# Alicia Lee <br> Homeopathic Mind Maps - Remedies of the Class Aves-Birds 

Extrait du livre<br>Homeopathic Mind Maps - Remedies of the Class Aves - Birds<br>de Alicia Lee<br>Éditeur : Moozoonsii Publishing


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TYTO ALBA
Balanced; easy concentration, peaceful atmosphere, mood Slightly animated and content Through meditation and prayer I want to enjoy and love the present Unusual tranquillity

Surviving in nature, Survival training, Getting to one's limits Eating maggots

## The boundary between reality

 and conscious and unconscious became porous; This was very impressive, but also frighteningLike a psychic medium, something that connects the worlds, conscious and unconscious.
Something that lets you see things where you usually can't

Sens. everything around was unreal Was that really so, Has this really happened or did I only dream it?

Phantom-like visions, sounds, thoughts
Clouds and motions on the fringes of the visual field, that couldn't be referred to anything From corner of eye see something black, like a shadow, moving; looking, don't see anything From the corner of eye see a big animal scurry down a tree; on looking at it, there was nothing. Sounds for which there is no explanation; I go into the room where I heard the noise from, but don't find an explanation
On the mental level strange observation on the fringe of consciousness
Sens. of something happening on the fringes [of my mind], which always vanished, when I focused my attention on it

Did I really dream this or was it my imagination? Sometimes I don't trust my own perception. Furthermore I often think that what I say is a lie Dreamt, I had gone asleep and had a dream that I had gone to sleep - a dream in the dream of the dream. It was extremely difficult to get out of it; I had to struggle to wake up. And then it was a dream again. I just couldn't get out Dreams and thoughts of Grandmother

Barn owl, Ghost owl; Spirit owl, White owl, Screech owl, etc. (Breast muscle \& a feather)


Thankful for my family's love

I am thinking about the right and left halves of the brain; How can one find the centre in oneself and live? Rigidity; sens. of a pushing, like torture

Express their opinion clearly and disassociating; Replies in a sharp, clear, definite way Say goodbye to old things Integration of Kali, the murderer, the beast inside the woman, live your strength, your beast, your animalistic power! Talks intensively about dying and death

Sens. threat against a group (village, town, etc.) Rage as a total source of strength (power) for me, rage like fire on the hand, that I can inhale and use for my powers of self-assertion in this society

Del. husband is selfish and envious,
doesn't show any interest in me at all;
He draws a lot of energy from me when he has asthma; Exploited by him; he is not getting sex, this would even draw
more energy from me; Avers. sex
I love this remedy! It distances myself from school, my brother and my husband. The killer!
Or great sexual desire Lots of sexual energy, greedy Has orgasm from rolling on the floor

Sens. head is totally empty, hollow Can't absorb anything, I am just marking time. Scatterbrained In a fog; sens. she is miles away with her thoughts, then total emptiness, indifferent to everything, mental paralysis

Alternating: good mood, and then impatient again and all of a sudden irritable, indifferent and animated Quick-tempered, Cranky, as if stuck inside, no lightness
Nervous and aggressive; snarling
Do absolutely not want to be touched Sadness without obvious reason and much weeping, Sighing Sens. extreme rejection and isolation

Ernesto Glez. Stem; http://www.flickr.com/photos/abariltur/


Tyto alba - the Barn Owl, A homoeopathic remedy proving; Conducted and edited by Jörg Wichmann and the Bergische Homöopathie-Schule, 2004. The remedy was given to the Remedia Pharmacy by the German homoeopath Herbert Sigwart, who acquired it from the Danish museum of the University of Aarhus, where he got the breast muscle and feathers from a deep -frozen wing of a barn owl. Owl was chosen for this proving due to a 'joke' proving of 'owl's milk' called 'Lac owleum', eight years earlier. This faux proving was taken seriously by the homeopathic community and caused quite a stir when it was found to be 'bogus' - merely a joke. "Yet since that article I knew I owed something to the owls whom I had mistreated in this way for a mere joke, and in which their spirit had taken part extensively, I'm glad to say. So eight years later I started a full and serious remedy proving of owl."

Aristophanes and others use the word kolumbis, 'diver', for the name of the bird, because of its swimming motion in the air.
'Livia' is derived from the Latin livor, 'discolouration' or 'bluish' Cassell's Latin Dictionary, London, 1904

COLUMBA LIVIA
Rock dove, Rock pigeon, (Egg yolk) Order: Columbiformes, Family: Columbidae Colum-l


Freedom $\leftrightarrow$ Restriction

A feeling of detachment Del. she is someone important, $\checkmark$ superior, someone good; It is of no consequence at all what others think; she will do what she think is right; Dream of being an invisible superhero and bring peace to the world There is nothing special about her Her presence or her absence makes no difference to anyone Del. she is nothing

Some authors employ the convention of C. livia domestica, which is not a formal category in zoological nomenclature. For feral pigeons it is certainly not suitable as they are not created by human selection. C. livia forma domestica is also invalid according to the rules of the International Code of Zoological Nomenclature

Pain, heaviness; extreme in legs Sciatica-like pains; pulling sens. in the nerves


Intense burning in Del. she is treated as a person abdomen; bilious vomiting; who is not important, of no value loss of appetite, intense

## $\downarrow$

Anger at trifles; at smallest things
Anger without provocation
Violent anger; must exert control over self; but still expresses anger

Des. to dominate others Confident; can say clearly what she wants to say Can say "no" without concern for the reactions of others Feeling of superiority
Des. to comment on everyone else; gives great pleasure

Head: sens. as if it will burst Left-sided; main forehead \& temples; Pain in ears, eyes; Throbbing and pressing pain; as if everything will come out of the head, to relieve the pressure

## Hurried

Rushed feeling; Des. to accomplish everything very fast; there is no time; must finish it fast

## Restlessness

Cannot sit in silence
Must continuously keep working Industriousness. No rest. No peace

Sticky stools, bleeding, mild prolapse of rectum
Drug proving of Columba livia ©Priti Shah,
Homoeopathic Links, Autumn 2008, Vol. 21
Survival

Breathlessness with oppressive breathing; as if there is no space and desire for open air Sens. pressure and pain all over body $\downarrow$
If you are ordinary you can't survive People will dominate you and suffocate you You will suffocate and die; Avers. to others being too close To survive, to breath easily, you must be in a position where nobody can dominate, pressure, oppress you


Pain \& heaviness of abdomen as of weight on the abdomen

To rise above being ordinary you must progress and keep progressing continuously, so that you achieve a high position, you rise above the level of ordinary, you no longer remain ordinary If you do not work hard you will remain ordinary, you will be nothing at all


There must be at leas one person whom you can dominate; so that there is one less person to dominate you

Feeling of being dominated within the family; Del. they must keep adjusting in relationships but others are not doing the same

Injustice is being done to me Cannot tolerate injustice

Frequent micturation with occasional burning sens. while passing urine Urine passed is more than water consumed Pain: back of renal area, sens. renal calculus long periods of time; in males Des. to phone people and talk to them due to loneliness
Intense desire for family so that there are people around
$\qquad$ Des. for communication
Connections with family and society Sociable Diarrhoea $\longleftarrow$ Loquacious
Flatulence intense with abdominal pain \& tenesmus
Generals: Sens. heaviness. Sens. weight with general tiredness
Severe infections; ulceration \& pain in gums with frequent bleeding episodes. Cutting of wisdom teeth; severe acute infection Throat infections; severe pain, sticky discharges, with cough \& expectoration, Yellowish or whitish, stick expectoration Sleep: Disturbed, Goes to sleep: late at night, unable to wake up early; wakes unrefreshed. Or falls asleep late but wakes early completely refreshed. Sleep lying on abdomen, legs spread apart, as if needs lots of space \& no disturbance


Headache: > Hard pressure, Tea, sleep, diverting attention, < giving attention, 11:00-11:30 p.m., at bedtime, on waking, in the morning, night, about to sleep
Conjunctivitis; intense redness, burning and lacrymation
Cold and coryza, frequent; > dust, etc.
Pustule on skin with intense redness and burning pain. Skin sensitive to sunburn; peeling of the skin. Acne. Dysmenorrhoea Bleeding from various places; mouth, stools, urine, etc. Avers. to routine food and food which is not hot, fruit juices Thirsty for large quantity of water
Appetite reduced, no des. for lunch box; des. something freshly cooked. Craving: cold water (3), cold food (3), cold milk shakes, everything cold, refreshing things (3), buttermilk, lemon juice, cold drinks, potato wafers
Photo ©2012 strollerdos; http://www.flickr.com/photos/87466374@N00/


Conversations and messages with God, dreams of God; God talks to me, harmony with God; accompanies me Cleanses me, purify me gives me life. Everything is simple and possible Love and life are something sacred Unity and harmony; everything is one Sens. third eye opened and she could see Higher consciousness; Broad awareness; ability to see things from above


For my love I would sacrifice everything and anything; To save my love I would sacrifice my own life
Utterly committed to monogamy Strong intimacy; strengthening bonds

Deep, compelling need to find, or be reunited with, their soul mate
(This is a general for all birds, but is exceptionally strong in Halcyon smyrnensis)


Contacting ex-boyfriends or girlfriends to explain, "We are soul mates and we missed each other, we crossed paths, when in fact we should have remained together forever" Contacts and friends from the past arise or occur, especially old loves appear suddenly

Unrequited love, love disappointment

Broken hearts; Loss, Sorrow, Grief Aching heart, desire to go to bed and cry Nostalgia for old loves

Proving by Danny Ron, Israel, October, 2008; Five kingfishers flew into the town and the local children began to chase them. One flew into a tree, hit its head, was knocked unconscious and rushed to a vet. The vet plucked a feather for the homeopath to potentise; it had a bit of tissue and blood on it. Nick Dean; http://www.flickr.com/photos/44691276@N06/


HALCYON SMYRNENSIS
Halcyon gularis, Alcedo smyrnensis (A feather with tissue and blood on it) White-throated kingfisher, Smyrna Kingfisher


I must fight to the death to save my lover. Sens. spiralling, spinning around a vertical axis, grappling in the air, plummeting downward Extreme fatigue; chest pain \& heart
Total absolute love
for their soul mate
Outgoing

Ferocious love, Aggressive love Very intense libido; Want their lover to express their ferocious love; to love until it hurts; des. for 'rough sex'; biting, scratching, slap them, hit them, to fight; Des. to practice
acts of love in order to become one
Very strong idea: love and pain are the same
Love is painful. Love is in the flesh
Love in ancient Greece
The women can be very mannish, strong and athletic

Very strong desire to have babies

Leave their spouse to go
to marry their soul mate

## Des. to fight

Des. to be naked; to fight naked Brothers fight brothers; go to war against each other; or die defending each other Will fight to the death; with screaming battle cries, and frenzied attack (The storyline of the movie ' 300 ' depicts the picture of this remedy perfectly)

Many injuries, accidents, esp. cars Many broken things; esp. metal items Bites, stings, sores
Dreams: accidents; esp. car accidents; much blood
Severe sinus infection; bleeding from the ears Severe pain in head; right side Senses sharpened: sharp vision hearing (wall clock ticking loudly strong) smell, touch
Purity, purify the house, purify the marriage, dreams of purity, a sense of purity; not touching things not pure, pure feeling
Friends and relatives who died Fear of losing their beloved or relatives

Sense of paragliding, want to fly

The movie '300': The Spartan army was at the centre of the Spartan state, whose male citizens' primary obligation was to be exceptional soldiers. Subject to harsh military drill from infancy, the Spartans were one of the most feared military forces in world history; they fought with ferocious intensity. By the early 5 th c. BC, Sparta was the unchallenged military master in southern Greece. (1) Bravery was the ultimate virtue for a Spartan; mothers would give their sons their shield with the words "[Return] With it or [carried] on it!", that is to say, either victorious or dead. (2) Spartan women were famous for their independence and were reared much like boys, including strenuous physical fitness training. They were head of the household and had much power. Both male and females participated in gymnopaedia the Spartan festival of naked youths. Their loyalty and love for each other and for Sparta gave them strength to face armies far larger than their own and defeat them. This is depth of commitment and fervour is depicted in the movie ' 300 '; King Leonides took a troop of 300 to stop the advance of 7,000 Persians through Thermopylae. Leonides and his 300 fought to the death; if they had not been betrayed they may have won. The Persians had hundreds of casualties and desertions during the battle with the fearsome Spartans. The Kingfisher Unit: The primary task of the legendary, elite and secretive Israeli Yehidat Shaldag (Kingfisher Unit) is targeting enemy structures and vehicles for assault by Israeli fighting aircraft. They deploy undetected into combat and hostile environments to conduct special reconnaissance. Using their high-energy laser designators, they can mark targets (terrorists) for fighter-bomber launched laser-guided bombs or Hellfire missiles from Israeli helicopters. (3) (4) The Sacred Band of Thebes an "army of lovers", was a unit of hand-picked soldiers, consisting of 150 pairs (300) of male lovers which formed an elite unit of the Theban army in the 4th century BC. Herodotus describes them as the "best and bravest" among Thebans. Each pair consisted of an older erastês ("lover") and a younger erômenos ("beloved"). Polyaenus described the Sacred Band as being composed of men "devoted to each other by mutual obligations of love"; they would fight to the death to protect their lover. Plutarch claims that origin of the "sacred" appellation was due to an exchange of sacred vows between lover and beloved at the shrine of Iolaus (one of the lovers of Hercules) at Thebes. (5) (1) Peter Connolly, Greece and Rome at War, 2006; condensed
(2) Plutarch, Moralia, Sayings of Spartan Women, (3) http://home.blarg.net/~whitet/shaldag.htm; (4) http://www.jewishvirtuallibrary.org/jsource/Society_\&_Culture/shaldag.html (5) http://en.wikipedia.org/wiki/Sacred_Band_of_Thebes


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