

Treasures of Dr. Prafull Vijayakar

Compiled by Günter Lutz

Charts & Rubrics



Predictive Homoeopathy®

Treasures of Dr. Prafull Vijayakar

compiled by Günter Lutz

Charts & Rubrics

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Indian - Rs. 180
International - € 15

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Author's Foreword

This book is to express my respect to and admiration for my homoeopathic teacher and long-term friend Dr. Prafull Vijayakar. I particularly admire his vast homoeopathic and medical knowledge and his way of teaching and practicing.

Dr. Vijayakar is practicing homoeopathy in Vile Parle, Mumbai since many years and teaches at Mumbadevi Homoeopathic College, Mumbai.

He is accepted worldwide for his scientific contributions to classical homoeopathy. In 1991, we met for the first time in a seminar in India. We developed a cordial and familiar friendship that continued with return visits to Biberach in the following years. In the course of a conversation in 1996, he handed me a chart by Gibson Miller about "Cold and Warm" medicines which would change my then way of thinking and practicing effectively. More charts that he constantly updated on seminars and workshops were to follow about "Thirsty-Thirstless", "Diligent & Conscientious", "Acute" and other aspects.

During our stays at Dr. Vijayakars, I and my true companions Dr. Ursula Frei and Ingeborg Stadler have commonly gathered information, documented cases and listed medicines.

Holger Angerer released the impulse to couch and structure these valuable treasures. Thanks to his dedicated cooperation this book could come to being.

The charts are very useful for everyday work, e.g. to decide whether a medication is right or not. By no means, do they substitute a thorough anamnesis, understanding of the patient or the subsequent analysis. Do not use the charts in a simple manner! Read and understand Dr. Vijayakars books beforehand!

Some homoeopaths may consider these charts as a superficial homoeopathy. This is by no means my intention. Let us use Dr. Vijayakars experience, who sees many patients a day. The charts support him; they do not substitute the understanding of the patient.

Günter Lutz

Why I wrote this book?

This book compiles a lot of information mostly in charts, to give you, my homoeopath colleagues, important hints for everyday work.

Dr. Vijayakar very often uses his **Thermal-Thirst Charts** (chapter 1) to differentiate medicines. To eventually decide on the right medicine following a repertorisation you may also differentiate with the aid of the charts "Cold-Warm" or "Thirsty-Thirstless" in addition to your usual method. Should you see to an e. g. "cold" patient (that means (s)he is sensitive to coldness), these charts help you to eliminate warm medicines. Dr. Vijayakar would never administer Nat-m. to a cold and thirstless patient. If the symptoms call for Natrium and the given modalities are missing, he will most probably prescribe a different kind of Natrium or a remedy similar to Natrium.

Innate characteristic as well as **Important Rubrics and Dispositions** (both in chapter 1) are very important for Dr. Vijayakar' to administer a medicine. These central characteristics should be found in the medicine, even though they may not be easy to find. The Thermal-Thirst Charts can be very helpful in these cases.

But patients with predominantly syphilitic conditions are different. Their perceptions may vary, so that the thermal-thirst charts can no longer give a reliable information, because the elicitor for their discomforts can not be described clearly and because many other aspects can not be determined and allocated. The **brain dominance** may be helpful in these cases, as the discomforts, as long as they are clearly represented, are essential.

Many hints, of course, are not new, parts of them are from his books turned into charts. Just this form is practical for every day work. The **Entry points** and above all, the **Rule outs** help to find the right remedy.

The **Charts of Acutes** (in chapter 2) we have extracted from Dr. Vijayakars book "Theory of Acutes". These important charts are helpful in combination with the book to find the right remedy in acute state, when required.

Dr. Vijayakar attaches superior importance to the **Follow-up**. It requires a deep understanding of healing processes and pathogenesis respectively. The knowledge of embryology, genetics, bio-chemistry and other medical areas support him.

Thanks to him, we have an orientation guide for the evaluation of a treatment. The further development of Hering's Law with the help of germinal sheets ease an evaluation of medical effects and clears the way of a treatment. All points on the **Follow up** (chapter 3) are to be seen under these aspects.

Different ways lead to the right constitutional similitum, but the whole attention should be on the reactions to the medicine. It does not matter, whether someone finds his similitum through essences or delusions, dreams, physical symptoms, general symptoms etc. It is crucial, that the patient gains **more energy**, regains his **desire to work and to learn** and that he **rediscovers original passions**. If this is not the case, the remedy will surely lead to "suppression" on the long run and will transfer the disease to a deeper layer! The **miasmatic chart of suppression should become one of your most important charts** to judge the long-term process of a case!

It is also vital, that the disease is transferred from syphilitic to sycotic to psora, **away from destructive processes and tendencies**. This approach will provoke discussions, as it questions many a miasmatic thinking model. Dr. Vijayakar explains miasmatic disorders and the patient's behavior on the basis of the defense reaction of a body cell.

The **general information** (chapter 4) helps to gain a better understanding of the patient and to differentiate medicines. The acute chart only makes sense with the knowledge of the "acute book". It may also help you without this knowledge to differentiate remedies in acute cases in a different way.

Dr. Vijayakar often **differentiates remedies** (chapter 5) very quick, main symptom, then chilly-hot, diligent-non-diligent, and then he uses his deep knowledge of materia medica. Take these charts as a chance for a new sight and safer prescribing.

General Information (chapter 6) is nothing new.

Physiognomy and homoeopathy needs to be discovered more, it can be very useful as an entry point in difficult cases.

Please review all suggestions and open your mind for these and those new aspects. Thoroughly assess the patient's reaction at the follow-up!

Enjoy this book and every success for your practice.



Günter Lutz

1. CASE TAKING

Chilly & Hot

CHILLY

Abies-c, **Abrot** (in weakness and emaciation), Acet-ac, **Acon**, Aeth, **Agar**, **Agn**, Alco, **Alet**, **Alumn**, **Alum**, **Alum-p**, **Alum-sil**, **Am-c**, *Am-m, Ammc, Anac, Ant-ar, ***ANT-C**, **Ant-t**, Apoc, Arg-ar, **Arg-m**, Arn, **ARS**, Asar, **Aur**, Aur-ar, Aurs, **Bad**, Bamb-a, Bar-ar, **BAR-C**, **Bar-m**, ****Bell**, Benz-ac, **Bor**, Bov, ? *Brom*, Cadm, **CALC**, **Calc-ar**, ***Calc-f**, **CALC-P**, **Calc-sil**, *Camph, **Canth**, **CAPS**, **Carb-an**, ****Carb-v**, **Carbn-s**, *Carc (psoric), Card-m, **Caul**, **CAUST**, ****CHAM**, **CHIN**, **Chin.-ar**, **Cic**, **Cimic**, Cinnb, **Cist**, **Coca**, **Cocc**, **Coff**, **Colch**, Coloc, ***Con**, **Cupr**, Cupr-ar, **Cycl**, Dig, **Dulc**, **Eup-per**, **Euphr**, **FERR**, **Ferr-ar**, **Ferr-p**, **Form**, *Gels (in acute), **GRAPH**, Guai, **Hell**, **Helon**, **HEP**, **Hydr**, ***Hyos**, **HYP**, Ign, **Ip**, **KALI-AR**, ***Kali-bi**, Kali-br, **Kali-c**, **Kali-chl**, Kali-p, *Kali-sil*, **Kalm**, **Kreos**, Lac-c, *Lac-d*, **LED**, **Mag-c**, **MAG-P**, **Manc**, **Mang**, Meny, ***MERC** (chronic or sycotic & syphilitic), Mez, ***MOSCH**, **Mur-ac**, Naja, **Nat-ar**, **Nat-c**, Nat-p, **NIT-AC**, **Nux-m**, **NUX-V**, **OLND**, **Ox-ac**, **Petr**, **PHOS**, **Ph-ac**, Phyt, **Plb**, **Podo**, **PSOR**, **PYROG**, **RAN-B**, **Rheum**, **Rhod**, **RHUS-T**, **RUMX**, **Ruta**, **Sabad**, **SABIN**, Samb, **Sars**, **Scroph-n**, **Senec**, Sel?, **SEP**, **SIL**, **SQUIL**, **SPIG**, Spong, **Stann**, Staph, *Stram, **STRONT**, Stront-c, **Sul-ac**, Sumb, Syph, **TARAX**, *Tarent, ***TEUCR**, **Ther**, **THYR**, Valer, Viol-o, Viol-t, **Zinc**, **Zinc-p**

HOT

Abrot (in robust cases), **Aesc**, **All-c**, **Aloe**, Ambr, *Ant-c, **APIS**, **ARG-N**, **Ars-h**, Ars-i, **Ars-s-f**, **Asaf**, Asar, **Aster**, **Aur-i**, **Aur-m**, Aur-m-n, **Bapt**, **Bar-i**, **Bar-s**, Both-l, ?Bov, *?Brom, **Bry**, Cact, **Calad**, **Calc-i**, Calc-m, **Calc-s**, *Camph, Cann-i, ***Carb-v**, Carbn-s, *Carc (sycotic & syphilitic), Cham, Chin-s, Cina, Cinnb, Clem, **Coc-c**, Com, **Croc.**, **Crot-c.**, **Crot-h.**, **Dros**, Euph, **Ferr-i**, Ferr-m, ****Fl-ac**, ***Gels** (in general), **Glon**, **Grat**, **Guai**, **Ham**, *Hyos (hysterical), Hecla, **Ind**, **IOD**, **Iris**, **Kali-br**, **KALI-I**, **KALI-S.**, **Lach**, **Led**, **Lil-t**, **Lyc**, **Lycps**, *Mag-m, Med, **Meli**, Meph, Merc (acute or psoric), Merc-c, Merc-i-r, Merc-i-f, **Nat-m**, **Nat-s**, **Op**, *Pall, **PLAT**, Ptel, **PULS**, **SABIN**, **SEC**, **Sel**, **Spong**, *Stram (hysterical), ****Sulph** (sycotic), **Sul-i**, Tab, *Tarent, ***Thuj**, **Tub**, Ust, ****Verat** (psoric), **Vesp**, Vib

SENSITIVE to both EXTREMES of TEMPERATURE

Ant-c, Cinnb, **Kali-bi**, **MERC**, Nat-c, Verat
and hysterical drugs like: Anac, Anh, Hyos, Mez, Mosch, Stram, Valer.

HOT but sensitive to cold air

Pall, Tub,
Verat: when he lost fluids, he feels cold, before he feels warm.

When the Mur- element is more prominent it is hot

Calc-m, Mag-m, Nat-m

When the other element is more prominent it is cold

Am-m, Aur-m, Bar-m

Thirsty & Thirstless

THIRSTY

Acon, **ACET-AC**, Alum, Ant-c, Apis, **ARG-N**, **ARS**, Ars-i, **Aur-ar**, **Aur-i**, Bar-c, Bar-i, Bar-m, Bell, Bry, **CALC**, Calc-ar (**hot soups**), Calc-i, **CALC-S**, Carb-ac, Carb-v, **CAUST**, **CHAM**, Chin, Chin-ar, **Cina**, **Colch**, **Coloc**, Crot-c, Crot-h, **Cupr.**, **DIG** (CR), **Eup-per**, **Ferr-i**, **Ferr-p**, Fl-ac, Graph, **HELL**, Hep, **Hyos**, **Ign**, **IOD**, Kali-bi, Kali-c, Kali-i, Kali-p, **Kali-s**, **all Kalis**, Lach, **all Mercuries**, Merc, Merc-c, Merc-i-f, **all Magnesias**, Mag-c, **Naja**, **Nat-ar**, **Nat-c**, Nat-m, **Nat-p**, **Nit-ac**, **NUX-V**, **Op**, Phos, Plb, **PYROG** (CR), **Rhus-t**, **ROB** (CR), **Sec**, **SIL**, Snakes, **Spong**, **Stram**, Sulph, **TARENT**, **Thuj**, **THYR** (CR), **URAN-N** (CR), Verat, Zinc

THIRSTLESS

Most Acids are thirstless but desire for refreshing drinks, Aeth, Am-m, Ant-t, **Apis** (in acute), **Arg**, Arg-n, **Ars** (or sips for small quantities often), Aur, Bell, Bov, Bry (in acute), Calc-p, Camph, Caust (cold drinks amel.), **CHIN**, Cina, Colch, Ferrums, Ferr-i, Ferr-m, Gels, Graph (in high fever), **HELL**, **Hydr-ac**, Ign, **IP**, **Kali-c** (in acute), Lac-c, Lach (in acute), Lyc, most Metals, Mang, **MENY** (CR), Merc-c, **Nit-ac**, **NUX-M**, **PH-AC**, Op, Plat, Puls, Sabad, Sep, Sil, Staph, Sul-ac, Sulph, **Tarent**

Thirstless but thirst during illness

Arn, **ARS**, Camph, **Cycl**, **Kali-ar**

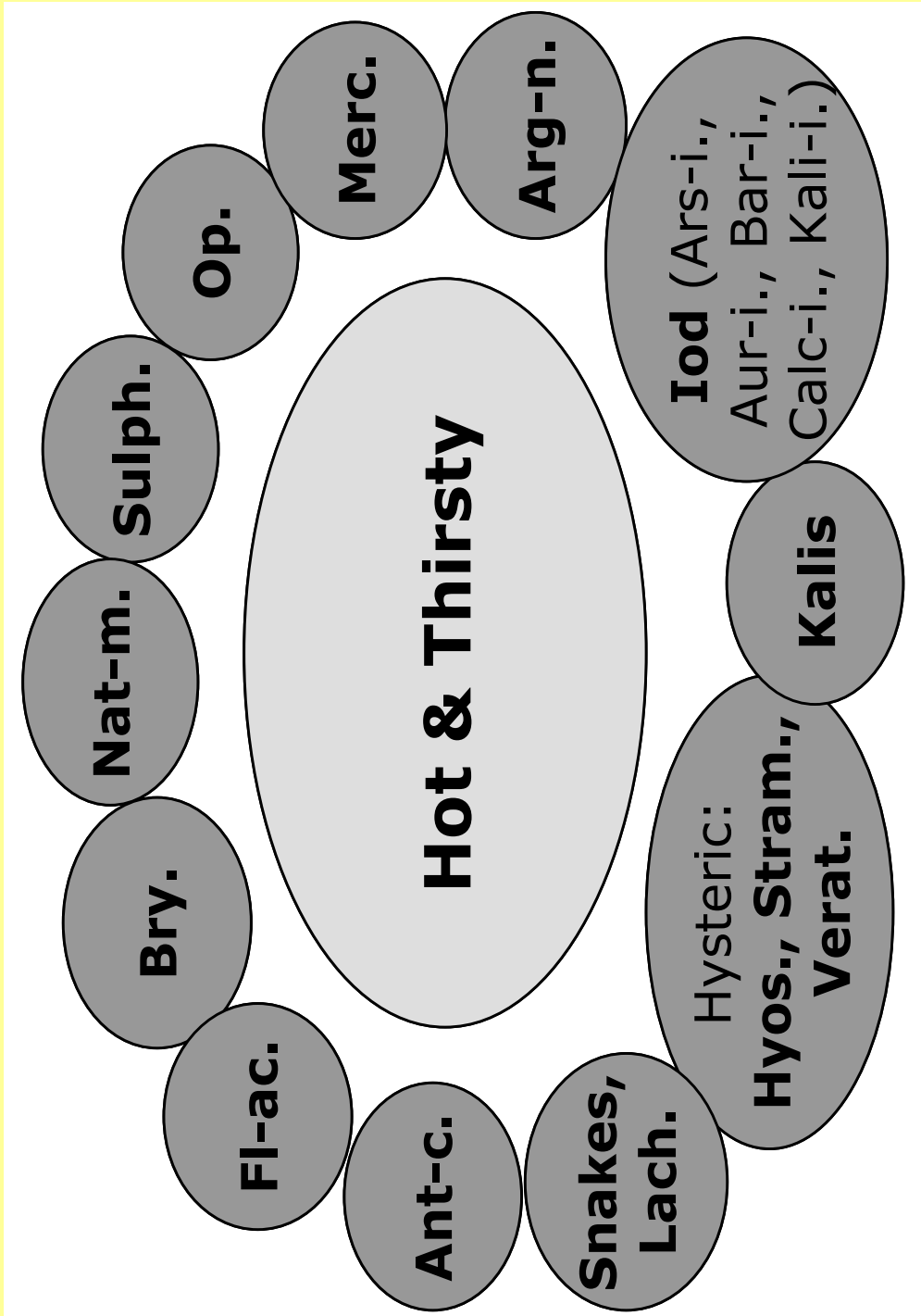
Thirsty but thirstless during illness

Alum-p, **Alum-sil**, **Mur-ac**

Enriched from:
 Predictive Homoeopathy® "Theory of Acutes"
 Seminar in Gauting 4th/5th May 2002
 Thermals-Thirst Charts from Dr. Vijayakar
 "3 marks" Complete Repertory (CR)

Thermals - Thirst - Axis

Dr. Vijayakar's Clinic, Mumbai, December 2003



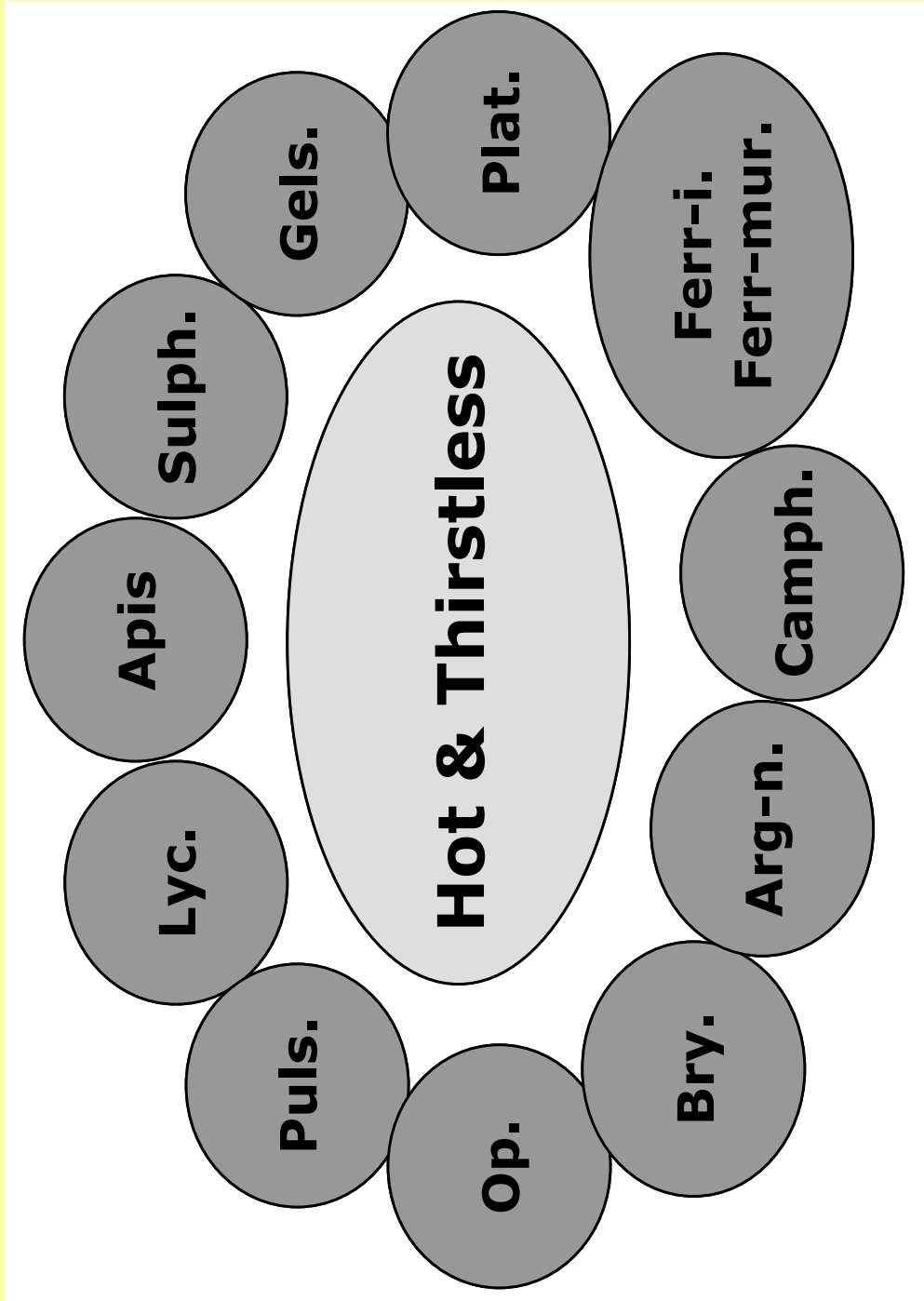
HOT & THIRSTY / Leftsided	
Nat-m.	Anger, mild, hot, thirsty, sensitive, emotional. Affected by sun. Consolation agg. Reserved.
Sulph.	Hot, Thirsty, extroverted, not very particular, good brain, there is no productivity. Creativity.
Arg-n.	Mind is in tomorrow, body is in today, awkward. Impatience. Hurriedness. Hasty. Urgency. Apprehension
Op.	Predominantly left. When extroverted very sharp brain, good orators, good planners, hearing acute. Contented. Torpor.
Ant-c.	Sensitive, emotional, low intelligence, more brooding, sentimental.
Hyos.	Predominantly left, but also right, extrovert, very sharp mind. Jestng, jovial, inciting. Quick, will always have the last laugh because of their quick brain.
Lach.	Predominantly left, but also right, very sharp brain, very manipulative (they always have an exit). Cunningness.
Kalis (KI, KS)	Timidity. Tremendous anxiety. Startling. Quarrelsome. Aggressive.

HOT & THIRSTY / Rightsided

Fl-ac.	Hairs and nails grow fast. Contented. Buoyancy.
Bry.	Business minded.
Arg-n.	See left side.
Kali-i.	

HOT & THIRSTY / Both sides

Merc. (acute)	Salivation. Revolting.
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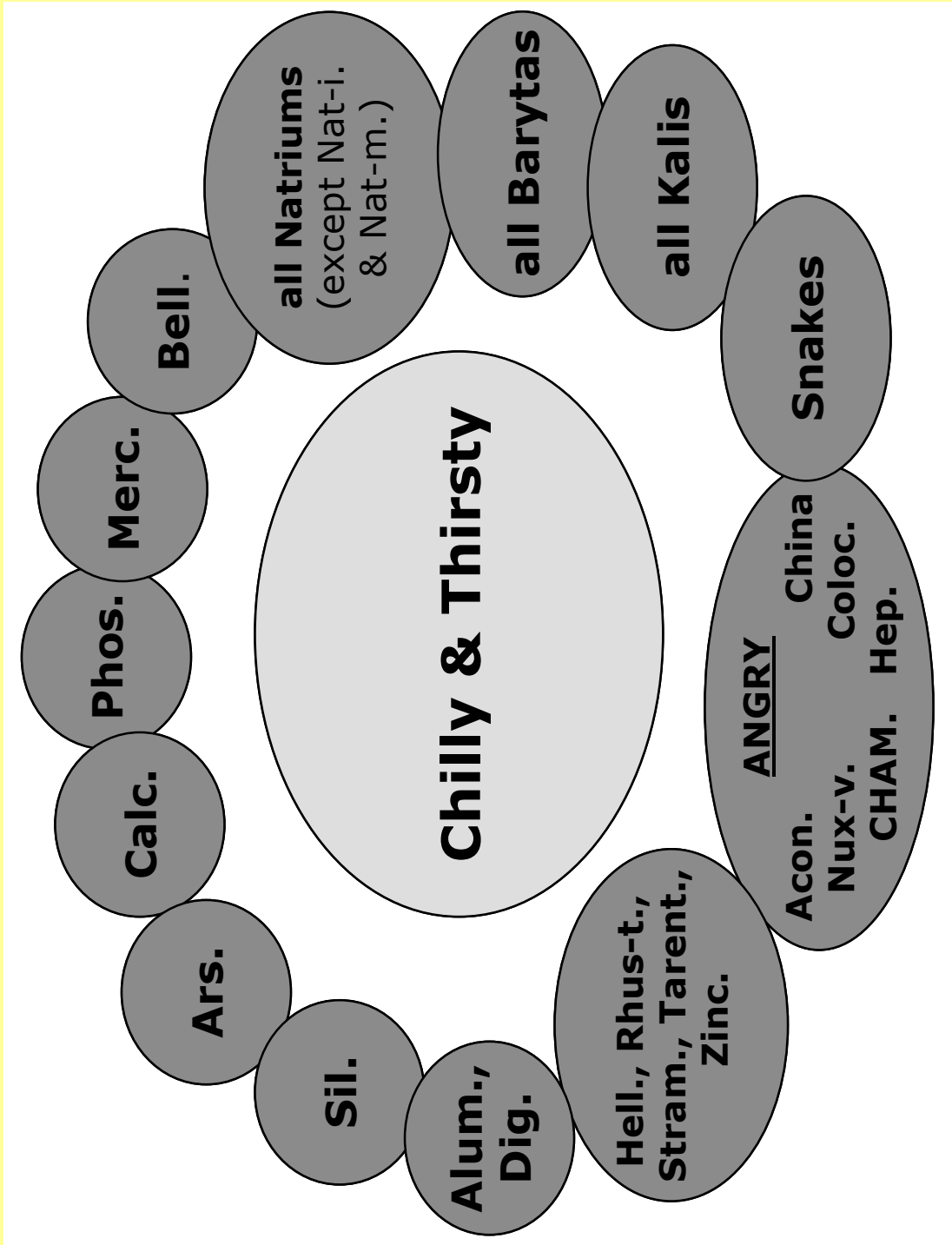
HOT & THIRSTLESS / Leftsided	
Carc.	More left side, sensitive.
Op.	More left side.
Arg-n.	Mind is in tomorrow, body is in today. Awkward. Impatience. Hurriedness. Hasty. Urgency. Apprehension.
Ferr.	Conscientious. Positive. More left sided because of sensitivity. Very strong. Introverted.
Plat.	Dominating. Dictatorial. Left sided because of sensitivity (usually dominating people are right sided except Ferr. or Plat.).
Puls.	Left side. Sentimental. Weeping. Changeability. Mild. Meek. Wants consolation.

HOT & THIRSTLESS / Rightsided

Camph.	Right side. Very controlled, positive. No aggression like in Nux-v. or metals. Thermals very changeable (Suddenly feels hot or cold).
Sulph.	Hot, Thirsty. Extroverted, not very particular, good brain, there is no productivity. Creativity.
Gels.	Excessive anticipation, dullness, drowsiness. Apprehension.
Apis	Right side. Discontented and quarrelling. Angry. Jealous. Industrious. Dominating. Discontented. Indifferent. Suspicious. Apathetic.
Lyc.	Right side. Extremely conscientious. Hard on inferiors soft with superiors. Dominating. Dictatorial. Desires warm food.
Bry.	Right side. Business minded.

HOT / Rightsided

Lyc, Apis, Bry, Op, Aur-i, Fl-ac, Arg-n(?), Merc



CHILLY & THIRSTY / Leftsided	
Ars.	Basically thirstless. Graceful. Censorious. Sarcastic. Fastidious. Anticipatory anxiety.
Natrums	Brooding. Introverted. One to one attachment.
Bar-m.	More left side.
Phos.	Left side. Quick brain, remembers exactly. Very affectionate. Fear of being alone at night. Wants mesmerism. Misanthropy in syphilitic states. Craving for ice cream and cold drinks.
Merc.	Both sides. Revolting. Defiant. Precocious.
Chin.	Both sides. Haughty. Discontented. Lamenting. Delusion, he is tormented. Hypersensitivity.
Sil.	More left. Good boy, very serious and conscientious. Studious, obedient. Yielding and servile yet obstinate. Perspiration more neck and palm. Severe constipation.
Alum.	More left, always smiling, malleable. Anxiety of conscience.
Hep.	More left side. Extreme sensitivity to all impressions. A/F anger and vexation, constriction.
Nux-v.	Right as well as left. Positive, workaholic more intellectual with sensitivity to external impression. Slight noise like a radio in the next room cannot be tolerated.
Kalis	Timidity. Tremendous anxiety. Startling.

	Quarrelsome. Aggressive.
--	--------------------------

CHILLY & THIRSTY / Rightsided

Acon.	Right side. A lot of fear, a lot of anger. Fear and rage. Suddenness of complaints!
Bell.	Right side. Cr. more lemon juices, more sour things, when sick he gets very bad --> angels when well, devils when sick. Redness of face. Paroxysmal pains. Suddenness. Violent pains and symptoms. Congestion.
Calc.	Right side. Timid. Wants shell especially of mother.
Bar-c.	More right side. Short of intelligence. Misplaced fear and anxiety and misplaced opinions. Misadventures. Indiscretion.
Cham.	Has to be right sided, anger, irritability. Carried, desires to be. Continued anger.
Nux-v.	Right as well as left. Positive, workaholic more intellectual. Sensitive to noise and disturbance. with sensitivity to external impression, slight noise like a radio in the next room cannot be tolerated.
Coloc.	Suppressed anger. Anger from indignation. Anger & vexation gives constriction. Conscientious.
Chin.	Both sides. Haughty. Discontented. Lamenting. Delusion, he is tormented. Hypersensitivity.
Merc.	Both sides. Revolting, Defiant, Precocious.

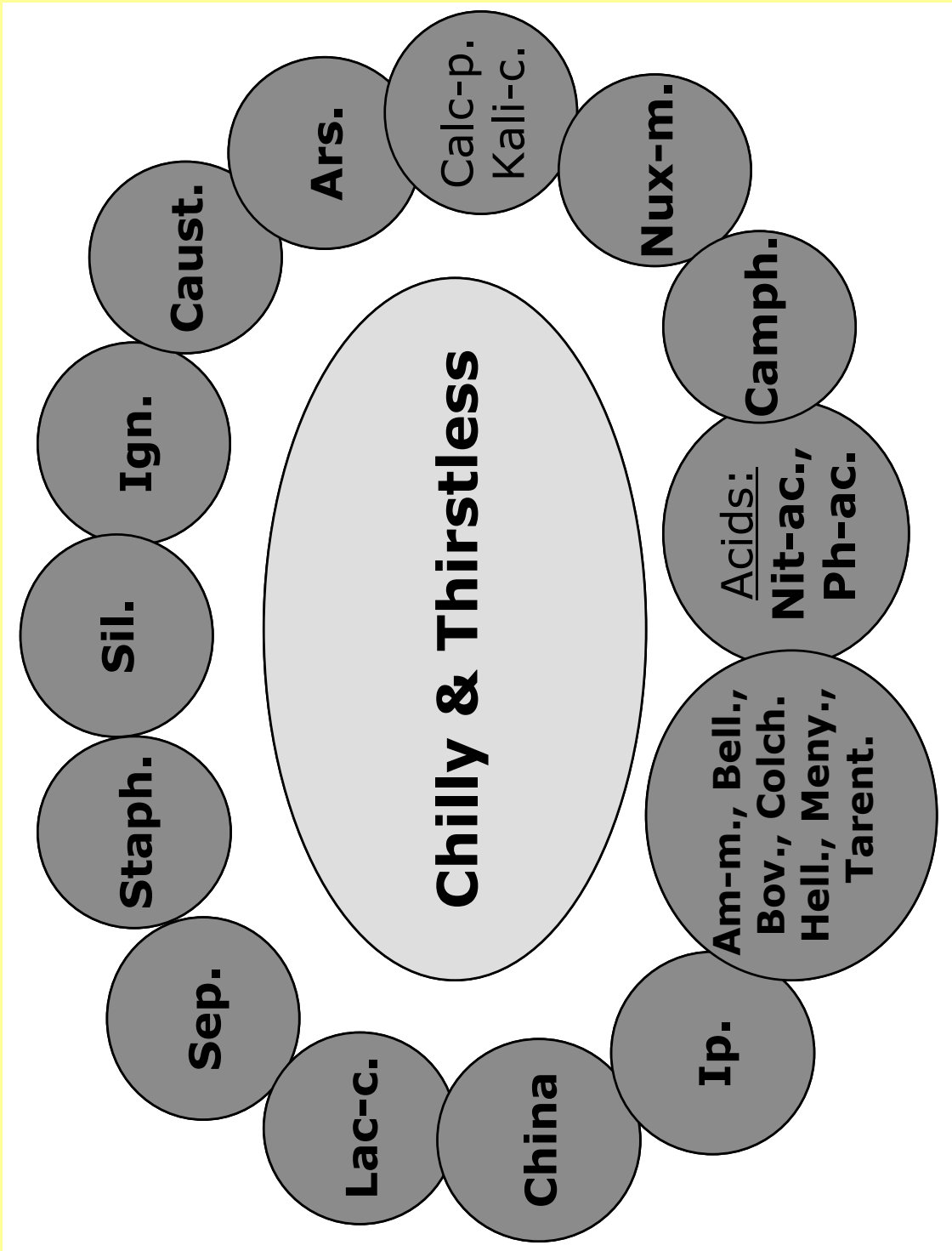
CHILLY & THIRSTY

Snakes

(except

Lach)

Timid. Deceitful.
Agg. by tight clothing.
Agg. on waking.



CHILLY & THIRSTLESS	
Sep.	Indifferent. Aversion to household, duty (Bamb.). Consolation agg.
Ign.	Conscientious.
Ars.	Basically thirstless. Graceful. Censorious. Sarcastic. Fastidious. Anticipatory anxiety.
Ph-ac.	Affectionate. Indifference. Tremendous weakness and prostration, giving raise to resignation.
Nit-ac.	Fast, hurried, impatient individual. Hatred, unmoved by apologies.
Caust.	Anarchist, revolutionary. Likes cloudy weather amel., agg. in clear or fine weather. Desires dry and roasted food.
Ip.	Discontented. Haughty. Nausea with clean tongue.

Haughty, angry, dominating & chilly

1. **China**
2. **Ip.**
3. **Cham.**

Also think of

Granit-m: Hot and chilly. Thirsty and thirstless. Emotionless, similar to Plat. but Plat. is more sensitive, in Granit-m there is no emotion.

Important Rubrics & Dispositions

These rubrics and dispositions are neither repertory rubrics nor they are complete in all respect. These traits are very important for Dr. Vijayakar, most of them show innate characteristics.

The remedies given are commonly indicated and are only given here as a guideline. Sometimes if there is no alphabetical order, then only the most important remedies are shown.

AFFECTIONATE

Personal Notes, G. Lutz, Mahabaleshwar February 2007

Phos, Calc (they want shelter), Puls, Ars, Croc, Ign, Nat-m, Nux-v, Carc, Stram, Staph, Sil, Ph-ac, Op, Lyc, Lach, Choc, Carbons, Alum, Coff

ANGRY

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Nux-v, Cham, Chin, Coloc, Hep, Acon, Aur, Lyc, Bry, Apis

CRANKY CHILDREN

Personal Notes, G. Lutz, Mumbai December 2003

CHAM, CINA, Ant-c, Ant-t, Nat-m, Rheum, (all Cuprums), Carb-v, Graph, Puls, Nux-v

CRANKY & RESTLESS

Personal Notes, G. Lutz, Mumbai December 2003

CINA, ARS, CHAM, Kali-p, Sulph, Puls, Bry, SANIC, APIS

CONSCIENTIOUS & DILIGENT

(Good Boys Personality)

Personal Notes, G. Lutz, Mumbai December 2003

Hot: Aur-i, Thuj, Iod, LYC, Sulph, Bry

Chilly: Ign, Aur, Ferr, Ferr-ar, Carc, Sil,

Staph, Nat-c, Nat-ar, Nat-sil, Ph-ac, Bar-c

Treasures of Dr. Prafull Vijayakar

NON-CONSCIENTIOUS NON-DILIGENT

Personal Notes, G. Lutz, Mumbai December 2003

Nat-i, Nat-m, Nat-s
All Magnesiums
All Ammoniums
All revolting drugs: Merc, Caust, Arg-n, Liars, Op
All Kalis
All acids except Ph-ac

DILIGENT

Personal Notes, G. Lutz, Mumbai December 2003

Definition:

- **Sincere**
- **Hard and steadily working**
- **Unremitting in effort**
- **Knowledge accumulating person**

ALUM, Ars, Ars-s-f, Aur, Aur-ar, Aur-i, Aur-s, BAR-C, Bar-m, Bry, Calc, Carc, CHEL, Dig, Ferr, Ferr-ar, Ferr-i, Ign, Iod, Lyc, M-arct, Nat-ar, Nat-c, Nat-i, Nat-p, Nat-sil, Nux-v, Ph-ac, PSOR, Rhus-t, Sil, Spig, STAPH, Stram, SULPH, Thuj, Zinc

DULLNESS

Meeting with U. Frei, Phonecall with Dr. Vijayakar, 13.11.2004

Dullness coming by birth:

Aeth - comprehension is less.
Bar-c - comprehension is wrong.
Calc -

Dullness of Hell. is because of metabolic incapacity, cephalopathy, dysfunction of the brain. Don't give Hell. for Down syndrome children.

EFFEMINATE

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Puls, Lyc, Plat, Calc, Sil

FACE, DISCOLORATION RED

Personal Notes, G. Lutz, Mumbai December 2003

Cardiovascular system CVS:

BELL, GLON, CHAM, FERR, PHOS, SULPH, LACH, VERAT-V, SANG

Central nervous system CNS:

OP, CHINA, CINA, NUX-V, STRAM, AUR, HYOS

Chronic: BRY, CAPS, CHEL, CIC, MELI

FEARFUL

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Calc & other Calcareas, Baryta, Carbons, Gels, Kali-c, Stram, Puls, Phos, Petr, Plb, Rhus-t, Sulph

FOOLISH

Personal Notes, G. Lutz, Mahabaleshwar February 2007

Bar-c, Bufo, Aeth, Anac, Calc-p, Med, Tub

GOOD BOYS

Personal notes, G. Lutz, Mumbai January 2002

Definition: Obedient, nice, diligent, conscientious.

Hot: Bry, Ars-i, Aur-i (dutiful), Iod, Nat-i, Lyc, Sulph (sometimes good), Thuj

Chilly: **Aur**, Bar-c, Calc, Carc, **Ign**, **Nat-c**, Ph-ac, **Sil**, **Staph**

GRACEFUL

Personal Notes, G. Lutz, Mumbai December 2003, Mahabaleshwar February 2007

Ars, Carc, Choc, Ign, Sep, Phos, Pall, Plat, Nat-m

HAIR

Personal Notes, G. Lutz, Gauting 2006

Thick: Ferrums, Hep, Nux-v, Mercuries, Staph

Thin: Bar-c, Calc, Sil, Thuj

HAUGHTY

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Plat, Verat, Lach, Lyc, Paris, Ip, Hyos

HURRIED

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Tarent, Med, Lil-t, Merc, Sul-ac, Nux-v, Plat, Nit-ac, Stram

INDISCRETION

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Baryta, Nux-v, Merc, Anac

INDUSTRIOUS

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Aur, Apis, Baryta, Iod, Lyc, Tub, Tarent, Sep, Cann-s

MANNISH

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Nat-m, Plat, Carb-v, Cimic, Petr, Fl-ac

MEEK AND TIMID

Personal Notes, G. Lutz, Mahabaleshwar February 2007

Puls, Calcareas

Rhus-t (Meek, timid, very restless but very obsequious, that means giving unnecessarily respect to other people even to younger people. Very good at heart, very giving, loving.

Chilly, agg. wet weather. Any pains worse by rest and they are better with continued motion.)

Barytas, Ambr, Coca, Phos, Sil

MISCHIEVOUS

Personal Notes, U. Frei, Lecture Munich 2002

Hot:	Lach, Tub, Merc, Puls
Chilly:	Anac, Bufo, Bar-c, Nux-v, Merc
Mischievous & Timid:	Anac, Bar-c, Calc, Spong
Mischievous & Hyperactive:	Tarent, Spong, Verat, Hyos, Agn
Mischievous & Foolish:	Bar-c, Bufo, Hyos, Stram
Mischievous & Anger:	Ars, Cham, Hep, Nux-v, Cupr, Verat

MORAL AFFECTIONS, LACK OF

Personal Notes, G. Lutz, Mumbai December 2003

ANAC, Bell syphilitic
GRANIT-M, PLAT, SEP, sycotic
TARENT, Verat, Syph syphilitic
COCA, BUFO, Lyc

POLITICIANS; LEADERS

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Verat, Fl-ac, Lach, Hyos, Ferrum (good), Lyc, Nux-v, Sulph, Merc, Anac, Op, Camph, Sep

POSITIVE; CONFIDENT

Personal Notes, G. Lutz, Mumbai December 2003

All metals, Nux-v, Merc, Hep, Lach, Caust, Sep, Ferrums, Ars, Choc, Camph, Androc, Hydrog, Lac-h

QUICK; FERTILE MIND

Personal Notes, U. Frei & G. Lutz, Mumbai December 2003, Mahabaleshwar 2007

Op, Cann-i, Lach, Hyos, Coff, Bell, Stram, Choc, Lachn, Nux-v, Phos, Teucr, Androc, Hydrog, Adam, Prot, Acids, Mosch, Viol-o, Iod, Merc, Spong, Tarent, Hep, Cob, Ars

SKIN; DISCOLORATION, BLACK

Personal Notes, U. Frei / G. Lutz, Mumbai December 2003

Ars, Chin, Sec, Lach, Plb, Alum, Carb-v, all Chinas, Crot-h, Graph, Petr, Sep, Phos, Bell

SOCIAL, WORK FOR SOCIETY (strong responsibility)

Personal Notes G. Lutz, Mahabaleshwar February 2007

Med, Aur, Caust, Ign, Nat-m

SELF SUFFICIENT

Personal Notes G. Lutz, Mahabaleshwar February 2007

Contented people, like Op, Mag-s (not bothered about the consequences), Bor, Phos, Alum

STRIKING; HITTERS

Personal Notes, G. Lutz, Mumbai December 2003

TARENT: out of mischief
BELL: -
HYOS: out of mischief
STRAM: -
Cham.: out of anger
Cina: out of irritability
Nux-v: out of irritability
Staph: out of anger

TALK, INDISPOSED TO

Personal Notes G.Lutz, Mahabaleshwar February 2007 & I. Stadler, Mumbai April 2004,

All Carbons are the first to think of. They are the people who talk less.

All Muriaticums. --> affection

All Natriums. --> consolation agg.

All Acids, all Ammoniums.

Calc, Puls, Baryta, Sil --> timid

Ign, Sep, Nat-m, Magnesiums --> introvert

Granit-m, Ars, Nux-v --> introvert

Plat, Lyc, Ip, Nux-v --> haughty

Puls, Sil, Phos, Barytas, Calcareas, Ambr, Coca

VIVACIOUS; JUMPY; FULL OF LIFE; ENTHUSIASTIC

"Mini Mahabaleshwar Seminar", Mumbai April 2004

Hyos, Cann-i, Lach, Morph, Mosch, Par, Sulph

WITTY

Complete Repertory

Aeth, Alco, Aran-ix, Cann-i, Caps, Chlol, Cocc, **Coff**, Cortiso, Croc,
Lach, Op, Spong, Stram, Sumb, Thea

Contradictory Modalities

Teachings from Dr. Vijayakar, Mumbai September 2002

- Ars.** Chilly, wants the body in the oven, the head in refrigerator.
Headache agg. by sun.
- Bry.** Hot, but better by heat.
Joint pain better by heat.
Stomach better by warm drinks.
- Calc.** Chilly but desire for icy-cold drinks.
- Camph.** Excessive coldness of body but cannot tolerate covering.
- Coc-c.** Cough comes because of cold drinks but once the cough has started beautifully it is relieved by cold drinks (Kent).
- Elaps.** Bites eyes.
- Ip.** Nausea not relieved by vomiting.
- Nux-m.** Chilly, cough is agg. by warmth of bed and being overheated.
- Lyc.** Hot, but better by warm drinks.
- Phos.** Chilly, but agg. by warm drinks.
Even putting hand in warm water causes nausea.
Going into a warm room causes nausea.
- Sil.** Chilly but better by cold drinks.

Rule outs

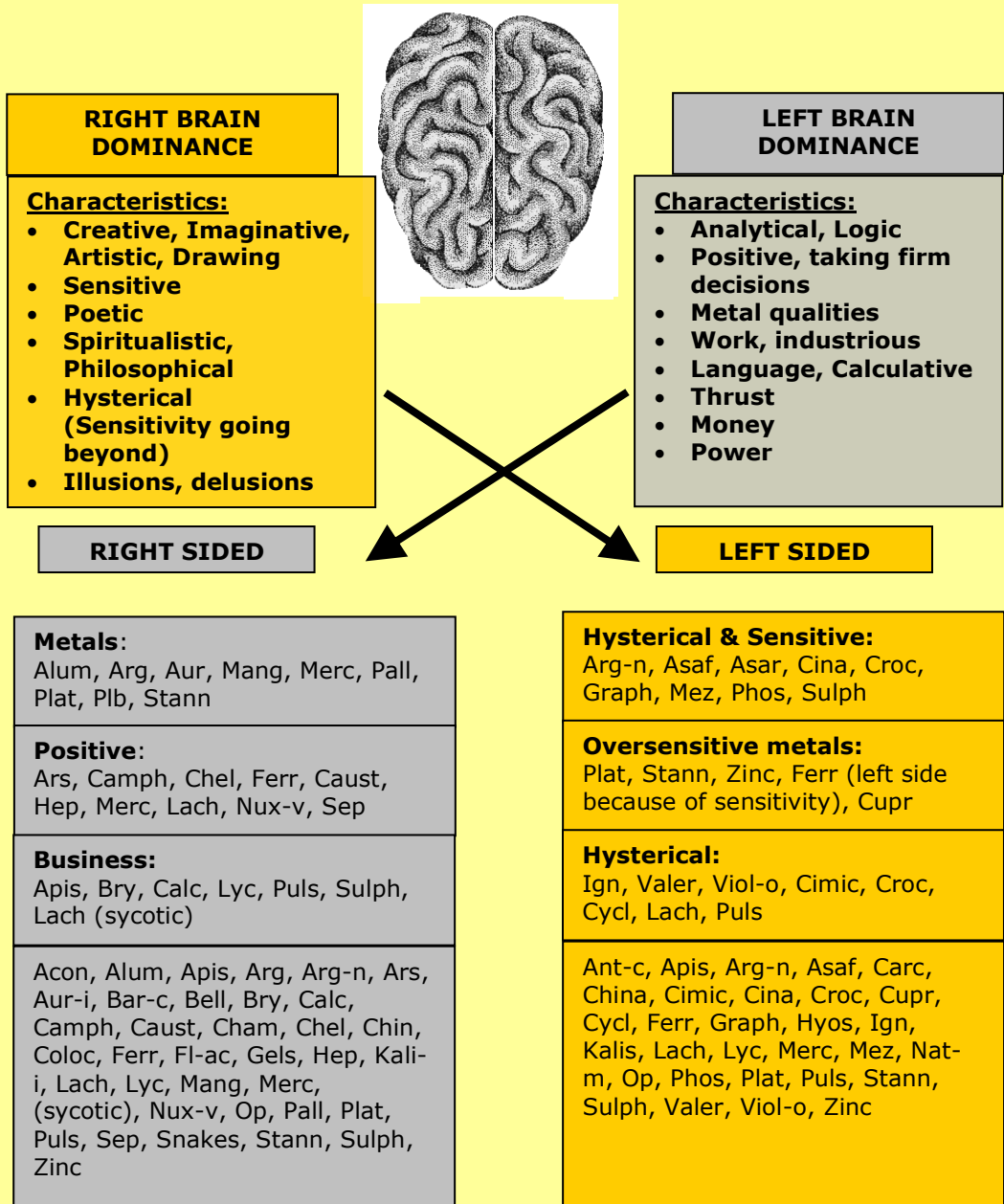
G. Lutz, Mahabaleshwar International Workshop 2007
I. Stadler, "Mini Mahabaleshwar Seminar", Mumbai April 2004
V. Shah, Verbatim Mahabaleshwar National Workshop 2002
Dr. Prafull Vijayakar, Theory of Acutes

- Agar.** If there is no jerkiness.
- Arg-n.** If there is no anticipatory anxiety and no impulsiveness.
- Ars.** If there is no anticipation with anxiety.
- Bar-c.** If application and sharpness of mind is present, if they are fast. They may be intelligent, but they are in routine.
- Bell.** *In acute:* If redness of the face is missing.
- Bry.** If there is suddenness.
- Calc.** If there is no anticipatory anxiety and If there is no slowness.
- Carb-v.** If active.
- Cina** *In acute:* If there is no rubbing or boring of nose.
- Coff.** If there are no upheavals of emotions.
- Coloc.** *In acute:* If there is no ailment from anger, quarrel, vexation etc.
- Fl-ac.** If there are genuine attachments to family members.
- Gels.** *In acute:* If there is no heaviness of eyelids.
- Iod.** If there is no activity with heat.
- Kalis** If there is no anxiety, timidity, no agg. and excitability.

Lach.	If there is tolerance to tight clothes.
Lyc.	If intelligence and diligence is lacking.
Magn.	If they are very talkative and interacting.
Nat-m.	If the patient likes consolation and is extroverted.
Natriums	If there is no agg. from sun and no thirst and no sensitivity.
Phos.	If they like warm food and drinks, even surroundings.
Ph-ac.	<i>In acute:</i> If there is no desire for cold drinks.
Puls.	If they like warm food and drinks.
Sep.	<i>In acute:</i> If there is desire and interest in work and surroundings.
Sil.	If intelligence and diligence is lacking (student throughout his life).
Tarent.	If there is no love for music or dance and if the patient is too lethargic and not awkward – when they cannot wait.
Ther.	If there is no oversensitiveness to noise.
Tub.	If there is no desire for change or activity. (Tub. is never fast! Wants to move fast, but cannot.)

Brain dominance

Private Notes, Günter Lutz & Mahabaleshwar International Workshop 2007



Brain is divided into the left and the right side. It is already known that this left and right side perform different functions. The co-ordination of these two sides gives intelligence.

Right sided remedies are mostly sycotic.

Left sided remedies are more psoric or syphilitic.

Why does Lycopodium move from right to left?

How does Lycopodium appear initially? Strong, stiff, pretentious and dictatorial. He is right sided. But once he is affected, once someone goes near him, he has a very poor defence, he becomes very emotional, he is very sensitive within and he weeps when thanked. So when he is attacked by disease, he thinks he can fight it. At that time he is right sided, but as he comes to know that he is responding to any medicines, he becomes very sensitive and emotional and moves from right to left.

Recognize a Lachesis as soon as it enters your clinic. A Lachesis child will always be behind his mother trying to find out the environment in the room. Is the doctor or the assistants dangerous? It is like a snake coming out of its hole. First it will survey and when there is no danger, he will come out and as the case progresses, they start their sly mischief. Next time when he comes, he will directly sit on the table. So the sensitive, fearful Lachesis later on becomes the boss – hard on inferiors and soft on superiors.

You can also have a right-sided Lachesis. When a Lachesis constitution comes with a sycotic tumour, it will be on the right side. Obviously the nature then will also be different. This Lachesis is somewhat like Lycopodium – quiet, non talkative, fat flabby, rounded features, keeping quiet in a huge gathering or party. Psoric and syphilitic Lachesis is left sided.

Innate Characteristics

Mahabaleshwar, National Workshop 2002; Lecture Munich June 2003

“Every individual is build up on expressing his genes.”

EXPRESSIVE

Extroverted

Introverted

WILL-Positive

Courageous
Audacity
Positivity
Obstinacy
Defiant
Perseverance
Pertinacity
Revolting/Anarchist
Making plans
Dominating, Dictatorial
Confidence
Assertive
Will, strong

WILL-Negative[Footnote of §211]

Timidity
Bashful
Irresolution
Weak willed
Confidence, want of self
Fearful
Anxiety
Cautious/Careful
Embarrassment
Discouraged, pessimistic
Fear of high places
Touched, aversion to being
Recognise, but does not move

INTELLECT

Intelligent, Intellectual
Quick
Witty
Theorizing
Artistic aptitude
Learning, desire for
Mathematics, aptitude for
Verses, rhymes

Childish behaviour
Foolish behaviour
Idiocy
Indiscretion
Retarded mentally
Indolence

MORALS

Conscientious

Anxiety of conscience

Reverence

Veneration

Obsequious

Anxiety of children

Carefulness

Cautious

Cruelty/malicious

Coquettish

Moral affection want of

Unfeeling

Unsympathetic

Wicked disposition

Venal, corrupt

Vindictive, malicious

SPEED

Quick

Lively

Exuberance

Hurry

Industrious

Restlessness

Activity, desires; Overactive

Awkwardness

Slowness

Dullness

Answers slowly

DEFENCES**Psoric**

Anxiety

Apprehension

Irritability

Hypersensitive

Anger

Diligence

Nervousness

Honest

Timidity

Sycotic

Haughty

Deceitful, sly

Corrupt

Hiding

Facade, show, foppish

Childish

Timidity, Fearful

Escapism, rationalisation

Contented

Gamble

Finance, aptitude for

Gluttony

Syphilitic

Hatred

Cruel

Destructive

Morals want of

Hysterical

Rage, malice

Indifference

Ennui

Boredom

SENSITIVITY

- Mental: Rudeness, criticism, humiliation indignation, sad stories
- Physical:
 - Eyes: bright light, colours, love for nature, hate the sight of accidents, some faint at sight of blood
 - Hearing: noises, drums, sad stories, music amel. or agg.,
 - Touch: started at slightest touch, pain from slightest touch

NATURAL TRAITS / DESIRES / ATTACHEMENTS

Comes from within; love for father, mother, animals; fear of snakes

TOLERANCES

COSMIC AFFECTION

MENTAL CHANGES

PHYSICAL CHANGES

Important in Case Taking

Private Lecture from Dr. Vijayakar, G. Lutz, Munich 2004

Psoric Cases	Sycotic Cases	Syphilitic Cases
Bronchitis Asthma Loose motion Allergic	Tumours Blood pressure Diabetes	Organon § 6 MIND: Look for strong syphilitic rubrics, Strong significant points
<u>Rubrics:</u> <ul style="list-style-type: none"> • Diligence • Thermals • Thirst • Active / <slow • Extroverted / Introverted • Restless / Playing • Inquisitive • Bold / Fearful 	<u>Rubrics:</u> <ul style="list-style-type: none"> • Will • Intellect • Morals • Conscience • Speed • Emotional reaction 	<ul style="list-style-type: none"> • Strange weird behaviour • Habits • Out of control • Religious • Passionate • Handle commitment
<u>Senses/Sensitivity:</u> Eyes light Hearing Touch Taste Reprimands Sad stories	<u>Senses/Sensitivity:</u> Eyes light Hearing Touch Taste Reprimands Sad stories	<u>Senses/Sensitivity:</u> Eyes light Hearing Touch Taste Reprimands Sad stories
<u>Attachements:</u> Mother Father Animals Work Studies Soft things Religion	<u>Attachements:</u> Mother Father Animals Work Studies Soft things Religion	<u>Attachements:</u> Mother Father Animals Work Studies Soft things Religion
<u>Tolerance:</u> Sun Rains Clear weather	<u>Tolerance:</u> Sun Rains Clear weather	<u>Tolerance:</u> Sun Rains Clear weather

Miasmatic Approach in Case Taking

Personal Notes R. Greißl: Dr. Prafull Vijayakar, Panchgani 2006

In chronic slow moving sycotic cases	
Step I	Identify the miasm
Step II	Journey of disease
Step III	Cause... if any, if recent, if relevant
Step IV	Find rubrics of miasm mind and general disposition
Step V	Generals - Thermals & Thirst
Step VI	Peculiar physicals and generals
Step VII	Repertorise
Step VIII	Differentiate remedies according to disposition

In chronic slow moving syco-syphilitic cases	
Step I	Identify the miasm
Step II	Journey of disease
Step III	<p style="text-align: center;">Cause... if any, if recent, if relevant</p> <p style="text-align: center;">If the miasm is in bloom, the cause has no relevance.</p>
Step IV	Find syphilitic rubrics of mind and general disposition
Step V	Generals - Thermals & Thirst
Step VI	<p style="text-align: center;">Peculiar physicals and generals</p> <p style="text-align: center;">+ previous sycotic or psoric peculiaris to confirm the prescription.</p>
Step VII	Repertorise
Step VIII	Differentiate remedies according to disposition

In fast moving fatal illnesses – OUT OF CONTROL	
Step I	Identify the miasm
Step II	Journey of disease (now not important!!)
Step III	<p style="text-align: center;">Cause...if any, if recent, if relevant.</p> <p style="text-align: center;">If the miasm is in bloom, the cause has no relevance.</p>
Step IV	Find rubrics of miasm mind but SYPHILITIC ONLY
Step V	Generals - Thermals & Thirst (optional)
Step VI	Physicals and generals – If EXAGGERATED
Step VII	Repertorise
Step VIII	Differentiate remedies according to present disposition

Entry points

Private Notes, Günter Lutz

- **Ideal drug picture**
- **A strong rubric**
- **Interpreting a peculiar behaviour and converting it into a rubric**
- **Combining basic rubrics and searching**
- **Group study of remedies**
- **Ailments from (cause of imbalance of proteins)**
- **Thermal - Thirst Axis**
- **Brain dominance**
- **Physiognomy**

Checklist for Case taking

Seminar with Anita Saluhke, Gauting 2005

Important points for Case taking with Predictive Homoeopathy®.

(1) Physical Make up	
Hair	
Face, Feature	
Height, Weight	
Body, Sides	

(2) Mental Make up	
Expressive	
Will	
Morals	
Intellect	
Emotions	
Sensitivity	
Peculiar behaviour	
Attachments	
Basic nature	

(3) General Make up	
Thermals	
Thirst	
Appetite	
Speed	
Speech	

(4) Disease Make up

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(5) Reaction of causative factors (defences)

How did the patient react to the situation?	
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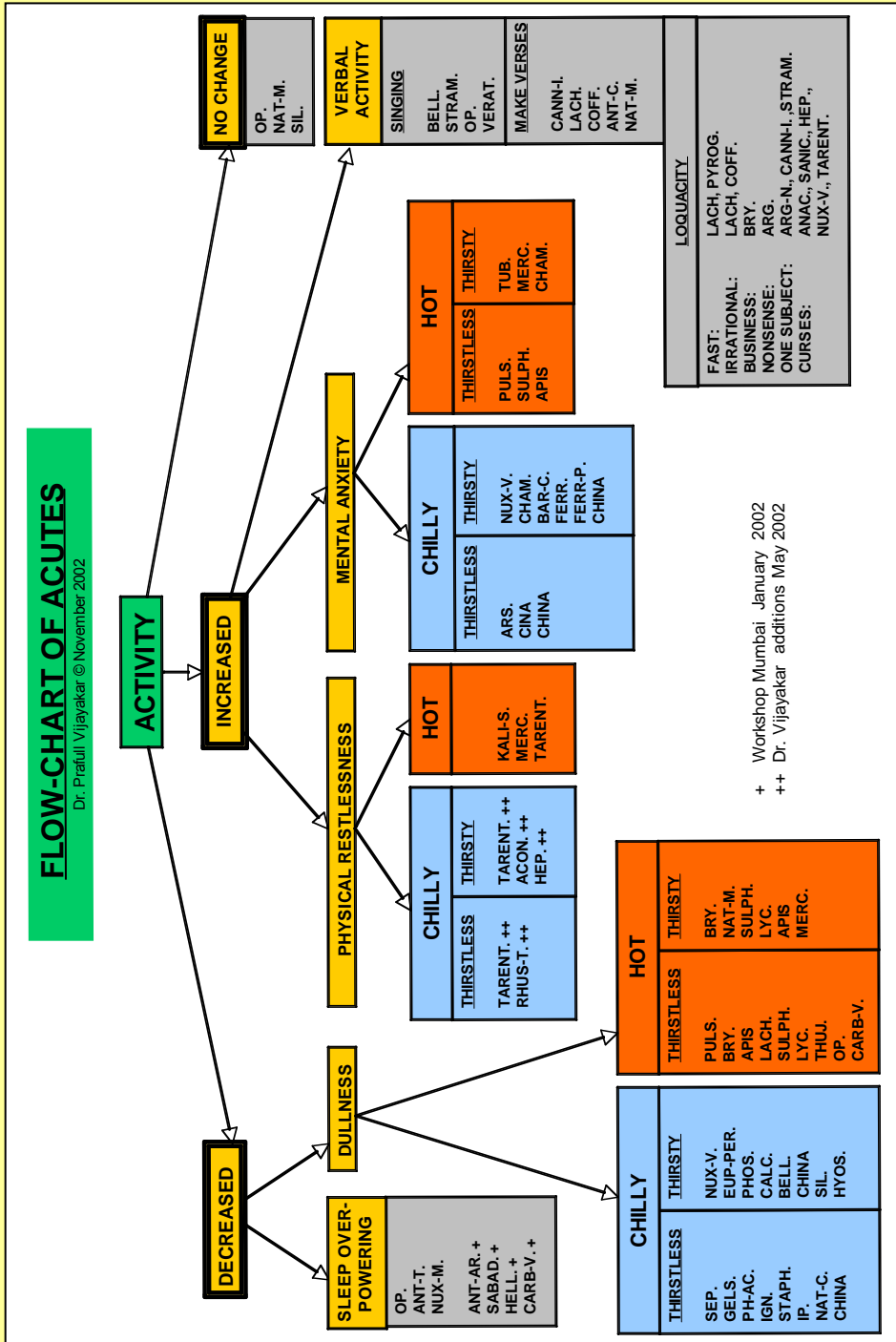
(6) Journey of disease (7 layers)

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(7) Miasms

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2. ACUTES



Flow chart of Acutes

Dull & Chilly & Thirstless**DULL & CHILLY & THIRSTLESS**

Dr. Prafull Vijayakar, Theory of Acutes, Page 78

NON-DILIGENT

Sep.	Indifference to everything. Does not complain.
Gels.	Heaviness of upper eyelids. Sleepy but cannot sleep.
Ph-ac.	Thirst for refreshing things. Cold drinks. Angry, obliged to answer. A/F grief, anger, mortification.
Ip.	Nausea. Clean tongue. Contemptuous.
Chin.	Desires fruits. Periodicity. Sensitive to touch (slightest/lightest).

DILIGENT / CONSCIENTIOUS

Ign.	Good girl image (studious). A/F grief, hurt. Sits erect.
Staph.	Studies during fever. A/F anger vexation, mortification. Increased hunger.
Nat-c.	Aversion to company. Aversion to milk. Desires touch. Heat & sun agg. Misanthropy.
Ph-ac.	Thirst for refreshing things. Cold drinks. Angry, obliged to answer. A/F grief, anger, mortification.

Dull & Chilly & Thirsty**DULL & CHILLY & THIRSTY**

Dr. Prafull Vijayakar, Theory of Acutes, Page 87

Irritable. Sensitive to slightest noise.

Bell.	Suddenness. Redness. Heat. Congestion. Desires lemonades.
Nux-v.	Anger when obliged to answer or on being disturbed. Anger from noise and light. Ineffectual urge for stool.
Arn.	Angry, obliged to answer. Bed feels hard.
Chin.	Flatulence. Periodicity. Desires fruits.

Touch, magnetism desires.

Calc-c.	Timid. Wants mother's touch. Perspiration cold, clammy profuse. Desires eggs, sweets.
Phos.	Fearful in room. Desires touch. Desires ice cream. Aversion sweets. No Perspiration.

Spasms, violent symptoms.

Hyos.	Naughty look. Sings. Smiling. Inciting. Shameless. Mischief.
Bell.	Bright light agg.
Stram.	Bright light agg.

Bone pains

Eup-per.	Extreme thirst for cold water. Vomiting.
-----------------	--

Diligent

Sil.	Studious. Yielding yet obstinate. Face bloated.
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Dull & Hot & Thirstless**DULL & HOT & THIRSTLESS**

Dr. Prafull Vijayakar, Theory of Acutes, Page 95

DRY mouth (Tongue) Yet no thirst**DILIGENT**

Bry.	Listless. Business thoughts. Lies motionless. Pressure amel.
Lyc.	Loves studies, books, knowledge. Desires warm food and drinks. Hard on inferiors, soft with superiors.
Thuja.	Diligent. Cautious. Desires safety. A/F vaccination.

NON-DILIGENT

Puls.	Changeable modalities and symptoms. Desires consolation.
Apis	Oedema. Associated urinary symptoms. Angry. Dominating.
Carb-v.	Stasis of all systems. Unfortunate feels he is. Wants fan or air in motion.
Op.	Sleep deep. Contented. Never complains. No desires.

MOIST mouth (Tongue)

Lach.	Sleep aggr., during and after. Jesting on disease, takes it lightly. Increased sensitivity to clothes.
Sulph.	Lips bright red. Head, palms & soles hot. Angry with himself. Anxiety about disease.

Dull & Hot & Thirstly**DULL & HOT & THIRSTY**

Dr. Prafull Vijayakar, Theory of Acutes, Page 105

DILIGENT

Bry.	Dry. Business talks or thoughts. Motionless. Pressure amel.
Lyc.	Loves studies, books, knowledge. Desires warm food and drinks. Hard on inferiors, soft with superiors.

NON-DILIGENT

Nat-m.	Sun agg. Visitors agg. Desires salt.
Apis	Oedema. Associated urinary symptoms. Angry. Dominating.
Sulph.	Lips bright red. Head, palms, soles hot. Angry with himself. Anxiety about disease.
Merc.	Salivation and disobedience. Excessive thirst.

Physical Activity Increased**Physical Restlessness / CHILLY**

Dr. Prafull Vijayakar, Theory of Acutes, Page 111

Rhus-t.	Thirsty No mental anxiety. Motion amel. Mild + obsequious. Fever comes on usually in the evening about 6 pm. And lasts upto early morning.
----------------	--

Physical Restlessness / HOT

Dr. Prafull Vijayakar, Theory of Acutes, Page 111

Kali-s.	Thirsty or thirstless. Constantly moving. No anxiety. Timid. Red lips. Fair, lean, thin.
Merc.	Disobedient. Excess thirst. Salivation.
Tarent.	Constant motion of limbs. Music amel. Disobedient, contrary behaviour. Eats indigestible things, collar of shirts, towels, sand, etc. Bites or strikes.

Mental Activity Increased - Chilly**Mental Anxiety / CHILLY & THIRSTLESS**

Dr. Prafull Vijayakar, Theory of Acutes, Page 116

Ars.	Desires sips of water. Desires warm food and drinks. Fastidious. Graceful.
Cina	Boring nose. Piteous crying. Cranky.
Chin.	Desires fruits. Periodicity. Sensitive to touch (slightest/lightest).

Mental Anxiety / CHILLY & THIRSTY

Dr. Prafull Vijayakar, Theory of Acutes, Page 116

Irritable, Cranky

Nux-v.	Irritable, cranky. Agg. when questioned. Light agg., Noise agg. Fastidious.
Cham.	Uncivil, snappish. Red-hot. Desires to be carried, amel. carried.
Ars.	Desires sips of water. Desires warm food and drinks. Fastidious. Graceful.
Chin.	Desires fruits. Periodicity. Sensitive to touch (slightest/lightest).

Red discoloration

Ferr.	Strong. Positive. Conscientious. Amel. open air/ cool air, Amel. Gentle motion.
Ferr-p.	Flushing of face. Timidity. Acuteness of complains. Amel. open air, confusion > walking.

Misplaced, Anxiety

Bar-c.	Want of confidence (timidity). Aversion to strangers. Paralytic condition of mind and body.
---------------	---

Mental Activity Increased - Hot**Mental Anxiety / HOT & THIRSTLESS**

Dr. Prafull Vijayakar, Theory of Acutes, Page 124

Puls.	Dry mouth yet no thirst. Changeable modalities and symptoms. Desires consolation. Non diligent.
Sulph.	Lips bright red. Head, palms & soles hot. Angry with himself. Anxiety about disease. Moist mouth.
Apis	Oedema. Associated urinary symptoms. Angry. Dominating. Non diligent.

Mental Anxiety / HOT & THIRSTY

Dr. Prafull Vijayakar, Theory of Acutes, Page 124

Tub.	Travel/Wander desire to. Desire cold milk and sweets. Loquacity during fever. Fearless, hopeful.
Merc.	Salivation and disobedience. Excessive thirst. Non diligent.
Cham.	Irritable, cranky. Uncivil, snappish. Red - hot. Desires to be carried, agg. carried.

Verbal Activity Increased

Verbal Activity Increased - Singing Dr. Prafull Vijayakar, Theory of Acutes, Page 127	
Bell.	Suddenness. Redness. Heat. Congestion. Desires lemonades.
Stram.	Panic in dark, Av. to bright light also. Singing or talking on one subject. Chilly – Thirsty Face dull – Anxious – Panic stricken
Op.	Sleep – Over powering. Sleep – difficult to awaken or disturbed by slightest noise.
Verat.	Loves lemonade or cool refreshing drinks. Chilly in collapsed condition or perspiring condition. HOT otherwise. Haughty. Hopeful. Slanders. Curses, at the same time prays.

Verbal Activity Increased - Makes verses

Dr. Prafull Vijayakar, Theory of Acutes, Page 127

Cann-i.	Vivacious speech. Laughs extremely. Talks on one subject , specially science. Chilly + Vivacious.
Lach.	Sleep agg., after/during. Jesting on disease, takes it lightly. Increased sensitivity to clothes touching throat, aversion to tight clothing. HOT - Thirsty or Thirstless.
Coff.	Vivacious. Timid, Benevolent. Talks irrationally during fever. Makes plan for future. Talks of pleasant scenes and surroundings. Easily overjoyed, easily saddened.
Ant-c.	Though chilly. Sun agg. Desires sour which agg. Gastric disturbances. Aversion to people. Oversensitive sentimental.
Nat-m.	Sun agg. Visitors agg. Desires salt. Non diligent.

Anxiety in acutes

Anxiety in acutes Theory of Acutes, Page 137, pt. m)	
All Kalis All Silicas	Anxiety disappears during fever or illness (except Kali-c.).
Kali-ar.	Along with other Kalis (except Kali-c.) are anxious have anxiety of health, but anxiety disappears during fever or illness.
LYC., NIT-AC., SIL.	Have anxiety about health – disappears during fever.
Bar-c., Bar-s.	Have hardly any anxiety about health, but tremendous anxiety during fever.
Cina, Tub., Ip.	Have no anxiety about health, but increased anxiety during illness and fever.
Natrums	Less anxiety about health during both – so averse to consolation.
Arg-n.	Anxiety in general, but no anxiety of health and no anxiety of fever.
Sep.	Silent anxiety of health (where patient is just looking steadily and indifferent with).

3. FOLLOW UP

Proof of Similimum

Dr. P. Vijayakar, Theory of Suppression, 3rd Edition

There are certain criterias to be followed and examined when the patient comes for the follow-up e.g., after a minimum dose of the Similimum, following changes could occur:

- 1. Disappearance of weakness (If any).**
- 2. Normalizing of stamina and desire to work.**
- 3. Restoral of original desires and passion**
(i.e. to read, play, eat, study, wander etc.).
- 4. Normalizing of sleep (without bad dreams).**
- 5. Normalizing of appetite and stool.**
- 6. Increase in tolerance to aggravating factors**
(e.g. noise, sun, wind, cloudy weather, cold food and drinks, cold air).
- 7. Decrease in sensitivity to rudeness, offences, or any other exciting emotional factors.**
- 8. Tempering off, of tempers, reduction of fears and anxieties.**
- 9. Disappearance of symptoms from higher layer to lower layer progressively and simultaneously and appearance of symptoms in lower layer of disease as well as in outward and downward direction**
(e.g. heart pain better, going to pain in neck first, lumbar region next, the knee further, down to the ankle, heel and lastly the toe and from the toe to cause acidity or diarrhoea and lastly to eruptions on the skin).

Follow up Criteria

Mahabaleshwar, National Workshop 2002

Follow up criteria

- 1. Desire to work**
- 2. Exteriorization or decentralization**
- 3. Stamina to work, Reduction in tiredness**
- 4. Mentals better (Emotion, Intellect, Memory)**
- 5. Tolerance to Physical increased, Mentals increased, Reactions normalizing**
- 6. Aggravation followed by amelioration**
- 7. Fever on 1st or 2nd day**
- 8. Loose motions, eruptions etc.**

Follow Up should show

- 1. Hering's Law**
- 2. Compensatory Cure**
- 3. Disappearance of a life threatening disease**
- 4. Neutralising of a destructive miasmatic force**

Miasms in Dreams

Dr. Prafull Vijayakar, The End of Myasmtion of Miasms, Chapter 25

PSORIC DREAMS

Dreams of daily activities

For example: Cooking, Fishing, Flowers, Home, Household affairs, Music, etc.

Dreams of efforts being done, whether or whether not success is achieved

For example: Ascending a height, Aspiring, Climbing a step, Failures, Looking for someone and failing to find him; Train trying to catch, etc.

Dreams associated with emotions

For example: Affectionate, Emotional, Grief, Vexation, etc.

Any dream of anxiety

Pleasant dreams

For example: Country, Beautiful, Driving car, Flying in plane, New scenes, Pleasant, Rainbow spanning the sky, Swinging, Wonderful, etc.

SYCOTIC DREAMS

Dreams of collection, gatherings, construction

For example: Assembles, Being large, Being at balls, Building, Child birth, of Computers, Gathering fruits, Gardens, Swollen body parts, etc.

Dreams related to business and money

For example: of Business, Being busy, Calculating, Companies, Interviews, of Growing large, Money, etc.

Frightful dreams emotion related

For example: Danger of death, Embarrassment, Suppressed emotion, Jealous, Job related, Deceitful, Political, etc.

Dreams related to concealing

For example: Hiding, Masks, etc.

SYPHILITIC DREAMS

Dreams of accidents

For example: Crash of plane, Explosion, Fatal, etc.

Destruction dreams

Bitten, Bloodshed, Body parts burning, Bruising himself, Cruelty, Churchyard, Funerals, Offensive, Pus spitting, Violence, Ghosts, etc.

Perverted Dreams

For example: Woman married to many men

Dreams of wild animals

For example: Large black birds, Enormous bugs, Dragons, Snakes, Vampires, Wild wasps, etc.

Clairvoyant dreams etc.

Different Types of Suppression

Dr. P. Vijayakar, Theory of Suppression, 3rd Edition

1. Location to location:

In the same organ eg. eczema or vitiligo spots on the lower limbs getting better and appearing on the upper limb.

2. Organ to organ:

In the same system eg. nasopharynx to the larynx i.e. pharyngitis to laryngitis to bronchitis. Aphthae on the tip of the tongue disappear after the remedy only to appear on the posteriorly on the fauces. Pain in the neck due to cervical spondylitis disappears to give rise to hoarseness, i.e. the inflammation on the cervical cartilage gets transferred to inflammation on the vocal cords.

3. System to system in the same layer:

E.g.: Bronchitis getting better and diarrhoea or urinary tract infection developing.

4. System to system in different layers:

E.g.: Gastrointestinal complaints (endodermal disease) like diarrhoea getting better and patient developing hair fall or arthritis (mesodermal disease) and further heart problems and endocrines getting affected.

5. Miasmatic transfer

From one miasm to another e.g. psora to sycosis.

E.g.: A child suffering from tendency to recurrent bronchitis getting better only to suffer from hypertension or getting a tendency to developing lipomas.

Miasmatic Charts ofSuppressions

Dr. Prafull Vijayakar, The End of Myasmtion of Miasms

Attention:

Healing always has to move from Syphilis to Psora and from an internal layer (e.g. Cell) to an external layer (e.g. Ectoderm).

7th Layer CELL

Location	PSORA	SYCOSIS	SYPHILIS
Genetic code	Neurosis Obsessive Compulsive disorder	Cancers, Autoimmune disease, e.g.: Rheumatoid arthritis, S.L.E., Pemphigus	Schizophrenia Ulcerative ulcers Chronic myeloid Leukaemia Gangrene Pemphigus S.L.E. Alzheimer's disease

6th Layer NEURALPLATE

Location	PSORA	SYCOSIS	SYPHILIS
Central-nervous System, S.N.S	Diabetic neuritis, Peripheral neuritis, Epilepsy	Neurofibromatosis, Tumours, Epilepsy	Parkinson's disease, Motor Neuron disease, Disseminated sclerosis, Epilepsy, Paralysis

5th Layer NEUROENDOCRINE & A.P.U.D. SYSTEM

Location	PSORA	SYCOSIS	SYPHILIS
A.P.U.D.- System, Pancreas, Thyroid, Pituitary, Adrenals, Testes, Ovary	Stress-Diabetes, Thyroiditis, Dysmenorrhoea	Hyper- / Hypothyroid, Diabetes mellitus, Dysmenorrhoea, Infertility, Impotency, Pituitary adenoma Varicocele?	Leucoderma, Diabetes mellitus, Infertility, Impotency

4th Layer MESODERMAL ORGANS

LOCATION	PSORA	SYCOSIS	SYPHILIS
Cardiovascular System	Anxiety / Labile Hypertension, Angina pectoris, Thrombophlebitis	Atherosclerosis, Chronic hypertension, Ischaemic hypertension	
Heart	Myocarditis, Pericarditis	Cardiomegaly, Hyperlipidemia, Stenosis of valves, 2nd degree prolapse of valves	Infarct, 3rd degree prolapse of valves
Kidneys	Nephritis	Nephrosis	Chronic renal failure, Nephrotic syndrome
Lungs	Pleurisy, Primary complex of tuberculosis, Alveolitis	Benign tumor, Tuberculosis, Thickening of pleura	Interstitial fibrosis, Lung abscess / cavity, Emphysema
Lymph	Lymphangitis	Filariasis, Elephantiasis, Hodgkin's disease	

3rd Layer CONNECTIVE TISSUE

LOCATION	PSORA	SYCOSIS	SYPHILIS
Blood derived	Anaemia	Acute myeloid leukaemia, Marrow leucocytosis	Aneamia-bone Depression
Joints and Cartilages	Rheumatic arthritis, Spondylitis	Gouty, Rheumatoid and gonorrhoeal arthritis, Spondylitis	Osteitis, Osteoarthritis
Bones	Osteitis	Hyperostosis, Calcaneal spurs, Bony tumours and excrescences	Tubercular Osteomyelitis, Osteomalacia, Osteoporosis
Muscles	Myositis, Fibromyalgia, Tendosinuvitis, Bursitis		Myopathy
Dermis	Alopecia	Psoriasis, Lichen planus	Psoriasis, Lichen planus (cracking and bleeding), Alopecia universalis

2nd Layer ENTODERM

LOCATION	PSORA	SYCOSIS	SYPHILIS
Genito-Urinarytract	Cystitis, Urethritis, Vaginitis, Leucorrhoea	Chronic cystitis, Chronicurethritis, Cystic fibrosis, Stones, Purulent urethritis	Chancre, Ulcers
Liver and bile duct	Hepatitis	Gall stones	Cirrhosis and degeneration of liver
Gastro-Intestinaltract	Stomatitis, Gastritis, Hyperacidity, Enteritis, Gastroenteritis, Diarrhoea, Appendicitis	Chronic gastritis, Polyps, Tumors, Gall stones	Ulcers, Ulcerative colitis, Crohns disease, Intussusceptions
Respiratory tract Inferior	Asthma, Bronchitis, Bronchiolitis	Sycotic asthma, Chronic catarrh	Sanguineous catarrh
Respiratory tract Middle	Asthma, Bronchitis, Laryngitis, Dry cough	Sycotic asthma, Polyps, Laryngeal nodules	Destruction of respiratory tract
Respiratory tract Superior	Rhinitis, Sinusitis, Pharyngitis	Nasal polyp, Hypertrophy adenoids	Destruction of Nasal septum

1st Layer ECTODERM

LOCATION	PSORA	SYCOSIS	SYPHILIS
Ear	Otitis media & externa	Suppurative otitis media, Granular Myringitis	Tympanic membrane perforation
Eyes	Conjunctivitis, Initial cataract, Blepharitis	Cataract, Sties, Chalazeon	Corneal ulcers
Tonsils	Tonsillitis	Follicular tonsillitis, Quinsy, Indurations	Ulcerative tonsillitis
Lips and Palate	Inflammation, Aphthae	Benign growths, Oral thrush	Ulcers
Skin-Epidermis	Dermatitis, Eczema, Boils, Impetigo, Rash, Acne, bacterial skin infection (streptococcal & staphylococcal)	Bullous impetigo, Warts, Excrescences, Corns, Ringworm, Black discoloration	Ecthyma, Ulcers and cracks esp. with jagged edges, Destruction

4. CHARTS & RUBRICS

Behaviour Patterns of all 3 Miasms

The End of Myasmtion of Miasms, Kapitel 22

All these behaviour patterns are, as deduced earlier, are defence mechanism at work. These can be basic natural traits inherited from birth or developed and acquired during the lifetime.

PSORA

The behaviour both on physical as well as mental will have a certain pattern. Following properties will influence the behaviour: Sensitivity, Irritability, Hypersensitivity, Anxiety, Apprehension. The behaviour is concerned with daily needs, work normal activities.

SYCOSIS

The behaviour will have a stamp of two types

Hypo-Sycosis

Hiding, Quietness, Secrecy, Slyness, Deceit, Deception, Soberness, Less of intellect or morals, Undercoverness

→ **Non-expressive**

Hyper-Sycosis

Exaggeration or excess expression, Deceitfulness, Slyness and show off or false show, Pseudoism and collective tendency.

→ **All expressive**

SYPHILIS

The behaviour will have stamp of Destruction, Distorsion, Perversion.

→ **Out of Control**

More Information about Hypo- and Hyper-Sycosis you can find in "Theory of Suppressions", 3rd Edition.

Miasms

Dr. Prafull Vijayakar, The End of Myasmtion of Miasms

PSORA

Inflammation.
Irritation.
Infections.
Hypersensitivity.

SYCOSIS

Stenosis.
Growth. Proliferation.
Thickening.
Chronic inflammations.
Tumours.

SYPHILIS

Destruction.
Haemorrhages.
Violent infections. Septicaemia.
Terrible pains.
Hysterical sensitivity.
Tumours.
Out of control. Perversion. Distortions

Miasmatic causes

Psoric Causes **Sensitive to disturbance**

Irritability, Anger, Hurt, Mild, Grief

- Anxiety, Worry, Anticipation
- Transient fear
- Transient anger
- Sensitivity (rudeness, criticism, neglect, external impressions, disharmony & quarrels, joy, light, noise, music, odour, touch, pain).

Sycotic Causes **Sensitive to stress**

Slow, stressful, prolonged

- Prolonged grief. Vexation. Stress. Fear.
- Brooding. Disappointment in love.
- Anger suppressed, Mortification.
- Grief from Loss of money / Position / Loved ones
- Business cares / House cares

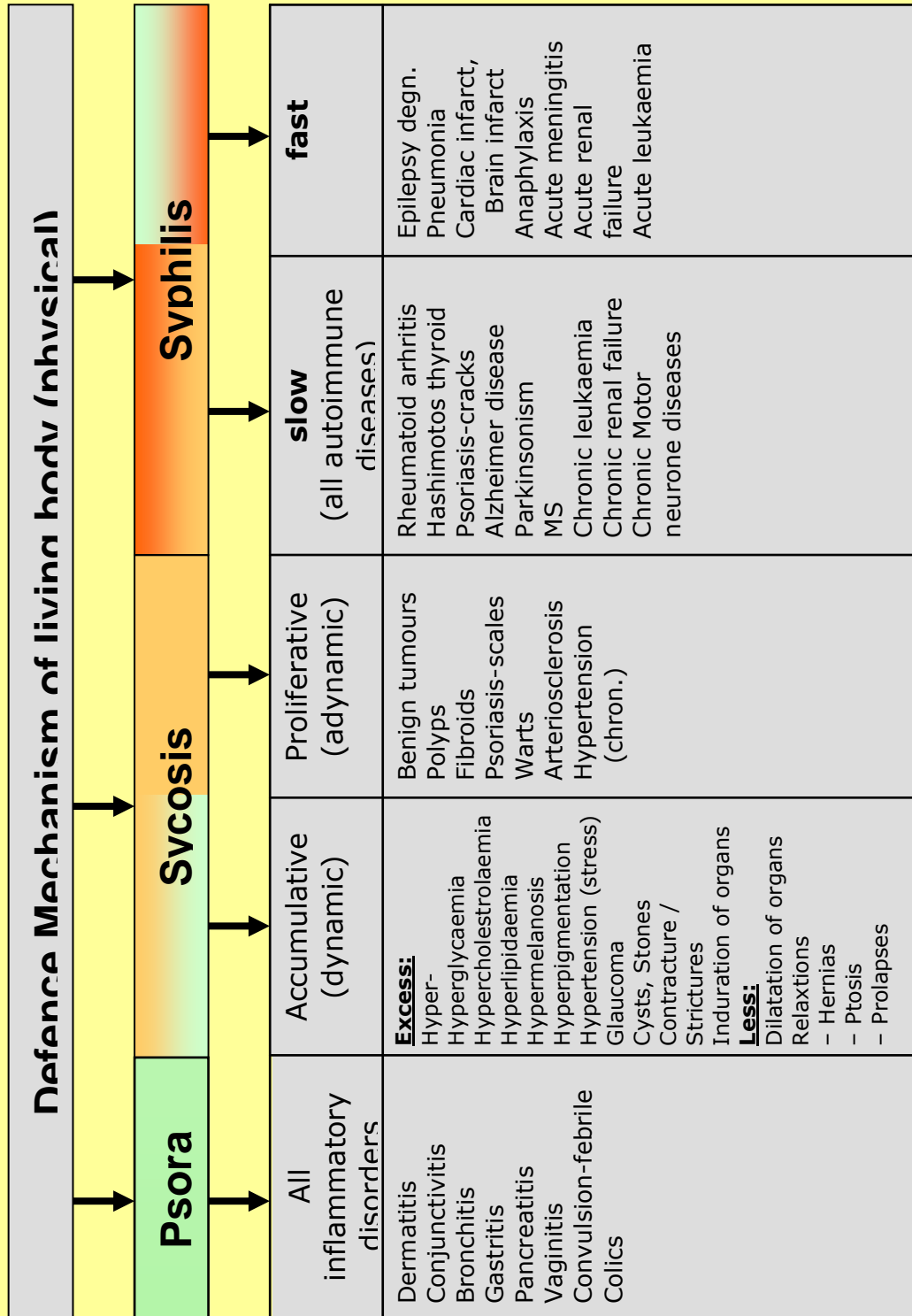
Syphilitic Causes **Sensitive to trauma**

Violent, strong, destructive, sudden

- Shock, Insult, Humiliation, Abuse
- Honour wounded
- Sudden anger, Rage
- Fright, Panic
- Strong anger suppressed
- Sudden loss of loved ones (man, pet)
- Sudden joy
- Sudden loss in Business / Money / Prestige
- Drugs & Suppressions
- Physical traumas

Defence Mechanism of living boby (physical)

Personal notes: R. Greißl, Panchgani February 2006



Remedies & their Miasms

Dr. Prafull Vijayakar, The End of Myasmtion of Miasms, Chapter 24

	PSORA Inflammation	SYCOSIS Growth	SYPHILIS Destruction
ACONITE	Inflammation		Destruction
ARSENICUM ALBUM	Inflammation, Anxiety		Ulcers, Gangrene, Anguish
ARSENICUM IODUM	Inflammation, Diligent	Acridity Excoriation	
ARS-SULPH-FL.			Destruction
ARGENTUM NITRICUM	Anxiety, Restlessness	Miser, Censorious	Impulsive, Ulceration of cornea
AGARICUS		Show off, neglected feeling, Braggart, Boaster	
ALUMINA	Mildness, Irritability		Anxiety of conscience, Ulceration, Paralysis,
ANACARDIUM			Sense of right and Wrong abolished
APIS	Jealousy, Industrious, UTI	Dictatorial, discontented, Anasarca (generalised oedema)	Destruction, Indifference, Cancer
AURUM	Smiling always		Anxiety of conscience, Ulceration, Paralysis, Corroding, Suicidal disposition
BARYTA			Indiscretion
BELLADONNA	Suddenness, Congestion, Restlessness		Violence, Mania, Biting, Striking
CALCAREA	Anxiety, Apprehension, Confusion	Slowness, timid, Weak memory. Tumours.	
CANNABIS		Timid, Slowness, Cowards. Tumours	Fancies exalted. Confounding.
CAUSTICUM		Full of ideas, Intellectual	Revoltng, Anarchist, Paralysis
CARCINOSIN			Perfectionist, Cancer, Leucoderma
CAUSTICUM	Sensitivity, esp. touch		Violence, excessive Anger
FLUORICUM ACIDUM		Loves luxuries & cars. Keloids.	Destruction

FERRUM	Sensitive, physically		Fighter, Strong, Haemorrhages
GELSEMIUM	Anticipation, Nervousness		Incoordination of muscles
HEPAR SULPH.	Sensitivity		Violent, Impulse to Kill
HYOSCYAMUS	Naïve	Jesting, Inciting	Shamelessness, Mania
IODUM	Sensitive, Restless	Indurated glands	Destruction
IGNATIA	Sensitive, Emotional, Diligent	Intellectual, Grief	Hysterical
KALI CARB.	Anxiety		Aversion to family
LACHESIS	Sensitivity	Full of ideas, Jesting, Witty	Blackish discoloration
LYCOPODIUM	Anticipatory anxiety	Dictatorial, Timid, Constipated	
MAGNESIUM		Suppressed emotions	
MEDORRHINUM	Anticipatory Anxiety	Forgetfulness	
MERCURIUS			Revolted, Defiant Gangrene
NATRIUM MURIATICUM	Inflammation, Anxiety	Warts, Introverted, Reserved	Cracks, Corners of mouth, Suicidal tendency
NITRICUM ACIDUM			Malicious, Unforgiving, Foul smelling
NUX VOMICA	Sensitivity to noise		Jealous
OPIUM	Quick, fast. Cheerfulness, Acuteness of senses	Witty, gigantic plans and torpor	Contented, Ecstasy, Fancies
PHOSPHORUS	Caring, Loving and sensitive		
PLATINA		Egotism	Haughty, casts away
PULSATILLA	Mild, Yielding, Weeping	Dominating, Selfish, Tumours	
SEPIA		Sarcastic	Indifference
SILICEA		Coward, Timid	
STAPHISAGRIA		Suppressed	
STRAMONIUM	Sensitive	Fearful	Panicky
SULPHUR	Ragged, Philosopher, Theorizing	Boaster	Cranky
TARENTULA			Destructive
THUJA		Cautious	
TUBERCULINUM		Fear of dogs	Destructive, Violent
VERATRUM ALBUM		Squanderer, Extrovert	Slander

Psoric Rubrics

Dr. Prafull Vijayakar, Miasmtion, Chap. 28, Translated by Günter Lutz 2.3.2004

Anxiety
Affectionate
Ardent
Activity, desires
Awkward
Apprehension
Bashful
Benevolence
Capriciousness
Carefulness
Cares, Worries, full of
Cheerfulness
Cautious
Carried, desires to be
Charitable
Complaining
Confusion
Courageous
Deeds, desires to perform good / useful
Discomfort
Excitement
Expressive
Extroverted
Honest
Hurry
Industrious
Inquisitive
Irritable
Intellectual
Introspection
Mildness
Pertinacity
Religious
Sadness
Sensitive
Sentimental
Sober
Sociability
Sympathetic
Thoughts
Timidity

Sycotic Rubrics

Dr. Prafull Vijayakar, Miasmtion, Chapter 28 Translated by Günter Lutz
22.3.2004

Absent minded
Absorbed
Admiration, desires
Affectation
Amativeness
Amorous
Anger
Antics, plays
Audacity
Avarice
Beseeching
Boaster
Borrowing of everyone
Buoyancy
Business, aptitude for
Childish
Cowardice
Conceals himself
Contented
Coquettish
Corrupt, venal
Counting
Charitable
Deeds, feels as if he could do great
Delicacy, brittle
Discontented
Dullness, sluggishness
Desires, longing for
Desires more than she needs
Dress, best at his
Duplicity
Egotism
Eloquent
Embarrassment
Escape, desires to
Exclusive, too
Extravagance
Facade
Fastidious
Fear
Feigning
Finance, aptitude for

Finery, Luxurious clothing, wants
Flatterer
Flattery, desires
Foppish, elegant, dandy
Inconsolable
Initiative, lack of
Gamble
Gluttony
Grandeur, desires
Groaning, moaning
Hatred
Haughty
Hide, desires to
Homesickness
Hypocrisy
Ideas, fixed
Inconsolable
Imitation
Importance, feels his
Indiscretion
Initiative, lack of
Jesting
Libertinism
Loquacity
Magnetized, desires to be
Meddlesome
Medicine, desires to swallow large doses of
Mirth
Mischievous
Miser
Muttering
Plans, making many
Revelry
Sadness
Secretive
Selfishness
Slowness
Squanders
Suspicious, mistrustful
Talk, vivacious
Theorizing
Timidity
Usurer
Vanity
Verses, makes

Syphilitic Rubrics

Dr. Prafull Vijayakar, Miasmtion, Chapter 28, Translated by Günter Lutz
22.3.2004

Abstraction of mind
Anguish
Anorexia nervosa
Answers, imaginary questions, to
Answers, incoherently
Answers, irrelevantly
Asks for nothing
Aversion, everything to
Aversion, herself to
Aversion, family members, to
Business, aversion to
Casting off people against her will
Catalepsy
Cruelty, brutality, inhumanity
Cursing, blasphemy, profanity
Death, desires
Death, thoughts of
Despair
Destructiveness
Detached
Development, mental arrested
Eccentricity
Ennui, tedium
Estranged
Euphoria
Exhilaration
Fanaticism
Fancies
Far away, as if, with apathy and indifference to the future
Fire, wants to set things or house on
Forsakes his own children
Forsakes relations
Godless, want of religious feelings
Homosexuality; love with one of her own sex
Hysteria
Imbecility

Indifference, apathy
Indifference to future
Insanity, madness
Kill, desire to
Killed, desires to be
Lamenting, bemoaning, wailing
Laughing, hysterical
Laughing, involuntarily
Laughing, immoderately
Lewdness, obscene
Malicious, spiteful, vindictive
Mania, madness
Marriage, aversion to
Masochism
Misanthropy
Moral affections – antisocial
Moral affections – criminal disposition
Moral affections – perversion
Naked, wants to be
Nymphomania
Rage, fury
Repulsive mood
Retarded children
Schizophrenia
Sensitiveness, want of
Shameless
Slander, disposition, to
Strange, crank
Suicidal disposition
Unfeeling, hard hearted
Violence, vehemence
Washing always her hands

5. DIFFERENTIATIONS

Quick Remedies

Personal Notes, G. Lutz, Mahabaleshwar February 2007

People who are witty, quick brained

If the man is reacting very fast, very fast thinking people
Op, Lach, Phos, Cann-i, Coff, Hyos, Sulph, Iod, Bell

Op.: Brain is used to keep vigil (all senses are acute) leading to courageousness or become eloquent speaker, a good talented writer, and gigantic planner, with contentment.

- **Excellent for defence and planning**

Lach.: Brain is used to go ahead in life or get work done making him manipulative and sometimes people, very fast to answer, quick in solutions, snake-like, find their way out. In Syphilis they become extremely prophetic. Does this child understand more to the age, do you have to go out of the room, when talking. Touch agg.

- **Excellent for manipulation**

Cann-i.: Brain is used for imaginations beyond realms or reality making him either a good poet or man of scientific thinking or a vacant, weird, out of the world phantasizer. A lot of homoeopaths. They talk about things which are supernatural. Makes verses. Talks of one subject.

Jumping even at a higher age: Bell., Hyos., Stram. Cann-i.

- **Excellent for imagination**

Coff.: Brain is used to recollect old memories of things and songs long forgotten. They remember small details. (Fl-ac. has a sharp memory too).

- **Excellent for memory, for remembering.**

Coff. is excitable, sharp, excitement very easily and depression even easily with very sharp memory for the past. Fascinated by nature. Achievers. The excitement gives sleeplessness. Excitement you see on the face, fast in understanding fast in giving out and remembering. It can cure in very severe syphilitic cases, even cancer. (Hyos.: Brain is used to incite others shamelessly, play truant or defend verbally he likes to have the last word, always have the last word.)

Playing antics.

Phos.: Brain is used to protect himself from dangers and to protect himself from getting electrically drained. Causing anticipation. If the person can tolerate warm drinks Phos. is ruled out.

(Even Puls. can never tolerate warm drinks. Everything warm agg. If everything, it is Puls., but if love for warm food is there, it is never Puls., because it is genetically determined).

Intolerance to warm drinks, warm surrounding is Phos. and Puls.

Phos. does not even tolerate putting hands in warm water. Phos. gets nausea when putting the hand in warm water.

Sulph.: Uses his brain in going round and round in thoughts, theories and planning that never gets anywhere.

Iodum: Very quick, very agile, extremely hot with excessive hunger. Very much sensitive, gets hurt easily. Restless.

Bell.: Agile, active, loquacious, brain is used for attracting sweet talkers, coquettish, first class liars. What you see is not. Angels when well, devils when sick, goes throughout the whole person.

People who behaving just opposite as they should behave. Delirium. Urinates outside the pot.

They see mirror. But we have to understand, when they go into syphilis, they start doing exactly opposite of what they should do. Touch agg.

Timid Remedies

Personal Notes, G. Lutz

Timid

Barytas:	Bar-c, Bar-i, Bar-m, Bar-s
Calcareas:	Calc-ar, Calc, Calc-s, Cal-sil
Carbons:	Carb-an, Carb-v, Graph, Petr
Kalis:	All Kalis except Kali-bi and Caust
Metals:	Merc, Plb, Plat
Natriums:	Bor, Nat-ar, NAT-C, NAT-M, Nat-p, Nat-s
Others:	GELS, LYC, PHOS, <u>PULS</u>, Rhus-t, SEP, <u>SIL</u>, SULPH,

Timid & Reserved

PHOS (6), CALC (5), PULS (5), IGN (5)

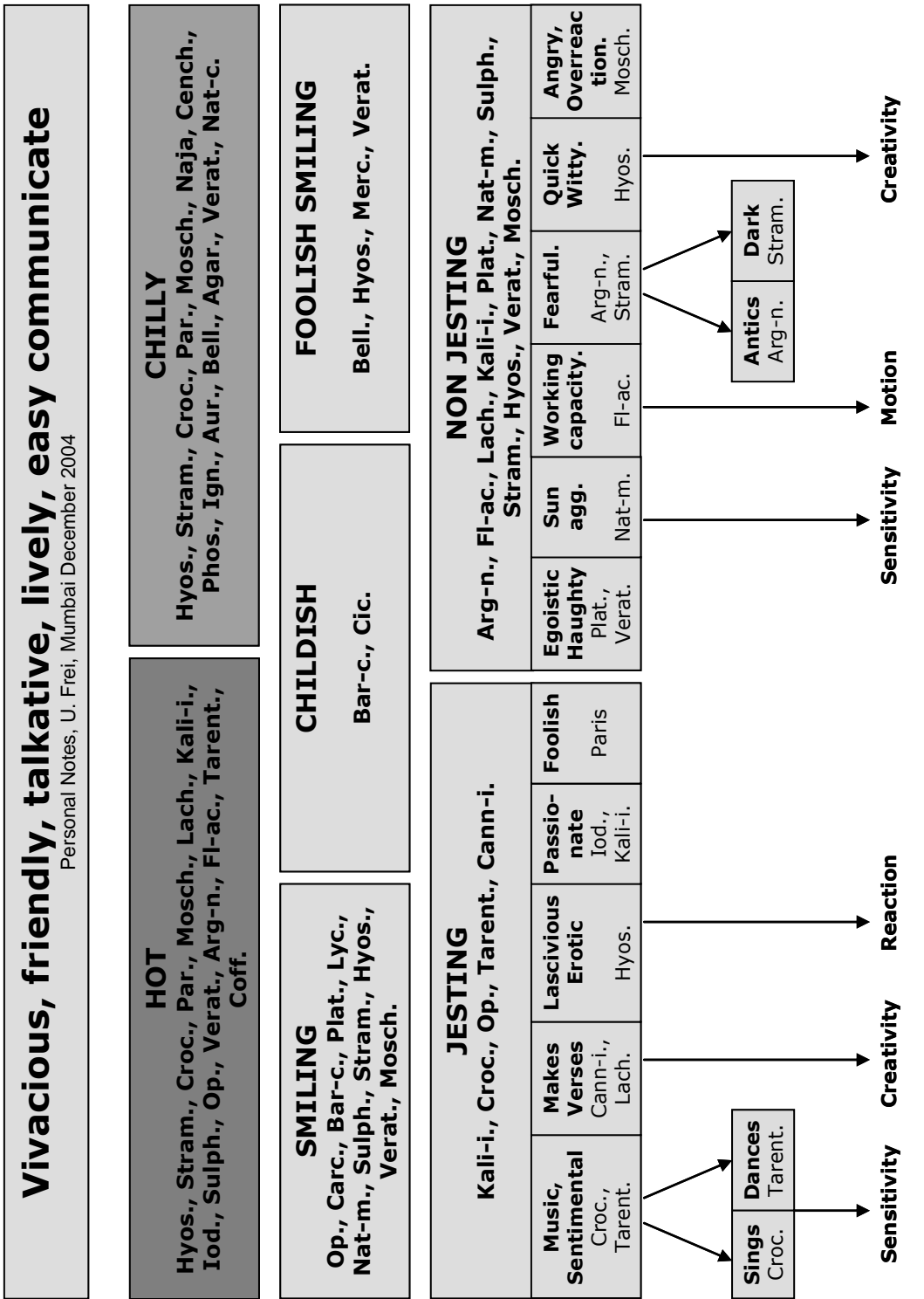
Lyc, Nat-c, Petr, Plb, Sep, Sil, Sulph, Ars, Aur, Bor, Caust, Con, Chin, Cupr, Graph, Hyos, Alum, Mang, Merc, Mur-ac, Nat-m, Nit-ac, Nux-v, Plat, Am-m, Spong, Staph, Stram, Cocc, Aq-mar, Aur-ar, Mag-c, all Ammoniums, Ant-t, Op, Cham, Aeth, Stann, Cina, Thuj, Nux-m

Anxiety of Conscience

Mahabaleshwar, National Workshop 2002; Lecture Munich June 2003

The first remedies to think of ANXIETY of CONSCIENCE		<u>HOT</u>
<u>CHILLY</u>		<u>Chel. & Sulph.</u>
<u>Conscientious</u> Ars. & Aur.	<u>Non-Conscientious</u> Alum. & Psor.	<u>Dig.</u>
<u>Ars</u> Anxiety Anticipation Grace and fastidiousness Strict, disciplined, according to the rules > Warm drinks > Thirst sips > Black	<u>Alum</u> Desires indigestible coarse food, raw rice Potatoes disagree Constipation, soft stool requires great straining Feet / soles numb	<u>Dig</u> Thirst ++. Low vitality: chilly Good vitality: warm Coldness & cyanosis Nausea Suspicious & unsympathetic Timid Slow pulse Liver complaints congestive dullness forgets everything immediately Stasis: more or less sycotic Answers vaguely Weeping with clutching of hair or nurses face
<u>Aur</u> Timid Industrious Dictatorial Religious Self reproach self destruction Contradiction, intolerant Duty conscious Chilly	<u>Psor</u> Fear of poverty/unbiased ANTICIPATION Foul discharges Bathing, av. To Very, very chilly Very weak, thin Hungry, cannot remain Sensitive to pain	<u>Sulph</u> Pseudoism Psoric: chilly Sycotic: hot

Vivacious, friendly and talkative Remedies



Sad Remedies

Sadness

I. Stadler, Mumbai, „Mini Mahabaleshwar Seminar“ April 2004

Ign., Natriums, Sep., Ph-ac., Ant-c., Graph.
Ammoniums, Magnesiums, Carbons

Ammoniums

Everything in Ammonium is too short. Shortening.
Mixture of the anger of Nux-v. and the sadness of Nat-m., they can get angry.

Magnesiums

Most of these children don't take breakfast. Sensitive inside, don't react outside, patience because they don't react. Hair sticks together. Sibling rivalry. Discontented. Affection of the liver, can take only two meals a day. Non-Conscientious.
Mag-s. -> artistic
Mag-c. -> constipation or diarrhoea and agg. from milk. Patient smells sour.
Magnesium comes from deep on the earth.

Carbons

Sycosis, slow, sluggish, Stasis. Fat. Flabby. Slow Circulation. Everything stays inside - sent from Psora into Sycosis, they want air, similar to Staphisagria. No activity, anger agg. Constipation. Never well since illness, jaundice. After a collapse they go into Syphilis. Most suppressed is Carb-v.

Sadness & Angry

China, Cham., Nux-v.
Caut., Plat., Cham.:
sharp voice, talks sharp
(Hyp.)

Hysterical sadness

Most of the Kalis,
Kali-p., Kali-br., Kali-ar., Kali-c.,
Cimic., Mez., Lil-t., Puls.

Sadness &

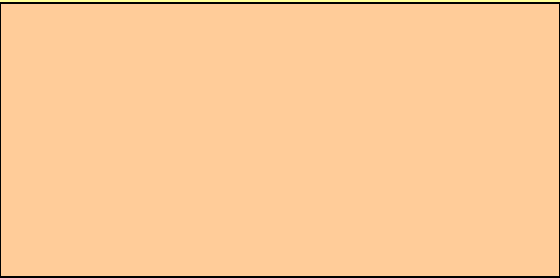
Despair
Psof., Aur.

Angry, when obliged to answer

Personal Notes R. Greißl: Dr. Prafull Vijayakar, Panchgani 2006

Chilly remedies	Hot remedies
Arn, Nux-v, Ph-ac, Ars, Coloc	Puls, Nat-m, Bry
<p>Nux-v: Chilly + thirsty Intolerant to noise of T.V., children playing. Thirst is excessive. Nux-v. never tolerates touch – this is different to Coloc. (they want pressing)</p>	<p>Puls: Hot + thirstless Weeping patient, wants consolation, pity, wants help from everyone, is better when people are around or when reassured, changeable in symptoms and moods and thirst and thermals.</p>
<p>Ars: Chilly + thirstless or thirst for sips of warm water; Desires warm food, not angry but just silently irritated; does not talk much; wants every thing in place and everything in time and things in perfect order; Angry when forced to eat. Criticises wife for inefficiency.</p>	<p>Nat-m: Hot + thirsty (large quantity at long interval) Hates pity, sympathy does not like visitors to come and see him when unwell; therefore never tells about his sickness to anyone. Wants only one person around.</p>
<p>Coloc: Problems start after indignation. Thirst excessive. PRESSURE amel.</p>	<p>Bry: Hot + thirsty (large quantity at short interval) Remains still in bed, movements aggravate; pressure amel. Dry person, does not look at people who are sitting next to him.</p>
<p>Arn: Aversion to people whom he loves very much (what otherwise gives relief is now not wanted). Does not like sons or daughters to come near him, does not like BED which hurts, changes his position constantly in bed. Ailments start after money problem. Says there is nothing wrong with me.</p>	

Ph-ac.:
 Chilly + thirstless
 Silent; irritated, resigned to his fate. Ailment starts after vexation.
 Desires refreshing juices and drinks.

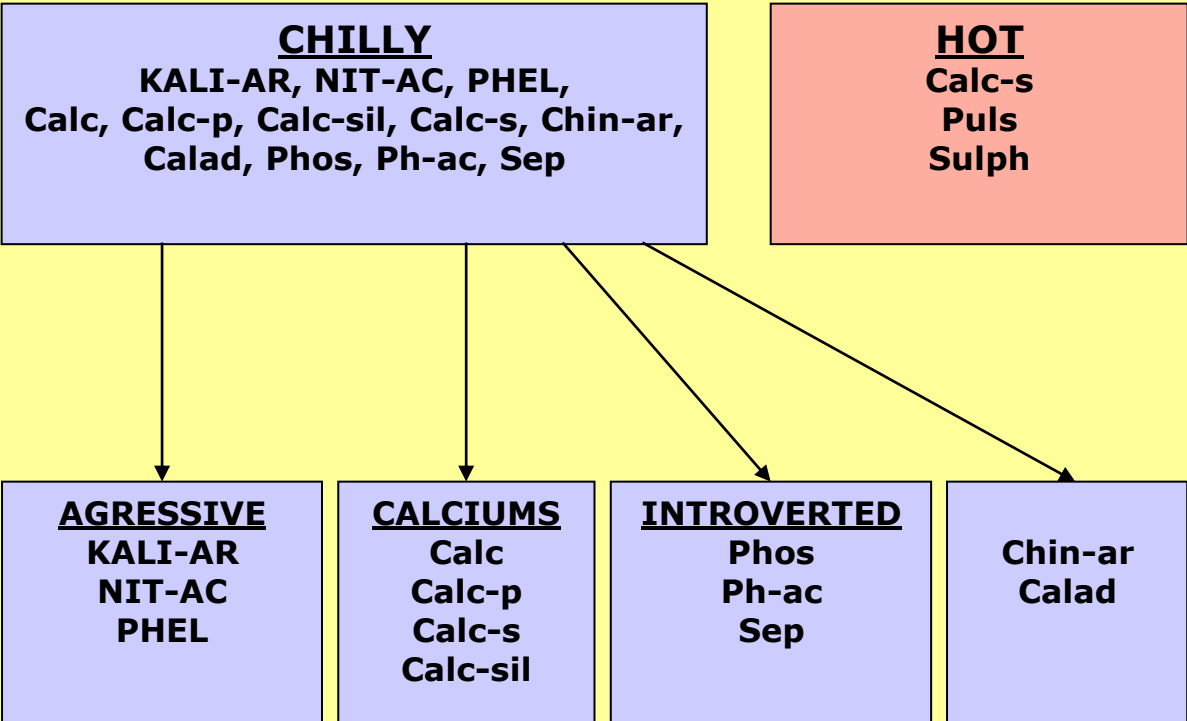


If anger is not only when questions are asked but also otherwise – then other ANGRY REMEDIES should be thought about. --> Angry disposition

Anxiety about Health

Personal Notes, G. Lutz

Anxiety about health



Kali-ar:

The Kali-element -> makes it timid, angry, quarrelsome and anxious with startling.

The Ars-element -> of this is anxiety of conscience, restless at night, insecurity, fastidious and fearful.

Nit-ac:

While anxious, the Nit-ac patient starts travelling, i.e. takes a car or travels in train and goes away, this ameliorates their anxiety.

--> Riding in a carriage amel. (not open air amel.!).

Phel:

Very angry and irritable, very similar to Nux-v with severe neuralgic headaches. Sensation as if something is striking against a metal. Clanging headaches, like bells ringing after overuse of eyes and an aversion to water and light.

Sulph:

Anxiety about health prevents the patient from getting investigations done, as he is not ready to face the future. He is afraid if anything comes out positive, will he get all right or not. If something comes out positive, what will happen, therefore he will rationalize the whole situation, he will give excuses for not getting the investigations done.

He will flatter you a lot. He will say: "Doctor if you give me medicines, I will be all right."

Chin-ar:China-element:

Weak, indolent, gastric problems motion agg. & empty stomach agg. The patient will complain, but is not aggressive. Constantly complaining, tormented feeling, reverse frown, aversion to being disturbed: "Leave me as I am".

Ars-element:

Problems arise after a loss in business, critical, censorious, restlessness is better by motion, fear of disease esp. cancer.

This remedy has A/F excessive joy (Coff.), prior to the sadness and the tormented feeling was a history of excessive joy.

Calad:

Tremendous anxiety about health. There is no looseness. Urinary tract infections or sexual affections or fever etc. Marked sleepiness and whenever they go to sleep, they are agg.

Despite having this marked anxiety about health the patient will not take his medicines as he has a fear of being harmed by medicines. Foolish courage, will take risk where not required. He will eat with a lot of restrictions, eats without hunger and drinks without thirst. His habits are according to the timetable made, as there is an anxiety that if I do not follow this, I will get indigestion, urinary tract infection, etc.

Lyc:

Should not be mentioned in anxiety about health, it is fear of suffering. He is a coward. He fears that if I suffer, will I be able to bear it.

—

Bleeders

Personal Notes G. Lutz, Mumbai December 2003

Most of the Bleeders are syphilitic remedies.

Active Bleeders	Passive Bleeders
<ul style="list-style-type: none">• Arterial• In clots, in spasms, in gush• Psoro-syphilitic <p>Acon, Bell, Calc, Cham, Chin, Ferrums, Ham, Ip, Meli, Phos, Puls, Sabin, Sep, Sulph, Thlaspi, Vib ...</p>	<ul style="list-style-type: none">• Vein blood• Passive Bleeder• Slowly coming out, oozing,• Syco-syphilitic <p>Acal, Arn, Carb-v, Chin, Crot-h, Led (after injury), Mill, Puls, Sec, Sep, Sulph-ac ...</p>

- Black blood: Anthr, Croc, Crot-h
- All snakes are active and passive bleeders
- Other bleeders: Acal, All acids, Carb-ac, Caul, Erig, Helon, Hydr, Nit-ac, Nux-v, Plat ...

“Eyes do not see, what mind, does not perceive!”

IPECACUANHA

- Active Bleeder
- Nausea, vomiting doesn't relief. (Nux-v feels better after vomiting)
- Always clean tongue. (Clean tongue means, the vomiting is not gastric, it has a nervous cause. Discontented).
- Haughty like Platina
- Discontented. Irritability
- Sarcastic. Critical
- Chilly / Thirstless
- No side affection

ACONITUM

- Active Bleeder
- Suddenness
- Loud talkers
- Strong
- Quarrelsome
- **ANGRY**
- Fearful
- Excessive thirst for cold drinks
- Affected by cold North-West wind
Cold wind agg.

BELLADONNA

- Active Bleeder
- Suddenness. Quick
- Violence. Loud voice.
- Affectionate
- Severity
- Throbbing
- Bell. has to have congestion
- **RULE OUT BELL. If the redness of the face is missing!**
- Jarring agg.
- Right sided
- Thirstless, Desires lemon juice
- Chilly with heat in the body (Cham.)
- Syphilitic Bell.:
They have deliriums, mainly sees insects, any insects.

FERRUMS

- Active Bleeder
- Redness of the face yet fat people.
- You don't feel sorry with them.
- Sensitive to noise, odours. Scratching of paper agg.
- Strong, Powerful, Positive but having one weak point:
- The senses are acute
- Very diligent, conscientious.
- Ferrums work for principles.
- "I am always right!"
- Slow motion amel.
Fast motion agg.

PHOSPHORUS

- Active Bleeder
- Chilly
- Thirsty. Desires ice cold drinks.
- Electricity is disturbed.
- Fear of thunderstorm.
- Magnetism amel.
- Left sided.

Automatic Behaviour

Personal Notes, G. Lutz, Mahabaleshwar February 2007

Genes give us	<ul style="list-style-type: none"> • Innate characteristics • Automatic Behaviour • Emotional Defence Behaviour
---------------	---

Automatic behaviour, definition: no mental or physical activity or behaviour is random, accidental or meaningless. All mental or physical activity are meaningful, purposeful and connected with previous life experience as defences to external stimuli and are genetically determined (unconsciously-so). All these defences emerge to ward off anxiety and maintain a sense of safety, well-being and self-esteem...(love for life, love for health, love for esteem).

Physical Movements automatic behaviour are:

- Hurried or slow
- Awkward or graceful
- Aristocratic or foolish, idiotic
- Self-sufficient or meek, timid
- Effeminate or masculine, manly
- Overawed, obsequious or arrogant etc.

Speech:

- Cheerful, vivacious or talk indisposed to
- Anxious, nervous apprehensive
- Confident or timid, lacking confidence
- Hasty or slow, stammering (many times after cold has been suppressed badly with allopathy or homoeopathy, many times after homoeopathic suppression of tonsillitis.)
- Abrupt, short or loquacious, changing topic
- Reflective or spontaneous, witty, jesting
- Intelligent or unintelligent
- Censorious, critical, sarcastic (I am trying to hit you without trying to hit you), vexations, hypochondriacal, hysterical, egoistic.
- Affectation (show, what you are not, but to project that you are great, Boasting is affectation with words).

Mentals:

- Conscience: inherent sense of right or wrong, moral sense, principles, ethics
- Morals lack of, impudent, reverence lacks, increased modesty
- Antics, plays
- Fancies, Fantasy
- Indiscretion
- Sexual desires – natural / unnatural

Money minded drugs

Personal Notes, G. Lutz, Mahabaleshwar February 2007

Money minded drugs	
Psora	Sycosis
Anxiety about money matters	Collects money
Aur, Bry, Calc-f, Calc-sil, Choc, Ign, Kali-p	Calc, Calc-f, Calc-sil, Calc-s, Ars, Bry, Lyc, Puls, Sulph, Carbons, Graph, Carb-ac

Money minded drugs	
Chilly	Hot
Ars, Calcareas, AUR, Arn, Psor, Carbons, Sep	Bry, Calc-f, Calc-s, Lyc, Sulph, Puls

Aur.	If a person has gone into grief after loss of money Aur is the first remedy to think of (then Arn), yet it is so diligent. The benevolence of Aur is not for money it is for work.
Kali-br.	A/F business failure not loss of money.
Bry.	Hot, Thirsty, business minded, conscientious, dry anger, MOTION agg., Pressure and rest amel. accumulating by investing money to get more and more. Strongly right sided.
Calc-f.	Accumulating money because of insecurity of future.
Nux-v.	A/F deceived ambition.
Stann.	Anxiety about future.
Verat.	Despair about social position.

Syphilis - How to probe senses

Personal Notes, G. Lutz, Mahabaleshwar February 2007

Syphilis -> How to probe senses	
Exaggeration	Psoro-syphilitic. Excruciating or tormenting pain. Photophobia.
Distortion	Syco-syphilitic. Sycosis going into syphilis. Something going the abnormal way. Seeing wrong objects.
Perversion	Syphilitic. Abnormal. Whatever is not present you start see. Delusion, sees insects is purely syphilitic.
Destruction	Purely syphilitic.
Out of control	Hysterical. Purely syphilitic. Exaggerated pain means it goes usually in the same direction, just further. Hysteria is unpredictable, no fixed direction, erratic. (Ign, Cimic) Wandering, shifting pain.
Autoimmune	Syphilitic. Self destruction.
Mutation	

Pain, syphilitic	
All pains, which are tearing, burning, stitching, excruciating, lancinating, electric shock like, pains with high peak, sudden pains.	
Erratic pains (they are hysterical)	Puls, Caul, Lac-c
Pains, which move suddenly (hysterical)	Ign, Mosch, Cimic, Aur
Pain in spots (exaggerated): Why syphilitic? Because it is too concentrated, only one or two spots, not well distributed. If you have spotty	Kali-bi, Ign, Sulph, Ox-ac, Arn, Lach, Con, Ars, Colch, Calc-p, Thuj, Nat-m

pains, never neglect it.	
Sudden shifting pains, wandering pains	Kalm, Puls, Kali-bi, Ign
Pain appear suddenly and disappear suddenly	Bell, Kali-bi, Nit-ac, Rhus-t, Arg-n, Mag-c, Phyt, Stry
Pain appear slow and disappear suddenly -> syco-syphilitic	
Pain appear suddenly and disappear slowly -> psoro-sycotic	
Pains in crosswise direction	Bell, Chel, Chin, Lac-c, Seneg, Sil, Sulph, Verat
Fainting from pain (patient is losing consciousness):	Cham, Ign, Cocc, Hep, Nux-m, Nux-v, Valer, Coff
Violent behaviour from pain	Aur, Cham, Hep
<p>Sharp periodicity (every day, same hour, same time)</p> <p>Kali-bi (headache every day at the same hour),</p> <p>Cedr (a child is coming again and again, and suddenly you realize that the first week of the month he is always coming, then you need to see at what date he is coming, and then check up the generals, restless).</p>	
Excessive anxiety about health therefore extremely cautious	Calc, Calad
Anac: Sense of right and wrong abolished. Takes undue risk.	
Hyperaesthesia	Asaf, Bell, Cham, Coff, Hyp, Lyss, Ther, Ign
Slight touch agg.	Acon, Apis, Bell, Chin, Lach, Merc, Nux-v

Sensitive to touch	
Throat:	Lach, Hep, Phyt
Abdomen:	Arg-n, Lach, Crot?, Calc, Lyc, Nux-v, Bov, Hep, Graph, Coff
Senses hyperacute	Acon, Asaf, Bell, Cham, Coff, Colch, Ign, Nux-v, Op, Phos
Senses perverted	Arg-n, Op

Perverted taste

- Eating indigestible things, not in cases where they need calcium. (This is Psora).
- Eating feces.
- Loss of taste in Anac, sense of right and wrong abolished here.
- Food tastes salty, tastes bitter, tastes offensive, all are syphilitic, all are perverted.
- Salt tastes sweet and sweet tastes salty.
- Wanting, loss of
- Insipidus, flat, watery
- Food tastes bitter
- Food tastes salty
- Food tastes sweet
- Food tastes braggy, coppery, iron like, metallic
- Food tastes burnt, empyreumatic
- Perverted, altered
- Food tastes pungent
- Food tastes putrid

Perverted voices	
Acute	
Sensitive to noise	
Hearing acute, painful to noises	
Acute rumbling of paper	Asar, Nat-c, Nat-s, Bor, Ther, Hyos, Ferr, Zinc
Acute scratching on linen and silk	Asar
Acute affecting the teeth	Lach, Ther
Hears clock strike at distance	Op
Hearing acute for every step	Coll, Nux-v
Direction of sound, cannot make out	Carb-an
Sound, seems distant	Lac-c
Echo in the air	
Hearing false	Bov, Phos
Illusion of hearing, hears drum, voices	
Tinnitus	
Hearing impaired, riding in a carriage >.	Graph, Nit-ac
Hearing, loss of	
Hearing, own voice sound unnatural	
Hearing, impaired for human voices	
Hearing, impaired except for human voices.	

Vision	
Vision distorted	Bell., Bufo, Nux-m., Nux-v., Stram.
Vision exaggerated → acute:	
Daytime	Choc
Morning	Bamb-a
In Sunlight	Anh
Sees even in dark	Valer
At night in hysteria	Ferr
For small objects	Calc, Coff, Hep
Stereoscopic, hyper acute	Anh
Photophobia	

Something peculiar in the senses is the most important thing you have to give importance to!

Syphilitic generals

- Faintness
- Unconsciousness
- Convulsion
- Memory, loss of, time, day, place, things which he just done, things which he is going to do.
- Confusion
- Paralysis
- Blindness (destruction of sight)
- Deafness
- Hysteria
- Ability, increased
- Agility: Apis, Calc-p, Coff, Lach, Nux-v, Op, Stram, Rhus-t, Choc
- Analgesia: Lyc, Cocc, Plb, Olnd, Op, Ph-ac, Stram, Hyos, Sulph, Cic
- Analgesia in inner parts: Op, Plat
- Analgesia in parts affected: Plat, Lyc, Cocc
- Anaesthesia
- Cachexia
- Appetite ravenous, canine, excessive
- Desires indigestible things
- Appetite loss of
- Appetite, increased, with emaciation
-> predominantly syphilitic
- Appetite without satiety: Anac

Smell

- Sense of smell acute
- Sensitive, oversensitive to odors
- Sensitive to disagreeable odors
- Nausea from odors: Odor of own body
 Odor of coffee, eggs
 Odor of cooking food
 Odor of tobacco
- Wildness, bright light, strong odors or touch, from
- Unconsciousness, coma, odors, from
- Illusion of odors: Burnt
 Rotten
 Cadaverous

Nausea: After suppressed eruptions: Ip
 Eating agg.
 Excitement, from
 Exercising, from
 Exertion of eyes, from
 Amorous, caresses from: Ant-c, Sabad

Sleep: Sleepiness, overpowering
 Sleepiness, eating during
 Falling asleep, reading while
 Sleep overpowering:
 Reading while
 Eating while
 Working while
 Every day at the same hour

Urination involuntary

Stool, involuntary

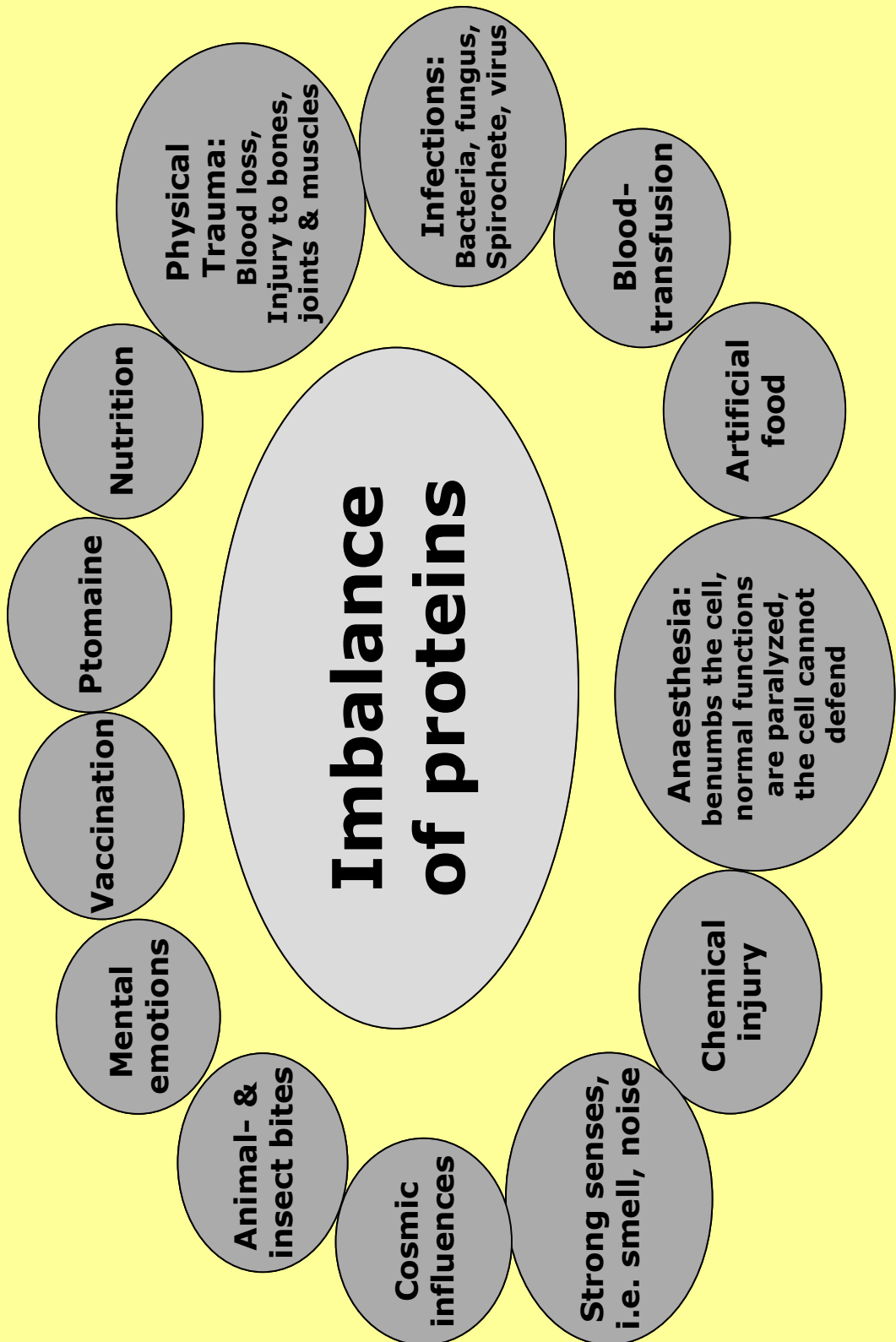
Effeminate, Mannish (Completely changed)

6. COMMON INFORMATION

Neurotransmitter Effects

Dr. P. Vijayakar, Theory of Suppression, 3rd Edition

Block in Norepinephrine & Serotonin	<ul style="list-style-type: none">- Sadness- Despair- Grief- Unhappiness- Misery- Reduced appetite- Reduced sex, sleep and psychomotor agitation
Increased Dopamine	<ul style="list-style-type: none">- Sense of persecution from outside sources- Hearing of voices- Dislocation of ideas- Abnormal sequences of thoughts- Abnormal postures
Increased Endorphin & Enkephalin	<ul style="list-style-type: none">- Suppression of pain- Indifference- No complaints, contented
Increased Thyroid Hormone	<ul style="list-style-type: none">- Increased overall metabolism- Increased activity of body- Increased activity of N.S.
Increased Testosterone and Oestrogen	<ul style="list-style-type: none">- Increased libido
6-7 Fragment amino Acid of ACTH	<ul style="list-style-type: none">- Intense fear
Increased Phenyl ethylamine (P.E.A.)	<ul style="list-style-type: none">- Increased “Love”
Increased Oxytocin	<ul style="list-style-type: none">- Desire to hug



Imbalance of Proteins

Personal Notes, G. Lutz, Mumbai, December 2003

All reactions in a cell are in perfect balance. They are all inter-dependent and inter connected.

All reactions have a protein as a base, whether it is an agent, a catalyst, secretion or a transmitter. Everywhere there is a protein involved, whether oxidation, reduction, etc.

So protein balance is health and imbalance means disease. Proteins are involved everywhere so the only thing what can disturb this homoeostasis is a protein. When this equilibrium is disturbed, the immunity is disturbed and man falls sick.

This dynamic equilibrium is **homoeostasis**. Guyton says every cell contributes to this and benefits from this. Mental and physical health depend on this. Hahnemann spoke from the **vital force**, the dynamis that retains all the parts of the organism in admirable, harmonious operation. Physiology says it is the dynamic kinetic equilibrium harmonious in the biochemistry that gives rise to immunity from diseases.

Can this be related? Is there an equation between the biochemistry equilibrium and vital force? So try to find out what has disturbed this equilibrium. People say I drank cold water and felt sick, or lifted a bucket and got backache. But in the first place, why did they become so weak, all these years he was lifting the bucket. One fine day, you come and tell me that this pillow has caused my neck pain. There is some toxic protein which has automatically gone there and that is why your cartilage has impaired immunity and is showing signs of inflammation. But prior to that what had happened? Any fight or quarrel at home. So based on this, questions should be asked.

Physiognomy & Homoeopathy

The Similitude / April 2001 / Dr. Prafull Vijayakar, Mumbai

Physiognomy is described in the Oxford dictionary as an “art of judging character from features of face or from the body! It is the science of the effect of internal (Mind) upon external (Form and features of the body and face) i.e. it is the effect of Genetics on both mind and body. It proves how body grows in shape size and characters only due to the nature inherited and acquired by a person. Hence physiognomy should rank amongst the most important branches of knowledge for a homoeopath who is in search of the inside of the “MAN”.

Physiognomy helps a homoeopath to overcome that percentage of unsurity in history which could mar a homoeopathic prescription. It counters a lie, a hypocritic, a sly personality thereby giving homoeopathic physician a lot of credibility due to his face reading abilities.

Physiognomy can be of help to a homoeopath in the following ways:

1) It helps in Character Reading

Strong Positiveness, Mildness, Censorious, Critical, Slyness, Haughtiness, Secretiveness and Inquistiveness etc.

There are three main temperaments

- i) Motive**
- ii) Mental**
- iii) Vital**

i) Motive Temperament

Faces where there is good development of bones, muscles and sinuses gives rise to a squarish or oblong face.

Qualities of Motive face Business minded, ruthless, positive, active, gritty, determined and in general of powerful character. Pioneer, explorer, military and other leaders are men and women who usually have motive temperament. There is a driving force with this temperament that can be ruthless: it is the temperament essentially of action and quick decisions, the **get-there-at-all-cost** disposition. The person with a motive temperament works to a purpose and a plan.

Corresponding remedies: Ars, Androc, Camph, Nux-v, Hep, Caust, Merc, Ferrum and other metals.

ii) Mental Temperament

It is shown by the face which is pyriform or pear-shaped; it has broad, high, tapering forehead to a delicately formed chin. The bones, hands and feet are small. Slenderness, delicacy and grace denotes that brain is sharp. It is the temperament of the musicians, artists, authors, poets, scientists and constructive thinkers. The character may be fastidious. They are selfcentred and also have a frail physique.

Corresponding remedies: Ars, Ars-i, Nat-m, Ign, Ph-ac, Sep, Kali-c, etc.

iii) Vital Temperament

The body is round, likewise the face, neck and chin. This denotes vitability, resilience and stability. They have round face and they are jovial, happy-go-lucky persons, good leaders, good orators, optimistic, vibrant, full of life. Recent politicians have such vital face.

Corresponding remedies: Op, Lach, Cann-i, Fl-ac, Bell, Kali-bi, Caps, Coca, etc.

2) It helps to select the Miasms

- i) The Motive type are Syco-Syphilitic.
- ii) The Mental type are predominantly Psoric in construction.
- iii) The Vital type are Sycotic.

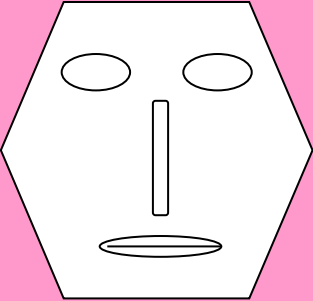
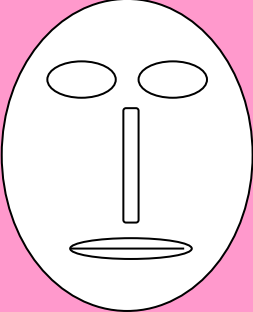
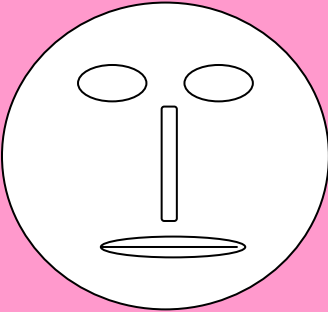
Less extreme character exists when there is a blend of two out of the three temperaments. These blends may be one of the following:

MOTIVE – MOTIVE
MOTIVE – VITAL
MENTAL – MOTIVE
MENTAL – VITAL

3) It helps in Follow Ups

Caution: Application to attain proficiency will repay you and make you a good homoeopath. At first you make incorrect readings, do not blame the signs.

Diagrammatic Representation Of Face

	<p>Motive Face Business-minded, restless, Target-oriented, Emotionally dry. Rectangular face. Jaw line is very clear. Bones under the eyebrows are protruding and prominent. Lean, thin body, hands and feet are short and stout. They are of penetrative nature. When they want to do something they just penetrate in it. They are energetic and forceful to achieve the goal. They are practical individuals.</p>
	<p>Mental Face Long, pear-shaped, egg like oval face. Pointed chin, Large Forehead (Philanthropic), Sensitive imaginative, brilliant and brainy people with sharp senses and comprehension. Their thinking have some output for the benefit of society. Reasoning faculty is sharp. Slender body, long and delicate hands and feet. Mostly they are good artists, writers, philosophers, thinkers, scientist, poets or musicians.</p>
	<p>Vital Face Round Face, Good Leaders, Good Orators. They seldom think, they are happy-Go-Lucky subjects. Always high-spirited. They are superficial individuals.</p>

Shape of Nose

- Sharp like a beak, where the nasal septum is visible without an effort – they are censorious / critical, egoistic.
- Sharp like a beak, but the beak is turned inwards – the person keeps on smiling inside or a wretched feeling inside.
- Rounded and blunt nose – as if the nose is bone-less – they are soft-hearted, cautious, indecisive and obstinate persons.

Shape of Eyes

- Large, prominent eyes -> Sentimental people
- Small eyes -> Practical persons.

Looks

- Persons looking straight, eye to eye are naive, truthful.
- Persons who never look eye to eye are either having lack of confidence or are sly. They look strealingly and sideways.

**“We must understand:
we are helping the body to cure, we are not curing.”**

Models of Cure and Suppression

Two diagrams of a dissertation from Holger Angerer

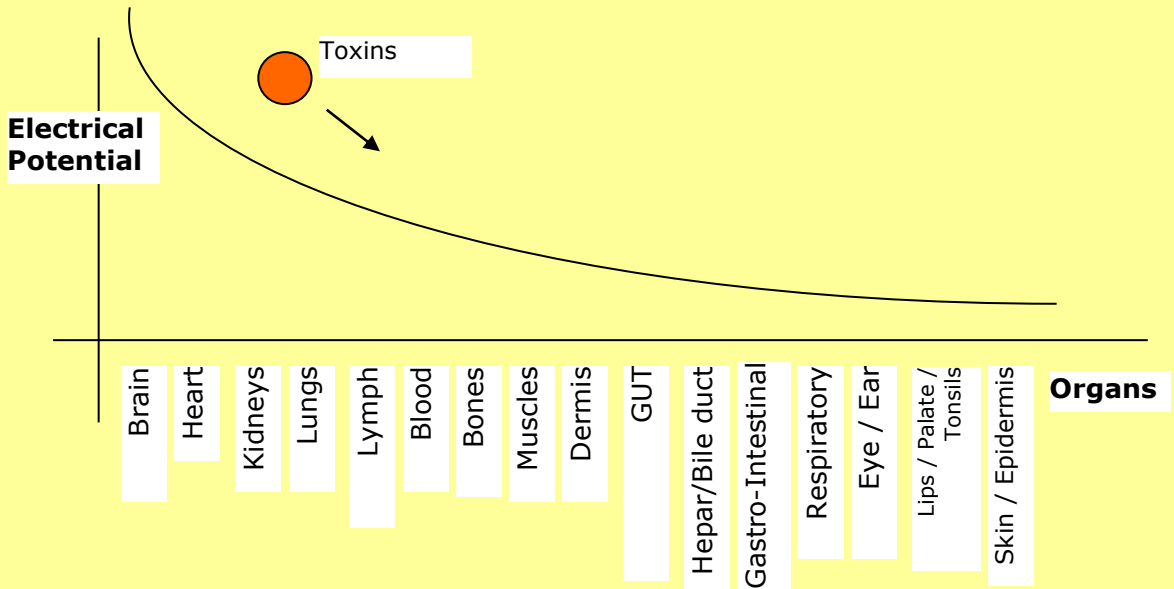


Fig. 1: Model of well-balanced homeostasis

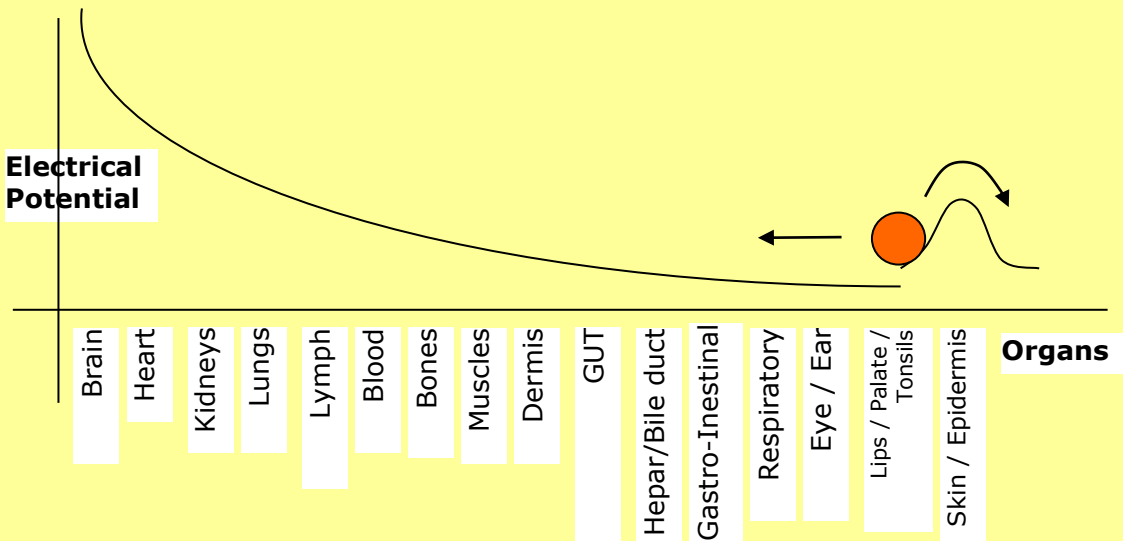


Fig. 2: Model of a disturbed homeostasis

Here are two diagrams, which show very clearly the way how suppression can take place. It explains very easily why it is not good to apply local ointments, give medicines for cough and cold etc.

The direction of cure, according to the flow of the nutrition gradients (apical dominance, cephalo-caudal gradient, dorso-ventral gradient) is very obvious.

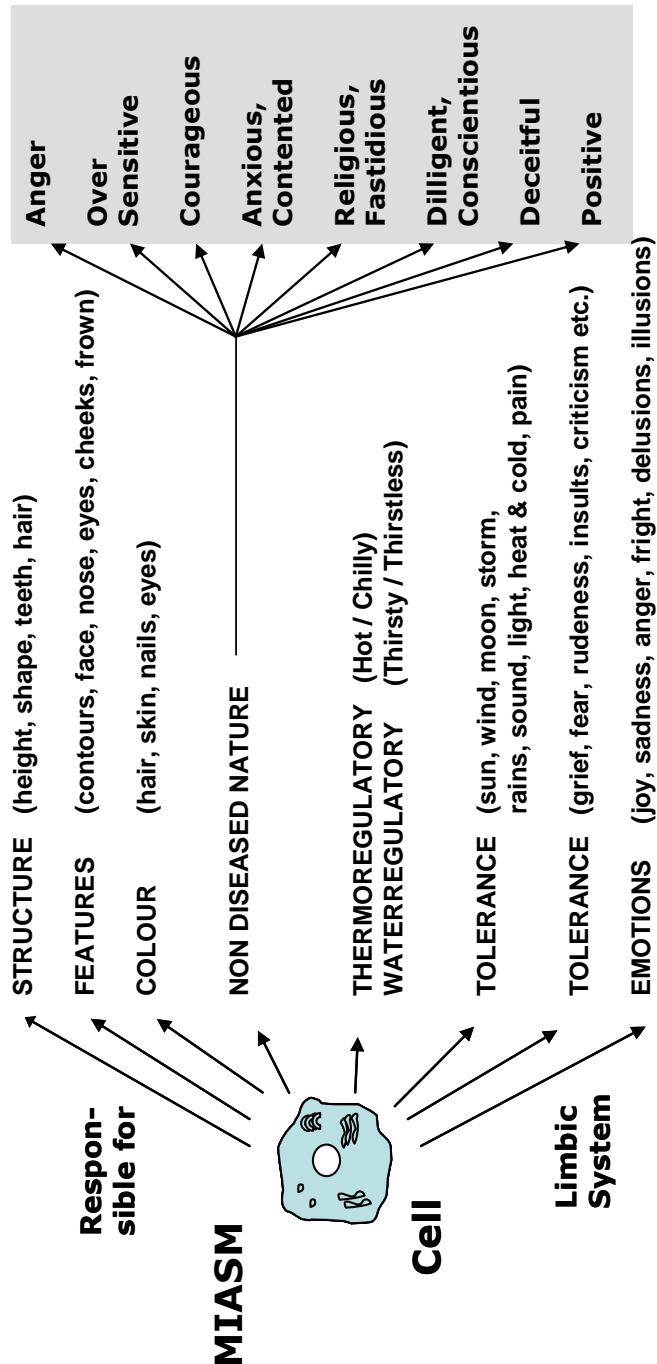
To understand suppression the knowledge of embryology is once more very important.

These diagrams are part of a dissertation of my friend and colleague Holger Angerer. He has helped me very much in structuring the "Treasures of Dr. Vijayakar", similar here structuring the idea of suppression.

The Genetic Constitutional Similimum

Dr. P. Vijayakar, Theory of Suppression, 3rd Edition

The Genetic Constitutional Similimum



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- Holger Angerer: Diplomarbeit "Heilung oder Unterdrückung", Akademie für Homöopathie, München/Gauting.

Dr. Vijayakars books are also available in Hebrew, Portuguese and Russian.

Treasures of Dr. Prafull Vijayakar

Compiled by Günter Lutz

Charts & Rubrics

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Dr. Vijayakar is practicing homeopathy in Vile Parle, Mumbai since many years and teaches at Mumbadevi Homoeopathic College, Mumbai.

His scientific contributions to classical homeopathy are accepted worldwide. His knowledge of Immunology, Embryology, Genetics, Human Bio-chemistry and Neuroendokrinology were the basis of Predictive Homoeopathy[®], a scientific method of classical homeopathy.

Thanks to his merit, Hahnemann's Organon and the applicability of Hering's law were fully confirmed with the aid of modern medical science. Dr. Vijayakar's pioneering work invites us to effectively link the "old and new knowledge" and thus to successfully and permanently treat the whole human being.

Günter Lutz, a student and friend of Dr. Vijayakar, is practicing homeopathy since 14 years and concentrates on Predictive Homoeopathy[®] since some years. In this book, he gathers the treasures of many personal conversations and seminars with Dr. Vijayakar; he does not adulterate the contents with his own opinions and additions.

A correct and successful use of the categories and tables that ultimately should lead to the prescription of the Genetic Constitutional Similimum requires knowledge of Dr. Vijayakar's books.