.
- P HEART SYMPTOMS and exophthalmic goitre; and worm affections; and constipation; and rheumatic pains in knees; and foul odour from mouth; and soreness of whole left side.
- P Angina pectoris with craving for hot water which amel.. [Phatak]
- P Disturbances in accommodation; it is most difficult to fit glasses; no settled focus, no fixed vision [Gels.].

#### Repertory

Mind

Anxiety, breathing deeply, on [2; Acon.]. Delusions, floating in air [2]. Fear, pins, of [2], suffocation, of [2]. Sensitive to steel points directed towards her [2].

Vertigo

Ascending, sensation of [2]. Fall, tendency to, looking down, on [3/1]. Looking either way, right or left [2]. Walking, sensation of gliding in the air, as if feet did not touch the ground [2].

Head

Bubbling sensation [2]. Falling of head, backward, vertigo, during [2/1]. Looseness of brain, sensation of, turning the head [3]. Pain, closing eyes, on, amel. [2], lies with head high [2]. Swashing sensation, shaking head, on [2], walking, while [2].

Eye

Glaucoma [2]. Pain, thinking of the pain agg. [2; Lach.], turning sideways [3], extending backward [2], extending to frontal sinus [3/1].

Nose

Coryza, chilliness, with [2], lying, fluent, while [2/1].

Face

Bloated, morning, on waking [2]. Pain, daytime [3], jar agg. [2], motion agg. [3], noise agg. [3], stooping agg. [2], suddenly coming and going [2], tea agg. [2/1], extending to neck [2], to nose [2/1]; stitching, burning needles [2].

Rectum

Worms, children, in [3].

Respiration

Difficult, bending forward [2], heart, during pain in [2], lying, while, on the back [2], lying, while, on the side, right side amel. [2/1], talking, after [2].

Chest

Anxiety, in, heart, region of, lying on the left side agg. [2]. Pain, heart, lying on left side agg. [3], lying, on right side, could only lie on [3; Naja], extending to back [2], to left scapula [2/1], to sternum [2/1]. Palpitation, headache, during [2], inspiration, deep, during [3], menses, during [2], motion, arms of, agg. [2].

Extremities

Coldness, foot, morning [2]. Numbness, Hand, morning [2]. Pain, knee, bending, on [2], rising, from kneeling [2/1].

Generalities

Ascending, high agg. [2]. Shuddering, part touched [2/1]. Smoke agg. [3]. Water, dashing against inner parts, sensation of [2].

#### Food

Aversion: Coffee [2]; beer [1]; smoking [1]; tobacco [1].

Desire: Alcoholic drinks [2]; beer [2]; brandy [2]; whisky [2]; wine [2]; cold drinks [1]; warm drinks [1].

Worse: Tobacco [3]; cold drinks [2]; cold food [2]; sight of food [2]; sweets [1]; warm food [1].

Better: Hot food [2]; tobacco [1].

#### Nucleus

- 1. Fear of pointed objects.
- 2. Violent, radiating pains.
- 3. agg. Daytime.
- 4. agg. Touch, jar, motion.
- 5. Heart and eye symptoms.
- 6. agg. Smoke and smoky rooms.

### Spongia tosta

Roasted Sponge

#### Region

HEART; valves. Larynx. Trachea. Bronchi. Glands; thyroid; testicles; lymph glands. Nerves. \* Left side. Right side.

#### Modalities

Worse: DRY, COLD wind. Roused from sleep. Exertion. Raising arms. Before midnight [sleeps into aggravation]. After sleep. Sweets. Cold drinks. Ascending. Thinking of symptoms. Touch and pressure. Stooping. Lying on right side. Warm room. Sudden change of atmosphere. Full moon.

Better: Lying with head low. Eating a little [amel. cough]. Descending. Bending forward. Warm food and drinks. Drinking [amel. cough]. Rest [amel. many symptoms except those of the respiratory organs].

#### Leading symptoms

- M Fear of heart disease. "Marked anxiety, fear of death, and suffocation, associated with palpitation and uneasiness in the region of the heart; mental symptoms showing that Spong. is a heart remedy" [Kent].
- M Wakes at night in great fear [with fear of suffocation]; takes some time to rationalize his surroundings.
- G "Especially suits young persons of tubercular parents, who remain weak, are pallid and do not thrive." TUBERCULAR diathesis [Kent].
- G Chilly. agg. Cold dry weather [2]. agg. Dry weather [2].
- G DRYNESS of mucous membranes, especially of respiratory tract. "In proportion to the extent of rattling, this remedy is decreasingly indicated" [Kent].
- G amel. Wet weather [2].
- G SLEEPS INTO AGGRAVATION; suffocating spells, as if a cord about neck [cough, asthmatic, cardiac]. agg. After sleep [3].
- G agg. MIDNIGHT; 12 p.m. 2 a.m.
- G agg. Lying on RIGHT side [2]. amel. Lying on BACK [2].
- G amel. WARM FOOD and DRINKS [cough, dyspnoea, pain in stomach, bellyache].
- G agg. Ascending [3].
- G GLANDULAR affections [inflammation, enlargement, induration].
- G Basedow's disease.
- P Acute colds settling in the larynx [= hoarseness, great dryness of the larynx, croupy cough, rawness]. Larynx sensitive to touch; pain agg. singing, talking or swallowing.
- P Sore throat agg. SWEETS.
- P COUGH HOLLOW, BARKING, CROWING, SAWING or CROUPY; agg. cold drinks [may amel.], amel. eating [warm food], amel. warm drinks.
- P Asthma; NO rattling of mucus; dryness; amel. warm drinks and sitting forward [or amel. bending head backward]. Asthma coming on about midnight.
- P Chronic orchitis; squeezing pain.

Repertory

Mind

Anxiety, faintness, with [3], sleep, during [2]. Fear, heart disease, of [2], suffocation, of [2], suffocation, of, night [2], suffocation, of, heart disease, in [2; Dig.], waking, on [2]. Frightened easily, night [2]. Somnambulism [2]. Starting, trifles, at [2]. Thinking, complaints, of, agg. [2]. Weeping, anxiety, after [2].

Vertigo

Night, waking, on [2]. Nausea, waking, on [2/1].

Head

Pain, lies with head low [2]; pressing, forehead, lying on back amel. [2], sitting, while [2]; stitching, occiput, turning the head [2].

Nose

Catarrh, dry, chronic [2]. Coryza, croup, with [2], wind, caused by cold dry [2; Acon.]. Face

Heat, headache, with [2], motion, after [3/1].

Throat

Choking, lying down, on, back, amel., on [2/1]. Dryness, hawking agg. [2/1]. Pain, sweets agg. [3]; rawness, coughing, when [3].

Stomach

Pain, warm drinks amel. [2].

Abdomen

Inflammation, Pancreas [3]. Pain, warm drinks amel. [2].

Male genitalia

Induration, testes, epididymis [3]. Pain, pinching, testes [3]; squeezing, testes [3]; stitching, testes, extending to spermatic cords [2].

Larynx

Constriction, larynx, evening, falling asleep [2], sleep, during, lying on either side [2]. Croup, night, before midnight [3/1]. Dryness, larynx, hawking, from [2/1]. Pain, larynx, touch, on [3]; burning, larynx, cough, during [3]; soreness, larynx, swallowing, on [3], turning the head, on [2]. Voice, hoarseness, sudden [2].

Respiration

Asthmatic, bending head backwards amel. [3]. Difficult, midnight, after [2], waking at 1 p.m. [2], bending forward amel. [2], menses, during [3].

Cough

Barking, day and night [2/1]. Bending head forward amel. [2]. Drinking, after, amel. [3]. Dry, drinking, after, amel. [3], eating, from, amel. [3/1],

Chest

Heat, motion, on [2/1]. Palpitation, midnight, wakes up [3], menses, before [3], throat, extending to [2].

Sleep

Position, head inclined, backwards [2].

#### Food

Aversion: Beer [1].

Desire: Delicacies [2]; beer [1]; cold drinks [1].

Worse: Tobacco [3]; fat [2]; butter [1]; cold drinks [1]; milk [1].

Better: Warm drinks [1].

#### Nucleus

- 1. Sleeps into aggravation. Fear of suffocation.
- 2. Dryness of mucous membranes.
- 3. Chilliness.
- 4. Dry barking cough, amel. warm food and drinks.
- 5. Descending colds [= laryngitis].
- 6. agg. Lying on right side. amel. Lying on back.

### Stannum metallicum

Tin

#### Region

NERVES. MUCOUS MEMBRANES. CHEST. FEMALE ORGANS. Lungs. \* LEFT SIDE. Left upper and right lower.

#### Modalities

Worse: Using voice [talking, singing, laughing]. Cold. 10 a.m. MOTION [after; gentle; lying on right side]. Ascending steps. Warm drinks.

Better: Rapid motion. Hard pressure; bending double. Expectoration [amel. hoarseness]. Coughing.

#### Leading symptoms

- M Anxiety and SADNESS before MENSES, amel. flow.
- M agg. WEEPING. "Feel like crying all the time, but crying makes them worse."
- G Chilly.
- G agg. DAYTIME.
- G EXTREME WEAKNESS; agg. in CHEST; in throat, stomach, upper arms and thighs; drops into a chair; can't even talk; trembles on moving [Boger].
- G PROFUSE, muco-purulent, secretions. Easy expectoration.
- G Nocturnal perspiration, especially after 4 a.m.
- G Pains INCREASE and DECREASE GRADUALLY.
- G amel. RAPID motion; walking FAST.
- G amel. BENDING DOUBLE [cramps, spasms].
- G amel. DURING menses [2].
- G agg. Physical exertion [3].
- G agg. Lying on SIDE [3]. amel. Lying on ABDOMEN [2].
- G PRESSIVE pains.
- G HOLLOW sensation [especially chest; stomach].
- G Strong odour of body during menses.
- G Tubercular diathesis.
- P Prolapse of vagina or uterus agg. stool.
- P Burning palms and soles.
- P Nausea and vomiting from smell of food. Acute smell during pregnancy [1/1].
- P Cough agg. lying on RIGHT side.

#### Repertory

Mind

Answers, abruptly [2]. Anxiety, menses, before [2]. Sadness, menses, before [3], menses, during, amel. [2]. Weeping aggravates [2].

Head

Pain, morning, increases and decreases with the sun [2]; forehead, eyes, above, left, extending over whole forehead, increasing and decreasing gradually [2/1]; pressing,

band, as if by a [2], temples, daytime [2], pressure amel. [2].

Vision

Distant, objects seem [2].

Face

Pain, daytime [2], menses, before [2].

Mouth

Speech, difficult, weakness, from, of chest [2/1], of throat [3/1].

Throat

Choking, clearing the throat, when [2]. Pain, sore, extending to chest [3].

External throat

Perspiration [3].

Stomach

Appetite, increased, daytime [2]. Emptiness, eating, after [2]. Pain, pressure amel. [2], walking, while, amel. [2]. Retching, hawking mucus from trachea [2].

Abdomen

Clothing, sensitive to [2]. Emptiness, eating, after [2], stool, after [2]. Pain, lying, on abdomen amel. [2]; cramping, bending forward amel. [2].

Female genitalia

Desire, increased, scratching distant parts, from [2/1]. Pain, bearing-down, uterus, stool, during [2]. Prolapsus, uterus, stool, during [2].

Larynx

Pain, sore, trachea, coughing, on [3]. Scraping, daytime [2], morning [2], talking, from [2; Mang.]. Voice, hoarseness, cough, during, amel. [2/1], talking, from [2].

Respiration

Asthmatic, cold, from taking [2].

Cough

Daytime, expectoration copious, greenish, salty, agg. morning [2/1]. Lying, side, right [3]. Reading aloud agg. [2]. Warm fluids [2]. Wine [2].

Expectoration

Balls, in shape of [3]. Copious, morning [2]. Thick, morning [3]. White, daytime [2; Arg-m.].

Chest

Emptiness, expectoration, after [2], sing, on beginning to [2/1]. Pain,

rawness, coughing, after [2]. Weakness, talking, when [3].

Extremities

Cramps, fingers, writing, while [3]. Heaviness, lower limbs,

walking, while [2]; fingers, drops things [2].

Perspiration

Midnight, after, 4 a.m. [2]. Sensation as if about to perspire, but no moisture appears [3]. Generalities

Daytime [3]. Clothing, loosening amel. [2]. Lying, on abdomen amel. [2]. Menses, during, amel. [2]. Touch, slight, agg. [2]. Walking, fast amel. [2]. Weakness, talking, from [3], walking, from, rapidly, amel. [2/1].

#### Food

Aversion: Beer [2]; milk [1]; mother's milk [1].

Worse: Beer [1]; smell of food [1]; warm drinks [1]; warm food [1].

#### Nucleus

- 1. Anxiety and sadness before menses, amel. flow.
- 2. agg. Daytime.
- 3. Extreme weakness; too tired to talk.
- 4. amel. Walking fast; rapid motion.
- 5. Hollow, empty sensation.
- 6. amel. Bending double.

# Staphisagria

#### Stavesacre

#### Region

NERVES. TEETH. Genito-urinary tract. Fibrous tissues [eyelids; skin]. Glands. Right deltoid. \* Right side. Left side.

#### Modalities

Worse: Emotions [grief; vexation; indignation; quarrels; insults; mortification; suppressed]. Sexual excesses. Onanism. Touch. Cold drinks. Lacerations. Mercury. Night. Morning. Tobacco.

Better: Warmth. Rest. Breakfast.

#### Leading symptoms

- M Ailments from SUPPRESSED EMOTIONS.
- M YIELDING, MILD, avoids quarrels, doesn't want to cause trouble. TIMID. "Too dignified to fight." "Accept authority to an extreme degree."
- M SENSITIVE to all external impressions; to RUDENESS of others. "Morbidly sensitive; easily offended" [Boger].
- M Fear of LOSING SELF-CONTROL.
- M Very romantic; easily disappointed. [Compare cystitis in newly married women.] "Tremendous nostalgia for the past [e.g. the beginning of the relationship]." "Stays in relationship out of fear for anger."
- M SEXUALLY MINDED; unsatisfied urge. Intruding sexual thoughts; driving to MASTURBATION. Strong sexual fancies evening in bed; can only sleep after masturbation.
- M Often a history of sexual abuse.
- M Some form of ADDICTION [overeating, overworking, abuse of alcohol, constant occupation with the children, watching TV, etc.]. [Zaren]
- G agg. AFTERNOON NAP.
- G Sleepy all day, sleepless all night.
- G Chilly.
- G amel. After BREAKFAST [2].
- G Craving for SWEETS, MILK [or aversion to milk] and TOBACCO.
- G Oversensitive to tobacco SMOKE.
- G Extreme SENSITIVENESS to TOUCH [genitals, warts, haemorrhoids, eruptions].
- G Trembling from [suppressed] anger or nervous excitement.
- G Odour of ROTTEN EGGS [sweat, flatus, stool].
- G Pains that move into teeth.
- P Cystitis after coition.
- P Cystitis after catheterization. Pain bladder [or abdominal colics] after surgical operation.
- P CONSTANT SWALLOWING [and suppressed emotions].

- P Lachrymation from yawning. Violent yawning after headache.
- P Sensation of a [immovable] BALL in FOREHEAD; and of emptiness in occiput.
- P Hardness of hearing due to enlarged tonsils.

Repertory

Mind

Ailments from, anger, suppressed [3], honor, wounded [2], indignation [4], reproaches [2], rudeness of others [3]. Anger, face colour, pale, livid [4], mistakes, over his [2], throws things away [3]. Conscientious, trifles, about, religious, very [2]. Delusions, people, behind him, someone is [2]. Fear, self-control, losing [2]. Music, palpitation when listening to [2]. Thoughts, intrude and crowd around each other, sexual [2]; tormenting, sexual [2]. Throws things, persons, at, who offend [4]. Weeping, spoken to, when [3].

Head

Ball, sensation as of a, forehead [2]. Empty, occiput [2]. Eruption, sensitive, extremely [3]. Itching, occiput, scratching agg. [2/1]. Pain, grief, from [3]; occiput, anger, from [2]. Eye

Dryness, morning, waking, on [2]. Nodules, in lids, margins [3]. Pain, burning, operations, after [2].

Hearing

Impaired, enlarged tonsils [2].

Face

Discoloration, bluish, angry, when [2/1]. Pain, excitement [2].

Teeth

Caries, premature in children [3]. Pain, brushing teeth agg. [2]. Sensitive, cannot bear dental operation [2].

Throat

Swallow, constant disposition to, excitement agg. [2/1], speaking, while [2/1].

Abdomen

Hanging down, as if intestines were [3]. Pain, indignation, after [3/1], vexation, after [3; Coloc.].

Rectum

Itching, sitting, while [2].

Bladder

Calculi, operation for, after [3]. Inflammation, injuries, after [2; Arn.]. Pain, lithotomy, after [3/1]. Urging to urinate, married women, newly [3/1].

Urination, dysuria, married women, newly [3]; unsatisfactory, bladder were not empties, as if, with dribbling [2/1].

Female genitalia

Condylomata, vagina [2]. Contractions, uterus, menses, during [2]. Ovariotomy, complaints following or attending [2]. Pain, ovaries, coition, after [2].

Back

Pain, sacral region, morning [2], turning in bed [2].

Extremities

Sensitive, fingers, tips [2]; foot, sole [2].

Perspiration

Odour, putrid [3]. Symptoms, after, agg. [2]. Generalities
Breakfast amel. [2]. Wounds, constitutional effects of [2].

#### Food

Aversion: Milk [3]; cheese [2]; solid food [2].

Desire: Soup [3]; sweets [3]; alcoholic drinks [2]; brandy [2]; liquid food [2]; meat, must have [2]; milk [2]; rice, dry [2]; tobacco [2]; beer [1]; bread [1]; cold milk [1]; highly seasoned food [1]; whisky [1]; wine [1].

Worse: Milk [3]; tobacco [3]; sour [2]; vinegar [2]; beer [1]; bread [1]; fat [1]; meat [1]; rich food [1].

#### Nucleus

- 1. Suppressed emotions. Yielding, mild, submissive persons.
- 2. Sexual thoughts; intruding; driving to masturbation.
- 3. agg. Afternoon nap.
- 4. Hypersensitivity to touch.
- 5. Tobacco [desire or agg.].

# Sticta pulmonaria

#### Lungwort

#### Region

Nerves. [Mucous] membranes [nose; chest; bronchi; joints]. Shoulder [RIGHT].

#### Modalities

Worse: Night. Lying down. Motion. Change of temperature.

Better: Free discharges. Open air.

#### Leading symptoms

M - Must talk. "Feels as if she must talk, about everything and anything; whether listened to or not" [Phatak]. [Compare amel. free discharges]

M - Floating sensation.

G - Painful DRY mucous membranes.

G - Chilly; takes cold easily.

G - agg. Sudden change of weather [= colds].

G - Stitching pain - transversely [2].

P - DESCENDING colds; nasal discharge dries up quickly, and forms crusts; followed by dry cough or bronchitis.

P - Coryza [dries up quickly] followed by sinusitis.

P - Constant inclination to BLOW the NOSE; unsuccessful.

P - DULL, HEAVY feeling [or stuffed feeling] in ROOT of NOSE [important characteristic in headaches and catarrh].

P - Dry, barking cough after measles, whooping-cough, INFLUENZA.

P - Dry hacking cough agg. coughing, evening and when tired.

P - Restless hands and feet.

#### Repertory

Mind

Delusions, floating in air [2], bed, resting in, is not [1; Lach.].

Vertigo

Lying, as if, feet were going up [1; Ph-ac.]. Sleep, after, agg. [1].

Head

Pain, forehead, coughing [1]; bursting, forehead, coughing, on [1].

Eve

Pain, headache, during [1], turning sideways [2]; sore, moving eyes [2].

Nose

Blow, constant inclination to [3]. Boring in, with fingers [1]. Catarrh, dry, chronic [3], extends to frontal sinuses [1]. Coryza, air, open, amel. [1], annual, asthmatic breathing [1], extending to frontal sinuses [2]. Discharge, crusts, detach, hard to, and leave raw and sore [1]; dries quickly, forming scabs [2; Psor.]. Dryness, inside, blowing nose, compelled, but no discharge [3], painful [2]. Fullness, sense of, root [3]. Obstruction,

night [1], night, wakes him [1], sleep, during [2], root, at [1]. Pain, dryness, from [2]. Sneezing, tingling in nose [1].

Mouth

Dryness, palate, soft palate, like leather [2/1].

Respiration

Asthmatic, hay asthma [2].

Cough

Night, midnight, after, morning, until [1]. Constant, night [1]. Dry, evening, lying down [2], sleep, disturbing [1]. Sleep, preventing [1].

Chest

Pain, sternum, behind, extending to back [1/3].

Back

Pain, dorsal region, scapulae, left, under, cough, during [2/1].

Extremities

Heat, joints [2]. Motion, leg, involuntary, night [2/1]. Pain, upper arm, deltoid region, posterior part [2], triceps [2/1].

#### Nucleus

- 1. Must talk.
- 2. Floating sensation.
- 3. Descending colds.
- 4. Constant inclination to blow the nose.
- 5. Dull, heavy feeling in root of nose.

# Stramonium

#### Thorn Apple

#### Region

BRAIN. MIND. Circulation [throat; skin]. Spinal nerves [arms; hip - left; genitals]. Muscles. Sexual organs.

#### Modalities

Worse: Glistening objects. Fright. AFTER SLEEP. DARKNESS. Dark, cloudy days. Suppression. Intemperance. When ALONE. Attempting to swallow, especially liquids. Being touched.

Better: LIGHT. Company. Warmth. Cold water.

#### Leading symptoms

\* LIGHT - DARKNESS.

M - VIOLENCE or FEARS or CONVULSIONS. ["The combination of any two of these three should make you think about this remedy." - Morrison]. Fear of violence or the violence is fearful.

M - Violence [usually very prominent, but may be completely lacking]. RAGE, kicking, biting, striking. Violent aggression; SUDDEN. DESTRUCTIVE. WILD. THREATENING.

M - FEARS: DARKNESS, water, violence, animals, when alone, closed places, tunnels.

M - Awakes in fear or screaming; recognizes no one, clings to those near, or strikes at them. NIGHT TERRORS; in children. Somnambulism. Knows nothing about it afterwards.

- M Ailments from FRIGHT [seeing a death, a violence; after a life-threatening situation].
- M Strong desire for LIGHT and COMPANY.
- M STAMMERING. ["If the convulsions go with stammering, it is Stram." Morrison].
- G amel. Warmth.
- G agg. Long sleep [2].
- G agg. Autumn [2].
- G Suppressed or diminished SECRETIONS [stool, URINE, perspiration, menses, lochia]. Ailments due to suppressed secretions, especially perspiration.
- G Similar to Bell. in fevers and febrile convulsions, but remaining longer or with RECURRENCES.
- G Disorderly, graceful or rhythmic MOTIONS, agg. head or arms.
- G PAINLESSNESS of complaints usually painful. Increased, maniacal strength.
- G SPASMODIC affections [convulsions, spasms, cramps, twitching (especially of face), jerks, stammering]. From FRIGHT.
- G Violent THIRST, especially for ACID drinks.
- G Sleeplessness in dark room. Faintness in dark places [2].
- P Vertigo agg. in dark.

P - RED FACE; or colour rapidly changing: now flushed, now pale.

P - Sun = headache.

Repertory

Mind

Anxiety, dark, in [2]; noise, from, of rushing water [3]. Company, desire for, night [3]. Delirium, foreign, language, talks in [2/1]. Delusions, danger, impression of [2], dogs, attack him [3/1], images, phantoms, sees, black [3]. Excitement, alternates with convulsions [3/1]. Fear, alone, of being, night [3], black, everything [3/1], delusions, from [3/1]. Indifference, suffering, to [3]. Kneeling and praying [2]. Laughing, loudly [2]. Lewdness, songs [2]. Rage, headache, with [3], kill people, tries to [2]. Wildness [2].

Dark room, on entering [2]. Fall, tendency to, in the dark [2/1].

Head

Vertigo

Motions of head, hither and thither [2]. Pain, occiput, dark amel. [2], heated, from becoming [2], looking at bright objects [2], warm clothing agg. [2].

Eye

Insensibility [2]. Open, delirium, with [3]. Pain, changing from dark to light, and light to dark [2/1], light, dim light agg. [2]. Photophobia, rage, during [3].

Vision

Dazzling, sunlight [3]. Loss of vision, daytime [3].

Face

Discoloration, bluish, asthma, in [2]; pale, mouth, round [3]. Distortion, maniacal rage, with [3]. Expression, frightened [3]. Heat, cold feet, with [3], cold hands, with [3].

Wrinkled, forehead, brain symptoms, in [3], headache, in [3].

Stomach

Vomiting, bile, motion on least [2], bile, sitting up in bed [2/1].

Rectum

Diarrhoea, darkness agg. [2/1], light, bright from [2], shining objects agg. [2/1].

Bladder

Emptiness, sensation of [2].

**Kidneys** 

Suppression of urine, convulsions with [2].

Urine

Copious, delirium, after [2/1], fever, during [3].

Larynx

Voice, higher [3], inflexible [3/1], shrieking [3], toneless [3].

Cough

Fire, looking into [2].

**Extremities** 

Coldness, fever, during [3]; Hands, hot face, with [3]. Convulsion, one side, other side paralyzed [2]; upper limbs more than legs [2]. Hip-Joint disease, left [2/1]. Looseness, sense of, in joints [3]. Missing steps when going down stairs [2/1]. Motion, fingers, constant [2].

Sleep

Sleeplessness, dark room [3].

#### Perspiration

Odour, rank, menses during [2].

Generalities

Convulsions, bright light, from [3], changing in character [3], light agg. [3], suppressed secretions and excretions [2/1]. Faintness, dark places [2].

#### Food

Aversion: Water [3]; cold water [2]; drinks [2]; alcoholic stimulants [1]; mother's milk [1].

Desire: Sour [2]; beer [1]; brandy [1].

Worse: Beer [1]; coffee [1]; cold drinks [1]; milk [1].

Better: Vinegar [1].

#### Nucleus

- 1. Fearful violence.
- 2. Violent fears.
- 3. agg. Darkness; amel. light.
- 4. agg. Alone; amel. company.
- 5. Suppressed secretions.
- 6. Spasmodic affections; recurrent.

### Strontium carbonicum

#### Carbonate of Strontia

#### Region

Vasomotor nerves [circulation; heart; kidneys]. Marrow. Ankles. \* Right side. Left side.

#### **Modalities**

Worse: COLD; changes. Uncovering; undressing. Walking. Sprains. Bleeding. Evening.

Night. Darkness. Rubbing. After lying down and rising again. Exertion.

Better: Heat and light [sun; wraps; baths].

#### Leading symptoms

\* Seems to be a combination of Calc. and Bell.

M - "Vital people. Take a lot of social responsibilities, like groups and courses" [Morrison].

M - Aversion to DARKNESS. amel. Light.

G - CHILLY. Great sensitiveness to cold in general and to DRAFTS of air.

G - amel. Warm stove [2].

G - agg. EVENING. agg. NIGHT.

G - agg. WALKING [headache; congestion; leucorrhoea; dyspnoea; pressure in sternum].

G - agg. Rubbing [3].

G - Rising of blood pressure. "Distress about or around the heart, as if pressed upon."

"As of a load on chest." "Heart feels smothered." ARTERIOSCLEROSIS.

G - FLEETING pains; seemingly in bones.

G - Pains increase and decrease gradually.

G - agg. MENOPAUSE.

G - Profuse PERSPIRATION at night.

G - FLUSHES of heat; in face [and pulsation of carotids]; yet averse to uncovering. During climacteric.

G - CONGESTION to head, face, chest. HEAT of head and heat or redness of face.

G - BONE affections [particularly FEMUR], especially of scrophulous children, and diarrhoea.

P - Face very pale or bright red. REDNESS of face from physical exertion, especially walking. THREATENED APOPLEXY.

P - Sprained or puffed ankles. Swelling of ankle remaining after a SPRAIN.

WEAKNESS of ANKLES. Chronic sprains.

P - Headache; starting in cervical region [tension in nape of neck], extending to head. amel. Heat [heat of sun!; infra-red lamp; wraps].

#### Repertory

Mind

Anticipation, complaints from [2]. Confusion, spirituous liquors, from [1]. Darkness agg. [1]. Delusions, criminals, about [1]. Destructiveness [1]. Fear, dark [2]. Light, desire for

[2]. Starting, evening, falling asleep, on [1]. Striking, about him at imaginary objects [1]. Vertigo

Night, waking, on [1].

Head

Coldness, night [1]. Cold air, sensitive to [2]. Constriction, heat of sun amel. [1/1]. Heat, anxiety, with [1/3], heat of, with, face [1], redness of face, with [1], sleepiness, with [1], walking, while [1]. Pain, cold, becoming, from [2], heat amel. [1], sun, from exposure to, amel. [1; Graph.], wrapping up head amel. [2]; drawing, heat of sun amel. [1/1]; pressing, sides, left [2].

Eye

Itching, canthi, inner [2].

Vision

Colors, green, spots, walking in the dark, while [2/1]; red, circles, rubbing, on [1/1], red, objects seem [2].

Face

Discoloration, red, walking, on [1/1]. Heat, walking, while [1]. Pain, burning, headache, during [1/1].

Abdomen

Pain, hypogastrium, menses, during [2]; cramping, waking, on [2]. Tension,

hypogastrium [2].

Female genitalia

Leucorrhoea, walking agg. [1].

Respiration

Hot breath [2].

Chest

Pain, heart, eating, after [1]. Trembling, weeping, as from [1/1].

**Extremities** 

Caries of bone, femur [2]. Injuries, wrist [2]; Ankle [2]. Numbness, Hand, motion, on, amel. [1]. Pain, joints, night [1]; lower limbs, motion amel. [1], warm when, amel. [1]; burning, foot, evening, in bed [1]. Paralysis, apoplexy, after [2]. Swelling, thigh, femur [2]. Weakness, leg, motion, during, amel. [1].

Sleep

Sleeplessness, twitching of the limbs [1].

Perspiration

Symptoms amel. while sweating [2]. Uncovering, aversion to [2].

Skin

Eruptions, winter [1]. Itching, pain ceases, when [1/3]. Tension, scratching, after [2]. Generalities

Evening, lying down, after [1]. Paralysis, one-sided, right [1]. Perspiration, after, amel. [2]. Rubbing agg. [3]. Twitching, sleep, during [2], sleep, on going to [2]. Warm stove amel. [2].

Food

Aversion: Meat [1].

Desire: Beer [2]; bread [2]; milk [2]; brandy [1].

Worse: Wine [1] [= headache].

#### Nucleus

- 1. Combination of Calc. and Bell. [e.g. aversion to darkness; redness of face on exertion; nocturnal perspiration; bone affections; chronic sprains of ankles].
- 2. Vital, plethoric people, yet oversensitive to cold and drafts of air.
- 3. Craving for heat and light.
- 4. Flushes of heat; congestions. Heat of head and heat of face.
- 5. Elevation of blood pressure. Arteriosclerosis. Threatened apoplexy. Notes

## Strychninum purum

Alkaloid of Nux vomica

#### Region

SPINAL CORD. RECTUM. Genito-urinary organs. BRAIN. Eyes.

#### Modalities

Worse: TOUCH. Noise. Motion. Exertion. Walking. After meals. Morning.

Better: Lying on back.

#### Leading symptoms

\* Strychine is the principal alkaloid of Nux vomica and the St. Ignatius Bean.

Whenever Nux-v. and/or Ign. seem indicated, but fail to work.

- M "RESENTMENT against one's fate [a persistent sense of unfairness or inequity]. Feeling of being trapped, of being stuck in their fate with no possible way out, giving rise to a great discontent." Feeling of RESTRICTION. "Nobody is nice to me; everybody hates me; everybody is against me."
- M "FEAR [may in the form of panic attacks that overshadow the resentment]. Episodes or attacks of panic. [Compare the sudden pains at intervals!] Fears of death, insanity or some terrible disease predominate, in addition to fear of the dark and fear of being alone in the dark." ["Extreme nervous excitability" Allen].
- M "Great sensitivity to certain impressions on the psychic plane. Sense of the existence of psychic entities, especially those of a malevolent nature; leading to terror. They fear psychic attack, and this fear is expressed either directly or as a fear of the dark, especially being alone in the dark."
- M "Contrary to expectation there is no fear of ghosts. These subjects do not see things, they are neither clairvoyant nor clairaudient. They pick up physical energies through their nervous system, they sense something in the room, something which they often cannot articulate, but which terrifies them."
- G HYPERSENSITIVE to DRAFTS of AIR.
- G SPASMODIC affections; agg. LEAST TOUCH. "Electric shocks whenever the prover was touched" [Clarke]. ["At this stage of our knowledge it would be unwise to prescribe Stry. in the absence of this confirmation." Shore]. CRAMPING PAINS.
- G TWITCHING here and there [2]. Twitching agg. touch [2].
- G CHOREA, when the convulsions do not cease during sleep.
- G Sexual desire increased.
- G Feeling as if head and face were enlarged. [Hence Nux-v. and Stry. are remedies for the after-effects of debauches] [Clarke]. HANGOVERS.
- G Pains and sensations appear SUDDENLY, and return at intervals.
- G STIFFNESS [is a leading note of Stry. and Cooper gives "rheumatism with stiff joints" as an indication]. [Clarke]
- P Headache and drowsiness. Headache: occiput extending to left eye; pressing.
- P CHOKING sensation; "as if the throat were squeezed from outside".
- P Persistent cough, recurring after influenza. ["Cough with a strong spasmodic and

asthmatic element, whether dry or not, in it." - Clarke].

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Repertory
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Mind

Delusions, faces, sees hideous [1]. Excitement, nervous [1]. Fear, injured, of being [1].

Starting, sleep, from, touched, when [2; Coff.], touched, when [1]. Striking [1].

Head

Pain, occiput, extending to eyes [1]. Skull-cap, sensation of [1].

Eye

Openness, spasmodic [2]. Restless eyes [1]. Wild look [1].

Ear

Noises, roaring, vertigo, during [1].

Nose

Sneezing, itching, with [2/1].

Face

Expression, frightened [1]. Itching, night [1]. Stiffness, muscles, lower jaw [3].

Throat

Spasms, swallowing, on [1]. Suffocative sensation [1].

Stomach

Twisting [1].

Abdomen

Rumbling, diarrhoea, as if, would come on [2].

Rectum

Involuntary stool, convulsions, during [1; Oena.].

Bladder

Paralysis, over-distension, after [1]. Urination, involuntary, convulsions, during [1].

Female genitalia

Shocks, uterus, on falling asleep [1/1].

Respiration

Arrested, convulsions, during [2].

Chest

Palpitation, sudden [2].

Back

Stiffness, standing [1/1], walking, [1; Aur.].

**Extremities** 

Convulsion, upper limbs [3]; lower limbs [3]. Formication, fingers, tips [1]. Stiffness, thigh, walking, while [2], anterior muscles [2].

Perspiration

Convulsions, after [1].

Generalities

Convulsions, draft agg. [3], motion agg. [2], noise, from [1], sudden [1/1], touched, when [2]. Jerking, sleep, on going to [2]. Twitching, here and there [2], sleep, on going to [2], touch agg. [2/1].

#### Nucleus

- 1. Very similar to Nux-v. and Ign. Sensitive to sensual impressions.
- 2. Feeling of restriction.
- 3. Pains and sensations sudden and returning at intervals.
- 4. agg. Draft of air. agg. Least touch.
- 5. Spasmodic affections.
- \* Mental picture derived from Jonathan Shore: "Strychninum" in Homoeopathy International,

Vol. 5 no. 3, Winter '91/'92.

## Sulphur

#### Region

CIRCULATION [VENOUS; portal; abdomen]. NUTRITIVE ORGANS. MEMBRANES [mucous; serous]. Rectum. Chest. SKIN; folds. VERTEX. SOLES. Joints. Glands. \* LEFT SIDE. Right side.

#### Modalities

Worse: SUPPRESSIONS. BATHING. Milk. HEATED [EXERTION; WARM ROOM; closed room; IN BED, wearing woollens, etc.]. Atmospheric changes. Speaking. Periodically [11 A.M.; climacteric; full moon]. Standing. Rest. Washing. Unpleasant odours. Early morning.

Better: Open air. Motion. Warm applications. Warm drinks. Sweating. Dry heat. Dry warm weather. Lying on right side. Drawing up affected limbs.

#### Leading symptoms

- M HOPEFUL DREAMERS; ecstatic, religious, philosophic [Boger].
- M "It covers any kind of person from quiet, refined to typically arrogant, lazy, irritable." Yet mainly two types: 1. PHILOSOPHICAL, theorizing ["want to penetrate into the deep secrets of the universe"]. 2. PRACTICAL, idealistic, mechanical [Morrison].
- M MANY IDEAS; no time or too much trouble to realize them. GREAT IDEAS ["bringing everything into focus for all humanity"]. Revolutionary ideas [that will change the world].

Connecting and combining everything; expanding; NO focus, NO real depth. Know a lot DETAILS.

- M IMAGINATIVE. Millions of fancies. May lead to ANXIETY about health.
- M SELF-CENTERED; have a good opinion about themselves. PEDANTIC. Opinionated. "Tell everybody how to act in their life." Love debating "for the sake of argument".
- M Need to be the centre of attention; exaggerating, boasting. Ailments from EMBARRASSMENT.
- M LAZY, ease-loving, MESSY. ["They try to go too far and they cannot keep it together and then they start to become lazy." Morrison]
- M Fear of HIGH PLACES.
- G WARM, yet very sensitive to drafts of air. May be chilly at an older age.
- G DESIRE for OPEN AIR [3].
- G VENOUS CONGESTION. LOCAL heat and burning, especially head, face, palms of hands and soles of feet ["burns at both ends"].
- G BURNING pains and sensations.
- G Intolerance of WARM, CLOSE ROOMS. agg. WARM bed [3], room [3], wraps [3].
- G agg. NIGHT; especially around 4 5 A.M.
- G agg. 11 A.M.

- G agg. LONG sleep [3].
- G agg. Standing [3].
- G Strong craving for SWEETS and SPICY food.
- G Weakness from HUNGER [3]. Hypoglycemia!!
- G UNCURED, UNTIDY and UNWASHED. [Boger]
- G SLOW, LAZY, hungry and always tired.
- G OFFENSIVE secretions [perspiration, stool, urine, foot sweat].
- G INDISTINCT, vague symptom picture due to FREQUENT use of antibiotics.
- P Weekend headaches.
- P Itching anus ["strong keynote; 50% of these people is Sulphur" Morrison].
- P Eruptions from childhood onwards. Scratching until raw or bleeding; followed by burning. One of the main remedies for suppressed eruptions [= asthma, epilepsy, chorea, convulsions, diarrhoea, vertigo].
- P Menopause: painful swollen breasts; headache with burning at vertex.

#### Repertory

Mind

Anxiety, friends at home, about [2]. Confusion, ascending agg. [2].

Delusions, old rags are as fine silk [3/1], voices, hears, night [2], wealth, imaginations of [2]. Dwells on past disagreeable occurrences, night [2]. Egotism, ailments from [2]. Embarrassment, ailments after [3]. Fear, ghosts, of [2]. Foolish behavior, happiness and pride [3/1]. Impatience, headache, during [2], trifles, about [2]. Indifference, personal appearance [3], welfare of others, to [3]. Kicks, sleep, in [2]. Love, cats, for [3]; lovesick, with one of her own sex [2]. Religious affections, children, in [2]. Spoken, to, averse to being, wants to be let alone [2]. Theorizing [3]. Thoughts, intrude and crowd around each other, while at work [2; Mur-ac.]; persistent, expression and words heard recur to his mind [2/1].

Vertigo

Walking, in the open air, while, on an elevation [3/1].

Head

Eruptions, margin of hair [3]; burning [3]. Heat, morning, waking, on [3], night, bed, in [3]. Pain, hammering, vivacious talking, from [3/1], odours, from strong, eggs [3/1], winter headaches [3]; forehead, cold applications amel. [3]; pressing, temples, morning, rising, after [3/1]. Perspiration, scalp, headache, with [3/1].

EYES: Dryness, morning, lachrymation, after [3/1]. Inflammation, washing agg. [3/1]. Itching, lids, daytime only [3; Phos.]. Pain, burning, margins of lids, morning [3]. Redness, lids, morning [3; Bry.].

Ear

Noises, evening, in bed [3]; roaring, lying, while [3]; swashing [3].

Hearing

Impaired, eating agg. [3].

Nose

Freckles [3]. Odours, offensive, blowing nose, on [3], old catarrh [3]. Smell, acute, sensitive to the odour of stool [3/1], to unpleasant odours [3].

Stomach

Appetite, increased, forenoon, 11 a.m. [3], vanishing at sight of food [3], weakness, with [3]. Desires, sweets [3], menses, before [3/1]. Pain, standing, while [3]; pressing, menses, during [3].

Rectum

Diarrhoea, morning, waking with urging [3], beer, after [3], standing agg. [3]. Itching, daytime [3/1]. Pain, burning, night [3], sitting, while [3]. Redness of anus [3].

Urine

Copious, night, midnight, after [3].

Female genitalia

Pain, bearing down, uterus, night in bed [3/1].

Respiration

Catching, stitching in piles [3/1].

Cough

Dry, night, lying agg. [3], waking from sleep [3].

Chest

Fullness, menses, before [3]. Heat, flushes, rising to face [3/1]. Palpitation, sleep, on going to [3], tumultuous, turning in bed [3]. Perspiration, axillae, garlic, like [3]. Warmth, sensation of [3]. Weakness, talking, when, loud [3].

Back

Pain, lumbar region, lying on the left side agg. [3]; sacral region, extending to groin, during menses [3]; sore, coccyx, rising from a seat [3/1]. Tension, lumbar region, stooping [3; Sabin.]. Weakness, lumbar region, standing [3].

Extremities

Blood, rush of, to [3]. Cramps, sole, night [3]. Pain, burning, Hand, palm, rubbing, after [3/1]; foot, evening, in bed [3], night, bed, in [3], warmth of bed, from [3], sole, walking, after long sitting [3/1]. Restlessness, Feet, beer, after [3; Nat-m.], lying, while [3]. Stiffness, knee, rising from a seat [3].

Sleep

Dreams, nightmare, lying on the back [3]. Sleeplessness, midnight, after, 5 a.m. [3]. Unrefreshing, morning [3]. Waking, frequent, midnight, after [3].

Perspiration

Odour, sour, morning [3]. Profuse, morning, waking, after [3], night, with sleeplessness [3].

Skin

Pain, spots [3; Aloe].

Generalities

Stoop-shouldered [3; Tub.].

#### Food

Aversion: Eggs [3]; meat [3]; olives [3]; beer [2]; cheese, strong [2]; chicken [2]; fats and rich food [2]; food, after eating a little [2]; milk [2]; smoking [2]; sour [2]; sweets [2]; tobacco [2]; wine [2]; artichokes [1]; bread [1]; everything [1]; fish [1].

Desire: Alcoholic drinks [3]; beer [3]; fat + sweets [3]; highly seasoned food [3]; raw food [3]; sweets [3]; sweets, before menses [3/1]; whisky [3]; wine [3]; ale [2]; brandy [2]; claret [2]; chocolate [2]; cucumbers [2]; farinaceous food [2]; fat [2]; liquid food [2];

meat, must have [2]; oysters [2]; pickles [2]; sour [2]; vegetables [2]; warm drinks [2];

apples [1]; cider [1]; cold drinks [1]; fat + salt [1]; meat [1]; milk [1]; olives [1]; salty things [1]; salt + sweets [1]; vinegar [1].

Worse: Milk [3]; sight of food [3]; bread [2]; cold drinks [2]; cold food [2]; fat [2]; olive oil [2]; onions [2]; sour [2]; sweets [2]; vinegar [2]; beer [1]; black bread [1]; bread and butter [1]; butter [1]; coffee [1]; dry food [1]; farinaceous food [1]; heavy food [1]; hot food [1]; weal [1]; veal [1]; warm food [1]; tobacco [1]; wine, sour [1].

Better: Hot food [2]; warm drinks [2]; wine [1].

#### Nucleus

- 1. Self-centred, conceited. Imaginative; theorizing.
- 2. Warm-blooded. Wants doors and windows open.
- 3. Burning pains and sensations. Local heat; ascending.
- 4. Offensive discharges; excoriating.
- 5. Desire for sweets and spicy food.
- 6. Itching.

## Sulphuricum acidum

Sulphuric Acid

#### Region

DIGESTIVE TRACT. Blood. Blood vessels. \* RIGHT SIDE. LEFT LOWER and RIGHT UPPER.

#### Modalities

Worse:

Open air. Cold. Alcohol. Injuries. ODOUR of COFFEE. Climacteric. Towards evening. Excessive heat or cold. After dinner. Forenoon. During sleep.

Better: Hot drinks. Hands near head. Moderate temperature. Lying on affected side. Pressure.

#### Leading symptoms

- M HURRY; "feels that everything must be done in a hurry".
- M NERVOUS and anxious to get things done in time. Can not relax.
- G Very CHILLY. agg. Becoming COLD [3].
- G Sensation of heat when eating warm food [2].
- G amel. Walking FAST [2].
- G agg. SMOKE, SMOG, FUMES, odours. [agg. Industrial areas!!!]
- G INTERNAL sensation of TREMBLING [compare hurriedness]. "Sensation of trembling all over, without actual trembling" [Nash].
- G WEAKNESS [and PERSPIRATION], especially after injuries.
- G Easy BRUISING [from least bumping]. Purpura haemorrhagica; ecchymoses; petechiae. "Black and blue spots." After Arn. if bruises do not go away.
- G Injuries with extravasation [3].
- G SOURNESS [perspiration, eructations, HEARTBURN, vomit, breath, temper].
- G agg. CLIMACTERIC PERIOD [flushes of heat, perspiration, weakness, internal tremor, hurriedness, bruises].
- G Hot FLUSHES followed by trembling or cold sweat; agg. upper parts; amel. motion.
- G Pains appear gradually and disappear SUDDENLY.
- G Profuse, acrid or stringy discharges.
- G amel. Seashore [2].
- P Sensation of looseness of brain [falling from side to side in forehead].
- P Aphthae and sour smell from mouth.
- P Vomiting agg. lying on left side.
- P Chronic heartburn.
- P Saffron-like or orange-like yellow stool.

#### Repertory

Mind

Answers, difficult [2]. Hurry, eating, while [3], mental work, in [2], movements, in [3], movements, in, cannot do things fast enough [3; Aur.], occupation, in [3], walking, while

[3], writing, in [3]. Prostration of mind, injuries, from [3]. Speech, monosyllabic [2].

Head

Looseness of brain, sensation of, forehead, in [2]. Pain, blows, as from, temple [2/1].

Nose

Coryza, hunger, with [2]. Epistaxis, climaxis [2].

Face

Discoloration, red, climaxis, during [3]. Heat, flashes, climaxis, during [3].

Mouth

Aphthae, children, in [3]; gums [2]; tongue [2].

Teeth

Pain, lying, while [2].

Stomach

Coldness, cold drinks, after [2]. Eructations, coughing, after [2]; sour, drunkards, in [2/1]. Heartburn, drunkards, in [2; Nux-v.]. Nausea, drunkards, in [2]. Pain, cold food, after [2]; burning, drunkards, in [2/1]. Thirst, vomiting, after [2; Olnd.]. Vomiting, drunkards, in [2]; sour, eating, after [2].

Abdomen

Bubbling, lying on the back, while [2/1]. Trembling [3]. Weakness, sense of, menses, as if, would come on [3/1].

Rectum

Diarrhoea, fruit, after, unripe fruit [2]. Haemorrhoids, drunkards, in [2].

Stool

Stringy [3]. Yellow, orange [3], saffron, like [3].

Bladder

Pain, desire be postponed, if [2].

Respiration

Difficult, hang down, legs, amel. [2/1].

**Extremities** 

Discoloration, ecchymoses [3]; Ankle, purple, spots [3/1].

Perspiration

Eating, after, warm food [3]. Motion, on, amel. [2].

Skin

Cicatrices, red, become [2]. Discoloration, spots, small [2].

Generalities

Air, seashore amel. [2]. Heat, flushes of, perspiration, with [2]. Injuries, extravasation, with [3]; bone [2]; soft parts, of [2]. Walking, fast amel. [2].

#### Food

Aversion: Alcohol [2]; coffee [2]; fruit [2]; sweets [2]; fish [1]; plums [1]; tonics [1/1]. Desire: Alcohol [2]; brandy [2]; fruit [2]; sweets [2]; fish [1]; lemons [1]; plums [1/1]; sour [1]; tonics [1].

Worse: Alcohol [3]; cold drinks [2]; cold coffee [2]; oysters [2]; hot food [2]; coffee [1]; coffee, odour of [1]; cold food [1]; fruit [1]; milk [1]; warm food [1]; tobacco [1].

Better: Cold food [2]; hot food [1]; wine [1].

#### Nucleus

- 1. Hurriedness; internal or external.
- agg. Smoke, smog, odours.
   Sourness.
- 4. agg. Climacteric.
- 5. Bruises; weakness after injuries.
- 6. Chilliness.

## Symphytum officinale

Comfrey (Knitbone)

#### Region

CARTILAGE. PERIOSTEUM. Flat bones.

#### Modalities

Worse: INJURIES. Blows from blunt instruments. Touch. Motion. Pressure.

Better: Gentle motion. Warmth.

#### Leading symptoms

G - Pre-eminently used in first-aid situations.

G - FRACTURES; comminuted fractures. Favors production of callus. "It's an excellent remedy for broken bones where the bones refuse to knit."

Irritability and pricking pain at the point of fracture.

G - "Pricking, stitching pains, remaining after wound is healed, agg. touch" [Phatak].

"Periosteal pains after wounds have healed" [Allen].

G - Excessively painful [old] injuries to periosteum or cartilage.

P - Blunt traumata to eyeball and great pain in eyeball [main remedy].

P - Paradentosis.

P - Backache after sexual excesses or from wrestling.

P - Irritable stump after operation.

#### Repertory

Eye

Injuries, from [3]. Pain, blow, from a [3; Arn.]; sore, blow, from [3/1].

Nose

Picking nose, constant desire [1].

Face

Inflammation, bone, of [1]; periosteum [1].

Chest

Pain, sore, mammae [1].

Back

Abscess, psoas [1].

Generalities

Brittle bones [2; Calc.]. Injuries [2]; bone [2]. Slow repair of broken bones [2].

# Syphilinum The Syphilitic Virus

#### Region

Mucous membranes. Nerves. Bones.

#### Modalities

Worse: NIGHT; sundown to sunrise. Gradual agg. then slow amel.. Protruding tongue. Extreme heat or cold [cold weather in winter; summer heat]. Every alternate full moon. During thunderstorms. Damp. Seashore. Raising the arm laterally.

Better: During day. Changing position. Continued or slow motion. High altitudes; mountains. Warmth. Cold bathing.

#### Leading symptoms

- M "Terrible dread of night, on account of mental and physical exhaustion on waking" [Clarke].
- M Fear of INFECTIONS, germs. Always washing her hands.
- M FAR-AWAY FEELING, and apathy and indifference to future.
- M COMPULSIVENESS [thoughts, behavior].
- G "The widespread distribution of syphilis, acquired and hereditary, and the virulence and persistence of the virus, give this nosode a high degree of importance in homeopathic practice" [Clarke].
- G-CHILLY.
- G agg. Extremes of HEAT and COLD. amel. Moderate temperature.
- G agg. NIGHT [pains, asthma, coughs, sleeplessness vies with Sulph. as a sleep restorer feeling as if hot water is running through all veins].
- G DISTORTIONS [nails, facial features].
- G ULCERATIVE processes; foul discharges.
- G SUCCESSION of abscesses; boils; suppurations.
- G DESTRUCTIVE tendency. Early DECAY.
- G Glandular affections.
- G Craving for ALCOHOL in any form ["Bacchus and Venus are close allies" Clarke].
- G Dwarfish children. Crying infants, who begin immediately after birth.
- P Obstinate constipation for years.
- P Headache; aching deep in brain.
- P Frequent abortions.
- P Watery, acrid, profuse leucorrhoea; running down the heels.
- P Excessive SALIVATION, especially at night.
- P Pain over right eye, agg. protruding tongue.
- P Vertical diplopia; "one image seen below the other".

Repertory

Mind

Absent-minded [2]. Concentration, difficult, calculating, while [1/6].

Confusion, calculating, when [2/4]. Consolation agg. [3]. Delusions, insane, she will

become [2]. Despair, recovery, of [3]. Disobedience [2]. Dullness, children, in [2]

Idleness [2]. Indifference, loved ones, to [2], relations, to [2]. Irritability, headache,

during [3]. Liar [2], lies, never speaks the truth, does not know what she is saying [2].

Memory, weakness of, sudden and periodical [1/7]. Prostration of mind, waking, on [2;

Op.]. Restlessness, headache, during [1].

Head

Pain, temples, heat amel. [2].

Eye

Eruption, around the eyes [2].

Ear

Calcareous deposit on tympanum [1; Calc-f.]. Discharges, excoriating [2].

Nose

Protruberances [2].

Face

Wrinkled, forehead [2].

Teeth

Dwarfed [2]. Serrated [1].

Female genitalia

Leucorrhoea, acrid, night agg. [2/1], girls, in little [2], warm bed agg. [1/1]; yellow, night agg. [2/1], children, in [2/2], yellow-green [1/9].

Menses, frequent, too, 14 days, every [1], offensive, fish like spoiled [1/2]. Pain, ovaries, night [2], extending to back [1].

Larynx

Voice, hoarseness, menses, before [1/3].

Respiration

Difficult, midnight, 1 to 4 a.m. [2/1], thunderstorm, before [1/3].

**Extremities** 

Pain, leg, cold applications amel. [2], warmth of bed [3].

Sleen

Dreams, disease, own, his [2/1]. Sleeplessness, midnight, after [2],

headache, from [2], old people, in [3], pains, from, back [2], legs [2], respiration, with difficult [2].

Generalities

Daytime, daybreak amel. [1; Colch.]. Abscesses, recurrent [2; Pyrog.]. Bathing, cold amel. [1]. Convulsions, menses, after [1; Kali-br.]. Faintness, sleep, by loss of [1/1]. Motion, continued motion amel. [3], slow motion amel. [3]. Pain, appear gradually and disappear gradually [3]. Weather, warm and wet weather agg. [3].

Food

Aversion: Meat [2]. Desire: Alcohol [2].

#### Nucleus

- Far-away feeling. Compulsive behavior.
   agg. Extremes of heat and cold.
   agg. Night.
   Destructive, ulcerative processes.

- 5. Dwarfishness.

## **Tabacum**

#### Tobacco

#### Region

Nerves [cerebro-spinal; vagus; sympathetic ganglia; HEART]. GLANDS. SECRETIONS. \* Left side.

#### **Modalities**

Worse: MOTION; of riding. Lying on left side. Least motion. Heat. Opening the eyes. Evening. Warm room. Walking.

Better: Cold; fresh air. Twilight. Uncovering abdomen. Vomiting. Vinegar. Cold applications; cold water poured on head.

#### Leading symptoms

- M Sudden [periodical] anxiety.
- G agg. HEAT. amel. COLD AIR; uncovering abdomen.
- G MOTION SICKNESS [car, boat]: constant nausea, vomiting on least motion; amel. FRESH air. Or nausea during pregnancy with these modalities.
- G Sudden cold SWEAT; with chill; in renal colic, angina pectoris, etc.
- G PROFUSE, free secretions [vomiting; perspiration; lachrymation; salivation, etc.].
- G Symptoms occur in PAROXYSMS [nausea, sick headache, vertigo, sneezing]. [Allen]
- G Pains APPEAR SUDDENLY [2].
- G Faintness in close room [2].
- P NAUSEA. "Almost specific in acute severe nausea. If that's the main symptom you always will some action out of Tab." [Morrison]. Nausea and much spitting.
- P Excessive VERTIGO, and nausea and copious [cold] sweat; agg. opening eyes. [Compare Lob.].
- P Retina retains images too long.
- P Face DEATHLY PALE.
- P Much spitting; with complaints.
- P Angina pectoris and nausea, cold sweat and collapse.
- P Angina pectoris and coronary sclerosis and high tension [Phatak].
- P Ménière's disease with feeling of sea-sickness [Phatak].

#### Repertory

Mind

Anxiety, sudden [2].

Vertigo

Looking upwards [2]. Periodical [2]. Smoking, from [2].

Head

Pain, boat, from riding in a [2], sudden pains [2], urination, during [2].

Eye

Strabismus, reading, when [1/1].

Hearing

Acute, music, to [2].

Teeth

Pain, pregnancy, during [2].

Throat

Choking, night [2].

Stomach

Desires, tobacco [3]. Emptiness, climacteric period [2]. Eructations, water-brash, pregnancy, during [2]. Hanging down, sensation of [2]. Nausea, air, in open, amel. [3], deathly [3], seasickness [3], smoking, after [2], uncovering amel. [2/1], warm room, in [3]. Vomiting, easy [2], motion, on [3], uncovering abdomen amel. [2/1].

Abdomen

Spasms, muscles [2].

Rectum

Spasms [2].

Cough

Heart affections, with [2].

Chest

Pain, heart, extending to left hand [2]. Palpitation, climacteric period [2], lying, while, side, right, amel. [2], menses, during [2]. Trembling, heart, lying on left side agg. [2]. Extremities

Coldness, diarrhoea, with [2]; Hands, one hot, other cold [2]. Pain, upper limbs, left, heart symptoms, with [2]. Perspiration, cold [2]. Weakness, upper limbs, left [2].

Chill

Chilliness, menses, during [2].

Generalities

Faintness, close room, in [2]. Pain, appear suddenly [2].

#### Food

Aversion: Cold water [1]; smell of tobacco [1].

Desire: Tobacco [3]; alcohol [1]. Worse: Alcohol [1]; tobacco [1].

#### Nucleus

- 1. Sudden and periodical [anxiety, perspiration, vertigo, nausea, pains].
- 2. agg. Heat; amel. cold open air.
- 3. Free secretions.
- 4. Deathly nausea, and vomiting on least motion; amel. open air.
- 5. Much spitting; as a concomitant.

## Tarentula hispanica

Spanish Spider

#### Region

NERVES. HEART. Spine. RESPIRATION. Female genitalia. \* Right side.

#### Modalities

Worse: TOUCH; touch of the affected parts. Cold. Noise. Periodically [same hour; yearly]. After menses. Evening. Change of weather. Must walk about but walking aggravates.

Better: Relaxation [rubbing; sweating; smoking]. Open air. Music. Riding horseback.

#### Leading symptoms

- M EXTREME RESTLESSNESS; the patient must be in CONSTANT motion, though motion aggravates. Desire to jump. BOUNDLESS energy; compelled to be busy, to act.
- M Everybody MUST HURRY. Impatient. Other people do things slowly.
- M Hyperactivity. RAPID movement.
- M Hands in constant motion, constant motion of legs, ludicrous motions, of arms and trunk. Tries to work this overexcitability, buts LACKS CONTROL.
- M amel. Dancing. amel. MUSIC. "And not only is this drug amazingly sensitive to music, but it can be even physically affected by colour" [Tyler].
- M amel. RHYTHM [music, massaging, riding horseback, dancing, smoking].
- M FOXY. Cunning, devious. "SUDDEN violent, or SLY destructive movements are absolutely characteristic, and unique to this drug" [Tyler]. Threatening, destructive, unexpected behaviour, but cunning. "SUDDEN IMPULSE to do harm." "Guided by whims." "Violence of onslaught; fear to face real opposition or when they are away from home."
- M "Incredible quickness: jumps out of bed and smashes something before she can be prevented" [Tyler]. Followed by laughter and apologies.
- M Extreme disposition to laugh, play, joke, to do absurd things.
- G amel. MOTION [3]. amel. Walking slowly [2].
- G Chilly, yet desire for [2] and better in [2] OPEN AIR.
- G Craving for SPICY food.
- G agg. TOUCH [aversion to being touched]. amel. RUBBING.
- G "ROLLING from side to side to relieve the distress" [characteristic] [Kent].
- G TWITCHINGS, jerking. Starting from sleep. Restless hands, legs.
- G Constant desire for large quantities of COLD WATER.
- G Profuse menses, followed by pruritus vulvae.
- G Sensitive genitals. SEXUAL ERETHISM.
- P Dry, hot, raw, itching vulva and vagina, agg. scratching. Leucorrhoea of clear, acrid, sticky lumps.
- P Constipation; most terrible and alarming after cathartics, enemas failed to effect a movement; with anxiety, restlessness; feels goods from massage or rubbing head.
- P Intense headache, as if thousands of NEEDLES were pricking brain.

- P Vertigo, then spasms [Boger].
- P Headache, as an accompaniment [Boger].
- P Suffocation; must have fresh air; agg. coughing.
- P Cough, amel. smoking, agg. noise.
- P Painfully sensitive spine; touch excites pains in heart, chest, etc.
- P "Extreme hypersensitivity of the tips of the fingers" [Allen].

#### Repertory

Mind

Abrupt [2]. Anger, touched, when [3]. Answers, abruptly [2]. Black and sombre, everything that is, aversion to [2]. Cheerful, air, in open [2]. Delusions, faces, sees, closing eyes, on [2], sick, imagines himself [2]. Destructiveness, cunning [2/1]. Excitement, menses, during [2], music, from [2]. Hurry, everybody must hurry [3; Lach.]. Hysteria, music amel. [3/1]. Irritability, coition, after, amel. [2/1]. Kill, desire to, threatens to [2; Hep.]. Striking himself [2].

Vertigo

Epilepsy, before [2].

Head

Coldness, water, as from cold [2]. Motions of head, throwing head about [2]. Pain, stunning, morning, waking, on, as from liquor [2]. Pulsating, forehead, menses, during [2].

Eye

Open, unable to, headache, during [2/1]. Pupils, contracted, left, right dilated [2].

Vision

Foggy, sunlight agg. [2; Am-m.].

External throat

Clothing agg. [2]. Pain, sides, turning head, on [2].

Stomach

Nausea, night, lying down, after [2]. Pain, eructations amel. [2], flatus, passing, amel.

[2]. Vomiting, bed, after going to [3/1].

Rectum

Constipation, stool remains long in the rectum with no urging, with awful anxiety [3/1]. Bladder

Tenesmus, menses, during [3/1]. Urination, retarded, listening to, music, can pass urine only when [2/1].

Female genitalia

Itching, menses, after [3].

Respiration

Difficult, heart, during pain in [2], lying, while, left side [2]. Palpitation, cold bathing amel., washing hands in cold water [2/1].

Extremities

Motion, irregular, loss of power of [2]. Pain, air, cold, from [2]; lower limbs, cold, becoming [2]. Restlessness, music amel. [3/1]; lower limbs, evening, bed, in [3], night [3], motion amel. [3: Rhus-t.].

Perspiration

Profuse, music, from [2/1].

#### Generalities

Chorea, right side [2], imitation, from [2]. Convulsions, pressure on spine [2/1].

#### Food

Aversion: Meat [2]; bread [1]; chocolate [1].

Desire: Sand [3]; cold drinks [2]; highly seasoned food [2]; salty things [2]; lime [1]; raw

food [1].

Worse: Cold drinks [2].

#### Nucleus

- 1. Extreme restlessness; compelled to move.
- 2. amel. Music. amel. Rhythm.
- 3. Desire for open air.
- 4. Rolling from side to side to relieve distress.
- 5. Sexual erethism.
- 6. Craving for spicy food.

### Tellurium metallicum

#### Region

Spine. Nerves. Ears. Eyes. Skin. Right to left. \* Left side. Right side.

#### Modalities

Worse: Touch. Lying on part. Cold. Empty swallowing. Spinal injuries. Weekly. Cold weather.

Better: Lying on back; lying [amel. vertigo]. Eating and drinking [amel. sore throat].

#### Leading symptoms

- M Fear of being touched on sensitive places [especially upper dorsal vertebrae]. "It not only hurts at the point of contact, but it's also felt in the head and in remote parts of the body" [Clarke].
- G OFFENSIVENESS; like putrid fish brine or garlic [odour from mouth; otorrhoea; perspiration axillae; odour of the body]. "It's a leading remedy in offensive foot sweat" [Clarke].
- G ACRID discharges; excite itching, vesicles etc. [especially otorrhoea].
- G Chilly.
- G RINGWORM [herpes circinatus].
- G "Other parts of the skin affected by Tell. are the hair-roots, the breasts, the perineum and the anus" [Clarke].
- G Radiating pains.
- G "Many of the symptoms come and go SUDDENLY. The ears are suddenly stopped. There are sudden rushes of blood to the head" [Clarke].
- P Vertigo on falling asleep ["as if in air on going to sleep"].
- P Almost a specific in RIGHT-sided sciaticas or [lumbosacral] backache extending to RIGHT leg; agg. coughing [2], jarring [2], laughing [2/1], lying on painful side [2], straining at stool [2], stooping [2], sneezing [2]; amel. walking [2], urination [1/1].
- P Pain over the eyes and conjunctivitis and inflamed eyelids.

#### Repertory

Vertigo

Morning, rising, on [3]. Sleep, on going to [1]. Turning, on [1].

Head

Eruption, margin of hair [1], scales, white [1]. Heaviness, forehead, stooping, when [1]. Pain, forehead, eyes, above, lying down, after [1].

Eye

Eruptions, lids, on, eczema [1]. Swollen, lids, oedematous [3].

Ear

Discharges, excoriating [3], offensive, fish-brine, like [3], serous [2], watery [3]. Eruption, vesicles [2]; lobes, on, vesicles, caused by the discharge [3/1]. Pain, burning, external ear [3], lobe [3/1].

Face

Discoloration, red, forehead, spots, in [2].

Mouth

Coldness, sensation of, peppermint, as from [1]. Odour, garlicky [2].

Throat

Coldness, sensation of, peppermint, as from [1]. Dryness, walking in open air [1/1]. Pain, drinking amel. [1], eating amel. [1].

External throat

Eruption, vesicles, side of, from ear discharge [3/1].

Abdomen

Eruptions, herpes, ringworm [1; Nat-m.].

Rectum

Eruption, perineum, herpes [1]. Flatus, offensive, spoiled eggs [2].

Kidnevs

Heaviness [1], night [1/1].

Chest

Eruptions, mammae, nipples [1]. Perspiration, axilla, garlic, like [2],

menses, during [1; Stram.].

Back

Pain, coughing, when [1]; sacral region, coughing, when [2], laughing, when [2/1], lying on the back [2], stool, during [2], stool, while pressing at [2], walking, while, amel. [2], walking, while, in open air amel. [2], extending to thighs [2], extending to thighs, right, agg. by pressing at stool or cough [3/1].

Extremities

Numbness, fingers, tips of, stretching hands, on [1/1]. Pain, lower limbs, sciatica, right [2], coughing agg. [2], flexing leg amel. [1], jarring agg. [2], laughing agg. [2/1], sneezing [2], stool, pressing at [2], stooping agg. [2].

Sleep

Falling asleep, evening, sitting, while [1]. Sleeplessness, vertigo, from [1].

Perspiration

Odour, offensive, night [2], rank, during menses [2; Stram.].

Skin

Eruptions, herpetic, circinate [3]; pimples, itching, when warm [2]. Itching, evening, bed, in [1], cold air, in [1], spots, perspire, which [2/1].

Generalities

Sensitiveness, bones [3].

Food

Aversion: Smoking [1]. Desire: Apples [1]; beer [1].

#### Nucleus

- 1. Fear of touch [dorsal vertebrae]; touch = radiating pains.
- 2. Offensiveness [like garlic or fish-brine].
- 3. Acrid, excoriating discharges [especially otorrhoea].
- 4. Right-sided sciatica or lumbosacral backache extending to right leg.
- 5. Ringworm.

### Terebinthinae oleum

#### Turpentine

#### Region

Mucous membranes [KIDNEYS; bladder]. Bronchi. Respiration. Heart. Blood.

#### Modalities

Worse: Dampness. Cold. Night; 1 tot 3 a.m. Lying; lying on the left side. Pressure.

Sitting. Walking in the open air. Micturition.

Better: Motion. When walking. Belching and passing flatus. Stooping. Turning to right

side. Cold water [amel. burning of anus].

#### Leading symptoms

- G Chilly.
- G DROPSY; internal and external.
- G BURNING [tip of tongue; epigastrium; kidney; uterus; mouth; throat; rectum; anus].
- G HAEMORRHAGES; passive; from mucous membranes.
- G PAINS [along large nerves; in bowels] EXCITE URINATION.
- G Ecchymoses; purpura haemorrhagica.
- G Ailments and burning sensation in any part of the body [Mathur].
- G AFTER scarlet fever [albuminuria; dropsy; haematuria].
- P Smooth, sore, glossy tongue.
- P Urine; smoky; with coffee grounds or thick, yellow, slimy, muddy sediment; odour of VIOLETS.
- P Nephritis and violent bronchitis.
- P Amblyopia from alcohol.
- P Recurrent cystitis from living in damp dwellings.
- P Vertigo and vanishing of sight.

#### Repertory

Nose

Epistaxis, children [2], fever, during, typhoid [2].

Face

Heat, flushes, climaxis, during [2].

Mouth

Bleeding, gums, cleaning them, when [2]. Discoloration, tongue, red, glistening [2].

Mapped tongue [2]. Pain, gums, touched, when [2]; burning, gums [2]; sore, tongue, tip [2]. Smooth, tongue [2].

Stomach

Thirst, headache, with [2].

Abdomen

Pain, stitching, extending left to right [2; Ip.].

Rectum

Pain, burning, cold application amel. [2].

Bladder

Catarrh, old people [2]. Pain, burning, urination, during [2], walking in open air amel. [3/1].

Kidneys

Heaviness, region of [2]. Pain, burning, extending along ureters to bladder [2; Bell.], region of [2]; pressing, sitting, while [2; Pall.].

Urine

Albuminous, heart disease, consecutive to [2], pregnancy [2]. Cloudy, passed, when [3]. Color, smoke-colour [3]. Odour, offensive, sweetish [2].

Female genitalia

Tumors, Uterus [3].

Respiration

Difficult, lying, while, impossible [2], sitting upright amel. [2].

Extremities

Twitching, electric shocks, as from [2]. Pain, lower limbs, weather, wet [2].

Fever

Tropical [2].

Skin

Erysipelas, chronic [2; Graph.].

Generalities

Convulsions, uraemic [2]. Faintness, stool, after [2].

#### Food

Aversion: Meat [1].

Desire: Alcohol [1]; bitter drinks [1]; dry rice [1].

Worse: Meat [1].

#### Nucleus

- 1. Chilly.
- 2. Burning sensation or pains.
- 3. Pains excite urination.
- 4. Haemorrhages.
- 5. Pain in bladder amel. walking in open air.

### Teucrium marum verum

#### Cat Thyme

#### Region

NOSE. Lungs. RECTUM. Fingertips. Toe joints. \* Right side. Left side.

#### Modalities

Worse: Weather [changing; damp; cold]. In bed [evening; night; warmth of bed]. When walking. After nursing.

Better: Open air. Perspiration.

#### Leading symptoms

- M Loquacity during heat.
- G Desire for OPEN AIR, which does not fatigue him but improves his condition.
- G Delicate and sensitive.
- G Irritability when TOO MUCH MEDICINE has produced an oversensitive state and remedies fail to act [3; Ph-ac.].
- G WORMS.
- G POLYPI [nose; ears; vagina; rectum; bladder].
- G Tubercular miasm. "Worms and polypi suggest a tubercular taint" [Clarke].
- G UNUSUAL hunger, prevents sleep.
- P Obstruction of nose on side lain on; lumpy discharge. "Blowing nose or sneezing does not remove obstruction."
- P CRAWLING in nose [without coryza]; must pick it.
- P ITCHING of ANUS, evening in bed; prevents sleep; from ascarides.
- P Ingrowing toenails.
- P Nasal catarrh with expectoration of solid chunks from the posterior nares.
- P Jerking hiccough, after nursing.

#### Repertory

#### Mind

Anger, voices of people [1]. Cheerful, open air, in [1]. Excitement, horrible things, after hearing [2]. Horrible things, sad stories, affect her profoundly [2]. Loquacity, heat, during [3]. Narrating her symptoms agg. [1]. Sadness, cold, from becoming [1]. Sensitive, noise, to, voices [2]. Talking of unpleasant things agg. [1]. Weeping agg. [2].

#### Head

Injuries of the head, after [2]. Pain, vinegar agg. [1/1]; forehead, standing, while, amel. [1].

Ear

Noises, blowing nose, when [1], talking, while [1]. Pain, blowing nose, on [1], talking, while [1].

Nose

Blow the, constant inclination to [3]; compelled to, in the evening, sensation of a large body in nose [3/1]. Discharge, crusts, detaching, causes pain and soreness [1], green,

masses [2]. Dryness inside, blowing nose, compelled, but no discharge [3]. Formication, root [2/1]. Obstruction, right [3], evening [2], reading aloud, while [1]. Picking nose [3]. Polypus, posterior nares [2/1]. Sneezing, tingling in nose [1].

Mouth

Pain, burning, tongue, pepper, as from [1]; tip, pepper, as from [1].

Taste, musty, after hawking up mucus [2/1].

Throat

Choking, sleep, on going to [1].

Stomach

Anxiety, standing, while [1/1]. Appetite, ravenous, sleep, prevents [1]. Retching, cold drinks, after [1].

Abdomen

Pain, extending to testicles [1].

Rectum

Flatus, hot [2], loud [2]. Itching, evening, bed, in [2], stool, during [1], warm bed, in [2]. Pain, burning, flatus, after [2].

Bladder

Polypi [3].

Urethra

Pain, burning, urinating, when not [1].

Larynx

Irritation, increases the more one coughs [1].

Extremities

Formication, sitting, while [1; Kali-c.]. Ingrowing toenails [3], ulceration, with [2].

Sleep

Disturbed, hunger, from [1]. Sleeplessness, excitement, from [1].

Generalities

Change of position amel. [1]. Magnetism amel. [1]. Rubbing, gently, stroking agg. [1/1]. Weakness, waking, from a dream [1; Op.].

Food

Desire: Salty things [1].

Worse: Cold drinks [2]; beer [1]; bread [1].

#### Nucleus

- 1. Open air [desire + amel.].
- 2. Worms. Itching of anus prevents sleep.
- 3. Polypi.
- 4. Nasal catarrh with solid chunks from posterior nares.
- 5. Unusual hunger, prevents sleep.

### Thea chinensis

Tea

#### Region

MIND. Nerves. Stomach. Sleep.

#### Modalities

Worse: Night. After meals. Cold water. Open air.

Better: External warmth. Warm bath.

#### Leading symptoms

M - IMPULSE to KILL her CHILDREN.

M - Loquacity.

G - Chilly.

G - agg. Night [= sleeplessness from rush of thoughts and nervous excitement].

P - Headache and rush of blood to head and throbbing of carotids.

P - Nocturnal palpitation; cannot lie on left side.

P - Sinking sensation at pit of stomach; as if stomach is hanging down relaxed.

P - Trembling of hands; writing difficult.

P - Epistaxis before menses.

P - Diarrhoea agg. beer.

#### Repertory

Mind

Activity, sleeplessness, with [1/4]. Concentration, active [2]. Confidence, want of self-, beer amel. [1/1]. Death, predicts the time [1]. Fear, death, of sudden [1], killing, of [1], killing, of, child, her [1/1]. Frightened easily, night [1]. Kill, sudden impulse to [1], to throw child into fire [1]. Speech, fluent [1], interesting [1/1]. Travel, desire to [1]. Verses, makes [1]. Witty [1].

Head

Coldness, occiput [1]. Heaviness, walking, while [1]. Weakness, pain, after [1/1].

Vision

Loss of vision, vertigo, during [1].

Face

Discoloration, lying, while [1; Bell.].

Stomach

Emptiness, lunch, after [1]. Flabbiness [1].

Back

Pain, cervical region, extending to eye [1].

Sleep

Falling asleep, beer, after [1/1], wine, after [1/1]. Sleepiness, beer, after [1; Sulph.].

Generalities

Weakness, beer amel. [1/1], excitement, after [1].

#### Food

Aversion: Everything [1]; tea [1]; water [1].

Desire: Sour [1]. Better: Wine [1].

#### Nucleus

- 1. Sudden impulse to kill her own children.
- 2. Sleeplessness from mental activity.
- 3. Chilly.
- 4. amel. External warmth.
- 5. Sensation as if stomach is hanging down relaxed.

### Theridion curassavicum

#### Orange Spider

#### Region

NERVES. Spine. Bones. Left side; head, chest. \* Left side.

#### Modalities

Worse: NOISE. Touch. CLOSING EYES. Least motion. Riding, Jar. Stooping. Rising. Motion. Going up or downstairs. Exertion. Walking. Night. Cold. Coition. Lying down. Better: Rest. Warmth. Warm water [amel. nausea and retching].

#### Leading symptoms

- M OVERSENSITIVITY to NOISE [noise causes nausea, vertigo, chills, pains all over; strikes painful spots; seems to penetrate body].
- M Startled by the least thing. Fruitless activity ["headless" compare sensation as if head were separated from body]. Tremendous NERVOUSNESS.
- M TIME passes too QUICKLY.
- M Broken-down state [+ nervousness] after long suffering.
- G CHILLY.
- G Craving for ORANGES, bananas.
- G Extreme sensitiveness of puberty, during pregnancy and climacteric years [Allen].
- G Most complaints are ACCOMPANIED by VERTIGO.
- G agg. CLOSING EYES [= vertigo, nausea].
- G Seasickness.
- G Bones seem broken [rickets, caries, necrosis of bones].
- P Headache; heavy dull pressure behind the eyes; when beginning to move; agg. lying down, least motion of the head, NOISE.
- P Migraine; throbbing pain over the left eye; agg. heat of the sun and noise.
- P Pain over ROOT of NOSE. Yellow-green, thick, foul nasal discharge.
- P Restless feeling in hands; wrings them.
- P Curvature of spine in growing girls.
- P Spine sensitive to touch; sits SIDEWAYS in a chair to avoid pressure against spine.

#### Repertory

Mind

Hysteria, climaxis, at [2]. Sensitive, noise, to, slightest [3]. Starting easily [2]. Time passes too quickly [2].

#### Vertigo

Closing eyes, on [3], nausea, with [2; Lach.]. Motion, from, vomiting and nausea {2; Sel.]. Noise, from [2/1]. Sleep, on going to [2], after, agg. [2]. Turning, on [1]. Head

Heat, laughing agg. [1/1]. Pain, climaxis, during the [2], closing eyes, on [2], noise, from, rattling of vehicles [2; Nit-ac.]; brain, aching deep in, lying, while [1/1]; forehead, eyes, behind [2]; occiput, sun, heat of [2]; pressing, forehead, eyes, over, left [2].

```
Pulsating, forehead, extending to occiput [1]. Separated, from body, were, as if [1], vertex
were, as if [2/1]. Sunstroke [2].
Vision
Diplopia, light, when looking at [1/1]. Flickering, closing eyes, when [1; Nat-a.].
Hearing
Acute, noises, to, cause nausea [2; Cocc.], sounds affect the teeth [2; Lach.].
Nose
Heaviness, root [1].
Face
Involuntary, mouth opens [2/1].
Mouth
Biting, tongue, night in sleep [1].
Teeth
Pain, noise agg. [2].
Stomach
Nausea, cold drinks, after, not after warm [1; Lyc.], exertion, after, vision, of [2], looking
steadily [2], noise, from [2; Cocc.], using the eyes [2].
Vomiting, closing the eyes, on [2/1].
Rectum
Lump, sensation of, perineum [2; Chim.]. Prolapsus, sitting agg. [1/1].
Bladder
Urination, frequent, night, seldom during the day [2; Bor.].
Prostate
Enlargement, sensation of [2].
Female genitalia
Pain, ovaries, left [2], menses, during [1], motion agg. [1].
Cough
Bending, forced to bend double [1; Agar.].
Chest
Pain, stitching, sides, left, extending to back [2; Sulph.].
Back
Pain, noise agg. [3; Ars.], stepping, when [2]; sore, spine, leaning against a chair agg.
[3].
Extremities
Caries of bone [2].
Sleep
Dreams, teeth, breaking off [1].
Generalities
Faintness, exertion, on [2].
Food
Aversion: Everything [1]; meat [1].
Desire: Alcohol [1]; bananas [1]; bitter drinks [1]; brandy [1]; dry rice [1]; oranges [1];
smoking [1]; sour [1]; tobacco [1]; whisky [1]; wine [1]; wine, claret [1].
Worse: Bitter drinks [1].
```

#### Nucleus

- 1. Extreme nervousness. Fruitless activity. Time passes too quickly.
- 2. Hypersensitive to noise. Noise = pains and physical sensations.
- 3. agg. Puberty [girls growing too fast], pregnancy, climacteric period.
- 4. Chilly.
- 5. Vertigo as a concomitant.
- 6. Craving for oranges, bananas.

# Thuja occidentalis

Arbor Vitae

#### Region

Mucous membranes [GENITO-URINARY; intestines]. Mind. Nerves. Occiput. Glands. SKIN. Left ovary. \* Left side. Right side.

#### Modalities

Worse: COLD DAMP. Heat; of bed. Periodically [3 A.M.; yearly; increasing moon; during menses]. Urinating. Gonorrhoea. Vaccination. Tea. Onions. Motion. Talking. Tobacco. Narcotics.

Better: Warm [wind; air; wrapping head]. Free secretions. Sneezing. Motion. Crossing legs. Touch. Drawing up the limbs. Open air. Lying on affected side. Lying on back.

#### Leading symptoms

- M FIXED IDEAS. Fanaticism [religious; delusion he is under superhuman control]. "Obsessive anxiety about minor or imaginary defaults of body."
- M Sensation as if BODY were FRAIL.
- M CLOSED, yet well-mannered and polite.
- M "Present a manufactured image to the world which is calculated and formed from childhood. During childhood they had the experience [or delusion] of being neglected or abused. The message the child gets is that they can never be good enough" [Gray].
- M Low self-esteem. "They feel UNLOVABLE. They think that if someone knew who they really were they could not possibly love them. Because they feel they can never be loved they make an extra effort to be liked. They look around to see what is most popular, how they walk, dress, what they do, etc., to see what is successful. Then they go about IMITATING this systematically and scientifically, copying what they think works in the world and by adulthood they have the PERFECT IMAGE" [Gray]. Feeling of UGLINESS inside. SELF-CONTEMPT [perfectly hidden].
- M Outer appearance and self-presentation become extremely important, leading to trickery, manipulation, deceit. "The great masquerader." Holds information back.
- M "They are individualistic, but are not likely to make a mark in the world, and they do not like to have their privacy imposed upon" [Borland].
- M Case-history that comes out confused. "The patient cannot explain. It takes two hours to get it straight; think about Thuj. if you realize this" [Morrison].
- G agg. COLD WET WEATHER.
- G Discharges YELLOW-GREEN or GREEN.
- G agg. SUPPRESSED gonorrhoea.
- G agg. 3 A.M. and 3 P.M.
- G agg. AFTER midnight.
- G Pain in SMALL spots [2].
- G Dreams of falling [3]; of the dead [3].
- G Never well since vaccination [especially smallpox] or desensitization [hay fever !!].
- G WARTS, excrescences, condylomata, polypi.

- G OILY skin, perspiration.
- G Sweetish odour of perspiration [especially on genitals].
- G Sweat on uncovered parts; with dry heat on covered parts.
- G ONIONS [desire, aversion or agg.].
- G Problems with NAILS. ["Any change of nails may make you think of Thuj." Morrison].
- P Numb fingers, on waking at night.
- P Painful soles.
- P Vertigo on closing eyes.
- P Chronic urinary or ovarian [especially left ovary] troubles.

Mind

Confusion, talking, while [2]. Delusions, body is brittle [2/1], superhuman control, is under [2]. Fastidious [2]. Fear, strangers, of [2], wind, of [2; Cham.]. Forgetful, morning, in, waking, on [2]. Fragile, sensation of being [2/1]. Hurry, mental work, in [2], movements, in [2], occupation, in [2], walking, while [2]. Industrious, during heat [2]. Sensitive, music, church [2/1]. Thoughts, vanishing, speaking, while [2].

Head

Heat, menses, before [2]. Pain, night, drives him out of bed [2/1], tea, from [2], extending to occiput [3]; forehead, eating amel. [2], lying, while, amel. [2], warm applications amel. [2]; forehead, middle, frontal sinuses from chronic coryza [2]; nail, as from a [3].

Eye

Condylomata, eyebrows [2]; eyelids [3]. Eruptions, eczema, lids [3]. Pain, covering eyes with hand amel. [2].

Nose

Catarrh, extends to frontal sinuses [2]. Coryza, discharge, with, air, in open [2], without, warm room [2]. Cracks, wings [2]. Dryness, inside, open air amel. [2/1], warm room [2]. Obstruction, warm room [2]. Warts [3].

Face

Sunburn [2/1]. Twitching, lips [3]. Warts, chin [3; Lyc.].

Teeth

Caries, gums, at edge of [2], roots, at [3]. Discolored, yellow [2].

Abdomen

Movements in, fist of a foetus, like [3]. Protrusion, here and there, as if a hernia would form [2].

Rectum

Cauliflower excrescence [2/1]. Diarrhoea, onions, after [2]. Pain, motion agg. [2].

Perspiration, about the anus and perineum, morning [2/1].

Bladder

Urination, forked stream [3]; incomplete, obliged to urinate five or six times before the bladder is empty  $\lceil 2/1 \rceil$ .

Urethra

Dropping, sensation of, after urination [2/1]. Itching, voluptuous [2].

Male genitalia

Erections, troublesome, stool, during [2]. Itching, penis, alternating with stitching in anus [2/1]. Perspiration, sweetish [2/1].

Female genitalia

Condylomata, Uterus [3]; vagina [3]. Excrescences, Uterus, cauliflower [3].

Inflammation, ovaries, left [2]. Itching, urination, during [2], walking agg. [2]. Pain, ovaries, urging to urinate, when [2/1]; burning, vagina, sitting, while [2]; walking, while [2].

Larynx

Polypi, vocal cords [2].

Back

Injuries of the spine, lumbar region remains sensitive to jar of walking

[2/1]. Pain, standing erect almost impossible after sitting [2/1]; lumbar region, walking on uneven ground [2]. Tumors, fatty, on neck [2].

**Extremities** 

Corrugated nails [2]. Felon, run-around, vaccination, after [3/1]. Heat, thighs, cold hands and feet, with [3/1]. Inflammation, fingers, tips [2/1]. Perspiration, thigh, inner surface of [2/1]; foot, constant [2].

Sleep

Disturbed, visions by, on closing the eyes [2]. Dreams, anxious, lying on the left side [2], dead, of the, sleeping on the left side [2/1].

Fever

Dry heat, covered parts [3/1].

Perspiration

Profuse, uncovered parts on, except the head [2/1]. Sleep,

waking, after, amel. [3]. Walking, while, amel. [2].

Skin

Warts, bleeding [3], brown [2], indented [2], isolated [2], moist [3], red [2], smelling like old cheese [3], stinging [3].

#### Food

Aversion: Onions [2]; fresh meat [1]; meat [1]; potatoes [1]; tobacco [1].

Desire: Chocolate [3]; cold drinks [2]; cold food [2]; raw onions [2]; salt [2]; acid fruit [1]; refreshing things [1]; sour [1]; tobacco [1].

Worse: Coffee [2]; fat [2]; food, smell of [2]; tea [2]; butter [1]; cold drinks [1]; cold food [1]; hot food [1]; onions [1]; potatoes [1]; rich food [1]; sweets [1]; warm food [1]; wine [1].

Better: Cold drinks [1]; hot food [1].

#### Nucleus

- 1. Ugly, unlovable feeling inside. Present a manufactured image to the world.
- 2. agg. Cold damp weather.
- 3. Yellow-green or green discharges.
- 4. Oily skin. Problems with nails.
- 5. Onions.
- 6. Warts etc.

Notes look at the family trees like sabina, juneperus communies, juniperus virginianus, terebinthina.

### **Tuberculinum bovinum kent**

Tubercular Nosode

#### Region

LUNGS. Mind. Head - occiput. Glands. Larynx. Blood. \* Right side.

#### **Modalities**

Worse: CLOSE ROOM. Motion; at beginning of motion. Exertion. Weather [DAMP cold; changing]. Draft. Awaking. Noise. Mental excitement. Thinking of it. Pressure of waistband. Before a storm. Music. Standing.

Better: Cool wind. Open air. WALKING FAST. Continued motion.

#### Leading symptoms

M - Longing. Romantic longing, never finding inner contentment. UNFULFILLED. Unbearable sense of being unfulfilled.

M - NEED for CHANGE [stimulating experiences]. Frequently changing [job, house, partner, interior of house, car, etc.]. Fight a constant battle against boredom.

M - Desire to TRAVEL.

M - Want to try everything. "Life is so short, so why restrain myself?"

M - Impulse to RUN.

M - MALICIOUSNESS, destructiveness [especially when need for change is frustrated]. Destructive fantasies.

- M COMPULSIVENESS. Ritualistic. Superstitious.
- M Extreme IRRITABILITY morning on WAKING.
- M Shrieking during sleep, especially before menses.
- M Fear of DOGS and especially CATS.
- M Optimistic. Hopeful [2].
- M Precocious children.
- G agg. BEFORE STORM.
- G agg. COLD DAMP weather.
- G Seashore agg. or amel..
- G amel. Open air. agg. CLOSED ROOM. Like to drive the car with the windows open.
- G amel. DRY warm weather.
- G Strong craving for SMOKED things, FAT and COLD MILK.
- G Ravenous HUNGER at night; driving out of bed.
- G PROFUSE perspiration; at night; from slight exertion.
- G Tendency to take cold. Marked disposition to RESPIRATORY ailments.
- G Crops of small boils one after another.
- G GRINDING of teeth during sleep.
- G Constantly changing symptoms. Indicated remedies fail to improve permanently.
- "Obscure, changeable indications" [Boger].
- G T.B. [or chronic respiratory or allergic affections] in family history.
- P Periodic headaches [weekly, fortnightly].
- P Bright redness of lips; "as if the blood would burst through" [Mathur].
- P Brown fingertips [Boger].

- P Skin easily tanned.
- P Headache; as of an iron band around head.
- P Dark hair along spine [in children] [KEYNOTE!].
- P Rolling head to get to sleep. Strikes head against bed [in children].

Mind

Anxiety, night, children, in [4]. Cursing [2]. Discontented [3]. Fear, animals, of [3], cats, of [2], dogs, of [2], waking, on [3]. Forgotten, something, feels constantly as if he had [2]. Hyperactive, children [2]. Impulse, morbid, run, to, dromomania [4]. Industrious [3]. Looked at, cannot bear to be [3]. Malicious [3]. Offended, easily, takes everything in bad part [4]. Shrieking, sleep, during [3], menses, before [3]. Striking, knocking his head against wall [3]. Travel, desire to [3].

Head

Pain, chronic [1], coryza, with [1], periodic [2], reading agg. [2], weather, cold damp agg. [1].

Eye

Pain, turning eyes sideways [3]. Swollen lids, morning, headache, with [1].

Vision

Dim, headache, before [2], nausea, with [1]. Disturbances of, precede or attend headache [1].

Ear

Discharges, purulent [2]. Inflammation, media, discharge, with chronic [1].

Nose

Adenoid vegetations [1]. Coryza, chronic, long-continued [2], diarrhoea, followed by [1]. Discharge, offensive, cheese, like [3], thick [3], yellow [3]. Stopped sensation, morning [2]. Perspiration on [1].

Face

Discoloration, bluish, menses, before [1], eyes, circles around, menses, before [1], red, lips [2].

External throat

Induration of glands, like knotted cords [3].

Stomach

Appetite, ravenous, emaciation, with [2]. Nausea, pressure, abdomen, on [2]. Vomiting, sweetish [2].

Abdomen

Coldness [2]. Swelling, inguinal region, glands of [2].

Rectum

Constipation, painful [2]. Diarrhoea, morning, bed, driving out of [2], menses, after [2], sleep, during [2], weakness, without [2].

Female genitalia

Leucorrhoea, walking agg. [2]. Menses, delayed in girls, first menses [2], excitement, returns with least [1], mental excitement agg. [1].

Respiration

Difficult, air, in open, amel. {2], lying, while [3].

Cough

Reading aloud agg. [2]. Talking loud [2].

Chest

Milk, menses, before [2], menses, during [2]. Swelling, mammae, menses, before [2], menses, during [2], secretion of milk, with [2].

**Extremities** 

Pain, motion amel. [2], wet weather [2]; lower limbs, cold, becoming [2], walking amel. [2].

Fever

RElaps corallinusing [2].

Perspiration

Motion, brings on chilliness [2].

Skin

Allergy, milk, to [3]. Eruptions, itching, heat of stove amel. [2; Rumx.]. Itching, cold air, in [2], heat of stove amel. [3].

Generalities

Activity, increased [2]. Air, open, desire for [2], amel. [3]. Weather, wind, riding in, amel. [1].

#### Food

Aversion: Meat [2]; acids [1]; cheese [1]; coffee, smell of [1]; eggs [1]; milk [1]; milk, cold [1]; pineapple [1]; wine [1].

Desire: Delicacies [3]; smoked meat [3]; alcohol [2]; bacon [2]; fat [2]; fat ham [2]; milk [2]; milk, cold [2]; pork [2]; refreshing things [2]; salty things [2]; sweets [2]; bananas [1]; cold drinks [1]; cold food [1]; fat + salt [1]; fat + sweets [1]; ice cream [1]; meat [1]; potatoes [1]; salami [1]; salty things + sweets [1]; warm drinks [1].

Worse: Coffee, smell of [1]; hot food [1].

#### Nucleus

- 1. Desire for change. Romantic longing. Violent when need for change is frustrated.
- 2. Constantly changing symptoms. Recurrent respiratory troubles.
- 3. Desire for open air. agg. Close room.
- 4. agg. Cold damp weather.
- 5. Craving for smoked meat, sweets and cold milk.
- 6. Easy perspiration; at night.

# Urtica urens

#### Stinging Nettle

#### Region

MAMMAE. Genito-urinary organs. Liver. Spleen.

#### Modalities

Worse: Cool [moist air; bathing]. Yearly. Burns. Stings. Snow air. Suppressed eruptions.

Eating shell-fish. After confinement. After scarlatina. Night. During rheumatism.

Better: Rubbing. Lying down.

#### Leading symptoms

- G STINGING/BURNING pains.
- G Uric acid diathesis; lithiasis. Acute GOUT.
- G HIVES urticaria; elevated; and rheumatism; after SHELLFISH; and pinworms.
- G Urticaria [skin elevated with a white central spot and a red areola] with intolerable itching and burning, relieved by RUBBING. Eruption and itching amel. lying.
- G Urticaria alternating with rheumatism.
- G Urticaria, agg. after bathing, after violent exercise and from warmth.
- G Allergic skin reactions with burning itching and severe swelling of larger area than only the spot of the sting [after stings of insects]. [Led. circumscribed swelling]
- G Burns [especially after hot water] with burning sensation and violent itching.
- G Angioneurotic oedema [Apis].
- P Diarrhoea from suppressed eruptions.
- P Acrid urine, causes itching.
- P Swollen mammae. ABSENCE of MILK after confinement, without apparent cause.
- P Sore bruised pain in right deltoid, agg. touch, agg. lying on right side, agg. rotating arm inward.

#### Repertory

Eye

Eruptions, lids, on, vesicles, on margins [1/4]. Swollen lids, oedematous [1].

Face

Eruptions, herpes, lips, about [1], urticaria [2]. Swelling, eyes, around [1].

Stomach

Sinking, eating, after [1]. Vomiting, urticaria, from suppression of [2/1].

Abdomen

Enlarged, spleen [2].

Rectum

Diarrhoea, eruptions, suppressed, after [2]. Itching, ascarides, from [2].

Female genitalia

Eruptions, itching [2]. Itching, burning [2], pregnancy, during [1]. Swollen, oedematous

[2].

Chest

Eruptions, urticaria [1]. Milk, absent [2], disappearing [3], non-pregnant women [2].

Extremities

Arthritic nodosities, finger joints [2]. Pain, upper arm, deltoid region, right [2]. Swelling, Hand, itching [2].

Skin

Burning, nettles, as from [3], sleep, after [2/1]. Eruptions, urticaria, alternating with rheumatism [2/1], bathing, after [2], exercise, violent, after [2], lying amel. [1/1], warmth and exercise [3]. Itching, burning, as from nettles [3], warm, on becoming [3]. Stings of insects [3].

Generalities

Food, shellfish agg. [2]. Snow air agg. [1].

#### Food

Worse: Shellfish [2].

Nucleus

- 1. Burning/stinging.
- 2. Urticaria.
- 3. Burns with burning/itching and swelling.
- 4. Stings of insects with extended swelling.
- 5. agg. Shellfish.

## Valeriana officinalis

#### Valerian

#### Region

NERVES [spinal; genito-urinary]. Mind. Muscles, etc. [calf; heels; tendo Achilles].

#### Modalities

Worse: REST. STANDING. Excitement. Evening; until midnight. Towards noon. First hours of the afternoon. Periodically [every two to three months]. Sitting. Falling asleep. Better: Changing position. Walking about. Rubbing. After sweat.

#### Leading symptoms

- M NERVOUS RESTLESSNESS, especially at the climacteric, or at the time of institution of menstrual epochs. Cannot sit still.
- M CHANGEABLE DISPOSITION; passing from one extreme of emotions to another; from the highest joy to the deepest grief; from mildness to grumbling.
- M Impatience; passes quickly from one subject to another.
- M Illusions; of smell, taste, hearing. Sense of floating; of a ball or plug.
- M Impulse to MOVE. [Compare Very mobile ideas, going from one extreme to another.] "Mental symptoms come on during rest, while sitting and lying, and disappear on walking about" [Mathur].
- M Fear of DARKNESS [compare illusions].
- M Extreme impressionability.
- G Changeable symptoms. "Useful in hysterical troubles when other apparently well-indicated remedies fail to relieve" [Mathur].
- G agg. Morning and evening [3].
- G agg. While sitting [= drawing pains; nervous restlessness] [3].
- G amel. MOTION [3]. amel. Walking [3]. amel. Continued motion [2].
- G Pains DRAWING and TEARING [in limbs, especially lower limbs hips, knees, legs, ankles, heels]; agg. sitting and standing; amel. motion and walking.
- G amel. Open air [amel. mental symptoms: restlessness, anxiety, fear fear amel. open air: only remedy in italics].
- G Pains appear SUDDENLY. ["Pains are here and there or come and go." Boger]
- G Sudden gushes of sweat [especially on face and forehead].
- P Choking [strangling] on falling asleep [sensation of something warm rising in the throat, arresting breathing].
- P Pain in HEELS when sitting; amel. moving about.
- P Headache from the heat and light of the sun.
- P Vomiting of curdled milk in large lumps [in children]; as soon as child has nursed, after mother has been angry.
- P Sciatica; pain agg. standing and letting foot rest on floor; agg. when straightening out the limb, and during rest from previous exertion; amel. walking and rubbing.

Mind

Animation agg. [3]. Anxiety, air, in open, amel. [1], house, in [1]. Confusion, standing, while [1]. Darkness agg. [2]. Fear, air, in open, amel. [2], narrow places [1], room, on entering [2], warm room, of [1/1]. Ideas, abundant, evening [2]. Light, desire for [1]. Selfishness [1]. Unconsciousness, pain, from [2].

Vertigo

Floating, as if [2].

Head

Pain, exertion of body, etc. [2], hat, from pressure of [2]; pressing, motion amel. [2]; pressing, forehead, alternating with stitching [3/1].

Eye

Pain, pressing, morning [2].

Vision

Flashes, dark, in the [2].

Face

Heat, sitting, while [3]. Pain, motion amel. [2].

Mouth

Taste, slimy, morning, on waking [3].

Throat

Thread, hanging in, sensation of [2; Cocc-c.].

Stomach

Eructations, eggs, spoiled, like [2]; rancid, evening, 4 p.m. [2/1]. Heat, flushes of, extending upwards [2]. Vomiting, anger, after [2], milk, after [3], milk, after, mother's [2], milk, curdled [3].

Rectum

Prolapsus, urination, during [2; Mur-ac.].

Stool

Curdled [3].

Larynx

Constriction, larynx, sleep, on falling asleep [2].

Chest

Pain, pressing, standing, while [2].

Back

Pain, sprained, as if, lumbar region, sitting, while [3], standing, while [3].

Extremities

Pain, lower limbs, sciatica, sitting agg. [2], standing agg. [2], stretching the leg agg. [2], walking amel. [2]. Tension, calf, sitting, while [3/1]. Twitching, lower limbs, rest, during [2/1], walking, after, amel. [2; Verat.].

Generalities

Faintness, pain, from [2]. Pain, drawing, sitting, while [3].

Food

Aversion: Tobacco [1].

Desire: Tonics [2]; refreshing things [1].

Worse: Milk [1].

#### Nucleus

- 1. Changeable disposition and symptoms.
- 2. Fear of darkness. Illusions.
- 3. amel. Open air [mental symptoms].
- 4. Drawing pains in limbs; agg. sitting, amel. walking.5. Sudden gushes of sweat [on face and forehead].

## Veratrum album

#### White Hellebore

#### Region

NERVES [ABDOMINAL; heart; blood vessels]. Vertex. Blood. Respiratory and digestive systems. \* Left side.

#### Modalities

Worse: EXERTION. DRINKING. Cold drinks. During pain. Fright. Wet cold. Least motion. BEFORE and during menses. During stool. When perspiring. Change of weather. Cloudy weather. After drinking. During pain.

Better: Hot drinks. Walking about. Covering. Lying. Pressure on the vertex [amel. headache]. Warm food. Stimulants.

#### Leading symptoms

- M Precocity in childhood. Intellectual and serious children, asking a lot of philosophical questions.
- M Mental over-stimulation = overactivity and restlessness. Hyperactivity of the mind.
- M AMBITION, employs EVERY POSSIBLE MEANS to reach his goal: boasting [wishes to be considered as rich [1/3]; squandering money; delusion is a distinguished, great person]; flattering [affectionate; embraces everyone [2/9]; affection in gestures and acts 1/3; affection in words [1/3]; feigning sickness [to get sympathy]; hard working [restless activity; audacity; high-spirited]. Works his way up by astounding persistency.
- M Fear about his POSITION in society. Contemptuous, hard for subordinates and agreeable to superiors or people he has to fear [1/4].
- M Spares nobody or lies, cheats and misleads to reach his goal [egotism [2]; intriguer [1/5]; untruthful [2/6]; gossiping [1]; no sense of honor [1/5]; never speaks the truth [1/6]].
- M HAUGHTINESS; very censorious. Righteousness. "Disposed to talk about faults of others, or silence; but if irritated, scolding and calling names" [Hering].
- M RELIGIOUS delusions [arising from megalomania and confusion about his own identity]. Thinks he is Christ or appointed by God to convert other people.
- M Frustration of aspirations: depression, indifference, forsaken feeling; flees into religion; violence. Ailments from injured pride or honor.
- M INSANITY; religious; praying; prattling; striking; loquacity, etc.
- G Tremendous CHILLINESS [one of the most chilly remedies]. LOCAL coldness [lump of ice on top of the head] or GENERAL coldness.
- G Cold feeling in blood vessels bones; or sensation of heat in blood vessels.
- G COLD perspiration, especially on forehead.
- G agg. BEFORE menses [3].
- G agg. SPRING and AUTUMN [especially digestive upsets].
- G Craving for ACID FRUIT, SALTY THINGS and COLD drinks.
- G Intense thirst.
- G SUDDEN sinking of strength.

- G SPASMS and CRAMPS.
- G EXCESSIVE evacuations; watery.
- G Attacks of pain, which produce delirium and mania for a short time. Delirious from headache.
- P Vomiting and diarrhoea SIMULTANEOUSLY [Verat. and Ars. main remedies].
- P Vertigo and cold sweat on head, vomiting and diarrhoea.
- P Dysmenorrhoea and coldness, prostration, vomiting and diarrhoea.

Mind

Abusive, husband insults wife, in front of children [3]. Amorous disposition [3]. Anxiety, salvation, about [3]. Blindness, pretended [2/1]. Brooding, evening [3/1]. Censorious, critical, disposed to find fault or is silent [2/1]. Deafness, pretended [2/1]. Delirium, menses, during [2]. Delusions, misfortune, inconsolable over fancied [2/1]. Despair, pains, with the [2], religious [3], social position, of [3]. Dictatorial [2]. Kisses, everyone, menses, before [2]. Rage, headache, with [2]. Sits, wrapped in deep, sad thoughts, as if, and notices nothing [2]. Spits, in faces of people [2]. Untruthful [2].

Vertigo

Ascending, sensation of [2]. Menses, before [2].

Head

Coldness, menses, during [2]; vertex, icy coldness [2], menses, during [2]. Pain, menses, during [2]; vertex, pressure amel. [2]. Perspiration, forehead, anxiety, as from [2], stool, during [3], stool, after [3].

Eye

Dryness, waking, on [2]. Photophobia, morning [3]. Restless eyes [2].

Nose

Epistaxis, menses, before [2], sleep, during [2].

Face

Discoloration, pale, headache, with [2], maniacal rage, with [2].

Mouth

Taste, peppermint, like [2].

Stomach

Appetite, ravenous, diarrhoea, with [2]. Hiccough, drinking, after, hot drinks [2/1], vomiting, after [3; Bry.]. Thirst, headache, with [2], pregnancy, during [2/1].

Abdomen

Coldness, external [3].

Rectum

Diarrhoea, menses, before [2].

Bladder

Urination, frequent, headache, with [2].

Kidnevs

Pain, menses, at beginning of [2].

Female genitalia

Desire, increased, menses, before [2].

Respiration

Asthmatic, bending head backwards amel. [2].

**Extremities** 

Coldness, diarrhoea, with [3]; foot, pregnancy, during [3]. Cramps, pregnancy, during [2]. Perspiration, cold, menses, during [3].

Chill

Water, as if cold water were dashed over him [2].

Perspiration

Night, menses, before [3]. Cold, menses, during [3]. Coldness, during [3]. Diarrhoea, with [3]. Profuse, menses, during [2].

Generalities

Convulsions, coldness of the body, with [2].

#### Food

Aversion: Warm food [2]; breakfast [1]; cooked food [1]; hot food [1].

Desire: Acid fruit [3]; cold drinks [3]; fruit [3]; ice [3]; refreshing things [3]; salty things [3]; sour [3]; cold food [2]; cucumbers [2]; herring [2]; sardines [2]; ice cream [1]; juicy things [1]; lemons [1]; liquid food [1]; pickles [1]; wine [1].

Worse: Fruit [3]; cold food [2]; pears [2]; potatoes [2]; raw food [2]; beans and peas [1]; beer [1]; buckwheat [1]; cabbage [1]; cold drinks [1]; fat [1]; flatulent food [1]; hot food [1]; pancakes [1]; sauerkraut [1]; tea [1]; veal [1]; vegetables [1]; warm food [1]; wine [1].

Better: Hot food [2]; cold drinks [1]; milk [1]; warm drinks [1].

#### Nucleus

- 1. Excessive restlessness, mental and physical.
- 2. Ambition, every possible means employed.
- 3. Tremendous chilliness.
- 4. Local or general coldness.
- 5. Excessive evacuations, watery. Cold sweat.
- 6. Craving for sour fruit, salty things and cold drinks.

## Viburnum opulus

High Cranberry

#### Region

FEMALE ORGANS. Nerves. Left side.

#### Modalities

Worse: Fright. Before menses. Cold; snow air. Lying on left side. Close room.

Better: Rest. Pressure. Open air.

#### Leading symptoms

M - Very nervous and restless, especially before and during menses. Can't keep still.

G - Chilly.

G - SPASMS and CRAMPS.

G - Threatened early miscarriage.

G - "Sick feeling all over in connection with pelvic complaints, agg. movement, amel. rest" [Clarke].

G - Pains come suddenly and with terrible severity.

G - BEFORE MENSES: severe bearing down; drawing in anterior muscles of thighs; heavy aching in sacral region and over pubes; so nervous that she cannot sit still [Tyler].

G - Sensation as if pelvic organs turning upside down.

P - Frequent, PROFUSE urination; during menses, headache, haemorrhage, etc.

P - DYSMENORRHOEA. Pains start in the lower back and radiate around the abdomen, into the inguinal region and down into the thighs. "Pains in back, end in a cramp in uterus or go down anterior side of thighs" [Boger].

P - DYSMENORRHOEA and flatulence, loud eructations and nervousness.

P - "Heavy ache or excruciating cramps in pelvis; amel. menses" [Boger].

P - Impossible to lie on LEFT side, during dysmenorrhoea.

P - Cramps in CALVES before menses.

P - Pink discoloration of one cheek during menstrual pain.

P - Constant nausea amel. eating.

#### Repertory

Mind

Restlessness, menses, during [1].

Vertigo

Closing eyes, on [1]. Fall, tendency to, to left [1].

Head

Pulsating, mental exertion, from [1], motion, moderate, amel. [1; Iris].

Nose

Epistaxis, menses, before [1].

Mouth

Broad, tongue seems too [1].

Stomach

Nausea, menses, before [1]. Vomiting, menses, during [2].

Abdomen

Pain, comes quickly and goes quickly [2; Bell.]; hypogastrium, menses, before [2]; cramping, hypogastrium, menses, before [2]; dragging, menses, during [2], extending to thighs [1].

Bladder

Urination, frequent, headache, with [1], menses, during [1].

Urine

Colorless, menses, during [1]. Odour, offensive, cat's urine [1].

Female genitalia

Pain, ovaries, menses, before [1]; Uterus, flow of blood amel. [2], menses, before [2], menses, at beginning [2], suddenly, comes and goes [2; Bell.]; bearing-down, Uterus, menses, before [2]; cramping, Uterus, menses, before [2]; labor pains, extending into thighs [1; Kali-c.]; stitching, ovaries, menses, before [1].

Cough

Pregnancy, during [1].

Back

Pain, air, open, amel. [2], menses, before [2], menses, as if, would come on [2]; lumbar region, menses, before [2], menses, beginning, at the [2], pressure amel. [2]; aching, sacrum, menses, before [2/1]; break, as though the back would, menses, during [2]; laborlike, small of back, extending to loins and pubes [2/1].

Chill

Menses, during [2].

#### Nucleus

- 1. Nervous and irritable before and during menses. Can't keep still.
- 2. Cramping, drawing pain in small of back, hypogastrium and anterior muscles of thighs before and at beginning of menses.
- 3. Frequent, profuse urination during headache, menses, haemorrhages.
- 4. Pains come and go suddenly.
- 5. Chilly, especially during menses.
- 6. Impossible to lie on left side during dysmenorrhoea.

# Xanthoxylum fraxineum

#### Prickly Ash

#### Region

Nerves. Respiration. Female sexual organs. \* Left side.

#### Modalities

Worse: Sleeping. Dampness. Getting feet wet. Suppressed menses.

Better: Vomiting. Lying down. Drinking of ice water.

#### Leading symptoms

- G FLUSHES of HEAT and perspiration [2].
- G Pricking sensation; shocks as from electricity.
- G NUMBNESS of LEFT side. Left-sided paralysis.
- P Redness of ONE cheek [or both cheeks] during menstrual pains.
- P Violent, agonizing, grinding DYSMENORRHOEAL pains, not amel. in any position; pains go into thighs or radiate over whole body, even to heart.
- P Pain in ovaries, agg. LEFT, extending down thighs.
- P Soreness of anterior part of thighs BEFORE menses.
- P Coccyx very sensitive; seems elongated.
- P Sciatica agg. in summer.
- P Headache above eyes [agg. LEFT] before menses.

#### Repertory

Mind

Anguish, menses, during [1]. Fear, death, of, menses, before [1], menses, before [1]. Sadness, menses, before [1]. Sighing, menopause, during [1/1].

Head

Fullness, menses, during [2]. Pain, forehead, eyes, above, menses, before [1]; bursting, vertex [1].

Face

Discoloration, red, dysmenorrhoea, during [3/1], menses, during [1].

Mouth

Enlarged, sensation as if [2]. Taste, peppery [1].

External throat

Swelling, Thyroid gland, right, sensation of [1; Mag-c.].

Urine

Scanty, amenorrhoea, with [1].

Female genitalia

Pain, ovaries, right to left [1], menses, during [1], pregnancy, during [1], extending down limbs [1], extending to thighs, anterior surface [1; Lil-t.]; uterus, menses, during, cry out, compels her to [1].

Back

Pain, coccyx, sitting, while [1], touched, when [1].

#### Extremities

Pain, thigh, menses, during [2], extending downward, during menses [1].

Sleep

Dreams, flying [1].

Generalities

Wet, getting feet [1].

#### Nucleus

- 1. Fear and sadness before menses.
- 2. Numbness of left side.
- 3. Red face during dysmenorrhoea.
- 4. Dysmenorrhoeal pains [agg. ovaries] extending down limbs.
- 5. Shooting pains, electric-like.

## Zincum metallicum

#### Zinc

#### Region

BRAIN and NERVES [occiput; spine; orbital region]. Root of nose. Blood. Inner canthi. \* Left side. Right side.

#### Modalities

Worse: EXHAUSTION. Suppression. Noise. Touch. Wine. After being heated.

Better: Motion. Hard pressure. Warm open air. FREE DISCHARGES; during menses;

by restoration or development of eruptions; from restoration of discharges.

#### Leading symptoms

- M MENTAL PROSTRATION. Suppression or decrease of free expressions, caused by weakness or mental overexertion.
- M CAN'T THROW THINGS OFF. [Boger]
- M YIELDING.
- M Oversensitive to NOISE, to VOICES.
- M Drive everybody mad with their constant complaining and moaning.
- G "Tend to be more on the warm side than the chilly side" [Morrison].
- G Ailments from LOSS of SLEEP, FRIGHT, STRESS, exhausting diseases, alcoholism.
- G Increasing weakness and RESTLESSNESS [especially of legs].
- G agg. SUPPRESSED discharges [gonorrhoea; expectoration; foot sweat; menses; otorrhoea; lochia; milk; perspiration]. OR:
- G Defective vitality, brain or nerve power too WEAK to develop exanthemata, or menses; to expectorate; to urinate; to comprehend; to memorize. [Nash]

"Feeble girls, late appearance of menses." Feeble digestion.

- G amel. FREE secretions; flow of menses. "Symptoms of the chest are ameliorated by expectoration; of bladder, by urinating; of back, by emissions; and general, by menstrual flow" [Nash].
- G agg. WINE [= vertigo; headache; redness face; weakness; weariness; asthma; confusion; constipation; diarrhoea; cough; sensation of heat in back; chorea].
- G amel. EATING [3]. Trembling when hungry [2]; weakness from hunger [2].
- G Aversion to fish [2], meat [2], sweets [2] and wine [2].
- G Twitchings, jerking, spasms, tremor.
- G Very HUNGRY about 11 or 12 a.m.; eats greedily.
- G "Rolls head and grinds teeth" [Boger].
- P Vertigo preceded by pressing sensation [inward] above root of nose or sensation as if the eyes were drawn together.
- P HEADACHE and pressing sensation above root of nose [or on vertex], confusion, photophobia and physical restlessness; headache agg. warmth, amel. hard pressure.
- P VISUAL disturbances [flashes of light, scintillations] AFTER eye operations.
- P RESTLESS LEGS; can't keep them still. Can keep them awake.

- P Heartburn after sweets.
- P Loud eructations after milk.
- P Painful chilblains, agg. rubbing.
- P Hair painful; on vertex.

Mind

Answers, repeats the question first [2]. Closing eyes amel. [2]. Fear, robbers, of [2]. Horrible things, sad stories affect her profoundly [2]. Hysteria, menses, during, amel. [2/1]. Insanity, suppressed eruptions, after [2]. Sadness, menses, during, amel. [2]. Sensitive, to noise, voices [3], sensual impressions [2]. Shrieking, sleep, during, menses, before [2]. Somnambulism, suppressed emotions, after [2/1]. Starting, sleep, from, menses, during [2]. Talk, indisposed to, evening [3]. Torments, everyone with his complaints [3]. Wearisome, evening [2]. Weeping, menses, before [2].

Vertigo

Fall, tendency to, to left, morning [3/1]. High places [2]. Menses, before [2]. Occipital [2].

Head

Pain, heated, from becoming, by a fire or stove [2], iron, from abuse of [2], menses, during, amel. [2], pressure, external, hard, amel. [2].

Eye

Dryness, morning [3]. Inflammation, menses, during [3]. Pain, burning, operations, after [2; Staph.]; burning, margins of lids, morning [2]; sand, as from, evening [3]. Photophobia, evening [2]. Tired sensation [2].

Nose

Coryza, evening [2], discharge, with, evening [2], eating, after [2], sudden attacks, evening after lying down [2/1]. Pain, pressing, root, followed by vertigo [2/1].

Mouth

Taste, bloody, pregnancy, during [2/1].

Stomach

Appetite, ravenous, forenoon, 11 a.m. [2]. Emptiness, forenoon, 11 a.m. [2].

Eructations, sweetish, pregnancy, during [2]. Thirst, menses, during [2].

Rectum

Diarrhoea, ameliorates all symptoms [2].

Bladder

Urination, retarded, sitting, can only pass urine while [3/1].

Female genitalia

Desire, violent, masturbation, driving her to [3]. Menses, night, more at [2], amelioration of all complaints during [2; Lach.]. Pain, ovaries, menses, before [2], menses, during, amel. [2].

Cough

Dry, morning, menses, before [3], menses, during [3].

Respiration

Difficult, expectoration amel. [2], flatulence, from [2], menses, before [2].

Rack

Weakness, cervical region, writing, while [3/1].

#### **Extremities**

Chilblains, Hands, itching [2], swelling [2/1]. Itching, foot, sole of, night [2/1]. Restlessness, leg, evening [3], night [2]; Feet, evening, bed, in [2], night [2], menses, during [2], sitting, while [3]. Trembling, Hand, menses, during [2], vertigo, after [2]. Weakness, sudden, hunger, with [2/1]; lower limbs, hunger, during [2/1].

Sleep

Dreams, pursued, of being [2].

Perspiration

Uncovered, desire to be [2].

Generalities

Noon [2]. Chorea, suppressed eruptions [2]. Faintness, standing, while [2]. Iron, after abuse of [2]. Trembling, emotions, after [2], hungry, when [2].

#### Food

Aversion: Fish [2]; meat [2]; sweets [2]; veal [2]; wine [2]; brandy [1]; cooked food [1]; warm food [1]; water [1].

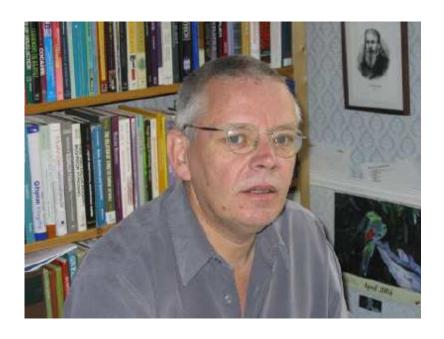
Desire: Beer, evening [2]; beer [1]; cold drinks [1]; cold food [1].

Worse: Wine [3]; bread [2]; milk [2]; veal [2]; hot food [1]; sweets [1]; warm food [1].

Better: Cold drinks [1].

#### Nucleus

- 1. Brain fag; increasing weakness and restlessness.
- 2. Sensitive to noise, to voices.
- 3. agg. Suppressed secretions. amel. Free secretions.
- 4. agg. Wine.
- 5. Restless legs.
- 6. agg. Hunger. amel. Eating.



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