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HNSHMC STUDENTS

SHREE H.N. SHUKLA
HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL
- RAJKOT

FINAL YR

MEDICINE

THERAPEUTICS



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MATERIAL BY
FINAL YR STUDENTS

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PREFACE

An attempt to render the student's task less difficult, to simplify its study, and to make it both interesting and useful.

This book is prepared for the student of HOMOEOPATHY, by the 2016-17 batch of HNSHMC, this book consists of therapeutic approach toward materia medica which will surely make you realize the scope of homoeopathic medicine in different disease conditions. As homoeopathic materia medica consists of lots of medicine with infinite information, so life work of the student of homoeopathic materia medica is one of constant comparison and differentiation. Hence this book will provide you the comparative approach toward different medicine.



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HNSHMC STUDENTS

CONTRIBUTORS

- Aacharya Aastha
- Amin Juhi
- Amreliya Ritu
- Andani Sneha
- Badi Renish
- Bhatt Jay
- Bukhari Aqib
- Chakravarti Khushbu
- Chaudhary Kailash
- Chaudhary Mukesh
- Chaudhary Pravin
- Chhayani Paras
- Dave Dhara
- Der Jashu
- Dhamsaniya Darshan
- Dholariya Kuldeep
- Dholariya Pooja
- Ghediya Dhara
- Godhani Priyanka
- Gohil Upasna
- Gorasiya Komal
- Hadiya Ankit
- Hirani Darshita
- Hirani Nikita
- Jadav Chandni
- Jargela Afzal
- Kakadiya Kishan
- Kale Mansi
- Kasundra Shreya
- Katariya Gaurav
- Khambhla Dharmesh
- Khimani Irah
- Lalchandani Jay
- Makani Gopi
- Makwana Muskan
- Mangroliya Alisha
- Maniar Sarthak
- Manvar Mansi
- Mori Dhruvika
- Palan Dipesh
- Parmar Ronak
- Patel Binjal
- Patel Jigna
- Patel Komal
- Patel Pooja
- Patel Rikin
- Patel Vibhuti
- Piapriya Nidhi
- Pipariya Parimal
- Rajpara Swati
- Ramoliya Henil
- Ranipa Dhvani
- Ranpara Jenisha
- Raval Prachi
- Sangani Grishna
- Sengar Chetan
- Shrimali Vishwa
- Sidani Payal

- Sidda Heena
- Sojitra Vidhi
- Solamiya Samir
- Solanki Anjali
- Solanki Dharvi
- Solanki Jalak
- Solanki Kajal
- Solanki Mansi
- Sonagara Kaushal
- Tanna Param
- Thakkar Vedant

- Trivedi Charmi
- Ubhadiya Janvi
- Vacchani Shreya
- Vaghasiya Drashti
- Vaishnav Shreya
- Vatvani Suman
- Viadya Ruchir
- Vitthlani Bhargav
- Vyas Hirva
- Zalavadiya Milan
- Zankat Bhargavi

EDITING TEAM

- Dhamsaniya Darshan
- Bukhari Aqib
- Lalchandani Jay
- Sengar Chetan
- Bhatt Jay
- Vitthlani Bhargav
- Pipariya Parimal
- Chhayani Paras
- Vidya Ruchir
- Maniar Sarthak
- Solamiya Sameer

KNOWLEDGE BANK ORGANIZING TEAM

HNSHMC STUDENTS

- Dhamsaniya Darshan
- Solanki Dharvi
- Bukhari Aqib

1. Bronchial Asthma

1. Antim Tart

❖ A/F

- ⇒ Bad effect of Vaccination.
- ⇒ Exposure to damp basement & cellars.

❖ Indicating Symptoms

- ⇒ Velvety feeling in chest.
- ⇒ Burning sensation in throat.
- ⇒ Rapid, short, difficult breathing; seems as if he would suffocate: must sit up.
- ⇒ Emphysema of aged.
- ⇒ Coughing and gaping consecutively.
- ⇒ Bronchial tubes overloaded with mucus.
- ⇒ Much palpitation with uncomfortable hot feeling.

❖ Constitution

- ⇒ Hydrogenoid constitution of Grauvogl, torpid, phlegmatic persons
- ⇒ Psora and Sycosis in background.
- ⇒ Scrofulous diathesis.

❖ Physical Generals

- ⇒ Great sleepiness or irresistible inclination to sleep, with nearly all complains.
- ⇒ Disease originating from exposure in damp basements or cellars.

❖ Mental Generals

- ⇒ Child clings to those around; Wants to be carried; cries and whines if anyone touches it; will not let you feel the pulse.

❖ Other Guiding Symptoms

- ⇒ All complains are attended with Irresistible Desire to sleep
- ⇒ Excessive craving for apple and acids, aversion to milk and tobacco.
- ⇒ Pneumonia with jaundice
- ⇒ Face becomes pale, cyanosed and flushed due to circulation of unoxysed blood, face covered with cold sweat.

❖ Modalities

- ⇒ Aggravation:
 - Damp cold weather
 - Lying down at night
 - Warmth of room
 - Change of weather in spring
- ⇒ Amelioration
 - Cold open air

- Sitting upright
- Expectorating

2. Blatta Orientalis

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ It acts best on stout and corpulent patients.
- ⇒ In acute case of asthma
- ⇒ Indicating after arsenic when this is insufficient.
- ⇒ Cough and dyspnoea in bronchitis and phthisis.
- ⇒ Much pus-like mucus.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

- NA

3. Aconite

❖ A/F

- ⇒ Exposure to dry cold air, dry north or west winds, or exposure to dry cold air while in a perspiration
- ⇒ Bad effect of checked perspiration.

❖ Indicating Symptoms

- ⇒ Constant Pressure on left chest
- ⇒ Oppressed breathing on least motion.
- ⇒ Hoarse, dry, croupy cough; loud laboured breathing.
- ⇒ Very sensitive to inspired air.
- ⇒ Shortness of breath.
- ⇒ Larynx sensitive.
- ⇒ Hot feeling in lungs.
- ⇒ Tingling in chest after cough.

❖ Constitution

- ⇒ Is generally indicated in acute or recent cases occurring in young persons, especially girls of a full, plethoric habit who lead to sedentary life .

- ⇒ Person easily affected by atmospheric changes
- ⇒ Dark hair and eyes, rigid muscular fibre.
- ⇒ 'Warm blooded' patient.
- ⇒ Sanguine temperament.
- ⇒ Psora in background.

❖ Physical Generals

- ⇒ For the congestive stage of inflammation before localization takes place.
- ⇒ Pains are intolerable, they drive him crazy; he becomes very restless; at night.

❖ Mental Generals

- ⇒ Great fear and anxiety of mind, with great nervous excitability; afraid to go out, to go into crowd where there is any excitement or many people; to cross the street.
- ⇒ The countenance is expressive of fear; the life is rendered miserable by fear; is sure that disease will prove fatal; predicts the day he will die.
- ⇒ Restless, anxious, does everything in great haste; must change position often; everything startles him.
- ⇒ Hahnemann says: "Whenever Aconite is chosen homoeopathically, you must, above all, observe the moral symptoms, and be careful that it closely resembles them; the anguish of mind and body; the restlessness; the disquiet not to be allayed."
- ⇒ Music is unbearable, makes her sad.

❖ Other Guiding Symptoms

- ⇒ "Tension" is key note of Aconite.
- ⇒ It indicated in first stage of any acute disease which start suddenly and violently like a storm.
- ⇒ One of the trios of restlessness.
- ⇒ Excessive sensitive to the least touch.
- ⇒ Unquenchable thirst for large quantity of cold water.

❖ Modalities

- ⇒ Aggravation:
 - Evening and night
 - Pains are insupportable
 - In a warm room
 - When rising from bed
 - Lying on affected side
- ⇒ Amelioration
 - In the open air

4. Kali Bich

❖ A/F

- ⇒ Alcohol, bear, hot water, autumn and spring.

❖ **Indicating Symptoms**

- ⇒ Voice hoarse; worse, evening.
- ⇒ Metallic, hacking cough.
- ⇒ Profuse, yellow expectoration, very gelatinous and sticky, coming out in long, stringy, and very tenacious mass.
- ⇒ True membranous croup, extending to shoulders; worse when undressing.
- ⇒ Pain at bifurcation of trachea on coughing from mid sternum to back.

❖ **Constitution**

- ⇒ Fat, light-haired persons who suffers from catarrhal syphilitic or psoric affection.
- ⇒ Fat, chubby, short-necked, children disposed to croup and croupy affections.

❖ **Physical Generals**

- ⇒ Affections of mucous membrane – eyes, nose, ear, throat, bronchi, GIT & Genito Urinary Tract – discharge of tough, stringy mucus which adheres to the parts and can be drawn into the long strings.
- ⇒ Complains occurring in hot weather.
- ⇒ Liability to take cold in open air.

❖ **Mental Generals**

- ⇒ Ill humoured low spirited and indifferent.
- ⇒ Easily excited.
- ⇒ Anxiety arises from chest, with distress in stomach

❖ **Other Guiding Symptoms**

- ⇒ Pain in small spots that can be covered with the tip of a finger.
- ⇒ Shifting pain runs through the whole kali bich, flying character of the pain rapidly shifts from one place to another, some time pain comes suddenly and disappears suddenly.
- ⇒ Desire for beer, acids. Aversion to meat, water, to rise from bed, to move about.
- ⇒ Discharge of plugs "clinkers".
- ⇒ Spottiness, stringiness and yellowishness mark the remedy.

❖ **Modalities**

- ⇒ Aggravation
 - From beer
 - Morning
 - Hot weather and undressing
- ⇒ Amelioration
 - By lying down

5. **Arsenic Alb**

❖ **A/F**

- ⇒ Chill, in winter, taking ice etc.

- ⇒ Decayed food or animal matter.
- ⇒ Tobacco
- ⇒ Abuse of quinine.

❖ **Indicating Symptoms**

- ⇒ Asthma comes on or aggravated by suppressed eruptions, cold things and cold things and cold food.
- ⇒ The patient is very much worried about himself with anguish.
- ⇒ He is unable to lie down for fear of suffocation – must sit or bend forward and abduct arms for relief.
- ⇒ Wheezing respiration with cough and frothy expectoration.
- ⇒ There is darting pain through upper 1/3rd of right lung which is worse after cold drink and cold food, offensive and dark.
- ⇒ Loss of breath immediately after lying down; whistling sound due to constriction of trachea.

❖ **Constitution**

- ⇒ The patient is lean, thin, debilitated having hippocratic face, dirty and waxy look of the skin.
- ⇒ Fastidious person: wants everything neat and clean and in order.
- ⇒ Multi miasmatic psora, syphilis and sycosis

❖ **Physical Generals**

- ⇒ Great prostration with rapid sinking of vital force; fainting.
- ⇒ Burning pains; the affected part burns like fire, as if hit coals were applied to parts.
- ⇒ Can't bear the smell or sight of food.
- ⇒ Great thirst for water; drinks often, but little at a time; eats seldom but much.
- ⇒ Complains returns annually.

❖ **Mental Generals**

- ⇒ The greater the suffering, the greater the anguish, restlessness and fear of death.
- ⇒ Mentally restless but too weak to move.
- ⇒ Anxious to fear of death; Thinks it is useless to take medicines, is incurable, is surely going to die; dread of death when alone, on going to bed.

❖ **Other Guiding Symptoms**

- ⇒ Burning pain relieved by heat except in head.
- ⇒ Mentally restless but physically too weak to move.
- ⇒ All discharges are scanty, acrid, putrid, dark and offensive with CADAVEROUS odour.

❖ **Modalities**

- ⇒ Aggravation
 - Mid-day, Mid-night
 - Cold food and Drinks

- When lying on affected side
- ⇒ Amelioration
 - From heat in general except Headache.

6. Nat Sulph

❖ A/F

- ⇒ Fear, suppressed gonorrhoea, abuse of quinine, damp and rainy weather.

❖ Indicating Symptoms

- ⇒ Causation: Sycotic in origin, from exposure to damp cold wet weather.
- ⇒ Dyspnoea with desire to take deep breath, especially in rainy weather.
- ⇒ Rattling in chest with chronic catarrh of the bronchial tubes.
- ⇒ Frequent attacks of cough with irritation in throat.
- ⇒ Pain: Sharp, shooting, stitching, pain in the left chest.
- ⇒ Patient springs up on bed, has to sit upon bed and hold chest with both hands.
- ⇒ Sputa is greenish, copious, thick, yellowish and ropy.
- ⇒ Tongue dirty greenish, gray or brown coating on the tongue.

❖ Constitution

- ⇒ Hydrogenoid Constitution.
- ⇒ Complains are due to living in damp houses, basement, cellars.
- ⇒ Billious temperament.
- ⇒ Very chilly patient
- ⇒ Sycosis in the background.

❖ Physical Generals

- ⇒ Ailments which are < by, or which depend upon, dampness of weather, damp houses or cellars.

❖ Mental Generals

- ⇒ Mental traumatism; mental effects from injuries to head; chronic brain effects of blows, falls.
- ⇒ Inability to think.
- ⇒ Depressed; lively music makes her sad; satiety of life; must use great self control to prevent shooting himself.

❖ Other Guiding Symptoms

- ⇒ Covered in above points.

❖ Modalities

- ⇒ Aggravation
 - From cold, damp, rainy weather.
 - In the early hours of morning.
- ⇒ Amelioration
 - Dry weather in general.

7. Kali Carb

❖ A/F

⇒ Exposure to cold, over strain, sexual excess, ice-cream and iced water.

❖ Indicating Symptoms

⇒ Shortness of breath at night with hoarseness of voice.

⇒ Stitching and cutting pain in the chest.

⇒ All the complaint agg. 2-4 am.

⇒ Paroxysmal cough from tickling in throat.

⇒ Acute pain in chest while coughing.

⇒ Sore pain in chest from talking.

❖ Constitution

⇒ Miasm: Anti psoric

⇒ Diathesis: Tubercular diathesis

⇒ Relation: Chilly

❖ Physical Generals

⇒ Dark, dark haired, helpful, puffiness of upper eyelids.

❖ Mental Generals

⇒ Alternating mood with irritability, hypersensitive, imaginary things.

❖ Other Guiding Symptoms

⇒ Oversensitive

⇒ Pains are stitching, darting, worse during rest and lying on affected side.

⇒ Bag like swelling between the upper eye lids and eyebrows.

⇒ Aggravation 2to 4 am.

⇒ Great debility.

⇒ Backache accompanies all the complaint.

❖ Modalities

⇒ Aggravation

- 2-4 Am

- Lying on Lt. side.

⇒ Amelioration

- During day

8. Psorinum

❖ A/F

⇒ Suppression of skin eruption, change of weather, exposure to cold.

❖ Indicating Symptoms

⇒ It is causation due to suppression of skin eruption.

⇒ Character is great dyspnoea on least exertion with cough and weakness in the chest.

- ⇒ Comp Aggravated by the open air.
- ⇒ Comp ameliorated by the lying down.
- ⇒ Concomitant in psoric pt who are highly chilly

❖ **Constitution**

- ⇒ Miasm: Psora
- ⇒ Relation: Chilly

❖ **Physical Generals**

- ⇒ Lean and thin person with person with skin eruption having filthy smell of body which persists even after washing.

❖ **Mental Generals**

- ⇒ Anxious, full of fear, melancholic,
- ⇒ Religious melancholy.
- ⇒ Irritable and want to be alone.

❖ **Other Guiding Symptoms**

- ⇒ Great debility.
- ⇒ Extremely chilly.
- ⇒ Body are foul smelling have carrion like odour.
- ⇒ Hungry in the middle of the night.

❖ **Modalities**

- ⇒ Aggravation
 - Change of weather
- ⇒ Amelioration
 - Warm clothing

9. Carbo Veg

❖ **A/F**

- ⇒ Loss of vital fluid, mercury, salt, salted meat or fish, person who have never fully recovered from the bad effect of some previous illness.

❖ **Indicating Symptoms**

- ⇒ Causation low vitality and neglected pneumonia.
- ⇒ Character of cough: cough with tingling and itching in larynx.
- ⇒ Hoarseness worse in the evening.
- ⇒ Wheezing and rattling of mucus in the chest.
- ⇒ All the comp aggravated by open air.
- ⇒ All the comp ameliorates by the constant fanning from a close distance.

❖ **Constitution**

- ⇒ Temperament: sanguine
- ⇒ Relation: Hot
- ⇒ Miasm: Anti psoric
- ⇒ Diathesis: haemorrhagic

❖ **Physical Generals**

- ⇒ Persons of advanced age, women at turn of life, prematurely old people.

❖ **Mental Generals**

⇒ Slowness of thought and weakness of memory, dislike darkness and fear ghosts.

❖ **Other Guiding Symptoms**

⇒ Cold to touch.
⇒ Weak digestive problem.
⇒ Wants clothing loose around the abdomen.
⇒ Constant sour and rancid eructation.

❖ **Modalities**

⇒ Aggravation

- In evening
- Open air

⇒ Amelioration

- eructation
- Cold application

10. Medorrhinum

❖ **A/F**

⇒ Cases of maltreated and suppression gonorrhoea may be treated with Medorrhinum.
⇒ Disease of spinal cord.
⇒ Maltreated or suppressed gonorrhoea.

❖ **Indicating Symptoms**

⇒ Character there is great dyspnoea, suffocating and choking, caused by spasm.
⇒ Can inspire well but cannot expire.
⇒ All the complaints are ameliorated by lying on face.
⇒ All the comp aggravated by thinking of his ailments.

❖ **Constitution**

⇒ Temperament: disposition, peevish
⇒ Relation: Hot
⇒ Miasm: Sycosis
⇒ Diathesis: Rheumatic, gouty

❖ **Physical Generals**

⇒ It is suited to the pt having, constitutional effect of maltreated or suppressed gonorrhoea.

❖ **Mental Generals**

⇒ Greatest weakness of memory.
⇒ Weeping tendency.
⇒ Irritated at very silly matter.

❖ **Other Guiding Symptoms**

⇒ Soreness all over body.

- ⇒ Trembling all over the body.
- ⇒ Sensation of tightness.
- ⇒ Backache is relived by profuse urination.
- ⇒ Burning of hand and feet.

❖ **Modalities**

- ⇒ Aggravation
 - Sunrise to sunset
 - Heat
- ⇒ Amelioration
 - Seashore

11. Ipecac

❖ **A/F**

- ⇒ Undigestable food, raisins, cakes, anger, injury, quinine.

❖ **Indicating Symptoms**

- ⇒ Spasmodic from of attack, with violent contraction and construction in throat and chest.
- ⇒ Threatened suffocating from constriction.
- ⇒ Aggravated by motion.
- ⇒ Wheezing is present.

❖ **Constitution**

- ⇒ Temperament: irritable
- ⇒ Relation: chilly
- ⇒ Miasm: Psora
- ⇒ Diathesis: Haemorrhagic

❖ **Physical Generals**

- ⇒ Especially suited to stout person of lax fibre, fair people, women and children.

❖ **Mental Generals**

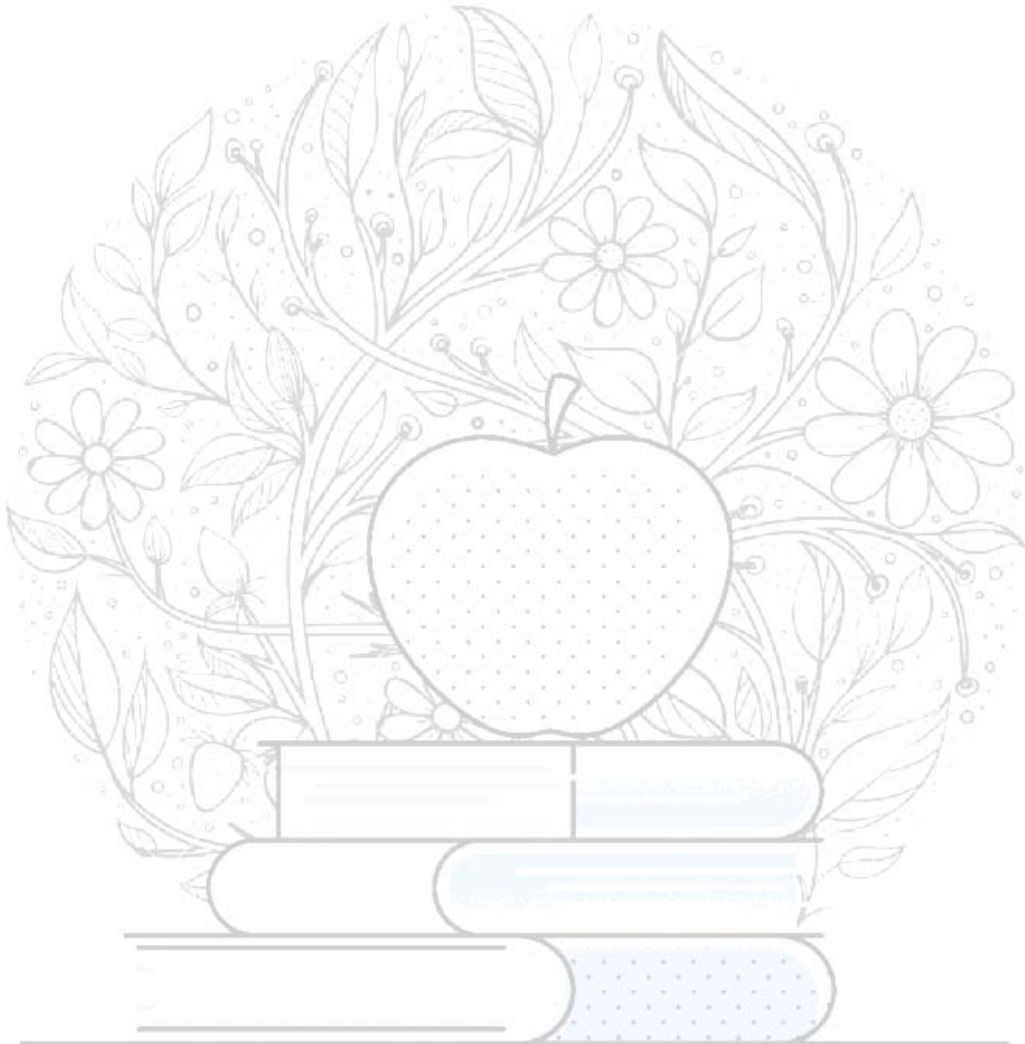
- ⇒ Irritable and short tempered.
- ⇒ Full of desire for many things about which he know nothing, in other words.
- ⇒ Oversensitive.
- ⇒ Cannot endure least noise.

❖ **Other Guiding Symptoms**

- ⇒ Nausea constant, continue and persists with or without vomiting.
- ⇒ Thirstlessness runs through the whole drug.
- ⇒ Bright red haemorrhage from natural orifices like nostril, mouth and especially from uterus.
- ⇒ Desire for sweets and dainties.
- ⇒ Aversion to all food.

❖ **Modalities**

- ⇒ Aggravation
 - Winter
 - Dry weather
- ⇒ Amelioration
 - Rest
 - Pressure



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2. Viral Hepatitis

1. Chelidonium

❖ A/F

⇒ Ailments brought on or renewed by change in weather.

❖ Indicating Symptoms

⇒ Right sided affection of the body.

⇒ Jaundiced skin.

⇒ Constant pain under inf. Angle of right scapula.

⇒ Head heavy & lethargic, drowsiness, very marked with general numbness.

⇒ Vertigo associated with hepatic disturbance.

⇒ Jaundice due to hepatic obstruction

⇒ Fermentation and sluggish bowel.

⇒ Liver enlarged.

⇒ Tongue yellow, yellow, large, flabby having imprint of teeth.

⇒ Eating relieves temporarily, esp. when accompanied with hepatic syndrome.

⇒ Fixed pain under inner and lower angle of right scapula.

❖ Constitution

⇒ PHYSICAL MAKEUP- - adapted to person of light complexion, blonde thin and irritable having hepatic, gastric and abdominal complaint at any stage, sex and temperament.

❖ Physical Generals

⇒ Affect right side most , right eye, rt. lung , rt. hypochondrium and abdomen , rt. hip , rt. leg , rt. foot cold and icy, left natural.

⇒ Desire for hot drinks, unless almost boiling stomach will not retain them.

❖ Mental Generals

⇒ Irritable.

❖ Other Guiding Symptoms

⇒ Constipation: stool hard, round balls like sheep's dung.

⇒ Eyes: periodic orbital neuralgia with excessive lachrymation; tears fairly gushes out.

❖ Modalities

⇒ Aggravation

- Right side
- Motion,
- Touch
- Change of weather
- Very early in morning

⇒ Amelioration

- After dinner
- From pressure

2. Chionanthus

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Prominent liver remedy with hepatic derangement.
- ⇒ Jaundice with arrest menses.
- ⇒ Aching in umbilical region, gripping feels as if a string were tied in a "slip knot" around intestines which was suddenly drawn and then gradually loosened sore.
- ⇒ Sore, enlarged abdomen with jaundice & constipation.
- ⇒ Clay coloured stool also soft yellow & pasty.
- ⇒ Tongue heavily coated.
- ⇒ No appetite
- ⇒ Hepatic region tender.
- ⇒ Skin yellow.
- ⇒ Bile & sugar in urine.
- ⇒ Urine very dark.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

⇒ Headache, neurasthenic, periodical, sick, menstrual, and bilious.

❖ Modalities

⇒ NA

3. Lycopodium

❖ A/F

- ⇒ Fright, anger, mortification, reserved displeasure, far from home.
- ⇒ Bad effect of onions, bread, wine, spirituous liquors.

❖ Indicating Symptoms

- ⇒ Hepatitis, atrophic from nutmeg liver pain shooting from right to left right sided remedy, complain travel from right to left.
- ⇒ Adapted to ailment gradually developing, function power weakening with failures of the digestive powers, where function of liver are seriously infected.
- ⇒ Pain in abdomen immediately after light meal.

- ⇒ Abdomen is bloated full.
- ⇒ Liver sensitive.
- ⇒ Brown spot on abdomen. .
- ⇒ Dropsy due to hepatic disease.
- ⇒ Inactive intestinal canal, ineffectual urging.
- ⇒ Sourness of discharge.
- ⇒ Pain aching, drawing, chiefly right sided.
<4 to 8 pm

❖ Constitution

- ⇒ PHYSICAL MAKEUP- upper part of body emaciated lower part is semi - dropsical
- ⇒ MIASM- all 3
- ⇒ SIDE AFFINITY- right
- ⇒ TEMP. - irritable
- ⇒ H/C -chilly

❖ Physical Generals

- ⇒ For deep seated progressive chronic disease.
- ⇒ Canine hunger , the more he eats the more he craves

❖ Mental Generals

- ⇒ Irritable,peevish,weep all day, cannot calm herself.
- ⇒ Greedy miserly.

❖ Other Guiding Symptoms

- ⇒ < 4 to 8 pm.
- ⇒ Excessive accumulation of gas in abdomen.
- ⇒ Red sand in urine in kidney affection.

❖ Modalities

- ⇒ Aggravation
 - 4-8 pm
 - Alone
 - Rt. side
 - Heat, hot air
- ⇒ Amelioration
 - Warm food
 - From uncovering the head
 - Loosening the garments

4. Cardus Marinus

❖ A/F

⇒

❖ Indicating Symptoms

- ⇒ Action of drug is centred to liver and portal system causing soreness, pain, jaundice from abuse of alcoholic beverages esp. beer
- ⇒ Dropsical condition depending on liver disease.
- ⇒ Influenza when liver is affected.
- ⇒ Haemorrhages esp. connected to liver disease.
- ⇒ Pain in region of liver.
- ⇒ Left lobe of liver very sensitive.
- ⇒ Fullness and soreness of abdomen with moist skin.
- ⇒ Stool- yellow, hard, difficult knotty, alternate with diarrhoea.
- ⇒ Hyperaemia of liver with jaundice.
- ⇒ Dragging pain in liver region.
- ⇒ Want of appetite with nausea, retching, vomiting of greenish fluid.
- ⇒ Cirrhosis with dropsy

❖ **Constitution**

- ⇒ PHY. MAKEUP - to person lean & thin.
- ⇒ MIASM - multiple miasms.
- ⇒ DIASTHESIS- adapted toward liver affection.

❖ **Physical Generals**

- ⇒ For disease associated with liver affection.

❖ **Mental Generals**

- ⇒ Sadness & depressed & hypochondriacal.

❖ **Other Guiding Symptoms**

- ⇒ NA

❖ **Modalities**

- ⇒ Aggravation
 - Lying on left side
 - Beer
 - Eating
 - Motion
 - Pressure
- ⇒ Amelioration
 - NA

5. **Podophyllum**

❖ **A/F**

- ⇒ Abuse of Mercury, over lifting, summer, faulty eating.

❖ **Indicating Symptoms**

- ⇒ Pre-eminently liver remedy esp. in jaundice and chronic hepatitis.
- ⇒ Pt. Is constantly rubbing and shaking the region of liver with hand.
- ⇒ Dull aching pain in liver region.
- ⇒ Great fullness , soreness with stitching pain in the epigastrium; worse from coughing

- ⇒ Character of pain - acute burning pain in liver region.
- ⇒ There is sour regurgitation of food with sour and acid eructation, heart burn.
- Nausea and profuse bilious vomiting & diarrhoea.
- ⇒ Liver region painful , better by rubbing part
- ⇒ Bitter taste in mouth due to liver affections.

❖ **Constitution**

- ⇒ PHYSICAL MAKEUP- adapted to person who GI derangement esp. after abuse of Mercury.
- ⇒ TEMP. - Bilious temp.
- ⇒ H/C - extreme of heat and cold.
- ⇒ Miasm- psora and syphilis

❖ **Physical Generals**

- ⇒ Thirst for large quantity of cold water.
- ⇒ Affected right throat, right ovary and right hypochondrium.

❖ **Mental Generals**

- ⇒ Depression of spirits, imagines he is going to die or very ill.
- ⇒ Disgust of life.

❖ **Other Guiding Symptoms**

- ⇒ Painless cholera morbus.
- ⇒ Long standing early morning diarrhoea.
- ⇒ Fever paroxysms at 7 am with great loquacity during chill and heat.
- ⇒ Podophyllum is characterized by profuse, painless, putrid, polychromatic, prolapse of rectum and prostration.

❖ **Modalities**

- ⇒ Aggravation
 - Early morning
 - Hot weather.
- ⇒ Amelioration
 - Rubbing the liver region.

6. **Leptandra**

❖ **A/F**

- ⇒ NA

❖ **Indicating Symptoms**

- ⇒ A liver remedy with jaundice and black tarry stool.
- ⇒ Bilious states.
- ⇒ Enfeebled portal circulation.
- ⇒ Tongue coated yellow.
- ⇒ Great distress on stomach & intestine with desire for stool.
- ⇒ Aching in region of liver extending to spine , which feels chilly

⇒ Hepatitis with pain in liver region.

⇒ Clay coloured stool with jaundice.

❖ **Constitution**

⇒ NA

❖ **Physical Generals**

⇒ NA

❖ **Mental Generals**

⇒ NA

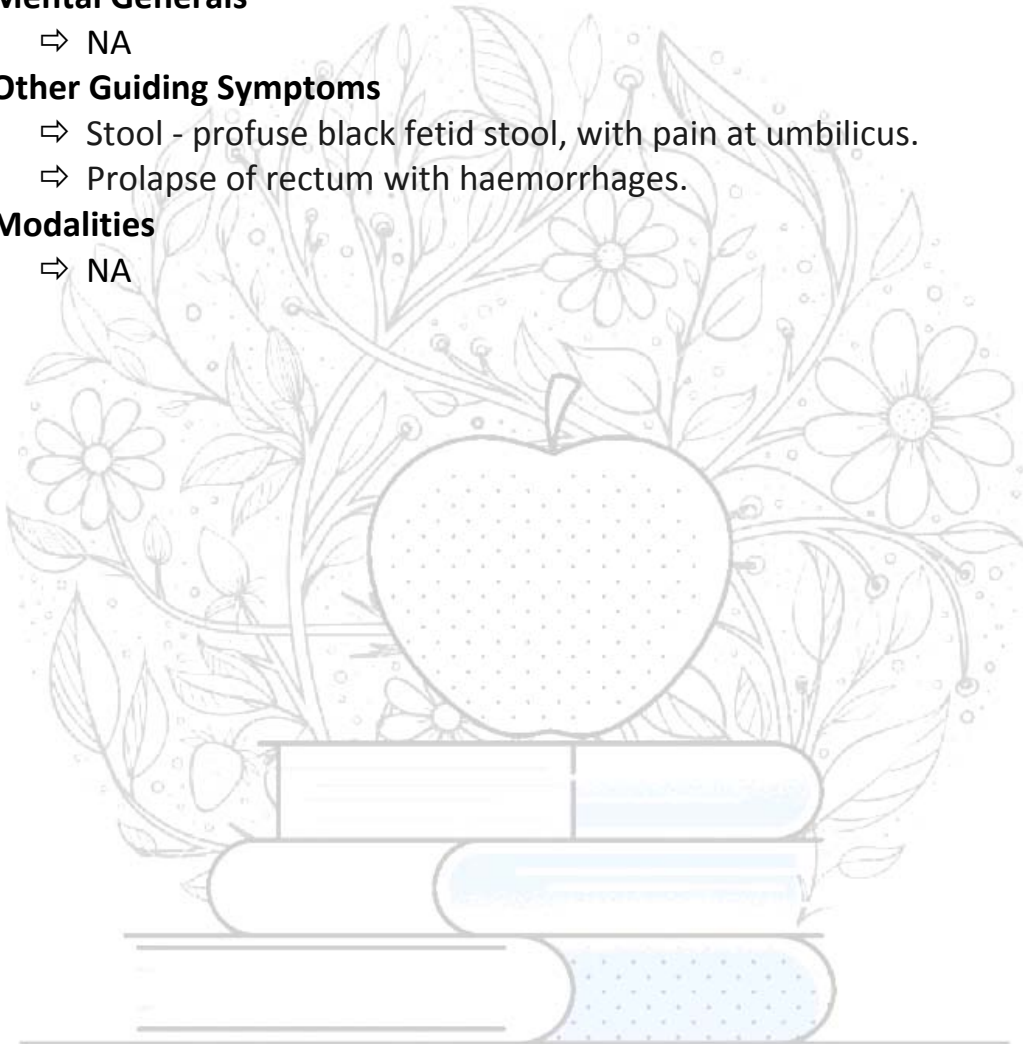
❖ **Other Guiding Symptoms**

⇒ Stool - profuse black fetid stool, with pain at umbilicus.

⇒ Prolapse of rectum with haemorrhages.

❖ **Modalities**

⇒ NA



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HNSHMC STUDENTS

3. Anaemia

1. Cinchona

❖ A/F

⇒ Loss of vital fluid, profuse menses, haemorrhages, excessive lactation, suppurations, sexual excess and loss of sleep.

❖ Indicating Symptoms

⇒ The quantity and quality of blood are altered.

⇒ It becomes thin, watery, circulation lack energy and general debility and anaemic condition sets in.

⇒ Face presents a pale, Hippocratic expression.

⇒ Eyes are sunken and surrounded by dark rings.

⇒ Ringing & buzzing sounds in ears.

⇒ Desire of sour things.

⇒ Face flushed after haemorrhages or sexual excesses or loss of vital fluids

⇒ Blue colors around eyes

⇒ Night blindness in anaemic retina

⇒ Haemorrhages of mouth, nose, bowels and uterus, long and continued.

❖ Constitution

⇒ PHYSICAL MAKEUP- once robust, strong, healthy, stout, swarthy, person, who become weak, debilitated and exhausted by loss of vital fluid.

⇒ TEMP. - Nervous temperament.

⇒ H/C - chilly.

⇒ MIASMS- psora.

⇒ DIATHESIS- Haemorrhagic diathesis.

❖ Physical Generals

⇒ Longing for sour things.

⇒ Disposed to haemorrhage from every orifice of the body.

❖ Mental Generals

⇒ Apathetic, indifferent, taciturn.

⇒ Has no desire to live.

❖ Other Guiding Symptoms

⇒

❖ Modalities

⇒ Aggravation

- From slightest touch
- Draft of air
- Every other day
- Mental emotion
- Loss of vital fluid

⇒ Amelioration

- Hard pressure
- Bending double.

2. Nat Mur

❖ A/F

⇒ Loss of vital fluid, profuse menses , seminal losses ,or mental affections

❖ Indicating Symptoms

- ⇒ It causes alteration in blood and hence produces anaemia.
- ⇒ Cachectic condition and chlorotic look.
- ⇒ Blue rings around eyes.
- ⇒ Oedema with great liability to take cold.
- ⇒ Headache - anaemic of school girl from sunrise to sunset, as if bursting, during and after menses as if thousand of little hammer were knocking > perspiration.
- ⇒ Heart pulsation shakes the body.
- ⇒ Fluttering of the heart with a weak faint feeling < lying down.
- ⇒ Cachectic appearance.
- ⇒ Great weakness and weariness
- ⇒ Tachycardia
- ⇒ Sensation of coldness
- ⇒ Numbness and tingling in fingers and lower extremities
- ⇒ Blue ring around the eyes.

❖ Constitution

- ⇒ PHYSICAL MAKEUP- Emaciated people having shiny oily and waxy look of the surface.
- ⇒ TEMP. - Nervous.
- ⇒ H/C - Hot pt.
- ⇒ MIASM- All 3
- ⇒ DIATHESIS- Scrofulous

❖ Physical Generals

- ⇒ Great emaciation losing flesh while living well.
- ⇒ Great liability to take cold.
- ⇒ Craving for salt.

❖ Mental Generals

- ⇒ Irritable.
- ⇒ Disappointment of love.
- ⇒ Awkward.
- ⇒ Marked disposition to weep.

❖ Other Guiding Symptoms

- ⇒ Covers in above points

❖ Modalities

- ⇒ Aggravation

- 10 or 11 am
 - At sea shores , from sea air
 - Heat of the sun
 - Mental exertion
- ⇒ Amelioration
- Open air, cold bathing
 - Going without regular meals.

3. Ferrum Phos

❖ A/F

- ⇒ From loss of vital fluid.
- ⇒ Abuse of quinine.
- ⇒ Haemorrhages.

❖ Indicating Symptoms

- ⇒ Pale and waxy.
- ⇒ Muscles become flabby and relaxed.
- ⇒ Cold extremities.
- ⇒ Weakness from mere speaking or walking though looking strong.
- ⇒ Pallor of skin, mucous membrane, face, alternating with flushes.
- ⇒ Irregular distribution of blood.
- ⇒ Muscle flabby and relaxed.
- ⇒ Vertigo.
- ⇒ Ringing ears before menses.
- ⇒ Anaemic murmur of heart.
- ⇒ Pulse full, but soft and yielding; also small and weak.
- ⇒ Heart suddenly bleeds into blood vessels and as suddenly drown a reflux, learning pallor of surfaces.

❖ Constitution

- ⇒ PHYSICAL MAKEUP - Esp. Adapted to women who are pale, weak, delicate, chlorotic yet have a fiery red face.
- ⇒ TEMP- sanguine, easily vexed, least contradiction excites pt.
- ⇒ H/C - hot.
- ⇒ MIASAM - Psora.
- ⇒ DIATHESIS- Haemorrhagic

❖ Physical Generals

- ⇒ Canine hunger or loss of appetite with extreme dislike of all food.
- ⇒ Haemorrhagic diathesis; blood bright red coagulation easily.

❖ Mental Generals

- ⇒ Irritable, slight noise like cracking of paper drives him despair.

❖ Other Guiding Symptoms

- ⇒ Covers in above points.

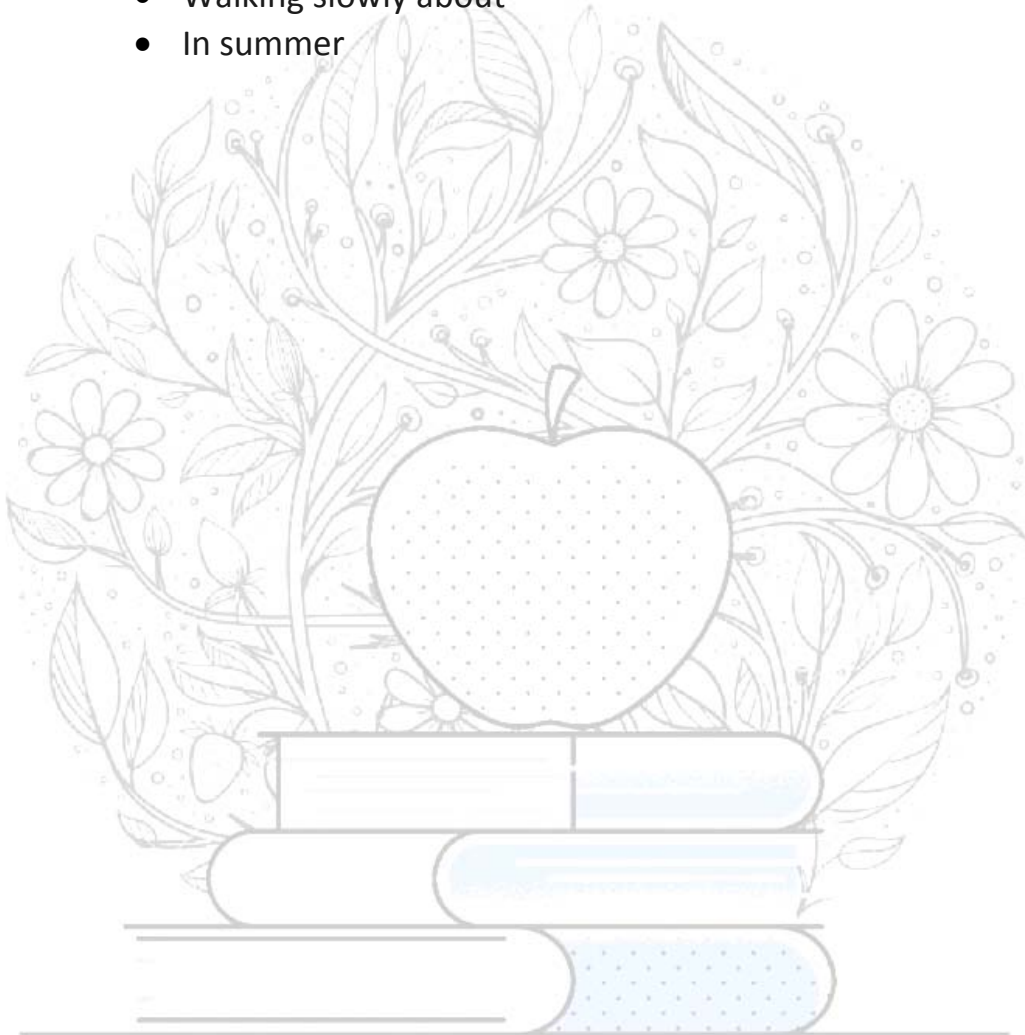
❖ Modalities

⇒ Aggravation

- At night
- At rest
- Esp. while sitting still

⇒ Amelioration

- Walking slowly about
- In summer



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HNSHMC STUDENTS

4. Peptic Ulcer

1. Nitric Acid

❖ A/F

⇒ Virulent poison, loss of sleep, long lasting anxiety.

❖ Indicating Symptoms

⇒ Stomach and abdomen are very tense wants to make cloths loose.

⇒ Great hunger with sweetish taste . Longing for indigestible things

⇒ Sour and bitter taste and eructation.

⇒ Persistent nausea and vomiting of offensive, undigested food, tenacious and bloody mucus.

⇒ CHARACTER OF PAIN: Sticking, splinter like pricking pain in abdomen.

⇒ Ineffectual urging for stool.

⇒ Pain in cardiac orifice

⇒ Dyspepsia with excess of oxalic acid , uric acid and phosphate in urine

⇒ Hmg from bowels , profuse and bright

⇒ Feels that a large amount of stool remains in rectum to be expelled but he is unable to do so.

❖ Constitution

⇒ Temperament: Nervous and irritable.

⇒ Thermal: Chilly

⇒ Miasm: Covers three miasms.

⇒ Diathesis: Haemorrhagic Temperament: Nervous and irritable.

⇒ Thermal: Chilly

⇒ Miasm: Covers three miasms.

⇒ Diathesis: Haemorrhagic

❖ Physical Generals

⇒ General weakness, debility, feeble reaction run through the whole drug.

⇒ Easily disposed to diarrhoea rather than constipation.

⇒ Extreme sensitiveness and nervous trembling, physical and nervous irritability.

⇒ Urine: very pungent and strong smelling like horse urine.

❖ Mental Generals

⇒ Very nervous, excitable, peevish and easily angered at trifling matters.

⇒ Great indifference.

⇒ Very irritable and head strong.

❖ Other Guiding Symptoms

⇒ Weakness and debility runs through whole drug.

⇒ Pain - splinter like pain with STICKING AND PRICKING sensation.

⇒ Haemorrhagic tendency from mouth, nose, bowel and uterus.

⇒ Particular affinity for the places where skin and mucus membrane join with cracks and fissures and with splinter like pricking pain.

❖ **Modalities**

⇒ Aggravation

- Evening, night
- On walking

⇒ Amelioration

- Riding in a carriage

2. Nux Vomica

❖ **A/F**

⇒ Modern living, coffee, tobacco, alcohol, spicy food, irregular diet, overeating.

❖ **Indicating Symptoms**

⇒ Sensation of weight and pain in the stomach worse after eating

⇒ Sour taste and nausea in the morning

⇒ Sour bitter eructation

⇒ Retching

⇒ Dyspepsia from drinking strong coffee

⇒ Irregular peristaltic action

⇒ Flatulence and pyrosis, tightness, sour or bitter eructation.

⇒ Nausea and vomiting constant nausea after eating. Especially in the morning.

⇒ Patient feels "IF I COULD ONLY VOMIT, I WOULD BE SO MUCH BETTER".

⇒ Very hungry yet there is aversion to food.

⇒ Stomach region is very sensitive to touch and pressure.

⇒ Abdomen is bloated.

⇒ Constrictive cramp like pain in the stomach.

⇒ Dysentery- great tenesmus and mucus with stool, frequent ineffectual urging with gripping pain and soft stool.

⇒ Diarrhoea alternates with constipation, who have taken laxatives and aromatic medicines throughout their lives.

❖ **Constitution**

⇒ Temperament: bilious, sanguine, impatient, irritable temperament.

⇒ Thermal: Chilly

⇒ Miasm: psora is in the background.

❖ **Physical Generals**

⇒ Over sensitiveness runs through the whole remedy, very sensitive to external impression - light, noise, odour, touch, pain etc.

⇒ Frequent and ineffectual desire for stool and urine.

⇒ Convulsion with consciousness.

⇒ Great tendency to take cold and aversion to cold air.

⇒ The patient is compelled to close the doors and windows and cover up the body.

❖ **Mental Generals**

⇒ The peculiar mental symptoms all consequent upon the modern so called civilized life and high living.

⇒ Very irritable patient.

⇒ Very nervous and melancholic, impatient.

⇒ Easily becomes angry at very silly matters.

⇒ Wants to be alone.

❖ **Other Guiding Symptoms**

⇒ Best remedy to commence treatment of cases that have been unduly drugged by other schools as an antidote to the bad effects.

⇒ Literary and studious person who suffers from lack of exercise, always staging at home, sedentary life.

⇒ Functional disturbance in the domain of sensory and motor nerve fibers.

⇒ Tonic and clonic spasm of limbs and muscles.

❖ **Modalities**

⇒ Aggravation

- Morning
- After eating or overeating
- Touch
- Narcotics

⇒ Amelioration

- Rest
- Evening
- Lying down

3. **Robinia**

❖ **A/F**

⇒ Cabbage, raw fruits, ice-cream

❖ **Indicating Symptoms**

⇒ Burning in stomach and between scapula.

⇒ A remedy for hyperchlorhydra

⇒ Acidity accompanied by frontal headache

⇒ Intensely acrid eructation

⇒ Squeezing in stomach.

⇒ Gastric difficulty associated with frontal headache.

⇒ Sour stool, child smells sour

⇒ Heat burn and acidity.

⇒ Aggravation lying down especially at night.

⇒ Sick headache with acid vomiting.

⇒ Acid dyspepsia.

⇒ Sour stool and vomiting, sour milk with sour smell of the body.

⇒ Acridity and acidity are marked feature of this remedy.

❖ **Constitution**

⇒ Miasm: mainly psora.

❖ **Physical Generals**

⇒ Sick headache with acid vomiting.

⇒ Constant full frontal headache.

⇒ Burning in stomach and between scapula.

⇒ Vomiting is so sour that it sets the teeth on edge or dulls them.

❖ **Mental Generals**

⇒ Very low spirited.

⇒ Excessively irritable.

❖ **Other Guiding Symptoms**

⇒ It is therefore useful for hyperchlorhydria when the eructation and taste is sour and vomiting is so sour that it sets the teeth on edge or dulls them.

⇒ Sour infants with sour smell of the body, sour stools and vomiting of sour milk.

⇒ Water brash.

⇒ Heat burn and acidity aggravation lying down especially at night.

❖ **Modalities**

⇒ Aggravation

- Eating
- Night
- Cabbage
- Raw fruits
- Ice creams

4. Kali Bich

❖ **A/F**

⇒ Alcohol, beer, cold drinks.

❖ **Indicating Symptoms**

⇒ Catarrhal condition of gastrointestinal tract with chronic ulcer in the lower curvature of stomach.

⇒ Round ulcers of stomach

⇒ Dislike water

⇒ Cutting pain in abdomen soon after eating and rheumatic symptoms reappear

⇒ Vomiting of bright yellow water

⇒ Desire for alcoholic drinks which make him sick.

⇒ Character of ulcer: punched out ulcer of stomach with the tip of finger, shifts rapidly from one part to another. Appear and disappear suddenly.

- ⇒ Nausea and vomiting followed by diarrhoea due to cold drinks, alcoholic, weak digestion.
- ⇒ Vomited matter is sour, mixed with clear mucous or bitter in taste.
- ⇒ Great burning rawness in the region of stomach.
- ⇒ Uneasiness in stomach.
- ⇒ Burning heat in stomach.
- ⇒ Dysenteric stool or diarrhoea alternating with rheumatic pain.
- ⇒ Crampy pain in abdomen.
- ⇒ Gastric symptoms are worse in summer season.
- ⇒ Catarrhal condition of all the mucous membrane with stringy or ropy discharge or the discharges can be drawn into a long string.

❖ **Constitution**

- ⇒ Thermal: chilly
- ⇒ Miasm: all the three miasm especially syphilis in background.

❖ **Physical Generals**

- ⇒ Discharge from mucous membrane and skin are tough, stringy which are adhere to the parts and can be down into long string.
- ⇒ Pain in small spots covered with tip of a finger.
- ⇒ Discharge of plugs "clinkers".
- ⇒ Spottiness, stringiness and yellowishness.

❖ **Mental Generals**

- ⇒ ILL humoured, low spirited, indifferent.
- ⇒ Easily excited, anxiety arises from chest with distress in stomach.

❖ **Other Guiding Symptoms**

- ⇒ Shifting pain runs through the whole drug.
- ⇒ Desires for beers acids.
- ⇒ Pressive pain in root of nose.
- ⇒ Patient is generally chilly his symptoms occur and aggravate in hot summer weather.

❖ **Modalities**

- ⇒ Aggravation
 - Alcoholic drinks, beer
 - In morning
 - Hot weather
- ⇒ Amelioration
 - Rest
 - Cold food

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INSHMC STUDENTS

5. Iron Deficiency

1. Ferrum Met

❖ A/F

⇒ Loss of vital fluids, abuse of quinine, suppressed intermittents.

❖ Indicating Symptoms

⇒ Anaemia with great paleness of all the mucous membranes; with sudden, fiery red flushing of the face.

⇒ Palor of skin mucous membrane, face, alternating with flushes

⇒ Irregular distribution of blood

⇒ Muscles flabby and relaxed

⇒ Vertigo on seeing floating water

⇒ Profuse haemorrhages from any organ, blood light with dark clots, coagulates easily.

⇒ Local congestion and inflammation with hammering, pulsating pains, veins full, flushed face, alternates with paleness.

⇒ Iron is present in considerable quantity in blood.

⇒ Anaemia of young persons with flush cheeks but pale lips.

❖ Constitution

⇒ Especially adapted to women who are pale, weak, delicate & chlorotic, yet have fiery red face.

⇒ Miasm: Psora

⇒ Temperament: Sanguine

⇒ Hot-Cold Relation: Hot

⇒ Diathesis: Haemorrhagic

❖ Physical Generals

⇒ Extreme paleness of face, lips & mucous membranes.

⇒ Red parts become white.

⇒ Haemorrhagic diathesis, blood bright red, coagulates easily.

❖ Mental Generals

⇒ Irritability; slight noises like crackling of paper drive him to despair.

❖ Other Guiding Symptoms

⇒ Any rapid exertion or motion brings on weakness, dyspnoea, sinking & fainting.

⇒ Pains and suffering come on during rest.

⇒ Extreme paleness of the parts.

⇒ Red parts become white.

⇒ Canine hunger or alternate loss of appetite with dislike from any food.

❖ Modalities

⇒ Aggravation

- After eating & drinking

- At night, At rest.
- ⇒ Amelioration
 - Walking slowly about
 - Slight bleeding

2. Ferrum Phos

❖ A/F

- ⇒ Ill effects of sun heat.
- ⇒ Exposure to cold.

❖ Indicating Symptoms

- ⇒ The deficiency in the cell, salt leads to disturbance of circulation. It again causes other disturbance in normal equilibrium of the human system.
- ⇒ The typical Ferrum Phos subject is not full blooded & robust but nervous, sensitive, anaemic with the false plethora and easily flushing.
- ⇒ Haemorrhages; bright red blood from any orifice.
- ⇒ In pale, anaemic subjects with violent, local congestion.

❖ Constitution

- ⇒ It corresponds to Grauvogl's constitution.

❖ Physical Generals

- ⇒ In early stages of febrile condition. It stands midway between asthenic activity of ACONITE and BELLADONNA.
- ⇒ Desire for stimulants, aversion to meat & milk.
- ⇒ Headache better by cold application.

❖ Mental Generals

- ⇒ Very talkative, hilarious & excited.
- ⇒ Transient mania from cerebral irritation.
- ⇒ Indifferent to pleasurable things.
- ⇒ Aversion to company.

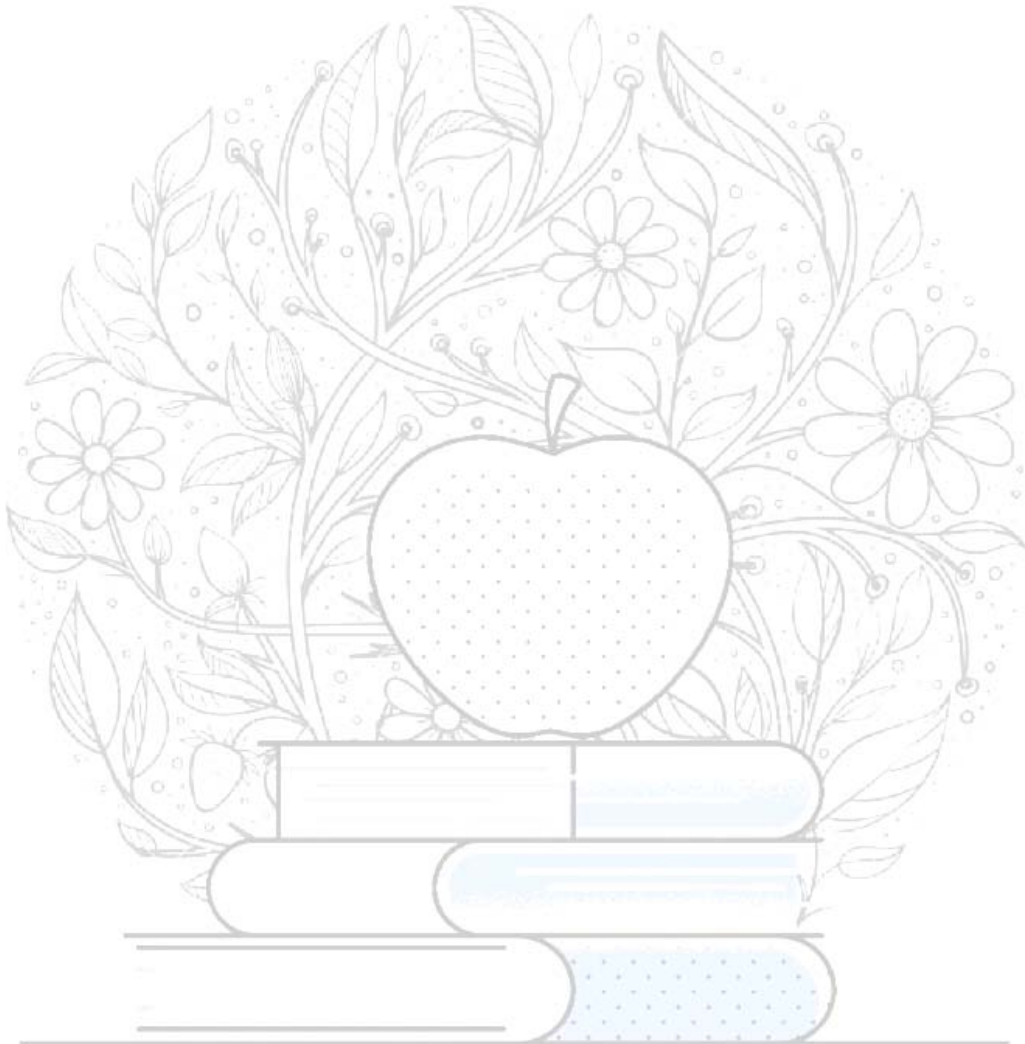
❖ Other Guiding Symptoms

- ⇒ First stage of all febrile disturbances and inflammation before exudation sets in.
- ⇒ Nervous, sensitive, anaemic persons with false plethora & easy flushing.
- ⇒ Haemorrhages; bright, red blood from any orifice.
- ⇒ Headache better by cold application.

❖ Modalities

- ⇒ Aggravation
 - At night
 - Touch
 - Jar
 - Motion
 - Checked sweat
- ⇒ Amelioration
 - Cold application

- Bleeding
- Lying down



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HNSHMC STUDENTS

6. Headache In School Going Girls

1. Nat Mur

❖ A/F

- ⇒ Bad effects of anger, grief, vexation, excessive use of salt, bread, quinine, fright, loss of vital fluid, sexual excess, profuse menses, etc.

❖ Indicating Symptoms

- ⇒ Sensation as if a thousand little hammers are knocking on the brain.
- ⇒ Left sided headache, esp. of anaemic school girls who overwork their mental strength.
- ⇒ Heaviness & weight in head, esp. in the occiput.
- ⇒ Headache beginning with blindness; with zigzag dazzling, like lightning in eyes.
- ⇒ Worse From sunrise to sunset, as if bursting; with red face.

❖ Constitution

- ⇒ Anaemic, cachectic, & emaciated person having shiny, oily, & waxy look of the face, as if greased.
- ⇒ MIASM: Covers all the miasm
- ⇒ TEMPERAMENT: Nervous
- ⇒ HEAT & COLD RELATION: Hot
- ⇒ DIATHESIS: Scrofulous

❖ Physical Generals

- ⇒ Great emaciation, losing flesh while living well.
- ⇒ Great liability to take cold.
- ⇒ Craving for salt, great aversion to bread.

❖ Mental Generals

- ⇒ Excessive irritability; they cry for slightest cause and get into a passion about trifles.
- ⇒ Marked disposition to weep.
- ⇒ Consolation aggravates.

❖ Other Guiding Symptoms

- ⇒ Great emaciation, losing flesh while living well.
- ⇒ Most of the symptoms are worse from sunrise to sunset, (esp. 10 to 11 a.m.)
- ⇒ MAPPED like tongue with red insular patches; like ringworm on side.

❖ Modalities

- ⇒ Aggravation
 - From sunrise to sunset
 - Mental exertion
 - Heat of sun

- Consolation
- ⇒ Amelioration
 - By perspiration
 - In open air
 - Lying on right side

2. Belladonna

❖ A/F

- ⇒ Exposure to draught of cold air, cold wind, hair cut, uncovering the head, head getting wet, summer complaints, taking sausage and wine.

❖ Indicating Symptoms

- ⇒ Rush of blood to head and face.
- ⇒ Headache congestive, with red face, throbbing of brain and carotids.
- ⇒ Boring the head into the pillow.
- ⇒ Headache from heat of sun, nervous headache frequently semi-lateral, esp. right side.
- ⇒ Stabbing as if with knife from temple to temple. Boring, tearing, cutting, shooting pains in various parts of head.
- ⇒ Headache from catching cold in head, as from having the hair cut.

❖ Constitution

- ⇒ Person with light hair and blue eyes, fine complexion, delicate skin, sensitive, nervous, threatened with convulsions.
- ⇒ MIASM: Psoric.
- ⇒ DIATHESIS: Tubercular.
- ⇒ HEAT & COLD RELATION: Hot.

❖ Physical Generals

- ⇒ Great liability to take cold, sensitive to drafts of air, esp. when uncovering.
- ⇒ Tonsils become inflamed after riding in a cold wind.
- ⇒ Quick sensation and motion; pain come sudden, last indefinitely and cease suddenly.

❖ Mental Generals

- ⇒ Fear of imaginary things, wildly delirious.
- ⇒ Violent delirium; disposition to bite, spit and tear things.
- ⇒ Patient lives in her own world.

❖ Other Guiding Symptoms

- ⇒ Quick sensation and motion.
- ⇒ In all acute inflammatory conditions where redness, congestion, burning and throbbing sensation involved.
- ⇒ Violent delirium.
- ⇒ Bearing down sensation as if the contents of abdomen would issue from vulva.

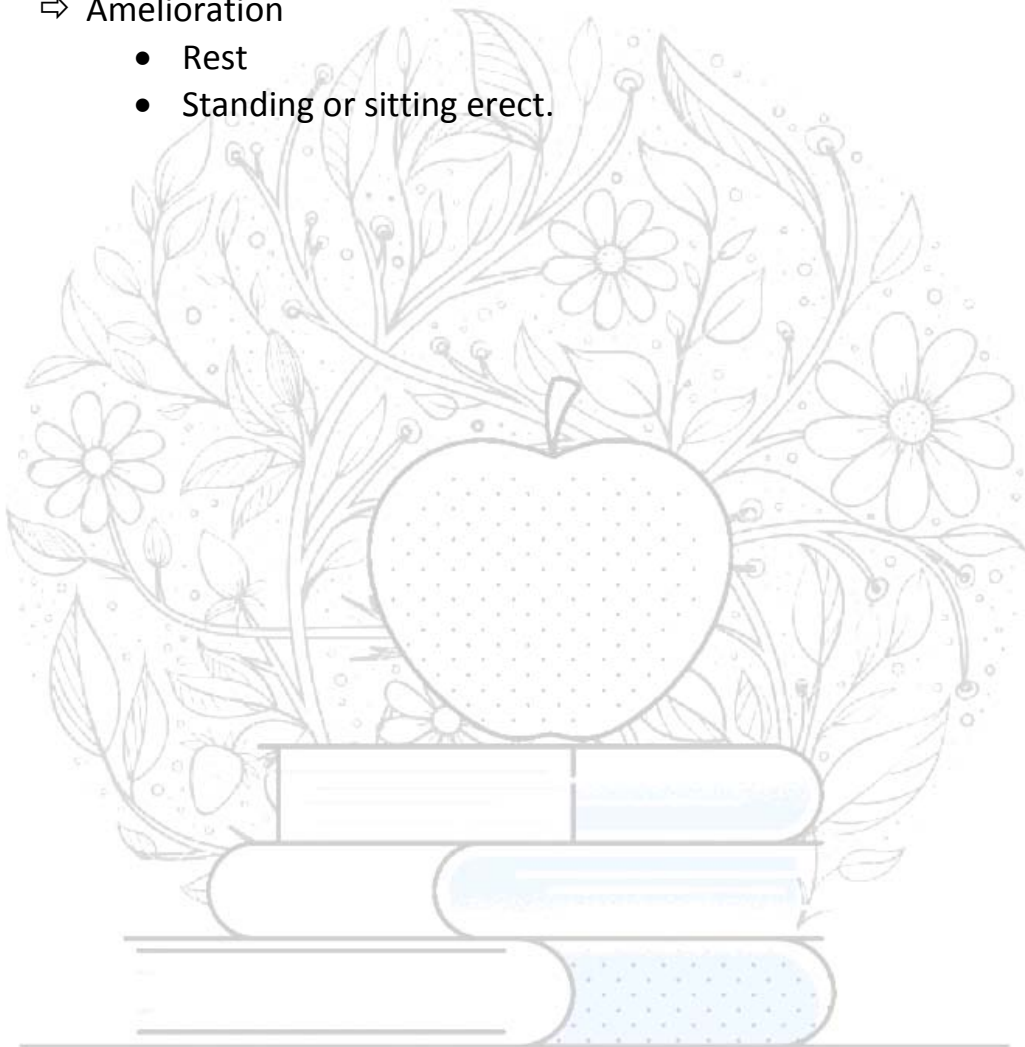
❖ Modalities

⇒ Aggravation

- From touch
- Motion, drafts of air.
- Looking at bright shining objects.
- Uncovering the head
- Lying down

⇒ Amelioration

- Rest
- Standing or sitting erect.



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HNSHMC STUDENTS

7. Heart Failure

1. Adonis Vernalis

❖ A/F

⇒ From Cold and Lying.

❖ Indicating Symptoms

⇒ It acts predominantly on heart when affected after rheumatism; influenza or nephritis.

⇒ Muscles of heart are in stage of fatty degeneration.

⇒ It is valuable in cardiac dropsy, hydrothorax, ascites and anasarca.

⇒ It is indicated in arrhythmia, pericardial pain and palpitations.

⇒ Pulse rapid and irregular.

⇒ In hypertrophy of heart as in stenosis and mitral regurgitation

⇒ Fatty heart pericarditis

⇒ Rheumatic endocarditis

⇒ Precordial pain palpitations and dyspnea

⇒ Marked venous engorgement

⇒ Cardiac asthma

⇒ Fatty heart

⇒ Myocarditis

⇒ Irregular cardiac action

⇒ Pulse rapid, irregular

⇒ Low vitality with weak heart and slow weak pulse

❖ Constitution

⇒ Physical appearance: Low vitality with weak heart and slow, weak pulse

⇒ Have no specific constitution

❖ Physical Generals

⇒ Helpful in case of endocarditis, valvulitis, myocarditis, Cardiac asthma and dropsy.

⇒ Heart affection after rheumatism or influenza or renal disease.

⇒ The symptoms are rapid and feeble action of heart, dropsy, irregular and intermittent pulse.

⇒ Oedema of the legs, ascites and dyspnoea.

⇒ Marked venous congestion.

❖ Mental Generals

⇒ Vertigo < on rising, turning the head quickly or lying down, with palpitations.

⇒ Aching from occiput around temples to eyes.

⇒ Scalp feels tight.

❖ Other Guiding Symptoms

⇒ Tongue dirty yellow, sore, feels scalded.

- ⇒ Oily pellicle on urine scanty, aluminous.
- ⇒ Faint feeling in epigastric region with vertigo >out of doors.
- ⇒ Aching in nape spine stiff and aching.

❖ Modalities

- ⇒ Aggravation:
 - Cold
 - Lying
- ⇒ Amelioration
 - Exertion

2. Digitalis

❖ A/F

- ⇒ Alcohol, high living, sexual excess and tobacco.

❖ Indicating Symptoms

- ⇒ Heart is chiefly involved, with abnormally slow, irregular or intermittent pulse.
- ⇒ Its greatest indication is i failure of compensation and esp. when auricular fibrillation has set in
- ⇒ Slow pulse in recumbent posture
- ⇒ Cardiac muscular failure when asystole is present
- ⇒ Great weakness, sinking of strength, faintness, coldness of skin and irregular respiration.
- ⇒ Prolonged diastole and rise of blood pressure.
- ⇒ Hypertrophy of liver with induration and jaundice
- ⇒ Dropsy with suppression of urine.
- ⇒ Slow pulse in recumbent posture, quick on motion, irregular and dicrotic on sitting up.
- ⇒ Least movement causes violent palpitations and sensation as if it would stop beating , if he moves
- ⇒ Frequent stitches in heart
- ⇒ Irregular heart esp. Of mitral dz .
- ⇒ Very slow pulse .
- ⇒ Sudden sensation as if heart stood still .
- ⇒ Hypertrophy with dilatation
- ⇒ Cardiac failure after fever
- ⇒ Cardiac dropsy

❖ Constitution

- ⇒ Patient is light haired scrofulous and people of climacteric age having weak heart without valvular complications.
- ⇒ Blue skin with cyanosis of tongue and nail.
- ⇒ chilly patient
- ⇒ Psora and sycosis.

⇒ scrofulous diathesis

❖ **Physical Generals**

- ⇒ Slow and weak, irregular, intermittent pulse, intermitting every 3rd, 5th and 7th beat.
- ⇒ Sensation as if the heart would stop beating if she moved.
- ⇒ Enlarged, sore painful liver.
- ⇒ White and pasty stool.
- ⇒ Blueness of skin with cyanosis of face, eyelids, lips, tongue and covered with cold sweat.
- ⇒ Great weakness and deadly sinking in epigastrium with nausea and vomiting from smell of food.
- ⇒ Clean tongue and great thirst.

❖ **Mental Generals**

- ⇒ Great anxiety and apprehension.
- ⇒ Music is unbearable.
- ⇒ Patient is very much forgetful.
- ⇒ His memory is weak and thinking bus difficult.

❖ **Other Guiding Symptoms**

- ⇒ Post scarlatina dropsy with suppressed urine.
- ⇒ Burning in urethra with purulent, thick and yellowish discharge.
- ⇒ Stool is light Ash coloured, delayed, chalky white, involuntary and pipe-stem like.
- ⇒ Dropsical condition of body with organic affection of heart.

❖ **Modalities**

- ⇒ Aggravation:
 - When sitting
 - Least motion
 - When sitting erect position.
- ⇒ Amelioration
 - Rest
 - Empty stomach
 - Cold air
 - Lying flat on back.

3. **Naja**

❖ **A/F**

- ⇒ Grief, pressure of clothes, after menses, cold air, alcohol, touch.

❖ **Indicating Symptoms**

- ⇒ Hypertrophy and valvular disease of heart.
- ⇒ Feeling of intoxication, loss of power of limbs, unable to speak.
- ⇒ Constriction in chest and throat.
- ⇒ Loss of control over swallowing and movement of lips.

- ⇒ Nervous, excited and tremulous with heart affection.
- ⇒ Left sided symptoms
- ⇒ Dragging and anxiety in precordia
- ⇒ Feeling of wt. On heart
- ⇒ With heart symp. Pain in forehead and temples
- ⇒ Pulse irregular in force
- ⇒ Threatened paralysis of heart .body cold , pulse slow , weak , irregular , tremulous
- ⇒ Acute and chronic endocarditis
- ⇒ Marked symp. In low tension
- ❖ **Constitution**
 - ⇒ Have no specific physical appearance and miasm.
- ❖ **Physical Generals**
 - ⇒ All complain have tendency to settle around heart.
 - ⇒ Left side is principally affected and symptoms go from left to right.
 - ⇒ All complain aggravated after sleep. - Sleep profound like a log with stertorous breathing.
 - ⇒ Constriction of throat and chest with trembling of muscles.
 - ⇒ Sensation as hot iron running throughout the system.
 - ⇒ Copious sweating of hands and feet with sense of puffing and fullness.
 - ⇒ Very susceptible to cold.
- ❖ **Mental Generals**
 - ⇒ Suicidal insanity.
 - ⇒ Broods constantly over imagined trouble.
 - ⇒ Anxiety and fear of death.
 - ⇒ Blurred speech, dread to be left alone.
 - ⇒ Fear of rain.
- ❖ **Other Guiding Symptoms**
 - ⇒ Ptosis of both lids
 - ⇒ Suffocative choking grasps the throat
 - ⇒ Pain from left ovary to heart
 - ⇒ Cold tongue with loss of speech
 - ⇒ Pain under left thumb nail running up the arm.
- ❖ **Modalities**
 - ⇒ Aggravation:
 - Lying on left side
 - Pressure of clothes
 - ⇒ Amelioration
 - Walking or riding in open carriage.
 - Smoking

4. *Strophanthus Hispidus*

- ❖ A/F

⇒ Tobacco, tea , alcohol

❖ **Indicating Symptoms**

- ⇒ Increase in contractile power of all striped muscles especially heart.
- ⇒ Functional disturbance of heart from alcohol, tea, tobacco.
- ⇒ Mitral regurgitation with heart affection.
- ⇒ Arteriosclerosis with increasing systole and diminished rapidity.
- ⇒ Twitching of heart muscle with stitching pains.
- ⇒ Throbbing with slow pulse and faintness.
- ⇒ **Pulse quickened**
- ⇒ Heart action weak rapid irregular due to muscular debility and insufficiency
- ⇒ Cardiac pain

❖ **Constitution**

- ⇒ Aged person with anaemic rigid arteries and functional affection of heart.

❖ **Physical Generals**

- ⇒ In mitral regurgitation where oedema and dropsy have supervened.
- ⇒ Pulse quickened.
- ⇒ Heart action weak, rapid, irregular due to muscular debility and insufficiency.
- ⇒ Extremities swollen, dropsical.
- ⇒ Temporal pain with double vision.

❖ **Mental Generals**

- ⇒ Irritable with heart affection.
- ⇒ Fatigue due to weak heart.

❖ **Other Guiding Symptoms**

- ⇒ Nausea with special disgust for alcohol.
- ⇒ Increased secretions.
- ⇒ Scanty and albuminous urine.
- ⇒ Uterine haemorrhage aching pain through hips and thighs during climacteric.

❖ **Modalities**

- ⇒ Aggravation
 - Exertion
 - tobacco
 - tea
 - alcohol
- ⇒ Amelioration
 - during sleep
 - feels lifted up
 - Fear of ordeals.

8. Infective Hepatitis

1. Lachesis

❖ A/F

⇒ Long lasting grief, sorrow, jealous, disappointed love, suppression of quinine.

❖ Indicating Symptoms

⇒ Sensation of lump in throat, abdomen, liver, rectum etc. roll about in bladder.

⇒ Blueness of affected parts.

⇒ Intensively rapid onset of disease with great prostration.

⇒ Malignant or septic affection of liver.

⇒ Hard throbbing or hammering pain.

⇒ During and after climacteric age.

⇒ Liver region sensitive cannot bear anything around waist

⇒ Esp. suitable for drunkards

⇒ Abdomen tympanitic, sensitive, painful

❖ Constitution

⇒ It is suitable to thin emaciated subject having disposition to low spirit with blue and purple look.

⇒ Melancholic and sad.

⇒ Hot patient

⇒ Anti-psoric remedy.

⇒ Haemorrhagic diathesis.

❖ Physical Generals

⇒ Left-sided remedy, all complaints come on left side and go to right excepting the lower limbs.

⇒ All symptoms are worse during and after sleep.

⇒ Great sensitiveness to touch all over especially on throat and abdomen.

⇒ Intolerance to tight clothing.

⇒ Burning all over the body: hot flushes and hot perspiration.

⇒ Sensation of ball inside organs especially urinary bladder.

❖ Mental Generals

⇒ Great loquacity: - wants to talk all time, but without any consistency.

⇒ Dreams of snakes.

⇒ She is very jealous and suspicious.

⇒ She is possessed of some religious mania and insanity.

⇒ All mental symptoms are worse after sleep.

❖ Other Guiding Symptoms

⇒ Great physical and mental exhaustion trembling in whole body.

⇒ Desire for wine, coffee, liquors.

- ⇒ Aversion to food, acid and drinks.
- ⇒ Haemorrhagic diathesis: small wound bleed easily and profusely.
- ⇒ Blood is dark, watery, offensive and non- coagulable.

❖ Modalities

- ⇒ Aggravation
 - After sleep
 - Mercury
 - Quinine
 - Pressure
 - Summer
- ⇒ Amelioration
 - Appearance of discharge.
 - Cold application

2. Crotalus Horridus

❖ A/F

- ⇒ Fright, sun, alcohol, foul water and vaccination

❖ Indicating Symptoms

- ⇒ Chronic biliousness, climacteric condition.
- ⇒ Malignant and septic condition of heart and liver.
- ⇒ Progressive muscular atrophy with mouldy odour.
- ⇒ Profound nervous shock, with deathly sickness trembling and prostration.
- ⇒ Haemorrhagic are slow oozing of dark thin blood not clots from all orifices.
- ⇒ In malignant jaundice with yellow colour of face and conjunctiva with bilious vomiting.
- ⇒ Distended tender and hot , pain in region of liver

❖ Constitution

- ⇒ Especially indicated in strumous, debilitated, and broken down constitution, particular in drunkards with tendency to carbuncle or blood boils.
- ⇒ Choleric temperament
- ⇒ Hot patient
- ⇒ Psora
- ⇒ Haemorrhagic diathesis.

❖ Physical Generals

- ⇒ Malignant jaundice, haematic rather than hepatic.
- ⇒ Most affect right side of body.
- ⇒ Great prostration of vital force.
- ⇒ Tongue fiery red, smooth and polished.
- ⇒ Low septic condition with blood decomposition.

❖ **Mental Generals**

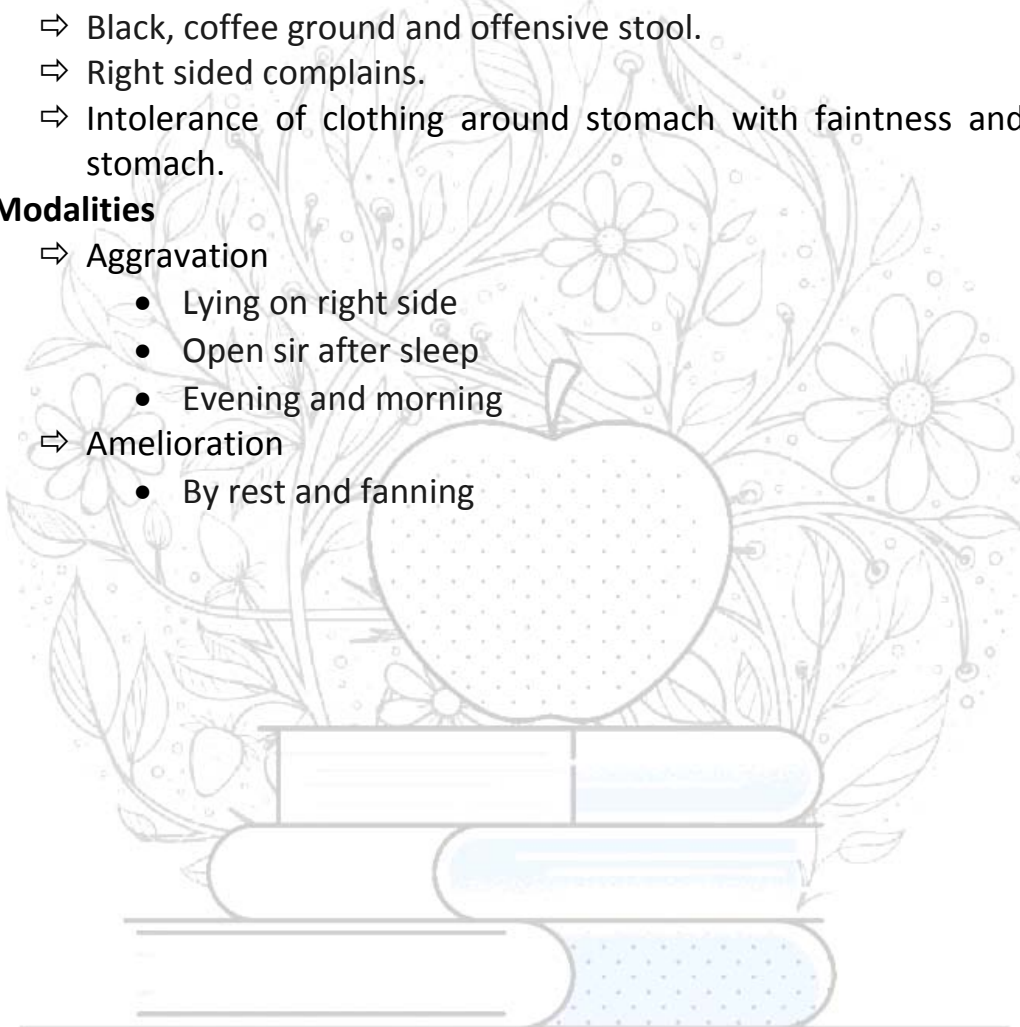
- ⇒ Low forms of delirium, great loquacity.
- ⇒ Delirium with languor drowsiness, stupor.
- ⇒ Wants to talk all the time with desire to escape from bed.

❖ **Other Guiding Symptoms**

- ⇒ Desire for stimulants and aversion to meat.
- ⇒ Bad effect of vaccination especially blood poisoning.
- ⇒ Black, coffee ground and offensive stool.
- ⇒ Right sided complains.
- ⇒ Intolerance of clothing around stomach with faintness and sinking of stomach.

❖ **Modalities**

- ⇒ Aggravation
 - Lying on right side
 - Open sir after sleep
 - Evening and morning
- ⇒ Amelioration
 - By rest and fanning



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9. Pericarditis

1. Apis Mel

❖ A/F

⇒ Jealousy fright rage vexation bad news bad effect of acute exanthemata imperfectly developed and suppressed measles urticaria.

❖ Indicating Symptoms

⇒ Produce serous inflammation with effusion membrane of heart.

⇒ Suffocative feeling

⇒ Constricted sensation.

⇒ Sensation of stiffness as of something torn off in the interior of the body.

⇒ Breathing hurried and difficult.

⇒ Hoarseness; Dyspnoea.

⇒ Oedema of larynx.

⇒ Feels as if every breath would be his last esp. in Dropsical conditions and in heat stage of intermittent.

❖ Constitution

⇒ Strumous Constitution glands enlarged indurated open cancer.

⇒ Bag like swelling under the lower eyelids pale waxy.

⇒ Oedematous face.

⇒ Temperament : Irritable

⇒ Heat & cold: Hot pt.

⇒ Miasm : Psora

⇒ Diathesis : Scrofulous

❖ Physical Generals

⇒ Extreme Sensitiveness to touch.

⇒ Pain: burning; stinging; sore; suddenly migrating from one part to another.

⇒ Thirst lessens in anasarca; ascites.

⇒ Affects right side; enlargement or Dropsy of right ovary right testicles.

❖ Mental Generals

⇒ Irritable; nervous; fidgety; hard to please.

⇒ Weeping disposition; cannot help crying; discouraged; despondent.

⇒ Sudden; shrink; piercing screams from children while waking or sleeping.

❖ Other Guiding Symptoms

⇒ Extreme sensitive to touch.

⇒ Oedema general or local bag like puffy swelling under the eyes.

⇒ Skin dry and perspiring.

⇒ Craving for cold in general cold milk sour.

⇒ Involuntary diarrhoea with sensation as if anus was wide open.

- ⇒ Urine is scanty; frequent & painful; sudden urging strangury scald while passing urine; irritates with burning pain.
- ⇒ Aversion to tight bandages.

❖ Modalities

- ⇒ Aggravation
 - After sleeping
 - Closed warmed room
- ⇒ Amelioration
 - Open air
 - Cold water
 - Cold bathing
 - Walking
 - Changing position

2. Bryonia

❖ A/F

- ⇒ Chagrin; mortification; anger; violence with chilliness and coldness; after anger chilly; but with head hot and face red.
- ⇒ Suppression of discharge and skin eruptions.

❖ Indicating Symptoms

- ⇒ Dropsical effusion into Synovial and serous membrane.
- ⇒ Frequent desire to take long breath must expand lungs.
- ⇒ Difficult quick respiration.
- ⇒ Croupous and pleural pneumonia.
- ⇒ Heaviness beneath the sternum extending towards the right shoulder.
- ⇒ Stitches in cardiac region.
- ⇒ Angina pectoris.
- ⇒ Cough with feeling as if chest would fly to pieces; dry cough.

❖ Worse after eating; drinking **Constitution**

- ⇒ Tall; slender people having dark hair; dark complex and firm muscular fibres.
- ⇒ Temperament: - Irritable; Bilious.
- ⇒ Heat & cold: - Hot pt.
- ⇒ Miasm :- Psora
- ⇒ Diathesis: - Rheumatic and gouty.

❖ Physical Generals

- ⇒ Complaints- when warm weather set in after cold days; cold drinks ;ice in hot weather; after taking cold getting hot in summer; from chilling when overheated ;kicks the covers off suppressed discharge of menses; milk ;eruption of acute exanthemata.

- ⇒ Pains- stitching; tearing; worse at night.
 - <by motion; coughing
 - >by absolute rest; lying on painful side.
- ⇒ Excessive dryness of mucous membranes of entire body ; lips& tongue dry; parched ; stool dry as if burnt cough dry; hard racking with scanty expectations urine dark and scanty.
- ⇒ Great thirst for large quantities at long intervals.
- ❖ **Mental Generals**
 - ⇒ Delirium talks constantly about his business to get out of bed and go home.
 - ⇒ Desire things immediately which can't be had or when offered are refused.
 - ⇒ Children dislike to be carried; to be raised.
- ❖ **Other Guiding Symptoms**
 - ⇒ COMPLAINTS developed slowly and have an insidious beginning.
 - ⇒ There is intolerance of Vegetables food.
 - ⇒ Vicarious menstruation nose bleed when menses should appear blood spitting or haemolysis.
 - ⇒ Breast are heavy stony hardness pale but hard hot and painful.
 - ⇒ Must support then with hand to prevent least motion.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Motion
 - Exertion
 - Touch
 - Cannot sit up, Gets faint or sick or both.
 - Warmth.
 - ⇒ Amelioration
 - Lying on painful side
 - Pressure
 - Rest
 - Cold
 - Eating cold things

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HNSHMC STUDENTS

3. Spigellia

❖ A/F

- ⇒ NA

❖ Indicating Symptoms

- ⇒ It is important in pericarditis and other disease of heart.
- ⇒ Heat affection and neuralgia.
- ⇒ Rheumatic affections of heart systolic blowing at apex; Aneurysm.

- ⇒ Chest affections with stitching pains synchronous with pulse < motion; cold; wet weather.
- ⇒ Palpitations violent; visible; audible from least motion when bending forward systolic blowing at apex.
- ⇒ Dyspnoea- must lie on right side or with head high; pain in chest is needle like; stitching.
- ⇒ Neuralgia extending to arm or both arms.
- ⇒ Angina Pectoris.
- ⇒ Rheumatic Carditis whole left side sore.
- ⇒ **Violent palpitations**
- ⇒ Precordial pain great aggravation on movements
- ⇒ Frequent attacks of palpitations esp. with foul odor from mouth
- ⇒ Pulse weak and irregular
- ⇒ Pericarditis with sticking pain , palpitations dyspnea neuralgia extending to arm or both arms
- ⇒ Craving for hot water which relieves
- ⇒ Dyspnea ; must lie on right side with head high

❖ **Constitution**

- ⇒ Adapted to anaemic debilitated subject of rheumatic diathesis to scrofulous children afflicted with Ascaris Lumbricoids.
- ⇒ Temperament :- Nervous
- ⇒ Heat & cold: - Chilly pt.
- ⇒ Miasm:- Psora
- ⇒ Diathesis:- Rheumatic

❖ **Physical Generals**

- ⇒ Body painfully sensitive to touch; part touched feels chilly; touch sends shudder through the whole frame.

❖ **Mental Generals**

- ⇒ Afraid of sharp pointed things pins needles etc.

❖ **Other Guiding Symptoms**

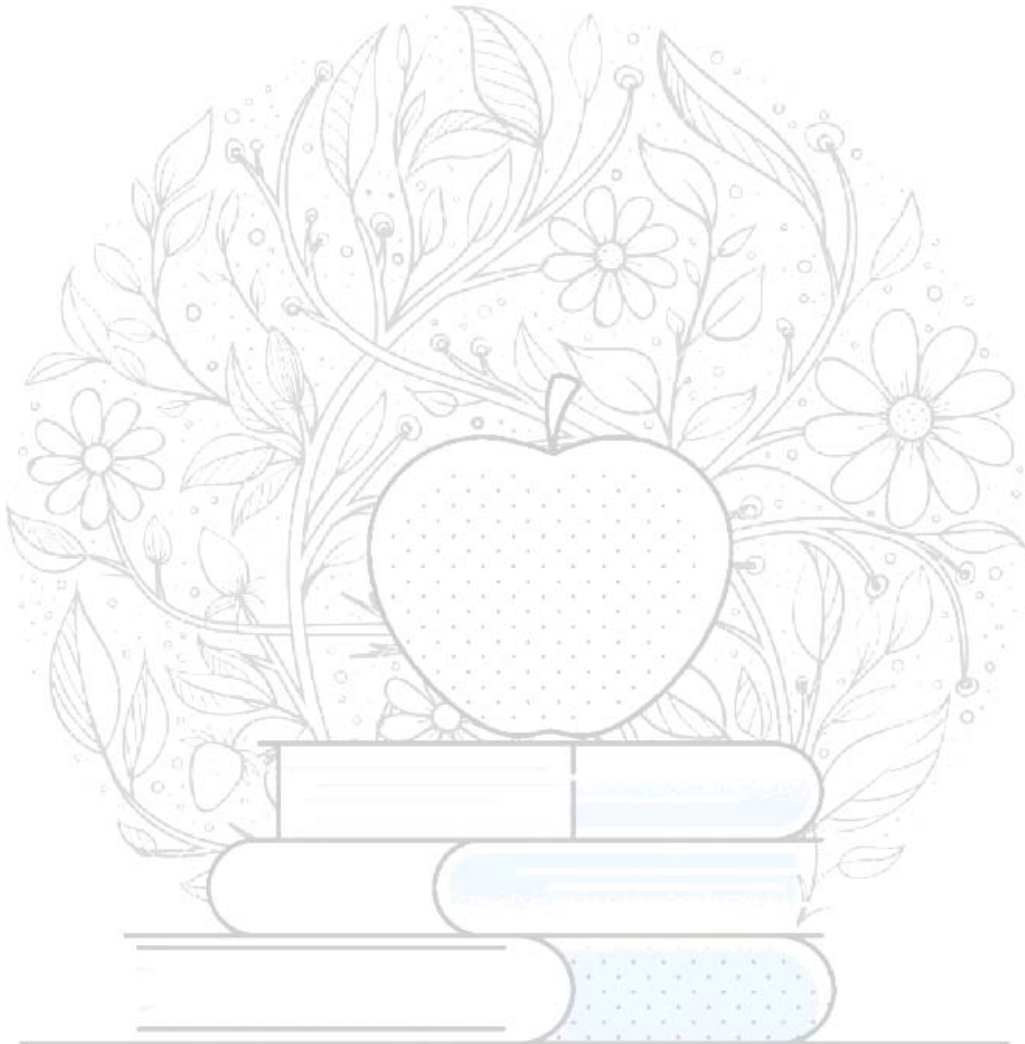
- ⇒ Left side affections.
- ⇒ Body painfully sensitive to touch; parts touched feels chilly.
- ⇒ Visible audible violent and roaring heart is very well marked.
- ⇒ Pains increase & decrease with the rising and setting of the sun.
- ⇒ It is good worm remedy and expels worms.

❖ **Modalities**

- ⇒ Aggravation
 - Motion
 - Noise
 - Touch
 - Turning the eyes
 - Every shaking
 - Concussion

⇒ Amelioration

- Lying on right side with the head high.



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10. Diabetes Mellitus

1. Phos Acid

❖ A/F

⇒ Care, chagrin, grief, sorrow, home sickness, sleepy, disposed to weep, night-sweats toward morning.

❖ Indicating Symptoms

⇒ Debility from loss of vital fluids, bad effects from grief, anguish, sorrow, and care, all the joint feel bruised; very sensitive to fresh air; lassitude and heaviness; weakness of mind.

⇒ Falling out of the hair; dimness of the eye.

⇒ Excessive thirst; eructation from acids.

⇒ Pressure in stomach; hard difficult stool.

⇒ Shortness of breath; urine thick, like milk (chyluria).

❖ Constitution

⇒ Best suited to persons of originally strong constitution, who have become depilated by loss of vital fluids, sexually excesses, violent acute disease; chagrin, or a long succession of moral emotion in children and young people who grow too rapidly.

❖ Physical Generals

⇒ Diarrhoea: - painless, non-debilitating, involuntary stools with flatus; from fears or foods.

⇒ For diabetes with nervous debility in early stages.

⇒ Urine:- urine looks like milk, mixed with jelly like, bloody pieces; decompress rapidly, profuse urination at night of clear, watery urine which forms a white cloud at once.

❖ Mental Generals

⇒ It is listless, dull, apathetic, indifferent to affairs of own life, prostrated and stupefied with grief.

⇒ Aversion to talking, cannot find right word.

⇒ Homesickness with an inclination to weep.

❖ Other Guiding Symptoms

⇒ Neuralgia: there is boring, drawing, digging pain in nerves of extremities.

⇒ Chest weak; from talking and coughing in phthisis, from loss of vital fluids.

❖ Modalities

⇒ Aggravation

- From mental affection
 - Loss of vital fluids
 - Especially seminal
 - Self abuse
 - Sexual excess
 - Talking causes weakness in chest.
- ⇒ Amelioration
- NA

2. Lycopodium

❖ A/F

- ⇒ Fright, anger, mortification, or vexation with reserved displeasure.

❖ Indicating Symptoms

- ⇒ Excessive hunger, but little food overfills, wakes up at night feeling hungry.
- ⇒ Great dryness of the skin, palm mucous membranes, dryness of vagina, physometra, burning in vagina during and after coitus.
- ⇒ Impotency penis small, cold, relaxed; impotence of young and old men from onanism or sexual excesses, impotence with strong desire but imperfect erection, falls asleep during coition or embrace; premature ejaculation.
- ⇒ Red sand in urine, child cries before urinating.
- ⇒ During sleep half eye open.
- ⇒ Sourness; everything taste sour, sourness of all discharges, eructation, heart burn sour vomiting.

❖ Constitution

- ⇒ For person intellectually keen, but physically weak, upper part of body emaciated, lower part semi-dropical, predisposed to lung and hepatic affection especially in extremes of life, children and people.
- ⇒ Children, weak, emaciated with well developed head but puny, sickly bodies.

❖ Physical Generals

- ⇒ Great desire for sweet things warm drinks and food, craves everything warm but an aversion to coffee, bread and tobacco.

❖ Mental Generals

- ⇒ Fear of being alone, afraid that something will happen.

- ⇒ Wakes up in the morning with sadness, cries when thanked.
- ⇒ Dread of appearing in public, dread of men, wants to be alone; dread of solitude.
- ⇒ Lack of confidence; confused thoughts; great anticipation.

❖ Other Guiding Symptoms

- ⇒ Canine hunger; however; only a few mouthfuls make a person feel up to the throat, eating increases the hunger; agg. After eating.
- ⇒ Right foot hot while the left is cold
- ⇒ Hemipopia, pt can see only the left half of the object.

❖ Modalities

- ⇒ Aggravation
 - Nearly all diseases from 4 to 8 pm.
- ⇒ Amelioration
 - Warm food and drink
 - From uncovering the head.
 - Loosening the garments

3. Muriaticum acidum

❖ A/F

- ⇒ NA

❖ Indicating Symptoms

- ⇒ Great debility and vertigo.
- ⇒ Irritable, peevish and restless.
- ⇒ Diarrhoea; involuntary stool while urinating, on passing wind.
- ⇒ Ulceration with fungus like growth and pseudo membranous deposits in the intestinal canal.
- ⇒ Palpitation of the heart is felt in the face.
- ⇒ Urine passes very slowly, bladder is weak, must wait a long time to urinate, has to press or strain so that the anus protrudes.

❖ Constitution

- ⇒ It is suited to people having black hair; dark eyes and a dark complexion.

❖ Physical Generals

- ⇒ As soon as he sits down his eyes close, lower jaw hangs down and finally he slides down in bed.
- ⇒ Pt cannot bear least touch, not even that of sheet on genitals.
- ⇒ Coated at edges, shrunken, dry leather like, paralyzed.

❖ Mental Generals

- ⇒ Pt is irritable, peevish, disposed to anger and chagrin; restless.

⇒ It is suited for diseases of the asthenic type with moaning, unconsciousness and fretfulness.

⇒ Pt is an introvert.

❖ **Other Guiding Symptoms**

⇒ Tongue and sphincter ani are paralysed.

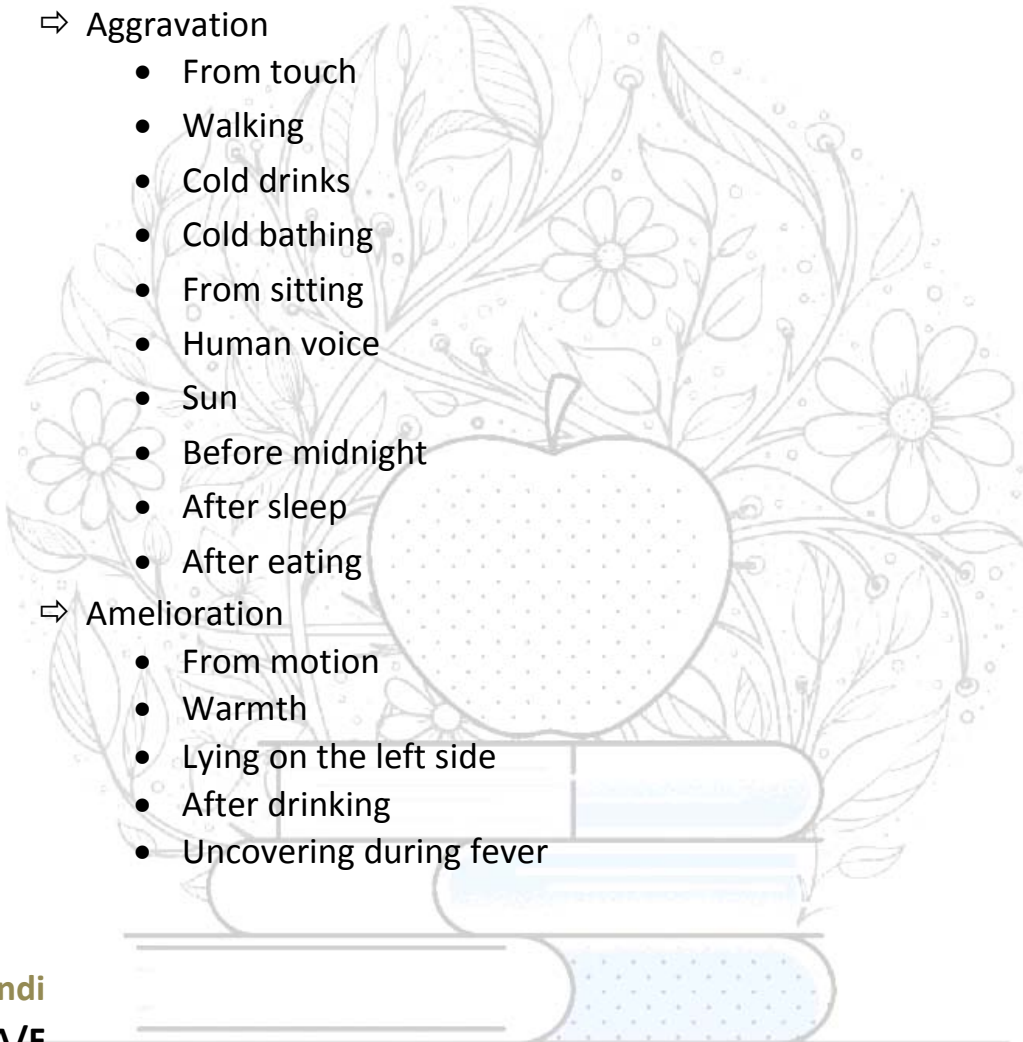
❖ **Modalities**

⇒ Aggravation

- From touch
- Walking
- Cold drinks
- Cold bathing
- From sitting
- Human voice
- Sun
- Before midnight
- After sleep
- After eating

⇒ Amelioration

- From motion
- Warmth
- Lying on the left side
- After drinking
- Uncovering during fever



4. Jaborandi

❖ **A/F**

⇒ NA

❖ **Indicating Symptoms**

⇒ Nausea on looking at objects moving; vomiting; pressure and pain in stomach.

⇒ Urine; scanty; pain over pubes with much urging.

⇒ Excessive perspiration from all parts of the body.

⇒ Persistent dryness of the skin, dry eczema, semi lateral sweats, chilliness with sweat.

⇒ Diarrhoea, painless; during day with flushed face and profuse sweat.

⇒ Saliva viscid, like white of egg, dryness, free salivation, with profuse sweating.

- ❖ **Constitution**
 - ⇒ NA
- ❖ **Physical Generals**
 - ⇒ Tendency to take cold and to sweat.
 - ⇒ Hot flushes, salivation, nausea and profuse perspiration.
- ❖ **Mental Generals**
 - ⇒ Very nervous and tremulous, has a fixed idea that she will murder all her family with a hatchet.
- ❖ **Other Guiding Symptoms**
 - ⇒ NA
- ❖ **Modalities**
 - ⇒ Aggravation
 - Cold
 - Exhaustion
 - ⇒ Amelioration
 - NA

5. Uranium nitricum

- ❖ **A/F**
 - ⇒ NA
- ❖ **Indicating Symptoms**
 - ⇒ General languor; debility; cold feeling; vertigo.
 - ⇒ Purulent discharges from eyelids and nostrils, with ulceration of cheeks from the acrid discharge.
 - ⇒ Copious salivation; vomiting, with great thirst; putrid eructation.
 - ⇒ Urgent desire to evacuate bladder and rectum.
 - ⇒ Lung infiltrated with gray tubercles.
 - ⇒ Stiffness in loin; languor on rising from bed, with fishy smell of urine; prostration, somnolence, and shivering during the day; restless at night.
- ❖ **Constitution**
 - ⇒ NA
- ❖ **Physical Generals**
 - ⇒ Debility; tendency to ascites and general dropsy.
 - ⇒ Burning in urethra while passing urine.
 - ⇒ Menses suppressed during diabetes.
 - ⇒ Nephritis, high blood pressure.
- ❖ **Mental Generals**
 - ⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- At night

⇒ Amelioration

- Deep breathing

6. Syzygium

❖ **A/F**

⇒ NA

❖ **Indicating Symptoms**

⇒ Prickly heat in upper part of the body.

⇒ Small red pimples itch violently.

⇒ Great thirst, weakness, emaciation.

⇒ Very large amount of urine, specific gravity high.

⇒ Old ulcers of skin, diabetic ulceration.

❖ **Constitution**

⇒ NA

❖ **Physical Generals**

⇒ NA

❖ **Mental Generals**

⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- NA

⇒ Amelioration

- NA

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HNSHMC STUDENTS

11. Acute Renal Failure

1. Acetic Acid

❖ A/F

- ⇒ Anaesthetic vapours fumes of charcoal & gas stings surgical injuries
- ⇒ Shock and excitement.

❖ Indicating Symptoms

- ⇒ Large quantities of pale urine
- ⇒ Diabetes with great thirst and debility
- ⇒ Swelling in Leg, ankle & feet.
- ⇒ Nausea & vomiting. Shortness of breath.
- ⇒ Pain of pressure in chest.
- ⇒ Haematuria with burning.
- ⇒ Ascites with great thirst.
- ⇒ Pulmonary oedema.
- ⇒ Pain in loin region.

❖ Constitution

- ⇒ Pale lean persons with lax flabby muscle pale face and waxy.
- ⇒ Haemorrhagic diathesis.
- ⇒ Marasmus and other wasting diseases of children.
- ⇒ Emaciation of face hand & thighs.

❖ Physical Generals

- ⇒ Great prostration after injuries after surgical shock.
- ⇒ Intense burning large quantities in dropsy. But no thirst in fever.

❖ Mental Generals

- ⇒ Anxiety & fear, driving him from place to place.
- ⇒ Irritability with headache, abdomen and liver complaints Hysteria crawling & rolling on the floor.

❖ Other Guiding Symptoms

- ⇒ Profound anaemia with some dropsical symptoms.
- ⇒ Haemorrhage from any part.
- ⇒ Wasting and debility prominent.
- ⇒ Power to liquefy aluminous and fibrinous deposits.

❖ Modalities

- ⇒ Aggravation
 - Cold air
 - Wet
- ⇒ Amelioration
 - Motion
 - Loose stool

2. Apis Mel

❖ A/F

- ⇒ Jealousy ,fright, rage, vexation, bad news.
- ⇒ Suppressed urticaria , getting wet .

❖ Indicating Symptoms

- ⇒ Burning stinging pain during urination pain migrate from one part to another part.
- ⇒ Urine is scanty high coloured coming drops with thirstless.
- ⇒ Sometimes urine is blood aluminous with casts.
- ⇒ Swelling in leg, ankle and feet.
- ⇒ Oedematous swelling on the face especially under the lower eyelids (bag like puffy swelling).
- ⇒ Shortness of breath.
- ⇒ Nausea and vomiting.
- ⇒ Pain in loin region.

❖ Constitution

- ⇒ Strumous constitution oedematous swelling on the face ,glands enlarged.
- ⇒ bag like puffy swelling under the lower eyelids.
- ⇒ Women especially widows children and girls who though generally careful become awkward and let things fall while handling them

❖ Physical Generals

- ⇒ Dropsy without thirst fever with thirst .
- ⇒ Generalise anasarca swelling on the face .
- ⇒ Thirstless.

❖ Mental Generals

- ⇒ Patient is absentminded with impaired memory.
- ⇒ Patient is very restless constantly change his occupation..
- ⇒ Awkward drops things while handling them .

❖ Other Guiding Symptoms

- ⇒ Right sided all complain travel right to let side.
- ⇒ Oedema local or general and enlarged throat glands .
- ⇒ Rapidity associated with all complaints .
- ⇒ Burning stinging pain in all complaints.
- ⇒ Skin Alternately dry and perspiring during fever.

❖ Modalities

- ⇒ Aggravation
 - Heat
 - Hot bath
 - After sleeping
 - Warm room
 - Touch , pressure

- Getting wet
- ⇒ Amelioration
 - Cold bathing
 - Change position
 - Uncovering
 - Cold water, cold application .

3. Lachesis

❖ A/F

- ⇒ Bad effect of poison, wounds, Post morter, fright, jealousy, disappointed love, vexation, long lasting, grief.
- ⇒ Loss of vital fluids.

❖ Indicating Symptoms

- ⇒ Urine is frequent, foamy and dark in colour.
- ⇒ Bloody urine with burning during urination .
- ⇒ As of a ball rolling in the bladder when Turning over.
- ⇒ Pain in loin region.
- ⇒ Swelling in feet, Ankle & face .
- ⇒ Breathlessness developed
- ⇒ Nausea

❖ Constitution

- ⇒ Suited to emaciated & thin persons, old topper, broken down constitutions.

❖ Physical Generals

- ⇒ Left sidedness all complain start left side and turn over left to right side .
- ⇒ < During and after sleep.
- ⇒ Ball like sensation inner organs .
- ⇒ Constrictions of chest .
- ⇒ Great desire for fanning but from a distance slowly.

❖ Mental Generals

- ⇒ Patient is very Jealous& suspicious.
- ⇒ Weak memory, inability to think.
- ⇒ Talk, sings, whistles, Makes odd motions is proud .
- ⇒ Peevish, disposed to be morose .
- ⇒ Quarrel, suicidal Mood, Tired of life.
- ⇒ Vertigo from looking at one and the same object.

❖ Other Guiding Symptoms

- ⇒ Left side predominant.
- ⇒ Hot flushes, hot perspiration .
- ⇒ Haemorrhagic diathesis small wounds bleed easily.
- ⇒ Purple & blueness of face and hands .

❖ Modalities

- ⇒ Aggravation
 - After sleep
 - In spring
 - Sun heat
 - Alcohol
 - Summer
- ⇒ Amelioration
 - Cold
 - While eating
 - Motion

4. Cuprum Met

❖ A/F

- ⇒ Bad effects of suppressed eruptions, Suppressed foot sweat, emotions, anger, freight, loss of sleep.
- ⇒ Chorea from freight.
- ⇒ Getting wet causes epileptic attacks

❖ Indicating Symptoms

- ⇒ Urine is frequent, foamy and dark .
- ⇒ Passes clear watery urine during and after spasms.
- ⇒ Swelling in Face, ankle & feet.
- ⇒ Breathlessness developed.
- ⇒ Suppression of urine (in chorea); uremic.
- ⇒ Frequent Nightly urination.

❖ Constitution

- ⇒ Carbonitrogenoid Constitution .
- ⇒ Fair hair, to those Women who have borne many children.

❖ Physical Generals

- ⇒ Spasms and cramps disposed to appear periodically.
- ⇒ Constant prostration & Retraction of the tongue like a snake.
- ⇒ Vomiting of Solid food after regaining consciousness & Cataleptic Spasms with each paroxysms .

❖ Mental Generals

- ⇒ Patient is Nervous ,Fix ideas, Malicious & morose.
- ⇒ Fearful. Piercing shrieks, weeps violently; convulsive laughter.
- ⇒ Fears of Society, Shuns everybody.
- ⇒ Delirium, mania bites, beats, tear things .

❖ Other Guiding Symptoms

- ⇒ Spasmodic affections , cramps & Convulsions .
- ⇒ Strong Metallic Taste of Saliva .

- ⇒ Cough at 3 AM with constriction of chest.
- ⇒ Dysmenorrhoea with cramps in abdomen & calves .

❖ Modalities

- ⇒ Aggravation
 - Emotions
 - Anger
 - Suppressions
 - Overcrowded
 - Mentally
 - At new moon
 - Hot weather
- ⇒ Amelioration
 - Perspiration
 - Laying hand on affected part.
 - Drinking cold water .

5. Picric Acid

❖ A/F

- ⇒ Fatigue, Mental exertion, Motion, study, Grief or depressing emotions .

❖ Indicating Symptoms

- ⇒ Urine contains Sugar and Albumin.
- ⇒ Urine of high specific gravity.
- ⇒ Urine heavy with urates ,uric Acid.
- ⇒ Breathlessness .
- ⇒ Swelling of Ankle &feet.
- ⇒ Nausea and vomiting.

❖ Constitution

- ⇒ Make up suited to dark complexioned persons with dirty appearance about knuckles; anaemic, cachectic persons, worn out persons, who are overtaxed mentally and physically.

❖ Physical Generals

- ⇒ Profound weakness and debility.
- ⇒ Burning alone spine and great weakness of spine and back .
- ⇒ Softening of cord .

❖ Mental Generals

- ⇒ Brainfag of literary or business people .
- ⇒ Slightest excitement, Mental exertion on overwork brings on headache and burning alone spine .
- ⇒ Lack of will power.

❖ Other Guiding Symptoms

- ⇒ Heaviness, Numbness, Fornication and weakness are the along with all complaints .
- ⇒ Progressive weariness from a slight feeling of fatigue on motion to complete paralysis.

❖ **Modalities**

- ⇒ Aggravation
 - Least mental exertion
 - Motion
 - Study
 - Wet weather
- ⇒ Amelioration
 - From Cold air and Cold water

6. Apocyanum

❖ **A/F**

- ⇒ Dropsy after typhus, typhoid, scarlatina, cirrhosis, after abuse of quinine, alcohol.

❖ **Indicating Symptoms**

- ⇒ Excretions diminished, especially urine and sweat.
- ⇒ Dropsy with thirst but Water disagrees.
- ⇒ Swelling of Ankle ,face &feet.
- ⇒ Breathlessness.
- ⇒ Nausea and vomiting
- ⇒ Dropsy can developed pain or vomiting

❖ **Constitution**

- ⇒ Constant voluntary motion of one arm and one leg.
- ⇒ Open sutures ;stupor, sight of one.

❖ **Physical Generals**

- ⇒ Dropsy with thirst .
- ⇒ Dropsy developed pain and vomiting when associated with heart ,liver & kidney disease .

❖ **Mental Generals**

- ⇒ Low spirited, Nervous & be Wilder.
- ⇒ Cannot think.
- ⇒ Faints when raised from pillow.

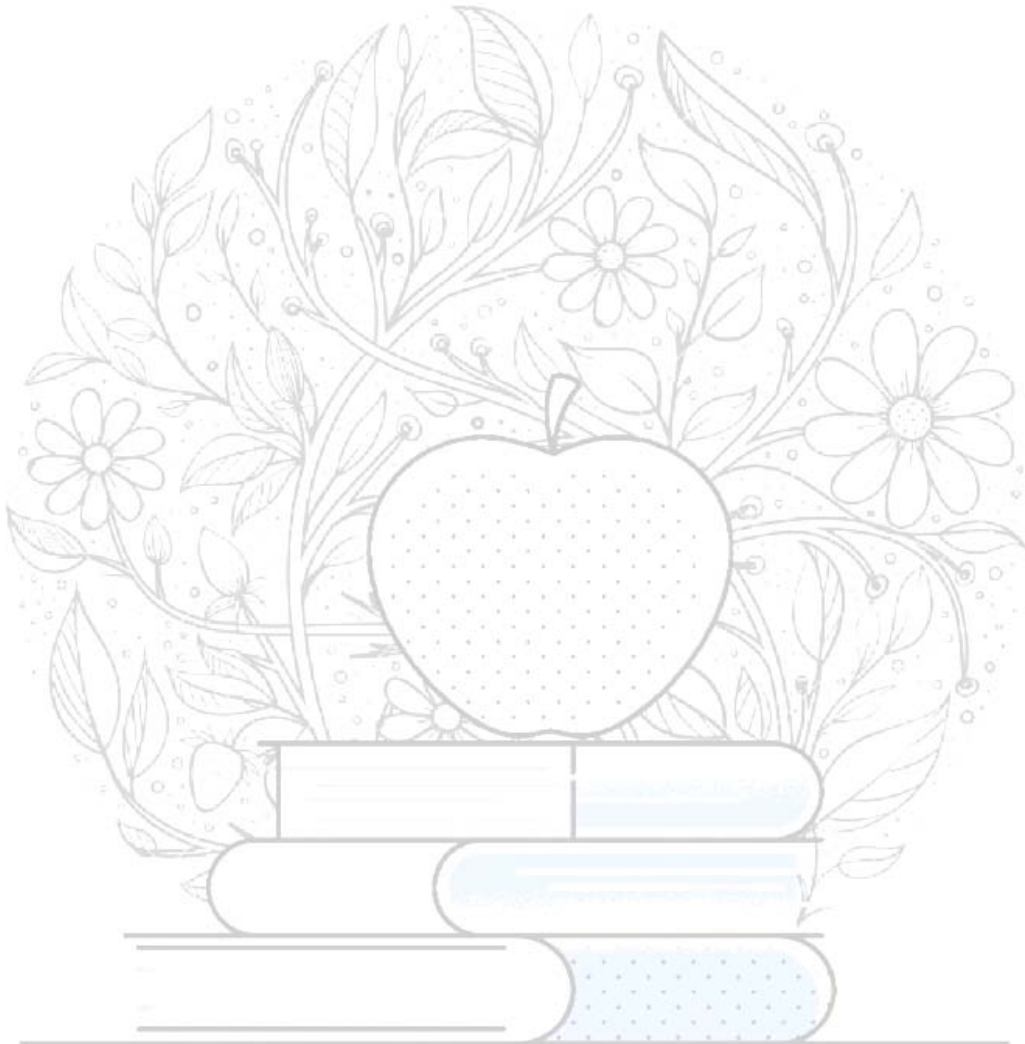
❖ **Other Guiding Symptoms**

- ⇒ In all variety of dropsy, both idiopathic and secondary, especially when dependent upon the disease of liver .

❖ **Modalities**

- ⇒ Aggravation
 - Cold weather

- Cold drinks
 - Uncovering
 - Lying
 - After sleep
- ⇒ Amelioration
- Warmth



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12. Acute Peptic Disorders

1. Carbo Veg

❖ A/F

- ⇒ From quinine, abuse of mercury.
- ⇒ Salt, salt meats
- ⇒ Spoiled fish, meats or fats.
- ⇒ From getting over heated.

❖ Indicating Symptoms

- ⇒ Exhausted vitality from loss of vital fluid.
- ⇒ Weak digestion, simple food disagrees causing excessive flatulence.
- ⇒ Abdomen is full to bursting point especially on the upper part.
- ⇒ Aggravation from least food and relief from eructation and on passing flatus.
- ⇒ Diarrhoea and cadaverous smelling stool with burning in the rectum.
- ⇒ Soft stool voided with difficulty.
- ⇒ Wants clothing loose around abdomen.

❖ Constitution

- ⇒ Miasm:-Anti psoric remedy
- ⇒ Diathesis:-Haemorrhagic diathesis
- ⇒ Temperament:- sanguine
- ⇒ Thermal:- Hot pt.
- ⇒ Physical makeup:- Person of advanced age, women at turn of life, prematurely old people.
- ⇒ The face is puffy, bluish, pale, and Hippocratic with cold sweat.

❖ Physical Generals

- ⇒ Vital force exhausted
- ⇒ Haemorrhage from any mucus outlet.
- ⇒ Blood oozes from weakened tissues.
- ⇒ Pt. Craves things that make them sick, old toppers crave whiskey or brandy.

❖ Mental Generals

- ⇒ Weakness of memory and slowness of thought.
- ⇒ Dislike darkness, and fear of ghost

❖ Other Guiding Symptoms

- ⇒ The Surface of body is cold to touch, especially from knee to the feet.
- ⇒ The pulse is imperceptible, thready and intermittent.
- ⇒ In the last stage of any disease with copious cold sweat, cold breath, cold tongue, voice lost, this remedy may save a life.
- ⇒ Wants to be fanned rapidly and from a close distance in nearly every complaint

⇒ Symptoms of imperfect oxidation, resulting from deficient capillary circulation, causing blueness of skin and coldness of extremities.

❖ Modalities

⇒ Aggravation

- In evening
- In open air
- Hot food
- Butter
- Coffee
- Milk
- Alcoholic drinks
- Warm damp weather
- Least food

⇒ Amelioration

- From eructation
- By cold application
- Being fanned

2. Argentum Nit

❖ A/F

- ⇒ Apprehension and fear.
- ⇒ Eating ice and ice-cream.
- ⇒ Sugar and sugar candy.
- ⇒ Tobacco
- ⇒ Mental stress.

❖ Indicating Symptoms

- ⇒ Desire for sugar sweets.
- ⇒ Belching accompanies most gastric ailments.
- ⇒ Flatulent dyspepsia.
- ⇒ Stomach is full of flatulence, as if would burst.
- ⇒ Air rushes out with great violence both ways without any relief.
- ⇒ Two types of diarrhoea (1) nervous diarrhoea and (2) diarrhoea due to GI disorders
- ⇒ Diarrhoea; green mucus, like chopped spinach in flakes; turning green after remaining on diaper, with mucus noisy flatus.
- ⇒ Apprehension when ready for church or opera, diarrhoea sets in.

❖ Constitution

- ⇒ Miasm:- All three
- ⇒ Diathesis:- Neuro-sycotic
- ⇒ Temperament:- Bilious. Very irritable and becomes angry easily.
- ⇒ Thermal:- Hot pt.

⇒ Physical makeup:- Cachectic, scrawny, withered, dried up, old looking young person.

❖ **Physical Generals**

⇒ Acute or Chronic diseases from unusual or long continued mental exertion.

⇒ Craves sugar.

⇒ Chilly when uncovered, yet feels smothered if wrapped up; craves fresh air.

⇒ Emaciation, progressing every year; most marked in lower extremities; Marasmus.

❖ **Mental Generals**

⇒ Apprehension when ready for church or opera, diarrhoea sets in.

⇒ Time passes slowly.

⇒ Impulse, wants to do things in a hurry; must walk fast; is always hurried; anxious, irritable, nervous.

❖ **Other Guiding Symptoms**

⇒ Defective co-ordination of muscles with trembling in the affected parts.

⇒ Great longing for fresh air.

⇒ Urine passes unconsciously day and night.

⇒ Sensation of splinter in throat, uterus and other parts of the body.

⇒ Chilly when uncovered, yet feels smothered if wrapped up; craves fresh air.

❖ **Modalities**

⇒ Aggravation

- Cold air
- Cold food
- Eating sugar
- Sugar candy
- Ice-cream

• Warmth in general

• Lying on left side and bright light.

⇒ Amelioration

- Open air
- Bathing with cold water
- Cold application
- Tight bandaging
- Dark room
- Eructation

3. Lycopodium

❖ **A/F**

- ⇒ Fright
- ⇒ Anger
- ⇒ Mortification or Vexation with reserved displeasure.

❖ **Indicating Symptoms**

- ⇒ Canine hunger, but a few mouthfuls fill up to the throat. More he eats, more he craves.
- ⇒ Everything taste sour; eructations, heartburn, water brash, sour vomiting.
- ⇒ Excessive accumulation of flatulence; constant sensation of satiety.
- ⇒ Fermentation in abdomen, with loud grumbling, croaking, especially lower abdomen; fullness, not relived by belching.
- ⇒ Discharge of blood from genitals during every stool.
- ⇒ Constipation: since puberty; since last confinement; when away from home; of infants.
- ⇒ Waking at night feeling hungry.
- ⇒ Intolerance of cold drinks; craves everything warm.

❖ **Constitution**

- ⇒ Miasm:- all three
- ⇒ Diathesis:- Lithic and uric acid diathesis.
- ⇒ Thermal:- The patient is sensitive to cold and there is lack of vital heat.
- ⇒ Physical makeup:- Intellectually keen but physically weak. Upper part of body is emaciated, lower part semidropsical.
- ⇒ Carbonitrogenoid constitution.

❖ **Physical Generals**

- ⇒ Deep seated, progressive, chronic diseases.
- ⇒ Baby cries all day, sleeps all night.
- ⇒ Waking at night feeling hungry.

❖ **Mental Generals**

- ⇒ Avaricious, greedy, miserly malicious, pusillanimous.
- ⇒ Weeps all day, cannot calm herself; very sensitive, even cries when thanked.

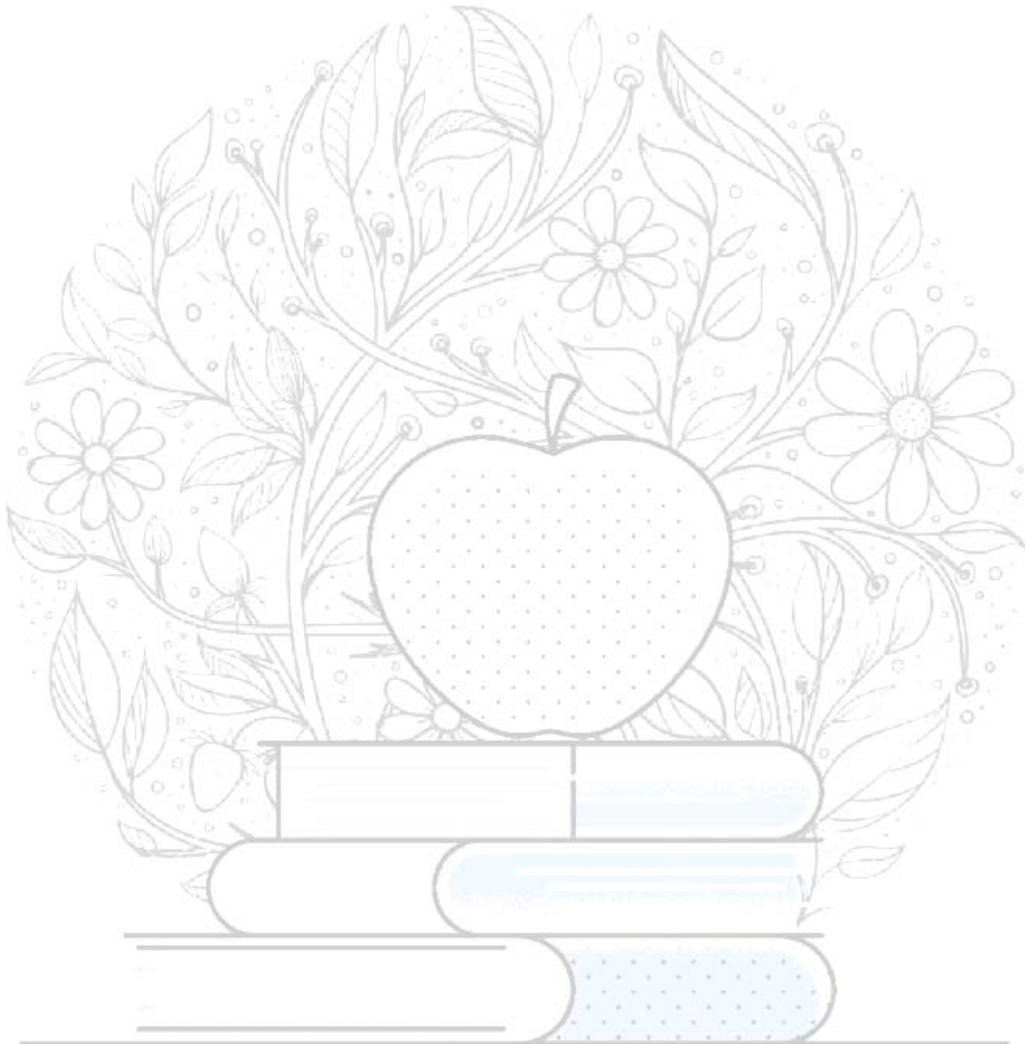
❖ **Other Guiding Symptoms**

- ⇒ Right sided remedy. Complaints start right side and go left.
- ⇒ Nearly all diseases are worse in the afternoon from 4 to 8 PM .
- ⇒ Red sand in urine. Child cries before urinating.
- ⇒ Half open condition of the eyes during sleep.
- ⇒ Dryness of the parts such as vagina and skin especially palms.

❖ **Modalities**

- ⇒ Aggravation
 - At 4-8 pm
- ⇒ Amelioration
 - Warm food and drinks.

- From uncovering the head.
- Loosening the garments.



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13. Chronic Bronchitis

1. Sanguinaria

❖ A/F

- ⇒ To every change in the weather, from
- ⇒ Change to damp weather, to every draft, to change of clothing.

❖ Indicating Symptoms

- ⇒ Dry hacking cough, waking the patient up at the night and not ceasing until he sits up in bed and passes flatus, with circumscribed red cheeks and night sweat.
- ⇒ Sudden stoppage of cough brings on diarrhoea.
- ⇒ Burning in the pharynx and oesophagus.
- ⇒ Nose filled up with mucus and blocked up.
- ⇒ Severe cough after whooping cough; the cough returns every time the patient takes cold.
- ⇒ Sensitive to odours.
- ⇒ Loss of perverted sense of smell, smell in nose like roasted onion.

❖ Constitution

- ⇒ Miasm:- Psora
- ⇒ Thermal:- chilly
- ⇒ Diathesis:- tubercular

❖ Physical Generals

- ⇒ Acrid, blood streaked or foul discharge.
- ⇒ Pains in places where bones are least covered.
- ⇒ Pains increase and decrease with the sun.

❖ Mental Generals

- ⇒ Irritable, morose.
- ⇒ Grumbling.
- ⇒ Borrows trouble.
- ⇒ Lassitude, indisposed to move or make any mental effort.

❖ Other Guiding Symptoms

- ⇒ Highly chilly patient; very much susceptible to cold, even gets affected by a change of weather.
- ⇒ It is right sided remedy.
- ⇒ There is circumscribed redness of cheeks especially in afternoon and in the respiratory diseases.
- ⇒ Burning sensation as if caused by hot water, especially in the soles and palms during climacteric period.
- ⇒ Rheumatism of the right arm and shoulder.

- ⇒ The periodical sick headache; begins in morning, increases during the day, lasts until evening; head feels as if it would burst, or as if eyes would be pressed out; relieved by sleep.

❖ **Modalities**

- ⇒ Aggravation

- Sweets
- Right side
- Motion
- Touch
- Cold, draught of air
- Change in weather.

- ⇒ Amelioration

- Acids
- Sleep
- Darkness

2. Kali Mur

❖ **A/F**

- ⇒ Dampness.
⇒ During menses.
⇒ Open air.
⇒ Cold drinks.
⇒ Drafts.

❖ **Indicating Symptoms**

- ⇒ Rawness in chest.
⇒ Expectoration sticky, milky, or files from the mouth. Rattling sounds of air passing through thick, tenacious mucus in the bronchi; difficult to cough up.
⇒ Flushes of heat in chest.
⇒ Rawness in chest.
⇒ Discharge white, thick.
⇒ Difficult or oppressed breathing.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ NA

❖ **Mental Generals**

- ⇒ Discontent, discouraged.
⇒ Fears evil.
⇒ Sits in silence.
⇒ Imagines he must starve.

- ⇒ Habitual loss of appetite or refuses food.
- ⇒ Irritable and angry; at trifles.

❖ **Other Guiding Symptoms**

- ⇒ NA

❖ **Modalities**

- ⇒ Aggravation

- Open air
- Drafts
- Heat of bed
- Lying
- Night
- Dampness
- Motion
- Sprains
- Fats; rich foods
- During menses

- ⇒ Amelioration

- Cold drinks
- Rubbing
- Letting hair down.

3. Antim Ars

❖ **A/F**

- ⇒ Lying down, eating

❖ **Indicating Symptoms**

- ⇒ Cough with much mucus secretion and is aggravated by eating and lying down.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ NA

❖ **Mental Generals**

- ⇒ NA

❖ **Other Guiding Symptoms**

- ⇒ NA

❖ **Modalities**

- ⇒ Aggravation

- NA

- ⇒ Amelioration

- NA

14. Chronic Renal Failure

1. Acetic Acid

❖ A/F

⇒ Bad effect of anesthetic vapour, fumes of charcoal, bad effect of stings & bites, surgical shock.

❖ Indicating Symptoms

⇒ Copious pale urine.

⇒ Diabetes with great thirst and debility.

❖ Constitution

⇒ Pale lean person with lax, flabby muscles, face pale & waxy

⇒ Miasm –all

⇒ Diathesis haemorrhagic

⇒ Sensitive to cold

❖ Physical Generals

⇒ Great burning thirst for large quantity.

⇒ Great prostration after injury.

⇒ Haemorrhage from every mucus outlet.

❖ Mental Generals

⇒ Patient is irritable, borrow trouble, worried about business affairs, grieves about his sickness & his children

❖ Other Guiding Symptoms

⇒ Profound anaemia with waxy pallor of the face.

⇒ Great emaciation.

⇒ Sour belching & vomiting of pregnancy.

⇒ Hectic fever, red spot on left cheek & drenching night sweats.

❖ Modalities

⇒ Aggravation

- lying on back

⇒ Amelioration

- lying on belly

2. Apis Mel

❖ A/F

⇒ Bad news, bad effect of acute exanthemata imperfectly developed & suppressed.

❖ Indicating Symptoms

⇒ Incontinence of urine with great irritation of parts.

⇒ Frequent, painful.

⇒ Can scarcely retain the urine for a moment.

- ⇒ Urine scanty, coming only in drops, bloody , foetid, albuminous with casts, may be very dark & frothy.
- ⇒ Before urination- as soon as few drop collect in bladder ,the urge comes
- ⇒ Constant ineffectual urge, much straining before the start urine.
- ⇒ During urination – scalds severely, stinging pain, strangury ,last drop burns & smart.

❖ **Constitution**

- ⇒ Strumous constitution & bag like swelling under eyelids, pale waxy , oedematous face.
- ⇒ Temperament –Irritable
- ⇒ Thermal- hot patient ,
- ⇒ Miasm - Psora
- ⇒ Diathesis – scrofulous

❖ **Physical Generals**

- ⇒ Thirst less.
- ⇒ Extremely sensitive to touch.
- ⇒ Oedema general or local.
- ⇒ Skin alternately dry & perspiring
- ⇒ Craving for cold.

❖ **Mental Generals**

- ⇒ Patient is very much awkward.
- ⇒ Very much irritable hard to please.
- ⇒ Weeping disposition.

❖ **Other Guiding Symptoms**

- ⇒ It is more right sides remedy.
- ⇒ Aversion to tight bandage.
- ⇒ Great pain - burning, stinging & soreness, suddenly migrating one part to another.
- ⇒ Involuntary diarrhea with sensation as if anus was wide open.

❖ **Modalities**

- ⇒ Aggravation
 - After sleep ,closed warm heated room, from getting wet,
 - Late in afternoon 3pm.
- ⇒ Amelioration
 - In open air , uncovering, cold bathing.
 - Walking & changing position.

3. Apocynum

❖ **A/F**

- ⇒ Dropsy after typhus, typhoid, scarlatina, cirrhosis, after abuse of quinine

❖ **Indicating Symptoms**

- ⇒ Excretion diminished of urine.
- ⇒ Dropsy with thirst but water disagree causing pain or vomiting .

- ⇒ Acts on urinary organ induces diuresis & remove dropsical effusion.
- ❖ **Constitution**
 - ⇒ A diminished frequency of pulse is a prime indication.
 - ❖ **Physical Generals**
 - ⇒ Amenorrhoea young girls.
 - ⇒ Metrorrhagia with continued or paroxysmal flow & clotted blood.
 - ⇒ Hydrocephalus with open sutures
 - ❖ **Mental Generals**
 - ⇒ Bewildered, low spirited
 - ❖ **Other Guiding Symptoms**
 - ⇒ Hydrocephalus with open sutures.
 - ⇒ Cough, short & dry or deep & loose during pregnancy.
 - ❖ **Modalities**
 - ⇒ Aggravation
 - Cold water & drink
 - Uncovering
 - ⇒ Amelioration
 - covering, warm

4. Picric Acid

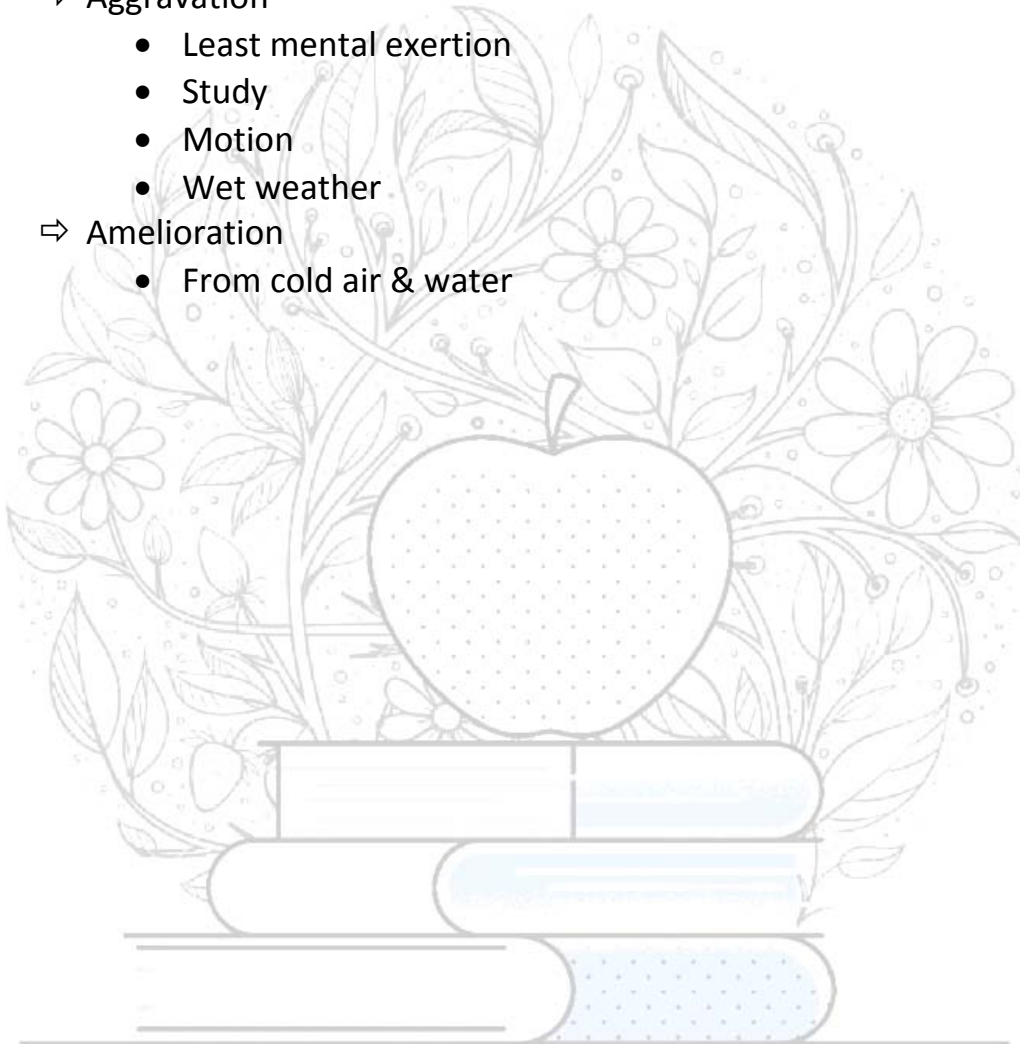
- ❖ **A/F**
 - ⇒ Fatigue ,mental exertion , study ,grief or depressing emotions & sexual abuse
- ❖ **Indicating Symptoms**
 - ⇒ Scanty, dark bloody urine.
 - ⇒ Complete anuria ,dribbling micturation.
 - ⇒ Urine contain much indican, granular cylinders & fatty degenerated epithelium.
 - ⇒ Inflammation of kidney with profound weakness.
 - ⇒ Nightly urging.
 - ⇒ Penis painfully distended.
- ❖ **Constitution**
 - ⇒ Dark complexed person with dirty appearance about knuckles.
 - ⇒ Miasm – All
- ❖ **Physical Generals**
 - ⇒ Progressive weariness from a slight feeling of fatigue on motion to complete.
 - ⇒ Profound weakness & debility run through whole drug.
 - ⇒ Headache of students & teacher.
- ❖ **Mental Generals**
 - ⇒ Brain fag of literacy or business people.
 - ⇒ Slightest excitement brings headache.
 - ⇒ Dementia with prostration sits still & listless.

❖ Other Guiding Symptoms

- ⇒ Heaviness, numbness, fornication & weakness are keynote of drug.
- ⇒ Priapism ,with spinal disease there is violent & long lasting erection.
- ⇒ Small painful boils in parts.
- ⇒ Progressive pernicious anaemia.

❖ Modalities

- ⇒ Aggravation
 - Least mental exertion
 - Study
 - Motion
 - Wet weather
- ⇒ Amelioration
 - From cold air & water



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15. Angina Pectoris

1. Spigellia

❖ A/F

- ⇒ Least motion
- ⇒ Cold wet weather

❖ Indicating Symptoms

- ⇒ Neuralgic affection of the muscles of the chest.
- ⇒ Pain shooting into the shoulder and Neck, especially the left side and Down the arm.
- ⇒ Stitching pain in the chest < least, breathing.
- ⇒ Trembling feeling in the chest when Moving the arm.
- ⇒ Rheumatic trouble especially in the left side of chest.
- ⇒ Palpitation → violent, visible and audible.

❖ Constitution

- ⇒ Is especially adapted to Anaemic, debilitated, pale With light hair and yellow skin
- ⇒ Temperament- Nervous
- ⇒ Miasm - Psora
- ⇒ Chilly patient
- ⇒ Diathesis - Rheumatic

❖ Physical Generals

- ⇒ Pulse weak and irregular.
- ⇒ Craving for the water which relieved.
- ⇒ Violent beating of the heart especially at night , visible and audible with anguish.

❖ Mental Generals

- ⇒ Afraid of pointed things pins, needle, etc..
- ⇒ Weak memory.
- ⇒ Disinclination for work.
- ⇒ Restless and anxious, easily irritated.

❖ Other Guiding Symptoms

- ⇒ Pulsating and stitching in the head < motion, lying with head high.
- ⇒ Headache- at sunrise, at its height at noon , decline till sunset.
- ⇒ Sensitive to touch, pain touch feel affected part.
- ⇒ Toothache from tobacco smoking.

❖ Modalities

- ⇒ Aggravation
 - Motion
 - Concussion

- Turning
- ⇒ Amelioration
 - Lying on right side with head high.

2. Cactus G

❖ A/F

- ⇒ Rheumatism, sun, damp weather.

❖ Indicating Symptoms

- ⇒ Constriction in chest as if bound hindering respiration.
- ⇒ Inflammation of diaphragm with great difficulty of breathing.
- ⇒ Pain shooting down to left arm.
- ⇒ Palpitation-< lying on left side at the approach of menses.
- ⇒ Heart- constriction as from an iron band.
- ⇒ Endocarditis with mitral insufficiency.

❖ Constitution

- ⇒ Sanguineous congestion in person of plethoric habit ,full blooded person
- ⇒ Temperament- sanguine
- ⇒ Miasm- Psora
- ⇒ Neither hot nor chilly

❖ Physical Generals

- ⇒ Construction- constriction and congestion of any organ in the body.
- ⇒ Pulse irritable, intermittent, feeble.
- ⇒ Body feels tight or wrapped.
- ⇒ Low blood pressure.

❖ Mental Generals

- ⇒ Fear of death Because he believes the disease is incurable
- ⇒ Anxiety, easily frightened, sadness, irresistible inclination to weep

❖ Other Guiding Symptoms

- ⇒ General weakness and prostration.
- ⇒ Pulse less, panting, and prostration.
- ⇒ Heart disease with oedema of left hand.
- ⇒ Headache- sensation as of a weight on vertex.

❖ Modalities

- ⇒ Aggravation
 - About noon
 - Lying on left side
 - Walking
 - 11am and 11pm
- ⇒ Amelioration
 - Open air

3. Staphysagria

❖ A/F

⇒ Onanism, sexual abuse, anger with indignation, sexual excess.

❖ Indicating Symptoms

- ⇒ Tremulous palpitation when listening to music
- ⇒ Stitching pains in region of heart stopping breathing
- ⇒ Pain in chest, as from excoriation and ulceration.
- ⇒ Cramp in diaphragm, after a fit of passion
- ⇒ Miliary eruption on the chest with redness and itching when heated
- ⇒ Aching in chest, heart feels weak

❖ Constitution

- ⇒ The patient usually a young man is very much weak with guilty and abashed look.
- ⇒ Temperament- nervous and melancholy.
- ⇒ Chilly patient.
- ⇒ Miasm- Psora and sycosis.

❖ Physical Generals

- ⇒ Nervous weakness- as if done up after much hard work
- ⇒ Craving for tobacco
- ⇒ Sleepy all day ,awake all night, body aches all over

❖ Mental Generals

- ⇒ Mental affection are caused by onanism, sexual excess, sexual abuse.
- ⇒ Very sensitive as to what other say about her.
- ⇒ Excited, easily aroused to anger.

❖ Other Guiding Symptoms

- ⇒ Toothache during menses.
- ⇒ There is intolerable urging to urinate.
- ⇒ Cough only in day time.
- ⇒ Backache < at night in bed and morning.

❖ Modalities

- ⇒ Aggravation
 - Tobacco
 - Sexual excess
 - Anger
- ⇒ Amelioration
 - Warmth
 - Rest at night

4. Latrodectus Mactans

❖ A/F

⇒ Anger, of grief, fright, vexation, exertion.

❖ Indicating Symptoms

- ⇒ Soreness of chest with great pressure.
- ⇒ Rheumatic pains in chest in cold damp weather, tubercular deposit in apices of both lungs.
- ⇒ Pressure in the region of the heart with dyspnoea and a feeling that he must die.
- ⇒ Palpitation from least exertion.
- ⇒ Pulsation of the heart and flashes of heat in the left side of face and neck.
- ⇒ Pain in the chest cutting as a with knife Apex of heart.

❖ Constitution

- ⇒ Pale , sickly, anaemic look wasted persons with sallow complexion.
- ⇒ Chilly patient
- ⇒ Miasm- Psora and Syphilis

❖ Physical Generals

- ⇒ Short dry cough < in a cold room. Or in cold air
- ⇒ Obesity- fatty degeneration
- ⇒ Dropsy- from organic heart disease

❖ Mental Generals

- ⇒ Loss of memory.
- ⇒ Great despondency on account of the disease is sure he is going to die in twenty- four hours without fear of death.
- ⇒ Does not want to talk to anyone.

❖ Other Guiding Symptoms

- ⇒ Great restlessness.
- ⇒ Headache- intense throbbing pain in forehead < menses, motion.
- ⇒ Constipation- hard, large stool, painful extorting cries.
- ⇒ Aversion to milk.

❖ Modalities

- ⇒ Aggravation
 - Mental exertion
 - Talking
- ⇒ Amelioration
 - Cold room or air
 - Lying down

5. Aurum Met

❖ A/F

- ⇒ Bad effect of Mercury.
- ⇒ Syphilis.
- ⇒ Alcohol ,fear, fright, anger.

❖ Indicating Symptoms

- ⇒ Paroxysms of suffocation with constrictive of the chest.
- ⇒ Great weight on chest especially heavy weight on sternum.
- ⇒ Congestion in the chest.
- ⇒ Great difficulty of respiration at night and on walking in the open air requiring deep inspiration.
- ⇒ Violent palpitation.

❖ Constitution

- ⇒ Sanguine , ruddy people with black hair and eyes .old people are tired of life.
- ⇒ Temperament- melancholy and irritable.
- ⇒ Miasm- Syphilis
- ⇒ Very chilly patient.

❖ Physical Generals

- ⇒ Pain in heart region extending down arm to finger.
- ⇒ Heart beat irregular, some time with anguish and oppression of the chest.
- ⇒ Sensation as if the heart stood still.

❖ Mental Generals

- ⇒ Constantly dwelling on suicide.
- ⇒ Weakness of the memory.
- ⇒ Profound melancholy.

❖ Other Guiding Symptoms

- ⇒ Falling of hair especially in syphilis and Mercury affection.
- ⇒ Prolapsed and indurated uterus from straining.
- ⇒ Foul breath in girl at puberty.

❖ Modalities

- ⇒ Aggravation
 - Cold air
 - Mental exertion
- ⇒ Amelioration
 - Warm air
 - In the morning

6. Crataegus

❖ A/F

- ⇒ Exertion and warm weather.

❖ Indicating Symptoms

- ⇒ Painful sensation of pressure in left side of the chest below the clavicle.
- ⇒ Patient is weak and exhausted sometimes suddenly became weak.

- ⇒ Irregularities of heart act on muscle of heart and is a heart tonic.
- ⇒ Extremely dyspnoea on least exertion without much increase of pulse.
- ⇒ Heart dilated first sound weak.
- ⇒ Very feeble and irregular heart action.
- ❖ **Constitution**
 - ⇒ Person is very weak, irritable, and melancholy.
 - ⇒ Have a not specific Constitution.
- ❖ **Physical Generals**
 - ⇒ Pulse irregular, feeble, intermittent.
 - ⇒ Insomnia of aortic patient.
 - ⇒ Cutaneous chilliness, blueness of fingers and toes.
- ❖ **Mental Generals**
 - ⇒ Irritability
 - ⇒ Crossness and melancholy.
 - ⇒ Despairing
- ❖ **Other Guiding Symptoms**
 - ⇒ Haemorrhage from bowels.
 - ⇒ Collapse from typhoid.
 - ⇒ Arteriosclerosis
 - ⇒ Skin- excessive perspiration.
 - ⇒ Skin eruption.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Warm room
 - ⇒ Amelioration
 - Rest
 - Quiet
 - Fresh air

7. Amyl Nitrate

- ❖ **A/F**
 - ⇒ Fear and fright, mental and physical exertion, climacteric.
- ❖ **Indicating Symptoms**
 - ⇒ Great oppression and fullness of chest.
 - ⇒ Dyspnoea and asthmatic feeling.
 - ⇒ Stitching pain and constriction around heart.
 - ⇒ Angina pectoris with great anxiety.
 - ⇒ Tumultuous palpitation.
 - ⇒ Fluttering of heart on least excitement.
 - ⇒ Aching backwards along the left floating rib.
- ❖ **Constitution**

- ⇒ It is suited to patient to flushing and blushing .and nervous , sensitive, plethoric women during or after the menopause .
- ⇒ Hot Patient.
- ⇒ Miasm- Psora

❖ **Physical Generals**

- ⇒ Full soft pulse.
- ⇒ Choking feeling in the throat collar seems to tight.
- ⇒ Intense surging of blood to face and head.

❖ **Mental Generals**

- ⇒ Anxiety as if something might happen.
- ⇒ Must have fresh air.
- ⇒ Mental confusion and a trance like state.

❖ **Other Guiding Symptoms**

- ⇒ Yawns profoundly and repeatedly.
- ⇒ Sea sickness.
- ⇒ Puerperal convulsions l'm after delivery.
- ⇒ Face flushing at the slight emotion.

❖ **Modalities**

- ⇒ Aggravation
 - Mental and physical exertion
 - Emotion
- ⇒ Amelioration
 - Open air
 - Cold water

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16. Hypothyroidism

1. Iodum

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Enlarged thyroid goitre with sensation of the constriction.
- ⇒ Sub maxillary glands are swollen.
- ⇒ Larynx feels constricted.
- ⇒ Uvula swollen.
- ⇒ Weakness and loss of breath going upstairs.

❖ Constitution

- ⇒ Physical makeup: person of dark or black hair and eyes with a low cachectic condition profound debility and general emaciation over grown body with hypertrophy and induration of gland.
- ⇒ Temperament : Irritable.
- ⇒ Relation with heat and cold : very hot patient
- ⇒ Miasm : Psora in background
- ⇒ Diathesis : scrofulous diathesis with glandular engagement.
- ⇒ Tubercular diathesis.

❖ Physical Generals

- ⇒ Losing flesh while eating well.
- ⇒ Pulsation all over the body e.g. Stomach, back, even arms and fingers.
- ⇒ Great debility, the slightest effort induces perspiration.

❖ Mental Generals

- ⇒ Intense restlessness with apprehension.
- ⇒ Patient is very much weak in mind, forgetful, cannot remember a little thing.
- ⇒ Patient has sudden impulse to do some violence, he has impulse to kill.

❖ Other Guiding Symptoms

- ⇒ Ravenous hunger, feels relieved while eating and after eating.
- ⇒ All glands of the body are hypertrophied and enlarged except the mammary gland.
- ⇒ Profound debility and loss of breath ongoing upstairs.

❖ Modalities

- ⇒ Aggravation
 - Warmth in general
 - Motion and exertion of all kinds.
- ⇒ Amelioration
 - Walking about in open air

- By eating.

2. Calc Phos

❖ A/F

- ⇒ Grief, disappointed love, unpleasant news and getting wet.

❖ Indicating Symptoms

- ⇒ Thyroid gland is swollen.
- ⇒ Sore aching in throat, feels hollow.
- ⇒ Coldness and soreness in spots.
- ⇒ Adenoid growth.

❖ Constitution

- ⇒ Physical makeup : Adapted to person who are pale, of dark complexion, dark hair and eyes, emaciated body, sunken flabby abdomen, enlarged head and long weak emaciated neck, unable to support head.
- ⇒ Relation with heat and cold : Chilly patient.
- ⇒ Miasm : Psora in background.
- ⇒ Diathesis : scrofulous and gouty diathesis.

❖ Physical Generals

- ⇒ Defective bone development.
- ⇒ Emaciated body with sunken flabby abdomen.
- ⇒ Numbness and crawling sensation in different organs.
- ⇒ Debility remaining after acute diseases.

❖ Mental Generals

- ⇒ Complaints aggravate while thinking of them.
- ⇒ Peevish
- ⇒ Forgetful
- ⇒ Always wants to go somewhere.

❖ Other Guiding Symptoms

- ⇒ Tendency to bone curve, especially long bone.
- ⇒ Fontanelles remain open too long, especially posterior fontanelle.
- ⇒ Craving for salted and smoked meat, ham, bacon etc.
- ⇒ Fistula in ano alternates with chest complaints.

❖ Modalities

- ⇒ Aggravation
 - Exposure to damp cold weather.
 - From every change of weather.
- ⇒ Amelioration
 - Summer and dry warm weather.

3. Ferrum Met

❖ A/F

⇒ Loss of vital fluid, abuse of quinine, suppressed intermittents.

❖ **Indicating Symptoms**

⇒ Thyroid gland is enlarged.

⇒ Passive pain in throat on swallowing.

⇒ Constrictive sensation in throat feeling as if something rolled into throat and close it like a valve.

❖ **Constitution**

⇒ Physical makeup: Especially adapted to women who are pale, weak, delicate, and chlorotic, yet have a Fiery red face.

⇒ Temperament : sanguine temperament, least contradiction excites the patient.

⇒ Relation with heat and cold : Hot patient.

⇒ Miasm : Psora in background.

⇒ Diathesis : haemorrhagic diathesis.

❖ **Physical Generals**

⇒ Complaints from loss of vital fluid. Haemorrhage from anywhere and everywhere, character of blood is bright red coagulated.

⇒ Red parts become white.

⇒ Emaciation, weakness and trembling in frequent attacks.

❖ **Mental Generals**

⇒ Slight noises unbeatable.

⇒ Excited from slightest opposition.

⇒ Irritability

❖ **Other Guiding Symptoms**

⇒ Any rapid exertion or motion brings on weakness, dyspnoea, sinking and fainting.

⇒ Pains and suffering come on during rest such as palpitation, dyspnoea and weakness.

⇒ Canine hunger or alternate loss of appetite with dislike for any food.

⇒ Fiery red tongue.

❖ **Modalities**

⇒ Aggravation

- At night

- At rest especially while sitting still.

⇒ Amelioration

- Walking about slowly and in summer.

4. **Spongia Tosta**

❖ **A/F**

⇒ From cold weather, tobacco, suppressed gonorrhoea, mental excitement, sweet.

❖ **Indicating Symptoms**

- ⇒ Thyroid gland swollen and hard with suffocative attacks at night stitching pains and pressure.
- ⇒ Bitter taste in throat.
- ⇒ Constantly recurring needle like stitches above pit of throat externally, in lower part of goitre.
- ⇒ Violent straining pain in goitre.

❖ **Constitution**

- ⇒ Physical makeup : It is especially adapted to disease of children and women and persons having light hair, lax fibre, fair complexion.
- ⇒ Heat and cold relation : Chilly patient
- ⇒ Miasm : psoric, syphilitic and sycotic.
- ⇒ Diathesis : Tubercular diathesis.

❖ **Physical Generals**

- ⇒ Swelling and induration of glands.
- ⇒ Great dryness of mucous membrane of air passage - throat, larynx, trachea, bronchi - Dry as a horn.
- ⇒ Sore throat aggravates after eating sweet things.

❖ **Mental Generals**

- ⇒ Anxiety and fear.
- ⇒ Every excitement increases the cough.

❖ **Other Guiding Symptoms**

- ⇒ Awakens in a fright and feels as if suffocating, as if he had to breathe through sponge.
- ⇒ Cough is dry barking croupy as if saw driven through a pine board.

❖ **Modalities**

- ⇒ Aggravation
 - At night
 - After sleep
 - Cold air, cold food and drinks.
 - Lying with head low.
- ⇒ Amelioration
 - Warm food and drink.

5. Calc Carb

❖ **A/F**

- ⇒ Defective assimilation, suppressed sweat, alcohol, self abuse, mental strain, suppressed foot sweat, fright, etc.

❖ **Indicating Symptoms**

- ⇒ Thyroid dysfunction, swelling of thyroid gland.
- ⇒ Sensation of contraction in throat on swallowing.
- ⇒ Affection in the throat after straining the back.

- ⇒ Sweating on palms and soles.
- ❖ **Sweating on palms and soles Constitution**
 - ⇒ Physical makeup : person is adapted to leucophlegmatic constitution.
 - ⇒ Person is fat, flabby, fatty with much sweating, cold extremities, and sour smell of the body. Tendency to obesity in youth. Slow in movement.
 - ⇒ Relation with heat and cold : chilly patient, disposed to catch cold very easily.
 - ⇒ Miasm : Anti psoric and Anti sycotic.
 - ⇒ Diathesis : scrofulous, rachitic and tubercular diathesis.
- ❖ **Physical Generals**
 - ⇒ Disposed to grow fat.
 - ⇒ Sweating, head sweat profusely while sleeping wetting the pillow, sour smelling perspiration.
 - ⇒ Coldness in general and single part.
- ❖ **Mental Generals**
 - ⇒ Great apprehension which becomes worse towards evening.
 - ⇒ Fears of: loss of reason, misfortune, contagious diseases.
 - ⇒ Anxiety with palpitation.
 - ⇒ Patient desires and likes to be magnetised.
- ❖ **Other Guiding Symptoms**
 - ⇒ All discharges smell sour : vomitus, diarrhoea, eructation, sour odour from whole body.
 - ⇒ Feels better in every way when constipated.
 - ⇒ Patient has great sensitiveness to take cold.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Cold air, wet weather, from washing.
 - In morning
 - During full moon
 - ⇒ Amelioration
 - Lying on painful side.
 - Dry weather

6. Nat Mur

❖ A/F

- ⇒ Bad effects of anger, grief, excessive use of salt, quinine, sexual excess, profuse menses.

❖ Indicating Symptoms

- ⇒ Exophthalmic goitre.
- ⇒ Excessive sweating and weight loss.
- ⇒ A sensation during deglutition as of a plug in throat.
- ⇒ Swelling sensation of constriction and stitches in throat.

❖ **Constitution**

- ⇒ Physical makeup: emaciated people having shiny oily and waxy look of the face, as if greased, cachectic appearance having blue ring around the eyes.
- ⇒ Temperament: nervous.
- ⇒ Relation with heat and cold : Hot patient.
- ⇒ Miasm: All 3 miasm Psora, Sycosis, and Syphilis.
- ⇒ Diathesis: scrofulous.

❖ **Physical Generals**

- ⇒ Great emaciation, losing flesh while living well.
- ⇒ Mapped tongue.
- ⇒ Intense craving for salt, bitter things, fish and milk.
- ⇒ Hair falls when touched, in nursing women.

❖ **Mental Generals**

- ⇒ Psychic cause of disease.
- ⇒ Consolation aggravates the trouble.
- ⇒ The lachrymal disposition and hypochondriacal mood.

❖ **Other Guiding Symptoms**

- ⇒ Left sided headache especially in school going girls.
- ⇒ Cannot pass urine in present of others.
- ⇒ Fluttering of heart, heart's pulsation shakes the whole body.

❖ **Modalities**

- ⇒ Aggravation
 - From sunrise to sunset, especially from 10 to 11 am.
 - From sea air
 - Lying down
 - From consolation
- ⇒ Amelioration
 - In the open air
 - Going without regular meals.
 - Lying on right side.

7. Antim Crud

❖ **A/F**

- ⇒ Too much river or cold bathing ,disappointed love, suppressed eruption ,extreme of heat and overuse of voice.

❖ **Indicating Symptoms**

- ⇒ Large quantities of mucus is hawked out from the posterior nares.
- ⇒ Soreness in throat.
- ⇒ Thick yellowish hawked out.

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- ⇒ Sensation of plug in throat.
- ⇒ Constant trying to swallow.
- ⇒ Laryngitis.
- ⇒ Craves acid , pickles, cucumbers.
- ⇒ Stool composed entirely of mucus.

❖ **Constitution**

- ⇒ Suited to children and young people who are inclined to grow fat ,extreme of life, having tendency to thick unhealthy skin.

❖ **Physical Generals**

- ⇒ Hot or chilly in thermal.
- ⇒ Psora and sycosis in background.
- ⇒ Rheumatic and gouty in diathesis.

❖ **Mental Generals**

- ⇒ Bad effect of disappointed love ,loathing of life.
- ⇒ There is great sadness with weeping.
- ⇒ Sentimental mood in moonlight.
- ⇒ Wants to commit suicide by drowning.
- ⇒ Become angry at silly matters.

❖ **Other Guiding Symptoms**

- ⇒ Thick milky white coating tongue .
- ⇒ Disposition of abnormal growth of skin.
- ⇒ Great desire of acid and pickles.
- ⇒ Aversion to cold bathing.

❖ **Modalities**

- ⇒ Aggravation
 - After cutting
 - Cold bath
 - Acid
 - After sun or fire.
- ⇒ Amelioration
 - In open air
 - Rest
 - Warm bath

8. Thyroidinum

❖ **A/F**

- ⇒ Sweet, cold water.

❖ **Indicating Symptoms**

- ⇒ A state of puffiness and obesity.
- ⇒ Dry, congested, raw burning in throat.

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- ⇒ Worse in left side.
- ⇒ Choking, rapid emaciation.
- ⇒ Goitre a state of puffiness and obesity.
- ⇒ It affect the CVS, skin and Left side.
- ⇒ Stabbing, splitting and cutting sensation.
- ⇒ Tachycardia.
- ⇒ Palpitation, from least exertion.
- ⇒ Trembling of limb in entire body.
- ⇒ Thyroid has close connection with the heart; moreover it exercise a general regulating influence and mechanism of organs of nutrition; growth and development.
- ⇒ Persistent frontal headache.
- ⇒ Feels tired, sick easy fatigue, want to lie down.

❖ **Constitution**

- ⇒ Chilly pt.
- ⇒ Sensitivity to cold and scrofulous diathesis.

❖ **Physical Generals**

- ⇒ Its suited to thin or obese person with irregular disposition
- ⇒ Of fat, but the usually pale, anaemic.
- ⇒ There may be Exophthalmic look.

❖ **Mental Generals**

- ⇒ Highly irritable.
- ⇒ Can't bear least opposition and goes into passion about trifles.
- ⇒ Depression.
- ⇒ At times becomes homicident pt. want to strong everybody putting his arms very tightly round their necks.

❖ **Other Guiding Symptoms**

- ⇒ Trembling of limbs in the entire body.
- ⇒ Poly urea: urine contains some albumen and sugar.
- ⇒ Nausea: worse during riding in carriage with much flatulency.
- ⇒ It is said to be effective in undescended testicles in boys.
- ⇒ Convulsion during dentition without fever.
- ⇒ Desperate cases of jaundice in the new born babies.

❖ **Modalities**

- ⇒ Aggravation
 - Craving from sweet.
 - Thirst for cold water.
- ⇒ Amelioration
 - From cold

9. Sepia

❖ A/F

- ⇒ Exposure to cold.
- ⇒ Laundry work , alcohol , tobacco, Wetting before and during menses, after eating going upstairs, coitus, change of weather.

❖ Indicating Symptoms

- ⇒ Sore throat with swelling of gland of neck-pressure as from a plug in throat, or pain as from excoriation and shooting during deglutition.
- ⇒ Pressure in throat in region of tonsils, as if neck.
- ⇒ Clothes were too tight, jerking in throat.
- ⇒ Swelling and inflammation of gullet.
- ⇒ Swelling and suppuration of tonsils.
- ⇒ Dryness in throat with tension and scraping.
- ⇒ Clammy sensation in throat, Accumulation of mucus in throat and on velum palate.
- ⇒ Roughness and burning in fauces;<hawking .

❖ Expulsion of sanguineous mucus on hawking **Constitution**

- ⇒ Yellow ,earthy complexion, discoloration and shallow skin, yellowness of skin and face and conjunctiva, yellow spot on chest.
- ⇒ A tell tale face and moth spot on face, with male type of pelvis in women.

❖ Physical Generals

- ⇒ Very chilly in patient.
- ⇒ Anti psoric and anti sycotic in miasm.
- ⇒ Nervous temperament.
- ⇒ Desire for acid, vinegar, pickles, sweets.
- ⇒ Aversion to smell of food, milk, tobacco and meat.

❖ Mental Generals

- ⇒ Indifference runs through the whole drug.
- ⇒ Cannot narrate the symptom without the weeping.
- ⇒ Consolation aggravates the mental symptoms.
- ⇒ She cannot bear tobacco in any form.

❖ Other Guiding Symptoms

- ⇒ Lack of vital fluid especially in chronic disease.
- ⇒ Weakness and bearing down sensation; must sit close and cross her legs to prevent something from coming down the vagina.
- ⇒ All gone feeling in the stomach relived by eating.
- ⇒ Very sensitive to cold air chills so easy.
- ⇒ Sensation of a ball in inner parts.
- ⇒ Dyspnoea aggravated by sitting.

❖ Modalities

- ⇒ Aggravation
 - Morning and evening
 - Washing, cold air, before a thunderstorm.
- ⇒ Amelioration
 - Exercise, pressure
 - Warm of bed, hot application, after sleep.

10. Calc Iod

❖ A/F

- ⇒ Cold, mental exertion, anxious.

❖ Indicating Symptoms

- ⇒ Thyroid enlargements about time of puberty.
- ⇒ Dryness and constriction of throat.
- ⇒ Enlarged tonsils, honeycombed with small crypts, viscid mucus in the throat.
- ⇒ External throat swollen, many hard gland.
- ⇒ It has cured goitre, even exophthalmic goitre.

❖ Constitution

- ⇒ Flabby children subject to cold, marked loss of flesh.
- ⇒ Scrofulous diathesis with irritable temperament and tendency to take cold.

❖ Physical Generals

- ⇒ The head feels cold, there are congestion head and heaviness of head.
- ⇒ Easy perspiration of scalp and forehead.
- ⇒ Exertion is impossible.
- ⇒ Strong desire of open air.
- ⇒ Pain are numerous but mild and fitting, burning, cutting, tearing, there is more weakness than pain.

❖ Mental Generals

- ⇒ Pt. become angry over small matter.
- ⇒ Dreams amorous of dead people.
- ⇒ Frequent spells of anxiety.
- ⇒ Extreme sadness.
- ⇒ Weeping.
- ⇒ Aversion to company.
- ⇒ Impatience and indifference.
- ⇒ Mental prostration.
- ⇒ Confusion of mind.

❖ Other Guiding Symptoms

- ⇒ There is general physical anxiety, asleep feeling in single part, choreic movement.
- ⇒ There is marked loss of fleshed.
- ⇒ It has cured convulsion, chronic, epileptic form with falling.
- ⇒ Pain in forehead above the eyes, in the occiput, pain in occiput before menses.

❖ Modalities

- ⇒ Aggravation
 - Old weather, cold thing
 - In morning, afternoon, after midnight, evening night
 - Warm of bed
- ⇒ Amelioration
 - Open air.

11. Fluoric Acid

❖ A/F

- ⇒ Abuse of mercury, abuse of silicea, syphilis.

❖ Indicating Symptoms

- ⇒ Itching in the larynx which cause him to hawk and to swallow.
- ⇒ Great sensitiveness of the upper jaw to the touch.
- ⇒ Constriction in the throat with difficult deglutination in the morning hawking up to the much phlegm which is mixed with blood.

❖ Constitution

- ⇒ Premature old age and young people too old.
- ⇒ Neither hot nor chilly and all miasm in background.

❖ Physical Generals

- ⇒ Perspiration, clammy, acid, smelling, disagreeably on the body, especially on moving in the afternoon evening with itching.
- ⇒ Sensation of weakness like numbness in the hand and head.
- ⇒ Pain in the right shoulder joint.

❖ Mental Generals

- ⇒ Mind with disposition.
- ⇒ Disposition to be exceedingly, anxious causing perspiration.
- ⇒ Forgetfulness of duty and his own common employment.

❖ Other Guiding Symptoms

- ⇒ Burning unusual and acidity are the words that qualify a great many symptoms.
- ⇒ As is common to all acids is profound, weakness and debility run through the whole body.

⇒ The pt. has increased ability to exercise without danger, this is the characteristic symptom.

❖ **Modalities**

⇒ Aggravation

- By warmth

⇒ Amelioration

- By cold application.

12.Kali Iod

❖ **A/F**

⇒ Abuse of mercury.

⇒ Suppression of syphilis.

❖ **Indicating Symptoms**

⇒ Deep ulcer in the throat, old syphilitic ulcer, perforating ulcer, eating away and destroying all the soft tissue the uvula and the soft palate.

⇒ Ulceration upon the tonsils, enlarged tonsils.

⇒ Very painful throat ,knot and knobs in the throat upon the mucus membrane.

⇒ Dryness of throat and enlarged tonsils.

⇒ Terrible pain at the root of tongue at the night.

⇒ The whole larynx, pharynx, trachea and bronchial tube suffer from catarrhal condition.

⇒ Inflammation condition with greenish discharge.

❖ **Constitution**

⇒ Pt. has no peculiar picture but irritable temperament.

⇒ Chilly pt. with the antipsoric and anti syphilitic miasm in background with scrofulous diathesis.

❖ **Physical Generals**

⇒ Biparietal head pain of nerve, syphilis old and long standing cases.

⇒ Pain through the parietal bone, through the side of the head ,as if crushed in a vise, awful crushing ,pulsating ,pressing ,radiating pain on both side of head.

❖ **Mental Generals**

⇒ Irritability, cruelty ,harshness of temper.

⇒ Sad and tearful.

⇒ Extremely nervous.

❖ **Other Guiding Symptoms**

⇒ It affect the glandular structures and periosteum after the manner of syphilis.

⇒ It produce catarrhal inflammation and deep acting medicine .

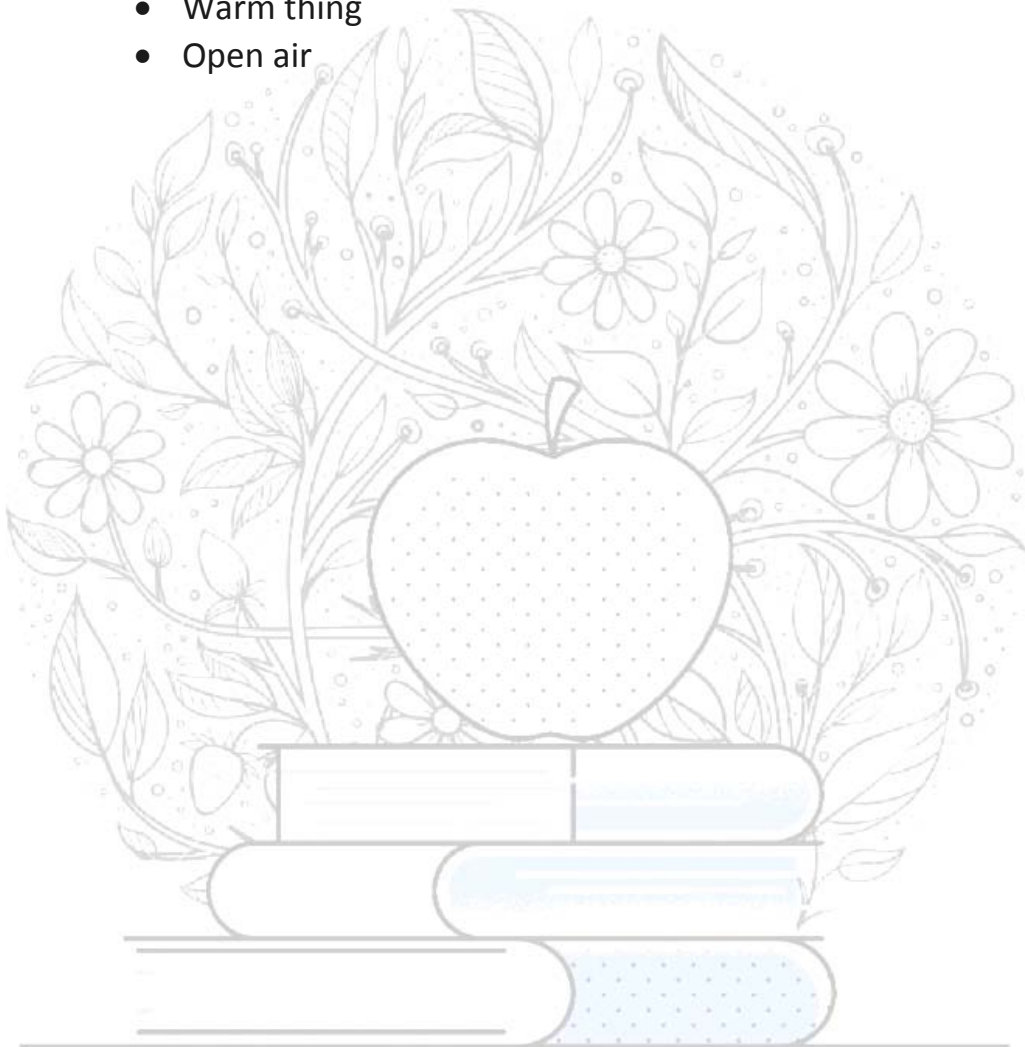
❖ Modalities

⇒ Aggravation

- Cold thing
- In house

⇒ Amelioration

- From motion
- Warm thing
- Open air



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17. HYPERTENSION

1. Veratrum Viride

❖ A/F

⇒ Exposure to cold or hot and sun's rays, after suppression of menses and lochia.

❖ Indicating Symptoms

⇒ Veratrum viride is a very good medicine for high blood pressure Correspond like....

⇒ Remedy good in peculiar pulse where pulse is suddenly increase and gradually decreases below normal , slow ,soft, weak , irregular and intermittent pulse .

⇒ Where tongue is white or yellow ,but with RED STREAK DOWN THE MIDDLE. Or tongue may be dry, moist with white or yellow coating or no coating on either side in this hypertensive condition the remedy use

⇒ In hypertensive condition; where head hot; blood shot eyes Pulse full and hard as iron beating of pulse throughout of body ,Hippocratic face ... remedy use.

⇒ It has high rise temperature , hyperthermia in evening with hypothermia in morning and pulse Is full and hard

⇒ Pulse is throughout the body ,especially in right side of the body

⇒ congestion especially to base of brain, chest, spine and stomach

⇒ Sunstroke, headfull, throbbing of arteries, sensitive to sound, double or partial vision

❖ Constitution

⇒ It is mostly an acute drug pt. is however full blooded ,plethoric with Bloated and livid face.

⇒ Congestion is in the base of brain, spine, lung and stomach.

⇒ Hippocratic and bloated livid face with red streak down middle of the Tongue.

❖ Physical Generals

⇒ A narrow well developed red streak right through the middle of the Tongue , is the red strand symptom of this drug.

⇒ Congestion is yet another leading keynote of remedy especially In base of brain, spine, lung, stomach .

⇒ Sensation of fullness causing heavy headache.

⇒ Sudden onset of all the trouble , a great indicator of remedy.

❖ Mental Generals

⇒ Sadness, mental depression mind shrieking and chill with Coldness in general.

⇒ Tetanic convulsion with exposure of heat or cold.

❖ Other Guiding Symptoms

- ⇒ Everything tastes sweet
- ⇒ Faint feeling in stomach, heavy load on chest, difficulty in Breathing.

❖ Modalities

⇒ Aggravation:

- By motion
- Rising from bed
- Going from a hot to a cold
- Place
- Sitting erect
- Being uncovered and in winter.

⇒ Amelioration

- By keeping head perfectly still.
- Lying down
- Rubbing and Massaging.

2. Lachesis

❖ A/F

- ⇒ Long lasting grief, sorrow, fright , vexation, disappointment, of love, bad effects of poison, wounds, suppression of quinine.

❖ Indicating Symptoms

- ⇒ The remedy good in PSYCHOLOGICAL HYPERTENSION.
- ⇒ Aliment form - long grief, sorrow , fright, vexation, jealous, Or disappointed of love
- ⇒ Remedy used for a person with high blood pressure who has a flushed look to the face, overactive behaviour, and a tendency for compulsive talking ,as if an inner boiler were always about to explode.
- ⇒ The female develop hypertension at climacteric age.
- ⇒ Pt. cannot bear anything tight around the neck and waist and want loose clothing.
- ⇒ Constriction about the chest with suffocative feeling all the time, the condition get worse after sleep or walking in the morning.
- ⇒ Complains are due to suppression of discharge.
- ⇒ The pt. has many suspicious, revengeful, jealousy that's why pt's Condition get worse and worse due to psychological emotion.
- ⇒ Due to this condition hemorrhagic tendency is mark.
- ⇒ Rush of blood head after alcohol, mental emotion suppressed Or irregular menses at climaxis
- ⇒ Aggravating- after sleep, contact, extreme of temperature, acids, alcohol, cinchona, pressure or construction, summer

❖ Constitution

- ⇒ Ideally suited to thin emaciated ,DURING AND AFTER CLIMACTRIC AGE.
- ⇒ Person having disposition to low sprit and indolence with BLUE AND PURPLE LOOK.

❖ Physical Generals

- ⇒ Pt. mainly hot patient,
- ⇒ Antipsoric maism
- ⇒ Haemorrhagic diathesis and melancholic and sad temperament
- ⇒ Lachesis is a left side remedy.
- ⇒ A sense of constriction and tight feeling everywhere.
- ⇒ Great desire for fanning but slowly and from a distance
- ⇒ All symptoms are worse during and after sleep.
- ⇒ Burning all over the body ;HOT FLUSHES AND HOT PERSPIRATION.

❖ Mental Generals

- ⇒ Great loquacity , pt. think that he or she is under the control of some super Human power; jump from one idea to another.
- ⇒ She is very jealous or suspicious .
- ⇒ Dreams of snakes sometime overjoyed and melancholic .

❖ Other Guiding Symptoms

- ⇒ Great sensitiveness to touch all over especially throat, abdomen etc.
- ⇒ Most of complains relived by MENSTRUAL FLOW.
- ⇒ Have never been well since that time' says pt. referring to menopausal period.
- ⇒ Trembling in whole body ,black trembling tongue.
- ⇒ 2nd and 3rd week indicating typhoid fever also added.
- ⇒ Loss of vital fluid ,sexual excess, onanism or jealousy, COMES ONLY DURING SLEEP.
- ⇒ Liquid are more painful than solid.

❖ Modalities

- ⇒ Aggravation:
 - AFTER SLEEP
 - Extreme of term
 - Pressure or constriction, mercury.
- ⇒ Amelioration
 - With appearance of discharge
 - Cold application.

3. Aconite

❖ A/F

- ⇒ Exposure to dry cold air, North or west wind, or exposure to draught to cold air ,while in perspiration , fear ,fright , shock, heat of sun , excitement, injury surgical operation.

❖ Indicating Symptoms

- ⇒ IN FEAR CONDITION GOOD IN HYPERTENSIVE REMEDY.

- ⇒ Start with sudden and violent attack of fever with high rise of temperature and tension is mark for condition.
- ⇒ Very chilly if uncovered but with internal heat
- ⇒ Face is red or pale ,red alternately, anxious and frightened expression ,sensation of face growing or swelling, on rising the red face becomes deathly pale and feels dizzy.
- ⇒ Skin red ,shining, hot with violent pain.
- ⇒ There is drenching sweat especially part laid on, which relives.
- ⇒ Burning thirst for large quantity of cold water.
- ⇒ Intense nervousness and restless he tosses about in agony.
- ⇒ Restless, anxious, does everything in great haste, must change position often, everything startles him
- ⇒ Mental anxiety, worry, fear accompanies the most trivial symptoms
- ⇒ Aggravating- evening and night, warm room, lying on affected side, rising form bed
- ⇒ Ameliorate- in open air

❖ **Constitution**

- ⇒ Plethoric sanguine person with rigid fibers, dark hair, eyes ,full of plethoric habit who lead to sedentary life style.
- ⇒ Remedy for rosy, chubby, plethoric babies also.

❖ **Physical Generals**

- ⇒ Pt. with warm blooded, psora in background, sanguine temperament.
- ⇒ Its has one of the trio of restlessness.
- ⇒ Aconite is the great pain remedy.
- ⇒ Dry and hot skin with rare sweat.
- ⇒ Unquenchable thirst for large quantity of cold water.

❖ **Mental Generals**

- ⇒ This is a great fear and anxiety of mind intense restlessness and nervousness.
- ⇒ Aconite pt. 'fear of death and predict the time of death.
- ⇒ Music is unbearable for aconite pt.
- ⇒ Mental calmness contra indicated aconite.

❖ **Other Guiding Symptoms**

- ⇒ Excessive sensitiveness to the least touch. Sudden exposure to dry north or west wind causing sudden and violent cough which croupy in nature dry, hoarse, suffocative, crocking hard, ringing and whistling.
- ⇒ Sudden and violent agonizing pain in abdomen.
- ⇒ Teething children may be get the attack of convulsion

❖ **Modalities**

- ⇒ Aggravation:
 - Lying on painful or affected side
 - Exposure to north or west wind
 - Dry weather.

- ⇒ Amelioration
 - In open air

4. Glonoine

❖ A/F

- ⇒ Sun, heat of fire, fear , fright ,injury and hair cut.

❖ Indicating Symptoms

- ⇒ ITS A REMEDY FOR HEART RELATED HYPERTENSION AND SENSATION OF PULSATION THROUGHOUT THE BODY.
- ⇒ ALIMENT- BAD EFFECT OF HAIR CUT, SUMMER
- ⇒ Remedy indicated where there is a flushed face with beating headache and visible throbbing in the blood vessels of the neck.
- ⇒ Heartbeat is irregular and there is a feeling of congestion in the chest.
- ⇒ Person is worse in the heat of sun ,exposure to sun ,sun stroke, and taking alcohol.
- ⇒ There is a feeling of being lost in familiar place is one of the strong indicating remedy.
- ⇒ Specific remedy for disturbance in intracranial circulation.
- ⇒ with high blood pressure there is violent palpitation.
- ⇒ Cerebral congestion Or alternate congestion of the head and heart
- ⇒ Intense congestion of brain from delayed or suppressed menses, headache in place of menses
- ⇒ AGGRAVATING- IN THE SUN, OVERHEATING, STOOPING, GAS LIGHT

❖ Constitution

- ⇒ Especially suited to plethoric , sensitive person who are very irritable and easily excited by slightest opposition.

❖ Physical Generals

- ⇒ Hot patient with nervous temperament and Psora in background.
- ⇒ Act violently and suddenly in acute disease .
- ⇒ Symptoms are worse in the sun .
- ⇒ Surging of blood to head and heart.

❖ Mental Generals

- ⇒ Bad effects of mental excitement ,fright, fear, mechanical injuries, hair cut and SUN STROKE.
- ⇒ Brain feel too large ,full, bursting , with rush of blood towards the head.

❖ Other Guiding Symptoms

- ⇒ General weakness and depression from heat of sun or summer.
- ⇒ Weakness and trembling of tongue ,hands, legs and entire body.

❖ Modalities

- ⇒ Aggravation:
 - Exposure to sun rays
 - Sun
 - Overheating

- Having the hair cut

5. Aurum Met

❖ A/F

- ⇒ Bad effect of mercury, syphilis, alcohol, contraindication, mortification, vexation, dread, reserved displeasure and disappointed love.

❖ Indicating Symptoms

- ⇒ ITS USED FOR STRESS RELATED HYPERTENSIVE REMEDY.
- ⇒ ALIMENT FORM - FRIGHT, ANGER, CONTRAINDICATIONS, MORTIFICATION, VEXATION, DREADS, OR RESERVED DISPLEASURE
- ⇒ Blood pressure related to stress or excessive worries in highly ambitious person, who set in high goals in life but if due to any reason failed to achieve goal become highly depressed.
- ⇒ Self condemnation or self criticism develop.
- ⇒ Highly impulsive person with a sensation that heart would stop beating for few minutes and then again beat with sudden thump
- ⇒ There is hypertrophy of heart without dilatation.
- ⇒ Complains are worse at night.
- ⇒ Sensation of if heart stood still as though it ceased to beat and then suddenly gave one hard thump
- ⇒ Pulse :- small, feeble rapid, irregular visible beating of carotid and temporal arteries
- ⇒ Fatty degenerate of heart
- ⇒ Aggravated from - cold air, when getting cold, while lying down, mental exertion
- ⇒ Ameliorate- in warm room, morning, summer

❖ Constitution

- ⇒ Sanguine ruddy people, with black hair and eyes, old people who are tired of life due to their misdeed, having no desire to live and low spirited, lifeless pining boys.

❖ Physical Generals

- ⇒ Profound melancholic and constantly dwelling on suicide.
- ⇒ Hurried and worried, uneasy with restless person.
- ⇒ OVERSENSITIVE to pain, smell, taste, hearing, touch etc.
- ⇒ Suited to old people with who are tired of life in whom syphilis implanted on a scrofulous constitution.

❖ Mental Generals

- ⇒ Pt. feels he or she committed many unpardonable crimes and he become sad has complete disgust for life.
- ⇒ Very gloomy, he is constantly dwelling upon suicide as the only solution. He feels constantly burden for him, feels he is a unwanted ailment for society, god cannot pardon his unlimited amount of crime.

⇒ Very low spirited ,lifeless and weak memories.

❖ **Other Guiding Symptoms**

⇒ Sees only lower half.

⇒ Heart ceases to beat actually it stop for 2or 3 second pain in heart region extend down the left arm to finger.

⇒ Undescended and undeveloped testes; in pining boys who are low spirited.

⇒ Prolapsed of uterus from over reaching and over straining.

❖ **Modalities**

⇒ Aggravation:

- From sunset to sunrise
- Getting cold
- Mental exertion
- Cold air
- Lying down

6. Collinsonia

❖ **A/F**

⇒ Slightest mental emotion or excitement ,from cold.

❖ **Indicating Symptoms**

⇒ Drug mostly used for PORTAL HYPERTENSION.

⇒ Most of symptom due to portal congestion and pelvic congestion.

⇒ Due to congestive action it produce severe constipation ,piles, dysmenorrhoea, headache, heart symptom etc.

⇒ Depressed arterial tension, general atony of muscular fibers

⇒ Palpitations :in patient subject to piles and indigestion, heart's action persistently rapid but weak

⇒ After heart is relived old piles reapper, or suppressed menses return

⇒ AGGRAVATED- THE SLIGHTLY MENTAL EMOTION OR EXCITEMENT

❖ **Constitution**

⇒ Pt. with suppressed haemorrhoids, chronic catarrh, yellow coated tongue.

❖ **Physical Generals**

⇒ Sensation of sharp sticks in rectum ,sense of constriction, most obstinate constipation with protruding haemorrhoids.

⇒ Alternate constipation and diarrhoea and itching of anus .

⇒ Dysmenorrhoea with pruritus of vulva; prolapsed of womb ,swelling and dark redness of genitals.

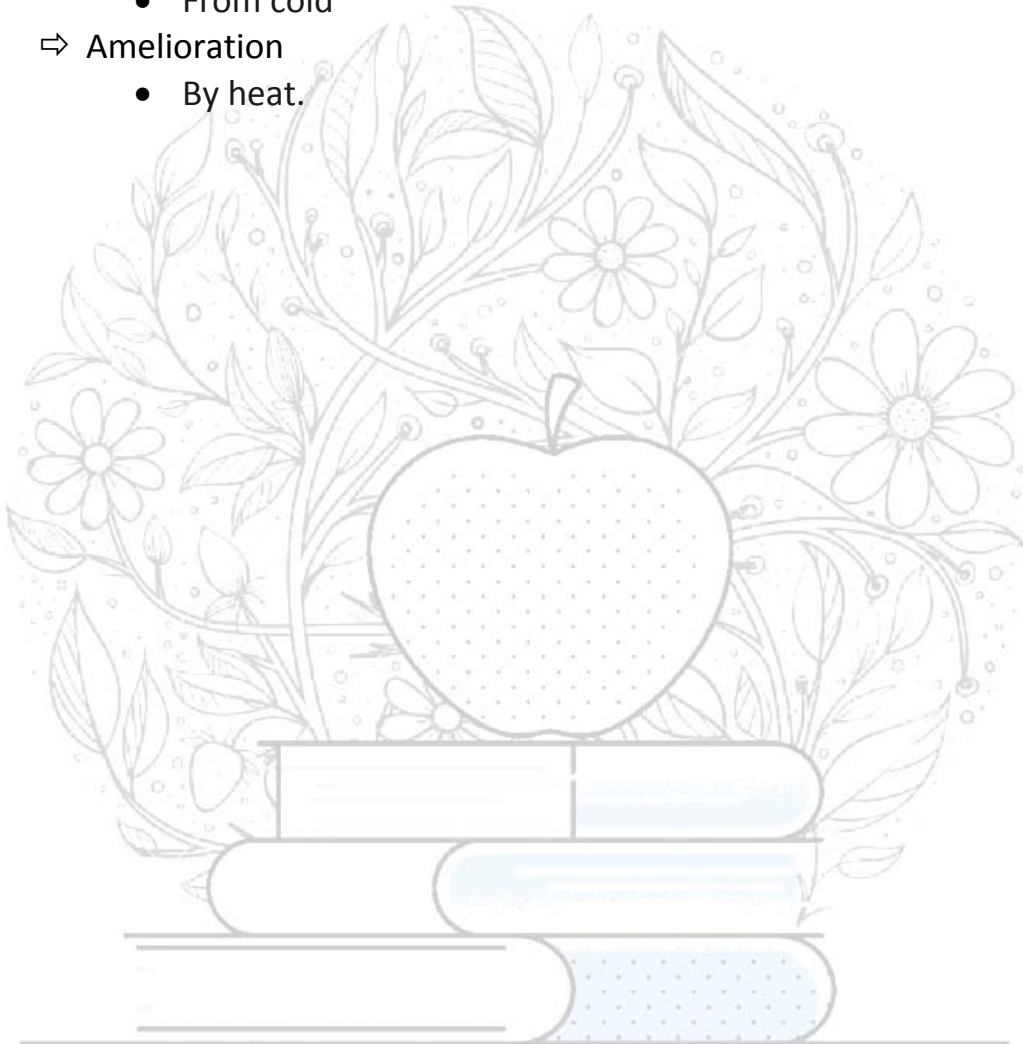
⇒ Cough from excessive use of voice ,MINISTER'S SORE THROAT .

⇒ Palpitation rapid but weak ,dropsy, after heart symptoms relived piles or menses return , chest pain alternate with haemorrhoids.

- ⇒ Chronic ,painful, bleeding piles with sensation as is sticks, sand or gravel had lodged in rectum.
- ⇒ Genital are swollen and inflamed .

❖ **Modalities**

- ⇒ Aggravation:
 - The slightest mental emotion or excitement.
 - From cold
- ⇒ Amelioration
 - By heat.



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18. CVS

1. Aurum Met

❖ A/F

⇒ Heart disease are caused by syphilitic and mercurial affection with scrofulous base. FRIGHT , ANGER, CONTRADICATION, MORTIFICATION, VEXATION, DREAD, OR RESERVE DISPLEASURE

❖ Indicating Symptoms

- ⇒ Pulse is small, feeble but rapid and irregular.
- ⇒ Visible beating of carotid and temporal arteries.
- ⇒ As if the heart stood still, as though it ceased to beat.
- ⇒ Actually it stops for 2-3 second and then gives a sudden hard thump.
- ⇒ There is a violent palpitation and anxiety with congestion of blood to head and chest after exertion.
- ⇒ Pain in heart region extends down the left arms to fingers.
- ⇒ There may also be fatty degeneration and hypertrophy of the heart

❖ Constitution

⇒ NA

❖ Physical Generals

- ⇒ It is suited to sanguine ruddy people, with black hair and eyes.
- ⇒ Old people who are tired of life due to their misdeeds..
- ⇒ Having no desire to live and low spirited.

❖ Mental Generals

- ⇒ He feels that life is constant burden for him.
- ⇒ Feels hateful and quarrelsome and want to put a permanent end to it by committing suicide.
- ⇒ He is low spirited, lifeless with weals memories.

❖ Other Guiding Symptoms

- ⇒ Suited to old people who tired of life in whom syphilis is implanted on scrofulous constitution.
- ⇒ Profound melancholy and constant dwelling on suicide.
- ⇒ Hurried and worried, uneasy and restless.
- ⇒ Oversensitive to pain, smell, taste hearing, touch etc...

❖ Modalities

- ⇒ Aggravation
 - From sunset to sunrise
 - In cold air
 - while lying down, mental exertion.
- ⇒ Amelioration
 - NA

2. Spigellia

❖ A/F

⇒ Mainly the rheumatic affection are caused.

❖ Indicating Symptoms

⇒ Rheumatic affection of the heart.

⇒ Painful complaint associated with valvular trouble, especially growing out of rheumatic pericarditis and endocarditis of rheumatic character.

⇒ Irregularity of heart beat with violent palpitation.

⇒ Visible, audible, violent and roaring heart with systolic blowing at apex.

⇒ There is stitching needle like pain in chest synchronous with pulse.

⇒ Pulse is weak and irregular.

⇒ There is great dyspnoea with pain in chest , must lie on right side with head high.

⇒ Precordial region is very much sensitive to touch.

⇒ There is thrusting pain in the chest like knife.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ It is especially adapted to anaemia , debilitated, subject who are broken-down, pale with light hair and yellow skin.

⇒ In children who are afflicted with ascarides and Lumbricoids.

⇒ Nervous temperament.

⇒ Chilly patient.

⇒ Rheumatic diathesis.

⇒ Psora in background.

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

⇒ Left side affection.

⇒ Body painfully sensitive to touch ,parts touched feel chilly.

⇒ Visible, audible, violent and roaring heart is very well marked.

⇒ Pain are sharp ,stitching and sticking.

⇒ It is a good warm remedy and expels warms.

❖ Modalities

⇒ Aggravation

- From motion , touch
- From cold weather

⇒ Amelioration

- By lying on right side with head high.

19. Skin Disorder

1. Thuja

❖ A/F

⇒ Suppressed and maltreated gonorrhoea , vaccination, tea , coffee, onion, fatty food abuse of sulphur and mercury , sexual excess.

❖ Indicating Symptoms

⇒ Skin looks very unhealthy.

⇒ Eyelids : agglutination at night, dry, scaly on edges, styes and tarsal, tumors, chalase, thick, hard knots like small Condylomata

⇒ Warts on any part of the body ,with a little stalk called fig warts , tubular warts , flat warts, black senile warts .

⇒ Even condylomata may be seen.

⇒ Dirty, brownish colour of the skin ,brownish white ,mottled spots on the skin.

⇒ There may also be white ,scaly ,dry eruptions on the skin.

⇒ Eruptions burn violently after scratching .

⇒ Eruptions are on covered parts only.

⇒ Pustular eruption like smallpox.

⇒ Nail deformed, brittle

❖ Constitution

⇒ As if a strange person is at his side.

⇒ The body , especially the limbs are made up of glass and would break easily.

⇒ Music is unbearable for the pt.

❖ Physical Generals

⇒ Covers in above points.

❖ Mental Generals

⇒ Covers in above points.

❖ Other Guiding Symptoms

⇒ Left side medicine.

⇒ Mucopurulent, copious foul smelling discharge from all the mucus membranes of the body.

⇒ There is sweat only on the uncovered parts or all over , excepting the head , especially at night when he sleeps, sweating stops when he wakes.

⇒ Perspiration on genital smells like honey .

⇒ There is vertigo when closing the eyes .

⇒ Desire for salt, cold food & drinks.

❖ Modalities

⇒ Aggravation

- At night ,at 3 p.m and 3 a.m,
 - From cold, damp air, cold weather.
- ⇒ Amelioration
- In open air ,warmth
 - By movement, pressure
 - Rubbing & scratching.

2. Sulphur

❖ A/F

- ⇒ Alcohol suppression of skin disease, sun's heat, over exertion etc.

❖ Indicating Symptoms

- ⇒ It is indicating in all sorts of skin eruption vesicular, pustular etc..
- ⇒ Especially in the skin affection that have been treated by medicated soaps and washes.
- ⇒ Dirty, filthy look of the skin with filthy odour.
- ⇒ The skin is very much sensitive to atmospheric change.
- ⇒ There is severe itching, voluptuous itching, goes on scratching.
- ⇒ It feels good to scratch, but scratching is followed by severe burning , rawness and soreness of the parts.
- ⇒ There are boils and abscess , especially in summer season.
- ⇒ The boils come in crops or single boil is succeeded by another.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ It is especially suited to lean, stoop- shouldered person who walks and sit stooping , walk stooping like an old man.
- ⇒ Dirty, filthy look of the body ,prone to skin affection.
- ⇒ Nervous temperament.
- ⇒ Hot pt.
- ⇒ Anti-psoric king remedy.
- ⇒ Scrofulous diathesis.

❖ Mental Generals

- ⇒ Ragged philosopher.
- ⇒ There is great weakness of memory.
- ⇒ He is very selfish and has no regard for other.

❖ Other Guiding Symptoms

- ⇒ Complaint that are continually relapsing patient seems to get almost well, when the disease. return again and again.
- ⇒ Standing is the most uncomfortable position.
- ⇒ Burning anywhere and everywhere on the body.
- ⇒ "Burning for sulphur , sulphur for burning".

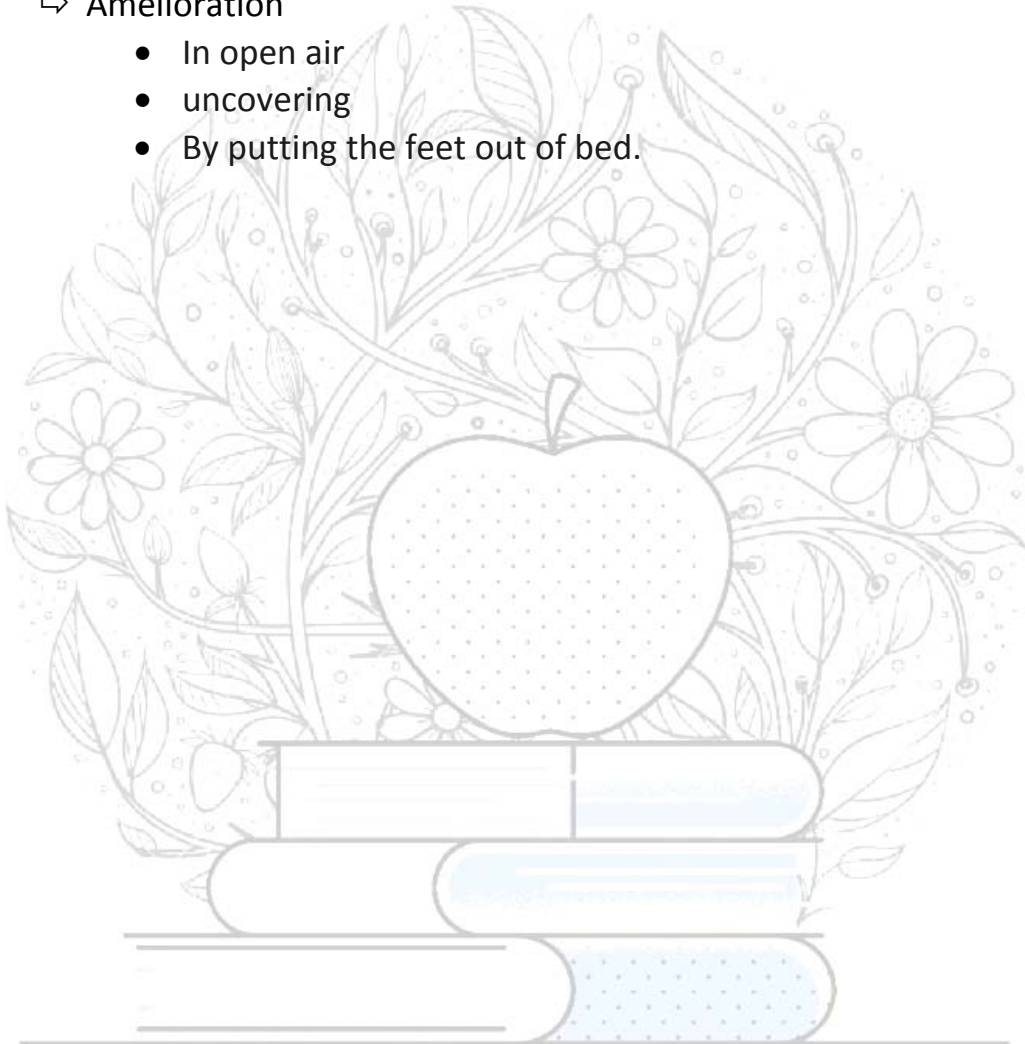
❖ Modalities

⇒ Aggravation

- By warmth of bed
- Washing
- Covering
- At night

⇒ Amelioration

- In open air
- uncovering
- By putting the feet out of bed.



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20. Irritable Bowel Syndrome

1. Merc Sol

❖ A/F

⇒ Abuse of crude mercurial preparation, suppressed gonorrhoea or syphilis, suppressed foot sweat.

❖ Indicating Symptoms

⇒ MERC SOL. is commonly indicated in IBD, some indications are as follows:

⇒ Stool with much blood and mucous, very offensive stool.

⇒ Intense tenesmus during stool.

⇒ Cutting pain in abdomen during stool.

⇒ 'NOT DONE' feeling constantly even after passing stools.

⇒ Constant sick feeling in abdomen with chilly sensation .

⇒ Hahnemann's remedy for syphilis and disease of the genitourinary tract is rarely indicated if the tongue dry

⇒ Acridness and excoriation stool and burning

❖ Constitution

⇒ Person with lax skin and lax muscles , light haired

⇒ Temperament: Easily frightened nature with hurried and rapid speech.

⇒ Thermal: Easily affected by extreme of heat and cold both {HUMAN THERMOMETE}

⇒ Miasm: Syphilis

❖ Physical Generals

⇒ Profuse perspiration attends nearly all complaints, but does not relieve ; may even increase the suffering

⇒ Great weakness and trembling from least exertion .

⇒ Breath and body smells foul.

❖ Mental Generals

⇒ Slow in answering the questions.

⇒ Memory weakened and loss of will power.

⇒ Weary of life , thinks he is losing his reason.

⇒ Desire to flee with nightly anxiety.

❖ Other Guiding Symptoms

⇒ Creeping chilliness with fever is peculiarity of this drug

⇒ Intense thirst for large quantity of cold water ,although tongue is moist

⇒ Desire milk, sweet .

⇒ Disagree beer , alcohol.

⇒ Aversion to meat, coffee, and butter.

❖ Modalities

⇒ Aggravation

- At night, wet damp weather
 - Perspiring, warm room, warm bed
 - Lying on right side etc.
- ⇒ Amelioration
- Rest
 - Coitus, weeping

2. Merc Cor

❖ A/F

- ⇒ Sun, summer weather.

❖ Indicating Symptoms

- ⇒ This is best remedy for patient in whom blood and shreds of mucous membrane are passed along with stool.
- ⇒ Stool is hot, bloody, slimy, offensive with cutting pain and shreds of mucous membrane .
- ⇒ Great tenesmus persist during and after stool.
- ⇒ Ulcers are deep and spread very rapidly.
- ⇒ Cutting pain accompany the passage of stool.
- ⇒ Pain remain even after defecation, there is much excoriating and burning.
- ⇒ The more blessing the better indicated
- ⇒ Trembling extremities , especially hands
- ⇒ Tounge, Large , flabby, shows, imprits of teeth, painful, with ulcer, red or white

❖ Constitution

- ⇒ Disease of man, syphilitic, ulcers, with corroding, acrid pus.
- ⇒ MIASM: Syphilis

❖ Physical Generals

- ⇒ NA

❖ Mental Generals

- ⇒ Anxiety preventing sleep.
- ⇒ Weak intellect, depressed, low spirited, ill humoured.

❖ Other Guiding Symptoms

- ⇒ TENESMUS of bladder and rectum at same time ;urine passes in drops with much pain.
- ⇒ Throat intensely inflamed, swollen, burning with swollen gums, which bleeds easily
- ⇒ Desire for cayenne pepper , ice, and cold water.

❖ Modalities

- ⇒ Aggravation
- Evening, night
 - Acids

- During summer
- ⇒ Amelioration
 - Rest

3. Nux Vomica

❖ A/F

- ⇒ modern life style, coffee, tobacco, alcohol, spiced season food, irregular diet, long continued mental exertion, sedentary life style, loss of sleep, much dosing of allopathic drugs.

❖ Indicating Symptoms

- ⇒ Nux is indicated when patient feels ineffectual but constant urge to pass stool.
- ⇒ Stool is very scanty, with frequent unsuccessful desire; sensation as if not finished.
- ⇒ Pain in abdomen which relieves after stool, but reappear very soon.
- ⇒ Absence of desire for defecation is contraindication.
- ⇒ Alternate constipation and diarrhoea, after use of purgatives.
- ⇒ In fever must be covered in every stage.
- ⇒ Pains are hard, tingling, sticking, aching, worse from motion and contact.
- ⇒ Eructation : sour, bitter, nausea and vomiting, every morning with depression of the spirits after eating
- ⇒ NUX is a chiefly successful with person of an ardent character of an irritable impatient temperament, disposed to anger, spite or deception - Hahneman
- ⇒ Oversensitiveness of the external impression

❖ Constitution

- ⇒ Adapted to thin, irritable, jealous person with dark hairs.
- ⇒ Nux people are mostly habituated to sedentary lifestyle, over study, coffee, alcohol, etc.
- ⇒ TEMPRAMENT: Biliary, Sanguine, Irritable, Impatient.
- ⇒ THERMAL: Chilly
- ⇒ MIASM: Psora

❖ Physical Generals

- ⇒ Oversensitive to external impression; to noise, odours, light, or music.
- ⇒ Sleep: there is irresistible desire to sleep in evening, cannot keep from falling asleep.
- ⇒ Frequent and ineffectual urging for stool and urine.
- ⇒ Convulsions with consciousness, worse by touch, motion, light, and odour.
- ⇒ Foetid and sour taste in mouth.

❖ Mental Generals

- ⇒ Person is very particular, careful, but inclined to become easily excited or angered.
- ⇒ Very irritable, sensitive to all impressions.
- ⇒ Time passes too slowly.
- ⇒ Anxiety and irritability with inclination to commit suicide, though the patient is afraid to die.

❖ Other Guiding Symptoms

- ⇒ It is best remedy to commence treatment of case that has been drugged as an antidote to bad effects.
- ⇒ Used for all consequence and results arising from sedentary life.
- ⇒ Patient feels 'If I could only vomit I would feel better'.
- ⇒ Tendency to faint from; odours, in morning, after eating.

❖ Modalities

- ⇒ Aggravation
 - Morning; waking at 4a.m.
 - Mental exertion
 - After overeating
 - Touch, noise
 - Anger
 - Spices
 - Narcotic
 - Dry weather, in cold air
- ⇒ Amelioration
 - In Evening,
 - At rest, lying down
 - In damp wet weather.

4. Sulphur

❖ A/F

- ⇒ Suppression of skin disease, alcohol, sun's heat, over exertion.

❖ Indicating Symptoms

- ⇒ Appetite is generally increased ,esp. around 11a.m. with 'ALL GONE SENSATION' IN STOMACH.
- ⇒ Sulphur is indicated when cramps are aggravated by touch, with burning pain worse in morning and at night.
- ⇒ Diarrhoea , foetid , black with sour odour of body, driving out of bed early in the morning as there is lack of power of sphincter ani.
- ⇒ Diarrhoea alternate with constipation.
- ⇒ In constipation stool is hard, dry, and knotty, as if burnt. Large and painful.
- ⇒ Sensation of there burning of the part of the body

- ⇒ Complaints are continually relapsing
- ⇒ To facilitate absorption of serous or inflammatory exudation
- ⇒ Chronic alcoholic causation the best remedy fail to act or relapsing the complaint

❖ **Constitution**

- ⇒ Adapted to person of a scrofulous diathesis, subject to venous congetion, especially of portal system.
- ⇒ Adapted to light hair of old people, esp. women.
- ⇒ Suited to lean, stoop shouldered person who walk and sit stooping.
- ⇒ TEMPERAMENT: Nervous temperament.
- ⇒ THERMAL: Hot pt.
- ⇒ MIASM: Psora
- ⇒ Diathesis: Scrofulous

❖ **Physical Generals**

- ⇒ Pain of gradual and slow-increasing intensity which ceases suddenly when at its height, often repeated.
- ⇒ Weak and exhausted from some deep seated dyscrasia.
- ⇒ Haemorrhage of black blood from all outlet of body.
- ⇒ Aphthae of mouth, gums, ulcers painful; offensive breath.

❖ **Mental Generals**

- ⇒ Unwilling to answer questions not from obstinacy, but inaptness.
- ⇒ Feels in great hurry; everything must be done quickly.
- ⇒ RAGGED PHILOSOPHER.
- ⇒ The patient wears a paper crown, thinking he is majesty, THE KING.

❖ **Other Guiding Symptoms**

- ⇒ Complaints that are continually relapsing.
- ⇒ Standing is most uncomfortable position for pt.
- ⇒ Though a hot pt. yet persistently refuse to take bath.
- ⇒ BURNING anywhere and everywhere in the body.
- ⇒ All the discharge are acrid and offensive.

❖ **Modalities**

- ⇒ Aggravation
 - At rest
 - Warmth in bed
 - Washing, bathing
 - Changeable weather
- ⇒ Amelioration
 - Dry, warm weather
 - Lying on right side

5. Podophyllum

❖ A/F

⇒ Abuse of mercury, over-lifting, over-stretching, summer.

❖ Indicating Symptoms

⇒ Podophyllum is beneficial for chron's disease with diarrhoea and when stool is watery, painless profuse,

⇒ Adapted to person of bilious temperament who suffer form gastro intestinal derangement especially after abuse of mercury " Bilious attacks "

⇒ Putrid, polychromatic ,very offensive.

⇒ Diarrhoea gets worse in morning but gets normal in evening.

⇒ Pt. complaint of prolapse of rectum before and after the stool.

⇒ Pt. feels thirst for large quantity of cold water.

⇒ Sensation of weakness and sinking in abdomen.

⇒ Stool : green watery, fetid, profuse, gushing out, chalk like jelly like, undigested, yellow meal like sediment prolapse of rectum before and with stool

⇒ Patient constantly rubbing and shaking the region of liver his hand

⇒ Fever paroxysms at 7 a. m with graat loquacity during chill and heat, sleep during perspiration

❖ Constitution

⇒ Adapted to person who suffer from gastro-intestinal derangement, esp. after abuse of mercury.

⇒ TEMPERAMENT: Billious

⇒ THERMAL: Affected by extreme of heat and cold.

⇒ MIASM: Psora and Syphilis in background.

❖ Physical Generals

⇒ Thirst for large quantity of cold water.

⇒ Pains: sudden shock of jerking pain.

⇒ Affect right side of body.

⇒ Fever paroxysms at 7 a.m. with great loquacity during chill and heat; sleep during perspiration.

❖ Mental Generals

⇒ Depression of spirits, imagines he is going to die or be very ill; disgust for life.

⇒ Loquacity and delirium from eating acid fruits.

❖ Other Guiding Symptoms

⇒ PT. Constantly rubs and shake the liver region with hands.

⇒ Headache alternate with diarrhoea; headache in winter and diarrhoea in winter.

❖ Modalities

⇒ Aggravation

- In early morning

- In hot weather
- ⇒ Amelioration
 - NA

6. Aloe Soc

❖ A/F

- ⇒ Sedentary life, much dosing.

❖ Indicating Symptoms

- ⇒ Patient complaint of loose stool which gets worse immediately after eating or drinking anything.
- ⇒ Patient feels a sudden urge to pass stool and has to rush to toilet.
- ⇒ There is cutting pain in abdomen which gets worse before and during passing the stool, leaving profuse sweating and extreme weakness; attacks preceded by obstinate constipation.
- ⇒ Flatus offensive, burning, copious, much flatus with small stool; burning in anus after passage of flatus.
- ⇒ Itching and burning in anus, preventing sleep.
- ⇒ Before stool, rumbling, violent sudden urging, heaviness in rectum, during stool, tenesmus and much flatus after stool, faintness

❖ Constitution

- ⇒ Adapted to indolent, "weary" persons; averse to either mental or physical labour; mental labour fatigues.
- ⇒ TEMPERAMENT: Billious
- ⇒ THERMAL: Hot patient
- ⇒ MIASM: Psora

❖ Physical Generals

- ⇒ Disease of mucous membrane, cause the production of mucus in jelly like lumps from throat or rectum; affects mucous membrane of rectum.
- ⇒ Extreme prostration, with perspiration.

❖ Mental Generals

- ⇒ Dissatisfied and angry about himself or his complaints , esp. when constipated.

❖ Other Guiding Symptoms

- ⇒ Itch appears every year as winter approaches.
- ⇒ Haemorrhoids like bunch of grapes, blue, which bleeds and is sore , tender and hot with itching relieved by cold application.
- ⇒ Portal congestion is markedly seen.
- ⇒ Lumbago alternating with headache and piles.

❖ Modalities

- ⇒ Aggravation
 - Early morning

- Sedentary life
- Hot ,dry weather
- After eating or drinking
- Standing or walking

⇒ Amelioration

- Cold water, Cold weather
- Discharge of flatus and stool.



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21. IHD

1. Ars Alb

❖ A/F

- ⇒ Chill, in winter, decayed food, abuse of alcohol, abuse of quinine, iodine Climbing, mountains & sea bathing.

❖ Indicating Symptoms

- ⇒ Heart beats more rapidly & stronger when lying on back.
- ⇒ Sudden tightness of heart, agonising precordial pain.
- ⇒ Pain goes to back, occiput & neck.
- ⇒ Angina pain is worse from 12-2 a.m.
- ⇒ Pulse is thread like, incompressible & weak.
- ⇒ Palpitation after suppression of foot sweat.
- ⇒ Attack of anxiety at night out of the bed <midnight
- ⇒ Rapid emaciation with cold sweat and greatly debility of affect part but much
- ⇒ Anxious and dear of the death thinks it useless to take the medicine is incurable is surely going to die, dread of the death when alone, on going to bed
- ⇒ The great suffering, the greater the anguish, restless and fear of the death

❖ Constitution

- ⇒ Pt is lean, thin, debilitated having Hippocratic face, dirty & waxy look of skin.
- ⇒ Chilly pt
- ⇒ Miasm- Psora, Syphilis, Sycosis
- ⇒ Diathesis- Scrofulous

❖ Physical Generals

- ⇒ Great prostration, with rapid sinking of vital force.
- ⇒ Burning pains, affected parts burn like fire, as if hot coals were applied to parts, >by heat, hot application.
- ⇒ Cannot bear the smell of food.
- ⇒ Rapid emaciation, with cold sweat & great debility.

❖ Mental Generals

- ⇒ Pt is depressed, irritable, extremely restless & anxious.
- ⇒ Great fear of death or thinks that his disease is incurable.
- ⇒ Extremely fastidious.
- ⇒ Wants everything in order, neat & clean.

❖ Other Guiding Symptoms

- ⇒ Mentally restless, but physically too weak & exhausted to move about.
- ⇒ Burning pain relieved by heat except in head.

- ⇒ All discharges are acrid, scanty, putrid, dark & offensive with cadaverous odour.
- ⇒ Thirst for small quantity of water at short intervals in acute states but in chronic state there is no thirst.
- ⇒ All symptoms aggravated at mid-day & mid night.

❖ Modalities

- ⇒ Aggravation
 - Periodically after mid day & mid night 12-2a.m./ p.m.
 - Cold food& drinks
 - Exertion
 - Lying on affected side
- ⇒ Amelioration
 - From heat in general (except head) hot drinks.
 - Hot application
 - Motion, rest

2. Digitalis

❖ A/F

- ⇒ Alcohol, high living, tobacco.

❖ Indicating Symptoms

- ⇒ Sensation as if the heart would stop beating if pt moved.
- ⇒ Slow & weak, irregular, intermittent pulse, intermitting every 3rd, 5th & 7th beat.
- ⇒ Weak heart without any valvular complication.
- ⇒ Uneasiness in region of heart & precordium.
- ⇒ Heart's action is feeble.
- ⇒ Frightful stitches in region of heart, coming on every fifteen minutes, lasting only five or six seconds each time.
- ⇒ Sudden flushes of heat, followed by great nervous weakness and irregular intermittent pulse, occurring at the climacteric < by least motion
- ⇒ Fatal syncope may occur when being raised to upright position
- ⇒ Blueness of skin, eyelids, lips tounge cyanosis

❖ Constitution

- ⇒ Blueness of the skin, with cyanosis of eye lids, lips, tongue & nails.
- ⇒ Chilly pt.
- ⇒ Miasm- Psora & Sycosis
- ⇒ Diathesis - scrofulous.

❖ Physical Generals

- ⇒ Respiration is very difficult & often takes deep breaths.
- ⇒ Face pale, death like appearance & bluish red.

⇒ White & pasty stool.

❖ **Mental Generals**

- ⇒ Great anxiety & apprehension.
- ⇒ Music is unbearable.
- ⇒ Pt is very much forgetful.
- ⇒ His memory is weak & thinking is difficult.

❖ **Other Guiding Symptoms**

- ⇒ Prostration from slight exertion.
- ⇒ Motion aggravates most of complaints.
- ⇒ Great weakness & deadly sinking in epigastrium with nausea & vomiting from smell of food, clean tongue & great thirst.

❖ **Modalities**

- ⇒ Aggravation
 - When sitting
 - Especially when sitting erect
 - Motion
- ⇒ Amelioration
 - When stomach is empty.

3. Gelsemium

❖ **A/F**

⇒ Fear, fright, exciting & bad news, damp weather, alcohol & self abuse.

❖ **Indicating Symptoms**

- ⇒ Excitable, irritable, sensitive for the nervous affection of onanists of both sexes
- ⇒ Sensation as if it were necessary to keep in motion, or else heart's action would cease.
- ⇒ Pulse is slow, soft & weak when quiet, but greatly accelerated on motion.
- ⇒ Slow pulse of old age.
- ⇒ Fear of the death, utter lack of the courage
- ⇒ Vertigo sprading from the occiput with diplopia, dim vision, loss of the sight seems intoxicated when trying to move
- ⇒ Great heaviness of the eyelids cannot keep them open

❖ **Constitution**

- ⇒ More suited to children, old people & anaemic girls.
- ⇒ Nervous & hysterical temperament.
- ⇒ Miasm :- Psora

❖ **Physical Generals**

- ⇒ General depression from heat of sun or summer.
- ⇒ Weakness & trembling, of tongue, hands, legs, of the entire body.

❖ **Mental Generals**

- ⇒ Desires to be quiet, to be let alone, does not wish to speak or have any one near her.
- ⇒ Great nervousness, dread of appearing in public, stage fright, nervous to appear in examination, though he studied well.

❖ **Other Guiding Symptoms**

- ⇒ Dullness, dizziness, drowsiness & trembling are key note symptoms.
- ⇒ Thirstlessness is very marked.
- ⇒ Great flu remedy.
- ⇒ General depression from heat of sun or summer.

❖ **Modalities**

- ⇒ Aggravation
 - Heat, damp weather, before a thunderstorm
 - Mental emotions or excitement, bad news
 - Tobacco smoking
- ⇒ Amelioration
 - Profuse urination & continued

4. Lachesis

❖ **A/F**

- ⇒ Bad effect of poison, suppression of quinine, sorrow, fright.

❖ **Indicating Symptoms**

- ⇒ There may be suffocation on lying down.
- ⇒ Constrictive feeling in chest, with precordial pain.
- ⇒ Unable to lie on left side, with fainting & anxiety.
- ⇒ Violent palpitation, must sit up, very restless & trembling.
- ⇒ Extreme of heat and cold cause great debility
- ⇒ Intolerance of tight bands about neck and waist
- ⇒ Hot flashes and hot perspiration
- ⇒ It may be associated with left sided apoplexy.
- ⇒ Blueness & purple look of body with collapsed condition, with cold sweat.

❖ **Constitution**

- ⇒ Suited to thin & emaciated subjects during & after climacteric age, who have been changed both mentally & physically by their illness, to persons having disposition to low spirit.
- ⇒ Temperament: - melancholic & sad.
- ⇒ Hot pt.
- ⇒ Miasm- Anti psoric.
- ⇒ Diathesis :- haemorrhagic diathesis.

❖ **Physical Generals**

- ⇒ Left sided remedy. All complaints commence on left side & go to right except lower limb.
- ⇒ Great sensitiveness to touch.
- ⇒ Burning all over body : HOT FLUSHES & HOT PERSPIRATION.
- ⇒ Desire for wine , liquor, coffee.
- ⇒ Aversion:- food, acids & drinks.

❖ **Mental Generals**

- ⇒ Great loquacity.
- ⇒ Very jealous & suspicious.
- ⇒ Pt thinks that he/she is under control of super human being & has power to bless or curse.
- ⇒ Dreams of snakes, of own death & funeral.
- ⇒ All mental symptoms are worse after sleep.

❖ **Other Guiding Symptoms**

- ⇒ Climacteric ailments "have never been well since that time".
- ⇒ Great desire for fanning, but slowly & from a distance.
- ⇒ Sense of a ball in the inside or organs, especially urinary bladder.
- ⇒ All symptoms are worse during & after sleep.

❖ **Modalities**

- ⇒ Aggravation
 - After sleep
 - Heat in general
 - Alcohol, Mercury, quinine, acids
- ⇒ Amelioration
 - With appearance of discharge & cold application.

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22. Gout

1. Urtica Urens

❖ A/F

⇒ Burns, bee stings, eating shell fish, suppressed urticaria; milk.

❖ Indicating Symptoms

⇒ Rheumatism associated with urticaria like symptoms.

⇒ Continuous pain in deltoid region mainly in right side, < while rotating the arm inwards could not put on the coat.

⇒ Mainly indicates in acute gout.

⇒ Stinging & burning type of pain in wrist and ankles.

⇒ Stiffness and soreness in left knee, rheumatic pain in both ankles.

⇒ Fever with gouty complain with vertigo and throbbing like sensation all over the body.

⇒ Acrid urine causing itching due to uric acid toxæmia.

❖ Constitution

⇒ Gout & Uric acid diathesis

❖ Physical Generals

⇒ Profuse discharge from mucus membrane.

⇒ Urinous odour from the body.

❖ Other Guiding Symptoms

⇒ Symptoms return at the same time every year.

❖ Modalities

⇒ Aggravation:

- Snow air
- Cool bathing
- Yearly
- Touch

⇒ Amelioration

- Headache.

2. Ledum Pal

❖ A/F

⇒ Alcohol, hair cutting, suppressed discharges, puncture wound, injuries, stings.

❖ Indicating Symptoms

⇒ Gout begins in lower limbs and ascends.

⇒ Gouty pains shoot all through the foot and limbs and in joints especially for small joints.

⇒ Affected parts are cold, painful and oedematous.

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- ⇒ Affects left shoulder and right hip joints.
- ⇒ Swelling of foot; of ankles with unbearable pain when walking as from sprains or false step. Ball of great toe swollen, painful in heel as if bruised.
- ⇒ Throbbing in shoulder, pressure in shoulder worse from motion.
- ⇒ Dorsum of feet itch by night and are stiff in morning.
- ⇒ Cramps over hip joints.
- ❖ **Constitution**
 - ⇒ Adapted to gouty & rheumatic diathesis.
 - ⇒ Patient is always chilly, lack of vital heat.
- ❖ **Physical Generals**
 - ⇒ Emaciation and coldness of affected parts.
 - ⇒ Sticking, tearing, throbbing types of pain.
 - ⇒ Warmth of bed intolerable for person.
- ❖ **Mental Generals**
 - ⇒ Angry, out of humour.
 - ⇒ Dissatisfied, hates his fellow beings, avoids their company.
- ❖ **Modalities**
 - ⇒ Aggravation:
 - Warmth
 - Covers the part
 - Injury
 - Motion
 - ⇒ Amelioration
 - Icy cold water
 - Cold air

3. *Colchicum Autumnale*

- ❖ **A/F**
 - ⇒ Grief, misbehaves of others, night watching, wetting & checked sweat.
- ❖ **Indicating Symptoms**
 - ⇒ Mostly indicates in chronic gouty affections.
 - ⇒ It has specific powers of relieving the gouty paroxysms.
 - ⇒ All the joints are red, hot, swollen, stiff; shifting rheumatism.
 - ⇒ Swelling of great toe.
 - ⇒ Can't bear to touch the affected parts.
 - ⇒ Oedematous swelling and coldness of feet and legs.
 - ⇒ Arthritic pain in joints; patient screams with pain on touching a joint or stubbing a toe.
 - ⇒ Pins and needle in hand and wrists; finger tips numb.
- ❖ **Constitution**

- ⇒ Adapted to rheumatic and gouty diathesis; persons of robust vigorous constitution; disease of old people.
- ⇒ Patient is weak, cold, sensitive and restless.
- ❖ **Physical Generals**
 - ⇒ Pains are drawing, tearing, pressing; light or superficial during warm weather; affects the bones and deeper tissues, when air is cold; pain go from left to right.
 - ⇒ Aversion to food; loathing even the sight or still more smell of it.
- ❖ **Mental Generals**
 - ⇒ Depressed, irritable, sensitive.
 - ⇒ External impressions such as light, noise, strong odours, contact, bad manners, make him beside himself; his sufferings seems intolerable.
- ❖ **Other Guiding Symptoms**
 - ⇒ Urine is dark, scanty, with white sediment; bloody brown, black, inky.
- ❖ **Modalities**
 - ⇒ Aggravation:
 - Mental emotions or exhaustion.
 - Odour of cooking food
 - Stubbing toes
 - Stretching
 - ⇒ Amelioration
 - Warmth
 - Rest
 - Sitting
 - Stopping

4. Ocimum Can

- ❖ **A/F**
 - ⇒ NA
- ❖ **Indicating Symptoms**
 - ⇒ Uric acid diathesis.
 - ⇒ Red or saffron colour of urine due to high level of uric acid.
 - ⇒ Numbness of right thigh for two days.
 - ⇒ Musk like odour from urine.
 - ⇒ High acidity in urine with formation of spike crystals of uric acid.
- ❖ **Constitution**
 - ⇒ NA
- ❖ **Physical Generals**
 - ⇒ NA
- ❖ **Mental Generals**
 - ⇒ NA
- ❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- NA

⇒ Amelioration

- NA

5. Benzoic Acid

❖ **A/F**

⇒ Open air, uncovering at night, motion

❖ **Indicating Symptoms**

⇒ Cause-suppressed gonorrhoea & syphilis.

⇒ Location-all joints are affected but specially have knee symptom

⇒ Character of pain-tearing, stitching in large joints

⇒ Pain suddenly change their locality

⇒ Cracking sound in the joints

❖ **Constitution**

⇒ It is suited to gouty and uremic Or lithaemic Constitution

⇒ Rheumatic and gouty diathesis

❖ **Physical Generals**

⇒ Chilly patients

⇒ Covered all three miasm

⇒ Rheumatic, gouty Or uric acid diathesis

❖ **Mental Generals**

⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- By motion
- Open air
- Uncovering at night
- Lying on right side

⇒ Amelioration

- By heat

6. Arnica

❖ **A/F**

⇒ Fear, fright, bad effects of mechanical injuries, falls, contusion, hard work

❖ **Indicating Symptoms**

- ⇒ Gout -Ascending type mainly.
- ⇒ Oversensitive to touch can't bear pain, there is great fear of being touched or struck by person coming near him.
- ⇒ Can't walk erect.
- ⇒ Sore lame bruises feeling all through the body as if beaten
- ⇒ Everything on which he lies seem to hard
- ⇒ Nervous cannot bear pain, whole body over sensitive

❖ **Constitution**

- ⇒ Sanguine, plethoric person, lively expression, very red face

❖ **Physical Generals**

- ⇒ Chilly patient.
- ⇒ Nervous temperament.
- ⇒ Psora in background.

❖ **Mental Generals**

- ⇒ Patient remain unconscious when spoken to answer correctly and completely but immediately unconsciousness and delirium return.
- ⇒ Indifferent to everything.
- ⇒ Fear of being struck.

❖ **Other Guiding Symptoms**

- ⇒ Sore, lame, bruised feeling all through the body.
- ⇒ Patient is very much sensitive to pain.
- ⇒ Heat of upper part of body and coldness of lower part.
- ⇒ Stupor with involuntary discharge concussion contusion result of shock and injury.
- ⇒ Suited specially to remote injury.

❖ **Modalities**

- ⇒ Aggravation
 - By least touch
 - Motion
 - Rest
 - In dap cold weather .
- ⇒ Amelioration
 - By lying down

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23. Generalised Lymphadenopathy

1. Phosphorus

❖ A/F

⇒ Mental excretion, strong emotion, strong odours, gas vapours.

❖ Indicating Symptoms

⇒ Tall slender person with narrow chest, who are good and beautiful to look at having fair, thin and transparent skin delicate eyelashes.

⇒ Lymphadenopathy.

⇒ Inflammation and degeneration of mucous membrane irritate and inflame serous membrane.

⇒ Destroy spinal cord and nerves causing paralysis.

⇒ Fatty degeneration occur mainly.

❖ Constitution

⇒ Though a chilly patient, it's head and stomach crave cold, cold application.

⇒ Sanguine temperament.

⇒ Covered all three miasm.

❖ Physical Generals

⇒ Covered in above points.

❖ Mental Generals

⇒ Person is indifferent and apathetic to friends, unwilling to talk.

⇒ Think sluggishly.

⇒ Weary of life, quite intelligent.

⇒ Perspiration of phosphorus smell like sulphur.

❖ Other Guiding Symptoms

⇒ Burning is keynote of this remedy.

⇒ Weak, empty all gone sensation.

⇒ Craving cold things

⇒ Over sensitiveness marked.

⇒ Hair fall out in bunches.

⇒ Restlessness.

⇒ Vicarious menstruation.

❖ Modalities

⇒ Aggravation

- From evening or before midnight.
- Changes of weather.

⇒ Amelioration

- From lying on right side.
- Being rubbed.
- From cold water.

24. Pneumonia

1. Ars Iod

❖ A/F

- ⇒ Dry, cold weather.
- ⇒ Windy, foggy weather.

❖ Indicating Symptoms

- ⇒ Discharge of mucus membranes are persistently acid; profuse; gluey; yellow like honey.
- ⇒ Discharge cause - burning of the part of which they flow.
- ⇒ Drips waters; which is hot; green; acid; redness upper lip.
- ⇒ Coryza with dyspnoea.
- ⇒ Goitre.

❖ Constitution

- ⇒ Mainly old people.
- ⇒ Loss of fluid or vitality.
- ⇒ Erethistic weakness.

❖ Physical Generals

- ⇒ Short of breath: air hunger.
- ⇒ Hacking cough.
- ⇒ Asthma in phthisis.
- ⇒ Pneumonia that fails to clear up.

❖ Mental Generals

- ⇒ Unable to study, it cause headache.
- ⇒ Vertigo with tremulous feeling esp. Aged.
- ⇒ Dull heavy headache across forehead or occiput.

❖ Other Guiding Symptoms

- ⇒ Thin, watery excoriating discharge from anterior and posterior nares.
- ⇒ Enlarged scrofulous glands.

❖ Modalities

- ⇒ Aggravation
 - Dry ; cold weather.
 - Windy foggy weather.
 - Exertion
 - In room
 - Apples
 - Tobacco smoke
- ⇒ Amelioration
 - Open air

2. Kali Carb

❖ A/F

- ⇒ After loss of fluid or vitality.
- ⇒ Exertion.
- ⇒ Windy, foggy weather.

❖ Indicating Symptoms

- ⇒ Great fear of being alone.
- ⇒ Cannot bear to be touch.
- ⇒ Bag like swelling between the upper eyelid and eyebrow.
- ⇒ Feels baby, week before menstruation.
- ⇒ Cough: dry, paroxysmal.
- ⇒ Person suffering for ulceration of the lung can scarcely.
- ⇒ Nose bleed when washing the face in morning .
- ⇒ Person suffering form ulceration of lung can Scarely get well without this antipsroic remedy
- ⇒ Backache, sweating and weakness

❖ Constitution

- ⇒ For disease of old people dropsy ans paralysis with dark hair lax fiber inclined to obesity.
- ⇒ Mainly old people, dropsy and paralysis.
- ⇒ After loss of fluids or vitality, particularly in the anaemia.

❖ Physical Generals

- ⇒ Cannot bear to touch.
- ⇒ Pain stitching, darting.
- ⇒ Very much inclined to take cold.

❖ Mental Generals

- ⇒ Great aversion to being alone.

❖ Other Guiding Symptoms

- ⇒ Patient is very much oversensitive to touch.
- ⇒ Bag-like swelling between the upper eye-lids and eyebrow.

❖ Modalities

- ⇒ Aggravation
 - 2 to 4 am
- ⇒ Amelioration
 - Sitting up or bending forward

3. Lycopodium

❖ A/F

- ⇒ Fright, anger, mortification, vexation with reserved displeasure.

❖ **Indicating Symptoms**

- ⇒ Deep seated chronic progressive disease
- ⇒ Pneumonia: neglect or Maltreated base of right lung. Involved especially, to hasten absorption, or expectoation
- ⇒ Cough dry hollow even rising mucus in large quantities
- ⇒ Dread of men alone solitude irritable and melancholy fear of being alone
- ⇒ quantities affords little relief.

❖ **Constitution**

- ⇒ Person intellectually keen but physically weak.
- ⇒ Upper part of body emaciated, lower part is semi-deistical.

❖ **Physical Generals**

- ⇒ Deep-seated, progressive, chronic disease.
- ⇒ Affect right side.
- ⇒ Pain Agg-4to8 pm.
- ⇒ Canine hunger.

❖ **Mental Generals**

- ⇒ Malicious
- ⇒ Irritable
- ⇒ Weeps all day
- ⇒ Very sensitive

❖ **Other Guiding Symptoms**

- ⇒ 4to8 pm
- ⇒ Right sided remedy
- ⇒ Canine hunger.
- ⇒ Red sand in urine.

❖ **Modalities**

- ⇒ Aggravation
 - 4to8 pm
- ⇒ Amelioration
 - Warm food and drink
 - Uncovering the head
 - Loosening the garments

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4. Phosphorus

❖ **A/F**

- ⇒ Young people, grow rapidly and inclined to stoop.
- ⇒ Haemorrhagic diathesis.

❖ **Indicating Symptoms**

- ⇒ Inflammation, degeneration. Of the lung tissue and mucus membrane and bleeding easily
- ⇒ Cannot talk the larynx is so pain full is dry raw rough sore

- ⇒ Cough going from warm to cold air <air laugh, taking, reading, drinking, eating, lying on the left side
- ⇒ Oversensitive to all senses light, noise, odour, touch
- ⇒ Restless, fidgety moves continue cannot sit or stand still a moment
- ⇒ A weak empty all-gone sensation in chest.
- ⇒ Burning in spots between scapula .
- ⇒ Pain: mainly chest .
- ⇒ Heaviness of chest .
- ⇒ shoulder.
- ⇒ Constriction of chest.
- ❖ **Constitution**
 - ⇒ Hemorrhagic diathesis.
 - ⇒ Adapted to tall slender persons.
 - ⇒ Very sensitive nature.
 - ⇒ Old people with morning diarrhoea.
- ❖ **Physical Generals**
 - ⇒ Over sensitiveness.
 - ⇒ Burning in spots between the scapula.
 - ⇒ Haemorrhage: frequent and profuse.
 - ⇒ A weak empty all-gone sensation in head chest stomach.
- ❖ **Mental Generals**
 - ⇒ Nervous weak desires to be magnetised.
 - ⇒ Apathetic .
 - ⇒ Weary of life .
- ❖ **Other Guiding Symptoms**
 - ⇒ Burning.
 - ⇒ A weak, empty all gone sensation.
 - ⇒ Over sensitiveness
- ❖ **Modalities**
 - ⇒ Aggravation
 - Evening before midnight lying on left side or pain full side.
 - ⇒ Amelioration
 - Dark lying on right side

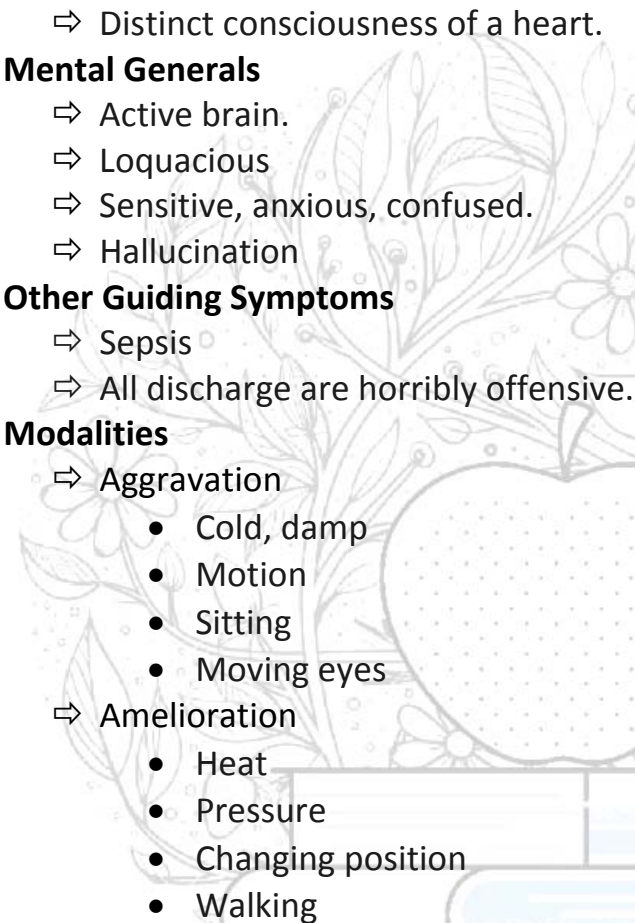
5. Ars Alb

- ❖ **A/F**
 - ⇒ Depressing anxious
- ❖ **Indicating Symptoms**
 - ⇒ Breathing asthmatic must sit or bend forward.
 - ⇒ Springs out of bed at night.
 - ⇒ Unable to lie down for fear of suffocation.

- ⇒ Great prostration.
- ⇒ Burning pains: the affected part burning like fire.
- ❖ **Constitution**
 - ⇒ Melancholic.
 - ⇒ Thin or slim.
 - ⇒ Restless person.
 - ⇒ Physically too weak to move.
- ❖ **Physical Generals**
 - ⇒ Great prostration.
 - ⇒ Burning pain: the affected part burn like fire.
 - ⇒ Rapid emaciation.
 - ⇒ Complaints return annually.
- ❖ **Mental Generals**
 - ⇒ Melancholic.
 - ⇒ Fearful, restless.
 - ⇒ Mentally restless but physically too weak to move.
- ❖ **Other Guiding Symptoms**
 - ⇒ Burning pain relived by heat except in head.
 - ⇒ Mentally restless but physically too weak to move.
 - ⇒ All discharges are scanty, acrid, putrid, dark and offensive with CADAVEROUS odour.
- ❖ **Modalities**
 - ⇒ Aggravation
 - After midnight (1to2 a.m. or p.m.)
 - From cold
 - Lying on affected side.
 - ⇒ Amelioration
 - From heat in general.

6. Pyrogen

- ❖ **A/F**
 - ⇒ Cold, damp.
 - ⇒ Talking.
 - ⇒ Moving eyes.
- ❖ **Indicating Symptoms**
 - ⇒ Neglected pneumonia.
 - ⇒ Pain in lung.
 - ⇒ Aching.
 - ⇒ Abscess: recurrent with pain and violent burning.
 - ⇒ Septic state.
- ❖ **Constitution**

- 
- ⇒ Loquacious.
 - ⇒ Great restlessness.
 - ❖ **Physical Generals**
 - ⇒ Septicaemia.
 - ⇒ Diphtheria, typhoid.
 - ⇒ Bed feels hard.
 - ⇒ Distinct consciousness of a heart.
 - ❖ **Mental Generals**
 - ⇒ Active brain.
 - ⇒ Loquacious
 - ⇒ Sensitive, anxious, confused.
 - ⇒ Hallucination
 - ❖ **Other Guiding Symptoms**
 - ⇒ Sepsis
 - ⇒ All discharge are horribly offensive.
 - ❖ **Modalities**
 - ⇒ Aggravation
 - Cold, damp
 - Motion
 - Sitting
 - Moving eyes
 - ⇒ Amelioration
 - Heat
 - Pressure
 - Changing position
 - Walking

7. Medicine

- ❖ **A/F**
 - ⇒ Abuse of mercury, summer, dentition, over lifting or stretching.
- ❖ **Indicating Symptoms**
 - ⇒ Affect right sided Lung.
 - ⇒ Pain in chest is sudden shocks of jerking type.
 - ⇒ Fever paroxysm at 7 a.m. with great loquacity during chill and heat; sleep during perspiration.
 - ⇒ Moaning and whining during sleep.
 - ⇒ Palpitation; with a clucking sensation, rising up to the throat, from emotions.
- ❖ **Constitution**
 - ⇒ Temperament: Bilious temperament.

- ⇒ Relation with heat and cold : Affected by extreme of heat and cold
- ⇒ Miasm : Psora and syphilis in the background

❖ Physical Generals

- ⇒ Thirst for large quantities of cold water.
- ⇒ Affects right side of body.
- ⇒ Headache alternates with diarrhoea.
- ⇒ Can lie comfortably, only on stomach.
- ⇒ Patient is constantly rubbing and shaking the region of liver with his hands.

❖ Mental Generals

- ⇒ Depression of spirits, imagines he is going to die or be very ill; disgust for life.
- ⇒ From eating acid fruits.

❖ Other Guiding Symptoms

- ⇒ Covered in above points.

❖ Modalities

- ⇒ Aggravation
 - In early morning, hot weather, during dentition.
- ⇒ Amelioration
 - NA

8. Chelidonium

❖ A/F

- ⇒ Change of weather.

❖ Indicating Symptoms

- ⇒ Pneumonia of right lung, with liver complications.
- ⇒ Spasmodic cough; small lump of mucus fly from mouth when coughing.
- ⇒ Very quick and short respirations.
- ⇒ Pain on deep inspirations.
- ⇒ Dyspnoea; sensation of dust not relieved by cough.
- ⇒ Expectoration difficult; pain in right side of chest and shoulder.
- ⇒ Constriction of chest.

❖ Constitution

- ⇒ Adapted to person of light complexion; blonde ; thin; and irritable

❖ Physical Generals

- ⇒ Affects right side more, eye, lung, ovary, hip, leg, hypochondrium, abdomen, etc..
- ⇒ Desire for very hot drinks, innless almost boiling, stomach will not retain them.

❖ Mental Generals

- ⇒ Aversion to mental exertion or conversation.
- ⇒ Despondent.
- ⇒ Anxiety as if she had committed a crime; fears of getting crazy.
- ⇒ Feels like crying with ill humour or without any reason. Restless; hence agile.

❖ Other Guiding Symptoms

- ⇒ Covered in above points.

❖ Modalities

- ⇒ Aggravation
 - Right side
 - Motion
 - Touch
 - Change of weather
 - Very early morning.
- ⇒ Amelioration
 - After dinner
 - From pressure.

9. Bryonia

❖ A/F

- ⇒ Anger; cold food and drinks from suppress of discharge and skin eruption

❖ Indicating Symptoms

- ⇒ In early stage of pneumonia .
- ⇒ Lower lobe of right lung are affected.
- ⇒ Stitching pain in chest. while coughing the patient hold the chest .
- ⇒ Frequently desire to take breath...
- ⇒ Drink a large quantities of the water and dryness of the mucous Memberane and fluid collection in the seous members
- ⇒ Constant think of the business and thinking of the going to home
- ⇒ When days are hot and nights are cold.

❖ Constitution

- ⇒ Adapted to tall ; slender person
- ⇒ Temperament : Irritable temperament
- ⇒ Relation with heat and cold : Hot patient
- ⇒ Miasm : Psora in background

❖ Physical Generals

- ⇒ Breast are heavy of a stony hardness .pale but hard ; hot and painful .
- ⇒ Dryness of all mucous membrane..

❖ **Mental Generals**

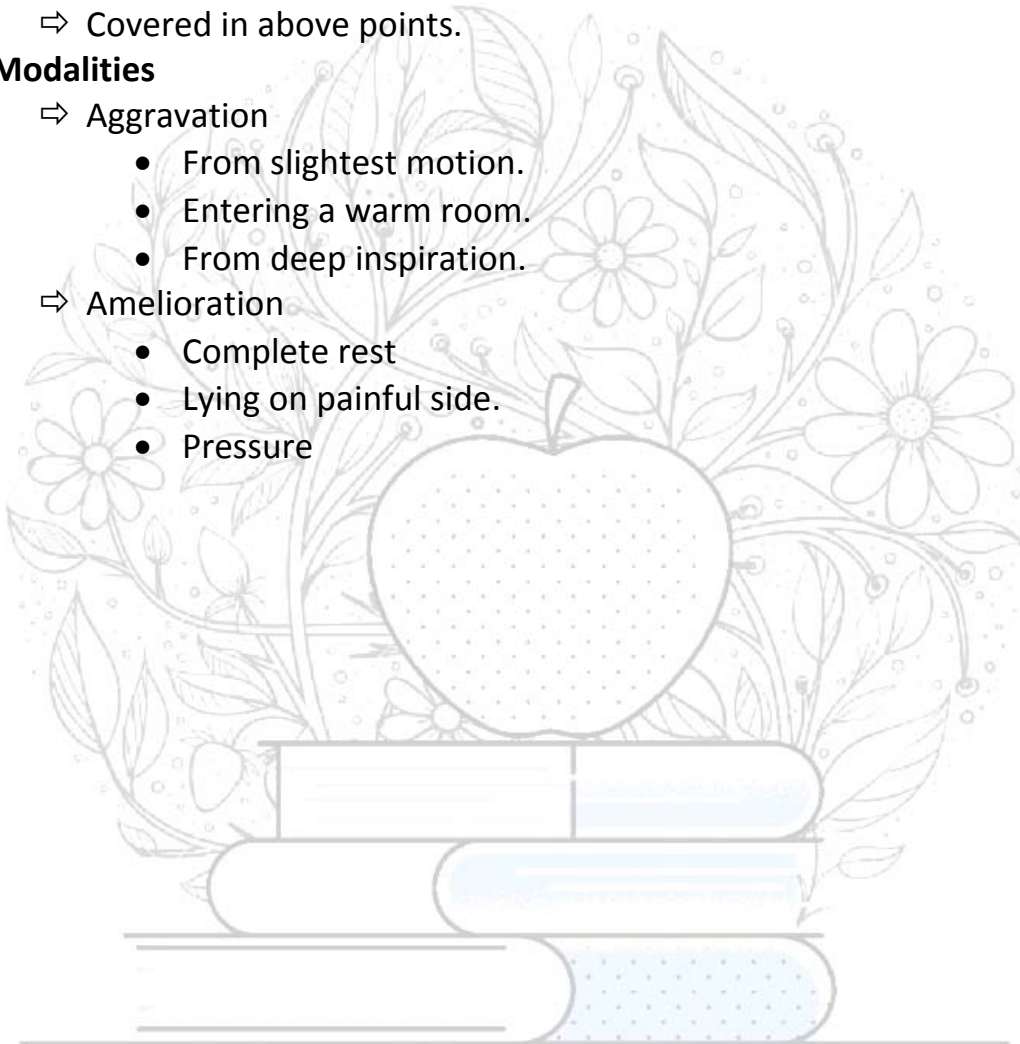
- ⇒ Exceedingly irritable. incline to be Anger; great anxiety and mental depression; delirium; talk about business.

❖ **Other Guiding Symptoms**

- ⇒ Covered in above points.

❖ **Modalities**

- ⇒ Aggravation
 - From slightest motion.
 - Entering a warm room.
 - From deep inspiration.
- ⇒ Amelioration
 - Complete rest
 - Lying on painful side.
 - Pressure



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25. Pleural Effusion

1. Ars Alb

❖ A/F

- ⇒ Chill in the water. Eating ices.
- ⇒ Poor diet, effects of tobacco, quinine, iodine.
- ⇒ Sea-bathing and sea-travelling. Climbing mountains
- ⇒ Care, grief, fright.

❖ Indicating Symptoms

- ⇒ Asthmatic breathing must sit or bend forward , spring out of bed at night.
- ⇒ Unable to lie down for fear of Suffocation, attack like croup instead of usual urticaria.
- ⇒ Respiration anxious, stertorous, wheezing.

❖ Constitution

- ⇒ It is suited to the full plethoric habit.
- ⇒ Puffiness in one of its characteristics; and from this to dropsy.

❖ Physical Generals

- ⇒ Burning pain in chest part burn like Fire as if hot coals were applied.
- ⇒ Burning Thirst for little quantity cold water at little intervals.
- ⇒ Great prostration with rapid sinking of vital force.

❖ Mental Generals

- ⇒ Mentally Restless but physically too weak to move cannot rest in any position change places from one bed to another.
- ⇒ Fear of Death thinks useless to take medicine is incurable is surely going to die dread of death.

❖ Other Guiding Symptoms

- ⇒ Burning pain relived by heat except in head.
- ⇒ Mentally restless but physically too weak to move.
- ⇒ All discharges are scanty, acrid, putrid, dark and offensive with CADAVEROUS odour.

❖ Modalities

- ⇒ Aggravation
 - After midnight 1-2pm 12-2 am
 - Cold food drinks .
- ⇒ Amelioration
 - From heat in general.

2. Phosphorus

❖ A/F

- ⇒ Anger.

- ⇒ Strong odours. Gas. Flowers (fainting). Thunderstorms. Lightning (blindness). Sexual excesses. Loss of fluids. Wounds. Exposure to drenching rains.

❖ **Indicating Symptoms**

- ⇒ Pain acute especially in chest intercostal spaces.
- ⇒ Heaviness of chest as if weight were lying on it .cannot talk larynx so painful dry raw sore.
- ⇒ Haemoptysis Noisy and panting respiration.
- ⇒ Cough in paroxysms, brings up a viscid, muco-purulent expectoration, branched like the bronchial tubes.
- ⇒ Oversensitive to all senses light, noise, odour, touch
- ⇒ Restless, fidgety moves continue cannot sit or stand still a moment
- ⇒ A weak empty all-gone sensation in chest.
- ⇒ Burning in spots between scapula .
- ⇒ Pain: mainly chest .
- ⇒ Heaviness of chest .
- ⇒ Constriction of chest.

❖ **Constitution**

- ⇒ Tall slender persons of sanguine temperament , fair skin , delicate eyelashes ,fine blond red hair.
- ⇒ Perception very sensitive nature.

❖ **Physical Generals**

- ⇒ Burning is spots along spine between scapula in chest lungs .
- ⇒ Weak empty gone sensation in chest .
- ⇒ Great weakness & prostration with nervous debility trembling of whole body .
- ⇒ Longs for cold Food drinks juicy refreshing things.

❖ **Mental Generals**

- ⇒ Over sensitiveness of all senses to external impressions light noise odours touch.
- ⇒ Apathy unwilling to talk answer slowly moves sluggishly .

❖ **Other Guiding Symptoms**

- ⇒ Covered in above points.

❖ **Modalities**

- ⇒ Aggravation
 - Lying on affected side
 - Left side
 - during thunderstorm, weather changes,
- ⇒ Amelioration
 - Dark
 - Lying on right side
 - Rubbed
 - Mesmerized

3. Hepar Sulph

❖ A/F

- ⇒ From-Cold, dry winds. Injuries.
- ⇒ Mercury.
- ⇒ Suppressed eruptions.

❖ Indicating Symptoms

- ⇒ Breathing , anxious , wheezing , rattling, short, deep breathing, threatens suffocation, must bend head back sit up.
- ⇒ Croupy, Chocking , strangling barking cough with hoarseness.
- ⇒ Sensation of splinter, fish bone or Plug in throat.
- ⇒ Slight cold and oversensitiveness kf the cold is marked and aggravated the complain
- ⇒ Development of the respiratory symptoms after the suppression kf the skin symptoms

❖ Constitution

- ⇒ For torpid lymphatic constitution person with light hair & complexion slow to act.

❖ Physical Generals

- ⇒ Extremely Sensitive to Cold air, imagines he can feel the air if a door is opened in next room, must wrapped up face even in hot weather , cannot bear to uncovered.
- ⇒ Sweats profusely day & night without relief, perspiration sour, offensive easily on mental or physical exertion.

❖ Mental Generals

- ⇒ Oversensitive , physically & mentally the slightest cause irritate him quick hasty speech & drinking.

❖ Other Guiding Symptoms

- ⇒ Covered in above points.

❖ Modalities

- ⇒ Aggravation
 - Lying on painful sides
 - Cold air, uncovering ,cold things
- ⇒ Amelioration
 - Warmth in general,
 - Wrapping warmly especially head in damp wet weather.

4. Silicea

❖ A/F

- ⇒ Bad effects of vaccination , exposing head or back to any slight draft air.
- ⇒ Chest complaint of stone cutters.

❖ Indicating Symptoms

- ⇒ Hoarseness, with roughness and excoriation in larynx.
- ⇒ Cough, from cold drinks, or from speaking even for a moment.
- ⇒ Shaking cough, excited by a suffocating tickling in pit of throat.
- ⇒ Stitches in chest.
- ⇒ Restless anxious yeiding, fainthearted
- ⇒ Has a wonderful control over the suppration process
- ⇒ Great weariness and debility want to lie down
- ⇒ Takes cold from exposure from feet

❖ **Constitution**

- ⇒ PHYSICAL MAKEUP-
 - Pale face with lean and thin body.
 - Sickly appearance with dry skin .
 - Weak and lax musculature .
- ⇒ TEMPERAMENT - Irritable and sanguine
- ⇒ H/C - chilly pt.
- ⇒ MIASM- all 3
- ⇒ DIATHESIS- scrofulous

❖ **Physical Generals**

- ⇒ Takes cold exposure to feet, very chilly.
- ⇒ Intolerable sour carrion like odour of feet without perspiration.
- ⇒ Great weariness and debility ; wants to lie down.
- ⇒ Want of vital heat , always chilly , even when taking active exercise .
- ⇒ Takes cold from exposure of feet.

❖ **Mental Generals**

- ⇒ Anxious, mental labour very difficulty in read & write , cannot bear to think.
- ⇒ Restless , fidgety, starts at least noise.

❖ **Other Guiding Symptoms**

- ⇒ Highly chilly person , wraps himself in summer.
- ⇒ Bad effect of vaccination esp. convulsions and suppurations.
- ⇒ Got a wonderful control over supportive process anywhere and everywhere in the body.
- ⇒ Scrofulous rachitic children with large head and open fontanelles and sutures .
- ⇒ Obstinate constipation ; stool hard and knotty , when partly expelled recedes back . Stool has to be removed mechanically .

❖ **Modalities**

- ⇒ Aggravation
 - Cold
 - During menses
 - Uncovering
- ⇒ Amelioration
 - Warmth

- Especially from wrapping up head.

5. Pyrogen

❖ A/F

- ⇒ Blood poisoning. Ptomaine poisoning. Sewer-gas poisoning.
- ⇒ Typhoid fever (remote effects of).
- ⇒ Dissecting wounds.

❖ Indicating Symptoms

- ⇒ Wheezing when expiring .Cough; with large masses of phlegm from larynx.
- ⇒ Neglected pneumonia: Cough, night-sweats, frequent pulse, abscess had burst discharging much pus of matterly taste.
- ⇒ Stitching in small of back, only noticed in the chair; coughs up yellow sputa through night.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Great Restlessness, must move constantly to.
- ⇒ The bed feels Hard part lain on feel sore & Bruised, rapid decubitus .

❖ Mental Generals

- ⇒ Loquacious; can think and talk faster than ever before.
- ⇒ Delirious on closing eyes; sees a man at foot of bed.
- ⇒ Feels when lying on one side that she is one person, and another person when turning on the other side.

❖ Other Guiding Symptoms

- ⇒ NA

❖ Modalities

- ⇒ Aggravation
 - Moving eyes
 - Sitting
 - Motion
- ⇒ Amelioration
 - Heat
 - Pressure
 - Warmth

6. Sulphur

❖ A/F

- ⇒ Suppressions.
- ⇒ Alcohol. Chills.
- ⇒ Over-exertion
- ⇒ Falls.

❖ Indicating Symptoms

- ⇒ Oppression & burning sensation in chest, difficult respiration.
- ⇒ Frequent, short, or wheezing respiration.
- ⇒ Snoring and rattling of mucus in chest.
- ⇒ Red spots all over the chest; also brownish or butternut-coloured spots.
- ⇒ When coughing, pain as from excoriation, or shattering pains, or shootings in chest, pain as from a bruise, or shootings in head.
- ⇒ When the best selected remedy fail tk act on the effusion that the indicated and facility to absorb the fluid and reabsorbed
- ⇒ Single part are red and congestion to area
- ⇒ Any skin eruption is suppressed by the allopathic remedy than the complaint stated and to give a sulphur that recover the complaint

❖ **Constitution**

- ⇒ Of nervous temperament, quick motioned tempered plethoric, skin excessive sensitive to atmosphere change.
- ⇒ For lean stoop shouldered persons who walk & sit stooping walk stooping like old men.

❖ **Physical Generals**

- ⇒ Standing is worst position for sulphur patients. they cannot stand every standing position is uncomfortable.
- ⇒ Dirty, flirty people aversion to washed .
- ⇒ To facilitate absorption of inflammatory exudate when best selected remedy fails like Kali Mur.
- ⇒ Burning sensation in chest with redness of skin of whole body with hot flushes in spots.

❖ **Mental Generals**

- ⇒ Ragged philosopher, cannot bear to be washes or bathed ,big bellied restless kick of cloths at night.

❖ **Other Guiding Symptoms**

- ⇒ Covers in above points.

❖ **Modalities**

- ⇒ Aggravation
 - Rest
 - When standing warmth in bed washing bathing.
- ⇒ Amelioration
 - Dry warm weather lying on right side.

26. Migraine

1. Lac Def

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ *American sick headache*: Begins in forehead, extending to occiput, in morning, on rising.
- ⇒ Headache: intense throbbing, with nausea, vomiting, blindness and obstinate constipation; < noise, light, motion, during menses; great prostration; > pressure, by bandaging head tightly ; copious, pale urine.
- ⇒ Vertigo: <lying on left side; moving head from pillow; turning while lying; must sit up.
- ⇒ Migraine; cease at sunset.
- ⇒ Faintness on extending arms overhead.
- ⇒ Persistent headaches, for years. Head becomes sore on coughing..

❖ Constitution

- ⇒ Obese person, fatty degeneration
- ⇒ Despondent.

❖ Physical Generals

- ⇒ Great restlessness, extreme and protected suffering from loss of sleep.
- ⇒ Feels completely exhausted.

❖ Mental Generals

- ⇒ Despondent, does not care to live, has no fear of death but it sure he is going to die.

❖ Other Guiding Symptoms

- ⇒ Menses; delayed, suppressed by putting hands in cold water, drinking a glass of milk will suppress flow until next period..

❖ Modalities

- ⇒ Aggravation
 - Noise
 - Light
 - Motion
 - During menses
- ⇒ Amelioration
 - Pressure

2. Kali Bich

❖ **A/F**

⇒ NA

❖ **Indicating Symptoms**

- ⇒ Blindness, followed by violent headache; over eyebrows or outward along the brows; <cold> pressing at the root of nose, by warm soup.
- ⇒ Vertigo with nausea when rising of seat.
- ⇒ Aching and fullness in glabella.
- ⇒ Migraine; in small spots and from suppressed catarrh.
- ⇒ Bones of head feel sore; sharp stitches in bones.

❖ **Constitution**

- ⇒ Fat, light haired persons who suffer from syphilitic or psoric affection.
- ⇒ Fat, chubby, short-necked children disposed to croup and croupy affection.

❖ **Physical Generals**

- ⇒ Rheumatism alternating with gastric symptoms; rheumatism and dysentery alternate.
- ⇒ Headache; blurred vision or blindness process the attack, must lie down.
- ⇒ Aversion to light and noise.

❖ **Mental Generals**

⇒

❖ **Other Guiding Symptoms**

- ⇒ Bad effects of beer, loss of appetite, weight in pit of stomach.
- ⇒ Sexual desire absent in fleshy people.
- ⇒ Cough; violent, rattling.

❖ **Modalities**

- ⇒ Aggravation
 - Heat of summer
 - Hot weather
- ⇒ Amelioration
 - Skin symptoms are better in cold weather

3. Nux Vomica

❖ **A/F**

⇒ Bad effects of ;coffee, tobacco, alcoholic stimulants, highly spiced or seasons food.

❖ **Indicating Symptoms**

- ⇒ Headache in occiput or over eyes, with vertigo; brain feels turning in a circle, with momentary loss of consciousness; with black spell; on empty stomach.
- ⇒ Pressing pain in vertex as if a nail driven in.

- ⇒ Dizzy and faint in a crowd or where many lights are burning.
- ⇒ Headache in sunshine.
- ⇒ Congestive headache associated with haemorrhoids.
- ⇒ Frontal headache with desire to lean it on something.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ Tendency to faint, from odours, in morning, after eating, after every labour pain.
- ⇒ Anxiety with irritability and inclination to commit suicide, but afraid to die.

❖ **Mental Generals**

- ⇒ Person who are very particular, careful, but easily angered or excited, irascible and tenacious.

❖ **Other Guiding Symptoms**

- ⇒ Hypochondriac, literary, studious person.
- ⇒ Labour pains, violent, spasmodic, cause urging to stool or to urinate.
- ⇒ Fever; great heat, whole body burning hot, face red and hot.

❖ **Modalities**

- ⇒ Aggravation
 - Morning ,waking at 4 a.m.,
 - After overeating
 - Touch
 - Noise
 - Anger
- ⇒ Amelioration
 - In evening
 - While at rest
 - Lying down and in damp weather

4. **Nat Sulph**

❖ **A/F**

- ⇒ Damp weather.

❖ **Indicating Symptoms**

- ⇒ Occipital pain, piercing stitches in ears.
- ⇒ Vertigo relived by sweats on head.
- ⇒ Boring in right temple, preceded by burning in stomach.
- ⇒ Crushing or gnawing in occiput.
- ⇒ Salivation with headache.
- ⇒ Hot feeling on top of head.

❖ **Constitution**

⇒ Person feels every change from dry to wet, cannot tolerate sea air, recovery slowly from every sickness.

❖ **Physical Generals**

⇒ Complain aggravated from damp cold weather, damp basement.

❖ **Mental Generals**

⇒ Inability to think.

⇒ Sad, gloomy, irritable, worse in morning, dislike to speak or to be spoken

❖ **Other Guiding Symptoms**

⇒ Nosebleed during menses.

⇒ Granular lids; Like small blisters; green pus and terrible photophobia; gonorrhoeal or sycotic.

⇒ Dyspnoea; desire to take deep breathe during damp.

❖ **Modalities**

⇒ Aggravation

- Damp basement or dwellings
- Rest, lying

⇒ Amelioration

- Dry weather
- Pressure
- Sitting up

5. Sangunaria

❖ **A/F**

⇒ NA

❖ **Indicating Symptoms**

⇒ The periodical sick headache; begins in morning, increase during day, lasts until evening.

⇒ American sick headache, ameliorated by perfect quiet in dark room.

⇒ Headache returns at the climacteric; every seventh day.

⇒ Headache begins in occiput, spreads upwards and settles over right eye.

⇒ Pain in small spot over upper left parietal bones.

⇒ Pain in back of head "like flash of fighting".

❖ **Constitution**

⇒ NA

❖ **Physical Generals**

⇒ Pains in places where bones are least covered, as tibia, backs of hands, etc..

⇒ Eruption of face of young women, especially during scanty menses.

❖ **Mental Generals**

⇒ NA

❖ **Other Guiding Symptoms**

- ⇒ Headache begins in occiput, spreads upwards and settles over right eye.
- ⇒ Severe whooping cough.

❖ **Modalities**

- ⇒ Aggravation
 - At night
- ⇒ Amelioration
 - NA

6. Belladonna

❖ **A/F**

- ⇒ NA

❖ **Indicating Symptoms**

- ⇒ Headache; congestive, with red face, throbbing of brain and carotids; <from slight noise, jar, motion, light, lying down, least exertion;>pressure, tight bandaging, wrapping up during menses.
- ⇒ Rush of blood to head and face.
- ⇒ Vertigo when stooping, or when rising after stooping; on every change of position.
- ⇒ Head sensitive to drafts of cold air or washing hair.
- ⇒ Boring hair into pillow; drawn backwards and roll from side to side.
- ⇒ Headache mainly on right side worse on lying down.

❖ **Constitution**

- ⇒ Adapted to bilious, lymphatic, plethoric constitution.
- ⇒ Women and children with light hairs and blue eyes, fine complexion, delicate skin, sensitive, nervous.

❖ **Physical Generals**

- ⇒ Great liability to take cold, sensitive of drafts of air.
- ⇒ Pains usually in short attacks; cause redness of face and eyes.

❖ **Mental Generals**

- ⇒ Fear of imaginary things, wants to run away from them.
- ⇒ Violent delirium; disposition to bite, spit, strike and tear things, tries to escape.

❖ **Other Guiding Symptoms**

- ⇒ Congestive headache; with red faces, throbbing of carotids.
- ⇒ Pain in right ileo-caecal region.

❖ **Modalities**

- ⇒ Aggravation
 - Touch
 - Motion
 - Noise

- Draft of air
- ⇒ Amelioration
 - Rest
 - Standing or sitting erect.

7. Menis Perum

❖ A/F

- ⇒ NA

❖ Indicating Symptoms

- ⇒ Headache pressive from within out.
- ⇒ Intense headache, feels as if it would burst with pain whole length of back; lasted for three or four days.
- ⇒ Headache intense during night; with stretching and yawning; with feeling of fullness.
- ⇒ Severe headache through temples and occiput.

❖ Constitution

- ⇒ Dry eyes and swollen.
- ⇒ Dryness of all mucous membrane.

❖ Physical Generals

- ⇒ Much sneezing; discharge of nasal mucous.
- ⇒ Appetite and thirst increased.

❖ Mental Generals

- ⇒ Low spirited, but attends to business rapidly; low spirit but absent minded.
- ⇒ Quick tempered.

❖ Other Guiding Symptoms

- ⇒ NA

❖ Modalities

- ⇒ Aggravation
 - Warmth of bed.
- ⇒ Amelioration
 - NA

KNOWLEDGE BANK

HNSHMC STUDENTS

27. Ulcerative Colitis

1. Sulphur

❖ A/F

⇒ Alcohol, suppression of skin disease, sun's heat, overexertion etc.

❖ Indicating Symptoms

⇒ Involuntary and painless diarrhoea.

⇒ Stool contains undigested food particles, whitish, greenish, very much offensive and acrid.

⇒ Driving out of bed early in the morning as there is lack of power in sphincter ani.

⇒ Constipation alternates with diarrhoea.

⇒ Venous bleeding from GI tract.

⇒ There is weak, empty, all gone or faint feeling in the abdomen.

❖ Constitution

⇒ Person of scrofulous diathesis, subject to venous congestion

⇒ Person of nervous temperament, quick motioned, quick tempered.

⇒ Person lean, stoop shouldered persons who walk and sit stooping, walk stooping like old men.

❖ Physical Generals

⇒ Aversion to being washed, can't bear to be washed.

⇒ Discharge of both urine and faeces is painful to parts over which it passes.

❖ Mental Generals

⇒ Happy dreams, wakes up singing.

⇒ Movement in abdomen as of a child.

⇒ Everything looks pretty which the patient takes fancy to.

❖ Other Guiding Symptoms

⇒ Complaints that are continually relapsing.

⇒ Standing is the worst position for sulphur patients, they cannot stand, every standing position is uncomfortable.

❖ Modalities

⇒ Aggravation

- At rest
- When standing
- Warmth in bed
- Washing
- Bathing

⇒ Amelioration

- Dry
- Warm weather
- Lying on right side.

2. Merc Sol

❖ A/F

⇒ Mercury, bad effects of sugar, suppressed foot sweat.

❖ Indicating Symptoms

⇒ Loose stool with excessive bleeding.

⇒ Stools are very frequent.

⇒ No satisfaction after passing stool frequently, chilliness all the time.

⇒ Rancid eructation.

⇒ Stool; greenish, bloody and slimy, worse at night; with pain and tenesmus.

⇒ Discharge accompanied by chilliness sick stomach, cutting colic and tenesmus.

❖ Constitution

⇒ Nervous affections after suppressed discharge.

⇒ Glandular and scrofulous affection of children.

❖ Physical Generals

⇒ Great weakness and trembling from least exertion.

⇒ In borne disease, pains worse at night.

⇒ Breath and body smell foul.

❖ Mental Generals

⇒ Hurried and Rapid talking.

⇒ Tired of life, weak memory, loss of will power.

❖ Other Guiding Symptoms

⇒ All complaints are aggravated from sunset to sunrise.

⇒ All discharges are very offensive esp. Breath and sweat.

❖ Modalities

⇒ Aggravation

- At night
- Wet
- Damp weather
- In autumn

⇒ Amelioration

- Rest
- Coitus
- Weeping

KNOWLEDGE BANK

HNSHMC STUDENTS

28. Ischemic Heart Disease

1. Cactus G.

❖ A/F

⇒ Rheumatism, Sun, Disappointment of Love.

❖ Indicating Symptoms

⇒ Heart feels as if clasped and unclasped by an iron hand, as if bound and no room to beat.

⇒ Fluttering Palpitation Day and Night worse on walking and lying on left side.

⇒ Constriction in the heart, as if an iron band prevented its normal movement

⇒ The whole body feels as if caged and each wire is being twisted, tighter and tighter.

⇒ Pains are pricking, impeding.

⇒ Pulse is quick, throbbing, tense and hard.

⇒ Pain in the apex of heart and goes to left hand.

❖ Constitution

⇒ Sanguineous congestions in person of plethoric habit.

❖ Physical Generals

⇒ Haemorrhage from nose, lungs, stomach, rectum, bladder.

⇒ Constriction of throat, chest, heart, bladder, rectum.

❖ Mental Generals

⇒ Fear of death, believes the disease incurable.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- AT 11AM and 11PM

- Lying on Left Side.

⇒ Amelioration

- By sleep

- Rest

- Fresh and Open Air

3. Crataegus

❖ A/F

⇒ NA

❖ Indicating Symptoms

⇒ Lowered Pulse, Reduction in Blood Pressure.

- ⇒ Irregularity Of Heart, Insomnia of Aortic Sufferers, High Arterial Tension.
- ⇒ Chronic Heart Disease. With extreme weakness.
- ⇒ Extreme Dyspnoea on Least Exertion.
- ⇒ Pain in the region of Heart and Left Clavicle.
- ⇒ Heart Dilated, 1st sound weak, pulse accelerated, feeble and intermittent.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ NA

❖ **Mental Generals**

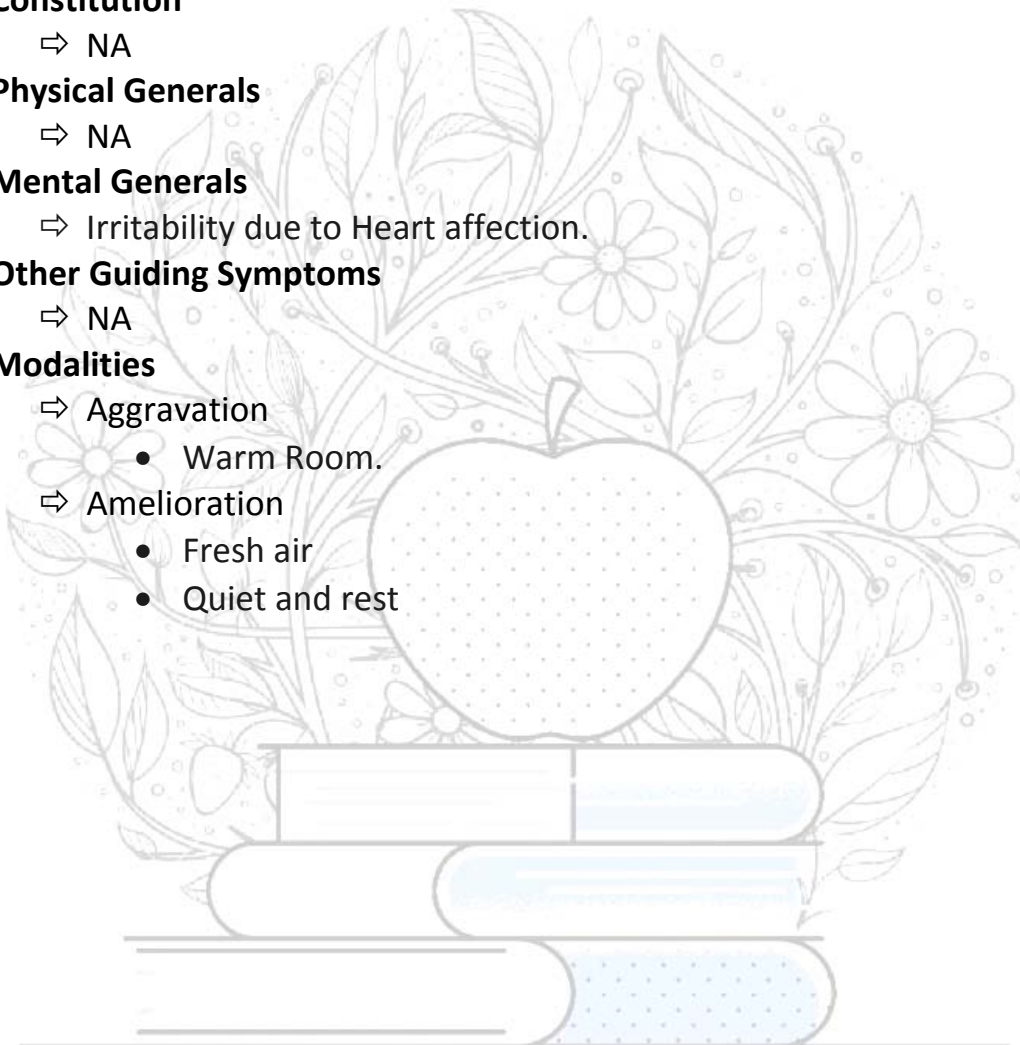
- ⇒ Irritability due to Heart affection.

❖ **Other Guiding Symptoms**

- ⇒ NA

❖ **Modalities**

- ⇒ Aggravation
 - Warm Room.
- ⇒ Amelioration
 - Fresh air
 - Quiet and rest



KNOWLEDGE BANK

HNSHMC STUDENTS

29. Hyperthyroidism

1. Calc Phos

❖ A/F

⇒ Grief, disappointment of love, over study, unpleasant news.

❖ Indicating Symptoms

⇒ Thyroid Glands swollen.

⇒ Trembling Hands with pain, Coldness in Spots, vertex, eyeball, tips of fingers etc.

⇒ Tendency to diarrhoea from juicy fruits, during dentition.

⇒ Menses early, scanty, every 2 weeks, excessive and bright.

⇒ Palpitation with trembling weakness in the calf.

⇒ Great Hunger with increased Thirst.

❖ Constitution

⇒ Anaemic and Dark complexioned, Dark Hair and eyes, thin spare subjects.

⇒ Children emaciated, unable to stand, slow in learning to walk.

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Feels complaints more when thinking about them.

⇒ Involuntary Sighing.

❖ Other Guiding Symptoms

⇒ Defective Bone Development.

⇒ Fontanelles remain open too long.

⇒ Emaciated body with sunken, Flabby abdomen.

❖ Modalities

⇒ Aggravation

- Exposure to damp cold weather
- Every change of weather

⇒ Amelioration

- Summer
- Warm dry

KNOWLEDGE BANK

HNSHMC STUDENTS

30. Epilepsy

1. Cicuta Virosa

❖ A/F

⇒ Tobacco

❖ Indicating Symptoms

⇒ Epilepsy with swelling of the stomach as from, violent spasms of the diaphragm; screaming; red or bluish face; lockjaw, loss of consciousness and distortion of the limbs; frequent during the night; recurring, first at short, then at long intervals.

⇒ Convulsion ;violent with frightful distortions of limbs and whole body; with loss of consciousness of opisthotonos; renewed from slightest touch, noise or jar.

⇒ Spasms move downward with terrific violence, with sudden shocks through body or head, then rigidity or shrieks; then prolonged unconsciousness.

⇒ Convulsion , trismus, tetanus, hiccough.

⇒ Twitching of various parts mainly of arms and fingers.

❖ Constitution

⇒ Women subject to epileptic and choreic convulsions; spasms of teething.

⇒ Children, or from worms.

❖ Physical Generals

⇒ Abnormal appetite for chalk and indigestible things; for coal or charcoal child eats them with apparent relish.

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

⇒ When reading, the letters seem to turn, go up or down or disappear.

⇒ During dentition, grinding of the teeth or gums; compression of the jaws as in lockjaw.

⇒ Injurious chronic effects from concussions of the brain and spine, especially spasms; trismus and tetanus from getting splinters into flesh.

❖ Modalities

⇒ Aggravation

- Tobacco smoke.

⇒ Amelioration

- NA

2. Artemisia Vulgaris

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Epilepsy after fright or grief or blow on the head . attacks are frequently repeatedly to be followed by a long interval of rest .
- ⇒ Patient is irritable and excited before the attack of epilepsy.
- ⇒ Epilepsy without aura; after fright, after the blow on head, with menstrual disturbance.
- ⇒ Epileptic attacks are accompanied by profuse offensive sweat of garlicky odour; and seminal emissions.
- ⇒ It is also indicated in epilepsy due to menstrual disturbance.
- ⇒ It has been also used with success in epilepsy coming on after a long fit of dancing.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

- ⇒ Severe attack of epilepsy in the same day
- ⇒ After the attack the patient remain well for several days but when it does again it is repeat several times in the course of the same day.

❖ Modalities

- ⇒ Aggravation
 - long fit of dancing.

3. Lachesis

❖ A/F

- ⇒ Long lasting grief, sorrow, fright
- ⇒ Vexation.
- ⇒ jealousy or disappointed love.

❖ Indicating Symptoms

- ⇒ Epilepsy; comes on during sleep (Bufo); from loss of vital fluid, onanism, jealousy.
- ⇒ Left side paralysis; after apoplexy or cerebral exhaustion.
- ⇒ Chorea from piercing ears.

❖ Constitution

- ⇒ Persons of a less melancholy temperament, dark eyes, and a disposition to low spirits and indolence.
- ⇒ Women of choleric temperament, with freckles and red hair (Phos.).
- ⇒ Better adapted to thin and emaciated than to fleshy persons; to those who have been changed, both mentally and physically, by their illness.
- ⇒ Climacteric ailments; haemorrhoids, haemorrhages; hot flushes and hot perspiration; burning vertex headache, especially at or after the menopause .
- ⇒ Women who have not recovered from the change of life “have never felt well since that time.”
- ⇒ Drunkards with congestive headaches and haemorrhoids; prone to erysipelas or apoplexy.
- ⇒ All symptoms, especially the mental, worse after sleep, or the aggravation wakes him from sleep; sleeps into the aggravation, unhappy, distressed, anxious, sad < in morning on waking.

❖ Physical Generals

- ⇒ Left side principally affected; diseases begin on the left and go to the right side – left ovary, testicle, chest.
- ⇒ Great sensitiveness to touch; throat, stomach, abdomen; cannot bear bed-clothes or night-dress to touch throat or abdomen, not because sore or tender as in Apis or Bell., but clothes cause an uneasiness, make her nervous.
- ⇒ Intolerance of tight bands about neck or waist.
- ⇒ Extremes of heat and cold cause great debility.
- ⇒ Great physical and mental exhaustion; trembling in whole body, would constantly sink down from weakness; worse in the morning .
- ⇒ Hemorrhagic diathesis; small wounds bleed easily and profusely blood dark, non-coagulable
- ⇒ Bad effects of poison wounds; post-mortem .

❖ Mental Generals

- ⇒ Mental excitability; ecstasy with almost prophetic perceptions; with a vivid imagination; great loquacity wants to talk all the time; jumps from one idea to another; one word often leads into another story.

❖ Other Guiding Symptoms

- ⇒ Diphtheria and tonsillitis, beginning on the left and extending to right side(Lac-c., Sabad.); dark purple appearance (Naja); < by hot drinks, after sleep; liquids more painful than solids when swallowing (Bell., Bry., Ign.); prostration out of all proportion to appearance of throat.
- ⇒ Headache: Pressing or bursting pain in temples < from motion, pressure, stooping, lying, after sleep; dreads to go to sleep because she awakens with such a headache.
- ⇒ Rush of blood to head; after alcohol; mental emotions; suppressed or irregular menses; at climaxis; left-sided apoplexy.
- ⇒ Weight and pressure on vertex (Sep.); like lead in occiput.

❖ Modalities

- ⇒ Aggravation
 - After sleep
 - Contact
 - Extremes of temperature
 - Acids; alcohol; cinchona; mercury
 - Pressure or constriction
 - Sun's rays
 - Spring; summer.

4. Kali Brom

❖ A/F

- ⇒ NA

❖ Indicating Symptoms

- ⇒ Epilepsy: Congenital, syphilitic, tubercular; usually a day or two before menses; at new moon; headache follows attack.
- ⇒ Epilepsy is associated with sexual excess or abuse, in men; and in woman fits occur during menses.
- ⇒ Onset of disease condition is very slow; without any pain.
- ⇒ Chorea from fright.

❖ Constitution

- ⇒ Adapted to large persons inclined to obesity; acts better in children than in adults.

❖ Physical Generals

- ⇒ Night terrors of children grinding teeth in sleep, screams, and cries; horrible dreams, cannot be comforted by friends .
- ⇒ Somnambulism

❖ Mental Generals

- ⇒ Fits of uncontrollable weeping and profound melancholic delusions.
- ⇒ Loss of memory; forgets how to talk; absentminded; has to be told the word before he could speak it
- ⇒ Depressed, low spirited, anxious, “feel as if they would lose their minds.”
- ⇒ Restlessness and sleeplessness due to worry and grief, loss of property or reputation, from business embarrassments .

❖ Other Guiding Symptoms

- ⇒ Acne: Simplex, indurata, rosacea; bluish-red, pustular, on face, chest, shoulders; leaves unsightly scars (Carb-an.); in young fleshy persons of gross habit
- ⇒ Cholera infantum, with reflex irritation of brain, before effusion.
- ⇒ Daily colic in infants about 5 a.m.

❖ Modalities

- ⇒ Aggravation
 - NA
- ⇒ Amelioration
 - NA

5. Cuprum Met

❖ A/F

- ⇒ Cold things

❖ Indicating Symptoms

- ⇒ Bad effects of re-percussed eruptions resulting in brain affections, spasms, convulsions, vomiting; of suppressed foot-sweat.
- ⇒ Pains are pressive which are < touch and motion.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Bad effects of re-percussed eruptions (of non-developed, Zinc.), resulting in brain affections, spasms, convulsions, vomiting; of suppressed foot-sweat (Sil., Zinc.).

❖ Mental Generals

- ⇒ Mental and physical exhaustion from over-exertion of mind and loss of sleep (Cocc., Nux-v.); attacks of unconquerable anxiety.

❖ Other Guiding Symptoms

- ⇒ Cough has a gurgling sound, as if water was being poured from a bottle.

- ⇒ Cough, > by drinking cold water (Caust., < by drinking cold water, Spong.).
- ⇒ Whooping cough: Long-lasting, suffocating, spasmodic cough; unable to speak; breathless, blue face, rigid, stiff; three attacks successively (Stann.); vomiting of solid food after regaining consciousness (Cann-i.); cataleptic spasm with each paroxysm.
- ⇒ A strong, sweetish, metallic, copper taste in the mouth with flow of saliva (Rhus-t.).
- ⇒ Constant prostration and retraction of the tongue, like a snake (Lach.).
- ⇒ Paralysis of tongue; imperfect, stammering speech.

❖ **Modalities**

- ⇒ Aggravation
 - Cold air; cold wind
 - At night
 - Suppressed foot-sweat or exanthema.
- ⇒ Amelioration
 - Nausea, vomiting and cough
 - By a swallow of cold water.

6. Nux Vomica

❖ **A/F**

- ⇒ Coffee, tobacco, alcoholic stimulants; highly spiced or seasoned food; over-eating .

❖ **Indicating Symptoms**

- ⇒ Convulsions, with consciousness; < anger, emotion, touch, moving.
- ⇒ He is subject to spasm, convulsion and fainting.
- ⇒ The patient seems to be always out of tune, the action is violent, often irregularly fitful or inefficient.

❖ **Twisting and jerks, spasms, titanic, with consciousness < by slightest touch but > by grasping tightly**
Constitution

- ⇒ One of the best remedies with which to commence treatment of cases that have been drugged by mixtures, bitters, vegetable pills, nostrums or quack remedies, especially aromatic or “hot medicines,” but only if symptoms correspond.
- ⇒ Adapted to thin, irritable, careful, zealous persons with dark hair and bilious or sanguine temperament. Disposed to be quarrelsome, spiteful, malicious; nervous and melancholic.

- ⇒ Debauchers of a thin, irritable, nervous disposition, prone to indigestion and haemorrhoids (persons with light hair, blue eyes, Lob.).
- ⇒ “Nux is chiefly successful with persons of an ardent character; of an irritable, impatient temperament, disposed to anger, spite or deception.”—Hahnemann.
- ⇒ Anxiety with irritability and inclination to commit suicide, but is afraid to die.
- ⇒ Hypochondriac: Literary, studious persons, who are too much at home, suffer from want of exercise, with gastric, abdominal complaints.
- ⇒ “Nux is chiefly successful with persons of an ardent character; of an irritable, impatient temperament, disposed to anger, spite or deception.”—Hahnemann.
- ⇒ Anxiety with irritability and inclination to commit suicide, but is afraid to die.
- ⇒ Hypochondriac: Literary, studious persons, who are too much at home, suffer from want of exercise, with gastric, abdominal complaints.

❖ Physical Generals

- ⇒ Bad effects of: Coffee, tobacco, alcoholic stimulants; highly spiced or seasoned food; over-eating (Ant-c.); long-continued mental over-exertion; sedentary habits; loss of sleep (Cocc., Colch., Nit-ac.); aromatic or patent medicine; sitting on cold stones, especially in warm weather.
- ⇒ Oversensitive: To external impressions; to noise, odours, light or music (Nux-m.); trifling ailments are unbearable (Cham.); every harmless word offends (Ign.).
- ⇒ Pains are tingling, sticking, hard, aching, worse from motion and contact.
- ⇒ Tendency to faint (Nux-m., Sulph.); from odours; in morning; after eating; after every labor pain.
- ⇒ Cannot keep from falling asleep in the evening while sitting or reading hours before bedtime, and awakes at 3 or 4 a.m.; falls into a dreamy sleep at daybreak from which he is hard to arouse, and then feels tired and weak.

❖ Mental Generals

- ⇒ Persons who are very particular, careful, but inclined to become easily excited or angered; irascible and tenacious.

❖ Other Guiding Symptoms

- ⇒ Eructations: Sour, bitter; nausea and vomiting every morning with depression of spirits; after eating.

- ⇒ Nausea: Constant; after eating; in morning; from smoking; and feels “If I could only vomit I would be so much better.”
- ⇒ Stomach: Pressure an hour or two after eating as from a stone (immediately after, Kali-bi., Nux-m.); pyrosis, tightness, must loosen clothing; cannot use the mind for two or three hours after a meal; sleepy after dinner; from anxiety, worry, brandy, coffee, drugs, night watching, high living, etc.
- ⇒ Constipation; with frequent unsuccessful desire, passing small quantities of faeces (in upper abdomen, Ign., Verat.); sensation as if not finished.
- ⇒ Frequent desire for stool; anxious, ineffectual, > for a time after stool; in morning after rising; after mental exertion (inactive, no desire, Bry., Sulph.).
- ⇒ Alternate constipation and diarrhoea (Sulph., Verat.), in persons who have taken purgatives all their lives.
- ⇒ Strangulated hernia, especially umbilical.

❖ Modalities

- ⇒ Aggravation
 - Morning; waking at 4 a.m.
 - Mental exertion
 - After eating or over-eating
 - Touch, noise, anger, spices, narcotics
 - Dry weather; in cold air.
- ⇒ Amelioration
 - In evening
 - While at rest; lying down
 - In damp wet weather.

7. Hyoscyamus

❖ A/F

- ⇒ Jealousy, unhappy love.

❖ Indicating Symptoms

- ⇒ Convulsions: Of children, from fright or the irritation of intestinal worms during labour; during the puerperal stage; after meals, child vomits, sudden shriek, then insensible.
- ⇒ Spasms: Without consciousness, very restless; every muscle in the body twitches, from the eyes to the toes

❖ Constitution

⇒ Persons of sanguine temperament; who are irritable, nervous, hysterical.

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Intense sleeplessness of irritable, excitable persons from business embarrassments, often imaginary.

⇒ Diseases with increased cerebral activity, but non-inflammatory in type; hysteria or delirium tremens; delirium, with restlessness, jumps out of bed, tries to escape; makes irrelevant answers; thinks he is in the wrong place; talks of imaginary doings, but has no wants and makes no complaints.

⇒ In delirium, Hyoscyamus occupies a place midway between Belladonna and Stramonium; lacks the constant cerebral congestion of the former and the fierce rage and maniacal delirium of the latter.

⇒ Fears: Being alone; poison; being bitten; being sold; to eat or drink; to take what is offered; suspicious, of some plot.

⇒ Bad effects of unfortunate love; with jealousy, rage, incoherent speech or inclination to laugh at everything; often followed by epilepsy.

⇒ Lascivious mania: immodesty, will not be covered, kicks off the clothes, exposes the person; sings obscene songs; lies naked in bed and chatters.

❖ Other Guiding Symptoms

⇒ Paralysis of bladder; after labor, with retention or incontinence of urine; no desire to urinate in lying - in women (Arn., Op.).

⇒ Cough: Dry, nocturnal, spasmodic; < when lying down, relieved by sitting up Dros.); < at night, after eating, drinking, talking, singing (Dros., Phos. — > when lying down, Mang-met.).

❖ Modalities

⇒ Aggravation

- At night
- During menses
- Mental affections: jealousy
- Unhappy love
- When lying down.

⇒ Amelioration

- NA

31. Pulmonary T.B.

1. Ars Iod

❖ A/F

⇒ Study

❖ Indicating Symptoms

- ⇒ It is very useful in early phase of tuberculosis with afternoon rise of temperature.
- ⇒ Bronchial tubes fill with greenish-yellow, pus like expectoration with short of breath.
- ⇒ Heart is weakened by chronic lung affections.
- ⇒ Asthma in phthisis.
- ⇒ Tubercular pleurisy.
- ⇒ Slight hacking cough with dry and stopped-up nostrils.

❖ Constitution

⇒ Tubercular diathesis

❖ Physical Generals

- ⇒ This remedy should be thought of when the discharges of MUCUS MEMBRANES are persistently acrid, profuse, thick, gluey, yellow like honey, in chronic affections; and thin in acute conditions.
- ⇒ Discharges cause BURNING of the part of which they flow.
- ⇒ Its symptoms are very similar to the symptoms of early stage of tuberculosis, with afternoon rise of temperature.
- ⇒ In chronic inflammatory state of the lungs and bronchial tubes, the expectoration is greenish -yellow, pus-like, with short breath, there is a profound prostration, emaciation, recurring fever and sweats and tendency to diarrhoea.

❖ Mental Generals

⇒ Unable to study it causes headache, great anguish and restlessness, change place constantly, hallucinations of smell and sight , fear of death , fear of being left alone.

❖ Other Guiding Symptoms

⇒ Enlarge scrofulous gland , marked exfoliation of skin in large scale , discharge are irrigative , corrosive , profuse and greenish yellow, epithelium of lip.

❖ Modalities

- ⇒ Aggravation
 - From motion
 - Talking
 - In warm room
- ⇒ Amelioration

- NA

2. Kali Carb

❖ A/F

⇒ Exposure to cold over strain , sexual excess, ice-cream and ice water .

❖ Indicating Symptoms

⇒ Tendency to tuberculosis with constant cold taking; better in warm climate.

⇒ Acute pain in chest while coughing.

⇒ Stitching and cutting pain in the chest during inspiration.

⇒ Lung seems to sticks to the rib .

⇒ Whole chest very sensitive during coughing.

⇒ Expectoration difficult or small round balls come flying from the mouth without effort; salty, thick, bloody and offensive.

⇒ Incessant, hard retching or choking, futile cough;; then vomiting.

❖ Constitution

⇒ Dark skin and hair, chilly patient , psoric patient, tubercular diathesis.

❖ Physical Generals

⇒ Cannot bear to be touched , very much inclined to take cold .

⇒ Pains: Stitching, tearing, < rest and lying in affected side

❖ Mental Generals

⇒ Great aversion being alone, peevish, anxiety with fear when alone, very irritable, never quite or contented.

❖ Other Guiding Symptoms

⇒ Swelling like a sack between the eyebrows and lids Stitches in region of liver, with tension across the abdomen.

⇒ Stitches in the chest on inspiration, cutting pains in the evening, after lying down; cough worse from 3 to 4 a.m.

❖ Modalities

⇒ Aggravation

- 2-4 am

- Lying in left and painful side.

- Morning

- Cold weather

⇒ Amelioration

- In warm weather

- By rocking

- During day when moving about.

3. Pulsatilla

❖ **A/F**

- ⇒ Chill getting feet wet , eating fatty and starchy food, ice-cream , tea, coffee , abuse of mercury quinine , suppress of menses.

❖ **Indicating Symptoms**

- ⇒ Cough;
- ⇒ Sensation; pressure and soreness upon the chest.
- ⇒ Character; cough is shaking and spasmodic , the patient feels as if vapour of sulphur in trachea and chest.
- ⇒ Cough is dry in evening and night .
- ⇒ Character of sputa; expectoration of copious and greenish yellow mucus bitter or purulent or there may be dark coagulated blood.
- ⇒ Modalities :- < by warmth of bed , night , evening , after every sleep and after lying down.

❖ **Constitution**

- ⇒ Blue eyes , sandy hair , pale face , mild , gentle , easily moved to laughter or tears.
- ⇒ Woman fleshy with scanty menstruation.
- ⇒ Phlegmatic temperament.
- ⇒ Chilly patient.
- ⇒ Psora, sycotic miasm.

❖ **Physical Generals**

- ⇒ Especially on woman and children.
- ⇒ Secretion if all mucus membranes are thick blend and yellowish skin.
- ⇒ Symptoms ever changing .
- ⇒ Pain rapidly shifting from one part to another part.
- ⇒ More the pain more the chill , drawing and tearing type of pain appears suddenly and leave gradually.
- ⇒ Thirstlessness
- ⇒ Awaking in evening.

❖ **Mental Generals**

- ⇒ Weeps easily , impossible to detail her ailments without weeping , feels better by consolation, Weeps easily. Timid, irresolute. Fears in evening to be alone, dark, ghost. Likes sympathy. Children like fuss and caresses. Easily discouraged. Morbid dread of the opposite sex. Religious melancholy. Given to extremes of pleasure and pain. Highly emotional.

❖ **Other Guiding Symptoms**

- ⇒ Changeability of symptoms .
- ⇒ Weeping disposition .
- ⇒ More the pain more the chill.
- ⇒ Thirstlessness
- ⇒ Yellow greenish discharge.

❖ **Modalities**

- ⇒ Aggravation

- Warmth things
 - Rich and fatty food.
- ⇒ Amelioration
- Cold things
 - Motion
 - Open air

4. Phosphorus

❖ A/F

- ⇒ Tobacco , mental exertion, Strong emotion, strong odours, gas vapours, thunder storm, lightening, sexual excess , loss of vital fluid , sprains, wounds, lifting, exposure to drenching rain, by washing cloth , having hair cut , excessive use table salt.

❖ Indicating Symptoms

- ⇒ Dry cough in evening and at night; must sit up in bed to get relief; and loose cough in morning, with copious mucus expectoration.
- ⇒ Sensation :- somewhere is lying on the chest .
- ⇒ Urine emitted with cough.
- ⇒ Character of sputa :- bland, thick, bitter & greenish.
- ⇒ Pain :- sharp stitching pain in chest , whole body trembling while coughing.
- ⇒ Hoarseness comes and goes.
- ⇒ Fever :- chilly in warm room , craving ice during chill , painless fever , hectic fever.

❖ Constitution

- ⇒ Tall slender person with narrow chest good and beautiful look , delicate eye lashes , red hair.

❖ Physical Generals

- ⇒ Over sensitiveness to external impression , burning in chest and lungs , haemorrhagic diathesis , great weakness and prostration , all gone sensation in head , abdomen , stomach and chest.

❖ Mental Generals

- ⇒ Desire to be magnetised , answer slowly , moves sluggishly , worry of life.

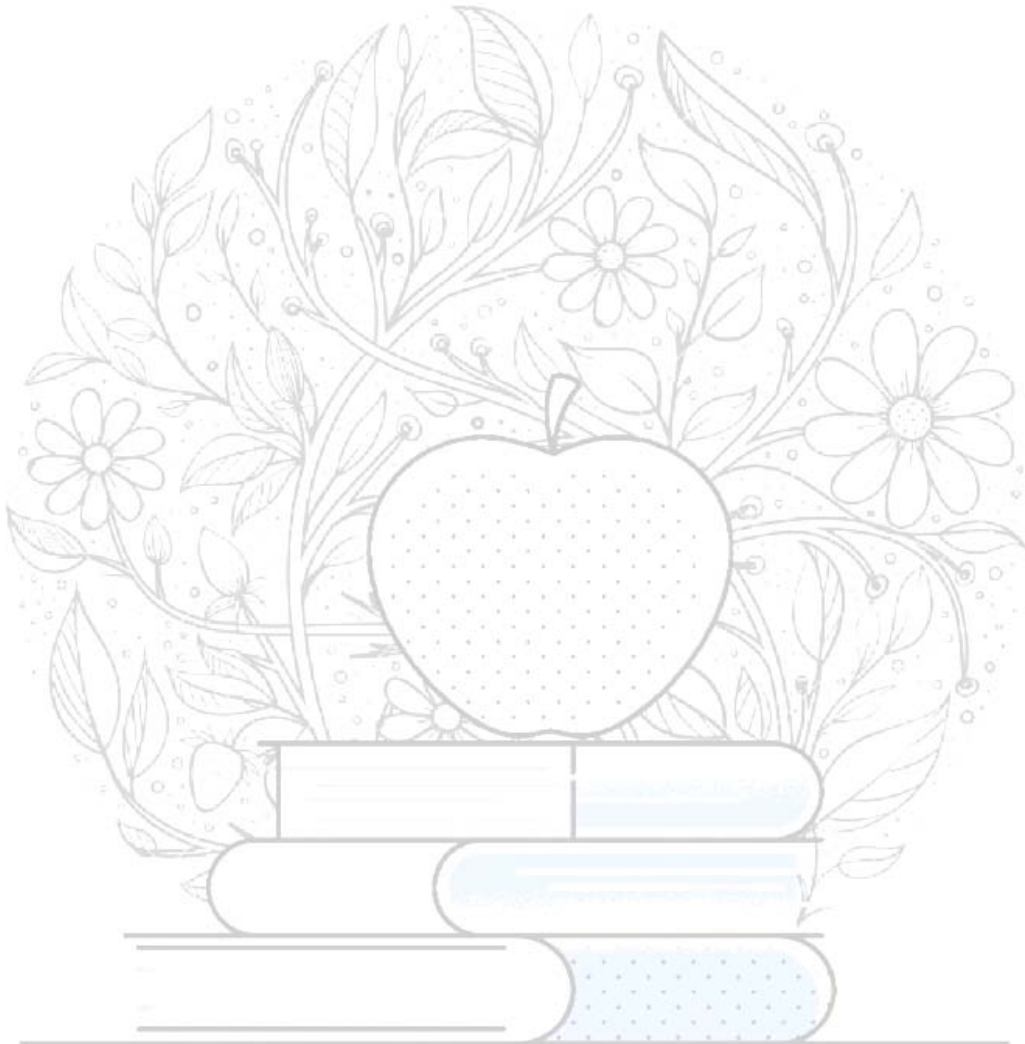
❖ Other Guiding Symptoms

- ⇒ Burning in all over body , all gone sensation , over sensitiveness , restlessness.

❖ Modalities

- ⇒ Aggravation
- During thunderstorms.

- Evening and before mid night.
- ⇒ Amelioration
- Cold things



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HNSHMC STUDENTS

32. Renal Stone

1. Berberis Vulgaris

❖ A/F

⇒ NA

❖ Indicating Symptoms

⇒ Renal colic; causation due to stone in kidney.

⇒ Location:- left sided , kidney to ureter than urinary bladder and coming down to urethra.

⇒ Sensation :- numbness in kidney region , bubbling sensation in kidney region , stiffness in the kidney region lameness and painful pressure in kidney region , burning and soreness in kidney region.

⇒ Character of pain :- stitching , cutting , from lt. kidney to ureter , bladder than urethra.

⇒ In acute condition pain is more severe there may be haematuria with soreness in urethra.

⇒ Character of urine may be bloody greenish with thick slimy mucus and jelly like sediment.

⇒ In chronic condition urine may be dark turbid with copious sedimentation , urine is very slow to flow with constant urging.

❖ Constitution

⇒ People who are pale having earthy complexion with sunken cheeks , having blue rings around eyes.

❖ Physical Generals

⇒ Rheumatic and gouty complain with disease urinary organs.

❖ Mental Generals

⇒ Apathetic , indifferent , object seem twice as large as natural.

❖ Other Guiding Symptoms

⇒ Left side is principally affected left kidney and ureter

⇒ Bruise pain with numbness , stiffness in kidney region and its small of back .

⇒ Soreness if kidney , bubbling sensation.

⇒ Backache worse when sitting or lying.

⇒ Wandering radiating pains from one part to another especially along cause left kidney and ureter.

❖ Modalities

⇒ Aggravation

- Motion
- Walking or carriage riding and sudden jerking or movement.

⇒ Amelioration

- NA

2. Calc Carb

❖ A/F

⇒ Alcohol , suppress foot sweat , suppress menses , suppress eruption.

❖ Indicating Symptoms

- ⇒ Tendency to formation of calculi.
- ⇒ Urine dark, brown, sour, foul or strong odour.
- ⇒ White urinary sediment with milky urine.
- ⇒ Bloody urine with polyps of bladder.

❖ Constitution

- ⇒ Fair fatty flabby , open frontals and suture , sweat easily especially on back side if head and neck , chilly patient.
- ⇒ Psora sycotic miasm.
- ⇒ Scrofulous diathesis

❖ Physical Generals

- ⇒ Profuse perspiration back of head and neck .
- ⇒ Imperfect ossification .
- ⇒ Difficulty in learning to walk and stand , children have no disposition to walk and will not try .
- ⇒ Coldness of single part , sweat of single part.
- ⇒ Desire to magnetised.
- ⇒ Curvature of bone especially spine and long bone.

❖ Mental Generals

- ⇒ Mental confusion.

❖ Other Guiding Symptoms

- ⇒ Great sensitiveness to take cold .
- ⇒ Dispose grow fat .
- ⇒ Head sweat profusely while sleeping wetting the pillow far around .
- ⇒ Coldness in general and single part .
- ⇒ Feels better everywhere when constipated.

❖ Modalities

- ⇒ Aggravation
 - Cold air
 - During full moon
 - Wet weather
- ⇒ Amelioration
 - Lying on painful side.

3. Lycopodium

❖ A/F

⇒ Fright, anger, mortification or vaccination with reverse displeasure.

❖ Indicating Symptoms

- ⇒ Right sided renal colic pain .
- ⇒ Character of pain :- terrible pain in Rt. kidney and ureter.
- ⇒ Drawing pain , aching.
- ⇒ Child crying before urination.
- ⇒ Character of urine :- red sand urine , urine is dark, red or albuminous strangury , scanty urine during day and copious and frequent in night
- ⇒ Concomitant :- severe backache which is relief after urination

❖ Constitution

- ⇒ Intellectually keen but physically weak, upper part of body emaciated lower part semidropsical chilly patient , all three miasm cover , lithic and uric acid diathesis.

❖ Physical Generals

- ⇒ Deep seated progressive chronic disease, affects rt. side pain goes from Rt. to Lt , canine hunger the more he eats more he craves , headache if he does not eat , waking at night feeling hungry, baby cries all day sleep all night

❖ Mental Generals

- ⇒ Irritable, peevish , ugly, easily anger , weeps all day cannot calm herself , very sensitive; even cries when thanked , fear of being alone , melancholy

❖ Other Guiding Symptoms

- ⇒ Canine hunger but a few mouth full's fills up to the throat , red sand in urine , child cries before urination , pain goes from Rt. to Lt side.

❖ Modalities

- ⇒ Aggravation
 - 4-8 pm
 - From heat warm air except throat and stomach.
- ⇒ Amelioration
 - Warm food and drink
 - From uncovering the head and losing the garments.
 - Open air

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4. Medorrhinum

❖ A/F

- ⇒ suppress gonorrhoea

❖ Indicating Symptoms

- ⇒ In renal colic intense pain in ureter with sensation of passing renal stone.
- ⇒ When urinating there is painful tenesmus in bladder .
- ⇒ Character of urine: - High coloured with yellow ammonia.
- ⇒ Nocturnal enuresis.
- ⇒ Passes large quantity of urine every night.

❖ **Constitution**

- ⇒ Maltreated and suppress gonorrhoea .
- ⇒ Temperament ; weeping disposition.
- ⇒ Hot patients
- ⇒ Sycosis
- ⇒ Rheumatic and gouty diathesis.

❖ **Physical Generals**

- ⇒ Trembling all over .
- ⇒ State of collapse.
- ⇒ Insatiate craving .
- ⇒ Revenues hunger immediately after eating.

❖ **Mental Generals**

- ⇒ Weakness of memory , cannot speak without weeping , constantly the threat of conversation , cannot spell correctly , time passes to slowly.

❖ **Other Guiding Symptoms**

- ⇒ Burning if hands and feet .
- ⇒ Sensation of tightness all over body .
- ⇒ Soreness all over body especially gland .
- ⇒ Trembling all over body.

❖ **Modalities**

- ⇒ Aggravation
 - From sunrise to sunset.
 - Least movement and sweat.
- ⇒ Amelioration
 - Seashore

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33. Vascular Headache

1. Sanguinaria

❖ A/F

- ⇒ Sun headache.
- ⇒ Headache of climacteric age.

❖ Indicating Symptoms

- ⇒ Headache in occiput spread upwards & settles over Rt. eye.
- ⇒ Sensation as if head would burst.
- ⇒ Periodic headache increased during day and last until evening.
- ⇒ Vertigo terrible when moving head rapidly.
- ⇒ Sensation of heaviness.
- ⇒ Periodical sick headache.

❖ Constitution

- ⇒ physical make up: adapted to anaemic, debilitated, pale, light hair.
- ⇒ Temperament: Nervous
- ⇒ Thermal: Chilly
- ⇒ Miasm: Psora.
- ⇒ Diathesis: Rheumatic

❖ Physical Generals

- ⇒ Circumscribed red cheeks in afternoon.
- ⇒ Rheumatic pain in Rt. arm & shoulder, can't raise hand.
- ⇒ Asthma after " rose cold ".

❖ Mental Generals

- ⇒ Afraid of pointed thing.
- ⇒ Restless, anxiety.
- ⇒ Suicidal mood.
- ⇒ Easily offended

❖ Other Guiding Symptoms

- ⇒ NA

❖ Modalities

- ⇒ Aggravation
 - Looking down
 - Walking
 - Standing
 - Periodically
- ⇒ Amelioration
 - Lying on Rt. side with head high.

2. Spigellia

❖ A/F

- ⇒ Tobacco smoking
- ⇒ Eye strain
- ❖ **Indicating Symptoms**
 - ⇒ Sensation as if tight band around head
 - ⇒ Pain as if head about to burst when coughing & speaking loud
 - ⇒ Vertigo to such extent as fall down when walking
 - ⇒ Neuralgic pain flying from one part to another part
 - ⇒ Giddiness when looking downwards
 - ⇒ Periodically
- ❖ **Constitution**
 - ⇒ Physical makeup : redness of cheeks
 - ⇒ Thermal: Chilly
 - ⇒ Miasm: Psora
 - ⇒ Diathesis: tubercular
- ❖ **Physical Generals**
 - ⇒ Body sensitive to touch, part touched feels chilly
 - ⇒ Intolerable pressive pain in eyeballs
 - ⇒ Palpitation violent, visible and audible
 - ⇒ Complain develops from morning until sunset
- ❖ **Mental Generals**
 - ⇒ Irritable and morose.
 - ⇒ Grumbling
 - ⇒ Indisposed to move.
 - ⇒ Lassitude
- ❖ **Other Guiding Symptoms**
 - ⇒ Covered in above points.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Periodically
 - Motion
 - Jar
 - Looking up
 - ⇒ Amelioration
 - Sleep
 - Lying on back
 - Vomiting
 - Cool air
 - Passing flatus

3. Silicea

- ❖ **A/F**
 - ⇒ Ill effects of vaccination.
 - ⇒ Mal nutrition

⇒ Loss of vital fluids.

❖ **Indicating Symptoms**

- ⇒ Periodical headache with ascending occipital pain.
- ⇒ Vertigo ascend from dorsal region.
- ⇒ Sensation as if lump on scalp.
- ⇒ Moist crusty eruption on scalps.
- ⇒ Headache while fasting.
- ⇒ Chronic headache since some severe disease.
- ⇒ Headache ameliorates with profuse urination.

❖ **Constitution**

- ⇒ Physical make up: Pale face with lean and thin body.
- ⇒ Temperament: Irritable.
- ⇒ Thermal: chilly
- ⇒ Miasm: all three
- ⇒ Diathesis: scrofulous

❖ **Physical Generals**

- ⇒ Scrofulous, rachitic children with large head.
- ⇒ Open fontanelles and sutures.
- ⇒ Constipation always before and during menses.
- ⇒ Sweats of hand, feet and axillae offensive .

❖ **Mental Generals**

- ⇒ Fix idea thinks only of pins.
- ⇒ Anxiety, yielding, faint hearted .
- ⇒ Mental labour very difficult , reading and writing fatigue.
- ⇒ Can't bear to think.

❖ **Other Guiding Symptoms**

- ⇒ Covered in above points.

❖ **Modalities**

- ⇒ Aggravation
 - Uncovering
 - Lying down
- ⇒ Amelioration
 - Warmth

4. **Nat Sulph**

❖ **A/F**

- ⇒ Living in damp houses, basement ,cellars.
- ⇒ Eat plants growing near water.
- ⇒ Suppressed gonorrhoea.
- ⇒ Injuries to head.

❖ **Indicating Symptoms**

- ⇒ Occipital pain, piercing stitches in ears.
- ⇒ Vertigo relived by sweats on head.
- ⇒ Boring in right temple, preceded by burning in stomach.
- ⇒ Crushing or gnawing in occiput.

- ⇒ Salivation with headache.
- ⇒ Hot feeling on top of head.

❖ **Constitution**

- ⇒ Physical make up: hydrogenoid constitution complaints develop due to living in damp houses.
- ⇒ Temperament: Bilious
- ⇒ Thermal: chilly
- ⇒ Miasm: Sycosis

❖ **Physical Generals**

- ⇒ Desire for ice & cold water.
- ⇒ Thirsty only at fever persist.
- ⇒ Jaundice after anger.
- ⇒ Tip of tongue feels burnt.
- ⇒ Piercing pain between scapulae.

❖ **Mental Generals**

- ⇒ Suspicious
- ⇒ Mental trouble arising from injury to head.
- ⇒ Intermittent attacks of mania.
- ⇒ Suicidal impulses.
- ⇒ Cheerful after stools.
- ⇒ Doesn't want to speak.

❖ **Other Guiding Symptoms**

- ⇒ Covered in above points.

❖ **Modalities**

- ⇒ Aggravation
 - Noise
 - Stooping
 - Menses
 - Light
- ⇒ Amelioration
 - Dark room
 - Vomiting

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34. Jaundice

1. Myrica

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ In Jaundice dull pain in region of liver with fullness, drowsiness, debility and clay coloured stool.
- ⇒ Yellow colour of face and neck; fullness with heat and throbbing, especially after being out in open air.
- ⇒ Thick, yellowish, dark, dry and crusty coating on tongue.
- ⇒ Eyes congested and yellow, feel dull and heavy; also on awaking.
- ⇒ Yellow jaundice appearance of skin; with itching as from flea-bite.
- ⇒ Urine beer-coloured, with yellowish froth; pinkish brown sediment, scanty.

❖ Constitution

- ⇒ Dirty, dingy, yellowish white of eye, lids abnormally red.
- ⇒ Great despondency; dejected, irritable.
- ⇒ Yellowish colour of face and neck.

❖ Physical Generals

- ⇒ Dull, heavy aching in temples and forehead on walking in the morning.
- ⇒ Tenacious, thick, nauseous secretion in mouth. Tender, spongy and bleeding gums.
- ⇒ Staggering gait.
- ⇒ Pain under shoulder blade and back of the neck, in all muscle.

❖ Mental Generals

- ⇒ Great despondency; dejected; irritable.
- ⇒ Cannot concentrate mind on any subject.
- ⇒ Dull and drowsy state.

❖ Other Guiding Symptoms

- ⇒ Abundant secretion of tenacious mucus in throat, difficult to detach.
- ⇒ Pain in left side of nose, shifting to left axilla where it was sharp and lancinating.
- ⇒ Pain in nape at 2 p.m.; in neck at 7 a.m.
- ⇒ Pain under scapulae; under lt. Scapula at 11 p.m.; under lt. scapula and arm, extending to the end of little finger.

❖ Modalities

- ⇒ Aggravation
 - After sleep
 - Warmth of bed
 - In morning

- ⇒ Amelioration
 - Open air
 - After breakfast

2. Cardus Marinus

❖ A/F

- ⇒ Abuse of alcoholic beverages, especially beer.

❖ Indicating Symptoms

- ⇒ Pain in liver most marked when lying on left side.
- ⇒ Jaundice with bitter taste in mouth and white tongue especially at middle.
- ⇒ Liver engorged especially left lobe, laterally swollen in transverse direction, painful to pressure.
- ⇒ Liver disease affects lungs causing vomiting of blood from lung.
- ⇒ Hyperaemia of liver with jaundice. pain in the region of liver, left. lobe very sensitive.

❖ Constitution

- ⇒ Liver affection associated with lung affection.
- ⇒ Disease of miner associated with difficult breathing.
- ⇒ Primarily liver and spleen remedy with haemorrhagic diathesis due to affection of those organ which give relief.

❖ Physical Generals

- ⇒ Main action of this drug is on liver and portal system causing soreness, pain and jaundice.
- ⇒ Abuse of alcoholic beverages especially beer. Varicose veins and ulcers.
- ⇒ Jaundice and dull frontal headache, bitter taste in mouth and white tongue with red tip and edges.

❖ Mental Generals

- ⇒ Forgets what he has just intended to do.
- ⇒ Hypochondriac.
- ⇒ Despondent

❖ Other Guiding Symptoms

- ⇒ Abuse of alcoholic beverages, especially beer. Varicose veins and ulcers.
- ⇒ Dropsical condition depending on liver disease, and due to pelvic congestion and hepatic disease.
- ⇒ Vertigo with tendency to fall forward, better nosebleed.
- ⇒ Disturb sugar metabolism.

❖ Modalities

- ⇒ Aggravation
 - Beer
 - Lying on left side
 - Eating

- Touch
 - Motion
 - Cellar
 - Stooping
- ⇒ Amelioration
- Nosebleed
 - Sitting up in bed
 - Dry weather
 - Open air

3. Chelidonium

❖ A/F

- ⇒ Due to change of weather.
- ⇒ 2. After dinner.

❖ Indicating Symptoms

- ⇒ Liver is sluggish, there is soreness and stitching pain in liver region.
- ⇒ Pain is under the angle of right shoulder blade, which may extend on the chest, stomach or hypochondrium.
- ⇒ Yellow-gray colour of the whole skin.
- ⇒ Sluggishness of the liver with great fermentation and accumulation of gas in abdomen.
- ⇒ Swelling of liver with chilliness; fever during jaundice.
- ⇒ The tongue is large and flabby with yellowish coating showing imprint of teeth.

❖ Constitution

- ⇒ miasmatic background: psora
- ⇒ 2. Temperament: irritable
- ⇒ 3. Diathesis: tubercular and rheumatic.
- ⇒ 4. Thermally: neither hot nor chilly.
- ⇒ 5. Best suited to people of light complexion, who are thin irritable, blond and spare.

❖ Physical Generals

- ⇒ Act prominently on right side of body.
- ⇒ Due to inflammation, congestion, enlargement and hepatisation of organ like lung and liver occurs.
- ⇒ Numbness in region of liver and whole of right side.

❖ Mental Generals

- ⇒ Low spirited, despondent with an inclination to weep.
- ⇒ Aversion to mental exertion and conversation.
- ⇒ Great absence of mind forgets everything.
- ⇒ Fear of becoming crazy.

❖ Other Guiding Symptoms

- ⇒ Yellow-gray or dirty yellow colour of skin, face, nose and cheeks.
- ⇒ Anxiety, as if she has committed crime.
- ⇒ Coldness: tips of fingers cold. Icy cold of neck and occiput, cold feet. Sensation of coldness in stomach. Icy cold in right foot.
- ⇒ Prominently right side affection. e.g. right lung, right kidney, right eye..

❖ Modalities

- ⇒ Aggravation
 - 4 am and 4 pm
 - Touch
 - Motion
 - Change of weather
 - Hot application.
- ⇒ Amelioration
 - Pressure
 - Rest
 - After hot food
 - Bending forward.

4. Lycopodium

❖ A/F

- ⇒ Mortification, anger, vexation, fright, tobacco chewing and smoking, liquor, wine, onions.

❖ Indicating Symptoms

- ⇒ The region of liver is very sensitive to touch, and there is feeling of tension in it.
- ⇒ Feeling as if a cord were tied about the waist.
- ⇒ The pains are dull and aching instead of sharp and lancinating.
- ⇒ Recurrent bilious attacks with vomiting of bile.
- ⇒ Fullness in the stomach after eating a small quantity.
- ⇒ There are no real icteric symptoms but there is a peculiar sallow complexion.
- ⇒ All symptoms worse in the evening from 4 to 8 pm.

❖ Constitution

- ⇒ Miasm: Psora, syphilis and sycosis
- ⇒ Temperament: Nervous and irritable
- ⇒ Diathesis: Uric acid and lithic
- ⇒ Thermal Relationship: Chilly patients
- ⇒ Is adapted to both old people and children who are intellectually keen, but muscularly weak; persons whose upper part of the body and neck are emaciated, and the lower part is semi-dropsical.

❖ Physical Generals

- ⇒ Emaciation: Process of emaciation is from above downwards. First upper part of the body emaciates, then lower parts; lower part semi-dropsical.
- ⇒ Flatulence: Constant fermentation of gases in the abdomen. Excessive accumulation of gases, rumbling in the abdomen, especially in lower abdomen.
- ⇒ Dryness: Great dryness of the skin, palms, mucous membranes.
- ⇒ Right-sidedness: It is a right sided remedy, affects the right side; symptoms go from right to left.

❖ Mental Generals

- ⇒ Fear of being alone, afraid that something will happen; lest he will forget something.
- ⇒ Wakes up in the morning with sadness. Cries when thanked.
- ⇒ Dread of appearing in public. Dread of men, wants to be alone; dread of solitude, with irritability and melancholy.
- ⇒ Weak memory. Inability to express oneself correctly. Writes or spells wrong words, confused speech.
- ⇒ Tired state of mind. Loss of self-confidence, timidity.
- ⇒ Very miserly, greedy, voracious, malicious and very sensitive.

❖ Other Guiding Symptoms

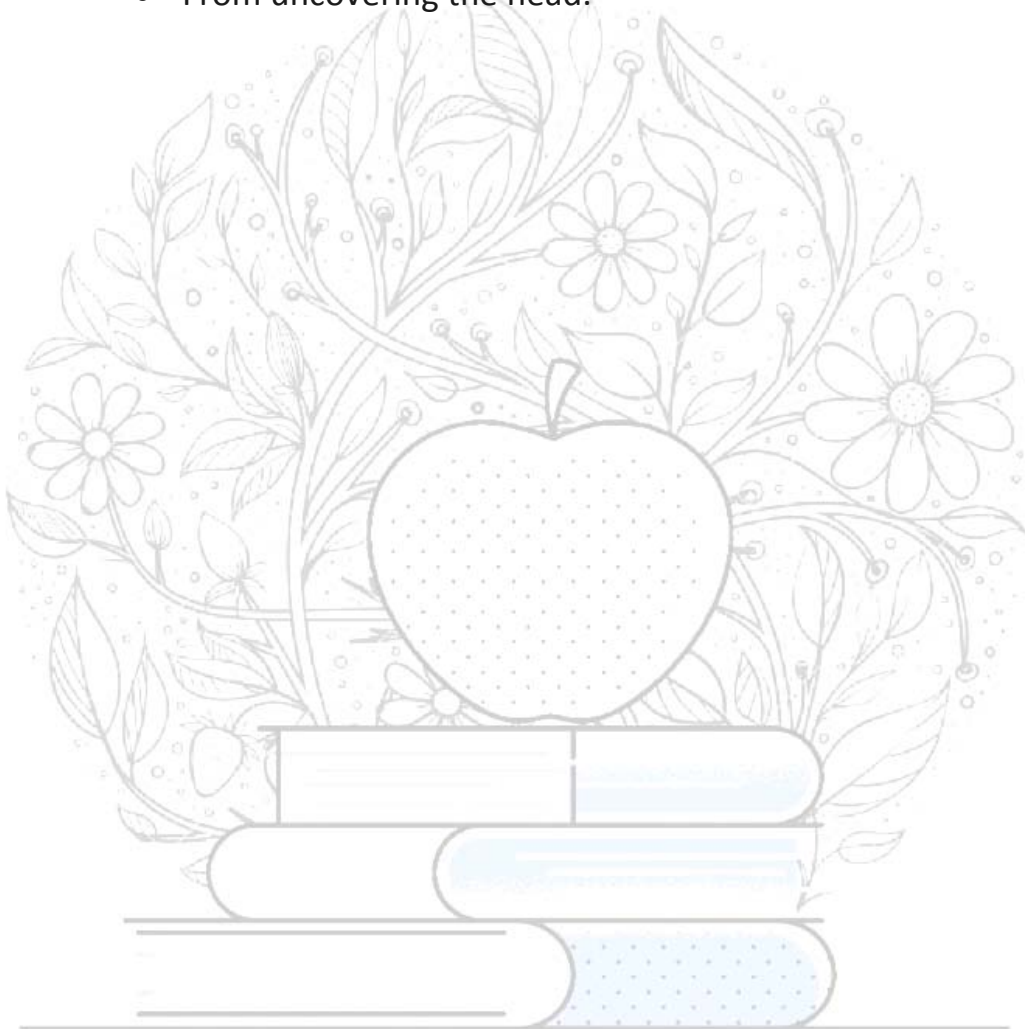
- ⇒ Flatulence: Constant fermentation of gases in the abdomen.
- ⇒ Excessive accumulation of gases, rumbling in the abdomen, especially in lower abdomen. Fullness, not relieved by belching and flatus.
- ⇒ Right-sidedness: It is a right sided remedy, affects the right side; symptoms go from right to left.
- ⇒ Red sand in urine: It is a peculiar symptom of Lycopodium. Red sand-like particles are found in the urine; child cries before urinating.
- ⇒ Time aggravation: All symptoms are aggravated in the afternoon from 4 to 8 pm. This is a very peculiar symptom of Lycopodium.
- ⇒ Sourness: Everything tastes sour. Sourness of all discharges, eructations, heartburn, water brash. Sour vomiting.
- ⇒ Constipation: Constipation is seen since puberty, since last confinement and when the patient is away from home.

❖ Modalities

- ⇒ Aggravation
 - 4 to 8 pm
 - Cold drinks
 - Lying on the right side.
 - Bread
 - From heat
 - Warm air
 - On awaking
 - Eating ever so little.

⇒ Amelioration

- Loosening the clothing
- Damp weather
- Passing urine
- Warm drinks and food
- Open air
- From uncovering the head.



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HNSHMC STUDENTS

35. Peptic Ulcers

1. Anacardium

❖ A/F

- ⇒ Bad effect of mental excitement.
- ⇒ Excessive utilisation of brain for purposeless thoughts.

❖ Indicating Symptoms

- ⇒ Weak digestion.
- ⇒ Breathe stops when eating or drinking.
- ⇒ Gastric pain ameliorated by eating but aggravates again after 2-3hours.
- ⇒ Loss of appetite alternate with violent hunger.
- ⇒ Swallows food and drink hastily; symptoms disappear while eating.
- ⇒ Sensation of fasting “all gone,” comes on only when stomach is empty.

❖ Constitution

- ⇒ Pale face with blue rings around the eye
- ⇒ Highly irritable

❖ Physical Generals

- ⇒ Great desire for stool, but with the effort the desire passes away without evacuation; rectum seems powerless, paralyzed, with sensation as if plugged up.
- ⇒ Gastric and nervous headaches of sedentary persons.
- ⇒ Weakness of all the senses.
- ⇒ Swallows food and drink hastily; symptoms disappear while eating.

❖ Mental Generals

- ⇒ Sudden loss of memory; everything seems to be in a dream; patient is greatly troubled about his forgetfulness; confused, unfit for business.
- ⇒ Disposed to be malicious, seems bent on wickedness.
- ⇒ Irresistible desire to curse and swear .
- ⇒ Lack of confidence in himself and others.
- ⇒ Feels as though he had two wills, one commanding him to do what the other forbids.

❖ Other Guiding Symptoms

- ⇒ Sudden loss of memory; everything seems to be in a dream; patient is greatly troubled about his forgetfulness; confused, unfit for business.
- ⇒ Sensation: As of a hoop or band around a part or as of a dull, blunt instrument pressing; as of a plug in inner parts.
- ⇒ Strange temper, laughs at serious matters and is serious over laughable things. Thinks herself a demon; curses and swears.
- ⇒ Lack of confidence in himself and others.

❖ Modalities

- ⇒ Aggravation

- During motion
- ⇒ Amelioration
 - From eating

2. Nux Vomica

❖ A/F

- ⇒ High living
- ⇒ Coffee
- ⇒ Tobacco, alcohol

❖ Indicating Symptoms

- ⇒ Eructations: Sour, bitter; nausea and vomiting every morning with depression of spirits; after eating.
- ⇒ Nausea: Constant; after eating; in morning; from smoking; and feels "If I could only vomit I would be so much better."
- ⇒ Stomach: Pressure an hour or two after eating as from a stone.
- ⇒ Violent retching < hawking.
- ⇒ Food lies like a heavy knot in stomach.

❖ Gastralgia; pain go into back and chest; >vomiting and hot drinks < from food

Constitution

- ⇒ Dark hair and dark complexion.
- ⇒ Chilly patient.
- ⇒ Irritable and impatient.

❖ Physical Generals

- ⇒ Pains are tingling, sticking, hard, aching, worse from motion and contact.
- ⇒ Tendency to faint from odours; in morning; after eating; after every labor pain.
- ⇒ Cannot keep from falling asleep in the evening while sitting or reading hours before bedtime, and awakes at 3 or 4 a.m.; falls into a dreamy sleep at daybreak from which he is hard to arouse, and then feels tired and weak .
- ⇒ Oversensitive: To external impressions; to noise, odours.

❖ Mental Generals

- ⇒ Persons who are very particular, careful, but inclined to become easily excited or angered; irascible and tenacious.

❖ Other Guiding Symptoms

- ⇒ Oversensitive: To external impressions; to noise, odours, light .
- ⇒ Pains are tingling, sticking, hard, aching, worse from motion and contact.
- ⇒ Pains are tingling, sticking, hard, aching, worse from motion and contact.
- ⇒ Eructations: Sour, bitter; nausea and vomiting every morning with depression of spirits; after eating.

❖ Modalities

- ⇒ Aggravation

- Morning
- Waking at 4 a.m. mental exertion
- After eating or over-eating
- Touch, noise, anger
- Spices
- Narcotics
- Dry weather
- In cold air
- ⇒ Amelioration
 - In evening
 - While at rest.

3. Kali bich

❖ A/F

- ⇒ Alcohol
- ⇒ Beer

❖ Indicating Symptoms

- ⇒ Ulcers with dark dots; deep, perforating, round, punched out with over hanging edges or thick crusts.
- ⇒ Bad effects of beer; loss of appetite; weight in pit of stomach
- ⇒ Flatulence; < soon after eating vomiting of ropy mucus and blood; round ulcer of stomach
- ⇒ Vomiting more than he drinks, of bright yellow water.
- ⇒ Round ulcers around the stomach.
- ⇒ Gastric symptoms > by eating.
- ⇒ Nausea with burning and eructations

❖ Constitution

- ⇒ Dark skin and hair.
- ⇒ Chilly patient.
- ⇒ Lax fibres with inclination to obesity.

❖ Physical Generals

- ⇒ Affections of the mucous membranes—eyes, nose, mouth, throat, bronchi; gastro-intestinal and genito-urinary tracts—discharge of a tough, stringy mucus which adheres to the parts and can be drawn into the long strings .
- ⇒ Complaints occurring in hot weather.
- ⇒ Liability to take cold in open air.
- ⇒ Rheumatism alternating with gastric symptoms, one appearing in the fall and the other in the spring; rheumatism and dysentery alternate .

❖ Mental Generals

- ⇒ Great aversion to being alone.

⇒ Alternating mode with irritability.

⇒ Hypersensitivity pain.

❖ **Other Guiding Symptoms**

⇒ Gastric complaints: Bad effects of beer; loss of appetite; weight in pit of stomach;

⇒ Discharge of a tough, stringy mucus which adheres to the parts and can be drawn into the long strings.

⇒ Complaints occurring in hot weather.

⇒ Liability to take cold in open air.

❖ **Modalities**

⇒ Aggravation

- Heat of summer
- Hot weather.

⇒ Amelioration

- Skin symptoms are better in cold weather.

4. Nat Sulph

❖ **A/F**

⇒ long lasting anxiety

⇒ Mercury poisoning

❖ **Indicating Symptoms**

⇒ Desire for ice and icy cold water.

⇒ Green bilious vomiting.

⇒ Acid dyspepsia with heartburn & flatulence.

⇒ Flatulence; incarcerated; painful; pushes here and there; right abdomen.

⇒ Diarrhoea: Great straining but little passes, as if faeces remained and cannot be expelled ; pain as if rectum or anus were torn or fissured violent cutting pains after stool, lasting for hours.

❖ **Constitution**

⇒ Especially suited to thin persons of rigid fibre, dark complexions, black hair and eyes—the brunette rather than the blonde—nervous temperament.

⇒ Persons suffering with chronic diseases who take cold easily; are easily disposed to diarrhoea.

⇒ Old people with great weakness and diarrhoea.

❖ **Physical Generals**

⇒ NA

❖ **Mental Generals**

⇒ After continued loss of sleep, long-lasting anxiety, over-exertion of mind and body from nursing the sick (Cocc.); anguish from the loss of his dearest friend; indifference; tired of life; sadness before menses.

- ⇒ Great anxiety about his disease; constantly thinking about his past troubles; morbid fear of cholera depressed and anxious in the evening.
- ⇒ Irritable, headstrong; hateful and vindictive; inveterate, ill-willed, unmoved by apologies.

❖ **Other Guiding Symptoms**

- ⇒ Excessive physical irritability.
- ⇒ Pains: Sticking, pricking as from splinters; suddenly appearing and disappearing; on change of temperature or weather; during sleep gnawing here and there as from ulcers forming.
- ⇒ Discharges: Thin, offensive, acrid; of a brown or dirty yellowish-green colour, rarely laudable pus.
- ⇒ Cracking: In ears, on masticating; of the joints, on motion
- ⇒ Urine: Scanty, dark-brown, strong-smelling, “like horse’s urine”; cold when it passes; turbid, looks like remains of a cider barrel.

❖ **Modalities**

- ⇒ Aggravation
 - Evening and at night
 - After midnight
 - Contact
 - Change of temperature of weather.
 - During sweat
 - On walking
 - While walking
- ⇒ Amelioration
 - While riding in a carriage.

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36. Complications Of Alcoholism

1. Sulph Acid

❖ A/F

⇒ Brandy-drinking.

❖ Indicating Symptoms

⇒ Heartburns, sour eructation; sets teeth on edge.

⇒ Craving for alcohol.

⇒ Water causes coolness of stomach, must be mixed with liquors.

⇒ Coldness of stomach relieved by applied heat nausea with chilliness.

⇒ Cramps like paralytic contraction in arms, hands, jerking of fingers while writing.

⇒ Right sided neuralgia, painful shocks, skin feels pinched.

⇒ Sensation as if brain was loose in forehead and falling from side to side.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Painful of gradual and slow increasing intensity which ceases suddenly when at its height, often repeated.

⇒ Weak and exhausted from some deep seated dyscrasia, no other symptoms.

⇒ Haemorrhage of black blood from all the outlets of the body.

❖ Mental Generals

⇒ Unwilling to answer questions not from obstinacy, but inaptness.

⇒ Feels in a great hurry, everything must be done quickly.

❖ Other Guiding Symptoms

⇒ Child has a sour odour despite careful washings.

⇒ Sensation as if trembling all over, without real trembling; internal trembling of drunkards.

⇒ Aphthae; of mouth, gums, or entire buccal cavity, gums bleeds readily, ulcers painful, offensive breath.

⇒ Ecchymosis, cicatrise turn blood, red or blue, are painful.

❖ Modalities

⇒ Aggravation

- From excess of heat or cold in forenoon and evening.

⇒ Amelioration

- From warmth
- Ling on affected side.

2. Carbonium Sulphuricum

❖ **A/F**

⇒ Cold, Drunkards

❖ **Indicating Symptoms**

⇒ Very painful in patients broken down by abuse of alcohol.

⇒ Pain with wandering swellings as from flatus, Distension with soreness and rumbling.

⇒ Paralysis with intense congestion of nerve centres.

❖ **Constitution**

⇒

❖ **Physical Generals**

⇒ Headache and dizziness, Aches as from a tight cap, noises in head.

⇒ Myopia, asthenopia, and dis-chromotopia cloudiness and atrophy of optic disc and central scotoma for light and red and green not for white.

⇒ Optic neuritis advancing toward atrophy. Arteries and veins congested, Retinal congestion, everything seems to a fog.

⇒ Flying pains ,returning regularly for a long time, pain in lower limbs, with cramps and formation, neuritis.

❖ **Mental Generals**

⇒ Irritable, anxious, intolerant, stupor.

⇒ Sluggishness of mind.

⇒ Hallucinations of slight and fearing .

⇒ Changeable mood.

❖ **Other Guiding Symptoms**

⇒ Drug has a deep and disorganizing action and an immense range of action judging from the symptomatology.

⇒ 2. Paralysis with intense congestion of nerve centres.

⇒ 2. Diarrhoea every 4-6 weeks .

⇒ 3. Lack of vital heat.

⇒ 4. Chronic Rheumatism, sensitive and cold.

❖ **Modalities**

⇒ Aggravation

- Open air

⇒ Amelioration

- After breakfast
- Bathing
- Sensitive to warm
- Damp weather

37. Myocardial Infraction

1. Cactus G

❖ A/F

⇒ Damp weather, sun, disappointment of love, rheumatism.

❖ Indicating Symptoms

⇒ Heart feels as if clasped and unclasped with an iron band and there is no room to beat.

⇒ Endocarditis with mitral insufficiency together with violent and rapid action

⇒ Constriction; very acute pains and stitches in heart; pulse feeble, irregular, quick, without strength

⇒ Pain in apex, shooting down left arm ➤ Endocardial murmurs, excessive impulse, increased precordial dullness enlarged ventricle.

⇒ Acts best in the incipency of cardiac incompetence

⇒ Oppression of chest; cannot lie on left side

❖ Constitution

⇒ Physical makeup : Plethoric, full blooded person

⇒ Temperament: Sanguine

⇒ Heat And Cold : Neither hot nor chilly

⇒ Miasm: Psora in background

❖ Physical Generals

⇒ Fluttering palpitation day and night, worse when walking and lying on left side and at approach of menses

⇒ Pains everywhere, darting, springing up like a chain of lightning and pressing with sharp vive like grip, only to be renewed again.

⇒ Haemorrhage, constrictions, periodicity and spasmodic pains.

⇒ General weakness and prostration

❖ Mental Generals

⇒ Melancholy

⇒ Taciturn

⇒ Sad

⇒ Fear of death

⇒ Ill-humoured

⇒ Believes that disease is incurable

❖ Other Guiding Symptoms

⇒ Sensation as if whole body is caged and each wire is twisted tighter and tighter

⇒ Palpitation with vertigo, dyspnoea, flatulence

⇒ Low blood pressure

⇒ Constriction in chest, as if bound, hindering respiration.

❖ Modalities

- ⇒ Aggravation
 - Lying on left side
 - Walking
 - 11 a.m. to 11 p.m.
 - Going upstairs
- ⇒ Amelioration
 - Open Air

2. Crataegus

❖ A/F

- ⇒ NA

❖ Indicating Symptoms

- ⇒ Extreme dyspnoea on least exertion, without much increase of pulse.
- ⇒ Heart dilated; first sound weak
- ⇒ Pulse accelerated, irregular, feeble, intermittent.
- ⇒ Pain in region of heart and under left clavicle.
- ⇒ Weak; with oppression, stitches and insomnia.
- ⇒ Incompetent valves.
- ⇒ Cardiac dystrophy.

❖ Constitution

- ⇒

❖ Physical Generals

- ⇒ Patient is weak and exhausted, sometimes suddenly becomes weak.
- ⇒ Very nervous with pain in back of head and neck.
- ⇒ Dyspepsia and nervous prostration, with heart failure..
- ⇒ General anasarca.
- ⇒ Collapse from typhoid.
- ⇒ Dropsy

❖ Mental Generals

- ⇒ Irritability
- ⇒ Crossness and Melancholy
- ⇒ Despairing

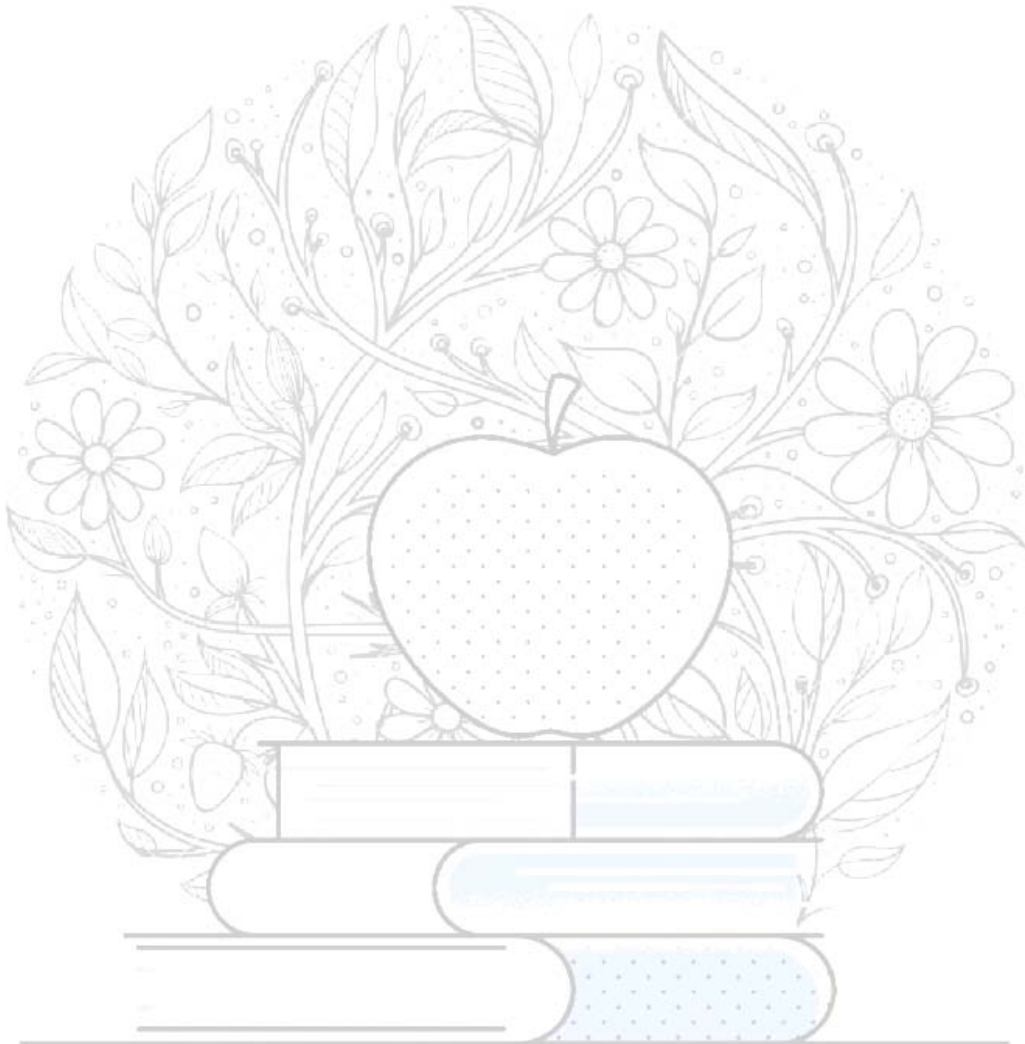
❖ Other Guiding Symptoms

- ⇒ Cold extremities, pallor; irregular pulse and breathing
- ⇒ Chronic heart disease, with extreme weakness.
- ⇒ Coetaneous chilliness, blueness of fingers and toes; all aggravated by exertion or excitement
- ⇒ Sustains heart in infectious diseases
- ⇒ Angina pectoris

❖ Modalities

- ⇒ Aggravation

- In warm room
- ⇒ Amelioration
- Fresh air
 - Quite and rest



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38. Complications Of Malaria

1. Ars Alb

❖ A/F

- ⇒ Bad effect of decayed food or animal matter , whether by inoculation, olfaction or ingestion .
- ⇒ Ars should be thought of in ailments from alcoholism, ptomaine poisoning, stings, dissecting wounds, chewing tobacco .

❖ Indicating Symptoms

- ⇒ Debility, exhaustion, and restlessness, with nightly aggravation, are most important.
Great exhaustion after the slightest exertion.
- ⇒ Delirium tremens; cursing and raving; vicious. Head is in constant motion.
- ⇒ Unable to lie down; fears suffocation.
- ⇒ A dry, burning sensation felt all over the body during the heat stage
- ⇒ A sensation as if hot water is running through the blood vessels
- ⇒ Fever episodes that always occur at midnight and in the afternoon
- ⇒ Burning in chest , Suffocative catarrh.

❖ Constitution

- ⇒ For exhausted, nervous , mentally restless persons , rapid sinking of vital force .

❖ Physical Generals

- ⇒ Mentally restless, but physically too weak to move; cannot rest in any place: changing places continually; wants to be moved from one bed to another, and lies now here now there.
- ⇒ Burning pains; the affected parts burn like fire, as if hot coals were applied to parts (Antr.), > by heat, hot drinks, hot applications.
- ⇒ Burning thirst without special desire to drink; the stomach does not seem to tolerate, because it cannot assimilate cold water; lies like a stone in the stomach, It is wanted, but he cannot or dare not drink it.
- ⇒ Great thirst for cold water; drinks often, but little at a time; eats seldom, but much.
- ⇒ Rapid emaciation: with cold sweat and great debility (Tub., Ver.); of affected parts;

❖ Mental Generals

- ⇒ Depressing, melancholic, despairing, indifferent.
- ⇒ Anxious, fearful, restless, full of anguish.
- ⇒ Irritable, sensitive, peevish, easily vexed.

⇒ The greater the suffering, the greater the anguish, restlessness and fear of death.

❖ Other Guiding Symptoms

⇒ Symptoms generally worse 1-2 p. m., 12-2 a. m.

⇒ Skin: dry and scaly; cold, blue and wrinkled; with cold, clammy perspiration; like parchment; white and pasty; black vesicles and burning pain.

❖ Modalities

⇒ Aggravation

- After midnight (1 to 2 a. m. or p. m.)
- From cold; cold drinks or food
- When lying on affected side or with the head low.
- Mid day midnight aggravation marked .

⇒ Amelioration

- From heat in general (reverse of Sec.) except headache, which is temporarily > by cold bathing (Spig.); burning pain > by heat.

2. China

❖ A/F

⇒ Loss of vital fluids, especially haemorrhages, excessive lactation, diarrhoea, suppuration (Chin. s.); of malarial origin, with marked periodicity; return every other day.

⇒ After climacteric with profuse haemorrhages; acute diseases often result in dropsy.

❖ Indicating Symptoms

⇒ Pains: drawing or tearing; in every joint, all the bones.

⇒ Periosteum, as if strained, sore all over; obliged to move limbs frequently, as motion gives relief; renewed by contact, and then gradually increase to a great height.

⇒ Face pale, hippocratic; eyes sunken and surrounded by blue margins; pale.

⇒ Colic: at a certain hour each day; periodical, from gall-stones, worse at night and after eating; better bending double.

⇒ Extreme thirst and hung before the onset of symptoms

⇒ Debilitating night-sweats. Free perspiration caused by every little exertion, especially on single parts

❖ Constitution

⇒ For stout, swarthy persons; for systems, once robust, which have become debilitated, "broken down" from exhausting discharges (Carbo v.).

❖ Physical Generals

- ⇒ Haemorrhages: of mouth, nose, bowels or uterus; long continued; longing for sour things.
- ⇒ Debility from exhausting discharges, from loss of vital fluids, together with a nervous erethism, calls for this remedy.
- ⇒ Periodicity is most marked, Sensitive to draughts.
- ❖ **Mental Generals**
 - ⇒ Apathetic, indifferent, disobedient, taciturn, despondent. Ideas crowd in mind; prevent sleep, Disposition to hurt other people's feelings, Sudden crying and tossing about.
- ❖ **Other Guiding Symptoms**
 - ⇒ Suffocative attacks, syncope; anaemia and dropsy.
 - ⇒ Averse to exercise; sensitive to touch. Weariness of joints; worse, mornings and when sitting.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Slightest touch.
 - Draught of air; every other day; loss of vital fluids
 - At night
 - After eating
 - Bending over. Better, bending double; hard pressure
 - Open air; warmth.
 - ⇒ Amelioration
 - From heat in general except Headache

3. Cedron

- ❖ **A/F**
 - ⇒ The effect of snake bite and stings of insects.
 - ⇒ Malarial affections of damp, warm, marshy countries.
- ❖ **Indicating Symptoms**
 - ⇒ Neuralgias occurring at EXACT PERIODICITY is the most marked feature of this remedy.
 - ⇒ Crazy feeling from pain across forehead.
 - ⇒ Whole body feels numb, during headache.
 - ⇒ Stammers after motion.
 - ⇒ Head feels as if swollen.
 - ⇒ Chilliness towards evening; then frontal headache extending into parietal region.
 - ⇒ Red eyes.
 - ⇒ Heat, with itching of eyes, tearing in limbs, numbness of limbs.
- ❖ **Constitution**

⇒ Adapted to persons of a voluptuous disposition, excitable, nervous temperament.

❖ **Physical Generals**

⇒ NA

❖ **Mental Generals**

⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

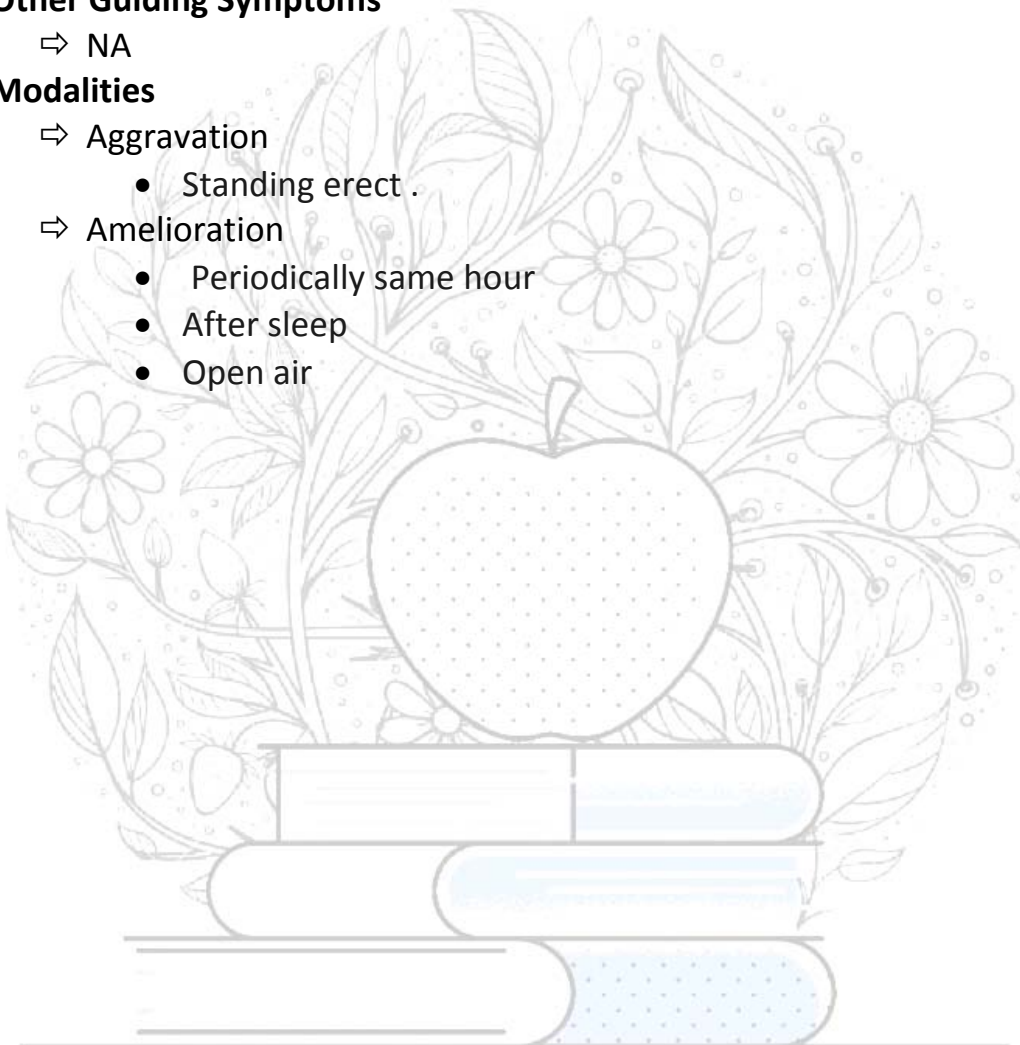
❖ **Modalities**

⇒ Aggravation

- Standing erect .

⇒ Amelioration

- Periodically same hour
- After sleep
- Open air



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39. Acute Lobar Pneumonia

1. Bryonia

❖ A/F

- ⇒ Complaints: when warm weather sets in, after cold days; from cold drinks or ice in hot weather; after taking cold or getting hot in summer; from chilling when overheated; kicks the covers off; from exposure to draft, cold wind (Acon., Hep.)
- ⇒ Suppressed discharges; of menses, milk or eruption of acute exanthema.

❖ Indicating Symptoms

- ⇒ Cough dry, at night, with vomiting, must sit up,
- ⇒ if head would fly to pieces; < after eating, drinking, entering a warm room, deep inspiration.
- ⇒ Soreness in larynx and trachea. Hoarseness; worse in open air.
- ⇒ Croupous and pleural-pneumonia.
- ⇒ Expectoration brick shade, tough, and falls like lumps of jelly.
- ⇒ Tough mucus in trachea, loosened only with much hawking.
- ⇒ .

❖ Constitution

- ⇒ Best adapted to persons of gouty or rheumatic diathesis.
- ⇒ Prone to so-called bilious attacks.
- ⇒ Bryonia patients are irritable, inclined to be vehement and angry
- ⇒ Dark or black hair, dark complexion, firm muscular fibre; dry, nervous, slender people.

❖ Physical Generals

- ⇒ One of the chief characteristics of Bryonia is, aggravation from any motion, and corresponding relief from absolute rest, either mental or physical.
- ⇒ Excessive dryness of mucous membranes of entire body; lips and tongue dry, parched, cracked; stool, dry as if burnt; cough, dry, hard, racking, with scanty expectoration; urine, dark and scanty; great thirst.
- ⇒ Great thirst for large quantities at long time.

❖ Mental Generals

- ⇒ Desires things immediately which are not to be had, or which when offered are refused.
- ⇒ Children dislike to be carried, or to be raised.
- ⇒ Delirium: talks constantly about his business; desire to get out of bed and go home (Act., Hyos.).

❖ Other Guiding Symptoms

- ⇒ Symptoms generally worse 1-2 p. m., 12-2 a. m.

⇒ Skin: dry and scaly; cold, blue and wrinkled; with cold, clammy perspiration; like parchment; white and pasty; black vesicles and burning pain.

❖ Modalities

⇒ Aggravation

- Motion, exertion,
- Touch; cannot sit up,
- Gets faint or sick or both;
- Warmth, warm fold
- Suppressed discharges of any kind.

⇒ Amelioration

- Lying, especially on painful side (Puls.)
- Pressure
- Rest
- Cold, eating cold things.

2. Phosphorus

❖ A/F

⇒ Going from warm to cold air .

❖ Indicating Symptoms

⇒ Haemoptysis, vicarious, from nose, stomach, anus, urethra, in amenorrhoea.

⇒ Heaviness of chest, as if weight were lying on it.

⇒ During pregnancy; unable to drink water; sight of it causes vomiting; must close her eyes while bathing (Lys.).

⇒ Cannot talk, the larynx is so painful; is dry, raw, rough, sore.

⇒ Cough: going from warm to cold air (rev. of Bry.); < from laughing, talking, reading, drinking, eating, lying on the left side (Dros., Stan.).

⇒ Inflammation of the respiratory tract ,cough, Congestion of lungs. Burning pains, heat and oppression of chest.

⇒ Pneumonia, Sputa rusty, blood-coloured, or purulent.

❖ Constitution

⇒ Adapted to tall slender persons of sanguine temperament, fair skin, delicate eyelashes, find blond, or red hair, quick perceptions, and very sensitive nature.

⇒ Young people, who grow too rapidly, are inclined to stoop (to walk stooped, Sulph.); who are chlorotic or anaemic; old people, with morning diarrhoea.

❖ Physical Generals

⇒ Over sensitiveness of all the senses to external impressions, light, noise, odours, touch.

- ⇒ Restless, fidgety; moves continually, cannot sit or stand still a moment (restless, fidgety feet, Zinc.).
- ⇒ Burning: in spots along the spine; between the scapulae (as of a piece of ice, Lachn.); or intense heat running up the back; of palms of hands (Lach.); in chest and lungs; of every organ or tissue of the body (Ars., Sulph.).
- ⇒ Generally in diseases of nervous system. Haemorrhagic diathesis; small wounds bleed profusely (Kreos., Lach.); from every mucous outlet.
- ⇒ Great weakness and prostration; with nervous debility and trembling; of whole body; weakness and weariness from loss of vital fluids (Cinch., Phos. ac.).
- ⇒ Pain: acute, especially in the chest, < from pressure, even slight, in intercostal spaces, and lying on left side; excited by slightest chill; open air intolerable.
- ⇒ A Weak, empty, all-gone sensation in head, chest, stomach and entire abdomen.
- ❖ **Mental Generals**
 - ⇒ Apathetic; unwilling to talk; answers slowly; moves sluggishly (Phos. ac.).
 - ⇒ Weary of life, full of gloomy forebodings.
 - ⇒ Nervous, weak, desires to be magnetised.
- ❖ **Other Guiding Symptoms**
 - ⇒ Covers in above points.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Evening, before midnight (Puls., Rhus)
 - Lying on left or painful side
 - During a thunderstorm; weather changes, either hot or cold.
 - Cold air relieves the head and face symptoms but aggravates those of chest, throat and neck.
 - ⇒ Amelioration
 - In the dark
 - Lying on right side
 - From being rubbed or mesmerized;
 - From cold food, cold water, until it gets warm.

3. Sulphur

- ❖ **A/F**
 - ⇒ Never been well since chest troubles.
 - ⇒ Ill effects of falls, blows, blows, sprains, sun.
- ❖ **Indicating Symptoms**
 - ⇒ Oppression and burning sensation in chest.
 - ⇒ Difficult respiration; wants windows open.
 - ⇒ Heat, throughout chest. Red, brown spots all over chest.

- ⇒ Loose cough; worse talking, morning, greenish, purulent, sweetish expectoration.
- ⇒ Much rattling of mucus.
- ⇒ Chest feels heavy; stitches, with heart feeling too large and palpitating pleuritic exudations.
- ⇒ Flushes of heat in chest rising to head.
- ⇒ Dyspnoea in middle of night, relieved by sitting up.

❖ **Constitution**

- ⇒ Adapted to persons of a scrofulous diathesis, subject to venous congestion; especially of portal system.
- ⇒ Persons of nervous temperament, quick motioned, quick tempered, plethoric, skin excessively sensitive to atmospheric changes (Hep., Kali c., Psor.).
- ⇒ For lean, stoop-shouldered persons who walk and sit stooping; walk stooping like old men.

❖ **Physical Generals**

- ⇒ Standing is the worst position.
- ⇒ When carefully selected remedies fail to produce a favourable effect, especially in acute diseases, it frequently serves to rouse the reactive powers of the system; clears up the case (in chronic diseases, Psor.).
- ⇒ Complaints that are continually relapsing (menses, leucorrhoea, etc.); patient seems to get almost well when the disease returns again and again.
- ⇒ Hahnemannian great anti psoric .
- ⇒ To facilitate absorption of serous or inflammatory exudates in pleura and lungs.

❖ **Mental Generals**

- ⇒ Happy dreams, wakes up singing.
- ⇒ Everything looks pretty which the patient takes a fancy to; even rags seem beautiful .

❖ **Other Guiding Symptoms**

- ⇒ Covers in above points.

❖ **Modalities**

- ⇒ Aggravation
 - At rest
 - When standing
 - Warmth in bed
 - Washing, bathing
 - Changeable weather (Rhus).
- ⇒ Amelioration
 - Dry, warm weather; lying on the right side (rev. of Stan.).

4. Stannum Met

❖ A/F

⇒ Ill effects of emotions , fright, masturbation , dentition , using voice .

❖ Indicating Symptoms

⇒ Stannum is the remedy, especially the debility of chronic bronchial and pulmonary conditions, characterized by profuse muco-purulent discharges .

Pains that come and go gradually, call unmistakably for Stannum

⇒ Hoarse; mucus expelled by forcible cough. Violent, dry cough in evening until midnight.

⇒ Cough excited by laughing, singing, talking; worse lying on right side. During day, with copious green, sweetish, expectoration. Chest feels sore. Chest feels weak; can hardly talk. Influenza cough from noon to midnight with scanty expectoration.

⇒ Respiration short, oppressive; stitches in left side when breathing and lying on same side.

⇒ Great weakness in chest; < from talking, laughing, reading aloud, singing; so weak, unable to talk.

⇒ Cough: deep, hollow, shattering, strangling; concussive, in paroxysms of three coughs (of two, Merc.); dry, while in bed, in evening; empty sensation in chest.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Extreme weakness , while dressing in the morning has to sit down several times to rest .

⇒ Mouldy sweat , musty odour , after 4 am , every morning .

❖ Mental Generals

⇒ Extreme exhaustion of mind.

⇒ Sad , despondent, feels like crying all the time , crying makes her worse , faint and weak , especially when going downstairs , can go up well enough .

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- Laughing and singing, talking, using the voice
- Lying on right side
- Drinking anything warm (from cold drinks, Spong.).

⇒ Amelioration

- Coughing or expectorating relieves hoarseness
- Hard pressure (Col.).

40. Acute Rheumatic Fever

1. Arnica

❖ A/F

- ⇒ Bad effects of mechanical injury.
- ⇒ Falls
- ⇒ Blow
- ⇒ Fright
- ⇒ Anger
- ⇒ Spirituous liquor.

❖ Indicating Symptoms

- ⇒ During fever there is low muttering delirium.
- ⇒ Pt lies unconscious.
- ⇒ Pt answers everything correctly and in full but unconsciousness and delirium at once return.
- ⇒ Pt says there is nothing wrong with him.

❖ Constitution

- ⇒ Chilly patient .
- ⇒ Nervous temperament.
- ⇒ Psora in background.

❖ Physical Generals

- ⇒ Sanguine
- ⇒ Plethoric
- ⇒ Very red face
- ⇒ Disposed to cerebral congestion.

❖ Mental Generals

- ⇒ Pt remains unconscious when spoken to ,answers correctly and completely.
- ⇒ Indifferent to everything .
- ⇒ Morose
- ⇒ Quiet
- ⇒ Wants to be alone
- ⇒ Sudden fear of death with cardiac distress.

❖ Other Guiding Symptoms

- ⇒ Sore lame bruised feeling all over the body as if beaten.
- ⇒ Patient is oversensitive to pain.
- ⇒ Heat of upper part and coldness of lower part.
- ⇒ It causes and cures haemorrhage.
- ⇒ Everything on which pt sits seems too hard.

❖ Modalities

- ⇒ Aggravation

- From least touch
 - Motion
 - Rest
 - Damp cold weather
- ⇒ Amelioration
- From lying down

2. Pyrogen

❖ A/F

- ⇒ Septic conditions.
- ⇒ Septicaemia.
- ⇒ Dissecting wounds.
- ⇒ Chronic malaria.

❖ Indicating Symptoms

- ⇒ Sudden heat with rise of temperature up to 103 to 106 F.
- ⇒ Skin is dry and burning.
- ⇒ Bed feels very hard .
- ⇒ Chill begins in the back between the scapulae.
- ⇒ Severe chill.
- ⇒ Very offensive sweat but sweating does not cause a fall in temperature.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ NA

❖ Mental Generals

- ⇒ Full of anxiety and insane notions.
- ⇒ Loquacious.
- ⇒ Restless
- ⇒ Thinks he is very wealthy.
- ⇒ Cannot tell whether dreaming while awake or asleep.

❖ Other Guiding Symptoms

- ⇒ In Sapræmia or septicaemia puerperal or surgical infection.
- ⇒ All discharges are horribly offensive.
- ⇒ Pt is very much restless.
- ⇒ Puss like or sweetish taste in mouth.

❖ Modalities

- ⇒ Aggravation
 - Hearts action and cough are aggravated by motion.
- ⇒ Amelioration
 - General amelioration from motion.

3. Baptisia

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Sudden heat with rise of temperature up to 103 to 106 F.
- ⇒ Skin is dry and burning.
- ⇒ Bed feels very hard .
- ⇒ Chill begins in the back between the scapulae.
- ⇒ Severe chill.
- ⇒ Very offensive sweat but sweating does not cause a fall in temperature.

❖ Constitution

- ⇒ Lymphatic temperament
- ⇒ Chilly patient
- ⇒ Psora in the background

❖ Physical Generals

- ⇒ Patient is very weak, prostrated, and besotted face like drunkard.
- ⇒ His face is flushed, dusky , and dark red.
- ⇒ Decubitus may also be noticed.

❖ Mental Generals

- ⇒ Confused mind and perfect indifference .
- ⇒ Incapable of thinking anything with utter inability to fix his mind on any work.
- ⇒ Does not want to do any mental work.
- ⇒ Pt falls asleep while answering.

❖ Other Guiding Symptoms

- ⇒ All discharges are very offensive .
- ⇒ The parts rested upon feels sore and bruised.
- ⇒ Pt falls asleep even before he can answer the question.
- ⇒ Typhoid state is present in all diseases.

❖ Modalities

- ⇒ Aggravation
 - Humid heat
 - Fog
 - Indoors
- ⇒ Amelioration
 - Cold breeze
 - Outdoors

4. Gelsemium

❖ A/F

- ⇒ Fear
- ⇒ Fright

- ⇒ Exciting and bad news
- ⇒ Depressing emotions
- ⇒ Sun
- ⇒ Thunderstorms
- ⇒ Damp weather

❖ **Indicating Symptoms**

- ⇒ Remittent fever
- ⇒ Causation- Due to heat of sun, warmth, or cold
- ⇒ Onset - Insidious, slow and gradual
- ⇒ During fever there is dullness, dizziness, drowsiness, and trembling.
- ⇒ Tremor is the key note of this remedy .
- ⇒ Pulse slow, full, soft, compressible.
- ⇒ Dumb-ague, with much muscular soreness, great prostration, and violent headache

❖ **Constitution**

- ⇒ Nervous and hysterical temperament .
- ⇒ Psora in the background.
- ⇒ Neither hot nor chilly.

❖ **Physical Generals**

- ⇒ Tremor all over the body.

❖ **Mental Generals**

- ⇒ It is a good remedy for examination funk.
- ⇒ Great nervousness, dread of appealing in public, stage, fright ,nervous to appear in examination though studies well

❖ **Other Guiding Symptoms**

- ⇒ Tremor is the key note of this remedy.
- ⇒ Gelsemium is a great paralyser.
- ⇒ Gelsemium is a great flu remedy.
- ⇒ Thirstlessness is well marked.
- ⇒ Relief from stimulants is a general character of Gelsemium.

❖ **Modalities**

- ⇒ Aggravation
 - Heat
 - Damp weather
 - Before thunderstorm
 - Mental emotion
 - Bad news
 - Tobacco
 - Smoking
- ⇒ Amelioration
 - Profuse urination
 - Continued motion

41. Enteric Fever

1. Gelsemium

❖ A/F

⇒ Fright, anger, exciting news, sudden emotion, summer .

❖ Indicating Symptoms

⇒ Heat and sweat stages, long and exhaustin

⇒ Bilious remittent fever, with stupor, dizziness, faintness; thirstless, prostrated

⇒ Chill, without thirst, along spine; wave-like, extending upward from sacrum to occiput.

⇒ Pulse slow, full, soft, compressible

⇒ Heaviness of head; band-feeling around and occipital headache.

⇒ Headache, with muscular soreness of neck and shoulders. Headache preceded by blindness; better, profuse urination.

❖ Constitution

⇒ For children, young, specially women of a nervous hysterical temperament .

⇒ Excitable, irritable, sensitive, for the nervous affections of onanists of both sex.

❖ Physical Generals

⇒ General depression from heat of sun of summer

⇒ Weakness and trembling ; of tongue, hands, legs, of the entire body

❖ Mental Generals

⇒ Desire to be quite, to be let alone, does not wish to speak or have any one near her, even in the person be silent.

⇒ Fear of death, utter lack of courage.

⇒ The anticipation of any unusual ordeal preparing for church, theater, Or to meet an engagement, brings on diarrhea, stage fright, nervous dread of appearing in public .

⇒ Children : fear of falling grapes the crib of seize the nurse .

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- Summer
- Damp weather

- Before thunder storm.
 - Bad pr exciting news.
- ⇒ Amelioration
- NA

2. Crotalus

❖ A/F

- ⇒ Bad effect of vaccination, during zymotic disease

❖ Indicating Symptoms

- ⇒ Vomiting ; bilious, with anxiety and weak pulse ; every month of the menstruation ; cannot lie on right back or back without instantly producing dark green vomiting , black or coffee grounds, of yellow fever .
- ⇒ Intestinal hemorrhage when occurring in typical septic or zymotic disease, blood dark, fluid, non coagulate.
- ⇒ Malignant jaundice, hematic rather than hepatic .
- ⇒ Diseases caused by a previous low state of the system; low septic fever

❖ Constitution

- ⇒ Disease caused by a previous low state of the system, low septic typhoid exhausted vital force, genuine collapse.

❖ Physical Generals

- ⇒ Prostration of vital force ; pulse scarcely felt blood poisoning
- ⇒ Tongue fiery red, smooth, and polished, intensely swollen .
- ⇒ Hemorrhage diathesis, blood flows from the eye, ear, ears, nose, and every orifice of the body, bloody sweats .
- ⇒ Bad effect of the vaccination .

❖ Mental Generals

- ⇒ NA

❖ Other Guiding Symptoms

- ⇒ Covered in above points.

❖ Modalities

- ⇒ Aggravation
- NA
- ⇒ Amelioration
- NA

3. Muriatic Acid

❖ A/F

- ⇒ NA

❖ **Indicating Symptoms**

- ⇒ Typhoid or typhus ;deep stupid sleep; unconscious while awake ; loud moaning or muttering ; tongue coated at edges, shrunken, dry, leather like, paralyzed, involuntary fetid stools while passing urine ; sliding down ; pulse intermittent every third beat.
- ⇒ Ulceration with fungus like growths and pseudo like membrane deposit of intestine tract.
- ⇒ Mouth and anus are chiefly affected, tongue and sphincter ani are paralyzed.

❖ **Constitution**

- ⇒ Adopted to person with black hair, dark eyes, dark complexion.

❖ **Physical Generals**

- ⇒ Great debility ; as soon as he sits down his eye close, lower jaw hangs down slide down in bed.
- ⇒ Cannot bear the thought or sight or meat.

❖ **Mental Generals**

- ⇒ Irritable, peevish , disposed to anger and chagrin.
- ⇒ Disease of an asthenic type, with moaning, unconsciousness, fretfulness.

❖ **Other Guiding Symptoms**

- ⇒ Palpitation of the heart is felt in the face
- ⇒ Diarrhea stool involuntary while urination, on passing wind cannot urination without having the bowels move at the same time.

❖ **Modalities**

- ⇒ Aggravation
 - NA
- ⇒ Amelioration
 - NA

4. **Baptisia**

❖ **A/F**

- ⇒ NA

❖ **Indicating Symptoms**

- ⇒ red papilla, dry and yellow - brown in center later dry cracked ulcerated. Decubitus in typhoid.
- ⇒ Great prostration, with disposition to decomposition of the fluids, ulceration of mucous membrane.
- ⇒ All discharge and exhalation fetid, especially in typhoid or other acute disease, breath, stool, urine, perspiration, ulcers.

- ⇒ Dysentery of old people, diarrhea of children, especially when very offensive.
- ⇒ Face flushed dusky dark red, with a stupid, besotted drunken expression.
- ⇒ Tongue : At first coated white with

❖ **0Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ In whatever position the patient lies, the parts upon feel sore and bruised .
- ⇒ Great prostration, with disposition to decomposition of fluid, ulceration of mucous membrane.

❖ **Mental Generals**

- ⇒ Aversion to mental exertion, Indisposed, or want of power to think.
- ⇒ Perfect indifference, doesn't care to do anything, inability to fix the mind on work.
- ⇒ Stupor falls asleep while being spoken to or in the. Midst of his answer .
- ⇒ Cannot go to sleep because she cannot get herself together, head or body feels scattered about the bed, Tosses about to get the pieces together, thought she was three person, could not keep them covered.

❖ **Other Guiding Symptoms**

- ⇒ Can swallow liquid only, least solid good gags swallow liquid only but has aversion to them.

❖ **Modalities**

- ⇒ Aggravation
 - NA
- ⇒ Amelioration
 - NA

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HNSHMC STUDENTS

42. Peptic Ulcers

1. Nux Vomica

❖ A/F

⇒ Coffee, tobacco, alcoholic stimulation, highly spiced food, mental exertion, sedentary habits, aromatic or patent medicine.

❖ Indicating Symptoms

⇒ Region of stomach very sensitive to pressure

⇒ Nausea: constant; after eating; in morning; from smoking; and feels "If I could only vomit I would be so much better."

⇒ Gastralgia; pain go into back and chest, > Vomiting and hot drinks < From food.

⇒ Pains are tingling, sticking, hard, aching, worse from motion and contact.

⇒ Pain or pressure in stomach an hour or two after eating as from a stone.

❖ Constitution

⇒ Adapted to thin, irritable, careful, zealous persons with dark hair and bilious or sanguine temperament.

⇒ "Nux is chiefly successful with persons of an ardent character; of an irritable, impatient temperament, disposed to anger, spite or deception."

❖ Physical Generals

⇒ Oversensitive; to external impressions; to noise, odours, light or music; trifling ailments are unbearable.

⇒ Tendency to faint; from odours; in morning; after eating.

❖ Mental Generals

⇒ Very irritable: sensitive to all impressions.

⇒ Time passes too slowly.

❖ Other Guiding Symptoms

⇒ One of the best remedies with which to commence treatment of cases that have been drugged by mixtures, especially aromatic or "hot medicines" but only if symptoms correspond.

⇒ Constipation; with frequent unsuccessful desire, passing small quantities of faeces; sensation as if not finished.

⇒ Alternate constipation and diarrhoea.

❖ Modalities

⇒ Aggravation

- Morning: waking at 4 a. m.
- Mental exertion
- After eating or over-eating.
- Touch, noise, anger
- Spices

- Narcotics
 - Dry weather; in cold air
- ⇒ Amelioration
- In evening
 - While at rest
 - Lying down

2. Kali Bich

❖ A/F

- ⇒ Bad effects of beer; loss of appetite; weight in pit of stomach.

❖ Indicating Symptoms

- ⇒ Round ulcer of stomach.
- ⇒ Vomiting of ropy mucus and blood & Vomiting of bright yellow water.
- ⇒ Gastric symptoms are relieved after eating, and the rheumatic symptoms reappear.
- ⇒ Pain in small point, Cutting pain in abdomen, soon after eating.
- ⇒ Chronic intestinal ulceration.
- ⇒ Painful retraction, soreness and burning.

❖ Constitution

- ⇒ Fat, light-haired persons who suffer from catarrhal, syphilitic or psoric affections.

❖ Physical Generals

- ⇒ Affections of the mucous membranes - eyes, nose, mouth, throat, bronchi, gastro-intestinal and genito-urinary tracts - discharge of a tough, stringy mucus which adheres to the parts and can be drawn into long strings.
- ⇒ Rheumatism alternating with gastric symptoms, one appearing in the fall and the other in the spring; rheumatism and dysentery alternate.
- ⇒ Pains: in small spots, can be covered with point of finger; shift rapidly from one part to another; appear and disappear suddenly.

❖ Mental Generals

- ⇒ Indifferent
- ⇒ Anthropophobia, avoids human society.
- ⇒ Indolent aversion to mental and bodily labour.

❖ Other Guiding Symptoms

- ⇒ Complaints occurring in hot weather.
- ⇒ Bladder-like appearance of uvula; much swelling, but little redness.

❖ Modalities

- ⇒ Aggravation
- Heat of summer; hot weather.

- ⇒ Amelioration
 - Heat
 - Pressure

3. Anacardium

❖ A/F

- ⇒ Sedentary life

❖ Indicating Symptoms

- ⇒ Weak digestion, with fullness and distension.
- ⇒ Empty feeling in stomach, Eructation, nausea, vomiting
- ⇒ Pain around abdomen like a plug.
- ⇒ Gastric and nervous headache >by eating.
- ⇒ Stomach: sensation of fasting "all gone," comes one only when stomach is empty and is > by eating or >during process of digestion.
- ⇒ Gastric pain ameliorate by eating but aggravate again after 2 to 3 hour.

❖ Constitution

- ⇒ The person are very irritable, hypochondriasis patient.

❖ Physical Generals

- ⇒ Weakness of the all senses.
- ⇒ Sensation of PLUG various part, as of a DULL PRESSURE.

❖ Mental Generals

- ⇒ Sudden loss of memory; everything seems to be in a dream; patient is greatly troubles about his forgetfulness; confused, unfit for business.
- ⇒ Irresistible desire to curse and swear.
- ⇒ Hallucinations; thinks he is possessed of two persons or wills.
- ⇒ Strange temper, laughs at serious matters and is serious over laughable things.

❖ Other Guiding Symptoms

- ⇒ Hypochondriac, with haemorrhoids and constipation.
- ⇒ Sensation as of a hoop or band around a part.

❖ Modalities

- ⇒ Aggravation
 - Motion
 - Hot water
 - Morning
 - Emotions
- ⇒ Amelioration
 - Eating
 - Lying on side
 - Rubbing

4. Nitric Acid

❖ A/F

- ⇒ Ailments: which depend on some virulent poison; from mercury, syphilis, scrofula; in broken-down cachectic constitutions. After continual loss of sleep, long-lasting anxiety, over-exertion of mind and body from nursing the sick; anguish from the loss of his dearest friend; indifference; tired of life.

❖ Indicating Symptoms

- ⇒ Ulceration of stomach, characteristically irregular in outline, and tend to dip deeply.
- ⇒ Pain in cardiac opening of stomach on swallowing, Sticking pain in stomach.
- ⇒ Nausea after eating, ameliorated by moving about or riding in a carriage. Vomiting bitter and sour, contents of stomach.
- ⇒ He stomach is disordered by milk, Food sours, and causes sour eructations and vomiting.
- ⇒ Awakened at midnight with a crampy pain in abdomen; chilly; pain aggravated from motion.
- ⇒ Dyspepsia with excess of oxalic acid, uric acid and phosphates in urine and great mental depression
- ⇒ **Constitution**
- ⇒ Especially suited to thin persons of rigid fibre, dark complexions, black hair and eyes - the brunette rather than the blonde - nervous temperament.

❖ Physical Generals

- ⇒ Pains: sticking, pricking as from splinters; suddenly appearing and disappearing; on change of temperature or weather; during sleep; gnawing here and there as from ulcers forming.
- ⇒ Sensation: of a band around head, around the bones; of a splinter in affected parts, ulcers, piles, throat, ingrowing toe nail, < on slightest contact.

❖ Mental Generals

- ⇒ Irritable, hateful, vindictive, headstrong. Hopeless despair. Sensitive to noise, pain, touch, jar. Fear of death.
- ⇒ Prostration of mind.

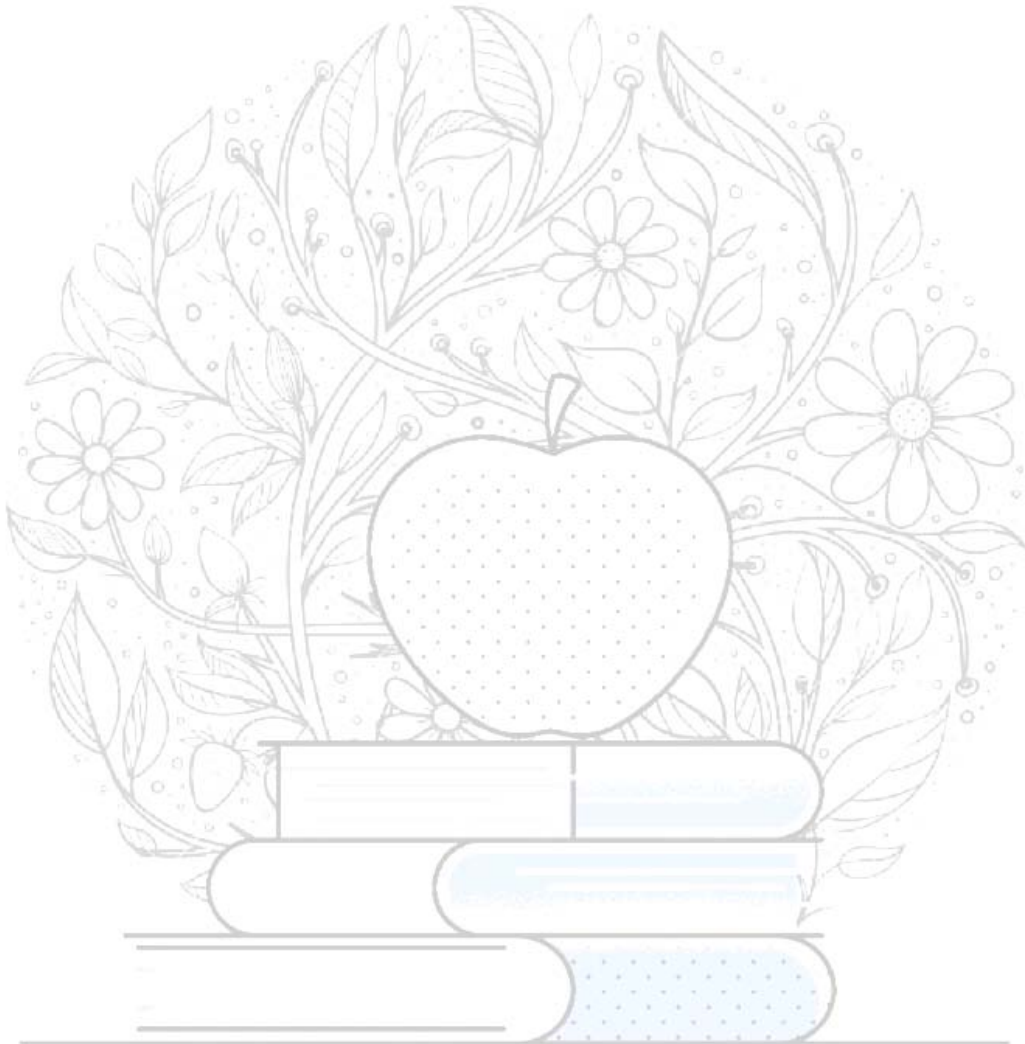
❖ Other Guiding Symptoms

- ⇒ Great general weakness; feeble reaction; extreme sensitivity, and nervous trembling, are marked features in this remedy.
- ⇒ For suppuration and ulceration in cancerous affections with bloody, watery, offensive discharges and sticking pains.

❖ Modalities

- ⇒ Aggravation
 - Evening and at night

- After midnight
 - Change of temperature or weather.
 - On waking; while walking
- ⇒ Amelioration
- While riding in carriage.



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HNSHMC STUDENTS

43. Rheumatoid arthritis

1. Kali carb

❖ A/F

- ⇒ Every change in weather.
- ⇒ Cold atmosphere.
- ⇒ Loss of fluids.

❖ Indicating Symptoms

- ⇒ Backs and legs give out.
- ⇒ Uneasiness, heaviness, and tearing in limbs and jerking.
- ⇒ Tearing pains in limbs with swelling. Limbs sensitive to pressure.
- ⇒ Tearing in arms from shoulders to wrist.
- ⇒ Limbs go to sleep easily. Tips of toes and fingers painful. Soles very sensitive.
- ⇒ Pain from hip to knees. Pain in knees.
- ⇒ Burning like fire in fingers.

❖ Constitution

- ⇒ Is suited to aged, rather obese, lax fibre, to dark haired persons of lax fibre and inclined to be fat.

❖ Physical Generals

- ⇒ Desire for sweets.

❖ Mental Generals

- ⇒ Sensation as if bed were sinking.
- ⇒ Anxiety with fear when alone.
- ⇒ Easily startled; starts when touched esp. On feet; on dropping to sleep.

❖ Other Guiding Symptoms

- ⇒ Sweat, backache and weakness are the three characteristic symptoms of kali carb.
- ⇒ SAHRP STITCHING; stabbing or catching pains are felt in various parts of the body-joints, chest, muscles, had, lying on affected side.

❖ Modalities

- ⇒ Aggravation
 - Early morning 2-4 am.
 - Winter.
 - Cold air.
- ⇒ Amelioration
 - Warmth.
 - Sitting with elbows on knees.

- Open air.

2. Acid flour

❖ A/F

- ⇒ Alcohol
- ⇒ Abuse of mercury or silica.

❖ Indicating Symptoms

- ⇒ Rhus affects fibrous tissues markedly= joints, tendons, sheaths, aponeurosis etc.
- ⇒ Lameness, stiffness and pain on first moving after rest, or on getting up in the morning, >by walking or continued motion.
- ⇒ Muscular rheumatism, sciatica, left side: aching in left arm, with heart disease.
- ⇒ Hot painful swelling of the joints, pains tearing in tendons ligaments and fasciae. Limbs stiff and paralysed.
- ⇒ Ankles swollen after too long sitting, feet swell in the evening.
- ⇒ Pricking like pains in the tips of fingers and palms when grasping.

❖ Constitution

- ⇒ Suited to pale, miserable, cachectic, flabby, broken down constitutions, young people who look old.

❖ Physical Generals

- ⇒ Always feels too hot, wants to bath in cold water.
- ⇒ Oily, pungent smelling sweat on genitals.
- ⇒ Thirst, craves refreshing things, aversion to coffee.

❖ Mental Generals

- ⇒ Impulse to walk fast, necessity to be always on the move.
- ⇒ Indifference towards those who loved best, inability to realise responsibility.

❖ Other Guiding Symptoms

- ⇒ Glabella bloated.
- ⇒ Destructiveness is marked, caries of bones especially long bones, ulcers, bedsores.

❖ Modalities

- ⇒ Aggravation
 - Heat of room.
 - Night.
- ⇒ Amelioration
 - Cold.
 - While walking
 - Rapid motion
 - Short sleep

3. Rhus tox

❖ A/F

- ⇒ Over lifting, particularly stretching high up to reach things.
- ⇒ Spraining or straining a single part, muscle or tendon.
- ⇒ Getting wet when heated.

❖ Indicating Symptoms

- ⇒ Rhus affects fibrous tissues markedly= joints, tendons, sheaths, aponeurosis etc.
- ⇒ Lameness, stiffness and pain on first moving after rest, or on getting up in the morning, >by walking or continued motion.
- ⇒ Muscular rheumatism, sciatica, left side: aching in left arm, with heart disease.
- ⇒ Hot painful swelling of the joints, pains tearing in tendons ligaments and fasciae. Limbs stiff and paralysed.
- ⇒ Ankles swollen after too long sitting, feet swell in the evening.
- ⇒ Pricking like pains in the tips of fingers and palms when grasping.

❖ Constitution

- ⇒ Adapted to the persons of rheumatic diathesis.

❖ Physical Generals

- ⇒ Great thirst with dry tongue, mouth, and throat.
- ⇒ Great sensitiveness to open air; putting the hand from under the bed cover brings on cough.

❖ Mental Generals

- ⇒ Dreams of great exertion, rowing, swimming, working hard at his daily occupation.
- ⇒ Delirium with fear and suspicion of being poisoned.

❖ Other Guiding Symptoms

- ⇒ The great characteristic of Rhus tox is that with few exceptions the pains occur and are <during repose and are >by motion.
- ⇒ Restless, cannot stay long in one position.
- ⇒ Tongue dry sore red cracked, triangular red tip, takes imprint of teeth.

❖ Modalities

- ⇒ Aggravation
 - Beginning of motion.
 - Over exertion
 - Damp rainy weather.
 - Exposure to cold air.
- ⇒ Amelioration
 - Continued motion.
 - Rubbing
 - Warm dry weather.
 - Warm wrapping.

4. Ledum pal

❖ A/F

- ⇒ Injury
- ⇒ Stings
- ⇒ Bites

❖ Indicating Symptoms

- ⇒ Rheumatism or gout; begins in lower limbs and ascends; especially if brought to a low asthenic condition by the abuse of colchicum; joints become the seat of nodosities and “gout stones” which are painful, acute and chronic arthritis.
- ⇒ Pains are striking tearing throbbing; Rheumatic pains are aggravated by motion; <at night, by warmth of bed and bed covering; >only when holding feet in ice water.
- ⇒ Affects left shoulder and right hip joint.
- ⇒ Swelling: of feet up to the knees, of ankle with unbearable pain when walking, as from a sprain or a false step, ball of great toe swollen, painful; in heels as if bruised.
- ⇒ Intense itching of feet and ankles, aggravated from scratching and warmth of bed.
- ⇒ Easily spraining of ankles and feet.
- ⇒ Gouty pains shoot all through the foot and limb, and in joints, but especially small joints.
- ⇒ Soles painful can hardly step on them.
- ⇒ Affected parts become purple puffy, and then emaciate.

❖ Constitution

- ⇒ Adapted to rheumatic and gouty diathesis; constitutions abused by alcohol.

❖ Physical Generals

- ⇒ Complaints of the people who are cold all the time; always feel cold and chilly; lack of animal or vital heat; the wounded are especially cold to touch.

❖ Mental Generals

- ⇒ Anxiety. Timidity. Tendency to anger and rage.

❖ Other Guiding Symptoms

- ⇒ Punctured wound by sharp, pointed instruments, as awls, nails; rat bites stings of insects, especially mosquitoes.
- ⇒ Long remaining discolouration after injuries, “black and blue” places becomes green.

❖ Modalities

- ⇒ Aggravation
 - Bites
 - Stings
 - Warmth

- Motion
- Wine
- ⇒ Amelioration
 - Putting parts in ice cold water.
 - Repose.

5. *Actea spicata*

❖ A/F

- ⇒ Change of weather
- ⇒ Fright
- ⇒ Fatigue.

❖ Indicating Symptoms

- ⇒ It is a rheumatic remedy especially of joints; tearing tingling pains characterize it.
- ⇒ Rheumatic pains in small joints, wrists, fingers, toes.
- ⇒ Swelling of joints from slight fatigue.
- ⇒ Wrist swollen red worse any motion.
- ⇒ Paralytic weakness in hands. Lame feeling in arms.
- ⇒ sudden lassitude after talking or eating.

❖ Constitution

- ⇒ Especially suited to men and women in old age.

❖ Physical Generals

- ⇒ Urine deposits a white sediment.

❖ Mental Generals

- ⇒ Fear of being alone.
- ⇒ Absent mindedness alternating with confusion of mind.

❖ Other Guiding Symptoms

- ⇒ Shortness of breath on exposure to cold.

❖ Modalities

- ⇒ Aggravation
 - Change of weather
 - Cold
 - Night
- ⇒ Amelioration
 - NA

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44. Gout

1. Urtica Urens

❖ A/F

⇒ burns, bee stings, eating shell fish, suppressed urticaria; milk.

❖ Indicating Symptoms

⇒ Rheumatism associated with urticaria like symptoms.

⇒ Continuous pain in deltoid region mainly in right side, < while rotating the arm inwards could not put on the coat.

⇒ Mainly indicates in acute gout.

⇒ Stinging & burning type of pain in wrist and ankles.

⇒ Stiffness and soreness in left knee, rheumatic pain in both ankles.

⇒ Fever with gouty complain with vertigo and throbbing like sensation all over the body.

⇒ Acrid urine causing itching due to uric acid toxæmia.

❖ Constitution

⇒ Gout & Uric acid diathesis

❖ Physical Generals

⇒ Profuse discharge from mucus membrane.

⇒ Urinous odour from the body.

❖ Other Guiding Symptoms

⇒ Symptoms return at the same time every year.

❖ Modalities

⇒ Aggravation:

- snow air
- cool bathing
- yearly
- touch

⇒ Amelioration

- headache.

2. Ledum Pal

❖ A/F

⇒ alcohol, hair cutting, suppressed discharges, puncture wound, injuries, stings.

❖ Indicating Symptoms

⇒ Gout begins in lower limbs and ascends.

⇒ Gouty pains shoot all through the foot and limbs and in joints especially for small joints.

⇒ Affected parts are cold, painful and oedematous.

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- ⇒ Affects left shoulder and right hip joints.
- ⇒ Swelling of foot; of ankles with unbearable pain when walking as from sprains or false step. Ball of great toe swollen, painful in heel as if bruised.
- ⇒ Throbbing in shoulder, pressure in shoulder worse from motion.
- ⇒ Dorsum of feet itch by night and are stiff in morning.
- ⇒ Cramps over hip joints.
- ❖ **Constitution**
 - ⇒ Adapted to gouty & rheumatic diathesis.
 - ⇒ Patient is always chilly, lack of vital heat.
- ❖ **Physical Generals**
 - ⇒ Emaciation and coldness of affected parts.
 - ⇒ Sticking, tearing, throbbing types of pain.
 - ⇒ Warmth of bed intolerable for person.
- ❖ **Mental Generals**
 - ⇒ Angry, out of humour.
 - ⇒ Dissatisfied, hates his fellow beings, avoids their company.
- ❖ **Modalities**
 - ⇒ Aggravation:
 - warmth
 - covers the part
 - injury
 - motion
 - ⇒ Amelioration
 - Icy cold water
 - cold air

3. *Colchicum Autumnale*

- ❖ **A/F**
 - ⇒ grief, misbehaves of others, night watching, wetting & checked sweat.
- ❖ **Indicating Symptoms**
 - ⇒ Mostly indicates in chronic gouty affections.
 - ⇒ It has specific powers of relieving the gouty paroxysms.
 - ⇒ All the joints are red, hot, swollen, stiff; shifting rheumatism.
 - ⇒ Swelling of great toe.
 - ⇒ Can't bear to touch the affected parts.
 - ⇒ Oedematous swelling and coldness of feet and legs.
 - ⇒ Arthritic pain in joints; patient screams with pain on touching a joint or stubbing a toe.
 - ⇒ Pins and needle in hand and wrists; finger tips numb.
- ❖ **Constitution**

- ⇒ Adapted to rheumatic and gouty diathesis; persons of robust vigorous constitution; disease of old people.
- ⇒ Patient is weak, cold, sensitive and restless.
- ❖ **Physical Generals**
 - ⇒ Pains are drawing, tearing, pressing; light or superficial during warm weather; affects the bones and deeper tissues, when air is cold; pain go from left to right.
 - ⇒ Aversion to food; loathing even the sight or still more smell of it.
- ❖ **Mental Generals**
 - ⇒ Depressed, irritable, sensitive.
 - ⇒ External impressions such as light, noise, strong odours, contact, bad manners, make him beside himself; his sufferings seems intolerable.
- ❖ **Other Guiding Symptoms**
 - ⇒ Urine is dark, scanty, with white sediment; bloody brown, black, inky.
- ❖ **Modalities**
 - ⇒ Aggravation:
 - mental emotions or exhaustion
 - odour of cooking food
 - stubbing toes
 - stretching
 - ⇒ Amelioration
 - Warmth
 - Rest
 - Sitting
 - Stopping

4. Ocimum Can

- ❖ **A/F**
 - ⇒ NA
- ❖ **Indicating Symptoms**
 - ⇒ Uric acid diathesis.
 - ⇒ Red or saffron colour of urine due to high level of uric acid.
 - ⇒ Numbness of right thigh for two days.
 - ⇒ Musk like odour from urine.
 - ⇒ High acidity in urine with formation of spike crystals of uric acid.
- ❖ **Constitution**
 - ⇒ NA
- ❖ **Physical Generals**
 - ⇒ NA
- ❖ **Mental Generals**
 - ⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- NA

⇒ Amelioration

- NA

5. Benzoic Acid

❖ **A/F**

⇒ Open air, uncovering at night, motion

❖ **Indicating Symptoms**

⇒ Cause-suppressed gonorrhoea & syphilis.

⇒ Location-all joints are affected but specially have knee symptom

⇒ Character of pain-tearing, stitching large joints

⇒ Pain suddenly change their locality

⇒ Cracking sound in the joints

❖ **Constitution**

⇒ It is suited to gouty and uremic Or lithaemic Constitution

⇒ Rheumatic and gouty diathesis

❖ **Physical Generals**

⇒ Chilly patients

⇒ Covered all three miasm

⇒ Rheumatic, gouty Or uric acid diathesis

❖ **Mental Generals**

⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- By motion
- Open air
- Uncovering at night
- Lying on right side

⇒ Amelioration

- By heat

6. Arnica

❖ **A/F**

⇒ Fear, fright, bad effects of mechanical injuries, falls, contusion, hard work

❖ **Indicating Symptoms**

⇒ Gout - Ascending type mainly.

⇒ Oversensitive to touch can't bear pain, there is great fear of being touched or struck by person coming near him.

⇒ Can't walk erect.

❖ **Constitution**

⇒ Sanguine, plethoric person, lively expression, very red face

❖ **Physical Generals**

⇒ Chilly patient.

⇒ Nervous temperament.

⇒ Psora in background.

❖ **Mental Generals**

⇒ Patient remain unconscious when spoken to answer correctly and completely but immediately unconsciousness and delirium return.

⇒ Indifferent to everything.

⇒ Fear of being struck.

❖ **Other Guiding Symptoms**

⇒ Sore, lame, bruised feeling all through the body.

⇒ Patient is very much sensitive to pain.

⇒ Heat of upper part of body and coldness of lower part.

⇒ Stupor with involuntary discharge concussion contusion result of shock and injury.

⇒ Suited specially to remote injury.

❖ **Modalities**

⇒ Aggravation

- By least touch
- Motion
- Rest
- In dap cold weather .

⇒ Amelioration

- By lying down

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45. Infective Endocarditis

1. Pyrogen

❖ A/F

- ⇒ Septic condition, sewer gas infection, dissecting wounds, chronic malaria and after effects of Miscarriage.

❖ Indicating Symptoms

- ⇒ Distinct consciousness of a heart.
- ⇒ Heart feels tired, as if engaged, purring, throbbing, pulsating, constant in ears, preventing sleep.
- ⇒ Cardiac asthenia from septic conditions.
- ⇒ Always can hear her heartbeat ,pulse abnormally Rapid ,out of all proportion to temperature.
- ⇒ Heart troubles are agg. by Motion.
- ⇒ Pain in region of left nipple.

❖ Constitution

- ⇒

❖ Physical Generals

- ⇒ For sapraemia or septicaemia ,puerperal or surgical, from ptomaine poisoning or sewer gas infection, when the best selected remedy fails to relieve
- ⇒ All discharges are horribly offensive-Menses, lochia, diarrhoea, vomitus, sweat etc..
- ⇒ The bed feels hard, parts lain on feel sore and bruised, rapid decubitus.
- ⇒ Great restlessness ,must move constantly to >the soreness of parts.

❖ Mental Generals

- ⇒ Full of anxiety and insane notions.
- ⇒ Loquacious
- ⇒ Feels if crowded with arms and legs.
- ⇒ Can't tell whether dreaming while awake or asleep.

❖ Other Guiding Symptoms

- ⇒ Pus like or sweetish, terribly foetid taste in mouth.
- ⇒ Marked tachycardia is a very striking feature. pulse abnormally out of proportion to temperature.
- ⇒ In septic fever, especially puerperal-pyrogenum has demonstrated it's great value as a homoeopathic dynamic antiseptic.
- ⇒ Painless throbbing headache fan like motion of alae nasi, bursting headache with restlessness.

❖ Modalities

- ⇒ Aggravation
 - Heart's action and cough are agg. by motion

- ⇒ Amelioration
 - From motion

2. Naja

❖ A/F

- ⇒ NA

❖ Indicating Symptoms

- ⇒ All complaints have tendency to settle around the heart.
- ⇒ Simple hypertrophy of heart.
- ⇒ For restoring a heart damaged by acute inflammation, or from relief of suffering of chronic hypertrophy and valvular lesions.
- ⇒ Severe stitching pain in the region of heart extending to nape of neck, left shoulder and arm.
- ⇒ Pulse irregular in force, but regular in rhythm.
- ⇒ Threatened paralysis of heart, post diphtheritic.

❖ Constitution

- ⇒

❖ Physical Generals

- ⇒ Prolonged exhaustion and trembling of the muscles.
- ⇒ Sensation of hot iron running throughout the system.
- ⇒ Copious sweating of hands and feet with a sense of puffing and fullness.

❖ Mental Generals

- ⇒ Suicidal insanity.
- ⇒ Broods constantly over imaginary troubles.
- ⇒ Anxiety and fear of death, blurred speech.
- ⇒ Dreads to be left alone.

❖ Other Guiding Symptoms

- ⇒ All complaints have tendency to settle around the heart.
- ⇒ Constriction of throat, chest etc...
- ⇒ Very susceptible to cold, body cold and collapsed, inability to speak, choking, nervous, chronic palpitation especially after public speaking.

❖ Modalities

- ⇒ Aggravation
 - From use of stimulants.
- ⇒ Amelioration
 - From walking or riding in open air.

3. Cactus Grandiflorus

❖ A/F

- ⇒ Rheumatism, sun, damp weather and disappointment of love.

❖ Indicating Symptoms

- ⇒ Heart feels as if clasped and unclasped rapidly by an iron hand ,as if bound, "had no room to beat".
- ⇒ Whole body feels as if caged and each wire is twisted tighter and tighter.
- ⇒ Pulse is quick , throbbing, tense and hard. sometimes intermittent and feeble.
- ⇒ Pains go round to axilla, back and scapula of the left side.
- ⇒ Endocarditis murmurs, excessive impulse and increased precordial dullness, engagement of right ventricle.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Haemorrhage from nose, lungs, stomach, rectum, bladder.
- ⇒ Construction of throat, chest, heart, bladder...often caused or brought on by the slightest contact.

❖ Mental Generals

- ⇒ Fear of death.
- ⇒ Believes the disease incurable .
- ⇒ Melancholy, taciturn, sad, ill-humoured.
- ⇒ Screams with pain.
- ⇒ Anxiety.

❖ Other Guiding Symptoms

- ⇒ Heart feels as if clasped and unclasped rapidly by an iron hand ,as if bound, "had no room to beat".
- ⇒ Haemorrhage from nose, lungs, stomay etc...
- ⇒ There is vertigo on deep breathing.
- ⇒ Dreams of falling down during sleep.
- ⇒ Periodicity were marked, fever paroxysms return at 11:00 a.m and 11:00 p.m.

❖ Modalities

- ⇒ Aggravation
 - At 11:00 a.m and 11:00 p.m
 - Lying on left side.
- ⇒ Amelioration
 - By sleep
 - Rest
 - Fresh and open air.

46. Asphyxia Neonatorum

1. Ipecac

❖ A/F

⇒ Indigestible food, cakes, anger, reserved displeasure, injuries, suppressed eruption, quinine.

❖ Indicating Symptoms

⇒ Cough, dry spasmodic, constricted, asthmatic.

⇒ Child loses breath, turns pale, stiff and blue, strangling, with gagging and vomiting of mucus, bleeding from nose or mouth.

⇒ Cough causes nausea and vomiting, there may be wheezing with threatened suffocation.

⇒ Dyspnoea; constant constriction in chest

❖ Constitution

⇒ Persons of lax fibre, fair people, women and children, h/o epistaxis and blood loss.

⇒ Miasm- Psora

⇒ Heat/chill relation- Chilly

⇒ Temperament- Irritable

⇒ Diathesis- Haemorrhagic

❖ Physical Generals

⇒ In all diseases with constant and continual nausea.

⇒ Haemorrhage- active or passive, bright red from all the orifices of the body.

⇒ Pain as if bones were all torn to pieces.

❖ Mental Generals

⇒ Irritable, holds everything in contempt.

⇒ Full of desires, for what they know not.

⇒ Very much oversensitive, can't endure least noise.

❖ Other Guiding Symptoms

⇒ Nausea constant, continuous and persistent with or without vomiting, nausea not relieved by vomiting.

⇒ Thirstlessness runs through whole drug, clean tongue with much saliva, but no thirst.

⇒ Wheezing and rattling of chest without expectoration especially in respiratory troubles of every stage.

⇒ Bright red haemorrhage from natural orifices.

❖ Modalities

⇒ Aggravation

- Periodically, winter, dry weather and least motion.

⇒ Amelioration

- By rest, pressure and closing eyes.

2. Opium

❖ A/F

- ⇒ Bad effect of fright, fear, alcohol, from nursing after fright of mother, etc...

❖ Indicating Symptoms

- ⇒ Child suffer from spasms and convulsions after sudden retrocession of acute exanthema, from nursing after fright of mother and from crying.
- ⇒ During spasms eyes half open and upturned.
- ⇒ In marasmus, child looks like little dried up old man with wrinkled skin.
- ⇒ Weak heart, slow pulse, burning about the heart.
- ⇒ Breathing stops on going to sleep; must be shaken to start it again

❖ Constitution

- ⇒ Especially adapted to disease of first and second childhood.
- ⇒ I.e. to children and old people, person with light hair, lax muscles, want to bodily irritability, look like old man.
- ⇒ Heat/cold- Hot patient

❖ Physical Generals

- ⇒ Want of susceptibility to remedies, lack of vital reaction, the well chosen remedy makes no impression.
- ⇒ All complaints with great sopor, painless, complains of nothing, wants nothing.
- ⇒ Sleep- heavy, stupid with stertorous breathing, red face, eyes half closed, blood shot, skin covered with hot sweat, after convulsion.
- ⇒ Sleepy but can't sleep.

❖ Mental Generals

- ⇒ Delirium, constantly talking, eyes wide open, face red, puffed, or unconscious, eyes glassy, half-closed, face pale, deep comes preceded by stupor.
- ⇒ Picking of bed clothes during sleep.
- ⇒ Placid.
- ⇒ Wants to go home, thinking that he is not at home.

❖ Other Guiding Symptoms

- ⇒ Painlessness is a grand characteristics of opium patient complains of nothing. Wants nothing.
- ⇒ 2. Sleep :
 - sleepiness.
 - sleep is heavy, stupid, with half closed eyes during sleep.
 - sleepy but can't sleep.
 - picking of bed clothes during sleep.

- ⇒ Stool- involuntary black and offensive from paralysis of sphincter especially after fright.
- ⇒ Inactivity of digestive organs resulting in reversed peristaltic motion, faecal vomiting.

❖ Modalities

- ⇒ Aggravation
 - During and after sleep
 - While perspiring
 - Stimulants
 - From warmth
- ⇒ Amelioration
 - Cold, constant walking.

3. Argentum Nit

❖ A/F

- ⇒ Apprehension and fear, eating ice cream, sugar , mental stress and strain, tobacco etc...

❖ Indicating Symptoms

- ⇒ Great remedy for epilepsy caused by fright or occurring at menses .pupil dilate days and hours before.
- ⇒ Defective co- ordination of muscles with trembling in the affected parts.
- ⇒ A kind of numb sensitiveness of arms a hyperaesthetic- Anaesthetic state.
- ⇒ Baby premature aged expression in the face.
- ⇒ Baby craves for sweets which cause diarrhoea.
- ⇒ Suffocative cough, as if from a hair in throat

❖ Constitution

- ⇒ Hysterical nervous person with vivid imagination.
- ⇒ Carbonitrogenoid or hydrogenoid Constitution.
- ⇒ Temperature- Bilious
- ⇒ Heat/chill- Hot patient
- ⇒ Diathesis- Neuro sycotic

❖ Physical Generals

- ⇒ Acute or chronic disease from unusual, or long continued mental exertion.
- ⇒ Chilly when uncovered, yet feels smothered if wrapped up, craves fresh air.
- ⇒ Craves sugar.
- ⇒ Emaciation, progressing every year, most marked in lower extremities.

❖ Mental Generals

- ⇒ Apprehension when ready for church or opera, diarrhoea sets in.

- ⇒ Time passes slowly.
- ⇒ Brain fag.
- ⇒ Loss of memory.
- ⇒ Childish talk.

❖ **Other Guiding Symptoms**

- ⇒ Defective co-ordination of muscles with trembling in affected part.
- ⇒ Urine passes unconsciously day and night
- ⇒ Chronic laryngitis of singers. The high notes cause cough.
- ⇒ Post diphtheritic paralysis.

❖ **Modalities**

- ⇒ Aggravation
 - Cold air, food, sugar, ice cream
 - Lying on left side .
- ⇒ Amelioration
 - Open air, bathing with cold water,
 - Tight bandaging
 - Dark room.

4. Ruta

❖ **A/F**

- ⇒ Mechanical injuries, bruises, sprains, straining the eyes etc..

❖ **Indicating Symptoms**

- ⇒ Phthisis after mechanical injuries to chest.
- ⇒ Short breath, with tightness of chest.
- ⇒ Easily chaffed; from walking, riding, also in children.

❖ **Constitution**

- ⇒ No particular.
- ⇒ Miasm- Psora and sycosis.
- ⇒ Heat/chilly- Chilly

❖ **Physical Generals**

- ⇒ All parts of the body upon which he likes are painful, as if bruised.
- ⇒ Bruised lame sensation all over, as after a fall or blow, worse in limbs and joints.
- ⇒ Scrofulous exostosis, bruises and other mechanical injuries of bones and periosteum, sprains, periostitis, erysipelas, fracture and especially dislocations.

❖ **Mental Generals**

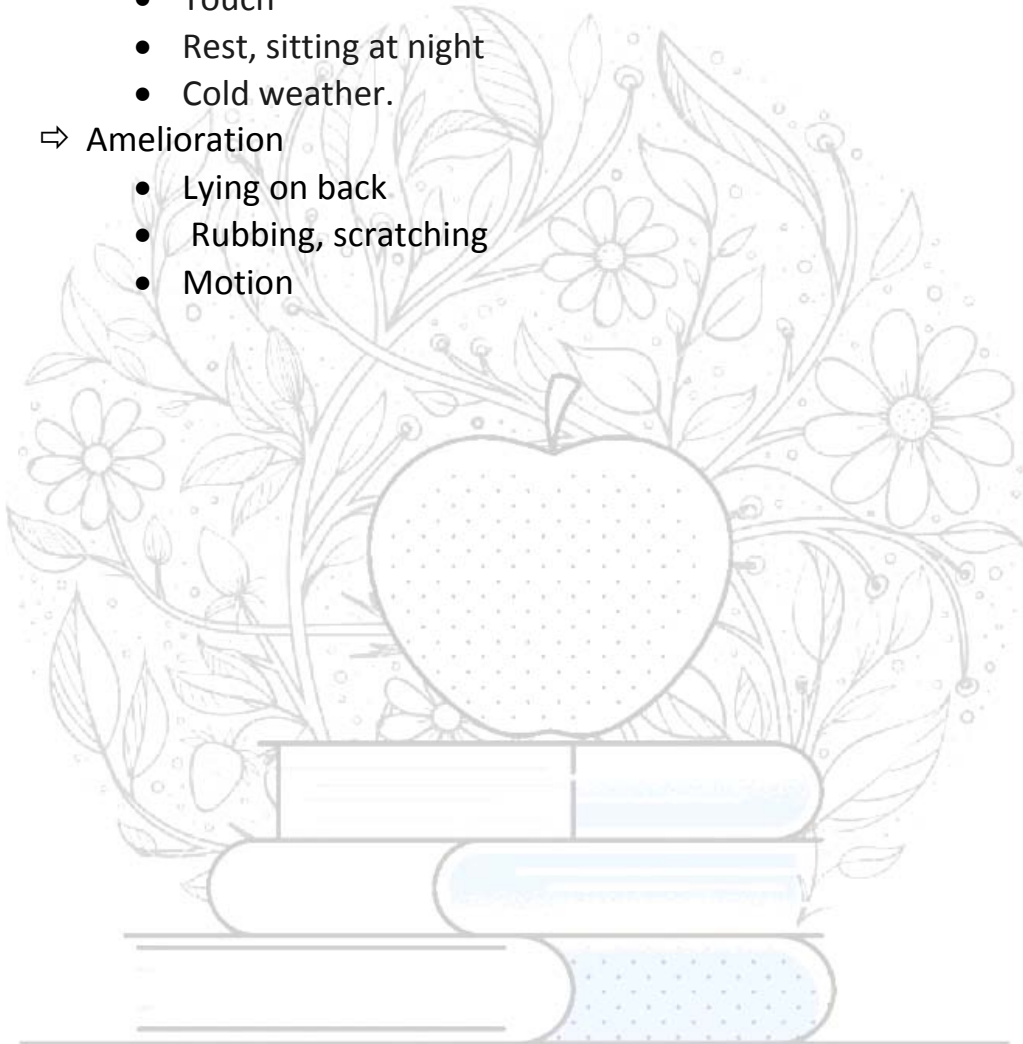
- ⇒ Dissatisfied with himself and others and disposed to weep.
- ⇒ Suspicious, imagines that he is always being deceived.
- ⇒ Fretful, quarrels and contradicts.

❖ **Other Guiding Symptoms**

- ⇒ Sore, lame, bruised feeling over the entire body as after a blow. Especially of bones and periosteum.
- ⇒ Prolapse of rectum immediately on attempting to evacuate the bowl.
- ⇒ Constant feeling fullness in the urinary bladder even after urination.

❖ **Modalities**

- ⇒ Aggravation
 - Touch
 - Rest, sitting at night
 - Cold weather.
- ⇒ Amelioration
 - Lying on back
 - Rubbing, scratching
 - Motion



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47. Nephrotic Syndrome

1. Acetic Acid

❖ A/F

- ⇒ Bad effects aesthetic vapours.
- ⇒ Fumes of charcoal and gas.
- ⇒ Injury
- ⇒ Surgical shock

❖ Indicating Symptoms

- ⇒ Large quantity of pale urine .
- ⇒ Tympanitic ascites, distension of abdomen.
- ⇒ Abdomen feels as if sunken in when lying on back.
- ⇒ Anaemia with pale waxy face and profound debility.
- ⇒ Diabetes with great thirst and debility.

❖ Constitution

- ⇒ Physical make-up:- Adopted to pale, lean persons with lax, flabby muscles. Face is pale and waxy.
- ⇒ Thermal: - Sensitive to cold. (Kent)
- ⇒ Temperament:- Irritable, borrows trouble.
- ⇒ Diathesis:- Haemorrhagic
- ⇒ Miasms:- Covers all 3 miasms

❖ Physical Generals

- ⇒ Great burning thirst with dropsy but no thirst in fever.
- ⇒ Great prostration and debility.
- ⇒ Haemorrhages from every mucous outlet.

❖ Mental Generals

- ⇒ Grieves about his sickness and children.
- ⇒ Worried about business affairs.
- ⇒ Borrows trouble,

❖ Other Guiding Symptoms

- ⇒ Copious pale urine is characteristic. Particularly if accompanied by intense thirst and dry hot skin.
- ⇒ Sweat: Profuse and colliquative.
- ⇒ Profound anaemia with waxy pallor of face.
- ⇒ Diarrhoea : Copious, exhausting with great thirst. In dropsy, typhus, phthisis, with night sweats.

❖ Modalities

- ⇒ Aggravation
 - food
- ⇒ Amelioration
 - Lying on abdomen

2. Apocyanum

❖ A/F

- ⇒ Typhoid
- ⇒ ii) Scarlatina
- ⇒ iii) Abuse of quinine and alcohol

❖ Indicating Symptoms

- ⇒ Urinary organs torpid, urine scanty, but flows as easily as oil.
- ⇒ Profuse light-coloured urine; no sediment
- ⇒ Renal dropsy. Dropsy with thirst but water disagrees, causing pain or is vomited.
- ⇒ Diarrhoea with dropsy. Stool : yellow, painless, noisy and gushing.
- ⇒ Bloated face < on lying down

❖ Constitution

- ⇒ It does not have a specific constitution.

❖ Physical Generals

- ⇒ Swelling of every part of the body with scanty urine and sweat, feels as if he could only sweat he would get well.
- ⇒ Great thirst of water but water disagrees.
- ⇒ Marked weakness.

❖ Mental Generals

- ⇒ Low spirited, nervous and bewildered.
- ⇒ Cannot think,
- ⇒ Faints when raised from pillow.

❖ Other Guiding Symptoms

- ⇒ This remedy acts upon URINARY ORGANS, producing diuresis and removing dropsical effusions.
- ⇒ Excretions diminished, especially urine and sweat.
- ⇒ Amenorrhoea in young girls with bloating or dropsical extension of abdomen and extremities.

❖ Modalities

- ⇒ Aggravation
 - COLD- weather, drinks
 - Uncovering
 - Lying
 - After sleep
- ⇒ Amelioration
 - Warmth

3. Apis Mel

❖ A/F

- ⇒ Jealousy, fright, rage, vexation, bad news.
- ⇒ Bad effects of acute exanthemata imperfectly developed and suppressed, measles, urticaria.

❖ Indicating Symptoms

- ⇒ Urine profuse, more than he drinks.
- ⇒ Burning urination. Dysuria with stinging pain.
- ⇒ Urine : coffee ground sediments in urine, foetid, albuminous with casts.
- ⇒ Before urination: much straining before urine starts.
- ⇒ During urination : scalds severely, stinging pain, strangury, last drop burns and smarts
- ⇒ Cannot urinate without stool.
- ⇒ Puffy bad like swelling under both lower eyelids.
- ⇒ Various parts are puffed up; become oedematous and of shiny, red rosy colour.

❖ Constitution

- ⇒ Physical makeup: Strumous constitution and bad like swelling under the lower eyelids. Pale, waxy and oedematous face.
- ⇒ Temperament : Irritable temperament
- ⇒ Thermal: Hot patient
- ⇒ Miasm : Psora is in background.
- ⇒ Diathesis : Scrofulous diathesis.

❖ Physical Generals

- ⇒ Thirstless person.
- ⇒ Extreme sensitiveness to touch.
- ⇒ Pain : burning, stinging, sore; suddenly migrating from one part to another.

❖ Mental Generals

- ⇒ Irritable, nervous; Jealous with lewd talk.
- ⇒ Fussy and fidgety; hard to please.
- ⇒ Awkward- drops things and laugh either due to nervousness, or absent mindedness.

❖ Other Guiding Symptoms

- ⇒ Apis is more a right sided medicine; symptoms proceed from right to left.
- ⇒ Aversion to tight bandage.
- ⇒ Symptoms develop rapidly.
- ⇒ There is great debility, as if he had worked very hard; is compelled to lie down.
- ⇒ Skin extremely dry and perspiring.
- ⇒ Craving of cold in general; cold milk and sour things

❖ Modalities

- ⇒ Aggravation
 - HEAT of room; of weather; of fire; hot drinks
 - Bath
 - Bed
 - Touch- even of hair
 - Lying down
 - 4 p.m
- ⇒ Amelioration
 - COOL AIR
 - Cool bathing
 - Uncovering
 - Motion
 - Sitting erect

4. Equisetum

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Slight pain in right kidney then in left extending down to left side of sacrum.
- ⇒ Dull pain in right kidney with urgent desire to urinate, passes clear light coloured urine.
- ⇒ Passed small amount but felt he has not urinated for hours; the amount grow less each time but the desire increased.
- ⇒ Urine : cloudy.
- ⇒ Distended feeling in abdomen; Dull heavy pains in either side of lower abdomen and bladder with frequent desire to urinate.
- ⇒ Frequent and intolerable urging to urinate with severe pain at close of urination.

❖ Constitution

⇒ Sleep : very disturbed by tiresome dreams of many persons, places and things.

❖ Physical Generals

⇒ Very irritable and easily fatigued.

❖ Mental Generals

⇒ At close of urination, pressure, motion, sitting down.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

- ⇒ Aggravation
 - At close of urination

- Pressure
 - Motion
 - Sitting down
- ⇒ Amelioration
- Afternoon
 - Lying

5. Terebinthina

❖ A/F

- ⇒ Alcohol
- ⇒ Damp cellars.
- ⇒ Falls
- ⇒ After diphtheria, scarlatina, typhoid, Exanthema

❖ Indicating Symptoms

- ⇒ Violent burning and drawing pain in kidney, bladder and urethra.
- ⇒ Haematuria : blood thoroughly mixed with urine; sediment, like coffee grounds; cloudy
- ⇒ Albuminuria : Acute, in early stages, when blood and albumin abound more than casts and epithelium;
- ⇒ Ascites with anasarca in organic lesions of kidney; dropsy after scarlatina.
- ⇒ Nephritis after exanthema.
- ⇒ Urine : rich in albumin and blood, but few if any casts; < from living in damp dwellings.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Congestion and inflammation of viscera; kidneys; bladder; lungs; intestines; uterus; with haemorrhage, and malignant tendency.
- ⇒ Aversion to meat.
- ⇒ Agitated sleep at night, with tossing, and frequent waking.

❖ Mental Generals

- ⇒ Stupefaction; inability to fix attention,
- ⇒ Anxiety on going to bed.
- ⇒ Suicide by hanging in two cases following washing of laces in turpentine and alcohol.

❖ Other Guiding Symptoms

- ⇒ Tongue : Smooth, glassy, red, as if deprived of papillae, or as if glazed; Coating peels off in patches leaving bright red spots, or entire coating cleans off suddenly.
- ⇒ Excessive tympanitis : abdomen is extremely sensitive to touch and distended with flatulence.

⇒ The urine has violet odour.

❖ **Modalities**

⇒ Aggravation

- Dampness
- Cold
- Night
- Lying
- pressure

⇒ Amelioration

- Motion, sleeping.

6. Cantharis

❖ **A/F**

⇒ NA

❖ **Indicating Symptoms**

⇒ Kidney region very sensitive.

⇒ Urine : Burning, scalding; with cutting intolerable urging, and fearful tenesmus or dribbling; Bloody urine.

⇒ Burning, stinging and tearing in the kidneys.

⇒ Pressing pain in the kidneys, extending to the bladder; along the ureters; relieved by pressing upon the glans.

⇒ Blood passes with urine, aggravation after drinking cold water or coffee.

⇒ Constant desire to urinate, passing but a few drops at a time, which is mixed with blood.

❖ **Constitution**

⇒ NA

❖ **Physical Generals**

⇒ Pains are cutting, smarting or burning – biting or as if raw, causing mental excitement.

⇒ Discharges are bloody, acrid, watery and tenacious.

⇒ Thirst, from dryness of the lips, with repugnance to all drinks.

⇒ Over sensitiveness of all parts.

⇒ Disgust for everything; food, drink, tobacco.

❖ **Mental Generals**

⇒ Amorous frenzy.

⇒ Acute mania of sexual type.

⇒ Paroxysm of rage with crying, biting, barking and < by bright objects.

❖ **Other Guiding Symptoms**

⇒ Inflammations are violently acute, or rapidly destructive.

⇒ Burning in every part of the body; both internal and external, runs through the remedy.

⇒ Over sensitiveness of all parts.

- ⇒ There is haemorrhage from nose, mouth, intestine, genitals and urinary organs.
- ⇒ Tenacious and ropy mucous from air passages with urinary symptoms.

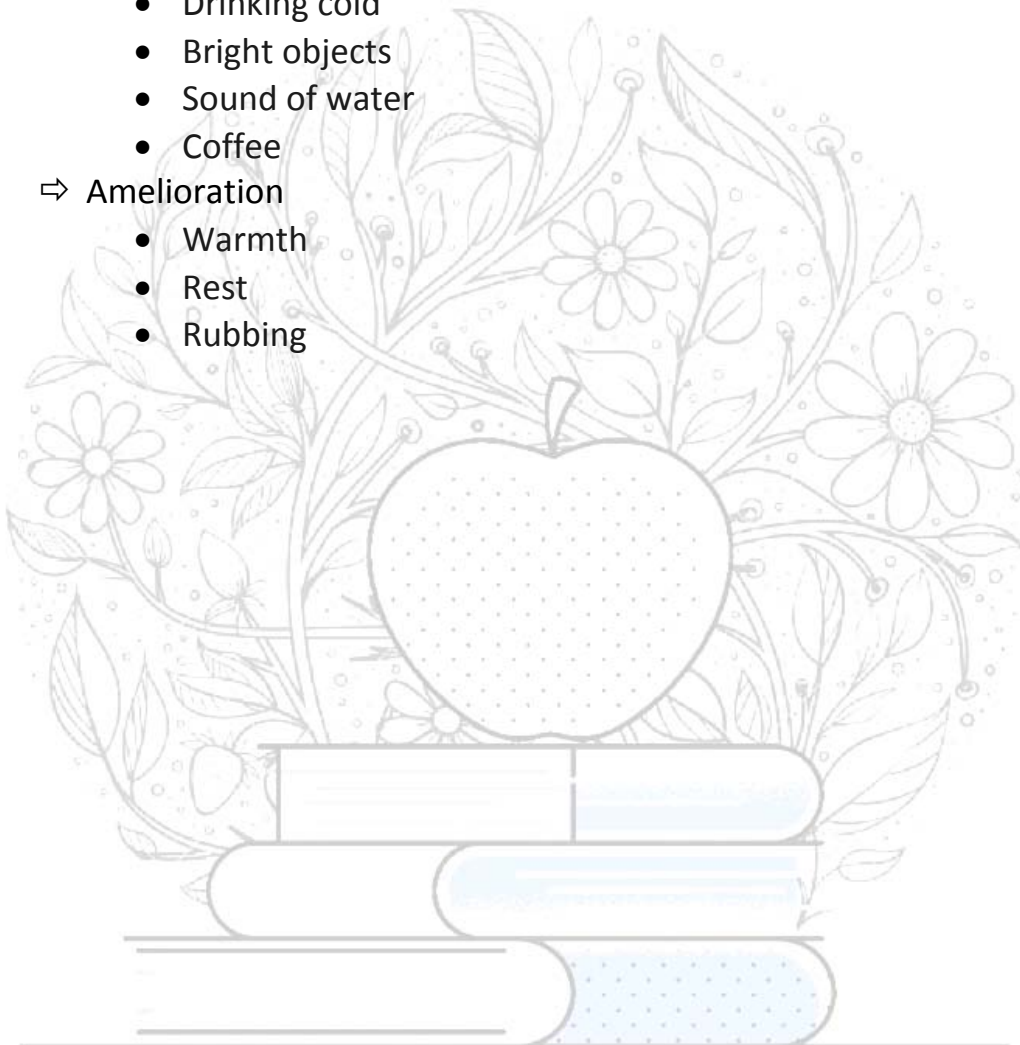
❖ **Modalities**

⇒ Aggravation

- Urinating
- Drinking cold
- Bright objects
- Sound of water
- Coffee

⇒ Amelioration

- Warmth
- Rest
- Rubbing



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HNSHMC STUDENTS

48. Diabetes Incipidus

1. Phos Acid

❖ A/F

⇒ Bad news, Grief, Loss of vital fluid, Chagrin, Debility

❖ Indicating Symptoms

⇒ Urine thick, like milk or lime water with whitish curds , with stringy bloody lumps & containing much sugar.

⇒ Pain in back region& kidneys.

⇒ Dull pressure in bladder.

⇒ Greatest weakness & emaciation.

⇒ Furunculosis.

❖ Constitution

⇒ Miasm: Covered all the three miasm. Psora, syphilis, sycosis.

⇒ Relation: Chilly pt.

⇒ Temperament: Mild disposition.

❖ Physical Generals

⇒ Pt. Was strong & debilitated due to loss of vital fluids.

⇒ Urine: contains excessive phosphate, profuse urination at night , of clear and watery urine.

⇒ Aversion: coition, coffee.

⇒ Desire: warm food, juicy things& milk.

❖ Mental Generals

⇒ Apathetic & indifference.

⇒ Debility.

⇒ Weeping disposition.

❖ Other Guiding Symptoms

⇒ Frequent, profuse & depilating emissions.

⇒ Pain in back & limbs as if beaten.. in children & young people who grow rapidly.

⇒ Painless & non debilitating diarrhoea

❖ Modalities

⇒ Aggravation

- loss of vital fluids
- Sexual excess

⇒ Amelioration

- Sitting & standing
- Warmth of bed

2. Equisetum

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Passes large quantity of clear watery urine without relief.
- ⇒ Sever dull pain in bladder, as from distension not relived after urinating.
- ⇒ Enuresis day & night with profuse watery urine of unknown cause.
- ⇒ Pain in region of right kidney extends to lower abdomen.
- ⇒ Sharp, burning, cutting pain in urethra while urinating.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Na

❖ Other Guiding Symptoms

- ⇒ Incontinence in children, with dreams or night mares when passing urine.
- ⇒ Much mucus in urine.
- ⇒ Albuminuria , involuntary urination.

❖ Modalities

- ⇒ Aggravation
 - Movement
 - Pressure
 - Right side
- ⇒ Amelioration
 - lying down

3. Nitric Acid

❖ A/F

⇒ Over excretion, mercury, syphilis.

❖ Indicating Symptoms

- ⇒ Urine is very pungent, strong smelling like horse's urine.
- ⇒ Urine -cold when it passes out, but while urinating, there may be smarting & burning pain in urethra.
- ⇒ Haematuria with bloody mucus & purulent discharge.
- ⇒ Skin: dry, yellow with deep & cracked fissure.
- ⇒

❖ Constitution

⇒ Specially for thin, weak, depilated person with dark complexion , black hair & eyes.

- ⇒ Miasm: Covered all three miasm..Psora, syphilis, sycosis.
- ⇒ Relation: Chilly pt.
- ⇒ Temperament: nervous& irritable.
- ⇒ Diathesis: Haemorrhagic.

❖ **Physical Generals**

- ⇒ Physical irritability is more prominently marked than mental.
- ⇒ Extreme sensitiveness & nervous trembling. Physical & nervous irritability.
- ⇒ Splinter like pain comes suddenly & go suddenly.

❖ **Mental Generals**

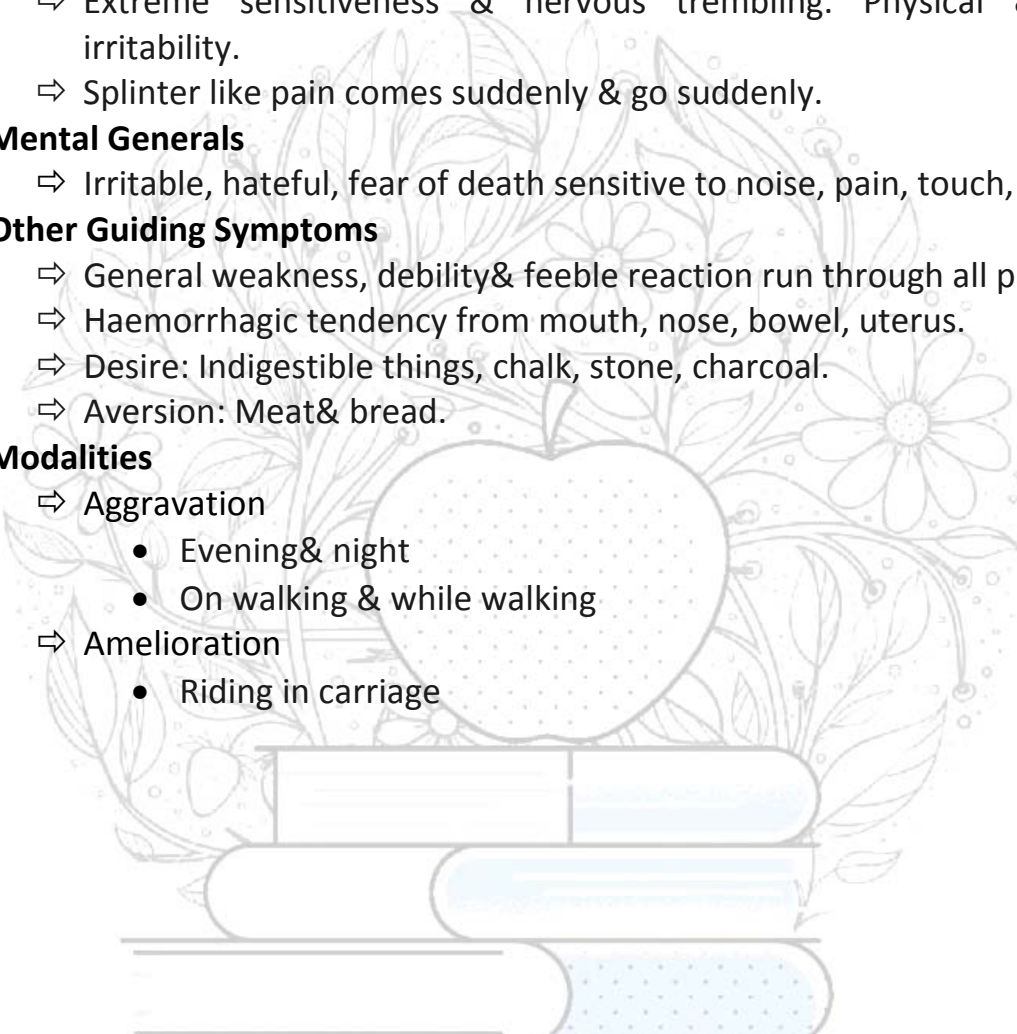
- ⇒ Irritable, hateful, fear of death sensitive to noise, pain, touch, jar.

❖ **Other Guiding Symptoms**

- ⇒ General weakness, debility& feeble reaction run through all parts.
- ⇒ Haemorrhagic tendency from mouth, nose, bowel, uterus.
- ⇒ Desire: Indigestible things, chalk, stone, charcoal.
- ⇒ Aversion: Meat& bread.

❖ **Modalities**

- ⇒ Aggravation
 - Evening& night
 - On walking & while walking
- ⇒ Amelioration
 - Riding in carriage



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HNSHMC STUDENTS

49. Cirrhosis Of Liver

1. Cardus Marinus

❖ A/F

⇒ Lying on left side, beer, pressure.

❖ Indicating Symptoms

- ⇒ It acts upon the liver & portal system.
- ⇒ Pain in region of liver..left lobe very sensitive.
- ⇒ fullness & soreness with moist skin
- ⇒ Swelling of gall bladder with painful tenderness.
- ⇒ Hyperaemia of liver with jaundice.
- ⇒ Cirrhosis with dropsy

❖ Constitution

⇒ NA

❖ Physical Generals

- ⇒ Liver enlargement in transverse direction.
- ⇒ Sadness, depressed & hypochondriacal with vertigo & dull heavy pain in forehead.
- ⇒ Stool: clay coloured stool, hard, difficult, knotty with diarrhoea.

❖ Mental Generals

⇒ Forgetful, apathetic.

❖ Other Guiding Symptoms

- ⇒ Want of appetite with nausea, retching & vomiting of green acid fluids.
- ⇒ Dragging pain in right hypochondrium when lying down left side.
- ⇒ Complains from abuse of alcoholic beverages.
- ⇒

❖ Modalities

- ⇒ Aggravation
 - Lying on left side
 - Pressure.
- ⇒ Amelioration
 - Rest

2. Chelidonium

❖ A/F

⇒ Change of weather.

❖ Indicating Symptoms

- ⇒ Hepatic disease such as jaundice, when there is constant pain under the lower & inner angle of right scapula.
- ⇒ Yellow, grey colour of whole skin.

- ⇒ Fermentation & sluggish bowels.
- ⇒ Liver enlargement, gallstone.
- ⇒ Face, forehead, nose, cheeks are yellow.
- ❖ **Constitution**
 - ⇒ Adapted to person of light complexion, thin & irritable having gastric & abdominal complain at any stage, sex and temperament.
- ❖ **Physical Generals**
 - ⇒ Mainly affected right side.
 - ⇒ Constant pain under the lower & inner angle of right scapula.
 - ⇒ Desire for hot drinks.
 - ⇒ All troubles are better after dinner.
- ❖ **Mental Generals**
 - ⇒ Indifferent, Irritable.
- ❖ **Other Guiding Symptoms**
 - ⇒ NA
- ❖ **Modalities**
 - ⇒ Aggravation
 - Right side
 - Motion
 - Touch
 - ⇒ Amelioration
 - After dinner
 - Pressure

3. Myrica

- ❖ **A/F**
 - ⇒ Motion
- ❖ **Indicating Symptoms**
 - ⇒ Dull pain in right region of liver.
 - ⇒ Complete jaundice with bronze yellow skin.
 - ⇒ Fullness in stomach & abdomen.
 - ⇒ Liver affection with heart complaints with urticaria.
 - ⇒ Flatus is passed constantly while walking.
 - ⇒ Urging to stool but passes only great amount of flatus.
 - ⇒ Stool: foul, pasty of grey colour.
- ❖ **Constitution**
 - ⇒ NA
- ❖ **Physical Generals**
 - ⇒ Mainly acts in liver with jaundice & mucus membrane.
 - ⇒ Persistent sleeplessness.
 - ⇒ Bitter taste & nauseous with offensive.
- ❖ **Mental Generals**

⇒ Irritable, Indifference, Gloomy.

❖ **Other Guiding Symptoms**

⇒ NA

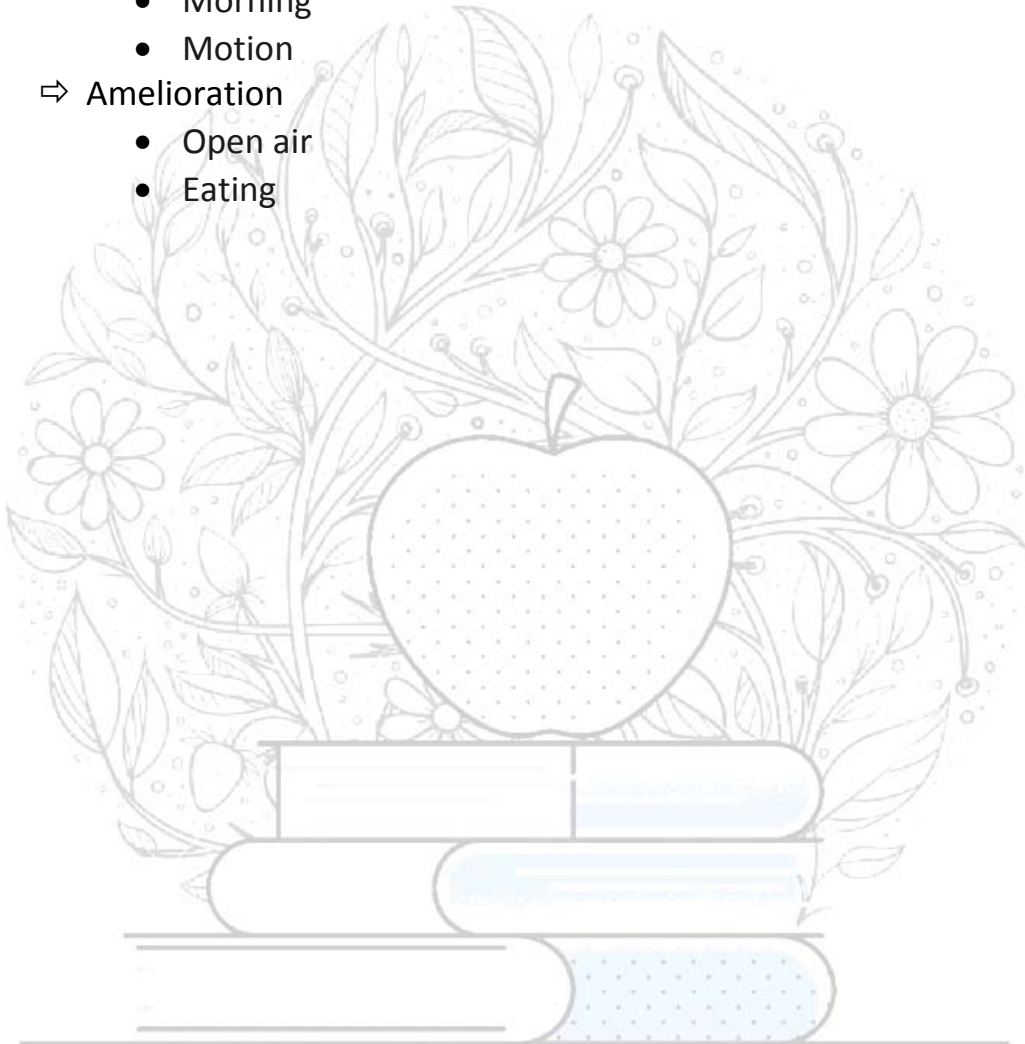
❖ **Modalities**

⇒ Aggravation

- After sleep
- Morning
- Motion

⇒ Amelioration

- Open air
- Eating



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HNSHMC STUDENTS

50. Headache

1. Lac Def

❖ A/F

⇒ Milk

❖ Indicating Symptoms

⇒ Causation : loss of sleep.

⇒ Location : begins in forehead extending to occiput.

⇒ Sensation : as if head would burst & head was lifted off and brain was coming out .

⇒ Pain is most excruciating & unbearable and intense throbbing pain in forehead.

⇒ Headache associate with intense photophobia , nausea , vomiting , blindness.

⇒ Skull feels lifted up.

❖ Constitution

⇒ Physical make up : pale , sickly , anaemic look , persons with sallow complexion.

⇒ Relation with heat & cold : Chilly pt.

⇒ Miasm : Psora & Syphilis .

❖ Physical Generals

⇒ Great restlessness , extreme & protracted suffering from loss of sleep.

⇒ Disease with faulty & defective nutrition with reflex affection of nervous centres.

⇒ Sensation as if cold air was blowing on her even while covering up.

❖ Mental Generals

⇒ Pt. is mentally despondent.

⇒ Does not care to live .

⇒ Has no fear of death but it sure he is going to die.

❖ Other Guiding Symptoms

⇒ Constipation : stool large , hard , painful , extorting cries .

⇒ Milk sickness.

⇒ Menses delayed ; suppressed by putting hand in cold water .

⇒ Drinking a glass of milk will promptly suppress flow until next period.

❖ Modalities

⇒ Aggravation

- In morning
- On rising
- Light
- Motion
- During menses

- ⇒ Amelioration
 - Pressure
 - Tight banding
 - Profuse urination
 - Cold

2. Nat Mur

❖ A/F

- ⇒ Heat of summer , Strom , cold drink.
- ⇒ Bad effects of anger, grief, excessive use of salt.

❖ Indicating Symptoms

- ⇒ Headache is due to heat of summer , chronic effect of sun stroke.
- ⇒ Location : first felt in occiput.
- ⇒ Sensation : as if head feels too large and it would burst.
- ⇒ Pain is tearing , shooting with Sensation of pressure fullness in head as if forehead was going to burst.
- ⇒ Inability to think or perform any Mental labour.

❖ Constitution

- ⇒ Physical make up : leucophlegmatic constitution , pt. has aversion to open air , pale face , blue ring around the eyes.
- ⇒ Relation with heat & cold : Chilly pt.
- ⇒ Miasm : Psora

❖ Physical Generals

- ⇒ Emaciation with pale face & blue ring around the eyes , dilated pupils.
- ⇒ Watery skin & great debility.
- ⇒ Aversion to milk.

❖ Mental Generals

- ⇒ Attacks of anxiety & restlessness during thunderstorms.
- ⇒ Intolerable melancholy & apprehension.
- ⇒ Inability to think or to perform mental labour.

❖ Other Guiding Symptoms

- ⇒ Great debility caused by heat of summer.
- ⇒ Nose is swollen & ulcerated with thick yellow or green offensive discharge.
- ⇒ Discharge of mucous from vagina after an embrace.

❖ Modalities

- ⇒ Aggravation
 - Summer heat
 - Music
 - Mental exertion
 - Thunderstorms
- ⇒ Amelioration

- Moving about

3. Glonoinum

❖ A/F

⇒ Sun , heat of fire , fright , injury , hair cut.

❖ Indicating Symptoms

⇒ Headache in working under gas- light when heat full on the head or walking in sunlight , during pregnancy and menopause.

⇒ Head feels ENORMOUSLY LARGE , as if skull were too small for the brain.

⇒ THROBBING & PULSATING type of headache.

⇒ Pt. hold the head with both hands .

⇒ Great soreness in head.

⇒ Heaviness of the head with rush of blood towards the head.

❖ Constitution

⇒ Physical make up : plethoric sensitive person who are very irritable.

⇒ Temperament : Nervous

⇒ Relation with heat & cold : Hot pt.

⇒ Miasm : Psora

❖ Physical Generals

⇒ Sensation of pulsation throughout the body.

⇒ General weakness & depression from heat.

⇒ Acts violently & suddenly in acute disease.

❖ Mental Generals

⇒ Bad effects of mental excitement, mechanical injuries.

⇒ Fright , fear , hair cut , sun stroke.

❖ Other Guiding Symptoms

⇒ Surging of blood to head & heart.

⇒ Weakness & trembling of tongue , hands , legs & entire body.

❖ Modalities

⇒ Aggravation

- In sunlight

- Gas- light

- Having hair cut

⇒ Amelioration

- Bending head backward

- Covering

4. Sanguinaria

❖ A/F

⇒ Cold , draft of air , change of weather.

❖ **Indicating Symptoms**

⇒ Right sided headache , begins in the occiput , spread upwards & settles over the right eye.

⇒ Sensation as if head would burst or as if eyes would be pressed out.

⇒ Periodic sick headache , every seventh day.

⇒ Throbbing , pulsating & congestive headache.

❖ **Constitution**

⇒ Relation with heat & cold : Chilly pt.

⇒ Miasm : Psora

⇒ Diathesis : Tubercular

❖ **Physical Generals**

⇒ CIRCUMSCRIBED REDNESS ON THE CHEEKS .

⇒ Burning sensation as if caused by hot water.

⇒ Right sided remedy.

⇒ Highly chilly pt.

❖ **Mental Generals**

⇒ Irritable , morose , Grumbling.

⇒ Borrows trouble.

⇒ Indisposed to move or make any mental effort.

❖ **Other Guiding Symptoms**

⇒ Rheumatism of right arm & shoulder.

⇒ Breath & sputa are very offensive.

⇒ Dry hacking cough.

⇒ Sudden stoppage of cough brings on diarrhoea.

❖ **Modalities**

⇒ Aggravation

- In morning
- From weather change
- Cold

⇒ Amelioration

- By sleep.

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HNSHMC STUDENTS

5. **Nux Vomica**

❖ **A/F**

⇒ Tobacco , sedentary life style , alcohol.

❖ **Indicating Symptoms**

⇒ Causation : result of bad effects of taking alcohol , Tobacco, sedentary life style, smoking, exposure to draught of cold air.

⇒ Sensation : as if head would burst with congestion , heaviness , pressure.

⇒ Headache of gastric origin .

⇒ Scalp is very sensitive to touch.

❖ Constitution

- ⇒ Physical make up : dark hair with dark complexion, lead to sedentary life style.
- ⇒ Temperament : Biliious , sanguine Irritable.
- ⇒ Relation with heat & cold : Chilly pt.
- ⇒ Miasm : Psora

❖ Physical Generals

- ⇒ Over sensitiveness to the external impression to noise , light , touch.
- ⇒ Tendency to faint .
- ⇒ Pains are tingling , sticking , aching.

❖ Mental Generals

- ⇒ Jealous person.
- ⇒ Person who are very particular , careful but inclined to become easily excited or angered .

❖ Other Guiding Symptoms

- ⇒ Frequent & ineffectual urging for stool & urination.
- ⇒ Nausea long constant after eating , pt. feels if I could only vomit I would be so much better.
- ⇒ Convulsions with consciousness.

❖ Modalities

- ⇒ Aggravation
 - In morning
 - Loss of sleep
 - Touch
 - Noise.
- ⇒ Amelioration
 - by vomiting
 - Sitting quite
 - Lying down.

6. Spigellia

❖ A/F

- ⇒ Motion & turning the eyes.

❖ Indicating Symptoms

- ⇒ Pain beneath frontal eminence & temples extending to eyes.
- ⇒ Semi - lateral involving left eyes.
- ⇒ Throbbing & violent pain.
- ⇒ Pain as if a band around head.
- ⇒ Vertigo , hearing exalted.

❖ Constitution

- ⇒ Physical make up - anaemic , debilitated subject who are broke down , pale with light hair.

- ⇒ Temperament : Nervous
- ⇒ Relation with heat & cold : chilly pt.
- ⇒ Miasm : Psora
- ⇒ Diathesis : Rheumatic

❖ **Physical Generals**

- ⇒ Left sided affection.
- ⇒ Body painfully sensitive to touch.
- ⇒ Pains are sharp , stitching , sticking.
- ⇒ Pain increase & decrease with rising & setting of sun.

❖ **Mental Generals**

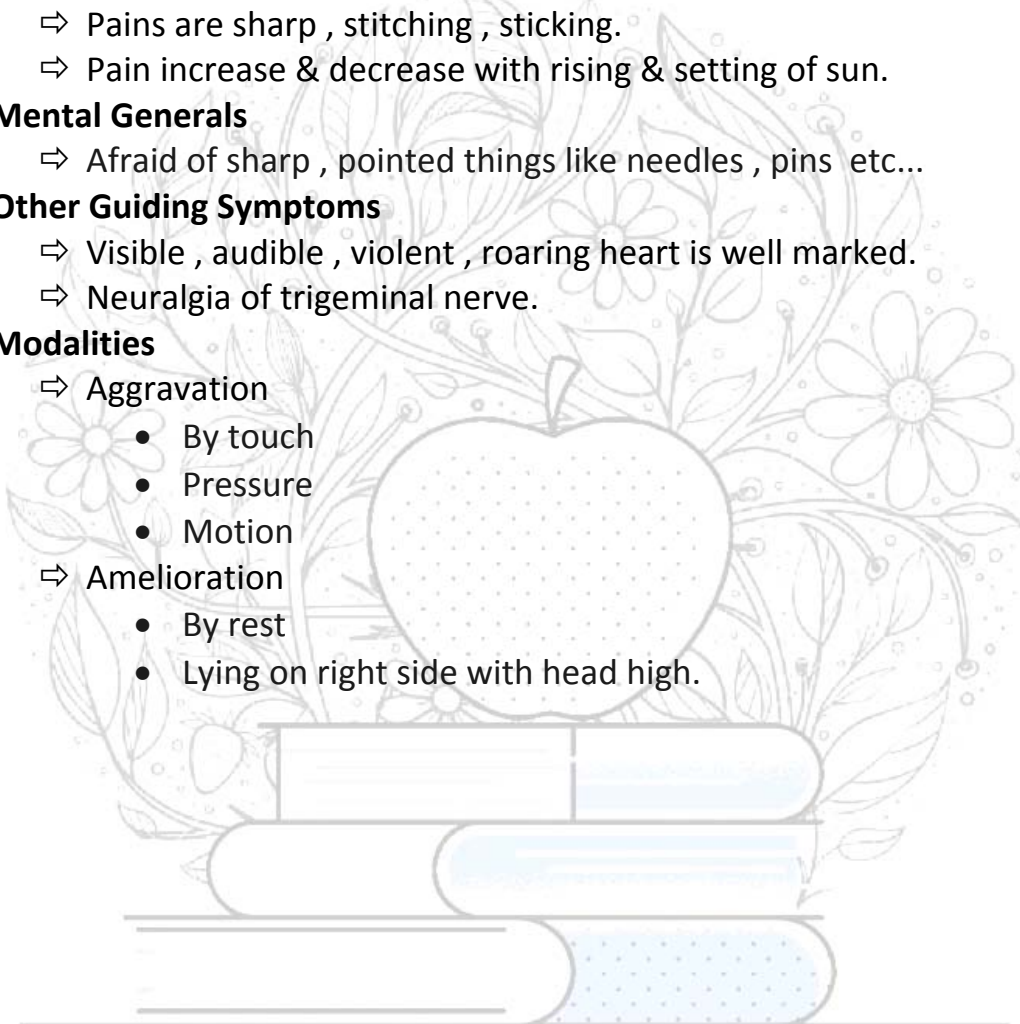
- ⇒ Afraid of sharp , pointed things like needles , pins etc...

❖ **Other Guiding Symptoms**

- ⇒ Visible , audible , violent , roaring heart is well marked.
- ⇒ Neuralgia of trigeminal nerve.

❖ **Modalities**

- ⇒ Aggravation
 - By touch
 - Pressure
 - Motion
- ⇒ Amelioration
 - By rest
 - Lying on right side with head high.



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HNSHMC STUDENTS

51. Glomerulonephritis

1. Cantharis

❖ A/F

⇒ Anger, paroxysm of rage etc.

❖ Indicating Symptoms

⇒ Intolerable, urging and tenesmus. burning is key note.

⇒ Nephritis with bloody urine.

⇒ Violent paroxysm of cutting and burning in whole renal region with painful urging to urinate blood urine by drop.

⇒ Cutting before during and after urine.

⇒ Urine scald and passed drop by drop.

⇒ Urine jelly like shreddy.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Discharge are bloody , acrid , watery , tenesmus.

⇒ Pains are cutting, smarting or burning biting or as if row ; causing mental excitement .

⇒ Sudden attacks of weakness that takes the voice away.

❖ Mental Generals

⇒ Sudden loss of consciousness with red face.

⇒ Suddenly goes into stupor . Confusion of mind.

⇒ Head hot , frenzy , delirium with great excitement and rage.

⇒ Fear and confusion of ideas.

❖ Other Guiding Symptoms

⇒ Over sensitiveness of all parts.

⇒ Pain raw , sore , burning in every part of the body .

⇒ Disgust for everything , drink , food , tobacco.

⇒ Drinking even small quantities of water increase pain in bladder.

❖ Modalities

⇒ Aggravation

- Touch
- Urinating
- Drinking cold water or coffee.

⇒ Amelioration

- Rubbing

2. Apis Mel

❖ A/F

⇒ Grief , fright, rage , vexation , jealousy hearing bad news , mental shocks, suppressed eruption.

❖ **Indicating Symptoms**

⇒ Burning Soreness when urinating.

⇒ Strangury pain in region of kidney Soreness on pressure or when passage of only a few drops.

⇒ Urine scanty and high coloured with thirstlessness.

⇒ Incontinence of urine from coughing and other circumstances.

⇒ Burning and stinging in urethra.

⇒ Urine often bloody ,milky appearance very dark and frothy very fetid sediment reddish brown like coffee grounds.

❖ **Constitution**

⇒ Physical make up:

- Strumous constitution
- Bag like swelling under the lower eyelid pale.
- Waxy oedematous face .

⇒ Temperament : Irritable temperament

⇒ Relation with heat and cold : Hot patient

⇒ Miasm : Psora

⇒ Diathesis: scrofulous diathesis

❖ **Physical Generals**

⇒ Extreme sensitiveness to touch and general bruised soreness is marked.

⇒ Sensation of constriction.

⇒ Symptoms develop rapidly.

⇒ Right side is affected more.

⇒ Symptoms go from right to left.

⇒ Thirstlessness.

❖ **Mental Generals**

⇒ Irritable, nervous fidgety , hard to please , apathy , indifference and unconscious are well Marked.

⇒ Sudden shrill, piercing screams specially during brain diseases .

⇒ Mental state aggravate from heat and in warm room better in cold weather.

❖ **Other Guiding Symptoms**

⇒ Apis is more a right sided medicine , symptoms proceed from right to left.

⇒ Aversion to tight bandage.

⇒ Pain is burning stinging and Soreness migrate from one part to another.

⇒ Skin alternating dry and perspiring.

❖ **Modalities**

⇒ Aggravation

- After sleep
- Closed warm & heated room

- ⇒ Amelioration
 - Cold
 - Uncovering

3. Clematis Erecta

❖ A/F

- ⇒ Suppressed gonorrhoea.

❖ Indicating Symptoms

- ⇒ Frequent , scanty dribbling urination.
- ⇒ Burning and sense of constriction in urethra.
- ⇒ Patient has to wait a long time before urinate.
- ⇒ The flow is slow or interrupted.
- ⇒ Pain worse at night.

❖ Constitution

- ⇒ It acts best on light haired people, torpid cachectic condition.
- ⇒ Miasm: All three chiefly sycotic.

❖ Physical Generals

- ⇒ Great debility.
- ⇒ Neuralgic pain in various part.
- ⇒ Vibrating sensation through the body after lying down.

❖ Mental Generals

- ⇒ Indifference.
- ⇒ Fear of being alone but disinclined to meet even agreeable company.
- ⇒ Ailments from homesickness.
- ⇒ Melancholy.
- ⇒ Peevish dissatisfied without any cause.

❖ Other Guiding Symptoms

- ⇒ Nearly all symptoms aggravates at night.
- ⇒ Interrupted flow of urine with burning sensation during maturation.
- ⇒ Toothache relieved by holding cold water in mouth.
- ⇒ Painful swelling and indurations of glands.

❖ Modalities

- ⇒ Aggravation
 - Increased moon or at night.
- ⇒ Amelioration
 - Warming room

52. Gastritis

1. Ars Alb

❖ A/F

⇒ Chill , in winter, abuse of tobacco , sea bathing etc.

❖ Indicating Symptoms

⇒ Cannot bear the sight or smell of food.

⇒ There is burning pain with intense heat in the pit of stomach and pressure in stomach especially after eating.

⇒ Great anxiety about stomach, become Restless and rolls about.

⇒ Nausea and vomiting of entire food and water as soon as it touches the stomach.

⇒ Vomiting black bile and blood. dark offensive scanty and putrid.

⇒ Patients is restless with fear of death.

❖ Constitution

⇒ Physical make up:

- The patient is lean, thin , debilitated
- Having Hippocratic face, dirty and waxy look if skin .

⇒ Temperament: very fastidious

⇒ Relation with heat and cold: chilly

⇒ Miasm : all three

⇒ Diathesis: scrofulous

❖ Physical Generals

⇒ Weakness and emaciation rapid.

⇒ Discharge of mucous membrane are acrid , thin and scanty .

⇒ Very restless.

❖ Mental Generals

⇒ Depressed , irritable , extremely restless and anxious.

⇒ Fear of death or think that his disease is incurable.

⇒ Extremely fastidious wants everything in order neat and clean.

⇒ Full of anguish.

❖ Other Guiding Symptoms

⇒ Burning pain relived by heat except in head .

⇒ Complaint return periodically.

⇒ All discharge are acrid , scanty , putrid dark and offensive , cadaverous colour.

⇒ Thirst for small quantities of water at short intervals

⇒ Mid day and mid night aggravation.

⇒ Cannot bear the sight of food.

❖ Modalities

⇒ Aggravation

- Mid day and mid night
 - Lying on affected side
 - Cold food and drinks
- ⇒ Amelioration
- From heat
 - Hot drinks

2. Nux Vomica

❖ A/F

- ⇒ High living , taking highly spiced season food , irregular diet sedentary habits.

❖ Indicating Symptoms

- ⇒ Sour taste and nausea in morning after eating, weight and pain stomach.
- ⇒ Region of stomach very sensitive to pressure.
- ⇒ Difficult belching of gas want to vomit but cannot.
- ⇒ Epigastrium bloated with pressure of stone , several hours after eating.

❖ Constitution

- ⇒ Physical make up: ideally suited to thin spare subject , with dark hair and dark complexion , who lead a sedentary lifestyle , nervous , extremely susceptible to external impression , habituated to over study, from highest to lower standard.
- ⇒ Temperament: bilious , sanguine , irritable and impatient temperament
- ⇒ Relation with heat and cold: chilly
- ⇒ Miasm: Psora

❖ Physical Generals

- ⇒ Over sensitiveness .
- ⇒ Tonic and clonic spasm of limbs and muscle.
- ⇒ There is lack of balance.
- ⇒ Desire for stimulation , pungent and bitter things, alcohol and fat food.
- ⇒ Aversion to bread ,water ,coffee and ordinary food and drinks.

❖ Mental Generals

- ⇒ All consequent upon the modern so called civilized life and high living , originating from irritation of the nervous system and brain , readily serve to identify Nux Vomica from other.
- ⇒ Very irritable , careful, fastidious, zealous and us despondent and quarrelsome, spiteful and malicious
- ⇒ Wants to be alone.
- ⇒ Ill humour , finds fault with everybody and scold them.

❖ Other Guiding Symptoms

- ⇒ For all consequences and results arising from and incidental to modern life , people of all walks of life age, sex and temperament.

- ⇒ Debauches of thin , irritable nervous disposition , liable to indigestion and hepatic trouble.
- ⇒ Frequently and ineffectual desire for stool and urine. Convulsions with consciousness worse by touch and movement , light and odour.
- ⇒ There is lack of balance.

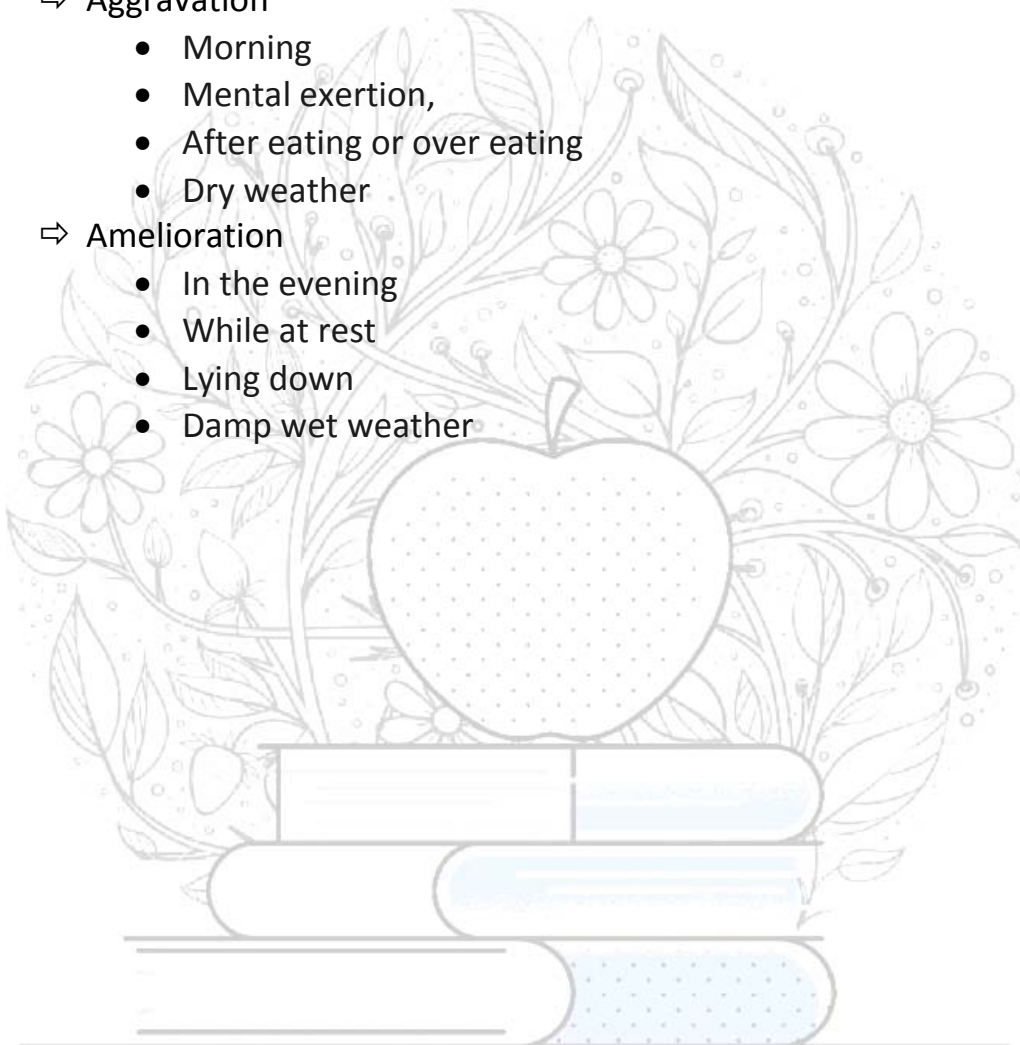
❖ **Modalities**

⇒ Aggravation

- Morning
- Mental exertion,
- After eating or over eating
- Dry weather

⇒ Amelioration

- In the evening
- While at rest
- Lying down
- Damp wet weather



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HNSHMC STUDENTS

53. Heat Stroke

1. Glonoine

❖ A/F

- ⇒ From excess of heat or cold, like sun heat, bright snow, fire heat, heat of stove .
- ⇒ Bad effects from having haircut.

❖ Indicating Symptoms

- ⇒ Head feels enormously large , as if skull is too small for brain.
- ⇒ Sunstroke & sun headache which is increases & decreases everyday with sun.
- ⇒ Terrific shock in the head synchronous with the pulse, throbbing, pulsating headache, hold the head with both the hands cannot lie down." as the pillow would beat."
- ⇒ Brain feels too large, full, bursting blood seems to be pumped upwards throbs at every jar, steps pulse.
- ⇒ Cerebral congestion or alternate congestion of the head & heart .
- ⇒ Flushes of head at the climacteric.
- ⇒ Surging of blood to head & heart .

❖ Constitution

- ⇒ Especially suited to plethoric, sensitive person who are very irritable & easily excited by slightest opposition.
- ⇒ Thermal - Hot pt.
- ⇒ Temperament - Nervous.
- ⇒ Miasm - Psora in background.

❖ Physical Generals

- ⇒ Children get sick in the evening when sitting before an open coal fire or falling asleep there.
- ⇒ It acts upon the circulation where it causes violent pulsation, ebullitions & irregular congestion.
- ⇒ Patient desire for cold drinks & aversion to food.

❖ Mental Generals

- ⇒ Loss of senses, confused.
- ⇒ Loses himself in well-known localities.
- ⇒ Fears she has been poisoned.
- ⇒ She cannot remember well-known street they seem strange.
- ⇒ Repulses her husband or children.

❖ Other Guiding Symptoms

- ⇒ Intense congestion of brain from delayed or suppressed menses.
- ⇒ Headache in place of menses.

❖ Modalities

- ⇒ Aggravation
 - In the sun, exposure to sun's rays, gas light , overheating ,jar.
 - Stooping ascending
- ⇒ Amelioration
 - Open air

2. Belladonna

❖ A/F

- ⇒ Exposure to heat of sun.
- ⇒ Exposure to cold air .
- ⇒ Suppressed perspiration.
- ⇒ Congestion & suppression of catarrhal flow.

❖ Indicating Symptoms

- ⇒ Sudden & violent effects.
- ⇒ Burning heat , bright redness & dryness are very marked.
- ⇒ Rush of blood to head & face.
- ⇒ Congestive headache with red face , throbbing of brain & carotids.
- ⇒ Boring the head into the pillow.
- ⇒ Pain usually in short attacks, cause redness of face & eyes , fullness of head.

❖ Constitution

- ⇒ Light hair & blue eyes , fine complexion , delicate skin.
- ⇒ Person who are lively & entertaining when well but violent & often delirious when sick.
- ⇒ Thermal - chilly pt.
- ⇒ Temperament - bilious, lymphatic & nervous.
- ⇒ Diathesis - Tubercular .
- ⇒ Miasm - Psora in background.

❖ Physical Generals

- ⇒ Great liability to take cold .
- ⇒ Patient is sensitive to draft of air specially when uncovering the hands .
- ⇒ Tonsils become inflamed after riding in a cold wind.
- ⇒ Pain comes suddenly, last indefinitely & cease suddenly.

❖ Mental Generals

- ⇒ Fear of imaginary things , wants to run away from them.
- ⇒ Imagines he sees ghost , hideous faces & various insects , black animals, dogs , Wolves.
- ⇒ Mania- violent delirium, deposition to bite ,spit , strike & tear things breaks into fits of laughter & gnashing the teeth ,wants to bite & strike the attendants.

❖ Other Guiding Symptoms

- ⇒ Discharge are hot & scanty

- ⇒ Pains are throbbing ,sharp , cutting, shooting or clawing.
- ⇒ Head hot & feet cold during fever without thirst.

❖ **Modalities**

- ⇒ Aggravation
 - From touch
 - Motion
 - Noise
 - Draft of air
 - After 3 pm.
 - Uncovering the hands
- ⇒ Amelioration
 - Rest
 - Standing or sitting erect
 - Warm room

3. Nat Carb

❖ **A/F**

- ⇒ Heat of summer, chronic effect of sunstroke, Stom, exhaustion.

❖ **Indicating Symptoms**

- ⇒ Headache from slightest mental exertion also from sun or working under gas light.
- ⇒ Head feels too large as if it would burst.
- ⇒ Face is pale with blue rings around the eyes & eyelids swollen.
- ⇒ Thick , yellow ,green , offensive mostly hard discharge from nose , often ceasing after a meal.

❖ **Constitution**

- ⇒ Leucophlegmatic constitution
- ⇒ Face pale ,blue rough around eyes .
- ⇒ Miasm - Psora
- ⇒ Thermal - Chilly pt.

❖ **Physical Generals**

- ⇒ Great debility , exhaustion from least efforts mental or physical , ready to drop after a weak .
- ⇒ Aversion to milk.
- ⇒ Great desire for cold water a few hours after dinner.

❖ **Mental Generals**

- ⇒ Inability to think or to perform any mental labor .
- ⇒ Sadness, depression of spirits.
- ⇒ Intolerable , melancholy & apprehension she is wholly occupied with sad thoughts.

❖ **Other Guiding Symptoms**

⇒ NA

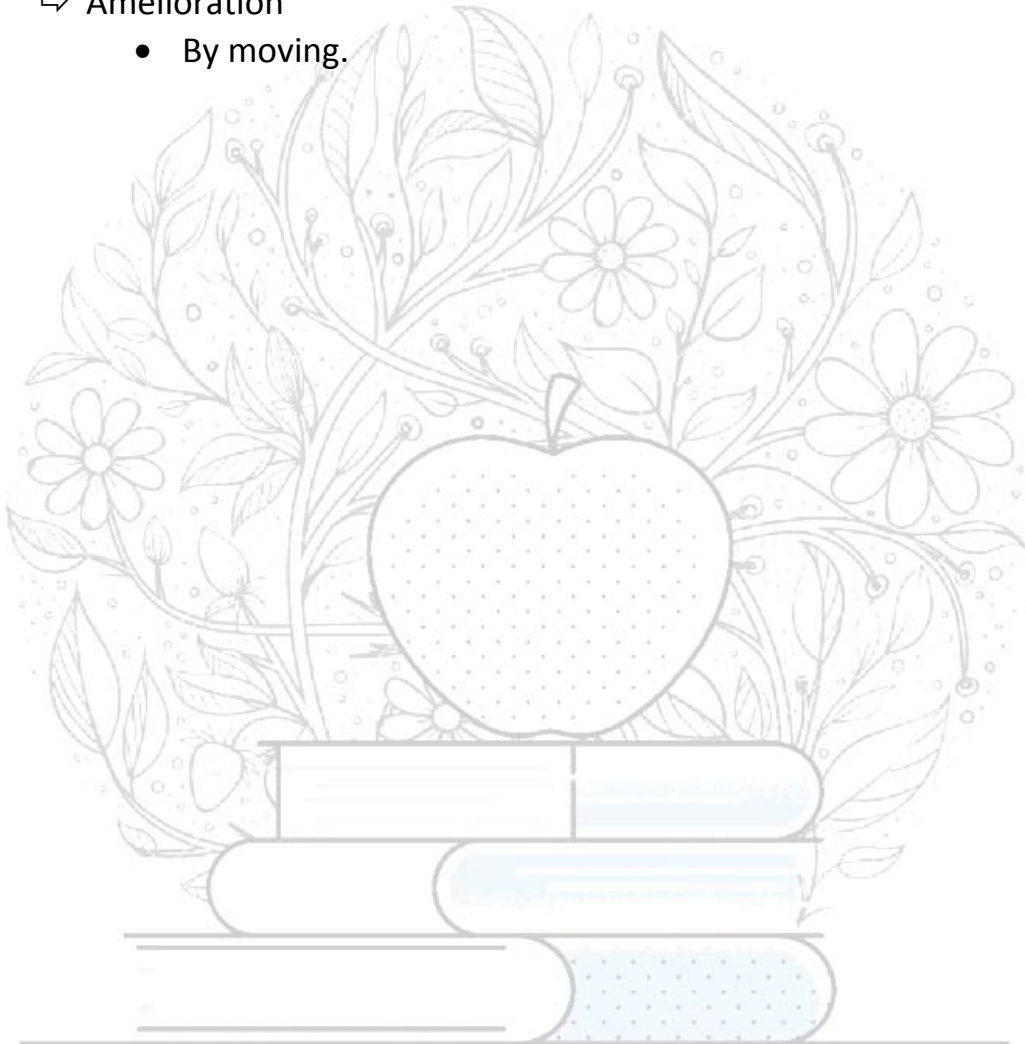
❖ **Modalities**

⇒ Aggravation

- Summer heat , in sun
- From music
- Mental exertion

⇒ Amelioration

- By moving.



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HNSHMC STUDENTS

54. Hemiplegia

1. Causticum

❖ A/F

- ⇒ Exposure to cold wind or draft.
- ⇒ Long lasting grief .
- ⇒ Bad effects of sorrow.
- ⇒ Suppression of skin eruption.

❖ Indicating Symptoms

- ⇒ Paralysis of single parts like vocal organs , tongue, eyelids, face , extremities , bladder generally of right side .
- ⇒ Dropping of upper eyelid , cannot keep them open.
- ⇒ Disturbed functional activity of brain & spinal cord from exhausting disease or severe mental shock resulting in paralysis.
- ⇒ Unsteady walking & easy falling of children.
- ⇒ Unsteadiness of muscle of forearm & hand.
- ⇒ Patient improves for a time then comes to a "stand still".

❖ Constitution

- ⇒ Adapted to person with dark hair & rigid fibre .
- ⇒ Physically very weak with excessively yellow, sallow complexion.
- ⇒ Hydrogenoid constitution.
- ⇒ Miasm - antipsoric & antisycotic.
- ⇒ Thermal - chilly pt.

❖ Physical Generals

- ⇒ It affects the rigid side most prominently.
- ⇒ Faint like sinking of strength , weakness & trembling.
- ⇒ Must move constantly but motion does not relieve.
- ⇒ At night patient unable to get an easy position or lie still a moment.

❖ Mental Generals

- ⇒ Aliment From long lasting grief & sorrow from loss of sleep , anger or vexation.
- ⇒ Intense sympathy for suffering of others.
- ⇒ Melancholy mood, sad, hopeless, sorrow with weeping " the least thing make the child cry".

❖ Other Guiding Symptoms

- ⇒ Contracted tendon.
- ⇒ Rheumatic tearing in limbs which better by warmth specially heat of bed.

❖ Modalities

- ⇒ Aggravation

- In clear fine weather, coming from air into warm room, draft of cold air.
 - From getting wet or bathing.
- ⇒ Amelioration
- In damp wet weather.

2. Plumbum Met

❖ A/F

- ⇒ Suppressed eruption.
- ⇒ Bad effects of mercury.
- ⇒ After mental disturbance, fright, grief, vexation, onanism, pride.

❖ Indicating Symptoms

- ⇒ Paralysis of single muscle.
- ⇒ Cannot raise or lift anything with the hand, extension is difficult.
- ⇒ Paralysis from overexertion of extensor muscles in piano players.
- ⇒ Wrist drop , cramps in calves.
- ⇒ Pain in right big toe at night very sensitive to touch.
- ⇒ Loss of patellar reflex.
- ⇒ Spasms - clonic, tonic from cerebral sclerosis or tremor & epilepsy or epileptic form convulsions

❖ Constitution

- ⇒ Face is greasy ,shiny, pale yellow, Hippocratic, cheeks are sunken, expressive of great anxiety & suffering.
- ⇒ Adapted to disease from spinal.
- ⇒ Miasm - syphilis.
- ⇒ Thermal - chilly pt.

❖ Physical Generals

- ⇒ Excessive & rapid emaciation ; general or partial paralysis with anaemia & great weakness .
- ⇒ Lassitude faints on going into a room full of company.
- ⇒ Muscular atrophy from sclerosis of spinal system.

❖ Mental Generals

- ⇒ Slow of perception.
- ⇒ Patient is intellectual torpor, gradually increasing apathy.
- ⇒ Loss of memory unable to find the proper word.
- ⇒ Delirium alternating with colic.

❖ Other Guiding Symptoms

- ⇒ Violet colic , sensation as if abdominal wall was drawn as if by a string to the spine.

❖ Modalities

- ⇒ Aggravation
 - At night

- Motion
- ⇒ Amelioration
 - Rubbing
 - Hard pressure
 - Physical exertion

3. Cocculus

❖ A/F

- ⇒ From anger , fright , noise .
- ⇒ Bad effects from mental excitement , night watching , loss of sleep.

❖ Indicating Symptoms

- ⇒ Trembling of arms & legs from excitement , exertion or pain.
- ⇒ One sided paralysis , worse after sleep.
- ⇒ Hands are alternately hot & cold.
- ⇒ Numbness & cold sweat now of one , now of the other hand.
- ⇒ Intensely painful paralytic drawing.
- ⇒ Paralytic pain in small of the back .
- ⇒ Pain in shoulder & arms as if bruised.

❖ Constitution

- ⇒ For women & children with light hair & eyes who suffer severely during menstruation & pregnancy; unmarried & children women.
- ⇒ Adapted to book-worm , sensitive , romantic girl with irregular menses, rakes, onanists & person debilitated by sexual excesses.
- ⇒ Miasm - Psora.
- ⇒ Temperament - mild & sluggish nervous person.

❖ Physical Generals

- ⇒ Loss of appetite, with metallic taste.
- ⇒ Great lassitude of whole body; it requires exertion to stand firmly.
- ⇒ Feels too weak to talk loudly.

❖ Mental Generals

- ⇒ Time passes too quickly.
- ⇒ Cannot bear contradiction.
- ⇒ Easily offended, every trifle makes him angry , speaks hastily.

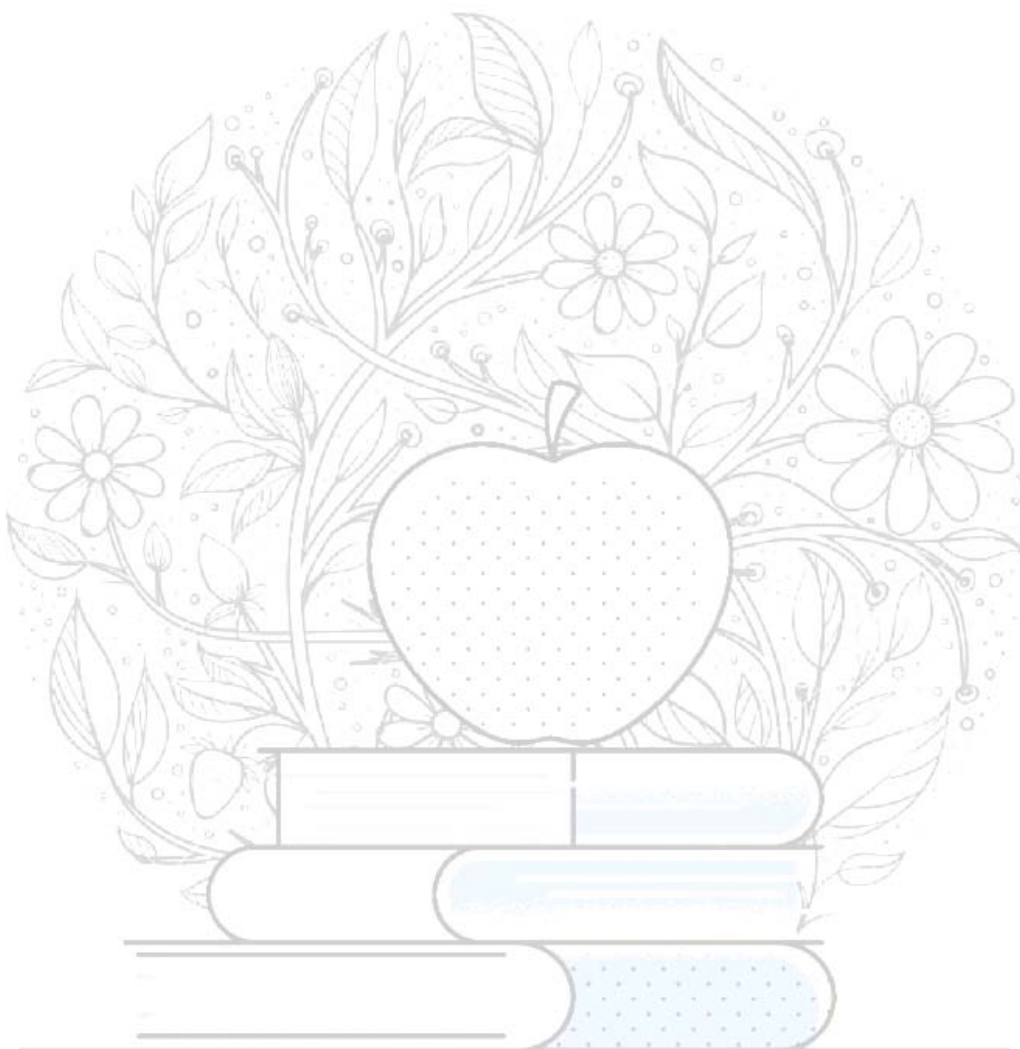
❖ Other Guiding Symptoms

- ⇒ Nausea & vomiting from riding in carriage , boat or railroad car.

❖ Modalities

- ⇒ Aggravation
 - Carriage riding, motion
 - Swing of ship
 - Sleeping
 - Smoking

- Talking
- ⇒ Amelioration
- NA



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HNSHMC STUDENTS

55. Psoriasis

1. Arsenic iodatum

❖ A/F

⇒ Study

❖ Indicating Symptoms

⇒ Venereal bubo

⇒ Psoriasis

⇒ Acne hard, spotty, indurated base with pustule at apex

⇒ Dry, scaly, itching

⇒ Ichthyosis

⇒ Enlarged scrofulous glands

⇒ Eczema of the beard; watery, oozing, itching; worse, washing

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Is to be preferred for persistently irritating, corrosive discharges

⇒ Hypertrophied condition of Eustachian tube and deafness

⇒ Recurrent fever and sweats. Drenching night-sweats

⇒ It will be indicated by a profound prostration, rapid, irritable pulse, recurring fever and sweats, emaciation; tendency to diarrhoea

❖ Mental Generals

⇒ Irritability.-Unable to study

❖ Other Guiding Symptoms

⇒ Vertigo, with tremulous feeling, especially in aged

⇒ Cancer of breast after ulceration has set in

⇒ Thin, watery, irritating, excoriating discharge from anterior and posterior nares

❖ Modalities

⇒ Aggravation

• Dry cold weather.

• Windy

• Foggy weather

• Excretion

• In room

• Tobacco smoke

⇒ Amelioration

• open air

2. Thyroidinum

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Psoriasis associated with adiposity (not in developing stage).
- ⇒ Itching without eruption, worse night.
- ⇒ Psoriasis: eruption extended & increased.
- ⇒ Syphilitic psoriasis.
- ⇒ Eczema: irritation of skin markedly allayed.
- ⇒ Teething eczema.
- ⇒ Peeling of skin of lower limb with gradual clearing (eczema).

❖ Constitution

⇒ NA

❖ Physical Generals

- ⇒ Thyroid produces anaemia, emaciation, muscular weakness, sweating, headache, nervous tremor of face and limbs, tingling sensations, paralysis
- ⇒ Thyroid weakness causes decided craving for large amount of sweets.
- ⇒ Rest in recumbent position > extreme breathlessness with lucidity, felt as if dying
- ⇒ Loss of consciousness and general Tonic muscular spasm for a few seconds

❖ Mental Generals

- ⇒ Stupor, alternating with restless melancholy
- ⇒ Irritable, worse least opposition
- ⇒ Very excited; excited state followed by considerable depression

❖ Other Guiding Symptoms

- ⇒ said to be effective in undescended testicle in boys
- ⇒ Marked sensitiveness to cold Hypothyroidism after acute diseases, i.e. weakness
- ⇒ Anxiety about chest, as if constricted. Palpitation from least exertion. Severe heart pain; Ready excitability of heart. Heart's action weak, with numbness of fingers.
- ⇒ Rheumatic arthritis with tendency to obesity, coldness and cramps of extremities

❖ Modalities

- ⇒ Aggravation
 - Lying exertion or cold
 - Stooping
- ⇒ Amelioration
 - Lying on abdomen or reclining position

3. Ars Alb

❖ A/F

⇒ Alcoholism, ptomaine poisoning, stings, dissecting wounds, chewing tobacco

❖ Indicating Symptoms

⇒ Itching, burning, swellings; oedema, eruption, papular, dry, rough, scaly; worse cold and scratching.

⇒ Urticaria, with burning and restlessness.

⇒ psoriasis.

⇒ Schirrous.

⇒ Gangrenous inflammations.

⇒ Anasarca, skin pale, waxy, earth coloured.

⇒ Malignant pustules.

❖ Constitution

⇒ The patient is lean, thin, debilitated having hippocratic face, dirty and waxy look of the skin.

❖ Physical Generals

⇒ Burning pains; the affected parts burn like fire, as if hot coals were applied to parts (Antr.), > by heat, hot drinks, hot applications.

⇒ Great prostration, with rapid sinking of the vital forces; fainting:

⇒ Great thirst for cold water; drinks often, but little at a time; eats seldom, but much.

⇒ Cannot bear the smell or sight of food.

❖ Mental Generals

⇒ Mentally restless, but physically too weak to move; cannot rest in any place: changing places continually.

⇒ Anxious fear of death; thinks it useless to take medicine, is incurable, is surely going to die; dread of death when alone, ongoing bed.

❖ Other Guiding Symptoms

⇒ Diarrhoea, after eating or drinking; stool scanty, dark-coloured, offensive, and whether small or large, followed by great prostration.

⇒ Unable to lie down for fear of suffocation.

⇒ Complaints return annually.

❖ Modalities

⇒ Aggravation

- After midnight
- From cold, cold drinks or food
- Lying on affected side

⇒ Amelioration

- From heat in general except headache

4. Graphites

❖ A/F

- ⇒ Grief & vexation.
- ⇒ Suppression of skin eruption.
- ⇒ Extreme of heat & cold.
- ⇒ Over lifting.

❖ Indicating Symptoms

- ⇒ Every little injury suppurate.
- ⇒ Unhealthy skin.
- ⇒ Old cicatrices break open again.
- ⇒ Eruption oozing out watery , transparent & sticky fluid .
- ⇒ Rough, hard, persistent dryness of portion of skin unaffected by eczema.
- ⇒ Early stage of keloid & fibroma.
- ⇒ Eruption upon ears, between fingers & toes & on various part of body.
- ⇒ Burning and stinging pain.

❖ Constitution

- ⇒ Usually a lady of climatic age , fair , fat & flabby .
- ⇒ Suited to women, inclined to obesity, who suffer from habitual constipation; with a history of delayed menstruation.

❖ Physical Generals

- ⇒ Leucorrhoea: acrid, excoriating; occurs in gushes day and night; before and after menses.
- ⇒ Sexual debility from sexual abuse.
- ⇒ Takes cold easily, sensitive to draught of air (Bor., Cal., Hep., Nux). Suffering parts emaciate.
- ⇒ Hears better when in a noise; when riding in a carriage or car, when there is a rumbling sound.

❖ Mental Generals

- ⇒ Excessive cautiousness; timid; hesitates; unable to decide about anything.
- ⇒ Music makes her weep.
- ⇒ Fidgety while sitting at work.

❖ Other Guiding Symptoms

- ⇒ Hard cicatrices remaining after mammary abscess, retarding the flow of milk; cancer of breast, from old scars and repeated abscesses.
- ⇒ Cataleptic condition; conscious, but without power to move or speak.
- ⇒ Sensation of cobwebs on forehead, tries hard to brush it off.

❖ Modalities

- ⇒ Aggravation
 - At night
 - During and after menstruation

56. Constipation

1. Plumbum Met

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Constipation: stools hard, lumpy, black like sheep-dung ; with urging and terrible pain from spasm of anus
- ⇒ Obstructed evacuation from indurated faeces, dryness of the excretions, paralysis or muscular atony; during pregnancy; from impaction of faeces; when Platina fails
- ⇒ Excessive pain in abdomen, radiating to all parts of body
- ⇒ Sensation in abdomen at night, which causes patient to stretch violently for hours; must stretch in every direction

❖ Constitution

- ⇒ Adapted to diseases from spinal origin
- ⇒ Complexion: pale, ash-coloured, yellow, corpse-like cheeks sunken; expressive of great anxiety and suffering

❖ Physical Generals

- ⇒ Excessive and rapid emaciation; general or partial paralysis; extreme, with anaemia and great weakness
- ⇒ Muscular atrophy from sclerosis of spinal system.
- ⇒ Distinct blue line along margin of gums

❖ Mental Generals

- ⇒ Mental depression. Fear of being assassinated
- ⇒ Quiet melancholy. Slow perception; loss of memory
- ⇒ Hallucinations and delusions. Intellectual apathy. Memory impaired

❖ Other Guiding Symptoms

- ⇒ Delirium alternating with colic
- ⇒ Distinct blue line along margin of gums
- ⇒ Lassitude; faints on going into a room full of company

❖ Modalities

- ⇒ Aggravation
 - Clear weather
 - Open air
 - Exertion
 - Motion
 - Touch
- ⇒ Amelioration
 - Rubbing
 - Hard pressure

2. Opium

❖ A/F

- ⇒ From fright
- ⇒ from charcoal vapour
- ⇒ From inhaling gas
- ⇒ Drunkards

❖ Indicating Symptoms

- ⇒ Digestive organs inactive; peristaltic motion reversed or paralyzed; bowels seem closed.
- ⇒ Constipation: of children; of corpulent, good-natured women; from inaction or paresis, no desire; from lead poisoning; stool hard, round black balls; faeces protrude and recede
- ⇒ Stool: involuntary, especially after fright; black and offensive; from paralysis of sphincter.
- ⇒ Spasmodic retention of faeces in small intestines.
- ⇒ Violent pain in rectum, as if pressed asunder.
- ⇒ Obstinate constipation; no desire to go to stool.

❖ Constitution

- ⇒ Especially adapted to children and old people;
- ⇒ Diseases of first and second childhood.
- ⇒ Persons with light hair, lax muscles, and want of bodily irritability.

❖ Physical Generals

- ⇒ All complaints; with great sopor; painless, complains of nothing; wants nothing.
- ⇒ They are painless, and are accompanied by heavy, stupid sleep, stertorous breathing.
- ⇒ Bed feels so hot she cannot lie on it ; more often in search of a cool place; must be uncovered.

❖ Mental Generals

- ⇒ Complete loss of consciousness; apoplectic state.
- ⇒ Unable to understand or appreciate his sufferings
- ⇒ Thinks he is not at home
- ⇒ Delirious talking, with wide open eyes.

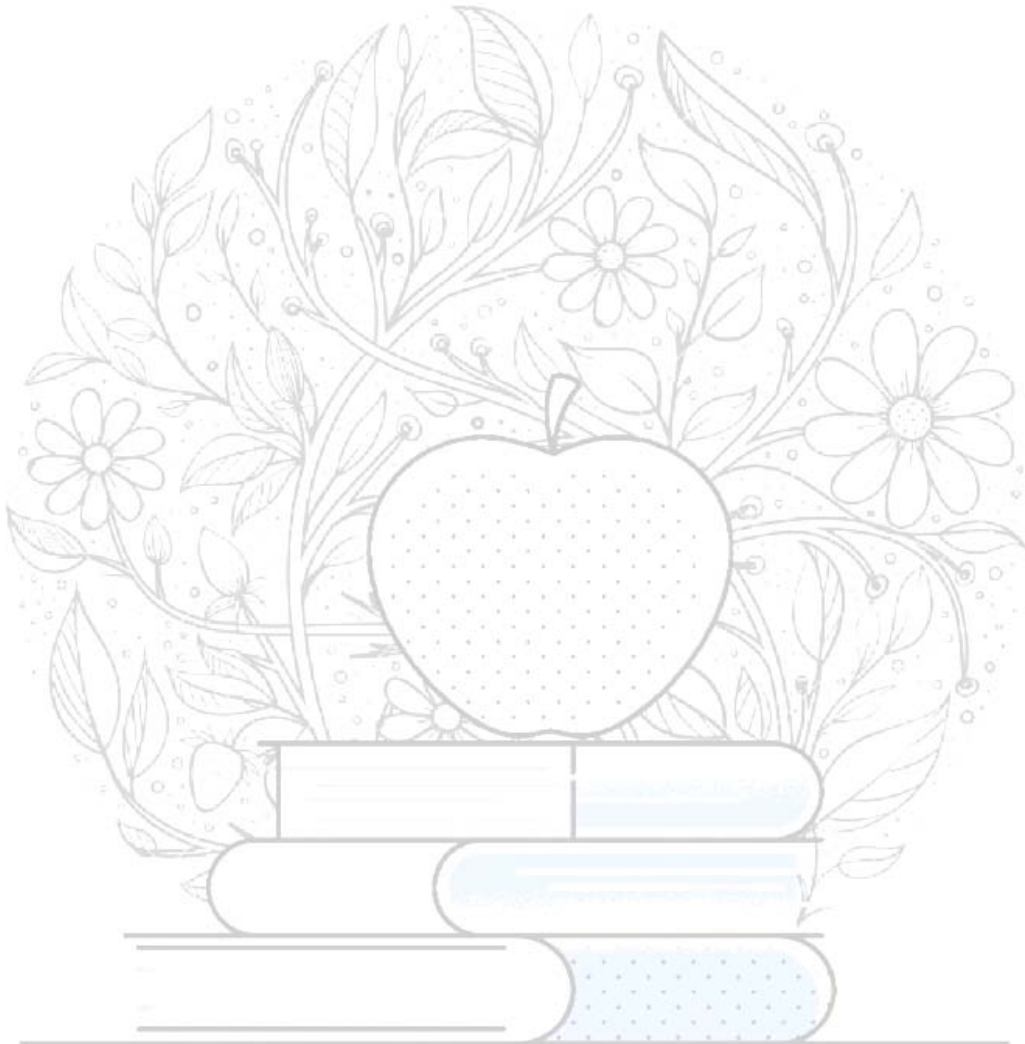
❖ Other Guiding Symptoms

- ⇒ sleepy but cannot sleep.
- ⇒ Loss of breath on falling asleep.
- ⇒ Spasms: of children , from approach of strangers ; from nursing after fright of mother.
- ⇒ Screaming before or during a spasm.

❖ Modalities

- ⇒ Aggravation
 - During and after sleep
 - While perspiration

- From warmth
 - Stimulants
- ⇒ Amelioration
- From cold
 - Constant walking



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HNSHMC STUDENTS

57. Various Heart Disease

1. Adonis Vernalis

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Mitral and aortic regurgitation.
- ⇒ Chronic aortitis.
- ⇒ Fatty heart pericarditis.
- ⇒ Rheumatic endocarditis.
- ⇒ Precordial pain, palpation and dyspnoea.
- ⇒ Marked venous engorgement.
- ⇒ cardiac asthma.
- ⇒ Myocarditis, irregular cardiac action, constriction and vertigo.
- ⇒ Pulse rapid, irregular.
- ⇒ Low vitality with weak heart and slow, weak pulse.
- ⇒ Other guiding symptoms
- ⇒ Heart affection after rheumatism or influenza or renal disease.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

- ⇒ Aggravation
 - Cold
 - Lying
- ⇒ Amelioration
 - Exertion

2. Cactus G

❖ A/F

⇒ Rheumatism, sun, damp weather and disappointment of love.

❖ Indicating Symptoms

- ⇒ Heart feels clutched and released alternately by an iron band as if bound, " had no room to beat."
- ⇒ Endocarditis with mitral insufficiency.

- ⇒ Violent palpitation; worse lying on left side, at approach to menses.
- ⇒ Pain in apex, shooting down left arm.
- ⇒ Endocardial murmurs, excessive impulse, increased precordial dullness, enlarged ventricle.
- ⇒ Low blood pressure.
- ⇒ Pulse irritable, intermittent, feeble.
- ⇒ Angina pectoris, with suffocation, cold sweat, and ever present iron band feeling.
- ⇒ Aneurism of large arteries and heart. Tobacco heart.
- ❖ **Constitution**
 - ⇒ Plethoric, full blooded persons.
 - ⇒ Miasm: Psora
 - ⇒ Temperament: sanguine temperament
 - ⇒ Heat and cold relation: neither hot nor chilly.
- ❖ **Physical Generals**
 - ⇒ Haemorrhage: from nose, lungs, stomach, rectum, bladder.
 - ⇒ Pain everywhere; darting, springing like chain lightning and ending with Sharp, vice-like grip, only to be again renewed.
- ❖ **Mental Generals**
 - ⇒ Melancholy, taciturn, sad, I'll humoured, fear of death.
- ❖ **Other Guiding Symptoms**
 - ⇒ Construction, contraction and congestion of any organ in the body
 - ⇒ The whole body feels as if caged and each wire is being twisted tighter and tighter.
 - ⇒ Periodicity is well marked.
- ❖ **Modalities**
 - ⇒ Aggravation
 - Lying on left side
 - Walking
 - Going upstairs
 - 11 AM and 11 PM
 - Sun heat
 - ⇒ Amelioration
 - Open air
 - Pressure on vertex

3. Digitalis

- ❖ **A/F**
 - ⇒ Alcohol, high living, sexual excess and tobacco.
- ❖ **Indicating Symptoms**

- ⇒ Sudden flushes of heat, followed by great nervous weakness and irregular intermitting pulse, occurring at the climacteric < by least motion.
- ⇒ Weak heart without valvular complications.
- ⇒ Sensation as if heart would stop beating if he moved.
- ⇒ Pulse full, irregular, very slow and weak; intermitting every 3rd, 5th, or 7th beat.
- ⇒ Fatal syncope may occur when being raised to upright position.
- ⇒ Pericarditis, copious serous exudation.
- ⇒ Hypertrophy with dilatation
- ⇒ Cardiac failure following fevers.
- ⇒ Cardiac dropsy.
- ❖ **Constitution**
 - ⇒ Miasm: Psora and sycosis miasm.
 - ⇒ Diathesis: scrofulous diathesis.
 - ⇒ Heat and cold relation: chilly patient.
- ❖ **Physical Generals**
 - ⇒ Prostration from slight exertion.
 - ⇒ Blueness of skin, with cyanosis of face, eyelid, lips, tongue and nails.
 - ⇒ Clean tongue and great thirst.
- ❖ **Mental Generals**
 - ⇒ Anxious about future.
 - ⇒ Sadness; with sleeplessness, from unhappy love; from music.
 - ⇒ Want to be alone.
 - ⇒ Every shock is felt in epigastrium.
- ❖ **Other Guiding Symptoms**
 - ⇒ Enlarged, sore and painful liver.
 - ⇒ Great weakness and deadly sinking in epigastrium with nausea and vomiting from smell of food.
- ❖ **Modalities**
 - ⇒ Aggravation
 - When sitting erect
 - After meals and music
 - Sexual excess
 - ⇒ Amelioration
 - When stomach is empty
 - Open air
 - Lying flat on back

4. Naja

- ❖ **A/F**
 - ⇒ NA

❖ Indicating Symptoms

- ⇒ Simple hypertrophy of heart.
- ⇒ Feeling of weight on heart.
- ⇒ Angina pain extending to nape of neck, left shoulder and arm with anxiety and fear of death.
- ⇒ Pulse irregular in force, but regular in rhythm.
- ⇒ Severe stitching pain in region of heart.
- ⇒ Typical bulbar paralysis, threatened paralysis of heart, post diphtheritic.
- ⇒ For restoring a heart damaged by acute inflammation, or from relief of suffering of chronic hypertrophy and valvular lesions.
- ⇒ Acute and chronic endocarditis
- ⇒ Irritating, dry, sympathetic cough in the acute stage of rheumatic carditis or chronic organic lesions.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Affects left side and symptoms have tendency to go from left to right.
- ⇒ Very susceptible to cold. Body cold and collapse.

❖ Mental Generals

- ⇒ Broods constantly over imaginary trouble.
- ⇒ Suicidal insanity.
- ⇒ Depressed, aversion to talking.
- ⇒ Dreads to be left alone.
- ⇒ Fear of rain.

❖ Other Guiding Symptoms

- ⇒ All complaints have tendency to settle around the heart.
- ⇒ Profound exhaustion and trembling of the muscles.
- ⇒ Sensation of hot iron running throughout the system.
- ⇒ Copious sweating of hands and feet with a sense of puffing and fullness.

❖ Modalities

- ⇒ Aggravation
 - Lying on left side
 - After menses
 - Cold air
- ⇒ Amelioration
 - Walking or riding in open air

58. UTI

1. Apis Mel

❖ A/F

⇒ Jealousy, fright, rage, vexation, bad news.

❖ Indicating Symptoms

⇒ Burning and soreness when urinating.

⇒ Frequent and involuntary urging.

⇒ Dysuria with stinging pains.

⇒ Urine are scanty, foul, coming only in drops, albuminous, high coloured, coffee ground sediment.

⇒ Incontinence of urine < night, coughing.

⇒ Difficult, frequent or slow urination, must press to pass urine, last drop burns and smarts.

❖ Constitution

⇒ Miasm: Psora.

⇒ Temperament: irritable temperament.

⇒ Diathesis: scrofulous.

⇒ Relation with heat and cold: hot patient.

❖ Physical Generals

⇒ Extreme sensitiveness to touch.

⇒ Thirstlessness.

⇒ Affects right side.

❖ Mental Generals

⇒ Irritable, nervous, fidgety.

⇒ Weeping disposition; cannot help crying; discouraged.

⇒ Sudden, shrill piercing screams while walking or sleeping.

❖ Other Guiding Symptoms

⇒ Various parts are swollen, PUFFED UP, become oedematous and red rosy shiny colour.

⇒ Right side effects, symptoms proceed from Right to Left.

⇒ Craving for cold in general.

⇒ The burning is like hot needles

❖ Modalities

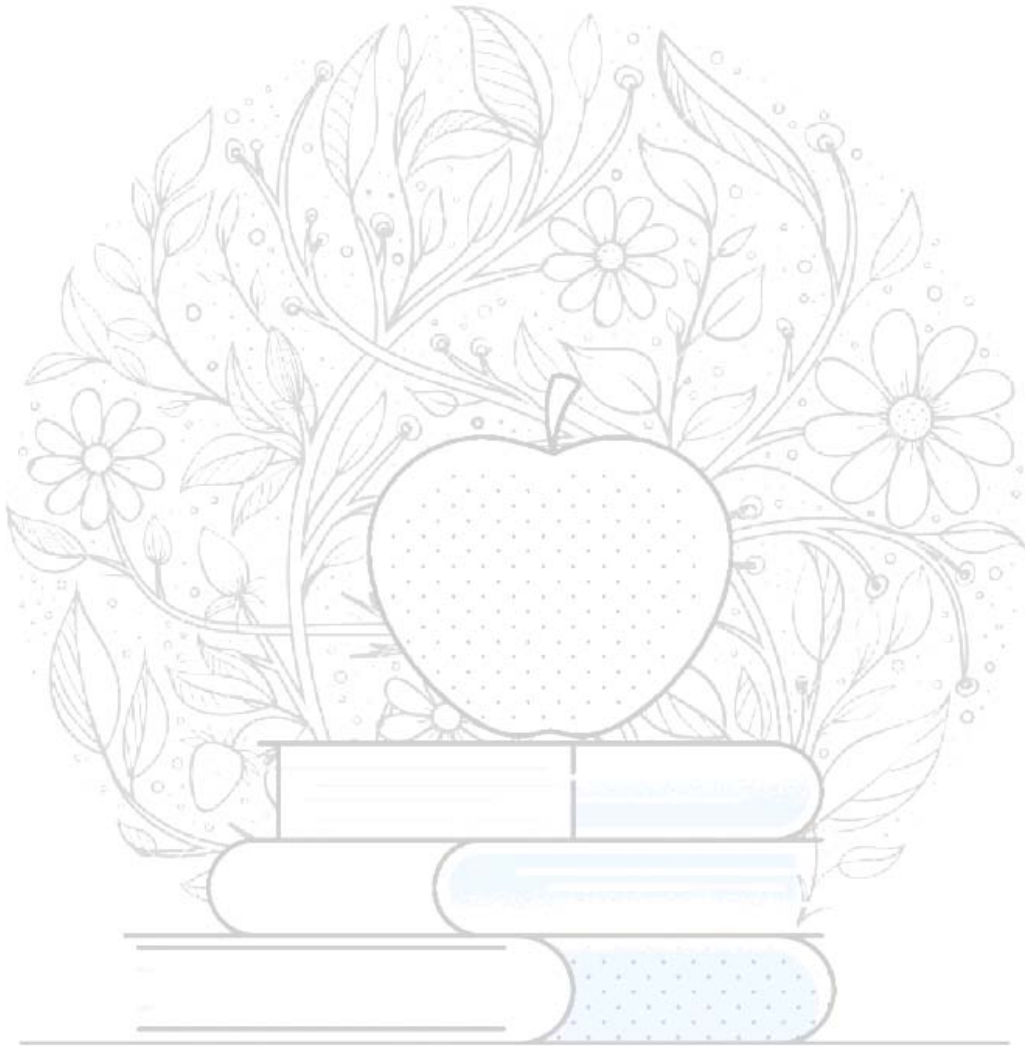
⇒ Aggravation

- After sleeping
- Closed
- Warm and heated room
- Late in afternoon

⇒ Amelioration

- In open air

- Cold bathing
- Uncovering



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59. Mania

1. Veratrum Alb

❖ A/F

⇒ Fright, shock, injury, tobacco, disappointed love.

❖ Indicating Symptoms

⇒ It has got all three types of mania.

- I. Violent mania
- Irreligious mania
- III. Lascivious mania

⇒ Mania with desire to cut & tear everything, especially clothes; with lewd lascivious talk religious.

⇒ Sometimes patient becomes violent & destructive.

⇒ Patient does not want to cover his private parts, kicks off the clothes & lies naked on the bed & exposes the person.

⇒ Nymphomania.

⇒ Swallows his own excrement.

❖ Constitution

⇒ For children and old people; extremes of life; person who are habitually cold & deficient in vital reaction.

❖ Physical Generals

⇒ Rapid sinking of vital force, complete prostration & collapse.

⇒ Cold perspiration on forehead with nearly all complaints.

⇒ Icy coldness of face, tip of nose, feet, legs, hands & other parts.

⇒ Craving for acid & refreshing things.

⇒ Intense unquenchable thirst for large quantities of very cold water.

❖ Mental Generals

⇒ Cannot bear to be left alone, yet persistently refuse to talk.

⇒ Delirium, early with violence, loquacity.

❖ Other Guiding Symptoms

⇒ Face; pale, blue, shrunken, collapsed.

⇒ Violent vomiting with profuse diarrhoea.

❖ Modalities

⇒ Aggravation

- From least motion
- After drinking

⇒ Amelioration

- Warmth
- Walking

2. Hyoscyamus Niger

❖ A/F

⇒ Fear, fright, intestinal worms, jealousy, unfortunate love.

❖ Indicating Symptoms

⇒ Lascivious mania: immodesty, will not be covered, kicks off the clothes, exposes the person, sing obscene song, lies naked in bed.

⇒ In delirium Hyoscyamus occupies place midway between Belladonna & Stramonium.

⇒ Lacks constant cerebral congestion of former & fierce rage & maniacal delirium of the latter.

⇒ Disease with increased cerebral activity, but non inflammatory in type.

⇒ Delirium with restlessness, jumps out of the bed, tries to escape, makes irrelevant answers, think he is in a wrong place.

⇒ Mania; erotic; expose genitals, does foolish things, behave like one mad.

❖ Constitution

⇒ Persons with sanguine temperament, who are irritable, nervous, hysterical.

❖ Physical Generals

⇒ Incisive tearing and dull pulling in the limbs and joints.

⇒ Limbs are cold, trembling, and numb.

⇒ After the epileptic convulsion profound sleep with snoring.

❖ Mental Generals

⇒ Intense sleepiness of irritable, excitable persons from business embarrassments, often imaginary.

⇒ Fears: being alone; poison; being bitten; being sold; to eat or drink; to take what is offered; suspicious, of some plot.

❖ Other Guiding Symptoms

⇒ Cough: dry, nocturnal, spasmodic; <when lying down, relieved by sitting up; < at night, after drinking, talking, singing.

⇒ Spasms without consciousness, very restless, every muscle in the body twitches, from the eyes to the toes.

❖ Modalities

⇒ Aggravation

- Night
- During menses
- Jealousy
- Lying

⇒ Amelioration

- Stooping
- Motion
- Waking
- Warmth

3. Stramonium

❖ A/F

⇒ Shock, fright, sun, suppression of secretions, excretion.

❖ Indicating Symptoms

⇒ Religious mania

⇒ Delirium is more furious, mania more acute & congestion is more than in Hyoscyamus but less than belladonna.

⇒ Delirium; loquacious, talks all the time, sings, makes verses, raves, nonstop & incoherent talking and laughing.

⇒ Patient has disposition continuously for praying, beseeching, entertaining; with suppressed menses.

⇒ Hallucinations which terrify the patient.

⇒ Imagine all sort of things; that she is double, lying crosswise.

❖ Constitution

⇒ Adapted to ailments of young plethoric persons, especially children in chorea; mania and fever delirium.

❖ Physical Generals

⇒ No pain with most of the complaints, painlessness is characteristic.

⇒ Sleepy but can't sleep.

⇒ Face hot, red with cold hand & feet.

❖ Mental Generals

⇒ Hydrophobia; fear of water, with excessive aversion to liquids.

⇒ Desire for light and company, cannot bear to be alone, worse in the dark room and solitude; cannot walk in dark room.

❖ Other Guiding Symptoms

⇒ Eyes wide open, prominent, brilliant, pupils, widely dilated, insensible.

⇒ Vomiting as soon as he raises the head from pillow, from a bright light.

❖ Modalities

⇒ Aggravation

- In the dark
- When alone
- Looking at bright objects

⇒ Amelioration

- From bright light
- From company
- Warmth

4. Moschus

❖ A/F

⇒ excitement, chill, suppression of menses.

❖ Indicating Symptoms

- ⇒ Valuable hysterical remedies, useful for cases of hysteron- epilepsy, convulsion, globus hystericus.
- ⇒ Epilepsy with shuddering as from a rigor or chilliness.
- ⇒ Violent anger, talks excitedly, raves, scald, till mouth become dry, lips blue, eyes staring & she talks unconscious.
- ⇒ Uncontrollable laughter.
- ⇒ Twitching, choking, globus hystericus, ending in unconsciousness.
- ⇒ Fainting, frequent tendency to fainting from least excitement, while eating, during menses.

❖ Constitution

- ⇒ Suited to nervous, sensitive & hysterical persons, chilly patient.

❖ Physical Generals

- ⇒ Desire for black coffee, beer & brandy.
- ⇒ Aversion to food, faints while eating.
- ⇒ Nausea on seeing or thought of food.
- ⇒ Coldness in general or single parts.

❖ Mental Generals

- ⇒ Sudden loss of memory.
- ⇒ Sexual hypochondriasis.
- ⇒ Anxiety with palpitation, starting as if frightened.
- ⇒ Imaginary sufferings.

❖ Other Guiding Symptoms

- ⇒ Tension in muscle, skin and mind.
- ⇒ Sudden nervous suffocation, wants to take deep breathe.< becoming cold & >belching.

❖ Modalities

- ⇒ Aggravation
 - Cold
 - Excitement
 - During or after meal
 - Motion
- ⇒ Amelioration
 - Open air
 - Rubbing
 - Smell of musk

60. Dwarfism

1. Baryta Carb

❖ A/F

⇒ Emotion & suppressed foot sweat.

❖ Indicating Symptoms

- ⇒ Dwarfishness, both mental & physical, runs through the whole remedy.
- ⇒ Scrofulous dwarfish children who do not grow; scrofulous ophthalmia, cornea opaque, swollen, face bloated; general emaciation.
- ⇒ Slow grasp; silly; absurd and backward.
- ⇒ Children both physically and mentally weak.
- ⇒ Children are late coming to usefulness, to take on their responsibility and do their work.
- ⇒ Dwarfish hysterical women with scanty menses.

❖ Constitution

- ⇒ Especially adapted to complaints of first and second childhood; the psoric and tubercular.
- ⇒ Person subjects to quinsy, take cold easily, even the least cold precipitates an attack of tonsillitis, prone to suppuration.

❖ Physical Generals

- ⇒ Swellings & indurations or incipient suppuration of glands such as cervical & inguinal.
- ⇒ Offensive foot sweat; toes and soles get sore; of the heels; throat affections after checked foot sweat.
- ⇒ Great sensitive to cold.

❖ Mental Generals

- ⇒ Memory deficient; forgetful, inattentive; child can't be taught for it can't remember, threatened idiocy.

❖ Other Guiding Symptoms

- ⇒ Coryza with swelling of upper lip and nose.
- ⇒ Cold clammy feet with fetid foot- sweat.
- ⇒ Haemorrhoids protrude every time when he urinates.

❖ Modalities

- ⇒ Aggravation
 - While thinking of complaints.
 - Washing
 - Lying on painful side
- ⇒ Amelioration
 - Walking in open air

61. Peptic Ulcers

1. Kali Bich

❖ A/F

- ⇒ Alcohol
- ⇒ Beer
- ⇒ Hot weather
- ⇒ Autumn and spring

❖ Indicating Symptoms

- ⇒ Round ulcers of the stomach.
- ⇒ Vomiting of ropy mucus and blood.
- ⇒ Pain in small spot that can be covered with tip of finger.
- ⇒ Chronic intestinal ulceration with vomiting and emaciation.
- ⇒ Weight in the pit of stomach , with loss of appetite and great flatulence.
- ⇒ Nausea with burning in anus and erections.
- ⇒ Ulcers are deep, perforating, round, punched out, with over hanging edges or thick crusts.

❖ Constitution

- ⇒ Fatty persons having light hair, fine complexion and suffering from catarrhal affection.

❖ Physical Generals

- ⇒ Complaints occurring in hot weather.
- ⇒ Rheumatism alternating with gastric symptoms , one appearing in the fall and other in the spring.
- ⇒ Sensation of heaviness in different parts.
- ⇒ Paralytic weakness of hands.

❖ Mental Generals

- ⇒ Indifferent and low spirited.
- ⇒ Ill humoured.
- ⇒ Easily excited.
- ⇒ Anthropophobia, avoids human society.

❖ Other Guiding Symptoms

- ⇒ Flying character of the pain , rapidly shifts from one place to another.
- ⇒ Discharge of plugs, “ clinkers”.
- ⇒ Sportiness , stringiness and yellowishness mark the remedy.
- ⇒ Patient is generally chilly , yet his symptoms occur and aggravate in hot summer weather.
- ⇒ Neuralgia every day at same hour.

❖ Modalities

- ⇒ Aggravation
 - Cold

- Hot weather
 - Open air
 - After sleep 2 to 3 am
 - Suppressed catarrh
 - Sitting
- ⇒ Amelioration
- Skin symptoms are better in cold weather.
 - By lying down

2. Robinia

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Acridity and acidity.
- ⇒ Vomiting is so sour that it sets the teeth on edge or dulls them.
- ⇒ Sour stools and vomiting, of sour milk.
- ⇒ Acid dyspepsia.
- ⇒ Burning in stomach and between scapulae.
- ⇒ Acidity accompanied by frontal headache.

❖ Constitution

⇒ NA

❖ Physical Generals

- ⇒ Hyperchlorhydria.
- ⇒ Sour infants with sour body.
- ⇒ Dull , throbbing , frontal headache ; worse by motion and reading.
- ⇒ Intensely acrid eructation.

❖ Mental Generals

⇒ Nymphomania

❖ Other Guiding Symptoms

- ⇒ Water brash.
- ⇒ Nymphomania.
- ⇒ Herpes on vagina and vulva.
- ⇒ Stool and perspiration sour

❖ Modalities

- ⇒ Aggravation
 - NA
- ⇒ Amelioration
 - NA

62. Chikungunya

1. Eupatorium

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Fever chill at 9 am, one day ,at noon the next day, bitter vomiting at close of chill ; drinking hastens chill and causes vomiting.
- ⇒ Bone pains before and during chill.
- ⇒ Insatiable thirst before and during chill and fever.
- ⇒ Sick headaches every 3rd and 7th day.
- ⇒ Sore throbbing pain; in occiput, after lying down , with a sense of weight.
- ⇒ Bruised pain in calves.
- ⇒ Dropsy of legs, feet and ankles.

❖ Constitution

- ⇒ Adapted to diseases of old people; worn out constitutions specially for inebriety; cachexia form prolonged or frequent attacks of bilious or intermittent fevers.

❖ Physical Generals

- ⇒ Bruised feeling, as if broken, all over the body.
- ⇒ Bone pains affecting back, head , chest, limbs, especially the wrists, as if dislocated.
- ⇒ Vertigo; sensation as if falling to the left.
- ⇒ Pains come quickly and go away as quickly.

❖ Mental Generals

- ⇒ Homesick ; even though at home and amongst the family.
- ⇒ Sighing.

❖ Other Guiding Symptoms

- ⇒ Sweat relieves all pains except headache.
- ⇒ Cough is relief by getting on hands and knees.
- ⇒ Sluggishness of all organs and functions.
- ⇒ Marked periodicity.

❖ Modalities

- ⇒ Aggravation
 - Periodically and in open air
- ⇒ Amelioration
 - Conversation
 - By getting on hands and knees.

2. Rhus Tox

❖ A/F

- ⇒ Spraining or straining a single part , muscle or tendon.

⇒ Over lifting.

❖ **Indicating Symptoms**

- ⇒ There may also appear fever blister around the mouth and chin.
- ⇒ The patient is very much restless with mental anxiety.
- ⇒ Feels chilly as if cold water were poured over him, followed by heat and inclination to stretch the limbs.
- ⇒ A dynamic; restless, trembling.
- ⇒ Headache in occiput; painful to touch.
- ⇒ Brain feels loose and as if struck against skull on walking or rising.

❖ **Constitution**

- ⇒ Adapted to persons of rheumatic diathesis.
- ⇒ Patient is very chilly.

❖ **Physical Generals**

- ⇒ Bad effects of getting wet, especially after being over-heated.
- ⇒ Affects the fibrous tissue, especially the right side more than the left side.
- ⇒ Great thirst, with dry tongue, mouth and throat.
- ⇒ Pains are as if sprained; as if a muscle or tendon was torn from its attachment; as if bones were scraped with knife.

❖ **Mental Generals**

- ⇒ Great apprehension at night; fears he will die of being poisoned; cannot remain in bed.
- ⇒ Extreme restlessness, with desire for continuous change of position.
- ⇒ Dreams of great exertion; rowing, swimming, working hard at his daily occupation.

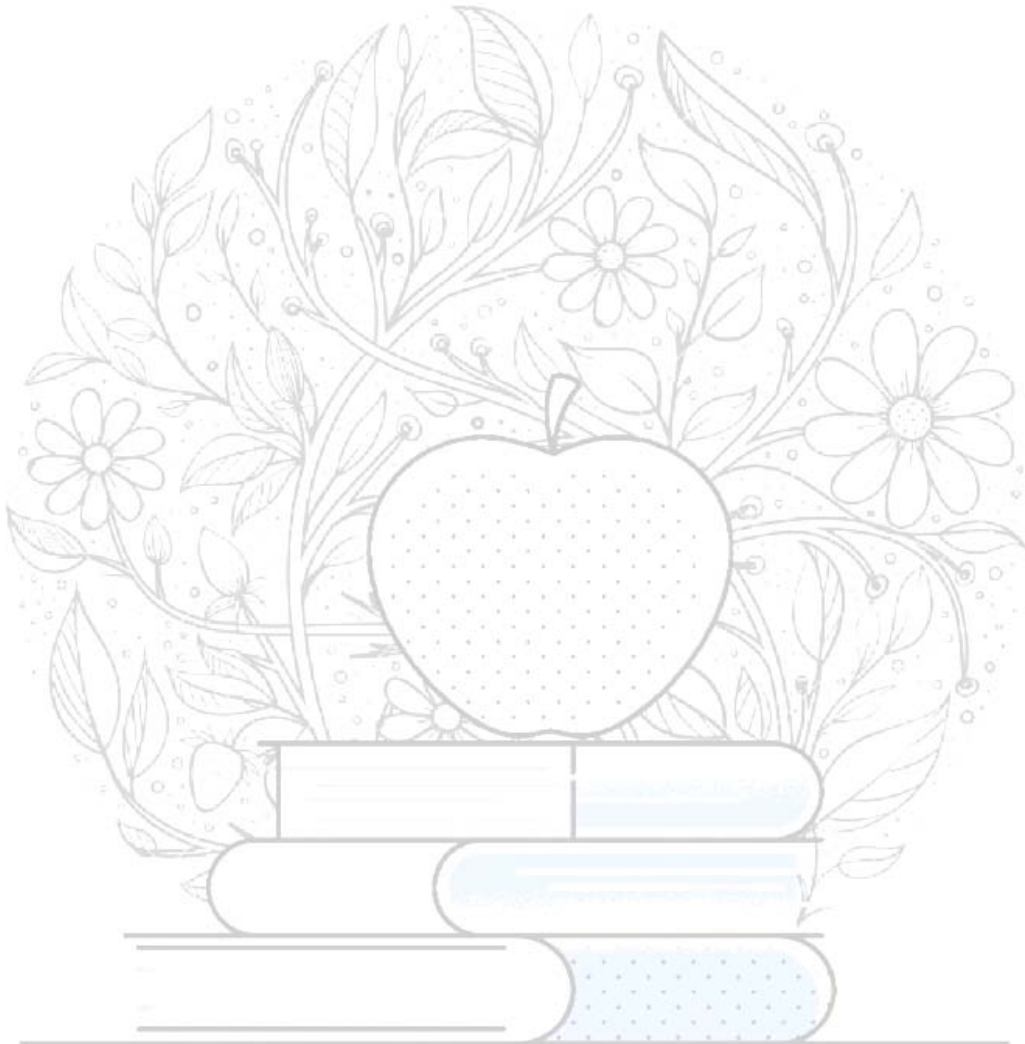
❖ **Other Guiding Symptoms**

- ⇒ Most complaints are relieved by movement and aggravated by rest.
- ⇒ Triangular red-tipped tongue with imprint of teeth and bitter taste in the mouth.
- ⇒ It is one of the NASH'S trio of RESTLESS medicines.
- ⇒ Great rigidity, stiffness and lameness.

❖ **Modalities**

- ⇒ Aggravation
 - Before a storm
 - Cold
 - Wet rainy weather
 - At night
 - From getting wet while perspiring.
 - During rest
- ⇒ Amelioration
 - Warm
 - Dry weather
 - Wrapping up

- Warm or hot things
- Motion
- Change of position
- Moving affected parts.



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63. Down's Syndrome

1. Baryta Carb

❖ A/F

⇒ Emotions & suppressed foot sweat.

❖ Indicating Symptoms

⇒ Specially indicated in infancy and old age.

⇒ Children both physically and mentally weak, dwarfishness.

⇒ Memory deficient, forgetful, inattentive, child cannot be taught; for it cannot remember, threatened idiocy.

⇒ Swelling of glands and indurations.

⇒ Throat affection after checked foot sweat.

⇒ Liable to take cold easily, throat tonsillitis, quinsy and other glandular affection with stitches and smarting pain.

❖ Constitution

⇒ Scrofulous children, swollen abdomen, puffy face, childish and dwarfish.

⇒ In children growth is retarded, dull, apathetic, marasmus.

⇒ Prostration, constant inclination to lie down, paralysis and numbness.

⇒ Mentally deficient and physically weak and short .

⇒ Children present a picture of typical cretinism, having a short stature, thick lips and idiotic.

⇒ Old people weak and fatty but childish in behaviour.

⇒ Cachectic people, apoplectic tendency in old people.

❖ Physical Generals

⇒ Swelling and indurations or incipient suppuration of glands especially cervical and inguinal.

⇒ Offensive foot sweat, toes and soles get sore, of the heels, throat affections after checked foot sweat.

⇒ Great sensitive to cold.

❖ Mental Generals

⇒ Memory deficient, forgetful, inattentive, child cannot be taught, for it cannot remember, threatened idiocy, lost confidence, bashful.

⇒ Slow grasp, silly, thoughtless behaviour, timid, cowardly.

⇒ Increasing mental weakness, shy of strangers.

⇒ Thinks his legs are cut off and he is walking on his knees .

⇒ Child does not want to play but sits in the corner doing nothing .

⇒ Thinks one is being laughed at and made fun of.

⇒ Becomes serious at laughable matters and laughs on serious occasions.

⇒ Suddenly becomes angry but soon feels sorry for it.

- ⇒ Hides behind furniture and keeps the hands over face, peeping through fingers .
- ⇒ Talking mania during menses in young girls.

❖ **Other Guiding Symptoms**

- ⇒ Disease of old man with enlarged prostate.
- ⇒ Baldness in young people, scalp is very sensitive to touch.
- ⇒ Dwarfish hysterical women with scanty menses.
- ⇒ Twitching of muscle during sleep.

❖ **Modalities**

- ⇒ Aggravation
 - While thinking of symptoms
 - From washing
 - Lying on painful side
 - Cold damp
 - Heat of sun
 - Company
 - After meals
- ⇒ Amelioration
 - By walking in open air
 - Cold food
 - When alone

2. Medorrhinum

❖ **A/F**

- ⇒ Disease of spinal cord and its meanings with or without organic lesion, ending in paralysis and/or trembling, neuralgia, rheumatism, gout which can be treated to a sycotic origin.
- ⇒ Schirrous, carcinoma or acute or chronic in development when symptoms point to history of sycosis.
- ⇒ In case of women chronic ovaritis, salpingitis, growth of uterus and ovaries both benign and malignant, with or without sycotic origin.

❖ **Indicating Symptoms**

- ⇒ In all cases of constitutional effects of maltreated and/or suppressed gonorrhoea.
- ⇒ Soreness all over body especially glands with burning in hands and feet.
- ⇒ Trembling all over the body with intense nervousness and profound exhaustion.
- ⇒ State of collapse persist who wants to be fanned all the time. Coldness all over still does not covering, throws them off, cold and bathed with perspiration.
- ⇒ Sensation of tightness, constriction and soreness all over.

- ⇒ Intense restlessness and fidgety feeling in legs and feet.
- ⇒ Inordinate craving for liquor, salt, sweet and acid.
- ⇒ Backache is relived by profuse urination.
- ⇒ Dyspnoea relived by lying on face and protruding tongue.
- ⇒ Pain in heart region from apex to base.
- ⇒ Burning of hands and feet, wants them uncovered and fanned.
- ⇒ Sunrise to sunset aggravation.
- ⇒ Breasts and nipples are sore and sensitive to touch.

❖ **Constitution**

- ⇒ Trembling all over the body .
- ⇒ Weak, fatigued and emaciated as a result of long continued chronic disease with a state of collapse.
- ⇒ Weeping disposition, peevish and impatient, rheumatic and gouty troubles.
- ⇒ Dwarfish and stunted, sour smelling children.
- ⇒ Profuse acrid discharge, causing itching, dropsy, oedema of limbs.
- ⇒ Loss of power in joints.

❖ **Physical Generals**

- ⇒ For women with chronic pelvic disorder.
- ⇒ Chronic rheumatism.
- ⇒ Pains intolerable, tensive, nerves quiver and tingle.
- ⇒ Children dwarfed and stunted.
- ⇒ Chronic catarrhal conditions in children.
- ⇒ Lips thickened from mouth breathing.
- ⇒ State of collapse and trembling all over.
- ⇒ Intensity of all sensations.

❖ **Mental Generals**

- ⇒ Weak memory, loses the thread of conversation, can't remember names, even forgets his own name.
- ⇒ Can't speak without weeping.
- ⇒ Time passes too slowly, is in a great hurry.
- ⇒ Hopeless of recovery, difficult concentration.
- ⇒ Fears going insane, nervous, restless, fear in dark and of someone behind her.
- ⇒ Melancholy with suicidal thoughts.
- ⇒ Anticipates death, always anticipating feels matters most sensitively before they occur and generally correctly.
- ⇒ Irritated at trifles, cross during the day, exhilarated at night.

❖ **Other Guiding Symptoms**

- ⇒ Neuralgic headache, ptosis of eyelids.
- ⇒ Ulceration of neck of womb.
- ⇒ Chronic soreness of mammae.
- ⇒ Obstinate rheumatism.

- ⇒ Pain under left scapula to end of little finger.
- ⇒ Dazed feeling : a far off sensation, as though things done to-day occurred a week ago.
- ⇒ Sensation as if all life was unreal like a dream.
- ⇒ Grasping pain in liver and spleen.
- ⇒ Constriction and inertia of bowels with ball like stools.

❖ Modalities

- ⇒ Aggravation
 - When thinking of ailment
 - From day light to sunset, heat
 - Touch even slight
 - Close room
- ⇒ Amelioration
 - At seashore
 - Lying on stomach
 - Damp weather
 - Bending backward
 - Being fanned

3. Thuja

❖ A/F

- ⇒ Suppressed and maltreated gonorrhoea, vaccination, Tea, coffee, onion, fatty foods, sweets, tobacco, sexual excess, sunstroke, abuse of sulphur and mercury.

❖ Indicating Symptoms

- ⇒ Fig-warts, condylomata and wart like excrescences upon the mucous membrane and cutaneous surface of the body.
- ⇒ Left sided drug and bad effects of vaccination and hydrogenoid constitution.
- ⇒ Sweat only on uncovered parts or all over excepting the head especially at night when he sleeps, sweating stops when he wakes.
- ⇒ Sensation as if the lower limbs are made up of wood, the sensation comes particularly when walking.
- ⇒ Sensation as if flesh was beaten and scrapped from bones.
- ⇒ Great prostration and rapid emaciation, neurasthenia, paralysis, rheumatism.
- ⇒ In abdomen, protrudes here and there as from arm of foetus, motion as if something alive.
- ⇒ White blisters in mouth on side close to root, painful sore.
- ⇒ Eruption only on covered parts, brown spots on hands and arms.

❖ Constitution

- ⇒ Hydrogenoid constitution.
- ⇒ Very fleshy persons, dark complexion, black hair, unhealthy skin.
- ⇒ Having undue and unwanted growths such as warts, tumours, cysts etc.
- ⇒ Oily, greasy skin, bearing warty excrescences and dirty brownish white spots all over the body.
- ⇒ Patient looks like 'GANESHJI' with distended abdomen and bulky body, having lavish growth of various tissues everywhere.
- ⇒ Lymphatic temperament, chilly patient, sycosis miasm.

❖ Physical Generals

- ⇒ Sensation as if body, especially limbs were made of glass and would break easily.
- ⇒ Flesh feels as if beaten, from bones.
- ⇒ Chill, beginning in thighs.
- ⇒ Sweat: only on uncovered parts or all over except the head, when he sleeps, stops when he wakes, profuse sour smelling, fetid at night, perspiration, smelling like honey, on the genitals.

❖ Mental Generals

- ⇒ Fixed ideas : as if a strange person were at his side, as if soul and body were separated, as if a living animal were in abdomen, of being under the influence of a superior power.
- ⇒ Insane women will not be touched or approached.
- ⇒ Slowness, sluggishness, highly forgetful, loss of memory.
- ⇒ Emotional sensitiveness, music causes weeping and trembling.
- ⇒ Hurried with ill humour, talks hastily, swallows words, sad, aversion to life.
- ⇒ Overexcited, angry or anxious about trifles, speech slow, hunts for words.
- ⇒ Irritable, jealous, quarrelsome, cretinism.
- ⇒ Mental depression after childbirth.
- ⇒ Walks in circle in room.

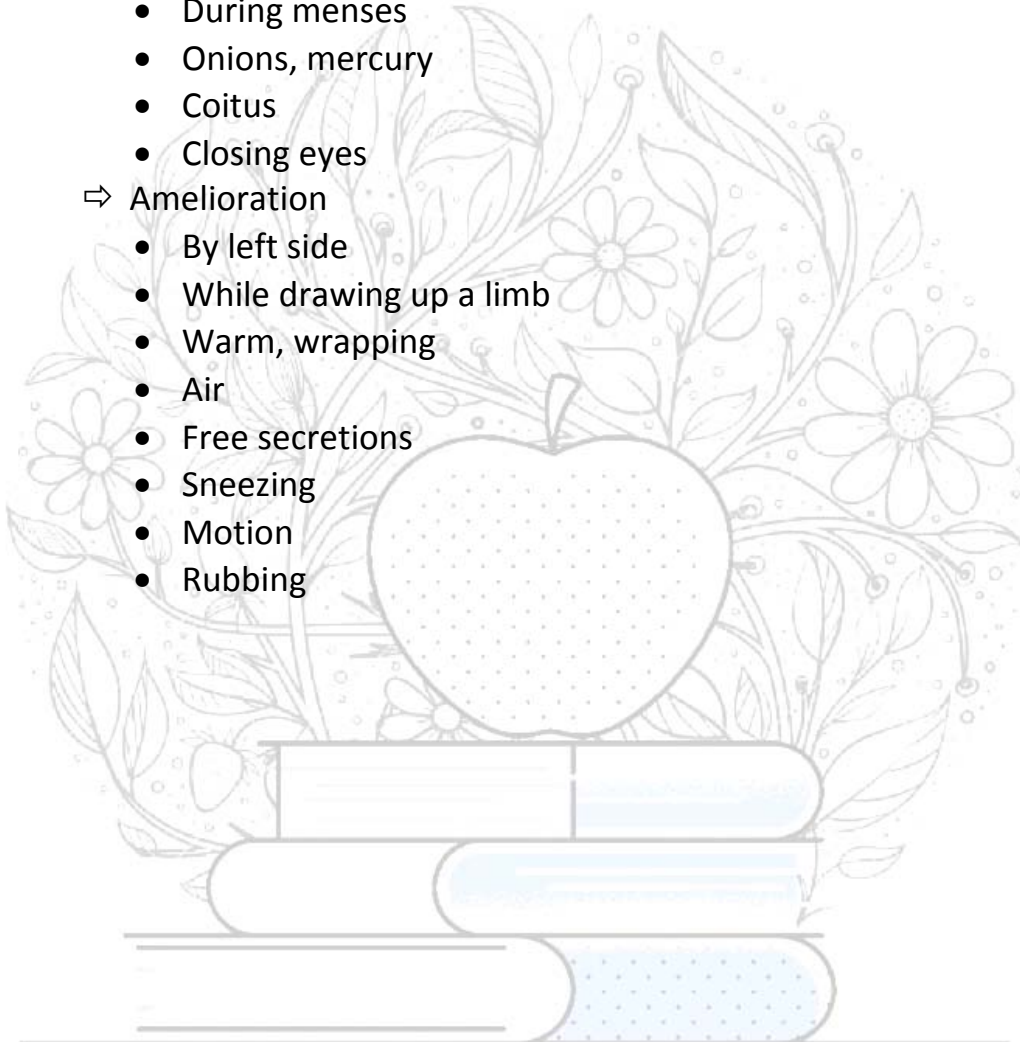
❖ Other Guiding Symptoms

- ⇒ Mucopurulent, copious, foul smelling discharges from all mucous membranes of body.
- ⇒ Perspiration on genitals smells like honey.
- ⇒ Vertigo when closing eyes.
- ⇒ Coition prevented by extreme sensitiveness of vagina.
- ⇒ Suppressed gonorrhoea causing particular rheumatism, prostatitis, impotency, condylomata.
- ⇒ Desire for salt, cold food and drinks.
- ⇒ Diarrhoea results due to bad effects of vaccination.

❖ Modalities

- ⇒ Aggravation

- At night
 - From heat of bed, at 3 a.m. and 3 p.m.,
 - From cold, damp air
 - After breakfast
 - Fat, coffee, vaccination
 - Increasing moon, moonlight
 - During menses
 - Onions, mercury
 - Coitus
 - Closing eyes
- ⇒ Amelioration
- By left side
 - While drawing up a limb
 - Warm, wrapping
 - Air
 - Free secretions
 - Sneezing
 - Motion
 - Rubbing



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HNSHMC STUDENTS

64. Malaria

1. Cinchona

❖ A/F

- ⇒ Exhausting discharges or loss of vital fluids such as haemorrhage, excessive lactation, diarrhoea, suppuration, etc.
- ⇒ Bad effects from tea drinking or abuse of chamomilla, quinine, from mental emotions, from draught of air, from fruits, sexual excess and loss of sleep.

❖ Indicating Symptoms

- ⇒ Profound debility from exhausting discharges and loss of vital fluids and haemorrhage, trembling.
- ⇒ Great tendency to intermittent periodicity in fever and neuralgias is well marked.
- ⇒ Excessive irritability and sensitiveness of whole nervous system.
- ⇒ Dropsy either generalised or localised, from anaemia, loss of vital fluids.
- ⇒ Pains relieved by hard pressure.
- ⇒ Shaking chill all over the body.
- ⇒ Debilitating sweat with nocturnal diarrhoea.
- ⇒ Intense throbbing of head and carotids.
- ⇒ Tympanitic abdomen, gallstone colic.
- ⇒ It weakens the heart and impairs the circulation.

❖ Constitution

- ⇒ 'Pumped up' or 'broken down' constitution from exhausting discharges and loss of vital fluids and abuse of quinine.
- ⇒ Once robust, strong and healthy stout, swarthy person who has become weak, debilitated and exhausted by loss of vital fluids, such as haemorrhage, diarrhoea, suppuration, lactation.
- ⇒ Nervous temperament, chilly patient, Psora miasm, haemorrhagic diathesis.
- ⇒ Apathetic, indifferent, taciturn, despondent, gloomy, has no desire to live, but lacks of courage to commit suicide.

❖ Physical Generals

- ⇒ Fainting, loss of sight, general coldness, sometimes convulsion.
- ⇒ Pains: drawing or tearing, In every joint, all bones. Periosteum, as if strained, sore all over, obliged to move limbs frequently, as motion gives relief, renewed by contact and then gradually increase to great height.
- ⇒ Unrefreshing sleep or constant spoor, < after 3 a.m., wakes early.
- ⇒ Haemorrhage of mouth, nose, bowels or uterus, long continued.
- ⇒ Longing for sour things.

⇒ Pains are < by slightest touch but > by hard pressure.

❖ Mental Generals

- ⇒ Apathetic, indifferent, disobedient, taciturn, despondent, stubborn.
- ⇒ Ideas crowd in mind, prevent sleep.
- ⇒ Disposition to hurt other people's feelings.
- ⇒ Sudden crying and tossing about.
- ⇒ Dislike of bodily and mental work.
- ⇒ He thinks himself unfortunate and fancies he is opposed and tormented by everybody.
- ⇒ He is lost in thoughts. Sudden crying and tossing about in despair.
- ⇒ Dread of dogs and other animals especially at night.
- ⇒ Loss of control over mind.

❖ Other Guiding Symptoms

- ⇒ Nervous erethism.
- ⇒ Pressure in eyes.
- ⇒ Ringing in ears.
- ⇒ Violent dry sneezing.
- ⇒ Flatulence, belching of bitter fluids or regurgitation of food gives no relief, hiccoughs.
- ⇒ Tympanic abdomen, gallstone colic.
- ⇒ Stool undigested, frothy, yellow, painless, from fruits.
- ⇒ Menses with dark clots and abdominal distension.
- ⇒ Suffocative catarrh, rattling in chest, violent, hacking cough after every meal.
- ⇒ Pain in limbs and joints.
- ⇒ Skin : extreme sensitiveness to touch, relieves by hard pressure.

❖ Modalities

- ⇒ Aggravation
 - By slightest touch, draught of air
 - Every other day
 - Loss of vital fluids
 - At night
 - After eating
 - ending over
 - Fruits, milk, fish, meat, tea
 - Mental exertion
 - During and after stool
 - Autumn, summer
- ⇒ Amelioration
 - By bending double, hard pressure
 - Open air
 - Warmth

- Loose clothes
- In room

2. Cedron

❖ A/F

⇒ Damp, warm weather and in marshy countries.

❖ Indicating Symptoms

⇒ Clock like periodicity in recurrence of symptoms.

⇒ Neuralgia : especially right side of face, head is affected. Severe pain in eyeball with radiating pains around eye shooting into nose. Periodic supra orbital neuralgia with scalding lachrymation.

⇒ Intermittent fever with clock wise recurrence in successive attacks of vital energy.

⇒ Before chill, great mental excitement and exaltation of vital energy.

⇒ During chill general coldness renewed by every movement.

⇒ Red face in heat stage, thirst for warm drink.

⇒ Dry heat state is soon followed by a state of profuse perspiration.

⇒ After coition epilepsy and chorea.

❖ Constitution

⇒ Adapted to person of voluptuous disposition, excitable, nervous temperament.

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Nervous excitement, followed by depression.

⇒ Restlessness as driven from place to place.

⇒ Lactophobia.

⇒ Body heavy, mind depressed.

⇒ Mental symptoms < at night.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- Periodically at same hour
- Open air
- Lying down
- Before storm
- After sleep

⇒ Amelioration

- Standing erect

65. Dentitional Diarrhoea

1. Chamomilla

❖ A/F

⇒ During the period of dentition, from cold, anger.

❖ Indicating Symptoms

⇒ Diarrhoea greenish, watery, corroding like chopped spinach, hot very offensive diarrhoea.

⇒ Cheek become red during the colic with hot sweat.

⇒ Child is very much irritable during the dentition.

⇒ Child is quiet only when carried,.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Child is very much irritable & uncivil in answer.

⇒ Child only quit when carried.

⇒ Want a many thing but when given the refuse it.

⇒ Cannot bear anyone around him.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- During dentition
- From anger
- By heat
- Before midnight
- Open air

⇒ Amelioration

- From being carried
- Warm
- Wet weather

2. Kreosotum

❖ A/F

⇒ during dentition

❖ Indicating Symptoms

⇒ There is profuse offensive, acid ,greenish diarrhoea during the dentition.

- ⇒ Child screaming before the diarrhoea.
- ⇒ Abdominal distension with bloody foetid stool.
- ⇒ Part become raw and sore due acrid diarrhoea.
- ⇒ Child is lean thin old looking wrinkle on his face.
- ⇒ Scrofulous ,or psora affection.
- ⇒ In teething children teeth easily become decay and black.
- ⇒ Gums are spongy and bleed easily.
- ⇒ Cholera infantum in connection with painful dentition, green stools, nausea, dry skin, exhaustion, etc.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ NA

❖ **Mental Generals**

- ⇒ Child want everything but when given it throw it away.

❖ **Other Guiding Symptoms**

- ⇒ NA

❖ **Modalities**

- ⇒ Aggravation

- Cold weather
- During dentition
- Cold water
- Eating

- ⇒ Amelioration

- Warmth water
- After sleep
- Hot food

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66. Rickets

1. Calc Phos

❖ A/F

⇒ Malabsorption of calcium and phosphorus.

❖ Indicating Symptoms

⇒ Rachitis -cranial bone lean ,thin, easily break the bone in child.

⇒ Fontanelles and suture remain open for longer period of time in child.

⇒ Non union of bone in child.

⇒ Gland are swollen and easily catch the cold.

⇒ Coldness and soreness in spot of vertex.

⇒ Sensation as if crawling and numbness in body.

⇒ Spine is very weak and curvature of spine deformed .

⇒ Child bone is very weak so child cannot stand properly.

⇒ Child is very lean ,thin , emaciated ,anaemic ,dirty and has brown complexion.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Child is peevish and forgetful in nature.

⇒ Always want to go somewhere.

⇒ Complain develop after thinking of it.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- Exposure to damp cold weather
- Changeable weather
- Melting snow
- Mental exertion

⇒ Amelioration

- In summer
- Warm weather

67. Meningitis

1. Helleborus

❖ A/F

⇒ During pregnancy, from suppressed exanthema, during dentition.

❖ Indicating Symptoms

⇒ The person remains unconscious and lies in stupid manner.

⇒ Look is vacant, starring of eye on one object continuously

⇒ Convulsion with extreme coldness of body.

⇒ Person insensible to light, pupils remaining dilated.

⇒ There is automatic motion of one arm and one leg.

⇒ The patient greedily swallows cold water.

⇒ He bites the spoon and still remain unconscious.

⇒ Patient bores his head into pillow and rolls the head from side to side.

⇒ Stupefying headache with dull pain in occiput.

⇒ Sensation as if water is swashing inside.

⇒ Headache ends up with vomiting.

⇒ Urine: red, black, scanty, coffee-ground sediment; suppressed in brain troubles.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ NA

❖ Mental Generals

⇒ Dull, stupid and slow in perception.

⇒ Thoughtless starring

⇒ Hysterical mania

⇒ irritable, consolation agg. his complain.

⇒ Believe that she is doing wrong and definitely one day she will die.

❖ Other Guiding Symptoms

⇒ Covered in above points.

❖ Modalities

⇒ Aggravation

- Cold air
- Dentition
- Suppression
- 4-8 pm

⇒ Amelioration

- When mind is diverted, Rest

68. COPD

1. Bryonia Alba

❖ A/F

- ⇒ Chagrin
- ⇒ Mortification and anger

❖ Indicating Symptoms

- ⇒ A wonderful remedy in homeopathic treatment for COPD in patients who have dry, hacking cough with rust coloured sputum .Any slightest motion seems to increase the complaints . Cough occurs immediately after entering a warm room.
- ⇒ Cough; Dry, Hard, Very Painful, at night as of from stomach, must sit up aggr. eating and drinking.
- ⇒ Wants to take deep breath, but cannot or it excites cough.
- ⇒ Expectoration; rusty blood streaked or tough.
- ⇒ Bronchitis.
- ⇒ Asthma.
- ⇒ Pneumonia.
- ⇒ Sharp Stitches in chest or at right scapula, aggr. deep breathing and coughing.
- ⇒ Pleurisy.
- ⇒ Coming into warm room excites cough.
- ⇒ Holds chest, or presses the sternum when coughing.
- ⇒ Dry friction sound.
- ⇒ Cough, with sneezing.

❖ Constitution

- ⇒ Best adapted to persons of gouty or rheumatic diathesis prone to so-called bilious attacks .
- ⇒ Bryonia patients are irritable. inclined to be vehement and angry .
- ⇒ Dark or black hair dark complexion.
- ⇒ Firm muscular fibre .dry , nervous slender people.

❖ Physical Generals

- ⇒ Excessive dryness of mucous membranes of entire body. Great thirst for large quantities at long intervals. nose bleeds when menses should appear .
- ⇒ Constipation- inactive no inclination stool large hard , dark , dry as if burnt Mammae heavy of a stony hardness , pale but hard, hot and painful must support the breasts .
- ⇒ Lips and tongue dry parched cracked.
- ⇒ Cough dry, hard , racking with scanty expectoration urine dark and scanty.

⇒ Cough dry, spasmodic with gagging and vomiting.

❖ **Mental Generals**

⇒ Very irritable and ugly in behaviour.

⇒ Determined

⇒ Taciturn

⇒ Delirium, wants to go home, thinking he is not there.

⇒ Talks of business.

⇒ Wants to be let alone.

⇒ Desire for things which are rejected when offered.

⇒ Apprehension and dread for future.

⇒ Despair of being cured, with fear of death.

❖ **Other Guiding Symptoms**

⇒ Covers in above points.

❖ **Modalities**

⇒ Aggravation

- Motion-Least; Raising up; Stopping; Coughing; Exertion; Deep Breathing.
- Dry cold or heat
- Becoming Hot; In Room
- Hot weather
- Drinking; while hot
- EATING
- Vegetables
- Acids
- Calomel
- Vexation
- Touch
- Suppressions
- Taking cold
- Early a.m.

⇒ Amelioration

- Pressure; Lying on Painful Part.
- Bandaging
- Cool Open Air
- Quiet
- Cloudy, damp days
- Drawing knees up.
- Heat to inflamed part.
- Descending
- Sitting up
- Cold food, drink

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2. Phosphorus

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Catches cold easily with desire for open air.
- ⇒ Oppressive breathing; agg. least motion.
- ⇒ Tight suffocative breathing; agg. cough.
- ⇒ Larynx; raw, sore, furry; painful on speaking.
- ⇒ Voice; low; hoarse agg. morning and evening; croupy, then bronchitis.
- ⇒ Cough; hard, wheezing; dry, violent, painful, tickling, hacking, exhausting; with retching; causes pain in abdomen; burning in air passages and trembling, agg. reading aloud; change of weather; before strangers, laughing, exertion, singing.
- ⇒ Sputum; easy, frothy, rusty bluish, salty, sour, sweetish, or cold.
- ⇒ Pneumonia; of left lower lung; secondary, with sopor.
- ⇒ Chest; full; heavy; pains into throat or right arm; or alternating sides; stitches in left upper chest; rattling agg. cold drinks.
- ⇒ Dry hot feeling in chest; with cough; at first dry then loose.
- ⇒ Asthma after cough.
- ⇒ Repeated haemoptysis.
- ⇒ Tuberculosis, in tall; slender, rapidly growing persons.
- ⇒ Congestion in lungs.
- ⇒ As if skin in larynx.

❖ Constitution

- ⇒ Adapted to tall slender persons of sanguine temperament, fair skin, delicate eyelashes, find blond, or red hair, quick perceptions, and very sensitive nature.
- ⇒ Young people, who grow too rapidly, are inclined to stoop ; who are chlorotic or anaemic; old people, with morning diarrhoea.
- ⇒ Nervous, weak; desires to be magnetized.
- ⇒ Over sensitiveness of all the senses to external impressions, light, noise, odours, touch. Restless, fidgety.

❖ Physical Generals

- ⇒ Burning in spots along the spine between the scapulae .
- ⇒ A Weak empty all gone sensation in head ,chest ,stomach and entire abdomen.
- ⇒ Eyes hollow surrounded by blue rings .
- ⇒ Diarrhoea: as soon as anything enters the rectum; profuse, pouring away as from a hydrant; watery, with sago-like particles; sensation, as if the anus remained open.

❖ Mental Generals

- ⇒ Amative; will uncover his body and expose his genitals.

- ⇒ Excitable, easily angered and vehement from which he afterwards suffers.
- ⇒ Anxious; fears being alone at twilight; of ghosts; about future; of thunderstorms, as if something creeping out of every corner.
- ⇒ Quickly prostrated by unpleasant impressions.
- ⇒ Timid and irresolute.
- ⇒ Melancholy; disinclined to work, study, converse.
- ⇒ Weary of life.
- ⇒ Sheds tears, or with attacks of involuntary laughter.
- ⇒ Destroys everything spits at nurse, kisses who comes near her.
- ⇒ Apathy; indifference even towards her own children.
- ⇒ Insanity; with exaggerated idea of one's own importance; grandeur.
- ⇒ Any lively impression is followed by heat as if immersed in hot water.
- ⇒ Clairvoyant
- ⇒ Weeps before menses.
- ⇒ Wants sympathy.
- ⇒ Laughs at serious things.
- ⇒ Anxious, restlessness, patient cannot sit or stand still for a moment esp. in dark or twilight.

❖ Other Guiding Symptoms

- ⇒ Covered in above Points.

❖ Modalities

- ⇒ Aggravation

- Lying on; painful side; Left Side; on Pack. Slight Causes; Emotions; talking; touch; odours; light.
- Cold; open air
- Putting Hands in cold water.
- Warm Ingesta
- Puberty
- Salt
- Sexual excess
- Loss of fluids.
- Weather; sudden change in; windy; cold; thunderstorms; lightning.
- Morning and evening.
- Mental fatigue.
- Twilight
- Shaving

- ⇒ Amelioration

- Eating
- Sleep
- Cold; food, water, washing face with cold water.

- Rubbing; magnetic
- Sitting
- Dark

3. Kali Bich

❖ A/F

⇒ Complaints occurring in hot weather. Liability to take cold in open air.

❖ Indicating Symptoms

- ⇒ One of the best choices in homeopathic treatment for COPD when the character of cough is yellow, stringy and sticky mucus .
- ⇒ Voice hoarse agg. evening.
- ⇒ Laryngitis
- ⇒ Tickling in larynx with cough agg. eating, with eructations amel. heat; then vertigo.
- ⇒ Rawness, under sternum; pains through to back and shoulders, on coughing.
- ⇒ Expectoration; yellow, stringy, profuse, with deep cough.
- ⇒ As of a bar across the chest.
- ⇒ Asthma agg. coition.
- ⇒ Cough amel. expectoration.
- ⇒ Dry metallic hacking cough.

❖ Constitution

⇒ Fat, light-haired persons who suffer from catarrhal, syphilitic or psoric affections. Fat, chubby, short-necked children disposed to croup and croupy affections.

❖ Physical Generals

- ⇒ Discharge of a tough, stringy mucus which adheres to the parts and can be drawn into long string.
- ⇒ Rheumatism alternating with gastric symptoms.
- ⇒ Nose: pressive pain in root of nose (in forehead and root of nose, Stict.); discharge of plugs, "clinkers;" tough, ropy, green fluid mucus; Oedematous, bladder-like appearance of uvula; much swelling, but little redness

❖ Mental Generals

- ⇒ Indifferent
- ⇒ Indolent - aversion to mental and bodily labour.
- ⇒ Anthrop phobia, avoids human society

❖ Other Guiding Symptoms

⇒ Covered in above points.

❖ Modalities

⇒ Aggravation

- COLD, damp
- Open air
- Spring
- Undressing. MORNING, after sleep 2-3 a.m.
- Protruding tongue.
- Hot weather
- Alcohol; beer
- Suppressed catarrh
- Stooing
- Sitting
- ⇒ Amelioration
 - Heat
 - Motion
 - Pressure

4. Calc Carb

❖ A/F

- ⇒ After eating cold food .
- ⇒ After getting cold air

❖ Indicating Symptoms

- ⇒ Painless hoarseness agg. morning.
- ⇒ Everything makes him short of breath.
- ⇒ Emphysema
- ⇒ Tickling cough as from dust or feather in throat.
- ⇒ Cough; agg. inspiration, playing on piano, eating.
- ⇒ Sharp pains in chest going backwards.
- ⇒ Purulent, loose, sweet, expectoration.
- ⇒ Chest very sensitive to touch, percussion or pressure.
- ⇒ Suffocative spells.
- ⇒ Weak feeling in chest, cannot even speak.
- ⇒ Ulcers or abscesses in the lungs.
- ⇒ Habit cough

❖ Constitution

- ⇒ Leucophlegmatic, blond hair, light complexion, blue eyes, fair skin; tendency to obesity in youth.
- ⇒ Psoric constitutions; pale, weak, timid, easily tired when walking.
- ⇒ Disposed to grow fat, corpulent, unwieldy.
- ⇒ Children with red face, flabby muscles, who sweat easily and take cold readily in consequence.
- ⇒ Large heads and abdomens; fontanelles and sutures open; bones soft, develop very slowly.

❖ Physical Generals

- ⇒ Itching of the scalp, children scratch their heads when their sleep is disturbed or they are awakened.
- ⇒ In teething children milk disagrees, may be vomited in curds, or pass the bowels in the same manner.
- ⇒ Difficult dentition with little children.
- ⇒ Sour taste in the mouth or of the food, sour vomiting, especially during dentition, also sour diarrhoea.
- ⇒ Pit of the stomach swollen, like a saucer turned bottom up.
- ⇒ Menses several days too early and too copious.
- ⇒ Chronic rheumatism and other troubles caused by working in water.
- ⇒ Feet constantly cold and damp, as if she had on cold damp stockings.
- ⇒ Tendency in children and young persons to grow very fat.
- ⇒ Very sensitive to the least cold air, which goes right through her.
- ⇒ Weak and sick for several days after coition.
- ⇒ Especially indicated in fair, plump children, those of a leuco-phlegmatic temperament.

❖ Mental Generals

- ⇒ Forgetful; learns poorly.
- ⇒ Depressed
- ⇒ Melancholic or Doubting Mood.
- ⇒ Fears; disease, misery, disaster, insanity; or being observed.
- ⇒ Fear excited by reports of cruelties.
- ⇒ Cautious
- ⇒ Confused, misplaces words and expresses himself wrongly.
- ⇒ Sad
- ⇒ Apathetic
- ⇒ Taciturn
- ⇒ Indolent; suddenly
- ⇒ Visions; of fire; murder, rats and mice, in delirium.
- ⇒ Melancholy; desire to weep, to go home.
- ⇒ Hopeless of ever getting well.
- ⇒ Suspicious; thinks people look at him suspiciously, and he looks at them suspiciously.
- ⇒ Inability to apply himself.
- ⇒ Sits and things about little affairs, that amount to nothing.
- ⇒ Sits and breaks sticks etc. all day long.
- ⇒ Imagines someone walking behind her.
- ⇒ Feels as if she would run up and down and scream.
- ⇒ Easily frightened or offended.
- ⇒ Children are self willed.
- ⇒ Child is afraid of everything it sees.
- ⇒ Mischievous

- ⇒ Obstinate
- ⇒ Irritable, cries about trifles; borrows trouble

❖ **Other Guiding Symptoms**

- ⇒ Covered in above points.

❖ **Modalities**

- ⇒ Aggravation

- Cold; Raw Air; Bathing.
- Cooling off
- Change of weather to cold.
- Exertion-physical mental.
- Ascending
- Eye strain
- Dentition
- Puberty
- Pressure of Clothes.
- Milk
- Anxiety
- Awakening
- Full moon
- Standing
- looking up
- Climaxes
- Turning head

- ⇒ Amelioration

- Dry climate and weather.
- Lying; on painful side, on back.
- Sneezing (headache).
- Rubbing, scratching.
- Wiping or soothing with hands.
- After breakfast
- Dark

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5. Rumex

❖ **A/F**

- ⇒ Triggers: uncovering and undressing, change in temperature, lying in bed (as soon as head touches the pillow), inhaling cold air causes a tickle.

❖ **Indicating Symptoms**

- ⇒ Useful in homeopathic treatment for COPD in patients who have dry teasing cough initially, followed by stringy cough. Complaints increase on talking, by pressure and taking in cold air.

- ⇒ Cough provoked by change of air, cool or warm, or changes in the rhythm of respiration.
- ⇒ Violent incessant dry cough, fatiguing, with little expectoration.
- ⇒ Cough with a tickling in the pit of the throat and behind the sternum. Cough barely relieves tickle. Long episodes of dry, teasing, hacking, fatiguing cough. Little expectoration. Tenacious mucous. Cough on going from warm room to cool air. Cough prevents sleep.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ Cough provoked by change of air, cool or warm, or changes in the rhythm of respiration.
- ⇒ Violent incessant dry cough, fatiguing, with little expectoration.
- ⇒ Itching or vesicular eruption; itching worse when undressing or from exposure to cool air.
- ⇒ Itching when undressing, uncovering or becoming exposed to cold air

❖ **Mental Generals**

- ⇒ Low spirited with serious expression of face with suicidal mood irritable disinclined to mental exertion Indifference to surroundings.
- ⇒ Stagnation of ideas lassitude and uneasiness

❖ **Other Guiding Symptoms**

- ⇒ Covered in above points.

❖ **Modalities**

- ⇒ Aggravation

- In the morning or at 11:00 P.M.
- Cold or open air
- Uncovering
- Morning upon awakening
- Touch or pressure on the throat
- Talking or laughing

- ⇒ Amelioration

- Covering the mouth
- Drinking or sucking on a lozenge
- Wrapping up

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HNSHMC STUDENTS

69. Eczema

1. Croton Tig

❖ A/F

⇒ Open air, motion, summer.

❖ Indicating Symptoms

⇒ Acute eczema over the whole body.

⇒ Intense itching of skin but itching is painful.

⇒ Vesicular eczema.

⇒ Eruptions will come on for a few days and will then desiccate, and in a few days longer it will desquamate.

⇒ Skin feels hide bound.

⇒ Outbreaks of skin.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Powerful purgative and irritant of the skin .

⇒ Feeling as if parts were down backwards.

⇒ Weight of the hat causes headache.

⇒ Drawing pain through the chest from breast to scapula.

❖ Mental Generals

⇒ Feeling of anxiety, as though some personal misfortunes would befall him.

⇒ Not disposed to work

⇒ Cannot think outside himself

⇒ Feels all spent up.

❖ Other Guiding Symptoms

⇒ Profuse watery diarrhoea "coming out like a shot" , as soon as patient eat or drinks.

⇒ Suffocating cough as soon as the head touches the pillow.

⇒ On the skin croton produces erythema, erysipelas, eczema, herpes, pustules, etc.

⇒ There is intense itching of the skin but patient cannot bear to scratch very hard; as it hurts.

❖ Modalities

⇒ Aggravation

- Drinking
- Summer
- Washing
- Touch

⇒ Amelioration

- Sleep
- Rubbing

2. Graphites

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Very useful remedy for eczema which is crusty, moist, yellow and sticky.
- ⇒ Rough, hard, persistent dryness of portion of skin unaffected by eczema.
- ⇒ Burning and stinging pain.
- ⇒ Unhealthy skin.
- ⇒ Eruptions - oozes a watery, transparent, sticky fluid.
- ⇒ Eczema of lids; eruption moist and fissured; lids red and margins covered with scales or crusts.
- ⇒ Unhealthy skin; every injury suppurates .

❖ Constitution

- ⇒ "What pulsatilla is at puberty, Graphites is at the climacteric."
- ⇒ Suited to women, inclined to obesity, who suffer from habitual constipation; with a history of delayed menstruation.
- ⇒ Chilly person.
- ⇒ Antipsoric miasm.

❖ Physical Generals

- ⇒ Takes cold easily.
- ⇒ Sensitive to draft of air.
- ⇒ Suffering part emaciate.

❖ Mental Generals

- ⇒ Sad, despondent; music make her weep, think nothing but of death.
- ⇒ Excessive cautiousness, timid, hesitates, unable to decide about anything.
- ⇒ Fidgety while sitting at work.

❖ Other Guiding Symptoms

- ⇒ What Pulsatilla at puberty, graphites at climacteric age.
- ⇒ Leucorrhoea acrid, excoriating, occurs in gushes day and night before and after menses.
- ⇒ Discharge of Watery, transparent, sticky fluid.
- ⇒ Suffer from poor short term memory.

❖ Modalities

- ⇒ Aggravation
 - At night
 - During and after menstruation
- ⇒ Amelioration
 - In dark room

- From wrapping up

3. Mezereum

❖ A/F

- ⇒ Vaccination

❖ Indicating Symptoms

- ⇒ Eczema and itching eruptions after vaccination.
- ⇒ Eczema: Intolerable itching, < in bed and from touch, chilliness with pruritus, copious serous exudation.
- ⇒ Itching worse at night.
- ⇒ Eruptions ulcerate and form thick scabs under purulent matter exude.
- ⇒ Redness and dryness of skin.
- ⇒ Child scratch continuously, inflammatory redness.
- ⇒ Nervous feelings, biting, tingling, itching, changes place from scratching.

❖ Constitution

- ⇒ Light haired, irresolute persons.
- ⇒ Phlegmatic temperament.

❖ Physical Generals

- ⇒ One sided symptoms, whole or partial.
- ⇒ Excessive sensitiveness to air, even of a fan.
- ⇒ As of a cool breeze blowing on a part.
- ⇒ Body feels tight.
- ⇒ Affected part become cold and emaciated.

❖ Mental Generals

- ⇒ Hypochondriacal and despondent, indifferent to everything and everyone, angry at trifles and perfectly harmless things, but is soon sorry for it.

❖ Other Guiding Symptoms

- ⇒ The head covered with thick, leather-like crust.
- ⇒ Eczema and itching after vaccination.
- ⇒ Sudden pains of various kinds followed by chilliness, numbness and soreness.
- ⇒ Indifference to everything and everyone.

❖ Modalities

- ⇒ Aggravation
 - Cold air
 - Washing
 - At night
 - Touch
- ⇒ Amelioration
 - Open air
 - Eating

70. Beriberi

1) Lathyrus Sativus

❖ A/F

⇒ Cold, damp weather

❖ Indicating Symptoms

⇒ Beriberi.

⇒ It affects the lateral and anterior column of the cord.

⇒ Reflexes always increased.

⇒ In wasting and exhaustive disease when there is much weakness and heaviness; and slow recovery of nerve power.

⇒ Tremulous tottering gait.

⇒ Sensation as of a damp cloth around the waist.

⇒ When lying down, legs can be moved from side to side but cannot be lifted.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Affects the anterior and lateral column of the cord, causing many paralytic affections of lower extremities.

⇒ Burning of the tip of tongue. Tongue as if scalded.

⇒ Continuous yawning with sleepiness.

❖ Mental Generals

⇒ Depressed, hypochondriacal.

⇒ Vertigo when standing with eyes closed.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- In cold damp weather

- At night

⇒ Amelioration

- Uncovering

2. Acetic Acid

❖ A/F

⇒ NA

❖ Indicating Symptoms

⇒ Profound anaemia with dropsical symptoms.

⇒ Great muscle weakness, frequent fainting, dyspnoea.

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- ⇒ Weak heart, vomiting, profuse sweating.
- ⇒ General anasarca.
- ⇒ Hissing respiration, cough with the inhalation.
- ⇒ Oedematous swelling of feet and legs.

❖ **Constitution**

- ⇒ Adapted to pale, lean persons with lax, flabby muscles, face pale, waxy.
- ⇒ Marasmus and other wasting disease of children.
- ⇒ Hemorrhagic diathesis.

❖ **Physical Generals**

- ⇒ Haemorrhage from every mucous outlet, nose, throat, lungs, stomach, bowels, uterus.
- ⇒ Traumatic epistaxis.
- ⇒ Great prostration after injuries, after anaesthesia.
- ⇒ Thirst: intense, burning, insatiable even for large quantities in dropsy, diabetes, chronic diarrhoea, but no thirst in fever.

❖ **Mental Generals**

- ⇒ Worries about business affairs.
- ⇒ Borrows trouble.
- ⇒ Forget what recently happened.
- ⇒ Does not know her own children's.

❖ **Other Guiding Symptoms**

- ⇒ Leading symptoms of drug are profound anaemia, with waxy pallor of the face, excessive emaciation, great debility, frequent fainting, difficult breathing, weak heart, profuse urination, sweat and vomiting.
- ⇒ In convulsions, jump out from the bed, like a madman and crawls on floor.

❖ **Modalities**

- ⇒ Aggravation
 - At night
- ⇒ Amelioration
 - Motion and rest

3. **Apocyanum**

❖ **A/F**

- ⇒ Dropsy after typhus, typhoid, scarlatina, abuse of quinine, alcohol.

❖ **Indicating Symptoms**

- ⇒ A Diminished frequency of pulse.
- ⇒ Digestion is disturbed.
- ⇒ Swelling of every part of the body, with scanty urine and sweat.
- ⇒ Nausea, vomiting, and great thirst ; drowsiness and difficult breathing.
- ⇒ One eye motionless other rolling.
- ⇒ Sensation of sinking in the pit of stomach.

❖ **Constitution**

⇒ NA

❖ **Physical Generals**

⇒ Excretion diminished, esp. urine and sweat.

⇒ Dropsy of serous membranes; acute, inflammatory.

⇒ Dropsy; with thirst, water disagree or is vomited.

❖ **Mental Generals**

⇒ Low spirited, nervous and bewildered.

⇒ Cannot think. Faints when raised from pillow.

❖ **Other Guiding Symptoms**

⇒ Excretions diminished, esp. urine and sweat.

⇒ Hydrocephalus with open sutures; stupor, sight of one eye lost.

⇒ Amenorrhea in young girls, with bloating or dropsical extension of abdomen and extremities.

⇒ Dropsy with thirst, but water disagree or is vomited.

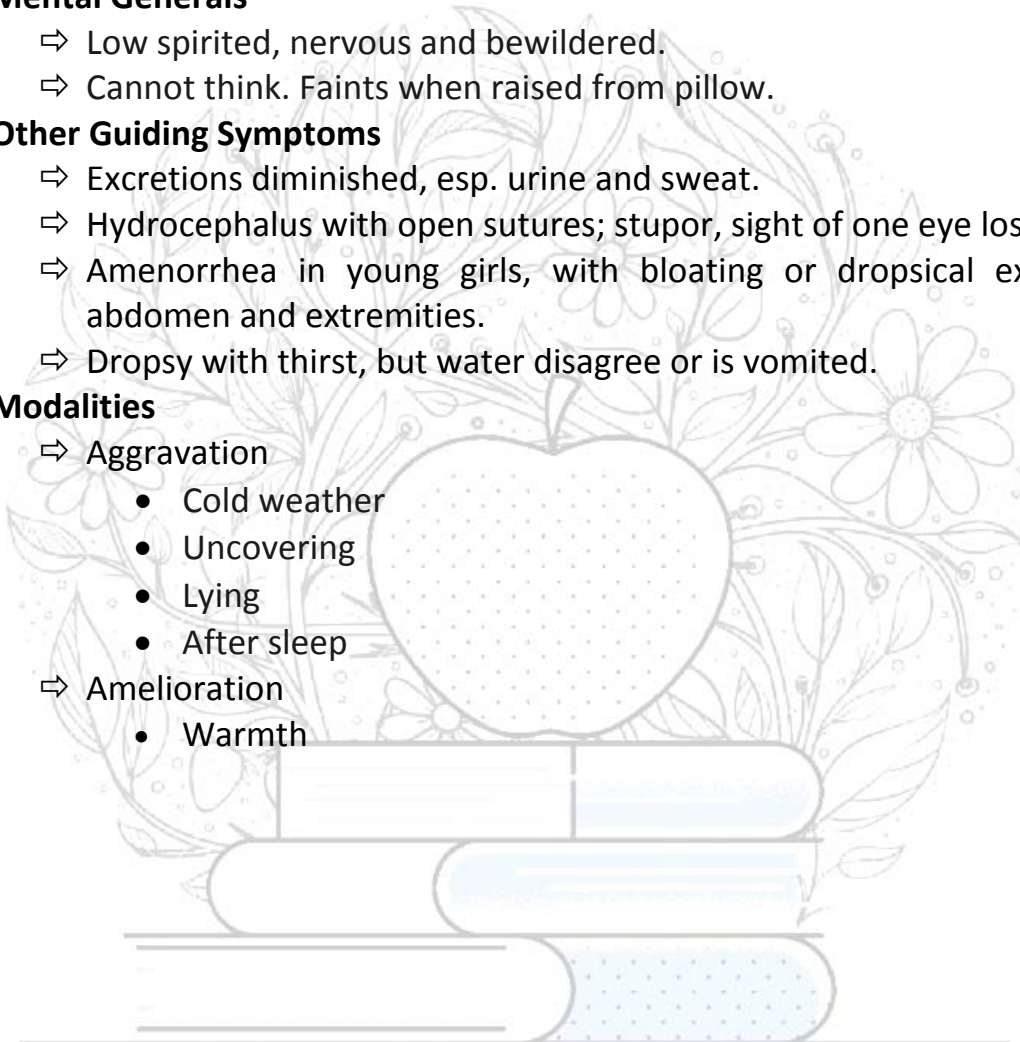
❖ **Modalities**

⇒ Aggravation

- Cold weather
- Uncovering
- Lying
- After sleep

⇒ Amelioration

- Warmth



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71. Schizophrenia

1. Anacardium

❖ A/F

⇒ Bad effects of mental excitement, sedentary habits.

❖ Indicating Symptoms

⇒ There is sudden loss of memory.

⇒ Pt. is unfit for any type of business.

⇒ He has two wills, one commanding to do good things and other forcing him to do wrong things.

⇒ The pt. is so forgetful that he even forget his own name

⇒ Suspicious, doubts everything around him.

⇒ Lack of confidence in himself and others.

❖ Constitution

⇒ Physical make-up: pale face with blue ring around eyes.

⇒ Temperament : Highly irritable

⇒ Thermally : neither chilly nor hot

⇒ Miasm : psora+syphilis

❖ Physical Generals

⇒ Weakness of all the senses.

⇒ All gone sensation in stomach, comes only when stomach is empty and during the process of digestion.

❖ Mental Generals

⇒ There is sudden loss of memory.

⇒ Sensation of a hoop or band around the parts.

❖ Other Guiding Symptoms

⇒ Intense itching with mental irritability, not relieved by scratching.

❖ Modalities

⇒ Aggravation

- during mental work
- empty stomach.

⇒ Amelioration

- From eating
- Falling asleep

2. Tarentula Hispanica

❖ A/F

⇒ Mental activity,

❖ Indicating Symptoms

⇒ Anxiety of mind and body.

⇒ Very sensitive to music.

- ⇒ Strong aversion to striking colours such as green, red and black.
- ⇒ They not only, imagine themselves sick but they pretend to be sick, when they are not.
- ⇒ Strike her attendant, nurse tear clothes.
- ⇒ Destructive mentality.

❖ **Constitution**

- ⇒ Suitable to nervous hysterical person, subject to spasmodic affection.
- ⇒ Miasm: psora, sycosis, syphilis and tubercular
- ⇒ Thermally : hot

❖ **Physical Generals**

- ⇒ Restlessness: cannot keep quite in any position, must keep motion though walking aggravate all the symptoms.
- ⇒ Annual periodicity of symptoms is marked.

❖ **Mental Generals**

- ⇒ Anxiety of mind and body.
- ⇒ Destructive mentality.
- ⇒ Consolation cause weeping.

❖ **Other Guiding Symptoms**

- ⇒ Extra irritability of nervous system.
- ⇒ Choreic affection of whole body.

❖ **Modalities**

- ⇒ Aggravation
 - Motion
 - Touch of affected part.
- ⇒ Amelioration
 - Open air.

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72. Measles

1. Pulsatilla

❖ A/F

⇒ chill getting feet wet, eating fatty and starchy food.

❖ Indicating Symptoms

⇒ There is coryza and profuse lachrymation.

⇒ The cough is still dry at night, but loosens a little in day time.

⇒ There is predisposition to earache.

⇒ The eyes agglutinate and discharge is purulent.

⇒ High fever without thirst.

⇒ Chronic loose cough after measles.

⇒ Greenish , yellowish discoloration.

❖ Constitution

⇒ Physical make-up: Fair look, fine hair and blue eyes.

⇒ Temperament: full of tears, slow.

❖ Physical Generals

⇒ Changeability of symptoms.

⇒ Weeping disposition.

⇒ Thirstlessness.

❖ Mental Generals

⇒ Consolation give her immense can comfort and relief.

⇒ Fear of darkness and ghosts.

⇒ **Other Guiding Symptoms**

⇒ All the discharge from m.m. are thick, bland, greenish yellow.

❖ Modalities

⇒ Aggravation

- Warm air
- Warm room.

⇒ Amelioration

- Open air
- Motion.

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73. Pharyngitis

1. Hepar Sulph

❖ A/F

- ⇒ Cold in general,
- ⇒ Suppressed eruption.

❖ Indicating Symptoms

- ⇒ Splinter like sensation in throat as if a fish bone or plug is sticking in throat.
- ⇒ Pressive and constrictive sensation in throat.
- ⇒ Dry cough, deep, rough, barking, croupy cough .
- ⇒ Chocking, gagging with great soreness in chest.
- ⇒ Pain on swallowing.
- ⇒ During cough pt. goes on coughing and sweating.
- ⇒ Feeling like feather in throat .

❖ Constitution

- ⇒ Physical make-up: suited to torpid lymphatic constitution, light hair and complexion.
- ⇒ Temperament : irritable.
- ⇒ Thermally : Highly chilly pt.
- ⇒ Miasm: Psora
- ⇒ Diathesis: lymphatic and scrofulous

❖ Physical Generals

- ⇒ Chilly pt. highly sensitive to cold air.
- ⇒ Oversensitive both physically and mentally.
- ⇒ Slightest injury causes suppuration.

❖ Mental Generals

- ⇒ Oversensitive and irritable.
- ⇒ The slightest thong irritate him.
- ⇒ Very much impulsive.

❖ Other Guiding Symptoms

- ⇒ Craving for sour things.
- ⇒ Aversion to fatty foods.

❖ Modalities

- ⇒ Aggravation
 - cold in general
 - cold food.
- ⇒ Amelioration
 - warmth in general.

75. Scurvy

1. Mercurious

❖ A/F

- ⇒ Fright .
- ⇒ Suppressed gonorrhoea .
- ⇒ Suppressed foot sweat

❖ Indicating Symptoms

- ⇒ Gums painful to the touch, swollen, spongy, bleeding fetid odour from the mouth .
- ⇒ Moist tongue with intense thirst .
- ⇒ Tongue swollen & flabby , showing imprint of the teeth on the margins .
- ⇒ Teeth become black and various.
- ⇒ Sweating with all complaints, but the sweat affords , no relief .

❖ Constitution

- ⇒ Best adapted for light haired persons.
- ⇒ Skin and muscles lax.
- ⇒ Sensitive to heat and cold.

❖ Physical Generals

- ⇒ It is a great remedy in children with epileptiform fits, twitching & disorderly motions.
- ⇒ Abscess in a joint , worse at night .
- ⇒ There are many skin symptoms scurfy , eruption, vesicular eruption.
- ⇒ The skin is sallow , rawness between the thighs And between the scrotum And thighs , fissures at the corners of mouth & eyes , rawness And bleeding.

❖ Mental Generals

- ⇒ Restlessness.
- ⇒ As if conscious of having committed some crime .

❖ Other Guiding Symptoms

- ⇒ NA

❖ Modalities

- ⇒ Aggravation
 - Urination and stool
 - Night
- ⇒ Amelioration
 - Rest

2. Kreosotum

❖ A/F

⇒ Bad smells , sprains.

❖ **Indicating Symptoms**

- ⇒ Pulsation all over the body , and profuse bleeding from small wounds .
- ⇒ Pain aggravated by rest .
- ⇒ Itching worse towards evening , burning in soles, small wounds bleed freely.
- ⇒ Feeling of coldness as if ice water in stomach .
- ⇒ Diarrhoea very offensive, dark brown , cholera infantum .

❖ **Constitution**

- ⇒ Dark complexion, lean , ill developed, poorly nourished .
- ⇒ Children, old looking, wrinkled .
- ⇒ Psoric affection.
- ⇒ Post climacteric disease of women .

❖ **Physical Generals**

- ⇒ The corners of the lips and mouth are red and raw .
- ⇒ Rapid emaciation.
- ⇒ Pulsation all over the body .
- ⇒ Severe old neuralgias.
- ⇒ Haemorrhages , passive , dark , brown from small wounds.

❖ **Mental Generals**

- ⇒ Dissatisfied with everything , wants things then throws them away and wants something else.
- ⇒ Screams at night.
- ⇒ Fear at the thought of coition in women.

❖ **Other Guiding Symptoms**

- ⇒ Covered in above Points.

❖ **Modalities**

- ⇒ Aggravation
 - Dentition
 - Rest
 - 6 p.m to 6 a.m
- ⇒ Amelioration
 - Warmth
 - After sleep

3. Calc Flour

❖ **A/F**

- ⇒ NA

❖ **Indicating Symptoms**

- ⇒ Calc. Flour is schussler's bone salt.
- ⇒ For glandular tumours, varicose veins, prolapse uterus , bone affections.
- ⇒ The symptoms are all worse in damp weather And relieved by rubbing.

- ⇒ Thick, lumpy yellow discharges from nose, yellow pus from ulcers .
- ⇒ Hard knots in female breast .

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ Veins dilated and become varicose , inflamed.
- ⇒ It disperses bony growths , osteosarcoma, after injury.
- ⇒ The tissue salt relaxes the elastic fibres , esp. of veins and glands.
- ⇒ Aneurysm.
- ⇒ Numbness in different parts .

❖ **Mental Generals**

- ⇒ Indecision.
- ⇒ Ground less fear of financial loss.
- ⇒ Fear of poverty.

❖ **Other Guiding Symptoms**

- ⇒ Skin
- ⇒ Cracked, dry , hard, whiteness .
- ⇒ Birth marks.
- ⇒ Ulcers with hard edges .
- ⇒ Warty growths .

❖ **Modalities**

- ⇒ Aggravation
 - Cold
 - Changing weather
- ⇒ Amelioration
 - Heat
 - Rubbing

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76. Typhoid

1. Muriatic acid

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ typhoid or typhus; deep stupid sleep; unconscious while awake; loud moaning or muttering; tongue coated at edges, shrunken dry, leather like, paralyzed; involuntary foetid stool while passing urine; pulse intermittents every third beat.
- ⇒ This acid has an elective affinity for the blood, producing a septic condition similar to that found in low fevers with high temperature & great prostration.
- ⇒ Patient becomes so weak she slides down the bed.
- ⇒ Intense burning heat, with aversion to covers.
- ⇒ Cannot bear sight or thought of meat.
- ⇒ At times ravenous appetite and constant desire to drink.

❖ Constitution

- ⇒ Dark or glowing red face.
- ⇒ Low jaw fallen.

❖ Physical Generals

- ⇒ Muscles are affected esp. of heart, of bladder, anus etc.
- ⇒ Mucous membranes of the mouth and digestive tract, are dry, bleeding, cracked and deeply ulcerated.
- ⇒ Pulsation in single parts.
- ⇒ Dropsical swelling.

❖ Mental Generals

- ⇒ Introverted.
- ⇒ Sad and taciturn.
- ⇒ Suffer in silence

❖ Other Guiding Symptoms

- ⇒ Cold in bed, in early morning.
- ⇒ Intense burning heat, with aversion to covers.
- ⇒ A dynamic fevers, typhoid, septic etc.

❖ Modalities

- ⇒ Aggravation
 - Touch
 - Wet weather
 - Walking
- ⇒ Amelioration
 - Motion, Warmth

77. Dengue

1. Eupatorium

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Eupatorium acts upon the gastro hepatic organs and bronchial mucus membrane.
- ⇒ Fever: chill at 9 am one day, noon the next day; bitter vomiting at close of chill; drinking hastens chill and causes vomiting; bone pains before and during the chill.
- ⇒ Cachexia from cold chronic , bilious intermittent.
- ⇒ In satible thirst before and during chill and fever; knows chill is coming because he can not drink enough.
- ⇒ Marked periodicity .
- ⇒ Bone pains affecting back, head chest limbs, especially the wrists, as if dislocated. The more general and severe the better adapted.

❖ Constitution

- ⇒ Adapted to diseases of old people, warnout constitutions, especially from inebriety; cachexia, from prolonged or frequent attacks of bilious or intermittent fevers.

❖ Physical Generals

- ⇒ The leading characteristic is violent , aching , bone breaking pains .
- ⇒ Muscles of chest , back and limbs feel bruised , sore aching.
- ⇒ Pt. is restless , chilly And nauseated .
- ⇒ Sluggishness of all organs and functions.

❖ Mental Generals

- ⇒ Moans with aching pain .

❖ Other Guiding Symptoms

- ⇒ Thirst or nausea the violent shaking chill , begins in the small of the back.
- ⇒ Bitter vomiting after chill.
- ⇒ Burning heat .
- ⇒ Sweat relieves all the symptoms except the headache.
- ⇒ Sweat scanty.
- ⇒ Chill between 7 and 9 a.m.

❖ Modalities

- ⇒ Aggravation
 - Cold air
 - Periodically 7 to 9 a.m.
- ⇒ Amelioration
 - Vomiting, Sweating

78. Leprosy

1. Hydrocotyle

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Curative in disorders that exhibit interstitial inflammation & cellular proliferation in any part.
- ⇒ Hypertrophy & induration of connective tissue.
- ⇒ Hydrocotyle has considerable reputation in leprosy & lupus, when there is no ulceration.
- ⇒ Skin-Dry eruptions
- ⇒ Great thickening of epidermis layer & exfoliation of scales.
- ⇒ Intolerable itching, especially of soles.
- ⇒ Hydrocotyle have great variety of skin affections such as ache, eczema, pemphigus, lupus, leprosy etc...

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Very copious perspiration profuse sweat.

❖ Mental Generals

⇒ NA

❖ Other Guiding Symptoms

⇒ Na

❖ Modalities

⇒ Aggravation

- NA

⇒ Amelioration

- NA

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79. Nocturnal Enuresis

1. Kreosotum

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Incontinence of urine ;can only urinate when lying; copious pale; urging, cannot get out of bed quick enough.
- ⇒ Wets bed at night, dreams he is urinating properly.
- ⇒ Can only urinate while lying, incontinence worse lying down.
- ⇒ Urine of a chestnut colour or turbid or fetid and colourless.
- ⇒ Diminished or excessively increased secretion of urine.
- ⇒ Enuresis in the first part of night.

❖ Constitution

- ⇒ PHYSICAL MAKEUP -Especially suited to ladies having dark complexion & post climacteric age group. tall ,slender, ill developed ,overgrown, very tall for her age.
- ⇒ TEMPERAMENT -Irritable
- ⇒ THERMAL-Chilly pt
- ⇒ MIASM- Psora + Syphilis
- ⇒ DIATHESIS-Haemorrhagic & scorbutic diathesis .

❖ Physical Generals

⇒ NA

❖ Mental Generals

- ⇒ Music causes weeping & palpitation.
- ⇒ Vanishing of thought ,stupid ,forgetful, peevish, irritable.
- ⇒ Child wants everything but throws it away when given.

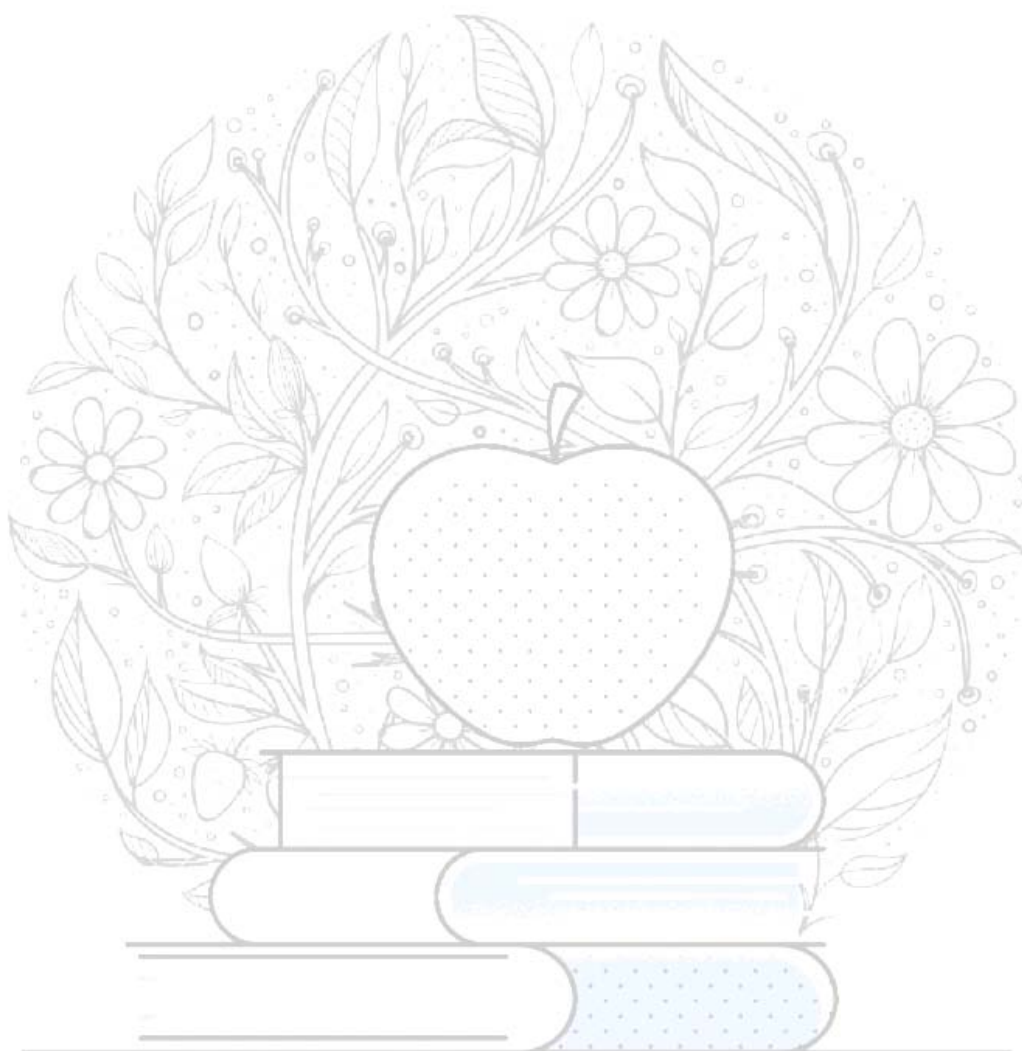
❖ Other Guiding Symptoms

- ⇒ Teeth begin to decay as soon as they appear .
- ⇒ Menstrual flow on lying down ,cease on sitting or walking about.
- ⇒ Leucorrhoea worse between periods.
- ⇒ In case of cholera infantum and malignant disease of stomach kreosote is efficacious

❖ Modalities

- ⇒ Aggravation
 - In open air
 - Cold weather
 - When growing cold
 - From washing or bathing with cold water.
 - Rest ,especially when lying.
- ⇒ Amelioration

- Generally better from warmth .



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80. Kala Azar

1. Nat Sulph

❖ A/F

⇒ Fear, abuse of quinine, damp & rainy weather.

❖ Indicating Symptoms

⇒ Painful sensitiveness of hepatic region to the touch, during a walk, or to a sudden jar

⇒ Stitches in the region of liver while walking in open air.

⇒ Waking at night with chilliness, shaking and tattering of teeth, with anguish and thirst.

⇒ Jaundiced watery blisters on the skin. Itching while undressing.

⇒ Natrum Sulph is very good medicine for hepatitis. Liver is sore to touch with sharp stitching pain in the liver region. Can not bear tight clothing around waist, worse lying on left side.

❖ Constitution

⇒ PHYSICAL MAKE UP- Hydrogenoid constitution, a constitution which the gonorrhoeal poison is most pernicious; recovers slowly from every sickness.

⇒ TEMPERAMENT-Bilious

⇒ THERMAL-Very chilly pt

⇒ MIASM- Sycosis

❖ Physical Generals

⇒ Ailments which are aggravated by or which depend upon dampness of weather, damp houses or cellars.

❖ Mental Generals

⇒ Mental traumatism; mental effects from injuries to head; chronic brain effect of blows, falls.

⇒ Inability to think.

⇒ Sad, gloomy, irritable; worse in morning; dislike to speak or spoken to.

⇒ Depressed; lively music makes her sad; satiety of life; must use great self control to prevent shooting himself.

❖ Other Guiding Symptoms

⇒ Sycotic pneumonia-lower lobe of left lung is usually affected.

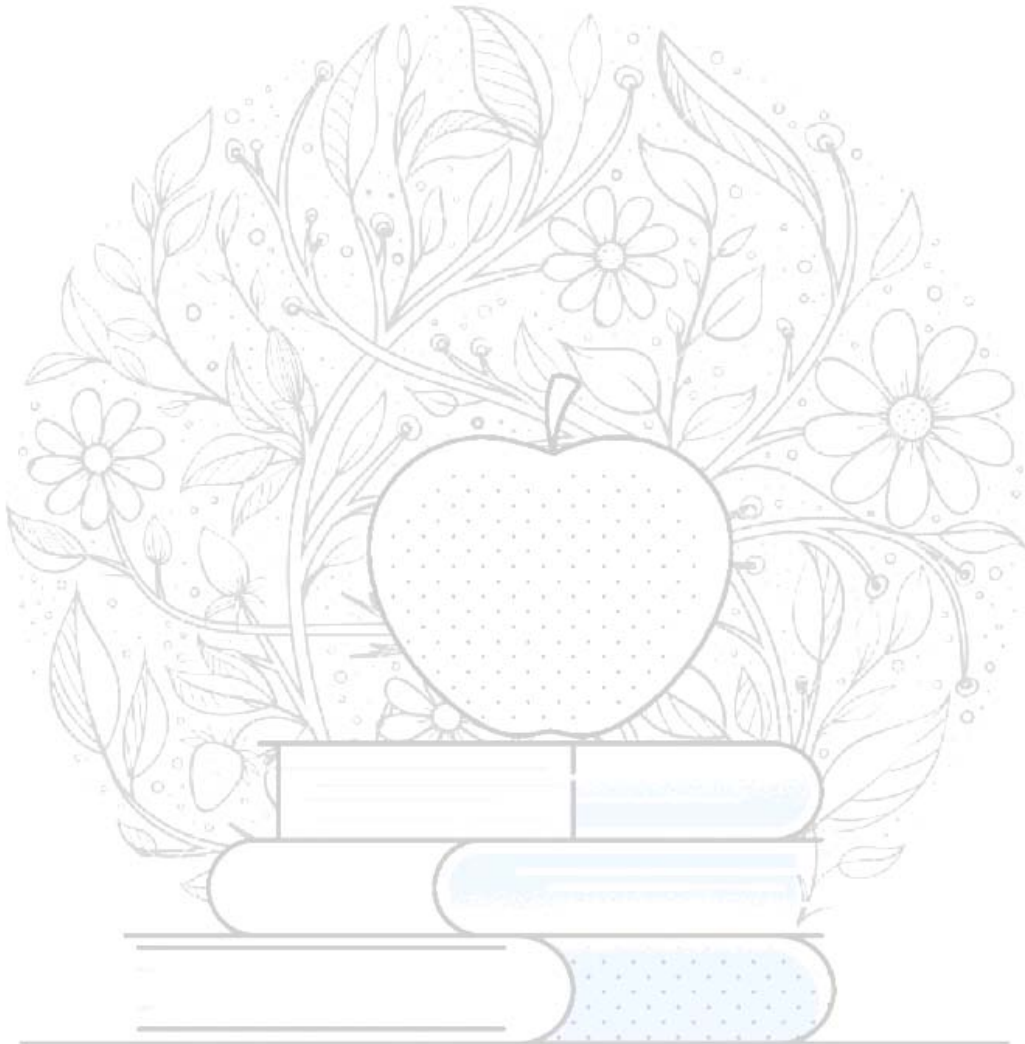
❖ Modalities

⇒ Aggravation

- Damp basement or dwellings
- Damp weather
- Rest
- Lying on left side

⇒ Amelioration

- Dry weather
- Pressure
- Sitting up (cough)
- Changing position
- Open air



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81. Empyema

1. Silicea

❖ A/F

⇒ Vaccination, suppressed foot sweat exposure to draught of air, chest complaints of stone cutters.

❖ Indicating Symptoms

⇒ Cough with expectoration of little granules like shot, which when broken, small very offensive.

⇒ Cough with expectoration in day, bloody or purulent.

⇒ Violent cough when lying down with thick, yellow lumpy expectoration. Suppurative stage of expectoration.

⇒ Stitches in chest through the back.

⇒ Chilliness; very sensitive to cold air in fever. Cold extremities even in the warm room.

⇒ Sweat at night worse towards the morning. Suffering parts feel cold

❖ Constitution

⇒ Make up of the body :pale face with lean and thin body. Sickly appearance with dry skin. weak and lax musculature.

⇒ Temperament: Irritable and sanguine.

⇒ Relation with heat & cold : Extremely chilly patient.

⇒ Miasm: predominantly anti-psoric rather than anti-sycotic & anti-syphilitic.

⇒ Diathesis: Scrofulous

❖ Physical Generals

⇒ Great sensitiveness to taking cold.

⇒ Lack of vital heat

⇒ Periodical states

⇒ Disease of bones, caries & necrosis

❖ Mental Generals

⇒ sensitive, weeping mood.

⇒ Obstinate, stubborn, head-strong children.

⇒ Want of grit both mental and physical.

⇒ Loss of self confidence, failure, dreads, but unfounded.

⇒ Fixed ideas thinks about of pins fears them searches them & counts them.

❖ Other Guiding Symptoms

⇒ Bad effects of vaccination especially convulsion & suppuration.

⇒ Every little injury supporters.

⇒ Constitution which suffers from deficient nutrition from defective assimilation.

⇒ Desire for cold drinks ,cold food, ice-cream. wants to be magnetized.

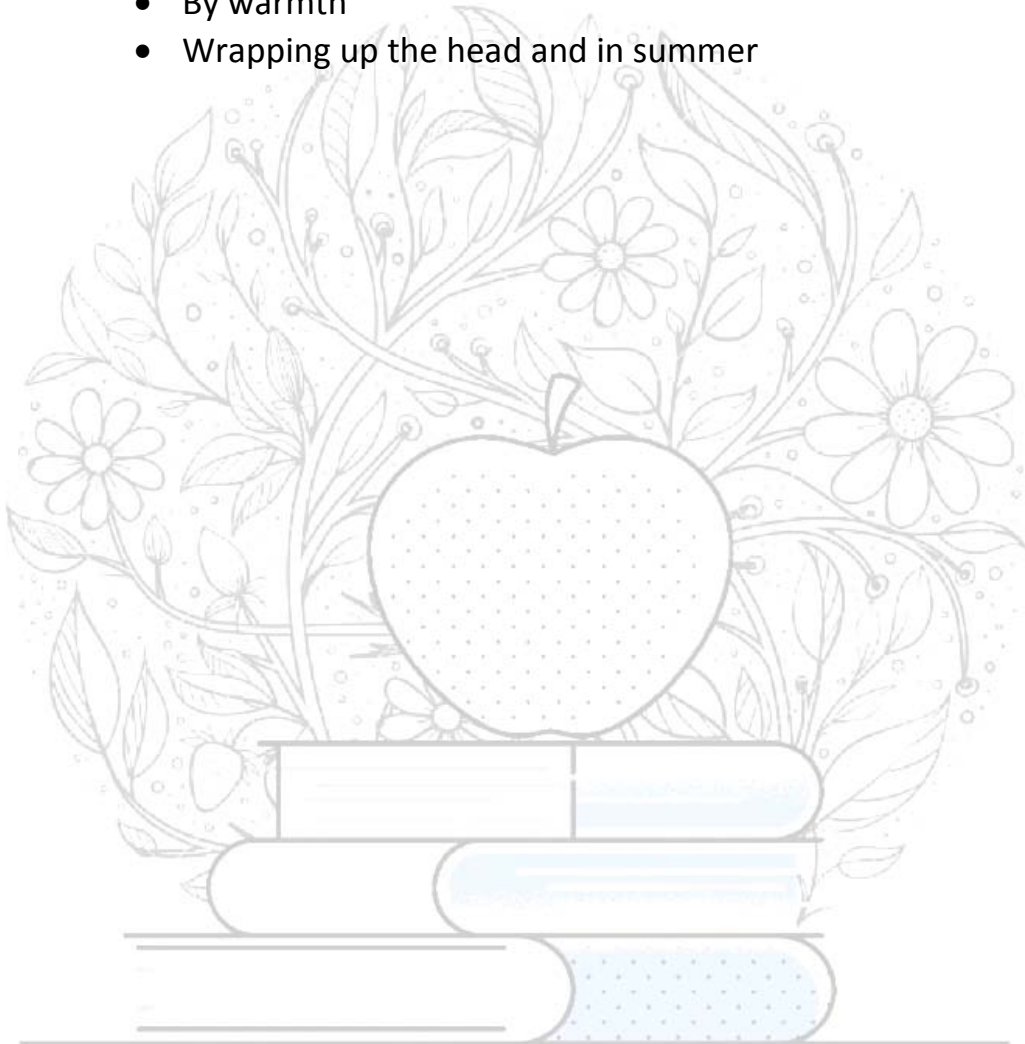
❖ **Modalities**

⇒ Aggravation

- In new moon & full moon
- From washing and uncovering

⇒ Amelioration

- By warmth
- Wrapping up the head and in summer



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82. Acromegaly

1. Calc Carb

❖ A/F

⇒ Self abuse, over lifting, mental strains, loss of vital fluids.

❖ Indicating Symptoms

⇒ Fair ,fatty, flabby patient, face red and muscles are flabby.

⇒ Head is large and abdomen is swollen .

⇒ Curvature of bones, especially spine and long bones; extremities crooked, deformed; bones irregularly developed. Weakness of legs, swelling of joints, especially of knees.

⇒ Menstruation too early too profuse, too long lasting; with subsequent amenorrhoea and chlorosis with menses scanty or suppressed

⇒ Least mental excitement causes profuse return of menstrual flow.

❖ Constitution

⇒ leucophlegmatic constitution.

⇒ Make up of the body : fair ,fatty ,flabby patients who becomes easily fatigued and tired on walking ,with much sweating, cold extremities and sour smell of the body .

⇒ Relation with heat & cold : Chilly patient ,disposed to catch cold very easily .

⇒ Miasm: Greatest anti - psoric and anti-psychotic.

⇒ Diathesis: scrofulous, rachitic, tubercular

❖ Physical Generals

⇒ Head sweat profusely while sleeping wetting pillow far around .

⇒ Patient desires and likes to be magnetized.

⇒ Profuse perspiration mostly on back of head and neck.

❖ Mental Generals

⇒ Great apprehensions, which becomes worse towards evening.

⇒ Fear of darkness, loss of reason ,contagious.

⇒ Very forgetful, confused low spirited.

⇒ Slight mental effort produce heat.

⇒ Dejected and melancholic.

❖ Other Guiding Symptoms

⇒ Great sensitiveness to take cold; frequent coryza which is chronic in nature and poetic in origin .

⇒ Feels better in every way when constipated stool has to be removed mechanically.

⇒ All discharges smell sour ,vomits, diarrhoea, sweat, eructation, sour odour of the whole body .

⇒ Desire like to be magnetized.

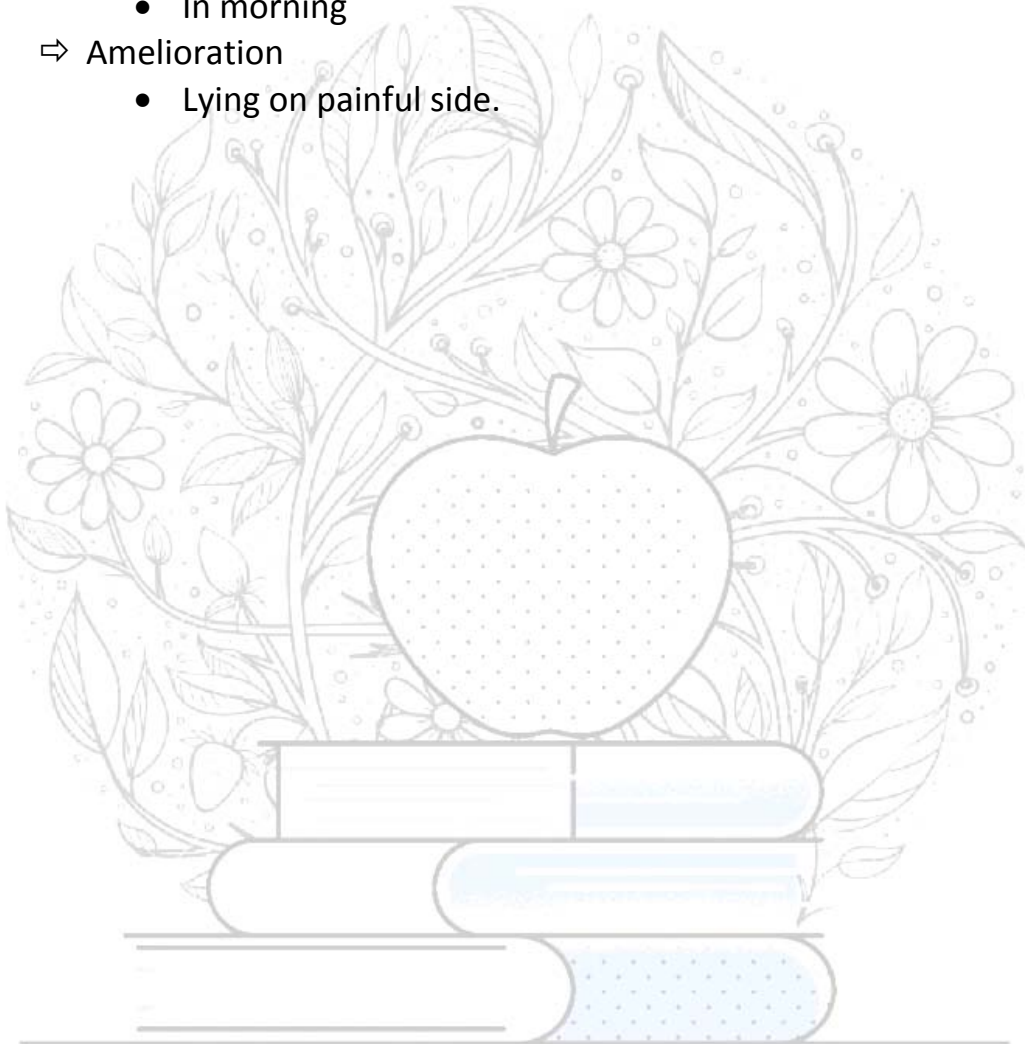
❖ Modalities

⇒ Aggravation

- Cold air
- Wet weather
- Cold water
- From washing
- In morning

⇒ Amelioration

- Lying on painful side.



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HNSHMC STUDENTS

83. Uraemia

1. Helleborus

❖ A/F

⇒ Suppressed exanthema.

❖ Indicating Symptoms

⇒ Produces condition of sensorial depression. Sees, hears, tastes imperfectly, and general muscular weakness which may go on to complete paralysis, accompanied by dropsical effusion.

⇒ Slow in answering. Thoughtless staring. Involuntary shighing. Complete unconsciousness. Picks lips and clothes.

⇒ The urine may be scanty or suppressed after dropsy.

⇒ The colour of urine is dark, red or black, having coffee ground sediment and aluminous .

⇒ Frequent urging to urinate with scanty discharge.

⇒ Automatic motion of one arm and one leg. Limbs heavy and painful.

❖ Constitution

⇒ Physical make up: it is more suited to weak and delicate persons ,especially children who are prone to brain troubles with serous effusion.

⇒ Temperament: irritable temperament

⇒ Relation with heat & cold: Chilly

⇒ Miasm: Psora

❖ Physical Generals

⇒ Dropsical dwellings

⇒ Convulsions with extreme coldness.

⇒ Feeble and delicate.

❖ Mental Generals

⇒ Complete unconsciousness

⇒ Inattention

⇒ Gloomy

⇒ Very much irritable & easily angered.

⇒ Very much melancholic ,woeful, despairing ,silent or extremely anguished.

❖ Other Guiding Symptoms

⇒ Weak & delicate patient who are prone to brain troubles with serous effusion.

⇒ Consolation aggravates most of complaints .

⇒ Dropsy of brain ,chest, abdomen after intermittent fever with debility and :suppressed urine.

⇒ Aggravation from 4-8 PM.

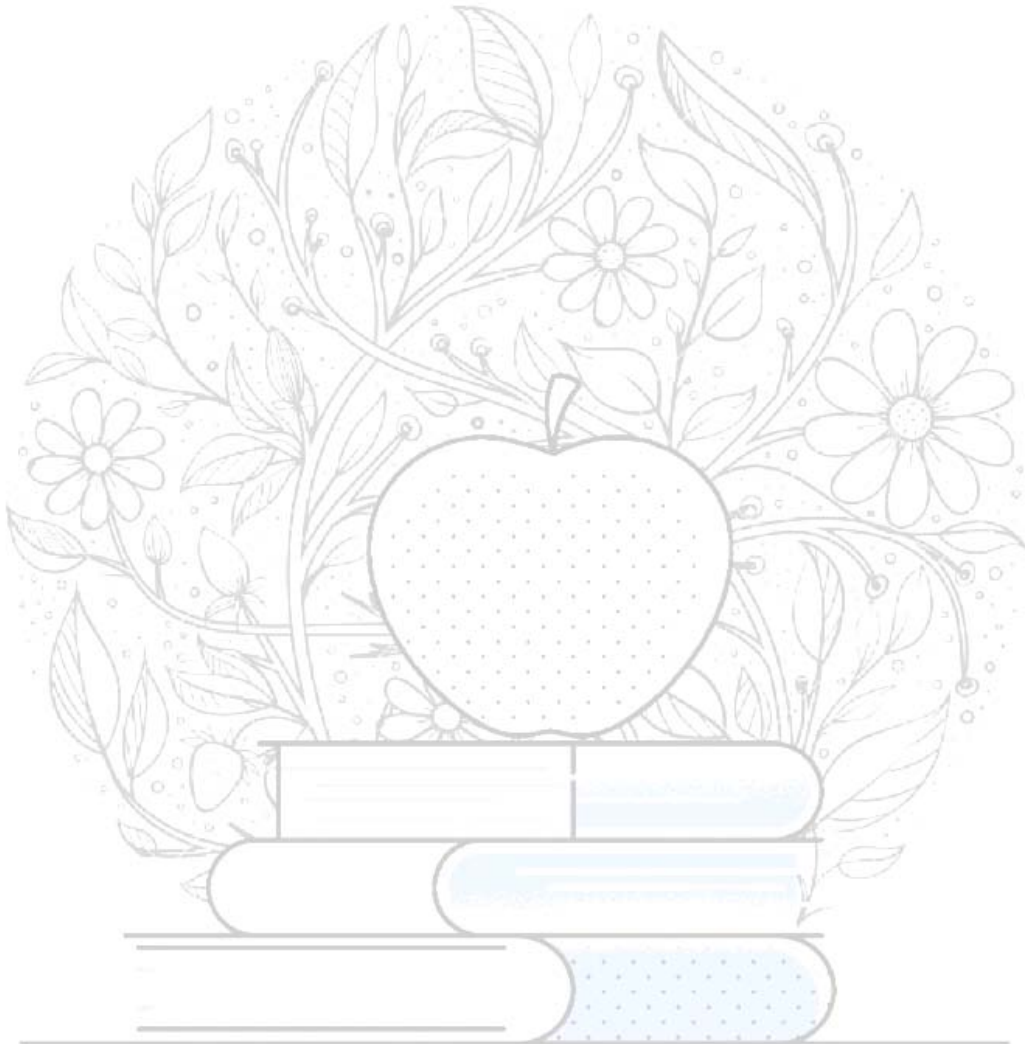
❖ **Modalities**

⇒ Aggravation

- After sleep at night especially from 4-8 pm.

⇒ Amelioration

- Warmth
- Stretching



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HNSHMC STUDENTS

84. Rheumatism

1. Rhus Tox

❖ A/F

⇒ Spraining or straining a single part, muscle or tendon, over lifting, lying on damp ground; summer bathing in lake or river.

❖ Indicating Symptoms

⇒ Rheumatism, of any joint especially joints of right side.

⇒ Lameness, stiffness and pain on first moving after rest, or on getting up in the morning, > by walking or continued motion.

⇒ Hot painful swelling of joints. Pains tearing in tendons, ligaments, and fasciae

⇒ Rheumatic pains spread over a large surface at nape of neck, loins & extremities, better motion.

⇒ Muscular rheumatism, sciatica, left side, aching in left arm, with heart disease.

⇒ Limbs stiff paralyzed. The cold fresh air is not tolerated; it makes the skin painful.

❖ Constitution

⇒ Relation with heat & cold: Very chilly pt

⇒ Miasm: Psora

⇒ Diathesis: Rheumatic & gout

❖ Physical Generals

⇒ 1st motion aggravation continuous motion relieves the pain.

⇒ Symptoms appear on the left side or go from left to right.

⇒ Pains are tearing, shooting, stitching aggravation at night, cannot rest in any position.

⇒ Extreme restlessness with desire for continuous change of position.

❖ Mental Generals

⇒ delirium with fear and suspicious of being poisoned.

⇒ Confusion.

⇒ Anxious sadness, helplessness & profound despondency.

⇒ Listless, sad

❖ Other Guiding Symptoms

⇒ Most complaints are relieved by movements & relief by rest.

⇒ Great sensitiveness to open air putting the hand outside from under the bed-cover brings on cough.

⇒ Triangular red topped of tongue with imprint of teeth & bitter taste in mouth.

⇒ Desire for sweets, beer & aversion to meat & liquor.

❖ Modalities

- ⇒ Aggravation
 - Before thunderstorm
 - Cold wet rainy weather
 - At night
 - During rest
- ⇒ Amelioration
 - Warmth
 - Dry weather
 - Warm or hot things
 - Motion
 - Change of position.

2. Sulphur

❖ A/F

- ⇒ Alcohol, suppression of skin diseases, sun's heat, over exertions.

❖ Indicating Symptoms

- ⇒ Rheumatic pain in left shoulder.
- ⇒ Heaviness; parietic feeling. Rheumatic gout with itching.
- ⇒ Drawing & tearing in arms & hands.
- ⇒ Stiffness of knees & ankles.
- ⇒ Swelling of the joints with hydrarthrosis, joint stiff.
- ⇒ Burning in soles and hands at night, wants to find a cool place for them, puts them out of bed to cool them off; cramps in calves and soles at night.
- ⇒ Cannot walk erect, stoop shouldered.

❖ Constitution

- ⇒ Physical make up : especially suited to lean, stoop-shouldered persons who walk and sit stooping, walk stooping like an old man.
- ⇒ Dirty, filthy look of the body, prone to skin affection.
- ⇒ Temperament: Nervous
- ⇒ Relation with heat and cold: Hot pt
- ⇒ Miasm: Anti-psoric
- ⇒ Diathesis: scrofulous

❖ Physical Generals

- ⇒ Glandular swellings, indurated & supporting.
- ⇒ Empty sinking feeling.
- ⇒ Rheumatism.
- ⇒ Coal miner's affection.

❖ Mental Generals

- ⇒ Ragged philosopher-everything full of beauty.
- ⇒ Great weakness of memory.
- ⇒ Melancholy

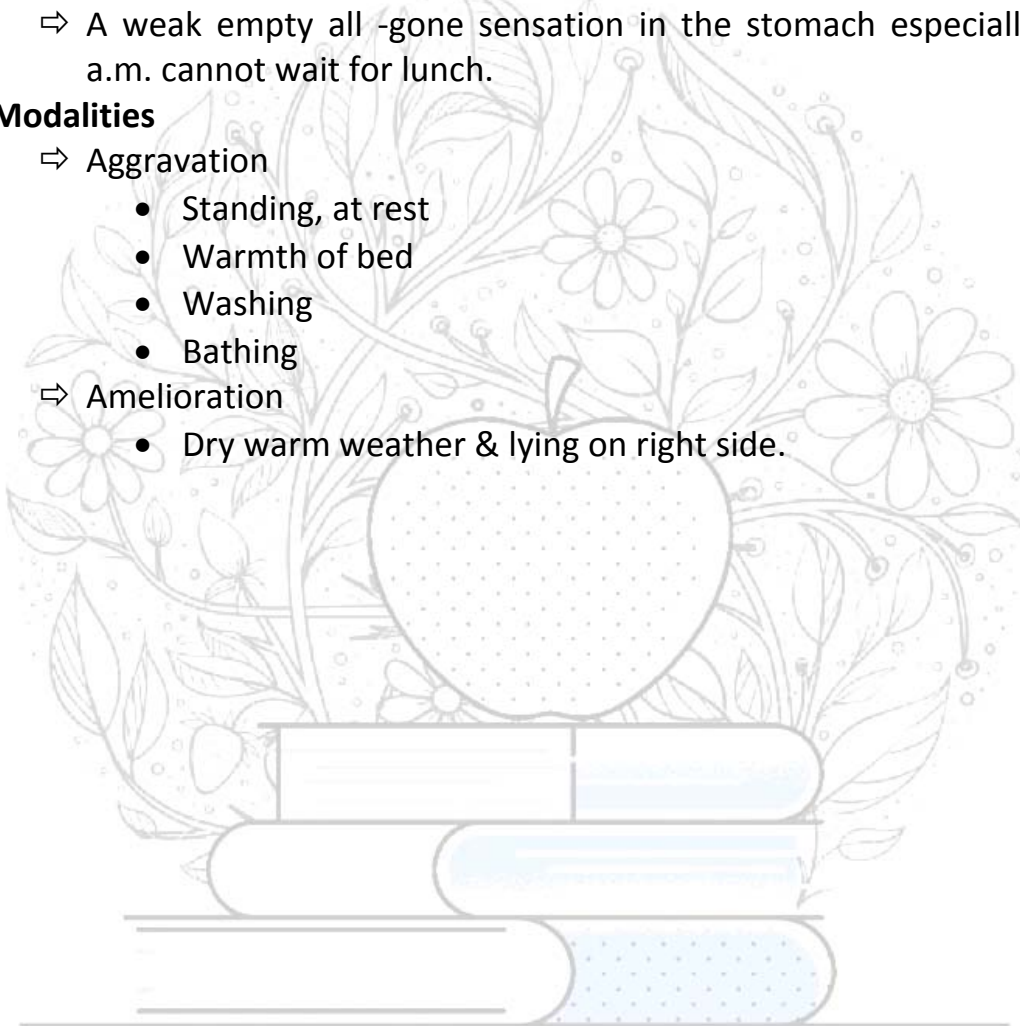
⇒ The pr wears a paper crown, thinking he is his majesty the king .

❖ **Other Guiding Symptoms**

- ⇒ Standing is the most uncomfortable position for a sulphur patient they cannot remain standing.
- ⇒ Congestion in single parts eyes, nose, lips, anus.
- ⇒ Craving for sweet, acid, alcohol, beer, whisky.
- ⇒ Aversion to milk, meat & business.
- ⇒ A weak empty all -gone sensation in the stomach especially about 11 a.m. cannot wait for lunch.

❖ **Modalities**

- ⇒ Aggravation
 - Standing, at rest
 - Warmth of bed
 - Washing
 - Bathing
- ⇒ Amelioration
 - Dry warm weather & lying on right side.



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HNSHMC STUDENTS

85. Sexual Debility

1. Acid Phos

❖ A/F

⇒ Bad news, grief, loss of vital fluid, onanism, sexual excess.

❖ Indicating Symptoms

⇒ The patient is greatly depressed by culpability of the act.

⇒ There are frequent & profuse emission several times in one night, even after coitus.

⇒ Weakness of parts with onanism & very little sexual excitement.

⇒ Testicles tender & swollen, eczema of scrotum.

⇒ The pt. is sad, abashed & despair of cure.

⇒ Absence of sexual desire.

❖ Constitution

⇒ Physical make-up:

⇒ It is best suited to person of originally strong Constitution, who have become debilitated by loss of vital fluids, sexual excess.

⇒ Pale, sickly complexion.

⇒ Eyes sunken & surrounded by blue margins

⇒ Mild disposition & yielding temperament.

⇒ Thermal - Chilly pt.

⇒ Miasm - Psora, syphilis, Sycosis.

❖ Physical Generals

⇒ Involuntary urination, few drops of White gleet discharge occurs in morning.

⇒ Headache of school girls usually spreads forward from the back side.

⇒ Diarrhoea arise as a result of fear or during cholera time, painless & non-debilitating, pass involuntarily with flatus.

❖ Mental Generals

⇒ Debility: first affects mind then the body, weak memory, Incapacity to think.

⇒ Indifferent to those things that used to be of most interest.

⇒ Answers slowly but correctly.

⇒ Low spirited & Anxious about the future.

❖ Other Guiding Symptoms

⇒ Pt. is listless, Apathetic & Indifferent of his own life.

⇒ Pt. Who are originally strong but have become debilitated due to loss of vital fluid & sexual excess.

⇒ Chest feels weak from talking or coughing in phthisis.

⇒ Urine contains excessive phosphate, profuse urination at night.

⇒ Pt. Trembles, legs are weak, so makes miss steps.

❖ Modalities

- ⇒ Aggravation
 - From mental affections
 - Loss of vital fluid
 - Self abuse
 - Sexual excess
- ⇒ Amelioration
 - Sitting
 - Standing
 - Warmth of bed

2. Lachesis

❖ A/F

- ⇒ Bad effects of Poison, wounds, Suppression of quinine, jealous.

❖ Indicating Symptoms

- ⇒ Epilepsy comes on during sleep; from loss of vital fluids; onanism jealousy.
- ⇒ Intense excitement of sexual organs in males.
- ⇒ Strong sexual desire without physical power, and with flaccidity of penis.
- ⇒ Erections without sexual desire. Pollutions night and day sometimes with debility and sweat.
- ⇒ During the coition emission is tardy or does not occur at all, abundant secretions behind the glans.

❖ Constitution

- ⇒ Physical make-up: Thin & Emaciated, During & After climacteric age, to persons having disposition to low spirit & indolence with blue & purple look.
- ⇒ Temperament- Melancholic & Sad.
- ⇒ Thermal- Hot pt.
- ⇒ Miasm- Anti-psoric
- ⇒ Diathesis- Haemorrhagic

❖ Physical Generals

- ⇒ Dimness of vision, Black flickering before the eyes, photophobia.
- ⇒ Hardness of hearing, with dryness of ears.
- ⇒ Congestive type of headache as if skull would burst, That agg by motion.
- ⇒ Soreness, Dryness, constriction in throat when swallowing, throat is very much sensitive to touch.

❖ Mental Generals

- ⇒ Great loquacity; wants to talk all the time but without any consistency ; no head or tail.

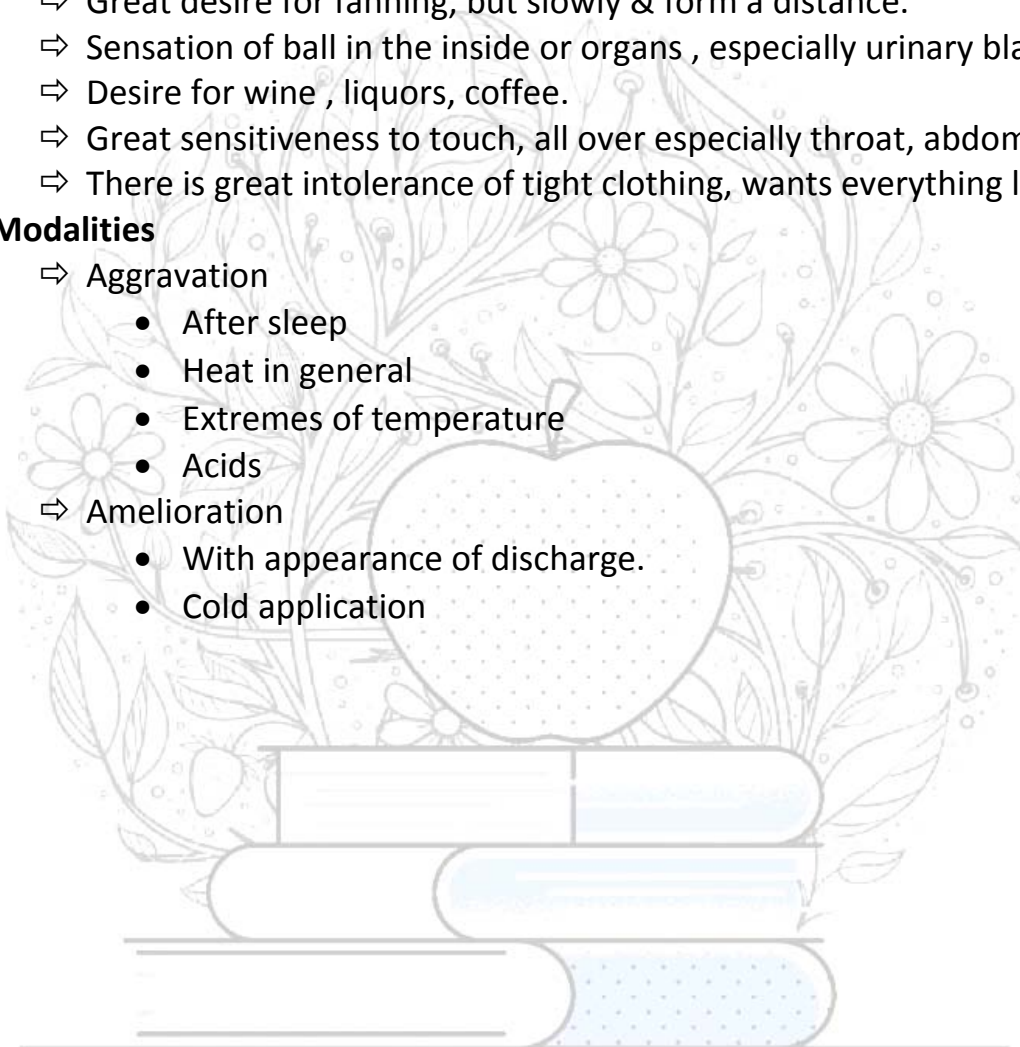
- ⇒ Pt. Think that she is under control of some super-human being & has power to bless or curse.
- ⇒ Pt. is very jealous & suspicious.
- ⇒ Dreams of snakes, of own death.
- ⇒ Memory weak & there may be inability to think.

❖ **Other Guiding Symptoms**

- ⇒ Great desire for fanning, but slowly & from a distance.
- ⇒ Sensation of ball in the inside of organs, especially urinary bladder.
- ⇒ Desire for wine, liquors, coffee.
- ⇒ Great sensitiveness to touch, all over especially throat, abdomen.
- ⇒ There is great intolerance of tight clothing, wants everything loose.

❖ **Modalities**

- ⇒ Aggravation
 - After sleep
 - Heat in general
 - Extremes of temperature
 - Acids
- ⇒ Amelioration
 - With appearance of discharge.
 - Cold application



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HNSHMC STUDENTS

86. Suicidal Tendency

1. Aurum Met

❖ A/F

⇒ Bad effects of Mercury, alcohol, anger, vexation ,

❖ Indicating Symptoms

- ⇒ like the victim of syphilis, mental states of great depression are pronounced by it.
- ⇒ Hopeless despondent and great desire for commit suicide. Every opportunity is sought for self destruction
- ⇒ Feeling of self- condemnation and utter worthlessness. Profound despondency, with increased blood pressure, with thorough disgust of life, and thoughts of suicide, talks of committing suicide.
- ⇒ Profound melancholy & constantly dwelling on suicide.
- ⇒ Mainly suited to old people who are tired of life, in whom syphilis is implanted on scrofulous Constitution.
- ⇒ He feels that life is a constant burden for him, feel hateful want to put a permanent end to it by committing suicide.

❖ Constitution

- ⇒ Physical make- up: Suited to sanguine, ruddy people, with black hair & eye.
- ⇒ Old people who are tired of life
- ⇒ Lifeless pining boy.
- ⇒ Temperament- Melancholic & irritable.
- ⇒ Thermal- very chilly.
- ⇒ Miasm- syphilis.
- ⇒ Diathesis- scrofulous.

❖ Physical Generals

- ⇒ Headache from exertion anger, tearing pain through brain to forehead.
- ⇒ In eye sees only the lower half.
- ⇒ In heart ceased to beat, it stops for 2or3 seconds & then gives sudden hard thump.
- ⇒ Testes: undescended & undeveloped.
- ⇒ Urine-turbid like buttermilk.

❖ Mental Generals

- ⇒ He feels as if he has committed many unpardonable crimes & sins thereof, he becomes sad.
- ⇒ He is constantly dwelling upon suicide as the only way of solution.
- ⇒ He is very restless and anxious about future.
- ⇒ He feels that he is an unwanted element in society and has no right to live.

⇒ Has great desire for mental & physical activity, still cannot do things fast enough.

❖ **Other Guiding Symptoms**

⇒ Oversensitive to pain , smell, taste, hearing , touch.

⇒ Syphilitic & mercurial affection of Bone caries of mastoid, palate & nasal bone excessive discharge with putrid & offensive smell.

⇒ Fatty degeneration & hypertrophy of heart.

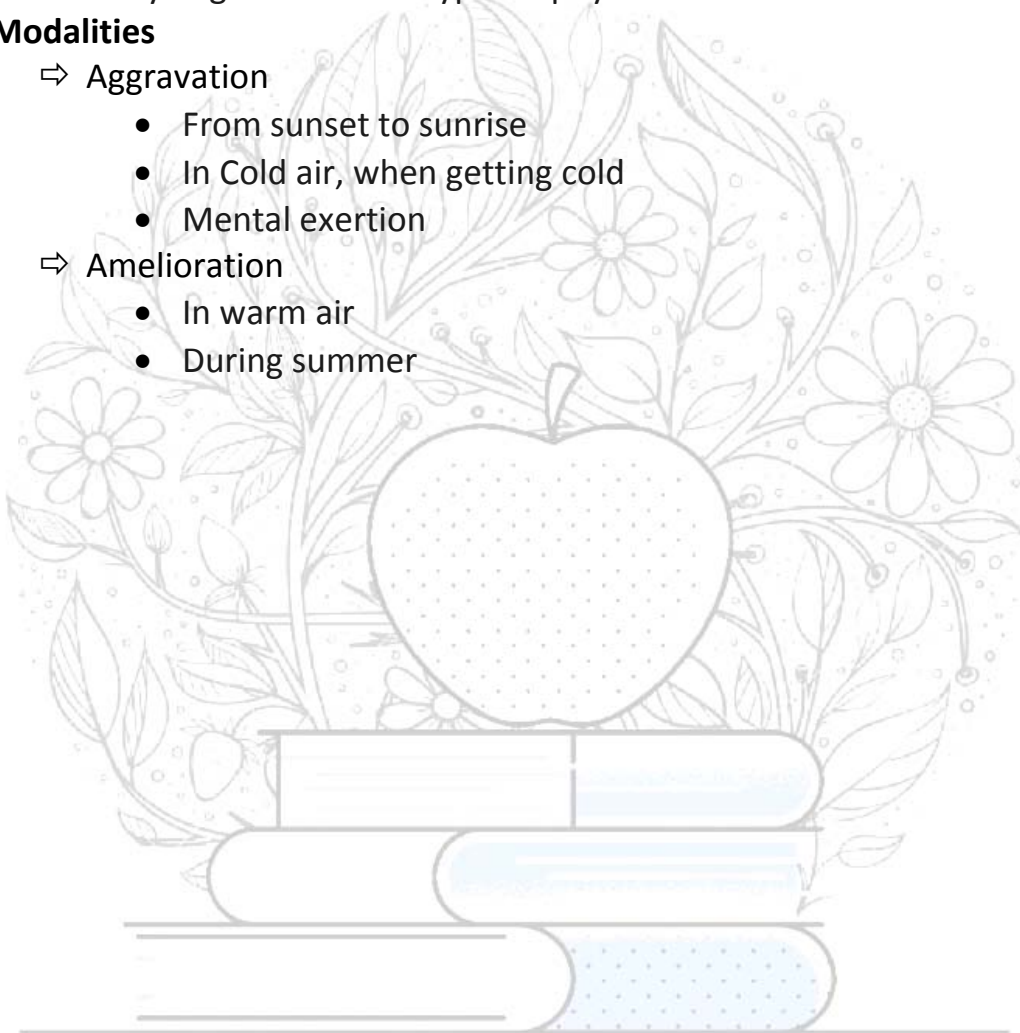
❖ **Modalities**

⇒ Aggravation

- From sunset to sunrise
- In Cold air, when getting cold
- Mental exertion

⇒ Amelioration

- In warm air
- During summer



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HNSHMC STUDENTS

87. Anxiety Neurosis

1. Gelsemium

❖ A/F

⇒ Fear, fight, exciting & bad news, thunderstorm, depressing emotions.

❖ Indicating Symptoms

⇒ Tremor all over the body, such as trembling of tongue, hands, legs & entire body.

⇒ Anxiety from fright, fear, exciting news and sudden emotion.

⇒ The anticipation for any unusual ordeal preparing for church, theatre, or to meet an engagement, brings on diarrhoea; stage fright nervous dread of appearing in public

⇒ Desire to quiet, to be let alone, does not wish to speak or have any one near her.

⇒ Great paralyse, so there is complete relaxation & prostration of whole muscular system.

⇒ Dullness, dizziness, drowsiness is well marked.

⇒ Pt. Has great nervousness, dread of appearing in public, stage, nervous to appear in examination.

❖ Constitution

⇒ Look of pt.: More suited to children, old people & Anaemic girls.

⇒ Temperament- nervous & hysterical.

⇒ Thermal- no definite.

⇒ Miasm- Psora.

❖ Physical Generals

⇒ Vertigo, spreads from occiput as if drunk, with visual symptoms.

⇒ Difficulty in swallowing, specially warm food & water regurgitate from the mouth and nose at every attempt to swallow.

⇒ Nervous diarrhoea, painless & cream coloured from bad news or fright.

⇒ Eyelids are heavy & ptosis, pt. Can hardly open them, double vision.

⇒ Tongue is thick, coated, yellowish, trembling & paralysed.

⇒ Chill without thirst.

❖ Mental Generals

⇒ Anticipation of any unusual ordeal, when preparing for church, theatre, examination, court.

⇒ Nervous with fear of death and utter lack of courage to die.

⇒ Wants to throw himself from a height.

⇒ Indifferent regarding his illness.

⇒ Child starts and grasps the nurse, & screams as if afraid of falling.

❖ Other Guiding Symptoms

⇒ General depression from heat of sun or summer.

- ⇒ Headache is relived by profuse urination.
- ⇒ Motion aggravates most symptoms but relives muscular pain & heart symptoms.
- ⇒ Relief from stimulants is a general characteristic.
- ⇒ Great flu remedy and excellent medicine for influenza before, during & after.

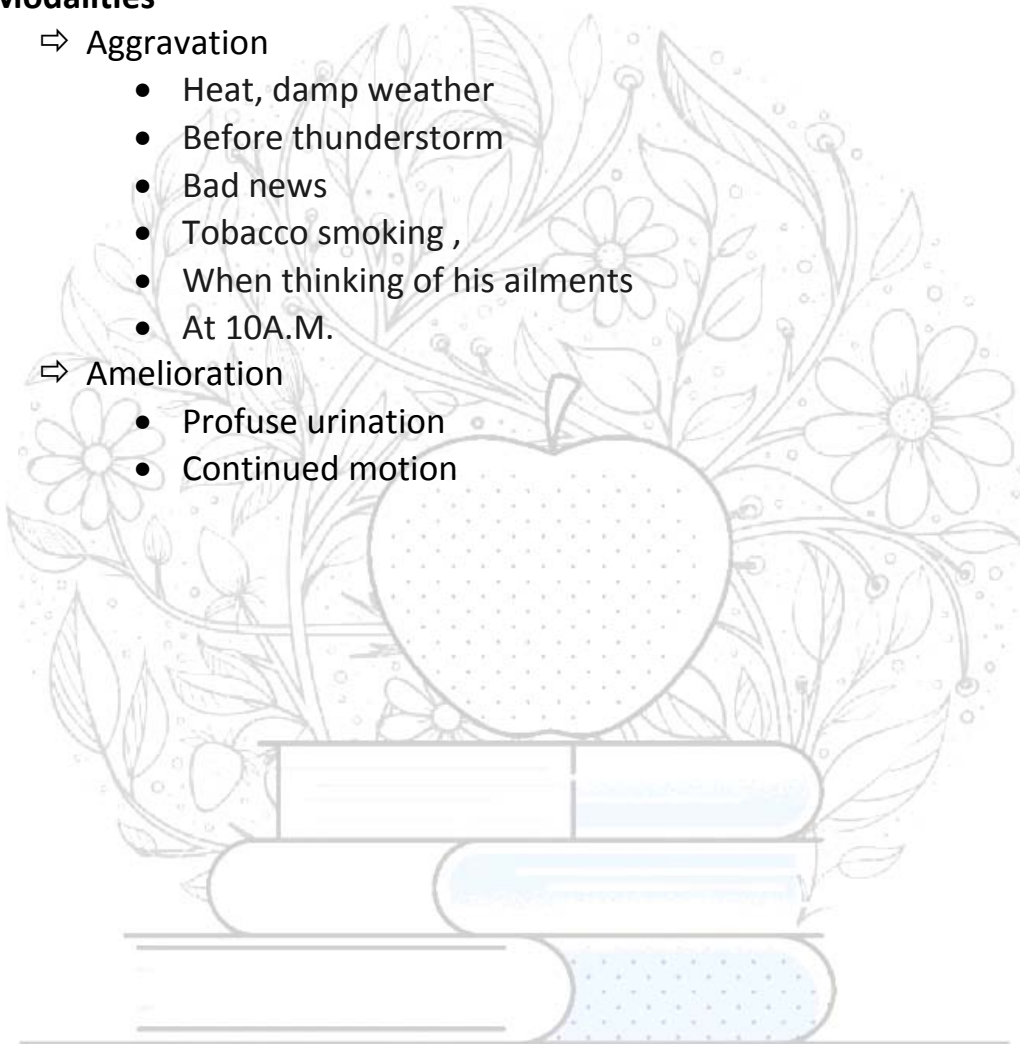
❖ **Modalities**

⇒ Aggravation

- Heat, damp weather
- Before thunderstorm
- Bad news
- Tobacco smoking ,
- When thinking of his ailments
- At 10A.M.

⇒ Amelioration

- Profuse urination
- Continued motion



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HNSHMC STUDENTS

88. Sciatica

1. Colocynthis

❖ A/F

⇒ Anger, indignation, vexation, exposure to cold.

❖ Indicating Symptoms

⇒ Sciatica; crampy pain in hip, as though screws in a vise; lies upon affected side.

⇒ Shooting pain like lightning shocks down the whole limb.

⇒ Left side most affected left hip, left thigh, left knee & popliteal fossa.

⇒ Worse from 4-9p.m.

⇒ Neuralgic affection & rheumatic troubles pains affecting the joints are much aggravated by motion & better by rest.

⇒ Sleeplessness and restlessness, with pain.

❖ Constitution

⇒ It especially suitable for irritable persons easily angered.

❖ Physical Generals

⇒ Vertigo on quickly turning the head, especially to the left, as if he would fall.

⇒ Agonising pain in abdomen compelling the patient to bend double.

⇒ There is frequent excessive urging to stool, with sensation as if rectum & anus were weakened.

⇒ Urine-milky White, sticky, coagulates on standing diabetes.

⇒ Heart feels pushed up by distended stomach.

❖ Mental Generals

⇒ Pt. Extremely irritable, impatient, becomes angry or offended on being questioned.

⇒ Pt. is so irritable that he throws away things out of his hands.

⇒ Wants of religious feeling.

⇒ Greatly affected by the misfortunes of others.

❖ Other Guiding Symptoms

⇒ Desire for bread & beer.

⇒ Aversion to food & talking.

⇒ Worse from 4-9 p.m.

⇒ Colicky pain is violent & gripping type, abdomen is very sensitive to touch, pains come in paroxysm.

⇒ Intense boring or tensive pain in ovary causing her to bend double with great restlessness.

❖ Modalities

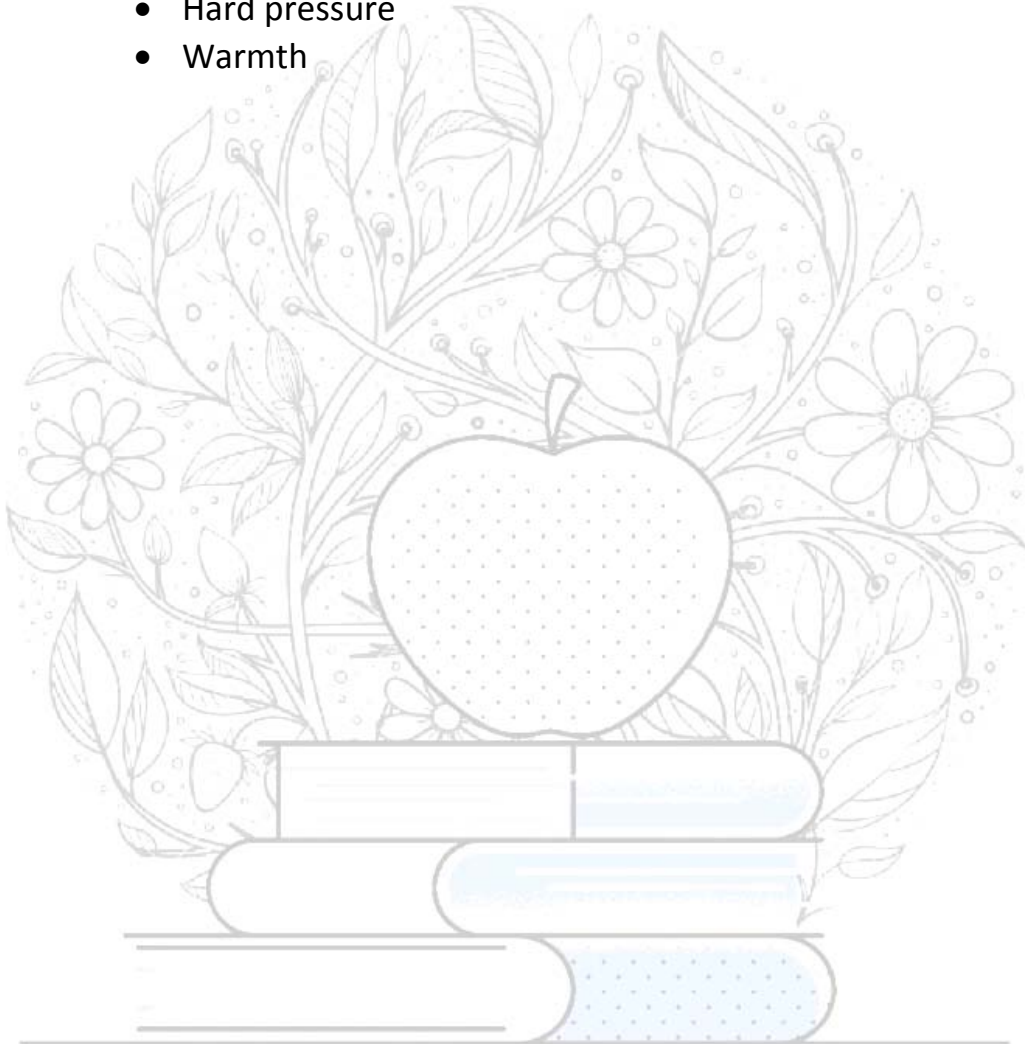
⇒ Aggravation

- Anger

- Indignation
- Mortification
- Touch
- Evening & night

⇒ Amelioration

- Bending double
- Hard pressure
- Warmth



KNOWLEDGE BANK

HNSHMC STUDENTS

89. Miasmatic Manifestation Of Bronchial Asthma

1. Ipecac

❖ A/F

- ⇒ Reserved displeasure
- ⇒ Anger - Psora

❖ Indicating Symptoms

- ⇒ Psoric indications.
 - Spasmodic form of attack with violent contraction and constriction in throat and chest.
 - Threatened suffocation from constriction.
 - Difficult breathing from least exercise.
 - Violent dyspnoea with wheezing and anxiety about stomach.
 - Cough with rattling of mucus in bronchi when inspiring, threatened suffocation from mucus.
- ⇒ Sycotic manifestation
 - Wheezing is present, nothing is expectorated.
- ⇒ Tubercular manifestation
 - Yearly attacks of difficult breathing, shortness of breathing.

❖ Constitution

- ⇒ It is specially suited to persons of lax fibers and fair people.
- ⇒ Persons who have a history of epistaxis and other forms of blood loss.
- ⇒ Miasm - Psora
- ⇒ Thermally - chilly
- ⇒ Temperament - irritable
- ⇒ Diathesis - haemorrhagic

❖ Physical Generals

- ⇒ Haemorrhage: active or passive, bright red from all the orifices of the body.
- ⇒ Pains as if bones were all torn to pieces.
- ⇒ Oversensitive to heat and cold.

❖ Mental Generals

- ⇒ Irritable, short tempered.
- ⇒ Full of desire, for what they know not.
- ⇒ Oversensitive, can't endure least noise.

❖ Other Guiding Symptoms

- ⇒ Chief action on pneumogastric nerve, producing spasmodic irritation of chest and stomach.

- ⇒ Nausea constant, continuous and persistent with or without vomiting, nausea not relieved by vomiting.
- ⇒ Thirstlessness runs through whole drug.
- ⇒ Bright red haemorrhage from all the orifices.
- ⇒ Cold sweat on forehead.

❖ Modalities

- ⇒ Aggravation
 - Winter, dry weather
 - Least motion.
- ⇒ Amelioration
 - Rest
 - Pressure
 - Closing eyes

2. Ars Alb

❖ A/F

- ⇒ Suppressed eruption - Psora
- ⇒ Cold things , cold food - tubercular
- ⇒ Indicating symptoms

❖ Indicating Symptoms

- ⇒ Psoric manifestations
 - Marked fear and anxiety about his complaint in asthma.
 - Whistling sound due to constriction of trachea.
 - He is unable to lie down due to fear of suffocation , must sit or bend forward and abduct arms for relief .
 - Coughs dry as from sulphur fumes , after drinking.
 - In asthma there will be tightness of chest as if bound with hoop.
 - Burning pains in chest.
- ⇒ Sycotic manifestation
 - Wheezing respiration with cough and frothy expectations.
 - Suffocative catarrh.
- ⇒ Tubercular manifestation
 - The sputum is scanty and frothy , offensive and dark.
 - Haemoptysis with pain between shoulders.
- ⇒ Syphilitic manifestations
 - Midnight aggravation of asthma.
- ⇒ Asthmatic attacks like croups instead of usual urticaria.
- ⇒ There is loss of breath immediately after lying down.

❖ Constitution

- ⇒ Patient is lean, thin and debilitating.
- ⇒ Hippocratic face.
- ⇒ Dirty and waxy look of the skin.
- ⇒ Miasm - trimiasmatic Psora, syphilis, sycosis.

- ⇒ Thermally - chilly
- ⇒ Diathesis - scrofulous

❖ Physical Generals

- ⇒ Great prostration, with rapid sinking of vital forces, fainting.
- ⇒ Can't bear the smell or sight of food.
- ⇒ Rapid emaciation with cold sweat and great debility.
- ⇒ Great exhaustion after slightest exertion.

❖ Mental Generals

- ⇒ Fear of death and thinks it useless to take medicine.
- ⇒ Irritable , peevish, easily vexed.
- ⇒ Hallucinations of smell and sight.

❖ Other Guiding Symptoms

- ⇒ Mentally restless but physically too weak to move.
- ⇒ Burning pain relieved by heat except in head.
- ⇒ Complaints returns periodically usually annually.
- ⇒ All discharges are acrid , scanty, putrid and offensive with cadaverous odour.
- ⇒ Thirst for small quantity of cold water at short intervals.

❖ Modalities

- ⇒ Aggravation
 - At 12-2 a.m./p.m.
 - Lying on back
 - Cold food
- ⇒ Amelioration
 - Heat
 - Elevating the head

3. Pothos

❖ A/F

- ⇒ Inhaling dust - sycosis
- ⇒ Indicating symptoms

❖ Indicating Symptoms

- ⇒ Psoric manifestations
 - Troublesome respiration with sudden feeling of anguish and sweat.
 - Sneezing with pain in throat.
 - Pain in chest, with difficult breathing.
 - Millar's asthma.
- ⇒ Sycotic manifestation
 - Asthma relieved by passing stool.
- ⇒ Tubercular manifestation
 - For asthmatic complaints from inhaling any dust.

- Cartilaginous part is cold and bloodless with red spots on cheeks .
- Asthma, with hollowness of chest, with constriction in fauces and chest.

❖ **Constitution**

⇒ NA

❖ **Physical Generals**

⇒ NA

❖ **Mental Generals**

⇒ NA

❖ **Other Guiding Symptoms**

⇒ NA

❖ **Modalities**

⇒ Aggravation

- Dust

⇒ Amelioration

- Passing stool
- Open air

4. Nat Sulph

❖ **A/F**

⇒ From exposure to damp cold wet weather - sycosis

❖ **Indicating Symptoms**

⇒ Psoric manifestations

- Every fresh cold brings up the attack of asthma.

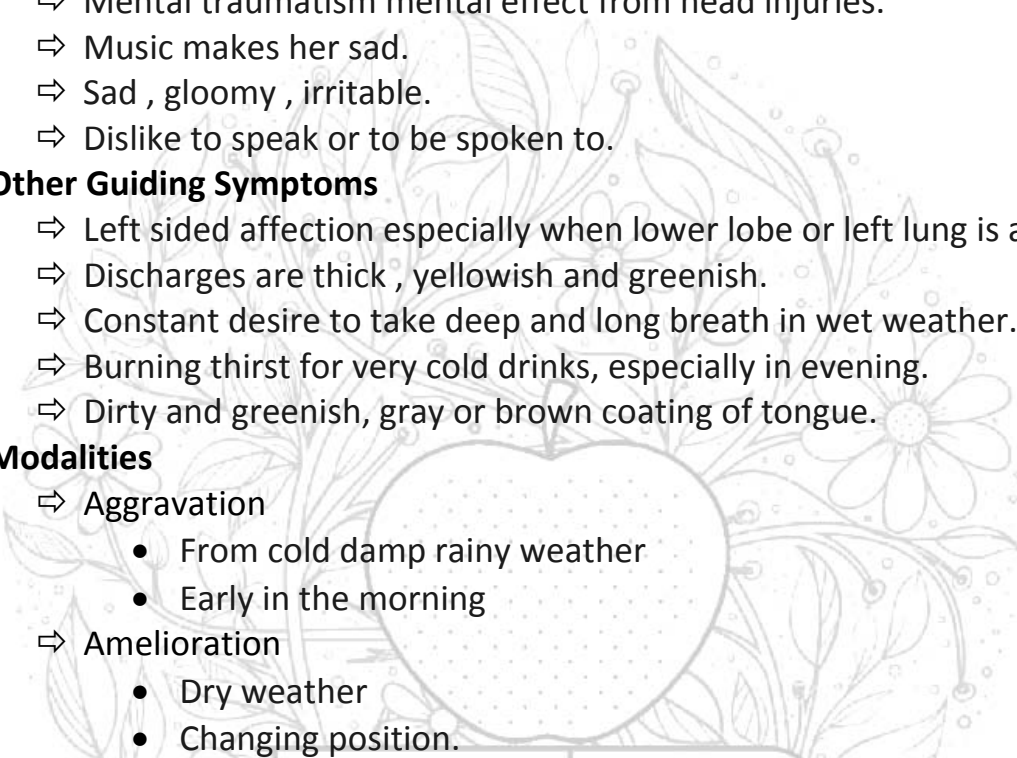
⇒ Sycotic manifestations

- There is rattling in chest with chronic catarrh of the bronchial tubes.
 - Humid asthma, especially in children with every change of weather.
 - Dyspnoea with desire to take deep breath , especially in rainy weather.
 - Sputa is yellowish -greenish , copious, thick and ropy.
 - Sycotic pneumonia: lower lobe of left lung; great soreness of chest, during cough, has to sit up in bed and hold the chest with both the hands.
- ⇒ Tubercular manifestation
- Frequent attacks of cough with irritation in throat.

❖ **Constitution**

⇒ Hydrogenoid constitution where the complaints are due to living in damp houses , basement and cellars

⇒ Miasm - sycosis

- 
- ⇒ Thermally - chilly
 - ⇒ Temperament - bilious
 - ❖ **Physical Generals**
 - ⇒ Feels every change from dry to wet.
 - ⇒ They are worse in rainy weather , water in any form.
 - ❖ **Mental Generals**
 - ⇒ Mental traumatism mental effect from head injuries.
 - ⇒ Music makes her sad.
 - ⇒ Sad , gloomy , irritable.
 - ⇒ Dislike to speak or to be spoken to.
 - ❖ **Other Guiding Symptoms**
 - ⇒ Left sided affection especially when lower lobe or left lung is affected.
 - ⇒ Discharges are thick , yellowish and greenish.
 - ⇒ Constant desire to take deep and long breath in wet weather.
 - ⇒ Burning thirst for very cold drinks, especially in evening.
 - ⇒ Dirty and greenish, gray or brown coating of tongue.
 - ❖ **Modalities**
 - ⇒ Aggravation
 - From cold damp rainy weather
 - Early in the morning
 - ⇒ Amelioration
 - Dry weather
 - Changing position.

90. Immunity Disorder

1. Echinacea

❖ A/F

- ⇒ It used to treat or prevent colds, flu and other infection.
- ⇒ It reduces the symptoms and duration of common cold and rhinovirus infection.
- ⇒ It also used topically for healing the wounds internally and reduce inflammation to restore immune system.
- ⇒ Patient feels weak and tired and aching in muscle.
- ⇒ It improves the quality of blood by increasing haemoglobin level.
- ⇒ It effects strongly for treating the infection as a natural antibiotics and anti- infection.

❖ Indicating Symptoms

- ⇒ Symptoms tend towards malignancy in acute and sub acute disorders.
- ⇒ Foul discharges.
- ⇒ Symptoms of blood poisoning, septic conditions generally.
- ⇒ Snake bites and bites and stings generally.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ NA

❖ Mental Generals

- ⇒ Depressed or crossed.
- ⇒ Becomes angry when corrected.
- ⇒ Doesn't wish to think or study.

❖ Other Guiding Symptoms

- ⇒ Remedy corrects the blood dyscrasia, hence it is useful in all types of blood poisoning.
- ⇒ Eases the pains of cancer in last stage.
- ⇒ Goitre with exophthalmic symptoms.
- ⇒ Malarial fever- chilliness, with nausea.
- ⇒ Pain as of a lump in chest and sternum.

❖ Modalities

- ⇒ Aggravation
 - Injury
 - Cold air
 - Eating
- ⇒ Amelioration
 - Lying
 - Rest

91. Parkinson's Disease

1. Causticum

❖ A/F

⇒ Long lasting grief, sorrow from loss of sleep, sudden emotions, fear, fright, night watching, joy, from anger or vexation from suppressed eruptions.

❖ Indicating Symptoms

- ⇒ Causticum is ideal for patient with excessive rigidity.
- ⇒ Unsteady walking and easy falling.
- ⇒ Contraction of the flexors and stiffness of the joint.
- ⇒ Shortening of muscles and tension.
- ⇒ Tearing pain in hands and arms.
- ⇒ There is trembling of hands.
- ⇒ Patient have great difficulty in getting up from a sitting or lying position.
- ⇒ Disturbed functional activity of brain and spinal cord, from exhausting diseases or severe mental shock.

❖ Constitution

- ⇒ Hydrogenoid constitution with shallow complexion, dark hair and rigid muscular fibres.
- ⇒ Physically very much weak, emaciated and anaemic.
- ⇒ Thermal:- chilly.
- ⇒ Miasm:-anti-psoric and anti-sycotic.

❖ Physical Generals

- ⇒ Rawness or soreness of scalp, throat, respiratory track, rectum, anus, urethra, vagina, uterus.
- ⇒ Great sympathy for the suffering of other.
- ⇒ Patient improves for a time, then comes to a standstill.
- ⇒ Constipation:- frequent, ineffectual desire, stool passes better when person is standing.
- ⇒ Menses only during day ceases on lying down.

❖ Mental Generals

- ⇒ Melancholy mood, sad, hopeless, from care, grief, sorrow, with weeping " the least thing makes the child cry".
- ⇒ Weakness of memory and absence of mind.

❖ Other Guiding Symptoms

- ⇒ Insanity after suppression of skin eruption.
- ⇒ After effects of burns and scalds where pt. says "I have never been well since that burn".
- ⇒ Epilepsy is cured when fit occurs during sleep and urine escapes involuntarily.

⇒ Great weakness, sinking of strength with trembling and drooping of eyelids.

❖ **Modalities**

⇒ Aggravation

- In clean fine weather
- Dry cold
- While coming from cold air into a warm room

⇒ Amelioration

- In damp wet weather
- Warm air.

2. **Argentum Nitricum**

❖ **A/F**

⇒ Apprehension and fear, eating ice and ice-cream, sugar and sugar candy.

❖ **Indicating Symptoms**

⇒ In this drug neurotic effects are very marked, symptoms of incoordination loss of control and want of balance everywhere mentally and physically; trembling in affected parts.

⇒ Trembling of hands and lack of control and balance while walking.

⇒ The patient keeps on falling due to impaired balance and has a very unsteady gait.

⇒ The rigidity of calf muscles and muscles in the back of lower leg get hardened and stiff.

⇒ Suffering is more while walking.

⇒ Cannot walk with the eyes closed.

⇒ Great restlessness with trembling of body.

⇒ Numbness in forearm at night.

❖ **Constitution**

⇒ Hysterical nervous person with vivid imagination, having Carbonitrogenoid constitution.

⇒ Old looking patient, dried up and withered.

⇒ Temp:- bilious temp.

⇒ Thermal:- hot

⇒ Miasm:- all 3

❖ **Physical Generals**

⇒ Acute or chronic disease from unusual or long continued mental exertion.

⇒ Great longing for fresh air.

⇒ Chill when uncovered, yet feels smothered if wrapped up.

⇒ Emaciation progressing every year which is most marked in lower extremities.

❖ Mental Generals

- ⇒ Great apprehension when getting ready to go to church or opera, examination or any other important engagement and at that time diarrhoea sets in.
- ⇒ Time passes slowly.
- ⇒ Always in hurried, anxious, irritable and nervous.

❖ Other Guiding Symptoms

- ⇒ Sensation of a splinter in throat, uterus and other parts of the body.
- ⇒ Belching accompanies most gastric ailments.
- ⇒ Impotence, erection fails when action is attempted.
- ⇒ Coition is painful in both sexes.
- ⇒ Epilepsy caused by fright or occurring at menstrual period.

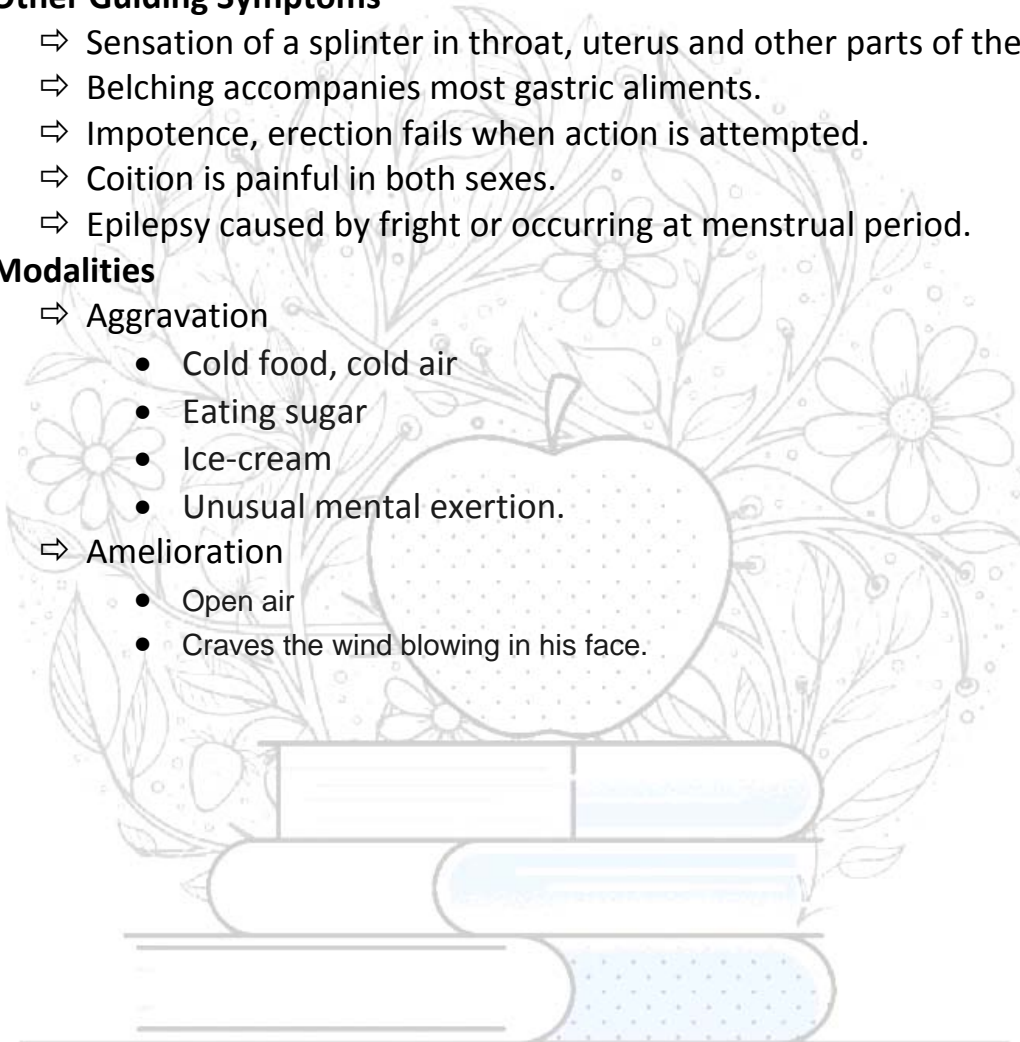
❖ Modalities

⇒ Aggravation

- Cold food, cold air
- Eating sugar
- Ice-cream
- Unusual mental exertion.

⇒ Amelioration

- Open air
- Craves the wind blowing in his face.



KNOWLEDGE BANK

HNSHMC STUDENTS

92. Clubbing

1. Carbo Veg

❖ A/F

- ⇒ Loss of vital fluid, salt, fish, suppressed chill and fever, abuse of quinine, from long ago injury.

❖ Indicating Symptoms

- ⇒ Causation:- imperfect oxidation runs through the remedy.
- ⇒ Disease of venous system predominate.
- ⇒ Deficient capillary circulation causes blueness of skin, coldness of extremities with clubbing.
- ⇒ There is collapse stage of cholera due to deficient capillary circulation which also cause clubbing.
- ⇒ Cold sweat on the forehead with coldness of entire body.
- ⇒ Indicated in last stage of life where there is cold sweat, cold breath, cold tongue, voice lost this remedy may save the life.
- ⇒ Constant fanning from a close distance.

❖ Constitution

- ⇒ Person of advance age, prematurely old age.
- ⇒ Face is puffy, bluish, pale, and hippocratic with cold sweat.
- ⇒ Temp:- sanguine
- ⇒ Thermal:- Hot
- ⇒ Miasm:- anti-psoric
- ⇒ Diathesis:- haemorrhagic

❖ Physical Generals

- ⇒ Patient crave things that make them sick.
- ⇒ Want clothing loose around abdomen.
- ⇒ Vital powers nearly exhausted.
- ⇒ Very debilitated person.
- ⇒ Passive haemorrhage of black or dark blood from every orifice of the body.

❖ Mental Generals

- ⇒ Weakness of memory.
- ⇒ Slowness of thought.
- ⇒ Fear of ghost.
- ⇒ Aversion of darkness.

❖ Other Guiding Symptoms

- ⇒ Weak digestion, simple food disagrees.
- ⇒ Excessive flatulence , relief on passing flatus.
- ⇒ Hoarseness aggravated in the evening.
- ⇒ Involuntary, cadaverous smelling stool, followed by burning.

❖ Modalities

- ⇒ Aggravation
 - Warmth
 - From singing or reading aloud
 - Damp weather
 - Suppression.
- ⇒ Amelioration
 - From fanned
 - From eructation.

2. Crotalus Horridus

❖ A/F

- ⇒ Fright, sun, alcohol, foul water, and vaccination.

❖ Indicating Symptoms

- ⇒ Rattle snake poison affects blood heart and liver.
- ⇒ It causes disorganisation of blood and tissues.
- ⇒ Anxious laboured breathing. Cough with bloody sputum and mouldy odour, indicating clubbing due to lung affections
- ⇒ Whooping cough, with blueness or pallor which is long in passing off, attacks followed by puffiness of face and haemorrhagic spots, blood shot eyes, epistaxis, frothy, stringy, bloody expectorations, threatend oedema and paralysis of lungs.
- ⇒ Purpura haemorrhage, come on suddenly from all orifices, skin, nails, gums.

❖ Constitution

- ⇒ Indicated to debilitate, broken-down constitution, particularly in drunkard with tendency to carbuncles or blood boils.
- ⇒ Temp:- choleric
- ⇒ Miasm:- Psora
- ⇒ Diathesis:- haemorrhagic

❖ Physical Generals

- ⇒ Great prostration of vital force.
- ⇒ Mostly affects right side of body.
- ⇒ Black, coffee-ground and offensive stool.
- ⇒ Disease caused by a previous low state of the system; low septic typhoid, or malarial fever etc.

❖ Mental Generals

- ⇒ Low forms of delirium.
- ⇒ Great loquacity wants to talk all the time with desire to escape from the bed.

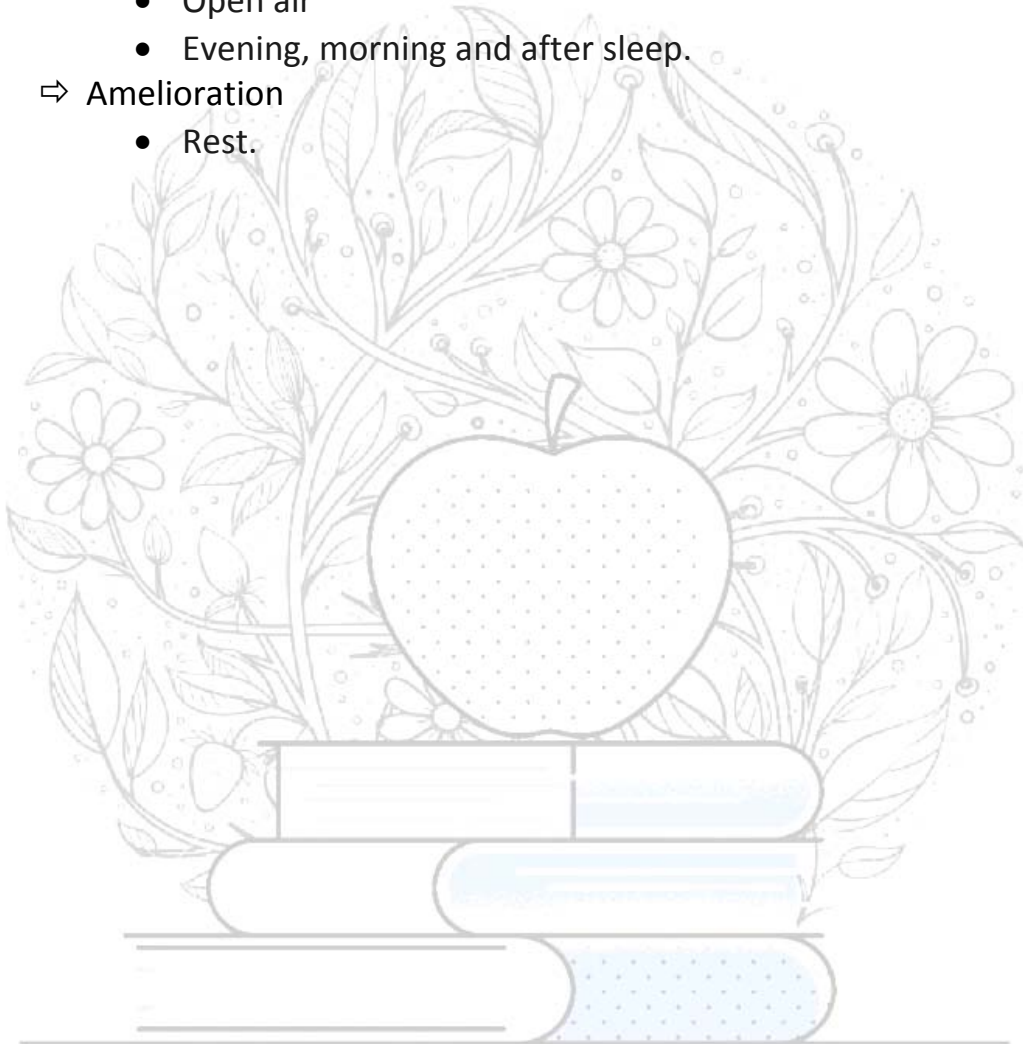
❖ Other Guiding Symptoms

- ⇒ Tongue fiery red, smooth and polished difficulty in swallowing.

- ⇒ Malignant jaundice, haematic rather than hepatic.
- ⇒ Low septic condition with blood decomposition.
- ⇒ Yellow colour of conjunctiva, clears up vision after keratitis.

❖ **Modalities**

- ⇒ Aggravation
 - Lying on right side
 - Open air
 - Evening, morning and after sleep.
- ⇒ Amelioration
 - Rest.



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93. Trigeminal Neuralgia

1. Gelsemium

❖ A/F

⇒ Heat of sun, fear, fright, exciting news and sudden emotions.

❖ Indicating Symptoms

⇒ Hot heavy flushed besotted looking. Neuralgia of face.

⇒ Lack of muscular coordination.

⇒ Partial paralysis of eyelid, tongue or organ of deglutition.

⇒ Heaviness of head

⇒ Soreness of face, heat of face, chilliness, thick speech.

⇒ Fascial muscles contracted, especially around mouth.

⇒ Orbital neuralgia with contractions and twitching of muscles.

⇒ Bruised pain in back of the orbits.

❖ Constitution

⇒ For children, young people, especially women of a nervous hysterical temperament.

⇒ Excitable, irritable, sensitive, for the nervous affection of onanists of both sex.

❖ Physical Generals

⇒ General depression from heat of sun or summer.

⇒ Weakness and trembling of tongue, hands, legs of entire body.

❖ Mental Generals

⇒ He anticipation of any unusual ordeal preparing for church, theatre, or meet an engagement, brings on diarrhoea, stage fright, nervous dread of appearing in public.

⇒ Fear of death, utter lack of courage.

⇒ Desire to be quiet, to let alone, does not wish to speak or have any one near hear, even in the person be silent.

❖ Other Guiding Symptoms

⇒ 5D-Dimness, dizziness, drowsiness, diplopia, division.

⇒ Thirstlessness.

⇒ Examination funk remedy.

⇒ Lack of muscular coordination.

⇒ Anticipation of appears in church, opera, exam, bring diarrhoea.

❖ Modalities

⇒ Aggravation

- Damp weather, before a thunderstorm
- Mental emotion or excitement bad news
- Tobacco smoking
- When thinking of his aliments.

- ⇒ Amelioration
 - Bending forward
 - Profuse urination
 - Motion, open air.

2. Causticum

❖ A/F

- ⇒ Long lasting grief and sorrow
- ⇒ From loss of sleep, night watching, from sudden emotions, fear fright, joy.
- ⇒ From anger or vexation
- ⇒ From suppressed eruptions.

❖ Indicating Symptoms

- ⇒ Paralysis in right side with pain in fascial bones.
- ⇒ Inclination to close the eyes.
- ⇒ Lids seems heavy.
- ⇒ Paralysis of single part, tongue, eyelid.
- ⇒ Pains in jaws with difficulty in opening the mouth
- ⇒ Paralysis of upper eyelid.
- ⇒ Eyes contract with motor disturbances.
- ⇒ Pain in right frontal eminence

❖ Constitution

- ⇒ Adapted to person with dark hair and rigid fibers.
- ⇒ Psoric with excessively yellow, sallow complexion.

❖ Physical Generals

- ⇒ Rawness and soreness of scalp, throat, respi, rectum, uterus, vagina.
- ⇒ Must move constantly but motion does not relieve.
- ⇒ At night, unable to get an easy position or lie still a moment.
- ⇒ Faint-like sinking of strength, weakness and trembling.

❖ Mental Generals

- ⇒ Melancholy mood, sad, hopeless, grief, sorrow with weeping, "the least things makes the child cry".
- ⇒ Intense sympathy for suffering of others.

❖ Other Guiding Symptoms

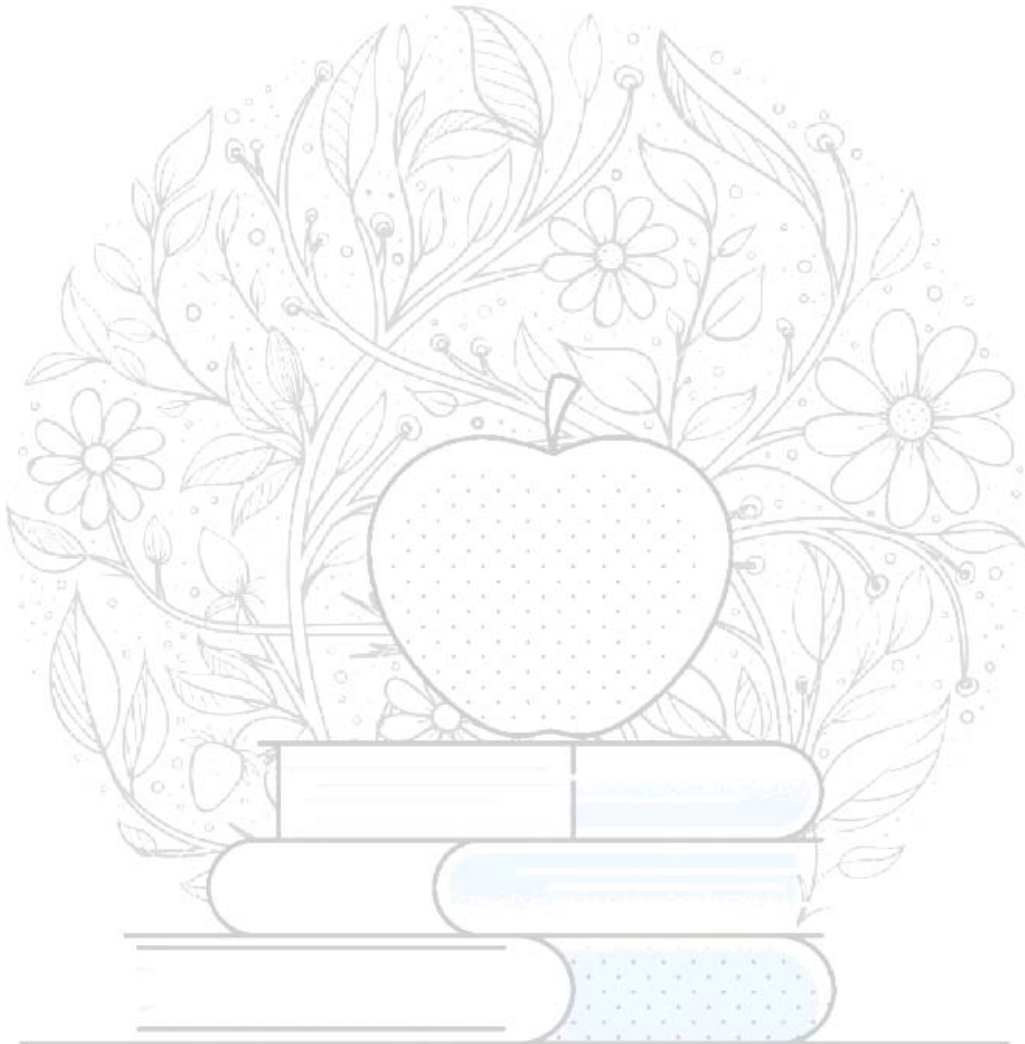
- ⇒ Rawness and soreness of scalp, respi, throat, rectom, anus, vagina, uterus .
- ⇒ Paralysis of single parts, vocal organ, tongue, eyelid, bladder
- ⇒ In female-menses too early and only during the day time, cease on lying down.

❖ Modalities

- ⇒ Aggravation
 - In clear, fine weather
 - Cold air, especially draft of cold air, from getting wet or bathing.

⇒ Amelioration

- In damp, wet weather, warm air.



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HNSHMC STUDENTS

94. Deficiency Disorders

1. Hypericum

❖ A/F

- ⇒ Mechanical injury of spinal cord, spinal cord concussion, injury of any kind, rat bite

❖ Indicating Symptoms

- ⇒ The symptoms of deficiency disorder resembling to thiamine deficiency (dry beri beri)
- ⇒ Cramps in calves, pains in toes and fingers especially on tips.
- ⇒ Crawling in hands and feet
- ⇒ Lancinating pains in upper and lower limbs.
- ⇒ Neuritis with tingling burning pains and flossy skin.
- ⇒ It also resembles to the deficiency symptoms like in pellagra, eczema of hands and face, intense itching, eruptions seems to be under the skin.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Mechanical injury of spinal cord
- ⇒ Punctured wound, incised or lacerated wound, sore, painful, contused wound especially long duration
- ⇒ Injuries from treading on nails, needles pins, from rat bites
- ⇒ Injury part is rich of sentient nerve - fingers, toes, palms, soles where are intolerable pain shows nerve are severely involved
- ⇒ Vertigo -sensation as if head become suddenly elongated at night, with urging to urinate
- ⇒ Convulsions after blows on head or concussion

❖ Mental Generals

- ⇒ Feels as if lifted high in air.
- ⇒ Mistakes in writing
- ⇒ Effects of shock
- ⇒ Melancholy

❖ Other Guiding Symptoms

- ⇒ NA

❖ Modalities

- ⇒ Aggravation
 - In cold dampness.
 - In cold room
 - Least exposure, touch
- ⇒ Amelioration
 - Bending head backwards

2. Lathyrus Sativus

❖ A/F

⇒ Cold, damp weather

❖ Indicating Symptoms

⇒ Useful in deficiency disorders resembling deficiency of thiamine.

⇒ It affects the lateral and anterior column of the cord.

⇒ Reflexes always increased.

⇒ In wasting and exhaustive disease when there is much weakness and heaviness; and slow recovery of nerve power. Tremulous tottering gait.

⇒ Excessive rigidity of legs, spastic gait. Knees knock against each other while walking., can not extend or cross legs when sitting.

⇒ Myelitis with marked spastic symptoms

⇒ When lying down, legs can be moved from side to side but cannot be lifted.

❖ Constitution

⇒ NA

❖ Physical Generals

⇒ Affects the anterior and lateral column of the cord, causing many paralytic affections of lower extremities.

⇒ Burning of the tip of tongue. Tongue as if scalded.

⇒ Continuous yawning with sleepiness.

❖ Mental Generals

⇒ Depressed, hypochondriacal.

⇒ Vertigo when standing with eyes closed.

❖ Other Guiding Symptoms

⇒ NA

❖ Modalities

⇒ Aggravation

- In cold damp weather

- At night.

⇒ Amelioration

- Uncovering.

KNOWLEDGE BANK

HNSHMC STUDENTS

95. Acute Pancreatitis

1. Belladonna

❖ A/F

- ⇒ Exposure to draught of cold air, cold wind, sun, head getting wet.
- ⇒ Taking wine.

❖ Indicating Symptoms

- ⇒ Very good remedy for sudden and violent inflammatory conditions.
- ⇒ Haemorrhagic pancreatitis.
- ⇒ Well indicated in abdominal pain in case of pancreatitis.
- ⇒ Cutting pain across, stitches in left side of abdomen when, coughing, sneezing, or touching it.
- ⇒ Pains as if clutched by hands, worse by jar or pressure.
- ⇒ Pain comes suddenly, last for short time, and disappear suddenly.
- ⇒ Abdomen tender, distended, < by least jar, even of bed. Obligated to walk with great care for the fear of jar.
- ⇒ Heat in abdomen along with pain.
- ⇒ Redness in affected parts and there may be abdominal distension.

❖ Constitution

- ⇒ Biliary, plethoric person
- ⇒ Red face.
- ⇒ Chilly, psoric, tubercular diathesis.

❖ Physical Generals

- ⇒ Great liability to take cold, sensitive to drafts of air.
- ⇒ Quick sensation and motion.
- ⇒ Pains comes suddenly, last for short time, disappear suddenly.
- ⇒ Pains usually in short attacks, cause redness of face and eyes.

❖ Mental Generals

- ⇒ Imagines he sees ghosts, hideous faces and various insects, black animals, dogs, wolves.
- ⇒ Fear of imaginary things, wants run away from them, hallucinations.
- ⇒ Violent delirium, disposition to bite, strike, tear things, tries to escape.

❖ Other Guiding Symptoms

- ⇒ Sudden & violent is characteristic of belladonna.
- ⇒ Congestion is key note of belladonna.
- ⇒ Great pain remedy.
- ⇒ Redness is very characteristic.
- ⇒ Heat is another peculiarity of belladonna.
- ⇒ Sensitiveness is another important symptom.

❖ Modalities

- ⇒ Aggravation

- Touch
 - Motion, noise, Lying down
 - Night, after 3 pm.
- ⇒ Amelioration
- Rest
 - Warm room.

2. Ferrum Phos

❖ A/F

- ⇒ Cold air, touch
- ⇒ Taking cold drinks, cake ,coffee.

❖ Indicating Symptoms

- ⇒ Ferrum phos is for first stage of all febrile condition and 1st stage of inflammation before exudation sets in.
- ⇒ Haemorrhagic pancreatitis.
- ⇒ Blood bright red.
- ⇒ In first stage of fever.
- ⇒ Abdomen distended due to pancreatitis.
- ⇒ Vomiting of bright red blood.
- ⇒ Chronic diarrhoea.
- ⇒ Pancreatitis with violent local congestion.

❖ Constitution

- ⇒ Nervous, anaemic, sensitive person.

❖ Physical Generals

- ⇒ Great prostration, person could hardly move.
- ⇒ Initial stage of fever and inflammation.
- ⇒ Inflammation, haemorrhage bright from any orifice.
- ⇒ Right sided affection.
- ⇒ Aversion to milk.
- ⇒ Vomiting of bright red blood.

❖ Mental Generals

- ⇒ Very talkative, hilarious and excited.
- ⇒ Anger.
- ⇒ Fear of going in crowding.

❖ Other Guiding Symptoms

- ⇒ Ferrum phos is for first stage of all febrile condition & inflammation before exudation sets in.
- ⇒ Right sided medicine.
- ⇒ Haemorrhagic medicine.
- ⇒ Bright red haemorrhage from all orifice.

❖ Modalities

- ⇒ Aggravation
 - At night, 4 to 6 pm
 - Touch, motion, right side
- ⇒ Amelioration
 - Cold application
 - Lying down

3. Chamomilla

❖ A/F

- ⇒ Anger, dentition, cold, tobacco

❖ Indicating Symptoms

- ⇒ Gripping in region of navel and pain in back, flatulent colic, after anger, with red cheeks and hot perspiration.
- ⇒ Diarrhoea from cold, anger or chagrin
- ⇒ Stool : green, watery, fetid, slimy, hot like chopped eggs and spinach, like Rotten eggs.
- ⇒ From morphia, bitter bilious
- ⇒ Vomiting with gripping.
- ⇒ Eructation like bad eggs.

❖ Constitution

- ⇒ Persons especially children with light brown hair, One cheek red and hot other pale and cold.
- ⇒ Temperament : Irritable, nervous, excitable.
- ⇒ Heat and cold: Agg. from heat and open air & relief in warm wet weather.
- ⇒ Miasm : Psora in background.

❖ Physical Generals

- ⇒ Everything simply intolerable, cannot bear pain, cannot bear himself or others.
- ⇒ Wants everything but when offered hurls them away.
- ⇒ Intolerable pain with numbness of the affected parts, great debility as soon as pain begins.
- ⇒ An irritable chamomilla child is quiet only when carried.
- ⇒ Sleepy but cannot sleep.

❖ Mental Generals

- ⇒ Peevish, irritable, fretful, oversensitive pain, driven to despair; snappish, cannot return a civil answer.
- ⇒ Piteous moaning because he cannot have what he wants.
- ⇒ Patient cannot endure anyone near him.
- ⇒ Whining restlessness.

❖ Other Guiding Symptoms

- ⇒ Abdomen distended.
- ⇒ Nausea after coffee.
- ⇒ Sweats after eating or drinking.
- ⇒ Pressive gastralgia, as from a stone.

❖ **Modalities**

- ⇒ Aggravation
 - Heat
 - Anger
 - Open air, Wind
 - Evening before midnight
- ⇒ Amelioration
 - From being carried
 - Weather
 - Fasting

4. Dioscorea

❖ **A/F**

- ⇒ Tea drinking, fasting, errors in diet, onanism, excess in eating.

❖ **Indicating Symptoms**

- ⇒ Pain suddenly shift to different parts; appear in remote localities, as toe and fingers.
- ⇒ Colic; better walking about; pains radiate from abdomen to back, chest, arms; worse bending forward and while lying.
- ⇒ Flatulence after meals or after eating; especially of tea drinkers; are often subject to violent colic.
- ⇒ Sinking at the pit of the stomach.
- ⇒ Belching and large quantities of offensive gas.
- ⇒ Gripping pains in abdomen about the umbilicus.

❖ **Constitution**

- ⇒ NA

❖ **Physical Generals**

- ⇒ Colic pains worse from bending forward and while lying; better on standing erect or bending backwards.
- ⇒ Persons of feeble digestive powers.
- ⇒ Nervous shuddering from pain.
- ⇒ Violent twisting colic, occurring in regular paroxysms.

❖ **Mental Generals**

- ⇒ Calls things by wrong names.
- ⇒ Feels cross, nervous and easily troubled
- ⇒ Depressed after seminal emissions.

❖ **Other Guiding Symptoms**

- ⇒ Morning diarrhoea driving out of bed; causing weakness.

- ⇒ Stool does not relieve pain in abdomen.
- ⇒ Constant aching, gripping pains around the umbilical region.
- ⇒ Eructation of sour, bitter wind, with hiccoughs.
- ⇒ Mouth dry and bitter in morning, tongue coated, no thirst.

❖ Modalities

- ⇒ Aggravation
 - Lying down and doubling up evening and night.
- ⇒ Amelioration
 - Motion in open air
 - Standing erect
 - Pressure

5. Mag Phos

❖ A/F

- ⇒ Standing in cold water or working with cold clay; dentition, cold winds.

❖ Indicating Symptoms

- ⇒ Spasms or cramps of stomach, with clean tongue, as if a band was drawn tightly around the body.
- ⇒ Flatulent colic, forcing patient to bend double; relieved by rubbing, heat, pressure.
- ⇒ Accompanied with belching of gas, which gives no relief.
- ⇒ Bloating, full sensation in abdomen; must loosen clothing, walk about, and constantly pass flatus.
- ⇒ Burning pain, vomiting and hiccough.
- ⇒ Pain at pit of stomach or anywhere in the abdomen.

❖ Constitution

- ⇒ Temperament : Nervous Temperament
- ⇒ Heat and cold: Chilly patient
- ⇒ Miasm : Psora in background

❖ Physical Generals

- ⇒ It affects right side of the body.
- ⇒ Great dread; of cold air, of uncovering or touching affected parts, of cold bathing or washing, of moving.
- ⇒ Pains : Cutting, sharp, stabbing, shooting, stitching, lightning like coming and going, rapidly changing place.
- ⇒ Intermittent paroxysms almost unbearable driving patient to frenzy

❖ Mental Generals

- ⇒ Inability to think clearly.
- ⇒ Always talking of her pains.
- ⇒ Indisposition to study; mental work.

❖ Other Guiding Symptoms

- ⇒ Thirst for very cold drinks.
- ⇒ Abdomen contracted.
- ⇒ Cutting into thighs.
- ⇒ Diarrhoea ceases; spasms or other brain troubles set in.
- ⇒ Hiccough day and night.

❖ Modalities

- ⇒ Aggravation
 - Right side
 - Cold
 - Touch
 - Night
 - Draught of cold air
 - Motion
- ⇒ Amelioration
 - Warmth
 - Bending double
 - Pressure

6. Chelidonium

❖ A/F

- ⇒ Change of weather.

❖ Indicating Symptoms

- ⇒ Pain through stomach to back and right shoulder blade.
- ⇒ Nausea, vomiting; better, very hot water.
- ⇒ Constriction across, as by a string.
- ⇒ Fermentation and sluggish bowels.
- ⇒ Eating relieves temporarily, especially when accompanied with hepatic symptoms.
- ⇒ Gastric pains, gnawing, scraping.

❖ Constitution

- ⇒ NA

❖ Physical Generals

- ⇒ Affects right side more.
- ⇒ Constant pain under lower and inner angle of right scapula.
- ⇒ Desire for very hot drinks, unless it is almost boiling, stomach will not retain.
- ⇒ Yellow, grey colour of the whole skin and mucous membrane.

❖ Mental Generals

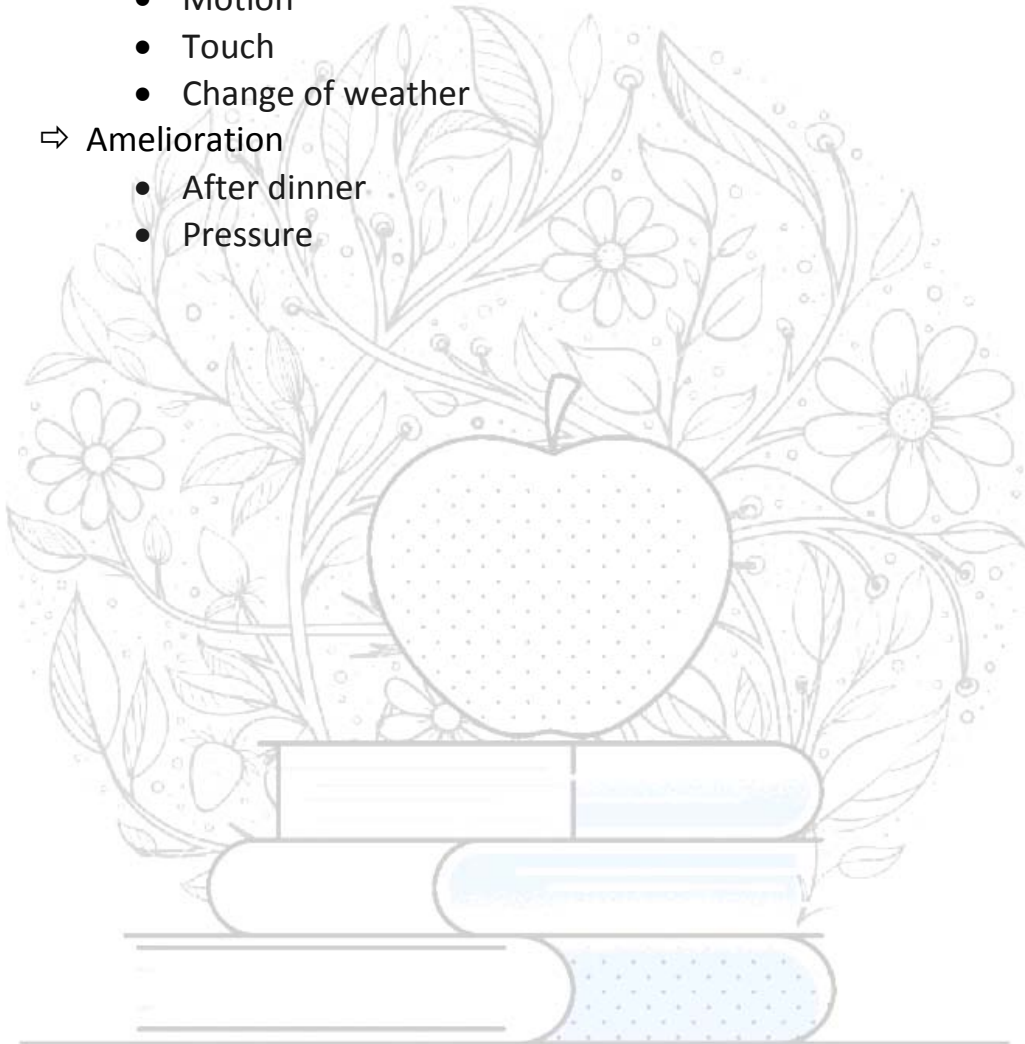
- ⇒ Aversion to mental exertion & conversation.
- ⇒ Anxiety as if she had committed crime; fears of getting crazy.
- ⇒ Despondent.
- ⇒ Feels like crying ill humoured or without any reason.

❖ Other Guiding Symptoms

- ⇒ Constipation; stools hard, round balls, like sheep's dung.
- ⇒ Stool clay coloured, bright yellow, pasty floats in water.
- ⇒ Alternation of diarrhoea and constipation.

❖ Modalities

- ⇒ Aggravation
 - Motion
 - Touch
 - Change of weather
- ⇒ Amelioration
 - After dinner
 - Pressure



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96. Tubercular Peritonitis

1. Abrotanum

❖ A/F

⇒ Defective digestion, absorption.

❖ Indicating Symptoms

⇒ Tubercular peritonitis leads to conditions like marasmus.

⇒ Hard lumps in abdomen and distended abdomen.

⇒ Ravenous appetite, eats well, loses flesh while living well.

⇒ Stool contains undigested food particles.

⇒ Swollen abdomen from inner pressure.

⇒ Indigestion with vomiting of large quantities of offensive fluid.

⇒ Marasmus with marked emaciation especially of legs, the skin is flabby hangs loose in fold.

⇒ Pain in stomach worse at night, cutting gnawing pain.

⇒ Stomach feels as if swimming in water, feels cold

⇒ Intense fever with chilliness.

❖ Constitution

⇒ Old looking face, pale and wrinkled face.

⇒ Skin is flabby and hangs loose in folds.

❖ Physical Generals

⇒ Ravenous hunger.

❖ Mental Generals

⇒ Patient is very cruel.

⇒ Violent and inhuman.

⇒ Incapacity to think.

❖ Other Guiding Symptoms

⇒ Great progressive wasting especially in lower extremities.

⇒ Alternate constipation and diarrhoea.

❖ Modalities

⇒ Aggravation

- At night

- From cold

⇒ Amelioration

- Motion

97. Status Asthmaticus

1. Blatta Orientalis

❖ A/F

⇒ Damp mouldy air

❖ Indicating Symptoms

⇒ Asthma with difficulty in breathing and shortness of breath.

⇒ Person is unable to sleep because it is impossible to lie down due to asthma.

⇒ They must sit propped up in order to avoid suffocation.

⇒ The asthmatic attack recur but without any particular pattern and though the attack may be severe; between attacks the patient may be perfectly well.

⇒ Sensation as if lungs not expanded enough that he is breathing from his trachea.

⇒ Unable to raise mucus leading to suffocation when lying down.

⇒ The cough is short, dry & pus like mucus.

❖ Constitution

⇒ It acts best on stout and corpulent patients.

⇒ Asthmatic constitution.

❖ Physical Generals

⇒ The pains were burning in nature.

⇒ Exhaustion is common.

⇒ Tendency to catch cold.

❖ Mental Generals

⇒ Restlessness.

⇒ Indifferent.

⇒ Emotional dullness.

❖ Other Guiding Symptoms

⇒ Head, stomach, tongue and other parts felt swollen and heavy.

⇒ The patient radiates heat from any part of the body but sensitive to cold.

❖ Modalities

⇒ Aggravation

- Light
- Lying down
- Cold weather

⇒ Amelioration

- Sitting up.

98. Swine Flu

1. Ars Alb.

❖ A/F

⇒ Decayed food or animal matter, bad sausage, strong cheese

❖ Indicating Symptoms

⇒ During flu patient feels chilly and exhausted ,along with an anxious restlessness.

⇒ The person may be thirsty but often only takes small sips.

⇒ Nausea with burning pain.

⇒ Vomiting and acrid diarrhoea may occur.

⇒ Watery, runny nose with sneezing paroxysms and dry or wheezing cough are seen.

⇒ Vomiting as soon as anything is taken.

⇒ The person's head usually feels hot while the rest of the body is chilly.

❖ Constitution

⇒ Patient is lean, thin, debilitated having Hippocratic face.

⇒ Dirty and waxy look of the skin.

❖ Physical Generals

⇒ Can't bear smell or sight of food.

⇒ Great exhaustion from least excretion.

⇒ Complaints returns annually.

❖ Mental Generals

⇒ Anxious.

⇒ Fear of death.

⇒ Irritable.

⇒ Sensitive.

❖ Other Guiding Symptoms

⇒ Great prostration with rapid sinking of vital force.

⇒ Burning pain, the affected parts burn like fire.

⇒ Great thirst of cold water but drinks little at time.

❖ Modalities

⇒ Aggravation

- 1to2 am or pm
- Cold drink and cold food

⇒ Amelioration

- Heat in general

99. Acne

1. Berberis Vulgaris

❖ A/F

⇒ NA

❖ Indicating Symptoms

- ⇒ Skin conditions characterized by inflamed bumps and pimples.
- ⇒ Single, seldom grouped, sticking, red, burning, itching or gnawing pimples on skin.
- ⇒ It is usually isolated, sometimes in groups.
- ⇒ Boils hastens suppuration and prevents return.
- ⇒ Small pustules over whole body.
- ⇒ Skin sensitive to pressure, usually surrounded by red areola with small tips containing pus.

❖ Constitution

- ⇒ It is suited to those people who are pale, having earthly complexion with sunken cheeks, having blue rings around eyes.

❖ Physical Generals

- ⇒ All symptoms are worse from motion, jar, touch.
- ⇒ Urine is greenish, bloody, turbid and full of slimy mucus.

❖ Mental Generals

- ⇒ Apathetic.
- ⇒ Indifferent.
- ⇒ Objects seem twice as large as natural.

❖ Other Guiding Symptoms

- ⇒ Symptoms rapidly alternate thirst alternate with thirstlessness, hunger alternating with loss of appetite etc.
- ⇒ Left side is principally affected, left kidney, left ureter.

❖ Modalities

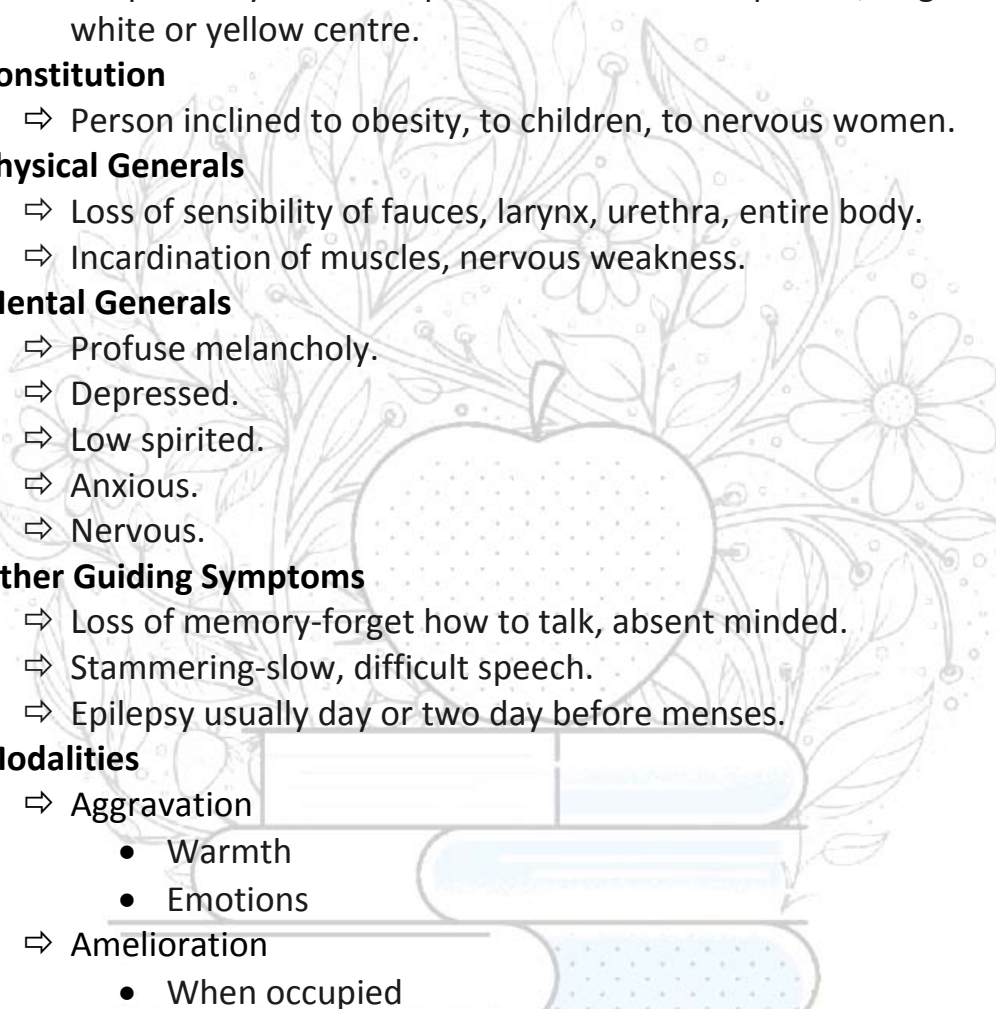
- ⇒ Aggravation
 - Touch
 - Motion
- ⇒ Amelioration
 - Cold

2. Kali Brom

❖ A/F

- ⇒ Anger, fright, emotional disturbance.

❖ Indicating Symptoms

- 
- ⇒ Acne may be simple, pustular or indurated.
 - ⇒ Bluish-red ,papular acne.
 - ⇒ Acne on face, chest, shoulder, displeasing to the eye.
 - ⇒ Acne leaves unsightly scar.
 - ⇒ Acne in young fleshy persons of gross habits.
 - ⇒ In females, the acne may be worse near the menstrual periods.
 - ⇒ Pimples may have a depressed centre or be painful, large red cysts with white or yellow centre.
- ❖ **Constitution**
- ⇒ Person inclined to obesity, to children, to nervous women.
- ❖ **Physical Generals**
- ⇒ Loss of sensibility of fauces, larynx, urethra, entire body.
 - ⇒ Incardination of muscles, nervous weakness.
- ❖ **Mental Generals**
- ⇒ Profuse melancholy.
 - ⇒ Depressed.
 - ⇒ Low spirited.
 - ⇒ Anxious.
 - ⇒ Nervous.
- ❖ **Other Guiding Symptoms**
- ⇒ Loss of memory-forget how to talk, absent minded.
 - ⇒ Stammering-slow, difficult speech.
 - ⇒ Epilepsy usually day or two day before menses.
- ❖ **Modalities**
- ⇒ Aggravation
 - Warmth
 - Emotions
 - ⇒ Amelioration
 - When occupied

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100. Compare and Contrast

Convulsions

Cicuta

AILMENTS FROM: concussions of brain and spine, splinter in flesh, during labour and dentition.

ADAPTED TO: Women subject to epileptic and choreic convulsions; spasms of teething children, or from worms.

CONVULSIONS:
violent, *with frightful distortions* of limbs and whole body; with loss of consciousness of opisthotonos; renewed from slightest touch, noise or jar.

Epilepsy; with swelling of the stomach as from, violent spasms of the diaphragm; screaming; red or bluish face; lockjaw, loss of consciousness and distortion of the limbs; frequent during the night; recurring, first at short, then at long intervals.

MODALITIES: <NIGHT, <TOUCH, <NOISE, >THINKING OF COMPLAINTS, >EMESION OF FLATUS

Aethusa

AILMENTS FROM: Dentition, milk in any form, overstudy.

ADAPTED TO: Especially for children during dentition in hot summer weather; **children who cannot bear milk.**

CONVULSIONS:
Epileptic spasms, with *clenched thumbs*, red face, **eyes turned downwards**, pupils fixed and dilated; foam at the mouth, jaws locked; pulse small, hard, quick.
Spasms with stupor or delirium.

Great weakness children can not stand can not hold up their head.

Convulsions, great weakness and prostration, with sleepiness. Dosing of the child after vomiting and after stool., with convulsions

MODALITIES: < MILK IN ANY FORM, <AFTER VOMITING AND STOOL, <3-4 AM, <OVEREATING, >WALKING, >REST

Heart

Vipera

AILMENTS FROM: During menopause.

HEART SYMPTOMS AND OTHER

KEYNOTES:

Heart's action slow, feeble, and no pulsations in radial or carotid arteries.

Pulse: rapid, interrupted, slow, febrile, irregular, weak.

Sticking in heart, with cold sweat and faintness, pain in heart with faintness. Dragging pains so that he tears his clothes, becomes faint.

Oppression with anxiety with violent efforts to breath and swallow, in the region of chest.

When the extremities are allowed to hang down, it seems as if they would burst, and the pain is unbearable.

MODALITIES: <LETTING LIMBS HANG DOWN, <COLD, <TOUCH, <YEARLY, >DISCHARGES, >COLD DRINKS.

Calcarea Ars

AILMENTS FROM: Emotions, slightest exertion.

HEART SYMPTOMS AND OTHER

KEYNOTES:

The slightest emotion causes palpitation of heart

Rush of blood to head and left chest

Epilepsies, from valvular diseases of the heart.

Constriction and pain in the region of heart, suffocating feeling, palpitation, oppression and throbbing and pain in back extending to arms.

Pulse intermittent_ every fourth beat regularly.

Epilepsy with rush of blood to head before attack; aura felt in the region of heart.

MODALITIES: <SLIGHTEST EXERTION, <ASCENDING, <COLD, <ERROR IN DIET.

Fever

Eupatoruim

AILMENTS FROM: Febrile illness like malaria and influenza in marshy areas, river banks.

ADAPTED TO: diseases of old people; *worn-out* constitutions, *especially from inebriety*; cachexia, from prolonged or frequent attacks of bilious or intermittent fevers.

FEVER:

Fever: Chill at 9 a.m. One day, at noon the next day; bitter vomiting at close of chill; drinking hastens chill and causes vomiting ; **bone pains**, *before and during chill*.

Insatiable thirst before and during chill and fever; knows chill is coming because he cannot drink enough.

Bruised feeling, as if broken, all over the body

Bone pains affecting back, head, chest, limbs, especially the wrists, as if dislocated. The more general and severe, the better adapted. Known as “bone-set”, from the prompt manner in which it relieves the pain in limbs and muscles that accompanies some forms of febrile disease, like malaria and influenza.

Baptisia

AILMENTS FROM: Anti-typhoid serum injections, fasting.

ADAPTED TO: For the lymphatic temperament.

FEVER:

Chills with rheumatic pains and soreness all over the body. Heat all over with occasional chills. Chill about 11 a.m. *Adynamic fever*. Typhus fever. Shipboard fever.

Gastric fever. Constant desire for water. No appetite. *Sinking feeling at stomach*.

Great muscular soreness and putrid phenomena are always present.

In whatever position the patient lies, the parts rested upon feel sore and bruised.

Baptisia in low dilutions produces a form of antibodies to the bac.

Typhosus, viz., the agglutinins. Thus it raises the natural bodily resistance to the invasion of the bacillary intoxication, which produces the typhoid syndrome.

MENTAL SYMPTOMS DURING

FEVER:

-

MODALITIES: <7-9 A.M., <3RD OR 4TH
DAY, <PERIODICALLY, <COLD AIR,
>SWEATING (EXCEPT HEADACHES),
>LYING ON FACE

MENTAL SYMPTOMS DURING

FEVER:

Stupor; falls asleep while being spoken to or in the midst of his answer.

Cannot go to sleep because she cannot get herself together; head or body feels scattered about the bed. Tosses about to get the pieces together; thought she was three persons, could not keep them covered.

MODALITIES: < HUMID HEAT, <FOG,
<WALKING, <HOT WEATHER

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